



BOLTON
SCHOOL

Sixth Form Horizons Programme

Horizons:

Discover more, achieve more

Your Sixth Form years should be about much more than studying. Our Horizons programme allows you to shape your own Sixth Form journey, offering you experiences and activities alongside your academic studies which build the skills and confidence you need for lifelong success.

Horizons gives you the opportunity to explore new interests through enrichment courses; to prepare for life after School through our Futures programme; to stretch yourself intellectually with additional qualifications; to develop leadership experience; to make a positive difference to others through volunteering and community action; to build resilience, confidence and essential life skills through dedicated wellbeing and personal development sessions; and to enjoy opportunities for outdoor learning and sport.

Horizons offers a varied, challenging and exciting experience beyond the classroom, building your resilience and confidence alongside essential life skills.

The result? A dynamic Sixth Form journey that helps you to discover new interests, develop your potential and take your next steps with confidence.



Discover More

Shape your own Sixth Form journey. Horizons combines academic enrichment with the experiences, skills and confidence you will need to succeed in adult life.

1. Enrichment Courses

Discover new interests. Explore topics beyond your A Levels, from podcasting and law to international relations and scientific research.

2. Futures Programme

Plan your next step. Get expert guidance on university applications, apprenticeships, interviews and career pathways.

3. Academic Stretch

Challenge yourself further. Take additional qualifications such as AS courses or the EPQ to deepen your learning and strengthen Futures applications.

4. Leadership and Service

Make an impact. Develop leadership skills through volunteering, mentoring and contributing to projects within School and the community.

5. Wellbeing and Personal Development

Grow in confidence. Through PSHEE and pastoral support, build resilience, independence and the life skills needed for adulthood.

6. Experiences Beyond the Classroom

Learn through experience. Take part in outdoor learning and sports activities that develop teamwork, confidence and leadership.

1. Enrichment Courses

Curriculum Enrichment Programme

The Curriculum Enrichment Programme (CEP) is a highly valued part of Sixth Form, offering a broad range of courses and activities designed to complement your academic studies and develop important life skills.

Two enrichment periods each week give you greater opportunity to explore different areas of interest. Courses run in structured nine-week blocks (three across the year), with one period per week dedicated to each course. This flexible approach allows you to experience a variety of subjects, including new Futures courses that provide both general guidance and more personalised support as you prepare for Higher Education and employment.

Some students will be guided towards particular courses to support their academic progress, while others can choose optional courses that reflect their interests.

Alongside personal enjoyment and achievement, CEP plays an important role in strengthening your university and career applications, helping you stand out as you move on to your next steps.

Courses may include:

- An Introduction to Podcasting
- Finance
- Driving Craft
- Fuel for Life: A Guide to Nutrition
- History of French Cinema
- Holiday Spanish
- Introduction to British Sign Language
- Introduction to Yoga
- Memory, Motivation and Mindset
- Preparing for Life Beyond Bolton School
- Recreational Art
- Zumba
- International Relations



My first CEP course was 'Design Thinking for Social Change'.

I went into the first session not knowing what to expect and left with a project proposal about a forum for raising the voices of the youth in my local area, ready to present to my local MP with support from a local organisation. The course helped me to understand how projects are developed in the real world, from initial ideas to final presentations.

We were guided with the expertise of Ms Lord and even had guest speakers who came in to give us personalised feedback and advice. At the end of the course, we gave a presentation to an audience of teachers and were given support if we wanted to take our proposals beyond the classroom, which I am in the process of doing.



[CEP Courses:
Boys' Division](#)



[CEP Courses:
Girls' Division](#)

Stella, Sixth Form Student

2. Futures Programme

Our Futures programme ensures that you have the tools and support you need as you move into young adult life.

This includes careers activities with Alumni and industry professionals, as well as guidance for applications to Higher Education (HE), Degree Apprenticeships, employment or studying abroad.

Throughout your time in the Sixth Form, the Futures Team, led by the Head of Futures, Mrs Potts, will help you to explore the wide variety of opportunities that are open to you, then provide you with the personal support you need to pursue your chosen pathway.

Comprehensive Support: Tailored advice and guidance to help you achieve your individual goals after A Levels.

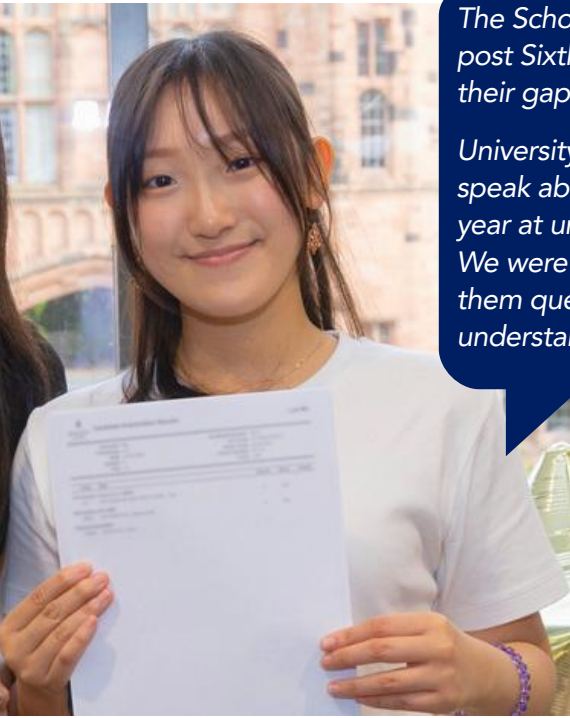
Focus on Informed Choices: Empowering you to feel confident in exploring a range of career and academic pathways.

