

FAMILY EDUCATION PROGRAMS SUMMER 2024 | JULY - SEPTEMBER



STORYWALK - FREE

Pre-registration Required

Every Monday July 1 - Sep. 30 - 10am-11am. Open to all ages. Location: Market & Welcome Center. Read a farm-themed story as you enjoy the forest and explore nature along our 1-mile StoryWalk trail. The StoryWalk Project was started by Anne Ferguson of Montpelier, VT and developed in collaboration with the Vermont Bicycle and Pedestrian Coalition and the Kellog-Hubbard Library. Stories change every 2 weeks.

ICE CREAM MAKING - \$8

Pre-registration Required
July 2, 13, 18, 21, 30 Aug. 3, 8, 13, 21, 25 Sept. 5, 7, 10 - 10am-11:30am. Open to all ages. Location: Education Barn.

After learning how homemade ice cream is made you will work up an appetite touring our dairy facility, meeting our awardwinning herd of Holsteins and learning a bit about how we care for them. The ice cream will be churning while you are away and will be ready to enjoy a sample of at the end of your tour.

SALSA MAKING - \$8

Pre-registration Required July 3, 7, 23 Aug. 6 - 10am-11:30am.

Open to ages 6 & up. Location: Education Barn. Join us for a family program designed to awaken your taste buds. We will harvest fresh produce and herbs from our garden and learn how to make a farm-fresh salsa. The type of salsa will vary due to availability in the garden and participant's choices.

FRIDAY FARMERS - \$7

Pre-registration Required

Every Friday July 5 - Sep. 27 - 10am-11:30am. Open to ages 3 & up. Location: Education Barn.

Every Friday we gather with our friends in the Family Farmyard to tackle farm chores as a team. All will have a chance to lend a hand and get their boots dirty while exploring the farm! Chores and activities are season and weather-dependent.

FAMILY FARMYARD FUN - \$7

Pre-registration Required
July 6, 16 Aug. 1, 4, 24 - 10am-11:30am.
Open to all ages. Location: Education Barn.

You will find both animals and plants thriving in our engaging family farmyard. Join us for an educator-led tour to see who lives in the farmyard, how we care for them, and what they give us in return. Be ready to jump into hands-on activities on the farm!

AFTERNOON AT THE **EQUESTRIAN CENTER - \$7**

Pre-registration Required
July 12, Aug. 9, Sept. 13 - 12:30pm-2pm.
Open to ages 6 & up. Location: Equestrian Center. Children age 6 and older are invited to join us at the Pineland Farms Equestrian Center to meet some of the prize-winning Cabot Morgans and tour our world-class facility. Visitors will tour the barns and paddocks, groom a Morgan, and discover the history of the Morgan breed at the Morgan Horse Museum.

PLAY DAYS Program includes 3 visits.



Pre-registration Required. One adult is free with child.

July 10, Aug. 14, Sept. 11 - 10:00AM - 11:00AM

Meet at the Pineland Farms Produce Division at: 752 Mayall Rd, New Gloucester, Maine

During this multi-visit program, for 2 and 3 year olds with their adult caregiver, you have the opportunity to build relationships while exploring the environments of Pineland Farms. Age-appropriate games and activities will engage participants and inspire their natural curiosity in the world around them.







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FARMYARD HELPER - \$7

Pre-registration Required

July 21, Aug. 6, Sept. 18 - 4:15pm-5:45pm. Open to ages 6 & up. Location: Education Barn. Children above the age of 6 are invited to join us for our Farmyard Helper program - a hands-on opportunity to meet and assist in the care of our farm animals. Each animal has a specialized care routine that involves feeding, watering, grooming, cleaning, and more. Join us for a behind-the-scenes look at daily chores in the farmyard.

TEA PARTY - \$8

Pre-registration Required

July 25, Aug. 29 - 3:30pm-5pm. Open to ages 6 & up. Location: Education Barn. Find refreshment on a summer's day in our herb garden. Children age 6 and older will harvest their choice of plants and create a tea blend to bring home. The program will end with a fresh mug of tea - hot or iced available!

FAMILY PROGRAM FAQ's

Programming begins promptly, please arrive on time.

FOR CANCELLATIONS follow us on Facebook or call Education at 207.650.3031.

Programs may be cancelled if minimum enrollment is not met.

Due to the nature of a working farm some programs/featured animals may vary.

GARDEN TASTING - \$7

Pre-registration Required

Aug. 7, Sept. 4 - 10am-11:30am.

Open to ages 3 & up. Location: Education Barn.

