



G L O B A L

GRANDMOTHER

C O U N C I L N E T W O R K

SAFE AND

PRIVATE

GGCN MEMBER

PORTAL AND

PLATFORM

**HAPPY HOLY
DAYS OF WINTER**

**GLOBAL GRANDMOTHERS'
STAND-ALONE ACADEMY**

**GRANDMOTHER SUZANNE LEWIS
CO FOUNDER VISIONARY FOR
GLOBAL GRANDMOTHERS'
COUNCIL NETWORK**

TENDING OUR ROOTS

**HAVE YOU BEEN CALLED
TO LEAD AND DON'T YET
KNOW HOW AND WHAT
THAT MEANS FOR YOU?**

CORE COUNCIL VALUES

GLOBALGRANDMOTHERSCOUNCIL.ORG





VOICES OF WISDOM IN A WORLD OF CHAOS



Welcome to the Global Grandmothers'
Council Network Magazine



A Season of Reflection and Connection

Join us in weaving wisdom, strength, and future generations together. Find your place in the Community and Council and be a part of the legacy. As guardians of transformation and midwives of a new world emerging, we are forging a global nexus of local Grandmothers' Circles and Councils.

These Councils serve as a beacon, illuminating our world with the healing wisdom of Grandmothers. Helping our local communities with the needs, desires, and voices of our global collective. We're weaving together a worldwide web of Grandmothers' Wisdom.



WARM HEARTS, GLOBAL HUGS CONNECT WITH GRANDMOTHERS
WORLDWIDE TOGETHER, WE ARE STRONGER.

Grandmothers Empowering Inspiring Each Other



HELLO AND WELCOME TO OUR DECEMBER MAGAZINE

Global Grandmothers Magazine, a community created just for you. Here, we celebrate the incredible journey of grandmotherhood and the boundless love, strength and wisdom, you bring to your families and communities.

Whether you are a seasoned grandmother or new to this cherished role, you are part of a global tapestry that weaves together the stories, traditions, and experiences of grandmothers from every corner of the world. Our mission is to uplift and empower each of you by sharing inspiring stories, practical advice, and valuable insights that resonate with your unique journey.

In these pages, you will find a treasure trove of wisdom and warmth, from health and wellness tips to creative projects, cultural traditions, and personal stories that connect us all. Our community is built on the pillars of love, support and unity, we are honoured to have you here with us.

We invite you to share your stories, contribute your wisdom, and engage with fellow grandmothers who understand the joys and challenges of this special chapter in life. Your voice matters, and your contributions make our community richer and more vibrant.

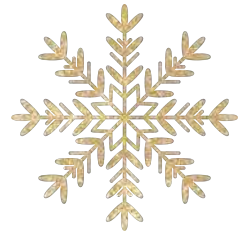
Thank you for joining us in celebrating the beauty of grandmotherhood. Together, we can create a world where grandmothers are cherished, empowered, and celebrated for the incredible impact they have on our lives.

With love and gratitude, The Global Grandmothers Council Network Team

HAPPY HOLY DAYS OF WINTER



AS WE GATHER WITH OUR LOVED ONES TO
CELEBRATE THESE HOLY DAYS OF WINTER, LET
US REMEMBER THE UNIVERSAL THEMES THAT
UNITE US: LOVE, LIGHT, AND RENEWAL.
WHETHER WE ARE LIGHTING A MENORAH,
DECORATING A CHRISTMAS TREE, OR
HONOURING THE RETURN OF THE SUN, WE ARE
ALL PART OF A GLOBAL TAPESTRY OF
TRADITIONS THAT ENRICH OUR LIVES AND
BRING US CLOSER TOGETHER.
HAPPY HOLY DAYS TO ALL OUR READERS,
FROM GRANDMOTHERS NEAR AND FAR!



WITH WARMTH AND LOVE,
THE GLOBAL GRANDMOTHERS COUNCIL
NETWORK

TENDING OUR ROOTS

GRANDMOTHERS' VOICES OF WISDOM

12/12/24 @ 12:00 EDT

EARTH SONG HEALING ARTS
LISA LUNA - MUSICAL GUEST



GRANDMOTHER
SUZANNE LEWIS



13TH LUNAR MONTH
4 RIVERS EXERCISE

OUR HOST
SANDRA LAUB



VOICES OF WISDOM
IN A WORLD OF
CHAOS

We often hear from our new members

"I don't know why I'm here,
but I felt something."

