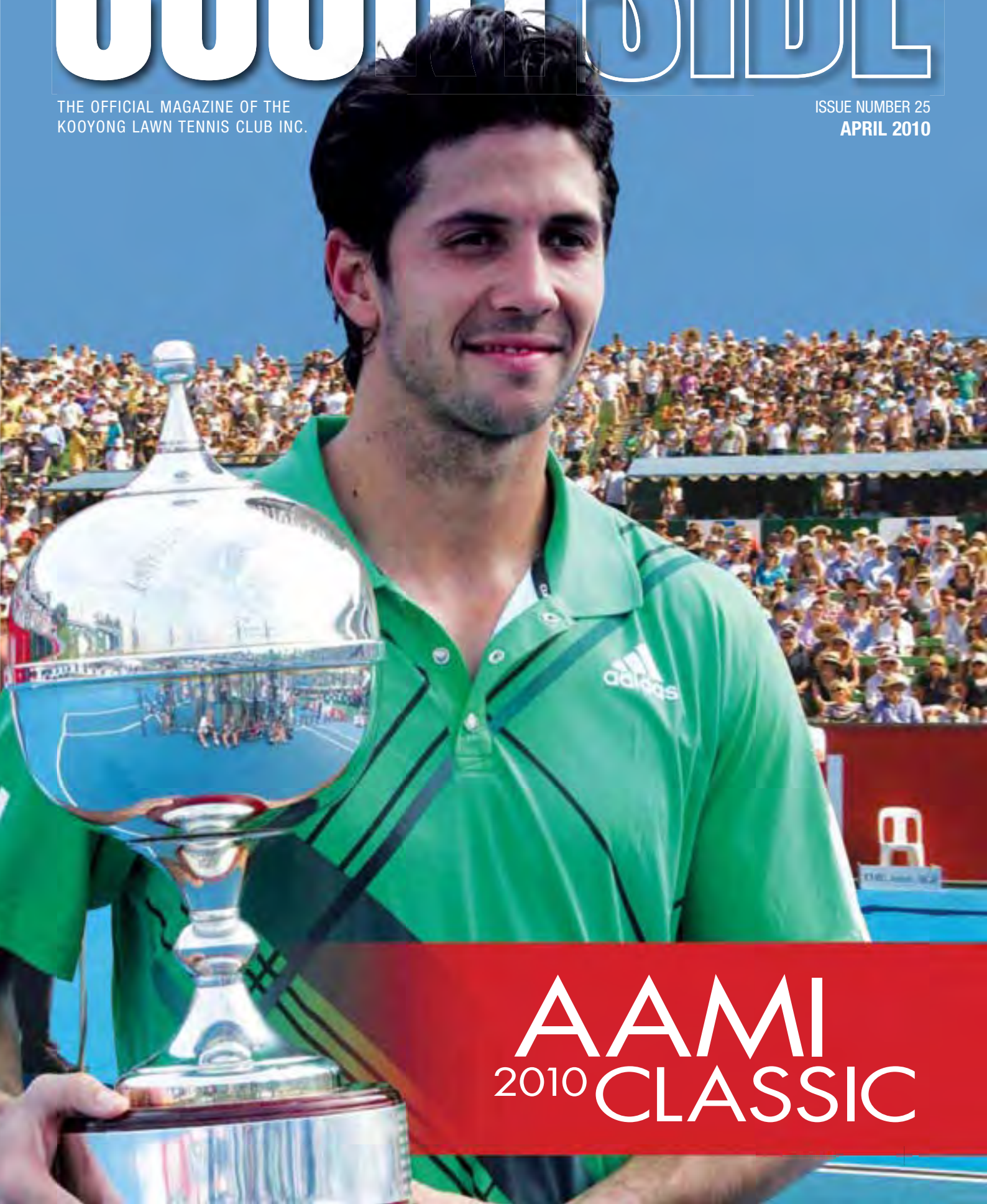


# COURTSIDE

THE OFFICIAL MAGAZINE OF THE  
KOOYONG LAWN TENNIS CLUB INC.

ISSUE NUMBER 25  
APRIL 2010



AAMI  
2010 CLASSIC

# *The 2010. Champions' Dinner*

Join us for a night of celebration as we look back on the sporting achievements of our members over the past twelve months.

Friday 14th May at 7pm

The Kooyong Room

Section Presentations for Tennis, Squash,  
Billiards & Snooker and Bridge

*Contact reception for more information*



# Presnell Shoots Aussie Tour Record To Claim Vic PGA



"But I'm stoked. I didn't do a great deal wrong. I drove the ball pretty good all week and my putter worked on Friday and particularly today."

"(Yesterday) I thought I was completely out of it with absolutely no chance. But a few putts dropped in late on the back nine and to turn at seven under I had thought it was still a tough ask."

Sharing second place were overnight leaders Kurt Barnes (67, 67, 66, 67) and Davis Bransdon (67, 65, 68, 67) who were forced to finish their rounds in elevated wind conditions that whipped up around Sandhurst after Presnell had completed his round.

Bransdon and Barnes finished at 21-under par, while Paul Matantz (69, 69, 66, 65) saved his best to last shooting a 7-under round to finish at 19-under in outright fourth.

The win for Presnell is his second PGA Tour of Australasia title, with his first coming at the 2009 Moonah Classic with which he gained US Nationwide Tour status.



Today's timely win comes only days before the Melbourne heads over the US to kick off his 2010 campaign.

"I head over to the Nationwide Tour on Thursday for a couple of events in South America so this is a fantastic way to start the season."

For his win Presnell took home the first place cheque for \$16,500.

*Kooyong member and professional golfer, Alistair Presnell won the recent Victorian PGA title*

**Kooyong member and Victorian professional golfer Alistair Presnell shot a Sandhurst course record and equalled the record for the lowest ever round in an Australasian Tour event on his way to claiming the 2010 Cellarbrations Victorian PGA Championship recently.**

Presnell shot an unbelievable round of 12-under par on the North Course at Sandhurst smashing the previous course record by three shots taking his four day total to a massive 22-under par.

"I'm ecstatic. To win a Victorian title means a lot to me," said Presnell who now joins past champions Kel Nagle, Peter Thomson, Peter Senior and Stuart Appleby on the honour roll.

"It's a great achievement and another big feather in my cap."

Presnell's 12-under round also put his name in the Australasian Tour record books alongside Paul Gow (2001 Cannon Challenge, Rd. 1) and Ernie Els (2004 Heineken Classic, Rd. 1) with whom he now shares the prestigious record.

"It's a proud achievement. There are some unbelievable names (who have played in Australia.) I think just about everyone has played in Australia at some time, all of the greats."

Throughout his round Presnell shot an amazing 12 birdies but missed a short putt on the par 5 17th hole that would have taken him to the magical 59.

"A few nerves crept in," Presnell admitted post round.

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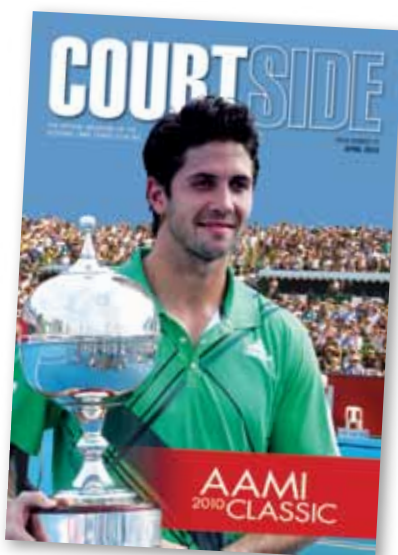
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**Kooyong Lawn Tennis Club Inc.**

489 Glenferrie Road

Kooyong VIC 3144

Phone: (03) 9822 3333

Fax: (03) 9822 5248

Website: [www.kooyong.com.au](http://www.kooyong.com.au)

Email: [enquiry@kooyongltdc.asn.au](mailto:enquiry@kooyongltdc.asn.au)

ABN: 17 177 846 072

Reg. No: A0039994S

## KOOYONG LAWN TENNIS CLUB COMMITTEE

Ian Hill - President

David Wilson - Vice-President

Brian Capp - Vice-President

Des Hinsley - Treasurer

### Members of Committee

Peter Carew

Adam Cossar

Cam Dickinson

Richard Kennett

Fiona Law

Duncan McCulloch

Margot McCluskey

Andrew Sutherland

Chris Brown - CEO

*Committee Members may be contacted  
at any time through reception.*

## PUBLISHERS

Courtside magazine edited by

Daniel O'Neill

### Membership Enquiries

Chris Wilkinson

[cwilkinson@kooyongltdc.asn.au](mailto:cwilkinson@kooyongltdc.asn.au)

### Tennis Enquiries

Cedric Mason

[cedric@kooyongltdc.asn.au](mailto:cedric@kooyongltdc.asn.au)

### Functions Enquiries

Renee Reid

[rreid@kooyongltdc.asn.au](mailto:rreid@kooyongltdc.asn.au)

### Design & Production

Mustard Creative Media

[info@mustardmedia.com.au](mailto:info@mustardmedia.com.au)

## KOOYONG CORPORATE MEMBERS

AAMI

Australian Fabric Laminators

Duncan Thompson Building Concepts

Zanity

Endeavour Shipbroker

## A MESSAGE FROM THE CEO

What an amazing time it's been since just before Christmas at our Club!

A handover of our building on the eve of Christmas heralded the start of one of the busiest periods of activity in our Clubhouse's history.

During the lead up to our tournament, we re-opened both the Bar and Bistro and in early January, the Racquet Club.

Early in January we enjoyed another highly successful AAMI Classic and witnessed a fabulous final of the rising stars, where Fernando Verdasco triumphed over Jo-Wilfried Tsonga.

The days that followed saw Members return to the Clubhouse in large numbers to host family and friends. The opportunity to enjoy the new Clubhouse resulted in a level of activity as busy as anytime in the past.

This brought with it several challenges and the early days proved difficult to meet the increased demand. Several quick changes settled matters down and Members are able again to enjoy the excellent bar and dining opportunities on offer.

On the 28th February an Open Day showcased the new Clubhouse and several people took the opportunity to visit and tour the new facilities. A celebration in the Kooyong Room allowed Members to enjoy the services and facilities on offer and reflect on the achievements from the building work.

During the afternoon, the Club Championships finals took place and congratulations go to our tennis Club Champions Jay Salter and Lisa D'Amelio and squash Club Champions Mark Ikin and Sarah Fitz-Gerald.

The new facilities offer Members even greater opportunity to enjoy our wonderful Club and 2010 shapes up as a wonderful year at Kooyong.



Chris Brown

CEO - Kooyong Lawn Tennis Club



# PRESIDENT'S REPORT

## Kooyong - Beyond 2010

By the time members receive this edition of Courtside the finishing touches to the Clubhouse Redevelopment will have been completed presenting members with a world-class facility to enjoy and to be proud of.

Not unexpectedly, Member interest in the renovated Clubhouse has been strong during months that have traditionally been quiet at Kooyong. One positive outcome from the development has been to desire of Members to introduce their family and friends to the fabulous new facilities. Undoubtedly initial demand for dining has increased the need to pre-book to ensure a dining space is available.

The Committee members, Club management and staff have enjoyed witnessing Members proudly showing family and friends around the Clubhouse. For those Members yet to tour the renovated Clubhouse I encourage you to come and see the improvements for yourself.

