



DEDHAM Parish Magazine



November 2024



Dedham Parish Magazine

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November 2024

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The deadline for December magazine entries is the 10th November.

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Cover Photo - Unloading the Organ components, Monday 7th October.
Photo - Gabbie Watson

Can we help?

Sometimes things in life can just get too much to cope with on your own... **Psalm 34:18: *The Lord is close to the broken-hearted and saves those who are crushed in spirit.*** If you would like some support or know of any one who would, please contact: Ruth Higginson **Tel: 322 598.**

If you would like a lift to church contact Sharon Sarson Tel: 07876 114418

If you have been bereaved or know of anyone who has, please contact Vee Druitt **Tel: 322 000** or Ruth Higginson **Tel: 322 598**

If you need any further support, please contact the Parishes Office Tel: 322 136 and your call will be returned.

Throughout the magazine local telephone numbers omit the 01206 area code unless otherwise stated.

Sunday, 3rd November

8.00am Holy Communion (BCP) Ardleigh
 9.30am Café Church Ardleigh
 9.30am Rise N Shine Dedham*
 3.30pm Remembering your loved ones Ardleigh
 5.00pm Evensong Dedham*

Sunday, 10th November

10.45 Remembrance Sunday Ardleigh
 10.45 Remembrance Sunday Dedham*

Sunday, 17th November

9.30am Holy Communion Ardleigh
 9.30am Morning Praise Dedham*

Sunday, 24th November

9.30am Morning Praise Ardleigh
 9.30am Holy Communion Dedham*

* = Services which are live streamed.

Morning Prayer - Every Tuesday 10.30am at Dedham Church.

Please note that for November (except the 5th), Morning prayer will be held in Dedham Vicarage.

Ardleigh Friendship Group: every 2nd and 4th Tuesday of the month: 10am to 12 noon - Ardleigh Church.

Ardleigh Craft Group: every 1st and 3rd Tuesday of the month: Meeting at Ardleigh Church from 10am to 12 noon.

Little Steps Pre-School Group: every 2nd and 4th Friday of the month: 9.30am-11.30am in Ardleigh Church.

Men's Breakfast - Saturday 2nd November 9am - venue tba. For bacon butties, tea, coffee and chat.

Monday Lunch Club – Monday 4th November 12.30pm, Essex Tea Rooms. Phone 322192 to reserve a place indicating it is for the Lunch Club.

Walk and Talk - Wednesday 13th November - Dedham Arts and Craft Centre for a walk. 10am for a walk, or at 11am, same venue, for just a chat.

FROM THE REGISTERS.

Weddings:

September 14th : Rachel Stott and Oliver Hamilton.

September 20th : Charlotte Volf and Harry Hitchcock.

Funeral:

October 9th : Margaret Bottwood.

Opinions expressed in contributed articles are those of the contributor and do not necessarily represent the position or opinions of the PCC or the Editorial team.



Our services are on YouTube. Search Dedham and Ardleigh Parishes.



Follow us on Facebook, search - Dedham and Ardleigh Parishes.

Dedham and Ardleigh parishes website - QR code




Dear friends,

November is the month of remembrance. We naturally think first of Remembrance Day or Remembrance Sunday, when we honour all those in the armed forces who died defending our freedoms and way of life. But it is also the month when we “remember, remember, the 5th of November”, otherwise known as Guy Fawkes (or Bonfire) Night, because he was one of the principal instigators of the (foiled) Gunpowder Plot to blow up the House of Lords – and any who happened to be in it at the time!

What are some important things that you are worried you might forget? A special birthday? An anniversary? A child’s sports game or special performance? Or, more dauntingly, a significant bill or an important work deadline?

In the earlier days of God’s people – before Jesus arrived on the stage of human history – they were about to receive many wonderful blessings from Him: food, clothing, shelter, peace, safety and much more besides. The challenge for them would be to remember that He, the Lord, was the One who gave them these blessings. So their leader at the time, Moses, said to them:

“Be careful that you do not forget the Lord your God” (Deuteronomy 8:11).

He did so because, if they didn’t, they would be tempted by a fairly natural consequence of that sort of forgetfulness: “[their] heart will become proud” (8:14), because they would look at all those blessings they would receive – food, clothing, shelter, peace, safety, etc. – and say to themselves:

“My power and the strength of my hands have produced this wealth for me” (8:17).

It seems in the passage of thousands of years not much changes! A writer in the New Testament puts God’s good

provision to us like this:

“Every good and perfect gift is from above” (James 1:17).

So this November, as we remember, we can give thanks for the relative peace we enjoy because of the sacrifices made by those who came before us, we can give thanks for the fun and frivolity of fireworks on Bonfire Night and we can also give thanks to God for every gift we have received in this life.

*Best wishes,
Phillip*

▲ PRAYER FOR REMEMBRANCE SUNDAY

“Blessed are the peacemakers, for they will be called children of God”.
Matthew 5:9.

*Peace-loving God,
on this Remembrance Sunday
your church remembers
all who have fallen in war;
those who re-live war daily through injury or
broken spirit,
those left behind, grieving for a loved one.*

*And as we remember,
we pray for those who seek peace:
for those who are good negotiators-
working with dedication and persistence;
going the extra mile for peace.*

*We pray for peace.
But also...
help us to find new ways of addressing
aggression; constructive ways of challenging
harsh regimes,
seeking justice as well as peace.*

Martin Hazell (from Opening Doors,
URC 2014 Prayer Handbook)



On Sunday 13th October we celebrated our annual Pledge Day at St Mary's. Parishioners were sincerely thanked for their acts of Giving over the past year, but were asked if they would prayerfully reconsider their level of support for the churches General Fund.

This fund is used for the upkeep and expenses of the church but also supports many of the activities undertaken within the church

If you are already a donor by Standing Order, simply notify your Bank if you wish to increase the amount.

