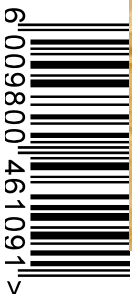


ALWAYS TASTEFUL



APRIL €0.0
IT €0.00
FR €0.00
GB €0.00
USA \$0.00



WHAT'S IN HERE?



The year was 2016. The Badlands

LET'S EAT

PEA SALAD



LET'S EAT

LEMON RISOTTO



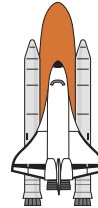
LET'S EAT

FREEZER CAKE



GO! DO!

NASA



GOLDY'S RUN

JOIN US



SUBSTACK SQUAD

ZOË BAKES

*zoë*BAKES.

SEARCH AND SAMPLE

ICE CREAM HUNT



WHAT ELSE?



EASTER DINNER

SETTING THE TABLE



CHRONICLE: LIVING IN A LOVE STORY

DROP EVERYTHING



HELPFUL HINT:

TRAVEL TIP



HELPFUL HINT:

WASHER DELAY



GARDEN PROJECT

THE GRAPEVINE



BEHIND THE SCENES

FASHION FUN



REMEMBER WHEN?

JIFFY POP



FINAL THOUGHT: WARM UP!

PAUL FOLGER

EDITOR-IN-CHIEF

April is the beginning of spring in Minnesota, but it's a hard spring filled with tricks from mother nature. It seems like several nice days followed by freezing cold days. It's annoying. April is me with shorts on, sitting in front of the radiator. That's Minnesota.

This month is Easter, I know you've got the ham in place so I've got a couple of sides for you. There's also a 3 day trip suggestion to NASA in Texas. Plus a helpful hint about traveling with zippers. Enjoy April, warmer days are coming.



LET'S EAT

Pea Salad

INGREDIENTS:

4 Cups of Frozen Peas (thawed)
6 to 8 slices of fried bacon crumbled
½ block of Cheddar or Colby cheese
cubed or graded
½ cup Red Onion minced

¼ cup Mayo
½ cup Sour Cream
½ Tbs Sugar
½ Tbs Pepper
¼ Tsp Salt
¼ Tsp Hot Sauce

DIRECTIONS:

In a large bowl mix peas, crumbled bacon, cheese, and onion. In a smaller bowl mix Mayo, Sour Cream, Sugar, Hot Sauce, Pepper and Salt. Then add this to the large bowl and stir together.

Refrigerate at least 2 hours before serving. (After Easter add cubed ham to this and serve as leftovers.)



LET'S EAT

Lemon Risotto

"Risotto is pretty easy."

INGREDIENTS:

Zest of 1 Lemon
Juice of 1 Lemon
1 Cup Grated Parmesan Cheese
2 Tbs Olive Oil
2 Tbs Butter
¼ Cup White Wine
¼ Cup Minced Onion
4 Cups Hot Chicken Broth
1.5 Cups Arborio Rice

DIRECTIONS:

Prepare Rice as directed on the package. After you add the parmesan cheese then add lemon zest, juice and salt and pepper to taste.
Don't forget to keep stirring this as the directions say in the recipe.



Did you know you can freeze a cake? It's easy to do and they remain in good shape. You can make one, freeze it, and defrost when you are ready to eat it. Or you can just buy one from the store and freeze it "as is" like this one.



GO! DO!

"Lift-off!"

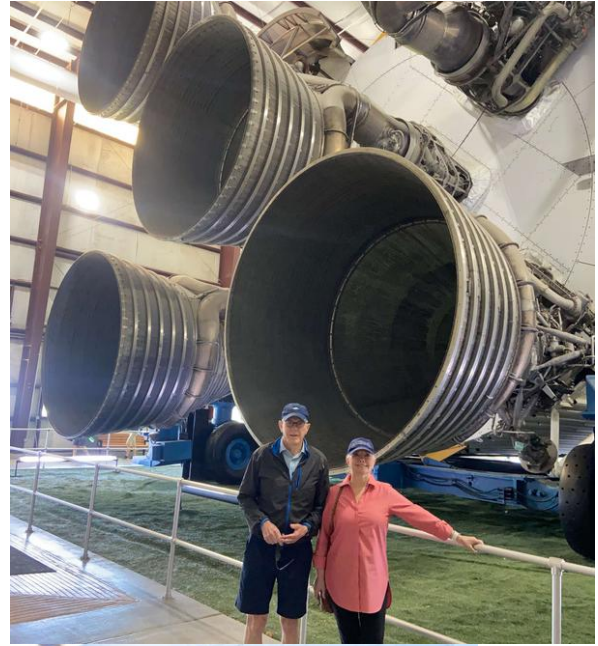
Have you been to NASA in Houston? I have an Aunt that lives in the area so we went to check it out while visiting her.

