

CUMBRIA BUSINESS EXP 2023

Supported by 
by Cumberland
Council

EXHIBITOR GUIDE
JOIN THE CONVERSATION #CBE2023

Our Partners



Exhibit the right way

The **right audience** and the **perfect opportunity** to shout about your business

Held annually around the North West, these are the target exhibitions for business owners, professionals, startups and marketers, keen to connect with other businesses and decision-makers.

With over 7,000 visitors attending year after year, this opportunity to showcase your business in a relaxed, fun environment, shouldn't be missed.

Find out more at www.shoutexpo.com

Welcome to #CBE2023

The team at Shout Expo is delighted to host the first **Cumbria Business Expo.**

We extend a warm welcome to exhibitors and delegates from businesses across the North West to the inaugural **Cumbria Business Expo 2023.**

Exhibitors have packed the conference rooms of Carlisle Racecourse with colourful, innovative and interactive exhibition stands to showcase their services, make new connections and seek out collaboration opportunities.

As you make your way through the exhibition you will meet businesses from the private and public sectors as well as education providers, charities and sole traders. With such an eclectic mix of Cumbria businesses to talk to, we strongly suggest you don't rush! Stay with us for as long your schedule permits to have as many conversations as you can.

Browse the list of exhibitors so you can plan your day and visit all the stands that interest you. Many exhibitors are running competitions with amazing prizes to be won and goodies to give away, so be sure you don't leave empty-handed!

Today's expo hashtag is #CBE2023. Use it throughout the day and after the event to connect with exhibitors, delegates and the wider business community. Join the conversation on Shout Expo's Twitter, LinkedIn, Instagram, Facebook and TikTok accounts.

Thank you for being part of Shout Expo history: our first Cumbria Business Expo! We hope you have a very successful and memorable day.

With best regards,
The Shout Expo Team



Our Exhibitors

More exhibitors on [page 5](#).

CUMBRIA BUSINESS EXP 2023

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32West

www.32west.co.uk

32West helps amazing businesses to grow by supporting them with their PR, marketing and creative needs.



ADC Automatic Door Company

www.theautomaticdoorco.com

Experts at installing & maintaining the full range of automatic doors, roller shutters, automatic gates & barriers.



Advanced Bacterial Sciences

www.abs.eco

ABS is a science-led organisation creating innovative microbial solutions for human and planetary benefit.



Arco

www.arco.co.uk

Our core purpose is to ensure that you and your colleagues go home to their loved ones safe and healthy.



Bid Writing Services

www.bidwritingservice.com

Providing clients with a Bid Management & writing service that is uniquely designed to win new tender submissions.



Bunzl Cleaning & Hygiene Supplies

www.bunzlchs.com

We provide cleaning supplies and all your janitorial needs to the whole of Cumbria, Dumfries and Galloway.



Business Connect Magazine

www.businessconnectmagazine.co.uk

We are an independent B2B bi-monthly magazine, published both as a printed and online edition.



Carlisle Ambassadors

www.carlisleambassadors.co.uk

Carlisle Ambassadors is a membership helping to make Carlisle a better place to work, invest, visit & live.



Carlisle College Lecturer in Business

www.carlisle.ac.uk

World class facilities, providing you with the perfect route into further study or employment.

Our Exhibitors

More exhibitors on [page 6](#).

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Our Exhibitors



Carlisle Southern Link Road

www.legacy.cumberland.gov.uk/cslr

The Carlisle Southern Link Road will connect Junction 42 of the M6 with the A595 to the west.



Cartmell Shepherd

www.cartmells.co.uk

Solicitors in Carlisle, Penrith, Brampton, West Cumbria and Haltwhistle.



Castle Green Hotel

www.castlegreen.co.uk

Castle Green Hotel is a luxurious 4* hotel within 14 acres of spectacular gardens and woodlands.



Choose Occupational Health

www.chooseoccupationalhealth.co.uk

Delivering quality, independent & personalised Occupational Health Services for businesses & organisations.



Ciceley Commercials

www.ciceley.com

Ciceley Commercials Ltd is a Commercial Vehicle Dealership in the North West.



City & Guilds

www.gen2.ac.uk

Training provider and education centres that provide work-based learning programmes.



CLOUD2IT

www.cloud2it.co.uk

Specialising in cloud-based solutions designed to empower businesses & organisations in the digital age.



