

MYSTIC CIRCLE

MAGAZINE

JALISA
SMITH

COOKING WITH INTENTION ON
MYSTIC CIRCLE TV



Channeling A
SPIRITUAL
REVOLUTION

✦ MYSTIC CIRCLE TV & MYSTIC UNIVERSITY

Journey of
ENLIGHTENMENT

✦ MYSTIC UNIVERSITY

SEPT 2023



MYSTIC CIRCLE

MAGAZINE

Dear Mystic Circle Community,

Welcome to the inaugural issue of Mystic Circle Magazine!

I'm Monica Bey, the founder of Mystic Circle TV, Mystic University®, and now your guide on this mystical journey with our magazine.

Having dedicated my life to exploring the metaphysical and mystical realms, I created Mystic Circle Magazine to be your go-to source for all things enchanting. Produced by Mystic Circle TV, this magazine will keep you informed about the latest mystic entertainment, delve deep into metaphysical methods, and inspire you with a sprinkle of magic. Our mission is to provide the resources you need to elevate your life to a higher vibe while having a ton of fun along the way. Whether through our TV shows, university courses, or now this quarterly magazine, we're here to help you embrace the mystical with a wink and a smile.

Join us on this enchanting adventure, where entertainment meets enlightenment, and where learning feels like play. I'm excited to embark on this new adventure with you.

With enchantment and excitement,



MONICA BEY

Founder, Mystic Circle Magazine, Mystic Circle TV, and Mystic University®

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"Believe in the magic of the season."

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MYSTIC CIRCLE

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MONICA BEY: Channeling a Spiritual Revolution

Monica Bey is not your typical entrepreneur. She's a spiritual teacher, metaphysical healer, psychic, medium, hypnotist, and life coach—all rolled into one. With her deep-rooted connection to the spiritual and metaphysical realms, she began on a remarkable journey that led to the creation of two transformative platforms: Mystic Circle TV and Mystic University.

A DIVINE DIRECTIVE: THE BIRTH OF MYSTIC CIRCLE TV AND MYSTIC UNIVERSITY

Both Mystic Circle TV and Mystic University were not born out of conventional business strategies but from a deeper calling—one that Monica describes as a directive from the Universe. "I sometimes go into channeled trances, where visions of the future and deep spiritual messages are shown.

This is how I received these directives," she reveals. "I always follow the direction my guides and the Universe as a whole guide me towards, because it will never lead me wrong. So, once I received these directives, I began creating space for it and building."



Monica's life journey has always been intricately woven with spirituality. "I've always been deeply connected to the spiritual and metaphysical realms. Part of my life purpose is to share wisdom and healing," she says. Recognizing a need for accessible and holistic learning and entertainment platforms, she channeled her passion to empower individuals on their spiritual journeys into the creation of Mystic Circle TV and Mystic University.

MISSION AND VISION: EMPOWERING THE METAPHYSICAL AND MYSTICAL COMMUNITY

Monica's mission for Mystic University is clear: "To provide a supportive, inclusive, and expansive space for individuals to explore and deepen their metaphysical and mystical practices." Mystic Circle TV, on the other hand, aims to spread this knowledge to the masses while ensuring it remains engaging and enjoyable, for deeper impact and revelation. "In both, I envision a community where people can access diverse knowledge, healing, and personal growth resources to enhance their spiritual lives, all while having fun at the same time," Monica passionately explains.

UNIQUENESS IN DIVERSITY

What sets Mystic Circle TV and Mystic University apart is their commitment to blending ancient wisdom with modern accessibility. They offer a wide range of courses and content, ensuring there's something for everyone, from beginners to advanced practitioners. "Our holistic approach integrates not only knowledge but also practical experiences, healing, and personalized guidance," she affirms. But perhaps what truly distinguishes them is their commitment to making spirituality fun and engaging. As Monica puts it, "We don't do boring."

TRANSFORMATIONS AND SUCCESS STORIES

Over the years, Mystic Circle TV and Mystic University have witnessed numerous individuals undergo miraculous transformations. One remarkable success story involves a student who transitioned from spiritual skepticism to becoming a skilled healer, bringing positive change to countless lives. Another TV viewer was inspired to begin her healing journey after years of running from her traumas, now on her transformative path within the Mystic University community. These are a couple of countless success stories.



Transform.



TECHNOLOGY AS THE CATALYST FOR SPIRITUAL GROWTH

In today's digital age, technology plays a pivotal role in spreading spiritual knowledge worldwide. Both Mystic Circle TV and Mystic University leverage technology to reach a global audience, offering live-streamed events, on-demand courses, and interactive forums. In fact, Mystic Circle TV currently reaches a staggering 640 million households globally. "Technology has made it possible now to get these teachings and exposure to this type of spirituality and theology out there to a wider audience than ever before," Monica notes.

OVERCOMING CHALLENGES: GUIDED BY THE UNIVERSE

Like any venture, Mystic Circle TV and Mystic University faced initial challenges in building awareness. However, Monica's unwavering belief in the directive received during her trance allowed her to navigate these hurdles successfully. "I knew everything would be provided for, and it was. All of the right people with the right connections and the right experience appeared and were willing to help, all at the exact right time," she shares. That is perfect divine timing. "This cut the learning curve down significantly and enabled us to build a global TV network in only 3 months and a successful university in only 2 months!", she added excitedly.

A PERSONAL JOURNEY OF GROWTH

Monica's personal experiences and practices serve as the bedrock for Mystic Circle TV and Mystic University. They lend authenticity to the platforms and guide their commitment to holistic spiritual growth. "I continue to learn and grow alongside our community, sharing my insights and experiences along the way," she reveals.

FUTURE VISIONS

Looking ahead, Mystic Circle TV and Mystic University have exciting plans. They aim to launch new partnerships, expand their course offerings, and create more interactive experiences. Additionally, they are exploring ways to make their platform even more accessible to a global audience in multiple languages. Monica teases, "For Mystic Circle TV, we have some amazing new shows and documentaries being released over the next several months that are going to be amazing and powerful, like people have never seen before. For Mystic University, we're excited to be bringing on additional teachers for 2024 and continuing to level up with our diverse course offerings! I'm super excited for what's to come!"

Monica Bey's journey is a testament to the power of following one's spiritual calling, guided by the Universe. Through Mystic Circle TV and Mystic University, she is helping countless individuals discover their inner purpose, overcome obstacles, and experience powerful personal growth. These platforms are not just about education; they are a gateway to a more spiritually enriched life, all wrapped in an engaging and enjoyable package. Monica Bey's vision continues to shine brightly, illuminating the paths of those seeking spiritual enlightenment.

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CASE STUDY



Cindie PHANHMIXAY'S
Journey of Enlightenment at Mystic
University

INTERVIEWED BY MONICA BEY



SPIRITUAL ODYSSEY TOWARDS SELF-DISCOVERY AND PURPOSE

In the heart of Atlanta, a remarkable transformation was quietly unfolding. Cindie Panhmixay embarked on a deep spiritual journey at Mystic University that would forever change the course of her life.

Cindie's motivation to join Mystic University was driven by a deep desire to explore spirituality, understand her spiritual path, and dive into the mystical world of metaphysics. It was a calling she couldn't ignore, a yearning to uncover the mysteries that lie beyond the material world.

A HUGE IMPACT ON PERSONAL GROWTH

During her time at Mystic University, Cindie underwent a remarkable transformation. The teachings and practices she encountered led to significant personal growth and heightened awareness. Her consciousness expanded, allowing her to see herself and the world from a new perspective. According to Cindie, "The teachings and practices I've been exposed to have really helped me expand my consciousness, fostering a deeper understanding of myself and the world around me." It was a journey of self-discovery and self-realization.

