

# SPRING 2024 PROGRAMS & ACTIVITIES May-June



# FAMILY EDUCATION PROGRAMS **SPRING 2024 | MAY - JUNE**

#### **FARMYARD STORYTIME - \$7**

#### **Pre-registration Required**

Every Monday April 1 - May 27 - 10am-11am. Open to all ages. Location: Education Barn. Reading story books amongst the farmyard critters, what could be a more enjoyable start to your week? We will gather in our Family Farmyard where we will join our friendly animals reading some of their favorite books!

#### FRIDAY FARMERS - \$7

#### **Pre-registration Required**

Every Friday April 5 - June 28 - 10am-11:30am. Open to ages 3 & up. Location: Education Barn. Come get your boots dirty as we explore the many jobs on the farm and meet the animals. All will have a chance to lend a hand.

#### FROGS, FISH, & WIGGLES - \$7

#### **Pre-registration Required**

May 7, 19, 25, 26 - 10am-11:30am. Open to ages 3 and up. Location: Big Pond.

Spring has returned and so have many of our aquatic friends! Discover life around the pond as we look for amphibious critters and learn about their habitat. We will be mucking around near



#### **FAMILY PROGRAM FAQ's**

- Programming begins promptly, please arrive on time.
- Due to the nature of a working farm some programs / featured animals will vary.
- FOR CANCELLATIONS follow us on Facebook or call Education at 207.650.3031.



Pre-register for family programs here:

#### SOIL, SEEDS, & SPROUTS - \$7

#### **Pre-registration Required**

May 15 - 10am-11:30am.

Open to ages 3 and up. Location: Education Barn. Come dig in our soil and learn what a plant needs to grow. We will be exploring our gardens to understand the perfect recipe for healthy plants.

#### **FARMYARD HELPER - \$7**

#### **Pre-registration Required**

May 16, 21, June 8, 24 - 4:15pm-5:45pm.

Open to ages 6 and up. Location: Education Barn.

Add a little excitement to your day and join us in the Family Farmyard for a specially designed program for older kiddos where we tackle farm chores as a team. Your hands will get a little dirty while you get an up close and personal experience as you engage with our resident farm animal personalities.









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# AFTERNOON AT THE EQUESTRIAN CENTER - \$7

#### Pre-registration Required

May 24 & June 21 - 12:30pm-2pm.

Open to all ages. Location: Equestrian Center.
Enjoy a peaceful afternoon at our Equestrian Center with our amazing Morgan Horses that are housed there. We will tour the Morgan Horse Museum, arena, outdoor pastures and help groom one of our equine friends in the barn.



#### STORYWALK - FREE

#### **Pre-registration Required**

Every Monday June 3 - 24 - 10am-11am.

Open to all ages. Location: Market & Welcome Center. Enjoy a farm-themed story as you explore nature and enjoy the forest along our 1-mile StoryWalk trail. The StoryWalk Project was started by Anne Ferguson of Montpelier, VT and developed in collaboration with the Vermont Bicycle and Pedestrian Coalition and the Kellog-Hubbard Library. Stories change every 2 weeks. View our story schedule here: https://pinelandfarms.org/story-walk/



#### **ICE CREAM MAKING - \$8**

#### **Pre-registration Required**

June 1, 11, 15, 19, 20, 25, 27 - 10am-11:30am.

Open to all ages. Location: Education Barn.

After learning how homemade ice cream is made you will work up an appetite touring our dairy facility, meeting our awardwinning herd of Holsteins and learning a bit about how we care for them. The ice-cream will be churning while you are away and will be ready to enjoy a sample of at the end of your tour.



#### SALSA MAKING - \$8

#### **Pre-registration Required**

June 23, 26 - 10am-11:30am.

Open to all ages. Location: Education Barn.

Join us for a family program designed to awaken your taste buds. We will be using fresh strawberries from our gardens to learn how to make a farm-fresh strawberry salsa.



(207) 650-3031 education@pinelandfarms.org www.pinelandfarms.org







# **ADULT PROGRAMS & ACTIVITIES SPRING 2024 | MAY - JUNE**

#### PINELAND FARMS RUN CLUB - FREE

Wednesday nights starting May 15 - starting at 5pm

Open to all ages. Location: Outdoor Center.