A number of Members have commented that the redevelopment has changed the nature and feel of the Club. It is true that the facilities have improved and expanded however the traditional feel of the Club remains.

By and large the feedback from Members regarding the interior design and fit-out has been positive. One would find it hard to argue that the overall comfort of Members dining or relaxing on the balcony has not greatly improved with the new furniture and expanded area.

The Club is also privileged to have received assistance from the Kooyong Foundation for the trophy display cabinets and from our Club Members who have donated tennis memorabilia for the pleasure of all who come to the Club.

## Opening Day

The Opening Day was an outstanding success with many of the Club's past and present Committee members, Club stalwarts and sporting stars present to witness the opening of the Clubhouse and to watch the Club Championship of both tennis and squash.

Since the AAMI Classic, in early January, the Club has been buzzing with activity on the courts and in the Clubhouse. In fact, this year, the Club registered the largest ever number of entrants in the Club Championships, surely making Kooyong's Club Championship one of the largest and best run tennis events in Australia.

## The Future

Having set a fiscally responsible debt reduction strategy as one aspect of the original redevelopment plan, the Committee now turns its attention toward planning for future developments both within and outside

the Glenferrie Road precinct.

One of the challenges ahead is how to engage the people on our waiting list; a list that grows daily. The Club has a strong waiting list for junior membership, and in the restricted and full playing categories that the Committee wants to foster.

The Committee is considering some innovative ways to deliver services to our waiting list that compliment rather than compromise existing Member access and utilisation of the Club's facilities.

## Reciprocal Opportunities

The Club's Committee are constantly looking at ways to build greater value into each membership category without requiring Members to pay any additional subscription fee.

## Rules & Regulations

The debate around the need for Members to wear collared tennis shirts, the wearing of black socks, running shoes that dig up courts, bike shorts and leggings and numerous other questionable outfits rages on, particularly amongst our juniors and fashion conscious Members.

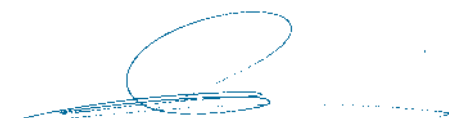
In short, fads and fashions come and go yet Kooyong's tennis regulations remain unchanged and are unlikely to alter in the near future.

It's not a huge impost to dress in stipulated tennis attire whilst playing at Kooyong and Members are required to comply with the Club regulations.

The Committee has also recently introduced cardholders behind each court for Members to display their membership card and visitor's slip of signed in visitors. The requirement to display cards is based exclusively upon protecting the interests of Members.

The Committees aim is to reduce the need for staff to interrupt Members during their play to check players' credentials while eliminating non-member use of our facilities, reduction of Members flouting Club Rules by playing on the grass as a Restricted Member or not signing in their visitors.

Members of all ages and interests have much to look forward to in and around the Club in the coming year. I hope you take the opportunity to enjoy the new Clubhouse and take advantage of all the new and improved facilities during 2010.



Ian Hill

President - Kooyong Lawn Tennis Club

**GOOD WEATHER AND THE PROMISE OF GREAT TENNIS AND SQUASH ENCOURAGED A LARGE CROWD TO THE OPEN DAY HELD ON 28 FEBRUARY.**

Several Members took the opportunity to bring family and friends and a number of tours were conducted to showcase the new clubhouse, facilities and services.

At midday, guests were invited to attend a celebration in the refurbished Kooyong Room and a crowd nearing 200 in number enjoyed drinks and a bite.

President Ian Hill congratulated the Building Development Committee and all involved in the planning and construction of the renovated and extended Clubhouse.

“Kooyong today is clearly one of the great clubs of the world and the completed works offer great facilities for this and future generations,” he said.

Ian also acknowledged the excellent work of Club Treasurer, Des Hinsley who led the Building Development Committee. Ian announced that in recognition of his excellent service as



# CLUBHOUSE OPENS

## AMID SPORTING FEAST

Chairman of the Building Development Committee and for his exceptional work as Treasurer of Kooyong for almost a decade, Des is to be awarded the Distinguished Member Award.

Following the ceremony and festivities in the Kooyong Room the finals of the Club Championships began a little after 1pm.

Many Members moved out to the terraces to enjoy the Men's and Women's Singles finals as Jay Salter won his ninth title and Lisa D'Amelio won her first.

Jay defeated Paul Arber in impressive fashion while Lisa was able to upstage a challenge from Bairnsdale's Sophie Vickers to get her name on the honour board.

The sporting highlights kept coming as Members were then treated to some world-class squash matches as the Club's Squash Championships reached a crescendo at 3pm with the men's final closely followed by the women's final.

Mark Ikin took out his 6th title after losing the first game in a tight battle with rising star Josh Cardwell while former world number one Sarah Fitz-Gerald was too good for Melody Francis, who is now ranked in the top 60 in the world.

This was a fantastic way to top off a wonderful day for the Club and many Members stayed on to enjoy a beautiful evening in the restaurants and on the balconies as the remaining matches of the Club Championships were played out on the grass courts.





*“ Kooyong today is clearly one of the great clubs of the world and the completed works offer great facilities for this and future generations ”*



**A**fter four days of scintillating tennis Spain's Fernando Verdasco won his first ever AAMI Classic title by defeating Jo-Wilfried Tsonga in a high class final.

There wasn't much between the two players in the first set as they battled for the ascendancy and you got the feeling early on that it could go either way.

Verdasco then broke Tsonga at the opportune time to win the first set 7/5 and used the momentum early in the second set to race out to a three-love lead before Tsonga attempted to extricate himself from a deep hole.

The big Frenchman had several opportunities to get himself back on level terms with Verdasco but the Spaniard played the big points with great composure.

Verdasco then held his nerve down the stretch to take the second set and win the title 7/5 6/3 to round off a fantastic preparation for the Australian Open.

In the earlier match on the final day Novak Djokovic was upstaged by young Aussie hopeful Bernard Tomic 6/4 3/6 7/5.

The exhibition match was played in great spirits and Melbourne's tennis fans got behind the youngster as he broke late in the final set to win the match.

Tomic showed enough throughout the match to suggest he will continue his climb up the world rankings in the next twelve months and may join Lleyton Hewitt and Peter Luzcak in the top 100 by the end of the year.

Earlier in the week the AAMI Classic got off to a great start with all the big guns winning their matches on the first day.

Novak Djokovic and Juan Martin Del Potro cruised through their opening matches with Tommy Haas and Ivan Ljubicic respectively.

They then had a tougher task on their plates in the next round when were to face Verdasco and Tsonga but it wasn't to be after Del Potro pulled out of the event with an injury.

Verdasco made a fantastic start to the event by defeating Chilean Fernando Gonzalez 7/5 6/1 and Tsonga eventually got past the huge improver of 2009

**VERDASCO WINS FIRST  
AAMI CLASSIC TITLE**

**AAMI  
2010 CLASSIC**







Robin Soderling 7/6 6/1.

On the second day Gonzalez and Haas got the action underway with a closely contested match that saw the Chilean triumph 6/2 6/4 to get his first win of the event.

This match was followed by the much-anticipated semi final between Verdasco and Djokovic but unfortunately it didn't live up to the hype as the Spaniard came out firing in the first set to take it easily 6/1.

Djokovic's fortunes didn't turn around in the second set, as most expected, as Verdasco continued his impressive form to win the match and move into the final in impressive fashion 6/1 6/2.

Ivan Ljubic and Robin Soderling then took to the court for what looked likely, early on, to be a great battle but after the first set was won by Ljubicic 6/4, the big Swede had to withdraw from the event with an arm injury.

Andy Murray then took to the court for an exhibition match with young American Sam Querrey for some much needed match practice leading into the Australian Open having only played in the Hopman Cup before heading to Melbourne.

The match and the preparation seemed to work for Murray as he won the exhibition 6/1 6/4 and then proceeded to make his way through to the final of the first Grand Slam of the year before going down to arguably the greatest player of all time, Roger Federer.

The third day saw three tough matches played out on Kooyong's centre court beginning with Fernando Gonzalez and Ivan Ljubicic pushing each other all the way before the Chilean triumphed 6/4 7/6.

The second match was purely an exhibition after the withdrawal of Del Potro earlier in the week but Tsonga and Haas looked to hone their games leading into the Australian Open and the big Frenchman again showed his class with a comfortable 6/4 6/3 win over the evergreen German.

To finish day three the crowd was entertained by possibly the most competitive match of the week as Sam Querrey again fronted up at Kooyong to play Sergiy Stakhovsky.

The two men used the match as a full dress rehearsal before the first round at Melbourne Park and gave it everything but it was Stakhovsky who came through with a fighting 7/5 3/6 7/5 win.

To finish the event on Saturday the crowd were treated to an exhibition match between Pat Cash and Henri Leconte and the two showmen put on a very entertaining match for the crowd.

It was a great way to finish the week at Kooyong as two of the world's former greats battled it out in hilarious fashion to keep the crowd absorbed well into the early evening.

We look forward to seeing the best players in world tennis returning to Kooyong for another successful AAMI Classic in 2011.

# 2010 Club Championships

**T**he Club Championships came and went with the blessing of some great weather and record entries making it another wonderful event on the grass courts.

Jay Salter again showed why he's so hard to beat on grass with another outstanding performance highlighted by his ninth Open Singles title.

His dominance shone through in the semi final when he defeated David Bidmeade 6/2 6/2 and in the final he defeated last year's finalist Paul Arber in much the same way 6/2 6/2.

His booming serve was on song as he cruised to another title despite having a little bit of trouble early in his quarterfinal match with Matthew Carroll.

Matthew jumped out of the blocks in impressive fashion but couldn't quite get past the champion in the ensuing tiebreaker and eventually going down 7/6 6/2.

A special mention should also go to young Sam Bertram who was playing a fantastic match with Paul Arber in the quarterfinal and had won the first set in a tiebreaker before going down with cramp after playing three matches of school tennis in the morning.

Unfortunately Sam was debilitated by the cramp and despite bravely fighting on he wasn't able to get over the line.

In the Women's Open Singles it was Lisa D'Amelio who took out her first singles title since joining the Club with a hard fought win over Bairnsdale's Sophie Vickers 6/1 6/3.

Lisa's solid groundstrokes and volleys on the grass courts made it very hard for the rest of the field to make any inroads onto her serve and she used her experience to outplay her younger opponents.

In the Men's Open Doubles it was the familiar pairing of Jay Salter and David Bidmeade who got past the 2008 winners, Paul Arber and Steve Gay, in a fiercely contested final 6/4 6/4.

This pair has now racked up three wins together over the years and with their big serves combining they would make life tough for any pairing at the Club.

The Women's Open Doubles saw Lisa D'Amelio win another event as she paired with young prodigy Laura Rabinovich to go one better after losing in last year's final.

The girls took on the young pairing of Stephanie Hughes and Grace Primikyrlidis and they used their experience to get over the line despite the two youngsters acquitting themselves extremely well before going down 6/2 6/2.

The Open Mixed Doubles was a small event but two very good pairs played the final in great spirits.

In the end it was Matthew Carroll and Sandy Vo that won their first title at the Club when they defeated David Bidmeade and Ashleigh Capannolo 6/3 6/4.

Another highlight from the event was the final of the Under 21 Boy's Singles between two very impressive young men who battled their hearts out chasing a win for the Pat Cash Cup.