Career Exploration: Activities and guidance to identify and develop strengths, interests and skills valued by employers.

Application Support: Expert help with UCAS applications, degree apprenticeships, studying abroad and employment.

Alumni Support: Advice, guidance and inspiration from Old Boys and Old Girls, sharing valuable knowledge and contacts.





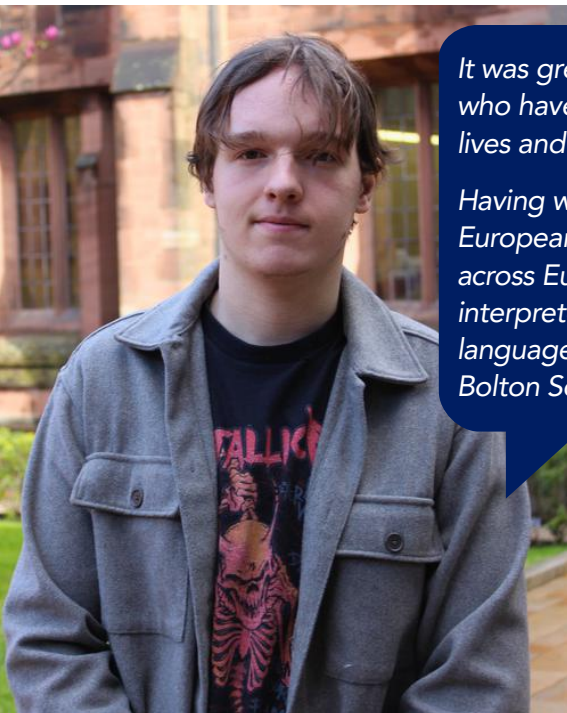
The School regularly invite Alumni to share their post Sixth Form lives, including how they spent their gap year or first year at university.

University admission staff were also invited to speak about important information for our first year at university, e.g. bursaries and budgeting. We were often given opportunities to have ask them questions, which helped us gain a clearer understanding of life beyond Sixth Form.

Lok, Former Sixth Form Student



Futures:
Girls' Division



It was great to hear from Old Boys and Girls who have used languages to lead fascinating lives and careers at the Perspectives Lecture.

Having worked in environments as varied as the European Central Bank, Hilton Hotels branches across Europe, and in law courts as an interpreter, they showed the value of the language learning which takes place here at Bolton School.

Jacob, Sixth Form Student



Futures:
Boys' Division

3. Academic Stretch

Additional Qualifications

Additional qualifications are an exciting opportunity to enhance your Sixth Form experience and help you stand out from the crowd. You can choose one course to study over two years, gaining a recognised qualification at the end of Year 13 alongside your A Levels.

With a dedicated teaching allocation of six periods per fortnight, these courses offer the perfect balance of challenge and support. They are ideal if you're looking to broaden your horizons, develop new skills and add extra depth to your academic profile.

Whether you want to stretch yourself further or would benefit from a more tailored study programme, these pathways are designed with your success in mind.

By choosing one of these additional qualifications, you'll not only enrich your learning but also strengthen your applications for university, apprenticeships and future careers.

Additional qualifications offered to Year 12 students from September 2026 include:

- AS Photography
- AS Sociology
- Level 3 Applied Certificate in Criminology
- GCSE German



[Boys' Division](#)



[Girls' Division](#)



Extended Project Qualification

The Extended Project Qualification (EPQ) provides you with the opportunity to develop research and academic skills relevant to your future studies. It is valued by universities who encourage candidates to draw upon relevant EPQ experience when writing their Personal Statement, and we have found that it can be a factor in enabling students to achieve an improved offer from the most competitive universities.

What is the EPQ and how will I be assessed?

The EPQ is a stand-alone AS Level equivalent qualification that allows you to embark on a largely self-directed and self-motivated project with creativity and curiosity. You will choose a topic; plan, research and develop your idea; and decide on your finished product. Your project topic can be directly related to your main study programme, helping you to explore your subject beyond the A Level specification.

A finished product may be:

- A research based written report
- A production (e.g. a charity event, fashion show or sports event)
- An artefact (e.g. a piece of art, computer game or realised design)



EPQ:
Boys' Division



EPQ:
Girls' Division





Extended Project Qualification

I want to study Biochemistry at university, which is a research-based science so would, therefore, involve similar work and skills to those I developed when conducting my EPO, particularly research-collecting and interpretation. These skills will serve me well in the wider, academic environment of university.