COURSES THAT IGNITED THE SOUL

Among the myriad of experiences at Mystic University, two courses stood out prominently in Cindie's spiritual development. 'The Soul Aligned Business Bootcamp' not only deepened her understanding of her spiritual path but also ignited the potential to turn her passion for healing and helping others into a purpose-driven path. It provided her with the tools to align her personal values with her life's endeavors.

Another course, 'Exploring the Kemetic Chakra System: Activating Your Inner Divinity,' delved into the unique

Kemetic Chakra System. Through this ancient Egyptian spiritual framework, Cindie awakened her inner divinity and enhanced her spiritual awareness. She says it played a pivotal role in her inner transformation and personal growth.

EVOLUTION OF PERCEPTIONS

Before joining Mystic University, Cindie followed her own spiritual path, engaging in independent activities. However, her perceptions shifted significantly as she became part of the Mystic University community. She transitioned from individual exploration to active participation in the metaphysical community, gaining a deeper understanding of metaphysical concepts, enhancing her spiritual growth, and feeling a sense of belonging. She remarks, "They have broadened my horizons, provided valuable support, and contributed to a sense of community".

AN INTENSE AWAKENING

One of the most profound moments in Cindie's journey was attending the *Soul Aligned Business Bootcamp,* which revealed that her passion for aiding others could not only be a calling but also the foundation for a meaningful and purpose-driven path. It was an awakening that changed the trajectory of her life.



THE POWER OF COMMUNITY

Interactions with fellow students have played a pivotal role in Cindie's journey. Engaging with a diverse group of individuals exposed her to a wide range of perspectives, beliefs, and backgrounds. This diversity broadened her understanding of metaphysical and spiritual concepts and contributed to a sense of community that enhanced her overall experience and growth.

FROM UNCERTAINTY TO CLARITY

Before enrolling at Mystic University, Cindie grappled with uncertainty about her soul's purpose and life's calling. However, her journey took a transformative turn after joining. She discovered new insights and guidance that illuminated her soul's purpose and provided clarity regarding her life's calling. "It's been a life saver", she adds.

ADVICE FOR ASPIRING METAPHYSICS STUDENTS

For those considering pursuing studies in metaphysics, Cindie offers sage advice: take time for self-reflection, explore your motivations, interests, and goals. Trust your intuition and follow your heart. Even in the face of uncertainty, a deep calling to explore metaphysics can lead to an powerful and fulfilling journey.

A VISION FOR THE FUTURE

Cindie envisions applying the knowledge and experiences gained from Mystic University to further her spiritual exploration and personal growth. Her aspiration is to gain a deeper and more comprehensive understanding of metaphysical and spiritual concepts, drawing her closer to her life's purpose and a greater sense of fulfillment and connection with the universe.

FULL MOON: LET YOUR DESIRES SHINE

As Cindie Panhmixay continues her studies and spiritual exploration at Mystic University, her journey serves as a testament to the transformative power of spirituality and the pursuit of one's true calling. It reminds us all of the potential deep inner growth and self-discovery on the path to enlightenment.

FOR MORE INFO ON MYSTIC UNIVERSITY, VISIT
[MYSTICUNIVERSITY.NET](https://www.mysticuniversity.net)





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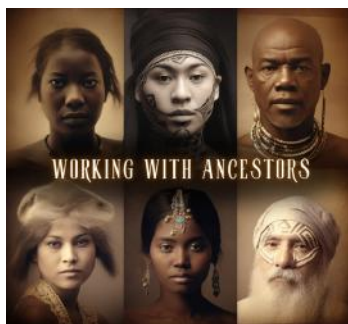


**FIRST SUNDAYS
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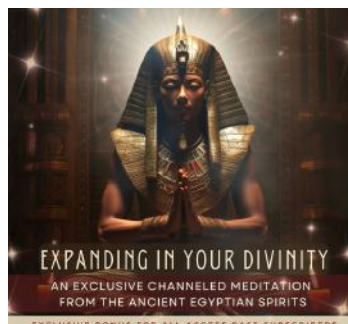


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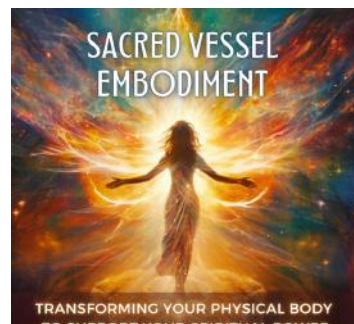
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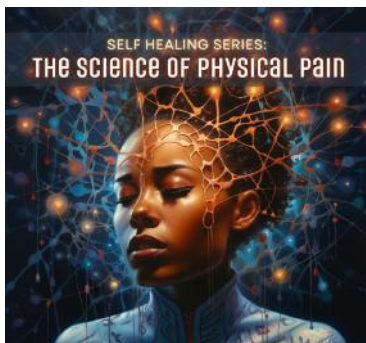
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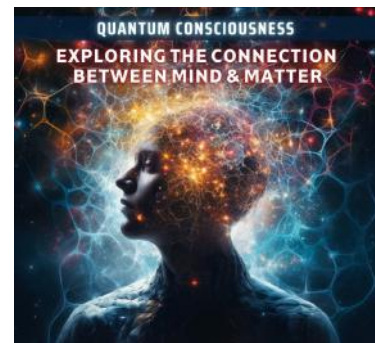
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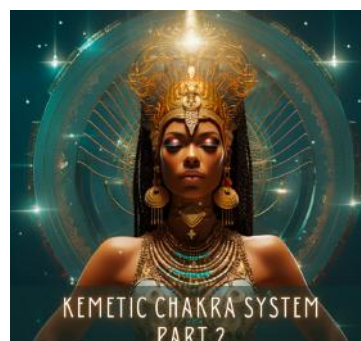
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12/12 | 7PM ET



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COOKING UP MAGIC WITH INTENTIONS: Jalisa Smith's Enchanting Journey

INTERVIEWED BY MONICA BEY



COVER FEATURE

In the mystical realm where culinary skills seamlessly intertwine with metaphysical practices, Jalisa Smith stands as a guiding light, merging the art of cooking with the power of manifesting desires. As the captivating host of "**Pestle and Mortar**" on Mystic Circle TV, Jalisa takes us on a tantalizing journey through the magical world of cooking with intentions. With her vibrant personality and thoughtful insights, she weaves a tapestry that intertwines mysticism, culinary artistry, and personal growth.

SETTING THE STAGE FOR CULINARY ALCHEMY

With a voice that carries a hint of enthusiasm and a depth of understanding, Jalisa unveils the fascinating concept of combining culinary expertise with the practice of manifesting intentions. "I really believe it's simple," she shares with a warm smile. "I believe that energy is always going into your food from when it is cultivated, to how it's handled and prepared. This is why I feel it's so important as the last hands touching your food to bless it, to put intentions into it, especially since it's going within you, and is an energy source. Setting intentions into your food is a powerful way to manifest."





your intention is the most important part of the manifestation." With a sprinkle of humor, she invites skeptics to explore the transformative potential of her approach.

FROM HEALING TO PROSPERITY: A TASTE OF SUCCESS

As we delve deeper into the heart of Jalisa's journey, she recounts a personal experience that left an indelible mark. "I've used healing a lot when setting intentions and I've seen really good benefits," she shares. "Speeding up my healing process. I had a viewer that raves about the prosperity pie." Her connection between intentional cooking and positive outcomes becomes evident, weaving a thread of practical magic into her culinary offerings.

