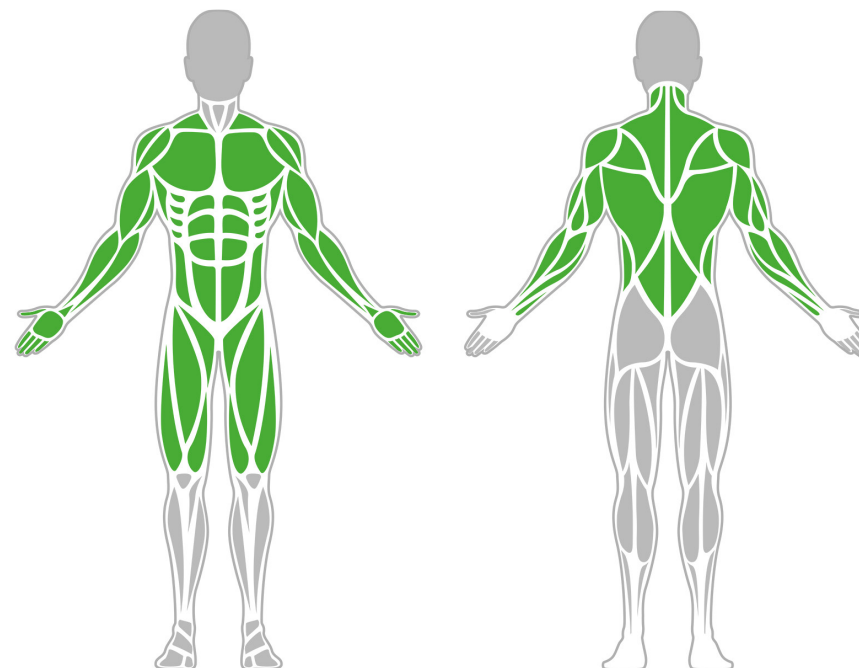




## Muscle Groups Focus



### Narrow Pull-Up Bar 1900

The narrow pull-up bar is an excellent tool for performing pull-up exercises, which are the basic exercises of bodyweight training. The heavy grip pull-ups performed on the equipment provide an intense workout for the arm, shoulder, abdominal, and back muscles.

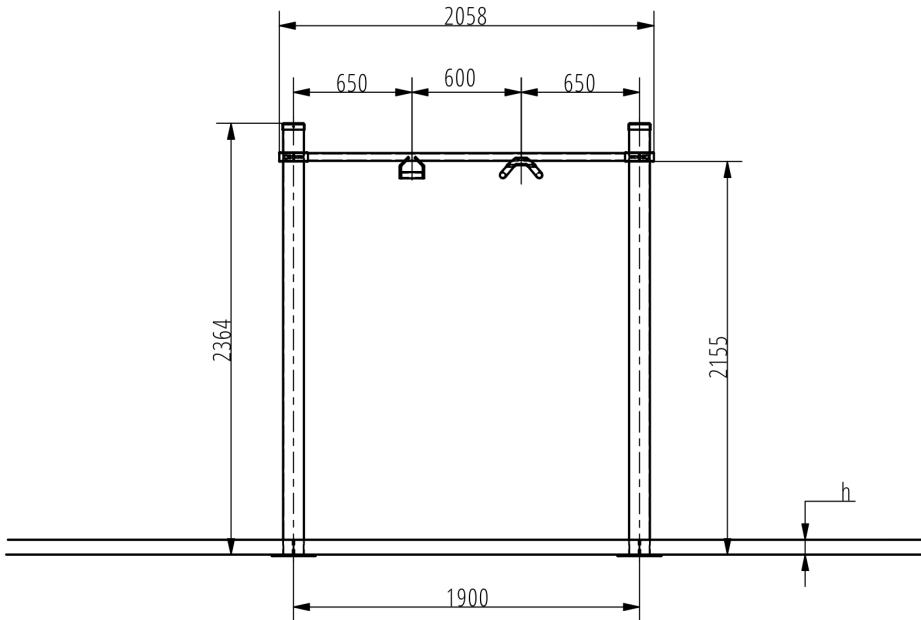
### Attributes

Product code	1-1-048
Certificate	EN 16630
Age group	14 + years
Capacity	1 person
Max. weight load	99 kg
Type	Calisthenics
Difficulty level	Hard

