

# 10TH ANNUAL CELEBRATION OF HOPE WALK

TOLL-FREE HELP LINE:  
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## RESOURCE GUIDE 2023



SPREADING AWARENESS ON ADDICTION.  
PROVIDING HOPE & SUPPORT FOR THE COMMUNITY.

[HOPEShedsLight.org](https://www.HOPEShedsLight.org)

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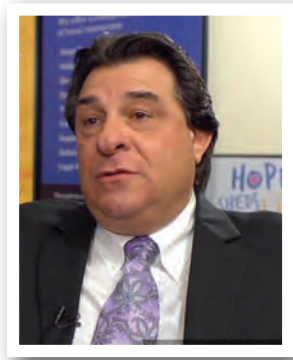
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[ Stephen L. Willis, Esq. ]



[ Arvo Prima ]



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**Toll-Free HELP Line: 855.850.HOPE**

HOPE Sheds Light is supported by friends and families directly affected by substance use disorder, and found recovery through continuous love, support and understanding.



# Welcome to



## OUR MISSION

The mission of HOPE Sheds Light is to raise awareness and educate individuals, families and the community about the impact of substance use disorder by having the courage to share personal experiences and offer strength, wisdom, hope and resources that lead to positive community change and long-term recovery.

## OUR VISION

HOPE Sheds Light will lead a transformative movement that removes the fear and stigma surrounding the disease of addiction through a loving, recovery-driven, safe, trusting and hopeful environment that brings wellness to the community and allows families to have the courage to heal and recover.

HOPE Sheds Light is supported by friends and families directly affected by substance use disorder, and found recovery through continuous love, support and understanding.

A New Jersey Non-Profit Corporation  
IRS 501(c)(3) – Tax ID: 46-3910504

## OUR STORY

HOPE Sheds Light (HSL) was started after Ron Rosetto lost his son, Marc A. Rosetto to a hard-fought battle against substance abuse disorder. When the Rosetto Family was going through this very difficult time, they struggled to find the help they so desperately needed. Since the family and friends of those with addiction problems often feel isolated, ashamed, overwhelmed and hopeless, Ron, alongside friends Stephen Willis and Arvo Prima, whose sons also were battling addiction at the time, founded HSL. Shortly after, Stephen's son, Mark Kyle Willis, 31, lost his battle with the disease of addiction on September 15, 2013. A few years later, Arvo's son, Paavo Jaan Prima, 25, lost his fight with the disease on April 5, 2017.

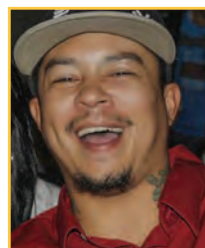
Ron, Stephen and Arvo have since dedicated their lives to keeping their sons' legacy alive by helping others find the courage to face addiction and find recovery so that other people's sons and daughters might live. HSL believes there are many paths to recovery, but to be successful, one must have to want change and believe that change is possible.

In 2021, HSL acquired Recovery Advocates for the Shore (RAFTS), founded by Nicole Federici, to expand its recovery services throughout Ocean and Monmouth counties. Through this acquisition, HSL's goal is to create a community where non-judgmental support is standard and multiple pathways to recovery are embraced. HSL will continue to expand its services to young people and families in recovery by offering programming that will engage adolescents and young parents to effectively end the generational cycle of addiction.



**MARC A. ROSETTO**

*(June 12, 1980 - November 21, 2012)*



**MARK KYLE WILLIS**

*(November 7, 1981 - September 15, 2013)*



**PAAVO JAAN PRIMA**

*(August 3, 1991 - April 5, 2017)*



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2510 Apache Road, Manasquan, NJ 08736  
732.244.0783 • rise@HOPEShedsLight.org

**HOPEShedsLight.org**



# 2022 BY THE NUMBERS

Your support is making a difference in the community.



# 4,673

HELPLINE CALLS  
24/7 Talk. Text. Chat.

