


Reflections... SEPTEMBER 2025



Miller Center Senior Transportation



WALK 2
0
RIDE 2
5

for a

MILLER CENTER
Pekin Park District
Enjoy Your Age!

SEPTEMBER 9, 2025
5:00 CHECK-IN
5:30 WALK
PEKIN PARK LAGOON

Register at Miller Center

2025 Walk for a Ride Sponsors

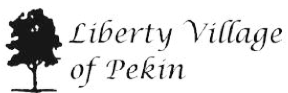


JOHN 3:16

EXERCISE
with Ann



Don Sarff
Sales Representative
(309) 713-5359



Charter Senior Living of Pekin - CEFU - Arcadia of Morton - NuEra
Integrity Plus Financial Solutions - Pekin Area Chamber of Commerce

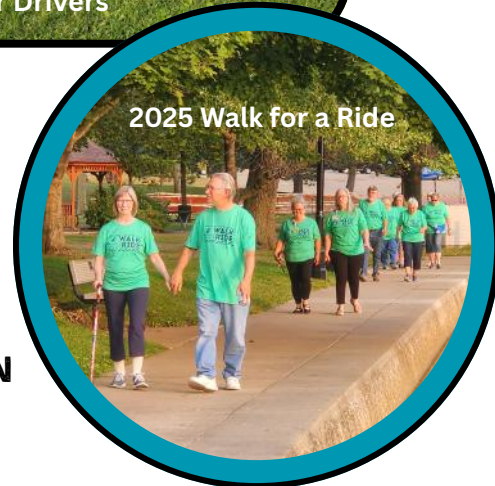


September 10th
Pekin Location

**PROCEEDS GO DIRECTLY TO
MILLER CENTER SENIOR TRANSPORTATION**

★ YOUR DONATIONS STAY LOCAL! ★

\$30



www.pekinparkdistrict.org/facilities/miller-center/

facebook.com/pekinmillercenter

pekinparkmillercenter@gmail.com

MILLER CENTER - 309-346-5210 - 551 S. 14TH ST - PEKIN, IL. 61554

MILLER CENTER ENGAGES ACTIVE LIFE THROUGH ACTIVE LIVING!

Drop by the center to meet with friends and make new ones! Feel active and youthful when participating in the various activities and events offered here. There is always a friendly face to greet you as you enter. Once inside, join friends for a class or one of many games; express yourself through woodcarving and crafts; maintain a healthy body, mind and spirit through exercise classes; or hop on the Miller Center bus for an adventurous day trip.

At the Miller Center you will ENJOY YOUR AGE!

MILLER CENTER MAJOR SPONSORS

- 50 + News & View
 - Busey Bank
 - Carle Health Volunteer Services
 - Charter Senior Living
 - CEFCU
 - Don Sarff Insurance
 - Golden Tours
- Health Alliance
 - ICPR
 - John 3:16
 - John Evans Supportive Living
 - Liberty Village of Pekin, Pekin Manor & Pekin Estates
- NuEra
 - OSF HealthCare
 - Preston-Hanley Funeral Home
 - Spoon River Home Health Services
 - United Way of Pekin
 - Villas of Holly Brook Pekin

MILLER CENTER SENIOR TRANSPORTATION SERVICE

Monday - Friday * 8:00 - 4:00 * 309.346.5210

IN TOWN (PEKIN)	OUT OF TOWN
\$4 per trip	\$11 per trip
Wheelchair transport \$15 per trip	Wheelchair transport \$25 per trip

- Doctor Appointments
 - Grocery Stores
 - Hair Appointments
- Miller Center
 - Banks
 - and more!



These are suggested donations. No one is turned away for inability to pay. Miller Center Transportation is partially funded by The United Way of Pekin.

NEW DAY SENIOR SERVICES

Center for Youth & Family Solutions offers an outreach program called **New Day Senior Services** to help identify available services and resources for you. Services are free and available to those 60 years and older.

