

INTERACTIVE NEWSLETTER
Look out for this symbol



Eat That Frog

eatthatfrog.ac.uk

OCTOBER '23

NEWSLETTER



NEWSLETTER

October Overview



Trisha - Celebrating 11 years with Eat That Frog!

A huge congratulations to our much loved Trisha, who celebrated 11 years with Eat That Frog! having covered various roles within Eat That Frog she has really seen it all here. Starting as a volunteer, her natural skills were soon seen and she was offered a job as an Employability Skills Tutor.

She has grown so much over her time here - from Employability Tutor to her new role as a Careers Adviser. A natural people person, Trisha has always maintained a good rapport with staff, students and stakeholders. She always cares deeply for each individual client that she works with and will always go the extra mile to help them.



Always up for a challenge she continually pushing staff and clients to succeed.

Previous customers still come in to give us good feedback and to tell us how, because of Trisha, they have moved up the career ladder and made something of themselves.

We have all enjoyed her stylish outfits, haircuts, food and Glaswegian accidental misunderstandings

You have been a constant within the team over the years and a highly respected member of the company. We want to thank you, Trisha, for all your hard work and dedication to the people you have helped as well as your colleagues.



Trisha commented “It’s been great adapting to different roles and changes over the years.

Eat That Frog have done a lot for me, have been very supportive and given me a lot of opportunities.”

Thank you, Trisha, from all of us at Eat That Frog

RAISING AWARENESS

WORLD'S BIGGEST
COFFEE MORNING

MACMILLAN
CANCER SUPPORT

A quick update on our fantastic MacMillan Coffee morning that took place in our Plymouth and Torbay centres.

Post 16 learners James and Stevie managed to raise a fabulous **£256.07** in total for MacMillan Cancer Support. Well done to both of them and thank you for your continued fund raising efforts within Eat That Frog.

Remember you can always donate to this cause by going to their website.



CLICK HERE
DONATE NOW



DIABETES YOUTH SUPPORT COOK & EAT SESSIONS



OPEN TO ALL EAT THAT FROG STUDENTS THAT ARE CURRENTLY ON OUR DIABETES PROGRAMME

Held every two months

Next session -
Wednesday 3rd Dec at 10AM
Eat That Frog Paignton

Learn to cook amazing healthy meals from scratch, on a budget.



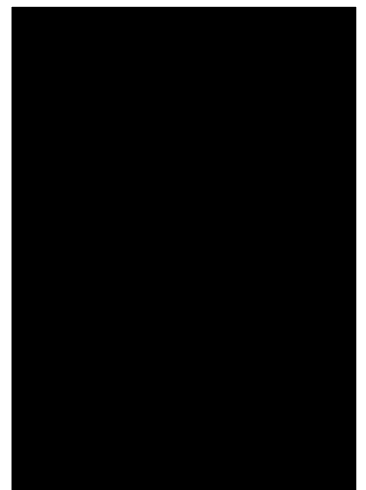
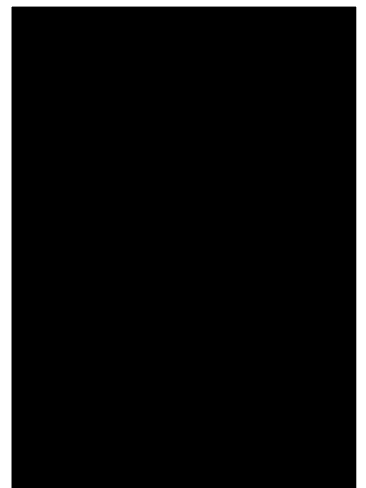
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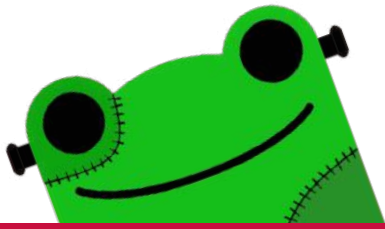
CONFIDENCE WITH

Our Princes Trust TEAM Programme participants have certainly had a busy couple of weeks!

Not only have they returned from a weeks residential in Bideford, they have just completed their very successful community project! As part of the TEAM Programme, learners are required to choose a local community project to help with. They must then plan and complete a fund raiser for any equipment they may need and then see their community project until the end.

TEAM Residential





TEAM Community Project

This group chose to help the Upton and Tor Community Gardens Group. Cleaning up all the pathways, chopping back all the overgrowing trees and planting 200 daffodil bulbs, which will bloom in the Spring!