We are grateful that you found us.

We are here to share our wisdom together and
preserve the Wisdom Grandmothers have
for future generations.

Sundays

@ 9:00 pm

your time, your space & in your way



Prayer
for
PEACE

www.globalgrandmotherscouncil.org

Weekly 'prayer for peace' from the
grandmothers every SUNDAY NIGHT at
9PM--wherever you are, sitting, praying,
meditating, stilling ourselves or walking to
attune to a cosmic vibration that will
manifest the conditions of peace, healing
and reconciliation on our planet-for all
beings. AHO< AMEN< NAMASTE

LIVE ON
FACEBOOK



LIVE ON
YOUTUBE

TENDING OUR ROOTS

GRANDMOTHERS' VOICES OF WISDOM



12: Suzanne Lewis
13: Asha Deliverance
14: Robin Youngblood
15: Becky Big Canoe
16: Marcine Quenzer

17: Tender Bear Woman
18: Julianne Robertson
19: Sharon Riegie Maynard
20: Marilyn Shannon
21: Gayle Black Bear



GLOBALGRANDMOTHERSCOUNCIL.ORG

11/11 Grandmothers' Garden Gates are open forever!

No one standing at the gate ~ enter with your full Being, open Heart, and Voice of Wisdom!

All are Welcome! SEEDS play FREE



Seeds



Flowers



Fruit & Nuts

TOGETHER, WE CAN NURTURE AND GROW

"GRANDMOTHER'S GARDEN,"

(SAFE AND PRIVATE WOMEN'S-ONLY)

GGCN MEMBER PORTAL AND PLATFORM.

This dedicated space offers organizational tools, rich content, a member directory, groups, events, academies, resource libraries, and a marketplace. Here, we can find one another, communicate, organize, and gather both globally and locally in ways not possible through public social media. Rest assured, all private personal information is never tracked, shared, or sold; we own our content.

We are fully self-supporting, thriving through the generosity and contributions of our members.



Your faith and support enable us to provide essential tools and opportunities for everyone in our community.

Your giving and service will have a lasting impact, allowing many to hear the Voices of Wisdom needed at this time and witness how grandmothers get it DONE!

Membership in our community is available at a very low cost (or free), thanks to the monthly offerings and volunteer service commitments of our members and organizers.

**11/11 Grandmothers' Garden
Gates are open forever!
No one standing at the gate
enter with your full Being, open
Heart, and Voice of Wisdom!**

All are Welcome!

SEEDS play FREE



Unite with us.

Bring your Wisdom as a Fruit & Nut in Grandmothers' Garden

Join and help us lead and plan for the first crops in Grandmothers' Garden



- **Are you of a specific community looking for privacy and safety? We have g**gle free spaces that may be built around your subject/activism/living experience to share with others.**
- **Have you been Called to Lead and don't yet know how and what that means for you? Practice as a Flower in Grandmothers' Garden.**
- **Are you connected to and leading groups of women and grandmothers already?**
- **Are you a seasoned Coach, Guide, Leader, Mentor or Teacher?**



[FIND OUT MORE!](#)

GRANDMOTHERS' ACADEMY WITH
COURSES, CLASSES, WEBINARS,
AND OTHER WAYS FOR
GRANDMOTHERS' WISDOM TO BE
SHARED WITH THE WORLD.
(OPEN DECEMBER 12)



COMING SOON!

Bringing Grandmothers' Wisdom to the world!

Global Grandmothers' Academy will be a stand-alone academy and site, available to the public, featuring a wide variety of courses and teachings from the private GGCN "Grandmothers' Garden" Network.

Free and premium offerings will be available and help to support our Wisdom Keepers and GGCN.



SUPPORT
OUR
MISSION



Your support enables
GGCN to offer
opportunities, programs
and assistance to our
Global Grandmothers
Network



FIND OUT NOW

GLOBAL

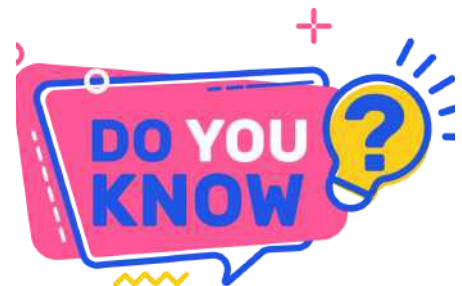
GRANDMOTHERS' MARKET

A stand-alone online Marketplace, available to the public, featuring a wide variety of goods and services from members in the private GGCN "Grandmothers' Garden" Network.