Some information they can provide is: **Benefit Access Applications, Home Delivered Meals, Legal Services, In-Home Counseling & MORE!**

*Call Megan at 309-323-6568 to schedule an appointment. She will be at Miller Center on the **2nd Monday of the month at noon.***



SPECIAL EVENTS

Power of Age Expo 2025 monthly lunch and learn series.



The Power of Age Expo 2025

CHANGING THE CONVERSATION ON AGING
HOT TOPICS • LOCAL VENDORS • FREE LUNCH
MONTHLY LUNCH AND LEARN EXPO

The doors open at 10:30am. Lunch is served while you listen to the speaker and there is time to check out the vendors and ask questions.

REGISTER NOW

309.346.5210

****Registration limited*

SEP

23RD

Presented by:

Ryan, Walgreens Pharmacy Operations

“Vaccines and
What You Need to Know”
Vaccine Clinic

**Lunch is
sponsored by:**



OCT

28TH

Presented by:

Sherry Gordon-Harris, Health Alliance

10 Common Medicare
Mistakes

**Lunch is
sponsored by:**



NOV

25TH

Presented by:

Ruth Arms, Carle Health Pekin Hospital Volunteer Services

Volunteerism and the
Impact You Can Make

**Lunch is
sponsored by:**



HERE'S WHAT'S HAPPENING



Golden Tours and Miller Center have partnered for 5 Ultimate Daytrips! These trips leave from Miller Center with a fun 'send-off' each time!

If you have questions regarding the trips or would like to make reservations please call Tracy Ann Drill @ 309-369-3171.

Mystery Tour Trip

Monday, October 13, 2025 * 7:00am - 7:30pm

Are you ready for the 2nd Annual Mystery Trip with the Miller Center? The first one sold out and was a big hit! This one will surely move you and be thrilling! It will include a finger licking lunch that won't leave you hungry. Don't delay or you might miss this amazing Mystery Trip!

Includes: Luxury Motor Coach, Professional Driver, Tracy as your Tour Host, Miller Center Pick-Up Location, Activities on the Coach, Entertainment & a Premium Lunch!

This all inclusive trip is \$195 per person



Holiday Inn at Myers Theatre

Wednesday, December 10, 2025 * 8:30am - 6:30pm

Enjoy this small town theatre in Hillsboro, Indiana where they offer theater enthusiasts quality entertainment shows and homemade meals for over a quarter of a century! Today we'll see Irving Berlin's Holiday Inn telling a story of Jim, who leaves the bright lights of show business behind to settle down on his farmhouse in Connecticut... but life just isn't the same without a bit of song and dance. Jim's luck takes a spectacular turn when he meets Linda, a spirited schoolteacher with talent to spare. Together they turn the farmhouse into a fabulous inn with dazzling performances to celebrate each holiday, from Thanksgiving to the Fourth of July. But when Jim's best friend tries to lure Linda to Hollywood to be his new dance partner, will Jim be able to salvage his latest chance at love? Based on the classic film, Irving Berlin's Holiday Inn. You'll enjoy your delicious meal and famous rolls which you can purchase after the show!



Includes:

Luxury Motor Coach, Professional Driver, Tracy as your Tour Host, Miller Center Pick-Up Location, Activities on the Coach, Entertainment & a Premium Lunch!

This all inclusive trip is \$185 per person

AT THE MILLER CENTER



MARIGOLDEN Line Dance **AND** Euchre Parties

at the Miller Center (cross from the Lagoon)

Saturday · September 6th
7:00 - 10:00 PM

Admission: \$7.00 (Line Dance)
\$3.00 (Euchre)



Fun for all ages, dance levels or for those who want to come just to watch!



DINE IN OR CARRY OUT

MARIGOLDEN BREAKFAST

PANCAKES
SAUSAGE
COFFEE OR JUICE

Sunday, Sept. 7, 2025 | 8:00a - 10:00a

Miller Center

551 S. 14th St. Pekin, IL 61554

Next STOP Thrift SHOP



Sponsored by:



Join us at 8:30 AM as Spoon
River Home Health sponsors a
light breakfast to begin our day!

