

Loving life with little ones

toddle **ab**out

South Bucks

FREE

Oct - Dec 2024

BIRTH TRAUMA:
Help is Available!

**EXCLUSIVE
OFFERS**
Worth £100s

**CHRISTMAS
EVENTS**

Cover photo by Sarah Abdey Reid

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WELCOME



TO THE AUTUMN 2024 EDITION!

As the leaves turn golden and the air becomes crisp, our favourite time of year is upon us. We have jam packed this issue with fun and exciting things to do to make your family's autumn and winter truly special.

Prepare for spine-tingling fun this Halloween with spooktacular events (p.8) happening near you and a Halloween handprint craft (p.12) to make with your little ones creating a great keepsake.

As the festive season approaches, join us in unwrapping the magic of Christmas. From a Christmas gift guide (p.14) to enchanting local events not to miss (p.16); we're your festive guide to all things merry and bright.

So, grab yourself a cuppa and cosy blanket with your little ones and immerse yourself in the wonders of Autumn and the joy of Christmas.

Wishing you a season of warmth and wonder!

Leave a Review and See Our New Top of the Tots!

Visit toddleabout.co.uk/search and pop in your postcode. Select any providers that you have bought from or experienced and add a review to their listing.

That's it! We will then select the top 10 and feature them on our NEW Top of the Tots page found on p.22.

Leave a review at toddleabout.co.uk/search

Loving life with little ones,

Steph & Matt

OWNERS/EDITORS

PS. Subscription to Toddle About is just £2 every 3 months and your **first issue is free!** Plus, you get other VIP perks such as automatic entry to exclusive giveaways and freebies. Visit: www.toddle.fun/subscribe

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Cover picture:

Thank you to Sarah Abdey Reid for our beautiful autumnal cover photo. Find out more including her Christmas sessions at: www.sarahabdeyreid.co.uk



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Follow us for daily updates!



Bite SIZED NEWS

Ride On Time Franchise Offer Price



Ride On Time are expanding and to meet demand they are now searching for franchisees in new locations.

If you are looking for flexible work that fits with your family, is fantastic fun and gives you the freedom to run your own business, get in touch to find out

more! They have an amazing offer price of £2500 for the first 5 pioneer franchisees who join them and one has already signed up so get in touch today.

Visit www.rideontimehire.com See P.31



New Venue for Monkey Music

Monkey Music is excited to be running classes in Waddesdon Village Hall on Thursdays! They are so thrilled that they are now able to run their classes north of Aylesbury. Join in and share precious time, have fun making music with your little one, whilst supporting their development in age specific classes. Beautiful Noise for newborn babies; Rock'n'Roll for babies under 1; Heigh-Ho for 1-2 years; Jiggety-Jig for 2-3 years and Ding-Dong for 3-4 years. See P.25

www.linktr.ee/monkeymusichighwycombe



Sleep Struggles With your Little One?

Charlotte is a certified infant sleep consultant, mum of two toddler boys, and founder of The Good Snooze Company.

Charlotte supports tired parents of newborns up to 4 years old, to help you and your family get the good snooze they need. Using gentle yet effective sleep support methods. Virtual consultations are available, with a variety of Snooze Packages depending on the level of support you prefer.

Visit www.thegoodsnoozecompany.co.uk See P.17

Open Morning

Join Lockers Park for their whole School Open Morning on the 12th October.

During your visit, you will meet with their Headmaster, teachers and current pupils who will tour you around the school and facilities. During the tour you will have the opportunity to observe lessons and engage with teachers and pupils and ask any questions you may have.

You can book your place by completing a form on the link below. See P.36

www.lockerspark.co.uk/admissions-process/open-morning



Robot Reg Seasonal Parties

Join Robot Reg to celebrate some special events this Autumn term! There will be singing, dancing, crafts and lots of fun to celebrate both Halloween and Christmas. Tickets will be £10 per child with discounts available for siblings plus get a huge 20% off using code TODDLEPHONICS.

To find out more about these events including venues and times please visit their website.

See P.28

www.robotreg.co.uk/find-a-class/highwycombe





NCT's Nearly New Sale is Back

At a NCT Nearly New Sale you will find a wide range of quality second hand baby and maternity items. You might even be able to pick up some designer items at bargain prices! As a small thank you for your support, they offer early entry at the sales for NCT members.

Their fabulous nearly new sale is back 2nd November, just in time for having a clear out and buying those Christmas presents!

Visit www.nct.org.uk/event/46341175 See P.26

Bite SIZED NEWS

So Much More than a Dance Class

Suitable for children from the age of 1 up, all Tot Bop classes are super fun, funky and imaginative and are tailored to each age and stage of development. Classes are designed to give boys and girls an accessible, inspiring and educational introduction to dance, where learning and fun are delivered in equal measures.

Trial classes available in Aylesbury, Aston Clinton, Wing, Pitstone, Tring, Berkhamsted and Leighton Buzzard.

Visit www.totbop.co.uk See P.24



Under 5s Discover Ducks

If you've got toddlers to entertain during the week, bring them to one of Discover Bucks Museum's special sessions for under 5s. Every Wednesday a Stay and Play Café offers a play space, free tea and coffee and chance to meet other parents. On selected Thursdays their Discover Ducks sessions include a story, games, craft activity and museum trail and on selected Fridays the Roald Dahl Children's Gallery is open to under 5s to explore.

Visit www.discoverbucksmuseum.org See P.9



Free Rugbytots Taster Session



Rugbytots classes are catered for 1.5-7-year-old children, attended with their parent(s) and act as a great bonding experience whilst coaches facilitate the dynamic, cross-curricular and engaging fun. Children have lead and assistant coaches as well as their grownup involved to fully support their learning and enjoyment whilst having lots of fun learning to catch and move! Email to arrange a free taster class at your local venue.

Email tom.brown@rugbytots.co.uk See P.19



Places Available at First Place Nursery

First Place Nursery in Beaconsfield warmly welcomes children as young as 6 months old, giving them a fantastic start in life. They're thrilled to have access to the beautiful open space and woodlands of Wilton Park, which they explore regularly. There is a garden with areas for growing vegetables and feeders for birds and squirrels. The children enjoy the outdoors every day, all year round, discovering the wonders of nature. Their dedicated and experienced team is passionate about nurturing and engaging each child, making every day an exciting adventure in learning and growth.

Visit www.firstplacenurseries.com/beaconsfieldnursery



BIRTH TRAUMA

It can feel unbearable,
but help is available!

by Dr Kim Thomas



After Daisy had pushed for two hours without success, doctors decided that they needed to use forceps to help her baby out. She'd already had a long, painful labour, and now the room was filling with people, leaving Daisy feeling frightened and out of control. Her baby daughter was eventually born safely, though back-to-back. Shortly afterwards, however, Daisy had a haemorrhage. She felt tired and exhausted and found it difficult to breastfeed. At home, her stitches became infected.

She also began having flashbacks to the birth and found it difficult to see anything that reminded her of what had happened, such as tv shows involving birth. In addition, Daisy felt that she wasn't a good mother because she still couldn't do simple things like sit up in bed to feed her daughter.

Birth trauma is the name we use for what happened to Daisy.

It describes the experience of being so traumatised by birth that the memory of what happened continues to affect you every day. This often takes the form of flashbacks to the birth, feeling intensely anxious all the time or avoiding anything that reminds you of the birth.

In some women, the trauma symptoms are severe enough to qualify for a diagnosis of post-traumatic stress disorder (PTSD), which affects one in 25 women after birth – about 30,000 a year in the UK. Sometimes, fathers or partners can also be so traumatised by the experience of watching birth that they develop birth trauma.

When you're a new mother, already struggling with the demands of caring for a newborn, having birth trauma on top can make life feel unbearable. The mums who come

to us at the Birth Trauma Association tell us that the constant sense of anxiety – watching over their baby to make sure it doesn't die, feeling frightened to leave the house – leaves them feeling isolated. Some feel guilty because they find it hard to bond with their baby. Others tell us that family and friends don't understand why they still feel traumatised and insist that they just need to "move on".

Fortunately, help is available. In England there are new maternal mental health teams to support women with birth trauma, and there is also the option of self-referring to therapy if you need it from the NHS Talking Therapies service (outside England you will need a referral to therapy from your GP or health visitor).

Two forms of therapy: trauma-focused CBT and EMDR (Eye Movement Desensitisation and Reprocessing) are very effective at treating trauma symptoms.

Daisy was initially worried about receiving therapy because she was scared the counsellor would think she was a bad mother, but she found it helpful. She also benefited from a birth debrief with the hospital, which enabled her to get answers to her questions about what happened during the birth. Most maternity units now provide a birth debriefing service.

If you'd like to share your experience with someone who understands, you can email the Birth Trauma Association's peer supporters on support@birthtraumaassociation.org.uk or join our Facebook group (facebook.com/groups/theBTA). Women tell us that having the opportunity to talk to others who have been through a similar experience makes a huge difference – and some even say that it saved their life.



Dr Kim Thomas is CEO of the Birth Trauma Association, a charity that supports mothers and fathers affected by traumatic birth. She is also author of the recent parliamentary report into birth trauma.
www.birthtraumaassociation.org



Godstowe

Founded 1900



Stay and Play 10th October and 12th November

Girls and Boys aged 2 - 4

High Wycombe

godstowe.org



Discover something special

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Happy Halloween

Thursday
31st October

It's time to put on your witch's hat and get your little one dressed up! Enjoy the spooky season at these Half-Term events near you

FIREWORKS DISPLAY

THOMLEY
26TH OCTOBER
5:00 PM - 8:00 PM

All are welcome to join Thomley for their reduced sound firework display. Carefully selected fireworks that are amazing to watch but with less noise than most displays.

They also have ear defenders for those that require them and the pavillion will be used to watch from inside if preferred by some. There will also be a lantern display as well as food and drink stalls including; pizza, chips, toffee apples, candy floss, soft drinks and more.

Cost: £9 per person, family £26.

Menmarsh Road, Worminghall
HP18 9JZ
www.thomley.org.uk
f thomleypublic

TRICK OR TREAT TRAIL

DISCOVER BUCKS MUSEUM
31ST OCTOBER
10:30AM - 12:30PM & 1:00PM - 3:00PM

Trick or treat in the oldest building in Aylesbury! Begin by making your very own trick or treating basket and then follow the trail through the museum in small groups to meet the friendly Halloween creatures within and complete their spooky challenges to earn a sweet reward. Don't forget to dress to impress!

