

Digital Magazine

February 2025 Issue 03



Financial Report

Shedding the Past

The- Disappearing Ones

PERSONAL
GUIDANCE
SYSTEM AND
BLUE LOTUS
CHAKRA
BLOOM

*The Voice that Held Me Back,
and the One That Set Me Free*



Mayana Kingery, GGCN Admin

I was born into a poor, white, Christian fundamentalist family



rooted in the deeply conservative landscape of Oregon where, until the 1960s, the Ku Klux Klan had a stronghold (and still remains today). My early years were a fight for survival, navigating abuse, neglect, and the rigid constraints of religious indoctrination. My mother was a member of the John Birch Society.

In my world, faith was everything. My childhood was spent immersed in scripture studying the Bible alongside Strong's Concordance, playing Bible trivia, memorizing verses, and attending church, three times a week.

As an eager student, I couldn't help but notice the gaps, the unanswered questions no one wanted to address, remains. Who were the mysterious "sons of God" who took wives from the daughters of men, producing mighty offspring? What about the Nephilim, the giants who walked the earth? Who was Melchizedek?

And what of Wisdom described as a woman with companions named Prudence and Prophecy? Was she truly God's 'consort' (what does that mean?), and why did she love humankind so deeply?

Even the story of Cain puzzled me. If Adam and Eve's family were the first humans, who were the people in the Land of Nod, the artists, musicians, and builders of culture? These questions gnawed at me, demanding answers beyond what my church was willing to provide.

With the rise of the internet, I found a treasure trove of ancient texts on earlychristianwritings.com — the Apocrypha, the Dead Sea Scrolls, and the Nag Hammadi texts. I dug into how the New Testament was assembled, which writings were omitted, and why. I discovered the tension between those who complied with governmental authority and those who resisted, often paying with their lives.



That was when I realized I had to stop looking outward for truth. If the Kingdom of God is within, then my journey had to be inward.



The Journey Within

My search for answers put me at odds with my upbringing, and eventually, my inner turmoil manifested physically. Doctors labeled it fibromyalgia, but I sensed something deeper. Through breathwork and meditation, I discovered that my pain carried messages—each sensation a lesson, a whisper of truth waiting to be understood. So I listened. For up to three hours a day, I tuned in, surrendering to the process of healing.

As my practice deepened, I experienced visions, encounters with angelic guides, and profound moments of knowing. I traveled through wormholes to distant planets, heard voices filled with wisdom, and saw glimpses of realities beyond this one. But amidst the awe, I had to learn discernment—how to distinguish between divine messages and deceptive influences.



My studies expanded beyond traditional religious texts. Elizabeth Clare Prophet and Saint Germain taught me alchemy. Barbara Marciniak, Barbara Hand Clow, and Barbara Marx Hubbard—“the Barbaras,” as I fondly called them—offered new perspectives that shaped my journey.

Through these experiences, I realized something crucial: I was in control of my own spiritual evolution. I learned to navigate mystical experiences while staying anchored in my body. My body is my temple, and I set a sacred rule—I would only allow energies to merge with me if I *knew* and trusted them completely. I required every guide or being to reveal their full intention before I allowed any connection. Those who sought harm were immediately rejected. Those aligned with my highest good became a part of me, and in turn, I became them.

Within the sanctuary of my heart, I came to *know*—not just in theory, but in deep, undeniable truth—who I am, where I have been, and where I am meant to go. I am a multidimensional, eternal being, and my purpose is unfolding with every step I take.



The Journey to Be Free

In 2010, my spiritual awakening became a matter of life and death. Forces beyond my understanding—both seen and unseen—sought to take my life force for their own purposes. Those who opposed my mission knew that eliminating me would grant them immense power in the darker realms. The threat was real, and I had to act quickly.

My inner guidance became my survival tool. *Go here now. Leave this place. Move before it's too late.* The message was clear: I had to abandon everything—my 31 year marriage, my beloved spiritual community, my home where I hosted sacred ceremonies under the full moon. I obeyed.

Divine forces swept me into a new reality—a new home, new relationships, new work, and a renewed sense of being. It took two years of healing and realignment before my next chapter was revealed.