Seats are limited! \$25
activity fee
payment due at registration



Wednesday, September 17th
~Clinton / Lincoln~

Thursday, October 2nd
~Fairbury / Gridley~

Thursday, October 23rd
~Riders Choice~

Monday

Tuesday

Wednesday



2

8:30 Wood Carvers
 10:00 Walking Club+
10:30 Pinochle Tournament with Lincoln Oasis

3

9:00 Exercise w/ Ann
 9:30 Crafts & Conversation
 10:15 Exercise w/ Ann
 12:30 Dartball
 1:00 Miller Melodies
6:30 OPEN LINE DANCE

8

9:00 Exercise w/ Ann
 10:15 Exercise w/ Ann
12:00 New Day Senior Services
 12:30 Game Day
 12:30 Dartball
 12:30 Mah Jongg
 12:30 Double Pinochle
6:00 Garden Club

9

8:30 Wood Carvers
9:00 BREAKFAST BINGO
 10:00 Walking Club+
 12:30 Pinochle

5PM Lagoon Miller Center Senior Transportation
WALK for a RIDE
 MILLER CENTER
 Enjoy Your Age!

10 DINE OUT!

9:00 Exercise w/ Ann
 9:30 Crafts & Conversation
 10:15 Exercise w/ Ann
10:30 Digital Literacy
 12:30 Dartball
 1:00 Miller Melodies
1:30 Digital Literacy
2:00 Alzheimer Support Group

15

9:00 Exercise w/ Ann
 10:15 Exercise w/ Ann
 12:30 Game Day
 12:30 Dartball
 12:30 Mah Jongg
 12:30 Double Pinochle

16

8:30 Wood Carvers
 10:00 Walking Club+
 12:30 Pinochle
1:00 Paint Day

17

8:30 AM Thrift Shopping Trip
 9:00 Exercise w/ Ann
 9:30 Crafts & Conversation
 10:15 Exercise w/ Ann
10:30 Digital Literacy
 12:30 Dartball
 1:00 Miller Melodies
1:30 Book Club
1:30 Digital Literacy
7:00 Bottle Collectors

22

9:00 Exercise w/ Ann
 10:15 Exercise w/ Ann
 12:30 Game Day
 12:30 Dartball
 12:30 Mah Jongg
 12:30 Double Pinochle

23

POWER OF AGE EXPO VACCINE CLINIC

8:30 Wood Carvers
~~10:00 Walking Club+~~
 12:30 Pinochle

24

9:00 Exercise w/ Ann
 9:30 Crafts & Conversation
 10:15 Exercise w/ Ann
10:30 Digital Literacy
 12:30 Dartball
 1:00 Miller Melodies
1:30 Digital Literacy

29

NATIONAL COFFEE DAY

9:00 Exercise w/ Ann
 10:15 Exercise w/ Ann
 12:30 Game Day
 12:30 Dartball
 12:30 Mah Jongg
 12:30 Double Pinochle

30

8:30 Wood Carvers
 10:00 Walking Club+
 12:30 Pinochle



Thursday

Friday

Sat/Sun

4 8:30 Wood Carvers
 9:30 BINGO
9:30 Matter of Balance
 10:00 Walking Club+
 12:30 Hand & Foot
 1:00 Beginner Line Dance Lessons
 2:00 High Beginner Line Dance Lessons
 6:00 Lapidary

5 9:00 Exercise w/ Ann
 9:00 Quilting Group
 10:15 Exercise w/ Ann
 12:30 Euchre
1:00 Movie -
"You Gotta Believe"

MARIGOLDEN
Line Dance AND
Euchre Parties
 at the Miller Center (cross from the Lagoon)
 Saturday · September 6th
 7:00 - 10:00 PM

