



Scottish
Recovery
Network

Peer

2025/26

Connects

Webinars

60 minutes of peer support ideas
and inspiration to kick-start your day!

Hello!

Our Peer Connects webinars are back for 2025/26 as we continue to collaborate with you to support, champion and grow peer support in Scotland!

How to book

Click on the button at the bottom of each webinar page and you will be taken to our Eventbrite channel to book your place. We will email out a link ahead of the webinar. If you would rather call into online events on your phone (audio access) we can accommodate this.

Accessibility

If you have any accessibility or communication needs that would help you take part, please let us know. To book BSL Interpreters or Electronic Notetakers we need two week's notice.

If you have any further questions contact **0300 323 9956** or info@scottishrecovery.net - Sign Language (BSL) users can contact us directly by using [Contact Scotland BSL](#).

Learning from webinars will be shared in our [newsletter](#) and on [PeerRecoveryHub.Net](#)

We support #CommunicationForAll

The Future is Peer: opportunities and impact



30 September 2025, 10:00 – 11:00
Webinar (Teams)

With growing recognition in national strategies like [Creating Hope Together](#) and the [Mental Health and Wellbeing Delivery Plan](#), there's a renewed commitment to embedding peer support across Scotland's mental health system.

Drawing on insights from The Big Scottish Peer Support Survey, we'll consider how peer support is being delivered to support mental health recovery and the impact it's having. We'll also explore the need for a shared understanding of peer support and reflect on its potential to transform the culture, design and delivery of mental health services and support in the future.

For anyone with an interest in the role of peer support, including Peer Workers, Service Providers, Policy-Makers, Planners, Commissioners, and People with Lived Experience.

Book

Supporting peer leadership

Peer support in services: integrating the approach



5 February 2026, 10:00 - 11:00

Webinar (Teams)

How can peer support be successfully embedded in mental health services? Practical strategies and lessons learned from those leading the way.

Joining us is Kathryn Thompson, Peer Recovery Worker & MyPLAN Facilitator, at Community Mental Health Team East, NHS Tayside. Kathryn will share how the service is effectively integrating peer approaches and the positive impact this is having.

For anyone supporting the design, development, and delivery of mental health services in Scotland, including Peer Workers, Service Managers, Team Leaders, and Commissioners.

Book

Sharing what's possible

What helps peer support thrive? Exploring enablers and barriers



24 February 2026, 10:00 - 11:00

Webinar (Teams)

Peer support can be transformative, but only when the right conditions are in place. This webinar will explore the key enablers that help peer support grow and thrive, as well as the barriers that can make progress more challenging.

Sharing learning from our work on the ground and The Future is Peer Insight Report 4, this is a chance to reflect on what we know and what needs to happen to make peer support sustainable in Scottish services and communities.

For anyone involved in developing, delivering, or supporting peer support in Scotland, whether in services, communities, or grassroots groups, including Peer Workers, Managers, Planners, and Commissioners.

Book

Growing peer support

Transforming Scotland's mental health system: insight and actions



26 May 2026, 10:00 - 11:00

Webinar (Teams)

What does it take to truly transform mental health systems through peer support and lived experience leadership?

Through film and discussion we'll share key findings and powerful moments from our [earlier event](#) - Transforming Scotland's mental health system - with Julie Repper, Director at [Imroc](#)

This webinar is a chance to hear recommendations from the event, and next steps for embedding peer support and lived experience into the heart of Scotland's mental health services and systems.

For Peer Workers, Service Leads, Managers, Policy-Makers, Commissioners, and Lived Experience Leaders looking to influence or implement change.

Book

Sharing what's possible

Catch-up on YouTube

Embedding a peer support workforce

Central North West London (CNWL) NHS Foundation Trust's Peer and Lived Experience Workforce has over 150 roles and growing. We chat to Fran Lepori, Head of Lived Experience Workforce, exploring some of the key enablers that provide the infrastructure for different lived experience roles to flourish.

We've also created a nifty booklet [highlighting the key points](#)



Peer support as part of Distress Brief Intervention (DBI) Services

Rachel Middleton is Programme Manager for Penumbra's [Distress Brief Intervention Service](#) (DBI). Rachel talks to us about how, with a focus on peer support, they are taking a different approach to helping people in distress.



Sharing what's possible



Peer Recovery Hub

Looking to develop and champion peer support for mental health recovery? Check out the Peer Recovery Hub, it's full of free tools, events and opportunities to inspire and support you!

It's a space where we're shining a spotlight on your fantastic peer support projects, services and organisations. A place where we're sharing ideas and learning from people planning and delivering peer support activities, to help you do the same.

