### Senior School Co-Curricular Clubs and Activities 2023-24





AMBITION - OPPORTUNITY - COMMUNITY



### Senior School Co-Curricular Clubs and Activities 2023-24



This booklet outlines the activities on offer at Solihull Senior School for the year 2023-24. Activities are divided into different areas; Academic Enrichment and Clubs/Societies, Community Relations, Music, Outdoor Education, Performing Arts (Drama and Dance) and Sport, Health and Fitness. More information about each can be found on the SOCS (Schools Online Communication System) tab on the home page of the Parent Portal. Please visit the Portal and follow links to SOCS where you will find all the relevant activities for your child. Sign up windows remain open throughout the term and we encourage the pupils themselves to join clubs and societies throughout the year, They have access to their SOCS account directly.

Please note that there may be some changes to the details in this booklet, and if necessary further information will be communicated via staff who lead these activities.

Should you have any questions regarding sign up or access to SOCS please contact co-curricular@solsch.org.uk **Mrs H Fair**, Assistant Head (Co-Curricular) fairh@solsch.org.uk

#### Why get involved in co-curricular activities?

We aim to provide as varied a life beyond lessons as we can, so that our pupils not only have the pleasure of activity when they are young, but also find and develop essential skills which will form a vital part of their adult lives. The varied co-curricular provision allows pupils to find their voice and push themselves to do things they never thought possible both inside and outside the classroom. At Solihull we believe that the lessons you learn when you step onto stage for the first time, climb a mountain you didn't think you could summit, debate a thorny issue or lead a choir of Prep School pupils, are as powerful as any lesson you learn in a classroom. We encourage and actively support academic curiosity and debate, and an appreciation of the Arts. We also want our pupils to leave Solihull leading fulfilling, active lifestyles.

From Dance to Pi Club, from Equity Group to Eco Council, there are a huge range of clubs, teams and societies for our pupils to get involved in. We want pupils to embrace joyful failure, to try things and love them, to listen and to lead. We want them to have ambition and to take hold of the opportunities on offer. We firmly believe that the co-curricular life of the school provides opportunities in abundance to help do this. We encourage pupils to embrace something new and to get involved!

# & societies

## performing arts

music

## education

sport, health & fitness

relations

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#### **Academic Enrichment Talk Series**

#### All

All pupils in the Senior School are invited to attend Academic Enrichment talks which run approximately twice per half term. These 30-minute talks are designed to showcase the wider academic life of the school and ignite the pupils' intellectual curiosity. The sessions are delivered by internal and visiting guest speakers and focus on a diverse and exciting range of topics, from 'Presidential Politics' to 'Superconducting Magnets' and 'The History of Solihull School: 1560 – 2023'. Details of upcoming talks are advertised through form tutors and screens around school.

#### Art Club: Experimental Drawing

#### **Fourth Form**

A space for pupils to explore using different mediums and also a chance for them to approach their drawing in different ways. An opportunity to be creative!

#### **British Sign Language**

#### **Third Form**

Pupils will learn the basics of British Sign Language. This will range from learning key gestures to finger spelling the alphabet.

#### **Chemistry Challenge Extension Group**

#### Lower Fifth

Pupils will be stretched with some high level chemistry challenges and discussion sessions. A lunchtime club, and one that will be sure to really develop the knowledge and understanding of this subject through practicals and high level questioning.

#### Chess

#### All

A weekly club that allows pupils to develop their game play. Inter-school matches are also played during the course of the year. It is a popular club, with House Chess also being a highlight!

We have two weekly clubs, one is aimed at beginner / intermediate chess players and one for team practice, which is invitational.

#### **Classics Society**

#### Fourth Form - Upper Sixth

Classics Society is open to pupils who are studying a Classical subject at GCSE and A Level. Trips are planned, with lectures at Birmingham University and a trip to the British Museum. All events will be advertised in due course.

#### Computing

#### **Lower School**

A weekly lunchtime club where pupils can explore coding and other aspects of computing. This will be advertised in the Easter term.

