



*Gillian's*  
Facial Treatments

## OILY/ACNE FACIAL TREATMENTS

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**OILY/ACNE**



*What Facials & Products are For You?*

# YOUR SKIN SOLUTIONS



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& Hacks

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HELLO

x x x

# ZYME PEEL FACIAL

= gorgeous =

The Zyme Peel Facial is designed for acne grades 1- 2, focusing on deep cleansing, exfoliation, extraction, and soothing hydration to leave the skin refreshed and rejuvenated. It is suitable for mild to moderate acne cases and is ideal in a series.

**\$150**

**ADD ON GLYCOLIC PEEL FOR EXTRA BOOST TO YOUR FACIAL**

**ADD ON**

**HIGH FREQUENCY**

Oxygenating the skin to improve the texture of the skin and absorption of products, while disinfecting the skin of acne prone lesions leaving a silky smooth finish. Results are amazing.







# OILY/ACNE SKIN TYPE

## SUGGESTED FACIALS



**HydraBeauty Facial**  
From \$185-\$285



**Microdermabrasion**  
From \$185-\$225



**Zyme Peel**  
\$150



**Non Botox Peel**  
\$165



**Delux Facial**  
\$140



**Beta Peel**  
\$150



# HydraBeauty Facial



The number one facial everyone is changing to. A vortex of special solutions and oxygen is power washed from a handheld piece on to the skin. A vacuum suction pulls out all the waste imperfections and the dead skin while simultaneously delivering powerful serums and those famous booster shots. HydraBeauty facial uses a multi-system of 12 different handheld pieces with different amazing effects and results.

One of the most powerful, non-invasive resurfacing treatments available today!  
Exclusive Oxygen Ceutical Skin Products

**INSTANT  
VISIBLE  
RESULTS**

## **Refresh** HydraBeauty 30min \$185

The 30-minute HydraBeauty is a quick and effective way to improve the appearance of your skin. During the treatment, a fine stream of water is used to exfoliate the skin, removing dead skin cells and revealing the fresh, new skin cells underneath. The treatment also helps to hydrate the skin and improve its overall appearance.

30

## **Essential+Booster** HydraBeauty 60min \$225

The 60-minute HydraBeauty is a more comprehensive treatment that includes all of the benefits of the 30-minute treatment, plus additional steps to help improve the appearance of fine lines and wrinkles, age spots, and hyperpigmentation. The treatment also includes a deep cleansing and extraction, which helps to remove any clogged pores or blackheads.

60

## **Premier+Booster** HydraBeauty 90min \$285

The 90-minute HydraBeauty is the most comprehensive treatment available. It includes all of the benefits of the 60-minute treatment, plus additional steps to help improve the appearance of sun damage, acne scarring, and rosacea. The treatment also includes a customized serum application, which helps to deliver targeted treatments to the deeper layers of the skin.

90





# MICRODERMABRASION FACIAL



**Microdermabrasion** Facial 30min \$100 60min \$185 90min \$225

Microdermabrasion is a cosmetic procedure that uses a handheld device to remove the top layer of dead skin cells from the face. This can help to improve the appearance of the skin by making it look smoother, brighter, and more radiant.

Microdermabrasion works by using a stream of fine particles, such as aluminum oxide or sodium bicarbonate, to gently sand away the top layer of dead skin cells. This exposes the fresh, new skin underneath, which can help to improve the appearance of fine lines, wrinkles, age spots, and sun damage. Microdermabrasion can also help to improve the texture of the skin and make it look more radiant.