BLENDING CULINARY SKILLS AND METAPHYSICAL PRACTICES

"Pestle and Mortar" bridges culinary artistry with metaphysical rituals, creating a spellbinding fusion that captivates viewers' hearts and minds. Jalisa reminisces about some of the most intriguing recipes and rituals she's shared on the show. "OK, so first of all I think everything was amazing so it's a hard choice," she chuckles. "But... I'll narrow it down to the prosperity pie. It was a delicious apple pie made from scratch. You can't lose with that one. And definitely the protection soup. That was a butternut squash soup. Two must-try's." With every delectable dish, she intertwines culinary expertise with metaphysical practices, offering a feast for both the senses and the soul.

FROM SIMPLICITY TO TRANSFORMATION: UNVEILING THE MAGIC

For those who are new to the concept of intentional cooking, Jalisa offers a gentle starting point. "Yes, I would start with being very simple and setting one overall intention," she advises. "For instance... try speaking into your water or your tea and then drinking it. Then you can proceed to do the same over your food before you eat it. Take it up a notch by setting the intention as you cook and prepare the food. Get creative and have fun with it." Her words guide novices along a path where small steps lead to profound shifts.

BRIDGING THE GAP BETWEEN SKEPTICISM AND MAGIC

Addressing skepticism with a confident yet playful tone, Jalisa throws down a challenge. "I would say, what do you have to lose? If you don't believe that it's going to happen, then why not try it out?" she grins. "But I will say that if you do try... believing in

BEYOND THE SCREEN: VULNERABILITY AND AUTHENTICITY

Beyond the magic she brings to the screen, Jalisa opens up about a lesser-known side of herself. "That I pride myself on being someone that aims to be open and vulnerable," she admits. "Especially because I'm such a free spirit. But honestly... I don't like being vulnerable either. For obvious reasons. It doesn't get any easier, but I continue to do it. I continue to stay true to myself and to live authentically, which is always worthwhile." Her authenticity shines through, revealing the genuine nature that underpins her enchanting persona.

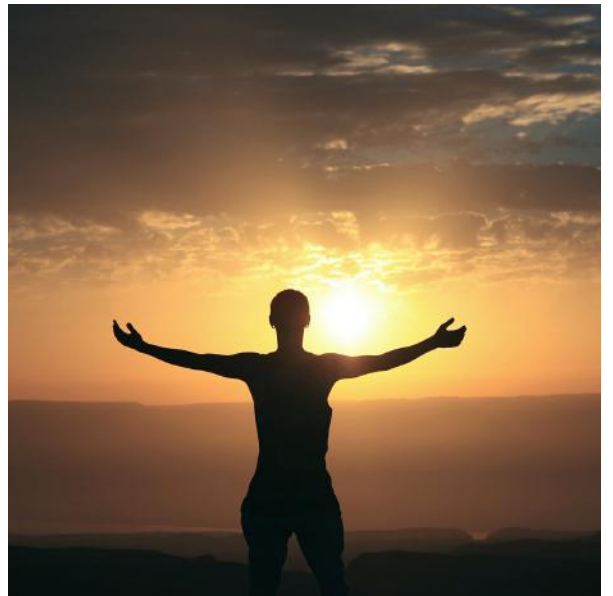
THE INTERPLAY OF NATURE AND PERSONAL POWER

Stepping out of the mystical realm for a moment, Jalisa's face lights up as she speaks about her passion for hiking. "I love to hike. I actually did a hike and a cold plunge today in the river," she shares. "I feel that being in nature is spiritual because we are nature, and the more we connect with nature, the more we connect with our higher power. Nature is recharging, cleansing, and grounding. I feel that when we are vibrating at our highest level, that we are the most powerful." Her connection with nature echoes her belief in the interconnectedness of all things, infusing her magical journey with a sense of harmony.



TRANSFORMATIVE ENCOUNTERS AND PERSONAL EMPOWERMENT

Reflecting on transformative encounters, Jalisa's voice takes on a reflective note. "For me, the transformative encounter was when I started to realize my gifts and use them," she muses. "It's when I saw the impact that I had. That changed everything for me because I knew what I was capable of." Through her gifts and experiences, she encourages others to explore their own potential and embrace the magic within.



EVERYDAY MAGIC AND THE JOURNEY WITHIN

Amidst the mystical and transformative, Jalisa emphasizes the magic found in the everyday. "Honestly, it's really hard to identify a specific moment," she ponders. "I continuously live by my spiritual practices and beliefs. I feel that it's normal for everyone to become disempowered at times, but the more you're connected to your power, the more you move from a place of power. Sometimes we are looking for these huge magical moments when the real magic is in the everyday. It's the small moments that lead to the big moments." Her words remind us that magic is woven into the fabric of daily existence, waiting to be discovered through mindful awareness.

Pestle
& 
Mortar

Jalisa Smith

Host of Pestle & Mortar,
Now Streaming on Mystic Circle TV



A GUIDING AFFIRMATION: NAVIGATING THE JOURNEY

As we come to the conclusion of our conversation, Jalisa leaves us with a powerful affirmation that has guided her journey both on and off the camera. "Yes.... It's an affirmation that I use that brings me back to my power," she smiles. "It has stuck with me and has definitely reminded me of my magic. 'I am a powerful woman and I trust in my journey'." With these words, Jalisa encapsulates the essence of her transformative journey and invites us all to embrace our own unique paths.

In the enchanting world of Jalisa Smith, cooking isn't just about flavor; it's about intention, manifestation, and the magic that infuses every aspect of life. With her show "Pestle and Mortar," Jalisa invites us all to embrace the mystical, savor the enchanting, and manifest our desires with the power of our intentions. Through her insights, experiences, and vibrant personality, she encourages us to tap into our inner magic and create a life that's both delicious and purposeful.

"I am a powerful woman and I trust in my journey."

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ANCIENT DIVINATION: A Journey into Tarot, Runes, and I Ching

WRITTEN BY: DANI MOODSHADOW



Buckle up because we're about to take a wild ride into the world of ancient divination. We'll be your trusty guides as we explore the realms of Tarot cards, runes, and the enigmatic I Ching. So grab your crystal ball (or just a comfy chair), and let's dive into the mystical unknown!

TAROT: A DECK FULL OF SECRETS

First up on our mystical tour is the ever-popular Tarot. These aren't just any old playing cards; they're like a window to your soul. Picture this: a deck of 78 cards, each one packed with symbolism, archetypes, and cosmic vibes. Tarot cards have been around since the 15th century, and they've been blowing minds ever since.

Tarot is like your spiritual BFF. It gives you insights into your past, present, and future, and it's practically the ultimate self-help tool. All you need to do is shuffle the cards, ask a question, and voilà! The cards spill the cosmic beans and reveal the cosmic plan. They've lasted centuries for a reason!

RUNES: ANCIENT ALPHABET OF THE GODS

Next stop on our journey through the mystical cosmos: runes! These ancient Nordic symbols are like the emojis of divination. But these aren't your everyday emojis; they're the alphabetic language of the gods themselves.

Runes have been used for centuries by Vikings, shamans, and, well, anyone with a sense of adventure. They're like cosmic hieroglyphs that can reveal hidden truths and cosmic messages. You can consult them by casting them on a table, drawing them from a bag, or even carving them onto stones. It's like playing cosmic Scrabble with the universe.

As the runes land, notice which ones are face up. These are your cosmic messengers. Pay attention to their positions and the symbols themselves. Here's where your cosmic intuition comes into play. Each rune has a unique cosmic message and energy. You can use a runic guidebook or trust your own intuition to interpret them.



