

CPD Solutions – Healthcare



Please note we have several catalogues and course lists:

[CPD Solutions – Education \(course list\)](#)

[CPD Solutions – Public Sector and Corporate \(course list\)](#)

[Coaching catalogue](#)

[“About Dedici” catalogue](#)

Please follow the links or email info@dedicicpd.co.uk

Our Healthcare course list contains over 100 workshops **designed for delivery** face to face, online or blended. In addition, we provide a **bespoke workshop service** to meet your specific learning objectives.

Workshops are designed to suit to the **target audience and project specification**, ensuring relevance and impact.

For course outlines or to discuss your specific needs, please contact the team at info@dedicicpd.co.uk

Contents

Bespoke	1
Challenging Relationships	1
Clinicians In Training	1
Coaching & Mentoring	1
Communication	2
Core Personal Skills	2
Culture & Diversity	2
Doctors' Appraisal & Revalidation	3
Leadership & Management	3
LED/IMG Doctor Core Skills	3
Lifestyle Medicine	3
Medical Education/Supervision	4
Patient – Centric	4
Quality – Centric	4
SAS Doctors / Dentists	4
Teamwork	5
Technology	5
Thinking Environment ®	5
Training & Development	5
Wellbeing	6
Masterclasses	6



Many of our workshops are **BLENDED** (incorporating elements such as pre-work, e-books, e-learning, Action Learning Sets (ALS), psychometrics and coaching). Some elements incur an additional charge.

However, any of our workshops can be **BLENDED** with an ALS (online session) **to embed the learning**. This provides the opportunity to discuss, encourage and challenge. We also offer **1 to 1 coaching** follow up. See our **Coaching Catalogue** for more details.

BESPOKE

Dedici provides a **bespoke workshop service** to meet your specific learning objectives. Get in touch at info@dedicipd.co.uk with your requirements.

CHALLENGING RELATIONSHIPS	BLENDED ELEMENTS
Understanding Workplace Bullying (half day)	
Introduction to Coping with Workplace Conflict (half Day)	
Learning from Mediators; Managing Clinical Hostility (half day or 1 day)	✓ Pre-work
Leaders Role in Promoting Civility in Teams (1 day)	✓ ebook
Coping with Workplace Conflict (1 day)	
Courageous Conversations (1 day)	
Managing Challenging Colleagues (1 day)	

CLINICIANS IN TRAINING - Most of our workshops are suitable for Trainees - the shortlist below may be of particular interest.	BLENDED ELEMENTS
Delivering Practical Clinical Teaching (1 day)	
Interpersonal Skills; Effective Relationships for Clinicians in Training (1 day)	
Advanced Clinical Communication Skills (2 day)	✓ Pre-work

COACHING & MENTORING	BLENDED ELEMENTS
Coaching Tips & Tools (half day)	
Mentoring for Clinical Professionals (half day)	
Coaching & Mentoring for Healthcare Professionals (1 day)	
Introduction to Coaching Skills (1 day)	✓ Pre-work
Professional Healthcare Mentor (1 day)	✓ Pre-work

COMMUNICATION	BLENDED ELEMENTS
Enhancing Communication Skills for Healthcare Professionals (half day)	
Communication Tips & Tools (half day)	
Insights discovery: Getting to Know Yourself and Others (half day or 1 day) NEW	
Transform Your Meetings – via The Thinking Environment® (1 day)	✓ Video pre-work
Advanced Communication Skills for Healthcare Professionals (1 day)	✓ Pre-work
Communicating & Influencing with NLP (1 day)	✓ Pre-work + ebook
Professional Presentations for Healthcare Professionals (1 day)	
Advanced Clinical Communication Skills (2 day)	✓ Pre-work








CORE PERSONAL SKILLS	BLENDED ELEMENTS
Applying Sport Psychology to Improve Clinical Performance (half day)	
Introduction to Assertiveness (half day)	✓ Pre-work
Transform Your Self Development - via The Thinking Environment® (1 day) NEW	✓ Video pre-work
Transform Your Career - via The Thinking Environment® (1 day) NEW	✓ Video pre-work
Being Influential in Your Team (1 day)	✓ Pre-work
Personal Power and Influence (1 day)	
Assertiveness for Healthcare Professionals (1 day)	✓ Pre-work
What next? Career Transitions Workshop (1 day)	
Professional Interviews Toolkit for Clinicians (1 day)	
Revisiting Medical Professionalism and Interpersonal Effectiveness (1 day)	✓ DBT Suite
Time Management for Healthcare Professionals (1 day)	✓ Pre-work
Improving Interview Skills for SAS Doctors (1 day) NEW	
Achieving Fellowship in the Medical Field: A Roadmap to Professional Excellence (1 day) NEW	