From top: Men's Open Champion Jay Salter, Under 21 Boy's Singles Champion Mitch Burman and Ladies Open Champion Lisa D'Amelio



John Bertram and Mitch Burman played out a very close final and both will be important players for the Club in Grade 1 for the coming pennant season but it was Burman who came out on top despite John's best efforts 7/6 6/3.

In the Under 21 Girls Singles it was another impressive performance by Sophie Vickers who defeated Sabrina Hoare 6/1 6/0 to take out her second consecutive Kerry Melville Cup.

The 60 & Over Doubles saw a boilover of sorts as the long time dominance of Maurice Broom and Alan Coleman was ended by Don Heath and Barry Evans in three sets 3/6 6/1 6/4.

Congratulations to everyone who took part in the 2010 Club Championships and we look forward to seeing all our winners at the upcoming Champions' Dinner.



## 2010 Club Championships WINNERS

### Men's Open Singles

Jay Salter 6/2 6/2

### Men's Open Doubles

Jay Salter/David Bidmeade 6/4 6/4

### Ladies' Open Singles

Lisa D'Amelio 6/1 6/3

### Ladies' Open Doubles

Lisa D'Amelio/Laura Rabinovich 6/2 6/2

### Men's 50 & Over Singles

Ken Cooper 6/3 6/2

### Men's 50 & Over Doubles

Bryan Burrell/Hayden Rees 6/4 6/7 6/3

### Men's 60 & Over Doubles

Don Heath/Barry Evans 3/6 6/1 6/4

### Men's 100 & Over Doubles

Hayden Rees/Martin Green 6/2 6/1

### Men's A Grade Singles

Matthew Weller 6/3 6/0

### Men's A Grade Doubles

Jeremy Brown-Greaves/Stephen Gay  
6/1 7/6

### Ladies A Grade Singles

Ashleigh Capannolo 6/3 6/4

### Men's B Grade Singles

Kris Court 6/4 6/3

### Men's B Grade Doubles

Kris Court/Paul O'Sullivan 7/5 5/7 6/3

### Ladies' B Grade Singles

Kaitlin Familiari 6/3 7/6

### Ladies' B Grade Doubles

Lou Griffith/Lea Whyte 6/2 6/1

### Men's C Grade Singles

David Stevens 6/2 7/5

### Men's C Grade Doubles

David Hildebrand/Paul Townshend 5/7  
6/2 6/4

### Men's D Grade Singles

Paul Salter 6/2 6/3

### Men's D Grade Doubles

Chris Harris/Jeremy Sneddon 7/6 6/4

### Ladies D Grade Singles

Grace Buchan 6/1 6/2

### Ladies D Grade Doubles

Grace Buchan/Lucie Buchan 3/6 6/3 7/6

### Men's Social Doubles

Michael White/Paul O'Brien 6/4 6/3

### Open Mixed Doubles

Sandy Vo/Matthew Carroll 6/3 6/4

### 100 & Over Mixed Doubles

Lou Griffith/Craig Bryant 6/0 6/2

### B Grade Mixed Doubles

Sophie Grumley/Mitch Burman  
6/2 6/1

### C Grade Mixed Doubles

Linda Pengelly/Tony Flood 6/3 6/3

### D Grade Mixed Doubles

Stephanie Fry/Ian Hill 6/3 7/6

### Social Mixed Doubles

Detje Marcel/JP Marcel 6/4 6/3

### Junior Boy's Singles U/21

Mitch Burman 7/6 6/3

### Junior Girl's Singles U/21

Sophie Vickers 6/0 6/1

### U/14 Boys Singles

Billy Friend 6/3 7/6

### U/14 Girls Singles

Tijana Trifunovich 7/5 6/2

### U/14 Boys Doubles

Billy Friend/Ned Whittaker 6/0 6/0

### U/16 Boys Singles

Will Kneale 6/1 6/2

### U/16 Girls Singles

Stephanie Hughes 6/0 5/7 6/3

### Under 16 Boy's Doubles

Andrew Grooby/Lucas Stanboulgtjis W/O

### U/16 Girls Doubles

Destanee Aiava/Daphne Mantzanidis  
6/2 6/3

## Tennis History at Kooyong



As part of the wonderful redevelopment of the Kooyong Clubhouse, provision has been made for "The Australian Tennis Museum at Kooyong" to literally line the walls with its engaging historical displays.

This project has received considerable financial support from the Kooyong Foundation which has the preservation of the history and traditions of Kooyong as one of its key areas for support – alongside the development of junior tennis.

A recent significant development has been the registration of the Museum with the Australian Tax Office, and in turn with the Cultural Gifts Program of the Commonwealth Government. Now members and others who would like to donate memorabilia or sporting artefacts and trophies to the collection can receive a tax deduction for the value of their gifts.

The Club and the Foundation are actively encouraging gifts of this nature and anyone seeking further information about the program and the tax deductibility can contact me, the CEO, Chris Brown, or other Foundation Board members.

Kooyong's great band of promising juniors have been extremely busy over the past few months with the December Showdown at Melbourne Park, the recent Mildura Nationals and various Pro Circuit events around Australia.

In December Marc Polmans won the 12's title against his fellow Kooyong Fitzgerald Scholarship holder Omar Jasika, while Belinda Woolcock won her second consecutive 14's girls title.

Belinda defeated her Kooyong teammate, Stefani Stojic, in the final and then the girls teamed up to win the National 14's Doubles title.

Andrew Whittington also continued to outline his huge potential by making it through to the semi-final of the 16's Singles and winning the 16's Doubles title with Joey Swaysland.

It has been a big couple of months for Andrew who was also inducted into the AIS for 2010 along with Kooyong's Sally Peers.

Sally's great form continued recently when she made the final of the Mildura International, going down to the experienced Casey Delacqua.

The Kooyong Foundation is clearly getting positive results from its campaign to nurture young talent by providing financial support for a whole range of junior development programs.

Along with these programs, the Foundation has introduced the Kooyong Fitzgerald Scholarship scheme, which is providing talented and deserving young players with club membership, coaching and other assistance to enable them to advance their game.

I urge all members and friends of Kooyong to take a close interest in the work of the Foundation and the youngsters it is helping to develop. The Foundation is funded by contributions (which can be tax-deductible) from Kooyong members and other supporters, along with bequests from people who include the Foundation in their will.

### How YOU can help:

- Contact the club directly.
- Speak to a Foundation director.
- Make a contribution with your club membership dues.

Further information on the Foundation may be found at [www.kooyong.com.au/club\\_Foundation\\_2.htm](http://www.kooyong.com.au/club_Foundation_2.htm)

**Peter Quinn**  
Chairman



# ELITE JUNIORS ENTER AIS PROGRAM

## KOOYONG'S SALLY PEERS & ANDREW WHITTINGTON WERE THIS WEEK INDUCTED INTO THE AUSTRALIAN INSTITUTE OF SPORT.

All 16 of the athletes and their parents were welcomed in Canberra by Tennis Australia's Manager Athlete Development, Craig Morris, and Davis Cup Coach and Head of Men's Tennis, Todd Woodbridge.

Sally has been a member of the program at the AIS for several years now but Andrew Whittington will be joining a large group of boys who are joining the

*From left: Ray Ruffels, Todd Woodbridge, Andrew Whittington, Luke Saville and Joey Swaysland.*

program for the first time.

Both have continued to develop over an intense summer of competition with Sally making the final of the Mildura International while her ranking has risen to a career high of 277 in singles and 98 in doubles.

Andrew has recently been travelling through Asia and made the final of the Sarawak Chief Minister's Cup in Malaysia and has a world junior ranking of 71.

Through the AIS these elite juniors will all receive coaching, physical and mental support as they travel across the globe

as well as having access to some of the best facilities around the world.

Jason Kubler, who has received support from the Kooyong Foundation, is another to be inducted into the AIS and is currently ranked number 4 in the world for juniors.

Recent runner up at the Australian Open Junior Boys Singles, Sean Berman, will also join this elite group of junior players.

This is a great honour for Kooyong's top juniors and we wish them all the best for the coming year as they follow the Tour around the world.

WEALTH ACCUMULATORS/SMSF TRUSTEES

## Are you getting the best advice?



Paradigm Wealth Management is hosting a FREE seminar at the tennis club to educate you on how to benefit from increasingly popular investment solutions - **Wednesday, May 5th**; 6pm arrival for 6:30pm start.

### Come and learn:

- // How to borrow and purchase property within your superannuation fund
- // How to utilise managed accounts to achieve a transparent, cost effective and tax minimising alternative to managed funds and master trusts
- // How to achieve cost savings and improved terms in the personal insurance market today

Hosted by James Mirams, Director of Paradigm Wealth Management, Kooyong member since 1986.

### Register today!

Visit our website at [www.paradigmwm.com.au](http://www.paradigmwm.com.au) to register or call 03 8646 4000 and speak to Mimi Cavaye.





## Kooyong Fitzgerald Scholarship Induction

**It was fantastic to see Wayne Arthurs, Richard Fromberg and Paul McNamee in the room when the latest Kooyong Fitzgerald Scholarships were handed out back in December.**

The former greats were on hand, along with Kooyong Foundation supporters John Laidlaw and Justin Lieberman, to support the incoming Kooyong Fitzgerald Scholarship holders on a very exciting day for the Club.

The new crop of talented players to join Kooyong looked nervous but excited as they received their membership packages from Kooyong Foundation President Peter Quinn.

'The Club looks forward to these talented young players

representing Kooyong at both a local and international level for years to come,' said Peter Quinn.

'We hope to see them make the most of their opportunity to train and play at the spiritual home of Australian tennis.'

Included in the group were recent 12 and Under National Champion Marc Polmans and runner up Omar Jasika, as well as two of the state's elite girls, Brigitte Beck and Annabelle Andrinopoulos.

Others to receive a Scholarship were rising star Mitch Burman and Andrew Rabinovich, older brother of top junior Laura Rabinovich, both of whom will play Grade 1 for Kooyong in 2010.

## KOoyong Hosts ARTHURS & MOLIK CUPS

Over the past few months Kooyong has hosted two of the state's biggest junior teams events with the Wayne Arthurs Cup being held in December and also the recent Alicia Molik Cup.

Chung, Macgregor Anderson, Vivian Fidantsis and Jessica Zaviacic went so close to winning the event. It was also great to see Wayne Arthurs down here at Kooyong to present the kids with their trophies.

**Hosted by the Kooyong Foundation with the support of sponsors such as AAMI and Yakka these events are fantastic for the youngsters from across metropolitan Melbourne and country Victoria as they strive to further develop their tennis.**

In December the Wayne Arthurs Cup, held for junior players 10 years and under, was played for the third time and attracted 17 teams to Kooyong.

Waverley had won the event in its first two years but this time had to settle for sixth as North Suburban Junior Tennis Association and Bayside-Moorabbin Regional Tennis Association made the running across the weekend.

In a very tense and tight final it was North Suburban Junior Tennis Association that reigned supreme as the team of Lucas Vuradin, Liam Harrington, Samyuktha Rajagopalan and Stephanie Serafidis won by just four games.

The Bayside-Moorabbin team of Ethan

In the recent Alicia Molik Cup it was great to see Bayside-Moorabbin turn around their fortunes from the Wayne Arthurs Cup

to win a close final in the 12 and under mixed event. It was great to see a full quota of 16 teams from across Victoria for the event as some of the state's best players went head to head representing their respective Associations and regions.