I CHING: THE ANCIENT CHINESE ORACLE

Now, let's jet off to ancient China and meet the granddaddy of divination: the I Ching. This oracle has been around for over 3,000 years, and it's got the wisdom to prove it.

The I Ching is all about the yin and yang, the balance of opposites. It's like having a cosmic chat with a wise sage who lives in a mountain cave. You throw some coins or sticks, and it reveals hexagrams that hold the secrets of the universe.

Using your coin results or yarrow stick arrangement, you'll create a six-line figure called a hexagram. Each line is either solid (yang) or broken (yin), and this cosmic combo forms your hexagram. Now comes the cosmic magic! Find your hexagram in an I Ching book or online resource. Each hexagram has its own cosmic message, much like a telegram from the universe. The I Ching is like a cosmic GPS, guiding you through life's twists and turns. Whether you're pondering life's mysteries or deciding what to have for dinner, it's got your back with timeless wisdom.



HOW TO GET STARTED

So, how can you dive headfirst into this mystical world? It's easier than manifesting a parking spot on a busy Saturday!

- 1. Choose Your Tool:** Pick one that tickles your mystical fancy—Tarot, runes, or I Ching.
- 2. Get the Goods:** Purchase your divination tool of choice. Tarot decks come in endless designs, runes can be carved on stones or drawn on paper, and you can find I Ching divination books and kits online (go to www.themysticmarketplace.com).
- 3. Learn the Ropes:** Study up on the symbolism, meanings, and techniques.
- 4. Practice, Practice, Practice:** Like any cosmic skill, the more you use it, the sharper your intuition becomes. So, don't be shy; start divining in every aspect of your life!

Ancient divination methods like Tarot, runes, and the I Ching aren't just cosmic party tricks; they're powerful tools for self-discovery and guidance. They can help you navigate life's twists and turns, providing insights and cosmic wisdom along the way. So, embrace your inner mystic, grab your divination tool of choice, and let the cosmic journey begin! Who knows what mystical adventures await you? ✨🧘‍♀️✨



EXPLORING THE SPIRITUAL PATH:

An Interview with Ivory Shields

INTERVIEWED BY MONICA BEY



In the world of metaphysical and mystical exploration, Ivory Shields stands as a beacon of wisdom and experience. With a multifaceted journey as a Healer, Actress, and Holistic Life Expert, she has traversed the intricate paths of the human spirit. In this exclusive interview, Ivory takes us on a voyage through her personal experiences and the lessons she's learned along the way.

THE CATALYST FOR A SPIRITUAL AWAKENING

"I first felt a deep connection to my spiritual path when I was going through my divorce in 2013," Ivory shares. "So many things became clear to me. One...was that my life was full of episodes where an old life or old version of me had to die and I had to be reborn." To Cindie, "The teachings and practices I've been exposed to have really helped me expand my consciousness, fostering a deeper understanding of myself and the world around me." It was a journey of self-discovery and self-realization.

Divorce, often a tumultuous period in one's life, became Ivory's awakening. It was a moment of transformation and rebirth that set her on a course of self-discovery and spiritual growth.

QUESTIONING BELIEFS AND FINDING CLARITY

Ivory's journey was further propelled by a profound questioning of her existing beliefs during her divorce. She explains, "My divorce was very messy, and my ex-husband left me in a tough situation. I remember going to church EVERY Sunday and Revival and still not feeling or understanding what was happening...church or religion didn't give me that perspective or peace of mind."

For Ivory, understanding was paramount. This search for deeper understanding led her away from conventional paths and toward a more metaphysical and holistic approach to life.

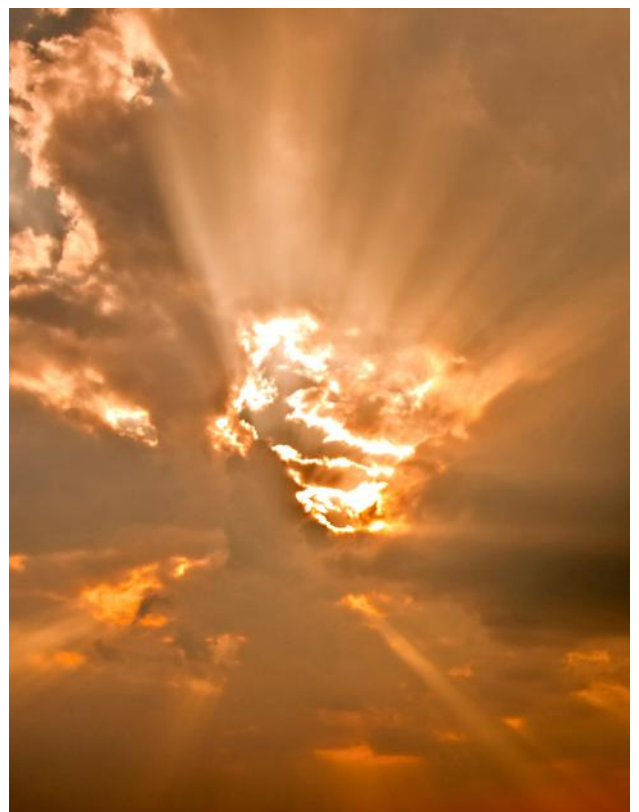
SPIRITUAL GROWTH AMIDST LIFE'S CHALLENGES

Spiritual growth often arises from facing life's most challenging moments. Ivory reflects on a series of trials she endured: "Divorce, taking care of aging parents, losing my ability to conceive naturally due to ovarian cysts."

HEALING ENERGY AND PROFOUND REALIZATIONS

Ivory's path took an unexpected turn when she discovered her healing abilities. "An ordinary experience that comes to mind is reflecting on one of the first instances when my patients repeatedly requested me to be their therapist," she recalls. "This was when I knew I had healing energy. Which I would later discover is my spiritual path."

It was through seemingly everyday encounters that Ivory uncovered her innate gift for healing and began to walk her unique spiritual path.





These life-altering experiences tested her faith and perseverance but ultimately contributed to her spiritual evolution. Ivory's journey reminds us that challenges can be stepping stones to enlightenment.

OVERCOMING CHALLENGES WITH SPIRITUAL BELIEFS

"My truth is that we choose our lifetimes and what we want to experience," Ivory affirms. This understanding helped her accept and embrace the challenges of caring for her aging parents and overcoming childhood insecurities.

Her spiritual beliefs provided a framework for finding purpose and growth even in the face of adversity.

METAPHYSICAL CONCEPTS AND A SHIFT IN MINDSET

"I'm an Astro-numerologist, and I've used both these metaphysical concepts to guide me through life almost like a compass," Ivory explains. "Learning and understanding the universal laws have been very instrumental in changing my mindset and attitude toward life."

Metaphysical concepts offered Ivory a unique perspective, allowing her to navigate life's complexities with newfound wisdom.

BOOKS THAT EXPAND HORIZONS

When asked about books that influenced her journey, Ivory mentions meditation, journaling, and physical exercise as daily practices. She also highlights two pivotal books: "The Biology of Belief" and "The Master Key System," both of which provided valuable insights and guidance.

AWE AND CONNECTION TO THE DIVINE

For Ivory, the journey is filled with moments of awe and divine connection. Synchronicities, prophetic dreams, intuitive downloads, and a supportive circle of healers and intuitives all contribute to her deep sense of connection to the divine.

EMBRACING CONTEMPLATION AND SELF-DISCOVERY

"Meditation has become a part of my daily routine," Ivory shares. Her commitment to quiet contemplation and self-discovery includes sitting quietly in her backyard and taking walks in the park, practices that anchor her daily life in spiritual awareness.

