



POSITIVE  
PARENTING  
CARDS

DIGITAL VERSION

40 CONVERSATION STARTERS

**Innovative**  
Resources

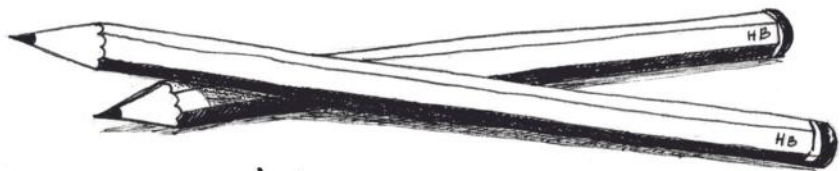
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A stack of several envelopes is shown, slightly offset to create a sense of depth. The top envelope is white with a black border and a dashed line indicating the flap. It features a speech bubble icon in the top right corner. The text on the envelope is written in a simple, hand-drawn font. The background is a repeating pattern of overlapping circles in a light olive green color on a white background.

What I have  
learnt about being  
a parent is...



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*We work well together when ...*



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Someone who has an impact  
on my parenting is ...







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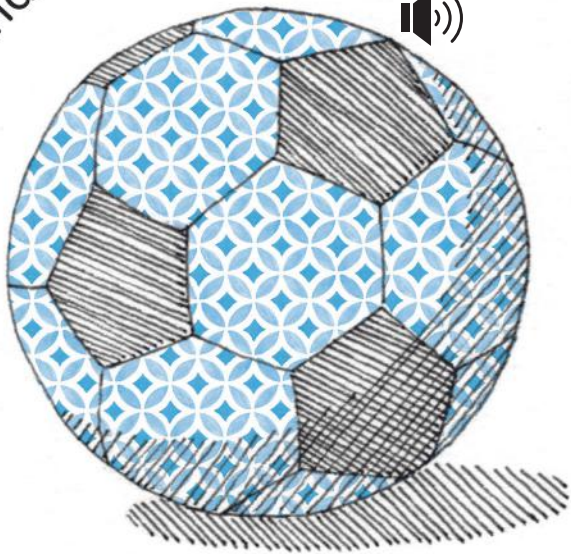
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One fear I have as a parent is ...



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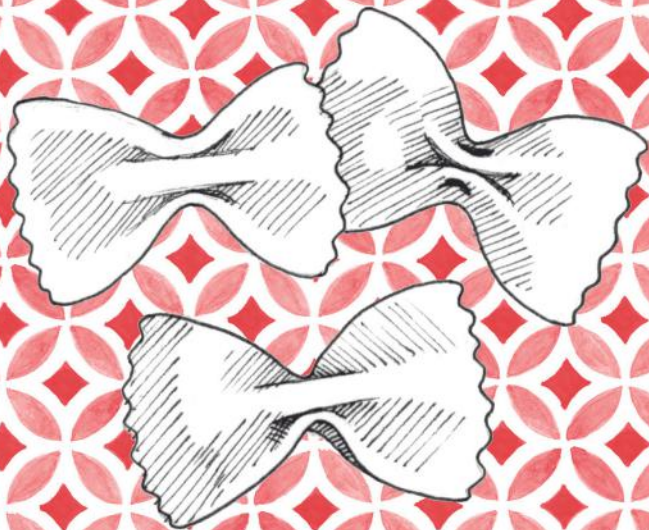


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One thing my children would  
say about me as a parent is ...



