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Milton McDonald and Freddie Kattwinkel WPS

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# **Community Bus**

Do we need a Community Bus in Winchelsea - what's your opinion? Write a Letter to the Editor

Email editor@winchelseastar.org.au or give a handwritten note to the IGA

# **Winch Fishing Spots**

By Sports Reporters, Milton McDonald and Freddie Kattwinkel

We are writing about the Barwon River fishing spots in Winchelsea.

If you go fishing in the Barwon River you can catch Redfin, Carp, Eel and Trout. The best eating fish is Redfin or Trout. You can eat carp and eels but they are hard to cook.

Good spots are under the bridge, near the Barwon hotel, and at the end of Hesse Street and lots more but some of them are secret spots.

The bait you can use are worms, corn and yabbies. We think the best bait is worms.

The river is roughly 4.7 meters deep.

Our favourite spot is under the Bluestone bridge. We think the best time to go fishing is on winter mornings and afternoons and after a storm or rain. Another good time is when school is on but we never get to do that.

Try fishing in the Barwon River at Winchelsea, it is a peaceful and fun thing to do.



Shae Callahan

Janet Fletcher

Neil McInnes

Rachel Boddington

Winchelsea Junior Netball

Winchelsea Golf Club

Trebeck Parkrun #85

Blues' News

# Winchelsea stars at CNAV Conference

Janet Bond, Cathy Cheadle, Judy Cameron

The Winchelsea Star came close in the Feature Story category, achieving an Honourable Mention.

# **Honourable Mention: The Winchelsea Star**

Axe the Tax. Winchelsea hosts fire levy protest. Stories by Alice Cloake and Tony Phelps

The Winchelsea Star uses its frontpage might and a two-page spread to rage against a new state tax. Good on you! Excellent use of community and media power. Bold, forthright and uncompromising. Excellent spread of stories and pictures capture the power and anger of the community. Victory is in sight.



The 20th annual Community Newspaper Association of Victoria (CNAV) conference was held in Ballarat earlier this month and the Winchelsea Star was among the close to 30 newspapers represented.

Guests travelled from across Victoria - from the foothills of the Dandenong Ranges, inner Melbourne and the Macedon Ranges to The Otways, Chewton and Dunnolly - to share their tales, tips and struggles of producing non-profit community newspapers. The publications ranged in frequency from monthly to bi-monthly and quarterly, but Winchelsea Star was the only community newspaper to be produced weekly.

When we introduced the Winchelsea Star to the 70-strong audience, that fact it came out weekly drew audible gasps of admiration. It's no mean feat to produce up to 40-pages a week and we are thankful that the Star has a dedicated group of volunteers and great support from our community.

Like the Star, the papers and their digital sites are full of reports from local groups, sports-results, events, historical accounts and issues that concern the local community. It's news that you can't get anywhere else.



You can subscribe for free to the Winchelsea Star. Why not sign up now, by visiting winchelseastar.org.au.

### Janet Bond

I always assumed that community papers were only in regional areas and was surprised to find that there are many in city regions. I sat next to a lady from Kensington/Flemington. While we didn't get an award for The Star, it was great to pick up other community papers to see what they are doing.

# **Cathy Cheadle**

I was pleased I went to the CNAV conference to meet the enthusiastic and dedicated volunteers from around the state keeping their local newspapers alive. John Ellis from the Ferntree Gully News asked after Mick O'Mara, our Winchelsea Star founder. Mick sends him the Star link each week. I came away with some ideas and learnings from others which might hopefully help us win an award next year!

**Judy Cameron** 

# Winchelsea Lions Club celebrates prestigious awards

Linda Carter, story and photos

Last Wednesday Winchelsea Lions Club held their annual visit from Vice District Governor for this year, Maria Baade.

We were treated to a delicious dinner provided by Janet Fletcher and her wonderful team. A big thank you also to the Cricket Club guys for manning the bar.

Two very prestigious awards were presented on the night.

The Alan Holding Award went to Norm Banham from the Football Club. This award is presented from the Lions Club to non-Lions who have contributed greatly to the community which Norm certainly has. It was lovely that he also had members of the footy Club there to congratulate him.



Norm Banham receiving his award



Football Club members cheering him on



Norm Banham

The other award was the **Melvin Jones Fellowship** which this year went to **Bryan Jones**. This is the highest honour awarded by the Lions Club to a member. Bryan is one of our busiest members helping most days with collecting and sorting papers. BBQ's and is always available when needed.



Bryan Jones receiving his award



Graham Kenafacke, Bryan Jones and Maria Baade



Graham Kenafacke, 1st Vice President Maria Baade

Congratulations to both worthy citizens, our community is so much better because of you. The Lions club greatly appreciates all the support they receive from the community.

In February next year we will be holding a party for all primary school age and under who live in the postcode 3241 or attend school or kindergarten here, more details later.











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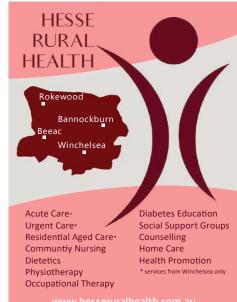
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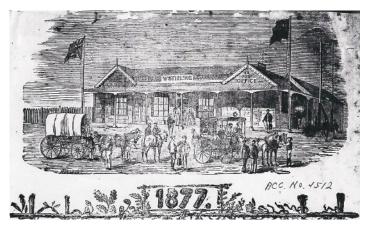
# history of winchelsea

# Winchelsea Post Office

Winchelsea locals who have been in town for more than five years or so will remember the old post office, on the Hospital side of the main road, near the new medical centre and the Fox's Den. But did you know that the "Old" post office was not the first, but the fifth post office built in Winchelsea?

The First Winchelsea Post Office opened as Barwon Post Office on 1 July 1848 and was based in the Barwon Inn (now known to locals as the "Bottom Pub". Nicholas Trebeck, founder and inn keeper, was paid £9 per year from general public revenue as wage of the Post Master for the town. The post office was renamed Winchelsea in 1854 when Charles Joseph La Trobe chose the name. Postal and telegraphic communications were important in early settlements and townships for maintaining contact between settlements and with the administrative centre.

The second Post Office operated from Stirling's store from 1856 by Thomas A. Stirling and it was William Stirling who took charge of the third Post Office. In 1877 the mail came and departed one day a month, via the train.



Mr. W. Stirling's store included the Winchelsea Post Office, c.1930. Source: Winchelsea & District Historical Society Inc., image 4881-073.

There is little surviving information about the fourth Post Office, but the fifth Post Office was built in 1915 in Main Street and included a Post Master's quarters at the rear.

Services such as post and transport with the beginning of Cobb and Co. Coaching Services in 1853 helped alleviate the isolation of colonial towns such as Winchelsea. The earliest post offices in Victoria were often in private houses, hotels or stores. Many of these are still standing throughout Victoria as a testament to the development of Victoria's colonial infrastructure



Winchelsea and District Historical Society Inc.



**Mícheál P O'Dhonnabháin** has lived in the Winchelsea area since 2010.

Michael completed a Bachelor in History and Anthropology and a Master of Cultural Heritage at Deakin University, then went on to complete a PhD at Federation University, focusing on colonial and European collections of Indigenous Australian Cultural Heritage. Michael lectured at Federation and Monash Universities, lecturing in World History, Folklore Studies, Indigenous Studies and literary studies. Michael has worked in museums and cultural collections across Victoria, and can usually be seen in and about Winchelsea with his wolfhound.

Planning is underway for our new Prep students for 2026

\* Our first Transition Session is Friday 31st October

THANKYOU for your RSVP's for our Sessions !!! Please let us know.

Our Parent Information Sessions are: (Just 'one' session is required)

<u>Day Session</u>: Friday 14<sup>th</sup> November at 8:45am <u>Evening Session</u>: 15<sup>th</sup> November at 5:00pm





If you haven't enrolled your child for 2026 - please let us know asap



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# Winchelsea Star COMMUNITY NOTICEBOARD

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# SMALL RUNNING GROUP

Sunday mornings 8am at La Hoot Small group - social run, jog and chat. We wait for slower runners and walk when one of us needs a rest. The aim is 10k, option of 8 or 5k it's up to you. To finish, a coffee at La Hoot.

# DIAMOND DOT ART SHOW

Pictures And Accessories 10am-3pm Saturday 1 November Senior Citizens Rooms Harding Street, Winchelsea

# WINCHELSEA PICKLEBALL

Pickleball is back! The Tennis Club is running every Wednesday 7pm at the Winchelsea Leisure Time Centre! Only \$5 a person All equipment supplied Wear suitable footwear Lesley Mathison 0438 672 197

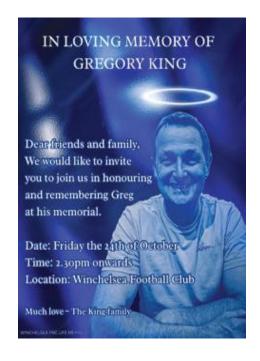
# WINCHELSEA TENNIS CLUB JUNIOR COACHING

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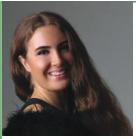
The Winchelsea Community Op Shop provides quality clothing and homewares.

10 Willis Street, Winchelsea Vic 3241 https://www./WinchelseaOpShop/
The Op Shop is a lifeblood of the Winchelsea community, providing great friendships to the passionate volunteers and our many customers.









Zinaida Campion

# The Screaming Fat Lady: **Debunking Opera's Most Persistent Stereotype**

For decades, the image of a screaming, fat lady wearing a horned helmet has been the first thing that comes to mind when many

people think of opera. This stereotype has been perpetuated by cartoons, comedies, and some classical music fans themselves. But this image is hardly accurate. Now, you might be thinking: Where there's smoke, there's fire. So let's delve deeper into this universal cliche.

