





### Who We Support (All Ages, All Abilities)

When we first began offering services as The CP Center in 1953, we provided therapies only to children with Cerebral Palsy (CP)... and Autism was not yet a recognized diagnosis. Today, less than 5% of the individuals we serve have CP as a primary diagnosis. Over the past year, our staff provided *comprehensive supports* and services that enhanced the everyday lives of nearly 3,000 individuals with a wide variety of diagnoses and conditions across 22 Central PA counties.

### **COUNTIES SERVED**

- Adams
- Lebanon
- Centre
- Luzerne
- Clinton
- Lycoming
- Columbia
- Mifflin
- Cumberland
- Montour
- Dauphin
- Northumberland
- Franklin
- Perry
- Fulton
- Schuylkill
- Huntingdon
- Snyder
- Juniata
- Union
- Lancaster
- York

If you TREAT an individual as he is,

he will stay AS HE IS...

BUT if you TREAT

him as if he were what

he *ought* to be

and could become..

he will *become* 

what he ought to be

and COULD BE.



### What We Do

For the past 70 years, UCP has grown, evolved, and adapted both our service line and our delivery model to meet the ever-changing needs of the individuals and families we support. We have embraced technological advances and responded with innovative approaches. Amid ever-changing times and ongoing economic uncertainties, one thing remains constant: our commitment to forge a better life for people of all abilities.

### How We Do It

UCP relies on a core set of principles that guide both our everyday operations and our future planning, and which form the basis of our agency-wide recognition program. We call it "Living the Principles." The program recognizes and rewards staff for modeling the principles that demonstrate who we are and what we do on our best days. As such, it was designed to allow UCP to recognize more staff, more often, for the vital work we do.

### MCP Services

- Agency with Choice
- Childhood and Ancillary
  - Early Intervention
  - Family Support
  - Assistive Technology
- Community Participation Supports
- Employment
- Home and Community
- Residential

# Core principles • Person-focused

- Communication
- Connected
- Innovation
- Inspiring Leadership
- Teamwork



## Agency with Choice Participant Directed Services

Agency with Choice (AWC) is a support service model that gives individuals with Intellectual/Developmental Disability or Autism (IDD/A) the freedom to direct their own services, both at home and in the community. This leads to greater choice and control over where, when, how--and most critically, by whom--those supports are delivered. UCP's role is to offer administrative and employer-related guidance and support.

# By the numbers...

865 individuals supported

1.240 employees

Central PA counties served

1,081,104 service hours delivered

**Learn more:** referrals@ucpcentralpa.org or 800-998-4827

# Josh's Story

Thanks to UCP's Agency with Choice service model, Josh Z, 24, chooses who he hires, what rate he pays, and what schedule he keeps.

In September 2019, Josh chose his oldest sister Reba to become a paid employee through AWC. Reba has been working one-on-one with Josh at her home, in her barn, and out in the community ever since.

Mom Vera became a second paid support professional when a number of community-based programs and social opportunities shut down due to Covid. "I can't even describe what a blessing this service model has been to us," Vera says. "I give all the credit to UCP. The parents know their child best; they know best how their child functions. Through Agency with Choice, parents are given the opportunity to spend focused time working with their child in developing skills and talents that are meaningful to that child."

The consistent support from trusted family has allowed Josh to expand his artistic horizons. An accomplished watercolor artist, he now sells his creations at various locations in and around the Lititz/Ephrata area. He has created the cover art for UCP's employee birthday cards, and was a featured vendor participant at UCP's Staff Retreat, and again at our 70th Anniversary Celebration in December 2023.

Visit Josh's shop on Etsy: https://www.etsy.com/shop/ArtByJoshZ







It has been so awesome, working at home with my son. It almost makes me want to cry just thinking that such a thing exists. The best part is he's less stressed, more cheerful, more himself. And it shows."

~ Vera Z, Mother and Support Service Professional for Josh

### Childhood & Ancillary

Early Intervention/Family Support/Assistive Technology

- Early Intervention (EI) services support the cognitive, motor, communication, and social development of infants and children who have or are at risk for developmental delays. Through targeted, evidence-based strategies, we help foster early growth and skill development, thereby laying a strong foundation for future success.
- Family Support Services (FSS) offer a broad system of support and activities that are focused on the wellbeing of the entire family unit.
- Assistive Technology (AT) Services improve lives and enhance independence at home, at school, at work, and in the community.

