

FUND TAISING FOR ADRA

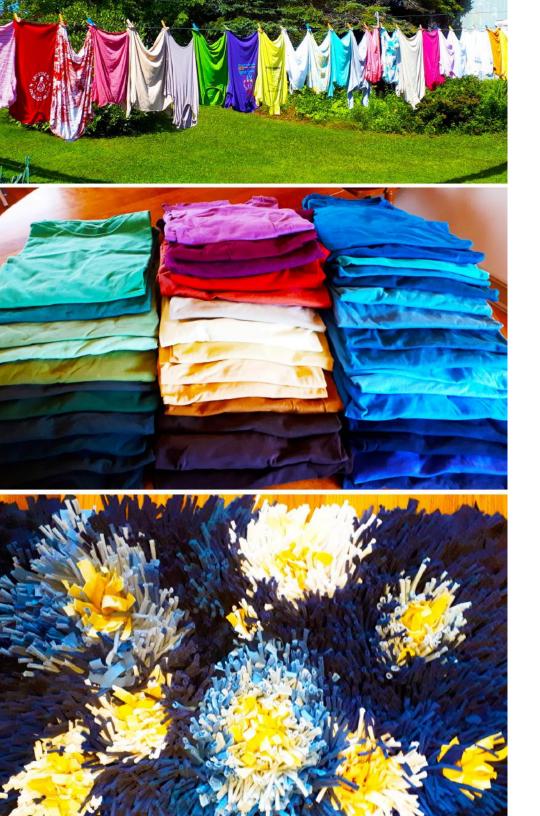
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FUNDraising For ADRA

Hi, I'm Sue Hummel from the New Glasgow Seventh-day Adventist Church. Some of you may have met me at Camp Pugwash. Since 2015 I have been creating hand-knotted rugs, or wall hangings if you prefer, from donated second-hand t-shirts. So far, I have raised \$7,800.00.

I have a table at the *Pictou Harbourview Craft Market* on Sundays and holidays in July and August and also sell from my home and by word of mouth.

I operate as 'The Rug Lady of Lyons Brook':

2691 Hwy 376 Lyons Brook, Nova Scotia B0K 1H0 902.301.6642



Sue Hummel New Glasgow SDA Church



Adventist Vurses Conference

SAVE THE DATE

April 3 - 6, 2025

North American Division Office Columbia, MD USA

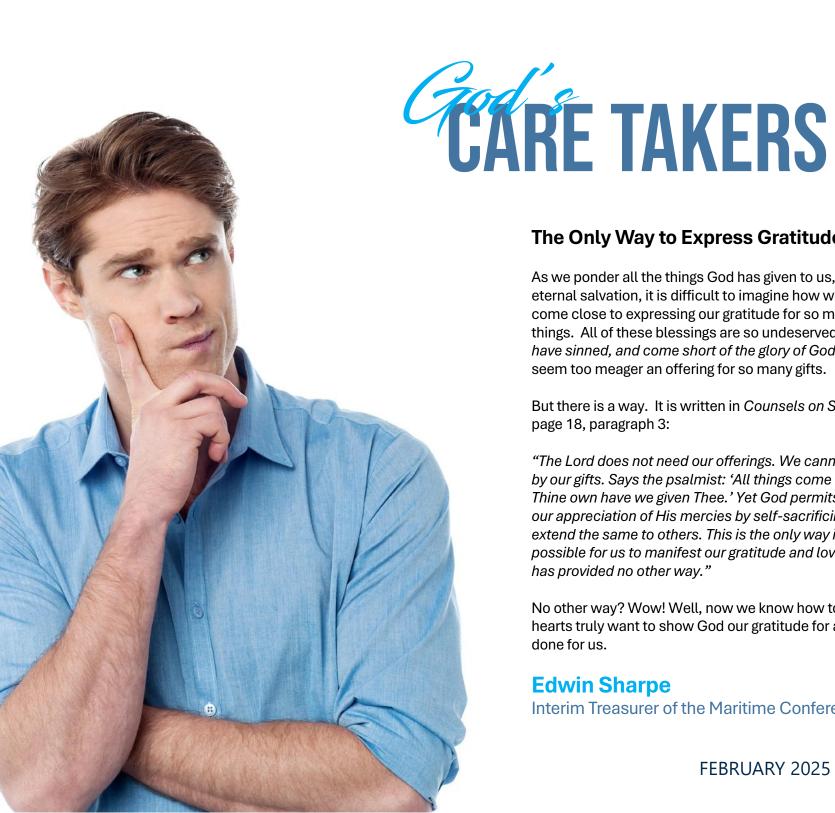


Contact Hours Available for Nurses

AdventistNurse.org

ALL NURSES WELCOME!





The Only Way to Express Gratitude

As we ponder all the things God has given to us, including eternal salvation, it is difficult to imagine how we can even come close to expressing our gratitude for so many wonderful things. All of these blessings are so undeserved, because "all have sinned, and come short of the glory of God." Words seem too meager an offering for so many gifts.