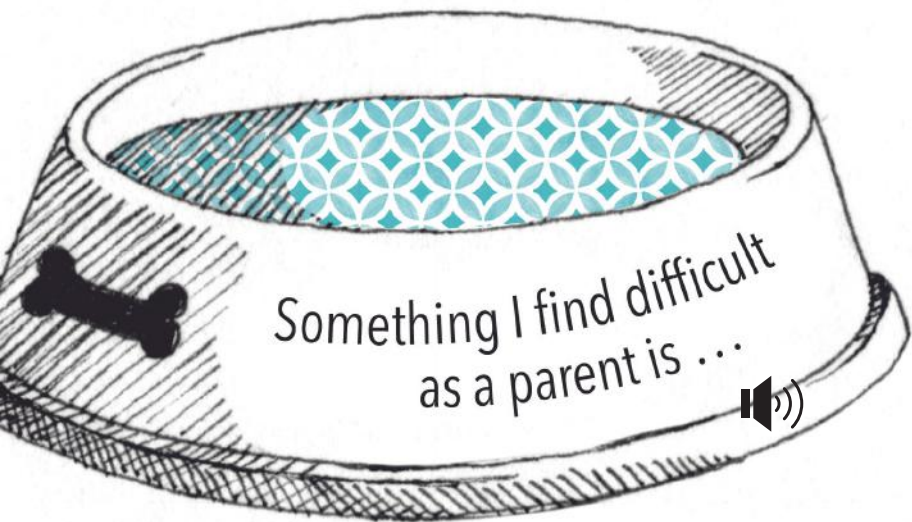


Something my parents did that  
I would like to do more of is ...





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I was  
proud of  
my children  
when...



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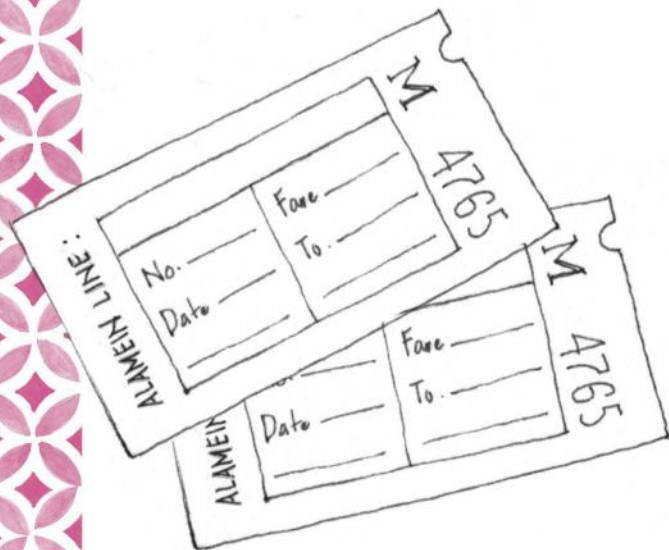


As a parent,  
I would like to  
work on...



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One thing I hope my  
children remember  
me for is...



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As a parent, I wonder ...



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Something I never seem to get around to as a parent is ...



