

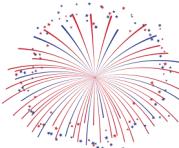
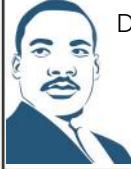


Muskie Community Center

DINING MENU

January 2026

Lunch is offered to the public 11 a.m. to 12:30 p.m.

Monday	Tuesday	Wednesday	Thursday	Friday
	All lunches are served with 1% milk, water, and fruit salad. Community Fundraising make the following available: Coffee, Tea and Desserts.	<u>Breakfast Buffet</u> Served every Friday From: 8:00 - 9:30 a.m. Cost: \$8 per person	 Closed New Years	1 <u>Breakfast Buffet</u> Salmon Pie Oven Fries Zucchini & Onions or Salad Bar Dinner Roll
5 Chicken Cacciatore Penne Pasta Steamed Peas or Salad Bar Garlic Bread	6 Baked Ham Mashed Potatoes Buttered Carrots or Salad Bar Dinner Roll	7 Baked Chicken with Gravy Parsley Potatoes Steamed Broccoli or Salad Bar Dinner Roll	8 Stuffed Peppers Rice Chickpea Salad or Salad Bar Dinner Roll	9 <u>Breakfast Buffet</u> Baked Stuffed Haddock Baked Potatoes Seasoned Green Beans or Salad Bar
12 American Chop Suey Spinach or Salad Bar Dinner Roll	13 Chicken Stir Fry Asian Noodles Vegetable Medley or Salad Bar Dinner Roll	14 Beef Stew Roasted Vegetables or Salad Bar Biscuit	15 Turkey with all the Fixings Mashed Potatoes Butternut Squash or Salad Bar Dinner Roll <small>Suggested Donation of \$8.00</small>	16 <u>Breakfast Buffet</u> Shrimp Scampi Linguine Asparagus or Salad Bar Dinner Roll
Closed Dr. Martin Luther King Jr Day 	19 Meatloaf Mashed Potatoes Squash or Salad Bar Dinner Roll	20 Cheese Ravioli with Meat Sauce Spinach or Salad Bar Garlic Bread	21 Chicken Teriyaki Jasmine Rice Steamed Carrots or Salad Bar Dinner Roll	23 <u>Breakfast Buffet</u> Lemon Butter Haddock Parsley Potatoes Steamed Green Beans or Salad Bar
26 Swedish Meatballs Rice Pilaf Buttered Peas & Carrots or Salad Bar Dinner Roll	27 Chicken Stew over Biscuit Steamed Broccoli or Salad Bar	28 Baked Ziti with Cheese Vegetable Medley or Salad Bar Garlic Bread	29 Shepherd's Pie Green Beans Almondine or Salad Bar Dinner Roll	30 <u>Breakfast Buffet</u> Teriyaki Salmon Basmati Rice Zucchini & Onions or Salad Bar Dinner Roll

Congregate Dining – congregate diners age 60 or older are not required to pay, contributions are by donation, are voluntary and can be confidential; congregate diners under 60, a fee of \$7.50 is required (unless noted otherwise).

We are an equal opportunity provider.



ACTIVITIES

January 2026

★ Special event/by appointment only

	TIME	ACTIVITY	COST
Mondays	By Appointment 9 - 10 a.m. 12:30 - 2:30 p.m. 1 - 4 p.m. Jan 12 , 10:30 - Noon Jan 26 , 10:30 - Noon	★ Notary Services Richard Simmons Workout Mahjong ~ Beginners are welcome! Cornhole~ All are welcome! ★ Joyful Art Mondays with Waterville Creates ★ Joyful Art Mondays with Waterville Creates	Donations Accepted \$2 per person \$2 per person \$3 per person \$3 per class \$3 per class
	By Appointment 9 - 11 a.m. Noon - 2:30 p.m. 1 - 2:30 p.m. Jan 20 , 10 - 11 a.m. Jan 26 , 10 a.m. - 1 p.m.	★ Notary Services Quilts & Crafts Hand & Foot ~ Canasta ~ Rummy Type Card Game Muskie Music Makers ★ MIND Diet & Cognitive Health \$5-\$10/Donation is suggested/not required ★ Computer, Mobile Device & Phone Classes	Donations Accepted \$2 per person \$2 per person Free \$7 per Class
	By Appointment 9 - 10 a.m. 9:30 - 10:30 a.m. Noon - 2:30 p.m. Jan 21 , 1-2:30 p.m.	★ Notary Services Richard Simmons Workout French Social Hour ~ Converse with others in French! Cribbage ★ Family Caregiver Support	Donations Accepted \$2 per person \$2 per person \$2 per person Free
	By Appointment 8 a.m. - 2 p.m. 9 - 10:30 a.m. 1 - 3 p.m. 9 a.m. - 1 p.m. Jan 8 , 8 a.m. - 2 p.m. Jan 15 , 9 a.m. - 1 p.m.	★ Notary Services Veterans Assistance -Veterans' Service Officers Line Dancing Class ★ Game & Gather - Come Enjoy Board Games Power Hour with CMP Representatives Veterans Assistance—Veterans' Service Officer ★ Always Listening Hearing Tests	Donations Accepted Free \$3 per person \$2 per person Free Free Donations Accepted
	By Appointment 9 - 10 a.m. 11 a.m. - 3 p.m. Noon - 2:30 p.m. Jan 23 , 1 - 2:30 p.m. 1 - 4 p.m.	★ Notary Services Richard Simmons Workout ★ Game & Gather- Come Enjoy Board Games Hand & Foot ~ Canasta ~ Rummy Type Card Game Medicare 101 Clinic @ Muskie Cornhole~ All are welcome	Donations Accepted \$2 per person \$2 per person \$2 per person Donations Accepted \$3 per person

Inclement Weather Cancellations and Delays

In the event of bad weather, please call 873-4745 or (800) 639-1553 for a recorded message announcing any agency closings before heading to the Muskie Community Center. Spectrum Generations will announce any delays or closings on our Facebook page as well as: **TV Channels 2, 5, 6, 8, or 13** and on **FM Radio Stations 92.3, 93.5, 96.7, 97.1, 97.5, 98.5, 101.3, 102.5, 103.3, 104.3, 105.1, 107.9, and AM Radio Station 1160**