But there is a way. It is written in Counsels on Stewardship, page 18, paragraph 3:

"The Lord does not need our offerings. We cannot enrich Him by our gifts. Says the psalmist: 'All things come of Thee, and of Thine own have we given Thee.' Yet God permits us to show our appreciation of His mercies by self-sacrificing efforts to extend the same to others. This is the only way in which it is possible for us to manifest our gratitude and love to God. He has provided no other way."

No other way? Wow! Well, now we know how to do it if our hearts truly want to show God our gratitude for all He has done for us.

Edwin Sharpe

Interim Treasurer of the Maritime Conference





Tofu Strips

Preheat oven to 350° Fahrenheit.

- 1. Rinse and press out/extract extra water from 2-400 grams extra firm tofu (Costco tofu works very well)
- 2. Slice tofu into strips (thickness depends on personal preference)
- 3. Place all slices carefully into a Ziploc bag
- 4. Add to the bag:
 - ½ cup organic Tamari sauce
 - 2 tablespoons of oil
 - ¼ cup liquid sweetener (honey or maple syrup are great options)
 - 3 tablespoons basil
 - 2 teaspoons garlic powder
 - 1 tablespoon onion powder
 - Sprinkle smoked paprika (optional, but tasty)
- Seal Ziploc bag and gently mix ingredients by moving the tofu around in the bag until all the strips are equally covered.

- 6. Place in fridge to marinate-leaving overnight allows the strips to take on the different flavors.
- 7. Every time you open the fridge door to get something, turn the bag over.
- 8. When ready to bake the tofu strips, make sure that your oven is preheated to 350° Fahrenheit.
- 9. Line 1 (or 2 as needed) cookie sheet(s) with parchment paper.
- 10. Place strips on the cookie sheet(s)
- 11. Bake for about 40 minutes, flipping halfway.
- 12. Optional* for the last 10 minutes coat strips with your favorite barbeque sauce; this just adds a little "je ne sais quoi!"
- 13. Once cooked these strips can be chopped and added to a salad, a stir fry, or serve then on naan with all the fixings!
- 14. These tofu strips freeze well. Double the batch if you are planning on freezing.

Makes for easy and quick meal fixes!

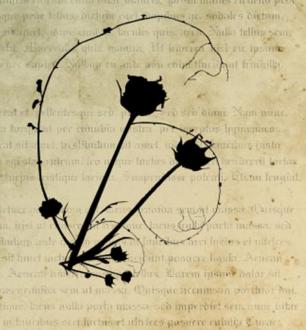
Enjoy!

Catherine Walsh

Health Ministries Director of the Maritime Conference



Do we truly trust Him to do it?





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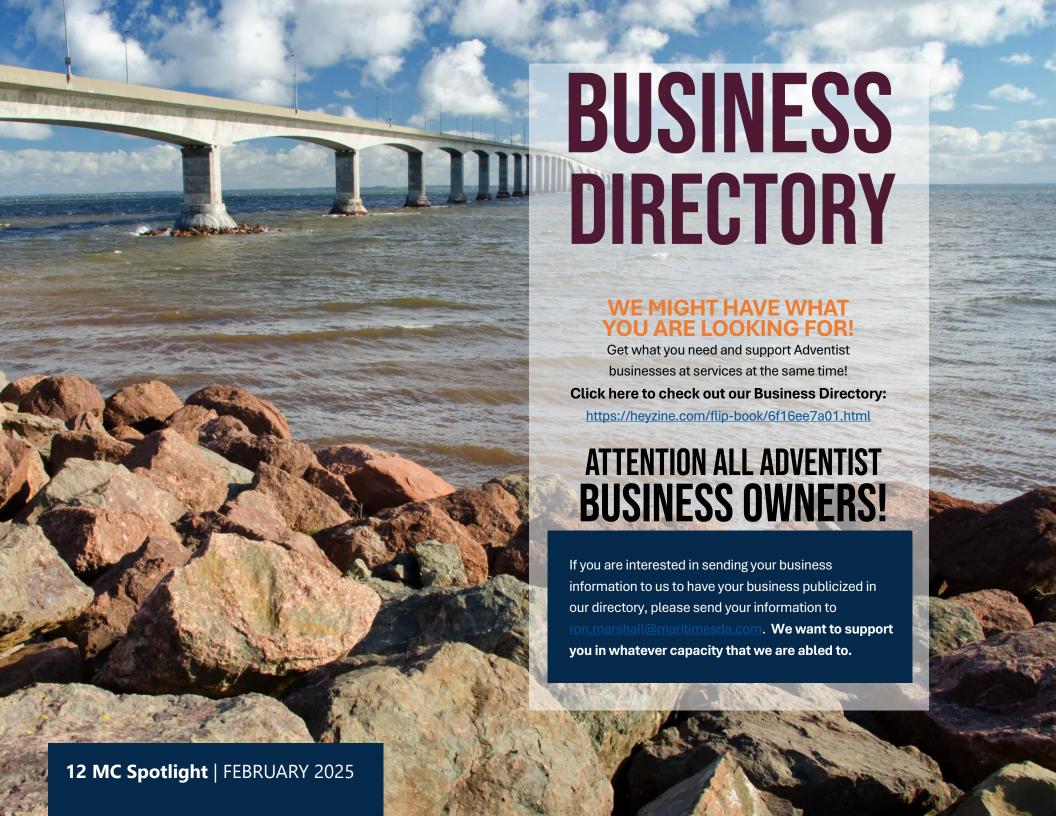
WHAT IS GOING ON IN YOUR CHURCH?