The Bayside-Moorabbin team of Anthony Tamboriello, Michael Commings, Vivian Fidantsis and Gemma Seeley just got past a very strong North East Junior Tennis Association team of Antony Guan, Ben Maher, Jaimee Fourlis and Eliza Wood in the final with just three games separating the two teams. Congratulations must go to all involved with these two very successful team events.



Photo courtesy of Andrew Gyopar

# KOORYONG JUNIORS

## Take Home National Titles

It has been a huge couple of months for Kooyong's elite juniors as the December Nationals and recent Grasscourt Nationals have been run and won.

Starting in December with the 12's events,

**Kooyong's Marc Polmans, seeded one, took out the National title after defeating fourth seed and fellow Kooyong member Omar Jasika in a hotly contested final 3/6 6/4 6/1.**

In the girls event Katerina Valos made the final of the doubles playing with Anja Dokic from Western Australia, unfortunately they lost to the second seeded team of Kimberley Birrell and Lizette Cabrera in the third set super tie breaker 3/6 6/4 10/7.

The Kooyong girls also produced some brilliant results in the 14's Nationals with Belinda Woolcock & Stefani Stojic fighting it out for the title with Belinda eventually getting up 6/4 6/1.

In the doubles Belinda teamed up with Stefani to grab another National title when they defeated the top seeds Kassandra Dunser and Brooke Rischbieth 7/6 6/4.

In the 16's events Kooyong juniors were again prominent as Andrew Whittington continued his recent good form by making it through to the semi finals of the singles before losing to top seed Luke Saville 6/3 4/6 6/1.

In the doubles Andrew teamed with Joey Swaysland and after their success in Thailand the boys continued their good form to win the event 6/4 6/4 against Saville and Darren Polkinghorne.

In the girl's 18 singles Sally Peers again highlighted her talent with an appearance in the final where she lost to the top seed Monica Wejnert 7/5 6/0.

Sally continued her top form into the Australian Open Wildcard Playoff where she made it right through to the semi final before losing to eventual winner Casey Delacqua in three sets.

In Mildura recently, Kooyong's Katerina Valos was again a standout with an appearance in the semi final of both the singles and doubles in the 12's Grasscourt Nationals.

In the boy's event it was Daniel Nolan who reached the semi final of the singles while Caleb Boland made it through to the semi final of the doubles event.



Belinda Woolcock.  
Photo courtesy of Kangaroo Photos

In the 14's girls Nationals it was Annabelle Andrinopoulos and Brigitte Beck who performed extremely well with Annabelle reaching the semi final in the singles and the final in the doubles while Brigitte made the quarter final in the singles and the semi final of the doubles.

**Congratulations to all of the Kooyong juniors involved in the various National tournaments played over the summer period.**

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On Saturday 20th March, as the sun shone on Kooyong's Centre Court, two of Kooyong's longest standing staff members were married.

Executive Chef, Kevin Ley, and Food and Beverage Duty Manager, Melinda Beaugeard, met at Kooyong some years ago, so the centre court ceremony was a perfect fit for the couple to be wed.

The bride entered to Peter Frampton's 'Baby I Love Your Way' sung by former staff member Jessie Sparks.

Celebrant and Kooyong member Jennifer Floyd, who did a fantastic job tailoring the nuptials to Kevin and Melinda's taste and personalities, conducted the ceremony.

After the ceremony the champagne flowed and the celebrations began.

Kooyong Members were able to watch the ceremony and join in the festivities afterwards, which Kevin and Melinda were so grateful for.

The guests then moved to the Cosmopolitan Bar for a night full of festivity and fun. Congratulations to Kevin and Melinda!





# Archives & Research Centre

The Club is grateful for the following donations: Jubilee History of Slazengers Ltd 1881 – 1931, photo of Slazengers workshop featuring racquets being strung, leather tennis case, squash racquet and two tennis racquets circa 1950s (Denzil Smith); collection of photos of the semi-finals of the 1950 Australian Championships at Kooyong, and of changes since 1920s to the Clubhouse (Dudley Hoyle).

The photo below features the semi-final of the mens's doubles of the 1950 Australian Championships in which J Drobny (Czechoslovakia) and E Sturgess (South Africa) defeated G Worthington and M Rose. In the final Drobny and Sturgess lost to J Bromwich and A Quist, who won their record eighth (and last) Australian Doubles title.

The Clubhouse can be viewed from the northern stand because the second level of seats opposite the northern stand was not built until the hosting of the 1953 Davis Cup Challenge Round.

**Norman Marshall** Club archivist



M Rose (left court) and G Worthington; E Sturgess (serving) and J Drobny.



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## VISITORS

**MEMBERS ARE REMINDED THAT THEY ARE RESPONSIBLE FOR VISITORS THEY BRING TO THE CLUB.**

Visitor access to the Member areas is only permitted when a Member accompanies the guest. With security in place it is the Members' responsibility to meet their guests and escort them into secured areas of the Clubhouse. Visitors must be signed in on arrival for either Clubhouse access or sporting activities. Fees must be paid where appropriate, prior to play.

## THE SANDRINGHAM YACHT CLUB



**K**ooyong has recently forged a reciprocal partnership with the Sandringham Yacht Club to offer Members further value with your membership.

Situated on the foreshore of Port Phillip Bay, the Sandringham Yacht Club is Melbourne's premier sailing club.

Boasting world class sporting facilities right on the water's edge, SYC offers unrivalled access to local and international sailing events and competitions, and Victoria's leading boating academy.

Not to mention their stunning function rooms, terraces, bars and an la carte restaurant, all of which offer first class event

and dining experiences all year round.

As part of the arrangement Kooyong Members will be able to dine in the Club's restaurant, the Harborview, and will receive a 10% discount from the bill.

Members will also receive complimentary day passes for membership to crew on a boat during the twilight series while Kooyong member sailing days will also be staged.

*For further information, or to visit the Sandringham Yacht Club please contact Liz McCormack by email at [emccormack@syc.com.au](mailto:emccormack@syc.com.au).*





The program marks a new phase for the Club as we execute our environmental policy across the property.

A collaborative involvement has seen the Club implement a 'green cleaning program'.

The program called 'Huntergreen' has empowered the Club to make informed choices about the cleaning products and consumables used on the property.

Nothing was overlooked and tangible results have been delivered through the program, which includes the substitution of chemical agents that were of high impact upon the environment to low or no impact chemicals.

A large emphasis was given to microfibre as a replacement for chemicals for many cleaning tasks.

Plastic garbage bags were replaced with degradable garbage bags that break down to oxygen and water while paper products were sourced from SCA, the leaders in sustainable manufacturing of paper hygiene products.

In 2007 SCA was also judged in a survey of 3000 global companies undertaken by EIRIS, a leading provider of independent global responsibility investment research, and the Independent newspaper as the most environmentally friendly paper company and the second greenest company globally (second only to a wind farm).

As part of the program, the Club has been provided with a 'green cleaning manual', designed to educate the cleaning staff as to the most favourable environmental cleaning methods.

Further to this, a rating system was provided based on current environmental guidelines. This allows the cleaning staff to choose the most favourable chemical for the various cleaning tasks and has greatly reduced the use of less desirable chemicals.

The Club has recognised the opportunity to take ownership of what is used on the property by setting up a 'Labour Only' cleaning contract, whereby the contractor supplies just labour and electrical equipment.

This has also produced better outcomes in relation to the OH & S responsibilities and has allowed Kooyong to choose the standard of product to be used here.

The Club has taken the lead on this and will make significant reductions in the negative environmental impacts made by many cleaning chemicals and consumables used in the past.

Through the training and support provided by Hunter Industrials, Kooyong Lawn Tennis Club has found the 'Huntergreen' program the perfect fit for their policy on sustainability.

The Club will continue to utilise the latest developing technologies to ensure we continue to be at the forefront of environmental sustainability.

# KOORYONG GOES GREEN

**Kooyong Lawn Tennis Club is proud to announce the implementation of a 'green cleaning program'**

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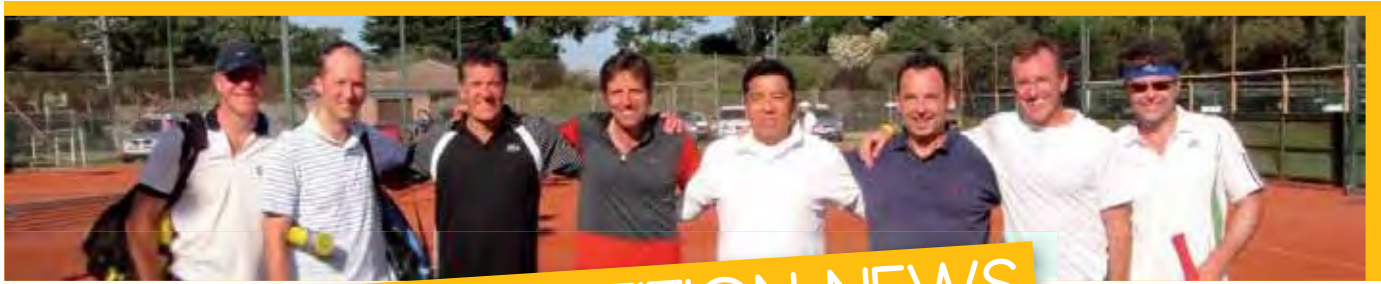
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## SUMMER COMPETITION NEWS

**K**ooyong fielded 5 teams in the recently completed Bayside Regional Tennis Association's Summer Competition with one team taking out their section while another played in the grand final.

With the Club focussing most of its attention on Tennis Victoria's Pennant competition, the teams playing in summer are a mixture of friends playing for a bit of fun and some juniors looking to get some more match practice before winter comes around.

One such side was Will Kneale's Section 3 Singles/Doubles team, which was looking for matches over the summer and

the boys found the going pretty tough throughout the season.

Despite some good performances the boys finished in sixth spot just shy of a finals berth.

In the Men's Rubbers Section 1 Kooyong fielded two teams and they both performed extremely well as they faced off in their second consecutive grand final against each other.

Bryce Mitchelson's team went into the final as favourite after winning last year and sitting on top of the ladder for the entire season and they proved to be too good for Dean Seeley's team in the end.

Bryce's team won the grand final 3 rubbers to 1 to claim the pennant yet again.

In Ladies Rubbers Section 2 Jenny Baker's team had a fantastic season, finishing on top of the ladder at the end of the season.

Unfortunately Lauriston defeated them in the semi final and again in the grand final.

The final team to play this summer was Andrew Hicks' Mixed Rubbers Section 2 team and despite playing well they finished in fifth position and missed out on the finals.

Well done to all involved for another successful season!

*L to R: The two Kooyong Men's Rubbers teams for the grand final included: Dean Seeley, Simon Haussegger, John Vesely, Neil Sebastian, Hal Hiramatsu, Ronnie Gerendasi, Steve Avery and Bryce Mitchelson.*

**L**ast November Kooyong's Kerin Tulloch played in Perth in the Super Seniors World Tennis Championships for Australia.

Playing in the Ladies 60 plus event for the Alice Marble Cup, the Australians beat France in the final to win gold. Eleven countries participated in the event and the team consisted of Kerry Ballard and Carol Campling from NSW, Kerin, and Jan Johns from Queensland.

On the way to gold the team beat New Zealand, Netherlands, Great Britain and USA en route to the final.