This experience will last approximately 1 hour and is suitable for children aged 3+ but all ages are welcome.

Cost: £5 per participant.

Church Street, Aylesbury
HP20 2QP
www.discoverbucksmuseum.org
f bucksmuseum

HALLOWEEN SPOOKTACULAR

BUCKS RAILWAY CENTRE
26 & 27TH OCTOBER
10:00 AM - 4:30 PM

Come and watch our special family-friendly, interactive play 'Red Riding Hood' and enjoy a steam train ride with Frankenstein! Fun for the whole family, including children of all ages. You can also play Halloween games, do a ghost hunt and win a treat! Dress up for this Halloween event, take your photo while you are here, then post it on your social media, tagging us in and we'll pick a winner!

Cost: Adults £14.50, children £10.50, under 3s go free, family £44.50.

Station Road, Quainton, Aylesbury
HP22 4BY
www.bucksrailcentre.org
f BucksRailCentre

PYO PUMPKINS

PETERLEY MANOR FARM
OCTOBER WEEKENDS
10:00 AM - 4:30 PM

Pick Your Own pumpkins are back for 2024 and there is a bumper crop of homegrown pumpkins in all shapes and sizes for you! In addition to pumpkin picking there will be some children's activities including face-painting (for an additional fee), free games, as well as photo opportunities and pop-up food vans (including La Crêpe Française, Burgervore and more) with undercover seating in the Dutch Barn.

Cost: Free entry, free use of wheelbarrows, pumpkin prices vary.

Peterley Lane, Great Missenden
HP16 0HH
www.peterleymanorfarm.co.uk
f peterleyfarm

PUMPKIN FESTIVAL

ODDS FARM PARK
26TH OCTOBER - 3RD NOVEMBER
10:00 AM - 5:30 PM

Enjoy a frightfully fun day and head to the Pumpkin Patch to pick your own pumpkin ready to carve over at Carving Corner*, have a go at the Halloween themed arts & crafts and go to see what other spooky surprises they have in store. Little ones will love to take a mini wheelbarrow and explore the Oddlotment Pumpkin Patch to find and pick up their very own Pumpkin!

*Small extra charge for Pumpkin. Pumpkin Patch is weather permitting, **Cost:** Adults £18.95, children £18.95, under 2s go free.

Wooburn Common, High Wycombe
HP10 0LX
www.oddsfarm.co.uk
f OddsFarmPark

TWILIGHT TRICKS

ROALD DAHL MUSEUM
30TH OCTOBER
4:30 AM - 7:30 PM

Visit the museum after dark! Come in Halloween fancy dress to receive your exclusive 'I'm Fantastic' rosette. Are you brave enough to reach inside our touchy feely boxes? As the sun sets in the courtyard you can explore. Join in with scary stories (suitable for 5+) from The Witches told by our expert storytellers. Pick up our mischievous trail and explore the galleries. When you're done head back for a trick or treat prize at the end.

Cost: Adults £9.95, children £9.95, under 5s go free.

81 - 83 High Street, Great Missenden
HP16 0AL
www.roalddahlmuseum.org
f roalddahlmuseum

Some events must be pre-booked and event details are correct at time of printing but may change, please check before attending.

BUCKINGHAMSHIRE RAILWAY CENTRE

HALLOWEEN SPOOKTACULAR

26TH & 27TH OCTOBER
10AM-5PM

Fun for all the family!

Take part in our play Red Riding Hood
Meet Frankenstein on the train
Play Halloween games and go on a spooky ghost hunt!

Book at www.bucksrailcentre.org

B Discover Bucks Museum
& Roald Dahl Children's Gallery

Discover Bucks Museum
Church Street
Aylesbury HP20 2QP
discoverbucksmuseum.org
01296 33444

Fun for Under 5's

Whether you're after a relaxed play session or a more structured story, songs and craft session we have something to suit every under 5.

Every Wednesday - **Stay and Play Café**
Selected Thursdays - **Discover Ducks activity sessions**
Selected Fridays - **Roald Dahl Children's Gallery mornings**

Discover more at discoverbucksmuseum.org



TITCHY TODDLERS

Exclusive access to the Roald Dahl Museum for little ones 6 months to 4 years. 10am to 12pm

Friday 11 October
Monday 14 October
Friday 8 November
Friday 13 December

Play, craft, role play and storytelling based on Roald Dahl's stories.

£5 per child (2 adults free)

The Roald Dahl Museum
Great Missenden, Bucks
book at roalddahlmuseum.org

ROALD DAHL MUSEUM AND STORY CENTRE

Halloween Family Nature Day

30th and 31st October

A halloween adventure in the great outdoors for the whole family

www.field-studies-council.org/families

Book now

Field Studies Council
Amersham

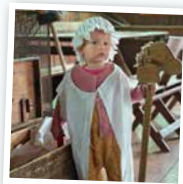
TODDLE MODELS

Baby and Toddler Photo Competition Winner

Thank you to everyone who entered our Summer Toddler Models competition!

Congratulations to little Caiden and Jessica who have both won a bundle of Orchard Toys games worth £50!

We received so many gorgeous entries - we hope you enjoy looking through them as much as we have and that this gives all our entrants a lovely keepsake.



A, 22 months



Albert, 10 months



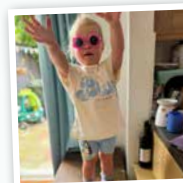
Find out more at www.orchardtoys.com



Caiden, 4 years old



Jessica, 7 months old



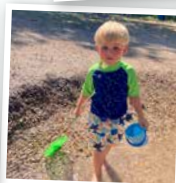
Annabelle, 2 years



Arash, 2 years



Beau, 15 months



Benji, 4 years



Cody, 2 years



Daisy Dottie, 16 months



Dougie, 3 years



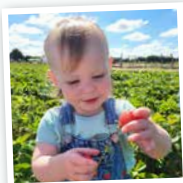
Elouise, 3 years



Essie, 2.5 years



Evie, 2.5 years



Florence, 20 months



Forest & Robin, 4 & 2.5 years



George, 2.5 years



Harrison, 2 years



Harry, 22 months



Hazel, 3.5 years



Hope, 3.5 years



Imogen, 5 years



Isabella, 21 months



Jace, 7 months



Jack, 5 years



Kaleb & Ophelia, 5.5 years & 21 months



Madison, 2 years



Milo, 6 months



Nancy, 3.5 years



Rosamund, 2 years



Twyla, 22 months



Willow, 5 years



Zach & Lewis, 2.5 & 7 years



Zoe & Pearl, 5 & 1 year

COMPETITION

TODDLE MODELS



WIN TICKETS TO STICK MAN ON STAGE

THE PRIZE: Win a Family Ticket To See Stick Man On Stage, worth £90!

Courtesy of Official London Theatre, this is a unique chance to win tickets to Freckle Productions' touching, funny and utterly original adaptation of **Julia Donaldson and Axel Scheffler's Stick Man** in London.

What starts off as a morning jog becomes quite the misadventure for Stick Man: a dog wants to play fetch with him, a swan builds a nest with him, and he even ends up on a fire! How will Stick Man ever get back to the family tree?

This award-winning production, from the team behind **Zog and Zog and the Flying Doctors**, features a trio of top actors and is packed full of puppetry, songs, live music and funky moves.

Stick Man is at Bloomsbury Theatre in London from 4th Dec - 5th Jan and tickets are on sale now at www.OfficialLondonTheatre.com.

OFFICIAL
LONDON
THEATRE
.com

HOW TO ENTER:

Send us a photo of your little one enjoying some fancy dress fun!

We will print as many entries as possible in the next Toddle About magazine to give you a lovely keepsake.

Enter by Wed 27th November 2024.

WORTH
£90

ENTER AT:

www.toddle.fun/toddlemodels



HALLOWEEN HANDPRINT

CRAFT ACTIVITY

Make a pumpkin keepsake craft with your toddlers, preschoolers or older kids this Halloween. Turn their handprints into a ghost, and Jack-o'-Lantern.

SUPPLIES:

- Air Dry Clay
- Paint
- Drinking Straw
- Craft Stick
- Green Ribbon
- Parchment Paper

TIP: Make sure to use parchment paper when rolling out the dough. This will stop the dough from sticking to the table and will make it easy for you to transfer it to another area to let it dry for 24 hours.

HOW TO MAKE:

STEP 1: Roll the clay out on parchment paper until it's about ½ inch thick. Let your little one press their hand onto the clay. You may want to help by applying a bit of pressure to their hand to make sure the handprint makes a clear impression.

STEP 2: Use a craft stick to cut the shape of a pumpkin, making sure your child's handprint is in the middle of the pumpkin. Smooth out the edges of the pumpkin with your fingers (use a bit of water, if necessary).

STEP 3: Use a drinking straw to punch a hole in the stem.

STEP 4: Transfer the clay to a dry area. Let it stand for 24 hours until it is dry.



STEP 5: Use acrylic paint to turn the handprint into a Halloween design. It can be a ghost, Jack-o'-Lantern, Frankenstein etc. Paint the rest of the pumpkin orange and the stem brown.

STEP 6: Thread a green ribbon through the hole in the stem.



Craft kindly supplied by Stef Luca of *NonToyGifts*, author of "Color By Number Animals". Discover more at www.nontoygifts.com



SWEET POTATO BISCUITS

The perfect on-the-go snack – a favourite with little ones and grown ups! Made with simple ingredients you likely already have at home. One bite and you won't be able to stop!

INGREDIENTS

- 230g sweet potato, peeled and roughly chopped
- 50g unsalted butter or vegan alternative
- 150g self raising flour
- 30g wholemeal flour

VEGAN, NO EGGS & NO DAIRY

MAKES: 40 BISCUITS

AGE: FROM 6 MONTHS

PREP: 15 MINUTES

COOK: 10 MINUTES



COOKING INSTRUCTIONS

1. Preheat the oven to 180°C/160°C fan/ Gas 4.
2. Steam the sweet potato over a gentle heat for 15-20 mins until soft, then set aside to cool. Once cooled, weigh out 200g of the sweet potato.
3. Put the sweet potato into a large bowl and mash with a fork.
4. Melt the butter and add with the flours to the sweet potato. Mix to form a dough.
5. Put the dough onto a sheet of baking paper and roll out to 5mm thick, then cut into shapes with a cookie cutter or sharp knife.
6. Transfer the baking paper and biscuits to a baking tray and bake in the oven for 10 mins until lightly golden, checking to make sure they don't overcook.
7. Remove from the oven and allow to cool before serving.