#### **Computing Ethics Discussion Group**

#### Fourth Form - Upper Sixth

A lunchtime discussion club for pupils interested in all things computing. The group will look at the direction and implications of AI, big data, security and discuss the questions around ethical computing. It is an ideal forum for those lookings to apply for Computer Science at university, but is open to all!

#### **Creative Writing**

#### All

Within Creative Writing, pupils have the opportunity to explore forms of writing outside of lessons and build on a range of creative writing skills.

#### **CREST Science Award**

#### Fourth Form - Lower Sixth

CREST Silver Awards are designed to stretch pupils and enrich their STEM studies. Children develop their own project idea and gain in-depth experience of the scientific method or engineering design process. CREST Silver has been shown to improve GCSE grades, promote continued interest in STEM subjects and can be used to enhance UCAS personal statements. Pupils who gain a Silver Award receive a personalised certificate.









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#### **Debating Society**

#### All

A popular activity at Solihull, pupils can engage in this excellent activity from Third Form to Upper Sixth. Debating is a wonderful opportunity for all to test out their ideas, formulate arguments and practice their communicative and critical thinking skills. Many competitions are entered throughout the year. This is an open discussion group that explores challenging ideas and develops debating skills. The Debating Society is both regionally and nationally recognised.

#### **Econ Society**

#### All

This is a society run and driven by the pupils. External speakers and a variety of engaging and stretching topics are discussed. Events are as advertised, and whilst mainly aimed at Sixth Form Economists, the sessions are open to all.

#### **Engineering and Science**

#### Lower School

This club runs once a week and completes a range of activities over the year from fun science experiments to mini engineering projects that take place over a number of weeks. Many of these sessions make use of Technical Lego and it also allows for some quite complex projects to be completed. Fostering a sense of problem solving and team work throughout!

#### **English Society**

#### All

Running lectures and events throughout the year, this group is open to all. Visiting speakers, poetry discussions and literary appreciation form part of this society's events.

#### Film Club

#### All

For movie buffs and pupils who want to connect with others who feel the same, this is the lunchtime club for them! Pupils always watch a relevant, topical movie, and vote on each film

### Gardening

#### **Shell Form and Fourth Form**

Pupils will be involved in the upkeep and maintenance of the school's eco garden. They will have a chance to grow, harvest and cook their own produce over the course of the year and experience the wonderful world of nature!

#### **Greek GCSE**

#### Fourth Form and Lower Fifth

Run off timetable, this is a challenging course for pupils. It is delievered by our Classics Department and provides a terrific opportunity for pupils to explore the language and culture of this fascinating subject.

#### **History and Politics Society**

#### All

Book reviews, discussion groups and extension activities form part of this society's activity. Pupils have the opportunity to enter writing competitions, creative challenges and a trebuchet competition at various points throughout the year! A History Extension group also runs during lunchtime for those pupils thinking of studying the subject at university. Marginal Gains, the school Politics magazine is produced each half term featuring thought provoking articles from current Politics students.

#### LAMDA\*

#### **Fourth Form**

This is an external examination that looks to develop pupil's confidence and experience in speech, communication and/ or performance. It is an internationally recognised award and pupils who have taken part have really valued the experience.

#### Mandarin

#### **Lower School**

Pupils have the opportunity to learn Mandarin at beginner's level. They will also be introduced to Chinese culture through fun activities.

#### Middle School Book Club

#### Middle School

Pupils meet once a half term for a relaxed and informal discussion on a range of novels - old and new. There are opportunities for pupils to select titles, with the focus being on a passion for reading and literature.



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#### Minecraft

#### Third Form

Minecraft club gives pupils the opportunity to play the Minecraft education edition strategy game.

#### **Olympiad Preparation**

#### Various year groups, Maths and Sciences

Both Maths and Science train and enter a variety of different Olympiads across the year. Staff will communicate with pupils directly regarding when and where they take place. An opportunity to really hone in and extend mathematical and scientific thinking.

#### **Philosophy and Ethics**

#### Sixth Form

A weekly discussion group focusing on contemporary ethical issues and philosophical questions raised. There is also an opportunity to participate in a national competition later in the year.

#### Photography

#### Fourth Form

An opportunity to learn some of the basics of photography work, using digital cameras and computer software. A interesting introduction to this area of art that may be new to many pupils.