Sales in the Marketplace help to support our Global Grandmothers and GGCN.

When you give on any other platform, up to 10% of your gift is used to cover fees. We choose to fundraise on Zeffy to receive 100% of your gift.



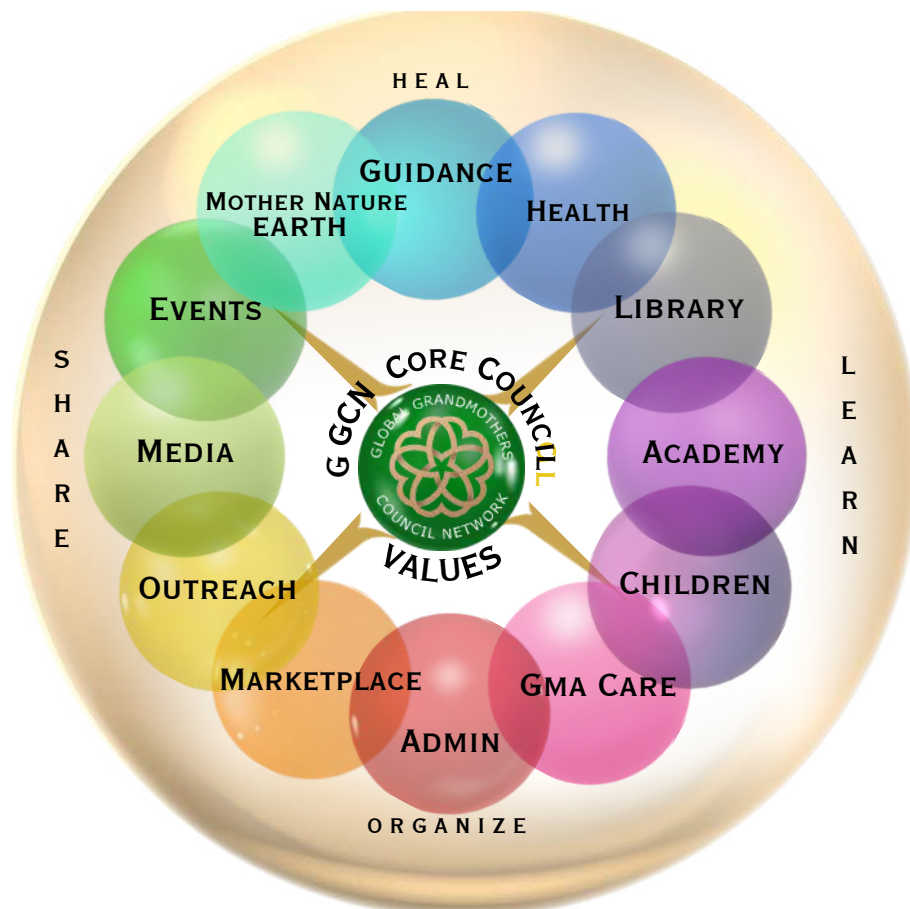
GGCN fondly known as the Grey Tsunami, has seen exponential growth, expanding from 1,600 members in 2024 to a staggering 55,000, with new voices joining daily.

Core Council Values

Here, in the Global Grandmothers' Global Grandmothers' Council Network our intention is to Plant a Garden where we all consider who we are planting beside and how our individual offerings grow in harmony with others.

There are 12 plots in this pattern for GGCN's Grandmothers' Garden Platform. The 'plots' are spaces for our individual stories to be planted in the Resource Library, our Arts and Services to be offered in the Marketplace, and conversation groups where we interact on the subjects most dear to our hearts.

We use the metaphors of Garden Plots and of Story Plots. The Story of Grandmothers' Garden will guide a new generation into Right Mind, Right Relationship and Right Action in the world. Another visual metaphor for this image is that of living cells multiplying within each of us as New Life births within our hearts.



We are delighted to invite you to our daily Zoom meetings, a special space where we come together to share, connect, and support one another.

These gatherings are a wonderful opportunity to engage with fellow grandmothers from around the world, exchange stories, and find inspiration in our shared experiences.



WHY JOIN OUR ZOOM MEETINGS?

Connect: Build meaningful relationships with other grandmothers who understand the joys and challenges of this unique role.

Share: Share your wisdom, stories, and insights in a supportive and welcoming environment.