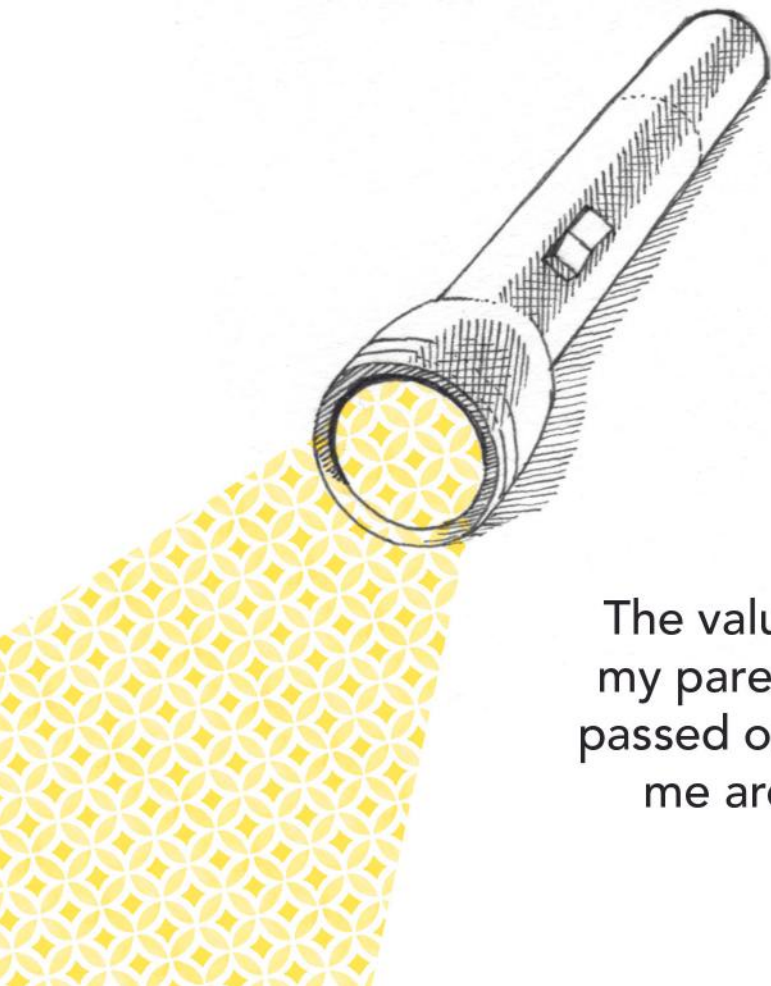




One thing  
I would like to  
change about my  
parenting is ...



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The values  
my parents  
passed on to  
me are ...



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*I'd really like to know ...*

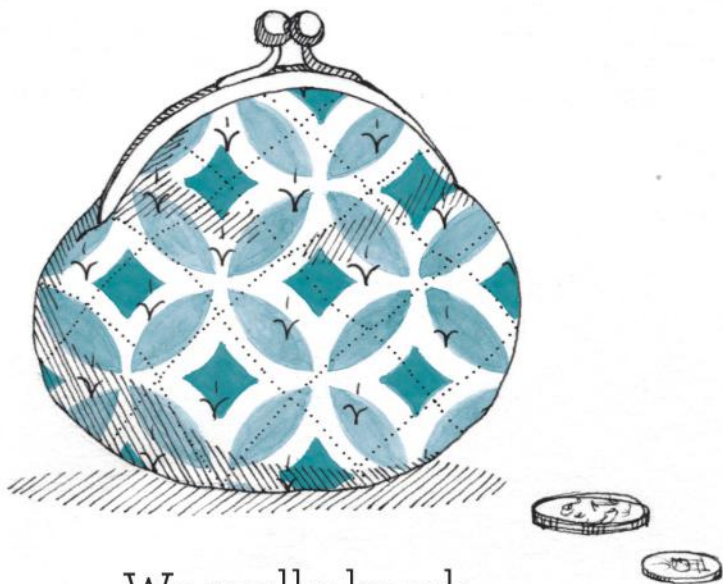




As a parent, I was really  
surprised when ...



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We really laugh  
together when ...





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A good thing  
about my family is

...