If you are wanting to start a new Monthly Standing Order, please set this up with your Bank as follows:

Account: Dedham Parochial Church Council

Sort Code: 20-22-67

Account No. 00297879

If you are a UK Taxpayer, please complete a Gift Aid form either by obtaining one from the back of the Church and after completion put in the Parish Office post box, OR request one by emailing stmarydafinance@gmail.com and again return to the Parish post box

*Thank you
John Reed*

Remembering Your Loved Ones Service, Sunday 3rd November, 3.30pm.



The annual special service to remember those in the parishes who have died, will be held at Ardleigh Church this year.

Please contact the Parishes office if you would like to have the name of your loved one read out: 01206 322136 or stmaryda@gmail.com



Supporting Church music in the Tendring area

November 10th

The Deanery choir will be singing at **St. Georges Church, Great Bromley CO7 7HZ** at the 11.00am Remembrance service. They will be singing the anthem 'I heard a voice from heaven' by John Goss.

Saturday 14th December at 7pm.

A concert/service expressing the Christmas message with living composers will be performed at **St Georges Church, Great Bromley CO7 7HZ.**

*Graham Bell
Deanery Choir Organiser*

CHILDREN AND YOUNG PEOPLE'S WORKER

I was so encouraged today visiting Dedham Primary School and experiencing the warmth of the staff and pupils as they welcomed me to lead collective worship. My first official collective worship at the school and there were definitely some first-time nerves I can't deny! The lighting of the candle at the front and the prayer read by participants of the Student Worship Team set the scene as the story of how Jesus healed the servant of the Roman Soldier (Luke 7) was described in the context of respect.

The Roman Soldier is such a shining example of the faith, respect, humility and kindness we can all learn from. As Jesus said, 'I say to you, I have not found such great faith, not even in Israel!' (Luke 7:9). If we experience any disrespect from passers-by and those we know, let us also show forgiveness and compassion, hard as it can be.

So what's been happening with children and young people over the past month? It's certainly been busy. A visit to a Colchester youth group and warm welcome from leaders helped us see how other youth groups in the area operate - Fordham 421 has been running for many years now.

The registration for the Open the Book team is now set up and the OtB team will start visiting Dedham Primary school at the end of this month.

Our busy and thriving Junior Church continues each Sunday in the Duchy Barn 2nd, 3rd, 4th and 5th Sundays of the month. Rise and Shine saw a wonderful re-enactment by the congregation crossing the Jordan at the beginning of October, which I sadly missed but it sounded and looked great on live-stream!

I attended the 'Big Parenting Questions' talk in Stanway in October which was inspirational and informative both as a CYP worker and as a parent. There are so many support resources on offer for families: bereavement, additional needs, marriage support for single parents as well as fostering and adoption support. Do visit their website if you are in need of any support. <https://www.careforthefamily.org.uk>

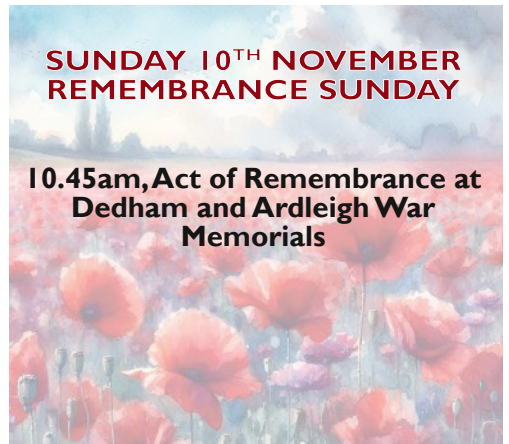
Finally, I can't tell you how excited I am to be taking our youth (14-18 year olds) to Sorted - 2024 - <https://capitalyouthworks.com/sorted-2024/>. A day out in London, chance to meet other young Christians and learn some real nuggets of wisdom and teaching from inspirational youth leaders. It's not too late to sign up, so any young people from 14 years of age can come with Sue and myself. Contact me if you're interested in coming along.

Do you feel called to volunteer with children and young people? From 2 hours every 1, 2 or 3 months, we need additional volunteers, so please let me know if this is something you would be interested in doing.

Claire Arculus

**SUNDAY 10TH NOVEMBER
REMEMBRANCE SUNDAY**

**10.45am, Act of Remembrance at
Dedham and Ardleigh War
Memorials**



PIECES OF THE JIGSAW

The bus shifted down a gear before coming to an unsteady halt at the crest of the hill. I grabbed my holdall and stepped down into the night.

Three weeks respite had done me the world of good. Maud's cooking too... and those lazy evenings spent in conversation with her and Fernand in their comfortable home in Saint-Germain-en-Laye, West of Paris. I didn't know strangers could be so kind.

I paced myself – I was stronger, yes, but not that strong. The treatment had taken its toll and my destination was still several hundred metres away. Besides, I wasn't in too much hurry to reach Percy Military Hospital. Built in 1916 and named after Napoleon's Chief Army Surgeon, it had seen better days.

I walked down the drab corridor that led to Haematology. A patient was leaning against the wall, smoking. From the bandages around his hands and head, I knew he'd come from the burns unit nearby. He nodded and turned his face away to hide his injuries. "Salut", I proffered. He grunted, shuffled, took another drag.

I was lucky, my ward had been refurbished and the colours were at least welcoming. There were some very poorly people there. Most of the rooms were individual; I wondered if I'd be sharing or would have a space of my own.

To the left, as you entered, was a small kitchen and I'd already smelt the aroma of freshly cooked steak fried in butter. The French Army had recently introduced this treat – every Sunday evening – to "build us up". The night nurse smiled sweetly before shaking her frying pan. "Bonsoir!"

"TV downstairs?" I nodded. "Your room is first on the right." I thanked her. I'd be sharing. I popped my head round the corner but my roommate hadn't

arrived yet. I dropped my bag on the bed, splashed some water over my face and headed for the stairs.

The small TV room was cosy enough: equipped with a large television and a few comfy chairs. The film started at 8 - half an hour to kill. I looked at my reflection on the screen. A little thinner maybe, a little gaunt, but all things considered... I didn't look that different. I was 23 and you bounce back from cancer. Don't you?