They have a shuttle replica there and it's pretty interesting.

I recall seeing the shuttle missions on tv as a kid, so it's neat to take it all in up close.

I also flew to Florida with the Marines and covered a shuttle launch many years ago when I worked at WCTI-TV. That was truly amazing.

Combine NASA and Galveston Beach for a nice, long weekend trip in Texas.



GOLDIE'S RUN

Join Us

"Fun Run"

Leah and I are back for Goldy's Run this year at The University of Minnesota.

It's a race for people of all ages and one of the first large runs of the season.

Participating in it means you are helping raise money for the University of Minnesota Masonic Children's Hospital. This year the run is Sunday, April 6th, join us.

Sign up at www.kstp.com





ZOË BAKES

Substack Squad Alert-Paul's People To Follow



When you need the perfect pastry or cake turn to Zoë Bakes. That's why she's part of my Substack Squad. Look at her Lemon Lavender Shortbread with Affogato to your left and below. You'll want to make both of these. You can find her recipes, books, and TV show if you just click here [Zoë Bakes](#).



Photos used with permission from Zoë

SEARCH AND SAMPLE

"Sweet Treat"

Ice Cream Hunt

I don't get out and try eateries enough. That changed recently with a visit to Bebe Zito's. It's an Ice Cream and Burger spot near the Whittier neighborhood in Minneapolis. There's a hip vibe to the place.



EASTER DINNER:

Setting The Table

Easter this year is Sunday, April 20th. However your family marks the occasion, my guess is that food will be involved. Let me add setting a fun table is easy. I've used a white tablecloth and a set of china I picked up at a thrift store a few years ago. Add a chocolate bunny, easter grass, candy eggs and peeps and you're set. It will make kids clean their plate knowing the treats are right in front of them.



CHRONICLE: LIVING IN A LOVE STORY

"Let's Just Drop It"

The Drop Ceiling

When you live in an old house you often think, "I could renovate or replace and make something better than what's there."

I thought this in my laundry room. It had an ugly drop ceiling like in an office building. I really wanted to sheetrock the whole thing but then there are all those levers and knobs. They all have a purpose and one day you WILL need them.

So, I finally gave in and found the best drop ceiling I could. Let's see how it turns out next month along with a really great lighting idea for the space.