STORAGE
Store in an airtight container for 3 days or freeze for up to 3 months!

Recipe by Romina Bertinazzo, author of *The Yummy Little Belly* cookbook which contains over 80 quick, easy and nutritious recipes to keep you and your little ones happy is out now.

"I'm sooooo bored!"

by Laura Tristram



SHOULD BOREDOM BE PART OF YOUR CHILD'S DAILY ROUTINE?

When you're a parent, life can feel non-stop. We're in a constant struggle to keep our little ones healthily entertained, rushing between various groups and clubs, with day trips squeezed in between work and household chores.

We dread hearing those words slip from our children's mouths... "I'm bored!"

However, new research from the Child Mind Institute suggests that allowing children to experience boredom can actually be beneficial for both them and their parents.

IS BOREDOM BAD?

Parents, influenced by societal narratives, often perceive boredom as an unproductive and negative state. Being busy is often equated with success, leading to the belief that boredom signifies laziness.

It's time to rethink this notion.

Boredom can play a significant role in children's development and mental health, forcing them to use their imagination and creativity to entertain themselves. This self-directed play fosters curiosity, helps them discover their interests, and enhances their innovative thinking.

Research even shows that engaging in *monotonous* tasks can boost creativity when later performing creative activities.

PROBLEM-SOLVING AND SOCIAL SKILLS

The ability to persist is crucial for facing future obstacles and cultivating a proactive mindset. Dealing with the "problem" of boredom enhances their problem-solving skills and self-reliance, fostering a sense of initiative and independence.

'Free play', where children engage in unstructured activities of their own choosing, allows children to interact with peers, developing essential social skills like negotiation, collaboration, and communication. These skills are vital for forming relationships and working well with others.

Successfully finding ways to entertain themselves boosts children's confidence, helping them take risks and explore new things, thereby strengthening their self-esteem.

FREE TO 'BE'

By giving children the free time to 'be', we can improve mental health as it **reduces anxiety and stress**. It gives them the opportunity to process thoughts and emotions and engage with their surroundings. These periods of boredom can lead to more creative activities.

HOW TO INTRODUCE MORE BOREDOM

1. Remove Structured Activities

Encourage children to create their own activities on an "activity detox" day, helping them explore their interests and creativity.

2. Keep It Simple

Offer materials like blocks, art supplies, and household items to inspire creativity and free play.

3. Less Screen, More Space

Take your child to open spaces and allow them to explore independently, fostering a sense of independence and creativity. Limit the use of electronic devices and encourage imaginative play instead.

4. Be The Change

Show them how to change by engaging in creative activities yourself and limiting your own screen time.

Experiencing boredom helps children develop crucial life skills like problem-solving and creativity. Boredom also helps children build tolerance for less enjoyable experiences and encourages mindfulness, self-reflection, and interpersonal communication skills.

It's a valuable lesson for all: alongside your to-do list, create a 'let's be' list. Make time to be mindfully present with those around you. Amidst the rushing around, take a moment to walk and clear your head. These idle moments without a to-do list are essential for mental clarity and happiness. So, the next time your child complains of being bored, embrace the opportunity to foster their creativity, growth, and wellbeing.

Laura Tristram is a teacher, mum, and mental health and wellbeing lead at Lumii.me



CHRISTMAS GIFT PRODUCTS

GIFT IDEAS FOR YOU AND YOUR LITTLE ONES.



CACCHINO'S WHALE BABY SLEEP AID AND SOOTHER: £39.97

This adorable and super soft Plush sleep aid is designed to help soothe your baby into a peaceful sleep. The soother includes a beautiful starry light projector with adjustable sounds including white noise and a cry/noise sensor which can detect your child's cries and automatically play calming sounds. It's portable so a great travel companion and the plush materials are washable and choke hazard free. An excellent additional to any bedtime routine!

Available to buy from www.cacchino.co.uk



HAPPY DAYS BOOK: £10.99

Did you know that otters hold hands when they sleep, or that a group of pugs is called a grumble? Discover this and much more in Emily Coxhead's wonderful collection of happy facts and uplifting statistics for all to enjoy. Packed with adorable animals and beautiful tales of humanity, this brilliantly bold picture book is the perfect gift.

Available at all good booksellers



PUZZLE BY NUMBER® CHRISTMAS WREATH: £22.99

Deck your halls with this unique Christmas Wreath from Plus-Plus. Match colours and numbers on the template and build your mosaic creation. Customise it with candy canes and colourful ornaments. With no heat, glue or ironing required, the finished puzzle can be displayed on your wall or door.

Buy on Amazon



MEGA CALM MASSAGE BALM: £9.95

This new, midwife-developed massage balm is 100% naturally derived with nourishing and soothing ingredients chosen to help smooth, nourish and moisturise baby's skin to support skin integrity. Including a massage in your evening routine can help your baby to relax and create a strong bonding experience.

www.myexpertmidwife.com



PO.P WATERPROOF SHELL DUNGAREES: £50

These shell dungaree-style trousers from PO.P for babies and toddlers are incredibly wind resistant and waterproof. Adjustable braces make them ideal for splashing in puddles or walks in the buggy, and the elasticated back makes for a comfortable fit. They are 100% waterproof, with taped seams and a long zip to make them easy to get on and off. They are available in sizes 2 - 8 years and come in Green, Black, Blue or Pink.

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Christmas

ACTIVITIES & EVENTS

15 NOV
-
5 JAN

CHRISTMAS AT WADDESDON

Waddesdon.
12:00 PM - 7:00 PM.

Inspired by the tale of Sleeping Beauty, Waddesdon is set to be transformed for a magical festive experience. Enjoy beautifully decorated interiors, new light projections on the Manor façade, a glittering light trail in the gardens and the return of the ever-popular Christmas market. Through the grounds the spectacular landscape is transformed into a kaleidoscope of colour, lights and music.

Waddesdon Manor, Aylesbury, HP18 0JH
Tel: 01296 820414 [f](#) WaddesdonManor

www.waddesdon.org.uk/whats-on/christmas

Cost from: Adults £22, children £10, NT members 50% off

30 NOV
-
15 DEC

CHRISTMAS AT BEKONSCOT

Bekonscot Model Village & Railway.
10:00 AM - 5:30 PM.

See the model village illuminated with lights and decorations at dusk and enjoy the Snowflake train ride to see the Christmas scenes around the village. Visit Santa in his grotto and receive a fantastic gift. An additional charge is made for visiting Santa and tickets must be purchased in advance. Join the elves for children's gift making workshops throughout the fortnight.

Warwick Road, Beaconsfield, HP9 2PL
Tel: 01494 672919 [f](#) bekonscot

www.bekonscot.co.uk/category/events

Cost: Adults £13.20, children £8.40, under 2s go free

7 DEC
-
23 DEC

BREAKFAST WITH SANTA

The Ethorpe - Chef and Brewer.
FROM 9:15 AM.

Santa's coming to breakfast at the Chef & Brewer Collection this Christmas!

Join them Saturdays from 7th December building up to the big day, and see the magic of Christmas rekindle for young hearts and old alike.

Bring your little ones and watch their smiling faces light up as they enjoy a delicious breakfast full of tasty treats and festive surprises with Santa.

85 Parkhorse Road, Gerrards Cross, SL9 8HX
Tel: 01793 882039 [f](#) theethorpehotel

www.chefandbrewer.com/christmas/breakfast-with-santa

Cost: From £12

16 Oct-Dec 2024 Toddle About South Bucks

23 NOV
-
24 DEC

FATHER CHRISTMAS AT THE FARM

Hogshaw Farm & Wildlife Park.
10:00 AM - 5:30 PM.

Join them for a wander through their winter wonderland, where you'll meet real reindeer, plant a mini Christmas tree and make magical reindeer food on your way to find Father Christmas on the big red tractor. Share your wish-list with the big man himself, before collecting a special present. Hogshaw Farm – the place where Christmas memories are made! Christmas tickets include all day access to the farm.

Claydon Road, Aylesbury, MK18 3LA
Tel: 01296 670444 [f](#) HogshawFarm

www.hogshawfarm.co.uk/whats-on

Cost: Adults £14.45, children (2-15) £29.95

30 NOV
-
22 DEC

PANTO EXPRESS

Buckinghamshire Railway Centre.
10:00 AM - 5:00 PM.

On 30th November, 1st, 7th, 8th, 14th, 15th, 21st & 22nd December see Father Christmas whilst enjoying a steam train ride AND watch a pantomime – all in one amazing Christmas experience! This year's mini pantomime is Jack & the Beanstalk. See Father Christmas in a 'Grotto with a Difference' - on a vintage steam train! Why queue when you can sit on a train and let Santa come to you?!

Station Road, Quainton, Aylesbury, HP22 4BY
Tel: 01296 655720 [f](#) BucksRailCentre

www.bucksrailcentre.org

Cost: From £22.50

20 DEC
-
24 DEC

THE GINGERBREAD BOY

Aylesbury Waterside Theatre.
10:30 AM, 1:30 PM & 4:00 PM.

Deep in Fairy-tale Forest lives a remarkable boy made entirely of gingerbread! His lonely world is changed forever when Blake, a young lad from a nearby village, stumbles upon his incredible cookie cottage. Together, the two boys embark on a madcap journey of discovery. The perfect festive treat for ages 3+ Running time 50 minutes plus meet Santa after the show.

Exchange Street, Aylesbury, HP20 1UG
[f](#) aylesburywatersidetheatre

www.atgtickets.com/aylesbury

Cost: Adults £15.95, children £15.95

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Jack and the Beanstalk

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www.bucksrailcentre.org

Station Road, Quainton, Aylesbury HP22 4BY
Tel: 01296 655720 Email: office@bucksrailcentre.org

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www.moo-music.co.uk/hwmb

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Expires: 31/12/24

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SESSION**

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FREE TRIAL SESSION

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Email pip@robotreg.co.uk to book and quote 'Toddle24'.