My mind riffled through images in my memory: the kindness of strangers; national service... Maud - with that raucous laughter she had, sharp wit and twinkle in her eye, southern charm oozing from every pore. Fernand, suave good looks that (according to Maud) still turned heads in the metro, too earnest at times, which made him the butt of some gentle ribbing from his wife. They'd been such a tonic! They were my best friend's parents-in-law who, before my illness, had never met me. Their hospitality, when I'd been transferred back to Paris, meant a lot. There'd be others whose kindness surpassed my wildest hopes – willing to visit a sick young man in hospital, take him out, feed him, let him stay in their homes between treatments, never asking for anything in return.

New Caledonia – where I'd been posted after 6 months military training in France. It was at the end of that stint that I'd been diagnosed and had had to be repatriated.

The South Pacific, shades of aquamarine and jade rippling on the surface of the sea, sunsets to die for... I had hoped for Tahiti, but it was not to be. New Caledonia was a paradise of itself: the Isle of Pines with its pristine beaches and the sweet scent of sandal wood. I'd been very fortunate. There were far worse postings amid the smattering of overseas territories that still belonged to France!

Come to think of it, a man had been flown in by air ambulance from Moruroa, the atomic site to the north of Tahiti, a few months earlier. In 1980, the French government hadn't yet abandoned their nuclear tests on the atoll. The doctors at Percy Hospital had donned special suits that made them look like astronauts. They'd fought hard to save him, but he never stood a chance. Every part of his body had been irradiated. He lasted 3 days. Maybe Tahiti wasn't such a good call after all!

Footsteps on the stairs. It was the charming nurse bringing me my steak. Tomorrow the 2-week course of chemotherapy would start and I wouldn't have the stomach for it but, for now, I was going to make the most of it!

I don't know why I'd felt compelled to come in early to watch the movie. I didn't want to miss it, any part of it. Here, in this small room, under the ward, it had taken on a special, almost mystical significance, for me at least.

"Jesus of Nazareth" is very long – 382 minutes of film. French TV had decided to screen it over several episodes on Sunday evenings. It was dubbed but still immensely powerful. They say that Robert Powell, who played Jesus, was deeply affected by his role. The director was Franco Zeffirelli, so it was bound to be good. I looked at my watch. 10 minutes to go. I tucked into my steak.

Did God know that cinema was the medium of choice to impact me, to pierce the sinews of my heart? As a tiny child, I'd been spoon-fed to the whirr of an ancient 8mm projector, my eyes riveted on the flickering images of Laurel and Hardy, Chaplin, Disney characters and so forth... The older me had attended church, Sunday school, but the liturgy had just washed over me. I would clean my mother's glasses during service to occupy the time, recite the words without really understanding them. To my

young mind, the hymns seemed antiquated, dreary, couched in language from a different age. As an adult, Christ had meant little to me. And yet here I was, eagerly awaiting "His" story.

Not that I was indifferent to religion. I'd grown up in an Islamic country, and religion was everywhere. The call of the muezzin, exhorting Muslims to prayer punctuated my days under the hot Moroccan sun. A few Christian churches had survived from colonial times and Casablanca even had a catholic cathedral but the French educational system was staunchly secular - at school God simply did not exist. In those days, my father Henri, a Frenchman, rarely accompanied us to church. It was therefore my English mother, Gill, who insisted I came with her to the little Anglican church of St John's in the heart of the city. Little did I know how important that insistence would prove to be.

As human beings, we love stories and I'd never realised what a master storyteller Jesus was. He taught through oral parables, using the society of His day to illustrate and make a point. Why? Because people remember stories and pass them on to others. It's a great way of getting under the radar. And yet, on paper, the account of His life had never really impacted me as maybe it might.

I'd invested a huge part of my life in theatre and film and this was the medium of our times. On this occasion, with the gospel portrayed on the screen, I'd been gripped. I flicked on the TV and turned down the volume, as the remnants of the previous programme played out. Here was I, someone who'd never really bought into this man Jesus about to watch an actor with no faith of his own, enacting the story of His life. The irony was not lost on me! I smiled.

The title flashed across the screen, I nudged up the volume, scenes from the previous episode whipped past my eyes. "Blessed are the poor in spirit, for theirs is the kingdom of heaven..." The words fell from Jesus' lips. I was poor in spirit, wasn't I? Had I even considered what it meant to have a spirit? "Blessed are those who mourn, for they shall be comforted..." Two friends of mine had died in this very hospital, leukaemia and ... some other vile affliction. Another friend from my infantry unit, I heard, had been blown up in a tank; I was acquainted with grief in other ways... "Blessed are those who hunger and thirst for righteousness for they will be filled... Blessed are the peacemakers, for they will be called children of God." The words seemed to have been directed straight at me. Yes, I could relate to that.

It was here, in the basement of a dreary hospital, far from home, family and loved ones, with barely a few francs to my name, that I sat ... precariously poised, facing an uncertain future. Alone, contemplating the pieces of the jigsaw that had brought my life up to this point. And it was here that Jesus spoke to me.

Through the medium of film, through the kindness of strangers, in a place of suffering, death and healing, He had stepped into my life. I realised, for the first time but not the last, that security, peace, companionship and a sense of wonderment lie in allowing Him to do so. I would go astray many times in my life, sadly I still do! I still kid myself that I can "fix" things, face whatever life throws my way. Independent and headstrong, I have wandered off in my own direction and oftentimes lived as if He'd never crossed the threshold into my life. But He keeps on knocking... patiently waiting. And when I bother to look carefully, the pieces of the jigsaw start to appear. Times come into focus when He's tried, gently, to coax me away from situations and

habits. I start to see the safety nets he's laid, lovingly, in anticipation of my needing them. People who've been there for me through difficult times, who've drawn a rainbow in the sky and loved me ... and I step back in awe. In moments such as these I experience the closeness, comfort, freedom His presence brings.