70% of our helpline callers received the following follow up services:



# 1,478

FAMILY MEETING ATTENDEES



# 299

SOBER HOUSING PLACEMENTS



# 337

YOUTH SERVED (UNDER 18)



# 1,270

INDIVIDUALS RECEIVED RECOVERY SUPPORT



# 175

INDIVIDUAL AND FAMILY RECOVERY COACHING

# 2023 Resource Guide

## A Note about the Guide

At the heart of HOPE Sheds Light's (HSL) mission is the desire to connect with other families who have questions about, have concerns with or who may just want to gain a deeper understanding about substance use or addiction/substance use disorder. HSL is a peer-driven organization meaning we all have a personal connection to addiction and recovery. We developed this guide to be user friendly and to serve as a tool for other families like ours who didn't know where to begin or how to access help when we needed it the most. Most importantly, we created this guide in order to Shed Light on the HOPE that can be lost for many families. HOPE that support is close by, that you are not alone and that Recovery happens.

Whether you are a family member of a loved one who is not yet in recovery, an individual seeking support, a member of a family celebrating recovery, a family member who lost a loved one to the disease of addiction or a friend or ally of recovery, this guide is meant for you.

**Please remember, if at any point you feel as though you need immediate assistance, we encourage you to reach out to our helpline at 855.850.HOPE for additional support.**

## Getting Started

There is nothing easy about finding help. Unfortunately, the system and the process is not very straightforward. There are various types and levels of care and knowing which approach and/or level of care can be tricky. In addition, navigating the many insurance plans can leave some people even more confused and stressed. We designed this resource guide to provide contact information that ranges from self-help options to more clinical/treatment options based on the different 'levels of care'. We have also included information on various Recovery Support programs. This is a quick guide, we encourage you to go to our website for more detail on insurance navigation and determining what level of care is most appropriate.



**Scan Here to  
View All Resources**







# OUR PROGRAMS:

## Community Support

- Helpline: Talk. Text. Chat.
- Online Resources
- Community Education
- Community Outreach
- Recovery Coach Training

## Recovery Management Services

- Wellness Programs
- Recovery Coaching
- Grief and Bereavement Support Group

## Family Strengthening Services

- Evidence-Based Family Management Programs
- Recovery Planning for Families

## Recovery Support Services

- Weekly Family Support Meetings
- Recovery Coaching for Parents in Recovery
- Grief and Bereavement Support Group

## Youth Programs

- Youth Advisory Counsel
- All Recovery Meetings
- Civic Engagement
- Social and Recreational Activities
- Academic and Vocational Support



Saving one person **WILL** affect the entire community.

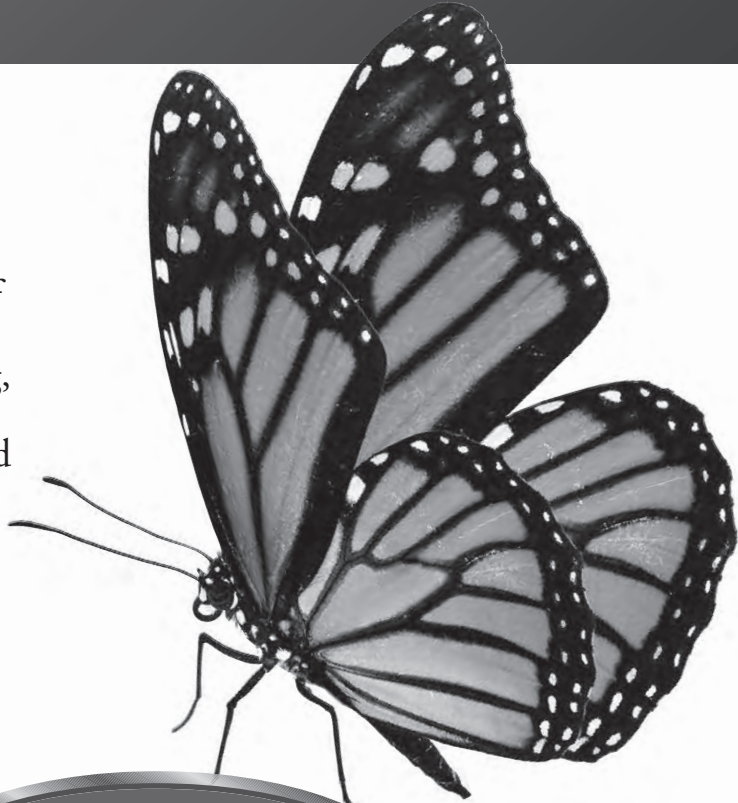


HSL has developed a unique and comprehensive community wellness program focused on reducing the impact addiction and the opioid epidemic has on the community, as well as cultivate a recovery-friendly community environment. Contact Pam at [pam@hopeshedslight.org](mailto:pam@hopeshedslight.org)



*With optimism for the future, FWH Associates  
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## Help Others!