WORDS OF WISDOM FOR ASPIRING SEEKERS

Ivory offers advice to those beginning their metaphysical and spiritual journey: "Be patient with yourself and the material you're learning... It will help tremendously if you keep in mind that you may understand some concepts immediately and others will come later on in your journey."

Ivory Shields, with her rich tapestry of experiences and insights, exemplifies the transformative power of a spiritual journey. Her experience reminds us that within the metaphysical and mystical realms, deep and powerful growth and understanding await those who dare to explore.

In Ivory's journey, we find inspiration and a testament to the enduring human spirit's quest for meaning, understanding, and healing.

TO CONNECT WITH IVORY SHIELDS AND EXPLORE HER TEACHINGS
FURTHER, VISIT HER WEBSITE AT HEALWITHIVORY.COM



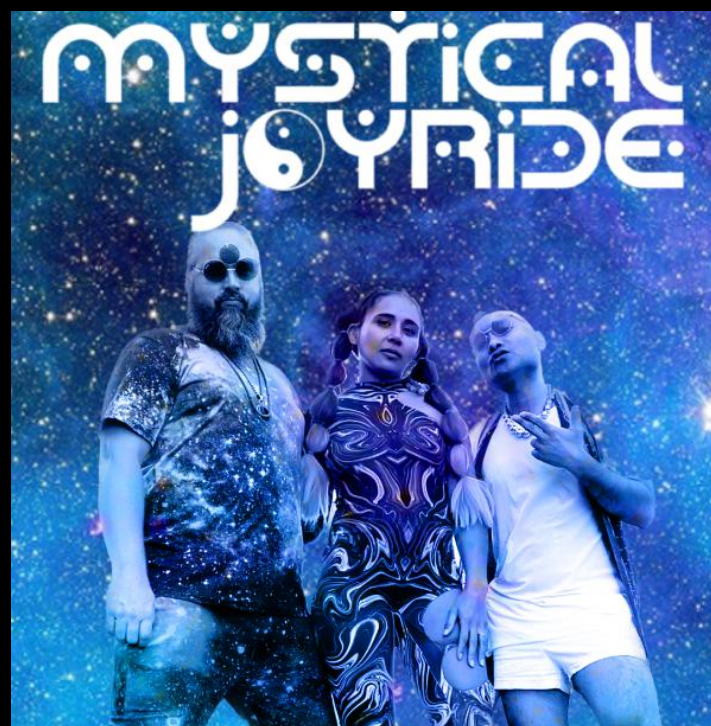

Music SPOTLIGHT

MYSTICAL JOYRIDE

Mystical Joyride is a genre-fluid psychedelic works pop band from Los Angeles!

Follow them [@MYSTICALJOYRIDE](https://www.instagram.com/MYSTICALJOYRIDE)

Find their music on all major streaming platforms.



CREATING YOUR *Sacred* SPACE & ALTAR

QUICK GUIDE

I. DEFINE YOUR PURPOSE:

Determine the intention behind your sacred space. Is it for meditation, prayer, or rituals? Knowing your purpose is essential.

6. PLACEMENT OF FOCUS:

Decide on a central focal point for your altar. This could be a deity, a crystal grid, a sacred text, or any item that represents your spiritual connection.

2. SELECT A LOCATION:

Choose a quiet and peaceful area in your home where you won't be disturbed. It could be a whole room, a corner of a room, a closet, a small table, or even a shelf.

7. ARRANGE ITEMS:

Place your chosen items around the central focus in a way that feels harmonious and meaningful to you. Consider symmetry and balance.

3. GATHER YOUR SUPPLIES:

Collect items that resonate with your spiritual beliefs. This may include crystals, candles, incense, statues, or symbols that hold significance for you.

8. LIGHTING & AMBIANCE:

Add candles or soft lighting to create a serene atmosphere. The gentle glow can enhance your spiritual practice.

4. CLEANSE THE SPACE:

Before setting up your altar, cleanse the area both physically and energetically. You can use sage, incense, or simply tidy up the space.

9. PERSONALIZE:

Over time, add or remove items as your spiritual journey evolves. Your sacred space should reflect your growth.

5. CHOOSE A SURFACE:

Select a surface for your altar, such as a tablecloth or mat, that reflects your personal style and spirituality. It can be plain or adorned, depending on your preference.

10. SET INTENTIONS:

Before using your altar, set clear intentions for your spiritual practice. State your purpose and desires.

II. PRACTICE REGULARLY:

Make visiting your sacred space a routine practice. Consistency deepens the spiritual connection.

LUNAR LA-LA LAND:

Unleash Your Inner Magic with Moon Phases and Manifestation

WRITTEN BY: DANI MOONSHADOW



Greetings, cosmic wanderers and metaphysical maestros! Buckle up, because we're about to go on a celestial journey that will leave you howling at the moon—literally. Yep, you guessed it, we're diving into the enigmatic world of lunar energy and how it can supercharge your manifestation game. So, grab your crystals, sprinkle some stardust, and let's ride the lunar waves!

NEW MOON: THE COSMIC CLEAN SLATE

Picture this: a velvety sky painted with a single shimmering sliver, like a cosmic fingernail clipping. It's the New Moon, peeps, and it's time for a cosmic clean slate. This phase is your manifesting blank canvas, a time to plant those intentions deep in the lunar soil. Like a spiritual gardener, you sow the seeds of your dreams, watching them sprout as the moon waxes. So, grab a notebook and scribble down your desires—whether it's a unicorn ranch or world peace. The universe is all ears!

WAXING MOON: AMP UP THE JUJU

As the moon grows from a sliver to a glowing crescent, your intentions gain momentum faster than a cosmic rollercoaster. This is when you grab your metaphorical pom-poms and cheer on your goals! Your manifesting energy is as potent as a caffeine-laden potion, so use it wisely. Visualize, meditate, dance like nobody's watching—all while the moon's glow fuels your metaphysical mojo.



FULL MOON: LET YOUR DESIRES SHINE

The lunar superstar takes center stage, lighting up the night sky like a cosmic disco ball. It's Full Moon time, and your intentions are ready for their close-up. This is your moment to embrace your inner showstopper and amplify your manifestation vibes. Release what no longer serves you with a lunar exhale, and bask in the moonlight's glow!

WANING MOON: BANISHING THE B.S.

Just as the moon's glow retreats, it's time to ditch the doubt and negativity that's been camping in your mental space. During the Waning Moon, you're the metaphysical ninja, clearing out mental clutter like a pro. Write down what you want to release, crumple it up, and bid it farewell with a flourish. Your energy is as fierce as a cosmic vacuum cleaner, sucking away any bad vibes.

DARK MOON: REST, RECHARGE, REFLECT

Ah, the Dark Moon—a tranquil pause between the end and the beginning. It's like the universe's snooze button, giving you a chance to rest, recharge, and reflect. Your manifestation engines might be quiet, but they're far from idle. Use this time to fine-tune your intentions and check if you're still on the right cosmic track. You're not stuck in the dark; you're stargazing in your cocoon of potential.