#### Pi Club

#### Lower School

Maths enrichment including solving puzzles and possible preparation for external maths competitions. A hugely popular club amongst our Lower School pupils!

### **Psychology Society**

#### Sixth Form

An opportunity to explore different areas of psychology not covered in lessons - recent articles and research are all part of ongoing discussions and investigations.

#### **Schools Challenge Team**

#### All

Pupils from across the Senior School are able to join this club where lunchtime quiz training takes place. The school then competes locally in the first round of a national competition - a real test of general knowledge and quizzing skills!

#### **Science Society**

#### All

Pupils are encouraged to carry out scientific research and listen to a variety of talks from all areas of Science. If students are studying Science at A Level or are interested in Science, we would urge them to join the Solihull Science Society – the aim is for the Lower Sixth to organise talks and events for the whole school. Last year there were some tremendous talks by the Lower Sixth on Ecogenetics; Relativity, Human Genone Editing and what makes humans so special. Fascinating stuff!

#### **Scribbling Nibblers**

#### **Third Form and Shell Form**

An unmissable opportunity for pupils to eat biscuits and indulge in some creative writing!

#### **Solihull Young Linguists**

#### All

Developing an appreciation of multilingualism and how languages work are at the heart of this club.

#### **Spelling Bee**

#### Lower School and Middle School

Tabletop wargaming. Build, paint and play!

The Modern Foreign Languages Department coordinate entry into this national competition every year. We again had finalists in three different competitions last year, held at Cambridge University. A fantastic experience and a really great test of linguistic vocabulary skills!

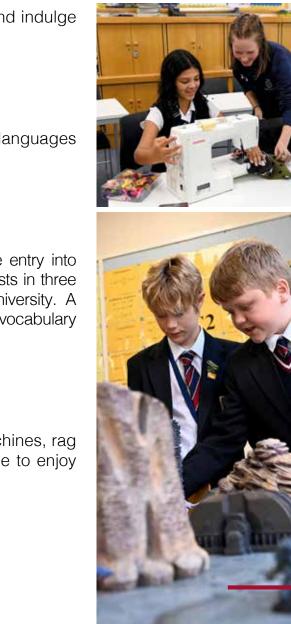
#### **Textiles**

#### All

Projects are varied, but include use of the sewing machines, rag rug making, macramé and many more! A great space to enjoy being creative!

#### Warhammer

All



#### **Academic Mentors**

#### **Upper Fifth**

Academic Mentors are Upper Fifth pupils who are subject specialists in all the Sciences, English Language and Literature and Modern Foreign Languages. They are trained in good teaching techniques and offer support with specific subject difficulties for Lower School pupils. A further round of training will be announced in due course.

For more information contact Mrs Rooney, rooneyl@solsch.org.uk

#### **Community Ambassadors**

#### All

A group of pupils who work on the charitable and giving activities in the school calendar. They oversee the school wide initiatives undertaken, often researching and presenting their ideas in meetings and assemblies on this. Volunteering is a core value in our school community and we aim to ensure all of our pupils engage in this.

This group is led by Ms Dignon, Head of Community Relations dignonc@solsch.org.uk

#### **Eco Action Group**

#### All

Led by Mr Macarthur, our Sustainability Co-ordinator, pupils will be increasingly engaged in, and mindful of, what we can do as a school and community to reduce waste, and to reduce our carbon footprint. Mr Macarthur will be leading the development of the school's sustainability strategies to ensure that this really vital area forms part of the day to day life of the school community. *Contact Mr Macarthur for further details macarthura@solsch.org.uk* 

#### **Equity Group**

#### All

This is a pupil-led group for anyone in our Senior School who is passionate about all things anti-discrimination to connect with like-minded individuals. Whatever your passion or experience, if you believe in Diversity, Equality and Inclusion, get in touch with Mrs Rooney, our DEI Lead, who will explain more about the group. The Equity Group meet a couple of times every half term to work on projects that are a force for good in the school such as resources for tutors, assemblies and wider learning, the Equity Magazine and a whole host of other things. Members of the group will also become Equity Mentors.