Croft MSP

www.croftmsp.com

We offer a wrap-around white glove service for all aspects of telecoms, IT support & cyber security.



Partner

Cumberland Council

www.cumberland.gov.uk

Cumberland Council is the local authority for Cumberland in England.



Our Exhibitors

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More exhibitors on [page 8](#).

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Cumbria Health on Call

Cumbria Health on Call

www.choclttd.co.uk

A Social Enterprise not for Profit Company providing primary care health services in & out of hours.

David Allen

David Allen

www.david-allen.co.uk

Our talented experts will provide you with comprehensive solutions for your business needs & individual requirements.



EKM

www.ekm.com

The UK's highest-rated ecommerce store provider. With unrivalled, UK-based support.



the future is with us

Energus

www.energus.co.uk

Energus is a professional centre for training, education and event support.



Equi-connections

www.equi-connections.co.uk

Combining the unique qualities of horses with our knowledge and experience to bring out the best in your employees.



Federation of Small Businesses

Federation of Small Businesses

www.fsb.org.uk

Since 1974, we've been backing small business owners & the self-employed, helping them to start, run & grow successful businesses.



FM Outsource

www.fmoutsource.com

We are a UK based customer service provider specialising in call and messaging answering.



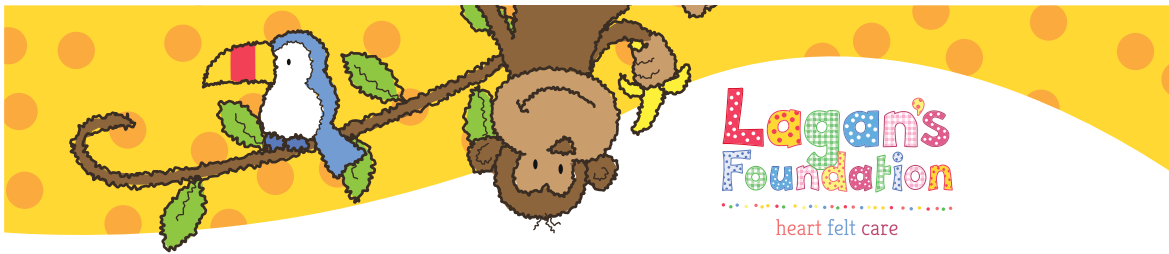
Forrest Payment Solutions



Fox Group

www.foxgroup.co

We are a multifaceted company specialising in haulage, plant hire, earthworks and aggregates.



Lagan's Foundation and the services we provide.

Lagan's Foundation is a Bolton based children's charity that provide in home, and in the community respite care to families in the Northwest who have children that have Complex Health Needs, specialising in Heart Defects and Feeding Issues.

Respite care, also referred to as short breaks, allows parents/guardians to take a well-earned break from caring for a loved one. Lagan's Foundation understands that care for a child with complex health needs can be challenging, and it is important to seek help and take some time off.



They provide two types of care to the families they support: Donated Care and Commissioned Care.

Lagan's Foundation's Donated Care Project

Lagan's Foundation is the only UK charity to offer periods of assistance at home or in hospital to families with babies or young children aged 0-5 with heart defects or feeding difficulties.

The charities trained staff can assist with the daily needs and requirements of a child. This may mean they sit with the whilst they sleep or continue a feeding regime, clean, or generally care for, and of course play with the child. All this allows the parent to have some rest time; to maybe have a sleep, make a meal, or do some housework or spend time with other children.

Lagan's Foundation's Commissioned Care

Lagan's Foundation offers respite care to families with children aged 0-19 who have Heart Defects, Feeding Issues, and other Complex Health Needs.

The commissioned care packages are available for children with social care or continuing care packages within Merseyside, Greater Manchester or Cheshire aged 0-19.

The range of care provided through Lagan's Foundation's Commissioned Care is: Cardiac Issues, Acquired Brain Injury, Gastrointestinal Issues, Dysphagia, TPN feed delivery, Feeding Issues and many others.

To read more about the commissioned care that Lagan's Foundation provide and how you can help the charity support more children in the North West please visit their website www.lagans.org.uk or contact them on info@lagans.org.uk.



Our Exhibitors

Our Exhibitors

More exhibitors on [page 10](#).

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Fusion for Business

www.fusionforbusiness.co.uk

Offering a full range of energy procurement & reduction opportunities.



Fundraise & Recycle

www.fundraiserecycle.co.uk

We collect gently used clothes, shoes and bags from the community and turning them into cash for schools.