To make a thorough analysis, let's split the stereotype into two parts: the "screaming fat lady" part, and the "horned helmet" part.



### Obese sopranos and vulgar performances: The exception that became the rule.

In the 19th century, opera singing became associated with excess weight, particularly among female sopranos. This stereotype was perpetuated by several high-profile singers known for their loud voices and ample physiques.

Lucrezia Aguiari: An Italian soprano known as "The Queen of Screamers" for her piercing voice and considerable girth.

Caroline Unger: A German soprano celebrated for her beautiful voice, but also notorious for her weight and tendency to upstage fellow performers.

Luisa Tetrazzini: An Italian soprano famous for her powerful voice, larger size, prodigious appetite, and outrageous behavior both on and off stage - including a famous arrest for singing in the street.

These singers, along with others, contributed to the notion that a larger size was necessary for a powerful voice. However, their performances were often marred by a lack of subtlety and nuance, relying on sheer volume rather than technique or artistry.

Zinaida Campion is a classical soprano, vocal coach, artist and model raised in Winchelsea. She is an alumna of VOYCE Victorian Opera, a Windfire Vocal Scholar, and Co President of Geelong City Opera. She has a strong background in languages, a love of local history, and an all-consuming passion for promoting the arts in rural areas.

To share your stories and inspire the community, please contact Zinaida. 0428 403 784 zinaidacampion@gmail.com

Their over-the-top performances were frequently mocked in cartoons and satirical writings of the time, further solidifying the screaming fat lady stereotype.







The Birth of Brunhilde: Wagner's Warrior Goddess.

The character at the centre of the stereotype is Brunhilde, the fierce Valkyrie warrior maiden from Richard Wagner's epic cycle of four operas, Der Ring Des Nibelungen (The Ring of the Nibelungs). She was usually portrayed wearing armour and a horned helmet, an image that has become legendary. Wagner was extremely popular during the time of the above sopranos. The sopranos who embodied the legend.

Several sopranos have portrayed Brunhilde over the years, but a few stand out as having contributed to the stereotype. Kirsten Flagstad: A Norwegian soprano known for her powerful voice and imposing stage presence. Her Brunhilde was the epitome of the fierce warrior goddess.

Birgit Nilsson: A Swedish soprano celebrated for her powerful, piercing voice. Her performances as Brunhilde were legendary for their intensity and drama.

Helen Traubel: An American soprano who sang 24 Brunhildes at the Met between 1939 and 1953. Her voice was powerful, but also possessed a beauty and warmth that added depth to the character.

Marjorie Lawrence: No list of famous Brunhildes would be complete without our own homegrown superstar. Born in 1907, in Deans Marsh, she rose to worldwide prominence as a dramatic soprano of unparalleled clarity of voice and dramatic ability. Brunhilde was her most famous role, and she was the only one in the history of the Met to ride her horse into the fire, as way instructed.

These sopranos, along with others, helped solidify the image of Brunhilde as a powerful, larger-than-life figure. However, their portrayals were not caricatures, but nuanced, multidimensional performances that brought depth and complexity to the role.

The Modern Sopranos: Shattering the Stereotype\*\* Today's sopranos are a far cry from the screaming fat lady of

stereotype. They are talented, dedicated artists who bring a new level of sophistication and nuance to their performances.

Anna Netrebko: A Russian soprano known for her stunning voice, captivating stage presence, and sleek, modern beauty.

Nina Stemme: A Swedish soprano celebrated for her powerful voice, impressive range, and youthful energy.

Christine Goerke: An American soprano praised for her rich, expressive voice and compelling stage presence.

These sopranos, along with many others, are redefining



# **ArtsRural**

Nina Stemme: A Swedish soprano celebrated for her powerful voice, impressive range, and youthful energy.

Christine Goerke: An American soprano praised for her rich, expressive voice and compelling stage presence.

These sopranos, along with many others, are redefining the world of opera and shattering the screaming fat lady stereotype once and for all.





### The evolution of opera: A more diverse art form.

Contrary to popular belief opera is not the exclusive domain of the wealthy and elite. It is a vibrant, diverse art form that reflects the world we live in.

More diverse stories: Modern operas tackle complex issues like racism, sexism, and inequality, featuring characters from diverse backgrounds. A new generation of composers is creating innovative, ground-breaking works that push the boundaries of traditional opera. Singers like Andrea Bocelli and Renée Fleming are crossing over into pop and musical theater, bringing opera to new audiences.

### Conclusion

The screaming fat lady stereotype is a relic of the past, a caricature that fails to capture the beauty, drama, and emotion of opera. The sopranos who inspired this legend were definitely the odd ones out.

Today's sopranos are shattering this stereotype, proving that opera is a vibrant, diverse art form that has something to offer everyone. Whether you're an opera aficionado or just discovering this beautiful art form, there's never been a better time to experience the magic of opera. Stay inspired!

Ciao!



# Plans to boost Winchelsea's presence in 2026 Surf Coast Arts Trail

# **Growing Winchelsea**

Artists from Winchelsea, Torquay, and Gherang have gathered with key stakeholders and Surf Coast Shire to discuss ideas for building a stronger local arts presence.

The meeting, hosted in partnership with Growing Winchelsea, generated a range of exciting ideas — from pop-up exhibitions and open studios to music, workshops, and collaborations with local businesses.



Bridget Rasmussen, Dee Matheson & George Carman

Elaine Atkinson, Secretary of Growing Winchelsea, said the group is keen to hear from artists, performers, and anyone passionate about growing the arts locally. Contact her via email at secretary@growingwinchelsea.com

# Entries in the Surf Coast Community Arts Calendar 2026 competition are on display in Anglesea until 26 October 2025

**Surf Coast Shire** 

### **Anglesea Art Space**

11am-4pm Thursday to Sunday until 26 October.

People can vote in the people's choice award via surfcoast. vic.gov.au/calendarcomp. Voting closes on 24 October.

Surf Coast Shire Council has produced the much-loved calendar for more than 25 years, with 2026 the last print edition as Council develops new avenues for nurturing and promoting artistic activity.

Winners for the 2026 calendar are:

- Penny Skinner, Youth Under-19, 'A Home Amongst The Gum Trees'
- · Rosie Crone, Open 2D, 'Surf Girl Crossing'
- · Sarah More, Open 2D, 'Spring Renewal',
- · Sachi Bridgeford, Open 2D, 'Winter Wonderland',
- · Alisha Lyon, Open 2D, 'Shipwreck Trail'
- Peter Day, Open 3D, Deep Sea, 'Marine Tumbled Fishing Rope And Net'
- · Luisa Gioffre-Suzuki, Open 2D, 'In The Distance'
- · Peter Brighton, Open 2D, 'Female Superb Wren'
- · Archie Sullivan, Child Under-12, 'Clouds In The Night Sky
- · Paul Weight, Open 2D, 'Red Moon'
- Emma Hayward, Open 3D, 'Guardian Of The Deep',
- Doug Banner, Open 2D, 'Torquay Surf Beach'

Entrants for the 2026 calendar included 29 children under 12 and seven aged 13 to 19.



# Breath testing millions of drivers this year.

Police are out there to keep our roads safe. If you've been drinking, don't drive. Getting caught with a Blood Alcohol Concentration (BAC) of 0.05 and over will result in loss of licence and significant fines. Chances are you will be caught.

Anywhere. Anytime. Anyone.







# 'Granny Get Your Gun'

**Abbey Geddes** 

It's that time of year again when the Winchelsea Repertory Society is busy preparing for their annual production.



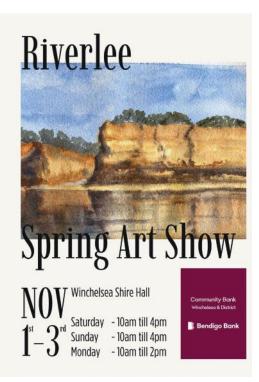
The story follows a tough protective Aussie Granny (Jody Earl) named Helen Fury. After taking her grandchildren, Dakota (Claire Geddes) and Rylie (Liam White), to see an old western film at the cinema, Granny is suddenly brought into the outlandish world on screen. The colourful townsfolk of Gravestone need Granny's authority and courage to bring order back to their town after gunslinger, Big Bad Billy-Bob Bonner (Rob Davies) and his gang rob the local bank. This adventurous tale features humour, heroes and heart.

The performances fundraise for local clubs and social groups, each performance supporting a different organisation...

- Friday 7 Nov: Winchelsea Bowls Club
- Saturday 8 Nov: Winchelsea Primary School & Winchelsea CFA
- Friday 14 Nov: Grovedale/Waurn Ponds Lions Club & Modewarre Cricket Club
- Saturday 15 Nov: Winchelsea Repertory Society

The shows begin promptly at 7pm each night at the Globe Theatre. Tickets \$60 include a 3 course meal courtesy of the Winchelsea Football & Netball Club (BYO Drinks). Patrons are encouraged to dress up in their best cowboy/western themed attire.

To get your tickets, visit https://www.trybooking.com/DFWZY or scan the QR code on this page. Ticket sales close one week prior to performances.



# **Riverlee Spring Art Show**

### Veronica McDonald

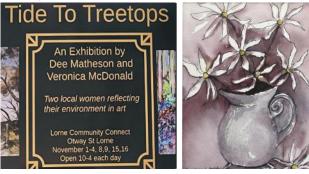
We commenced the year of 2025 full of enthusiasm to plan our Melbourne Cup Weekend exhibition, when Dee and Veronica dropped a bombshell. Everyone gasped ... I have no idea why. !!!!

