

FOR WHEN YOU'RE
ON THE GO
CHECK OUT THE



PELICAN GUIDE APP!

NAME:



PELICAN guide

USA & CANADA



CARIBBEAN



EUROPE



CENTRAL AMERICA

SOUTH AMERICA



PPM.ORG

AFRICA



TAKE ME WITH YOU ON YOUR TRIP!

HOW TO USE YOUR *Pelican Guide*

Your Pelican Guide is a valuable resource as you prepare for, participate in, and return from your PPM mission trip. In the following pages, you will find information about PPM, daily devotionals for the duration of your mission trip, worship lyrics to use as a team or in a church service with your host, and ideas on how to bring the mission home. Ultimately, we hope this guide helps you remain engaged while on your trip and in tune with the awesome things that God is doing all over the world.

The Pelican Guide is designed to be used individually by each team member and has space to journal and record your experiences throughout your mission trip. Make sure to put your name on your guide so it doesn't get mixed up with a guide belonging to another team member!

We are praying for each of you as you go to build up, encourage, and assist the local Church. Thank you for joining us in this amazing calling!



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Our Prayer
for You

Hello, TEAM MEMBER!

On a recent trip to Puerto Rico, I had the opportunity to sit with pastors who host PPM teams during their mission trips. As we discussed how PPM can best serve and support them and their churches, one pastor shared a powerful truth: beyond the tangible projects and financial assistance, it's the presence of our teams that is valued most. He shared how the arrival of a team opens hearts and doors, allowing the church to extend care and build relationships with community members who may have previously been distant. Another pastor shared that teams are like a strong cup of coffee, providing a jolt of energy and excitement to the church. Yet another pastor testified to how teams lift their arms, encouraging them to keep going despite the challenges they face.

There's something singularly powerful about strangers coming together to sacrificially serve with only their common faith in Christ as the basis of their connection. This unique opportunity is what awaits you as your mission trip begins.

Each year, approximately 12,000 people serve through the network of PPM, encouraging and assisting local churches and ministries in more than 500 communities worldwide.

So are you ready to make the most of this experience? As you prepare for your trip, we challenge you to embrace the following values to maximize the impact of your week of service:

The Local Church: Our approach is rooted in the local Church. We don't establish mission bases, we build bridges. Your team will be partnered alongside ministries that serve the community 365 days a year. This partnership will ensure that the impact of your work will last long after your trip is over. Embrace the opportunity to walk alongside our local partners, learn from them, and support their ongoing work.

Humility: The opposite of humility is pride, which is the enemy of collaboration. Intentionally and relentlessly pursue a posture of humility as you serve. This is the only appropriate posture as a follower of Christ and as a guest in the community in which you will serve. In humbling yourself, you will find that you open your heart and mind to learn from, connect deeply with, and understand the culture and needs of the people you meet this week.

Prayer: What can I say? It's in our name. Without God's presence, our efforts are empty. Our staff prays for every team that serves with us by name, and we've specifically lifted up your trip. We've asked God to go before you and guide you, to use you for His purpose, and to exceed even your greatest expectations. We invite you to join us in seeking Him through prayer as you serve.

In summary: Focus on humbly serving and supporting your partner pastor, their church, and your fellow team members. Put others before yourself. Assume the best in those you meet. Remember that being present is more important than any project. And don't stop praying. May God bless you and your team. Thank you for saying "yes" to going on this trip. This work is worth it.

Jim Noreen
President
Praying Pelican Missions

Thank you
for saying
"yes" to this
calling!

Enter to worship.



Welcome

TO PPM!

For more than 20 years, PPM has witnessed the power of Christ-followers coming together to uplift and encourage one another. PPM's heart has always been to join in what God is already doing through local churches and believers, not to come in with our own agenda. Instead of building a new fire, we want to put logs on the one already burning.

Everything PPM does from hosting teams on short-term mission trips, to encouraging church partners through our year-round church sponsorship program, to supporting communities recovering from a disaster, is guided by three pillars:

GENUINE PARTNERSHIPS

Our heart is to be wholly invested in the communities in which we serve, providing a connecting point for the global Church.

LONG-TERM RELATIONSHIPS

We build lasting relationships with local churches and ministries, partnering alongside them 365 days a year.

SUSTAINABLE MINISTRY

We are guided by the authority and direction of the local Church, ensuring that the ministry we do leads to a healthy and lasting impact for the Kingdom.

You have an opportunity this week to make a real difference through God's power working in you. Linking arms in service with your host partner will place you directly in the middle of an incredible story that God has been writing through PPM for more than two decades. We're so glad that you answered the call, and we thank you for joining us to build up, encourage, and assist the local Church!

To see a united
global Church
reaching its
fullest potential
for the glory of God.



Serving with **DIGNITY**

Over the years at PPM, we have strived to remain teachable. The truth is, the ministry of short-term missions often gets a bad rap. The fact is that even good intentions can be ineffective or, worse, cause harm when applied under the wrong circumstances. By striving to remain humble and teachable, PPM seeks to bridge the gap between servant hearts and the needs of the local community, filling real needs instead of focusing on what we think would be helpful.

We are constantly learning and being presented with better ways to do ministry. And when those better ways come along, we have two options: turn a blind eye and continue in our old ways, potentially harming the local community and name of Jesus in the world; or make a concerted effort to change things from the inside out – starting with us.

The good news is it only takes a simple adjustment to ensure that we're engaging in healthy ministry as we serve.

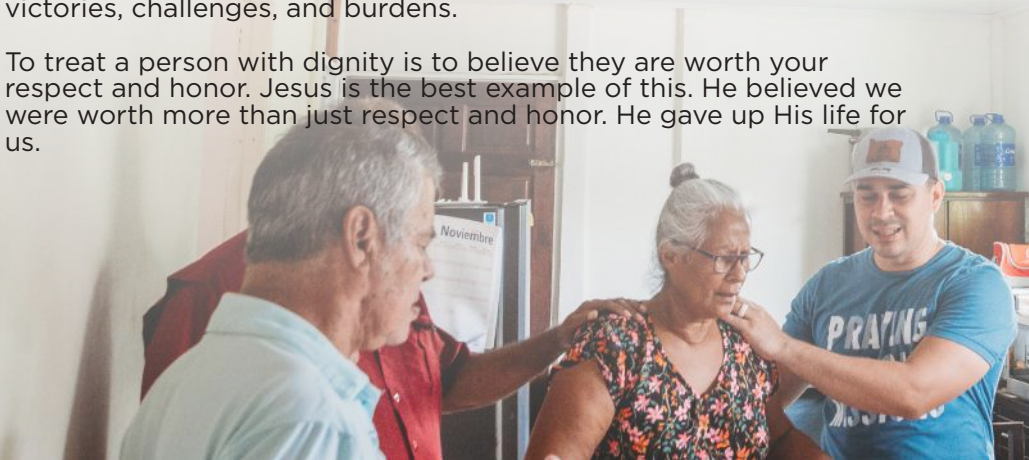
We call it the Dignity Mindset.

We need to take our cues from Jesus, the one who invites us to GO. If we follow His example of how He entered into our world, one common underlying theme is dignity.

Before we can serve with dignity, we need a deep understanding of what it means to be equal in the eyes of God. We are all created in His image and are all in need of a Savior. We are all part of one body, where every part is needed and no one part is more important or valuable than another. We are to value others above ourselves, dying to our own interests, comforts, and preferences, all for the sake of each other and what Christ is building in His Church.

That's the goal of each mission trip: to build relationships and partnership, link arms with others, and share in each other's joys, victories, challenges, and burdens.

To treat a person with dignity is to believe they are worth your respect and honor. Jesus is the best example of this. He believed we were worth more than just respect and honor. He gave up His life for us.



We should embrace the same mindset when serving the Church and serving one another. Our posture in serving should not be one of “I am better and have all the answers,” but rather one of compassion and submission to the call to carry one another’s burdens and to sacrificially love one another.

