



How to navigate FregaRooms



User Guide

Menu

Important: Please read the FAQ's carefully!



FAQ

Schedule your FregaRooms Calls for this Hub



SCHEDULE A FREGAROOMS CALL

OR

Start Call Now

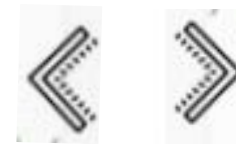


Tutorial

Flipbook Instructions

Select  Weblet  Hub  Training  or  Help

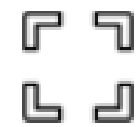
Click for next slider



Click to download



Click to full screen



to close



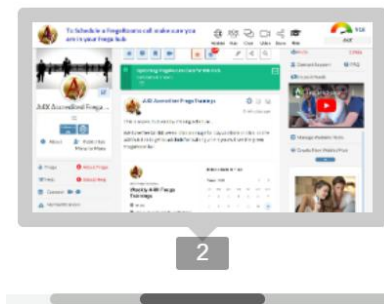
Click to print



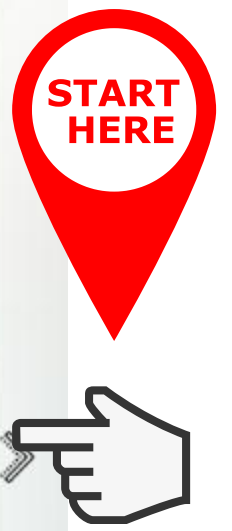
Click to follow link



Scroll bar page/thumbnail



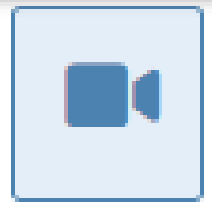
The screenshot shows the FregaRooms interface. On the left, a dark blue sidebar contains the 'Alliance' logo and the 'FregaRooms' logo. The main content area has a white background with a dark blue header. The header includes the 'FregaRooms' logo, 'User Guide', and 'Menu' buttons. Below the header, there is a red banner with the text 'Important: Please read the FAQ's carefully!' and a 'FAQ' button. The main content area features a large image of a meeting room with people sitting around a table. Below the image, there are two buttons: 'SCHEDULE A FREGAROOMS CALL' (orange) and 'Start Call Now' (green). A red location pin icon with the text 'START HERE' and a hand cursor icon pointing to it is overlaid on the right side of the screenshot.



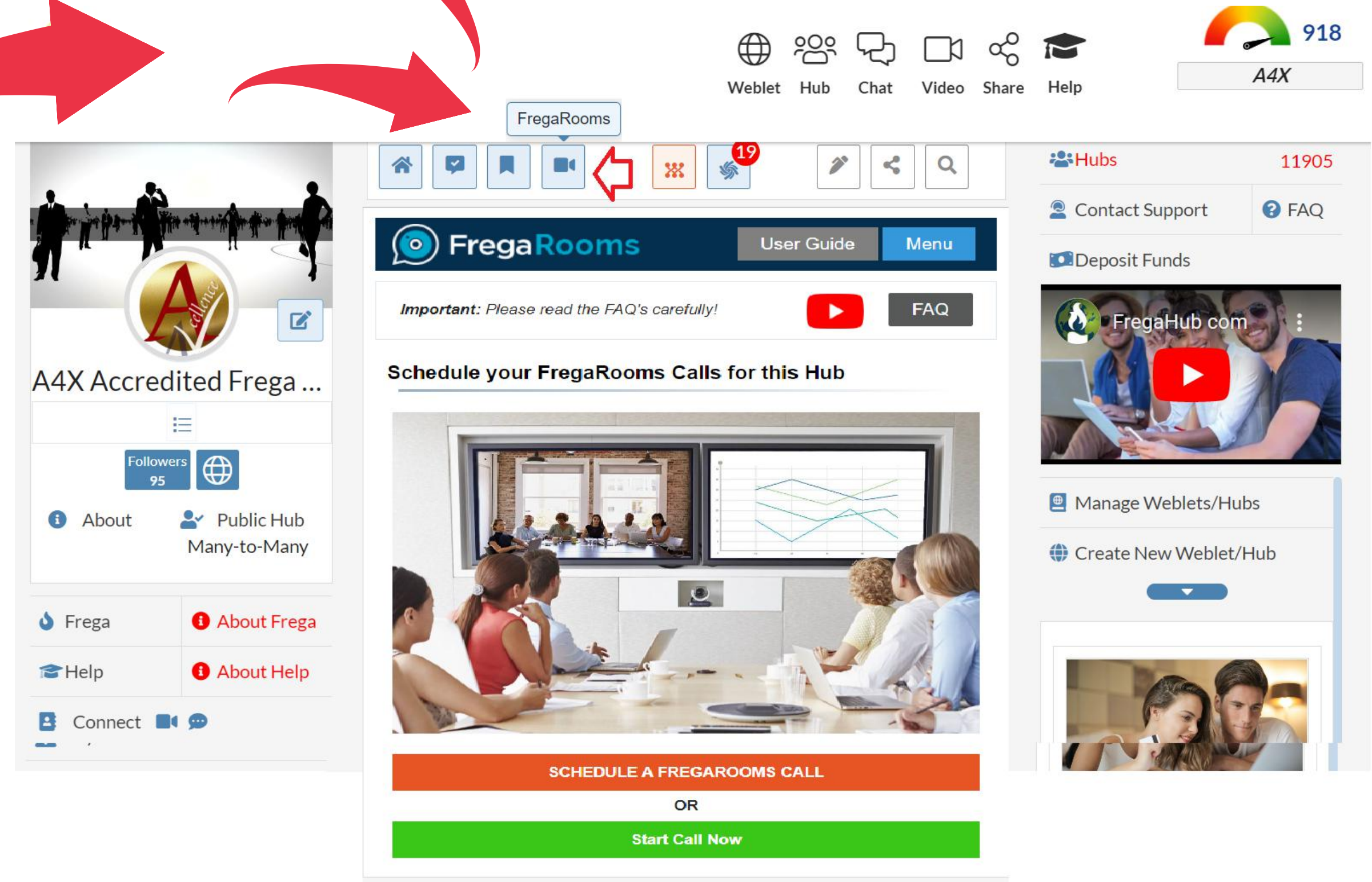
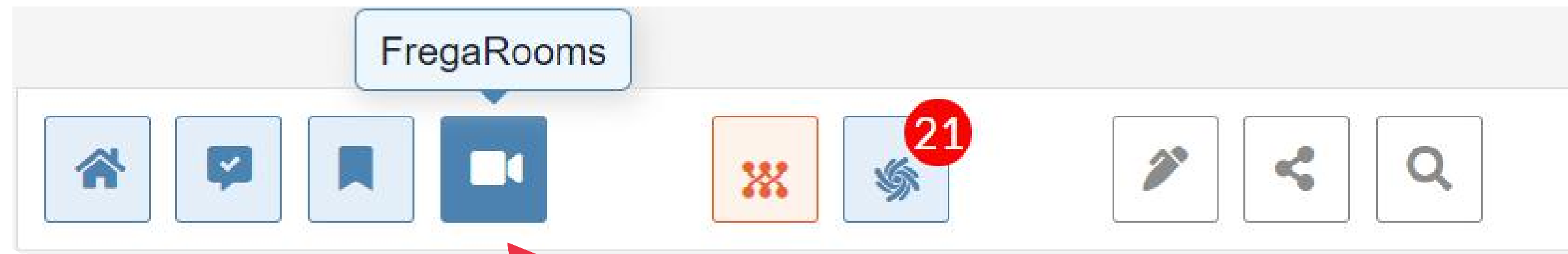
From within the  FregaHub