We invite our younger friends to explore the summer gardens and awaken their developing taste buds with samples directly from our vegetable beds. We will learn a bit about what we can do to care for plants and enjoy what the harvest has to offer together! We are excited to welcome a guest, local author, Kalee Gwarjanski to read her gardening picture book MISS MACDONALD HAS A FARM to this program. Signed copies are available in our market and she is happy to personalize them.

PICKLING - \$9

Pre-registration Required Aug. 18, 28 - 10am-11:30am.

Open to ages 6 & up. Location: Education Barn. Children age 6 and older will learn to make pickles or dilly beans using our refrigerator-pickling method. Best of all, the ingredients will be fresh from our summer gardens and

harvested during the program. Each participant will leave with their own jar of pickled goodies and a better understanding of a long-standing food preservation method. Adult pickling programs are also available in our adult program listing!

HARVEST LUNCH - \$8

Pre-registration Required

Aug. 27, Sept. 1, 3 - 10am-11:30am.

Open to ages 6 & up. Location: Education Barn. Children aged 6 and up are invited to join us in the garden to discover what the summer harvest has to offer. Everyone will have the opportunity to explore the garden beds and sample a variety of produce. We will end the program with a picnic lunch made from our own harvest!

APPLE CIDER MAKING - \$7

Pre-registration Required

Sept. 21, 22, 25 - 10am-11:30am, Sept. 25 - 4:15pm-5:45pm. Open to all ages. Location: Education Barn.

Join us as we pick and press apples from our apple orchard and learn how fresh apple cider is made. Enjoy a taste before heading home.



Pre-register for family programs here:











ADULT PROGRAMS & ACTIVITIES SUMMER 2024 | JULY - SEPTEMBER

LEARN TO PLAY DISC GOLF - \$10 CHEESE MAKING AND DAIRY

Pre-registration Required

June 25, July 16, Aug. 13 - 5:30pm-7pm.

Open to all ages. Must be able to hike over various terrain for 2-3 miles

within the time frame. Location: Outdoor Center.
Curious about the exciting sport of disc golf and eager to give it a try? Learn and practice the basics with an experienced disc golfer who will teach you the ropes and then guide you through a shorter course, so you'll be ready to play on your own. Bring your own discs, or borrow one of ours.

Contact: outdoor@pinelandfarms.org or 207.688.6599

MUSHROOM IDENTIFICATION WALK - \$30

Pre-registration Required

July 6, 27 Aug. 10, 24 - 10am-12pm.

Ages 14 & up with adult supervision. Location: TBD. Join North Spore Mushrooms for an informative walk and learn about foraging and local mushroom species. Add to your knowledge or learn a new skill! North Spore specializes in fresh mushroom cultivation as well as producing "mushroom spawn" for home growers and mushroom farms. These walks are a great time to learn and ask all your mushroom questions! Be prepared to be outside for the entirety of the program.

Contact: education@pinelandfarms.org or 207.650.3031



NATURE PROGRAMS WITH **HUGHES KRAFT**

Pre-register for both programs for a \$5 discount!

CONNECT WITH NATURE - \$20

Pre-registration Required

July 21, Aug, 31 - 9am-11am

Ages 18 and up. Location: Education Barn. This 2-hour experience, held entirely outdoors, is an opportunity to tune into the forests of southern Maine while exploring with the curiosity that came naturally during childhood. Plan to wander and wonder with guidance from Jack Flanagan and Hughes Kraft.

FOREST BATHING - \$20

Pre-registration Required

July 20, Aug. 17, Sept. 22 - 9am-11am Ages 18 and up. Location: Education Barn. Are you looking for a different way to de-stress and connect to the natural world around you? Pineland Farms has partnered with Hughes Kraft to offer Forest Bathing. Forest Bathing is a two hour opportunity to slow down and connect with oneself while immersed in nature.

Contact Education: education@pinelandfarms.org or 207.650.3031

TOUR - \$15

Pre-registration Required

July 16, Aug. 10, Sept. 7 - 3pm-5pm.

Ages 14 & up with adult supervision. Location: The Sugar House. While learning the basics of making cheese curds, enjoy a behind the scenes tour of our dairy facility including an observation of an afternoon milking.

Contact: education@pinelandfarms.org or 207.650.3031

PICKLING FOR ADULTS - \$12

Pre-registration Required

Aug. 18 - 3pm-4:30pm.

Ages 14 & up with adult supervision. Location: Education Barn. Enjoy an afternoon in the Family Farmyard harvesting and preparing produce from our gardens while learning the basics of the refrigerator-pickling method.