Learn: Discover new tips, ideas, and inspiration to enhance your journey as a grandmother.

Support: Find emotional and practical support from a community that cares

A promotional graphic for "Grand Zoomers" with a light green background. On the left, a circular inset shows an elderly woman with glasses and a pink top working on a laptop. Below this is a small circular logo with a green and gold design. To the right of the logo, the text "All sharing is private and held in confidence. We hear each other using Deep Listening Skills." is written in purple. In the center, the title "GRAND ZOOMERS" is in large, bold, purple letters, followed by "Daily Zoom Member Circles" and "Sacred Listening Spaces" in smaller purple text. To the right of the text is a circular inset showing three stylized figures in colorful robes holding hands in a circle. On the far right, a circular inset shows an elderly woman with grey hair and glasses, wearing a light blue shirt, smiling and clapping her hands.

GRAND ZOOMERS
Daily Zoom Member Circles
Sacred Listening Spaces

All sharing is private and held in confidence. We hear each other using Deep Listening Skills.

WWW.GLOBALGRANDMOTHERSCOUNCIL.ORG

DAILY MEMBER ZOOMS!

Gather together and get to know your other Grandmothers in the group.
Times are varied each day. Find your time here: timeanddate.com/worldclock/converter.html

SUNDAY: **Sandra Laub** Grand Zoomer

Time: Sep 8, 2024 08:00 PM EST

Join Zoom Meeting us06web.zoom.us/j/82871439064...

Meeting ID: 828 7143 9064 Passcode: 314800

MONDAY: Sherri Danaher Conroy GRAND ZOOMER

Time: 7:00 PM EST Join Zoom Meeting us04web.zoom.us/j/77518054765...

Meeting ID: 775 1805 4765 Passcode: XZ5FLW

TUESDAY: **Sandra Laub** GRAND ZOOMER

Time: 9:00 am EST Join Zoom Meeting <https://us06web.zoom.us/j/82871439064...>

Meeting ID: 828 7143 9064 Passcode: 314800

WEDNESDAY: **Kalina Bains Kintsugi Woman** GRAND ZOOMER Time: 9:30 AM EST

Join Zoom Meeting us05web.zoom.us/j/86858264993...

Meeting ID: 868 5826 4993 Passcode: HFC6PC

THURSDAY: **Carol Daniels** GRAND ZOOMER

Time: 9:00 am AEST

Join Zoom Meeting

us02web.zoom.us/j/84385501038...

Meeting ID: 843 8550 1038 Passcode: 5SB7js

FRIDAY: **Victoria Savage** GRAND ZOOMER

Time: Sep 6, 2024 09:00 AM MST

Join Zoom Meeting

us02web.zoom.us/j/84360505079...

Meeting ID: 843 6050 5079 Passcode: GmasRule

SATURDAY: **Lian Henriksen** GRAND ZOOMER

Time: Sep 7, 2024 10:45 AM Copenhagen

Join Zoom Meeting

us02web.zoom.us/j/87905369248...

Meeting ID: 879 0536 9248 Passcode: 403556

SUNDAY: **Sandra Laub** GRAND ZOOMER

Join Zoom Meeting

<https://us06web.zoom.us/j/88473430156...>

Meeting ID: 884 7343 0156

Passcode: 551965

The Time Has Come to Gather the Grandmothers



12/12 GRANDMOTHER SUZANNE LEWIS: 13TH LUNAR MONTH FOUR RIVERS EXERCISE

WATER MEDICINE - ALL HEALING BEGINS WITH
OUR WATER SYSTEM-
DIVINATION JOURNEY: DECEMBER 15, 2024 –
JANUARY 13, 2025

Sharing my all year long favorite cross cultural wisdom tool called the Thirteenth Lunar Month Four Rivers Exercise. I am called to share this time honored, cross-cultural divination practice the last full moon month in December into the first full moon in January. This “predictatory” thirteenth lunar month, a time that is open to us to work closely with our spiritual community (visible and invisible) during what is called the “Crack Between the Worlds” period.

As a review of this long time observed practice by many Indigenous Peoples and originally taught to me by Dr. Angeles Arrien, this time of the Crack between the Worlds can offer hints to what the next season of growth or life has to offer. It’s a possible preview of our next season/cycle/year of growth, if we can commit to daily review and journal the activities we experienced in the four rivers listed below. Cross culturally, all healing begins with our “waters.” The most potent time of the year, the twilight month of the year.