House activities are run throughout the year with the aim to help strengthen the sense of community spirit and to reinforce the importance of each individual pupil's contribution to whole school life and their wellbeing. A number of leadership roles are available for pupils within the system and it should also provide them with regular opportunities to exercise and to learn to value their pupil voice. Pupils are encouraged to both particpate in and to support House events, with Jago, Fetherston, Pole, Shenstone and Windsor forming an important aspect of their time at school. Learning to appreciate the efforts of others is fundamental to the system and the cross year group activities should help to promote a sense of inclusivity and whole school community. The system is not solely about competition, and not all pupils may want to be in the spotlight performing, or running, or singing, for example. However, there should be a culture where pupils learn the importance of being part of a team, by learning to support their peers, to encourage others and to work behind the scenes in order to obtain a common goal. Overall, the House system aims to strengthen the school community, through enjoyment and fun!

**House Activities** 

All

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community relations

#### LAFF

#### All

Latin American Foundation for the Future is a charity that the school has supported for a number of years. Groups of pupils work with staff to arrange fundraising activities during the course of the year that go towards this charity's work in South America.

#### **Peer Mentors**

#### Sixth Form

Our Peer Mentors are legendary! Sixth Form students who are specially trained to support younger years with pastoral issues in a 1:1 semi-professional capacity. Working with different issues such as anxiety, friendships, confidence, self-esteem and worry, Peer Mentors offer support from someone who has been through these things and want to help someone else. Training is over six weeks, sign up using the SOCS app and further information will be sent out about timing of sessions. *For more information contact Miss Saunders,* 

saunderse@solsch.org.uk

#### **School Council**

#### All

The Lower School, Middle School and Sixth Form Council are bodies which involve a representative from each form. The meeting is organised by the Head of Section and the agreed agenda is based on concerns of the pupils. There is also a full School Council meeting held at regular intervals throughout the year. This is a forum that the school community values and pupils have a really active role in making changes and using their voices positively in this forum. There is also a full School Council meeting held at regular intervals throughout the year, as well as a Food Council.

#### Wellbeing Buddies

#### Lower School

Another force for kindness in the community, Wellbeing Buddies are Lower School pupils who are trained in understanding elements of mental health and wellbeing, and to understand safe communities, who are identifiable by their green ribbon badge. They are little champions of mental wellbeing who can keep an eye on someone who is having a bad day, or who is struggling in the moment, and can help them get some support and signposting. Training is over four weeks, sign up using the SOCS app and further information will be sent out about when the training is to be held.

For more information contact Mrs Rooney, rooneyl@solsch.org.uk

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#### **Aural Training**

#### All

Expert coaching is available to support pupils preparing for the higher grades of ABRSM music exams (grades 6-8). Pupils should be referred on by their instrumental teacher.

#### **Big Band**

#### All

Big Band members include saxophones, trumpets, trombones, and a rhythm section. They play jazz and swing style music.

#### **Brass Ensembles**

#### All

All pupils who learn a brass instrument are invited to be part of this group, coached by a brass specialist.

#### **Chamber Music**

#### All

We enjoy a varied and high-quality programme of Chamber Music: piano duets, piano trios, piano quartets, string quartets, woodwind and brass trios and quartets as well as mixed trios. In chamber music, each player has their own individual part to play, and our Heads of Instrumental Section regularly review which pupils will benefit from being part of a chamber group, then invite pupils accordingly.

#### **Chapel Choir / Chamber Choir**

#### Chapel Choir - Lower School Chamber Choir - Lower Fifth - Upper Sixth

There are three Chapel Choirs: Boys' Choir, Girls' Choir and

Chamber Choir. All three choirs prepare music for our Sunday Chapel services, along with our annual 'Festival of Nine Lessons and Carols' service at Christmas. Pupils also enjoy visits to sing in cathedrals across the country. As the choirs learn quite a bit of music quickly, places are allocated following an informal audition. For more information contact Mr Rice riced@ solsch.org.uk or Mr Kermode, kermodet@ solsch.org.uk

#### **Concert Band**

#### All

This is our largest ensemble and is open to woodwind and brass players of the set standard.