The Super Seniors World Championships are held every year in a different country with the first week being a team's event and the second week being the individual World Singles and Doubles Championships.

Both competitions have separate men's and women's events starting at 60 years and going up in 5 year increments to 80 plus. Kerin was the only Kooyong Member selected in the Super Seniors team event (although Glenn Busby and Paul Kleverlaan played in the Senior World Championships (age 35 to 59) in Majorca in 2009), although several Kooyong members came for the individual championships including Hayden Rees, Wayne Millen (who played doubles with former Kooyong Club Champion Max Senior), Maurie Broom, Ray Fitz-Gerald and Brian Stuart.

## KOoyong Member WINS GOLD FOR AUSTRALIA

Australia performed particularly well in the teams week given most of the 9 Cups played for were contested on grass, giving Australia a home ground advantage.

Australia won 5 of those 9 events, which was an amazing achievement. There were several notable performances amongst the Australian players, the most outstanding being Kerry Ballard from NSW who lead her team to gold in the first week then went on to win the world 60's singles and doubles titles in the second week. (She has since been awarded player of the year at the Australian Championships held this January on the Gold Coast).

Ward Hilliard, from Melbourne, won the 80 plus team event, then the 80's singles and was runner up in the doubles. Sadly he died the day after the championships finished.

This year will see more Kooyong Members representing Australia in Senior's events with Glenn Busby and Paul Kleverlaan travelling to Mexico in April for the World Seniors Championships and Heather Barwick and Brian Stuart head to Turkey in November for the Super Seniors.



*L to R: Kerry Ballard (NSW), Carol Campling (NSW), Kerin Tulloch (VIC), Jan Johns (QLD)*

**Congratulations to all those Kooyong Members who participated and go Australia!**

# Keith Simonson

1.11.1919  19.1.2010



Keith lived within close proximity to Kooyong for much of his life although he did not become a member until 1963. As a boy Keith's parents built the family home 'Selsdon'

complete with tennis court which ensured tennis was to be a major part of his family, sporting and social life.

World War II interrupted such levity and Keith signed up to be part of the Australian Air Force. When Keith's flight training started it was an abridged course, as they needed to get pilots into the air. It was very scary after such basic training to then fly solo at the age of 21.

Keith was posted to England and said goodbye to his family but by the time he got off the train in Sydney the Japanese had bombed Pearl Harbour and he stayed in Australia to protect our shores.

The pilot's tasks were to assist in the training of Army and Navy gunners by flying overhead and being a dummy target. He tested planes as they were re-assembled from American parts and then ferried them North to Darwin and New Guinea.

The fact that Pearl Harbour was bombed possibly saved his life, although it is to be noted more pilots were actually killed in carrying out the above mentioned tasks than in battle.



After the war Keith returned to the family business and in 1947 married Alicia Fraser. Subsequently in 1959 with 4 children in tow the family moved back into 'Selsdon'.

When Alicia finally got Keith to agree to become a member at Kooyong there was no stopping him.

He played through the searing heat, bore an impressive tennis tan with pride, boasted of the number of sets played over a weekend, endured endless cramps but not too many other tennis injuries.

One Saturday afternoon he was aghast, his serve was halted as a handful of young folk sprinted across the courts in an effort to secure free entry to the Rolling Stones concert in the stadium!

For a decade he travelled with fellow members to enjoy the country hospitality and competition of the Kerang Easter tournament.

Keith and Alicia were founding members of the LTAV Wine and Food Society. Keith's extensive knowledge of wine proved invaluable and he was president for a number of years.

Upon retirement Keith stood for Council and was elected in 1984 and remained on Council until 1999. He served as Vice President during the 90's and was a member of the Council when the committees were reduced from 11 to 4.

He said no to any suggestion of running for President, he was happy to stay out of the spotlight. In recognition of his contribution he was awarded the Distinguished Member Award in 2004.

Keith was not granted his wish of dying on the court at Kooyong. He eventually had to hang up his racquet becoming an armchair athlete, watching footy and any other sport on the box, reading books, newspapers and Courtside.

He was a well-known and respected gentleman of the club as borne out by the many tributes conveyed to the family. Kooyong was an integral part of Keith's life.

## TENNIS ROYALTY VISITS KOOYONG

**The Club was honoured to host the great Billy Jean King and her long time doubles partner, Rosie Casals, at Kooyong recently.**

Tennis Australia Board member Janet Young brought a small group down to see the new look Clubhouse when they were in town for the Australian Open.

Billy Jean King's Grand Slam record speaks for itself having won 12 singles titles including a career Grand Slam.

Her doubles record is even more imposing as she teamed with Casals to make 14 finals and win seven but she also won another 9 Grand Slam doubles titles.



From left: Rosie Casals, Tennis Australia Board Member Janet Young and Billy Jean King at Kooyong recently

Add 11 mixed doubles titles and being the founder of the Women's Tennis Association, Women's Sports

Foundation and World Team Tennis and you begin to understand why she is seen as tennis royalty.

## Women's Pennant Preview

The women's Tennis Victoria Pennant season is sure to be at its strongest this season with the State Grade players coming into the competition.

Grading would have been a nightmare but the standard is sure to rise across all the top grades this season and this will be great for our teams to test themselves against the best players from across the state.

Grade 1 is likely to be stronger than ever before and the Club is hoping to field three sides as our State Grade stars come into calculations to help out the juniors that are coming through.

Players such as Catherine Louis, Laura McNamara, Jo Morrison, Molly Polak, Sandy Vo, Bryanna Fisers, Belinda Woolcock, Stefani Stojic and Karen Kleverlaan will make sure our teams are strong enough to compete with the best teams in the competition.

It will then be up to our group of youngsters to take the next step in their development in both singles and doubles to keep our teams in finals contention.

Jessie Tamber, Ashleigh Capannolo, Laura Rabinovich, Rebecca Leahy, Maya Milosevic and Sophie Vickers are ready to take that next step and should provide our Grade 1 teams with the balance that will hold them in good stead in 2010.

The Club will also look to blood several youngsters to ensure they get the experience they need to continue their development in the sport.

Brigitte Beck and Annabelle Andrinopoulos continue to develop at a huge pace and should make a seamless transition into Grade 1 while Monika Rajcic will follow in her sister's footsteps when she moves into Grade 1 this season.

Stephanie Hughes and Isabelle Wallace are others who will get an opportunity to prove they belong at this level after performing well in Grade 2 last season.

Other notable teams include Kate Francis' Grade 2 side that has been runner up for the last two years featuring the experienced Lucinda McKillop.

Despite losing several of their talented youngsters to Grade 1, Kate's team will be reinvigorated with the inclusion of Romy Stephens and Taylor Capannolo from our winning Grade 4 team and also Briony McKenzie from Grade 5.

This blend of youth and experience should allow them to challenge for the pennant again this year. Another team to look out for will be Renee Sheary's team of youngsters who will be very exciting to watch as their development continues.

Katerina Valos and Destanee Aiava are two of the country's most talented young girls and are sure to lead their team in the right direction this season.

Together with the Sheary twins, Renee and Jade, Tijana Trifunovich, Sara Kyriazopoulos and Daphne Mantzanidis we should see the Club's future on the court together in 2010.

It's also exciting to note the debut of Jessie Tamber's younger sister, Cindy, in Grade 5 along with Gemma Seeley and Alexandra Meadows.

This season looks to be the strongest and most exciting in the Club's history and should see some great performances from some very exciting young players.

Members interested in seeing the women's teams in action at the Club should get down to Kooyong every Saturday morning.

You will see some fantastic tennis as the stars of the future develop through the Tennis Victoria Pennant competition.

*Editor's Prediction: It's hard to separate our Grade 1 teams on talent alone so I'll pick them all to make the finals. Sandy Vo's team could be the one to jump out of the pack after Sandy and Molly's experience of winning the State Grade final last year. The other two teams are just as dangerous.*



From left: Molly Polak, Sandy Vo and Sophie Vickers will all be keen to have a big season in Grade 1

# Men's Pennant Preview

**With the changing face of Tennis Victoria Pennant in 2010, the Club is looking forward to the challenge of fielding teams across the competition this season.**

The State Grade competition will be played in a new time slot this year, starting in early October in line with the quality players returning from Europe, meaning the home based State Grade players can now take part in the normal Pennant season.

This will have a big effect on the quality of the competition and may mean that the Tennis Victoria Pennant Committee downgrades some teams this year.

There are also some rule changes that will take some getting used to but as the year goes on we will see the benefit of these especially the rule introduced that ensures all matches reach a result rather than stopping at light up time.

Going on last year's performances and the addition of the State Grade players the Club is hopeful it will field three teams in the Grade 1 Men's competition as State Grade players Matthew Coghlan, Anthony Zafiridis and Matthew Carroll and others move in to help out our rising stars for the year ahead.

Players likely to feature in these teams include new John Fitzgerald Scholarship holders Mitch Burman and Andrew Rabinovich as well as the Bertram brothers, Sam and John, and Lorenzo Alforque, who all featured prominently in their run to the Grade 2 final last season.

Tom Keighery, Will Heffernan and Matthew Findlay should also be ready to take the next step towards dominating at this level having continued their development over the past six months.

Moving down through the grades the Club will see plenty of talented youngsters developing their games as they represent the Club. John Meadows and Hugh French are due for a big year and will shoulder the burden of being the top ranked players in their team.

The same can be said of Will Kneale who continues to improve rapidly and will face some tough opposition at number one in his grade.

His team is sure to be challenged at this level but all of the boys in this team are capable of making the next step against the seasoned adults they are likely to face.

In around Grade 6 and 7 Kooyong will field two teams of very promising juniors who have come into the Club this year.

One team features current Under 12 National Champion Marc Polmans and runner up Omar Jasika, while Billy Friend and Ned Whittaker also look set for a big season in their team.

These youngsters along with others such as Daniel Nolan, Justyn Levin, Caleb Boland, Simo Rikalo, Chase Ferguson and Aaden Hughes are likely to form the basis of our Pennant teams for the years to come.

In the Seniors Pennant Kooyong will field 6 teams and the assault on this season will be lead by Campbell Dickinson's Grade 1 team who won the pennant last season.

Steve Gay, Wes Horskins, Rob Dalton and Chris Straford will again line up in search of the pennant win and should be thereabouts when the whips are cracking.

Another team likely to feature when the finals come around will be David Cox's Grade 2 Seniors team who won the pennant a few years ago and are set to make another assault on the title in 2010.

It looks like being another exciting season of Pennant tennis at the Club especially with the talent developing in our teams this season.

Members should take the opportunity to come down to the Club on a Saturday or Sunday afternoon during the season to see some high quality tennis as our teams battle it out for supremacy in the biggest club competition in the country.

*Editor's Prediction: Matthew Carroll's Grade 1 team should go close to winning the pennant in 2010. They have plenty of experience on board and have the exciting talent of Mitch Burman added into the equation to tip them over the edge.*

*Matthew Coghlan will be an important part of the Club's tilt at a Grade 1 pennant this season.*



# junior competition news

## Kooyong's junior teams have begun the season well on both Saturday and Sunday mornings.

In the current Bayside Regional Tennis Association season Kooyong is fielding five teams on Saturday morning and twelve teams on Sunday morning.

On Saturday in Section 1 Kooyong have four teams competing and all four have put themselves in a position to make the finals as they currently fill four of the top five spots.

