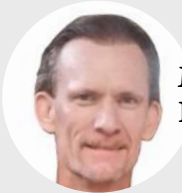


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Creative Thinking



Mark Bouquet



Mark Bouquet Jr.

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"Mark" My Words... a message from Dawn Giganti for Mark Bouquet, Sr.

On the way to work today, I was listening to Karl and Crew on 90.1 FM. The topic of the morning was 'Weed Out,' and they were asking listeners, "What are you weeding out of your life in order to flourish?" For some reason, this really got my wheels turning. I embellished on the question and also started to think, "In the garden of life, what do the weeds teach me?"

I was actually blessed with a WONDERFUL lesson on weeds during a mission trip I went on to Winnebago, Nebraska a few years ago. I was there with teens from my church, and we were working with the Winnebago and Omaha tribes. There, I made friends with a Native named Brenda. She lives on the reservation in a tiny village called "Rosalie" that has a population of about 160. Brenda taught me that many weeds are actually misunderstood. I learned that most weeds are actually very healthy for you and are great medicine. That being said, I embrace the weeds in my garden of life. Every plant has a purpose whether or not we recognize it.

Take a dandelion, for example. Dandelions are a weed, but they are also a pretty flower. They are so sunshine yellow and just seem so happy. Beauty is in the eye of the beholder. That being said, I think dandelions are a wonderful reminder that something beautiful will come out of the bad. God never lets us go through the bad in vain, He uses it to bring us closer to Him. I am grateful for the metaphorical 'weeds' of life because they help me develop my faith and my character. They challenge me to stay conscientiousness and honorable with God and myself as everything goes on.

Weeds have a lot to do with the seasons, too. When I'm deep in "weeds," I'm usually stuck in my head and can't move forward. I'll try to remove the weeds myself and try using pesticides, yet they always seem to flourish. When I quit trying to do it myself and give it up to God, the season changes and the weeds die. I'm able to move freely again. So, when you are stuck... remember that sometimes trying to handle it yourself isn't going to work. Have faith that everything has a season, and it won't last forever.

I personally love my garden of life. Some "weeds" are welcomed in my garden because of their value and what they bring to my life. I am alive to appreciate my garden - I strive to be content and happy with whatever I have and to keep compassion and mercy in my heart. One weed I choose to remove is unforgiveness because it only creates unhappiness and leads to depression and regret. Life is too short for that.

What do your weeds teach you in your garden of life? What weeds healed you or are too beautiful to keep? What weeding needs to happen in order for you to flourish?

Have a wonderful summer and God Bless,

Dawn Giganti, Marketing & Administrative Assistant
Creative Carpet & Flooring

Month at a Glance:

14th Flag Day - We need strong national symbols, like our Flag, to remind us how special the freedoms, the liberties & the rights our country stands for really are. So honor our Flag today. It is a symbol we should all be proud of.

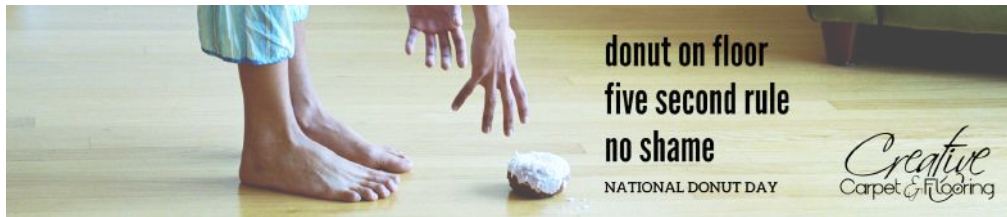
16th Father's Day - God took the strength of a mountain, the warmth of a summer sun, the calm of a quiet sea & the generous soul of nature. Satisfied, He called it... dad.

21st SelfFEET Day - Creative Carpet & Flooring's twist on National Selfie Day! Celebrate with us by posting on Creative Carpet & Flooring's Facebook page a picture of your feet on your favorite floor!

21st Finally Summer Day - We'll all be glad when it's finally hot enough to complain about how hot it is!

27th Autumn Blankenbaker's Birthday - Forget about the past, you can't change it. Forget about the future, you can't predict it. Forget about the present, we didn't get you one. Happy birthday!

JUNE 2019						
SUN	MON	TUE	WED	THU	FRI	SAT
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						



Why Are There Two National Donut Days?