In 2012, I found myself at rock bottom, alone and uncertain. My brother's home, where I had sought refuge, became another place of danger. One fateful day, I collapsed onto the floor, overtaken by an overwhelming force. It felt as if I were being pulled into a black hole, my energy drained beyond resistance. I surrendered, believing this was the end.

And then—suddenly—I emerged on the other side.



I was no longer in darkness but standing mid-air in a radiant, white light. My very being began to transform. I saw the virus of mind control and, in that moment, became the antidote. My chakras bloomed into a blue lotus, revealing my role as a *fear extractor*. I witnessed Krishna's birth and experienced the Christing—the anointing that awakened something ancient within me.

Within 60 days, the integral part of my journey was revealed through a cosmic encounter with Andras Maros. We recognized each other instantly. Every mystical experience, every intuitive knowing, had been leading me to this moment—to him. Together, we embraced our divine mission.

This is the art of becoming. The art of awakening to the truth within. The journey into an abundant life.

Embracing the Mystic

For those who feel the call to go deeper, to challenge the narratives they've been given, and to seek the wisdom buried within—know this: the path of the mystic is not an easy one. It demands courage, surrender, and an unshakable trust in the divine unfolding of your life.

But once you step onto this path, you will never look back. The journey is not about finding something outside of yourself—it is about remembering who you have always been. And when you do...
you will be FREE



About Mayana

Mayana has birthed three incredible beings who each have been great teachers on her path. In addition to these, she wombed two children who chose to go to other mothers for embodiment (we know each other) and has another child who calls her Mom. An Oregon native, Mayana has also lived in Idaho, Texas, and now Virginia.

Mayana Kingery is an educational and nonprofit consultant with extensive experience in program development, coalition building, and organizational restructuring. She thrives on collaboration, believing that shared goals create lasting impact.



Her career spans diverse leadership roles, from managing businesses to guiding nonprofits and schools through transformation. She designed and led an after-school program for at-risk students in Washington State, helped Another Way School in Utah navigate a leadership crisis, develop policies, and launch a pandemic-era outdoor education program. Mayana's government work includes roles with the Idaho Public Employees' Retirement System, the U.S. Department of Education, and the Idaho Transportation Department, where she led award-winning safety initiatives, important research, and coalition efforts.

Mayana & GGCN

It was early March, 2025 at 11:30 pm when I got a FB Messenger call from Michelle Margaret Juliet in Australia. She was awakened at 3:00 am and guided by Spirit to Youtube where she saw an interview I did with Ali Bierman about the Heartist Journey Andras and I were embarking upon in April through Europe. Michelle had recently become Administrator of Global Grandmothers Council Network Facebook Group, and was working closely with our Founder Suzanne Lewis.

Michelle and I talked for 45 minutes and made arrangements to follow up. Her heart was fully supportive of our Heartist Journey and she stayed in close contact with me as we travelled to Glastonbury, England and Dobogoko, Hungary on our journey. Upon our return, she introduced me to Suzanne, whom I did not know though we have many mutual friends.

Global Grandmothers Council Network group on facebook had grown during these weeks from 1900 members to over 20,000. As a nonprofit consultant, I was invited by Suzanne and Michelle to turn this burgeoning Facebook Group into a nonprofit organization. Suzanne and I immediately felt Oneness.

“It has been the Joy of my Life to do this work with GGCN. This is an honor to gather Grandmothers and preserve all your stories, teachings, and wisdom to share with the world during these times of Chaos.”

Mayana

Conscious Evolution Guide

- Personal Guidance System
- Blue Lotus Chakra Bloom
- Self-Healing & Embodiment
 - physical - illness or disease
 - mental - depression or trauma
 - emotional - abuse or neglect
 - spiritual - heart and mind
 - generational - dna & genetic coding

GLOBALGRANDMOTHERSCOUNCIL.ORG
CLICK ON MARKETPLACE

PERSONAL GUIDANCE SYSTEM

PRIVATE SESSIONS AVAILABLE IN GRANDMOTHERS' MARKETPLACE

HUMAN CONSCIOUS EVOLUTION
From Homo-Sapien to Homo-Spiritus

Blue Lotus Chakra Bloom
Overview Video Free in Grandmothers' Academy!
<https://courses.ggcnacademy.org>