Well ... it turns out that they were given an opportunity to exhibit at the Lorne Community Connect Art Hub ... at the SAME time as the Riverlee exhibition.

With only a couple of weeks to go we think we've cracked it. The excitement of artists preparing for the show is a complex blend of anticipation, anxiety and creative intensity. We have encouraged each other to create.

Dee, the watercolour teacher, has worn two hats. She fosters creativity self expression and artistic development in her students, as well as preparing her own work for "Tide to Treetops" exhibition in Lorne with Veronica.

Artwork by Pom McKenzie is featured on the billboard for Riverlee.



The class has prepared some beautiful work as Christine Smith takes over the reins to pull it altogether. Its not just painting a picture. We all feel vulnerable in putting our work out to the public with pricing one of the most difficult things to do.

People buy artwork for emotional connection to reflect their personality and to express status. You may like the artist or subject matter or you be drawn for reasons you cannot explain. At the end of the day we just want to see you from the Coast to the Hinterland enjoying our shows.





This Week's Winchelsea Star Editor Cerrie Forgan Designer Susan Corby

send your stories news@winchelseastar.org.au

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Next Production Coffee Meeting Sat 25 October 9am @ La Hoot All Welcome - come for a coffee!

# production

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Advertising: Sasha Gauntlett, Neil McInnes

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# committee

President: president@winchelseastar.org.au

Neil McInnes

Treasurer: treasurer@winchelseastar.org.au

Cathy Cheadle

Secretary: secretary@winchelseastar.org.au

Tony Phelps

**Members:** Mick O'Mara, Linda Carter, Susan Corby

Sasha Gauntlett, Judy Cameron, Yvonne Stevens, Cerrie Forgan



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# Community Dinners are thriving in Winchelsea

### Jess Butler

Our monthly community dinners are really taking on a life of their own – it's wonderful to see our community stepping up to make this event their own. This month was especially exciting for the children as local Artzzy Jazzy brought along her face painting and body art supplies and worked her magic with some delighted children. Jasmine (also known as Artzzy Jazzy) donates her time, resources and creativity each month to help keep the kids busy and entertained during our dinners. It's wonderful to have local small businesses such as Artzzy Jazzy so generously support these events as without this support the dinners wouldn't be anywhere near as much fun for our Winchelsea kids.

The food as per usual was plentiful, diverse and delicious. Some of the offerings included chicken chow mein, paella with chorizo, pumpkin and chickpea curry and beef and barley soup. Dessert included apple and rhubarb crumble, orange cake, sticky date pudding and choc chip muffins.

The piano has continued to get a work out, its lovely to see people of varying abilities having a go at sharing something they can play.

It's been a delight to get to chat with so many locals over the course of our dinners so far. Quite a few connections have been made between people who might not usually get an opportunity to chat. As well as enjoying the chance to meet new people and connect with regulars at each dinner, there have been many extra connections. For our family who have only been in the community for a year, the dinners have been a wonderful chance to get to know people beyond the quick hello in the street. These connections have led to things like — my children being given the





opportunity to learn to ride horses with a generous community member, being able to source local produce such as eggs and locally made gluten free bread, connecting with local families who have shared life experiences and values and being able to learn more about the context and history of the community, particularly the strong commitment to people helping each other out and working together to get things done.

Last Saturday of each month 6.30pm at the hall on the corner of Harding and Mercer Streets.

Our next dinner will be Saturday 27 September.

Everyone is welcome from Winchelsea and surrounds.

We hope you will join us at a future dinner. Please bring food to share if you are able, if not just come along anyway – there is always plenty to share. We start eating not long after 6.30pm in case you have little ones and need an earlier night. These are community powered events – run for community by community, they rely on the support of our generous volunteers and community donations.

This includes seed funding gratefully received from The Winchelsea Star to get us going and the ongoing support of Kenty's Bakery who donate dinner rolls each month.

# Powercor repairs powerline in one of Victoria's most remote regions

### **Powercor**

Powercor crews worked to restore power for customers in the Otways after a fault on Tuesday afternoon.

More than 1600 customers initially lost power when a tree came over lines off Old Beech Forest Rd, near Gellibrand, just after 2pm.





Most customers were restored quickly, with Powercor's Colac crews and network controllers working to switch customers onto different parts of the network.

Two tracked vehicles were used in the repair, making access to steep and damp terrain easier for repair teams.

The area is among the more remote and challenging areas in the Powercor network.

# Bringing care closer to home: Virtual Care Awareness Week

### **Hesse Rural Health**

20 – 24 October Virtual Care Awareness Week is a time to recognise how technology is making healthcare more accessible – especially for rural and regional areas.

At Hesse Rural Health, virtual care – also known as Telehealth, is making it easier for people to connect with healthcare professionals without needing to travel.

A Telehealth Hub is a private room equipped with everything you need for a Telehealth appointment, and they're free for community members to use!

Hesse's clinicians use virtual services themselves. Through the Barwon Health Acute Referral Service (BARS), they can connect with an Emergency Physician via Telehealth when a GP isn't available. BARS is available 12 pm - 9 pm, seven days a week, and outside those hours Hesse uses Victorian Virtual Emergency Department (VVED).

Community members can access VVED directly themselves. This service is accessed at https://www.vved.org.au/patients.

At Hesse speech pathology service is delivered through Telehealth. Other specialists include geriatricians, neurologists, oncologists and urologists.

For more information on accessing a Telehealth Hub or a Hesse service through Telehealth, contact communityintake@hesse.vic. gov.au or 03 5267 1200.



# Intense rain, landslides and potholes everywhere: how climate change is trashing Australia's roads

Source: The Conversation: Hannah Seligman, Lecturer in Municipal Services and Public Works Engineering, University of Southern Queensland

Australia has one of the world's longest road networks, covering almost 900,000 kilometres. More than 80% of it is rural or remote.

It was hard and expensive enough to maintain this network before climate change began causing havoc. But the job of road workers, engineers and transport departments is getting much harder. As many drivers know, roads are suffering. Potholes are everywhere.

The new National Climate Action Plan calls for upgrading Australia's transport networks so they can better withstand the changing climate. It won't be possible to climate-proof the whole network. Authorities will have to focus on keeping vital lifelines open.

### Time to build resilience

In 2023, a government inquiry into the problem recommended several approaches to make Australia's roads more resilient. The inquiry found it wasn't realistic to climate-proof the nation's full road network on cost, timeframe and staffing grounds.

It's long been common to rebuild roads exactly as they were before a disaster. But this means they're vulnerable to the next disaster, which may be even bigger.

Instead, we should invest in "betterment": using disaster recovery as a chance to upgrade roads by making culverts bigger, raising bridges, widening shoulders or even shifting roads to safer ground. This approach reduces future risks and often saves money over the long run.

# Greener, stronger roads are possible

As climate change intensifies, new roads will have to be built to be more resilient. Design standards focused on resilience will be essential.

We already have stronger, greener ways of building roads. Foamed bitumen roads are much more flood resistant. Crumb rubber from old car and truck tyres makes road surfaces tougher. Old asphalt pavement and waste glass can be used as recycled aggregate for new roads, cutting waste and emissions. New intelligent road rollers use real-time monitoring to compact the layers of new roads more evenly, boosting quality.

These methods haven't been widely taken up due to cost concerns, supply chain challenges in regional areas and a reluctance to try new things. Policymakers could speed up uptake by setting new procurement rules for stronger, more resilient and low-carbon materials.

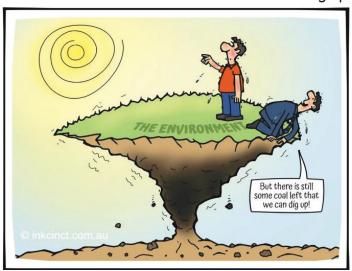
Climate change is already hitting Australian roads hard. If nothing is done, the damage will only intensify. Traditional methods will stop working.

# Consumers could be left holding the \$11 billion bill for the gas death spiral

Source: https://reneweconomy.com.au/consumers-could-be-left-holding-the-11-billion-bill-for-the-gas-death-spiral/

Without urgent reform, Australian households risk being left

But there is still some more coal that we can dig up



I drew this in response to the announcement of the approval of three massive new coalmines in Australia. Note that I am not totally against coal mining. After all, high quality black coal is needed to make steel and existing coal fired power stations have to keep running until renewables can take up the slack. But if the climate scientists' predictions about global warming are correct most of the coal yet to be mined will have to stay in the ground. Opening yet more coalmines does not make sense to me.

CARTOON REFERENCE NUMBER: 2025-22 John Ditchburn June 12, 2025 2:38 pm

Thanks for permission to print

holding the bag for the so-called 'gas death spiral', consumer advocates warn.

Brian Spak, from Energy Consumers Australia (ECA), warns that if nothing changes it will be renters, apartment dwellers and low-income households – those with the biggest barriers to going all-electric – who will be left stuck on gas with spiralling bills.

"The total size of that of gas distribution networks regulated asset base is \$11 billion in Australia, and that's a really important number, because that \$11 billion has to get paid one way or the other, and it's uncertain right now who's going to pay it," he says.

Rules written for a growth industry, not a shrinking one ECA argues the regulations governing gas networks are "not fit for purpose" because they were designed for a sector that was meant to keep expanding.

"They were designed around this concept that the gas network would always grow. But the gas network is going to shrink or become less used," Spak says.

As households electrify and leave the gas system, the fixed costs of pipelines don't disappear. Under current rules, those costs get shared across a shrinking pool of remaining users.

# Protect households from stranded appliances and disconnection costs

It's not just pipelines at risk of being stranded — it's household appliances too.