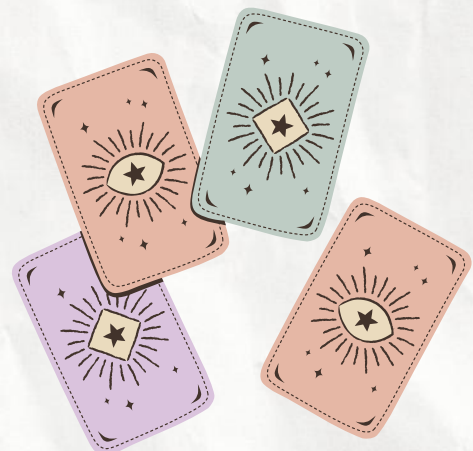
So, there you have it, mystical mavericks and cosmic creatives! The moon isn't just a glowing rock in the sky; it's your metaphysical partner in crime. From New Moon to Dark Moon, each lunar phase is a chance to weave your intentions into the fabric of the universe. So, grab your crystals, light some candles, and let's manifest like it's 2399. Remember, the universe is listening, and the moon is your megaphone. Happy manifesting, moonstruck dreamweavers! 🌙



Mystic MISHAPS

THE LOST ORACLE CARDS

Kim, a tarot enthusiast, decided to cleanse her oracle cards using moonlight. She spread them out on her balcony, but she didn't realize it would be windy that night. The next morning, she found her oracle cards decorating her neighbor's garden like mystical confetti. And that's how she came out of the broom closet with her neighbors) 🌀🌀🌀🌀



Exploring CRYSTALS:

A Journey into the World of Crystal Healing

WRITTEN BY: ARIA MITCHELL



Crystals, those mesmerizing gems of the Earth, have captivated human beings for centuries. They're not just pretty stones; they hold metaphysical powers that can heal and transform our lives. So, let's hop on a mystical adventure into the world of crystal healing and unveil the secrets these earthly treasures may hold.

THE CRYSTAL UNIVERSE

First things first, the crystal universe is vast and diverse. Each crystal is unique, like a person, with its own energy and personality. To navigate this enchanting realm, you must get to know your crystals.

Start with the classics like amethyst, rose quartz, and clear quartz. Amethyst is like a spiritual guru, guiding you toward higher consciousness. Rose quartz is the love whisperer, radiating gentle and nurturing energy. Clear quartz is the master healer, a versatile crystal that amplifies your intentions. Take some time to study different crystals. The more you know, the more easily you can use them!

METAPHYSICAL MARVELS

Crystals aren't just rocks; they're metaphysical marvels. These stones possess specific energies and vibrations that can influence your physical, emotional, and spiritual well-being. For instance, amethyst is known for its ability to soothe stress and enhance intuition. Citrine, with its sunny disposition, is said to attract abundance and prosperity. And who can forget the protective embrace of black tourmaline, shielding you from negative energies?

CHOOSING YOUR CRYSTAL COMPANIONS

When choosing your crystal companions, trust your intuition. Allow yourself to be drawn to a crystal, even if you don't know why. It's your soul recognizing a potential ally on your journey. Hold the crystal in your hand, feel its energy, and see if it resonates with you. If you can't "feel" anything, pay attention to what comes to your mind about it as you hold it.



CLEANSING AND CHARGING

Before diving into crystal healing, give your gems a spa day. Crystals absorb energy, and you want them to be at their best. To cleanse them, common methods like smudging with sage or placing them under a full moon are usually done. But, like International Spiritual Teacher and Metaphysics Expert, Monica Bey, says, you can also cleanse these babies faster by using your spiritual power and intention! Once cleansed, charge them with your intention. Hold your crystal and focus your thoughts on what you want to manifest. (go to [Mystic University](#) to learn how to level up in your crystal charging and add life force energy!)

CRYSTAL ALLIES IN DAILY LIFE

Crystals aren't just for meditation and energy work; they can be your daily companions. Place amethyst by your bedside for peaceful sleep. Carry a piece of rose quartz in your pocket for a love-infused day. Keep a citrine crystal on your desk for abundance vibes during work. Carry Shungite with you to transmute negative energies.



MEDITATION AND ENERGY WORK

Now, let's dive into the deep end of crystal healing—meditation and energy work. Find a quiet space, hold your crystal, and breathe deeply. Let the crystal's energy merge with yours. You may feel sensations, see colors, or experience profound insights. Trust the process; the crystal knows the way. Let these teachers take you to new heights!

THE MAGIC OF CRYSTAL GRIDS

For those ready to take their crystal game to the next level, explore the magic of crystal grids. Arrange your crystals in sacred geometry patterns and infuse them with your intentions. This amplifies their power and creates a potent energy vortex for manifestation.



There you have it! Exploring crystals is like going on a journey within yourself. These precious stones are your guides, illuminating your path towards healing and self-discovery. So, embrace the magic, trust your intuition, and let the crystals work their wonders in your life.

Cosmic CUES

BY DOMINEC HOLMES



This astrology forecast has been created in a way that allows you to interact directly with your personal birth chart/natal chart!

This forecast style allows you to not only get a clear understanding of how the science of astrology works. But it also gives you a better understanding of who you are and how planetary energy can help you get the most out of this human experience.

As we move into September riding the energy of the Pisces full moon which happened to also be a Blue moon and retrogrades from Mercury... Venus... Jupiter... Saturn... Uranus... Neptune... and Pluto! The universe has given us personally and collectively the time to reflect on where we are driving the collective of humanity.

Mercury will be retrograde in Virgo until September 15th. Mercury retrograde in Virgo gives you the opportunity to get the details in orders and the facts straight. After the 15th, it will move forward giving you the blessings of ease at whatever house it happens to be transiting through, in your chart. Mercury will close out September at 21 degrees Virgo.

Venus goes direct September 4th in Leo at 12 degrees and will end the month at 22 degrees Leo. Venus being the planet of self reflection and self-worth, you've been given the opportunity to see yourself as the king or queen that you truly are. Have you used the retrograde to reflect on how you consciously project your value? If you have... Venus's direct motion will inspire you to roar. Especially in the areas governed by the house where Venus is currently transiting in your chart.

Mars, the only planet to start and stay moving direct, as we enter September. It will travel from 2 degrees to 21 degrees Libra, throughout September. Expect the war drums to be heard worldwide and internally within yourself, as you strive to balance out how you assert yourself... ways that beautify your life rather than fill it with chaos.

For example: If 2 to 21 degrees Libra falls in your 7th house this will affect your closest relationships, contracts, and marriage. In your 10th house, you expect balance to be at the center of you making your mark on the world or maybe just in the workplace this depends more so on your Natal chart placements.



Jupiter starts the month at 15 degrees Taurus and moves into retrograde motion on September 4th giving you a chance to reflect in the areas where you have expanded your fixed ideas about money and wealth.

Have you blown things out of proportion being stuck in your ways or bullheaded? Use this time to reevaluate how you can grow in a healthy ways, that adds value to the to the affairs governed by the house that Jupiter is transiting in your natal chart.

Saturn retrogrades from 1 to 0 degrees Pisces this month crushing your jaded lens is Saturn and Pisces works to give reality checks and brings people out of the clouds. This is a time when illusions... no matter how big get a reality check from the universe! Expect big reality checks to hit the United States' economy. Saturn moves in 29 1/2 m year cycles. The last time it was in Pisces... 1993. We had a recession in the United States, the end to the Cold War and desktop computers took the world by storm.

Saturn retrograde in Pisces forces you to reign in those big dreams and align them with achievable goals. So, you can make them real. You can't do that with your head in the clouds. Uranus retrogrades from 23 degrees to 22 degrees Taurus this month. Taurus is the sign that governs farms, banks, and musicians to name a few things. You can expect trouble in all three areas. Uranus rules erratic weather, which will contribute to agricultural issues.