PERSONAL GUIDANCE SYSTEM

Introduction to Becoming your own Guide



“this is who I am”
our relationship with our deepest self



“are you sure?”
our relationship with our doubts



“what does this mean?”
our relationship with our thoughts



“the steps I take toward my goals”
our relationship with our progress



“we are all connected”
our relationship with where we are One



“our ancestor’s contribution”
our relationship with inheritance



“my body is made of physical matter”
our relationship with our environment



“my truest desires lead me to growth”
our relationship with longing



“my inner guidance”
our relationship with trusting intuition



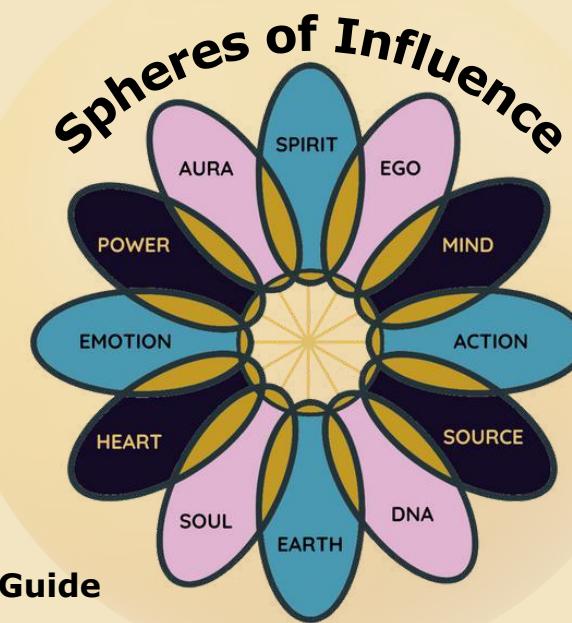
“how I feel about myself”
our relationship with our feelings



“this is how I create”
our relationship with personal power



“my energy interacts with the world”
our relationship with everyone & everything



GGCN Academy



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\$11

**Know Yourself ~ Guide Yourself ~ Direct Yourself
Hear Yourself ~ Feel Yourself ~ Trust Yourself**



PGS for a creative life in service to your Personal Mission.

Mayana Kingery

Embodiment & Healing Arts Practitioner

Peace Production co-founder and GGCN Administrator

Mayana's mystical journey has brought through the Personal Guidance System (PGS) and Blue Lotus Chakra Bloom, both teachings that encourage conscious evolution for individuals.

PeaceProduction.org



24



MAYANA KINGERY (MAMA TINK)



Self Transformation Journeys

with Mayana



a Free Gift for our Readers

Meditations - PEACE PRODUCTION

SELF HEALING . . .

Experience two processes for self-healing in one meditation. One process uses breath and the other process uses sound/octave. Each time you listen to this meditation, a new healing is experienced. Listen often to completely clear and heal your body.

BE THE BRIDGE . . .

Experience activating an electro-magnetic circuit in your body. The Bridge Circuit stabilizes your body, mind and emotions and helps you "bridge" consciousness levels during these transitional times of earth Shift. Listen regularly for the fullest benefit and full bridge support.

SUPERCONSCIOUSNESS . . .

Experience merging the conscious mind with the unconscious mind (which is programmed according to your dna, society, and culture) and allow yourself to become SuperConscious. Your two minds become one and operate in harmony. Listen often to remind yourself and fully become SuperConscious.

KUNDALINI . . .

Activate your Kundalini energy (located at the base of your spine) and draw it up through your para-sympathetic nervous system to activate your own personal power and reprogram your mind, body, emotions, or experience that needs your attention. Listen regularly for infusion of inspiration.

I AM PRESENCE . . .

Experience your Higher Self entering your body through the Chakra System, filling you and Becoming YOU. Allow your divine essence to fully embody within your mind, heart, and energy field. Listen often for lasting effects.



I Design, She Shines

Each page I design empowers
another woman to shine.



kalinadigitalmedia.ca



Guardians of the Sacred