## By the numbers ...

334/356/1042
individuals and families supported

**26** employees

**12** Central PA counties served

4,63/El service hours delivered

**Learn more:** referrals@ucpcentralpa.org or 800-998-4827

# Gabby's Story

It didn't take long to figure out that Gabby is small but mighty. That she and her mom have a special connection. And that her smile can light up a room.

Sara A. delivered Gabby in October 2008 at full term following an uneventful pregnancy. While Gabby was initially on track with her development, by age one she had regressed to the point that testing was in order. While waiting for a diagnosis, Gabby began to receive Early Intervention (EI) therapies from UCP. There is no real way to quantify the impact that EI support has meant for Gabby, but Sara believes in her heart that it made a significant difference in both their lives. "Having a skilled therapist working one-on-one with Gabby, encouraging her, was huge," Sara explained. "It was a tremendous relief for me as well, knowing we were working toward a common goal: to help Gabby reach her full potential."

The two soon became active with UCP's Family Support Services, where they developed bonds, experienced kinship, and had plain, old-fashioned FUN with families going through a similar journey. Over the years, they have also received assistive technology equipment and devices free of charge from UCP's Changing Hands equipment reuse program.

Through it all, Sara has become an ambassador and ardent advocate of UCP services. Referring others to UCP has become second nature. She wants them to benefit from the same level of services and supports she and Gabby have received. Most of all, *she wants others to know they are not alone in their journey.* 



I know I'm going to continue to need help. I'm going to continue to need the support and guidance I've come to rely on from UCP.

And Gabby will one day in the not too distant future benefit from the innovative transition services UCP offers... whatever that may look like for her."

~ Sara A., Gabby's mom





### CPS Services

UCP's Community Participation Supports (CPS) provides adults with disabilities the opportunity to explore--and embrace--more of what life has to offer. We encourage and empower participants to build strong community connections by focusing on each individual's interests, strengths, abilities, and aspirations.

CPS offers individuals the prospect of forming and developing lifelong friendships, along with plenty of opportunities for meaningful community participation, including volunteerism.

### By the numbers...

188 individuals supported

78 employees

13 CPS locations

**7** Central PA counties served

132,593 service hours delivered

**Learn more:** referrals@ucpcentralpa.org or 800-998-4827

## Rusty's Story

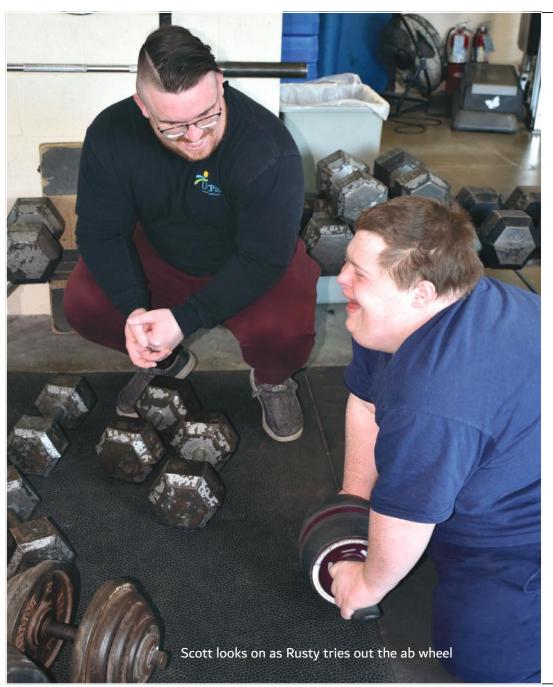
Middleburg CPS has given long-time participant Rusty J much more than a place to socialize, and pass the time. CPS has provided him with healthy relationships, opportunities to explore his interests, and when needed, an outlet for his frustrations. These can all be found in Rusty's trusting relationship with Direct Support Professional (DSP) Scott S.

Rusty, 33, has been involved in Special Olympics bowling and power lifting contests since he was 15 years old. Scott has a side gig as a personal trainer, so the two are a match made for the gym. The two regularly hit the weight room at the Middlecreek Area Community Center (MACC). On a recent visit, Rusty was excited to show off his ability to do a full circuit of strength training, including leg curls, bench presses, back pull-downs, squats, and shoulder presses. He even began showing off a bit for the camera, trying out a new piece of equipment—the ab wheel.