Anonymously share your treatment experience

Have you been to addiction treatment in any of the following states - California, Delaware, Florida, Indiana, Louisiana, Massachusetts, North Carolina, New Jersey, New York, Oklahoma, Pennsylvania, West Virginia, or Wisconsin?

**TreatmentAtlas.org** is a free, nonprofit website where patients, family members, and others can find trustworthy information about addiction treatment. You can help people find the care they need by giving feedback on your treatment experience.

**Who?** Either you or your family member can complete the survey from your point of view.

**How?** Scan the QR code below to get started.



1. Place your phone's camera over the QR code so that it appears on your phone;
2. Tap the link that now appears near the top of your phone; and
3. Navigate to the Atlas home page - enter the facility's name into the search field;
4. Make sure you select "Find facility name with" at the bottom of the search dropdown;
5. Click on the name of the treatment center you went to;
6. Click "Leave a Review" at the top of the screen. You're now linked to the survey!

**Complete in less than 4 minutes!** Answer a few short questions about your treatment experience – all responses are completely anonymous.

**Your responses help others make treatment decisions**

Any questions about this survey? Contact us at [Atlas@shatterproof.org](mailto:Atlas@shatterproof.org)

*In continued support of*  
**HOPE Sheds Light**



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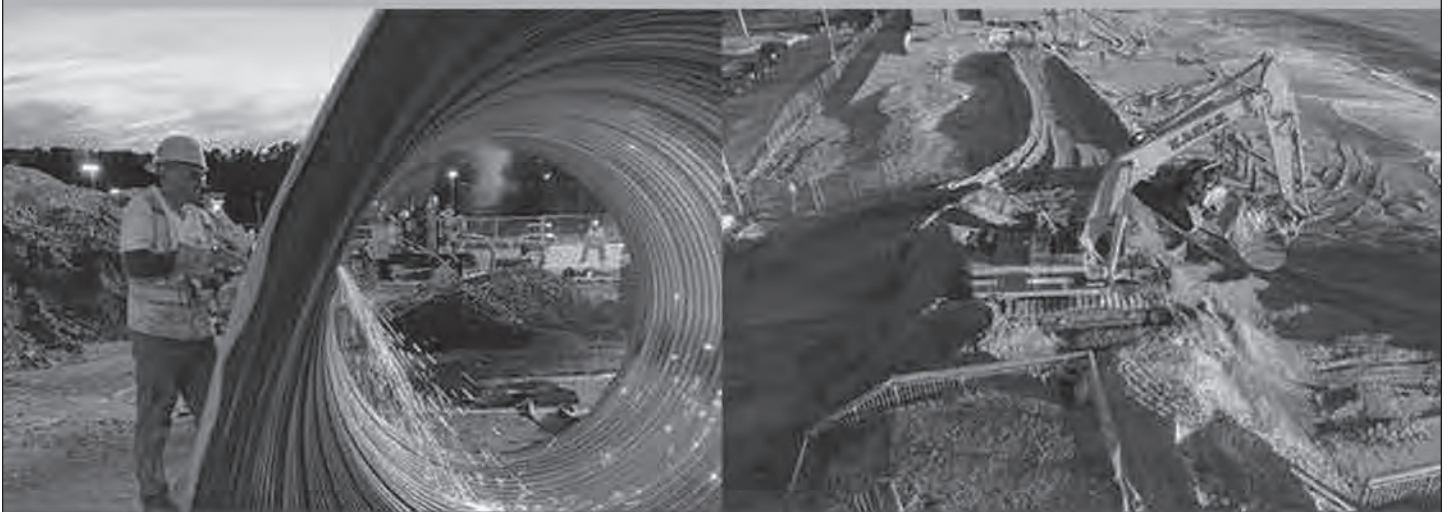
## Our Partnership

Earle is happy to support HOPE Sheds Light. Through education and treatment, HOPE Sheds Light's commitment to bringing an end to addiction is truly inspiring. We look forward to many more years of success.