go to the Frega Hub Toolbar click the

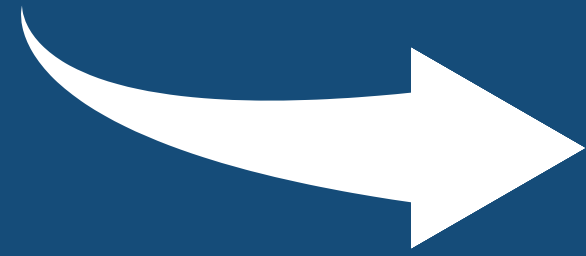
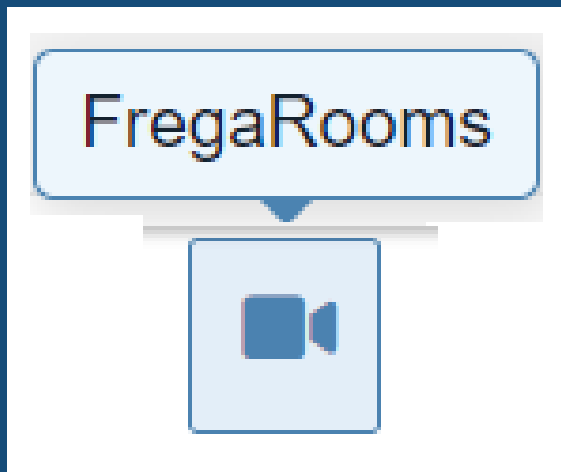
FregaRooms



icon



The screenshot shows the FregaRooms interface. On the left is a sidebar for an 'A4X Accredited Frega ...' hub, featuring a profile picture, a gold 'A4X Accredited' badge, and navigation links for 'About', 'Public Hub', 'Frega', 'Help', and 'Connect'. The main content area has a 'FregaRooms' header with 'User Guide' and 'Menu' buttons, followed by an 'Important: Please read the FAQ's carefully!' notice and a 'Schedule your FregaRooms Calls for this Hub' section with a video player and 'SCHEDULE A FREGAROOMS CALL' and 'Start Call Now' buttons. The right sidebar contains navigation options: 'Hubs' (11905), 'Contact Support', 'FAQ', 'Deposit Funds', 'Manage Weblets/Hubs', and 'Create New Weblet/Hub'.



Click on icons to go to

- Schedule Call
- Start Call Now
- KnowledgePlus
- User Guide
- Menu
- Video
- FAQ



Start Call Now

SCHEDULE A FREGAROOMS CALL



User Guide

Menu



FAQ

FregaRooms User Guide Menu

Important: Please read the FAQ's carefully! YouTube FAQ

Schedule your FregaRooms Calls for this Hub

AIM CONSULTANCY

SCHEDULE A FREGAROOMS CALL

OR

Start Call Now

Select Date & Time then Confirm


The screenshot shows the FregaRooms SCHEDULE page. At the top, there is a navigation bar with the FregaRooms logo, the word 'SCHEDULE', and a 'Menu' button. Below this is a banner with the text 'Important: Please read the FAQ's carefully!' and a 'FAQ' button. The 'Hub Host' dropdown menu is set to 'A4X Frega Trainings'. A calendar for August 2022 is displayed, with the date '23' highlighted. To the right of the calendar, a time selection list shows options from 9:00PM to 10:15PM. At the bottom of the page, there is a large orange button labeled 'Confirm Date & Time'. Red arrows point from the 'Confirm Date & Time' button to the calendar and time selection list.