Before...



After...



What to expect...

Week 1: Induction

Week 2: Residential

Weeks 3 & 4: Planning a Community Project

Weeks 5 & 6: Working on the Community Project

Weeks 7 & 8: Individual Work Placements

Week 9: Next Steps

Week 10 & 11: The Final Team Challenge

Week 12: The Final Presentation

**A TWELVE
WEEK
COURSE**

**Interested in joining?
CLICK HERE!**

COMMUNITY Events

Torbay Jobs Fair

We, once again, had the pleasure of taking part in the annual Torbay Jobs Fair.



The event invites local businesses across Torbay to come and really shout about themselves and make local residents and young people aware of opportunities available to them.



Trisha, Carol and Nicholas were happy to help residents, offering free National Careers Advice and free maths support.




As part of our Careers Programme, we also brought along Eat That Frog learners. Travelling from our Torbay and Newton Abbot centres with their tutors, they spent the morning talking to prospective employers.




Cost of Living Event

We were also invited to take part in a Cost of Living event in Newton Abbot this month. Using opportunities like this to help some of our young learners with communication skills, tutor, Merrick, took along his young learner to help let local people know how we can help with free adult training and community support.







I HATE MATHS!

Have you ever said that out loud?
PROVE YOURSELF WRONG!

FREE* Maths courses

Our Courses are designed to focus on the areas you need help with, from weights and measures to computer skills and GCSE preparation. Sessions from Entry Level to Level 2.

Introductory

Confidence Booster Sessions

- Basic computer skills
- Slow cooker lessons
- Gardening
- Understand your child's homework
- Jewellery making

Beginners

Lifestyle Courses tailored to your needs: -


- Bills
- Budgeting
- Work/Income

Intermediate

Preparation into GCSE standard: -


- Numeracy Assessment
- Work towards a functional skills qualification

Mornings and afternoon sessions available




For more information
01803 551 551
info@eatthatfrog.ac.uk


@eatthatfrogcic



SCAN ME



*Subject to eligibility



Funded by UK Government

National Careers Service

Helping you take the next step



Free and impartial careers information, advice and guidance that will help you to realise your potential and achieve your goals.

nationalcareers.service.gov.uk

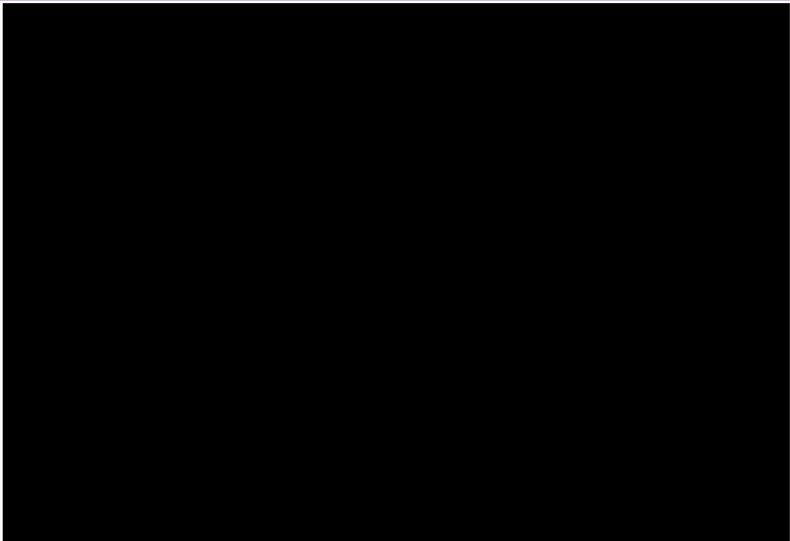
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POST 16 News



"A huge shoutout and heartfelt thanks to Cory Atkinson for spearheading the "Eat That Frog" five-a-side friendly match. The sheer enthusiasm and dedication behind this event made it an unforgettable occasion. The skills displayed on the football field by both our learners and staff were nothing short of amazing! It was like watching a blend of Messi-like dribbles, Ronaldo-worthy shots, and the kind of teamwork that you'd see in the World Cup.

What made this day truly special was the atmosphere of unbridled fun. Everyone, from our learners who brought boundless energy, to our tutors who let loose and showed their competitive spirits. The laughter, the high-fives, and the shared moments of triumph and near-miss goals created an indelible sense of unity within our school community.