Rusty is all about structure, so the excursions to MACC give him something to look forward to. He also enjoys socializing with the other locals who frequent the Center. Scott says the benefits of making the gym part of Rusty's weekly routine are obvious to those who know him. He is getting healthier (growing stronger while losing weight). He is also able to work off pent up energy and frustrations and replace them with "happy hormones."

Scott says time in the gym serves as a good outlet for Rusty and for others with intellectual/ developmental disabilities, calling it "the cheapest form of therapy I know."







Any day Rusty and I can go to the gym is a good day for both of us. We get out, socialize, and let loose some pent-up energy. As a result, Rusty's behaviors have decreased. Making his day better is what it's all about."

~ Scott S., Direct Support Professional CPS Newport

### Employment Services

UCP Employment Services empower individuals to reach their career aspirations and excel in their chosen fields. Our dedicated Employment Specialists offer personalized one-on-one support, connecting individuals with valuable resources and opportunities. We assist in identifying potential employers, securing meaningful employment, and ensuring long-term success in competitive work environments.

## By the numbers...

- 54 individuals supported
- 31 employers currently working with UCP Employment Services
  - 6 Central PA counties served
  - 7 employees
- 3.656 service hours delivered

**Learn more:** referrals@ucpcentralpa.org or 800-998-4827

## Stacey's Story

Ask anyone who comes through the doors of Cracker Barrel in Harrisburg. They'll tell you Stacey H. is the "hostess with the mostest."

Stacey came to UCP four years ago after being referred for supported employment services by her Supports Coordinator. She initially sought work with a retail clothier. But as can often happen with first-time employment, Stacey's on-the-job experience revealed that it wasn't the best fit.

Together with UCP Employment Services Manager Chris H., who doubles as Stacey's Job Coach, she went back to the drawing board. This time, they found a match: Stacey was offered and accepted employment as a Hostess at Cracker Barrel Restaurant and Old Country Store in October 2021. There she greets and seats guests, and generally makes sure they experience Cracker Barrel's unique brand of "Southern hospitality."

Stacey had been working two days a week but was looking to increase her hours a good bit. Still, she enjoys her job so much that she made it clear she wouldn't leave her position If Cracker Barrel couldn't accommodate her request. Rather, she would just get a second job. After all, she's got a wedding to plan.







I like the people I work with a lot. I've got great bosses. Plus, I get a 50% discount on food and merchandise.

What can I say? I love my job at Cracker Barrel.

~ Stacey H. Hostess, Cracker Barrel Old Country Store

### Home & Community Services

UCP's Home and Community Services support individuals in leading fulfilling, independent lives in the comfort of their own homes and within the broader community. Our personalized one-on-one assistance helps individuals access ongoing skills training, engage in volunteer opportunities, participate in recreational activities, and more--all designed to foster independence and community involvement.

## By the numbers...

52 individuals supported

18 employees

**S** Central PA counties served

12,401 service hours delivered

**Learn more:** referrals@ucpcentralpa.org or 800-998-4827

## A Shared Story

Chance and Tyler first met when they became house-mates at Pathways Academy—UCP's independent living residence in Boiling Springs. It was the first time for both young men to be living apart from family, so there was the initial period of adjustment, getting to know each other, and learning to co-exist. To make things even more interesting, they had a cross-state sports rivalry to navigate as well: Tyler is a diehard Philly fan while Chance bleeds black and gold for Pittsburgh.

Still, it wasn't long before they began talking about the possibility of living together following their graduation from the Academy. In December 2019, they made the move to a two-bedroom apartment in Camp Hill. They have been living on their own with minimal supports ever since.

UCP Habilitation Specialists support the guys on a weekly basis, taking them shopping and helping them prepare meals. Their approach can best be summed up this way:: "Everybody has things we can and can't do. We focus on what we can do."

Both Tyler and Chance believed they would live with their parents into old age. They credit UCP for giving them the lessons, skills, and confidence they needed to consider making such a move, and for their success in doing so. In order to live out their lessons and manage their bills, Tyler, 28, works at Home Depot and Chance, 26, works at VGM Fulfillment. Four years in, each shared what he likes most about living on his own. "That's easy." Tyler said. "One word: independence." The reaction from Chance was similar. "Choice and freedom. Getting to do what I want to do when I want to do it."