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01494 911133 | mk@littlekickers.co.uk

www.littlekickers.co.uk

Monkey Music

(Aylesbury & High Wycombe)

01494 819138

www.monkeymusic.co.uk

Phonics With Robot Reg

(High Wycombe)

07952 258095

www.robotreg.co.uk/find-a-class/highwycombe

Rugbytots

(South Bucks)

03453 130447

www.rugbytots.co.uk/class/find

All trials are subject to availability.

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VIP CLUB READER REVIEW: 'BUILD YOUR OWN' KITS



Written by Catherine Baynton, Toddle About Subscriber

Build Your Own creates eco-friendly cardboard kits for children, promoting STEM learning, reducing screen time, and encouraging family interaction. The kits are sustainable and easy to assemble. From £9.99 at www.buildyourownkits.com.

First impressions were extremely positive - the boxes are very colourful and the four animals we received (a kitten, puppy, dragon and unicorn) looked amazing. We pulled open the box carefully, as the inside had some pictures which can be coloured in. There were a lot of small parts which needed to be popped from their cardboard, so I popped them into piles, ready to assemble our animal (first up was the unicorn of course!)

The smaller parts were a bit fiddly but Annabelle was able to push all of the bits together fine (I did check as we went along to ensure all was secure). There was no glue needed, which meant no mess and no need for a change of clothes or a protective apron. It took

us around 30 mins to build each one and once put together, they were rather sturdy and could withstand being played with and bounced around the table.

These were really great activities to do together. As we were building the unicorn, you could see the excitement building as the flat 2D pieces of coloured cardboard turned into a 3D animal. It now sits with all of her other toys so she can play with it again and again.

I really like how it is made out of 100% sustainable cardboard, contains zero plastic and both the kit and its packaging is recyclable, meaning not only is it a fun activity, but it's eco-friendly too.



Review has been edited.



Catherine and her daughter Annabelle were given this product as a **freebie** for writing this review.

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Introducing Top of The Tots - our new feature celebrating the best baby and toddler providers in South Bucks! Rankings are based on YOUR reviews on our website, so if your favourites aren't here, help them out and leave them a review



- | | | | | | | | |
|----------|---|-----------------|---|-----------|---------------------------------------|-----------------|--|
| 1 | MOO MUSIC HWMB | 5.0
★ |  | 6 | BEARS4U | 5.0
★ |  |
| 2 | SOUTH BUCKS RUGBYTOTS | 5.0
★ |  | 7 | BORROW AND NEST | 5.0
★ |  |
| 3 | DAISY FIRST AID BUCKINGHAM | 5.0
★ |  | 8 | BRIGHTER BIRTHING HYPOBIRTHING | 5.0
★ |  |
| 4 | BABY TODDLER FAMILY FOOD | 5.0
★ |  | 9 | SHAKING THE TREE CEREMONIES | 5.0
★ |  |
| 5 | DOODLEBUG BABY & CHILDRENSWEAR | 5.0
★ |  | 10 | LITTLE LIFE STEPS | 5.0
★ |  |

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07360 745264 | elvan@moo-music.co.uk/hwmb

Daily Activity Planner

Your local 'What's On Guide'
for families with bumps - 5s
in South Buckinghamshire.

AYLESBURY VALE AREA

P.23-27
AYLESBURY VALE

P.27 - 34
SOUTH BUCKS

MONDAY

PARENTS & TOTS

Buckinghamshire Family Information Service

Elmhurst Family Centre, Elmhurst School, Dunsham Lane, Aylesbury, HP20 2DB.

01296 398242. www.familyinfo.buckinghamshire.gov.uk

- **My First Playtime:** 10:00 - 11:30. **Ages:** 0 - 1 yrs.
- **Child Health Drop In:** 13:30 - 15:00. **Ages:** 0 - 5 yrs.

Cost: Free (*booking essential*).

Dates: 7 Oct - 21 Oct & 4 Nov - 23 Dec.

Berryfields Family Centre, John Fitzjohn Avenue, Aylesbury, HP18 0FG.

01296 383293. www.familyinfo.buckinghamshire.gov.uk

- **Play and Explore:** 13:30 - 15:00. **Ages:** 0 - 5 yrs.

Cost: Free (*drop in*).

Dates: 7 Oct - 21 Oct & 4 Nov - 23 Dec.

Hazlemere Library

312 Amersham Road, Hazlemere, HP15 7PY.

01296 382 415.

- **Duplo Club:** 10:00 - 11:30. **Ages:** 0 - 4 yrs.

Cost: Free (*booking essential*).

Dates: 7 Oct - 30 Dec.

MUSIC & SIGNING

Monkey Music Aylesbury & High Wycombe

St Martha's Church, Park Road, Tring, HP23 6BP.
01494 819138. www.monkeymusic.co.uk.

- **Jiggety Jig:** 9:30 - 10:00. **Ages:** 2 - 4 yrs.
- **Heigh Ho:** 10:15 - 10:45. **Ages:** 1 - 2 yrs.
- **Rock n Roll:** 11:00 - 11:30. **Ages:** 3 mths - 1 yrs.
- **Ding-Dong:** 11:45 - 12:15. **Ages:** 3 - 5 yrs.

Cost: £9.75 per session (*booking essential*).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

Nora Grace Hall, Faversham Close, Tring, HP23 5BA.
01494 819138. www.monkeymusic.co.uk.

- **Jiggety-Jig:** 9:30 - 10:00. **Ages:** 2 - 4 yrs.
- **Heigh-Ho:** 10:10 - 10:40. **Ages:** 1 - 2 yrs.
- **Rock'n'Roll:** 10:50 - 11:20 & 11:30 - 12:00.

Ages: 3 mths - 1 yrs.

- **Ding-Dong:** 12:15 - 12:45. **Ages:** 3 - 5 yrs.

Cost: £10 per session (*booking essential*).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

CREATIVE

Little Mess and Glow Aylesbury

St Anne's Hall Wendover, Aylesbury Road, Wendover, HP22 6JG. www.aylesbury.thelittlemess.org.co.

- **Little Mess:** 13:30 - 14:30. **Ages:** 6 mths - 5 yrs.

Cost: £8 per session (*booking essential*).

Dates: 7 Oct - 14 Oct.

Are you running classes or events?

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www.totbop.co.uk



SWIMMING

Swimkidz South Bucks

Reflexions Leisure, Watermead, Aylesbury, HP19 0FY.

• **Times:** 10:30 - 12:30. **Ages:** 10 mths+.

Cost: £14.50 per session (*booking essential*).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

TUESDAY

PARENTS & TOTS

Buckinghamshire Family Information Service

Elmhurst Family Centre, Elmhurst School, Dunsham Lane, Aylesbury, HP20 2DB.

01296 398242. www.familyinfo.buckinghamshire.gov.uk.

• **Grandparent's Group:** 10:00 - 11:30. **Ages:** 0 - 5 yrs.

Cost: Free (*booking essential*).

Dates: 8 Oct - 22 Oct & 5 Nov - 24 Dec.

Wing Family Centre, Church Street, Wing, Leighton Buzzard, LU7 0NY.

01296 398242. www.familyinfo.buckinghamshire.gov.uk.

• **Play and Explore:** 10:00 - 11:30. **Ages:** 0 - 5 yrs.

Cost: Free (*drop in*).

Dates: 8 Oct - 22 Oct & 5 Nov - 24 Dec.

PARENTS & TOTS

Fishes Toddler Group

Church of the Holy Spirit, Church Hall, 71a Camborne Avenue, Aylesbury, HP21 7UE.

01296 394759. www.hollyspiritbedgrove.org.

• **Little Fishes Baby Group:** 13:00 - 14:30. **Ages:** 0 - 1 yrs.

Cost: Free (*drop in*).

Dates: 8 Oct - 22 Oct & 5 Nov - 17 Dec.

Haddenham Community Library

Banks Park, Bank Road, Haddenham, HP17 8EE.

01296 382415. www.haddenhamcommunitylibrary.org.uk.

• **StoryTime:** 10:30 - 11:00. **Ages:** 3 - 4 yrs.

Cost: Free (*drop in*).

Dates: 8 Oct - 22 Oct & 5 Nov - 17 Dec.

DANCE & DRAMA

Tot Pop

Fairford Leys Church Hall, Hampden Square, Aylesbury, HP19 7HT.

01525 237474 / 07775 582791. www.totbop.co.uk.

• **Tiny Tots:** 9:30 - 10:05. **Ages:** 1 yrs - 2 ½ yrs.

• **Baby Boppers:** 10:20 - 11:05. **Ages:** 2 ½ yrs - 5 yrs.

Cost: £8.75 per session (*booking essential*).

Dates: 8 Oct - 22 Oct & 5 Nov - 10 Dec.

SWIMMING

Swimkidz South Bucks

Reflexions Leisure, Watermead, Aylesbury, HP19 0FY.

• **Times:** 10:00 - 12:00. **Ages:** 10 mths+.

Cost: £14.50 per session (*booking essential*).

Dates: 8 Oct - 22 Oct & 5 Nov - 17 Dec.

Water Babies Bucks & Beds

Booker Park School, Stoke Leys Close, Off Winterton Drive, Aylesbury, HP21 9ET.

01295 709221. www.waterbabies.co.uk.

• **Times:** 9:00 - 9:30. **Ages:** 0 - 6 yrs.

Cost: £19.50 per session (*booking essential*).

Dates: 8 Oct - 22 Oct & 5 Nov - 17 Dec.

WEDNESDAY

PARENTS & TOTS

Buckinghamshire Family Information Service

Wing Family Centre, Church Street, Wing, Leighton Buzzard, LU7 0NY.

01296 398242. www.familyinfo.buckinghamshire.gov.uk.

• **My First Playtime:** 11:30 - 13:00. **Ages:** 0 - 1 yrs.

Cost: Free (*booking essential*).

Dates: 9 Oct - 23 Oct & 6 Nov - 18 Dec.

Southcourt Baptist Church

40 Penn Road, Aylesbury, HP21 8HW.

01296 480080. www.southcourtbaptist.org.uk.

• **The Ark Toddler Group:** 10:00 - 11:30. **Ages:** 0 - 5 yrs.

Cost: Free (*drop in*).

Dates: 9 Oct - 23 Oct & 6 Nov - 18 Dec.

Are you running classes or events?

Advertise them on the Toddle About website for FREE at toddle.fun/free-listing

MUSIC & SIGNING

Monkey Music Aylesbury & High Wycombe

St Marys Centre, Church End, Haddenham, HP17 8AJ.
01494 819138. www.monkeymusic.co.uk.

