### VIRTUAL HOMECARE

Boost your Home Care capacity with virtual visits







#### **WE ARE A LEADING**



**ACROSS THE UK** 



#### **ABOUT FOSSE**

Fosse Healthcare is a large CQC registered provider of Home Care services, Supported Living Services and Specialist Clinical staffing solutions. We employ in excess of 1,100 staff and deliver in excess of 20,000 hours of care each week through a number of contracts with Local Authorities and NHS Organisations.

As a values driven organisation our mission is to: help people have longer, happier, healthier lives by focusing on their emotional and physical wellbeing.

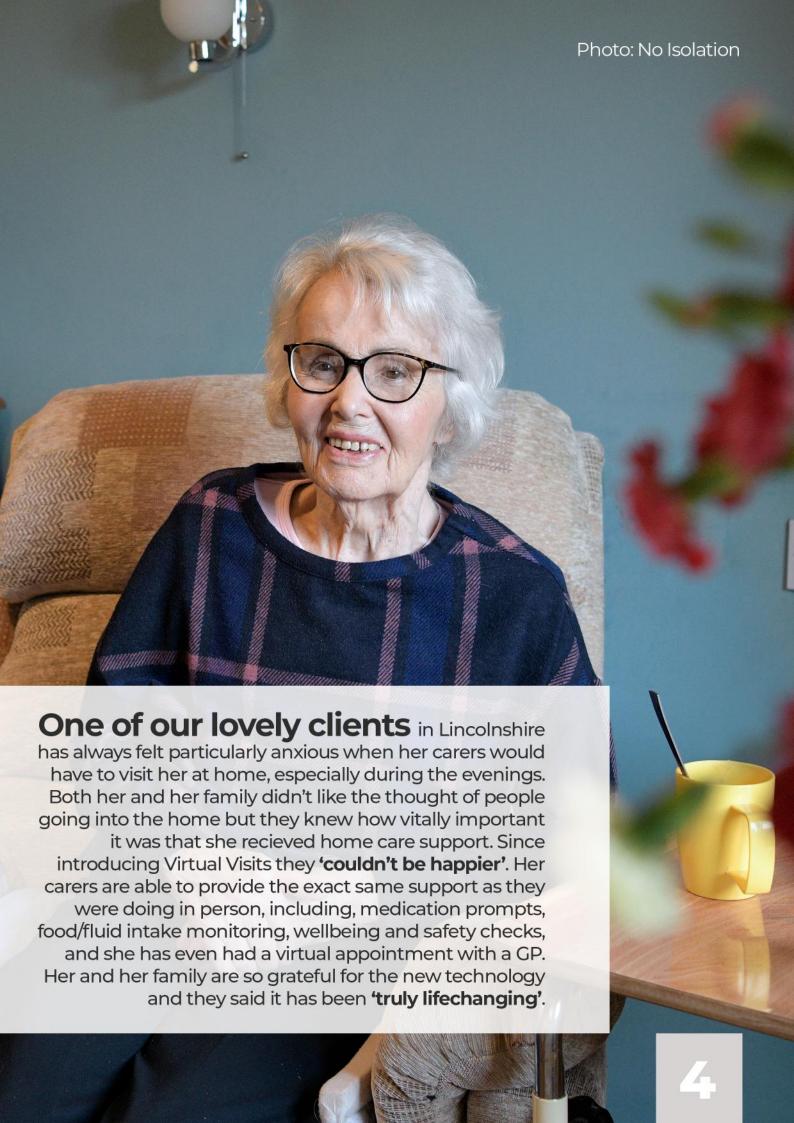
#### **BOOSTING HOME CARE CAPACITY**

The recent ADASS budget survey has highlighted the grave difficulties local authorities are experiencing in securing sufficient home care packages to meet needs. As the workforce crisis deepens, imaginative solutions are called for.

Because of this we have invested in identifying a solution and have set-up our Virtual Homecare Service: bringing together our expertise in delivering care with a mature and proven technology which enables video link with clients in their own homes.



DELIVERING CARE & SUPPORT THROUGH FOSSE VIRTUAL VISITS



#### WHY VIRTUAL HOMECARE?

Data shows that up to 20% of all home care visits could be delivered virtually, freeing up much needed physical capacity on the ground across the existing home care providers to support with the growing waiting lists. For example:

- Existing clients can continue to receive physical visits from their existing providers with some physical visits safely replaced by virtual visits delivered by our central Fosse Virtual Homecare Team.
- Other clients may be able to achieve their outcomes via our Fosse Virtual Homecare visits only.