CULTURE & DIVERSITY	BLENDED ELEMENTS
Equality & Diversity (half day)	
Introduction to Diversity & Inclusion (half day)	
Neurodiversity Awareness – Patient Focus (half day)	
Neurodiversity Awareness – Workplace focus (half day)	
Culture Awareness, Equality & Diversity (1 day)	
Exploring Cross Cultural Communication in Healthcare (1 day)	
Education, Teaching, and Supporting Leaders with Neurodiversity (1 day) NEW	

DOCTORS' APPRAISAL & REVALIDATION	BLENDED ELEMENTS
Reflective Practice for Doctors (half day)	
Managing your Appraisal and Revalidation (1 day)	
Appraisal Skills for Medical Appraisers (1 day + e-learning Pre-work)	✓ e-learning
Medical Appraiser Upskilling: Coaching Skills (1 day)	✓ Pre-work

LEADERSHIP & MANAGEMENT	BLENDED ELEMENTS
Authentic Leadership Fundamentals for Clinicians (half day)	
Transform Your Meetings – via The Thinking Environment® (1 day)	✓ Video pre-work
Transform Your Leadership - via The Thinking Environment® (1 day) NEW	✓ Video pre-work
Leadership Fundamentals (1 day)	✓ Pre-work
Leaders Role in Promoting Civility in Teams (1 day)	✓ ebook
Collaborative Leadership for SAS Doctors (1 day)	✓ Pre-work
Managing Challenging Colleagues (1 day)	
Compassionate Leadership (1 day)	
Cultivating Multi-Disciplinary Teams (1 day) NEW	
Superior Followership (1 day) NEW	
Clinical Leadership (2 day or 4x half day)	

LED/IMG DOCTOR CORE SKILLS - Most of our workshops are suitable for LED/IMG Doctors - the shortlist below may be of particular interest.	BLENDED ELEMENTS
Managing Your Appraisal & Revalidation (1 day)	
Assertiveness for Healthcare Professionals (1 day)	✓ Pre-work
Revisiting Medical Professionalism and Interpersonal Effectiveness (1 day)	
Clinical Professionalism (1 day)	
Advanced Clinical Communication Skills (2 day)	✓ Pre-work


LIFESTYLE MEDICINE NEW	BLENDED ELEMENTS
Introduction to Lifestyle Medicine (half day) NEW	
Lifestyle Medicine and Sleep Health (half day) NEW	
Lifestyle Medicine and Women's Health (half day) NEW	
Lifestyle Medicine and Prevention and Management of Chronic Disease (1 day) NEW	
Lifestyle Medicine and Nutrition (1 day) NEW	
Lifestyle Medicine and Cardiovascular Health (1 day) NEW	
Lifestyle Medicine and Community Health (1 day) NEW	
Emotional Wellbeing and Self-Care (1 day) NEW	

MEDICAL EDUCATION/SUPERVISION	BLENDED ELEMENTS
Supporting Resident Doctors to Survive & Thrive (half day)	
Careers Conversations for Senior Educators (half day)	
Advanced Coaching for Educational Supervisors (half day)	
Development Workshop for ES - SuppoRTTed Return to Training (half day)	
Refresher Workshop for Educational Supervisors (half day)	✓ Pre-work
Neurodiversity Awareness - Workplace Focus (half day)	
Resident Doctors Requiring Extra Support (Doctors in Difficulty) (half day or 1 day)	
Annual Update for Clinical & Educational Supervisors: Coaching Skills (1 day)	
Improving Wellbeing – Helping You Develop Resilience in Resident Doctors (1 day)	✓ Pre-work
Resolving Difficult & Challenging Behaviours in Resident Doctors (1 day)	
Coaching & Mentoring for Educational Supervisors (1 day)	✓ Pre-work
Clinical Supervision Skills: Interactions Inviting Change (1 day)	
Challenging Conversations with Resident Doctors (1 day)	
New Postgraduate Medical Supervisor Training (1 day or 2 day)	✓ Pre-work
Effective Educational Supervision: Supporting Doctors and Ensuring Quality Training (2 day) NEW	✓ Pre-work


PATIENT – CENTRIC	BLENDED ELEMENTS
Neurodiversity Awareness – patient focus (0.5 day)	
Human Factors Related Processes for Clinicians (1 day)	✓ ebook
Health Coaching: Engaging in Participatory Healthcare (1 day)	
Clinical Professionalism (1 day)	
Motivational Interviewing (1 day)	
Emotional Regulation Toolkit (1 day)	✓ DBT Suite
Coaching for Patient Self Care (1 day)	

QUALITY – CENTRIC	BLENDED ELEMENTS
Making a Case for Your Improvement Idea (half day)	
Introduction to Improving Patient Care Through LEAN Techniques (half day)	
Improving Patient Care Through LEAN Techniques (1 day)	
Quality Improvement in Healthcare (1 day)	
Quality Improvement ‘in Action’ (1 day + Optional Blended Programme)	✓ Action Learning Sets + 1:1 Coaching

SAS DOCTORS / DENTISTS - Most of our workshops are suitable for SAS Doctors / Dentists - the shortlist below may be of particular interest.	BLENDED ELEMENTS
Responsible Roles for SAS Doctors (half day)	
Improving Interview Skills for SAS Doctors (1 day) NEW	
Transitioning to the Portfolio Pathway (1 day) NEW	