THE FOUR RIVERS OF LIFE ARE:

THE RIVER OF CHALLENGE WEST AUTHENTICITY

THE RIVER OF LOVE SOUTH RELATIONSHIPS

THE RIVER OF INSPIRATION NORTH INTEGRITY

THE RIVER OF MAGIC AND WONDER EAST RIGHT WILL/RIGHT ACTION

One is petitioned to stay in the placement of the witness/observer with a neutral mind and start interpreting their various river's activity-- one's emotions, one's health, one's relations with self and others. Keeping a journal, literally entering the events of our days and nights under the representative river helps keep us honest at the end of the 13th month when we review our lists.

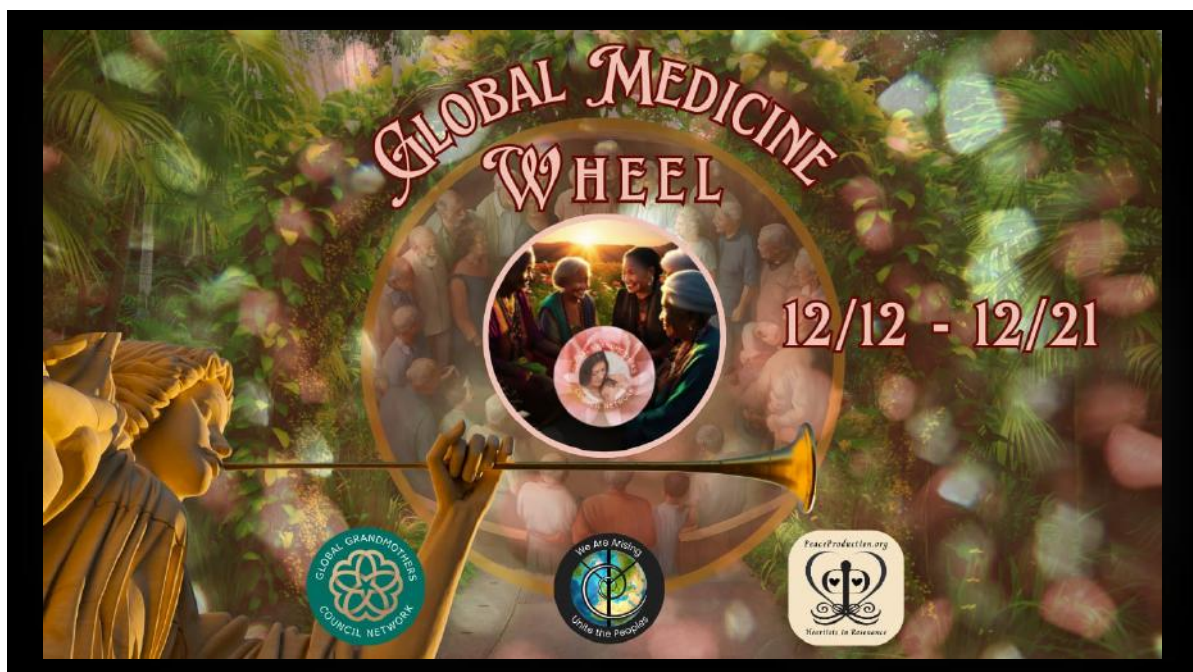
It has been said that since humankind was evicted from the Garden for consuming from the Tree of Knowledge, they were given an assignment to follow, learn, become one with each of the four rivers. Truly learning, mending, enhancing awareness...if a being truly engaged in the "learning of the rivers" in time they will be able to return to the origins of the waters, the Garden, the source.

Once in the center they will stand true, compassionate but detached. In the center one uses their life's journey through the rivers – physical, mental, emotional and spiritual to serve as a wisdom keeper, a peacemaker, a bridge, one with the Great Spirit.... The center is often referred to as the Spirit column, the great Tree of Life, and oneness with the creator and the mystery.

Attendees please bring paper and pen

As a fundraiser for Global Grandmothers' Council website: You can order Suzanne's complete 13th Lunar Month Four Rivers document including historical notes from Dr. Angeles Arrien.