John Grostin

REFUGEES

How do we feel about refugees? A challenging narrative to be read top to bottom and then again upwards - bottom to top - which may cause us to question our viewpoints.

*They have no need of our help
So do not tell me
These haggard faces could belong to you or me
Should life have dealt a different hand
We need to see them for who they really are
Chancers and scroungers
Layabouts and loungers
With bombs up their sleeves
Cut throats and thieves
They are not
Welcome here
We should make them
Go back where they came from
They cannot
Share our food
Share our homes
Share our countries
Instead let us
Build a wall to keep them out
It is not okay to say
These people are just like us
A place should only belong to those who are born here
Do not be so stupid to think that
The world can be looked at another way*

Now read again this time, upwards - bottom to top.

Brian Bilston

This month we shall look at three more Saints, St James, St Peter and St John depicted in St Mary's Church, Dedham. They appear in the central three panel window on the north side of the chancel and again are shown with symbols representing their lives and ministries. Each are labelled in a text ribbon. This triumvirate of Apostles: St Peter and the two brothers St James and St John who were sons of Zebedee, appear to have been especially favoured and trusted by Jesus. They were the only Apostles to accompany Him at three important events: The Raising of Jairus' Daughter (Mark 5:35-43), The transfiguration of Jesus (Matthew 17: 1-5), and, Jesus' Agony in the Garden of Gethsemane (Matthew 26: 36-46).



Middle window, North side of the chancel, left panel
St. James.



Middle window, North side of the chancel, centre panel
St. Peter.



Middle window, North side of the chancel, right panel
St. John

In the left hand panel we see “Stus Jacobus major” (Saint James the Greater). The use of “major” is to distinguish him from the other apostle James and, in this case, signifies he is older rather than necessarily more important. St James is the Patron Saint of Spain and though there is no Biblical reference to his travelling to Spain later historians assert that he did.

The legend says that after his martyrdom his remains were taken to and buried in what is now Santiago de Compostela in Galicia in northern Spain, which is named after him. The journey on foot from the northern Pyrenees along the Camino de Santiago to Santiago de Compostela has become the most popular pilgrimage route in Europe.

Thus St James has become the Patron saint of pilgrims and in this depiction holds a pilgrim's staff in his left hand and a Bible in his right hand signifying his evangelism in Spain. In addition his robes are embroidered with scallop shells, a symbol of the Santiago pilgrimage and pilgrimages in general. This probably arose from the fact that those who completed the Camino de Santiago would collect a scallop shell from the shores of Galicia as a sign that they had made the pilgrimage.

In the central panel we see "Stus Petrus princeps apostaloru" (St Peter foremost of the Apostles). He was also known as Simon Peter. The foremost because the Bible tells us that Jesus singled him out and said "*you are Peter, and upon this rock I will build my church*" (Matthew 16: 18). St Peter also holds a Bible not only signifying his evangelism across the Roman Empire and into Rome, but also that the New testament includes two of his epistles.

In his right hand he holds two overlapping keys: one gold and one silver, and these represent Jesus' promise to give Peter "*the keys of the kingdom of Heaven*" (Matthew 16: 19). This suggest that through his faithful teaching of the Gospel Peter will open the door to the kingdom of heaven to those who respond in faith. Peter is regarded as the first Pope and the Papal seal of the Holy See has had the symbol of the crossed keys on it since the 14th century, and the Vatican has had them on its flag since the early 19th century.

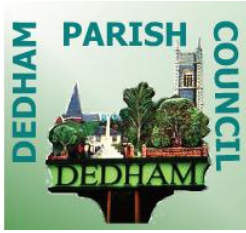
In the right hand panel we see "Stus Johannes discipulus dilectus" (St John the beloved disciple). St John the brother of St James wrote one of the New Testament Gospels. In it are several references to "the disciple Jesus loved" (John 13: 23; 19: 26; 20: 2; 21: 7; 21: 20) and it seems likely that this is John describing himself as such. St. John also holds a Bible, but in this case it is open, and one can read "In principio erat verbu" the opening line of his gospel, "*In the beginning was the Word*" (John 1: 1.) In his right hand he holds a quill signifying his authorship of the Gospel. At his feet stands an eagle carrying a text ribbon "*Verbu caro facti es*" (The Word became flesh) (John 1: 14) another line from St John's Gospel.

Adrian Beckingsale

The Camino de Santiago, or in English, the Way of St. James, is a network of pilgrims' ways or pilgrimages leading to the shrine of the apostle James in the cathedral of Santiago de Compostela in Galicia in northwestern Spain, where tradition holds that the remains of the apostle are buried.

Created and established after the discovery of the relics of Saint James the Great at the beginning of the 9th century, the Way of St. James became a major pilgrimage route of medieval Christianity from the 10th century onwards. But it was only after the end of the Granada War in 1492, under the reign of the Catholic Monarchs Ferdinand II of Aragon and Isabella I of Castile, that Pope Alexander VI officially declared the Camino de Santiago to be one of the "three great pilgrimages of Christendom," along with Jerusalem and the Via Francigena to Rome.

Editor



DEDHAM PARISH COUNCIL OCTOBER 2024 MEETING NOTES

The Council agreed to the appointment of Gill Neville as chair and re-appointment of Lucy Goodall as Vice Chair.

Public Forum

The chair of Munnings Trust stated they wanted to use some of their land for a dog exercise area. It was agreed this would need further discussion at the next meeting.

Election of Councillors for sub-committees

They now are:

Finance, Standards and Procedures Group:

Cllr. Paul Harrison (Chair),
Cllr. Mole, Cllr. Neville, Cllr. Sneddon.

Community environment Group

Cllr. Mole (Chair), Cllr. Main, Cllr. Goodall,
Cllr. McLaughlin.

Planning:

Cllr. Bourn (Chair), Cllr. McLaughlin, Cllr.
Mole, Cllr. Martlew.

Traffic/Parking:

Cllr. Neville (Chair), Cllr. Goodall, Cllr.
Main, Cllr. Sneddon.

NEPP Sub Group:

Cllr. Mole, Cllr. Neville, Cllr. Goodall.

