

CPD Solutions – Healthcare



Please note we have several catalogues and course lists:

CPD Solutions – Education (course list)

Coaching catalogue

"About Dedici" catalogue

Please follow the links or email info@dedicicpd.co.uk

Our Healthcare course list contains over 100 workshops **designed for delivery** face to face, online or blended. In addition, we provide a **bespoke workshop service** to meet your specific learning objectives.

Workshops are designed to suit to the **target audience and project specification**, ensuring relevance and impact.

For course outlines or to discuss your specific needs, please contact the team at info@dedicicpd.co.uk

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Many of our workshops are **BLENDED** (incorporating elements such as pre-work, e-books, e-learning, Action Learning Sets (ALS), psychometrics and coaching). Some elements incur an additional charge.

However, any of our workshops can be **BLENDED** with an ALS (online session) **to embed the learning**. This provides the opportunity to discuss, encourage and challenge. We also offer **1 to 1 coaching** follow up. See our **Coaching Catalogue** for more details.

CHALLENGING RELATIONSHIPS	BLENDED ELEMENTS
Understanding Workplace Bullying (0.5 day)	
Introduction to Coping with Workplace Conflict (0.5 Day)	
Learning from Mediators; managing clinical hostility (0.5 day or 1 day)	✓ Pre-work
Leaders Role in Promoting Civility in Teams (1 day)	✓ ebook
Coping with Workplace Conflict (1 day)	
Courageous Conversations (1 day)	✓ SDI Psychometric
Managing Challenging Colleagues (1 day)	

CLINICIANS IN TRAINING - Most of our workshops are suitable for Clinicians in Training - the shortlist below may be of particular interest	BLENDED ELEMENTS
Delivering Practical Clinical Teaching (1 day)	
Interpersonal Skills; Effective Relationships for Clinicians in Training (1 day)	
Advanced Clinical Communication Skills (2 day)	✓ Pre-work

COACHING & MENTORING	BLENDED ELEMENTS
Coaching Tips & Tools (0.5 day)	
Mentoring for Clinical Professionals (0.5 day)	
Responsible roles for SAS Doctors (0.5 day)	
Coaching & Mentoring for Healthcare Professionals (1 day)	
Introduction to Coaching Skills (1 day)	✓ Pre-work
Professional Healthcare Mentor (1 day)	✓ Pre-work

COMMUNICATION	BLENDED ELEMENTS
Enhancing Communication Skills for Healthcare Professionals (0.5 day)	
Communication Tips & Tools (0.5 day)	
Transform your Meetings – Via the Thinking Environment® (1 day)	✓ Video pre-work
Insights discovery: Getting to know yourself and others (0.5 day or 1 day) NEW	
Advanced Communication Skills for Healthcare Professionals (1 day)	✓ Pre-work
Communicating & influencing with NLP (1 day)	✓ Pre-work + ebook
Professional Presentations for Healthcare Professionals (1 day)	
Advanced Clinical Communication Skills (2 day)	✓ Pre-work

CORE PERSONAL SKILLS	BLENDABLE ELEMENTS
Applying Sport Psychology to Improve Clinical Performance (0.5 day)	
Introduction to Assertiveness (0.5 day)	✓ Pre-work
Transform your Self Development - via the Thinking Environment® (1 day) NEW	✓ Video pre-work
Transform your Career - via the Thinking Environment® (1 day) NEW	✓ Video pre-work
Being Influential in Your Team (1 day)	✓ Pre-work
Personal Power and Influence (1 day)	
Assertiveness for Healthcare Professionals (1 day)	✓ Pre-work
What next? Career Transitions Workshop (1 day)	
Professional Interviews Toolkit for Clinicians (1 day)	
Revisiting Medical Professionalism and Interpersonal Effectiveness (1 day)	✓ DBT Suite
Time Management for Healthcare Professionals (1 day)	✓ Pre-work
Improving Interview Skills for SAS Doctors (1 day) NEW	
Achieving Fellowship in the Medical Field: A Roadmap to Professional Excellence NEW (1 day)	

CULTURE & DIVERSITY	BLENDABLE ELEMENTS
Equality & Diversity (0.5 day)	
Introduction to Diversity & Inclusion (0.5 day)	
Neurodiversity Awareness – patient focus (0.5 day)	
Neurodiversity Awareness – workplace focus (0.5 day)	
Culture Awareness, Equality & Diversity (1 day)	
Exploring Cross Cultural Communication in Healthcare (1 day)	
Education, Teaching, and Supporting Leaders with Neurodiversity NEW	

DOCTORS' APPRAISAL & REVALIDATION	BLENDABLE ELEMENTS
Reflective Practice for Doctors (0.5 day)	
Managing your Appraisal and Revalidation (1 day)	
Appraisal Skills for Medical Appraisers (1 day plus e-learning pre-work)	✓ e-learning
Medical Appraiser Upskilling: Coaching Skills (1 day)	✓ Pre-work

