

Super Savings



Ts & Cs apply. See in-store for details.

AS SEEN ON TV BUY ME TO QUALIFY

SPAR FROZEN CHICKEN
MIXED PORTIONS WITH A BRINE BASED MIXTURE

Air Chilled High in Protein

UNCOOKED - KEEP FROZEN AT -18 °C. 85% CHICKEN, 15% BRINE BASED MIXTURE (OF WHICH WATER IS 5%).

169⁹⁹ per pack

Save R30 WITH RewardsCARD

SPAR Sunflower or Canola Oil
2 litre

69⁹⁹ each

WITH RewardsCARD

SPAR French, Chilli, Garlic or Chicken Polony
1 kg

29⁹⁹ each

WITH RewardsCARD

NEW & IMPROVED FRAGRANCE

BRIGHT TO NEW

Surf Hand Washing Powder
2 kg

49⁹⁹ each

WITH RewardsCARD

AS SEEN ON TV BUY ME TO QUALIFY

SPAR BROWN SUGAR
Pure Cane Sugar
Cultivated in Lush South African Soil

SPAR Brown Sugar
2 kg

39⁹⁹ each

Save R10 WITH RewardsCARD

HUGGIES GOLD Skin Soft PANTS

Ultra Soft Layers ABSORB IN SECONDS

Cloud Soft Waistband FOR GENTLE TUMMY FIT

Anti-rash barrier

5 11-25 kg 42

6 15-25 kg 35

Huggies Gold Value Pack or Pants Assorted

229⁹⁹ per pack

WITH RewardsCARD

Quality Meat. Unbeatable Value.

Nyama Choma Braai Wors

69⁹⁹ per kg

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SPAR





SPAR
COUNTRY VALUE



SPAR Country Value Bananas 650 g
11.99 per pack



SPAR Country Value Potatoes 1 kg
14.99 per pack



SPAR Country Value Onions 1 kg
24.99 per pack

Real Value

on your Family Favourites



SPAR Country Value Raisin Loaf
15.99 each



SPAR Country Value Half Cabbage and Carrots
11.99 per pack



SPAR Bakery Coffee Flavoured Cake
79.99 each



SPAR Country Value Dessert Topping Buns 6s
24.99 per pack



Albany Superior White or Thick Sliced White Bread 700 g
17.99 per loaf
WITH RewardsCARD



SPAR Bakery Trifling Cake Assorted



SPAR Country Value Rock Buns
BUY 2 FOR **24.00**

GREAT DEAL



SPAR Country Value IQF Russians Smokey & Chilli Assorted
49.99 per kg



Bulk Chicken Feet (Previously Frozen)
34.99 per kg



Tilapia (200 - 300g) Frozen
26.99 per kg

Super Value, Ready Meals

fresh & convenient

Pieman's Mini Pies Assorted

BUY ANY 5 FOR **30.00**

PIEMAN'S
MADE JUST RIGHT

Roast on the go

CHIKKA CHICKEN Roast Chicken*
*BBQ, Peri-Peri, or Salt & Pepper

*Flavour availability may vary between stores.

89.99 each

CHIKKA CHICKEN

Your quick Cheeky Fix

CHIKKA CHICKEN Cheeky Burger & Chips 100 g

29.90 per meal

CHIKKA CHICKEN

Taste of Home

The FOOD STALL Peri-Peri Chicken Gizzards 200 g & Pap 300 g

39.90 per meal

iPLATE
TASTE YOUR WAY

SPAR Rewards deals available while stocks last.

Maximum 10 deals per customer on all SAVE EXTRA products. SAVE EXTRA products are only available in-store and not on the SPAR2U App. Specials available at selected SUPERSPAR and SPAR stores (excluding KWIKSPAR and SPAR Express stores) from 08 June up to and including 21 June 2026, while stocks last. We reserve the right to limit quantities. Prices include VAT. TV products available nationwide. Not available in Western Cape, Eastern Cape, KwaZulu-Natal, Upington or Keimoes area, the Lowveld or Belfast area. Errors and Omissions Excepted (E&OE).

