

THE OUTDOORS AS A GYM

# Kinesis<sup>MC</sup><sub>TM</sub>

JAMBETTE

Fitness-type training circuits designed  
for USERS AGED 13 AND OVER




Jambette

# LAYOUT 1

OFFER A RANGE OF OUTDOOR FITNESS EQUIPMENT TO YOUR ADULT CUSTOMERS

- Option to design custom circuits
- The equipment comes with a sign listing safety instructions for users



 Some products are wheelchair accessible.




- A** Z-16005 Recumbent bike
- B** Z-16001 Steering wheels
- C** Z-16003 Pendulum
- D** Z-16000 Flex wheel / Twister
- E** Z-16018 Sit-up / Extension pro
- F** Z-16019 Adductor pro
- G** Z-16020 Leg lift / Body lift
- H** Z-21001-B Accessible 47", 57" and 67" monkey bars
- I** Z-21003-B Accessible steering wheels
- J** Z-21004-B Accessible recumbent bike
- K** Z-21002-B Accessible reel
- L** Z-16007 Leg lift / Body lift
- M** Z-16008 Sit-up / Extension pro
- N** Z-16010 Monkey bars

AGE GROUP	SUGGESTED SURFACE AREA DIMENSION	MANDATORY ASTM F301 AND F3021 REQUIRED SURFACE (USA)
13 years and over	49' x 41' / 15 m x 13 m	49' x 41' / 15 m x 13 m

# LAYOUT **2**

- Equipment made of Canadian aluminum, sturdy steel, and stainless steel hardware
- Wide choice of colours



 Some products are wheelchair accessible.

- A** Z-16005 Recumbent bike
- B** Z-16013 Double twister
- C** Z-16004 Adductor pro
- D** Z-16007 Leg lift / Body lift
- E** Z-16008 Sit-up / Extension pro
- F** Z-16010 Monkey bars
- G** Z-16011 Massager
- H** Z-16019 Adductor pro
- I** Z-21004-B Accessible recumbent bike
- J** Z-16018 Sit-up / Extension pro
- K** Z-16017 Sit-up simple
- L** Z-21003-B Accessible steering wheels
- M** Z-16015 Monkey bars (2 sections)



AGE GROUP	SUGGESTED SURFACE AREA DIMENSION	MANDATORY ASTM F3101 AND F3021 REQUIRED SURFACE (USA)
13 years and over	76' x 38' / 24 m x 12 m	76' x 38' / 24 m x 12 m

# LAYOUT 3



 Some products are wheelchair accessible.




- A** Z-21001-B  
Accessible 47", 57" and 67"  
monkey bars
- B** Z-16020  
Leg lift / Body lift
- C** Z-16018  
Sit-up / Extension pro
- D** Z-16009  
Leg press / Balancer
- E** Z-16011  
Massager
- F** Z-16014  
Double sit-up
- G** Z-16006  
Step-up
- H** Z-16005  
Recumbent bike
- I** Z-21002-B  
Accessible reel

AGE GROUP	SUGGESTED SURFACE AREA DIMENSION	MANDATORY ASTM F3011 AND F3021 REQUIRED SURFACE (USA)
13 years and over	43' x 29' / 14 m x 9 m	43' x 29' / 14 m x 9 m

# LAYOUT 4



 Some products are wheelchair accessible.




- A** Z-16008 Sit-up / Extension pro
- B** Z-16002 Walker
- C** Z-16011 Massager
- D** Z-16005 Recumbent bike
- E** Z-21002-B Accessible reel
- F** Z-21003-B Accessible steering wheels
- G** Z-21004-B Accessible recumbent bike
- H** Z-16014 Double sit-up
- I** Z-16013 Double twister
- J** Z-16009 Leg press / Balancer

AGE GROUP	SUGGESTED SURFACE AREA DIMENSION	MANDATORY ASTM F3101 AND F3021 REQUIRED SURFACE (USA)
13 years and over	42' / 13 m	42' / 13 m