Januz Zecevic's Kooyong No 2 is currently sitting on top of the ladder and is closely followed by Harry Atkins' Kooyong No 2 who are just 10 points behind them.

Erin Ronge's Kooyong MLC No 2 is sitting in fourth spot on the ladder but is just one point clear of James Goller's Kooyong MLC No 1.

Hopefully all four teams can continue their good form as the season heads towards finals time.

In Section 2 Rachael Main's team is currently second on the ladder after a great start to the season.

In Sunday morning juniors Kooyong has two teams in Section 2 and they currently sit in first and second respectively.

Charlie Atkins' Kooyong No 1 is sitting one point clear of Martin Kaminsky's Kooyong No 2 and they have shared the honours so far this season with both teams claiming a win against each other.

Both teams could easily have played Section 1 but were downgraded by the Association so they'll be keen to prove they are the strongest team in this section to stake their claim for next season.

In Section 3 Hugh Davenport's team is firmly entrenched in the top four and should be dangerous come finals time while Teesh Wiseman's team is struggling a bit in the same section.

Cindy Tamber's Section 5 team had a tough start to the season but they have recently started to turn things around with a few close wins that has seen them climb into sixth place on the ladder.

In Section 7 Kooyong's two teams are fighting it out for the final spot in the top four.

Lachlan Chan's Kooyong Scotch No 1

team had a convincing win over Dion Bluett's Kooyong Scotch No 2 team recently to put a small gap between the two teams while in Section Sarah Shellard's team look set to make the finals for the second straight season.

Sarah's team is currently in third place and is just 10 points behind Caulfield Rec who are on top of the ladder.

In Section 10 Alex Main's team have had a tough season but several of the boys are having good results so hopefully they continue to develop as the season progresses.

Laura Hallam's team in Section 12 is another to be performing well against some tough opposition.

The all girl team currently sits in fourth spot and are just 4 points from second place in the race to the finals while Ryan Xu's Section 12 team have been working hard but are currently in seventh spot at the halfway mark of the season.

The final team on Sunday is Tania Szwarcberg's Section 13 team who are coming up against some much bigger and older opponents so have found the going tough at this stage but hopefully they will get some wins under their belts as the season progresses.

Good luck to all our teams for the remainder of the season!

## Junior Entries for Next Season

Juniors and those on the waiting list should keep an eye out for entries for next season, which should arrive in the mail in the next few weeks.

Entries will close in mid May so make sure you get them in on time.

Juniors should also consider whether they'd like to be considered for selection in Bayside's Junior Pennant teams.

Entries will be called for in the next month in the under 12, 14 and 16 age groups and the season would start in September and go through until late November meaning you wouldn't be able to play in the normal club competition if selected.

Contact Daniel at the Club if you would like any information about either of these competitions.

## Kooyong Vs RSY Challenge

The Club is currently exploring an opportunity for our juniors to play an interclub challenge against the juniors from Royal South Yarra.

The format would include 30 of the best juniors from each club playing against each other and then enjoying a bbq at the end of the day's play. Hopefully more information on this event will be available later in the year.



Martin Kaminsky's Section 3 winning team included Nicholas Easton, Martin, Hugh Muir, Harrison Young, James Anderson and Sheng Wei Wong





**NAME:** Sam Bertram **AGE:** 17  
**GRADE:** 1 **PLAY L/H or R/H:** R/H

**Tennis Achievements:**

I was in the State squad when I was 12, I have won the Schoolboys singles 3 times, 1 runner up in singles and 1 doubles win. I also took a set off Paul Arber (just hahaha). Played number 1 for my school team, and was also captain.

**Most admired sportsperson/why:**

Federer, just because he is so ridiculously good and still is a respectable person!

**Greatest influence on tennis career/why:**

Dad is because he has been coaching me from day 1, and I wouldn't have gotten far without him.

**Greatest sporting moment witnessed:**

Nadal winning the best match ever at Wimbledon against Federer, I wasn't there, but watching something like that is quite special.

**Reason for playing for Kooyong:**

It's such a prestigious club, and offers so many opportunities, and has such a positive environment, which is really nice to be around.

**What qualities do you admire in people:**

I admire someone who I can respect, someone with internal motivations and has aspirations and goals to make something of their life.

**If you weren't a tennis player what would you be:**

Extremely overweight or a footy player!

**What do you do outside tennis:**

Love being round my buddies, don't love school quite as much but I still go, and not much else really.

**How much time do you spend developing your tennis each week:**

10 hours would be a fair estimate but it varies because my brother and I enjoy impromptu hits at 10pm so I never really know when I'm going to be hitting.

**Sacrifices required to play tennis at a high level:**

Social life is a fairly big sacrifice, I sacrifice a fair bit of homework, which I probably would not do anyway.



**NAME:** John Bertram **AGE:** 19  
**GRADE:** 1 **PLAY L/H or R/H:** R/H

**Tennis Achievements:**

Definitely being the brother of Sam Bertram. He is just so incredible. I consider it my greatest achievement.

Captaining the Grade 2 team to last year's final.

**Most admired sportsperson/why:**

Rafael Nadal. Works and tries so hard, very successful yet humble.

**Greatest influence on tennis career/why:**

Dad, he has coached me my whole life.

**Greatest sporting moment witnessed:**

Federer v Nadal 2008 Wimbledon final.

**Reason for playing for Kooyong:**

It's the best tennis club in Victoria, if not Australia. It has a great environment and great people and because I spend most of my life there it only makes sense that I play there too.

**What qualities do you admire in people:**

A desire to achieve/make the most of their life and abilities. Humility.

**If you weren't a tennis player what would you be:**

Unemployed and/or at University.

**What do you do outside tennis:**

Go out with mates and recover from Bootcamp.

**How much time do you spend developing your tennis each week:**

I'd probably spend about 17 to 20 hours a week developing my tennis.

**Sacrifices required to play tennis at a high level:**

No alcohol. I have to cut down on going out/ partying. I don't get to sleep in much either.

## KOOYONG INTERNATIONAL TENNIS ACADEMY

What a great start to the year we have had. All our programs for the first term were totally booked out and this without a doubt is a good testament to the quality of the coaches that we have at Kooyong.

Our Monday, Wednesday and Friday night squads have been revamped and now see over 100 players involved from 5 years up to 16 years of age. This all culminates in our new Elite training Program run by Matt Carroll and Anthony Zafiris where many of the club's scholarship and elite juniors are now training together.

Too often in the past our best scholarship juniors have been spread throughout the metropolitan areas training on their own in less than motivating environments without a Kooyong club identity.

These players are the future champions of Kooyong and hopefully beyond. Tennis, as we are all aware, is a very individual sport and what we want to achieve is to develop a culture of players working and encouraging each other to achieve their individual potentials and be able to put something back into the club for its support.

We have to go back a while to remember our last group of champion players that performed at the same time; Woodbridge, Woodforde, Stoltenberg, Fromberg and a couple of others who got injured that were equally as good.

These players were placed in a team environment where they were challenged as individuals and as a group.

When one of them did well it no doubt encouraged the others to train harder to perform, as they knew they were as good and this is required at our levels to get the best out of all players.

In a similar vein we have developed our new *KOOYONG ADVANCED TENNIS PROGRAM*, which runs from 12 to 3pm Tuesday to Fridays.

This is a post junior program for players who have finished school or are doing part time school and want to work on improving their games in a professional training environment.

## THE KOOYONG ATP

The Kooyong Advanced Tennis Program is a daytime training program for post-junior tennis players who have finished school and would like to work on improving their tennis in a professional training environment.

### The Kooyong ATP caters for:

- 18-25 year-olds who wish to combine University study with tennis training and competing (without going to the US College System)
- VCE Graduates who are looking to gain a Tennis Scholarship at a US College in August 2010 or January 2011. We offer a comprehensive College Tennis Preparation Course for your GAP year, as well as helping with college placement.
- Ex-National and State Academy players who are cast-adrift from the system once they turn 18 and have not 'made-it'. We believe in continuing to support their dreams. Australian's are traditionally late-bloomers, just ask Wayne Arthurs.
- Tournament players looking for a home-training base while trying to improve National or International ranking.
- Pennant players with time to train during the week.

## KOOYONG TENNIS BOOT CAMPS

Tuesday/Thursday 6:30am-8:00am (6-week training blocks)

For players of all ages and competition standards. Lessons are designed by our team of qualified coaches that hold human movement/exercise science degrees and have State Grade Pennant and US College coaching and playing experience.

Tournament players: come and train in a fun and supportive team environment. Sessions are designed with the elite player in mind, with drills designed to improve your footwork patterns, speed, power, agility and endurance while using your core to keep balanced.

Intermediate and recreational players will find great tennis and fitness benefits too. It's a dynamic, safe, fun and social way to work out instead of just turning out the km's on the bike or treadmill.

### Improve your:

- Strokes
- Footwork technique
- Movement patterns
- Cardiovascular endurance
- Speed
- Power
- Agility
- Reaction time

Tennis BootCamp mornings give you a head start on the competition. Participants vary from 10 year-olds to 60 year-olds, State-Graders to C-Graders, Mum & Son, Dad & Daughter, even a couple of sets of twins. This is a High-Intensity, High-Energy, High-Repetition Tennis Workout

– are you up for the BootCamp challenge?

## MIDDAY TENNIS BOOTCAMPS

Get out of the office/house and onto the court!

Run by Greg Wickman (B.App.Sci Sports Science, Level 2 Advanced Coach), Midday Tennis BootCamp has been a great addition to our daytime services and is proving very popular with our adult members. Midday BootCamp gives you a fun 60minute Cardio and full-body tennis workout. Catering for all-ages and standards. Negotiations are underway to extend the hours of the crèche to accommodate for our tennis-loving mum's. Casual passes available, discounts for term bookings!

## MONDAY & WEDNESDAY MORNING LADIES CLINICS

These programs have always been popular and there are only limited spaces available, if at all, by the time this goes to print. Again these are great environments for players who may want to return to tennis after a break, are a beginner or a competition player right up to section 1 and Pennant. These involve technical, fitness skills and a wide range of tactical and game based activities to meet the individual group abilities.

## HOLIDAY CLINICS & TOURNAMENT PLAY

As these get booked out very quickly please make sure the office has your email address so they can send the relevant information as soon as they are organised.

These are for all club members whether we are coaching you or not. Places though are limited, due to the no of courts that we have access to and as much as we hate telling parents that there are no spaces available, please don't forget to enrol early. You can either call in to the office, telephone on 98246860 or email [kita@kooyonglta.asn.au](mailto:kita@kooyonglta.asn.au) for all the details.

Also, as part of the Elite and ATTP programs our coaches go out to 10/ 12 tournaments a year watching players and providing a team environment for players to warm up together, watch each others matches where possible and provide a practice arena that enables players to work on things for the next day. This is a crucial part of the program, as only under match situations do players really show their strengths and weaknesses.



# Midweek *Ladies* Report

**K**ooyong has started another busy year on the court for the Midweek Ladies competitions and there has already been a fair amount of success with several teams featuring in finals.

On Tuesday morning in MEMRLTA competition the Club fielded three teams including Rosie Kovacs' team in the A1 section.

Rosie's team finished fourth after the regular season but faced the top side, Scoresby, in the semi final and were unfortunately beaten as Scoresby went on to win the final.

In A4, Sandra Daly's team had a very successful season finishing second before losing the final to East Malvern while Kay Auty's team finished eighth in A5.