The "Eat That Frog" five-a-side friendly was not just a football match; it was a celebration of our collective spirit and the bonds that make our school so exceptional. It was an afternoon filled with genuine smiles. Once again, a truly brilliant afternoon that reminded us all that together, we can make magic happen!"

Thank you, Cory, for making it all possible."

Farmyard Café

An ETF learner has been visiting the Farmyard Café and this is something that we are keen to continue as it gives our learners the opportunity to spend time with animals in an environment that suits them. We have even been offered a space to call our own should we like it and over the next term, we will be working towards personalising our space.

Durnford Lodge

We had a good group of learners take part in Music Bingo at a new care home that works with Dementia patients. The learners did so well to get involved and help the residents. The residents loved the learners, the activity and the company and the learners really enjoyed taking part and contributing their time to such a good cause. We are excited to go back!

Work Experience

Our Plymouth learner, Alex, had the fantastic opportunity of going on a work experience placement at the Summerskills Brewery based in Plymouth. Alex had been keen to complete a placement for a while so that he can start looking at and planning his next steps. The brewery offers him a host of skills that he can take with him and use to broaden his options.

Another learner, Lucas got to spend some quality time on Eat That Frog's reception desk as part of his work experience (pictured above). Centre Manager, Jo said he was a real star and was a great help to us.



LGBTQIA+

We have recently had our first LGBTQIA+ Group meeting. Interest is growing around the centre and with Chelsea and Ollie taking a lead on promoting LGBTQIA+ interests and groups, we look forward to creating a more safe and inviting space that young people can be open and feel comfortable.



SCAN ME!



LGBTQIA+ SOCIAL GROUP

A safe space for support,
advice & guidance

EVERY TUESDAY - 3.30 - 4.40PM

Eat that Frog, Plymouth

COMMUNITY PROJECT

Fordpark Cemetery

Some of our learners have been making regular visits on a Monday to a cemetery local to the centre and have been assisting with maintenance work in the various sections. They have worked hard to clear weeds and dirt from graves in the historical quarter and have cut and cleaned the path by the memorial garden. Their hard work is greatly appreciated and has not gone unnoticed! Members of the public have applauded their efforts in passing and the staff at Fordpark are extremely grateful. Peter (Head Maintenance) said: "The volunteers are as valuable, if not more valuable, than the employed staff."



INTERNATIONAL Opportunities

TURING

SCHEME

The UK's global programme
to study and work abroad

Leti, our Turing Business Manager, flew over from Gran Canaria to travel around not only Eat That Frog sites but other local schools and colleges to make staff and students aware of an amazing opportunity. Currently, all Eat That Frog learners (including Princes Trust) are being invited to join us on a once in a lifetime trip to Gran Canaria, as part of the Turing Scheme.

We are also excitedly beginning to open up this opportunity to local organisations who feel their staff and/or students may benefit from this exciting chance to experience life abroad.



New website - www.eatthatfrog.es

With plans of being able to offer the benefits of this trip to a wider audience, we are pleased to announce that a new eatthatfrog.es website is now live.

Aiming to offer other schools, colleges and organisations the chance to take part in the Turing Scheme and really feel the benefits as well as inviting other businesses in Gran Canaria the chance to join our scheme and offer valuable work experience to learners.

CLICK HERE
to visit the
eatthatfrog.es
website

IMPORTANT Information



Dates for your diary

1st Day back after break
Monday 30th October

Employability Week
& 1st Student council meeting
6th - 10th November

STUDENT COUNCIL

Your voice matters!

Have you joined our student council?

The Student Council gives all of our students an official voice, to have their say about topics they feel strongly about within Eat That Frog. It is designed to enhance communication between students, staff, management & guardians.

Reasons to join

- Make a Difference
- Increasing your self-confidence and self-esteem
- Forming new relationships with staff members and other students
- Support your Qualification
- Improving your problem solving and communication skills
- Improving your leadership skills
- Developing a sense of responsibility and sharing the experience of decision making within the colleges.
- Most importantly having your own voice!

Possible topics

- Suggesting Ideas
- Voicing Concerns
- What's Working
- What's not working
- Planning trips & Activities
- Getting Information

Interested?

**Talk to your tutor or
fill out an expression
of interest form**





Eat That Frog



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Plymouth, Torquay, Newton Abbot and Paignton