#### **Jazz 793**

#### All

Jazz 793 is a jazz improvisation group, where a smaller group of musicians are taught the skills necessary to improvise by working on a number of different jazz standards.

#### L.S.C. (Love Singing Chorally)

#### Lower School and Middle School

This choir is open to all Lower School and Middle School pupils and focuses on singing lighter repertoire, including songs from the shows – no audition is required.

#### Lower School Orchestra (LSO)

#### **Lower School**

This orchestra started in the era of 'bubbling' with pupils from a single year group joining together to form a small symphony orchestra. The group has since expanded to include pupils from all Lower School with limited spaces for wind and brass, and an open invitation for string players of a suitable standard for the selected repertoire.

#### **Music Theory Training**

#### All

One-to-one or small group teaching is available for pupils who would value some additional support to prepare for their Grade 5 Music Theory exam.

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#### **Rock Bands**

#### All

These rock and pop style bands are coached by one of our visiting percussion teachers. *Please let us know if you are interested.* 

#### Saxophony

#### All

This is a saxophone ensemble which welcomes all players of the required standard.

#### **Senior Flute Choir**

#### All

This ensemble is for our flautists. The choir rehearses pieces which have been specially arranged to suit a flute group.

#### **Senior Guitar Ensemble**

#### All

This group is open to all who learn guitar; all abilities are catered for within the ensemble.

#### Solihull Strings (String Orchestra)

#### All

Pupils who learn an orchestral string instrument and have reached the required standard will be invited to join this group to work on a variety of classical music specially arranged for string orchestra.

### The Twelve

#### Sixth Form

The Twelve is a small close harmony vocal group of older students, who work with our Head of Choral Music to prepare secular concert repertoire.

For more information contact Mr Rice, riced@solsch.org.uk

education

#### CCF

#### Fourth Form - Upper Sixth

The Combined Cadet Force is open to all pupils in the Fourth Form and above: many pupils also join the CCF on entry to the Sixth Form. In the Fourth Form pupils begin some basic elements of the training, and this takes place after school on a Tuesday. There are two sections, the Army Section and the RAF Section, and the organisation operates out of The Martyn Garner Building for Outdoor Education on the Field of Mars. The weekly parades take place on Monday after school and there are many opportunities throughout the year to be involved in various activities. These can include camps in the summer and at Easter, military training weekends, signals training days, shooting competitions, flying and gliding. The activities of the CCF are often linked in with the Duke of Edinburgh's Award scheme, and some of the activities can count towards the completion of an award. Due to changes in the age requirements for the CCF, Shell Form pupils will have the opportunity to join the CCF in the summer term, before continuing in the Fourths should they wish to. If you would like further details, please contact Mr Leonard, Commanding Officer of the CCF leonardn@solsch.org. uk, or Mr Dean MBE, the SSI deanp@solsch.org.uk

#### **Climbing\***

#### Middle School and Sixth Form

Climbing is an activity offered in Senior Games afternoon, and as an after school club. It is open to pupils in the Middle School and Sixth Form, with with the aim to enjoy exploring a potentially new activity, but also for those who may already have experience in this area. Inter-school competitions are planned for the year ahead.

Please contact either Mr Bate, Head of Outdoor Education bateo@solsch.org.uk or Mr Affleck affleckg@solsch.org.uk should you have any questions.



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#### Duke of Edinburgh's Award\* (Bronze, Silver and Gold)

#### Fourth Form - Upper Sixth

The 'DofE' Award scheme is designed to develop a young person's independence and responsibility. Many pupils at Solihull are involved at one of the three different levels. The Fourth Form is when pupils have the opportunity to enrol at Bronze Level with some pupils progressing onwards to ultimately complete their Silver and Gold Awards in Middle School and Sixth Form. To achieve the Award a 'Volunteering', 'Skill' and a 'Physical' section have to be completed successfully along with the 'Expedition' section which involves both a two day practice and separate two day assessment, at Bronze Level. This increases in length and difficulty as the level of award increases. It is a hugely challenging award scheme overall, where pupils are required to show real commitment and improvement in their chosen activities for each section. Pupils are communicated with directly by Mr O Bate regarding the enrolement process, and they are encouraged to take responsibility for this, and indeed throughout the rest of their award process. The scheme is overseen by Mr Bate, Head of Outdoor Education bateo@solsch.org.uk





#### **Mountain Club**

#### All

During the course of the year local and regional walks are organised as part of Mountain Club.