The screenshot shows the FregaRooms SCHEDULE page with the form for creating a call. The 'Hub Host' dropdown menu is set to 'A4X Frega Trainings'. The 'Title' field contains 'Freefall' and the 'Agenda' field contains 'App Support'. Below the form, there is a note: 'To enable live streaming into Facebook and/or Youtube please read the FAQ's'. The 'Send Meeting Reminder' dropdown menu is set to '1 Hour before'. The call is scheduled for 'Tue Aug 23 2022 21:00:00 GMT+1200 (New Zealand Standard Time)'. At the bottom, there is a large orange button labeled 'CREATE AND SCHEDULE CALL'. Red arrows point to the 'Hub Host', 'Title', and 'Agenda' fields, and the 'CREATE AND SCHEDULE CALL' button. A white arrow points from the 'Confirm Date & Time' button in the previous screenshot to the 'CREATE AND SCHEDULE CALL' button.

Type Title & Agenda
then Create

FregaRooms INVITE Menu

Important: Please read the FAQ's carefully!  FAQ

This Hub's followers have been notified of this call. Invite additional contacts below.

Title


To

Email Address

SEND EMAIL INVITE

Invitation Dashboard

| | |
|---|--|
| avibe <i>Time Sent</i> Jan 2 2022 5:09PM | Contact Name aligngrowth@gmail.com |
|---|--|

Resend Invite 

Complete either

- Email form or
- Refresh page

 a4xfregatraining.weblet.me/hub/

 **FregaRooms**



A4X Frega Trainings

 **Frega**


Important: Plea



FregaRooms User Guide Menu

Important: Please read the FAQ's carefully! **FAQ**

Schedule your FregaRooms Calls for this Hub



SCHEDULE A FREGAROOMS CALL

OR

Start Call Now

Home Chat Bookmarks Video 21

Upcoming FregaRooms Calls for this Hub.

Manage FregaRooms Call

FregaRooms MANAGE Menu

Important: Please read the FAQ's carefully! **FAQ**

Zoom Settings

Settings are changed from your Zoom Account Dashboard
[Visit your Zoom Dashboard](#)

Scheduled FregaRooms Calls for this Hub

This Hubs followers have been notified of the following calls.

Invite additional contacts. **Invite**

| | |
|---|--------|
| Freefall Monday, August 22, 2022 9:00 PM | Delete |
| Freefall Tuesday, August 23, 2022 9:00 AM | Delete |

Upcoming FregaRooms Calls for this Hub.

Call starts in 83 minutes

| | |
|---|--------|
| Fega Freefall Sun Aug 21 2022 9:00 AM | Delete |
| Freefall Training Sun Aug 21 2022 9:00 PM | Delete |
| Frega Freefall Mon Aug 22 2022 9:00 AM | Delete |

FregaRooms [User Guide](#) [Menu](#)

Important: Please read the FAQ's carefully! [FAQ](#)

Schedule your FregaRooms Calls for this Hub

[SCHEDULE A FREGAROOMS CALL](#)

OR

[Start Call Now](#)



Navigation icons: Home, Messages, Bookmarks, Video, Weblet (21), Hub, Chat, Video, Share, Search.

FregaRoom Call Now Live - Click to View and Join

A4X Accredited Frega Trainings 918 A4X

Weblet Hub Chat Video Share Help

FregaRoom Call Now Live - Click to View and Join.

A4X Accredited Frega Trainings 4 hours ago

This is an a4x hub weekly training schedule .

We have freefall this week, click on image for day and time or click on the a4X hub link to get to a4x hub for training where you will see the green FregaRoom bar.

Weekly A4X Frega Trainings

15 min

Web conferencing details provided upon confirmation.

Free ,Formative ,Fun. Select Date & time to attend or click on [A4X Hub](#) to enter training via green bar.

Select a Date & Time

August 2022

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-----|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

Hubs 11905

Contact Support [FAQ](#)

Deposit Funds

FregaHub.com

Manage Weblets/Hubs

Create New Weblet/Hub

Advertise Here

Menu

FAQ

Invite

START ONE

FregaRoom Call Now Live - Click to View and Join

Copy Link and Share to Allow Guest Access to this Call

<https://fregarooms.com/fregarooms/?roomcode=2D3CE2BF1CF84337A70D6/>

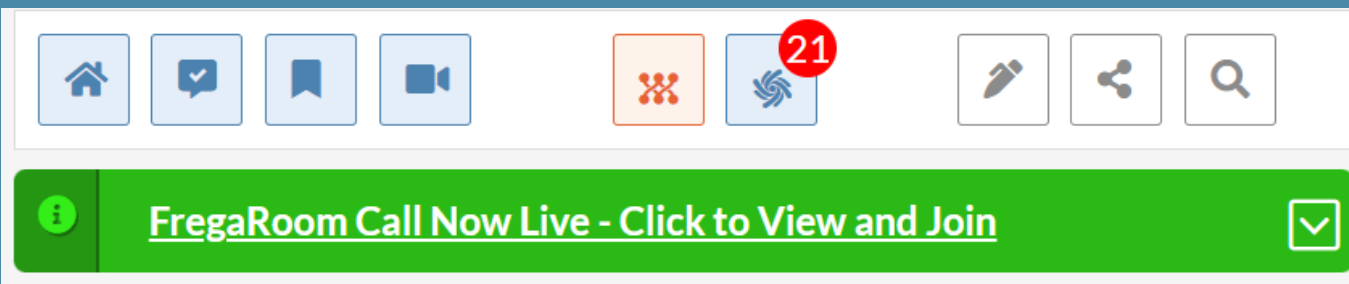
Copy Link



Select client

The screenshot shows the FregaRooms web interface. On the left, a chat window is open with a list of clients: "4 Excellence", "ruthmacharia", "Rotchana", and "Clive". A red arrow points from the "Select client" text to the "Client" tab in the chat window's header. On the right, a dashboard is visible with a "FregaRooms" header, a "918" notification badge, and a "44X" performance indicator. The dashboard includes sections for "Hubs" (11905), "Contact Support", "FAQ", "Deposit Funds", and "Manage Weblets/Hubs". A "Find Out More" button is visible at the bottom of the dashboard.