# LAYOUT **5**



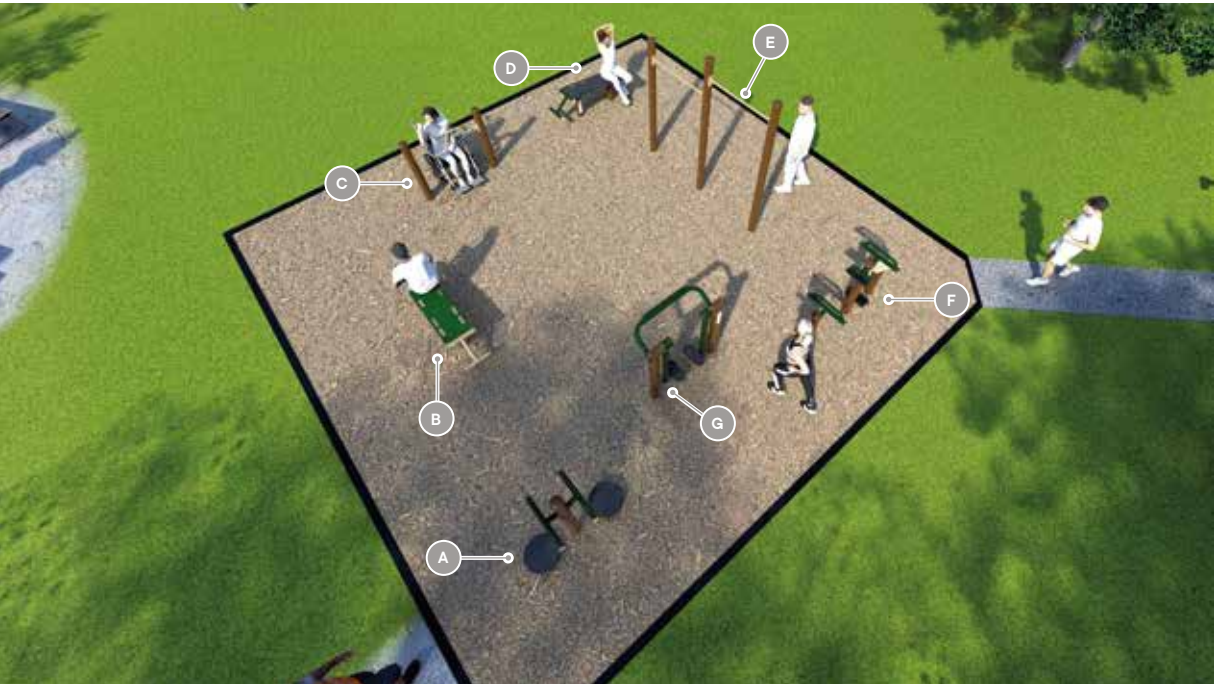
 Some products are wheelchair accessible.



- A** Z-16017 Sit-up simple
- B** Z-16011 Massager
- C** Z-16009 Leg press / Balancer
- D** Z-16006 Step-up
- E** Z-21001-B Accessible 47", 57" and 67" monkey bars
- F** Z-16002 Walker

AGE GROUP	SUGGESTED SURFACE AREA DIMENSION	MANDATORY ASTM F30101 AND F3021 REQUIRED SURFACE (USA)
13 years and over	63' x 17' / 20 m x 6 m	63' x 17' / 20 m x 6 m

# LAYOUT **6**



- A** Z-16013 Double twister
- B** Z-19000 Sit-up simple
- C** Z-18004 Reel
- D** Z-16017 Sit-up simple
- E** Z-16015 Monkey bars (2 sections)
- F** Z-16011 Massager
- G** Z-16002 Walker

AGE GROUP	SUGGESTED SURFACE AREA DIMENSION	MANDATORY ASTM F3010 AND F3021 REQUIRED SURFACE (USA)
13 years and over	29' x 29' / 9 m x 9 m	29' x 29' / 9 m x 9 m

## THE SAFETY SIGN



### Model

**Z-13013** The safety sign

Although all KINESIS products come with their own user safety sign, this large sign highlights general safety and prevention measures to take when using such equipment.

With a design complementing this line of products, the KINESIS safety sign blends in with the overall look of your fitness park.

## LARGE SELECTION OF COLOURS AVAILABLE

[www.jambette.com/en/products-page/colours-and-galvanizing](http://www.jambette.com/en/products-page/colours-and-galvanizing)

## THE MOST COMPREHENSIVE WARRANTIES ON THE MARKET

[www.jambette.com/en/services/warranty](http://www.jambette.com/en/services/warranty)



Signage explaining the recommended exercises on each equipment

The product codes used in the brochure are for installations anchored in concrete. Please note that products are also available for installation on concrete slabs.

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We reserve the right to change product features, service details and warranty statement without prior notice.

LICENCE RBQ: 8330-7280-51



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