HELPFUL HINT

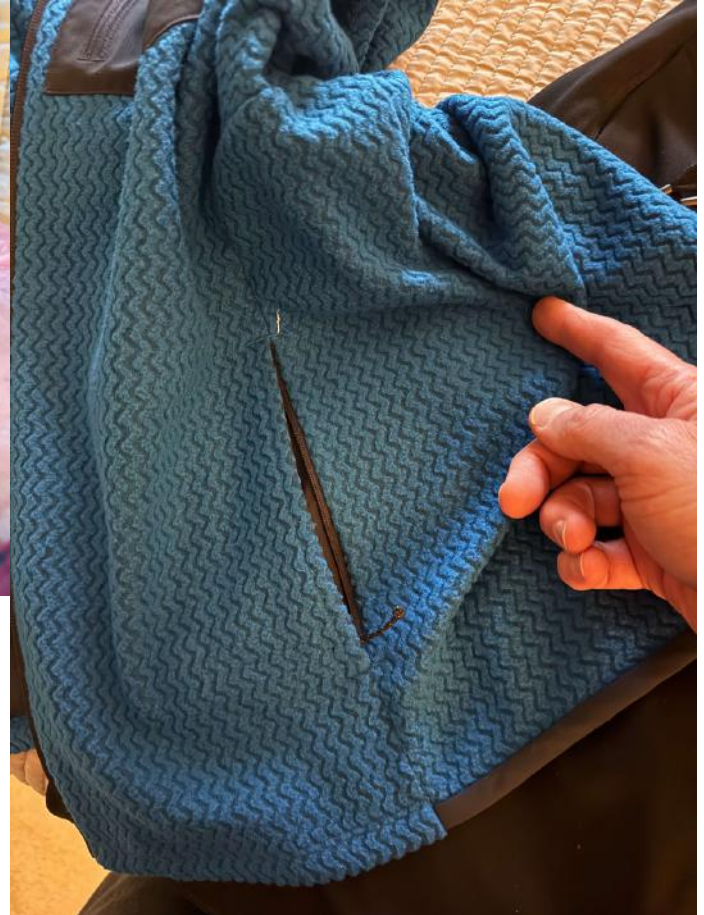
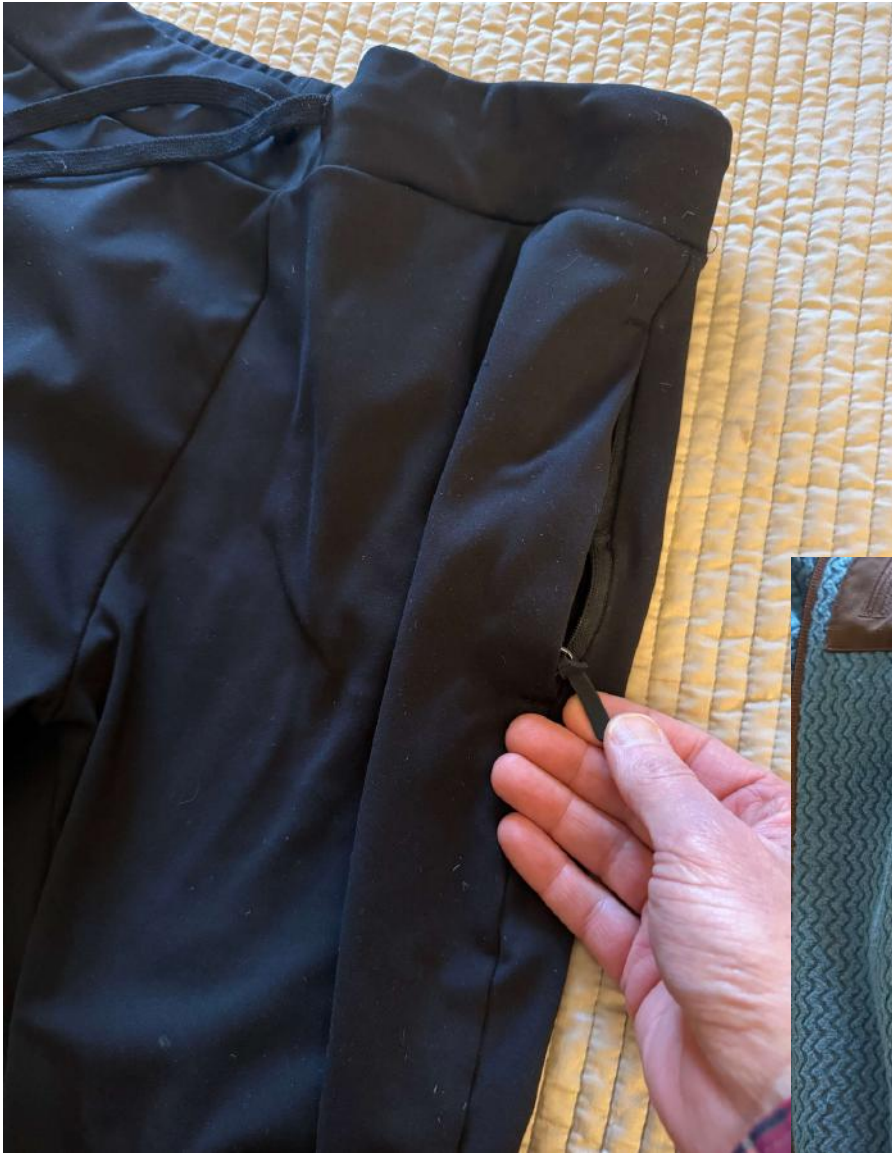
"Zip up!"

Travel Tip

Here's a simple travel tip. Make sure you have a jacket and pants with zippered pockets. It's just one more layer of security for your valuables.

For me, this is great for air travel. I can put my wallet, headphones, hand cleaner in my pockets and zip them up.

The bonus here is clothing like that tends to be pretty casual and comfortable for traveling. Zip up.