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# THE MABIE FAMILY

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to spread hope for recovery  
in our community.*

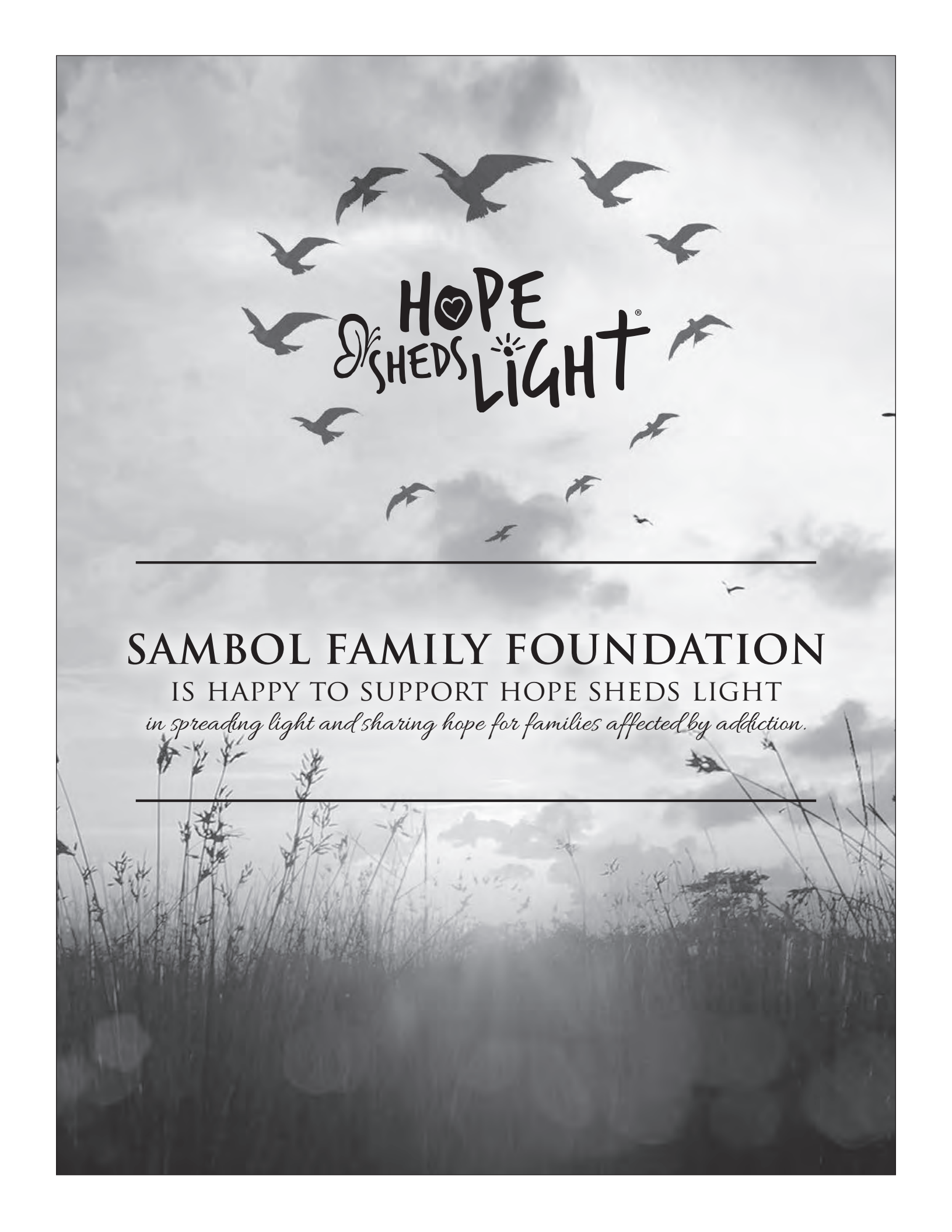
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HOPE  
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*in spreading light and sharing hope for families affected by addiction.*