Contact: education@pinelandfarms.org or 207.650.3031

ADULT PAPER MAKING - \$12

Pre-registration Required

Aug. 24 - 3pm-4:30pm.

Ages 14 & up with adult supervision. Location: Education Barn. Learn how to combine recycled shredded paper and the bounty that nature provides us to create a custom paper product. Join us in the Family Farmyard to gather materials and partake in the art that is paper making. Be prepared to be outside for the entirety of the program. Contact: education@pinelandfarms.org or 207.650.3031

GARLIC BRAIDING - \$30

Pre-registration Required Sept. 15 - 3pm-4:30pm.

Ages 14 & up with adult supervision. Location: Produce Division. Garlic braiding dates to ancient Greece and continues to be practiced today as a way of preserving and storing garlic while also decorating our homes. We are anxiously watching as our soft neck garlic grows and will be harvesting it to dry soon. We look forward to gathering in September to create 5 head garlic braids together. We hope you join us! Be prepared to be outside for the entirety of the program.

Contact: education@pinelandfarms.org or 207.650.3031



ADULT PROGRAM FAQ's

- Programming begins promptly, please arrive on time.
- FOR CANCELLATIONS follow us on Facebook or call Education at 207.650.3031.
- Programs may be cancelled if minimum enrollment is not met.
- Adult supervision is required for ages 14-17.







*Ask about our Annual Farm Pass, Recreation Passes, & and Open Gym Punch Cards for discounts.

ADULT PROGRAMS & ACTIVITIES SUMMER 2024 | JULY - SEPTEMBER

PINELAND FARMS TROLLEY **TOURS - \$14**

Pre-registration Required

July 13, Aug. 4, Sept. 21 - 1pm-2:30pm. Ages 14 & up with adult supervision. Location: Market & Welcome Center. This 1.5-hour journey designed for a mature audience will begin at our Market and Welcome Center where you will climb aboard Trina, our 25-passenger trolley. We will begin with a driving tour of the historic Pineland Farms campus before taking the scenic, winding road down to the Valley Farm. There you will get off the trolley at the Dairy Barn and the Family Farmyard to visit our Holstein cows and a variety of other farmyard animals before returning to the Market and Welcome Center. We can't wait to

share the farm with you! Contact: education@pinelandfarms.org

WOMEN'S HIKE NIGHT - \$5

Pre-registration Required

or 207.650.3031

July 3, Aug. 7, Sep. 4, Oct. 2 - 6pm-8pm.

Open to all ages & abilities. Location: Outdoor Center. Come join us at the Pineland Farms Outdoor Center every first Wednesday of the month this summer for our Women's Hike Night! Connect with new friends as our staff lead you on a 2-3 hour moderate-level hike along our picturesque trails. We will take a moment to recharge with a small break and a snack. Boost your confidence on the trails for the next time you venture out on your own solo or group hike at Pineland Farms. Hike ending times may vary.

Contact: outdoor@pinelandfarms.org or 207.688.6599

FULL MOON HIKE - \$10

Pre-registration Required
July 21, Aug. 19 - 7pm-10pm. Sept. 17 - 6pm-9pm. Open to all ages. Must be able to hike various terrain for 3 miles. Location: Outdoor & Fitness Center. Weather dependent.

Gather your friends and family and join us for a full moon hike starting from the Pineland Farms Outdoor & Fitness Center. Experience breathtaking views of the Full Moon and the stars. During this adventure, you'll trek along the scenic Pineland Farms trails, immerse yourself in nature, discover the history of Pineland Farms, explore available programs, and more. After the hike, unwind by one of the fire pits and indulge in a delicious treat! Contact: outdoor@pinelandfarms.org or 207.688.6599

GET RUNNING ON THE FARM: BEGINNER RUNNING GROUP - \$5

Pre-registration Required

Wednesday nights in July, Aug. & Sept. Starts at 5:30pm. Open to all ages & abilities. Location: Outdoor Center.

New to running and looking for a place to grow and learn more about the sport in a safe, supportive environment? Come join Get Running on the Farm for our beginner running sessions each week! Runners will participate in a dynamic warm-up and planned route led by one of our experienced employees, who are happy to provide tips, tricks, and advice. It's a great opportunity to learn more about the sport of running, build confidence, stay active, and meet a great community of other runners! **Contact:** outdoor@pinelandfarms.org or 207.688.6599

PINELAND FARMS RUN **CLUB - FREE**

Pre-registration Required

Wednesday nights in July, Aug. & Sept. Meets at 5pm. Open to a range of abilities but should be comfortable running in a group & navigating trails independently. Location: Outdoor Center. Looking for a group to go running with on the beautiful trails of the Pineland Farms campus? Meet at the Outdoor Center each Wednesday night at 5pm for a 2-5 mile run on the Pineland trail system. A "route of the week" will be provided or participants may pick their own adventure - runners choice! Register on the TeamReach app with the group Pineland Farms Run Club using code PFrunclub. Contact: outdoor@pinelandfarms.org or 207.688.6599

THE FOREST TREES OF **MAINE - \$7**

Pre-registration Required

Sept. 5 - 5pm-7pm.