GoLowCarbon

Go Low Carbon

www.golowcarbon.co.uk

Saving your business money, time and carbon via solar PV, green energy tariff brokering & carbon reduction journeys.



Greenarc Vehicles

www.greenarcvehicles.co.uk

We specialize in helping businesses select, fund and manage their company vehicles.



H&H Reeds

www.hhreeds.co.uk

We are an marketing agency focused on creative web design, digital marketing, printed products and bespoke signage.



HX CAR PARK MANAGEMENT LTD

HX Car Park Management

www.hx-pcn.com

HX Car Park Management Ltd is a leading provider of parking management services across the UK.



Indelible Data

www.indelibledata.co.uk

We have certified over 2,500 companies to either Cyber Essentials Basic or Plus levels.



Infinity Print Solutions

www.infinityprintsolutions.co.uk

Passionate about printers since 2002. Your go-to supplier for printer solutions in Cumbria and North Lancashire.



Kinsella HR Solutions

www.kinsellahr.co.uk

Unlock HR Excellence: Welcome to Kinsella HR Solutions.



Partnerships for sustained success

Join us with our strong reputation for applied business research and consultancy, Degree Apprenticeships, Knowledge Transfer Partnerships, entrepreneurship, innovation, training and our new Apprenticeship Matching Service. By working with us you will have access to the expertise of academics, research staff, students and graduates to help your business develop.

uclan.ac.uk/business
01772 895500
business@uclan.ac.uk
[@UCLanBusiness](https://twitter.com/UCLanBusiness)



**University of
Central
Lancashire**



Our Exhibitors

More exhibitors on [page 11](#).

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Lake Mill Training

www.lakemillconsulting.co.uk

Lake Mill Training provide Microsoft Office training to businesses in Cumbria and the North of England.



Lakeland Fleet Management

www.leaseyournewcar.co.uk

Your locally based independent partner for vehicle leases on long term and flexible lease terms.



Lancaster University

www.lancaster.ac.uk/conferences

We provide high-quality education for practicing managers, leaders & professionals, locally, nationally & globally.



Partner

Lagan's Foundation

www.lagans.org.uk

Providing unique home health care and respite in the North West for families & children living with complex health needs.



LGH - Carlisle Station Hotel

www.carlisestationhotel.co.uk

Superbly located in the city's historic Court Square, this Victorian built hotel boasts contemporary and modern interiors.



Lloyd Motor Group

www.lloydmotorgroup.com

Whether you're a company car driver, small business owner, or have a national fleet we have a vehicle solution for you.




Partner

LOCALiQ

www.localiq.co.uk

LOCALiQ is one of the UK's fastest-growing digital marketing agencies.



Mitie

www.mitie.com

The UK's leading facilities management company.



Myerscough College

www.myerscough.ac.uk

We will be promoting our Leadership & Management offer for current & future leaders.

Our Exhibitors

More exhibitors on [page 12](#).

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Our Exhibitors

NESPRESSO
PROFESSIONAL

Nespresso Professional - Lyreco

www.nespressoforbusiness.co.uk

Exceptional premium coffee moments, in the comfort of your own business.

New Futures Network

New Futures Network

www.newfuturesnetwork.gov.uk

The specialist employment team in HMPPS that partners businesses and prisons and supports prisoners to be job ready.

 Lancashire and South Cumbria  Careers
in health and social care

Partner

NHS Lancashire and South Cumbria ICB

www.nhscareersnw.co.uk

Offering a myriad of opportunities to those seeking a career within the Health & Social Care sector.

 **Nighthawk Software**
SIMPLIFYING YOUR BUSINESS

Nighthawk Software

www.nighthawksoftware.com

We develop custom software products that help businesses increase productivity.

 **Penrith building society**
Listening and Supporting, Since 1877

Penrith Building Society

www.penrithbs.co.uk

Being a mutually owned organisation creates the right environment where the member comes first.

 **PSP**
Paediatric and Neuro Rehabilitation Ltd

PSP Paediatric & Neuro Rehab

www.psp-uk.co.uk

Bespoke training programmes for families and support workers of individuals with complex needs.

 **Realise**

Realise HR

www.realisehr.co.uk

Realise HR is a multi-disciplinary HR Consultancy who supports businesses of all sizes.