SCORE EVERYDAY WITH Super Savings

Fridge & Freezer Super Value



SPAR Daily Spread Tub 1 kg

37⁹⁹ each
WITH RewardsCARD



SPAR Margarine 500 g

24⁹⁹ each
WITH RewardsCARD



SPAR Prepacked Cold Meat Assorted 200 g

26⁹⁹ per pack
WITH RewardsCARD



SPAR Individually Wrapped Cheese Slices Cheddar or Gouda 400 g

54⁹⁹ per pack
WITH RewardsCARD



SPAR Cheddar or Gouda Vacuum Packed Cheese 400 g

69⁹⁹ per pack
WITH RewardsCARD



Danone Danup Multigrain & Yoghurt Blend Cream (Excl. Boost) 950 g Assorted

22⁹⁹ each
WITH RewardsCARD



SPAR Medium Fat Maas 2 kg

28⁹⁹ each
WITH RewardsCARD



Nutriday Smooth, Fruit, Full Cream or Low Fat (Excl. Plain Double Cream) 900 g Assorted

34⁹⁹ each
WITH RewardsCARD



Super BUNDLE DEAL

Parmalat Low Fat Fruit Assorted or Kids Yoghurt 6 x 100 g Assorted

45⁰⁰
BUY ANY 2 FOR
WITH RewardsCARD



SPAR Crumbed Chicken Burger Patties Original or Cheese 520 g

43⁹⁹ each
WITH RewardsCARD



SPAR Extra Large Eggs 18s

49⁹⁹ per pack
WITH RewardsCARD



Nature's Garden Mixed Vegetables 900 g

39⁹⁹ each
WITH RewardsCARD



SPAR SKINNY CUT POTATO CHIPS or STRAIGHT CUT POTATO CHIPS 1 kg

36⁹⁹ each
WITH RewardsCARD



SPAR SOUTHERN STYLE CHICKEN MIXED PORTIONS or DRUMSTICKS 1 kg

72⁹⁹ per pack
WITH RewardsCARD



SPAR CRUMBED CHICKEN STRIPS WITH CHEESE or CRUMBED CHICKEN BITES WITH CHEESE 400 g

43⁹⁹ each
WITH RewardsCARD



I&J CRUMBED FISH FINGERS 600 g

87⁹⁹ each
WITH RewardsCARD



SPAR FROZEN CHICKEN GIZZARDS 1 kg

42⁹⁹ per pack
WITH RewardsCARD



Super BUNDLE DEAL

SPAR FROZEN CHICKEN HEADS & FEET 1 kg + MALA 1 kg + NECKS 1 kg

58⁰⁰
BUY ALL FOR
WITH RewardsCARD



SPAR BEECHWOOD SMOKED CHEESE GRILLERS 425 g Assorted

69⁹⁹ per pack
WITH RewardsCARD



SPAR SMOKED VIENNAS or SMOKED RED VIENNAS 500 g

46⁹⁹ per pack
WITH RewardsCARD



SPAR STRAWBERRY FLAVOURED ICE CREAM 1.8 litre / 2 litre Assorted

54⁹⁹ each
WITH RewardsCARD

GET A FREE BALL



HOW TO QUALIFY:

SHOP

Buy any 3 participating products and spend R650 or more.

SWIPE

Swipe your SPAR Rewards card.

From 11 May - 7 July 2026. Ts & Cs apply.

SHOP, SWIPE & SAVE

The SPAR & TOPS you love, now online!



DOWNLOAD NOW ON



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Super Savings



Spekko Long Grain Parboiled Rice 2 kg Assorted

28⁹⁹ each
WITH RewardsCARD

Fill Your Pantry for Less



SPAR Corned Meat 300 g Assorted
27⁹⁹ each
WITH RewardsCARD



SPAR Macaroni or Spaghetti 500 g
29⁰⁰ each
WITH RewardsCARD



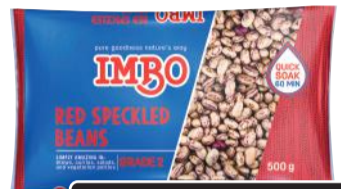
Rhodes Butter Beans in Brine or Curry Sauce, Chakalaka Hot & Spicy or Mild & Spicy, Cream Style Sweetcorn or Mixed Veg in Curry Sauce or Brine 410 g / 420 g
19⁹⁹ each
WITH RewardsCARD