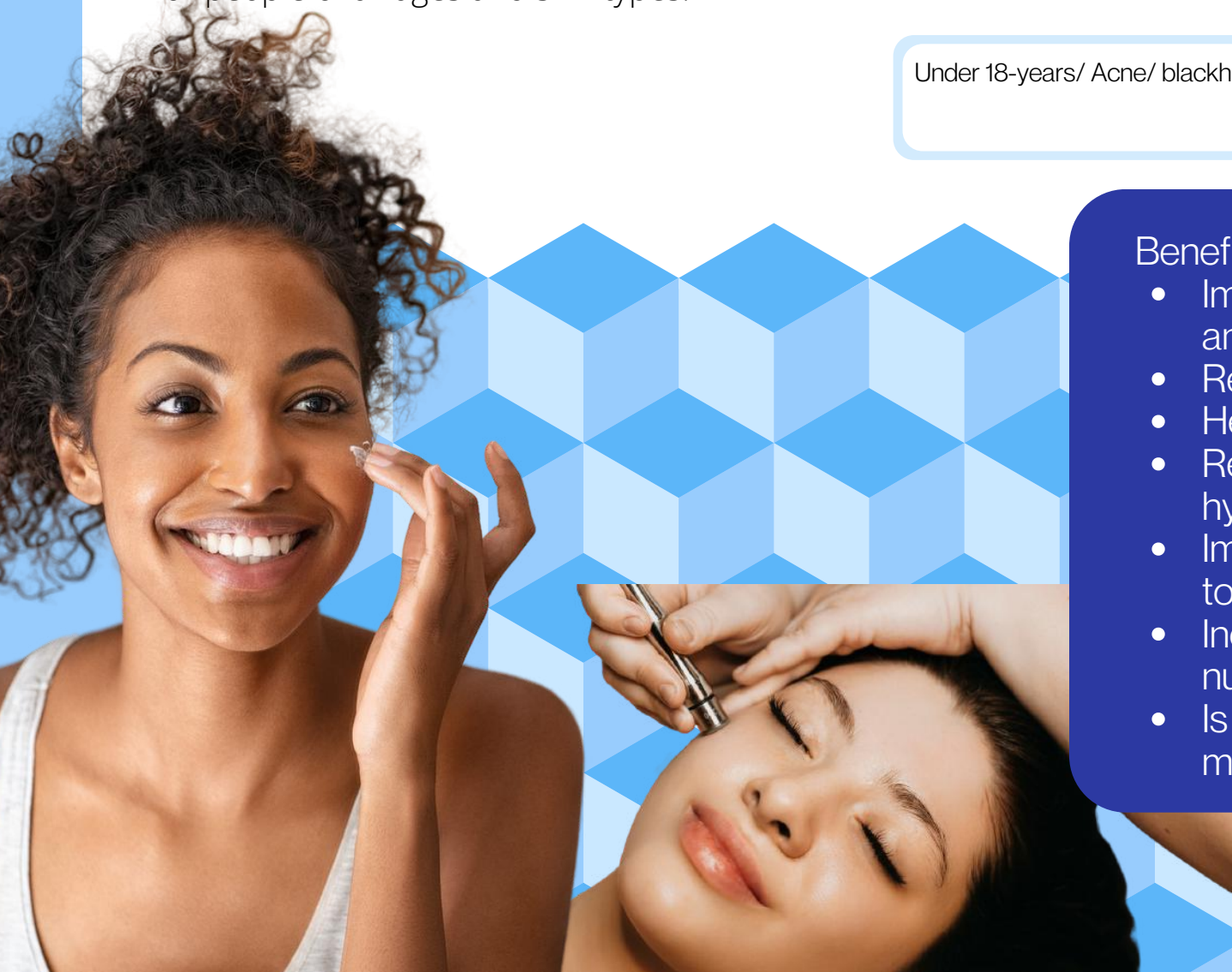
Microdermabrasion can be done as a stand-alone treatment or in conjunction with other skincare treatments, such as chemical peels or laser treatments. It is a popular treatment for people of all ages and skin types.



Under 18-years/ Acne/ blackheads/ Uneven Skin Tone  
60 minute \$140

## Benefits

- Improves the appearance of fine lines and wrinkles
- Reduces the appearance of age spots
- Helps to clear up acne
- Reduces the appearance of hyperpigmentation
- Improves the skin's overall texture and tone
- Increases the skin's ability to absorb nutrients
- Is a safe and effective treatment for most people



PEEL SO EASY  
NO DOWN-TIME



SUPERIOR  
FACIALS  
WITH  
SUPERIOR  
PEELS!

# ZYME PEEL



*For all skin types*

**60 minute \$150**

Enzyme treatments may be performed with or without other exfoliation procedures. Zyme Peel Powder, when mixed with the Zyme Peel Activator, and steamed, softens sebum and dissolves keratin buildup. It eliminates dead cells, digests surface debris and reduces accumulated sebum deep in the pores, removing excess dry, flaky skin without irritating the epidermal tissue.