HELPFUL HINT

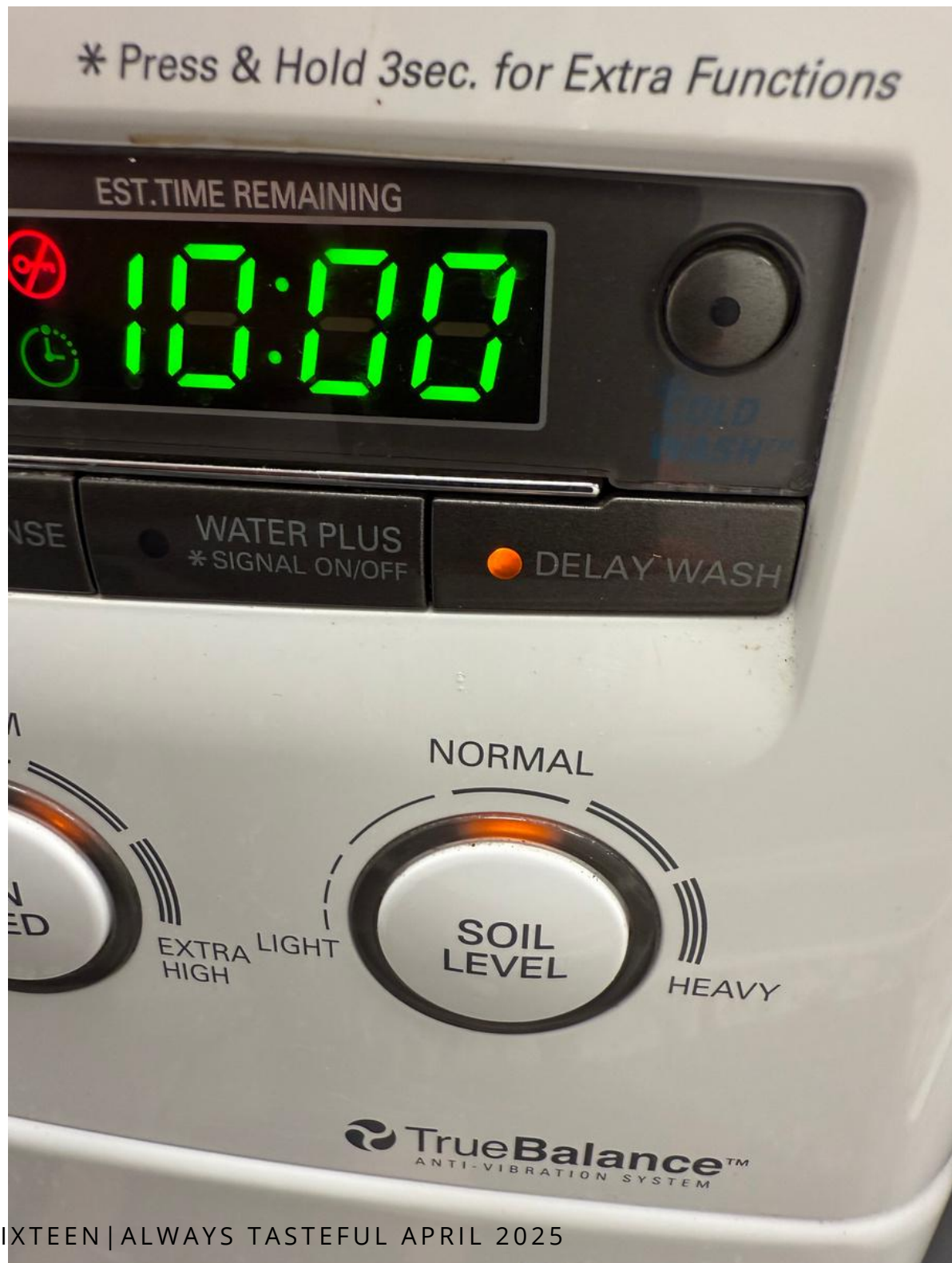
WASHER DELAY

"SMART WASHING"

Next time you have to purchase a new washer there's good chance it will have a delay function.

Seems kind of odd but here's the deal, I set mine all the time. Before I go to bed, I set it to start washing 30 minutes before I wake up. By the time I'm out of bed, the clothes are washed and ready for the dryer.

I also set it to wash 30 minutes before I come home from work so when I walk in the door, I pop them into the dryer. It's a time saver.



GARDEN PROJECT

"Wish Me Luck!"

The Mighty Grapevine

For years I've wanted a grapevine in my yard. This is the year. I decided on Concord Grapes. Now, I know I won't have grapes this year but one day there will be grapes. I'm going with a simple starter vine. In May, when the ground warms, I'll plant it in the soil and let's see what happens. Here's to Grapes--well in about 3 years.



BEHIND THE SCENES

"Go Twins"

Fun Fashion

My job requires me to wear a suit and tie. The bosses want it that way, that's part of the job.

They do let me have a little fun that you can catch if you look hard enough. I like to wear cufflinks.

April 3rd is the home opener for the Minnesota Twins and if you look at my sleeves you'll catch my Twins Cufflinks. It's just a fun detail I like to add to my clothing. I plan to wear them often this season.



REMEMBER WHEN?

Jiffy Pop Popcorn

"What's Poppin?"