Looking for a group to go running with on the beautiful trails of the Pineland Farm's campus? Meet at the Outdoor Center each Wednesday night at 5:00 pm and depart at 5:15 pm for a 2-5 mile run on the Pineland trail system; A "route of the week" will be provided or participants may pick their own adventure- runners choice! Register on the TeamReach app with the group Pineland Farms Run Club using code PFrunclub

# GET RUNNING ON THE FARM: BEGINNER RUNNING GROUP- \$5

#### Pre-registration Required

Wednesday nights starting May 15 - starting at 5:30pm Open to all ages and abilities. Location: Outdoor Center. New to running and looking for a place to grow and learn more about the sport in a safe, supportive environment? Come join Get Running on the Farm for our beginner running sessions each week! Runners will participate in a dynamic warm-up and planned route led by one of our experienced employees, who are happy to provide tips, tricks, and advice. It's a great opportunity to learn more about the sport of running, build confidence, stay active, and meet a great community of other runners!

#### **FULL MOON HIKE - \$10**

#### **Pre-registration Required**

May 23, Sept. 17 - 6pm-9pm,

June 21, July 21, Aug. 19 - 7pm-10pm

Open to all ages. Must be able to hike various terrain for 3 miles. Location: Outdoor & Fitness Center. Weather dependent. Gather your friends and family and join us for a full moon hike starting from the Pineland Farms Outdoor & Fitness Center. Experience breathtaking views of the Full Moon and the stars. During this adventure, you'll trek along the scenic Pineland Farms trails, immerse yourself in nature, discover the history of Pineland Farms, explore available programs, and more. After the hike, unwind by one of the fire pits and indulge in a delicious treat! Contact: outdoor@pinelandfarms.org or 207.688.6599

#### TROLLEY TOURS - \$12

#### **Pre-registration Required**

May 24, June 14 - 4pm-5:30pm

May 25, June 22 - 1pm-2:30pm

Ages 14 and up with adult supervision. Location: Market and

On this 1.5-hour journey designed for a mature audience, you will climb aboard Trina, our 25-passenger trolley. We will begin with a driving tour of the historic Pineland Farms campus before taking the scenic, winding road down to the Valley Farm. There you will get off the trolley at the Dairy Barn and the Family Farmyard to visit our Holstein cows and a variety of other farmyard animals.

#### ADULT PROGRAM FAQ's

- Programming begins promptly, please arrive on time.
- FOR CANCELLATIONS follow us on Facebook or call Education at 207.650.3031.
- Programs may be cancelled if minimum enrollment is not met.
- Adult supervision is required for ages 14-17.

#### OUTDOOR CONTACT INFO

(207) 688-6599 outdoor@pinelandfarms.org www.pinelandfarms.org



#### **NATURE PROGRAMS WITH HUGHES KRAFT**

Pre-register for both programs for a \$5 discount!

#### **CONNECT WITH NATURE - \$20**

#### Pre-registration Required

May 19 - 11am-1pm

Ages 18 and up. Location: Education Barn. This 2-hour experience, held entirely outdoors, is an opportunity to tune into the forests of southern Maine while exploring with the curiosity that came naturally during childhood.

Plan to wander and wonder with guidance from Jack Flanagan and Hughes Kraft.

#### **FOREST BATHING - \$20**

#### Pre-registration Required

May 12, June 15 - 11am-1pm

Ages 18 and up. Location: Education Barn. Are you looking for a different way to de-stress and connect to the natural world around you? Pineland Farms has

partnered with Hughes Kraft to offer Forest Bathing. Forest Bathing is a two hour opportunity to slow down and connect with oneself while connecting with nature.

Contact Education: education@pinelandfarms.org or 207.650.3031

#### **WOMEN'S HIKE NIGHT - \$5**

#### Pre-registration Required

June 5, July 3, Aug. 7, Sept. 4, Oct. 2 - 6pm-8pm All ages. Location: Outdoor & Fitness Center. Come join us at the Pineland Farms Outdoor Center every first Wednesday of the month this spring for our Women's Hike Night! Connect with new friends as our staff lead you on a 2-3 hour moderate-level hike along our picturesque trails. We will take a moment to recharge with a small break and a snack. Boost your confidence on the trails for the next time you venture out on your own solo or group hike at Pineland Farms. Hike ending times may vary. Contact: outdoor@pinelandfarms.org or 207.688.6599













# **ADULT EDUCATION PROGRAMS**

# **SPRING 2024 | MAY - JUNE**



#### READING THE FORESTED LANDSCAPE - \$7

#### Pre-registration Required

May 14 & June 20 - 5pm-7pm

Ages 14 and up with adult supervision. Location: Education Barn. Have you ever wondered how old the trees and forests that surround you are or what the land you are standing on was used for in the past? How could you find out? Join Shane Duigan, District Forester from the Maine Forest Service, to learn how to read the clues in the landscape!