Let this sink in: when we enter into a partnership with preserving the dignity of our local host in the forefront of our minds, we are directly reflecting the heart of God.

You may be asking yourself, “What does this look like in practice?” When sharing about your expectations, and later your experience serving the Church on your mission trip, ensure your language matches your heart and mindset.

Here are four action steps to get started:

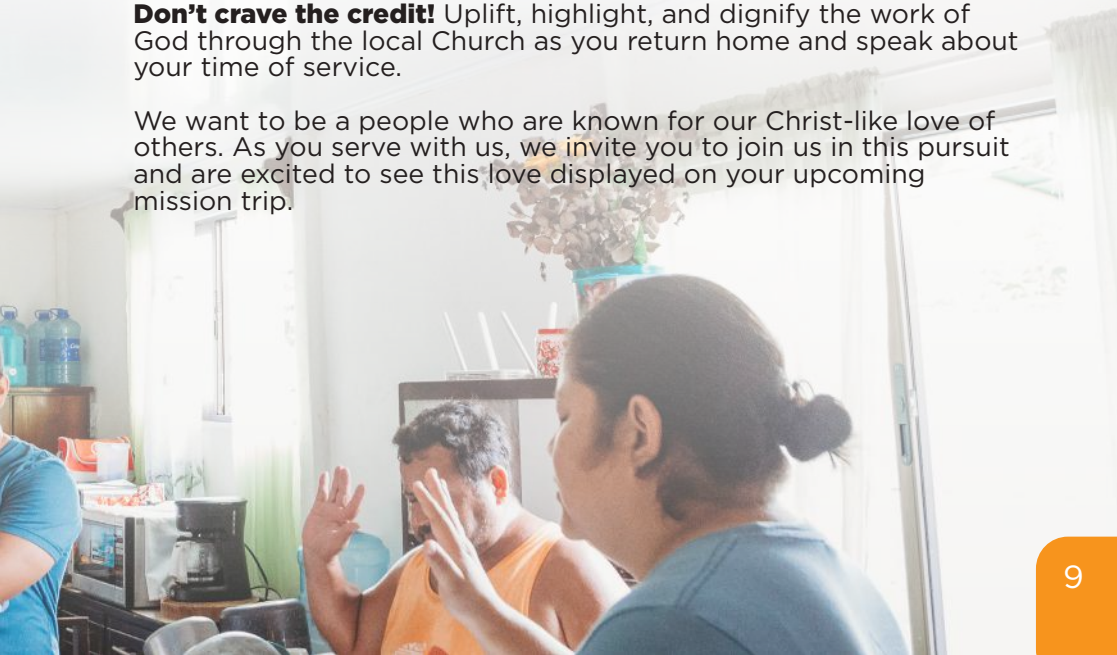
Join us in our effort to place our partners first. Before you leave, during your trip, and when you return home, prioritize the authority of the local host pastor and partner church. Place their desires above your own, understanding that they are the expert in their community and are serving there 365 days a year. When speaking with your church, family, or friends, speak in honor of the local pastor. Use their name and tell of their faithful service to the Lord in their ministry.

Be conscious of using inclusive language when speaking about your partner church. For example, we love to say “our host church” and “our host community” instead of “those people” or “that pastor.” Make it a goal to learn names quickly and call people by name, just as Jesus knows us and calls us by name.

Refrain from highlighting the struggles of a community. Rather, speak life through prayer that can build up and encourage.

Don’t crave the credit! Uplift, highlight, and dignify the work of God through the local Church as you return home and speak about your time of service.

We want to be a people who are known for our Christ-like love of others. As you serve with us, we invite you to join us in this pursuit and are excited to see this love displayed on your upcoming mission trip.



Clothing Guidelines

What is considered appropriate dress varies widely across our ministry locations, and some clothing can be considered inappropriate or offensive to the people you'll be serving. Don't allow your clothing to be a barrier between you and your host community. With that in mind, we opt to err on the side of respect and humility when it comes to how we dress. Please read through these clothing and packing guidelines carefully.

Here is what NOT to bring or wear on the field:

1. Items or attire that could be construed as taking a political or divisive stance
2. Jewelry or clothing that is valuable and at risk of being lost or damaged
3. Sleeveless tops
4. Shorts, dresses, or skirts that are shorter than fingertip length
5. Two-piece bathing suit showing midriff

Check with your Group Leader to find out if there's anything special you need to know about what to wear in your ministry location. Keep in mind that laundry facilities will not be available on your trip.

WHAT TO WEAR

Ministry clothes and shoes:

You will likely want to pack 3-4 outfits for ministry. Pack clothes that can get dirty and sweaty, shirts that cover your shoulders and torso, and shorts that are fingertip length or longer. Pack athletic shoes or waterproof sandals. If service projects are in your ministry plans, bring a pair of long pants and closed-toed shoes.

Church clothes and shoes:

You will likely want to pack 1-2 outfits for church. For women, pack pants, skirts, or dresses that are at least knee-length, a nice shirt (no sleeveless), and nice sandals or shoes. For men, bring long dress pants, a nice shirt, and closed-toed shoes. For some USA church locations, church dress may be more casual.

Casual clothes and shoes:

You will likely want to pack casual clothes to change into after ministry. Pack shirts that cover your shoulders and torso, and bottoms of appropriate length. Pack athletic shoes or waterproof sandals/flip-flops.

Pajamas:

Pack bottoms of appropriate length and an appropriate top to sleep in. Pack a pair of waterproof flip-flops for showering.

Swimwear:

If your trip has opportunity for recreation in the water, you will want to be prepared. For women, please pack a full coverage swimsuit not showing any midriff. For men, please pack appropriate-length swimming trunks.

WHAT TO PACK

Based on a typical PPM trip itinerary and the clothing guidelines provided, you may want to pack the following outfits depending on the activities of the day:

Saturday: Travel and Arrival Day

- ☐ Travel Outfit
- ☐ PPM T-Shirt

Sunday: Church and Relational Ministry

- ☐ Church Clothes & Shoes
- ☐ Ministry Outfit & Shoes
- ☐ Pajamas and/or Casual Outfit

Monday-Wednesday: Ministry Days

- ☐ Ministry Outfit & Shoes (for each day of ministry)
- ☐ Pajamas and/or Casual Outfit

Thursday: Recreation and/or Cultural Activity Day

- ☐ Swimwear
- ☐ Casual Outfit
- ☐ Pajamas

Friday: Travel Home

- ☐ Travel Outfit

PERSONAL ITEMS

- ☐ Medication (prescriptions in original packaging)
- ☐ Insect repellent
- ☐ Sunscreen
- ☐ Hand sanitizer
- ☐ Bath and/or beach towel
- ☐ Washcloth
- ☐ Laundry bag (pillowcases work well for this)
- ☐ Wet wipes
- ☐ Comb/brush
- ☐ Contacts with solution & case
- ☐ Glasses & case

TOILETRIES

- ☐ Razor & shaving cream
- ☐ Toothbrush & toothpaste
- ☐ Shampoo & hair products
- ☐ Body soap

FOR FLOOR-SLEEPING TRIPS

- ☐ Twin-size air mattress & pump
- ☐ Sheets
- ☐ Pillow
- ☐ Blanket

TRAVEL NEEDS

- ☐ Passport & copy*
- ☐ Travel information
- ☐ Medical information & insurance card (and copy)
- ☐ Personal snacks (that will not melt if in a hot climate)
- ☐ Spending/travel meal money (for souvenirs and additional snacks)

OTHER ITEMS

- ☐ Bible
- ☐ Pelican Guide
- ☐ Wide-mouth water bottle
- ☐ Ministry supplies (if specified by your trip leader)
- ☐ Items to donate (if specified by your trip leader)
- ☐ Work gloves
- ☐ Earplugs
- ☐ Hat or baseball cap
- ☐ Socks
- ☐ Undergarments
- ☐ Sunglasses
- ☐ Weather gear (rain jacket or winter coat as needed)