We want to know what God is doing in your church! Don't keep the blessings to yourself! Let us know so that we can be inspired!

Submit your reports for the MC Spotlight to ron.marshall@maritimesda.com before the 15th of each month (except for July & December, it will be on the 03rd)

"Tell the world about Jesus...tell them about His love...as you go... tell the world!"





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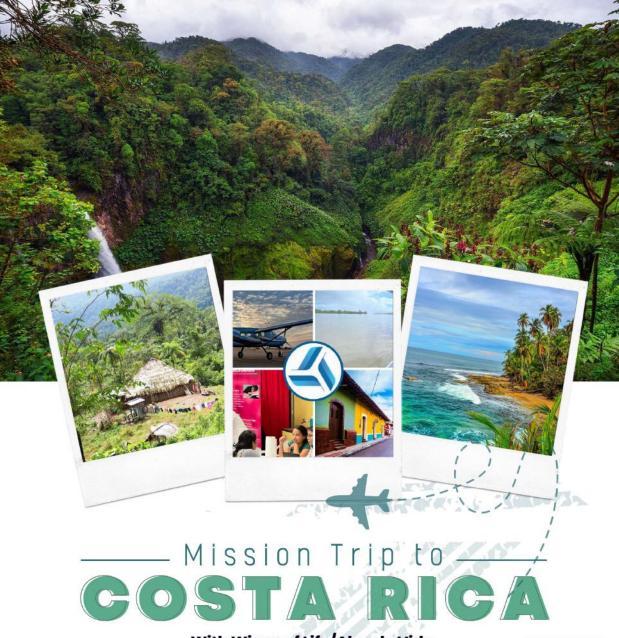
Sandy Lake Academy Mission Trip

We are thrilled and humbled to announce that students and staff at Sandy Lake Academy will be participating in a Mission Trip to Costa Rica from March 3-14, 2025, where they will be ministering to the Cabécar people of the north-central mountains. We are partnering with the Alas de Vida/Wings of Life Ministry to help construct a dormitory and share the everlasting gospel with a people group who have only recently learned about the beautiful truths entrusted to our church. We are inviting you to partner with us by committing our group and the people we will serve to daily prayer and by giving toward this cause by:

- Going to https://sandy-lake-academy.myhelcim.com/hosted/?
 token=d4b8a2e2f5e2505a45b07f
 (see poster for QR code)
- Sending a cheque to SLA (memo "SLA Mission Trip") 435 Hammonds Plains Road, Bedford, NS B4B 1Y2, or
- 3. Making an offering in your tithe and offering envelope (mark it "SLA Mission Trip")

Nicola Rose-Goodhall

Office Manager, Sandy Lake Academy



With Wings of Life/Alas de Vida

MARCH 3-14, 2025





A quick response can bring a child home safely.

PREPARE. TRAIN. PROTECT.
March 29, 2025





safetysabbath.org



SUNDAY,

MARCH 2, @ 11:30 A.M. AST THERE'S

Build a culture of warmth and authenticity in the church, where relationships are healed, and new members find a safe place to belong and grow.



Pastor Douglas Pereira



by Zoom



Notice is hereby given that the fiftieth Regular Members' Meeting of the

Maritime Conference of the Seventh-day Adventist Church Inc.

This meeting is called for the following purposes:

- 1. Election of a Board of Directors;
- 2. Election of a Standing Bylaws Committee;
- 3. Election of Officers of the Conference;
- 4. Consideration of proposed changes in the Bylaws of the Conference;
- 5. Transaction of other business as may properly come before a Regular Members' Meeting.

The member churches of the Maritime Conference are represented at this meeting by delegates chosen on the following basis: one delegate from each church plus one additional delegate for each 40 members or major fraction thereof.



Delegates who are members of the Organizing Committee are asked to meet 9am

Sunday, April 13th
@10:00 a.m. Atlantic Time
@Moncton Seventh-day Adventist Church





SAVE THE DATE

Don't' miss out on Monday, March 3rd, 10th, and 17th

Mhys

Expert information

With Whom?

Dr. Denise Daley

What time?
7 PM

Where?

On Zoom



Learn about:

- Utilizing natural resources & natural health products safely
- skincare for the whole family
- herbs that grow in the Maritimes.



Hosted by the Maritime Health Ministries Department



MARITIME CONFERENCE