River Management Group:

Cllr. Goodhall (Chair), Cllr. Mole, Cllr.
Bourn, Cllr. McLaughlin.

Personnel Committee:

Cllr. Harrison (Chair), Cllr. Mole, Cllr.
Neville.

Social Media Policy and Grant application policies were agreed.

Community Environment

It was agreed to support refurbishment of railings adjacent to Duntons Almshouses, Crown Street.

The Council agreed not to support request to resite the fish and chip van from Parsons Field to the High Street.

It was agreed to proceed with purchase of goalposts for children to be used on the playing fields.

There was an update on progress for re-forming the Youth Club in the village.

Planning Group

The Council had no comments on the planning applications currently progressing.

Traffic & Parking

There has been a lot of concern about the speed of the agricultural vehicles travelling through the village at the moment.

It was agreed to investigate a Speeder Bot as operated in the village of Stanford Rivers.

River Management Impact

Cllr. Goodall met with Bures Parish Council as they are having similar problems at their river with anti-social behaviour. As a result, there is another meeting planned with Babergh council.

The group is also progressing with signs for the bridge with a specific message given to the public.

The group is awaiting full report from the Suffolk Wildlife on the environmental survey of the river area.

The Manningtree environmental group has been taking readings on the river quality at Dedham for September which is still poor compared to the rest of the river.

A conversation has been had with the landowner of the field at the river as there has been vandalism near the field towards Flatford close to the footpaths, where electric fencing had been taken down, endangering livestock.

Date of next meeting: Monday 4th
November 2024 at 6.30 p.m.

*Councillor Douglas Bourn
on behalf of the Parish Council.*

<https://www.dedhamparishcouncil.co.uk/>



How you wrap gifts counts for a lot, too. A lot of wrapping paper (those containing glitter and metallic elements like foil) is unfortunately not recyclable.

Consider buying brown paper and decorating with festive accessories like dried oranges and pinecones, or create your own festive prints with paint or stencils.

For a swifter wrapping experience, you could use Furoshiki wrapping cloth to make presents beautifully presented, with ease.

www.dedhamparishcouncil.co.uk/sustainablededham/



GREENER DEDHAM - SUSTAINABLE CHRISTMAS GIFTING

Have a go at making your own edible festive treats, such as gingerbread, jam, chutneys and cider. This is also a perfect approach for the person who has everything, and is a great way for more economical gifting, too!

If you'd like to have a go at making your own goods, but cooking or baking isn't really your thing, items like bath bombs and candles are surprisingly easy to make (you can even buy at home kits to make the process even simpler). To make the process even more environmentally friendly, opt for using old jars and ceramic pots (such as old candle containers you already own).

If you do want to gift something new, consider buying gifts that are re-fillable. There are a wealth of options out there now, including re-fillable makeup and home fragrances.

DUNTONS ALMSHOUSES

A vacancy has arisen in our Almshouses in Crown Street, Dedham, available from 1st January 2025.

The Almshouses offer an opportunity for independent living to applicants over 60 years of age and currently living in Dedham or specific nearby villages.

The available property has an upstairs bedroom with all other facilities downstairs.

If you are interested in the vacant property please email the Clerk at clerk.duntons@gmail.com for further information.

Closing date for applications Friday 8th November 2024.

WEAR YOUR POPPY WITH PRIDE

The poppy is a well-known and well-established symbol, one that carries a wealth of history and meaning; wearing a poppy is still a very personal choice, reflecting individual experiences and personal memories.

During WWI, much of the fighting took place in Western Europe. The countryside was blasted, bombed and fought over repeatedly. Previously beautiful landscapes turned to mud; bleak and barren scenes where little or nothing could grow.

There was a notable and striking exception to the bleakness - the bright red Flanders poppies. These resilient flowers flourished in the middle of so much chaos and destruction, growing in their thousands upon thousands.

In the Spring of 1915 shortly after losing a friend in Ypres, a Canadian doctor, Lieutenant Colonel John McCrae was moved by the sight of these poppies and that inspiration led him to write the now famous poem 'In Flanders Fields'.

In Flanders Fields by John McCrae

*In Flanders' fields the poppies blow
Between the crosses, row on row,
That mark our place: and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.*

*We are the dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders' fields.*

*Take up our quarrel with the foe;
To you from failing hands we throw
The torch; be yours to hold it high,
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders' Fields.*

The poem then inspired an American academic, Moina Michael, to adopt the poppy in memory of those who had fallen in the war. She campaigned to get it adopted as an official symbol of Remembrance across the United States and worked with others who were trying to do the same in Canada, Australia, and the UK.

Also involved with those efforts was Anna Guérin who persuaded Earl Haig, one of the founders of the Royal British Legion, to adopt the poppy as their emblem in the UK.

The Royal British Legion (RBL), which had been formed in 1921, ordered nine million poppies and sold them on 11 November that year. The poppies sold out almost immediately. That first 'Poppy Appeal' raised over £106,000 to help veterans with housing and jobs; a considerable sum at the time.



RBL Pedal to Paris 2024 group at Les Invalides, Paris. A total of 400 miles cycled in four stages.

Remembrance Day

Today, 40,000 volunteers distribute 40 million poppies each year and raise millions for the RBL.

In addition to the act of remembrance the Poppy Appeal also raises funds for the RBL who help members of the Royal Navy, British Army, Royal Air Force, veterans and their families with support. This support includes Physical and mental wellbeing, Mobility aids and equipment grants as well as Financial and employment support.

Indeed 90,000 people turn to the RBL for help each year. Many face life changing or life limiting situations and struggle with things that we might take for granted.

The RBL obviously raises significant amounts during the Poppy Appeal, but also supports other fund raising efforts; including the annual London to Paris Poppy Ride and the annual London Poppy Day. You can see more about the RBL's fundraising efforts that you might get involved in at www.britishlegion.org.uk



Goldsbrough Family (Ex Airforce, Army, Navy,) with the actor Ross Kemp at Fenchurch Street during London Poppy Day.