# In My Garden

### Julia Holohan

Not having a dishwasher, I handwash my dishes in the kitchen sink. With my hands methodically washing, I take in the sights of my garden through the kitchen window.

The seasonal garden changes are observed: the birds, insects, lizards, the odd snake, weather changes, sunsets, moon & star sightings, visiting kangaroos seeking some green pick & echidnas digging for delectable delights & spotting a neighbour popping in for a cuppa etc.



Lately, on the warmer days, the bees have been buzzing merrily in the big old pear tree's blossom. It must be hot work as there has been a regular line up for a drink at the old plough discs in the garden close to my window. Paul keeps the discs topped up with water for the birds & obviously the bees too.

Through the big old pear tree full of the buzzing bees, are the orchard brides (this is what I feel the fruit trees look like when they're netted). The brides are increasing in number.

Using the new small holed netting makes for a fine line between putting it on too early or too late. It's a matter of keeping an eye on the blossom, giving the bees time to access the blossom to pollinate & before the birds peck off too many & we have a depleted or no fruit crop.

The plums were done last week when we felt it safe. We've just done the apples as they blossom later than the plums, the others will follow as need be.

Not having an enclosed orchard, we pop the nets individually over each tree. The larger trees require 2 lengths of netting which I patiently sew together with an old bag needle and string to make them fit the tree, (the sewing is also done if holes appear, an on going job). They require both of us using brooms or plastic rakes to give us the extra height to get the netting over.



The netting is tied to the base of the trunk with that wonderful multi useful, hay band!

I like to try, and I don't always succeed, to tie it so I can access picking the fruit as easily as possible & to retie again. Each tree always seems to be tied differently!



As fruit season finishes for each tree, we remove the netting promptly to allow the tree to stretch out its branches and let the birds return to finish off any fruit we don't want.

So we don't have to work out the piles of netting next season; the netting is laid out on the lawn, hopefully so it can be easily retreed next year, then it's rolled up and tied with its hayband and labelled with its name & it's position in the orchard.

Excess fruit is preserved in fowler jars, or stored in the shed fridge where they last for months, the horses happily gobble them up as treats when they become to soft for us humans.

# **Opening of Community Bank Village**

### **Community Bank**

The Winchelsea Community Bank Village will officially open its doors on Friday 31 October 2025, marking the completion of a project years in the making.

Located at 42 Harding Street, Winchelsea, this development offers independent living units for seniors, providing a modern, affordable, and community-minded housing option right in the heart of town.

The day will kick off with a sausage sizzle at 12pm, followed by the official opening ceremony at 1pm. Visitors are invited to tour the Village between 12pm and 2pm, meet the project team, and see firsthand how local collaboration can achieve something remarkable.

This development was made possible through the strong partnership between Winanglo Inc. and the Community Bank Winchelsea & District, operated by Corangamite Financial Services Ltd.

For further information, please contact: Ken McDonald 0418 524 150 or John Knuckey 0427 672 01





Growing Winchelsea Inc. PO Box 43, Winchelsea Vic 3241 secretary@growingwinchelsea.com

# Call for families and community groups to join "Twinkle Trees on Main"

# **Growing Winchelsea**

The festive season is fast approaching, and the Winchelsea community is gearing up to make Main Street sparkle with Twinkle Trees on Main, proudly supported by Community Bank Winchelsea & District.

This joyful project brings colour, creativity, and connection to town this Christmas — and everyone is invited to take part!

The Winchelsea Men's Shed has been busy crafting up to 50 wooden Christmas trees, ready for local families, community groups, and businesses to decorate and display along Main Street. One tree has already been delivered to Hesse Rural Health, where aged care residents are adding their own special touch.

### **Collecting Trees**

From the Men's Shed BBQ stall at the Winchelsea Community Market Sunday, 9 November 2025, 9am-1pm.

### **Decorating Trees**

- At the market, there'll be a hands-on decorating workshop where families can pick a tree, paint and decorate it on-site, and leave it ready for installation.
- What to bring Your own paints, lights, and decorations (Some materials will be available).
- Need help decorating? Men's Shed volunteers will assist with tasks like attaching screws.
- Tip Paint takes about two hours to dry
   — the perfect chance to explore the market, grab a coffee, and come back to finish decorating!

If you can't make it to the market, don't worry — you can still be part of the fun!

# Elaine Atkinson, Secretary, Growing Winchelsea secretary@growingwinchelsea.com

Please note:

The trees provided for Twinkle Trees on Main are for display along Main Street as part of the community project. If you'd like a tree for your own home or garden display, the Men's Shed has trees available for \$20 — a great way to bring festive

cheer to your own yard while supporting a local community group!

The decorated trees will line Main Street throughout December, creating a festive trail for all to enjoy. There will also be prizes for creativity — from the best and wackiest designs to the most environmentally friendly!

Prize winners will be announced at the Family BBQ at the Mud Hut on Sunday, 21 December 2025, at 1 pm.

This project is made possible through the generous support of Community Bank Winchelsea & District, whose continued commitment helps make community initiatives like this shine bright.

Stay tuned for more festive activities, including the Lions Club Christmas Lights Competition, Hidden Elf on the Shelf Business Trail, Carols by the Barwon, and Christmas Carols around town.

Let's make Winchelsea shine bright this Christmas — one tree at a time!



Trees ready for delivery



Bill Walters, Graham McPadden, Ebony Berg, Les Brown & Kelly Turner



Graham McPadden & Les Brown



# The Elves are coming to Winchelsea!

Local businesses invited to join the 2025 Winchelsea Christmas Elf Trail

# **Growing Winchelsea**

Growing Winchelsea Inc. is calling on local businesses to join the Winchelsea Christmas Elf Trail, 8–21 December 2025.

Businesses can take part for a special day or be part of the entire 14-day campaign.

Participating businesses will:

- Host a Hidden Elf in their shop or premises.
- Offer a small festive feature Christmas discount, special product, mini activity, giveaway, or just a warm welcome.
- Have their Elf visit photographed for use on the Christmas in Winchelsea Facebook page and other promotions.

A Winchelsea Star feature will include:

- A two-week Elf Trail map and guide outlining each participating business their what festive fun or offer.
- Opportunities for participating businesses to book advertising space around the feature's border — ideal for a Christmas greeting, discount, or thank-you to customers.

The Winchelsea Star will also publish individual business profiles — short, feel-good stories highlighting the people and passion behind each business. A simple template will be created to guide businesses in writing their stories before submitting a photo and details to the Star's production team.

The Elf Trail will culminate in the Christmas Family BBQ and prize draw on Sunday 21 December, where winners will be announced and prizes awarded.

Growing Winchelsea Inc. extends a huge thank you to the Winchelsea Star for their generous sponsorship.

Businesses keen to join the Elf Trail can contact: Elaine Atkinson – 0458 009 616 secretary@growingwinchelsea.com



### Call for Tenders

# Coordination Services for Christmas in Winchelsea 2025

Growing Winchelsea Inc. invites individuals or organisations to put forward an Expression of Interest for Coordination of Christmas in Winchelsea 2025 - a vibrant, community-wide celebration bringing festive spirit to our town this December. This has been made possible thanks to the generous sponsorship of Winchelsea Star.

### **About Christmas in Winchelsea**

Running from 6-21 December 2025, this annual event features a variety of family-friendly activities, local business participation, and community competitions, including:

- Carols by the Barwon (6 Dec): Evening of live music, food vans, and community carols along the Barwon River.
- Christmas Market (7 Dec): Family market with Santa, food, festive stalls, and the popular "Hidden Elf" fun.
- Winchelsea Elf Trail (8–21 Dec): Local businesses host hidden elves offering festive activities and promotions.
- Twinkle Trees Competition: Families decorate timber trees for installation along Main Street, judged for creativity and community spirit.
- Christmas Lights Competition: A Lions Club initiative lighting up Winchelsea homes and streets.
- Prize Draws & Family BBQ (21 Dec): Celebration and announcement of competition winners.

The event is promoted through the Winchelsea Star Christmas Feature and supported by local groups including the Lions Club, Men's Shed, Winchelsea Star, Community Bank Winchelsea & District, and the Surf Coast Shire.

# About the Role

The Coordinator / Organisation will oversee planning, logistics, sponsorship support, and community liaison to ensure a smooth and successful delivery of the program. Planning is already well advanced.

### **Key Dates**

- Applications close: 30 October 2025
- Event period: 6–21 December 2025
- Contact for Tender Brief: secretary@growingwinchelsea.com



# Businesses and community invited to be part of the magic: Christmas in Winchelsea 2025

# **Growing Winchelsea**

The spirit of Christmas is set to shine brighter than ever across Winchelsea, with a program of festive events designed to celebrate community, creativity, and connection.

Organised by Growing Winchelsea and partnering with, Winchelsea Men's Shed the Carols by the Barwon Planning Committee, and the Winchelsea Lions Club, the Christmas in Winchelsea 2025 program includes the Lions Christmas Lights Competition, Elf on the Shelf Trail, Twinkle Trees on Main, and the ever-popular Carols by the Barwon.

This year's celebrations have been significantly boosted thanks to the Winchelsea Star, whose generous sponsorship and promotional partnership will help showcase the festivities and local businesses through its dedicated Christmas feature and community coverage. The Community Bank, Winchelsea & District is also proudly continuing its support with Twinkle Trees on Main, helping to light up the town for all to enjoy.

"This is about more than decorations and carols," said John Tebbutt, President of Growing Winchelsea. "It's about building a sense of belonging — of giving back, supporting each other, and celebrating what makes Winchelsea such a special place. Your sponsorship will help bring people together, attract visitors to town, and strengthen our local economy while spreading Christmas joy."