 **Riverside RECRUITMENT**

Riverside Recruitment UK

www.riversiderecruitment.co.uk

Riverside Recruitment is your 'local' recruitment agency.

 **SCALE ABILITY**
COACHING, MENTORING, TRAINING.

Scale-Ability

www.scale-ability.co.uk

Business Mentoring, Coaching and Team Development: Developing teams and leaders to build a stronger business.



Our Exhibitors

More exhibitors on [page 14](#).

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Serconnect

www.serconnect.co.uk

Serconnect are a NERS Accredited Independent Connection Provider, experts in HV & LV connections and services.



Stafforce

www.stafforce.co.uk

A Recruitment Agency driven by our clients staffing needs with over 45 years' experience.



Tech4 Office Equipment

www.tech4office.co.uk

We offer a wide range of electronic office equipment to the city's businesses and organisations.



Telford Citroen & DS Carlisle

www.telfordautomobiles-carlisle.co.uk

For half a century, Telford Citroen and DS has been an integral part of Carlisle's automotive landscape.



The Jockey Club Venues

www.thejockeyclub.co.uk/venues

Jockey Club Venues offer versatile and flexible venues to deliver exceptional quality conference and events.



The North Lakes Hotel and Spa - Daniel Thwaites Group

www.northlakeshotel.co.uk

The luxurious 4* North Lakes Hotel & Spa offers modern comfort and relaxation.



Thomas Graham

www.thomas-graham.co.uk

Thomas Graham are a family run, one stop shop to over 35000 different items of stock.



TI Accountancy

www.tiaccountancy.co.uk

Treating Your Business as if it was our own - experts in Bookkeeping, Payroll and Accounts.



UK Healthcare™

Looking after every body

UK Healthcare

www.ukhealthcare.org.uk

Not for profit - healthcare cash plan provider.



Lancashire and South Cumbria
Health and Care Partnership

Careers
in health and social care

You can find out more by visiting
www.nhscareersnw.co.uk



Discover your career in Health & Care

Our Careers and Engagement Team work across the Lancashire and South Cumbria region to provide a wealth of opportunities for all to be inspired and supported into their dream career working in the NHS and Care.

Our Careers and Engagement team is a network of friendly and knowledgeable professionals who develop events, projects and programmes to support the future workforce. Working with schools, colleges, universities, healthcare partners and other employers, our common aim is to help people of all ages access information and experience through our projects and hub services.

We are continuously developing an engaging range of experiences and opportunities across the Lancashire and South Cumbria region. We want to help you find the career of your choice within the NHS and Care.



Apprenticeships

- Apprenticeship Pathways
- Clinical and Non-clinical
- Features and Benefits



Placements

- Work Experience
- College/T Level Placements
- Internships and Traineeships



Programmes

- Employability Opportunities
- Employability Support
- Resources and Success Stories
- Kickstart opportunities can be found in vacancies



Events

- Apprenticeships
- Interactive Careers Sessions with professionals
- Recruitment

Did you know we offer Free E-learning?

Aspire E-Learning is our new online learning tool which forms part of our NHS Careers website. It consists of a range of interactive e-Learning courses, free of charge which provide Students with certification upon completion. The courses will include exciting Podcasts and link into various resources and events on our website. Students can explore a variety of subjects including Apprenticeships, Confidence Building, T-Level information, Boosting Employability, Health & Social Care roles, Introduction into Primary Care and more. Suitable for all age ranges, Aspire will support Student Career aspirations and interests by providing interactive ways of gaining knowledge and developing skills required for a career in Healthcare. Students are able to work at their own pace and choose which topics to cover based on their interests and goals.





Our Exhibitors

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University of Central Lancashire

www.uclan.ac.uk

The University of Central Lancashire is a public university based in the city of Preston, Lancashire, England.



We Are Digital

www.wearedgtl.co.uk

We Are Digital is a full-service digital marketing agency based in Kendal.



Woodstock Legal Services

www.woodstocklegalservices.co.uk

A fresh approach to Law. We are a niche law firm regulated by the Solicitors Regulation Authority.

NORTH WEST BUSINESS EXP 2023

#NWBE2023
FRIDAY 6TH OCTOBER

Bolton Stadium Hotel
9am til 3pm

Register your interest at
www.shoutexpo.com

LOCALiQ VIDEO



LOCALiQ





#WeAreCumberland

We are Cumberland



**Choose Cumberland
for all your business needs**

cumberland.gov.uk