Remembrance in the UK today is very different than it was 100 years ago. People take part whatever their political or religious beliefs, but the poppy remains a humble, poignant symbol of

Remembrance and hope – as you wear your Poppy with pride this year be aware that you not only are marking an act of remembrance for those that have given the ultimate sacrifice during military conflict, but you are also supporting your Armed Forces, Veterans and Military Families. Thank you.

*Lieutenant Colonel (Retd)
Malcolm Norman*

QR code for
www.britishlegion.org.uk



This year the Poppy Appeal runs from Thursday the 24th of October to Remembrance Sunday, the 10th of November. We will once again have a stall on the Royal Square and during this time there will also be volunteers carrying out house to house collections.

We are also keen to identify new volunteers to continue the invaluable work of the Royal British Legion and any local businesses that would like to get involved, by having a collecting tin during the Poppy Appeal Campaign.

Also, if anyone requires Poppies or other Remembrance items, and you are not able to attend the stall, please feel free to make contact. I am more than happy to deliver items around the village. I can be contacted on 07941 952125.

Many thanks, Arin Andrews

SEEK OUT THE LAST LITTLE JEWELS OF COLOUR IN THE GARDEN THIS MONTH.

I should be clear, this is not my favourite time of the year. The seasons have definitely turned and with the clocks changing, I rise and finish work in the dark. It's getting chillier and I refuse to have the heating on until my fingertips turn a kind of greyish colour (a nice fire is better anyway).

My mood – like my garden – feels worn out and bedraggled and generally un fun. One antidote – apart from a fire and the cosy hot water bottle of a Scottish terrier on my lap – is a bit of retail therapy: like a quick trawl through the end of the bulb sales for some cheery tulips at bargain prices.



Scotty leg warmer

Or I'll take advantage of bare-root season (typically November to February) to add more roses to the borders. You

can usually find a much wider range available as they are often lifted and despatched fresh from the field (rather than vying for limited space on a nursery display bench). They are usually better value for money and they take better too.

Don't be disappointed when they arrive. They won't look like much: twiggy, cut back and with damp muddiness around (bare) roots, but with a bit of a



Roses and Toadflax

soak and planted quickly, they'll take advantage of any milder spells to get their roots down and will be ready to suck up nutrients and burst into growth as soon as they sense spring.

As I'm giving a light prune to taller and more vigorous roses to prevent damage by wind-rock, I'll take hardwood cuttings this month. They don't always succeed as a lot of roses are grafted on onto the roots of stronger plants, but it's

very satisfying when the magic does happen.

Look for fairly recent growth that hasn't flowered and is about the thickness of a pencil. Cut straight across just below the point where a leaf meets the stem (called a node), then – about 15cms further up (about the length of your secateurs) – cut diagonally just above a leaf node. The diagonal cut doesn't really do anything to help rooting it just reminds you which is the top of the cutting, so you don't plant it upside down (upside-down cuttings definitely won't grow).

Put the cuttings around the edge of a deep plant pot – you can dip them in some hormone rooting powder or gel if you like, but it's not essential – making sure to leave enough space at the bottom of the pot for the cuttings to grow roots.

Find an out of the way spot and leave them to get on with it. Check on them every month or so, especially if it hasn't rained, so they don't dry out but don't expect to see much action until later in spring when you'll hope to see some signs of fresh growth. I usually leave mine untouched for 18 months or so, pulling out any that die and keeping the pots watered through summer until I'm ready to pot each cutting on individually. As well as roses, plenty of shrubs can be propagated this way; try Cornus, Euonymus, Hydrangea and Salix as well as fruit bushes.

With dahlias done and frost blackening the foliage, they're cut back, their tubers lifted, and I fill the gaps they leave with tulips. I bury the bulbs good and deep – deeper bulbs mean stronger stems apparently – and I can then drop dahlias in on top of them come the start of summer as the tulip foliage dies back.

I take pleasure in anything still blooming right now and there's still some colour in places. A few sheltered spots

shine with shockingly pink trumpets of *Salvia microphylla* 'Cerro Potosi' or the sumptuous, glowing purple *Salvia x Jamensis* 'Nachtvlinder'. These shrubby salvias tend to be hardier than some of their cousins and mine usually make it through the winter. Don't cut them back until spring and their shrubbiness will give some frost protection to the delicate crown at ground level.



Chrysanthemum

Chrysanthemums are also a stalwart at this time of year. Maybe you're growing the bigger bloomed varieties under glass, but hardy spray types are giving it their all in my borders. I have an unidentified small-flowered pink variety that looks amazing and clumps up rapidly to put on a great display every year.

Whatever is still flowering in your gardens, do try and get out to enjoy it before everything gives up for winter and we pack in the gardening in favour of fires, heating and a toasty Scottie or two!

Elliott Frisby

dedhamgardening.wordpress.com - QR code



ARDLEIGH SURGERY.

In a speech at the Labour Party Conference September 2024, Wes Streeting called for a tech- and data-driven reform of the NHS. So, from next year all GP practices nationally will be contractually required to adopt digital consultation as the primary mode of consultation. It is hoped that this change will improve access to services.

After researching the various digital patient interface platforms available on the market we decided on Anima, a secure and easy-to-use online system that will help you get the care you need more quickly and conveniently.

We recognise that this change will feel unsettling at first especially for those less familiar with technology. You will still have access to the surgery by phone or in person. We believe that as more people use Anima it will reduce demand on our phone lines and making contact will become easier for all.

Advantages are there will be no more morning rush; no need to call at 8 am for an appointment. Easier access from the touch of a button using your computer, tablet, or smart phone.

Efficient responses: our clinical team will respond to you with the best course of action, which may include advice by email, text phone or arranging a face-to-face appointment.

Anima will go live by the end of February 2025. Prior to this we will be sending you links to register with Anima using a mobile number or email address that we hold for you. Please update us with your correct contact details. If you have no mobile or email please do not worry, you will still be able to call the surgery and a resolute team of receptionists will fill in the Anima form for you. To learn more about Anima please search for animahealth.com on your preferred search engine.

