

## RESTLESS



### Concluding the RESTLESS journey

As the RESTLESS project reaches its conclusion, we reflect on a collaborative journey focused on **strengthening health entrepreneurship across Europe**.

Over the course of the project, partners worked together to design and deliver a **structured training programme**, validate its effectiveness through **Health Entrepreneurship Bootcamps**, and support students and graduates in developing **entrepreneurial skills relevant to the evolving health sector**.

In this final issue, we highlight key results and impact, coordination milestones, the completion of national bootcamps, and the RESTLESS Startup Awards, marking the successful conclusion of the project and its contribution to fostering innovation in health entrepreneurship.

### Our Team



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## Project Results

### RESTLESS Pedagogical Framework

A structured pedagogical framework for the RESTLESS training programme was developed, defining learning outcomes and innovative assessment methods. The framework is grounded in an in-depth analysis of training needs, market trends, and future skills required in the healthcare sector.

### RESTLESS Training Programme:

A comprehensive, modular training programme was developed to accommodate different learner profiles and learning pathways. Partners contributed modules based on their areas of expertise, while all training materials are freely available through the project website and partner platforms.

### Health Entrepreneurship Bootcamps

A series of Health Entrepreneurship Bootcamps were implemented and evaluated to assess the effectiveness of the training content. Participant feedback informed targeted refinements, empowering around 125 attendees with an entrepreneurial mindset tailored to the healthcare sector.

### Impact

**Through its activities and outcomes, the RESTLESS project has contributed to the following impact:**

- Strengthened entrepreneurial skills among students and graduates in health-related disciplines
- Improved readiness for the health sector's digital and green transition
- Encouraged innovative and entrepreneurial responses to health challenges
- Enabled exchange of best practices in health entrepreneurship across Europe
- Ensured long-term impact through open access training materials and wide dissemination

## Coordination Meetings

### 3<sup>rd</sup> Coordination Meeting: Cologne, Germany, 8-10 April 2025

The 3<sup>rd</sup> Coordination Meeting was combined with a two-day Train-the-Trainers workshop, hosted by the University Hospital of Cologne.

During the workshop, partners presented their training modules, exchanged feedback, and aligned on improvements to ensure the quality and consistency of the training programme. The coordination meeting focused on progress across work packages, quality assurance, and planning the next implementation steps.



### 4<sup>th</sup> Coordination Meeting: Nicosia, Cyprus, 12 February 2025

The 4<sup>th</sup> Coordination Meeting brought partners together to review project implementation and reflect on the results achieved.

Discussions focused on concluding activities, alignment across work packages, and final steps related to dissemination, sustainability, and project closure.



## Bootcamp Completion

A series of Health Entrepreneurship Bootcamps were successfully completed across all partner countries, providing students and graduates in Medicine, Life Sciences, Business, Engineering, and ICT with hands-on entrepreneurial experience in the health sector.

Through workshops, team-based challenges, mentoring, and idea pitching, participants worked on real-world health challenges and applied the skills developed through the RESTLESS training programme. The bootcamps concluded with the selection of top teams in each country, who qualified to take part in the project's final event.



## RESTLESS Startup Awards – Final Conference

The project concluded with the RESTLESS Startup Awards – Final Conference, held on the 11<sup>th</sup> of February 2026 at the Startup Center powered by Microsoft, European University Cyprus.

The event brought together students, graduates, academics, professionals, and health sector stakeholders, showcasing innovative HealthTech ideas developed through the project. Eleven startup teams from five EU countries pitched their solutions live to an expert jury, followed by a panel discussion, a workshop and networking session that fostered dialogue between entrepreneurs, founders, and industry experts.

The conference marked the culmination of the RESTLESS journey, celebrating entrepreneurial talent and highlighting the project's contribution to strengthening health entrepreneurship across Europe.



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