START TWO



Select any

Please click 'START' on the Zoom Client Notification, if you can not see the notification then

[CLICK HERE TO START CALL](#)

entry point

Instant Hub Call
now
Meeting ID: 838 9775 2693

Start Dismiss

Weekly A4X Freg Trainings

15 min

Web conferencing details provided upon confirmation.

Free ,Formative ,Fun. Select Date & time to attend or click on [A4X Hub](#) to enter training via green bar.

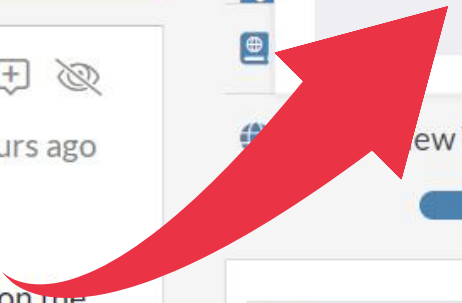
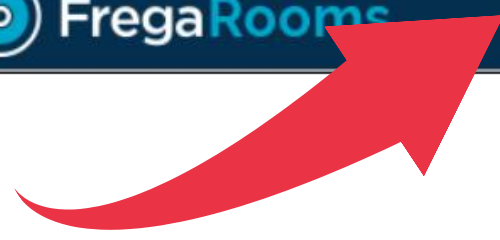
| Select a Date & Time | | | | | | |
|----------------------|-----|-----|-----|-----|-----|-----|
| August 2022 | | | | | | |
| MON | TUE | WED | THU | FRI | SAT | SUN |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

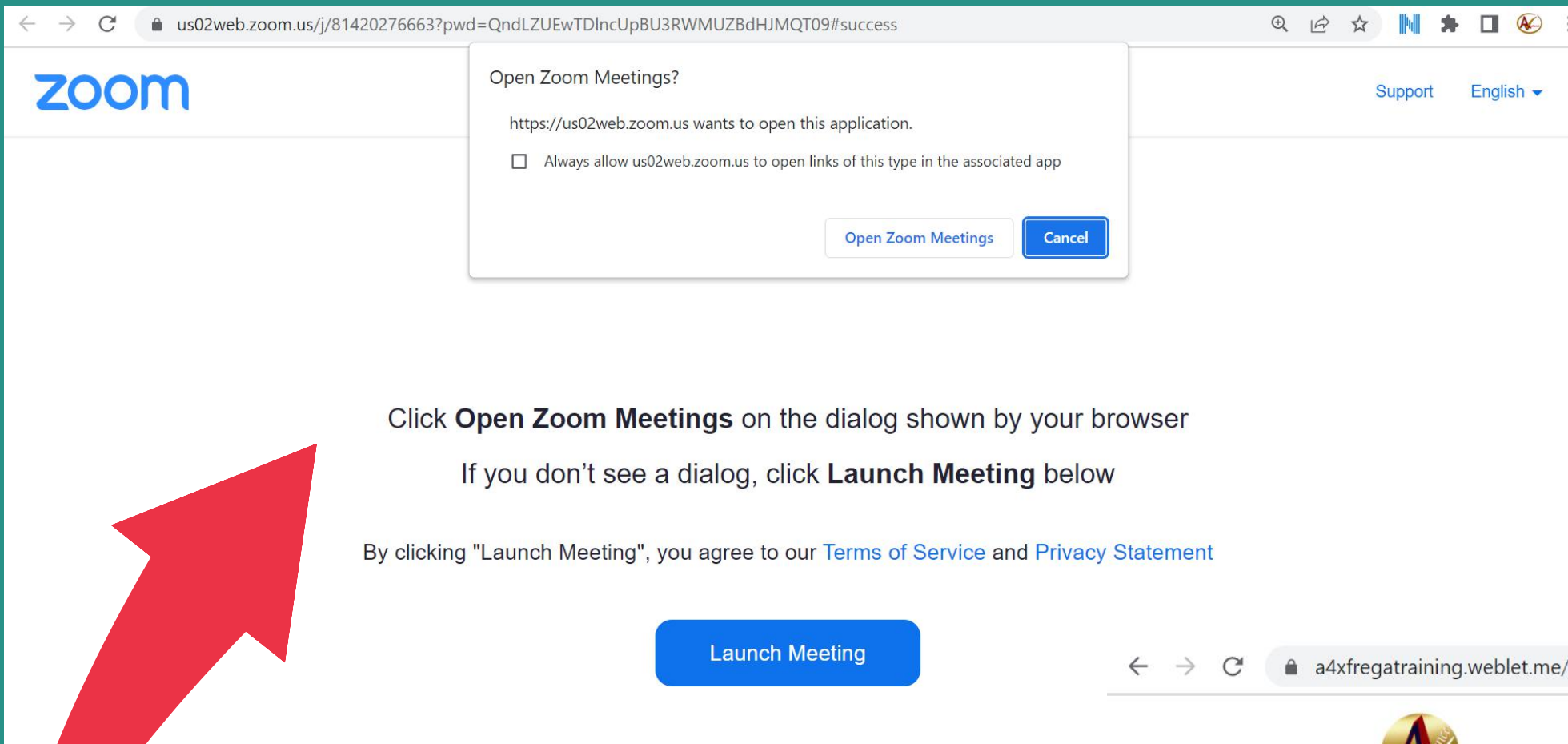
Auckland Time (7:32am)

Advertise Here

With Something2Trade
Get more customers
Advertise your Products
Advertise your services
On your Hub and Weblet

InvestPlus100 APlus100





Click **Open Zoom Meetings** on the dialog shown by your browser
If you don't see a dialog, click **Launch Meeting** below