IMG/LED DOCTOR CORE SKILLS - Most of our workshops are suitable for IMG/LED Doctors - the shortlist below may be of particular interest	BLENDED ELEMENTS
Managing Your Appraisal & Revalidation (1 day)	
Assertiveness for Healthcare Professionals (1 day)	✓ Pre-work
Revisiting Medical Professionalism and Interpersonal Effectiveness (1 day)	
Clinical Professionalism (1 day)	
Advanced Clinical Communication Skills (2 day)	✓ Pre-work

LEADERSHIP & MANAGEMENT	BLENDED ELEMENTS
Authentic Leadership Fundamentals for Clinicians (0.5 day)	
Transform your Meetings – via the Thinking Environment® (1 day)	✓ Video pre-work
Transform your Leadership - via the Thinking Environment® (1 day) NEW	✓ Video pre-work
Leadership Fundamentals (1 day)	✓ Pre-work
Leaders Role in Promoting Civility in Teams (1 day)	✓ ebook
Collaborative Leadership for SAS Doctors (1 day)	✓ Pre-work
Managing Challenging Colleagues (1 day)	
Compassionate Leadership (1 day)	
Cultivating Multi-Disciplinary Teams (Using SDI) (1 day) NEW	✓ SDI Psychometric
Superior Followership (1 day) NEW	
Clinical Leadership (2 full days OR 4 x half days)	

LIFESTYLE MEDICINE NEW	BLENDED ELEMENTS
Introduction to Lifestyle Medicine (0.5 day) NEW	
Lifestyle Medicine and Sleep Health (0.5 day) NEW	
Lifestyle Medicine and Women's Health (0.5 day) NEW	
Lifestyle Medicine and Prevention and Management of Chronic Disease (1 day) NEW	
Lifestyle Medicine and Nutrition (1 day) NEW	
Lifestyle Medicine and Cardiovascular Health (1 day) NEW	
Lifestyle Medicine and Community Health (1 day) NEW	
Emotional Wellbeing and Self-Care (1 day) NEW	

MEDICAL EDUCATION/SUPERVISION	BLENDED ELEMENTS
Supporting Resident Doctors to Survive & Thrive (0.5 day)	
Careers Conversations for Senior Educators (0.5 day)	
Advanced Coaching for Educational Supervisors (0.5 day)	
Development workshop for ES - SuppoRTTed Return to Training (0.5 day)	
Refresher workshop for Educational Supervisors (0.5 day)	✓ Pre-work
Neurodiversity Awareness - workplace focus (0.5 day)	
Resident Doctors Requiring Extra Support (Doctors in Difficulty) (0.5 day or 1 day)	
Annual Update for Clinical & Educational Supervisors: Coaching Skills (1 day)	
Improving Wellbeing – helping you develop resilience in Resident Doctors (1 day)	✓ Pre-work
Resolving Difficult & Challenging Behaviours in Resident Doctors (1 day)	
Coaching & Mentoring for Educational Supervisors (1 day)	✓ Pre-work
Clinical Supervision Skills: Interactions Inviting Change (1 day)	
Challenging Conversations with Resident Doctors (1 day)	✓ SDI Psychometric
New Postgraduate Medical Supervisor Training (1 - 2 days)	✓ Pre-work

PATIENT – CENTRIC	BLENDED ELEMENTS
Neurodiversity Awareness – patient focus (0.5 day)	
Human Factors Related Processes for Clinicians (1 day)	✓ ebook
Health Coaching: Engaging in Participatory Healthcare (1 day)	
Clinical Professionalism (1 day)	
Motivational Interviewing (1 day)	
Emotional Regulation Toolkit (1 day)	✓ DBT Suite
Coaching for Patient Self Care (1 day)	

QUALITY – CENTRIC	BLENDED ELEMENTS
Making a Case for Your Improvement Idea (0.5 day)	
Introduction to Improving Patient Care through LEAN techniques (0.5 day)	
Improving Patient Care through LEAN techniques (1 day)	
Quality Improvement in Healthcare (1 day)	
Quality Improvement 'in Action' (1 day + optional blended programme)	✓ Action Learning Sets + 1:1 coaching

SAS DOCTORS / DENTISTS - Most of our workshops are suitable, however the shortlist below may be of particular interest	BLENDED ELEMENTS
Responsible roles for SAS Doctors (0.5 day)	
Improving Interview Skills for SAS Doctors NEW (1 day)	
Transitioning to the Portfolio Pathway NEW (1 day)	