Businesses, individuals and organisations that join as sponsors or prize partners will enjoy benefits beyond recognition. They'll be part of an event that:

- Promotes community giving and goodwill
- Strengthens local connectedness and pride
- Attracts visitors and shoppers to Winchelsea
- Showcases local business to new audiences

Sponsorship opportunities start from just \$100, with tailored options available for Major Event Sponsors, Entertainment Sponsors, Prize Partners, and Community Supporters. All sponsors will receive acknowledgment across printed materials, social media, and during events, as well as inclusion in the Winchelsea Star's Christmas feature — reaching readers across the district.

The celebrations will culminate in a Family BBQ and Awards Presentation on Saturday 21 December 2025, bringing together sponsors, competition winners, and the community to wrap up the season in festive style.

For more information or to become a sponsor: Contact: Elaine Atkinson – Mobile 0458 009 616 Email: secretary@growingwinchelsea.com Website: www.growingwinchelsea.com

Together, let's make Christmas in Winchelsea 2025 a celebration of generosity, connection, and community spirit.

# Cracking down on illegal dumping

### **Victorian Government**

The State Government is cracking down on illegal dumping across Victoria – cleaning up our parks and reserves and holding illegal dumpers accountable for the mess they leave behind.

Minister for the Environment announced \$21.5 million to bolster the Illegal Dumping Taskforce and deliver financial support for councils to clean-up illegally dumped waste.

To catch more people flouting the law and hold them to account, \$13 million will help the Illegal Dumping Taskforce ramp up surveillance, enforcement and cleanup efforts across Victoria.

The taskforce will be led by the EPA, who will work with Conservation Regulator and undertake enforcement activities using expanded intelligence and monitoring to detect and respond to waste crimes in key locations.

The taskforce will also review fines and cost recovery for illegal dumping, hold offenders to account through the courts and step up naming and shaming of those who do the wrong thing.

Rubbish dumping and littering on public land is illegal with a max penalty of \$3,951,800 for businesses and \$800,000 for individuals or five years imprisonment, or both.

To report illegal dumping contact the EPA on 1300 372 842.



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25A Alsop Drive Winchelsea





Fun, Interactive music sessions for pre-school children (0-4 y.o.) and parents/caregivers

When: Mondays from 10 to 11 am (runs during school terms) Where: St Thomas' Hall 25 Barwon Tce.

**To Enquire ring: 0407838256** 



Winchelsea Supermarket

**Trading Hours** 

**Monday to Saturday** 

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10am to 7pm

Ph: 5267 2676

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# **WINCHELSEA MEN'S SHED**

For the Community

### **NEW MEMBERS WELCOME**

Every Wednesday from 9.30am 51 Hesse Street, Winchelsea

# KINDLING/OFFCUTS \$7.00 bag

Pickup Wednesdays 9.30-2.30 For delivery, call Bill 0438 083 373

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Ray Atkinson (Co-ordinator) 0407839139 winchmenshed@gmail.com



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# Myth Busting: What is HIPPY? And what it is NOT!

Sophie FitzDowse, HIPPY Surf Coast Leader Sophie.FitzDowse@meli.org.au

The Home Interaction Program for Parents and Youngsters (HIPPY) has been running in Australia for over 25 years—and here in the Surf Coast, based out of Winchelsea, for nearly 20 of those. Over the years, many local families have had the chance to connect with their children and bring learning into everyday life through play.



Today, HIPPY partners with families during the two years before school, alongside 3-year-old and 4-year-old kindergarten, helping parents build confidence and strengthen bonds with their children during these key early years.

But we also know that 20 years is a long time for mixed messages and myths to start circulating. So, let's clarify a few things:

# O1 Play-based activities

**Myth:** It's activity books for young kids, kind of like homework. **Reality:** Children learn best through play. The activity packs

include information for parents about child development and offer fun, hands-on ideas to do with your child—so learning can happen anytime, anywhere.

# 02 Empowers you in your role as your child's first teacher

Myth: It provides a mentor for kids.

Reality: HIPPY is about parents connecting with their children through play. Your HIPPY Mentor will guide you through

through play. Your HIPPY Mentor will guide you through the activities during home visits, and then you and your child can enjoy them together during the week. It's about parents building confidence in their role as their child's first educator.

iirst educator

# O3 Supports your child's transition to school

Myth: It's a tutoring program to help kids with literacy and

phonics.

Reality: While HIPPY aligns with the Australian Early Years
Learning Framework and the Victorian Early Years
Learning and Development Framework (VEYLDF), it's
not a tutoring program. The activities support five key
learning areas: Thinking and Exploring, Communication,
Creativity, Social and Emotional, and Community. All
of these areas help children build skills for a smooth

transition to school.

# O4 Supports child development, community connection and confidence

Myth: It's a family services program for families going through

a rough time.

Reality: HIPPY is free for families thanks to funding from the Department of Social Services, but it's not a support service. Our mentors are parents in the program—not

case managers.

HIPPY helps parents build strong bonds with their children during these important early years. It supports children's natural curiosity, builds their confidence, and helps them reach key developmental milestones.

Expressions of interest for 2026-2027 (children starting school 2028) are open now at: HIPPY (Home Interaction Program for Parents and Youngsters) | Meli

# Can we still trust Australia's sunscreens?

[Ed note: For advice on suitable sunscreens to buy ask the staff at the Winchelsea Pharmacy.]

The following is extracted from an ABC News article:

Summer is just around the corner and many Australians are confused right now about which sunscreens they can trust. That uncertainty has only grown since Choice testing revealed in June that 16 out of 20 popular sunscreens failed to meet their Sun Protection Factor (SPF) claims. It is common practice in the sunscreen industry for many brands to buy the same base formulation from a manufacturer, add any active ingredients they wish, and then slap their branding on.

The biggest issue is usage — people do not apply enough sunscreen or just apply it when they are going to the beach.

### The two big SPF issues

There are two separate but related issues at stake. One is a public health issue — whether the SPF of a sunscreen provides adequate protection. The other is a labeling issue — whether the SPF on the label is what it says it is.

The Australian "Nambour trial" found that everyday use of an SPF 16 sunscreen reduced the risk of skin cancer. One of the study authors, Professor Rachel Neale, said the SPF level for this study was intended only for protection during incidental sun exposure such as trips to the shops or hanging out the washing — not for working outside or a day at the beach. But she said it showed that even lower SPF sunscreen application could make a difference.

No sunscreens can block all UV radiation. According to the TGA an SPF 20 will filter approximately 95 per cent of UVB rays, an SPF 30 will filter about 97 per cent and an SPF 50 will filter around 98 per cent. The TGA considers anything above SPF 30 "effective protection".

But SPF also relates to how long you can stay outside before starting to burn. "Put simply, an SPF 50 allows you to stay outside longer before you start getting pink than an SPF 30," Neale said.

### Different levels of protection

Neale said an SPF of more than 20 would provide an important layer of protection if applied liberally and often after you had sought shade, donned long sleeves, a hat and sunglasses, which was the public health message that goes with all sunscreen use.

But she said it was important to understand that there was a difference between everyday sunscreen use for unintended sun exposure and the much higher level of overall sun protection required if people were planning on spending significant periods of time outside. "It shouldn't be your first line of defence ... it's not a suit of armour," she said.

### What sunscreens should I buy?

CHOICE tested a mix of mineral and chemical sunscreens and the chemical options provided the best SPF results. Australian research has shown that daily use of even an SPF 16 significantly reduces the risk of melanoma and squamous cell carcinoma. Dr Sebaratnam says consumers should look for a SPF 50+ that is broad spectrum so you're protected from both UVA and UVB radiation. UVB rays typically causes sunburn, while UVA penetrates deeper into the skin and can get through glass.

# Can I trust any sunscreen?

Most sunscreens are highly effective. Two out of three Australians will be diagnosed with skin cancer in their lifetime and sunscreen is an important part of reducing that risk, as is seeking shade and wearing protective clothing.

# What's on in Winchelsea

# **MONDAY-FRIDAY**

# WINCHELSEA COMMUNITY HOUSE

9am-2pm, 28 Hesse St, Winchelsea (03) 5267 2028

# WINCHELSEA TOY LIBRARY

9am-2pm (03) 5267 2028 Winch Community House, 28 Hesse St, Winchelsea

# **MONDAY-SATURDAY**

# WINCHELSEA HEALTH CLUB

Accessible - 24 hours Eastern Reserve, 70 Hopkins St 5267 2336

# **MONDAY**

# CO-WORKING & STUDYING SPACE

Mon and Thurs 9am-2pm \$10 Winchelsea Community House 28 Hesse St, Winchelsea (03) 5267 2028

### **MAINLY MUSIC**

10-11am (school terms) Interactive Music 0-4yrs St Thomas' 25 Barwon Tce 0407838256

# WINCHELSEA GIRL GUIDES



4.30pm-6pm (School term) St John's, Mercer /Harding St Yvonne Orchard 0448 672 630 Lily Dell Rennie 0428 936 441

# 1ST MODDA/ 1ST WINCH SCOUTS



**Cubs:** 6:30-8pm (School term) Modewarre Hall, Cape Otway Rd Marie McPadden 0409 330147

### **VINYASA YOGA**

7pm \$25 Winchelsea Shire Hall, 28 Hesse St, Winchelsea (03) 5267 2028

# Winchelsea Football and Netball Club ANNUAL GENERAL MEETING

Monday 27 October 2025 7.30pm Members Room. Eastern Reserve

# TUESDAY



Senior Citizens Centre, 36 Harding St, Winchelsea Elaine Atkinson 0458 009 616

# 1ST MODDA/ 1ST WINCH SCOUTS



Joeys: 5-6pm (School term)
Scouts: 6:30-8:30pm (School term)
Modewarre Hall, Cape Otway Rd
Marie McPadden 0409 330147