#### **Terriers**

#### Third Form

Terriers is a non-military organisation inside the school curriculum especially designed for pupils of Third Form age. Terriers meet weekly for two periods on a Thursday and aims to extend the horizon of pupils by introducing them to outdoor activities which are not only of an adventurous nature, but also give an understanding of the countryside around us. In the first half of the year, pupils undertake courses for the award of a First Class Terriers Certificate. In this, various skills such as basic first aid, climbing, abseiling, map and compass work, orienteering, knots and water safety, are taught and examined. In the second half of the year, pupils take part in a wide range of topics, including canoeing, camp cooking, command tasks, kite-flying, advanced climbing, safe cycling and cycle maintenance. These courses are not assessed.

The pupils are taught by members of staff and by Sixth Form instructors.

#### **Snowdonia School**

#### Shell Form

Every pupil in the Shell Form attends Snowdonia School. Snowdonia School involves spending time at the school's cottage, the David Fricke Mountain Cottage in Mynydd Llandegai, with their teaching set. We also use Coetmor Mill, just 10 minutes down the road from the Cottage. Members of staff along with Arete, an outdoor education provider, lead the week's activities during which there is the opportunity, for example; to go mountain walking, when possible, to the top of Snowdon, visiting a castle and Anglesey, canoeing, rock climbing and visiting a local slate mine. The experience of living together in a small community away from home is also very valuable. This also leads into the opportunities provided by the CCF and Duke of Edinburgh's Award scheme in the Fourth Form and beyond. It is an incredible week, and one that often features fondly in leavers' messages in the Upper Sixth and beyond!











#### **Contemporary Dance Company**

#### Auditioned Group

Auditioned dance piece involving pupils performing a choreographed routine. This will form part of an evening performance (usually in the Easter term) that the group will be involved in.

#### **Dance Showcase**

#### All

This is our annual evening of dance and includes performances from all of our Dance Society members, with group and individual pieces. It also features a fabulous range of performances from our wider pupil body, who showcase their talents in a range of dance genres that they practice outside of school. It always makes for a wonderful evening. *Do please contact Mrs Hart should you wish to know more, or if your child takes part in Dance outside of school and might be interested in performing.* 

#### **Dance Society**

#### All

Weekly sessions run with the overall focus being on the building of technique, choreography and performance skills. Pupils learn routines for the annual dance showcase and there is also an opportunity for GCSE and A Level students to choreograph pieces for lower school year groups and showcase their work. Various different Dance groups run throughout the week, and any pupils wishing to know more should get in touch with *Mrs Hart, Head of Dance hartj@solsch.org.uk.* 





Performing Arts

#### **Drama Clubs and Productions**

#### All

Weekly Drama Clubs run throughout the year for various different year groups. Pupils have the opportunity to develop their production and performance skills, with a range of different outcomes. House Drama is a key feature of the first term for the Third Form, with Sixth Form students helping to produce the shows, and further productions open to pupils throughout the year. Some activities are year group focused, however some, such as the annual School Musical will be cross year group with pupils from throughout the school community taking part. Plays, monologues, musical theatre and more are all features of the Drama Club productions, and participation is encouraged.

Mrs Stafford, Head of Drama staffordk@solsch.org.uk oversees this provision, along with other specialist Drama teachers and technicians.

#### **Theatre Design**

#### Lower School

Pupils are able to help with set design and production. The sessions are led by specialist staff and pupils can be involved with the stage production process, with props for shows and plays and costume design all forming part of this.

#### The Musical

#### Lower Fifth - Upper Sixth

The annual School Musical has been a key feature of school life since Mr Giles Slaughter introduded such productions in the 1970s. School leavers still cite being involved in the School Musical as one of their happiest and most fulfilling memories. The Musical last year (2022-23) was The Addams Family, and pupils from the Lower Fifth to Upper Sixth are very much encouraged to take part. Acting or dancing experience is not neccesary with many, many roles available. It provides a great opportunity for the school community to be front-footed and step into a new challenge, and to have immense fun in the process.