Ramez, Former Sixth Form Student
Studying Biochemistry at
St Edmund's Hall, Oxford University

4. Leadership and Service

Volunteering

Volunteering is a central part of life in the Sixth Form, reflecting our belief that you should recognise your own opportunities and use your skills to make a positive difference in the wider community.

You will be encouraged to take an active role in volunteering and charitable fundraising, including working closely with younger pupils across the school, leading activities and inspiring others to get involved. Many projects are student-led, often created in response to local or national needs, giving you the chance to take the initiative and make a meaningful impact.

There are also well-established annual events. The Prefects' Panto offers a fun and creative way to raise funds, while the Year 12-led Hamper Challenge develops leadership and teamwork, as you coordinate fundraising and collect donations to support Urban Outreach's Christmas Hamper project.



I secured a volunteering placement at Bolton Hospice through the School's Volunteering Fair. My role involves supporting nurses, serving food and offering comfort to patients and their families during difficult times.

I've found the experience incredibly rewarding and have now completed over 100 hours of volunteering, achieving a Gold Community Action Award with the School's support.

**Harshini,
Sixth Form Student**

Leadership

Leadership opportunities in the Sixth Form are wide-ranging, helping you develop key skills such as communication, teamwork and problem-solving, while building confidence and responsibility.

At Bolton School, you can choose to lead activities, including organising charity events, running extra-curricular clubs and mentoring younger students; or contribute to the wider School community by undertaking roles on the School Council, Monitors' Team or Prefects' Team.

Taking on leadership roles not only builds confidence in your abilities but can also have a positive impact on your academic success.



[Leadership:
Boys' Division](#)



[Leadership:
Girls' Division](#)

5. Wellbeing and Personal Development

Sixth Form marks a significant step forward towards adult life, bringing greater independence, new responsibilities and important decisions about your future.

We know this can be both exciting and challenging, which is why student wellbeing sits at the heart of everything we do. Our supportive and inclusive environment ensures every student feels valued, understood and confident to succeed.

Pastoral Support

Each Sixth Form student is part of a small tutor group, supported by an experienced pastoral team and a dedicated form tutor who stays with them throughout their Sixth Form journey.

Regular morning sessions, including form time and assemblies, provide a structured and supportive start to the day. These moments create opportunities to check in, share ideas and access individual guidance, helping students feel confident, settled and ready to succeed.

Wellbeing Resources

Our approach to wellbeing is practical, accessible and tailored to individual needs. Students can access a wide range of support, all delivered with a personalised approach.

Guidance is also available from the School Nurse and Proctor Team, alongside small group sessions both at the Hive and the Wellbeing Hub, designed specifically for Sixth Form students. These cover key topics such as:

- Staying motivated during demanding times
- Managing emotions and hormonal changes
- Preparing for independent living at university
- Building healthy relationships and resilience

PSHEE: Learning for Life

As part of our commitment to personal development, you will take part in a structured PSHEE programme, exploring topics such as mental health, relationships, financial literacy and life beyond School.

Many sessions are jointly delivered, encouraging shared perspectives, open discussion and thoughtful preparation for life after Sixth Form.



Wellbeing:
Boys' Division



Wellbeing:
Girls' Division

6. Experiences Beyond the Classroom

Outdoor Learning

You can take part in a wide range of Outdoor Learning activities, running on Wednesday afternoons as well as during weekends and school holidays.

Opportunities include kayaking in the French Alps, bouldering in Fontainebleau, sport climbing in Spain and mountain biking in Scotland. The School also has its own fleet of sailing boats, with students competing at a national level.

In addition, you will have the opportunity to visit Patterdale Hall, the School's own adventure learning centre in the Lake District, where you will develop confidence, resilience and teamwork through a variety of adventurous activities.



The Amatt Challenge welcomed us into Year 12 with exciting outdoor adventures at Patterdale Hall in the Lake District.

Working with my house group on team-building and problem-solving tasks helped me form new friendships. It pushed me out of my comfort zone and gave me the confidence to start Sixth Form positively.

**Nathan,
Sixth Form Student**



Sports:
Girls' Division

Sports Activities

Sport and physical activity are a key part of Sixth Form life, with opportunities for you to get involved at every level. You can represent the School in a range of team sports, including Football, Rugby, Hockey, Netball and Lacrosse, with regular fixtures and competitions throughout the year. In the summer term, Cricket is a main focus, alongside a nationally recognised Water Polo programme.

Alongside competitive sport, a wide variety of activities are available to you each week, supported by excellent facilities including the sports hall, swimming pool and gym. Whether competing or taking part for enjoyment, sport activities help build fitness, confidence and strong teamwork skills.



Sports:
Boys' Division



Next Steps

Express an Interest

Scan the QR code to express your interest in completing an Extended Project Qualification (EPQ) or an additional qualification; or to ask any further questions you have about Sixth Form life.



Express an interest:



Find Out More

Find out more about Sixth Form life: follow [@BSF6thFormLife](#) on Instagram or scan the QR code below.



[@BSF6THFORMLIFE](#)



[@BoltonSch](#)



[@BoltonSch](#)

boltonschool.org

01204 840201



BOLTON
SCHOOL