# NON-BOTOX FACIAL

*All skin types / Acne/Wrinkles / Lifting / Smoothing*

**\$168**

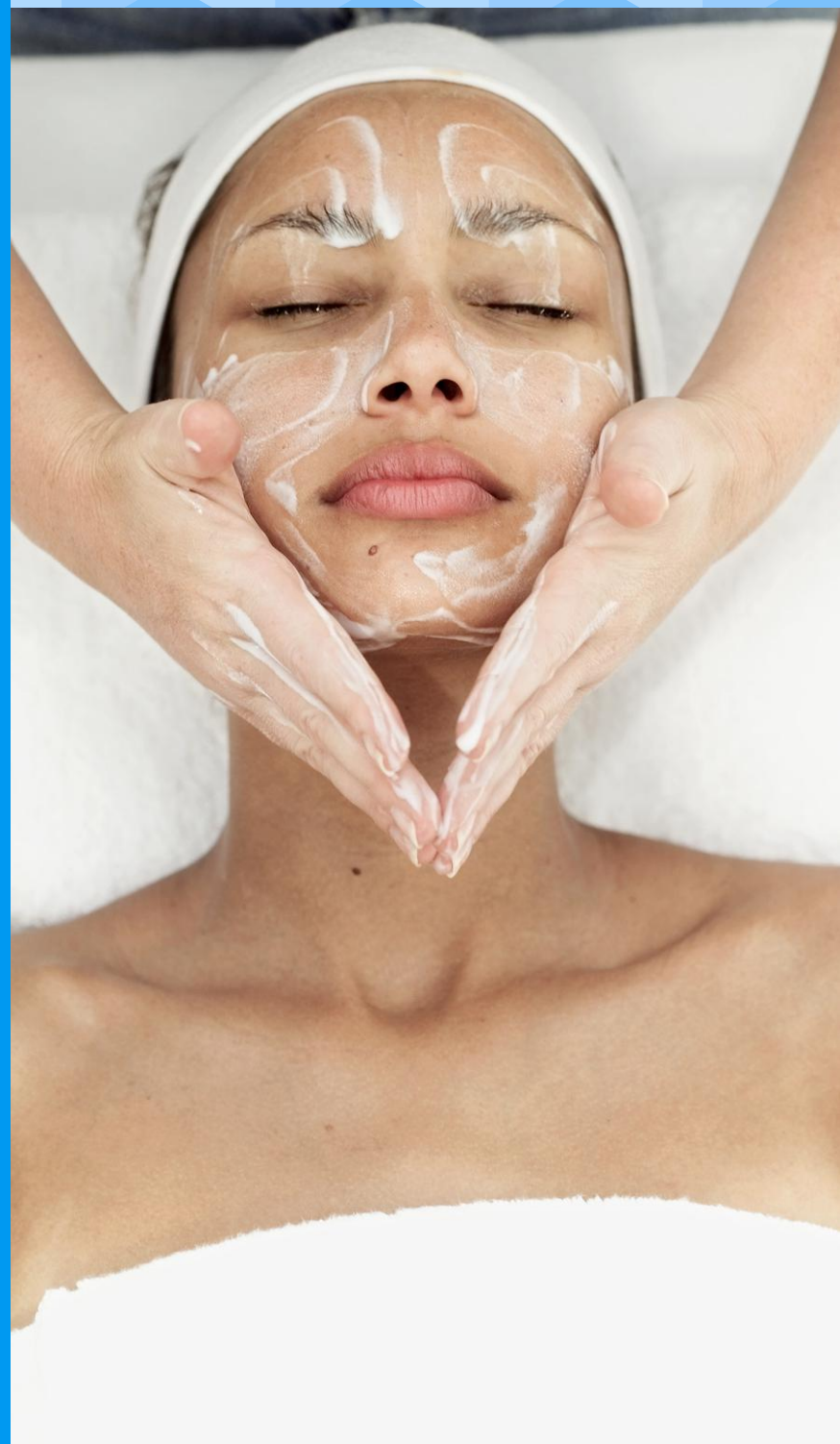
The invigorating properties of **Glycolic Acid** react with the third layer of skin, breaking it down by dissolving intracellular glue and sloughing off dead skin cells to reveal a smoother, healthier and more refined complexion.

**Salicylic Acid**, derived from the Willow Tree, actively cleanses by swelling, softening and peeling the top layer of skin. Using it in the Peel ensures blocked pores are cleared and inflammation reduced to treat signs of congestion, breakouts and blemishes.

Our innovative combination of **Lactic and Citric Acid** further aids in the shedding of dead skin cells whilst treating pigmentation by gently lightening the skin. Fruit acids are also rich in **Vitamin C** to enhance collagen production; firming fine lines and restoring a youthful radiance.

The addition of **Sodium Bicarbonate** in the paste gently exfoliates the skin to stimulate cell regeneration and awaken the complexion.

A revitalising blend of citrus essential oils will energise the skin whilst soothing irritation and uplifting the senses.







# *Gillian's Signature Facial*

## **DELUXE FACIAL**

**SUITABLE FOR ALL SKIN TYPES.**

Our classic signature facial includes complementary waxing of eyebrows, lip and chin. Essential oils and warm compresses are used through out. This treatment includes deep cleansing, steaming, extraction, face and shoulder massage, mask, hydrating moisturizer to the hands and feet. Your therapist will customize the Deluxe Facial personally to your skin needs.