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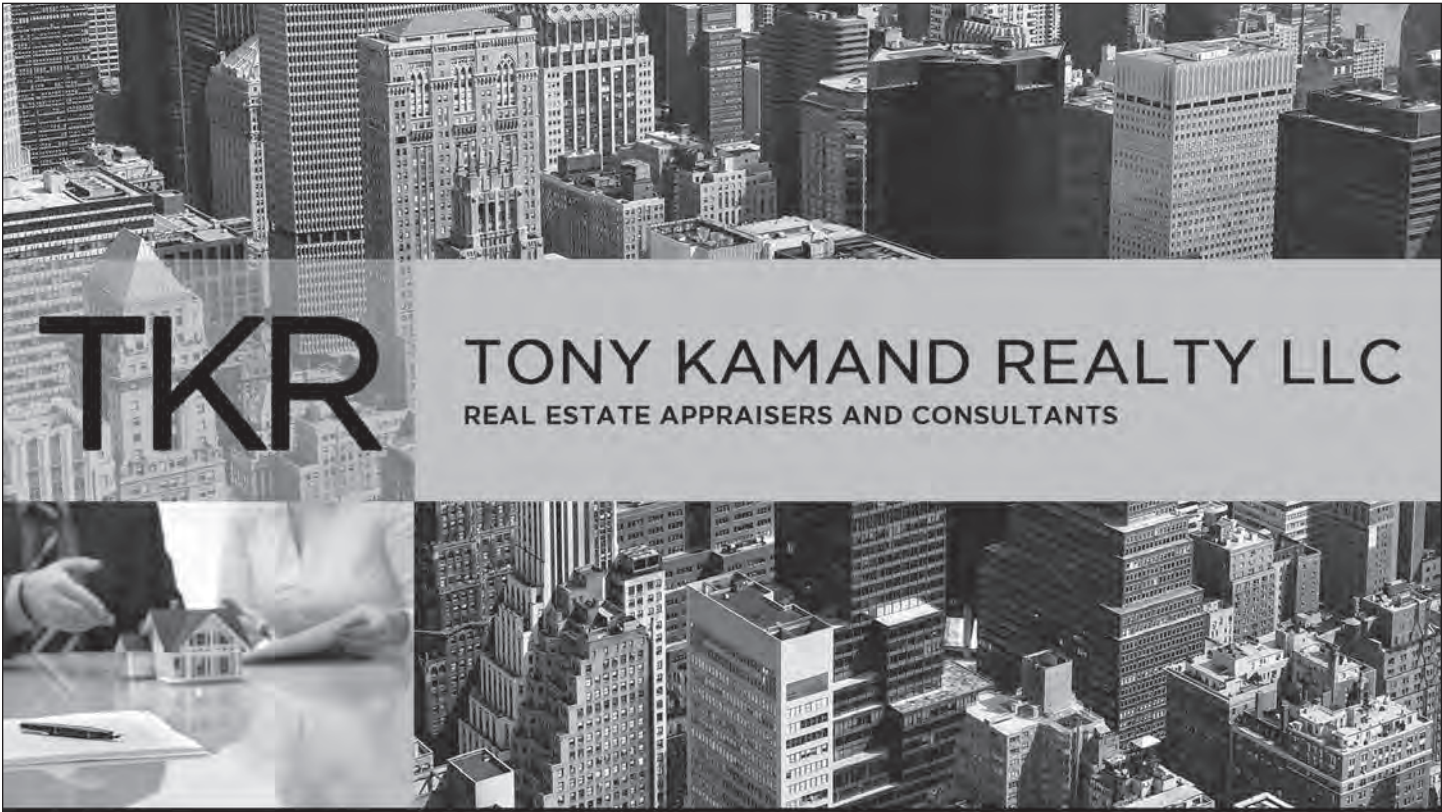
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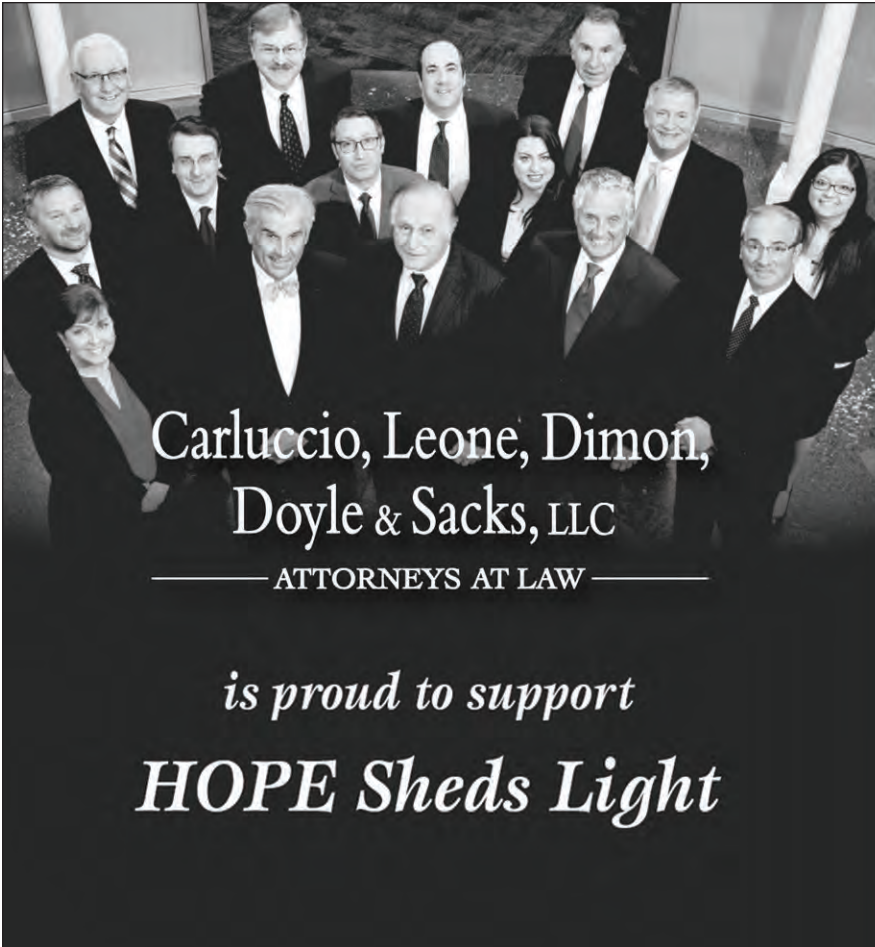
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For information or to schedule a consultation contact our office