**International location*

Policy Agreement

Before you begin your mission trip, it is important to take a few moments to understand and agree to the PPM participant policy agreement. The following commitments outline the promise that you are making to your team, your partner, and PPM while you serve:

1. As a representative of my own community, PPM, and above all else, Jesus Christ, I will behave at all times in a manner that brings honor to these institutions.
my time on the trip. I have come not to judge, but to learn and to share the person of Jesus through my words, actions, and deeds.
2. I am aware that my words and actions are noticed as a guest in the partnership community. Therefore, I agree to act and speak in a manner that glorifies the name of Jesus Christ. I want everything I do or say to draw people to Jesus.
3. I will be spiritually, physically, and mentally prepared for a mission trip that will stretch me and mold me. I will do everything I can ahead of time to prepare myself for a "trip of a lifetime."
4. I understand I am a guest in the community I am visiting. I will respect and follow the traditions and customs of the local people and leaders. For example: if the way I dress offends them, I will change. If I am offered food, I will graciously accept it with a "thank you" and a smile.
5. I will not criticize the culture, efficiency, work habits, food, traditions, etc. that I am exposed to during my time on the trip. I have come not to judge, but to learn and to share the person of Jesus through my words, actions, and deeds.
6. I will respect and follow the PPM Trip Leaders and Group Leader and their decisions.
7. I agree to have a servant attitude at all times. In all tasks and ministries, I will focus on finding where I can use my gifts and talents to encourage and assist others.
8. I will use words that encourage and build up my team members and those in our host community at all times. This means I will refrain from gossip or words that bring dissension and take focus away from the goals of the trip.
9. I will have a positive attitude at all times. Every trip has its challenges and unforeseen circumstances. People could get sick, items lost, and plans changed. I realize that there are times I will need to be flexible and look at challenges as opportunities to be a witness for Jesus Christ.

10. I will refrain from pursuing romantic relationships during the trip. Even if my spouse or significant other is on the trip with me, I will make every effort to spend time with each person in the group and interact with all team members.
11. I will attend all team meetings and fulfill the responsibilities I have agreed to before, during, and after the trip. If I am not able to attend a meeting, I will proactively be in contact with my Group Leader as to what I missed.
12. I will refrain from initiating or engaging in divisive conversation regarding politics and other sensitive subjects during the trip. I will put aside my opinions in these types of sensitive matters to protect the ministry and focus on our mission.
13. I will abstain from using, consuming, purchasing, or possessing alcohol, cannabis, tobacco, other smoking-related products, and illegal drugs while on the trip.
14. I will not steal, commit any crime, or do anything illegal while on the trip.
15. I will meet all medical, logistical, and legal travel requirements. I will follow all import and export laws.
- I will not attempt to bring any illegal or banned item/good into or back from the location in which I will be serving.
16. I acknowledge that I will not bring a weapon, including firearms, on my PPM trip.
17. I will follow the travel, supply, clothing, financial, and medical guidelines, etc. set forth and explained to me prior to the trip. I am responsible for knowing and following everything in the PPM guide and explained at the group meetings.
18. If, in the future, I desire to return to the community and location on a mission trip to visit any of the connections or ministry partnerships, I must do so through PPM or receive PPM's written permission to do so. This will enable the overall vision for the ministry as agreed upon through PPM connections in the host community to continue.
19. I realize that to attend this trip and represent Jesus Christ on the mission field is a privilege, and if I abuse that privilege, that abuse constitutes the right for my trip to end prematurely.

I agree and acknowledge that if I violate this Policy Agreement in any way, PPM or a PPM representative, at their sole discretion, may remove me from the mission trip and send me home at my own expense.

Staying Healthy

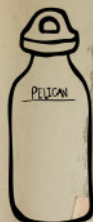
It's one of the biggest frustrations on a trip when preventable injuries or sickness make it so that you can't fully participate. Whether you're on a work site, at your lodging, or out and about in the community, be aware of your surroundings and make smart decisions for the safety of your teammates, the community, and yourself!



Wear shoes at all times.



Discreetly use hand sanitizer before each meal, and wash your hands often.



Hydrate often! Bring a wide-mouth water bottle so it's easier to refill.



Avoid eating fruit that can't be peeled.*



Avoid brushing your teeth with or drinking water from the faucet.*



Be wary of the animals! Ask your trip leader what you need to know.



Keep your lodging location clean and zip up your belongings each day.



Quickly inform your trip leader of any injuries or illnesses.



Apply sunblock frequently. The sun can be much stronger than you're used to in many of our locations.

**International Locations*



Preparing for YOUR TRIP

You'll experience many things during this mission trip. You'll have the opportunity to be a learner, server, and listener. Before you start your trip, it is vitally important to prepare your heart and mind for what lies ahead. Here are some of our best tips to get in the right headspace and posture to serve:

CONNECT WITH GOD

We want to encourage you to connect with God early and often during this week. While you're sure to have devotion time in large group settings on your trip, ensure that you're still personally connecting with the Lord each day. Spending time in prayer and reading scripture can happen at any time, but some natural times to find a minute to dive in are before breakfast, during lunch, and before bed. Pray for your teammates, your host pastor, the local community, and your family back home. Pray that God will lead you and teach you, all while helping you find ways to encourage and invest in the people surrounding you this week.

BE PREPARED TO BE FLEXIBLE

One thing is certain: your plans are going to change during the week. Going on a mission trip is about coming alongside the people and leaders we are serving. This requires us to trust God with our plans. We have to allow Him room to construct moments of ministry that may disrupt our schedule. Letting go of our plans and leaving space for God to take lead often allows Him to do the amazing and unexpected! Don't shy away from unanticipated changes. Lean into the moment, let go, walk forward with humility, and watch how God can guide your steps to something even greater than you had planned.

FOCUS ON THOSE AROUND YOU

The ultimate goal of your trip is to show people the love of Christ and the hope found in the Gospel. This happens best through relationships. Even if you don't speak the same language, love and compassion go beyond words. We encourage you to focus on the people, not the projects. While you're working, look for ways to engage with people in the community who are experiencing the moment alongside you. Ask God for opportunities to share with those in the community about the work you are doing and the local church you are partnering with.

STAY PRESENT

Remaining present and in the moment while serving is crucial to ensuring that you are open and available to participate in all God has planned for you on your trip. Do your best to silence your electronic devices. If you can disconnect from social media, work, and everyday demands, you'll find yourself more firmly rooted in the here and now. Another effective way to stay present is taking time to reflect on what's happening around you. Spend time each evening journaling. Write about the lessons you're learning and the experiences you've had and how they're challenging you. Cultivate an attitude of gratitude by naming those things you're most thankful for. When you get home, you'll be so grateful you took the time to journal every day!



LANGUAGE LEARNING

ENGLISH

CHURCH GREETINGS

Church
Amen
Glory to God!
Please, come to church.
Would you like to pray?

SPANISH

Iglesia
Amén
Gloria a Dios
Por favor, venga a la Iglesia.
¿Quiéres orar?

BASIC CONVERSATIONS

Hello
Goodbye
How are you?
I'm good.
I'm fine.
I'm not good.
What's your name?
My name is _____.
God bless you!
Please
Thank you
You're welcome
Excuse me
Are you ready?
How old are you?
What is your favorite food?
What is your favorite song?
What is your favorite color?

Hola
Adiós
¿Como estás?
Estoy muy bien.
Estoy bien.
Estoy mal.
¿Cómo se llama?
Me llamo _____.
Dios le bendiga
Por favor
Gracias
De nada
Perdón
¿Estás listo?
¿Cuántos años tienes?
¿Cuál es tu comida favorita?
¿Cuál es tu canción favorita?
¿Cuál es tu color favorito?