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#### **Trinity Drama Examinations\***

#### Shell Form - Upper Sixth

Pupils can choose to receive one-on-one tuition in preparation for the Trinity Shakespeare Award. This prestigious award allows pupils to develop as performers and scholars whilst being recognised by one of the foremost actor training institutions in the world.

Should you have any questions about this please contact our Head of Drama, Mrs Stafford staffordk@solsch.org.uk





#### **Athletics (Summer Term)**

#### All

Athletics Club is open to all pupils. Sessions take place in the summer term at both lunchtime and after school, with inter -school fixtures also being held. Participation is encouraged and pupils have the opportunity to keep active throughout the term in this discipline and focus on specific elements of both track and field events should they wish.

#### **Athletic Development**

#### All

Pupils are able to work with a specalist coach and equipment to develop different aspects of fitness to supplement their sport specific training. This is open to all, and is not just about lifting weights! Core strength, speed and muscle strength will be worked on in the sessions. It is for boys and girls, and there are opportunities to develop aspects of athletic develop in pupils who are competing, or taking part in sport, health and fitness at all levels. On SOCS there are a number of age, and sport relevant sessions that are available for sign up.

#### **Badminton**

#### **Fourth Form**

The atmosphere in Badminton Club is relaxed and informal with an emphasis on recreation, although competition is available within the session.

#### Basketball

#### Sixth Form

This will be an informal, sociable activity run during a lunchtime for the Sixth Form. Key skills and game play will be the main focus of the session.



#### Clay Pigeon Shooting\*

#### **Senior Games Option**

Clay pigeon shooting is a Senior Games option that is run on a Wednesday afternoon. There is an additional charge to this activity, and details regarding this and arrangements for selecting this as an option will be communicated by the Sports Department when appropriate.

#### Cricket

#### All

All pupils at have fantastic opportunities to develop their cricketing skills with regular practices and matches against external opposition. The school has an outstanding coaching team and offers specialist batting and bowling practice sessions. Nets continue throughout the winter. *For more information contact Mr Maddy, Head of Cricket maddyd@solsch.org.uk* 

#### Cross Country and Running

#### All

Open to all abilities with a focus on fitness and enjoying the outdoors. Timed sessions and inter school competitions will also form part of the season overall where competition is available, but there is something for all levels as part of this activity.

#### Fencing\*

#### All

We have successfully reintroduced our Senior School Fencing Club, and a number of pupils enjoyed working with our external coach Mr Raph Eldis, during the course of the summer term. This is an after school club run on a Thursday in the Preparatory School Sports Hall from 4:30-5:45pm. Places are limited to 15 pupils and parents should contact fairh@solsch.org.uk should this be something that their child is interested in joining.

#### Football

#### All

A summer term club where the focus will be on core skills development and game play. House tournaments will also feature in Games afternoons in the summer term for all Lower School pupils.







#### All

School fixtures happen throughout the year with the support of *Dr Hart, for more details email harts@solsch.org.uk* 

#### **Gymnastics\***

#### Third Form and Shell Form

Open to all those in the relevant year groups, this is an opportunity to develop the basics in this discipline and to continue to enjoy taking part in this activity. This is run by an external provider, Stardust, at an additional cost per term.

#### Hockey

#### All

Hockey is very popular at the school and students specialist coaches. have access to Numerous practices and fixtures take place during Games after school and weekends. Specialist afternoons, workshops during lunchtime run and may include penalty corner, drag flick or goalkeeper workshops. Details regarding specific days and times can be found on SOCS, and any further questions can be directed to *Mr* Mayer, Head of Boys' Hockey, at mayerc@solsch.org. uk or Mrs Sixsmith, Head of Girls' Hockey, at sixsmithj@ solsch.org.uk

#### Netball

#### All

Netball is one of our major sports. We have a specialist coach and pupils have the opportunity to attend lunchtime workshops and shooting practices. Practices and fixtures occur during Games afternoons, after school and some weekends. For further details of before school, lunchtime and after school practices please see SOCS.