7

MARIGOLDEN
BREAKFAST



POPCORN FRIDAY

PEKIN MARIGOLD FESTIVAL
TEAM SPIRIT
 MINERAL SPRINGS PARK | SEPTEMBER 3-7, 2025

11 8:30 Wood Carvers
 9:30 BINGO
9:30 Matter of Balance
 10:00 Walking Club+
 12:30 Hand & Foot
 1:00 Beginner Line Dance Lessons
 2:00 High Beginner Line Dance Lessons
 6:00 Lapidary
7:00 Square Dance

12 9:00 Exercise w/ Ann
 9:00 Quilting Group
 10:15 Exercise w/ Ann
 12:30 Euchre
1:00 Movie - "The Thursday
Night Murder Club"



POPCORN FRIDAY

Talk Like
A Pirate
Day



14

18 8:30 Wood Carvers
 9:30 BINGO
9:30 Matter of Balance
 10:00 Walking Club+
 12:30 Hand & Foot
 1:00 Beginner Line Dance Lessons
 2:00 High Beginner Line Dance Lessons
 6:00 Lapidary

19 9:00 Exercise w/ Ann
 9:00 Quilting Group
 10:15 Exercise w/ Ann
 12:30 Euchre
1:00 Movie - "The
Pirates of the Caribbean:
The Curse of the Black
Pearl"

MINIATURE
GOLF DAY
 SEPTEMBER 21

21

POPCORN FRIDAY

25 8:30 Wood Carvers
 9:30 BINGO
9:30 Matter of Balance
 10:00 Walking Club+
 12:30 Hand & Foot
 1:00 Beginner Line Dance Lessons
 2:00 High Beginner Line Dance Lessons
 6:00 Lapidary
7:00 Square Dance

26 9:00 Exercise w/ Ann
 9:00 Quilting Group
10:00 Rockin' with Ruby
 12:30 Euchre
1:00 Movie -
"Man in the Moon"

Good Neighbor Day
SEPTEMBER 28

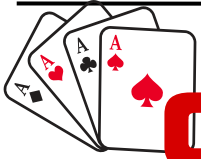
28



POPCORN FRIDAY

September 2025

GAMES & FUN



CARD GROUPS

Monthly Euchre Party

September 6th
October 4th

Admission is \$3 per person

7:00 PM - 10:00 PM

Popcorn, coffee & tea provided

Weekly Activity Fee: \$3

DOUBLE PINOCHLE

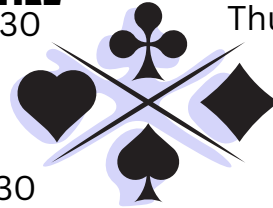
Mondays @ 12:30

HAND & FOOT

Thursdays @ 12:30

PINOCHLE

Tuesdays @ 12:30



EUCHRE

Fridays @ 12:30

BREAKFAST BINGO

9:00 Breakfast 9:30 BINGO

\$5 includes HOT breakfast and 5 cards

Please register in advance at Miller Center

Tuesday, September 9th

Sponsored by:



THURSDAY BINGO

Every Thursday
9:30 AM

3 cards for \$3
5 cards for \$4

Sponsored By



SOLVERA
HEALTH™

Don Sarff
Sales Representative
(309) 713-5359

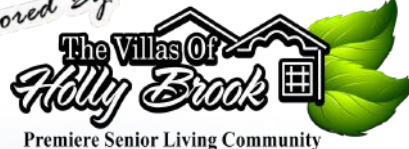


GAME DAY

Join us in an EASY
card game of 1500!

Mondays @ 12:30
Activity Fee: \$3

Sponsored By



Premiere Senior Living Community



NOW SHOWING



SHOWTIME: 1:00 PM
ADMISSION: \$3

Includes movie & popcorn!

September 5th - "You Gotta Believe"

September 12th - "The Thursday Night Murder Club"

September 19th - "Pirates of the Caribbean: The Curse of the Black Pearl"

September 26th - "Man in the Moon"

MOVE!