### **ZUMBA DANCE**

Combined Zumba and Gold class 6:00pm-7:00pm @The Globe Theatre. Simone Dunmore: 0468 375 036 zumbawithsimone09@gmail.com

# WEDNESDAY

# **WINCH WALKERS**

9:30-10.30am

Mud Hut (Opposite La Hoot Cafe)
Barwon Terrace, Winchelsea
ralexander@hesse.vic.gov.au

# **WINCHELSEA ZUMBA DANCE**

Combined Zumba Fitness and Gold class. 6:30-7:30pm @The Globe Theatre. Simone Dunmore: 0468 375 036

# WINCHELSEA MEN'S SHED

9.30am 51 Hesse St, Winchelsea Ray Atkinson 0407839139 winchmenshed@gmail.com

# **SENIOR CITIZENS CENTRE**

Wednesdays 1- 3.00 pm 36 Harding St, Winchelsea Jean Shinners 52672263, 0427672263 jeanshinners@gmail.com

# MOTHER GOOSE SONG & RHYME

2pm (School term) FREE Winchelsea Community House, 28 Hesse St, Winchelsea

# WINCHELSEA HISTORICAL SOCIETY

Wednesday 1-4:pm, Friday 10am-3pm Hesse St, Winchelsea

# KIDS ART & CRAFT SESSIONS

4-4.45pm fortnightly Age 5+ \$15 per session or \$60 term Winchelsea Community House 28 Hesse St, Winchelsea (03) 5267 2028

# **MEL'S DANCE CENTRAL**

Afternoons/evenings Pre-school - teens Winch Senior Citizens Club www.melsdancecentral.com.au

### **CWA WINCHELSEA**

7-8.30pm 2nd Wed monthly Senior Citizens, Harding St winchelsea.cwa@gmail.com



# **SES WINCHELSEA**

7.30pm 132500 323 Mousley Dr, Winchelsea



# **THURSDAY**

# CHAT WITH YOUR COUNCILLOR

10am-12pm First Thursday of month Winchelsea Shire Hall 28 Hesse St,

# COWORKING & STUDYING SPACE

9am-2pm \$10 Winchelsea Community House, 28 Hesse St, Winchelsea (03) 5267 2028

# WINCHELSEA PLAYGROUP

10am-12pm (School term) \$5 St Thomas Hall, 27 Barwon Tce winchelseaplaygroup@gmail.com

# DON'T LET SCAMMERS CATCH YOU OFF GUARD

Thursday 30 October 10- 11.30am Winchelsea Shire Hall Morning tea provided

# WINCHELSEA PICKLEBALL

10-11.30am Leisure Time Centre, Gosney St Lesley Mathison 0438 672 197

# **Community Events**

# October/November

This is a recurring calendar. Please confirm details with the organiser/venue if you'd like to attend.

To add an event to the calendar, please email news@winchelseastar.org.au

# WINCHELSEA KNITTING GROUP

10.30am-12pm FREE Winchelsea Community House, 28 Hesse St, Winchelsea (03) 5267 2028 (03) 5267 2028

# **MAT PILATES**

6.45pm \$25 Winchelsea Shire Hall, 28 Hesse St, Winchelsea (03) 5267 2028

# WINCHELSEA MOVIE CLUB

7.30 (3rd Thurs each month)
Globe Theatre, Main St, Winchelsea
growingwinchelsea.com/project/
winchelsea-movie-club/

# **FRIDAY**

# TAI CHI

9am-10am \$10 Winchelsea Community House, 28 Hesse St, Winchelsea (03) 5267 2028

# **COMMUNITY FOODBANK**

12-2pm 30 Hesse St, Winchelsea 0417 848 292

# **PHONICS WITH ROBOT REG**

10.30am (1–3 yrs) 11.30am (3–5 yrs) (School terms) www.robotreg.com.au/pages/shae

# CHATTY CAFÉ



10.30am-12.30pm, Gold Coin Donation Winchelsea Shire Hall, 28 Hesse St, Winchelsea (03) 5267 2028

# WINCHELSEA HISTORICAL SOCIETY

Friday 10am-3pm Hesse St. Winchelsea

# WINCHELSEA COMMUNITY HOUSE ANNUAL GENERAL MEETING

Friday 17th October, 2025 1.00pm Shire Hall Building, 28 Hesse St. Winchelsea manager@winchhouse.org.au

# WINCHELSEA SENIOR CITIZENS

Fridays 1.00 pm - 3.00 pm 36 Harding Street, Winchelsea Jean Shinners 52672263, 0427672263 jeanshinners@gmail.com

# WINCHELSEA RSL

7.30 21 Nov, 12.00 19 Dec Winchelsea Men's Shed, Hesse St, Winchelsea David Loone 0488 165 109

# GEELONG REGIONAL LIBRARY

(MOBILE) 2-5pm Old Shire Hall, 28 Hesse Street 0408384331 (During scheduled stops)

# **SATURDAY**

# **PARKRUN**



8am Trebeck Reserve Sussex St, Winchelsea www.parkrun.com.au/trebeckreserve/

# WINCHELSEA LIONS CLUB IGA BBQs

9am -12pm first Saturday of month outside IGA. Proceeds to IGA Community Chest.

# **RELOVED MARKET**

9-1.30pm Sat 15 Nov Winchelsea Community House 28 Hesse St Winchelsea (03) 5267 2028

# WINCHELSEA LAND AND RIVERCARE WORKING BEE



First Saturday of the month 9am Meet at Guye Reserve, Barwon Terrace Rod Atone 0428 549318 Stewart Mathison 0428 672054

# WINCHELSEA STAR PRODUCTION/COFFEE MEETING

9-10am (Last Sat monthly) La Hoot Cafe, Main Street www.winchelseastar.org.au

# CHRIST CHURCH BIRREGURRA OPEN GARDENS 2025

Sat/Sun 1/2 November 10-4pm \$10 one garden /\$30 three gardens Incl tea/coffee 5236 2655

# WINCHELSEA CROCHET GROUP

1.30pm Every 2nd Saturday \$5Winchelsea Community House,28 Hesse St, WinchelseaVee 0467 219 227

# ST JOHN THE BAPTIST CATHOLIC CHURCH

Mass 6pm each week
Harding St, Winchelsea 0404598558

# MODEWARRE BUSH DANCE

Saturday 8 November 5.30pm Family \$25 Adult \$10 Child 5 Modewarre Hall, Cape Otway Road

# WINCHELSEA COMMUNITY DINNER

6.30pm (Last Sat each month)
Hall, Harding St Winchelsea
Bring plate &gold coin donation if you can

# DEANS MARSH PRIMARY SCHOOL 150 BIRTHDAY PARTY

Saturday 8 November Bush band, student performances 5236 3264

# **SUNDAY**

# **RUNNING GROUP**

8am Meet at La Hoot, Main Street Winchelsea



# WINCHELSEA COMMUNITY MARKET

9-1pm, 1st Sunday monthly (except Nov) Shire Hall car park, Main St Winch growingwinchelsea.com/project/ winchelsea-community-market/



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Phone: (03) 5267 2028 Email: manager@winchhouse.org.au

ABN: 48 932 340 254



SAT NOVEMBER 8TH Winchelsea Shire Hall

**Full First Aid Training \$170** 

8.30am - 2.30pm

**CPR Refresher \$70** 

8.30am - 10.30am



manager@winchhouse.org.au



03 5267 2028



# YOGA & MAT PILATES

# **TERM 4 2025**



**VINYASA YOGA MONDAY EVENINGS 7PM** 

MAT PILATES **THURSDAY EVENINGS 6.45PM** 

5 CLASSES \$105 10 CLASSES \$190 **UNLIMITED CLASSES \$210 CASUAL CLASS \$25** 

Email: shirehall@winchhouse.org.au

# SATURDAY NOVEMBER 15TH WINCHELSEA E-LOVED ARKET

9AM - 1.30PM

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Food from local vendors

Go with the Flow Crepes & Coffee and The Smooth vibes Van

Book your own stall -

email: shirehall@winchhouse.org.au for more information.



at our fortnighly community craft sessions.

Starting Wednesday 22nd 4pm - 4.45pm Ages 5+ \$15 per session or \$50 for the term All materials supplied.

# WINCHELSEA KNITTING GROUP

Thursday Mornings 10.30 -12.00 Winchelsea community house.

All Welcome, Learn to knit or bring a project to work on while you enjoy a cuppa and a chat





**Friday Mornings** Winchelsea Community house 9am - 10am \$10 Per Class

Originating in China, Tai Chi and Qigong (Chi Kung) is the practice of slow meditative physical exercise designed for relaxation, balance and health suitable for all ages.

Winchelsea Tai Chi



10.30am - 12.30pm

"Sip, Chat, Share, Care"

In the Winchelsea Shire Hall. Everyone Welcome, Gold coin donation.



1pm, every second Saturday in the Winchelsea community house.

Register your interest at reception@winchhouse.org.au

# We want to hear from you!

Winch House is here to support you and our community.

We are always keen to hear from you about services, programs or events you'd like to see happening in the community centre and Shire Hall.

Email: reception@winchhouse.org.au

# Share the Dignity Support women in need this Christmas

# April. Winchelsea Medical Clinic

Winchelsea Medical Clinic is proud to say we are supporting Share the Dignity again this year. Last year we did this with our staff, and we were able to donate 5 bags to ladies in need at Christmas time.

Donations close on 20 November, so that we have time to deliver to our nearest delivery point (Bunnings Waurn Ponds).