#### FELTED SOAP - \$30

#### **Pre-registration Required**

May 22 - 4pm-5:30pm.

Ages 14 and up with adult supervision.

Location: Education Barn.

Come join us for a Felted Soap Workshop. Participants will learn how to make unique felted soap bars and will leave the workshop with two complete bars. All materials are included. The soap bars provided are Yardley brand soap - if you have allergies and need special soap, or would prefer a different brand, please feel free to bring two bars of your choosing.



#### **CHEESEMAKING & DAIRY TOUR - \$15**

#### **Pre-registration Required**

June 6. 9 - 3pm-5pm

Ages 14 and up with adult supervision. Location: Sugarhouse. While learning the basics of making simple cheese curds, enjoy a behind the scenes tour of our dairy barn, including an observation of an afternoon milking.

Contact: education@pinelandfarms.org or 207.650.3031



#### **GARDEN TOURS - \$5**

#### **Pre-registration Required**

Tuesdays Jun. 25, Jul. 23, Aug. 20, Sept. 10 - 2pm-3:30pm. Open to all ages. Location: Equestrian Center. Enjoy a tour and relax in our beautiful garden surroundings. Stroll the paths and mingle with friends. We'll be here to answer your garden questions. Light refreshments will be served.

Contact: cjalbert@pinelandfarms.org or 207.688.4800 ex. 11















**REGISTER HERE** 







POLLINATOR WEEK

**REGISTER HERE** 





## MORE THINGS TO DO

In addition to our programs & activities, Pineland Farms is open daily for farm visits and recreation. Stop by the Market for delicious food in our cafe & bakery or for a wide array of locally sourced produce, meats, cheeses, and grocery items - 15 Farm View Drive, New Gloucester, Maine.

#### **FARM VISITS**

You can visit the Dairy Farm, Family Farmyard, and Equestrian Center year-round with a 2-Hour Farm Pass. Farm passes are pre-registration. Purchase online to reserve a time slot.

207.650.3031

Visit: https://shop.pinelandfarms.org/ collections/all-classes-events/ 2-hour-farm-pass



# Photo Credit: Ashley Grealish

#### **OUTDOOR RECREATION**

Hike the trails, play disc golf, bike, try orienteering, pick up a game of bocce or tennis, or enjoy our indoor activities like candlepin bowling, open gym basketball, pickleball, and more! 207.688.6599



https://pinelandfarms.org/recreation/ outdoor-center/

#### VISIT THE GARDENS

All of our professionally designed gardens are created and maintained for the public to enjoy and learn. The Garden, Lilac Garden and Annual Displays around Campus and the Great Lawn are available FREE for all to enjoy from 8 am until dusk spring, summer & fall.

Visit: https://pinelandfarms.org/ experience/the-gardens/





#### **CANDLEPIN BOWLING**

Family-friendly lanes include bumpers for those who would like to utilize them. Paper score cards are provided. \$25/lane per hour. 4 people per lane. Please bring your own bowling shoes or wear socks. 207.688.6599



https://pinelandfarms.org/recreation/ outdoor-center/candlepin-bowling/







\*Ask about our Farm Season Pass. Recreation Passes, and Open Gym Punch Cards for discounts.

### **SEASON PASSES**

Do you love our family programs and recreational opportunities? Get an annual or season pass to the farm, disc golf, xc skiing, biking, or snowshoeing for added benefits including 10% off purchases at the Market. Learn more about our Educational & Recreational opportunities at pinelandfarms.org

#### **FARM SEASON PASS**

Grants a family of four access to the farm, 50% off family programs, and 10% off at the Market for one whole year!

207.650.3031

Visit:

https://shop.pinelandfarms.org/collections/annual-season-passes/products/farm-season-pass-1





#### OPEN GYM PUNCH CARD

Join us for teen & adult open gym activities. Drop in for \$5/per person or \$50/ for this 10-pass punch card and receive 1 free visit after you turn in your card with 10 punches. 207.688.6599

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https://shop.pinelandfarms.org/collections/all-recreation-passes-activities/products/open-punch-card





# RECREATION SEASON PASSES

We offer season passes to XC skiing & snowshoeing as well as annual passes for mountain/fat biking & disc golf! All recreation season passes offer access to your favorite activity plus 10% off at the Market, 2 free guest passes, and 10% off rentals.

To learn more about each season or annual pass, scan the QR code below and select the pass that interests you!

Call 207.688.6599

Visit:

https://shop.pinelandfarms.org/collections/all-recreation-passes-activities