Mrs Baden, badenk@solsch.org.uk, Head of Netball, can also be contacted should you have any queries.

#### **Rounders (Summer Term)**

#### All

Rounders is played in the summer term with pupils able to develop their skills in after school practices.

#### Rugby

#### All

An outstanding and extensive coaching team provide teaching and a range of sessions and practices. Fixtures take place most weeks, either after school and/or on Saturdays, with further details found on SOCS, and through Head of Rugby, Mr Richmond, richmondb@solsch.org.uk. Girls' rugby is also growing at the school, with sessions during the week available for sign up on SOCS.

#### Shooting (School Shooting Range)

#### **CCF Cadets**

This is an activity led by Mr P G Dean MBE, and linked to our CCF. It is held after school in the shooting range. *Any pupil interested should contact Mr Dean deanp@solsch. org.uk* 

#### Ski Team\*

#### All

Focusing on dry slope training, with the aim to compete in the National ESSKIA competitions. Training activities are held with selection for the school team taking place after this. Sessions are aimed currently at experienced skiers, but the school has strong links with the Midlands Ski Club where pupils are encouraged to gain further experience should they wish. Details regarding sessions, transport and additional charges for this activity will be communicated by relevant staff.

#### Squash

#### All

Pupils can attend a supervised but informal session where they can play against each other. Coaching is offered, but the aim is for pupils to be able to explore the sport further and introduce them to the basics of the game. The school fixture list is growing and pupils last year competed in a number of different regional and national competitions.



& fitness

#### **Swimming Club**

#### Third Form

Sessions will be held on the Saint Martin's Prep School Campus, for those Senior School pupils new to swimming and looking to improve in this area, and one for those who are wishing to develop their swimming with a competition focus. *Details for sign up were sent to parents last term.* 

#### Tennis (Summer Term)

#### All

Tennis is played in the summer term with all pupils able to develop their skills through after school practices. Some will also be selected to represent the school in fixtures; however, these sessions are focused on recreational opportunity allowing pupils time to play tennis with their peers in a relaxed and informal environment.





#### Academic Enrichment & Societies

Academic Enrichment Talk Series Art Club: Experimental Drawing British Sign Language **Chemistry Challenge Extension Group** Chess **Classics Society** Computing **Computing Ethics Discussion Group Creative Writing CREST Science Award Debating Society** Econ Society **Engineering and Science** English Society Film Club Gardening Greek GCSE History and Politics Society LAMDA\* Mandarin Middle School Book Club Minecraft **Olympiad Preparation** Philosophy and Ethics Photography Pi Club **Psychology Society** Schools Challenge Team Science Society Scribbling Nibblers Solihull Young Linguists **Spelling Bee** Textiles Warhammer

#### **Community Relations**

Academic Mentors Community Ambassadors Eco Action Group Equity Group House Activities LAFF Peer Mentors School Council Wellbeing Buddies

#### Music

Aural Training **Big Band Brass Ensembles** Chamber Music Chapel Choir / Chamber Choir Concert Band Jazz 793 L.S.C. (Love Singing Chorally) Lower School Orchestra (LSO) Music Theory Training **Rock Bands** Saxophony Senior Flute Choir Senior Guitar Ensemble Solihull Strings (String Orchestra) The Twelve

#### **Outdoor Education**

CCF Climbing\* Duke of Edinburgh's Award\* Mountain Club Terriers Snowdonia School

#### **Performing Arts**

Contemporary Dance Company Dance Showcase Dance Society Drama Clubs and Productions Theatre Design The Musical Trinity Drama Examinations\*

#### Sport, Health & Fitness

Athletics (Summer Term) Athletic Development **Badminton Basketball** Clay Pigeon Shooting\* Cricket Cross Country and Running Fencing\* Football Golf Gymnastics\* Hockey Netball Rounders (Summer Term) Rugby Shooting (School Shooting Range) Ski Team\* Squash Swimming Club Tennis (Summer Term)

Activities marked with a \* are provided by external individuals / groups, and are billed to parents separately, as they require additional payment.



## SOLIHULL



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