- **Heigh Ho:** 9:30 - 10:00. **Ages:** 1 - 2 yrs.
- **Ding-Dong:** 10:15 - 10:45. **Ages:** 3 - 5 yrs.
- **Jiggety Jig:** 11:00 - 11:30. **Ages:** 2 - 4 yrs.
- **Rock n Roll:** 11:45 - 12:15. **Ages:** 3 mths - 1 yrs.

Cost: £10 per session (*booking essential*).

Dates: 9 Oct - 23 Oct & 6 Nov - 18 Dec.

CREATIVE

Little Mess and Glow Aylesbury

Haydon Hill Community Centre, Dickens Way, Aylesbury, HP19 8SR. www.aylesbury.thelittlesensory.co.uk.

- **Little Glow:** 10:00 - 11:00. **Ages:** 0 - 1 ½ yrs.

Cost: £6.50 per session. **Dates:** 9 Oct - 18 Dec.

DANCE & DRAMA

Tot Bop

Northchurch Social Centre, Bell Lane, Northchurch, Berkhamsted, HP4 3RD. 07775 582791. www.totbop.co.uk.

- **Tiny Tots:** 9:30 - 10:05. **Ages:** 1 yrs - 2 ½ yrs.
- **Baby Boppers:** 10:20 - 11:05. **Ages:** 2 ½ yrs - 5 yrs.

Cost: £8.75 per session (*booking essential*).

Dates: 9 Oct - 23 Oct & 6 Nov - 11 Dec.



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Ding Dong (3&4 years)

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THURSDAY

PARENTS & TOTS

Buckinghamshire Family Information Service

Berryfields Family Centre, John Fitzjohn Avenue, Aylesbury, HP18 0FG.

01296 383293. www.familyinfo.buckinghamshire.gov.uk.

- **Child Health Drop In:** 9:15 - 11:30. **Ages:** 0 - 5 yrs.

Cost: Free (*drop in*).

Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

Southcourt Family Centre Plus, Aylesbury College Campus, Oxford Road, Aylesbury, HP21 8PD.

01296 398242. www.familyinfo.buckinghamshire.gov.uk.

- **My First Playtime:** 10:00 - 11:30. **Ages:** 0 - 1 yrs.

Cost: Free (*booking essential*).

Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

Wing Family Centre, Church Street, Wing, Leighton Buzzard, LU7 0NY.

01296 398242. www.familyinfo.buckinghamshire.gov.uk.

- **Child Health Drop In:** 10:00 - 11:15. **Ages:** 0 - 5 yrs.

Cost: Free (*drop in*).

Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

Elmhurst Family Centre, Elmhurst School, Dunsham Lane, Aylesbury, HP20 2DB.

01296 398242. www.familyinfo.buckinghamshire.gov.uk.

- **Play and Explore:** 13:30 - 15:00. **Ages:** 0 - 5 yrs.

Cost: Free (*booking essential*).

Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

Fishes Toddler Group

Church of the Holy Spirit, Church Hall, 71a Camborne Avenue, Aylesbury, HP21 7UE.

01296 394759. www.holyspiritbedgrove.org.

- **Times:** 10:00 - 11:30. **Ages:** 0 - 5 yrs.

Cost: £2 per session (*drop in*).

Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

Lighthouse Toddler Group

Walton Hall, Walton Street, Aylesbury, HP21 7QX.

01296 398110. www.htaylesbury.org.

- **Times:** 10:30 - 11:45. **Ages:** 0 - 4 yrs.

Cost: Free (*drop in*).

Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

Toybox and Babybox

Long Crendon Baptist Church, High Street, Long Crendon, Long Crendon, HP18 9AF.

01844 201335. www.lcbc.org.uk.

- **Times:** 10:45 - 12:00. **Ages:** Pregnancy - 3 yrs.

Cost: Free (*booking essential*).

Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

CREATIVE

Little Mess and Glow Aylesbury

Haydon Hill Community Centre, Dickens Way, Aylesbury, HP19 8SR.

www.aylesbury.thelittlesensory.co.uk.

- **Little Mess:** 10:30 - 11:30. **Ages:** 6 mths - 5 yrs.

Cost: £8 per session (*booking essential*).

Dates: 10 Oct - 19 Dec.

Are you running classes or events?

Advertise them on the Toddle About website for FREE at toddle.fun/free-listing

Aylesbury & District NCT Nearly New Sale

Saturday 2nd November 2024

12:30 - 14:30

The Grange School Aylesbury, HP217NH

E1 entry, children free
*entry time for NCT members, 12:45 for general public

Sale for preloved goods for parents, children & babies

For sale will be:

- Children's clothing ages 0-10
- Maternity clothes
- Nursery & baby essentials & equipment
- Toys, puzzles, books, craft sets
- Big toys, kids bikes etc
- And so much more!

Come bag some bargains!

Follow us on our socials to find out how to be a seller, helper and get involved!

Facebook: Aylesbury, Risborough, Thame & District NCT
Instagram: @aylesbury_nct
or scan the QR code!

SCAN ME

CREATIVE

Sparkles - Speech Therapy for Children with Down's Syndrome

Email for Location, Aylesbury, HP20. www.sparkles.org.uk.

- **Sparkles Speech Therapy: 9:30 - 14:00. Ages: 0 - 5 yrs.**

Cost: Free (*booking essential*).

Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

DANCE & DRAMA

Tot Pop

Nora Grace Hall, Faversham Close, Tring, HP23 5BA.

01525 237474 / 07775 582791. www.totpop.co.uk.

- **Tiny Tots: 9:30 - 10:05. Ages: 1 yrs - 2 ½ yrs.**
- **Baby Boppers: 10:20 - 11:05. Ages: 2 ½ yrs - 5 yrs.**

Cost: £8.75 per session (*booking essential*).

Dates: 10 Oct - 24 Oct & 7 Nov - 12 Dec.

OTHER

Weeniebeans

Fairford Leys Community Centre, Hampden Square,

Aylesbury, HP19 7HT.

www.weeniebeans.co.uk.

- **Times: 9:30 - 11:00. Ages: 0 - 3 yrs.**

Cost: £7 per session (*booking essential*).

Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

FRIDAY

PARENTS & TOTS

Buckinghamshire Family Information Service

Berryfields Family Centre, John Fitzjohn Avenue, Aylesbury, HP18 0FG.

01296 383293. www.familyinfo.buckinghamshire.gov.uk.

- **My First Playtime: 10:00 - 11:30. Ages: 0 - 1 yrs.**

Cost: Free (*drop in*).

Dates: 11 Oct - 25 Oct & 8 Nov - 20 Dec.

Southcourt Family Centre Plus, Aylesbury College Campus, Oxford Road, Aylesbury, HP21 8PD.

01296 398242. www.familyinfo.buckinghamshire.gov.uk.

- **Play and Explore: 10:00 - 11:30. Ages: 0 - 5 yrs.**

Cost: Free (*booking essential*).

Dates: 11 Oct - 25 Oct & 8 Nov - 20 Dec.

Haddenham Community Library

Banks Park, Bank Road, Haddenham, HP17 8EE.

01296 382415. www.haddenhamcommunitylibrary.org.uk.

- **Bounce and Rhyme: 10:30 - 11:00. Ages: 0 - 5 yrs.**

Cost: Free (*drop in*).

Dates: 11 Oct, 25 Oct, 8 Nov, 22 Nov, 6 Dec & 20 Dec.

Wendover Community Library

High St, Wendover, HP22 6DU. 01296 382415.

- **Bounce & Rhyme: 13:30 - 14:00. Ages: 0 - 5 yrs.**

Cost: Free (*drop in*).

Dates: 11 Oct - 25 Oct & 8 Nov - 20 Dec.

OTHER

Weeniebeans

Fairford Leys Community Centre, Hampden Square,

Aylesbury, HP19 7HT.

www.weeniebeans.co.uk.

- **Times: 9:30 - 11:00. Ages: 0 - 3 yrs.**

Cost: £7 per session (*drop in*).

Dates: 11 Oct - 25 Oct & 8 Nov - 20 Dec.

SATURDAY

PARENTS & TOTS

Haddenham Community Library

Banks Park, Bank Road, Haddenham, HP17 8EE.

01296 382415. www.haddenhamcommunitylibrary.org.uk.

- **Lego & Craft Club: 10:30 - 11:30. Ages: 2 - 5 yrs.**

Cost: Free (*drop in*).

Dates: 5 Oct - 19 Oct & 9 Nov - 21 Dec.

Hazlemere Library

312 Amersham Road, Hazlemere, HP15 7PY.

01296 382415.

- **Lego & Games Club: 11:00 - 12:15. Ages: 2 - 12 yrs.**

Cost: Free (*booking essential*).

Dates: 5 Oct - 21 Dec.

Who Let The Dads Out?

Granville Street Church, Granville Street, Aylesbury, HP20 2JR.

01296 334154. www.granvilletreetchurch.org.uk.

- **Times: 9:30 - 11:00. Ages: 0 - 5 yrs.**

Cost: £1 per session (*drop in*).

Dates: 5 Oct - 19 Oct & 9 Nov - 14 Dec.

Are you running classes or events?

Advertise them on the Toddle About website for FREE at toddle.fun/free-listing

DANCE & DRAMA

Tot Bop

The Anthony Hall, 33 London Road, Aston Clinton, Aylesbury, HP22 5HG.

01525 237474 / 07775 582791. www.totbop.co.uk.

- **Tiny Tots:** 9:00 - 9:30. **Ages:** 1 yrs - 2 ½ yrs.
- **Baby Boppers:** 9:45 - 10:30. **Ages:** 2 ½ yrs - 3 ½ yrs.
- **Funky Monkeys:** 10:45 - 11:30. **Ages:** 3 ½ yrs - 6 yrs.
- **Groovy Movers:** 11:45 - 12:30. **Ages:** 5 - 9 yrs.

Cost: £8.75 per session (*booking essential*).

Dates: 5 Oct - 19 Oct & 9 Nov - 14 Dec.

SUNDAY

SWIMMING

Swimkidz South Bucks

Reflexions Health and Leisure, Watermead, Aylesbury, HP19 0FY.

- **Times:** 9:30 - 13:30. **Ages:** 10 mths+.

Cost: £14.50 per session (*booking essential*).

Dates: 6 Oct - 20 Oct & 10 Nov - 15 Dec.