By clicking "Launch Meeting", you agree to our [Terms of Service](#) and [Privacy Statement](#)

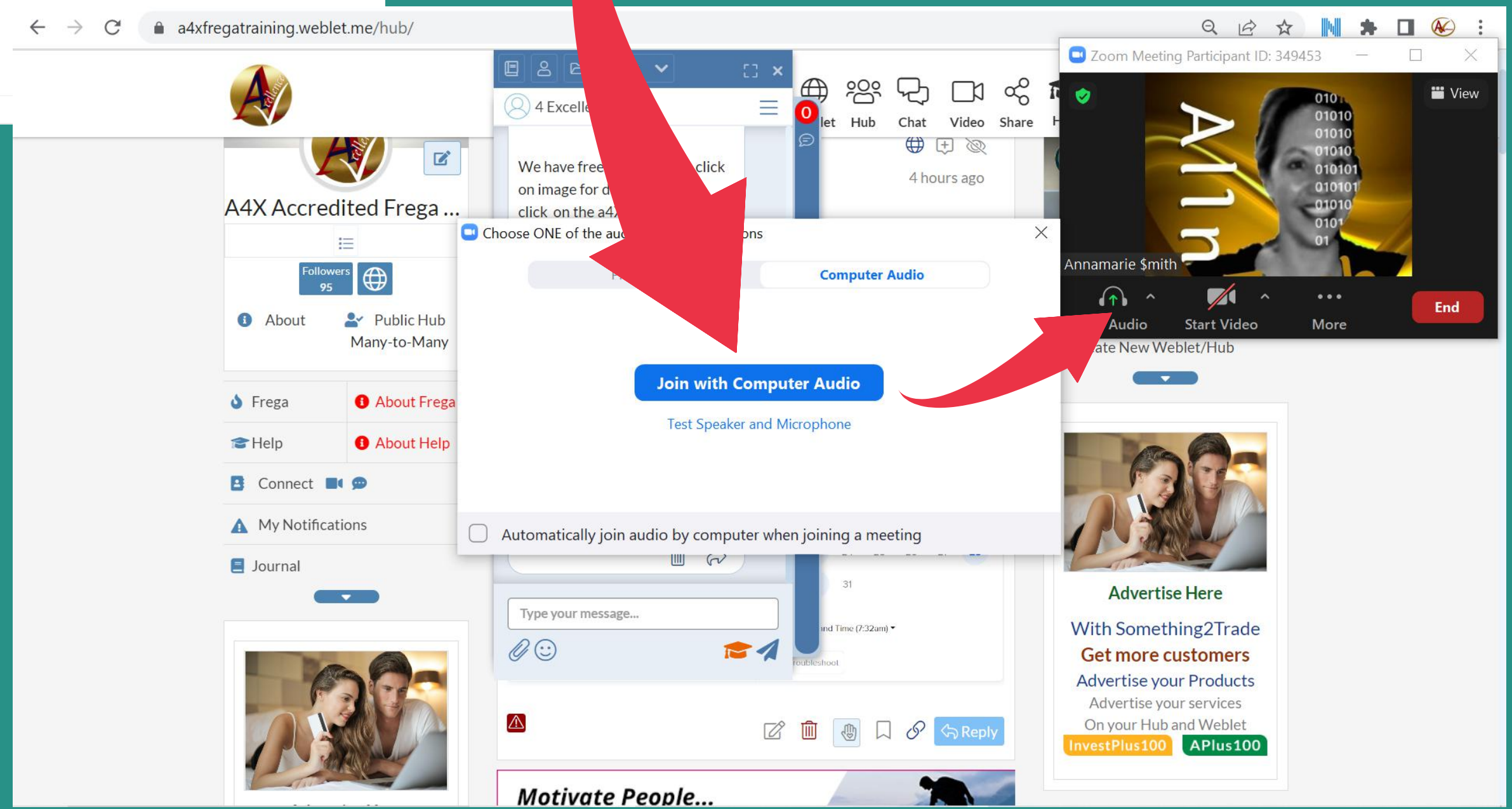
Launch Meeting

If this image appears

- click Join with Computer Audio

If this image appears

- click box
- Open Zoom Meeting
- Launch Meeting



Navigation icons: Home, Messages, Bookmarks, Video, FegaRooms (19), Settings, Share, Search.

Manage FegaRooms Call

FegaRoom Call Now Live - Click to View and Join.

FegaRooms MANAGE Menu

Important: Please read the FAQ's carefully! **FAQ**

Zoom Settings
Settings are changed from your Zoom Account Dashboard
[Visit your Zoom Dashboard](#)

Scheduled FegaRooms Calls for this Hub
This Hubs followers have been notified of the following calls.