MILLER CENTER WALKING CLUB⁺

Tuesdays & Thursdays

The Walking Club+ has been reinvented to include not only physical health, but brain and mind health as well. We will meet on Tuesdays & Thursdays and focus on walking outdoors weather permitting. When the weather is unpleasant we will walk to a video inside. After walking on Thursdays, we are incorporating brain games, discussion topics and conversation!

**Tuesdays 10 AM Walk
Thursdays 10 AM Walk 10:30 Meeting**

The Walking Club has an annual membership of \$30 OR \$3/drop in fee.

Exercise w/ Ann

**Mon, Wed & Fri 9:00 & 10:15
Activity Fee: \$3**

This is a low impact, chair exercise class led by Ann. Ann plans different activities for each class to get you moving- sometimes she has games or a guest.

Not only will you exercise, you'll make friends and have fun too!



Do you have **PAIN** or **STIFFNESS** in your lower body?

JOIN Fit & Strong!

TO IMPROVE THE QUALITY OF YOUR LIFE

FIT & STRONG![™] is an exercise/behavior change program for older adults with lower extremity osteoarthritis.

Includes 60 minutes of exercise, and 30 minutes of group discussion/health education.

BEGINS OCTOBER 2ND

**The Miller Center
551 S. 14th St., Pekin
Tuesdays & Thursdays
9:00a - 10:30a**

Please register for a location by calling (309) 346-5210

www.tazewellhealth.org



LINE DANCE

LESSONS

**THURSDAYS
ACTIVITY FEE: \$4**

1:00 Beginner Lessons
2:00 High Beginners Lessons



MONTHLY PARTIES

**September 6th *Admission is \$7 per person
October 4th *7:00 PM - 10:00 PM
*Popcorn, coffee & tea provided**

Come practice the dances you learned in class, or put in a request on the first Saturdays of the month!

Digital Literacy

At the Miller Center

To register call 309.346.5210

You can find the full list of classes at Miller Center.



<i>Graphic Design Tools</i>	<i>Wednesday, September 10</i>	<i>10:30 - 11:30</i> <i>1:30 - 2:30</i>
<p>Try your hand at one or more free, user-friendly, web-based graphic design tools! You can use these tools to create logos, flyers, greeting cards, invitations, and more. In this presentation, we'll explore the popular design platform, Canva, and demonstrate how you can get very creative with basic tools like Google Slides. We'll also take a look at Photoshop Express, the web-based, free version of Photoshop.</p>		
<i>Introduction to AI</i>	<i>Wednesday, September 17</i>	<i>10:30 - 11:30</i> <i>1:30 - 2:30</i>
<p>Curious about AI? Want to know more about Chat GPT? This lecture will introduce some of the basic ideas around artificial intelligence. We'll talk about how AI is being used today, what its current limitations are, and how it will shape the future!</p>		
<i>Intro to Chatting with AI</i>	<i>Wednesday, September 24</i>	<i>10:30 - 11:30</i> <i>1:30 - 2:30</i>
<p>Curious about using ChatGPT or Gemini but not sure where to start? In this lecture, we'll explore tips for using generative AI chat programs so you can make them work for you. You'll learn how to write questions, or prompts, that are specific and effective at getting helpful responses. Whether you plan to use them at work, for personal projects, or just for fun, we'll show you how this tech can help you with all sorts of tasks. We'll also cover best practices for privacy and security so you can be a confident user.</p>		
<i>Is That AI?</i>	<i>Wednesday, October 8</i>	<i>10:30 - 11:30</i> <i>1:30 - 2:30</i>
<p>With the advances in artificial intelligence technology, AI programs can now create ultra-realistic images and videos. At first sight, it may be hard to tell if what you see was created or altered by AI. In this session, we'll teach you tips and tools to help you determine if an image was generated by AI. We'll show you how to do a reverse image search to find out the Internet history of any image you find online. While we can't definitively tell whether an image is AI, these tools will make you a tech savvy Internet user.</p>		
<i>Passwords, Passkeys, and More</i>	<i>Wednesday, October 15</i>	<i>10:30 - 11:30</i> <i>1:30 - 2:30</i>
<p>Protecting your online accounts starts with strong password practices. In this lecture, we'll review password basics before exploring options like single sign-on, passkeys, multi-factor authentication, and password managers. Learn why these password alternatives are safe ways to simplify your digital life and keep your personal information secure.</p>		

GET CREATIVE AT THE MILLER CENTER

We have a variety of opportunities to be creative! Drop in and check them out!