For those interested in participating in the closing zoom ceremony Jan. 12, 2025, please indicate. noon....to be continued





GRANDMOTHER SUZANNE LEWIS CO-FOUNDER VISIONARY FOR GLOBAL GRANDMOTHERS' COUNCIL NETWORK

NorthEast on the Great Wheel for me is the home of the Grandmothers' Council, the wisdom keepers of the whole tribe, clan, land, it's elements and animals. Whether one traces the indigenous peoples' such as the Hopi, or the Iroquois, and others; one finds that before any chief, tribal leader can make a decision that affects its people and the earth, the Grandmother's Council was consulted.

The Grandmothers are the pattern keepers who are obligated to consider every aspect of the tribe, past and future. They are the moral compass and it is time for the Grandmothers' Councils worldwide to be respected for their courageous hearts and steeped wisdom.

“I heard the Dalai Lama stated: If Western Woman will come out from under the shadow of the great mountain, the earth will be saved.” And that the Hopi Wisdom Keepers are sharing: “When the grandmothers speak, The earth will be healed.” My revered Hopi Spiritual Messenger, Thomas Banyaca stressed: If the Elders will speak, the young will listen.”

Are we as an Earth Family on the dark night of our Collective Soul's journey? That piercing long shrill calling for attention right now. Will the response be as Dr. Estes' petitioned: “And let us pray that we remember: If mountains are made of grains of sand. We each are a grain. Together, we can become a moving mountain for good.”

I am a fifth generation Idahoan and am a Planetary Peacekeeper, Wisdom Keeper, Mother, Earth Steward, Herstorean, author of Teacher of Heart: A Self Health Journey and The PeaceWheel Practice Guidebook: Dismantling Post Traumatic Stress and Harm. I am a Community Spiritual Leader and Healer. It takes a village to tend to the health and welfare and respect for all our family.

I also call myself a Rainbow Warrior, where the elders/grandparents stand beside the young during these heightened, harmful time. When one hears RAINBOW BRIDGE it can refer to the Rainbow Prophecy found in many tribes/cultures' predictions. The RAINBOW is a blessing from the Creator. It can represent cross-cultural diversity and respect and beauty, it means generations standing beside one another. From the Hippies, with the Beatniks, with Indigo Children, with the nerds, with the geeks, with the old, with the young, with all of Mother Nature's family....

HOW YOU CAN HELP: VOLUNTEERING AND SUPPORTING GLOBAL GRANDMOTHERS CONNECTION NETWORK (GGCN)



As a member of the Global Grandmothers Connection Network (GGCN), you may be wondering how you can contribute and make an impact. We are thrilled to have such a compassionate and dedicated community, and there are many ways you can help, volunteer, and support our fellow grandmothers. Here are some ways you can get involved:

Volunteering Your Time

- Advocate for Our Cause
- Connecting with Other Grandmothers
- Engage in Community Forums
- Host Virtual Meetups
- Join Our Daily Zoom Meetings
- Lead Workshops and Classes
- Make a Donation
- Participate in Fundraising Efforts
- Share Cultural Traditions
- Sharing Your Stories and Expertise
- Sponsor a Program
- Submit Articles and Stories
- Supporting GGCN Initiatives
- Offer Mentorship
- Providing Financial Support



At the Global Grandmothers Connection Network, we believe in the power of community and the incredible impact that grandmothers can have on one another's lives. Your willingness to help, volunteer, and support our mission is deeply appreciated and makes a world of difference.

Thank you for being part of this journey. Together, we can empower and uplift grandmothers everywhere, creating a brighter, more connected world.





In this Sacred Space, Local Grandmothers' Councils are intertwined globally by the tender strings of our hearts. Our collective intentions amplify individual contributions. The Global Grandmothers' Council provides a worldview that emphasizes the preservation of our Elders' wisdom, the sharing of that wisdom, and the provision of nourishment in exchange for sharing our wisdom. When you engage with a Grandmother's service, teaching, or creativity in this space, rest assured that both you and the Grandmother reap the benefits.

Together WE Grow
[JOIN GGCN TODAY](#)



OUR MISSION

is to be a gathering space for us to actively listen to and learn from women, embracing our diverse experiences, values, and wisdom in order to foster deep mutual care and respect. We are committed to creating just and inclusive social, economic, political, educational, environmental, cultural, and spiritual spaces and communities that enhance the health and well-being of all beings in all the realms. We embody and share a vision for a world in which respect for the sacredness of all life is honored.

GGCN DECLARATION

As an individual and member of the Global Grandmothers' Council Network, I vow to live according to my personal values, which enhance my life and enrich our community and the lives of those we love.