In the Bayside Regional Tennis Association Kooyong is fielding one team in the Tuesday morning competition and as we near the halfway point of the season Jane Lennon's team is sitting in third spot in Section 2.

On Thursday morning the Club is fielding 6 teams and Kris Tulloch's Section A team is the highest of those and they are currently sitting in seventh place while

Anne Saville's Section 1 team is in third spot on the ladder.

Sarah Cudlipp's Section 2 team are currently in eighth while Gillian Rickett's Section 3 team are having a great season and look likely to win the pennant as they sit clear on top of their ladder while Nancy Bassett's team is in sixth in the same section.

Anne Fitzpatrick's Section 5 team have also had a great start to the season and sit in second position on the ladder.

Good luck to all our teams for the remainder of the season.

## KOOYONG PRO SHOP

PROVIDING MEMBERS WITH A WIDE RANGE OF TENNIS MERCHANDISE & SERVICES

The Pro Shop now has a range of Head, Babolat, Wilson, and Vokyl racquets with a demo program and at very competitive prices. We have specialist staff that can handle your needs and requirements.

### RESTRINGS

There is a wide range of strings from Big Banger, many different polys, synthetic gut, multifilaments and natural gut with a multitude of combinations all strung by our new full time restringer with a 24hr or less turn around of restringing available.

Come in and visit for all your clothing and footwear needs and if we don't have it we will do our best to get it in for you.

**Enquiries:** Phone 9822 3333 or 9038 7141

**Email:** Proshop@Kooyongtc.Asn.Au

**Hours Of Business:** Monday to Thursday 9.00am to 7.00pm  
Friday 9.00am to 5.00pm • Saturday & Sunday 10.00am to 2.00pm



## billiards & snooker report

by Alistair Macindoe

It has been a quiet time over the Summer for the snooker players, in part due to the Club renovations. The interclub snooker season began only a few weeks ago.

### ED BRYANT WINS 2009 HANDICAP SNOOKER

Ed Bryant won the Handicap snooker tournament held over from last year. It was played in February.

Given forty points start by the back markers, Ed had no trouble winning all his frames, playing in a confident and efficient manner.

He is pictured after his victory in the midst of the unfinished renovations. Barry O'Reilly (off 50) was the runner-up.

### TECHNICAL TIP OF THE MONTH

Try to keep the cue as near to parallel to the bed of the table as possible. Raising the butt of the cue causes you to hit down on the cue ball; if the cue ball is struck even slightly to one side, it will swerve. This makes potting the object ball most unlikely.

### QUOTE OF THE MONTH

**"If I had to make the choice between staying married & playing snooker, snooker would win."**

**Ray Reardon** (1932 - ) *Six times World Professional Snooker Champion*



# Crèche NEWS

The Kooyong Crèche provides a happy, safe and nurturing environment for children whilst parents make the most of the Club's facilities. For more details and to arrange a tour, please contact the Pro-shop.

### Crèche Session Times and Fees

The crèche operates during school terms, from 9.15 am to 12.00 pm on Mondays to Thursdays and from 9.15 am to 12.15 pm on Fridays. The annual family registration fee for 2009 is \$65, with a session fee of \$10 per child.

### Recent Social and Fundraising Events

Kooyong Children's Christmas Party - Sunday 29th November

The Kooyong Children's Christmas Party was a fun event for the 55 children attending, as well as for their parents and grandparents. Apart from enjoying lots of party food and drink, the children were treated to a visit from Santa and were entertained by a balloonist, face painting and a magical Christmas fairy. There were also door prizes and raffles.

Ladies Tennis Night - Friday 12th March

At our first ladies tennis night for the year, we enjoyed a relaxed hit of tennis followed by drinks and dinner in the bistro to raise funds for the crèche. A fun night was had by the 15 ladies who attended and by the one gentleman!

### Diary Dates

Please diarise the social and fundraising events we have planned for this year:

- Ladies Tennis Night - Friday 7th May
- Tennis followed by dinner - leave the kids with dad, have fun on the courts and enjoy dinner with the girls.
- Sex and the City 2 at the Palace Cinema, Balwyn - Tuesday 8th June
- Drinks followed by movie - join us for drinks and then see what Carrie, Miranda, Charlotte and Samantha are up to now.

- Parents' Dinner and Billiards - Friday 6th August
- Dinner followed by drinks and
- Billiards - it will be cold outside so let's forget the tennis and enjoy a 2-course dinner and drinks followed by more drinks and maybe some billiards.
- Ladies Tennis Night - Friday 10th September
- Tennis followed by dinner - leave the kids with dad, have fun on the courts and enjoy dinner with the girls.
- Mixed Doubles Tennis Night - Friday 22nd October
- Tennis followed by dinner - leave the kids with a babysitter, play some mixed doubles and then enjoy drinks and dinner.
- Crèche Committee AGM - Wednesday 26th October
- If you're interested in joining the committee, please come along.
- Kooyong Children's Christmas Party - Sunday 28th November

An annual tradition - a wonderful party to celebrate Christmas for the children of Kooyong members (not just Crèche children) and their non-member friends, suitable for children 6 years and under.

**Samantha Wood**  
President



# SQUASH NEWS

## PENNANT NEWS

At the half way mark in Autumn Pennant we have 7 teams that are handily placed to play finals.

Nicola Templeton achieved a rare result against Reggio Calabria by trouncing her opponent 9/0 9/0 9/0 while rookie 13 year old Amiel Raniga is undefeated.

Luke Senior, returning after an absence of 5 years, unfortunately sustained a snapped Achilles and will be out of action for quite a while. We wish Luke a speedy recovery.

## CLUB CHAMPIONSHIPS

The Club Championships have been played again for another year. The tournament attracted a recent record entry level of 51 participants over 9 events.



for anyone that saw this match, which was highlighted by many long rallies. It is a credit to both players that such a high standard was maintained over the duration of the match.

In the Women's Final, Sarah Fitz-Gerald was too strong for Melody Francis, defeating her in three sets. Sarah is a true champion and her steely demeanour is complemented by her wonderful sportsmanship and temperament always prevalent when she is playing.

Melody is close to breaking into the top 50 in world squash and we wish her well this year. We are all hoping she will be selected for Commonwealth Games duties later in the year.

It is also worth mentioning that Melody and Sarah Cardwell played an unbelievable semi-final, resulting in a tight four set win to Melody. Bert Armstrong, Squash President later described this match as "the best women's squash match ever played at Kooyong".

Sarah just sits outside the Top 100 in women's squash and will likely break through this year. The Cardwell name has been iconic in squash for many years and Kooyong is fortunate to have Vicki and Ian Cardwell involved at the Club.

Congratulations to all our winners, runners up and participants. The next major tournament at Kooyong will be the



Handicap Calcutta in June or July of this year. Standby for the dates.

## Jeremy Sneddon

Tournament Director – Squash

EVENT	WINNER	RUNNER UP
Open Men's	Mark Ikin	Josh Cardwell
Open Women's	Sarah Fitz-Gerald	Melody Francis
Junior Boys	Amiel Raniga	Robby Friend
Junior Girls	Sarah Cardwell	Selena Shaikh
A Grade	Robby Templeton	Melody Francis
B Grade	Ben Armstrong	Nikhil Raniga
C Grade	Chris Purbrick	Barry Barnes
D Grade	Richard Bowman	Amiel Raniga
E Grade	Hamish Tadjell	Ian Sloan



Thank you to everyone who participated.

The Men's Open final was won again by Mark Ikin who defeated Josh Cardwell in four hard fought sets. It was a privilege

# Royal Children's Hospital Auxiliary

The **Royal Children's Hospital** Melbourne



**Our fundraising efforts for 2010 started in grand style with the Ladies Doubles Grass Tournament held at Kooyong on Monday, March 1st.**

The weather was perfect and numbers were up on last year with 252 ladies playing tennis on the wonderful Kooyong grass courts and then enjoying a great lunch prepared by our expert chef, Kevin Ley, and his kitchen staff.

Thank you to Kristina, Renee and the Kooyong staff plus my hard working Committee and their helpers, all of whom made this a wonderful day in our new Clubhouse for all our visitors.

Congratulations to you all.

As always the Auxiliary endeavours to arrange a variety of functions for all the members of Kooyong so I look forward to

your full support over the coming year to enable my Committee to continue helping our Royal Children's Hospital to care for the sick children in our state of Victoria.

**Marie Devereux**  
*President*

**Future functions planned for the year ahead include:**

April 19 <sup>th</sup>	Car Day
May 17 <sup>th</sup>	Cuppa for Kids
July 2 <sup>st</sup>	Theatre Night at Balwyn Cinema
Aug 23 <sup>rd</sup>	Card Day
Sept 27 <sup>th</sup>	Luncheon and Fashion Parade
Dec 5 <sup>th</sup>	Sunday Lunch

## BRIDGE BULLETIN

The Bridge Club is having an amazing start to the year back in the gorgeous new Clubhouse.

The Committee is as follows:



Leeron Branicki (President), Bruce Higgs (Treasurer), Wendy Johnson, Yvonne Daniel, Elizabeth Neal, Teck Chan, Val Miles, Anthea Gedge, Liz Hutchings and Moira Righetti.

Tuesday Evening Duplicate commenced on 2nd February with Welcome Drinks to enable us to socialise and catch up before our first bridge game for 2010.

Our newest venture, Monday daytime duplicate, is off to a running start and is proving very popular as are the once a month Bridge Lessons with Jeff Fust.

The Monday Schedule is that there will be 12.30 p.m. Duplicate every Monday excluding the first Monday of each month.

The Lessons will be at 9.30 a.m. on the third Monday of each Month and on these days we plan to offer a lunch package to Members before they start the afternoon session.

The year is packed full of events and competitions and full details are listed on the Bridge Club website - go to [www.kooyong.com.au](http://www.kooyong.com.au) and press "Bridge" in the left hand column.

**Coming up over the next few months:**

20th April - Annual Dinner and Duplicate for Members and Friends (good food, great bridge and much fun plus prizes).

1st, 8th & 15th June - Borin Trophy Pairs Competition.

29th June - Visit from R.S.Y.A. Bridge Club for a Teams competition.

**Latest Promotions are as follows:**

Trevor Neal (Club), Judith Varlamos, Irene Hinsley, Patricial O'Brien (Local), Anthea Gedge (\*Local), Marilyn Ohlson, Virginia Rugless (National)

The Bridge Club is offering many opportunities to participate and improve your bridge game so come and join us. Just phone Leeron for a chat 9 592 5894.

**Leeron Branicki**  
*President*

# Social Committee

**The past year has seen many changes at the Club. We are very fortunate to have our beautiful Club renovations finished and ready for social activities.**

The Social Committee has had a busy year, highlights being an evening of dining and singing at the West Brighton Club and a night at Bennett's Lane Jazz Club to hear Renee Geyer.

We also had a very successful "JJ Round Robin" tennis day in October. Thank you to everyone who attended and made our events such a success.

At our recent AGM, we elected a new President, Natalie Postma and a new Vice President, David Hadley.

Congratulations to both Natalie and David on their new roles. Other Committee members are Rowan Harris, Treasurer; Rosie Waite-Garrisson and Jessica Jasper; joint Secretaries.

General Committee members Simonette Cunningham, Glenda Collins, Pam Fuller and Jayne Pitard.