DAYS OF THE WEEK

Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday
Yesterday
Today
Tomorrow

Domingo
Lunes
Martes
Miércoles
Jueves
Viernes
Sábado
Ayer
Hoy
Mañana

MISC.

United States
Birthday
Happy Birthday!

Estados Unidos
Cumpleaños
Feliz Cumpleaños

COLORS

Blue	Azul
Yellow	Amarillo
Red	Rojo
Orange	Naranja
Green	Verde
Purple	Morado
Pink	Rosado
Black	Negro
White	Blanco

SPORTS & ACTIVITIES

Soccer	Fútbol
Baseball	Béisbol/Pelota
Basketball	Básquetbol
Do you want to play...?	¿Quiéres jugar...?
Sing	Cantar
Dance	Bailar
Share	Compartir
Silence	Silencio
Stop	Paren todos

NUMBERS

One	Uno
Two	Dos
Three	Tres
Four	Cuatro
Five	Cinco
Six	Seis
Seven	Siete
Eight	Ocho
Nine	Nueve
Ten	Diez

QUESTION WORDS

Who?	¿Quién?
What?	¿Qué?
When?	¿Cuándo?
Where?	¿Dónde?
Why?	¿Porqué?
How?	¿Cómo?
How many?	¿Cuánto?

SPANISH WORSHIP

GRACIA SUBLIME ES

This is Amazing Grace

(Verse 1)

Quién rompe el poder
del pecado
Su amor es fuerte y
poderoso
El rey de gloria, el rey
de majestad

(Verse 2)

Conmueve el mundo
con Su estruendo
Y nos asombra con
maravillas
El rey de gloria, el rey
de majestad

(Chorus)

Gracia sublime es
Perfecto es Tu amor
Tomaste mi lugar
Cargaste Tú mi cruz
Tu vida diste ahí
Y ahora libre soy
Jesús, te adoro
Por lo que hiciste en mí,
iwo-oh!

(Verse 3)

Pusiste en orden todo
el caos
Nos adoptaste como
Tus hijos
El rey de gloria, el rey
de majestad, ioh!
El que gobierna con Su
justicia
Y resplandece con Su
belleza
El rey de gloria, el rey
de majestad, iwo-oh!

(Bridge)

Digno es el Cordero de
Dios
Digno es el rey que la
muerte venció

¡Digno! ¡Digno!

VINE A ADORARTE

Here I Am to Worship

(Verse 1)

Tú eres la luz
Que brilló en las
tinieblas
Abrió mis ojos pude ver
Mi corazón adora tu
hermosura
Esperanza de vida eres
tú

(Chorus)

Vine adorarte, vine a
postrarme
Vine a decir que eres mi
Dios
Solo tú eres grande,
solo tú eres digno
Eres asombroso para mi

(Verse 2)

Tú eres el Rey
Grandemente exaltado
Glorioso por siempre
Señor
Al mundo que creaste
humilde viviste
Y pobre te hiciste por
Amor

(Chorus x2)

(Bridge)

Nunca sabré cuanto
costó ver mi maldad
sobre esa cruz
Vine adorarte, vine a
postrarme

BONDAD DE DIOS

Goodness of God

(Verse 1)

Te amo, Dios
Tu amor nunca me falla
Mi existir, en tus manos
esta
Desde el momento que
despierto
Hasta el anochecer
Yo cantaré, de la
bondad de Dios

(Chorus)

En vida has sido bueno
En vida has sido tan,
tan fiel
Con mi ser, con cada
aliento
Yo cantaré, de la
bondad de Dios

(Verse 2)

Yo amo tu voz
Me has guiado por el
fuego
Tú cerca estas
En la oscuridad
Te conozco como Padre
Y como amigo fiel
Mi vida está, en la
bondad de Dios

(Bridge)

Tú fidelidad sigue
Persiguiéndome
Tú fidelidad sigue
Persiguiéndome
Todo lo que soy
Te lo entrego hoy
A ti me rendiré
Tú fidelidad sigue
Persiguiéndome

FIND MORE
LYRICS IN THE



PELICAN GUIDE APP!

Devotions

This week, we will be spending time reading and reflecting on the book of Ephesians. Written by the Apostle Paul around AD 62-63 while imprisoned in Rome, this letter was addressed to a network of churches in Ephesus and the surrounding region – a community Paul had poured into for over three years. You can read more about Paul's time in Ephesus in Acts 19.

Ephesians carries a powerful message that resonates deeply with those who follow Jesus, and we can carry these themes into our lives and even more specifically into the unique purpose we have this week as we serve alongside a local church in a community that is different from our own. Paul's heart in writing this letter to the Ephesians was to affirm the believers' new identity in Christ, strengthen them in their battle against spiritual darkness, promote unity within the body of believers, and inspire a change in lifestyle that authentically represents their faith.

In the first three chapters of Ephesians, Paul describes our new identity in Christ. Then, in the final three chapters, Paul explores the practical impact of this Gospel identity in our daily lives.

Throughout this week, we will focus on three key themes from Ephesians: **identity, unity, and living out our faith**. We will explore how each of these themes connects to the Gospel and how they apply to our mission trip experience.

Identity in the Gospel

"But because of his great love for us, God, who is rich in mercy, made us alive with Christ even when we were dead in transgressions – it is by grace you have been saved. And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus." Ephesians 2:4-6

Unity in the Gospel

"Be completely humble and gentle; be patient, bearing with one another in love. Make every effort to keep the unity of the Spirit through the bond of peace." Ephesians 4:2-3

Living Out the Gospel

"Follow God's example, therefore, as dearly loved children, and walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God." Ephesians 5:1-2

Each day, you will read one chapter of Ephesians and reflect on what it says, what it means, and how it applies to your life. Take time to read and reflect, using the provided questions or your own journaling. You can also come together with your team each day to discuss what God is revealing to you as you commune with Him.

Our prayer is that you would savor these moments with God, store His word in your heart, and openly share what God is teaching you with your team and those you meet this week. We boldly pray that through your time in the Bible this week and your experience serving alongside the local Church, the Holy Spirit would reveal fresh insights into your identity in Christ and inspire you to live a life of service for God's glory.



EPHESIANS 1

1 Paul, an apostle of Christ Jesus by the will of God,

To God's holy people in Ephesus, the faithful in Christ Jesus:

2 Grace and peace to you from God our Father and the Lord Jesus Christ.

3 Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ. 4 For he chose us in him before the creation of the world to be holy and blameless in his sight. In love 5 he predestined us for adoption to sonship through Jesus Christ, in accordance with his pleasure and will 6 to the praise of his glorious grace, which he has freely given us in the One he loves. 7 In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God's grace 8 that he lavished on us. With all wisdom and understanding, 9 he made known to us the mystery of his will according to his good pleasure, which he purposed in Christ, 10 to be put into effect when the times reach their fulfillment—to bring unity to all things in heaven and on earth under Christ.

11 In him we were also chosen, having been predestined according to the plan of him who works out everything in conformity with the purpose of his will, 12 in order that we, who were the first to put our hope in Christ, might be for the praise of his glory. 13 And you also were included in Christ when you heard the message of truth, the gospel of your salvation. When you believed, you were marked in him with a seal, the promised Holy Spirit, 14 who is a deposit guaranteeing our inheritance until the redemption of those who are God's possession—to the praise of his glory.

15 For this reason, ever since I heard about your faith in the Lord Jesus and your love for all God's people, 16 I have not stopped giving thanks for you, remembering you in my prayers. 17 I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better. 18 I pray that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in his holy people, 19 and his incomparably great power for us who believe. That power is the same as the mighty strength 20 he exerted when he raised Christ from the dead and seated him at his right hand in the heavenly realms, 21 far above all rule and authority, power and dominion, and every name that is invoked, not only in the present age but also in the one to come. 22 And God placed all things under his feet and appointed him to be head over everything for the church, 23 which is his body, the fullness of him who fills everything in every way.