TEAMWORK	BLENDABLE ELEMENTS
Creating Psychological Safety (half day) NEW	
Transform Your Relationships - via The Thinking Environment® (1 day) NEW	 ✓ Video pre-work
Supporting the Development of Team Based Working (1 day)	
Cultivating Multi-Disciplinary Teams (1 day) NEW	

TECHNOLOGY	BLENDABLE ELEMENTS
Introduction to Using Microsoft Excel (half day)	✓ Pre-work
Intermediate Microsoft Excel (half day)	✓ Pre-work
Advanced Microsoft Excel (half day)	✓ Pre-work
Introduction to Microsoft PowerPoint (half day)	✓ Pre-work
Intermediate Microsoft PowerPoint (half day)	✓ Pre-work
Microsoft Outlook Tips & Tools (half day)	✓ Pre-work
Introduction to Microsoft Word (half day)	✓ Pre-work
Intermediate Microsoft Word (half day)	✓ Pre-work
Introduction to Microsoft Teams (half day)	✓ Pre-work
Intermediate Microsoft Teams (half day)	✓ Pre-work
Advanced Microsoft Teams (1 day)	✓ Pre-work
Introduction to SharePoint (half day)	✓ Pre-work
Microsoft 365 (half day)	✓ Pre-work
Introduction to Copilot (half day) NEW	✓ Pre-work
Introduction to Power BI (half day) NEW	✓ Pre-work
Drop in Clinic (On Site Support) (half day or 1 day)	✓ Pre-work
Mastering Email Management in a Healthcare Setting (half day) NEW	✓ Pre-work
Presenting Online with Confidence (half day)	✓ Pre-work

THINKING ENVIRONMENT ® NEW	BLENDABLE ELEMENTS
Transform Your Leadership - via The Thinking Environment ® (1 day) NEW	✓ Video pre-work
Transform Your Relationships - via The Thinking Environment ® (1 day) NEW	 ✓ Video pre-work
Transform Your Self Development - via The Thinking Environment ® (1 day) NEW	✓ Video pre-work
Transform Your Career - via The Thinking Environment ® (1 day) NEW	✓ Video pre-work
Transform Your Meetings - via The Thinking Environment ® (1 day)	✓ Video pre-work

TRAINING & DEVELOPMENT	BLENDABLE ELEMENTS
Advanced Training Course Design for Healthcare Trainers (1 day)	✓ Pre-work
Delivering Practical Clinical Teaching (1 day)	
Train the Trainer for Doctors (1 or 2 day)	✓ Pre-work
Teaching & Learning in Clinical Settings (2 day)	

WELLBEING	BLENDED ELEMENTS
Introduction to Mental Health Awareness for Clinicians (half day)	
Suicide Awareness (half day)	✓ Pre-work + ebook
Improving Wellbeing: Helping You to Develop Individual & Team Resilience (1 day)	✓ Pre-work + ebook
Mindfulness & Self Compassion for Healthcare Professionals (1 day)	✓ DBT Suite
Distress Tolerance Skills (1 day)	✓ DBT Suite
Stop Surviving & Start Flourishing (1 day)	✓ Pre-work
Mental Health Awareness for Clinicians - FAIB Accredited (1 day)	✓ Pre-work
Suicide First Responder (1 day)	
Menopause Awareness (1 day) NEW	

MASTERCLASSES	SPEAKER - speaker bio links below
Masterclasses are at a premium rate, but allow for up to 40 delegates	
AI in Healthcare (half day) NEW	Professor John McLachlan
Contemporary Medico-Legal Issues in Modern Healthcare (1 day)	Professor Rob Heywood
Issues at the End of Life - Children, Adults and Advance Decision-Making (1 day)	Professor Rob Heywood
The Changing Face of Medicine (1 day)	Professor John McLachlan

UNDER CONSTRUCTION	BLENDED ELEMENTS
Workshops with the "Under Construction" logo are planned but not yet fully designed, please enquire	
Introduction to Lifestyle Medicine (half day) NEW	
Lifestyle Medicine and Sleep Health (half day) NEW	
Lifestyle Medicine and Women's Health (half day) NEW	
Achieving Fellowship in the Medical Field: A Roadmap to Professional Excellence (1 day) NEW	
Lifestyle Medicine and Nutrition (1 day) NEW	
Lifestyle Medicine and Cardiovascular Health (1 day) NEW	
Lifestyle Medicine and Community Health (1 day) NEW	
Emotional Wellbeing and Self-Care (1 day) NEW	
Transform Your Relationships - via The Thinking Environment ® (1 day) NEW	 ✓ Video pre-work



PTE PROVIDER: T90011
2025 - 2027
www.jonathanmexedance.com



Carbon Offset

In addition, many of our workshops can be delivered as shorter conference sessions (1 to 2 hours as required)

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