For those of us who prefer our blood sugar to remain relatively stable, donuts are an occasional treat - nutritionally bankrupt but delicious fried dough laced with flavors from chocolate to bacon. You might even choose to indulge only in honor of National Donut Day, which is observed each year on the first Friday of June.

Curiously, a second National Donut Day pops up just five months later, on November 5. We don't have two Thanksgivings, two Halloweens, or even two National Hot Dog Days. So why do donuts get to claim two dates?

It helps to know how the June date originated: During World War I, volunteers who wanted to support troops were charged with preparing food to deliver to soldiers on the front lines in France. The Salvation Army dispatched over 250 women there, who found that battle-tested helmets were perfect for frying up to seven donuts at a time.

In 1938, the Salvation Army decided to honor these proclaimed "donut lassies" by recognizing an annual pastry holiday that could also raise awareness (and money) for their charitable efforts. National Donut Day was born.

Its calendar doppelgänger is harder to trace. According to food holiday historian John Bryan Hopkins, who cataloged several fringe holidays for his site Foodimentary beginning in 2006, mentions of the November Donut Day could be found as early as the 1930s in copies of Ladies' Home Journal. Hopkins speculated that the November 5 date is close enough to Veterans Day on November 11 that a retail outlet likely introduced the date to acknowledge their service.

But which date do the major donut industry forces recognize? Entenmann's tells us they don't participate in November 5 celebrations. In 2017, a Dunkin' Donuts spokesperson told Mental Floss, "Dunkin' Donuts celebrates National Donut Day which is traditionally celebrated on the first Friday of June, which was originally established in 1938 by the Chicago Salvation Army to honor women who served donuts to soldiers during World War I."

Krispy Kreme likes to remain the Switzerland of donut delegating, having been known to give donuts away on both dates. But considering June's date has a proven - and noble - lineage, you might want to side with Dunkin' and consider it the more official of the two holidays. And if you manage to miss both days, don't be concerned: June 8 is National Jelly-Filled Donut Day, and National Cream-Filled Donut Day lands on September 14.

Rossen, J. (2018, November 5). *Why Are There Two National Doughnut Days?* Retrieved from Mental Floss: <http://mentalfloss.com>

MEET OUR NEW & RETURNING FRIENDS & CLIENTS...

- | | | | |
|--------------------|---------------------|---------------------|-------------------|
| Alan OBrien | Ed & Susan Slanicky | Ken Cook | Ron Stella |
| Amanda Wiersema | Eileen Sheets | Kirby Clare | Rosemary Ambrose |
| Amy Vukas | Evelyn Varela | Latoya Jackson | Sam Page |
| Anna Carmine | Faye Montgomery | Linda & Mike | Sarah Simons |
| Anna Giorgi | Fran King | Champion | Scott Falvey |
| Annie Gerdzunas | Fred & Nancy | Linda Verrecchia | Seung Shin |
| Art Gall | Osborne | Linda Wagman | Sharon Schuit |
| Belinda Basso | George & Sue Tragos | Lisa Klemm | Sharon Williams |
| Beth Zayas | Geraldine Schill | Lorrie Becker | Sheila Marias |
| Betty Vivirito | Jamie Novak | LouAnn Froelich | Stacey Caldwell |
| Bill & Sandy | Janice & Richard | Marc McKinley | Steven Lisota |
| Antonelli | Manthei | Mary Skopek | Sue & Norm Brown |
| Bill Magnuson | Jason Bullaro | MaryJoe & Tom McGee | Tara Sullivan |
| Bob Zuro | Jean Bingham | Matthew & Sara Flak | Teresa Torres |
| Bobbie Fiedler | Jim & Carol Kohl | Maureen Zawisza | Terry & Michele |
| Brad Smith | Joe Pondelicek | Michael & Megan | Lenz |
| Cal Corum | Joel Jabaay | Druetzler | Thomas & Kathie |
| Candy Marcinkovich | John Schlitz | Michelle Huddlestun | Weishaar |
| Carolyn Rozdzynsky | Josh Janus | Mike Nappo | Thomas & Laura |
| Cheryl Marshalek | Karen Lichtenstein | Nicole Harris | Donnelly |
| Chris & Kerri | Karen Nelson | Pam Bathurst | Thomas Modesitt |
| Heller | Kate & Bill Engler | Patti & Scott | Tony & Susan |
| Christina & Jon | Kathleen Studenroth | Vandenbergh | Stinnett-Talarico |
| Hubacek | Kathryn Petrie | Pete & Sue Driscoll | Vickie Miloshoff |
| Christina Lozich | Kathy Boswell | Rachel Kinnas | Vicky Bogacz |
| Cynthia Pryor | Kayla Bulthuis | Randy & Kathleen | Wendy Trainor |
| Dave Johnson | Ken & Barbara | Albrecht | Yvette Bedford |
| Debbie Maciaga | Siegers | Randy & Nancy Minas | Zofia Osinski |
| Diane & Terry | Ken & Izabela | Rene Murray | Zorica Tomic |
| Greenfield | Przybyla | Rich Dykstra | |