Tyler (top) and Chance shop for and prepare dinners for the week with the aid of a habilitation specialist



### Residential Services

UCP Residential Services include 19 licensed homes, a respite home, and 10 supported living apartments, with support options ranging from a few hours to 24/7. All provide a nurturing family-like environment, rich with life experiences. Included in the licensed homes is Pathways Academy, a four-person transitional residence for individuals who desire to attain the knowledge and skills necessary to live independently. To date, we have had 16 "graduates" from the Academy, including the two young men featured in the Home and Community section of this Impact Report.

## By the numbers...

5/individuals supported

149 employees

**5** Central PA counties served

17,520 service hours delivered

**Learn more:** referrals@ucpcentralpa.org

## Beth's Story

Beth C. has been a resident of UCP's licensed community home in Enola since her mother was moved to an assisted living facility in 2020. Beth is personable, engaging, and has an astounding gift for recall, in particular for birth dates.

Beth routinely exercises her capacity to remember dates--while at the same time blessing others--by crafting and sending homemade birthday cards to pretty much anyone and everyone she meets. In fact, Beth's card outreach over the years has been so prolific that she was named "Best Birthday Wisher" by Reader's Digest Magazine in February 2016. "This is Beth's gift," her mother explained in the magazine. "Hers is a world of word and number association and constant observation."

At the time, Beth's birthday card circle numbered nearly 3,900 recipients... and it has only continued to grow since then. When one first meets Beth, she immediately asks "What day were you born?" Inevitably, her next question will be "Where do you live?" Then, she will store away both the date and the address in the meticulous memory bank that is her brain.

If you've been fortunate enough to make Beth's acquaintance, next time your birthday rolls around, rest assured you will receive a homemade birthday note from her... on precisely the right date... correctly acknowledging your age!







In 1970, my family became back yard neighbors with the Catlins. For the next 35 years we shared holidays, picnics, child sitting, and Bethie's talent of sending birthday cards.

My 94th birthday is in May. I have no doubt my card will be right on time."

~ Mary K., Beth's former longtime neighbor and grateful birthday card recipient

### Thank You to Our Contributors and Donors

Throughout our history, UCP has been fortunate to be able to rely on the generosity of a core group of supporters throughout the community, including businesses, organizations, families and individuals. This vital giving supplements our core human services funding and augments our ability to deliver quality services across a 22-county footprint. We want to convey our deepest appreciation and gratitude for these extraordinary financial contributions over the past year.

For a complete listing of 2023-24 donors, see pages 17-24 of this Impact Report.

Each time you give... you do more than make a donation.

You make a difference.

### Thank You to Our Volunteers

The caring individuals who volunteer with UCP come from all walks of life... and are often motivated to give back to their local community in some way. One characteristic they all have in common: *their efforts make a meaningful difference in the world around them.* 

No matter the area of service you choose, your time and talents as a UCP volunteer enhance our reach into the community and magnify the impact we have on the lives of people of all ages and abilities across central Pennsylvania.

We have individual and group volunteer opportunities, for as little as a few hours or on an ongoing basis. We invite you to explore various opportunities available throughout the year.

UCP volunteers are ordinary people ... with extraordinary hearts.

((

"Supporting UCP can be summed up in one word – amazing. It's an honor to be part of the UCP family and help individuals with differing abilities experience their own "life without limits" – whether it's through skills training, education, assistive technologies, or simple care and companionship."

~ Marisa Tokarsky, UCP Board Member and Chair of the UCP Community Relations & Development Committee



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Gretchen Morrison Mountain Valley Golf Mountz Jewelers

Munn's Diamond Gallery

Nikolay Nakariev

National Baseball Hall of Fame & Museum

National Civil War Museum Nothing Bundt Cakes

Gail Oliver

Open Stage of Harrisburg

Dennis Owens

Pampered Chef - Chrissy Ferguson

Mukul Parikh Susan Parry John Parry Amy Patterson Aggie Peiffer Philadelphia Flyers Dianne Pilon

Pittsburgh Steelers

Nancy Preis Lois Ramey

Relocation Consulting and Management, Inc.

