

TERMS OF USE

Last Updated: 11/15/2023

Welcome to Self-Care with Li! These Terms of Use ("Terms") govern your use of our website and services. By accessing or using Self-Care with Li, you agree to comply with and be bound by these Terms. If you do not agree with these Terms, please do not use our website.

1. Use of the Website:

- a. You must be at least 18 years old to use Self-Care with Li.
- b. You agree to use the website for lawful purposes and in a way that does not violate the rights of others or restrict their use and enjoyment of the site.
- c. We reserve the right to modify, suspend, or discontinue the website or any part of it at any time without notice.

2. Content:

- a. The content on Self-Care with Li is provided for informational and educational purposes only. It is not a substitute for professional advice, diagnosis, or treatment.
- b. You acknowledge that the information on the website may be updated or modified at any time.
- c. You are responsible for the accuracy and appropriateness of the information you submit to the website.

3. User Accounts:

- a. To access certain features of the website, you may be required to create a user account. You are responsible for maintaining the confidentiality of your account information.
- b. You agree to notify us immediately of any unauthorized use of your account or any other breach of security.

4. Intellectual Property:

- a. All content on Self-Care with Li, including text, graphics, logos, images, and software, is the property of Self-Care with Li or its content suppliers and is protected by copyright, trademark, and other laws.
- b. You may not reproduce, modify, distribute, or republish any content from the website without our express written consent.

5. Privacy:

Your use of Self-Care with Li is subject to our Privacy Policy, which can be found [link to your privacy policy].

6. Limitation of Liability:

- a. Self-Care with Li is provided on an "as-is" and "as available" basis. We make no representations or warranties of any kind, express or implied, regarding the website's availability, accuracy, or completeness.
- b. In no event shall Self-Care with Li or its owners be liable for any direct, indirect, incidental, special, or consequential damages arising out of or in any way connected with your use of the website.

7. Governing Law:

These Terms are governed by and construed in accordance with the laws of [your jurisdiction].

8. Changes to the Terms:

We reserve the right to modify or update these Terms at any time without notice. Your continued use of Self-Care with Li after any changes to the Terms constitutes acceptance of those changes.

Contact Us:

If you have any questions or concerns about these Terms, please contact us at:
LI@selfcarewithli.com

Thank you for using Self-Care with Li!