SOUTH BUCKS AREA

MONDAY

PARENTS & TOTS

Amersham Library

Chilterns Lifestyle Centre, Chiltern Avenue, Amersham, HP6 5AH. 0845 230 3232.

- **Bounce & Rhyme:** 10:30 - 11:00. **Ages:** 0 - 5 yrs.

Cost: Free (*booking essential*).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

Buckinghamshire Family Information Service

Hampden Way Family Centre, The Community Centre, Hampden Way, High Wycombe, HP13 7TJ.

01494 450279. www.familyinfo.buckinghamshire.gov.uk.

- **Messy Play:** 9:30 - 11:00. **Ages:** 0 - 5 yrs.

Cost: Free (*drop in*).

Dates: 7 Oct - 21 Oct & 4 Nov - 23 Dec.

Amersham Family Centre, Little Chalfont E-Act Academy, Bell Lane, Amersham, HP6 6PF.

01494 764258. www.familyinfo.buckinghamshire.gov.uk.

- **Play and Explore:** 9:30 - 11:00. **Ages:** 0 - 5 yrs.

Cost: Free (*drop in*).

Dates: 7 Oct - 21 Oct & 4 Nov - 23 Dec.

The Ivers Family Centre, Grange Way, Iver, SL0 9NT.

01753 650252. www.familyinfo.buckinghamshire.gov.uk.

- **Play and Explore:** 9:30 - 11:00. **Ages:** 0 - 5 yrs.

Cost: Free (*drop in*).

Dates: 7 Oct - 21 Oct & 4 Nov - 23 Dec.

Holmer Green Tiddlywinks

Christ Church Centre, Holmer Green, High Wycombe, HP15 6XQ. 01494 715195. www.pshg.org.

- **Tiddlywinks:** 13:30 - 15:00. **Ages:** 0 - 4 yrs.

Cost: £2 per session (*drop in*).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

Little Fish High Wycombe

Wycombe Marsh Baptist Church, London Road Wycombe Marsh, High Wycombe, HP11 1ET.

07940 953 909.

- **Times:** 14:00 - 14:30. **Ages:** 0 - 5 yrs.

Cost: Free (*drop in*).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

Tiddlywinks

Marlow Methodist Church, Spittal Street, Marlow, SL7 3HJ. 07799 854 535.

- **Times:** 8:45 - 11:30. **Ages:** 0 - 5 yrs.

Cost: £1 per session (*drop in*).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

Urchins Toddler Group

United Reformed Church, The Broadway, Chesham, HP5 1BX. 01494776014. www.cheshamurc.org.uk.

- **Times:** 10:00 - 11:30. **Ages:** 0 - 5 yrs.

Cost: £1 per session (*drop in*).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.



THE MUM CLUB.

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Join us for a couple of hours where you can meet local mums in your area. From Brunch Clubs to Walking Clubs, Supper Clubs and so much more. See the full list here: themumclub.com/events

Who is it for?
Come alone, pregnant, with baby or child. Whatever your circumstances you are welcome at The Mum Club.

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Contact Emily
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www.themumclub.com/events

Are you running classes or events?

Advertise them on the Toddle About website for FREE at toddle.fun/free-listing



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Classes in West Wycombe, Flackwell Heath and High Wycombe

Monday Morning and Afternoon
Friday Morning

2018

MUSIC & SIGNING

Monkey Music Aylesbury & High Wycombe

Wrights Meadow Centre, Wrights Meadow Road, High Wycombe, HP11 1SQ.

01494 819138. www.monkeymusic.co.uk.

- **Jiggety Jig:** 9:25 - 9:55. **Ages:** 2 - 4 yrs.
- **Heigh Ho:** 10:05 - 10:35. **Ages:** 1 - 2 yrs.
- **Rock n Roll:** 10:45 - 11:15. **Ages:** 3 mths - 1 yrs.
- **Ding-Dong:** 11:30 - 12:00. **Ages:** 3 - 5 yrs.

Cost: £10 per session (*booking essential*).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

Moo Music - High Wycombe, Marlow, Beaconsfield & Bourne End

Lantern Community Church, 141 Marlow Bottom, Marlow, SL7 3PJ.

07360 745264. www.moo-music.co.uk/hwmb.

- **Mixed Moo:** 10:20 - 11:00. **Ages:** 6 mths - 3 yrs.

Cost: £8.50 per session (*booking essential*).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

Princes Risborough Library

Bell Street, Princes Risborough, HP27 0AA.

0845 230 3232. www.buckinghamshire.gov.uk.

- **Bounce and Rhyme:** 10:15 - 10:35 & 10:45 - 11:15.

Ages: 0 - 4 yrs.

Cost: Free (*booking essential*).

Dates: 7 Oct - 30 Dec.

SENSORY & DEVELOPMENT

Baby College South Buckinghamshire

Terriers Church High Wycombe, St Francis of Assisi Church Hall, Amersham Road, High Wycombe, HP13 5AB. 07720441672. www.babycollege.co.uk.

- **Juniors:** 9:45 - 10:25. **Ages:** 1 ½ yrs - 3 yrs.
- **Toddlers:** 10:45 - 11:25. **Ages:** 9 mths - 1 ½ yrs.
- **Infants:** 11:45 - 12:25. **Ages:** 0 - 9 mths.

Cost: £8.25 per session (*booking essential*).

Dates: 7 Oct - 9 Dec.

Phonics with Robot Reg Wycombe

West Wycombe Village Hall, High Street, West Wycombe, High Wycombe, HP14 3AB. 07952 258 095. www.robotreg.co.uk.

- **MINIS Phonics:** 9:30 - 10:15. **Ages:** 1 yrs - 2 ½ yrs.
- **Pre-school Phonics:** 10:30 - 11:15.

Ages: 2 ½ yrs - 4 yrs 11 mths.

Cost: £8 per session (*drop in*).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

Flackwell Heath Community Centre, Swains Lane, Flackwell Heath, HP10 9BN. 07952 258 095. www.robotreg.co.uk.

- **Pre-school Phonics:** 13:30 - 14:15. **Ages:** 2 ½ yrs - 5 yrs.

Cost: £8 per session (*drop in*).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

TUESDAY

PARENTS & TOTS

Bourne End Community Library

Wakeman Road, Bourne End, SL8 5SX.

01296 382 415. www.buckinghamshire.gov.uk.

- **Storytime:** 10:30 - 11:00. **Ages:** 0 - 5 yrs.

Cost: Free (*drop in*).

Dates: 8 Oct - 17 Dec.

Buckinghamshire Family Information Service

Burnham Family Centre, Minniecroft Road, Burnham, Slough, SL1 7DE.

01628 665380. www.familyinfo.buckinghamshire.gov.uk.

- **Messy Play:** 9:15 - 10:00. **Ages:** 0 - 5 yrs.

Cost: Free (*booking essential*).

Dates: 8 Oct - 22 Oct & 5 Nov - 17 Dec.

Hithercroft Family Centre, Anthony Close, High Wycombe, HP13 5SE.

01494 450279. www.familyinfo.buckinghamshire.gov.uk.

- **Play and Explore:** 9:30 - 11:30. **Ages:** 0 - 5 yrs.

Cost: Free (*booking essential*).

Dates: 8 Oct - 22 Oct & 5 Nov - 24 Dec.

Newtown Family Centre Plus, Berkhamstead Road, Chesham, HP5 3AT.

01494 776786. www.familyinfo.buckinghamshire.gov.uk.

- **Messy Play:** 9:30 - 10:30. **Ages:** 0 - 5 yrs.

Cost: Free (*drop in*).

Dates: 8 Oct - 22 Oct & 5 Nov - 24 Dec.

Chesham Library

Elgiva Lane, Chesham, HP5 2JD.

01296 382 415. www.buckinghamshire.gov.uk.

- **Bounce and Rhyme:** 10:00 - 10:30. **Ages:** 0 - 4 yrs.

Cost: Free (*booking essential*).

Dates: 8 Oct - 22 Oct & 5 Nov - 17 Dec.

Are you running classes or events?

Advertise them on the Tiddle About website for FREE at tiddle.fun/free-listing

PARENTS & TOTS

Farnham Common Community Library

Victoria Road, Farnham Common, SL2 3NL. 01296 382415.

• **Story Time:** 10:30 - 11:00. **Ages:** 0 - 5 yrs.

Cost: Free (drop in).

Dates: 8 Oct - 22 Oct & 5 Nov - 17 Dec.

Micklefield Community Library

Micklefield Road, High Wycombe, HP13 7HU.

01296 382 415. www.buckinghamshire.gov.uk.

• **Play Legos at the Library:** 14:00 - 17:00. **Ages:** 3 - 11 yrs.

Cost: Free (booking essential).

Dates: 8 Oct - 10 Dec.

The Lantern Babies and Toddlers

St Mary's Church, 141 Marlow Bottom, Marlow, SL7 3PJ.

• **Times:** 10:00 - 11:30.

Cost: £1 per session (drop in).

Dates: 8 Oct - 22 Oct & 5 Nov - 17 Dec.

MUSIC & SIGNING

Moo Music - High Wycombe, Marlow, Beaconsfield & Bourne End

St Mary's Church Hall, Glory Mill Lane, Wooburn Green,

HP10 0LU. 07360 745264. www.moo-music.co.uk/hwmb.

• **Moo Music:** 9:50 - 10:30 & 11:00 - 11:40.

Ages: 6 mths - 3 yrs.

Cost: £8.50 per session (drop in).

Dates: 8 Oct - 22 Oct & 5 Nov - 17 Dec.

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SENSORY & DEVELOPMENT

Baby College South Buckinghamshire

Amersham Community Centre, Chiltern Lifestyle Centre,

Amersham, HP6 5AH.

07720441672. www.babycollege.co.uk.

• **Juniors:** 9:45 - 10:20. **Ages:** 1 ½ yrs - 3 yrs.

• **Toddlers:** 10:45 - 11:30. **Ages:** 9 mths - 1 ½ yrs.

• **Infants:** 11:45 - 12:25. **Ages:** 0 - 9 mths.

Cost: £8.25 per session (booking essential).

Dates: 8 Oct - 10 Dec.

SWIMMING

Swimkidz South Bucks

Alfriston School, Penn Road, Beaconsfield, HP9 2TS.

• **Times:** 9:30 - 13:00. **Ages:** 10 mths+.