Ages 14 & up with adult supervision. Location: Education Barn. We are surrounded - but by what exactly? District Forester, Shane Duigan of the Maine Forest Service will guide this educational journey through the woods focusing on the fundamentals of identifying the trees that surround us. Shane Duigan is the District Forester for the Maine Forest Service (MFS) serving Cumberland, Androscoggin and Sagadahoc counties. He has a B.S. in Land Use from the University of Maine at Orono and an M.S. in Forestry from the Yale School of Forestry. Shane has worked in the woods in some capacity (forester, environmental consultant, logger) for 25 years.

Contact: education@pinelandfarms.org or 207.650.3031



GARDEN TOURS - \$5

Pre-registration Required

Tuesdays Jun. 25, Jul. 23, Aug. 20, Sept. 10 - 2pm-3:30pm. Open to all ages. Location: The Garden.

Enjoy a tour and relax in our beautiful garden surroundings. Stroll the paths and mingle with friends. We'll be here to answer your garden questions. Light refreshments will be served.

Contact: cjalbert@pinelandfarms.org or 207.688.4800 ex. 11



















MORE THINGS TO DO

In addition to our programs & activities Pineland Farms is open daily for farm visits and recreation. Stop by the Market for delicious food in our cafe & bakery or for a wide array of locally sourced produce, meats, cheeses, and grocery items - 15 Farm View Drive, New Gloucester, Maine.

FARM VISITS

You can visit the Dairy Farm, Family Farmyard, and Equestrian Center (open Thurs-Sat 9am-2pm) year-round with a 2-Hour Farm Pass. Farm passes are pre-registration, purchase online to reserve a time slot.

207.650.3031

https://shop.pinelandfarms.org/ collections/all-classes-events/ 2-hour-farm-pass



VISIT THE GARDENS

All of our professionally designed gardens are created and maintained for the public to enjoy and learn. The Garden, Lilac Garden and Annual Displays around Campus and the Great Lawn are available FREE for all to enjoy from 8 am until dusk spring, summer & fall.

Visit: https://pinelandfarms.org/ experience/the-gardens/





OUTDOOR RECREATION

Hike the trails, play disc golf, bike, try orienteering, pick up a game of bocce or tennis, or enjoy our pick up a game of bocce of terms, of engages indoor activities like candlepin bowling, open gym basketball, pickleball, and more! 207.688.6599



Visit: https://pinelandfarms.org/recreation/ outdoor-center/



CANDLEPIN BOWLING

Family-friendly lanes include bumpers for those who would like to utilize them. Paper score cards are provided. \$25/lane per hour. 4 people per lane. Please bring your own bowling shoes or wear socks. 207.688.6599



https://pinelandfarms.org/recreation/ outdoor-center/candlepin-bowling/







SEASON PASSES

Do you love our family programs and recreational opportunities? Get an annual or season pass to the farm, disc golf, xc skiing, biking, or snowshoeing for added benefits including 10% off purchases at the Market. Learn more about our Educational & Recreational opportunities at pinelandfarms.org

ANNUAL FARM PASS

Grants a family of four access to the farm, 50% off family programs, and 10% off at the Market for one whole year!

207.650.3031

Visit:

https://shop.pinelandfarms.org/collections/annual-season-passes/products/farm-season-pass-1





OPEN GYM PUNCH CARD

Join us for teen & adult open gym activities. Drop in for \$5/per person or \$50/ for this 10-pass punch card and receive 1 free visit after you turn in your card with 10 punches. 207.688.6599

Visit:

https://shop.pinelandfarms.org/collections/all-recreation-passes-activities/products/open-punch-card





RECREATION SEASON PASSES

We offer season passes to XC skiing & snowshoeing as well as annual passes for mountain/fat biking & disc golf! All recreation season passes offer access to your favorite activity plus 10% off a the Market, 2 free guest passes, and 10% off rentals.

To learn more about each season or annual pass scan the QR code below and select the pass that interests you!

Call 207.688.6599

Visit:

https://shop.pinelandfarms.org/collections/all-recreation-passes-activities