Rhodes Tomato Puree, Chopped & Peeled Tomatoes or Tomato Styles 410 g Assorted
19⁹⁹ each
WITH RewardsCARD



Imbo Red Speckled Beans 500 g
23⁹⁹ each
WITH RewardsCARD



Steers Sauce or Salad Dressing 375 ml Assorted
34⁹⁹ each
WITH RewardsCARD



SPAR Original or Tangy Mayonnaise 750 g
31⁹⁹ each
WITH RewardsCARD



SPAR Baked Beans in Tomato Sauce
24⁰⁰ each
WITH RewardsCARD



Parmalat Vanilla Flavoured Custard (Excl. Easygest) 1 litre
25⁹⁹ each
WITH RewardsCARD



Moir's Custard Powder 500 g
36⁹⁹ each
WITH RewardsCARD



Denny Dry Pasta Sauce 48 g Assorted
15⁹⁹ each
WITH RewardsCARD



Robertson's Herbs or Spices Medium Refill (Excl. Black Pepper, Whole Spice & Ginger) 12 g - 100 g Assorted
27⁰⁰ each
WITH RewardsCARD



Nando's Seasonke All in 1 Seasoning 200 g
19⁹⁹ each
WITH RewardsCARD



SPAR Refined White Sugar 2 kg
46⁹⁹ each
WITH RewardsCARD



Maizena Cornflour 500 g
31⁹⁹ each
WITH RewardsCARD



Iwisa or Super Sun Super Maize Meal 5 kg
46⁹⁹ each
WITH RewardsCARD



SPAR Instant Noodles 5s Assorted
18⁹⁹ each
WITH RewardsCARD



Golden Cloud Cake Wheat Flour 2.5 kg
34⁹⁹ each
WITH RewardsCARD



Royco Packet Soup 45 g / 50 g Assorted
21⁰⁰ each
WITH RewardsCARD



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DEALS TOO GOOD TO PASS UP

Super Breakfast & Snack Deals

AS SEEN ON TV

BUY ME TO QUALIFY

SPAR 100% Fruit Juice Blend 1 litre Assorted

SPAR APPLE & CRANBERRY 100% FRUIT JUICE BLEND 1L

SPAR MANGO & ORANGE 100% FRUIT JUICE BLEND 1L

25⁹⁹ each

Save R7 WITH RewardsCARD

Glen Tea African Blend

Glen Tagless Teabags 100s

33⁹⁹ per pack

WITH RewardsCARD

Laager Pure Rooibos

Laager Rooibos Tagless Tea Bags 80s

39⁹⁹ per pack

WITH RewardsCARD

REFILL

Nescafé Gold Coffee Assorted 200 g or Pouch 220 g (Excl. Alta Rica and Decaf)