REFLECTION QUESTIONS

1. How would you summarize what you just read?
2. What does this passage say about who God is?
3. How do these verses give you a different perspective on life? What specific actions or changes are you inspired to make?
4. If you had to thank God for just one thing He has done for you through Jesus from Ephesians 1:3-14, what would it be and why? Explain why that particular blessing is so meaningful to you
5. What three things does Paul pray for the church in Ephesus (Ephesians 1:18-19)? If you were praying over your own church or the church you are partnering with this week, what would you pray for?

EPHESIANS 2

1 As for you, you were dead in your transgressions and sins, 2 in which you used to live when you followed the ways of this world and of the ruler of the kingdom of the air, the spirit who is now at work in those who are disobedient. 3 All of us also lived among them at one time, gratifying the cravings of our flesh and following its desires and thoughts. Like the rest, we were by nature deserving of wrath. 4 But because of his great love for us, God, who is rich in mercy, 5 made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved. 6 And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus, 7 in order that in the coming ages he might show the incomparable riches of his grace, expressed in his kindness to us in Christ Jesus. 8 For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God— 9 not by works, so that no one can boast. 10 For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.

11 Therefore, remember that formerly you who are Gentiles by birth and called “uncircumcised” by those who call themselves “the circumcision” (which is done in the body by human hands)— 12 remember that at that time you were separate from Christ, excluded from citizenship in Israel and foreigners to the covenants of the promise, without hope and without God in the world. 13 But now in Christ Jesus you who once were far away have been brought near by the blood of Christ.

14 For he himself is our peace, who has made the two groups one and has destroyed the barrier, the dividing wall of hostility, 15 by setting aside in his flesh the law with its commands and regulations. His purpose was to create in himself one new humanity out of the two, thus making peace, 16 and in one body to reconcile both of them to God through the cross, by which he put to death their hostility. 17 He came and preached peace to you who were far away and peace to those who were near. 18 For through him we both have access to the Father by one Spirit.

19 Consequently, you are no longer foreigners and strangers, but fellow citizens with God's people and also members of his household, 20 built on the foundation of the apostles and prophets, with Christ Jesus himself as the chief cornerstone. 21 In him the whole building is joined together and rises to become a holy temple in the Lord. 22 And in him you too are being built together to become a dwelling in which God lives by his Spirit.

REFLECTION QUESTIONS

1. How would you summarize what you just read?
2. What does this passage tell you about who God is?
3. How do these verses give you a different perspective on life? What specific actions or changes are you inspired to make?
4. Ephesians 2 reminds us that before Christ, we were dead in our sins and bound by the powers of the world, the devil, and our flesh. But, *"because of his great love for us, God, who is rich in mercy, made us alive with Christ"* (Ephesians 2:4-5)! Think about your own story – what was your life like before you began to follow Jesus? What has changed since then? What does it mean to you personally to be "made alive" with Christ, and how does that change how you live?
5. Ephesians 2 says that before we knew Jesus, we were separated from God and His people. But now, as Christians, we have direct access to God and are part of His family! How does knowing that change how you might talk to other people about Jesus?

EPHESIANS 3

1 For this reason I, Paul, the prisoner of Christ Jesus for the sake of you Gentiles—

2 Surely you have heard about the administration of God's grace that was given to me for you, 3 that is, the mystery made known to me by revelation, as I have already written briefly. 4 In reading this, then, you will be able to understand my insight into the mystery of Christ, 5 which was not made known to people in other generations as it has now been revealed by the Spirit to God's holy apostles and prophets. 6 This mystery is that through the gospel the Gentiles are heirs together with Israel, members together of one body, and sharers together in the promise in Christ Jesus.

7 I became a servant of this gospel by the gift of God's grace given me through the working of his power. 8 Although I am less than the least of all the Lord's people, this grace was given me: to preach to the Gentiles the boundless riches of Christ, 9 and to make plain to everyone the administration of this mystery, which for ages past was kept hidden in God, who created all things. 10 His intent was that now, through the church, the manifold wisdom of God should be made known to the rulers and authorities in the heavenly realms, 11 according to his eternal purpose that he accomplished in Christ Jesus our Lord. 12 In him and through faith in him we may approach God with freedom and confidence. 13 I ask you, therefore, not to be discouraged because of my sufferings for you, which are your glory.

14 For this reason I kneel before the Father, 15 from whom every family in heaven and on earth derives its name. 16 I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, 17 so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, 18 may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, 19 and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.

20 Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, 21 to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.

REFLECTION QUESTIONS

1. How would you summarize what you just read?
2. What does this passage tell you about who God is?
3. How do these verses give you a different perspective on life? What specific actions or changes are you inspired to make?
4. In Ephesians 3:14-19, Paul makes a connection between God's power and His love. How does the awareness of God's great power affect your experience of His love?
5. Paul endured suffering for the sake of others hearing the Gospel (3:1; 3:13). How can you prioritize the Gospel over your own comfort as you share and serve on mission? Is there anything that God is calling you to give up, or that might make you uncomfortable, in order to help spread the love of Jesus?

EPHESIANS 4

1 As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. 2 Be completely humble and gentle; be patient, bearing with one another in love. 3 Make every effort to keep the unity of the Spirit through the bond of peace. 4 There is one body and one Spirit, just as you were called to one hope when you were called; 5 one Lord, one faith, one baptism; 6 one God and Father of all, who is over all and through all and in all.

7 But to each one of us grace has been given as Christ apportioned it. 8 This is why it says: “When he ascended on high, he took many captives and gave gifts to his people.”

9 (What does “he ascended” mean except that he also descended to the lower, earthly regions? 10 He who descended is the very one who ascended higher than all the heavens, in order to fill the whole universe.) 11 So Christ himself gave the apostles, the prophets, the evangelists, the pastors and teachers, 12 to equip his people for works of service, so that the body of Christ may be built up 13 until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.

14 Then we will no longer be infants, tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of people in their deceitful scheming. 15 Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ. 16 From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work.

17 So I tell you this, and insist on it in the Lord, that you must no longer live as the Gentiles do, in the futility of their thinking. 18 They are darkened in their understanding and separated from the life of God because of the ignorance that is in them due to the hardening of their hearts. 19 Having lost all sensitivity, they have given themselves over to sensuality so as to indulge in every kind of impurity, and they are full of greed.

20 That, however, is not the way of life you learned 21 when you heard about Christ and were taught in him in accordance with the truth that is in Jesus. 22 You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; 23 to be made new in the attitude of your minds; 24 and to put on the new self, created to be like God in true righteousness and holiness.

25 Therefore each of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body. 26 “In your anger do not sin”: Do not let the sun go down while you are still angry, 27 and do not give the devil a foothold. 28 Anyone who has been stealing must steal no longer, but must work, doing something useful with their own hands, that they may have something to share with those in need.

29 Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. 30 And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. 31 Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. 32 Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

REFLECTION QUESTIONS

1. How would you summarize what you just read?
2. What does this passage tell you about who God is?
3. How do these verses give you a different perspective on life? What specific actions or changes are you inspired to make?
4. Ephesians 4 talks about how being a Christian means living a new kind of life. How does knowing Jesus and what He did for you change how you should act toward other people, especially other Christians?
5. Ephesians 4 emphasizes the importance of unity among Christians. How does Paul's teaching on unity challenge and inspire you to work together with your mission team? How does your teamwork reflect who God is?

EPHESIANS 5

1 Follow God's example, therefore, as dearly loved children 2 and walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God.

3 But among you there must not be even a hint of sexual immorality, or of any kind of impurity, or of greed, because these are improper for God's holy people. 4 Nor should there be obscenity, foolish talk or coarse joking, which are out of place, but rather thanksgiving. 5 For of this you can be sure: No immoral, impure or greedy person—such a person is an idolater—has any inheritance in the kingdom of Christ and of God. 6 Let no one deceive you with empty words, for because of such things God's wrath comes on those who are disobedient. 7 Therefore do not be partners with them.