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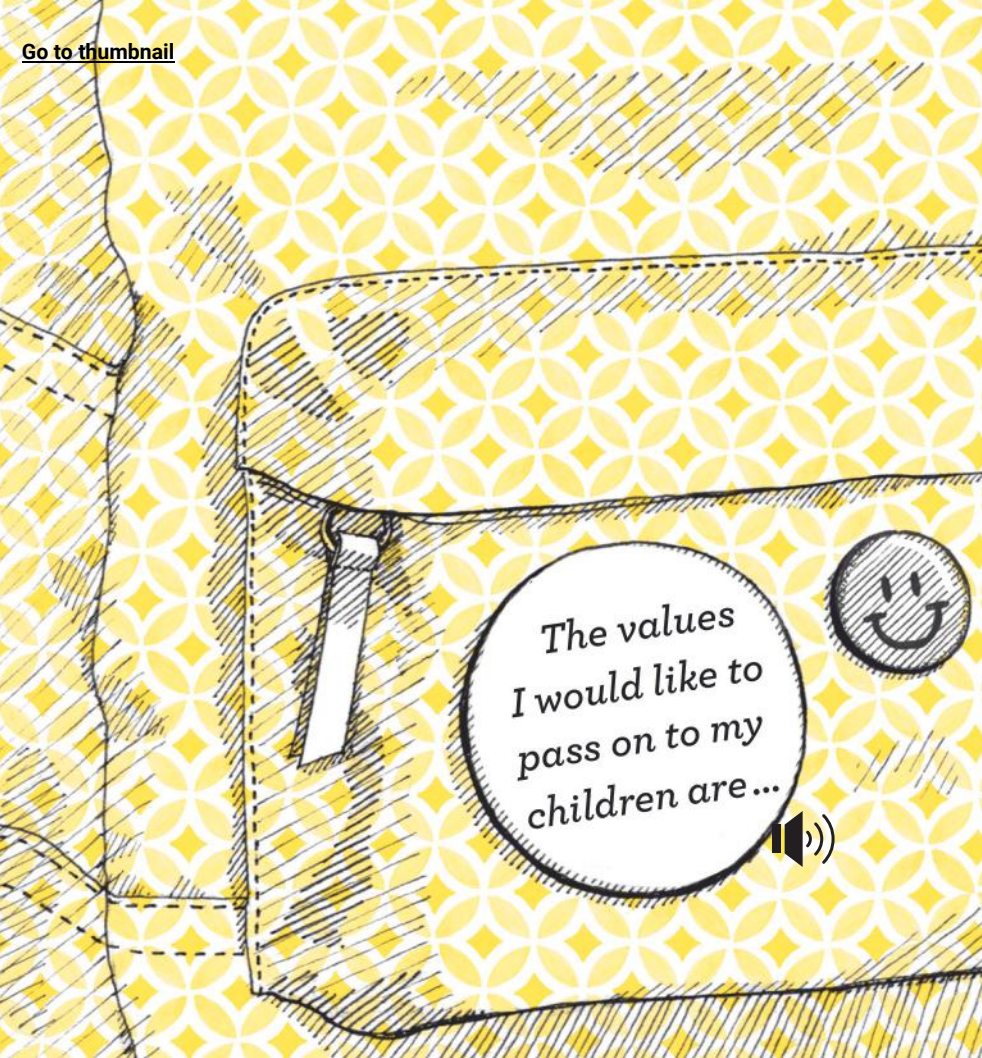
A parent I admire is ...



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A hand-drawn illustration of a yellow bag with a white circular label and a smiley face button. The bag is rendered with black outlines and cross-hatching for shading. The background is a repeating pattern of yellow circles on a white background. The label contains the text "The values I would like to pass on to my children are...". To the right of the label is a circular button with a simple smiley face. Below the label is a small icon of a speaker with sound waves.

The values  
I would like to  
pass on to my  
children are...





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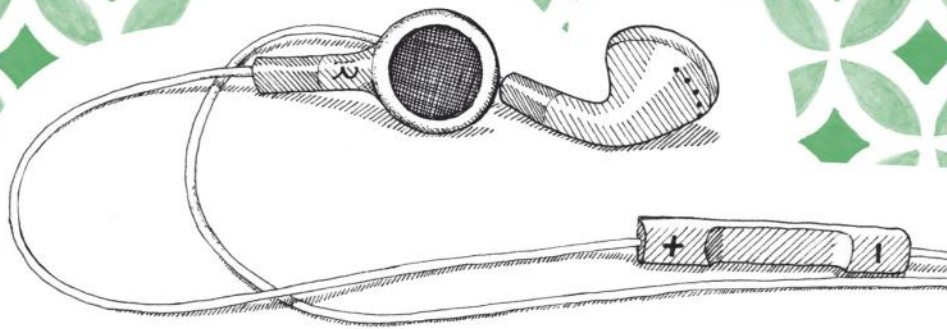