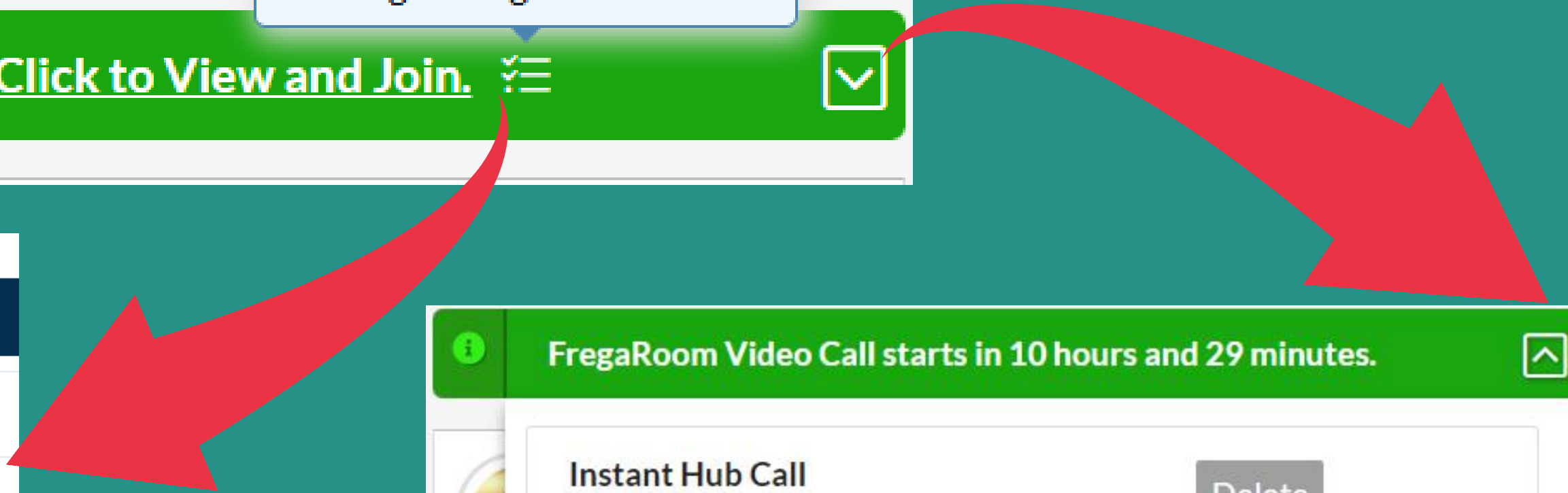
Invite additional contacts. **Invite**

| | |
|--|--------|
| Instant Hub Call <i>Saturday, August 20, 2022 10:28 PM</i> | Delete |
| Freefall Training <i>Sunday, August 21, 2022 9:00 AM</i> | Delete |
| Fega Freefall <i>Sunday, August 21, 2022 9:00 PM</i> | Delete |



FegaRoom Video Call starts in 10 hours and 29 minutes.

| | |
|--|--------|
| Instant Hub Call <i>Sun Aug 21 2022 10:28 AM</i> | Delete |
| Freefall Training <i>Sun Aug 21 2022 9:00 PM</i> | Delete |
| Fega Freefall <i>Mon Aug 22 2022 9:00 AM</i> | Delete |