8 For you were once darkness, but now you are light in the Lord. Live as children of light 9 (for the fruit of the light consists in all goodness, righteousness and truth) 10 and find out what pleases the Lord. 11 Have nothing to do with the fruitless deeds of darkness, but rather expose them. 12 It is shameful even to mention what the disobedient do in secret. 13 But everything exposed by the light becomes visible—and everything that is illuminated becomes a light. 14 This is why it is said: "Wake up, sleeper, rise from the dead, and Christ will shine on you."

15 Be very careful, then, how you live—not as unwise but as wise, 16 making the most of every opportunity, because the days are evil. 17 Therefore do not be foolish, but understand what the Lord's will is. 18 Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit, 19 speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord, 20 always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ.

21 Submit to one another out of reverence for Christ.

22 Wives, submit yourselves to your own husbands as you do to the Lord. 23 For the husband is the head of the wife as Christ is the head of the church, his body, of which he is the Savior. 24 Now as the church submits to Christ, so also wives should submit to their husbands in everything.

25 Husbands, love your wives, just as Christ loved the church and gave himself up for her 26 to make her holy, cleansing her by the washing with water through the word, 27 and to present her to himself as a radiant church, without stain or wrinkle or any other blemish, but holy and blameless. 28 In this same way, husbands ought to love their wives as their own bodies. He who loves his wife loves himself. 29 After all, no one ever hated their own body, but they feed and care for their body, just as Christ does the church— 30 for we are members of his body. 31 "For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh." 32 This is a profound mystery—but I am talking about Christ and the church. 33 However, each one of you also must love his wife as he loves himself, and the wife must respect her husband.

REFLECTION QUESTIONS

1. How would you summarize what you just read?

2. What does this passage tell you about who God is?

3. How do these verses give you a different perspective on life? What specific actions or changes are you inspired to make?

4. Ephesians 5:1-2 calls believers to follow God's example and walk in love, just as Christ loved us and gave himself up for us. How does this passage connect God's immense love for us, demonstrated through the Gospel, to the practical way we are called to live our lives? Specifically, how does understanding the sacrifice Christ made for us motivate and empower us to live a life of love toward others?

5. Ephesians 5 talks about how we should live as "children of light," not walking in darkness. Think about what that means in your life today – at school or work, with your community, and at home. How can you practically shine God's light in those different areas? What are some specific things you can do this week to show "goodness, righteousness, and truth" (5:9) to the people around you? What are some things that might try to pull you away from the light, and how can you resist those things and stay focused on living a life that honors God?

EPHESIANS 6

1 Children, obey your parents in the Lord, for this is right. 2 “Honor your father and mother”—which is the first commandment with a promise— 3 “so that it may go well with you and that you may enjoy long life on the earth.” 4 Fathers, do not exasperate your children; instead, bring them up in the training and instruction of the Lord. 5 Slaves, obey your earthly masters with respect and fear, and with sincerity of heart, just as you would obey Christ. 6 Obey them not only to win their favor when their eye is on you, but as slaves of Christ, doing the will of God from your heart. 7 Serve wholeheartedly, as if you were serving the Lord, not people, 8 because you know that the Lord will reward each one for whatever good they do, whether they are slave or free. 9 And masters, treat your slaves in the same way. Do not threaten them, since you know that he who is both their Master and yours is in heaven, and there is no favoritism with him.

10 Finally, be strong in the Lord and in his mighty power. 11 Put on the full armor of God, so that you can take your stand against the devil's schemes. 12 For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.

13 Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. 14 Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, 15 and with your feet fitted with the readiness that comes from the gospel of peace. 16 In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. 17 Take the helmet of salvation and the sword of the Spirit, which is the word of God.

18 And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people. 19 Pray also for me, that whenever I speak, words may be given me so that I will fearlessly make known the mystery of the gospel, 20 for which I am an ambassador in chains. Pray that I may declare it fearlessly, as I should.

21 Tychicus, the dear brother and faithful servant in the Lord, will tell you everything, so that you also may know how I am and what I am doing. 22 I am sending him to you for this very purpose, that you may know how we are, and that he may encourage you.

23 Peace to the brothers and sisters, and love with faith from God the Father and the Lord Jesus Christ. 24 Grace to all who love our Lord Jesus Christ with an undying love.

REFLECTION QUESTIONS

1. How would you summarize what you just read?.
2. What does this passage tell you about who God is?
3. How do these verses give you a different perspective on life? What specific actions or changes are you inspired to make?
4. As you prepare to return home, you need to be reminded that living "a life worthy of the calling you have received" (Eph 4:1) is hard. Be strong in the Lord and rely on His strength (Eph. 6:10)! How does understanding the Gospel and the power you have in Christ equip you to face the various obstacles and discouragements you will encounter in life?
5. How does each piece of armor (belt of truth, breastplate of righteousness, shoes of the gospel of peace, shield of faith, helmet of salvation, sword of the Spirit) equip you to stand firm against the spiritual darkness you may face?

WORSHIP LYRICS

GRATITUDE

Brandon Lake

(Verse 1)

All my words fall short
I got nothing new
How could I express
All my gratitude?
I could sing these
songs
As I often do
But every song must
end
And You never do

(Chorus)

So I throw up my
hands
And praise You again
and again
'Cause all that I have
is a hallelujah
Hallelujah
And I know it's not
much
But I've nothing else
fit for a King
Except for a heart
singing hallelujah
Hallelujah

(Verse 2)

I've got one response
I've got just one move
With my arms
stretched wide
I will worship You

(Chorus)

(Bridge)

So come on, my soul
Oh, don't you get shy
on me
Lift up your song
'Cause you've got a
lion inside of those
lungs
Get up and praise the
Lord
CCLI 7158417

GREAT ARE YOU LORD

All Sons & Daughters

(Verse 1)

You give life, You are
love
You bring light to the
darkness
You give hope, You
restore
Every heart that is
broken
Great are You, Lord

(Chorus)

It's Your breath in our
lungs
So we pour out our
praise
We pour out our
praise
It's Your breath in our
lungs
So we pour out our
praise
to You only

(Bridge)

All the earth will
shout Your praise
Our hearts will cry,
these bones will sing
Great are You, Lord
CCLI 6460220

HERE I AM TO WORSHIP

Tim Hughes

(Verse 1)

Light of the world,
You stepped down
into darkness
Open my eyes let me
see
Beauty that made this
heart adore you
Hope of a life spent
with you

(Chorus)

Here I am to worship
Here I am to bow
down
Here I am to say that
you're my God
You're altogether
lovely
Altogether worthy
Altogether wonderful
to me

(Verse 2)

King of all days
Oh so highly exalted
Glorious in heaven
above
Humbly you came to
the earth you created
All for love's sake
became poor

(Chorus x2)

(Bridge)

I'll never know how
much it cost
To see my sin upon
that cross
And I'll never know
how much it cost
To see my sin upon
that cross
CCLI 3266032

GOODNESS OF GOD

Bethel Music

(Verse 1)

I love You, Lord
For Your mercy never
fails me
All my days, I've been
held in Your hands
From the moment
that I wake up
Until I lay my head
Oh, I will sing of the
goodness of God

(Chorus)

And all my life You
have been faithful
And all my life You
have been so, so good
With every breath
that I am able
Oh, I will sing of the
goodness of God

(Verse 2)

I love Your voice
You have led me
through the fire
In the darkest night
You are close like no
other
I've known You as a
father
I've known You as a
friend
And I have lived in the
goodness of God

(Bridge)

'Cause Your goodness
is running after
It's running after me
Your goodness is
running after
It's running after me
With my life laid down
I'm surrendered now
I give You everything
'Cause Your goodness
is running after
It's running after me
CCLI 7117726