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IN SHARING HOPE FOR RECOVERY FROM ADDICTION

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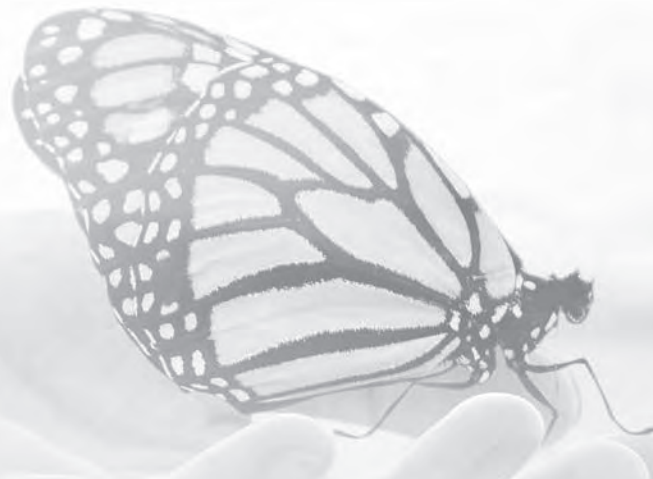
## KERN ENTERPRISES, LLC

Keep up the good work

RON, STEVE, ARVO

and everyone at HOPE Sheds Light

– *Stella & Marshall Kern*





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# *Falcon Recovery*

congratulates HOPE Sheds Light as they  
continue to spread hope for recovery  
in our community.



If nothing changed,  
there'd be  
no **butterflies.**



Design 446 is honored to be part  
of this year's Celebration of  
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**HOPE Sheds Light's**  
mission of spreading hope  
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We're all in this together.


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affected by substance use  
disorder at this year's  
Celebration of  
HOPE Walk.*



*We congratulate  
HOPE Sheds Light as  
they continue to spread  
hope for recovery in  
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sharing hope for families  
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*Congratulations to  
HOPE Sheds Light as  
they continue to spread  
hope for recovery.*

[visionfinancialnj.com](http://visionfinancialnj.com)

WE ARE PROUD TO SUPPORT  
HOPE SHEDS LIGHT  
AT THIS YEAR'S  
CELEBRATION OF  
HOPE WALK



[ThinkKaplan.com](http://ThinkKaplan.com)



is happy to spread strength  
in our community by taking part  
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OceanFirst has always helped our neighbors  
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OceanFirst Foundation  
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OceanFirst Foundation  
Katherine Durante, Executive Director  
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Toms River, NJ 08753  
732.341.4676  
[oceanfirstfdn.org](http://oceanfirstfdn.org)



*Proud to share in HOPE  
Sheds Light's mission to  
spread hope for recovery in  
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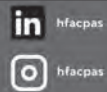


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TO PROVIDE FRIENDS, FAMILIES AND OUR  
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AND HOPE TOWARD RECOVERY.

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