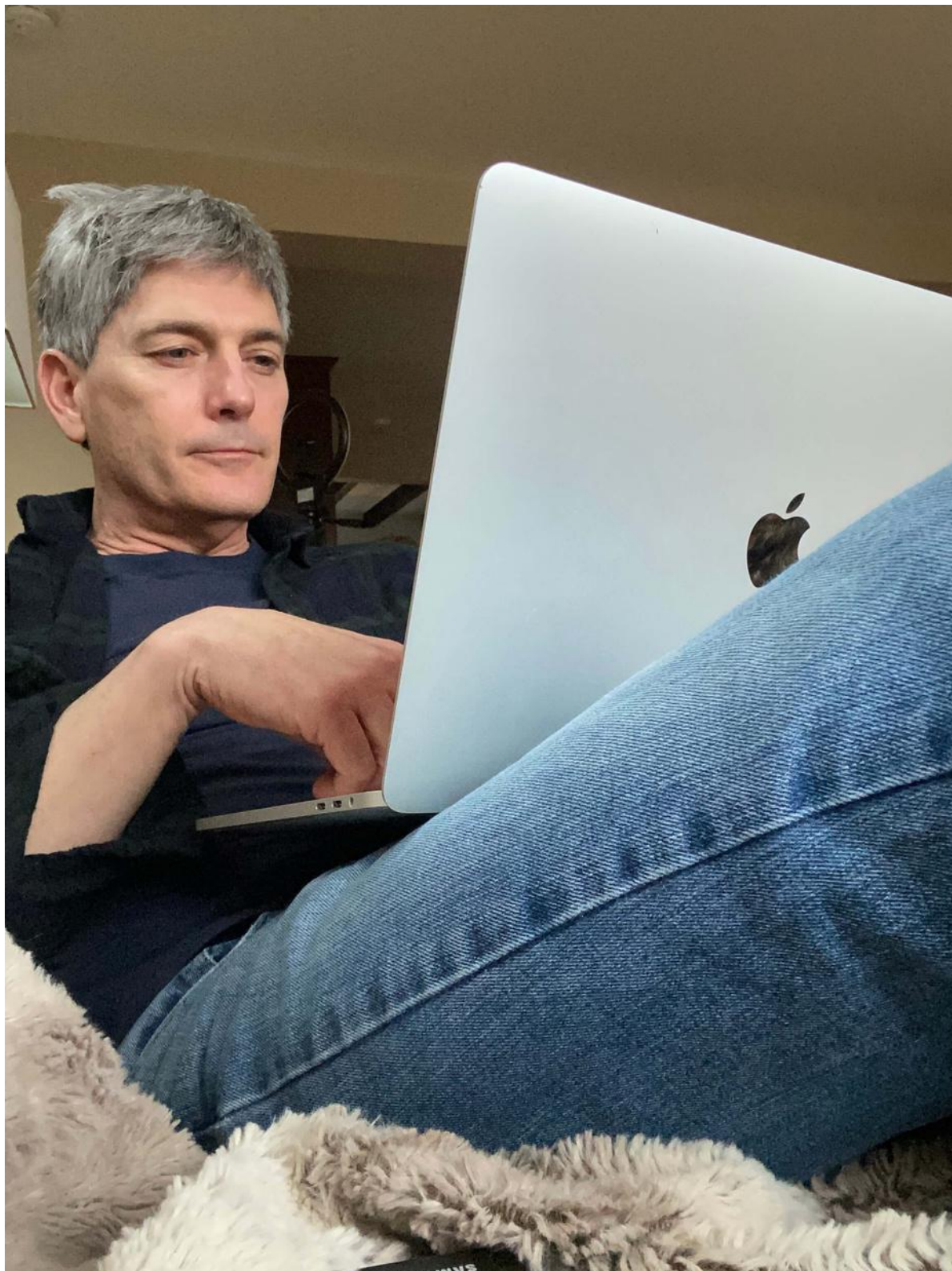
If you're of a certain age you know this silver ball of popcorn. It's Jiffy Pop. The "fun to eat" to eat popcorn. At least this is what the commercials made us all believe. Jiffy Pop is still made today. You can order it on Amazon or find it in some grocery stores. I received this as a gift and we made it. The flavor was good, it was salted nicely. It was still pretty tasty and the memories of having it as a kid are pretty great. Get to popping.



Final Thought:

April

When you spend time on the computer, like me, writing about the next month time seems to fly. You might not think of this but the April edition was written in March and May will be written in April. It does make the months go by quickly. I hope you make it the best month, the second quarter of the year starts in April 1st.



Til Next Time

Paul