O COME TO THE ALTAR

Elevation Worship

(Verse 1)

Are you hurting and
broken within?
Overwhelmed by
the weight of your
sin?
Jesus is calling
Have you come to
the end of yourself?
Do you thirst for a
drink from the well?
Jesus is calling

(Chorus)

O come to the altar
The Father's arms are
open wide
Forgiveness was
bought with
The precious blood
of Jesus Christ

(Verse 2)

Leave behind your
Regrets and mistakes
Come today
There's no reason to
wait
Jesus is calling
Bring your sorrows
and trade them for joy
From the ashes
a new life is born
Jesus is calling

(Chorus x2)

(Bridge)
Oh what a Savior
Isn't He wonderful?
Sing hallelujah, Christ
is risen
Bow down before Him
For He is Lord of all
Sing Hallelujah, Christ
is risen

(Verse 3)

Bear your cross as
you wait
for the crown
Tell the world of the
treasure
you found
CCLI 7051511

BUILD MY LIFE

Housefires

(Verse 1)

Worthy of every song
we could ever sing
Worthy of all the
praise we could ever
bring
Worthy of every
breath we could ever
breathe
We live for You, oh,
we live for You
Jesus, the name
above every other
name
Jesus, the only one
who could ever save
Worthy of every
breath we could ever
breathe
We live for You, we
live for You

(Chorus)

Holy, there is no one
like You, there is none
beside You
Open up my eyes in
wonder and
Show me who You are
and fill me with Your
heart
And lead me in Your
love to those around
me

(Bridge)

And I will build my life
upon Your love, it is a
firm foundation
And I will put my trust
in You alone, and I will
not be shaken
CCLI 7070345

WORSHIP LYRICS

WHAT A BEAUTIFUL NAME

Hillsong Worship

(Verse 1)

You were the Word at the beginning
One with God the Lord Most High
Your hidden glory in creation
Now, revealed in You our Christ

(Chorus)

What a beautiful Name it is, what a beautiful Name it is
The Name of Jesus Christ my King
What a beautiful Name it is, nothing compares to this
What a beautiful Name it is, the Name of Jesus

(Verse 2)

You didn't want heaven without us
So Jesus, You brought heaven down
My sin was great, Your love was greater
What could separate us now?

(Chorus 2)

What a wonderful Name it is, what a wonderful Name it is
The Name of Jesus Christ my King
What a wonderful Name it is, nothing compares to this
What a wonderful Name it is, the Name of Jesus

(Bridge)

Death could not hold You, the veil tore before You
You silenced the boast of sin and grave
The Heavens are roaring the praise of Your glory
For You are raised to

life again

You have no rival, You have no equal
Now and forever, God, You reign
Yours is the Kingdom, Yours is the Glory
Yours is the Name above all names

(Chorus 3)

What a powerful Name it is, what a powerful Name it is
The Name of Jesus Christ my King
What a powerful Name it is, nothing can stand against
What a powerful Name it is, the Name of Jesus

CCLI 7068424

I THANK GOD

Maverick City Music

(Verse 1)

Wandering into the night
Wanting a place to hide
This weary soul, this bag of bones
And I tried with all my mind
And I just can't win the fight
I'm slowly drifting, oh vagabond
And just when I ran out of road
I met a man I didn't know
And he told me That I was not alone

(Chorus)

He picked me up
He turned me around
He placed my feet on solid ground
I thank the Master
I thank the Savior
Because He healed my heart
He changed my name
Forever free, I'm not the same
I thank the Master
I thank the Savior
I thank God

(Verse 2)

I cannot deny what I see
Got no choice but to believe
My doubts are burning
Like ashes in the wind
So, so long to my old friends
Burden and bitter night
You can't just keep them moving
No, you ain't welcome here
From now 'til I walk
The streets of gold
I'll sing of how You saved my soul

This wayward son
Has found his way
back home

(Chorus)

(Bridge x4)

Hell lost another one
I am free, I am free, I
am free
Hell lost another one
I am free, I am free, I
am free

(Chorus)

(Bridge 2 x8)

Get up, get up, get up
Get up out of that
grave

CCLI 7169680

PRAISE

Elevation Worship

(Bridge 1)

Let everything
That has breath
Praise the Lord
Praise the Lord
Let everything
That has breath
Praise the Lord
Praise the Lord

(Verse 1)

I'll praise in the valley
Praise on the
mountain
I'll praise when I'm
sure
Praise when I'm
doubting

(Verse 2)

I'll praise when
outnumbered
Praise when
surrounded
'Cause praise is the
water
My enemies drown in

(Chorus)

As long as I'm
breathing
I've got a reason to
Praise the Lord
Oh, my soul
Praise the Lord
Oh, my soul

(Verse 3)

I'll praise when I feel it
And I'll praise when I
don't
I'll praise 'cause I know
You're still in control

(Verse 4)

Because my praise is a
weapon
It's more than a sound
(more than a sound)
Oh, my praise is the
shout
That brings Jericho
down (oh)

(Chorus)

(Chorus extention)
I won't be quiet, my
God is alive
So how could I keep it

inside?

Praise the Lord
Oh, my soul

(Bridge 2 x2)

I'll praise 'cause You're
sovereign
Praise 'cause You
reign
Praise 'cause You
rose and defeated the
grave
I'll praise 'cause You're
faithful
Praise 'cause You're
true
Praise 'cause there's
nobody greater than
You.

(Chorus x2)

(Bridge 1 x3)
CCLI 7213077

Sister Location

Our sister location is:

Three facts about this location:

- 1.
- 2.
- 3.

My prayer for the Church in this location:



PPM CHURCH SPONSORSHIP

PPM Church Sponsorship is a continuous effort to build up, encourage, and assist the local Church 365 days a year. By sponsoring a church's involvement in this program, pastors and ministry leaders will receive local support, training, and encouragement, leading to transformed communities in the name of Christ. Three areas of focus work in unison to accomplish this intentional effort:

Church

The local Church is the catalyst for reaching our world for Christ. It is God's master plan to use His people to love and serve our world, sharing the good news of grace by faith to all people.

Pastor

An investment in a pastor is an investment in the Church. When pastors are healthy, both spiritually and physically, they are most able to lead a healthy, vibrant congregation.

Community

Communities benefit when the local Church is thriving. From support and care to meeting physical needs, a healthy church is vital to a community.

PROGRAM PROMISES

We promise to CARE.

C: Consistent care and connection

A: Aid in emergencies and medical needs

R: Relational networking and training

E: Empowerment to go on mission

Keep the impact going long after your trip is done!

Join Team Pelican to link arms with other like-minded Pelicans who want to see the seeds planted during their mission trip grow into incredible things for the Kingdom!

Your monthly contribution will help to support and encourage pastors and churches around the world as they continue to serve the Lord and work with Him to transform their communities.

Together, we can impact the world for Christ!



teampelican.org



Join Team Pelican and **we'll send you a t-shirt** for committing to a monthly gift of \$7 or more!

Now What?

From large paradigm shifts to figuring out where you fit into God's global story, it's pretty likely you're leaving your week of ministry feeling changed on some level. Maybe those changes haven't been fully realized yet, or maybe they're feeling all-consuming. Either way, we want you to know that you aren't alone, and change is a good thing!

Ask any Jesus-following person, and they will tell you that faith is a journey. It never really comes alive until you begin to put action to the things you hear at church each week. In fact, the Bible warns against a passive faith in Revelation 3:16: "But since you are like lukewarm water, neither hot nor cold, I will spit you out of my mouth!" It's a tough love statement about those who know all about God and His Word but can't be bothered to act on what they know.

You just spent a week living out the Gospel by serving others and immersing yourself in the work of the local Church. There is nothing lukewarm about what you just experienced. It took faith, sacrifice, and probably more than a little bit of courage. As a result, God used you to impact the church and the community in a big way. Our prayer is that you don't stop here. We believe that seeing and doing the work of God in the local Church will change you forever. We hope that this experience will stick with you and shape how you experience God for the rest of your life.