Cost: £14.50 per session (booking essential).

Dates: 8 Oct - 22 Oct & 5 Nov - 17 Dec.

Water Babies Bucks & Beds

Nuffield Health, Hemel Hempstead Industrial Estate, Hemel

Hempstead, Maylands Ave, Hemel Hempstead, HP2 4NW.

01295 709221. www.waterbabies.co.uk.

• **Times:** 11:00 - 12:30. **Ages:** 0 - 6 yrs.

Cost: £19.50 per session (booking essential).

Dates: 8 Oct - 22 Oct & 5 Nov - 17 Dec.

WEDNESDAY

PARENTS & TOTS

Amersham Library

Chilterns Lifestyle Centre, Chiltern Avenue, Amersham,

HP6 5AH. 0845 230 3232.

• **Bounce & Rhyme:** 10:30 - 11:00. **Ages:** 0 - 5 yrs.

Cost: Free (drop in).

Dates: 9 Oct - 23 Oct & 6 Nov - 18 Dec.

Bourne End Community Library

Wakeman Road, Bourne End, SL8 5SX.

01296 382 415. www.buckinghamshire.gov.uk.

• **Bounce & Rhyme:** 10:00 - 11:00. **Ages:** 0 - 5 yrs.

Cost: Free (drop in). **Dates:** 9 Oct - 23 Oct & 6 Nov - 18 Dec.

Buckinghamshire Family Information Service

Beaconsfield Family Centre, Beacon Close, Beaconsfield,

HP9 1RJ.

01494 678244. www.familyinfo.buckinghamshire.gov.uk.

• **Child Health Drop-in:** 8:30 - 10:00. **Ages:** 0 - 5 yrs.

• **Play and Explore:** 9:30 - 11:00. **Ages:** 0 - 5 yrs.

Cost: Free (drop in). **Dates:** 9 Oct - 23 Oct & 6 Nov - 18 Dec.

Risborough Family Centre, Princes Risborough Primary

School, Wellington Avenue, Princes Risborough, HP27 9HY.

01494 450279. www.familyinfo.buckinghamshire.gov.uk.

• **Child Health Drop In:** 9:30 - 11:00. **Ages:** 0 - 5 yrs.

• **Messy Play:** 9:30 - 11:30. **Ages:** 0 - 5 yrs.

Cost: Free (drop in).

Dates: 9 Oct - 23 Oct & 6 Nov - 18 Dec.

Castlefield Family Centre, Rutland Avenue, Castlefield, High

Wycombe, HP12 3LL.

01494 450279. www.familyinfo.buckinghamshire.gov.uk.

• **Mamas & Babas:** 10:00 - 11:30. **Ages:** 0 - 2 yrs.

Cost: Free (booking essential).

Dates: 9 Oct - 23 Oct & 6 Nov - 18 Dec.

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PARENTS & TOTS

Burnham Library

Windsor Lane, Burnham, SL1 1HR.
 01296 382415. www.buckinghamshire.gov.uk
 • **Painting:** 9:30 - 11:00. **Ages:** 0 - 4 yrs 10 mths.
Cost: Free (drop in). **Dates:** 9 Oct - 27 Nov.

Radnage Mother and Toddler Group

Radnage Common Road, Radnage, High Wycombe, HP14 4DF.
 07789902336.
 • **Times:** 9:30 - 11:30. **Ages:** 0 - 5 yrs.
Cost: £1.50 per session (booking essential).
Dates: 9 Oct - 23 Oct & 6 Nov - 18 Dec.

St. Anne's Parent & Toddler Group

St. Anne's Church, London Road, High Wycombe, HP11 1ET.
 07443596304.
 • **Times:** 9:30 - 11:30. **Ages:** 0 - 5 yrs.
Cost: £1.50 per session (drop in).
Dates: 9 Oct - 23 Oct & 6 Nov - 18 Dec.

MUSIC & SIGNING

Long Crendon Community Library

High Street, Long Crendon, HP18 9AF.
 01296 382415.
 • **Bounce and Rhyme:** 10:15 - 10:45. **Ages:** 0 - 4 yrs.
Cost: Free (drop in).
Dates: 9 Oct - 23 Oct & 6 Nov - 18 Dec.

MUSIC & SIGNING

Moo Music - High Wycombe, Marlow, Beaconsfield & Bourne End

Booker Memorial Hall, Limmer Lane, High Wycombe, HP12 4QR. 07360 745264. www.moo-music.co.uk/hwmb.
 • **Mixed Moo:** 9:50 - 10:30. **Ages:** 6 mths - 3 yrs.
Cost: £8.50 per session (booking essential).
Dates: 9 Oct - 23 Oct & 6 Nov - 18 Dec.

PHYSICAL FUN

Field Studies Council

Amersham Field Centre, Mop End, Amersham, HP7 0QR.
 01306 734501. www.field-studies-council.org.
 • **Halloween Family Nature Day:** 10:30 - 15:00.
Ages: 1 mths - 100 yrs.
Cost: £5 per session (booking essential).
Dates: 30 Oct.

SWIMMING

Swimkidz South Bucks

Alfriston School, Penn Road, Beaconsfield, HP9 2TS.
 • **Times:** 12:00 - 14:00. **Ages:** 10 mths+.
Cost: £14.50 per session (booking essential).
Dates: 9 Oct - 23 Oct & 6 Nov - 18 Dec.

SENSORY & DEVELOPMENT

Baby College South Buckinghamshire

St Thomas' Church Hall, Mayflower Way, Beaconsfield, HP9 1UF. 07720441672. www.babycollege.co.uk.
 • **Juniors:** 9:30 - 10:15. **Ages:** 1 ½ yrs - 3 yrs.
 • **Toddlers:** 10:30 - 11:15. **Ages:** 9 mths - 1 ½ yrs.
 • **Infants:** 11:30 - 12:15. **Ages:** 0 - 9 mths.
Cost: £9.25 per session (booking essential).
Dates: 9 Oct - 27 Nov & 9 Oct - 11 Dec.

THURSDAY

PARENTS & TOTS

Beaconsfield Library

Reynolds Road, Beaconsfield, HP9 2NJ. 01296 382415.
 • **Storytime:** 10:00 - 10:30. **Ages:** 0 - 5 yrs.
Cost: Free (booking essential).
Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

Bring your little one to Moo Music. Join Elvan (and Maggie Moo) for multi-sensory musical fun. We sing, we dance and we play using instruments, props, puppets, lights and everyone's favourite ... bubbles!

Term bookings and PAYG are available.



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moo-music.co.uk/hwmb



@MooMusicHWMB



Are you running classes or events?

Advertise them on the Toddle About website for FREE at toddle.fun/free-listing

PARENTS & TOTS

Bourne End Community Library

Wakeman Road, Bourne End, SL8 5SX.
01296 382 415. www.buckinghamshire.gov.uk.

- **Storytime:** 15:30 - 16:15. **Ages:** 3 - 8 yrs.

Cost: Free (drop in).
Dates: 10 Oct - 19 Dec.

Buckinghamshire Family Information Service

Marlow Family Centre, Newfield Road, Marlow, SL7 1JW.
01494 450279. www.familyinfo.buckinghamshire.gov.uk.

- **Messy Play:** 9:30 - 11:30. **Ages:** 0 - 5 yrs.
- **Child Health Drop In:** 9:30 - 11:30. **Ages:** 0 - 2 yrs.

Cost: Free (drop in).
Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

Newtown Family Centre Plus, Berkhamstead Road,
Chesham, HP5 3AT.
01494 776786. www.familyinfo.buckinghamshire.gov.uk.

- **Play and Explore:** 9:30 - 11:00. **Ages:** 0 - 5 yrs.

Cost: Free (drop in).
Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

High Wycombe Library

5 Eden Place, High Wycombe, HP11 2DH.
01296 382415. www.buckscc.gov.uk.

- **Bounce & Rhyme:** 10:00 - 10:30. **Ages:** 0 - 1 ½ yrs.

Cost: Free (booking essential).
Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

PARENTS & TOTS

Micklefield Community Library

Micklefield Road, High Wycombe, HP13 7HU.
01296 382 415. www.buckinghamshire.gov.uk.

- **Play Legos:** 14:00 - 17:00. **Ages:** 3 - 11 yrs.

Cost: Free (booking essential). **Dates:** 10 Oct - 12 Dec.

Penn & Tylers Green Toddler Group

Tylers Green Village Hall, Tylers Green, High Wycombe,
HP10 8LN. 01494 819990.

- **Times:** 9:15 - 11:00. **Ages:** Pregnancy - 4 yrs.

Cost: £3 per session (drop in).
Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

Playhouse Toddlers - High Wycombe

The Hub, Union Baptist Church Easton Street, High Wycombe,
HP11 1NJ. 01494 473889.

- **Playhouse Toddlers:** 9:30 - 11:30. **Ages:** 0 - 4 yrs.

Cost: £1 per session (booking essential).
Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

St Peters Burnham

St Peters Church, Cornerstone, Church Street, Burnham,
SL1 7HX. 01628 664338. www.stpetersburnham.org.

- **Little Angels:** 9:30 - 11:30. **Ages:** 0 - 5 yrs.

Cost: £2 per session (drop in).
Dates: 10 Oct - 17 Oct & 7 Nov - 19 Dec.

The Lantern Babies and Toddlers

Lantern Community Corner, St Mary's Church,
141 Marlow Bottom, Marlow, SL7 3PJ.

- **Community Corner:** 13:30 - 15:00.

Cost: Free (drop in).
Dates: 7 Nov & 5 Dec.

MUSIC & SIGNING

Monkey Music Aylesbury & High Wycombe

Wrights Meadow Centre, Wrights Meadow Road, High
Wycombe, HP11 1SQ.

01494 819138. www.monkeymusic.co.uk.

- **Heigh Ho:** 9:15 - 9:45 & 9:30 - 10:00. **Ages:** 1 - 2 yrs.

- **Jiggety Jig:** 10:15 - 10:45. **Ages:** 2 - 4 yrs.

- **Rock n Roll:** 10:45 - 11:15. **Ages:** 3 mths - 1 yrs.

- **Ding-Dong:** 11:45 - 12:15. **Ages:** 3 yrs - 4 yrs 11 mths.

Cost: £9.75 per session (booking essential).
Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

SENSORY & DEVELOPMENT

Baby College South Buckinghamshire

Christchurch Marlow, 18 Oxford Road, Marlow, SL7 2NL.
07720441672. www.babycollege.co.uk.