Look for more trouble and regulations to pop up especially in the United States. Saturn rules the sign of Capricorn. Which is found on the United states second house AKA the money house cusp. As the ruler of Capricorn, Saturn began to retrograde in addition to Uranus in Taurus which is found in the United states 5th and 6th houses. These houses govern banks and markets. Being responsible with your money... even if you have it to blow is the order of the day. Uranus' energy has the potential to bring unexpected situations and accidents that can cause financial disasters. To get a clearer understanding of how this energy will personally affect you look for 22 degrees Taurus on your Natal chart. This will tell you what house reveals where you can expect surprises and unexpected breakthroughs.



Neptune retrogrades from 26 to 25 degrees Pisces, the sign that it rules. Throughout September the world needs to reflect on illusions that have been woven. How have you allowed the fantasy or fallacy of music, movies, and media to loosen your grip on reality? Have you lost, diluted, or deluded yourself to melt into the social and the media's projection of reality? Neptune retrograde and Pisces cause you to reflect upon this and become more aware of how you allow fantasizing and projected perceptions of how life should be as fed to you by multimedia machines. Neptune retrograde is the time to snap back into reality. If you have addiction issues, it gives you the energy to snake back to reality and deal with your issues, with a spiritual knowing that you are not defined by the moments in this human experience.

Pluto retrogrades from 28 to 27 degrees Capricorn. You continue to experience situations that make you reflect on how you use and abuse power or allow others in your life to do so. Pluto retrograde in Capricorn can bring up hidden issues rooted in abuse of power. Awareness creates the opportunity to heal at the trauma point. If you've been abusing your authority... taking advantage of your position of power... Pluto is giving you an opportunity to transform. Transformation is Pluto's power. The house where 27 to 28 degrees Capricorn can be found in your chart, will guide you to a place where you can harness power for the greater good easiest or transform in an area of your personal life where you have been feeling powerless.

OCTOBER

October 2023 will be a month to remember the hybrid solar eclipse at 21 degrees Libra on October 14th would have coined the Ma'at eclipse. The things that unfold over the next six months globally will shift the world as we know it, to a more balanced and just place. From the chaos, will arrive balance. Many truths shall be revealed.

In your personal life the house the eclipse falls in and the opposite house will be affected people with planets at 18 to 24 degrees in their chart will feel this energy strongest.

Mercury starts out the month at 23 degrees Virgo entering Libra on October 6th and ends the month at 14 degrees Libra.

This is a time when you should take and apply the relevant facts and information you acquired during Mercury retrograde to create a more balanced perspective on life. Look to the house where Mercury is moving through in your chart for more personalized insight.





Venus moves from 23 degrees Leo to 12 degrees Virgo throughout October. While Venus in Leo made room for you to reflect on your creativity, ego, and self-worth. Venus enters Virgo starting October 10th asks you to fine tune and get a detailed plan together. So, you can incorporate that extra umph from Venus in Leo that provided you the energy to see the king or queen within. Write it down and read it often. So, you never lose sight of who you are... as Venus this placement naturally shows you where you find value and self-worth by house & Venus is in will give you the tea on how to find your value.

Mars starts out October at 22 degrees Libra entering Scorpio on October 13th and ending the month at 12 degrees Scorpio. If finding balance of power and how you choose to assert yourself has not been found, look for manipulation and control issues to enter the picture. However if you have made time to cultivate equilibrium in the House in your Natal chart where Mars is transiting you will come to discover deeper meaning of power. Unlocking ways for you to subtly assert yourself without being aggressive or manipulative. This makes people magnetically and mysteriously attracted to you.

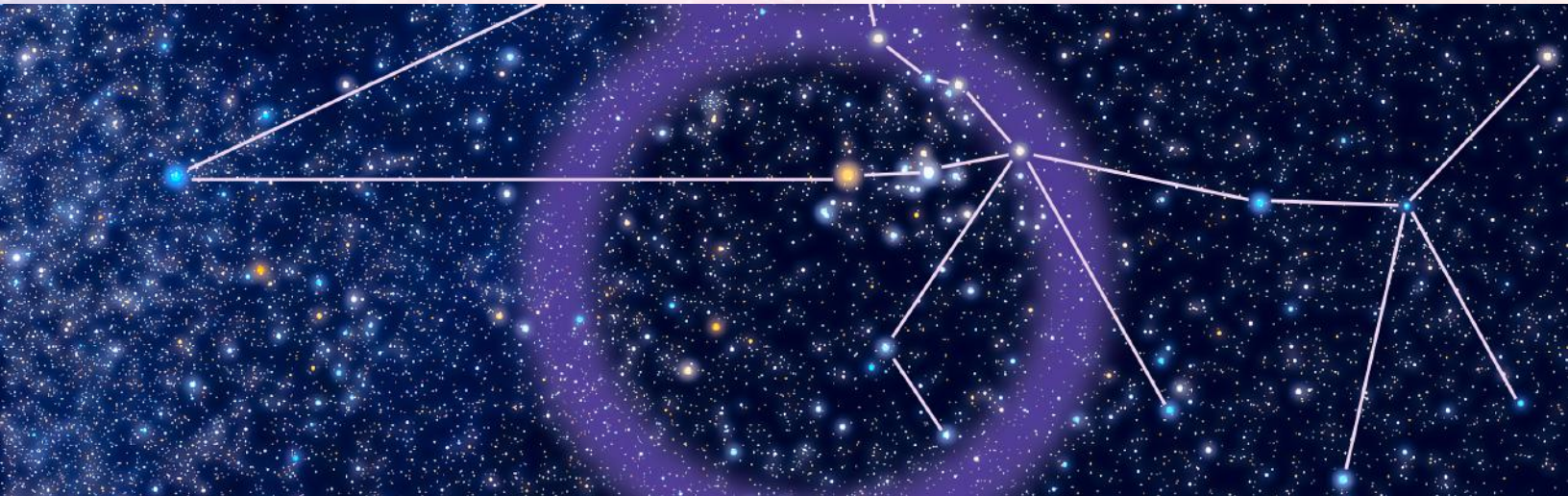
Jupiter retrogrades from 14 degrees to 10 degrees Taurus in October. It brings the energy that asks you to check your growth's reliability. Are you using your knowledge in ways that promote growth and loyalty or are you... staying stuck in your way of doing things? Now is the time to be keenly aware that overindulgence stubborn or selfish behavior patterns limit your potential for abundance to flourish in the house where 10 to 14 degrees Taurus is in your Natal chart.

Saturn retrogrades from 1 to 0 degrees Pisces throughout October tempting you not only to revisit many dreams, but to get realistic about why and if they really appeal to you. Or if you are just riding the wave TV, music, and those who creep who created it... can leave you drowned in in the possibilities. When you lose sight of which direction you should be swimming, the house where zero to 1 degrees Pisces is located can be found in your chart. Will give you clear insight into what area of life the forecast will assist you most.



TheMysticMarketplace.com

Uranus and Neptune remain retrograde throughout October. Uranus will bring more extreme weather and agriculture issues that can affect food costs in the supply chain while Neptune retrograde continues to expose reality and shatter illusions. Personally, you would benefit from meditation.



The house where 21 to 22 degrees Taurus is in your chart the things ruled by the house Uranus retrograding will be affected most in your chart followed by the house where Aquarius is on the cusp. Neptune retrograde at 25 degrees Pisces.

The house where 25 degrees Pisces is in your Natal chart will be affected most. Neptune is in Pisces... So, the house where Pisces is in your natal chart will also feel this energy. You will benefit most by trusting your intuition and reflecting on the insights you received in the past and ignored, didn't trust, or act on to your disadvantage. Meditation on things governed by the house where Neptune is transiting your natal chart, dreams can become reality as Neptune goes direct and you act on those insights.