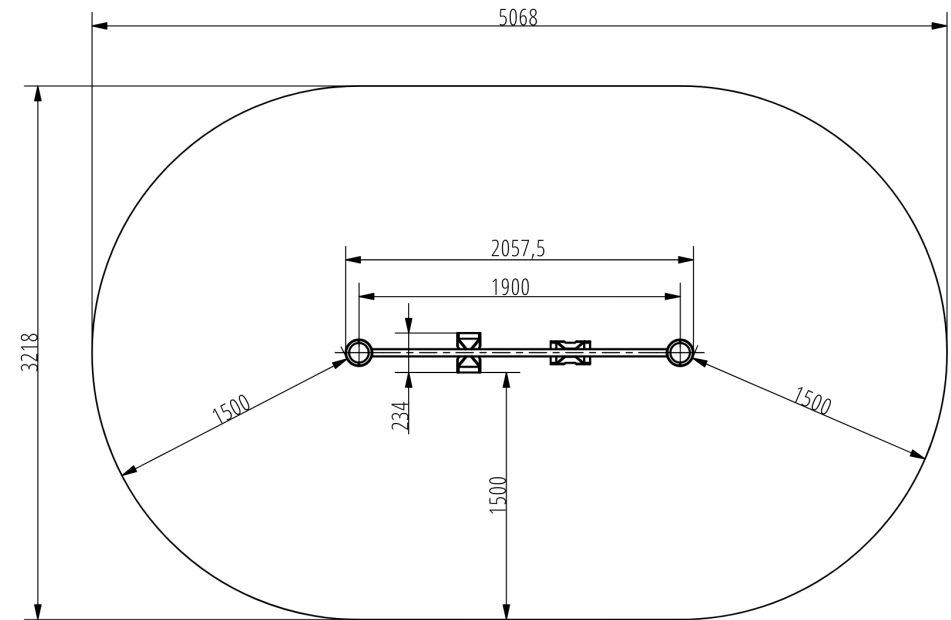
### QR Code



## Side View




## Plan View



## Installation information

Number of installers (concrete)	At least 2 people
Total installation time (concrete)	45-90 min.
Number of installers (equipment)	At least 2 people
Total installation time (equipment)	20-30 min.
Excavation volume	0.4 m <sup>3</sup>
Concrete volume	0.4 m <sup>3</sup>
Size of the base structure	2pc 0,5 x 0,5 x 0,8 m
Anchoring options	In-ground or surface
In combined structures, the volume of concrete required varies.	

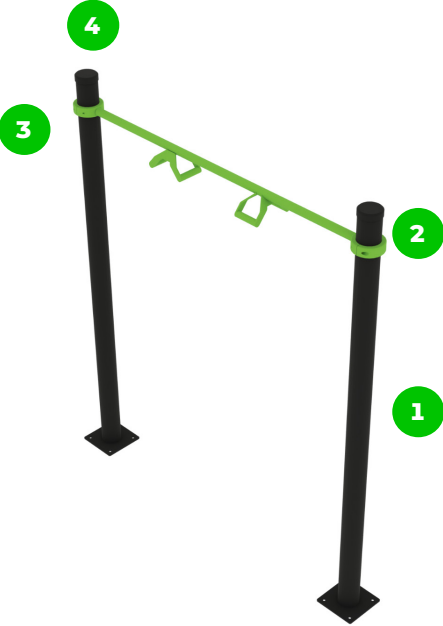
## Technical specification

Safety surface area	Around 1,5 m radius
Net weight	17 kg
Material	S235
Critic fall height	1100 mm
Color options	
For more color options, discuss with your sales representative.	

## Warranty

Structure	10 years
Steel	5-10 years
Paint	2 years
Plastic	5-10 years
Rubber	1-3 years
Moving parts	2 years
Detailed information in the warranty document	

# Material specification



The element is made of high quality S235 steel, which has been cleaned via sandblasting. A corrosion resistant powder coating finish is then applied. Also available with galvanized surface for even greater protection and longevity!



The clamp system allows for easy assembly and extreme stability.



The connecting elements are fastened with vandal-proof stainless steel screws and nuts.



The ends of the bars and posts are sealed with injection-moulded plastic caps.