Thank you to retiring Committee members Mary Stevens and John Wrigley for their contribution over the past year which I very much appreciated.

I would also like to thank the Kooyong staff and Chris Brown who always provide great support to us. I have enjoyed being President and working with the Social Committee who have all worked hard over

the past year to make our events great occasions. I wish Natalie every success as the new President.

**Jessica Jasper**  
*Former President*

Thank you Jessica, Simonette and members of 2009 Committee for another year of well supported social activities! With the Club's renovations now complete, it's wonderful to see so many members enjoying the facilities often to capacity.

This year the Social Committee is being encouraged to explore ways to offer Kooyong members the opportunity to visit other sporting clubs around Melbourne.

Lawn bowls with Kew Heights Sports Club, sailing on Port Phillip with Sandringham Yacht Club, a golf/tennis weekend at Portsea and possibly an event with Melbourne Cricket Club are all being considered in addition to our ever popular mixed Round Robins. Should be a fun year!

New ideas and/or members are always welcome, please take the time to say hello, especially to new Committee members.

## **Tennis Day**

Our recent Round Robin on Sunday March 21 was another sell-out! Nearly 60 people enjoyed a fabulous day of mixed doubles on the grass, with the wind

playing absolute havoc for the first hour or so.

Afterwards drinks, canapés and conversations spilled onto the terrace closing off a very pleasant day at the club. Congratulations to all who joined in the spirit of the day.

The winners were Caroline and Andrew Venn, Lauren and Graeme Stanford, Bridget Laird and Robert Abrahams, Eve Kelly and Garnett Farrell, Rosemary and Bruce Everett.

Please register your email address with Kooyong reception to stay informed of upcoming Social Committee events. Look forward to seeing you soon.

**Natalie Postma**  
*President*



**Natalie Postma**, President, plays in Monday Night Social Competition, Monday am training sessions and loves Kooyong yoga classes.

**David Hadley**, Vice President (please crop his picture below) plays with Wednesday night JJ group and gym regular.

**Rowan Harris**, Treasurer plays with Wednesday night JJ group and social tennis.



**Picture left to right. Back row:** Graeme Stanford, Lauren Stanford, Rosemary Everett, Robert Abrahams, Bridget Laird, Andrew Venn and baby Harriet, Garnett Farrell. **Front row:** David Hadley (Vice President), Bruce Everett, Natalie Postma (President) Caroline Venn, Eve Kelly.

# Wine & FOOD SOCIETY

**November 26th:** The Racquet Club.  
This will be the Christmas Function

Membership or Information enquiries should be directed to either the;

President, Mary Hoban, maryahoban@hotmail.com, Ph. 9499 2881, or the

Secretary, Peter Nolan, Ph. 9859 1014 peternolan\_@hotmail.com (Please note the underscore between name and @)

**Mary Hoban**  
President



We completed last year with a very enjoyable and relaxed dinner at Di Palmas in East Kew on 27th November with a small group of nineteen. Graham Schmidt ran it almost single-handedly, organising excellent wines, very enjoyable food and service, which was faultless.

With the availability of meeting rooms after the major and excellent building project we held our AGM on 10th February and last year's Committee was re-elected. On Friday 5th March we were able to enjoy our Winemaker's Dinner in the newly refurbished Racquet Club. What a night it was!

Our Executive Chef, Kevin Ley, ably supported by visiting Chef, Ian Alexander, and all the kitchen staff, supplied us with subtle and delicious food and Patrice Renaudin arranged for wines to be supplied by Scotchmans Hill to complement the menu.

Robyn Brockett, the Winemaker from Scotchmans Hill attended with an assistant, Jason Dove, and spoke about the wines and also supplied us with excellent tasting notes for each of the wines. The waiting staff looked after us superbly. It all added up to reminding us how lucky we are to be able to have such functions at Kooyong.

The Committee Food Masters, Susan Young and Graham Schmidt and our Winemaster, Christine Johnson, collaborated with Kevin and Patrice in the organisation of the evening.

Fifty-six members and their guests attended and this is at capacity for the main room although additional guests can be accommodated using the new extension.



Our invited guests were the President, Ian Hill and his wife Amy, the CEO, Chris Brown and the President of the Federated Wine and Food Society of Australia (which we have rejoined), Barbara Tomkins and her husband Jim.

Now to the Feast! *Shown right*

Once again, our sincere thanks to Kevin, Patrice and their helpers.

**Our Calendar for this year is as follows:**

**Mid-May:** Function at a restaurant to be decided

**July 16th:** The Kooyong Room – Members can bring guests, and Kooyong members who would like to attend should advise the President or Secretary. Given the date a French theme is on the cards!

**September:** Function the week after the AFL Grand Final at a restaurant to be decided

## Menu

### *On Arrival*

Prawn fingers with preserved lemon  
Wine: NV The Hill by Scotchmans Hill  
Cuvee Brut

### *Entrè*

Chilled cucumber soup with oyster & radish  
Wine: 2009 Scotchmans Hill "Estate"  
Sauvignon Blanc, 2008 Scotchmans  
Hill "Estate" Chardonnay

### *1<sup>st</sup> Course*

Roast quail, lentils, pomegranates,  
dates & walnuts shanklish  
Wine: 2008 Scotchmans Hill  
"Estate" Pinot Noir

### *2<sup>nd</sup> Course*

Lamb rack, cassoulet,  
lamb's tongue & white bean purée  
Wine: 2006 Cornelius by Scotchmans  
Hill Syrah, 2007 Scotchmans Hill  
"Estate" Shiraz

### *Desert*

Strawberry mousse,  
meringue & lemon shortbread.  
Wine: 2009 Swan Bay by Scotchmans  
Hill Late Harvest Riesling

Tea/Coffee with chocolate truffles





## WHAT A FANTASTIC TIME TO BE PART OF THE KOOYONG HEALTH CLUB! NOW WELL INTO THE NEW YEAR, THE UPGRADED HEALTH CLUB FACILITIES HAVE ENCOURAGED MEMBERS TO GET BACK IN THE GYM.

The friendly gym staff will continue to offer complimentary birthday sessions for all our Members. If you don't receive a call please feel free to come up and make a booking at the gym office or come and have a chat with one of our instructors on the gym floor.

We also encourage members to keep updated with their gym programs. If you are new to the gymnasium we suggest you undertake a health appraisal and program show through to ensure that you receive a specific gym program so that you exercise in a safe and productive manner.

For members who have current programs, we also encourage you to have a reappraisal and program review every twelve weeks. This allows for your instructor to make an assessment on your previous health appraisal and draw comparisons on your specific targets, which could include; weight loss, strength and conditioning, aerobic fitness, flexibility, core strength and balance.

The enhancement of the Health Club facility has not only provided the gymnasium with a premium quality, but also added to the development of our weekly class schedule.

The new lifestyle room, hosts all of our classes, and provides a working area that is both spacious and comfortable with a sprung timber floor and a new sound system.

Participants in the weekly fit ball classes, hosted by Cheryl, Melissa and Hannah, have responded extremely well and aerobics has developed significantly in 2010.

Incorporated into the sessions are the traditional aerobics component, a light weights segment, a dance routine and finally tummy, hips and thighs! This routine ensures that as a participating member you will receive not only a workout that is beneficial for your fitness but also one that is interactive and fun!

The new room has also been a revelation for Pilates and Yoga. With our Yoga classes conducted by the experienced and professional Steve Georgiou, relaxation is only a booking away! Yoga allows your body and mind to relax and wind down after the rigours we endure through our daily lives. You will improve your posture, balance, strength, and concentration and be assisted with developing various relaxation techniques than can only prove beneficial.

Perhaps our most recognised class at the Kooyong Health Club is Pilates, conducted by the familiar and experienced Marg Scotti. The faithful Pilates participants soldiered through the Kooyong redevelopment and, along with Marg, are reaping the rewards of the new facilities.

A temperature controlled environment, new matting and the picturesque view have given this class a new perspective. Thanks to the positive and hard working Marg and all the devoted participants, Pilates at Kooyong is thriving and continues to develop into a significant feature of the Health Club.

Lachlan Gleeson, our resident massage therapist, has continued to develop and offer a unique service at Kooyong through his massage therapy. He specialises in muscle maintenance treatments, designed to keep your muscles functioning at peak performance and relaxation techniques to assist with sleep, headache pain and general pain.

Lachlan also provides deep tissue massage, cupping, TENS, stretching, trigger point therapy and corrective exercises to ensure that your body remains in working order!

The beauty of massage at Kooyong is that it caters for everyone! From elite tennis players to the regular gym user, Lachlan will be able to assist you and your body in the most specific way possible.

Bookings for massage can be made direct with Lachlan on 0427 687 686.

Members should also enquire about their birthday massage treatment, which is an extended feature of this terrific service.

**ALL OTHER GYMNASIUM AND CLASS ENQUIRIES CAN BE MADE THROUGH OUR HEALTH CLUB MANAGER, MICHAEL KULL ON 0419 003 762.**



## DIARY DATES

### APRIL

- 19<sup>th</sup>** Royal Children's Hospital Auxiliary Card day
- 20<sup>th</sup>** Bridge Club Annual Dinner
- 23<sup>rd</sup>** President's Lunch featuring Sam Kekovich

### MAY

- 7<sup>th</sup>** Crèche Ladies Tennis Night
- 9<sup>th</sup>** Mother's Day Buffet *See ad right.*
- 14<sup>th</sup>** The Champions' Dinner
- 16<sup>th</sup>** Social Committee Round Robin
- 17<sup>th</sup>** Royal Children's Hospital Auxiliary 'Cuppa for the Kids'

### JUNE

- 4<sup>th</sup>** President's Lunch
- 8<sup>th</sup>** Crèche Movie Night Sex and the City 2
- 20<sup>th</sup>** Junior Tennis Presentation Night
- 29<sup>th</sup>** Bridge Club visit Royal South Yarra

### JULY

- 5<sup>th</sup>** Bridge Club Host Victoria Golf Club
- 5<sup>th</sup>** The 50-Year Members Dinner
- 16<sup>th</sup>** Wine & Food Society Function in the Kooyong Room
- 26<sup>th</sup>** New Members Night

## Celebrate Mother's Day with a Buffet Lunch at Kooyong

Sunday 9th May

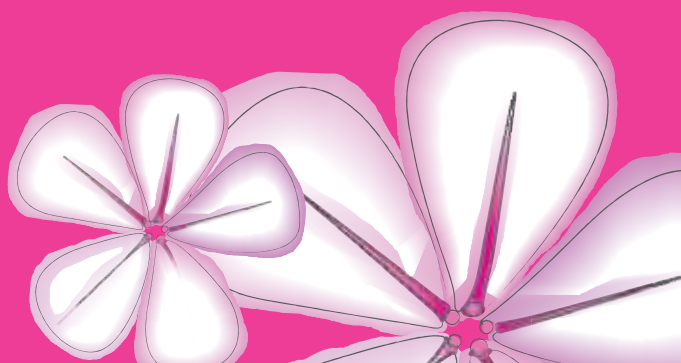
12pm - 3pm

Adults \$50 & Kids \$25 (13 years & under)

Includes gourmet buffet lunch and a complimentary glass of champagne on arrival for all mothers

Drinks at bar prices

Fabulous entertainment provided



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and the latest young  
members news

<http://groups.to/youngmembers/>

*\*for all KLTC members aged 18-40ish*

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