**60 minutes \$140**

## **DELUXE FACIAL WITH BACK MASSAGE**

**SUITABLE FOR ALL SKIN TYPES.**

The Deluxe facial with an extra 15 minute shoulder and back massage.

**75 minutes \$165**





# *Gillian's Peel Services* **BETA PEEL**

**ACNEIC/NONSENSITIVE/MATURE/AGING/OILY  
/HYPERPIGMENTED SKIN.**

Strong anti-acne facial doubles up on the exfoliation to rid skin of both acne and sun damage (age spots, wrinkles, uneven texture). Following advanced enzyme technology with active salicylic acid this facial takes surface exfoliation to a new level (that is, a whole lot deeper). Sticky, hardened pore-clogging oils, debris and bacteria are swept away as unwanted pigment and textural irregularities are literally smoothed off the skin. Emptied of impurities, pores become more responsive to the healing and smoothing mask and serums to follow. Ideal for those with adult acne who are also concerned with aging issues. Not suitable for those who are allergic to aspirin.



**60MIN \$150**







# CHOOSING THE BEST PEEL FOR YOU

	All Skin Types	Acneic Skin	Sensitive Skin	Non Sensitive Skin	Mature Skin	Aging Skin	Dry Skin	Oily Skin	Hyperpigmentation	Rosacea
Beta Peel 22%		X		X	X	X		X	X	
Gly Peel 33%		X		X	X	X		X	X	
Lactic Green Tea Peel 25%			X			X	X		X	
Stem Cell Peel			X	X	X	X	X	X		
Zyme Peel	X	X	X	X	X	X	X	X		X
Skin Refining TCA Peel				X	X	X			X	
Double Peel		X		X	X	X		X		
Non Botox Peel		X	X	X	X	X	X	X	X	

Peels Available for add on service are;  
 Beta  
 Glycolic  
 Lactic  
 Zyme

# Facial Add On's

## Enhance your service

**\$25**

### High Frequency

High frequency devices produce ozone, which has potent antibacterial properties. When applied to the skin, the high frequency current creates oxygen molecules that have a germicidal effect, targeting and destroying acne-causing bacteria such as Propionibacterium acnes (P. acnes). By reducing the population of bacteria on the skin's surface, high frequency treatment can help to prevent new acne lesions from forming.



**\$20**

### LED Blue Light

The blue light emitted by LED devices penetrates into the skin and activates a molecule called porphyrin that is produced by P. acnes bacteria. When porphyrin is exposed to blue light, it produces reactive oxygen species (ROS), which are toxic to the bacteria. This process effectively kills the P. acnes bacteria, reducing inflammation and preventing new acne breakouts from forming.



**\$35**

### Peel Add on

Peels work by loosening and removing dead skin cells from the surface of the skin. This exfoliation process helps to unclog pores, removing debris and excess oil that can contribute to acne formation. By promoting cell turnover, acid peels can also help to fade acne scars and hyperpigmentation over time.



**Peels Available for add on service are;**  
Beta  
Glycolic  
Lactic  
Zyme

**\$40**

### Skin Scruber

Skin scrubbers work by emitting ultrasonic vibrations at a high frequency, typically around 25,000 Hz or higher. These vibrations create gentle waves in the skin, loosening and dislodging dead skin cells, dirt, and other debris from the surface. By exfoliating the skin, skin scrubbers help to unclog pores and remove impurities that can contribute to acne formation.







# Quick Fix



## A THERAPEUTIC MASK TO SOOTHE AND HEAL

Control Corrective's popular Sulfur Calming Mask absorbs excess oil and calms inflamed skin. Creamy, comforting aloe absorbs excess oil, helps reduce enlarged pores and offers cool relief for tender skin. Excellent as well as an overnight spot-treatment for painful blemishes.

### INGREDIENT HIGHLIGHT

#### Eucalyptus

Eucalyptus oil has long been considered beneficial for its disinfectant properties and antiseptic action.

#### Sulfur 10%

Reduces the inflammation associated with acne as it dissolves the skin's surface layer of dead cells. It also increases the potency of benzoyl peroxide and is excellent for resistant acne cases.

#### Zinc Oxide

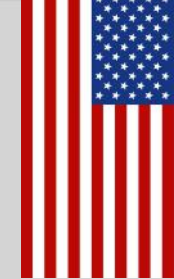
Recognized as a treatment for calming irritated skin.