159⁹⁹ each

WITH RewardsCARD

SPAR ORIGINAL INSTANT MAIZE PORRIDGE

SPAR CHOCOLATE FLAVOURED INSTANT MAIZE PORRIDGE

SPAR Instant Maize Porridge 1 kg Assorted

21⁹⁹ each

WITH RewardsCARD

Rhodes Quality Smooth Apricot or Mixed Fruit Jam 900 g

SAVE EXTRA

35⁹⁹ each

WITH RewardsCARD

YUM YUM Peanut Butter (Excl. Choc Dreams & Caramel Dreams) 400 g Assorted

SAVE EXTRA

36⁹⁹ each

WITH RewardsCARD

SPAR CORN FLAKES TOASTED CORN CEREAL 500 g

SPAR Corn Flakes 500 g

26⁹⁹ each

WITH RewardsCARD

Simba KFC ORIGINAL RECIPE CHICKEN FLAVOURED POTATO CHIPS 120 g Assorted

BUY ME TO QUALIFY

Super BUNDLE DEAL

BUY ANY 2 FOR **34⁰⁰**

WITH RewardsCARD

Simba NIK NAKS 135 g Assorted

Super BUNDLE DEAL

BUY ANY 2 FOR **25⁰⁰**

WITH RewardsCARD

Reboost Energy Drink 500 ml Assorted

Super BUNDLE DEAL

BUY ANY 2 FOR **18⁰⁰**

WITH RewardsCARD

De Vries Chocolate Double Velvet or Ginger & Lemon Biscuits 185 g Assorted

SAVE EXTRA

22⁹⁹ per pack

WITH RewardsCARD

Bakers Blue Label Marie Biscuits 200 g Assorted

Super BUNDLE DEAL

SAVE EXTRA

BUY ME TO QUALIFY

BUY ANY 2 FOR **34⁰⁰**

Save R10 WITH RewardsCARD

Maynards Gums or Jellies 100 g or Beacon Licorice Allsorts 150 g

Maynards original wine gums

19⁹⁹ each

WITH RewardsCARD

Beacon Slabs 80 g Assorted

Super BUNDLE DEAL

BUY ANY 2 FOR **32⁰⁰**

WITH RewardsCARD

Coca-Cola Original Less Sugar Only 1.5 litre

Super BUNDLE DEAL

BUY 2 FOR **34⁰⁰**

WITH RewardsCARD

SPAR Carbonated Soft Drink 2 litre Assorted

BUY ME TO QUALIFY

Super BUNDLE DEAL

BUY ANY 2 FOR **24⁰⁰**

WITH RewardsCARD

SPAR Natural Spring Water Still 5 litre

22⁹⁹ each

WITH RewardsCARD

SPAR Smoothie Fruit Concentrate 1 litre Assorted

Super BUNDLE DEAL

BUY ME TO QUALIFY

BUY ANY 2 FOR **22⁰⁰**

WITH RewardsCARD

Cadbury 5 Star 48.5 g, Lunch Bar 44 g, PS 48 g, Astros 40 g or Crunchie 40 g (Excl. PS Duos, Bubbly or Caramel Slab)

Super BUNDLE DEAL

BUY ME TO QUALIFY

BUY ANY 2 FOR **26⁰⁰**

WITH RewardsCARD

The SPAR & TOPS you love, now online!

SPAR2U DOWNLOAD NOW ON

Available on the App Store

GET IT ON Google Play

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SCORE EVERYDAY WITH Super Savings

AS SEEN ON TV
BUY ME TO QUALIFY

Preserves Natural Skin Barrier
Protects against 99.9% of germs**

Protex

NEW SIZE 175 g

Protects against 99.9% of germs**

Preserves natural skin barrier. Protege a barreira natural.

24h germ protection
CLINICALLY PROVEN

BUY ANY 2 FOR

29⁰⁰

Protex Hygiene Soap 175 g Assorted

Save R11
WITH RewardsCARD

Soft Care & Super Savings

AS SEEN ON TV
BUY ME TO QUALIFY

Dawn
Body Lotion for Male or Female
400 ml Assorted

23⁹⁹

each

WITH RewardsCARD

AS SEEN ON TV
BUY ME TO QUALIFY

Aquafresh
Fresh & Minty, Mild & Minty, Lemon Mint or Herbal Toothpaste
100 ml

BUY ANY 2 FOR

34⁰⁰

Save R18
WITH RewardsCARD

Yardley
Body Spray for Male or Female
90 ml / 125 ml Assorted

41⁹⁹

each

WITH RewardsCARD

Mum
Roll On for Men or Women
45 ml / 50 ml Assorted

14⁹⁹

each

WITH RewardsCARD

SENSODYNE
Toothpaste, Clean & Fresh, Fresh Mint, Multicare or Gentle Whitening or Parodontax Expert Gum Care Toothpaste (Excl. Active Gum Repair)
75 ml