REFLECTION QUESTIONS

1. What did you experience this week that changed your perspective about the world?
2. What did you learn about yourself during this mission trip?
3. How did this experience inspire you?
4. How has your relationship with God changed as a result of this mission trip?

JOURNAL PAGE





BRING THE MISSION HOME

Mission trips are a unique experience. They are a time of growth, challenge, joy, and exhaustion. Memories of this trip, whether they be of your host church or your fellow team members, will last a lifetime. But would you be surprised to know that the goal of this trip isn't complete? God's calling on your life does not start at the beginning of a mission trip or stop at the end. Instead, the Lord often uses service as a vehicle for refining and growing us in our faith, preparing us for new Kingdom work, wherever we end up in the world. It's our prayer that you will allow the Lord to use the growth you've experienced this week to transform and impact your community, school, workplace, family, or church.

Here are just a few ways you can continue to build on the gifts and talents you utilized this week, even after you head home.

FIND NEW WAYS TO SERVE

Which part of this week stirred your heart? Pay attention to how you felt when getting involved in different ministries during the week. Did kids ministry fill your soul? Were work projects something that excited you and left you feeling closer to Jesus? Write it down so you don't forget, then find similar local ministries at home and volunteer there. Engage with your local church and don't be afraid to step out and lead in a new ministry that may be needed. Intentionally uplift and encourage the ministry leaders in your life. Ask your team leader how you might be able to use your passions to serve your church and community!



Bring The Mission Home

KEEP DOING THE LITTLE THINGS

Chances are at some point this week you made an impact on someone without even realizing it. Something as simple as a smile and a wave can be a small but powerful way to show God's love to someone. When you get home, keep your eyes open for the people around you who might be having a tough day and find a way to be uplifting. A genuine "Hey, how are you?" can go a long way! A phone call, a text, or a word of encouragement to a friend can change the course of someone's day.

STAY CONNECTED

You've spent the last week serving, laughing, playing, and maybe even crying with the people on your mission team. Personal connection is such an important part of being part of the body of Christ! Stay in touch with those around you. Support each other in your walk through everyday life. And even more importantly, stay connected to God by continuing to chase after Jesus and listen to the Holy Spirit's leading. Do not forget the ways your faith in God was expanded and strengthened this week. Seek God through prayer and scripture reading and by continuing to walk in obedience and love. As Jesus shares in John 15:4, "Remain in me, as I remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me."

KEEP THE MEMORIES ALIVE

Remembering how you felt during your time on the mission field is an excellent way to encourage yourself to seek out those experiences at home! Take time to occasionally revisit your journal entries from this mission trip. Post a photo from the trip on social media every once in a while to remind yourself and those around you of what you experienced. Those memories will serve as a powerful reminder of your week. Don't forget to tag PPM as well so we can share in the memories (see ways you can keep up with PPM on social media on pg. 47)!



mission home

Disaster Response

When disaster strikes, the Church shows up on the front lines of response and relief efforts, working with local authorities and organizing grassroots efforts to meet the pressing needs of their communities. PPM is committed to coming alongside these efforts, providing necessary resources and support to advance the work of our local partners.

PPM, with the help of donors, has helped local churches that respond to hurricanes, floods, and earthquakes, delivering essential supplies like bottled water, food, tarps, and generators. Beyond material aid, we mobilize volunteers who contribute countless hours to debris removal, rebuilding, roof repair, food distribution, youth ministry, and prayer.

If you are serving on a trip in one of our disaster response locations this year, thank you. Your help and encouragement is vital and so needed.

To learn more about PPM Disaster Response and find out how you can support both immediate and long-term efforts, scan the QR code or visit ppm.org/disaster-response.



Keep The Impact GOING!

KEEP IN TOUCH

You are part of our Pelican family! Stay engaged with the flock throughout the year.

Join Team Pelican! Keep the impact of your trip going all year round. For more information, see pg. 39

Fill out the mission trip feedback form. This will come via email after your trip or can be found in your Pelican Account.

Serve on our staff! Have you ever thought about serving on the mission field for a longer period of time? We have seasonal positions available! Find more info at ppm.org/employment.



Return next year with your team! We would love to see your team return to continue the partnership with your host partner or host your team in another of our 41 locations. We're so passionate about building long-lasting relationships that PPM will give any team of 15 or more that registers within 60 days of the end of their trip one free mission scholarship for the next trip!

Connect with us via social media.

Stay up-to-date with what is happening around PPM all year long and find ways to get involved from home. Use **#thepelicanlife** as you share stories from your trip and as you continue to serve your home community!



INSTAGRAM

@prayingpelicanmissions



FACEBOOK

Praying Pelican Missions

HASHTAGS

#thepelicanlife

#PPM(your location)

- example #PPMBelize



PPM IMPACT REPORT

Read about the incredible things God is doing all around the world through PPM!



Our Partners

At PPM, we recognize that seeing local churches empowered and encouraged requires more than just our own efforts; it demands a collaborative spirit and a shared vision. Just as iron sharpens iron, we believe that we are stronger together, and by combining our unique strengths and resources, we can accomplish far more than any of us could alone. We're committed to building genuine relationships with like-minded organizations, leveraging our collective wisdom and expertise to create lasting change and to advance the Kingdom.



The Global Leadership Network (GLN) is passionate about inspiring and equipping leaders to transform the world for the better, creating world-class resources and hosting events to ignite impact worldwide. As a vital part of the GLN, the Global Leadership Summit (GLS) Next Gen is designed to awaken emerging leaders in their leadership, faith, and life journey. These leaders will then be activated to be a force for good in their world for Jesus and connected to a community of growth.

Visit glsnextgenusa.org to learn more and access these high quality resources.



TENx10

Born out of the staggering reality that over 1 million young people walk away from the Christian faith every year, TENx10 launched a collaborative movement of diverse Christian leaders, organizations, denominations, and influencers that are committed to making faith matter more for 10 million young people over the next 10 years.

TENx10 has linked arms with over 125 partner organizations that are bought into this vision and are dedicated to leveraging the best thought leadership, research, resources, and insight to make it happen.

Let's make faith matter more TOGETHER. To learn more about TENx10, visit tenx10.org.



fly my group



THE YOUTH CARTEL

**GET TO KNOW MORE
ABOUT OUR PARTNERS**



OUR PRAYER FOR YOU

As you continue to reflect on your mission trip and apply the lessons you learned to your life back home, our prayer for you is that through Christ you would know that these things are true of you:

You are loved. We pray that you would know that you are unconditionally loved. You are valued by those you served and served alongside this week and, most importantly, by your Creator. May God open your heart and your mind to the immeasurable and unending love He has for you.

You are able. You likely felt stretched beyond your comfort zone this week, and that's where God often reveals the strength He's placed within you. We pray that when you remember this week, you would recall that it's not about your own ability, but rather, His power working through you. May you recognize and embrace how God has worked through this experience to grow you, and may He enable you to continue to seek His guidance to grow in His strength.

You are called. Our prayer is that your mission trip isn't an isolated experience, but a catalyst that launches you deeper into a life of service. We pray that God ignites a passion in you to live out this calling daily. In a world where compassion and grace are often redefined by ever-shifting cultural norms, may your life be characterized by enduring grace and unconditional love. May you faithfully respond to His call, allowing Christ's example to fuel a lifetime of service that continues long after this mission trip comes to an end.



"And I pray that you,
being rooted and
established in love, may
have power, together with
all the Lord's holy
people, to grasp how wide
and long and high and
deep is the love of Christ,
and to know this love that
surpasses knowledge - that
you may be filled to the
measure of all
the fullness of God."

Ephesians 3:18-19





KEEP THE IMPACT GOING.

ppm.org