Dr Rob Lenart retires as a partner at Ardleigh surgery on the 30th of November 2024. Dr Michelle O'Carroll will start work in his stead on the 1st of November 2024. We wish him a happy retirement and welcome Dr O'Carroll into the team.

Lastly, please do book an appointment for your flu vaccination. If you have an appointment at the surgery for another matter, the clinician would be happy to give you the vaccination then for your convenience. Please support your local surgery by having the flu vaccination with us.

Ardleigh Surgery Doctors



NOVEMBER

Green your home. Combat climate change and reduce heating costs by identifying and sealing drafts around your home. Find the gaps that let the cold air in and warm air out (think keyholes, letterboxes, cracks around the edges or bottoms of windows and doors, loft hatches, floorboards, etc.) and fix these gaps using the correct materials and online tutorials.

Additionally, place foil or radiator panels to reflect heat into your room.

Pray for those who might be experiencing the cold this winter.

KEEP IT BRIGHT IN POOR LIGHT

With the dark mornings and evenings now upon us, this is a good time for everyone in our village to look at road safety. The message is clear: if you're walking or cycling in Dedham at dawn or dusk, you need to be sure that motorists and van drivers can see you.

Our local Community Speed Watch (CSW) volunteers are only too well aware of the growing danger of drivers speeding through Dedham to and from the A12. Many drivers are still breaking the speed limit at speeds of up to a record 71 mph in a 30 mph limit.

But even a slow-moving vehicle is a danger to cyclists and pedestrians if the driver can't see them on a dark morning or evening.

BE A BRIGHT RIDER NOT A DARK RIDER

Top priority must be children cycling to and from school. Do please get them to wear high-visibility tops and safety helmets. Parents can buy a hi-vis vest for the price of a cup of coffee these days – and it could save a child's life.

Another key danger point is the Long Road in Dedham, which for most of its length has no pavements. Anyone walking along the side of this road – and especially children – should wear hi-vis clothing. It should be as normal as fastening your seatbelt before a car journey.

John Towner

BE A VOLUNTEER

Your local CSW team are doing our best to persuade drivers to keep their speed down. We're always looking for new volunteers to join our friendly group. So if you can spare a couple of hours a month, enjoy fresh air and want to help keep our community safe, please get in touch for a chat to find out more.

Steve Redmond

CSW co-ordinator. Tel: 07879 690485

CHURCH ORGAN REPLACEMENT PROJECT

On the afternoon of Sunday 6th October, the 4-man team from Nicholson's arrived at Dedham Church to start the installation process. One of the early tasks was to remove the facade pipes for cleaning and painting, as these were going back to Malvern. On the morning of Monday 7th October, the lorry arrived with its precious cargo and just over 2 hours later it was all unloaded and stored in the church.

The team then set about the housekeeping ready to take parts up to the organ loft. Areas of the church are barricaded off for health & safety reasons. Work continues in church until hand over, no later than 22nd November. The scaffolding will then come down around Monday 25th November, when again the church will be closed. The installation work may be completed earlier, depending on progress.

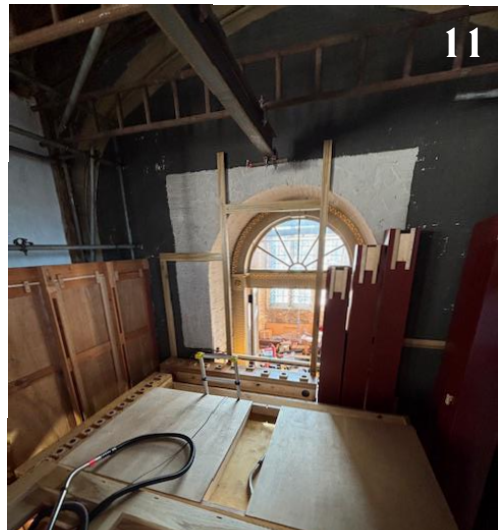
The following two pages of photos show stages in the work, preparing the church, arrival of the lorry, unloading and storing the organ parts and installation work on organ loft.



Photographs:

Gabbie Watson, Margaret Kitson,
John Goldsbrough and Nicholson's.





1. The Scaffolding in place.
2. The empty organ loft.
3. The South Aisle ready to storage.
4. The lorry arriving in Dedham.
5. Antony Watson and Margaret Kitson.
6. Unloading components.
7. One of the long wooden pipes.
8. South aisle storage.
9. Items ready to be lifted in place.
10. Wooden pipe being lifted into loft.
11. The upper part of the organ loft.
12. Working on the framework.

DEDHAM ART SOCIETY

We are an amateur group who enjoy painting regularly. Occasionally we have guest tutors, the rest of the time we help each other, beginners welcome.

If you require any information about the Dedham Art Society please contact us by email at dedhamartsociety@gmail.com or visit our website at <http://www.dedhamartsociety.co.uk>

Thursday 14th November 2024

Assembly Rooms - 2pm-4.30pm

Painting together session

This week's optional painting theme is birds and nature.

Thursday 28th November 2024

Assembly Rooms - 2pm-4.30pm

Painting together session

This week's optional painting theme is interiors.

Dedham Art Society Exhibition

Mon 25th Nov to Sun 1st Dec, 2024



Charity Art Exhibition in aid of
East Anglia's Children's Hospices
at The Sentinel Gallery, Wivenhoe
Official Opening, All Welcome
Monday 25th Nov, 2024 ~ 6 to 7.30pm
Then daily
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www.dedhamartsociety.co.uk

LITTLEGARTH COTTAGES TRUST

VACANCY

Littlegarth Cottages Trust have a vacancy. The Littlegarth Cottages Trust was the gift of Miss Betty Mallett to the community. The Trustees of the Trust set up to administer the gift are the Churchwardens.

All income from the Trust is used to maintain and improve the properties.