Wood Carving - \$3

The wood carvers meet at 8:30 on Tuesdays & Thursdays. There is a lot of equipment and some very talented carvers, come in and check it out!

Crafts & Conversation - \$3

You can craft for the day or just for a few hours. Our craft room is stocked with just about everything you might need to create some fun! Janet is here on Wednesdays from 9:30 - 2:30. She is very crafty and can help you get started on a craft of your choice!

Lapidary - \$4

The lapidary group meets at 6:00pm on Thursdays in the woodshop. This talented group polishes and cuts stones for creative projects.

Quilting - \$3

The quilting group meets on Friday mornings at 9:00. Come finish your quilt, make a Linus blanket or just check out the group. This group meets in the back of Room A. You'll need to bring your equipment for quilting.

Fleece & Thank

You Event

Join us on

November 18th 10AM

We will be making No Sew Fleece Blankets to donate to patients at the Pekin Illinois Cancer Care.

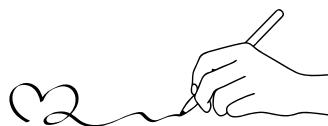


WRITING

WORKSHOP

THURSDAYS
OCT. 9TH - NOVEMBER 13TH
10 AM - 11:30 AM

Register at Miller Center



Paint Day

with



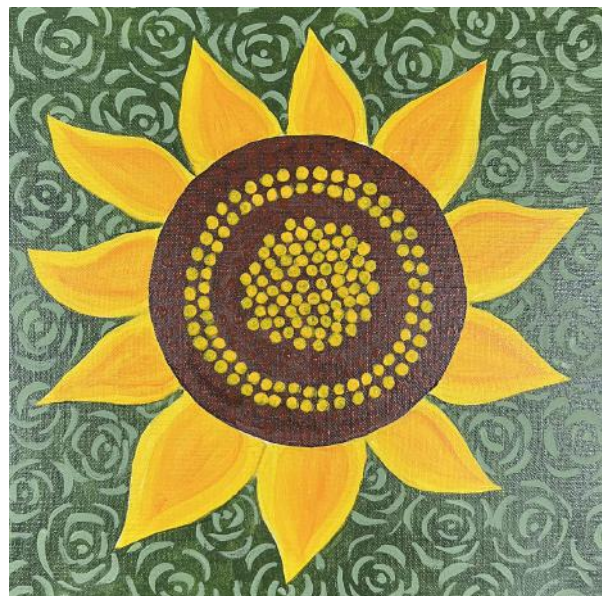
Canvas
Connections
Painting Parties

Sunflower Canvas Painting

Tuesday, September 16th

1:00PM

\$25



RENT The Miller Center



We have 3 rooms available for rentals with many amenities, including kitchen access. Miller Center has ample parking and is wheelchair accessible. Call or go online for the contract. www.pekinparkdistrict.org/rentals

BIRTHDAY PARTIES

LUNCHEONS

FAMILY GATHERINGS

WEDDINGS

BRIDAL SHOWERS

MEETINGS



DON'T MISS OUT ON NEW PROGRAMS AND TRIPS! SUBSCRIBE TO TEXT ALERTS FOR MILLER CENTER NEWS & UPDATES. CLICK ON OR SCAN THE ADJACENT QR CODE WITH YOUR SMARTPHONE CAMERA APP OR TEXT "FOLLOW MILLERCENTER" TO 309-347-7477



Reflections, the Miller Center Newsletter is proudly sponsored by:

 *Liberty Village of Pekin*



551 S. 14th Street, Pekin



309-346-5210



@pekinmillercenter