# Control Corrective

skincare systems®



## Oily/Acne

Improve your complexion and restore balance. These products are concentrated and you will see and feel the difference within a week! Control Corrective, started in 1997, is dedicated to helping you feel and look your best.



**Step 1**

Cleanse  
2x Daily

**Step 2**

Treat  
1-2x Daily

**Step 3**

Moisturize  
2x Daily

**Step 4**

Protect  
1x Daily  
A.M.

**Step 5**

Relax  
2x Week



# Normal/Combination

MONU believe that what you put on your body should be as healthy and natural as what you put into it. From the finest of natural ingredients to the best professional skincare and treatments, MONU strives for the highest standards.

Active products with fresh floral aromas to revitalise, refresh and stimulate the skin.



**Step 1**

Cleanse  
2x Daily

**Step 2**

Tone  
2x Daily

**Step 3**

Exfoliate  
2x Week

**Step 4**

Moisturize  
1x Daily P.M.

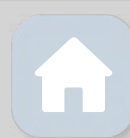
**Step 5**

Treat  
1x Week



# OxygenCeuticals

breathe life into your skin



## Anti-Acne/Oily Skin

OxygenCeuticals is a professional skincare brand that combines cutting-edge science with a deep understanding of skin health. Backed by extensive research and formulated by skincare experts, products are designed to nourish, protect, and rejuvenate the skin.



**Step 1**

Cleanse  
2x Daily

**Step 2**

Tone  
2x Daily

**Step 4**

Serum  
2x Daily

or

**Step 4**

Serum  
2x Daily

**Step 5**

Moisturize  
2x Daily

**Step 3**

Relax  
2x Week





## Morning Skincare

Cleanser



Toner



Serums



Moisturizer



Sunscreen



## Nighttime Skincare

Cleanser



Toner



Serums



Eye Cream



Moisturizer



## Twice Weekly

Exfoliator

Mask



# TOP HACKS FOR SMOOTH AND HEALTHY SKIN

Maintaining healthy skin involves a combination of proper skincare practices, a balanced lifestyle, and protective measures. Here are some top tips for achieving and maintaining healthy skin:

## → CLEANSER MORNING & NIGHT

CLEANSER TO REMOVE DIRT, OIL, AND MAKEUP WITHOUT STRIPPING THE SKIN OF ITS NATURAL MOISTURE.

## → STAY HYDRATED

DRINK PLENTY OF WATER TO KEEP YOUR SKIN HYDRATED FROM THE INSIDE OUT. HYDRATION IS KEY TO MAINTAINING A HEALTHY COMPLEXION.

## → PROTECT FROM SUN EXPOSURE

APPLY BROAD-SPECTRUM SUNSCREEN WITH AT LEAST SPF 30 DAILY, EVEN ON CLOUDY DAYS. SUN PROTECTION HELPS PREVENT PIGMENTATION AND PREMATURE AGING.

## → EXFOLIATE REGULARLY

INCORPORATE EXFOLIATION INTO YOUR ROUTINE TO REMOVE DEAD SKIN CELLS AND PROMOTE CELL TURNOVER. BE MINDFUL NOT TO OVER-EXFOLIATE, WHICH CAN CAUSE IRRITATION.

## → CLEANSE AFTER SWEATING

AFTER SWEATING, CLEANSE YOUR SKIN TO REMOVE EXCESS OILS AND IMPURITIES THAT CAN CLOG PORES.

## → BE PATIENT

RESULTS TAKE TIME. BE PATIENT AND CONSISTENT WITH YOUR SKINCARE ROUTINE AND LIFESTYLE CHANGES.

## → HYDRATE YOUR SKIN

USE HYDRATING PRODUCTS WITH INGREDIENTS LIKE HYALURONIC ACID TO MAINTAIN MOISTURE LEVELS IN THE SKIN.

## → CONSISTENT SKINCARE ROUTINE

ESTABLISH A SKINCARE ROUTINE WITH PRODUCTS SUITED TO YOUR SKIN TYPE AND CONCERNS. CONSISTENCY IS KEY FOR SEEING RESULTS.

## → REMOVE MAKEUP BEFORE BED

ALWAYS REMOVE MAKEUP BEFORE GOING TO BED TO PREVENT CLOGGED PORES AND BREAKOUTS.

## → AVOID TOUCHING YOUR FACE

TOUCHING YOUR FACE CAN TRANSFER DIRT, BACTERIA, AND OIL, POTENTIALLY LEADING TO BREAKOUTS.



Everyone's skin is unique, so it's important to tailor these tips to your specific skin type, concerns, and lifestyle. Regular self-care and a holistic approach contribute to the overall health and vitality of your skin