Denise Roman Tina Ross

Royer's Flowers & Gifts

Mary Ruhl

Bill and Beth Saufley Chris Schaeffer Schreiber Center

Shady Maple Farm Market & Smorgasbord

Janet Shenk
Sue Sherk
Shy Bear Brewing

Ski Sawmill Family Resort

John Sloan Kenny Smeltz Nicole Smith Sophia's at Walden

SotirIS Information Strategies

Sports Emporium Spring Gate Brewery Athena Staparovnas Steve Stasko

Steve Stasko
Kathleen Stauffer
Susquehanna Outfitters
George and Cathy Sweeney

Gayle Taliaferro

Tanger Hershey Outlets Texas Roadhouse The Brewerie at Union Station
The Country Club of Harrisburg

The Hershey Story

The Lewisburg Children's Museum The Millworks Art Food Brewery

The Pennsylvania Bakery

The State Museum of Pennsylvania

Marisa Tokarsky Mike Torchia April Treaster

Troegs Brewing Company

**Brittany Trovato** 

Turkey Hill Experience

Twin Ponds Nguvet Vo

Dave and Marci Walborn

Venetia Waters

Wawa

Dave and Pam Weakland Thomas and Colleen Weber

Kristine Weber Wegmans Ari Weitzman Asmonda Wertz

Whitco

West Hanover Winery Cortney Wickard

Wickless Mania - Ashley Olsen

Brad Willock

Wilsbach Distributors, Inc.

Gwyneth Yeiser

Dereje and Tsega Zewdu

#### **Honorariums and Memorials**

*In Honor of Daniel Beaston* Mr. and Mrs. Mitchel P. Smith

*In Honor of Coy Hile* Kathy L. Miller

In Honor of Billy Kaldes Carl Schleicher Garv Klein

*In Honor of Jessica Kaldes* Tony Pazakis

In Honor of Wedding of
Gerry Kramer and Jess Smith
Mary Anne and Mike Cola
Roger Delgiorno
Sheryl Dochelli
Bill and Tara Hutchinson
Mary Beth Kramer
Frank and Janeen Latin
Abbie Trone

In Honor of Kevin Segar
Toni and Rick Bonnette

*In Honor of Pam Weakland*Gail Rebuck

In Memory of Ethan Crognale Anonymous Thomas and Julie Baldwin Jana Banin Mike and Karen Beaston Romany Bell

Dean and Deb Cotton
Dan Crognale
Meghan Dawes
Susan Kichman
Kenneth Scott Knowlton

Kenneth Scott Knowlton Frank and Janeen Latin

Sherry Lehr

Susan and Timothy Lever

Chelsea Newlin Laddie J. Springer John and Donna Vought Casper and Cathy Voithofer

In Memory of Verna A. Haldeman Center Independent Energy, L.P. Donegal Mutual Insurance

In Memory of Lynn Koster Waynetta and Ronald Dubbs

*In Memory of George Albert Martell* Gregory Tuttle

*In Memory of Michael Saufley* Richard Edward Bentz

*In Memory of Marie Schleicher* Mr. and Mrs. Donald E. Failor

Special Events 2023–24 In 2023-24, UCP received proceeds from 5 special events which allowed us to celebrate with our community of supporters and raise additional funds to help further our mission.

## UCP/SchmidtKramer Golf Tournament

The 36th Annual UCP/SchmidtKramer Golf Tournament proved to be yet another day of *great golf, on a great* course, for a great cause.

A HUGE thank you to the law firm of SchmidtKramer--Golf Event Sponsor for the past 32 years--for their extraordinary ongoing financial support and for providing volunteers the day of the event. We also want to extend a special shout out to Gerry Kramer for his time and energy as Chair of the Golf Committee year in and year out.

## By the Event...

### **EVENT SPONSOR**

**SCHMIDTKRAMER** 

#### LOCATION

The Country Club of Harrisburg

#### DATE

October 16, 2023

118 golfers **\$26**, 742 net revenue



## UCP Holiday Gift Wrap

Throughout the month of December--from the 1st to the 24th, to be precise--UCP staff and and an army of festive-spirited volunteers could be seen for up to 12 hours a day, 7 days a week, wrapping packages for customers at the UCP Holiday Gift Wrap Booth at Capital City Mall.

THANKS to the support of Event Sponsor UPMC Health Plan... over 300 volunteers wrapped countless packages of all sizes for hundreds of customers.

### By the Event...

### **EVENT SPONSOR**

**UPMC HEALTH PLAN** 

#### **LOCATION**

Capital City Mall, Camp Hill

#### **DATES**

December 1-24, 2023

300+ volunteer wrappers

\$15,739 net revenue



# Magic Night 2024 A Magical Night Under the Stars

A ballroom full of people dedicated to a common cause is a powerful--and magical--thing to behold. **UCP's 37th Annual Magic Night Gala** was a magical evening indeed, owing in large part to the generosity of Event Presenter George and Cathy Sweeney and Event Sponsor Pennsy Supply.