FreggaRooms

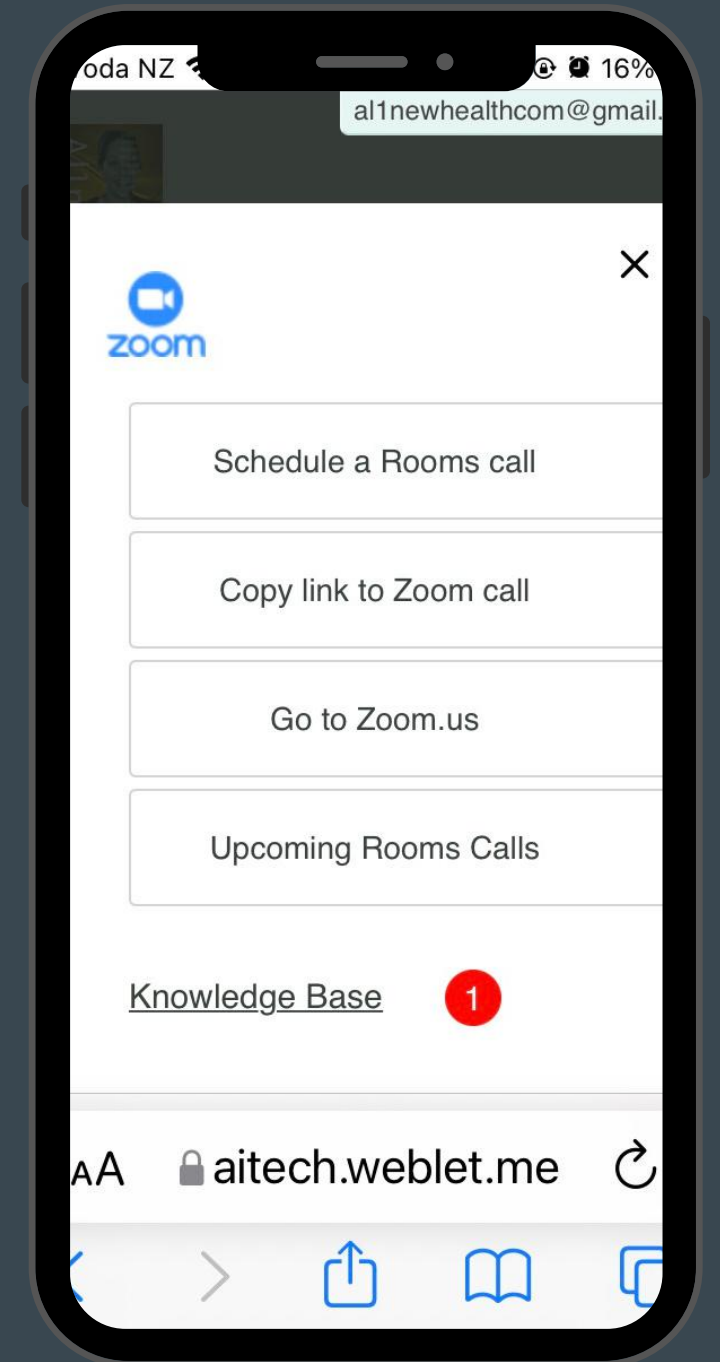
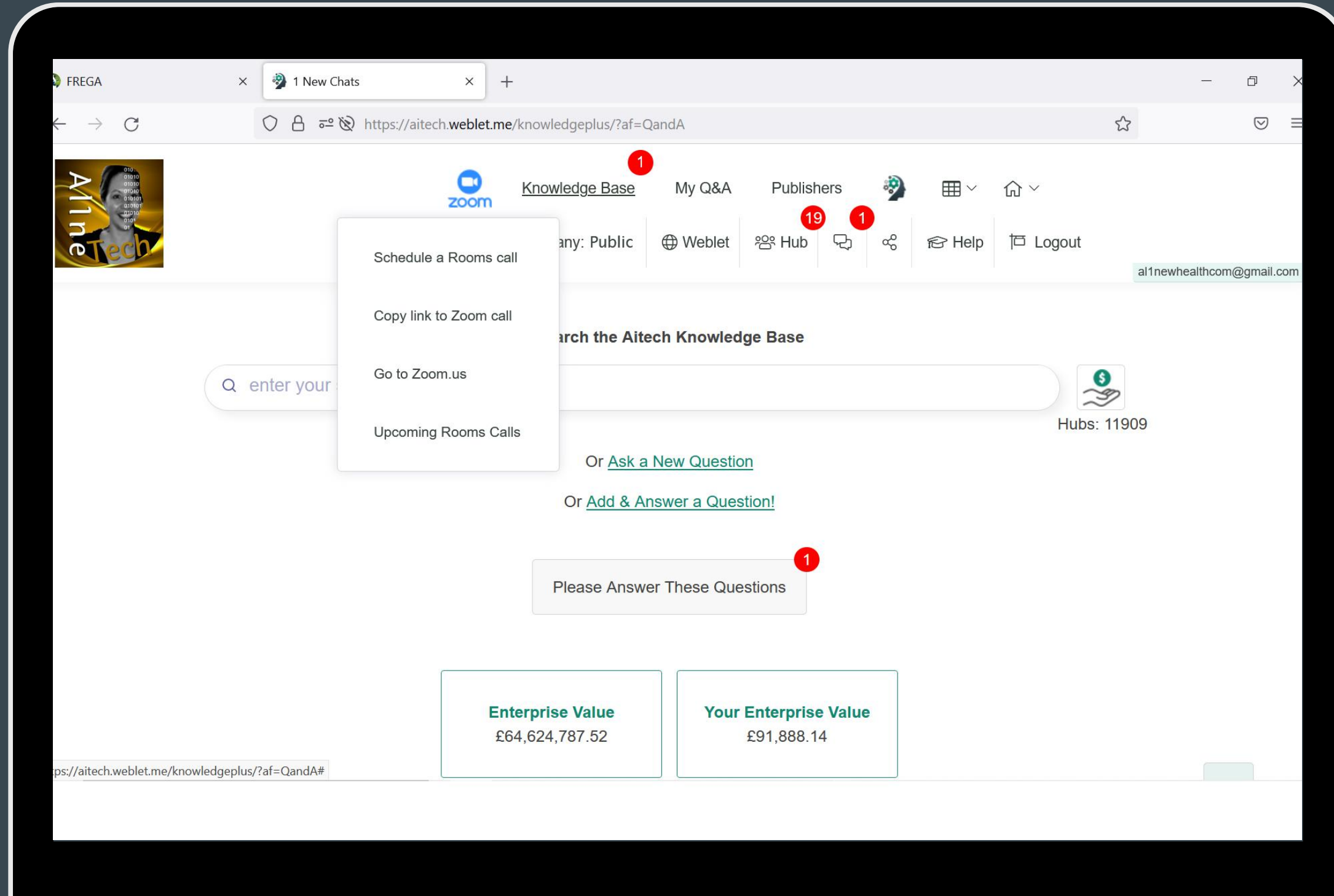


KnowledgePlus

Desk & Laptop



Mobile






FregaRooms

Share



FregaRooms

Watch on  YouTube

FregaRooms User Guide


CREATING AN ACCOUNT

Important First Steps:


1. If you **have NOT** already Registered please click Login/Register. (See Registration process below)
2. If you **have** registered and are here in a logged in position and you have not already profiled your Hub Page please go to the [Profiling your Hub](#) section.



FregaRooms User Guide Menu

Important: Please read the FAQ's carefully!  **FAQ**

Schedule your FregaRooms Calls for this Hub



SCHEDULE A FREGAROOMS CALL

OR

Start Call Now

FAQ - FregaRooms

- I am being requested to authorize access to my Zoom Account why is this necessary?
- If I give authority to access my Zoom Account, does this mean that authority is in place for all of my future calls?
- How do I revoke authorization to access my Zoom Account?
- What are the default settings for the FregaRoom Calls?
- Are there limits to the number of calls that can be scheduled?
- What are the charges to use FregaRooms?
- What Customer Support is available to me?




User Guide

Menu



FregaRooms MANAGE Menu

Important: Please read the FAQ's carefully!  **FAQ**


Zoom Settings


FAQ - FregaRooms Management

- What happens if a scheduled call is deleted or edited?
- What are the limitations to editing/rescheduling a call?



+

 **FregaRooms** **MANAGE** [Menu](#)

Important: Please read the FAQ's carefully!  [FAQ](#)

Zoom Settings

Settings are changed from your Zoom Account Dashboard
[Visit your Zoom Dashboard](#)

Scheduled FregaRooms Calls for this Hub

This Hub's followers have been notified of the following calls.

Invite additional contacts. [Invite](#)

| | |
|--|------------------------|
| Instant Hub Call <i>Saturday, August 20, 2022 10:28 PM</i> | Delete |
| Freefall Training <i>Sunday, August 21, 2022 9:00 AM</i> | Delete |
| Frega Freefall <i>Sunday, August 21, 2022 9:00 PM</i> | Delete |

[Menu](#) 



FAQ - FregaRooms Management ✕

- [What happens if a scheduled call is deleted or edited?](#) ▾
- [What are the limitations to editing/rescheduling a call?](#) ▾

Open Zoom Meetings?