We have already received some amazing donations from the community and staff members this year, and we can't wait to see what else we can organise.

Your donations can help us make Christmas brighter for others in need.

For more information, please head to Share the Dignity Website: https://www.sharethedignity.org.au/itsinthebag



Winchelsea Medical Clinic 36 Main Street, Winchelsea VIC 3241 Ph: 03 5292

# Decision-making resources help older people prepare for the new Aged Care Act

# **Older Persons Advocacy Network**

A new legislated supported decisionmaking approach will commence on 1 November 2025 under the new Aged Care Act, creating significant responsibilities for those providing care, as well as for families and others who support older people.

It reinforces that older people have the right to make their own decisions, with appropriate support if they need it. For registered supporters, the new regime also introduces clear responsibilities and consequences, ensuring that the autonomy and voice of the older person is respected in all decisions about their care and life.

To help prepare for these changes, OPAN has launched new resources for older people and aged care providers.

This toolkit helps people understand what supported decision-making is, why it matters, and how to use it in everyday life. It includes practical tips, easy-to-understand information, and real-life examples to help people stay in control of decisions about their care, services and daily life.

The Supported decision-making toolkit and eLearning module for providers are freely available at opan.org.au.

Link to toolkit: https://opan.org.au/supported-decision-toolkit/



# Don't let scammers catch you off guard!

**Community Bank** 

Join us for a free community session at the Winchelsea Shire Hall.

We'll talk about how to spot scams, stay safe when banking online, and protect yourself and your loved ones from digital tricksters

It's a relaxed, easy-to-follow 60-minute session, suitable for all ages and all levels of experience.

When: Thursday 30 October

Time: 10am to 11.30am

· Morning tea provided

Come along, bring a friend, and learn how to keep your money and information safe online.

# **SES Volunteers complete their** Road Crash Rescue course



What a day it's been for our unit. These five superstars have just completed their Road Crash Rescue course and now join our Senior Rescue Team as Operators. Thanks to our Regional Trainers for your time today to assess our team, but most importantly to Josh, Rachel, Heath, Kerry and Danny congratulations on your dedication and exceptional work in completing this course.

### **SES Winchelsea Unit**

Winchelsea SES is a volunteer unit which operates under Vic SES- the control agency for Flood, Storm, Earthquake, Tsunami and Landslide. At SES we also provide the largest road crash rescue network in Victoria.

# Winchelsea Fire Brigade

Well done to the Winchelsea crew for coming second in the Bale of Straw event at the Geelong Show! A big congratulations to Maude on taking the win - well deserved! and to Drysdale for bringing home third.

We're proud of our team's effort and spirit ... and trust us, we'll be back next year!





# **Services & Activities In Winchelsea**

# **VLINE TRAIN SERVICES**

# TO MELBOURNE:

Mon - Fri 6.21(coach) 07.55, 11.10,

14.04, 16.58, 19.21

Sat - Sun 9:34, 14.04, 16.58 19.18

TO WARRNAMBOOL:

8.58, 11.51, 14.46, 17.28 (coach), Mon - Fri

18.43, 20.53

Sat - Sun 8:48, 11.41, 14.46, 20.38

# **SURF COAST MOBILE LIBRARY**

**Cnr Princes Highway & Hesse St,** Fridays, 2pm-5pm

Parked in Hesse Street (outside Shire Hall) Fridays 2:00 and 5:00pm unless it is a Public Holiday.

# WINCHELSEA GIRL GUIDES

All girls 6yrs-15yrs Welcome! Mondays 4.30pm-6pm (school terms) Catholic Church Hall, Harding St Winchelsea

Fun. friendship, and adventure. Teamwork. leadership skills, achieve goals, improve communities and grow in confidence.

3 FREE sessions to come along and try. Yvonne 0448 672 630 or Lily 0428 936 441



# COUNTRY WOMEN'S ASSOCIATION

7pm second Wednesday of month Winchelsea Senior Citizens' Hall 36 Harding Street Winchelsea

# WINCHELSEA PLAYGROUP

Every second Thursday 10am-12pm St Thomas Anglican Church Hall cnr Barwon Tce and Hopkins St, Winchelsea

Contact: Danni Menzies 0432019944 winchelseaplaygroup@gmail.com Facebook - Winchelsea Playgroup 2019

New families welcome



# 1st Modda & 1st Winch **SCOUT GROUP**

Joeys: Tues 5-6pm (school terms) Cubs: Mon 6:30-8pm (school terms) Scouts: Tues 6:30-8:30pm (school terms)

Venturers: Weds Modewarre Hall, Cape Otway Rd Venturers: Walton's Rd Venturer Den

Contact Marie McPadden 0409 330147



Winchelsea and District **COMBINED** PROBUS CLUB

Senior Citizens Rooms, New members always welcome. Enquiries Lorraine 0417 467 927

# WINCHELSEA TRANSFER STATION 55 Cressy Road, Winchelsea

2pm-4pm Tuesday 1.30-3.30pm Saturday Thursday 2pm-4pm Sunday 9.30-12.30pm Closed Christmas Day, but open on other public holidays. www.surfcoast.vic.gov.au/disposalsites



# Winchelsea Churches



# Winchelsea Uniting Church

0475 777 301 uca.winchelsea@gmail.com Hesse St, Winchelsea 3241 Services 9.30am Sundays

# St John the Baptist Catholic Church

0404 598 558
Father Joseph Panackal
Harding St, Winchelsea 3241
Mass 6pm Saturdays

# St Thomas' Anglican Church

0477 672 042 Rev Christopher Duff Barwon Tce, Winchelsea

# Thought for the Week

"Be gentle with yourself.

If you will not be your own
unconditional friend, who will be??

If you are playing an opponent,
and you are also opposing yourself.
Guess what? You are going to be
outnumbered. Think about it."

Have a Blessed week.

John Bader, Christian Pastoral Carer

# Christ Church Birregurra ~ Open Gardens ~

Saturday 1st November Sunday 2nd November 10am – 4pm

- ~ Enjoy three of Birregurra's Finest Gardens ~
  - \* Ticket sales at Christ Church only (our Beal & Sladen Streets) \$30 for three Gardens (includes tea/coffee) \$10 per single Garden (children under 15 free entry)
  - \* No dogs in private gardens please
  - \* Plant stall in Church Grounds
  - \* Contact Barbara ~ 03 52362655 ~ 0427 568 007
    - ~ Anglican Parish of Colac ~ www.anglicancolac.org

BARRABOOL HILLS UC WISH TO ANNOUNCE

16th November, 2025 at 2.30pm

a service will be held at Moriac UC for the closure of Moriac

All are invited to attend as we celebrate all that has been achieved over the years at Moriac

Members of Presbytery will take the service together with the Rev. Tevita Holani.

Afternoon tea will follow.



Help is available
Speak with someone today
Available 24 hours

13 11 14



# Winchelsea Cricket Club

Hopkins St, Winchelsea, winchelseacricketclub1858@outlook.com

# Cricket News

**RESULTS Round 3** Great work everyone!

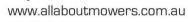






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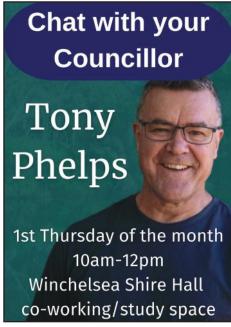
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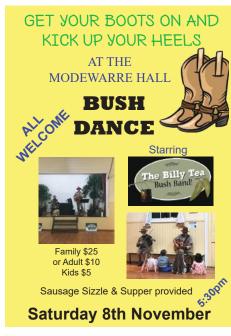


















# Winchelsea Bowls Club



Osteopathic

Clinic

### Julie Johnson

The 2025/26 Pennant season commenced on Tuesday 14 October with reasonable conditions in what has been a very windy past four weeks.

Both teams played at home with two wins especially Division 3.

This season has seen the amalgamation of two clubs in the competition, Camperdown Golf and Camperdown playing as Camperdown Magpies. This has not only given them teams in every division of Midweek and Saturday competition, but also a lot of depth within their squads. We will see what the season brings!

Six new players played their first Pennant game this past weekend and we wish them an enjoyable season as they learn all about the teamwork involved as they develop their skills on the green.

We have some big games coming up and the Jenny McConachy Memorial Tournament on 26 October so please watch this space to catch the schedules and highlights.

# PENNANT RESULTS - Midweek

### **Division 1**

Winchelsea def Colac at home, 1/3 rinks 76 shots to 68 shots.

### **Division 3**

Winchelsea def Camperdown Magpies at home, all rinks 79 shots to 28 shots.

# PENNANT RESULTS - Saturday

### **Division 1**

Winchelsea def Simpson at home, 3/4 rinks 126 shots to 77 shots.

### **Division 1B**

Winchelsea were def by Camperdown Magpies away, 64 shots to 163 shots.

### Division 4

Winchelsea def Colac away, 3/4 rinks 64 shots to 48 shots.

### Division 5

Winchelsea were def by Birregurra away, 1/2 rinks 31 shots to 40 shots.

May the bowls be with you!!

# Fun, puppets and play: Children's Week in Winchelsea

### **Surf Coast Shire**

Children's Week 18-26 October 2025 is here and to celebrate Surf Coast Shire Council is hosting free events in Torquay and Winchelsea.

Thursday 23 October, 12.30pm-2.30pm HMK Kinder, Hesse Street, Winchelsea

Families are encouraged to come along and make the most of the free events. They are all about bringing families together and offering fun activities that kids are sure to love – and they're free for everyone to enjoy.

Everyone is welcome to attend. Bring a water bottle, hat, and sunscreen.