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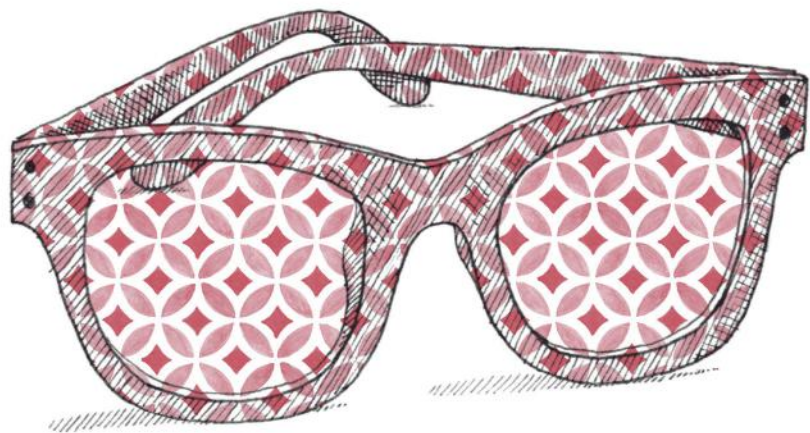
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Someone who inspires me is ...



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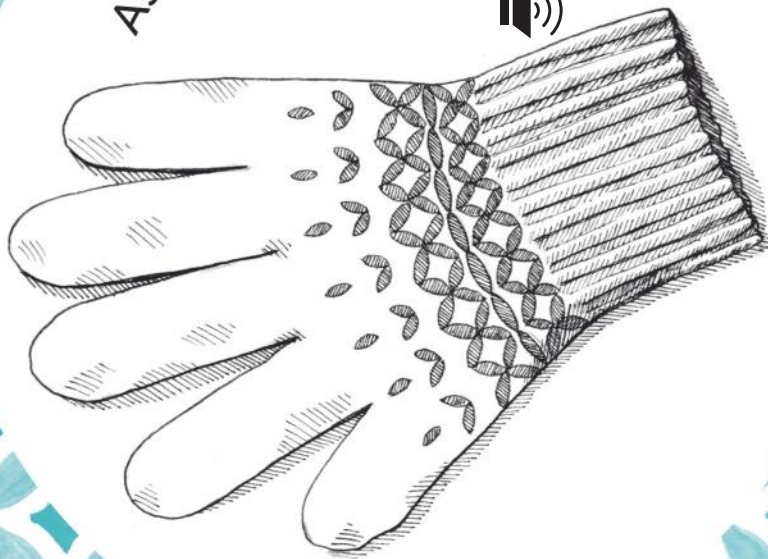


One thing I would like to do  
more of as a parent is ...



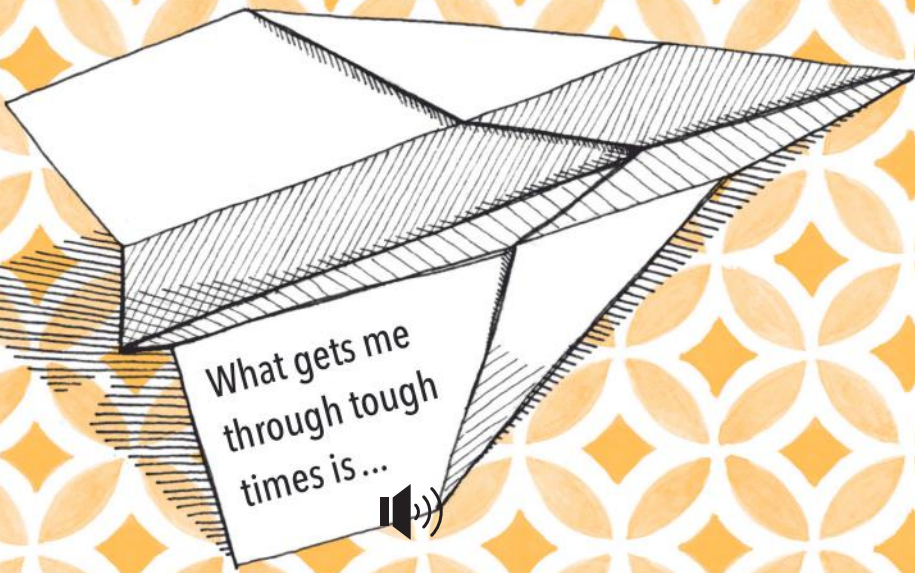
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As a parent, I really enjoy ...