TEAMWORK	BLENDED ELEMENTS
Creating Psychological Safety (0.5 day) NEW	
Transform your Relationships - via the Thinking Environment® (1 day) NEW	✓ Video pre-work
Supporting the Development of Team Based Working (1 day)	
Cultivating Multi-Disciplinary Teams (Using SDI) (1 day) NEW	✓ SDI Psychometric

TECHNOLOGY	BLENDED ELEMENTS
Introduction to using Microsoft Excel (0.5 day)	✓ Pre-work
Intermediate Microsoft Excel (0.5 day)	✓ Pre-work
Advanced Microsoft Excel (0.5 day)	✓ Pre-work
Introduction to Microsoft PowerPoint (0.5 day)	✓ Pre-work
Intermediate Microsoft PowerPoint (0.5 day)	✓ Pre-work
Microsoft Outlook Tips & Tools (0.5 day)	✓ Pre-work
Introduction to Microsoft Word (0.5 day)	✓ Pre-work
Intermediate Microsoft Word (0.5 day)	✓ Pre-work
Introduction to Microsoft Teams (0.5 day)	✓ Pre-work
Intermediate Microsoft Teams (0.5 day)	✓ Pre-work
Advanced Microsoft Teams (1 day)	✓ Pre-work
Introduction to SharePoint (0.5 day)	✓ Pre-work
Microsoft 365 (0.5 day)	✓ Pre-work
Introduction to Copilot (0.5 day) NEW	✓ Pre-work
Introduction to Power BI (0.5 day) NEW	✓ Pre-work
Drop in Clinic (on site support) (0.5 day or 1 day)	✓ Pre-work
Presenting Online with Confidence (0.5 day)	
Practical Presenting Online with Confidence (1 day)	

THINKING ENVIRONMENT ® NEW	BLENDED ELEMENTS
Transform your Leadership - via The Thinking Environment ® (1 day) NEW	✓ Video pre-work
Transform your Relationships - via The Thinking Environment ® (1 day) NEW	✓ Video pre-work
Transform your Self Development - via The Thinking Environment ® (1 day) NEW 	✓ Video pre-work
Transform your Career - via The Thinking Environment ® (1 day) NEW 	✓ Video pre-work
Transform your Meetings - via The Thinking Environment ® (1 day)	✓ Video pre-work

TRAINING & DEVELOPMENT	BLENDED ELEMENTS
Advanced training course design for healthcare trainers (1 day)	✓ Pre-work
Delivering Practical Clinical Teaching (1 day)	
Train the Trainer for Doctors (1 or 2 days)	✓ Pre-work
Teaching & Learning in Clinical Settings (2 days)	

WELLBEING	BLENDED ELEMENTS
Introduction to Mental Health Awareness for Clinicians (0.5 day)	
Suicide Awareness (0.5 day)	✓ Pre-work + ebook
Improving Wellbeing: Helping you to develop Individual & Team resilience (1 day)	✓ Pre-work + ebook
Mindfulness & Self Compassion for Healthcare Professionals (1 day)	✓ DBT Suite
Distress Tolerance Skills (1 day)	✓ DBT Suite
Stop Surviving & Start Flourishing (1 day)	✓ Pre-work
Mental Health Awareness for Clinicians - FAIB Accredited (1 day)	✓ Pre-work
Suicide First Responder (1 day)	
Menopause Awareness (1 day) NEW	

MASTERCLASSES	SPEAKER - speaker bio links below
Masterclasses are at a premium rate, but allow for up to 40 delegates	
Contemporary Medico-Legal Issues in Modern Healthcare (1 day)	Professor Rob Heywood
Issues at the End of Life - Children, Adults and Advance Decision-Making (1 day)	Professor Rob Heywood
The Changing Face of Medicine (1 day)	Professor John McLachlan
Masterclass on AI in Healthcare (0.5 day) NEW	Professor John McLachlan

UNDER CONSTRUCTION	BLENDED ELEMENTS
Workshops with the "Under Construction" logo are planned but not yet fully designed, please enquire	
Achieving Fellowship in the Medical Field: A Roadmap to Professional Excellence (1 day) NEW	
Introduction to Lifestyle Medicine (0.5 day) NEW	
Lifestyle Medicine and Sleep Health (0.5 day) NEW	
Lifestyle Medicine and Women's Health (0.5 day) NEW	
Lifestyle Medicine and Nutrition (1 day) NEW	
Lifestyle Medicine and Cardiovascular Health (1 day) NEW	
Lifestyle Medicine and Community Health (1 day) NEW	
Emotional Wellbeing and Self-Care (1 day) NEW	
Transform your Self Development - via The Thinking Environment ® (1 day) NEW	 ✓ Video pre-work
Transform your Career - via The Thinking Environment ® (1 day) NEW	 ✓ Video pre-work



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2025 - 2027
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Carbon Offset

In addition, many of our workshops can be delivered as shorter conference sessions (1 to 2 hours as required)

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