Long-time Magic Night Emcees Valerie Pritchett and Nancy Ryan invited guests to dine, drink, bid and dance to the tunes of The Uptown Band. With Live, Premier, and Silent auctions, there was something for everyone. The overall success of the evening was largely due to the efforts of the all-volunteer Magic Night Committee and the inspiring leadership of Committee Co-Chairs Cathy Sweeney and Colleen Weber.

### By the Event...

EVENT PRESENTER
GEORGE & CATHY SWEENEY
EVENT SPONSOR
PENNSY SUPPLY

LOCATION
Colonial Golf & Tennis Club
DATE
March 9, 2024

212 attendees \$72,291 net revenue



# Highmark Walk for a Healthy Community

For the 12th year in a row, UCP staff and supporters participated in the Harrisburg area **Highmark Walk for a Healthy Community.** The event features a 5K Walk/Run or a One-Mile Fun Walk/Run.

Highmark underwrites all the costs associated with the Walk, so that 100% of the funds raised go directly to the participating organizations. By choosing to walk for UCP Central PA, our supporters take steps to help others make progress on their own path to independence.

## By the Event...

### **EVENT SPONSOR**

**HIGHMARK** 

### **LOCATION**

Harrisburg Area Community College

#### DATE

May 18, 2024

**94** walkers/supporters

\$5.230 net revenue



### 37TH ANNUAL UCP CENTRAL PA Sports Memorabilia Auction

As in years past, the 37th Annual UCP Central PA Sports Memorabilia Auction featured Live, Silent, and BUY IT NOW auctions of signed and unsigned sports items from your favorite college and professional teams.

The success of the UCP Sports Auction derives mainly from the inexhaustible energy and efforts of one man, Billy Kaldes, and his legion of supporters affectionately and proudly known as "Friends of Billy" or FOBs. UCP also relies on the hands-on help of a dedicated crew of volunteers, including Harrisburg Senators' Manager Randy Whitaker and his staff who help with set up, as well as repeat Celebrity Auctioneer Dennis Owens of abc27.

## By the Event...

### **EVENT PARTNER**

HARRISBURG SENATORS

#### **LOCATION**

Carousel Pavilion, City Island

#### DATE

June 15, 2024

200+ sports fans
\$25,753 net revenue

### Thank You to ...

### WILLIAM J. "BILLY" KALDES "FRIENDS OF BILLY" 2024

Lawrence and Jayne Abrams III

**Best Authentics** 

Sam and Betsie Boutselis Stephanie & James Bowen James and Diane Byerly

John Cherry

Frank and Stephanie Chianos

Robert and Mary Ann Claraval Cleanteam Building Services, Inc. James and Cynthia Clippinger

Jeffrey and Rayna Cooper

Cumberland Valley Foot and Ankle

Specialists

Roxanne Daniel

Dauphin County Economic

Development Corp.

Debra and Patrick Dinunzio

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Carmen Finestra

Martin and Keli Flannery

Robert Gill

Theodore and Donna Giovanis

**Constantinos Glynos** 

William Grace James Gross

Kathryn and John Harbilas

John Hickey

**Edward and Dorothy Hilton** 

Holy Trinity Greek Orthodox Church

Theodoros and Mosca Glynos Kalathas Gregory Touloumes William and Stephanie Kaldes

George and Photina Kaldes

Dr. Gary Klein

**Gus and Constance Kokos** 

**Gerard Kramer** 

Janeen and Frank Latin

Nick and Linda Mallios

Market

Edward and Jodi Marsico Domenico and Sarah Mirarchi

Nick and Sophie Nicholas Drake and Jan Nicholas

Nicholas Law Offices. P.C.

Shaun O'Toole

John and Maria Papoutsis

Harry and Lori Patchin

Pete and Yvonne Paturzo Micahel and Maria Pavone

Frank and Connie Pazakis

John and Maria Peslis

**Progressive Amusements** 

**Quentin Haus LLC** 

Nikitas and Helen Rassias

Rory Ritrievi

Rookies Craft Burger Bar

Garrett and Jolanta Rothman

Thomas and Patricia Rowe Richard and Patricia Sadlock

Carl Schleicher

James Shearer, Jr. and Kara Koser

James Shearer, Sr. and James Shearer, Jr.