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What gets me through tough times is...






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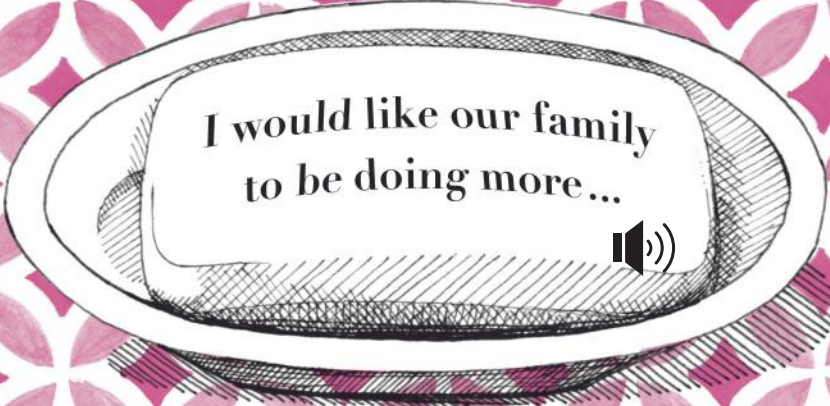


A highlight of  
my life as a  
parent so far is

...



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I would like our family  
to be doing more...



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What annoys me as a parent is ...





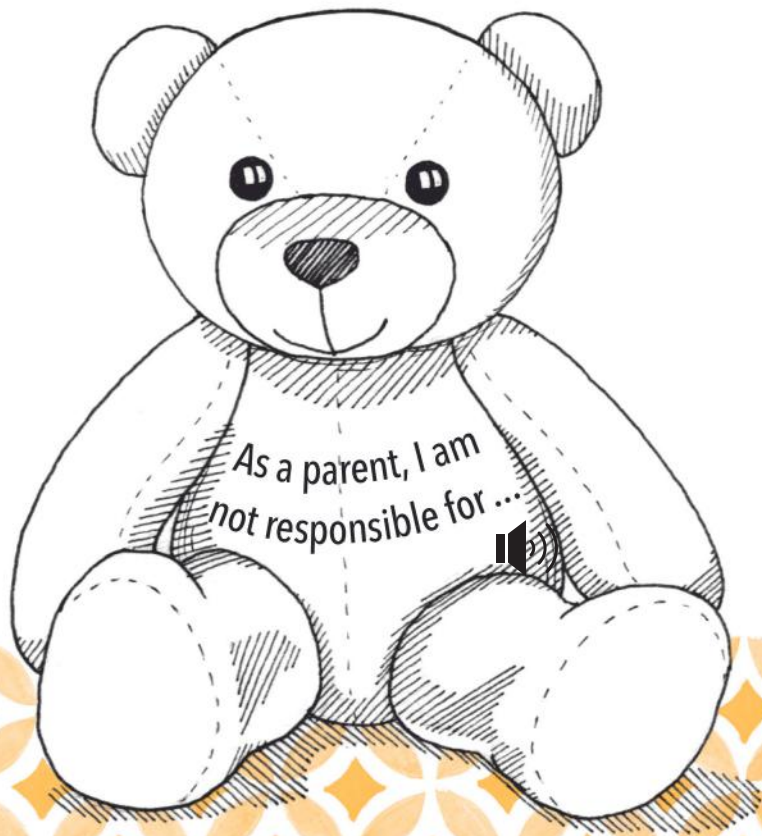
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As a parent,  
it is really  
important for  
me to ...





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As a parent,

I am responsible for ...



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I was proud of myself as a parent when...