EMPOWER GRANDMOTHERS: PARTNER AND SHARE YOUR VOICE

ADVERTISE

Advertising in Global Grandmothers Magazine is a unique opportunity to reach a passionate and engaged audience. Our readers are grandmothers who value quality content that speaks to their experiences and interests. By advertising with us, you can:

- **Reach a Targeted Audience:** Connect with grandmothers who are eager to learn about products, that enhance their lives.
- **Showcase Your Brand:** Highlight your brand's commitment to supporting and empowering grandmothers.
- **Foster Community:** Join a community that values connection, tradition, and growth.



COLLABORATE

We believe in the power of collaboration. By partnering with grandmothers who share our vision.

Here's how you can collaborate with us:

- **Partnership Opportunities:** Work with us on special projects, events, or campaigns that align with our mission.
- **Content Collaboration:** Co-create content that resonates with our audience and highlights your expertise.
- **Sponsorships:** Sponsor sections of the magazine or events to gain visibility and show your support for grandmothers around the world.



SUBMIT ARTICLES

We are always looking for inspiring stories, insightful articles, and practical advice to share with our readers. If you have a story to tell or expertise to share, we invite you to submit your work to Global Grandmothers Magazine.

Here's how you can contribute:

- **Personal Stories:** Share your journey, experiences, and lessons learned as a grandmother.
- **Expert Advice:** Provide practical tips and advice on topics such as health, wellness, family, and community.
- **Cultural Insights:** Highlight traditions, recipes, and cultural practices that celebrate the richness of grandmotherhood around the world.

Guidelines for Submission

- **Format:** Please submit your articles in a Word document or Google Doc format.
- **Length:** Articles should be between 500 to 1,500 words.
- **Photos:** If you have high-resolution photos to accompany your article, please include them.
- **Bio:** Include a brief bio and contact information with your submission.

Submit your articles to [email address] or visit our submissions page for more details.



At GGCN Magazine, our mission is to connect, empower, and inspire grandmothers across the globe. Through advertising, collaborating, or contributing your stories, your involvement helps us create a vibrant community where grandmothers can thrive.

Together, we can celebrate the incredible impact of grandmothers and ensure their voices are heard.

Thank you for being part of our journey. Let's continue to empower grandmothers, one story at a time.

Choose how you engage in Grandmothers' Garden globalgrandmotherscouncil.org



Like, Follow, and Share

**Stay updated on all our latest events,
initiatives,
and stories.**

**Follow us on social media and join our
online community
of inspiring grandmothers**

**It's the perfect way to engage with fellow
grandmothers, share experiences, and find
support anytime, anywhere**

**Click on the links and
Connect with us on social media platforms**



**Search for "Circle" on the
Google Play Store.
Download and install the app to
stay connected with GGCN on
the go.**

**Join our FREE private
Facebook Group**



facebook.com/globalgrandmotherscouncilnetwork

FOLLOW US

instagram.com/globalgrandmotherscouncil



youtube.com/@GlobalGrandmothersCouncilNetwo

Wishing you a season of connection, love and peace



DEAR GRANDMOTHERS
AROUND THE WORLD

THIS CHRISTMAS SEASON, LET'S
CELEBRATE THE RICH DIVERSITY OF OUR
CULTURES, FAITHS AND TRADITIONS. THIS
TIME IS ABOUT DEEP CONNECTIONS AND
THE SHARED WISDOM WE BRING TO THE
WORLD.

LET'S TAKE TIME TO REFLECT ON OUR
PAST, CHERISH OUR LESSONS, AND DREAM
FOR THE FUTURE.

LET'S BE GENEROUS WITH OUR LOVE,
TIME, AND COMPASSION, AND CREATE A
WORLD FILLED WITH JOY AND HOPE.
WISHING YOU PEACE, LOVE, AND
CONNECTION THIS SEASON.



Why Join GGCN?

Community: Be part of a loving and supportive network of grandmothers who understand and celebrate your journey.



Connection: Connect with grandmothers around the world, share your stories, and find inspiration in our shared experiences.

Empowerment: Access resources, workshops, and events that empower you to live boldly and joyfully.

Join us today and be part of a global movement of grandmothers who inspire, empower, and lift each other. Together, we can create a network of love, support, and strength that spans the globe.



YOUR VOICE MATTERS



GGCN is a registered 501c3
through Peace Production
circle@globalgrandmother.org



GLOBALGRANDMOTHERSCOUNCIL.ORG