BUY ME TO QUALIFY

47⁹⁹

each

WITH RewardsCARD

Stay Free
Pantyliners 76s

VALUE PACK

76 Normal Pantyliners

42⁹⁹

per pack

WITH RewardsCARD

Stay Free
Maxi Sanitary Pads 20s Assorted

VALUE PACK

20 Maxi Sanitary Pads

26⁹⁹

per pack

WITH RewardsCARD

Baby & You Value

PURITY
3rd Baby Cereal Just Add Milk
200 g Assorted

23⁹⁹

each

WITH RewardsCARD

PURITY
Baby Cereal Just Add Milk
450 g Assorted

46⁹⁹

each

WITH RewardsCARD

PURITY
Cream of Maize 400 g Assorted

24⁹⁹

each

WITH RewardsCARD

PURITY
Jungle Original 250 g Assorted

24⁹⁹

each

WITH RewardsCARD

Super BUNDLE DEAL

Rhodes Squish
110 ml Assorted

BUY ANY 2 FOR

21⁰⁰

each

WITH RewardsCARD

Haarlemensis
Lennon Drops 20 ml Assorted

31⁹⁹

each

WITH RewardsCARD

BORSTOL
Cough Remedy 50 ml Assorted

32⁹⁹

each

WITH RewardsCARD

Cepacol
Cough Syrup 100 ml or Lozenges 24s Assorted

64⁹⁹

each

WITH RewardsCARD

Johnson's
Baby Aqueous Cream 500 ml Assorted

52⁹⁹

each

WITH RewardsCARD

HUGGIES
Baby Wipes 4s Assorted

89⁹⁹

per pack

WITH RewardsCARD

GET A FREE BALL



HOW TO QUALIFY:

SHOP
Buy any 3 participating products and spend R650 or more.

SWIPE
Swipe your SPAR Rewards card.

From 11 May - 7 July 2026.
Ts & Cs apply.

SHOP, SWIPE & SAVE

SPAR Rewards deals available while stocks last.

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EVERY DEAL'S A GOAL

Super Home Value

SPAR
BRIQUETTES
3 kg

49⁹⁹ per pack
WITH RewardsCARD

Sunbeam Automatic Kettle

169⁹⁹ each
WITH RewardsCARD

SPAR goodliving Everyday Mug Assorted

13⁹⁹ each
WITH RewardsCARD

Gift Barrel Milla Cup 500 ml

10⁰⁰
WITH RewardsCARD

SPAR goodliving Travel Mug Assorted

59⁹⁹ each
WITH RewardsCARD

SPAR Heavy Duty Foil 5m

36⁹⁹ each
WITH RewardsCARD

Energizer Max AA or AAA 8s

109⁹⁹ per pack
WITH RewardsCARD

Philips Bulbs 5Watt or 7Watt B22

19⁹⁹ each
WITH RewardsCARD

Lion Firelighters 12s

29⁹⁹ per pack
WITH RewardsCARD

SaveMor Fluted Candles 400 g

27⁹⁹ per pack
WITH RewardsCARD

Goldair Quartz Heater

199⁹⁹ each
WITH RewardsCARD

Gift Barrel Lock Box 4 litre

27⁹⁹ each
WITH RewardsCARD

Care by SPAR Terry Face Cloths 2s Assorted

31⁹⁹ per pack
WITH RewardsCARD

Gift Barrel Black Plastic Bucket 9 litre

13⁹⁹ each
WITH RewardsCARD

SPAR goodliving Extension Cable Light Duty 3M

84⁹⁹ each
WITH RewardsCARD

tops!

08 June up to and including 21 June 2026



The Wolftrap White, Red or Rosé 750ml

69⁹⁹ each
WITH RewardsCARD

Du Toitskloof Wine 750ml Assorted

79⁹⁹ each
WITH RewardsCARD

Spier Sauvignon Blanc or Rosé 3 x 250 ml

99⁰⁰ per pack
WITH RewardsCARD

Wellington VO Brandy 750ml

189⁹⁹ each
WITH RewardsCARD

Sedgewick's The Original Old Brown Sherry 2L

119⁹⁹ each
WITH RewardsCARD

Belgravia London Dry Gin 750ml

154⁹⁹ each
WITH RewardsCARD

Sol Beer NRB 6 x 330ml

175⁰⁰
WITH RewardsCARD

Bug Shooter 20ml Assorted

50⁰⁰
WITH RewardsCARD

Savanna Cider NRB 6 x 500ml

145⁰⁰ per pack
WITH RewardsCARD

Scan HERE and find the drink to match your Kulcha!

WELCOME to our WORLD of KULCHA

For your nearest TOPS at SPAR store, phone our share call number 0860 31 3141 or visit our website: www.topsatspar.co.za. Specials available at all TOPS at SPAR stores from 08 June up to and including 21 June 2026 (including the Free State, Mpumalanga and North West Province) while stocks last. Not available in KwaZulu-Natal, Lowveld, Limpopo, Eastern, Northern or Western Cape. We reserve the right to limit quantities. Price and product availability may vary by region. In the event that an error occurs in an advertisement or incomplete information is printed, a notice will be displayed in-store with the correct details. Prices include VAT. No traders please.