DEAN AND CAROLYNN KLOESE

of New Lenox, IL

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- ✓ 7 costly misconceptions about flooring
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A Coin Toss Is Not as Random as It Seems



Who gets the last slice of pizza? Flip a coin. On second thought ... maybe not. The coin toss is a time-honored solution to indecision, but, weirdly, it's not a genuinely straightforward method. Better just split that slice.

Trick Question: Heads or Tails?

Imagine all the doubts in history ever settled by the flip of a coin. We bet few of those involved knew the odds weren't quite even. It turns out that a spinning penny will land tails-up a staggering 80% of the time, according to Persi Diaconis from Stanford University's Department of Statistics, who performed a mathematical analysis on the matter in 2004. That's because a penny is slightly heavier on the heads side,

skewing the center of mass and making the coin more likely to turn up tails. Coins with unserrated edges (like a nickel) tend to be slightly more biased too. (Insider info: Magicians will often shave the tails side down so the weight discrepancy even higher, making it even more likely to land tails-up.)

Flipping a coin could get you a similar bias, too. If you flip a coin into the air and let it fall onto a hard surface to reveal the result, the coin often ends up spinning before settling anyway. And, as we learned earlier, a spinning coin is way more often than not a tails-up coin. Note that older pennies may not give you quite as pronounced a bias as newer ones. It's gross, but you have to account for all the dirt, grime, and other junk that can build up on coins over time and throw off the center of mass.

Catch or Drop?

Forget heads or tails, let's ask a better question: Catch or drop? It may seem silly, but according to Diaconis, it is fairer to catch a coin that was flipped into the air than to let the coin bounce and spin on the ground until it lies flat. Your hand isn't a hard, flat surface like the ground, so it'll land wherever you stick your hand in its descending path. But — you guessed it — even that is not truly random.

Diaconis holds that any flipped coin will still be slightly biased toward landing tails-up, at about 51 - 49 odds to be precise. In 1986, mathematician Joseph Keller proved that one fair way to toss a coin is to throw it so that it spins perfectly around a horizontal axis through the coin's center. Doing that would require superhuman ability, so don't count on it. For us mere mortals, just stick to calling it tails. You'll probably be right.

Faletto, J. (2017, August 24). A Coin Toss Is Not as Random as It Seems. Retrieved from Curiosity Makes You Smarter: <https://curiosity.com/>

Natural Body Healers and Pain Relievers

Food is not just for nourishment; it can also heal the body and take away the pain. Many natural answers can help with pain and body healing. Here are a few natural body healers and pain relievers along with what it is beneficial for what ailment.

Apple Cider Vinegar – Consuming a teaspoon of apple cider vinegar to one cup of water is great for heartburn. You can also add it to various dressings and sauces to help alkalize the blood and make you healthy.

Blueberries – Blueberries relieve the pain of bladder and urinary tract infections by destroying the infection. They're also a good source of antioxidants.

Cherries – Cherries can help with headaches and joint pain.

Clove – The oil from crushed clove is an immediate solution to relieve a toothache. The relief is only temporary, but it will help until you can get into the dentist.

Garlic – Crush the garlic to extract the oil to relieve an earache.

Ginger – Grate some ginger and make a tea to help with muscle pain. Add it to some of your recipes to help with muscle relief.

Horseradish – Great help if you are suffering from sinusitis. Consuming a pinch of freshly grated horseradish should do the trick.

Peppermint – Peppermint is fantastic for sore muscles. Peppermint taken orally is ideal to use after a day of hard work or training.