<https://a4xfregatraining.weblet.me> wants to open this application.

Always allow a4xfregatraining.weblet.me to open links of this type in the associated app


[Open Zoom Meetings](#) [Cancel](#)


Open Zoom Client! ✕

[click here to open](#)


[Close](#)


[Invite](#) 


FregaRooms **MANAGE** [Menu](#)

Important: Please read the FAQ's carefully!

[FAQ](#)




FregaRooms **MANAGE** [Menu](#)

Important: Please read the FAQ's carefully!

[FAQ](#)

Zoom Settings

Settings are changed from your Zoom Account Dashboard
[Visit your Zoom Dashboard](#)


Scheduled FregaRooms Calls for this Hub

This Hub's followers have been notified of the following calls.

Invite additional contacts. [Invite](#)

| | |
|---|------------------------|
| Instant Hub Call Saturday, August 20, 2022 10:28 PM | Delete |
| Freefall Training Sunday, August 21, 2022 9:00 AM | Delete |
| Frega Freefall Sunday, August 21, 2022 9:00 PM | Delete |




FregaRooms **SCHEDULE** [Menu](#)





Important: Please read the FAQ's carefully!

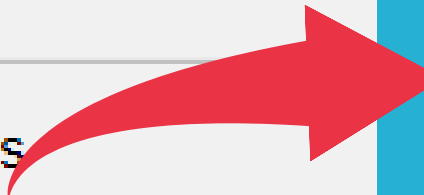
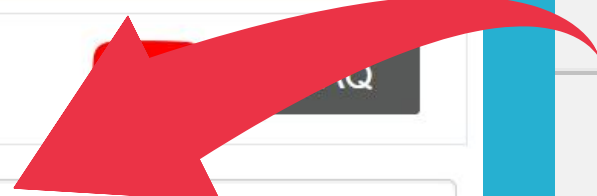
Hub Host: **A4X Frega Trainings**

2022 - Aug


| Su | Mo | Tu | We | Th | Fr | Sa | Time |
|----|----|----|----|----|----|----|---------|
| 31 | 1 | 2 | 3 | 4 | 5 | 6 | 9:00PM |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 | 9:15PM |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 | 9:30PM |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 | 9:45PM |
| 28 | 29 | 30 | 31 | 1 | 2 | 3 | 10:00PM |
| | | | | | | | 10:15PM |


[Confirm Date & Time](#)

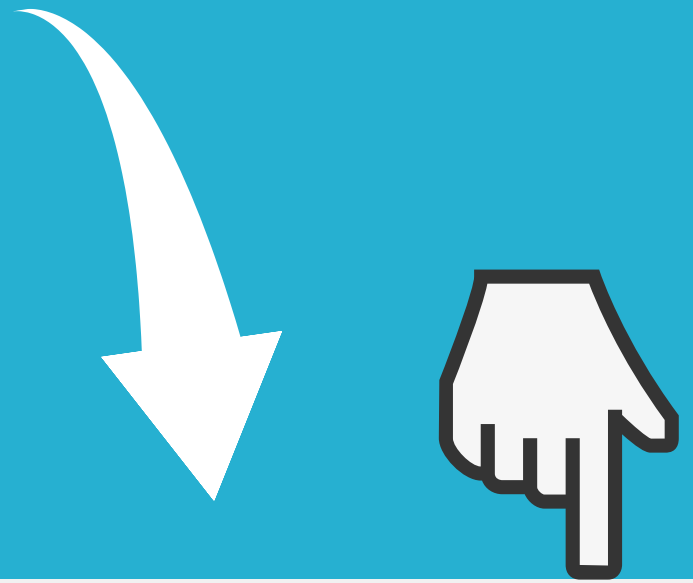
-  [Schedule a FregaRooms Calls](#)
-  [Manage FregaRooms Calls](#)
-  [FregaRooms Calls History](#)
-  [Your Upcoming FregaRooms Calls](#)





MENU ONE


FregaRooms
MANAGE
Menu

Important: Please read the FAQ's carefully!

FAQ




FregaRooms
UPCOMING CALLS
Menu

Important: Please read the FAQ's carefully!

FAQ

Zoom Settings


Settings are changed from your Zoom Account Dashboard
[Visit your Zoom Dashboard](#)

Your Upcoming FregaRooms Calls

Hub: [A4X Frega Trainings](#)
Topic: Freefall
Date: Tuesday, August 23, 2022 12:00 PM

Hub: [A4X Frega Trainings](#)
Topic: Freefall
Date: Tuesday, August 23, 2022 9:00 AM

Hub: [A4X Frega Trainings](#)
Topic: Freefall
Date: Monday, August 22, 2022 9:00 PM


FregaRooms
History
Menu

| | |
|--|--|
| Instant Hub Call <i>Saturday, August 20, 2022 10:28 PM</i> | Delete |
| Fega Freefall <i>Saturday, August 20, 2022 9:00 PM</i> | Delete |
| Frega Training <i>Tuesday, August 16, 2022 9:00 AM</i> | Delete |
| Frega Training <i>Monday, August 15, 2022 9:00 PM</i> | Delete |
| Frega Training <i>Monday, August 15, 2022 9:00 AM</i> | Delete |
| Frega Training <i>Sunday, August 14, 2022 9:00 PM</i> | Delete |
| Frega Training <i>Sunday, August 14, 2022 9:00 AM</i> | Delete |

- ☰ Schedule a FregaRooms Calls
- ☰ Manage FregaRooms Calls
- 🕒 FregaRooms Calls History
- 🕒 Your Upcoming FregaRooms Calls

MENU TWO

About



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