The terms of the Trust Deed limits occupation "to house those in need or those who are elderly and in need or to use the Trust assets for the furtherance of religious and other charitable works"

The vacancy is for a two bedroom property. If you think you may qualify or if you would like further information please contact:

Mrs Tracy Woods,
Clerk to the Trustees,
c/o The Parishes Office,
Assembly Rooms
High Street,
Dedham CO7 6HJ
01206 32392 I

littlegarthcottagetrust@gmail.com

Closing date for applications 27th
November 2024

THE BIG BREAKFAST



THE ASSEMBLY ROOMS

Saturday 16th November, 8.30am to 11.30am

Pay on the door by donation.

DEDHAM YOUTH CLUB

Dedham Youth Club re-started on Friday 25th October in the Duchy Barn. It runs from 7.30pm to 9.15pm and the entrance fee is £2.

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Saturday 14th December

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STOUR CHORAL SOCIETY



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Accompanist — Stephen Smith

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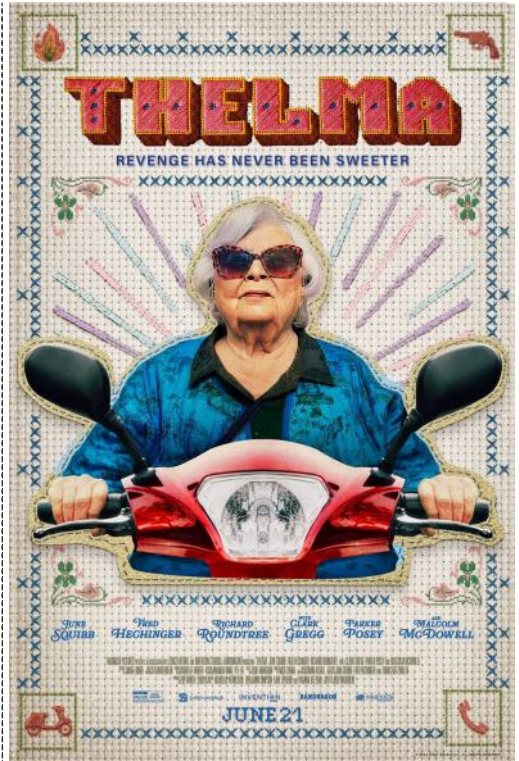
THELMA Directed by Josh Margolin (12) 2024

Wednesday, November 20, 2024
Assembly Rooms 7:30 PM - 10:00 PM

Squibb, who did most of her own stunts in the film, plays Thelma Post, a feisty 93-year-old grandmother who gets conned by a phone scammer pretending to be her grandson (The White Lotus' Fred Hechinger) and sets out on a treacherous quest across Los Angeles, accompanied by an aging friend (Richard Roundtree) and his motorized scooter, to reclaim what was taken from her.

Starring June Squibb, Clark Gregg, Fred Hechinger, Parker Posey.

Tickets £5 will be available online on our website or in person at St Helena Hospice shop in Dedham High Street or on the door or our Box Office on 0333 666 4466



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SUNDAY 17th NOVEMBER 4pm at St Mary's Church, East Bergholt
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More information online: www.svam.org
Brochures at Grier and Partners Estate Agent from 1 August.
For season tickets contact Doreen Weatherall: 01206 298426 or

svamtickets@btinternet.com

NOVEMBER 2024

- Sunday 3rd at 9.30 am - Dedham Church - Rise and Shine.
- Sunday 3rd at 5.00 pm - Evensong.
- Monday 4th - 12.30pm, Monday Lunch Club, Essex Rose Tea Room.
- Monday 4th - 6.30pm, Dedham Parish Council Meeting, Duchy Barn.
- Sunday 10th - 10:45am, Dedham Church - Remembrance Sunday.
- Thursday 14th - 2pm - 4.30pm, The Assembly Rooms, Dedham Art Society, Painting together session.
- Saturday 16th - 8:30am to 11:30am, The Big Breakfast.
- Sunday 17th at 9.30am, Dedham Church - Matins.
- Wednesday 20th at 7.30pm, The Assembly Rooms - Dedham Films, **THELMA** directed by John Margolin (12) 2024.
- Sunday 24th at 9:30am, Dedham Church - Holy Communion.
- Monday 25th - Dedham Church closed for removal of scaffolding. (subject to change.)
- Thursday 28th - 2pm - 4.30pm, The Assembly Rooms, Dedham Art Society, Painting together session.
- Saturday 30th 1:30 - 4:30pm, Dedham Christmas market.

WEEKLY EVENTS

Monday

- Meet up Mondays - The Sun Inn, 11am to 12pm.
- Social Table Tennis - Dedham Sports Club, 10:30am to 12:30pm.
- Watercolour Painting Group, Duchy Barn, 10am to 12pm.
- Mobile Post Office - Royal Square 13:30 to 15:30.

Tuesday

- Coffee morning - The Duchy Barn, 10:30 to 12pm.
- Mobile Post Office - Royal Square 09:00 to 11:00.
- Dedham Baby and Toddler Group Dedham Sports Club, 10am to 12pm (Term time only)
- Dedham Carpet Bowls Club - Dedham Sports Club, 7pm to 9pm.

Wednesday

- Bridge in Dedham - Assembly Rooms, 1.30-5.00pm.

Thursday

- Coffee morning - The Duchy Barn, 10:30 to 12pm.

Friday

- Dedham Youth Club - The Duchy Barn, 7.30pm to 9.15pm.



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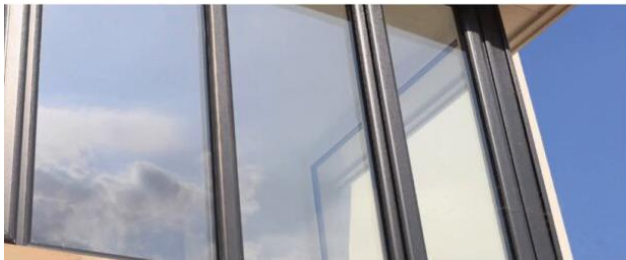
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