## VIRTUAL

WHAT CLIENT'S
OUTCOMES AND
SERVICES CAN BE
DELIVERED
VIRTUALLY?



Welfare and wellbeing checks
Monitoring health and safety and reducing risks
Reablement support, for example after a hospital discharge or a period of ill health or rest bite - short term additional checks
Medication management, checks and prompts
Monitoring progress on outcomes which are important to them



Reviews and multi-disciplinary meetings
Food and fluid monitoring and prompting
Support them to maintain their diaries with (for example - health and social appointments)
Safety checks, e.g. front door lock, fires off, opening/closing curtains, visual hazards etc.
Social inclusion and social activities
Mental Health support
Sign posting to existing community services
Support doing their online food shopping
Mobility and frailty assessment and support

Particularly helpful for those hard of hearing (lip reading)

## THE TECHNOLOGY



Photo: No Isolation

The technology, designed by No Isolation, is catered specifically for elderly people - All the client has to do is to turn one large dial (as seen below). The device is completely self contained and does not require a WIFI network or any accounts. It simply plugs into a standard socket and then can be placed on any flat surface or mounted onto the wall.



Within a clients bespoke plan we care arrange a set list of approved users such as their carers, family members and their GP. We work with the client to decide when and how often they would like each of these users to be able to connect with them.



21.5 "screen with high contrast and a clear image

No touch screen, controlled with only one button

Installed and managed through the app

Clear & loud sound with 88 dB

5 megapixel camera
Integrated SIM card module with Support for 4G

Size: (D) 11.3 cm (H) 39.5

cm (W) 58.5 cm





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- Commissioners
- Clients & their families

- Frees up capacity, therefore helping Local Authorities address the growing waiting lists, on your existing local providers as some visits can be safely delivered virtually by Fosse Virtual Homecare
- re-ablement outcomes, whilst promoting and maintaining independence
- Could perform as a bridging service from hospital to home, preventing delayed discharges
- Care reviews could be done virtually (Example Enabling social workers access to the Video Technology link)
- Saving on travel and mileage related costs, therefore improving productivity
- Supports preventative intervention
- Other health professionals, such as

  GPs and nursing teams, could also
  access the video link technology to
  see the client and deliver support
  virtually
- Supports contingency planning and crisis management (Example Physical carers can not get to the client, i.e. flooding, snow, heat waves, etc.)
- Reassures clients and their families

- Less intrusive for the client as it reduces footprint into their home, whilst improving the continuity of care and promoting independence
- Supporting a strength-based approach to enable and reable clients
- Can substantially improve mental health and wellbeing by reducing social isolation Preventing deterioration
- Provides reassurance and opens opportunities to engage in social activities
  - With consent, family
    members could be given a
    access to use the video
    link technology to see their
    loved ones at any time
  - Through our Family Portal families can access all the virtual visit information Strengthening the social network for the client and improving communication
  - Positively impacting their physical and mental wellbeing through fun and engaging activities which can be delivered remotely







#### IS IT SAFE?

We'll work closely with your social workers and commissioning teams to identify clients who would benefit from this service

Bespoke care plans and risk assessments are produced with clear outcomes and actions

All visits are logged and documented

The technology is fully supported and PAT tested yearly

### HOW DOES IT FIT IN MY EXISTING COMMISSIONING ARRANGEMENTS?

We can work on a flat fee per visit, inclusive of the technology and the care delivery, or work within your existing commissioning arrangements

#### WHAT IF A CLIENT DOESN'T ANSWER?

We follow our No Reply Policy and as part of our Care Plan we agree with each client a specific 'No Reply Plan' which includes: Ring the client | Contact NOK or secondary contacts as agreed in the care plan | Let the LA know | If there is an existing provider #delivering physical care we would let them know | Contact life line if appropriate | Ring the local hospital

#### ARE YOU ALREADY DELIVERING THIS ELSEWHERE?

Yes, we have live clients commissioned by Local Authorities in the East Midlands who receive Virtual Visits.

#### ARE CLIENTS RECEPTIVE?

Yes, feedback so far has been extremely positive as the clients feel a virtual visit provides them with the necessary support with minimal intrusion to their daily life. Families are also big advocates as they are able to use the technology to reconnect with their loved ones.

#### HOW DO YOU SAFEGUARD THE PRIVACY OF THE CLIENT?

We document the client's consent and we position the device in the home where the client feels it's best. The client always has a choice of switching the device off by turning the dial down. When a visit is made the device rings and gives the client a time window countdown on screen to warn them of an incoming call. If the client is not in the same room, as the device uses highly sensitive microphone and loud speakers, we can still interact with them.







#### **Fosse Healthcare LTD**

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