Sierra Madra

John and Laurie Sisak

Kenneth and Amy Smeltz

Eric and Jennifer Solomon

George and Elizabeth Spanos

Nicholas and Doris Stamos

Drew and Gretchen Svitko

Marisa Tokarsky

**Mary Touloumes** 

**David Trembley** 

Todd and Kathy Vander Woude Shawn and Nicole Whitemire

Donald and Melinda Williams Jr. Zembies Second St. Enterprise

**George Zozos** 

# Leading the Way

### EXECUTIVE TEAM



**Janeen Latin** President/CEO



**Dereje Zewdu** Chief Financial Officer



**Bridget Pugh** 



**Nathan Desmarais** Senior Director of Operations Director of Human Resources

### LEADERSHIP TEAM

**Katherine Bobeck** Controller Jamie Fleck

Director of Agency with Choice

**Maddy Keiper** 

Manager of Quality and Compliance

**Thomas McDermott** 

Director of Administrative Services

Pamela Morales

Assistant Director of Residential Services

Violet Mwangi

Director of Residential and Clinical Services

Jennifer Taylor

Executive Assistant

**Terrence Thoman** 

Manager of Information Technology

**April Treaster** 

Director of Community Participation Supports

Marci Walborn

Director of Childhood and Ancillary Services

# Governing by Example (2023-2024)

### **EXECUTIVE COMMITTEE**



Jessica L. Mitchell, Esquire Board Chair Martson Law Offices

## **David Burns**Chair-Elect Retired, Peak Performance HR, LLC

**Brian J. Murren, Esquire** Vice-Chair *PA Automotive Association* 

#### Christine Baksi Secretary American Association of Colleges and Universities

#### **Homer Renteria** Treasurer *PSECU*

**Tyne Shifflett** Immediate Past Chair Berkshire Hathaway GUARD Insurance Companies

### **BOARD COMMITTEES**

Marisa Tokarsky
Community Relations & Development Chair
Deloitte Consulting, LLP

Raymond F. Gibney, Jr., Ph.D. Human Resources Chair Retired, Penn State Harrisburg

Homer Renteria
Operations & Finance Chair
PSECU

Stephanie V. Bowen, Ed.D.

Programs & Services Chair

Retired, Cumberland Valley School District

### AT LARGE BOARD MEMBERS

Joseph Chapman, Esquire
McNees Wallace & Nurick, LLC
Jessica Fisher Greene, Esquire
Walters& Galloway, PLLC
Jeffry Haas
Haas Printing Company
Don Mark Hamilton, D. Min.

Don Mark Hamilton, D. Min.
DonMarkHamilton.com

Richard Long PSECU

Myles D. Miller, Ph.D. LEADUP

Charles E. Schmidt, Jr., Esquire SchmidtKramer. PC

Caleb Sisak
Bravo Group

James L. Snyder, MBA Retired, Mowery Construction Jacob M.Theis, Esquire

Penn State Health

### LIFE BOARD MEMBERS

Lawrence B. Abrams III, Esquire William J. Kaldes John M. Murphy Shaun E. O'Toole, Esquire Susannah M. Rothman William R. Schultz Todd R. Vander Woude

## Board Chair Message

UCP Central PA is passionately committed to empowering individuals with diverse abilities to lead fulfilling lives. Through UCP's innovative support and services, children and adults with intellectual and developmental disabilities throughout Central Pennsylvania are reaching significant milestones, such as first steps, first words, enhanced independence, meaningful relationships, and even their first jobs.

Over the past year, I have had the privilege of collaborating with UCP's remarkable team. Their senior leadership and staff stand out as truly exceptional. They are immensely talented, dedicated, compassionate, and above all, resilient. Despite encountering funding obstacles and a constantly changing service landscape, the staff continues to consistently prioritize the success of the individuals and families UCP supports every single day. On behalf of a grateful Board of Directors, I would like to extend my heartfelt appreciation to everyone on UCP's staff for their tireless efforts in enhancing the lives of individuals with disabilities and their families throughout Central PA.

I also wish to convey my gratitude to my fellow Board members for their unwavering support during my tenure as Chair this past year and for being a guiding light in UCP's continued success. Together, we have made a significant impact on the lives of thousands of individuals.