SCORE MORE. SPEND LESS.

BUY ME TO QUALIFY



Baby Soft
2 Ply
Toilet Rolls
White
9s

76⁹⁹
per pack

WITH RewardsCARD

Super Home Care



Comfort
Fabric
Conditioner
Pouch
800 ml
Assorted

39⁹⁹
each

WITH RewardsCARD



Home Care
By SPAR
All Purpose
Cream
Refill
750 ml

18⁹⁹
each

WITH RewardsCARD

Super
BUNDLE
DEAL



SaveMor
Multi-Purpose
Soap
500 g

24⁰⁰

WITH RewardsCARD



Addis
Everyday
Gloves
(Medium
or Large)

17⁹⁹
each

WITH RewardsCARD



Domestos
Multipurpose
Stain Removal
Thick Bleach
Cleaner
750 ml
Assorted

28⁹⁹
each

WITH RewardsCARD



Home Care
by SPAR
Thin Bleach
750 ml
Assorted

12⁹⁹
each

WITH RewardsCARD



Maq
Dishwashing
Liquid
750 ml

26⁹⁹
each

WITH RewardsCARD

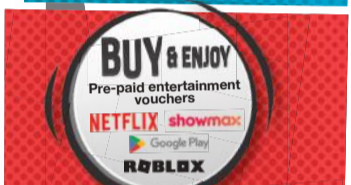


SPAR
Mini
Toilet
Tissue
1 ply
9s

26⁹⁹
per pack

WITH RewardsCARD

**YOU CAN
DO IT ALL,
RIGHT HERE,
AT SPAR**



Experience a world of easy top-up options.
Now available in-store only at SPAR

Ts & Cs apply. For updated terms and conditions, please go to www.spar.co.za

Super Combo Savers



SPAR
Cake Wheat Flour 5 kg
+ SPAR
Super Maize Meal 5 kg
+ SPAR
Parboiled Rice 5 kg

159⁰⁰
per combo

WITH RewardsCARD

Pet Smart Deals



Epol
Dog Food
(Incl. Puppy)
7 kg / 8 kg
Assorted

179⁹⁹
each

WITH RewardsCARD



MOVE WITH MORE!

**1GB
R38**

VALID FOR 30 DAYS

SPAR
Rewards
More for You



SIGN UP FOR MORE! MORE SAVINGS. MORE WINS. MORE FOR YOU.

Maximum 10 SPAR Rewards deals per product, per customer on all SAVE EXTRA products. While stocks last. Ts & Cs apply.

SPAR: • ATTERIDGEVILLE • BARCLAY SQUARE • BON ACCORD • DOBSONVILLE • DIEPKLOOF • EAST LYNNE • EMALAHLENI • JACOBSDAL • MAFIKENG • MATHAMBO/SPRUITVIEW • MALULEKE • MNANDI • MODJADJISKLOOF • MODIMOLLE • NABOOMSPRUIT • NZHELELE • OGIES • ROSSLYN • SANTINHOS • SESALAMANI • SIBASA • SOSHANGUVE • THOHYANDOU • TSHAKUMA • VRYSTAAT • VUWANI • WARRENTON

SUPERSPAR: • BLOED STREET • BOTSHABELO • BRONKHORSPRUIT • CITY CENTRE • CLAYVILLE • DENLYN • EBONY PARK • ELIM • ELIM MALL • EVATON • FICKSBURG • FORO • GIYANI • HEBRON • JUBILEE • KATHORUS • KENWORTH • KOPANONG • KRIEL • LEBOWAKGOMO • LOUIS TRICHARDT • MALVERN • MAMS MALL • MARAPONG • MESSINA • MOPANI • NKUNA KRAAL • PALEDI • PHOLA PARK • RENBRO • SOSHANGUVE CROSSINGS • STAR HYPER (CARLETONVILLE) • TSBET • TEMBISA • THAVANI • TSAKANE MALL • TZANEEN • WESTPARK • WITFIELD

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8_M_SSR5595

Let's chat 0860 313 141

Say "hello" to get specials, store details, SPAR Rewards & more!

For more info: www.spar.co.za or Find us on /myspar

SPAR