To find out more 5264 9250 or email kmcc@surfcoast.vic.gov.au

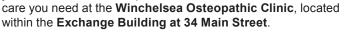
These Children's Week events are proudly presented by Surf Coast Shire Council in partnership with the Victorian Government.





# Move Better, Live Better: Expert Osteopathy Right Here in Winchelsea!

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The clinic was formerly known as Moksha Project, and in 2023, was taken over by Chris Huxtable and Nick Balic, ensuring the same commitment to your well-being.

Ready to move and live better? Book Your Appointment Today! Visit our website for more information and online booking: https://winchelseaosteopathicclinic.com.au/

# Winchelsea Osteopathic Clinic -

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Men's Shed	0407 839 139	Wighton's Lawyers	5221 8777	Water Supply Specialists	5231 1861
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# Winchelsea Football Netball Club Inc

Hopkins St. Winchelsea winchelseafnc@hotmail.com

# **Junior Netball**



# **Summer Competition Report**

It's been an exciting start to the summer netball season for our Winchelsea Junior teams, with plenty of smiles, teamwork, and determination shining through across all age groups. The future of Winchelsea Netball is looking bright!

### **Under 10s**

Our youngest team continues to impress with their teamwork, courage to try new positions, and never-give-up attitude. The improvement in just a few short weeks has been incredible! A special highlight was Juliette's long bomb goal that had the crowd on their feet cheering. Player of the Match went to our little pocket rocket Lennie, who gave 100% all game.





Photos thanks to Amy Davis Photography

### **Under 11s Pink**

The Pink Team played their very first netball game with heart, spirit, and determination! Despite a tough match against older and more experienced opponents, the girls stayed positive and never stopped trying. Their resilience and sportsmanship were outstanding. The support from parents and families on the sidelines was wonderful to see, helping create a fun and encouraging atmosphere. Player of the Week was Neave Tudball, who showed relentless effort and incredible teamwork. The Pink Team is already showing huge potential — what an exciting journey ahead!

### **Under 11s Blue**

It was a big day for the Blue Team, with several players stepping onto the court for the first time. They worked beautifully together, showing great sportsmanship, strong intercepts, and enthusiastic support for one another. While they didn't take the win, they managed to score six goals and kept their heads high right to the end. The team's improvement already has coaches excited for what's to come! Player to watch: Grace Morris, a bottom-age player with natural talent, humility, and fantastic team spirit.

### **Under 13s Pink**

The U13 Pink Team took on a tough, physical Bannockburn side and came away with plenty of valuable learnings. The match showcased many promising young players who are developing their skills and teamwork each week. Lots of talent coming through in this group.









Photos thanks to Jason Nogueira Photography

### **Under 13s Blue**

The Blue Team faced a strong Inverleigh side in their first game of the season. It was fantastic to see all the girls cheering each other on and staying positive, no matter the scoreboard. Several players stepped into unfamiliar positions and performed exceptionally well. There were great passages of play that show this team's potential for the weeks ahead!





Photos thanks to Jason Nogueira Photography

### **Under 15s**

A hard-fought 16–7 win over a loud and physical Corio side! The girls shared the scoring load beautifully between Ashlyn, Esther, and Poppy, while Angie and Matilda showed great improvement through the mid-court. Defenders Arlia and Lily were tough, composed, and came out on top in a physical contest. The whole team should be very proud — an impressive all-round performance!



Photos thanks to Jason Nogueira Photography

### Under 17s

A strong win against Torquay capped off a great weekend of junior netball for the club. The team played with confidence and connection across the court. A big welcome to Erin, who fitted in seamlessly both on and off the court.

It's fantastic to see so many new players, families, and supporters getting involved this season. The energy, teamwork, and spirit across all age groups show that the future of Winchelsea Netball is in great hands!



# Victoria is banning machetes from 1 September

A 3 month amnesty will allow Victorians to safely dispose of machetes with no penalties.





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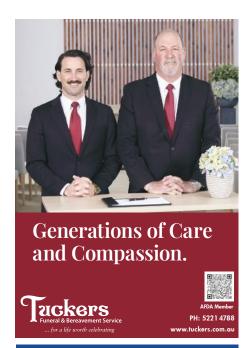
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October 16th

Wicked Little Letters

November 20th Anatomy of a Fall

**December 11th** A Street Cat Named Bob











45 Anderson Street, Winchelsea 3241 Tel 5267 2660 winchelseagolf.com.au

# Winchelsea Golf Club

**Rachel Boddington** 

**RESULTS 18/10/25 - Saturday Mixed Stableford** 17 Players

1st - Denis Chapell (21) 41 points

2nd - Tara Steward (20) 38 points

BDL - Neil Hickman (13) 38 points C/B

BDL - Robyn Vesey (25) 36 points

BDL - Bill Spencer (16) 36 points C/B

NTP (8th/17th) - Neil Hickman Golden Hole (2nd) - Cam Parke

Thank you to all members who volunteered their time at the Working Bee on Saturday. The course is looking immaculate and in perfect condition for Monday's bowl.

# CANCER COUNCIL'S THE LONGEST DAY

SUNDAY NOVEMBER 16TH FROM 5.30PM WINCHELSEA GOLF COURSE

Join us at Winchelsea Golf Club as our members take on the incredible challenge of playing 72 holes of golf in one day, all to raise vital funds for the Cancer Council.

Players will be teeing off from 5:30am, aiming to complete 72 by 6pm. Come along to cheer them on throughout the day or be at the clubhouse to welcome them in as they finish their final hole. Your support from the sidelines will mean a lot to everyone taking part.

The club will be running a sausage sizzle and hosting a raffle, with all proceeds going towards our fundraising total for the Cancer Council. The club bar will also be open for players and supporters to purchase drinks.

So far, our players have raised over \$7,000 to support lifechanging research through the Cancer Council. You can help us make an even bigger impact by scanning the QR code below to donate and show your support.







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Gerard Bohan	0400 005 541	Josh Lamanna	0417 586 032
Dougal McIntyre	0439 575 612	Daryl Oborne	0419 388 341

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Sarah Higgs Nathan Gray Daniella De Rooy



15 Murrell Street, Winchelsea 5231 5400

Anthony McDonald 0418 593 597





# Winchelsea Football Netball Club Inc

Hopkins St, Winchelsea winchelseafnc@hotmail.com

# Blues News

Janet Fletcher



### Winchelsea Football & Netball Club Inc.

Winchelsea Football & Netball Club Inc: A0042789Y 70 Hopkins Street, Winchelsea 3241 PO Box 56 Winchelsea 3241 www.winchelseafnc.vcfl.com.au

Affiliated with the Geelong & District Football & Netball League.

# NOTICE OF 2025 ANNUAL GENERAL MEETING

The ANNUAL GENERAL MEETING WILL BE HELD ON MONDAY 27 OCTOBER 2025 7.30pm in the Members Room. Eastern Reserve

All positions have been declared vacant: President, Vice President (2) Secretary, Treasurer and General Committee. New nominations will be presented.

If you wish to nominate please fill out a nomination form (available from Janet Fletcher 0400 783 408) and send to The Secretary, P. O. Box 56, Winchelsea PO 3241, or e-mail winchelseafnc@hotmail.com

Nomination forms must be received fourteen (14) days prior to the A.G.M. ie: 13th October 2025.

Nomination forms must have the signature of the nominee, a nominator and a seconder.

Nominations will be displayed on the Club's Website / Facebook page 7 days prior to the A.G.M.

Please consider becoming a volunteer for the Winchelsea Blues and help guide the Club throughout what will be an exciting 2026 Football & Netball season.

**GO BLUES!!** 

# Winchelsea Football & Netball Club Inc. **COMMITTEE NOMINATION FORM**

hereby nominate for the incoming Committee of Management for the W.F.N.C. INC. for the season 2025/26 (please tick the position nominating for).

Signature:		
PRESIDENT	VICE PRESIDENT	
	VICE PRESIDENT	
TREASURER	SECRETARY	
COMMITTEE MEMBER		
l I		
NOMINATED BY		
Signature		
SECONDED BY		





Signature

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# parkrun 85



# Saturday 18 October 2025

Twenty seven parkrunners walked or ran the course through Trebeck Reserve this week in glorious conditions.

There were seven Volunteers. We had visitors from Geelong, Melbourne, Guildford UK and Tring UK. Four people recorded a Personal Best time. Congratulations to Finnigan Hunter, Sullivan Hunter, Raffaele Ferrara and Adrian Hunter.

This event was made possible by the following volunteers: Neil McInnes, Murray Bennett, Kate McInnes, Dianna Vesey, Liz Bennett, Angela Hurren and Don Smith.

# Trebeck Reserve, Winchelsea www.parkrun.com.au

Full details of this week's results can be found at trebeckreserveparkrun.com.au/results or check out our Facebook page for more photos.

If you wish to join us any Saturday morning as a walker, runner or volunteer please complete the simple online registration at parkrun.com.au/register, this is free, only needs to be done once and can be used at any of the 5,000 plus parkrun events worldwide.

To volunteer please send an email trebeckreserve@parkrun.com





















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> Ambulance Victoria 33 Willis Street

> > Bendigo Bank 11 Main Street

Globe Theatre (Side entrance)
17 Willis Street

Hesse Rural Health 8 Gosney Street

> Men's Shed 51 Hesse Street

Netball Courts
Eastern Reserve Hopkins St

Senior Citizens Club 36 Harding Street

> Uniting Church 33 Hesse Street

Winchelsea Bowls Club Hesse St,

Winchelsea Golf Club 13 Anderson Street

Winchelsea Primary School Main Street

Wurdale Memorial Hall 220 Wurdale Road