~ Jessica L. Mitchell, Esquire, UCP Board Chair 2023-24

### F924 Accomplishments

- Celebrated 70 years of service to the community (December 2023)
- Achieved "Best Places to Work" for second year in a row
- Developed five-year Strategic Plan
- Implemented learning management system (Relias)
- Developed Career Pathfinder employee credentialing opportunity
- Opened a fourth administrative office (Lititz, January 2024)
- Created efficiencies in CPS (13 locations to 10, February 2024)

# A Message of Gratitude Celebrating 70 years of service. Looking ahead to 70 more.

Reaching seventy years of successful operation is a significant milestone for any organization, especially for UCP Central PA which profoundly impacts countless lives. We define our success by the smiles of those we serve, the opportunities we've created, and the connections we've made.

I feel fortunate to have been involved with UCP for more than half my life. Leading UCP over the past five years has been the honor of a lifetime. This cause is personal to me, just as it was for John Peter Kessler who, in December 1953, along with a group of peers founded what would eventually become UCP. They sought to create a better life for their children with Cerebral Palsy. Today, my husband and I aspire to do the same as we navigate the joys and challenges of raising two adult daughters with Autism.

Thank you to our Team. You consistently give your best each day.

Thank you to our financial supporters. Your generosity helps us meet our needs and enhance our services.

Thank you to our volunteers and partners. You extend our reach and amplify our impact within the community.

I am truly grateful for your investment in UCP. I hope this *Impact Report* illustrates the possibilities that your support enables.

~ Janeen Latin, President/CEO

### What Lies Ahead

- Implement new five-year Strategic Plan
- Expand Residential Services
- Achieve Technology First agency credential
- Implement new information technology strategy
- Begin Performance Based Contracting (pay for performance) in Residential Services
- Expanded opportunities for partnerships

## ENCOURAGE. ENGAGE. EMPOWER.

As times and technologies continue to change, UCP will continue to adapt and evolve to meet current and future generations' emerging needs. We invite you to come alongside us as we identify the needs... then work to design, develop, and deliver services to meet those needs.

Your gifts--along with the gifts of so many others--have helped make UCP into the extraordinary service provider we are today. More importantly, *you have been instrumental in making a meaningful difference in the lives of others in our shared community.* We will continue to rely on your generosity of spirit and giving to help meet needs and enhance lives for the next 70 years.

TOGETHER we will continue to forge a better life and a better future for people of ALL abilities.



Thirty-two years ago, our son Danny was born 4 months premature, with Cerebral Palsy and a grade 4 brain bleed, and weighing just 1 lb 11 ounces. Once he was stable enough, we began receiving Early Intervention services from UCP--Physical Therapy, Occupational Therapy and Speech Therapy--several times a week. The staff and therapists could not have been more caring and knowledgeable. They soon became like family... and Danny started to thrive.

...Throughout his school years, we never lost touch with UCP. Whenever he was hospitalized, they would check in. They have always been there with the necessary guidance. The journey is not over for us. We have had many highs and lows living with a son with CP, but UCP has guided us this far.

I am sure the ride will continue with them for many years to come. Today, I can say without a doubt that I cannot think of a time that UCP has not been part of our lives. For that, we are forever grateful."

~ Cathy and George Sweeney UCP Event Sponsors, Donors, and Volunteers

### **MAKE A DONATION**

- O One-time support
- O Recurring gift
- O Honorary or Memorial Gift

### SUPPORT AN EVENT

- Sponsorship
- Advertising
- O In-kind Donation

### **VOLUNTEER YOUR TIME**

- Special Events
- Programs and Services
- Board or Committee

### **LEAVE A LEGACY**

- Legacy gift or bequest
- O Cornerstone Society

#### To get involved with UCP:

- Visit www.ucpcentralpa.org
- o Call 800-998-4827
- Scan the QR code



To learn about employment opportunities with UCP:

Visit www.ucpjobs.comCall 877-UCP4JOB / 877-827-4562



## ONE TEAM. ONE MISSION.

Find us at ucpcentralpa









### ~ Camp Hill ~

55 Utley Drive Camp Hill, PA 17011 717-737-3477 • 1-800-998-4827

### **UCP Administrative Offices**

### ~ Lewistown ~

3 Monument Square Lewistown, PA 17044 717-247-2944

### ~ Selinsgrove ~

1372 N. Susquehanna Trail • Suite 240 Selinsgrove, PA 17870 570-743-5022

#### ~ Lititz ~

201 E. Oregon Rd. • Suite 208 Lititz, PA 17543 717-807-4135