Pluto starts October retrograde at 27 degrees Capricorn going direct on October 11th and finishing out the month at 27 degrees Capricorn direct calling for reconstructing and responsible use of power. Pluto in Capricorn will continue to bring the final judgment type of energy as it works to move from the place where it retrograded back into Capricorn. This isn't the last rodeo of Pluto retrograding into Capricorn.

Globally, especially in the US... there will be many political and economic crisis as Pluto moves through the United States second House of money and values. The failure to adapt brings failure. Where Pluto retrogrades in your natal chart is where you can find clues to how you can harness this Pluto's energy for personal transformation.

NOVEMBER

November 's new moon on the 13th will be 20 degrees Scorpio. The full moon will be on November 27th at 4 degrees Gemini. New moons are times when we begin new projects but are also when we usually don't have enough light on the situation to act in the most effective ways. Try to avoid important decisions on the new moon.

The full moon always brings information to the light and reminds us to reap the benefits of being able to see what is usually concealed by the darkness of ignorance or the tidal influx of emotional stimuli... that you are bombarded with daily in the human experience.

Mercury will start off the month at 15 degrees Scorpio, closing out November at 28 degrees Sagittarius. Mercury rules the mind and communication. The house where Mercury can be found in your chart will give you insight into the area where you need to listen for deeper meaning in communication and how to move beyond your current level of understanding of the house or houses Mercury will transit in your chart this month.

Venus begins November at 22 degrees Virgo and moves to 24 degrees Libra by the month's end. If you were born between September 14th and October 15th this will be your season of really feeling yourself. Venus will contact your natal Sun helping you see your value and feel your best. Venus in Virgo is more about being attentive to the details of your needs and makes you more attentive to the details pertaining to the house where Venus is transiting. As Venus moves into Libra on November 9th you can find more opportunities to seamlessly incorporate those insights into balancing your awareness of your value

Venus is the ruler of Libra and always creates opportunities for demonstrating your grace and charm when keeping things harmonious in your life the houses where you find 0 to 24 degrees Libra in your birth chart.

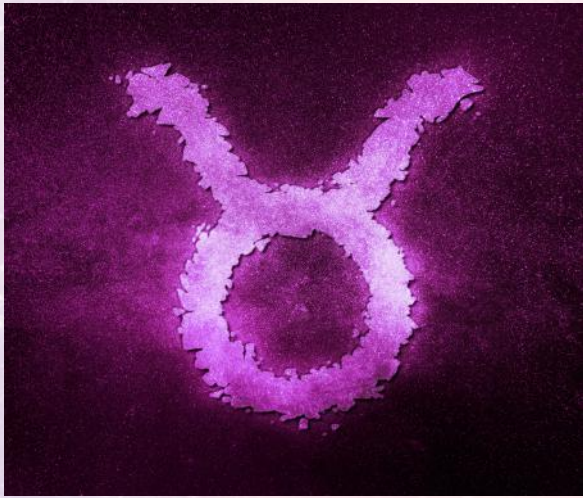
Mars starts November at 13 degrees Scorpio and ends at 3 degrees Sagittarius. As Mars' movement through your chart shows you what areas in your life you need to assert yourself.

For example, with Mars at 13 degrees Scorpio, traveling through your third house you may see more passionate communications as you begin to look for deeper meaning of things in the house in your chart where you find Aries on the cusp. Mars is the ruler of Aries, so Mars' movement through your chart via transit weighs on how you assert yourself, in matters associated with the house cusp where Aries is found in your chart.

Be cautious of being moved by jealousy and manipulation at this time. Trust your intuition and trust that you can assert yourself from a deep-seated place of hidden power. If you can do this... as Mars moves into Sagittarius on November 25th you will broaden your horizons to bigger and better opportunities in communities, you never imagined you could impact!



Jupiter retrogrades from 10-7 degrees Taurus in your chart. To get the best insight from this. Find where 7 to 10 degrees towards is in your Natal chart the house and everything governed by that house will be areas that you should evaluate. How have things grown or been blown out of proportion in that house. Jupiter is called the greater fortune.



When it travels through Taurus in your Natal chart, your money tends to flow, and you can overextend yourself. Use the retrograde to check how you have been using Jupiter's energy since it moved in a Taurus in May of 2023 adjust where when and if necessary. Saturn retrograde goes direct November 2nd move them from zero to 1 degrees Pisces demanding that you get real about embarking upon your spiritual journey despite your lack of consciousness awareness of this. The house where you find Pisces in your chart will always be a portal to deeper spiritual understanding.

Saturn travels through your chart and provides the energy to lay down the proper foundation in life. In the sign of Pisces collectively Saturn is going to actively exposing... grinding down the false spiritual teachings and teachers over its two years stay in Pisces. Use this time to get a clear understanding of what spirituality and the spiritual experience as a human means to you and live it!

Uranus retrogrades from 21 to 20 degrees Taurus throughout the month of November. Collectively we can expect the unexpected with banks turmoil, the weather and technology.

There will be some "old new" technologies that are repurposed and reintroduced into different areas, especially medicine. A rise of the unions is a light interpretation of some of the unexpected issues to shake up the global markets as well as erratic weather that will affect crop production.

Neptune retrograde from 25 to 24 degrees Pisces the world will be taking a second look at drugs and substance abuse. Expect breakthroughs not only with psychedelics and helping people in end-of-life experiences. We may see fresh takes on addiction and the avoidance or escapism from suffering in the human experience. There will be those who encourage escapism... but Neptune retrograde is telling you to consider the awareness of issues allows you to deal with them.



The time wasted avoiding can be used intuitively analyzing and resolving the issue. Part of escapism is convincing yourself that you are a victim or a martyr. Reevaluating your need to "self-sacrifice" and learning to trust your intuition, rather than trying to logically analyze everything through the microscopic lens of your personal trauma. Neptune retrograde is a time for finding your power and being reborn through reflection rather than the annihilation associated with Pluto.

Pluto, which moves from 27 to 28 degrees Capricorn this month, helps you redefine what leadership and being a boss really means. As Pluto makes its way back over the spots it retrograded in the sign of Capricorn those who have abused their power will be held into account and those who have used their power to empower others shall be rewarded. This energy will resonate throughout the world until Pluto finally leaves Capricorn for good in November of 2024.



FINAL WORD ON 2023

2023 will end with only Uranus retrograde from 20 to 19 degrees Taurus. Neptune goes direct December 6 and Jupiter moves direct December 31st. The right money energy for starting 2024. Check the house placement and see where Jupiter starts the year off for you and plan your growth accordingly. Mercury moves from 29 degrees Sagittarius to 22 degrees Capricorn helping you solidify the new information you've gained this year and put it in the tangible plans. Write it down.

Venus finishes out Libra moving from 25 degrees Libra and ending the year at 1 degree Sagittarius. The hidden power, beauty, and talents you discovered via self reflection will help you throttle in 2024 with the help of Mars in Sagittarius all month. Leveling up and personal growth are a must. Mars in Sagittarius makes you want to move... mentally and physically. Ride the wave. It will take you further than you ever imagined.

Saturn moving from 1 to 3 degrees Pisces will help you make dreams reality if you can manage to color within the lines.

May this insight ignite you and delight you. Knowledge is only power when it is applied appropriately. The universe will provide you with the energetic updates... it won't make you responsible for how you use the.

For your own in-depth personal reading you can book it here using this link [BOOK YOUR PRIVATE ASTROLOGY READING](#) make sure you include coupon code 'MYSTICU' to receive 20% off your personal astrology reading.



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