

Member

**Exclusive**



**The 8WiseED® Education Wellbeing  
Audit with Kim Rutherford**



## **8WiseED® Education Wellbeing Audit**

### **What is on offer...**

The 8WiseED® Wellbeing Audit is a structured gap analysis that evaluates how effective an education provider's current wellbeing strategy, policies and initiatives are in supporting staff mental health and reducing workplace stress. It identifies risks, gaps and priority actions to build a healthier, more sustainable workforce culture and is available exclusively to Skills and Education Group Members.

### **Why it is needed...**


Education faces rising levels of stress, burnout and emotional fatigue. Many schools and colleges offer wellbeing activities, but lack a clear wellbeing strategy. This audit moves wellbeing from reactive support to a planned, strategic approach.



# **8WiseED® Education Wellbeing Audit**

## **What the audit is based on**

**The audit is built around three pillars:**

- 1. The 8Wise® Method, a practical mental health and wellbeing model addressing emotional, physical, cognitive, social, workload and culture pressures.**
  - 2. Ofsted Workforce Wellbeing Expectations, ensures readiness under Leadership & Management with clear evidence of proactive wellbeing support.**
  - 3. Mental Health Challenges in Education, built around real pressures such as workload stress, compassion fatigue, anxiety, burnout and retention risk.**
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A banner image showing a person's hands writing on a document with a pen. In the background, there is a desk with a small potted plant and a pen holder. The text '8WiseED® Education Wellbeing Audit' is overlaid in white.

# 8WiseED® Education Wellbeing Audit

## What the audit assesses

- Wellbeing strategy and leadership commitment
- Workload, systems and role pressure
- Culture, trust and psychological safety
- Policies, boundaries and staff protection
- Current wellbeing initiatives and impact
- Emotional load from behaviour and safeguarding
- Support pathways (HR, MHFA, supervision)
- Communication and staff voice

## What can be included

- Staff wellbeing survey
  - Staff focus groups
  - Leadership interviews
  - Policy and practice review
  - Workload and risk analysis
  - Current provision effectiveness review
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# 8WiseED® Education Wellbeing Audit

## What you receive

- Full Wellbeing Gap Analysis Report
- Risk and Priority Matrix
- Strategy Recommendations
- Ofsted Evidence Summary

## The Outcome

A clear, realistic plan to protect staff wellbeing, reduce stress, strengthen retention and meet Ofsted expectations – using a proven, structured approach.

## How to Proceed

- **Email us: [membership@skillsedugroup.co.uk](mailto:membership@skillsedugroup.co.uk)**
- We will be in touch to verify your enquiry and will refer you to Dalton Wise Consultancy.
- Dalton Wise will arrange your free consultation.
- Your package and pricing will be agreed based on your requirements.

# GET IN TOUCH WITH US...



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