Pineapple – Pineapple helps the stomach to digest the food and relieves stomach pains caused by gas and bloating.

Turmeric – Turmeric is excellent for the relief of chronic pain. It helps rid the body of inflammation and body fluid that gathers in the joints.



MEGA Trivia Contest

Who wants to WIN a \$50 Gift Card towards dinner at TGI Friday's, Olive Garden or Beggars Pizza?

Take our Trivia Challenge!

This month's Mega Trivia question:

What color are the "stars" in the original box of "Lucky Charms" cereal?

- (A) Green
- (B) Pink
- (C) Orange
- (D) Yellow

To enter, visit our website at www.creativecarpetinc.com, click on "MEGA Trivia" under *Specials* and take your best guess. Your chances of winning are better than you think! Winner will be announced in the following month's newsletter. Entry deadline, June 19th, 2019. Good luck!!!

Answer to May's quiz:

C) Oprah Winfrey

Congratulations to last month's winner:

Mary Collias
of Frankfort, IL

Stop by Creative Carpet & Flooring to claim your prize by June 30, 2019!

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- | | |
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| Anna Carmine | Sean & Melissa |
| Edward Stutz | Matthuis |
| Janet Stoller | Tim & Amanda |
| Jim & Gale Ruyle | Ozinga |
| Leeanna & Brian Buchanan | |
| Linda Verrecchia | |

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- **Debbie & Pete from Tinley Park, IL**

A gigantic THANK YOU to all who referred us last month...

- | | |
|--------------------------|--------------------------|
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| Diane & Terry Greenfield | Rosemary Ambrose |
| Latoya Jackson | Thomas & Kathie Weishaar |

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9am - 6pm Mon, Tue, Thu, Fri
 10am - 6pm Wed
 10am - 4pm Sat

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Road Trip Games Everyone Can Enjoy

If you have some sleepy passengers in the car - Create the most believable story when someone falls asleep



♦ **Rules:**

- First, a passenger must fall asleep
- After five minutes of slumber, the awake passengers begin creating a story
- Each person takes turns adding to the story
- Once the passenger wakes up, you have to get them to believe the story
- If somebody breaks character, they lose a point
- If somebody goes off script, you ask, "Are you sure?" and then that person is silenced and loses two points
- If you successfully fool the person, each storyteller wins three points

- If the sleeping passenger fools the car and joins their story correctly, they steal their current point total
- The one with the most points at the destination wins

When you have a car full of optimists - Making a fortunate situation out of an unfortunate situation

♦ **Rules:**

- One person starts by saying "Fortunately" and mentioning something fortunate
- The next person has to follow by saying something unfortunate about the previous situation
- Move clockwise around the car switching between fortunate and unfortunate situations
- If somebody stumbles, they get a strike. Three strikes and you're out
- Last man standing wins
- Example: Fortunately, this will be my first time seeing the Grand Canyon - Unfortunately, it was invaded by Martians just last week - Fortunately, I just finished my course in extraterrestrial communications - etc.

For all the walking encyclopedias - Connect first and last names of famous people

♦ **Rules:**

- Start with the name of anyone famous
- The next person has to say a person whose first name starts with the letter of the previous last name
- If somebody mentions a person where both the first and last name start with the same letter, the game reverses in order (e.g., Bob Barker, Lindsay Lohan, Mandy Moore, etc.)
- Examples: Tom Brady, Billy Joel, Janet Jackson (reverse!), John Oliver, etc.

If you are looking for an easy laugh - Holler when you see a cow!

♦ **Rules:**

- When you see a cow on your side of the road, you have to yell, "Cows on my side!"
- Every time you call a cow, you get a point
- If you see cows on the other side, you say, "Cows on your side!"
- If you call, "Cows on your side," before the person sees them, you steal a point
- If anyone sees a cemetery they scream, "Ghost cow," stealing all the other side's points

Sometimes it isn't the destination that matters, it's the journey.



I was watching a show that featured cats with their kittens. My 7-year old came up to me and said, "You shouldn't be watching this when you're allergic to cats!" ~Allison N.

What is the funniest thing a child has ever said to YOU? Please email dawn.g@creativecarpetinc.com and share your story we can feature in a future Creative Carpet & Flooring Creative Thinking newsletter!

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