- **Juniors:** 9:45 - 10:25. **Ages:** 1 ½ yrs - 3 yrs.

- **Toddlers:** 10:45 - 11:25. **Ages:** 9 mths - 1 ½ yrs.

- **Infants:** 11:45 - 12:25. **Ages:** 0 - 9 mths.

Cost: £8.25 per session (booking essential).
Dates: 10 Oct - 12 Dec.

PHYSICAL FUN

Field Studies Council

Amersham Field Centre, Mop End, Amersham, HP7 0QR.
01306 734501. www.fieldstudies-council.org.

- **Halloween Family Nature Day:** 10:30 - 15:00.

Ages: 1 mths - 100 yrs.
Cost: £5 per session (booking essential).
Dates: 31 Oct.

Are you running classes or events?

Advertise them on the Toddle About website for FREE at toddle.fun/free-listing



Fun Football Classes for kids aged 18 months - 7 years

Amersham, Aylesbury, Beaconsfield,
Great Missenden, Chesham, Chalfont
Chorleywood, High Wycombe, Milton Keynes,
Princes Risborough, Thame &
Wendover.

Contact James:
01494 911133
mk@littlekickers.co.uk



SCAN ME

Little Kickers

Where Learning's a Ball

PHYSICAL FUN

Little Kickers MK

The Polish Club, Raans Road, Amersham, HP6 6LX.
01494 911133. www.littlekickers.co.uk.

- **Little Kicks:** 14:30 - 15:15. **Ages:** 1 ½ yrs - 2 ½ yrs.
- **Junior Kickers:** 15:30 - 16:15. **Ages:** 2 ½ yrs - 3 ½ yrs.
- **Mighty Kickers:** 16:25 - 17:10. **Ages:** 3 ½ yrs - 5 yrs.

Cost: £7.85 per session (*booking essential*).
Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

SWIMMING

Swimkidz South Bucks

Alfriston School, Penn Road, Beaconsfield, HP9 2TS.

- **Times:** 10:00 - 13:00. **Ages:** 10 mths+.
- **Cost:** £14.50 per session (*booking essential*).

Dates: 10 Oct - 24 Oct & 7 Nov - 19 Dec.

FRIDAY

PARENTS & TOTS

Beaconsfield Library

Reynolds Road, Beaconsfield, HP9 2NJ.
01296 382415.

- **Bounce & Rhyme:** 10:00 - 10:30. **Ages:** 0 - 4 yrs.
- **Cost:** Free (*booking essential*).

Dates: 11 Oct - 25 Oct & 8 Nov - 20 Dec.

PARENTS & TOTS

Chalfont St Giles Community Library

High Street, Chalfont St Giles, HP8 4QA.
01494 874 732. www.chalfontstgiles.org.uk.

- **Bounce & Rhyme:** 10:30 - 11:00. **Ages:** 0 - 5 yrs.

Cost: Free (*drop in*).

Dates: 11 Oct - 25 Oct & 8 Nov - 20 Dec.

Chalfont St Peter Community Library

High Street, Chalfont St Peter, SL9 9QA.
01296 382 415. www.csp-communitylibrary.co.uk.

- **Bounce & Rhyme:** 14:00 - 14:30. **Ages:** 0 - 5 yrs.

Cost: Free (*drop in*).

Dates: 11 Oct - 25 Oct & 8 Nov - 20 Dec.

Flackwell Heath Methodist Church

Parent and Toddler Group

Heath End Road, Flackwell Heath, High Wycombe, HP10 9DT.
07979 541874.

- **Play & Praise:** 9:15 - 11:15. **Ages:** 0 - 5 yrs.

Cost: £1 per session (*drop in*).

Dates: 11 Oct - 25 Oct & 8 Nov - 20 Dec.

Fun at One

Amersham Free Church, Woodside Road, Amersham, HP6 6AJ.
01494726816. www.amershamfreechurch.org.uk.

- **Times:** 13:00 - 14:40. **Ages:** 0 - 5 yrs.

Cost: £2 per session (*drop in*).

Dates: 11 Oct - 25 Oct & 8 Nov - 20 Dec.

Magpie Club Baby & Toddler Group

Coleshill Village Hall, Barracks Hill, Amersham, HP7 0LN.

- **Times:** 9:00 - 11:00. **Ages:** 0 - 5 yrs.

Cost: £3 per session (*drop in*).

Dates: 11 Oct - 25 Oct & 8 Nov - 20 Dec.

Marlow Library

Institute Road, Marlow, SL7 1BL. www.buckscc.gov.uk.

- **Bounce & Rhyme:** 11:00 - 11:30. **Ages:** 0 - 2 yrs.

Cost: Free (*drop in*).

Dates: 11 Oct - 25 Oct & 8 Nov - 20 Dec.

Micklefield Community Library

Micklefield Road, High Wycombe, HP13 7HU.
01296 382 415. www.buckinghamshire.gov.uk.

- **Play Legos:** 10:00 - 13:00. **Ages:** 3 - 11 yrs.
- **Bounce and Rhyme:** 10:00 - 10:30. **Ages:** 0 - 4 yrs.

Cost: Free (*booking essential*).

Dates: 11 Oct - 13 Dec.

Small Saints

All Saints Church, Castle Street, High Wycombe, HP13 6RF.
07791 389598. www.allsaintshighwycombe.org.

- **Times:** 10:00 - 12:00. **Ages:** 0 - 5 yrs.

Cost: £0.50 per session (*drop in*).

Dates: 11 Oct - 25 Oct & 8 Nov - 20 Dec.

MUSIC & SIGNING

Monkey Music Aylesbury & High Wycombe

Risborough Community Centre, Stratton St, Princes Risborough, HP27 9AX.

01494 819138. www.monkeymusic.co.uk.

- **Jiggety Jig:** 9:30 - 10:00. **Ages:** 2 - 4 yrs.
- **Heigh Ho:** 10:15 - 10:45. **Ages:** 1 - 2 yrs.
- **Rock n Roll:** 11:00 - 11:30. **Ages:** 3 mths - 1 yrs.
- **Ding-Dong:** 11:45 - 12:15. **Ages:** 3 - 5 yrs.

Cost: £9.75 per session (*booking essential*).

Dates: 11 Oct - 25 Oct & 8 Nov - 20 Dec.

Are you running classes or events?

Advertise them on the Toddle About website for FREE at toddle.fun/free-listing

Christmas Shoe Box Appeal 2024




No child should go without **101 gifts delivered in 2023**

At Kindness in Bucks, we believe every family deserves to experience the joy of Christmas. That's why we're launching our Christmas Appeal 2024 to help local families in need, and we need your support!

We are looking for small toys, pyjamas, small books and stocking fillers to pop into shoe boxes for local families in need. Every donation you make helps a local child happier this Christmas. www.kindnessinbucks.com

**DROP OFF IN BEACONSFIELD,
FLACKWELL HEATH & HAZLEMERE**





**DROP BY
30TH NOV**

CREATIVE

St. Michael's Church

St. Michael's Church, 70 Sycamore Rd, Amersham, HP6 5DR.
01494 726680. www.stmichaelsamersham.org.uk

- **Messy Church:** 11:30 - 13:00. **Ages:** 3 - 10 yrs.

Cost: Free (drop in).
Dates: 19 Oct, 16 Nov & 21 Dec.

DANCE & DRAMA

Stagecoach Theatre Arts School (Buckinghamshire)

Wycombe High School, Marlow Road, High Wycombe, HP11 1TB. 07539753718. www.stagecoach.co.uk

- **Mini Stages:** 9:00 - 9:45. **Ages:** 2 - 4 yrs.

Cost: £7 per session (booking essential).
• **Early Stages:** 9:00 - 10:30, 9:30 - 11:00, 11:30 - 13:00 & 14:00 - 15:30. **Ages:** 4 - 6 yrs.

Cost: £14 per session (booking essential).
Dates: 5 Oct - 19 Oct & 9 Nov - 14 Dec.

PHYSICAL FUN

Field Studies Council

Amersham Field Centre, Mop End, Amersham, HP7 0QR.
01306 734501. www.field-studies-council.org

- **Nature Champions - Family Day:** 10:00 - 15:00.

Cost: Free (booking essential).
Dates: 19 Oct.

PHYSICAL FUN

Little Kickers MK

The Royal Grammar School, Amersham Road, High Wycombe, HP13 6QT. 01494 911133. www.littlekickers.co.uk

- **Junior Kickers:** 8:45 - 9:30 & 10:25 - 11:10.
- Ages:** 2 ½ yrs - 3 ½ yrs.
• **Mighty Kickers:** 9:35 - 10:20. **Ages:** 3 ½ yrs - 5 yrs.
Cost: £7.85 per session (booking essential).
Dates: 5 Oct - 19 Oct & 9 Nov - 14 Dec.

Chiltern Hills Academy, Chartridge Lane, Chesham, HP5 2RG.
01494 911133. www.littlekickers.co.uk

- **Little Kickers:** 8:45 - 9:30. **Ages:** 1 ½ yrs - 2 ½ yrs.
 - **Junior Kickers:** 9:35 - 10:20. **Ages:** 2 ½ yrs - 3 ½ yrs.
 - **Mighty Kickers:** 10:25 - 11:10. **Ages:** 3 ½ yrs - 5 yrs.
- Cost:** £7.85 per session (booking essential).
Dates: 5 Oct - 19 Oct & 9 Nov - 14 Dec.

The Curzon Centre, 43 Maxwell Road, Beaconsfield, HP9 1RG.
01494 911133. www.littlekickers.co.uk

- **Junior Kickers:** 8:45 - 9:30 & 10:25 - 11:10.
- Ages:** 2 ½ yrs - 3 ½ yrs.
• **Mighty Kickers:** 9:35 - 10:20 & 11:15 - 12:00.
Ages: 3 ½ yrs - 5 yrs.
Cost: £7.85 per session (booking essential).
Dates: 5 Oct - 19 Oct & 9 Nov - 14 Dec.

South Bucks Rugbytots LLP

St Joseph's Catholic Primary School, Priory Road, Gerrards Cross, SL9 8SB. 07515754391. www.rugbytots.co.uk

- **Times:** 8:45 - 9:15. **Ages:** 1 ½ yrs - 4 yrs.
 - **Times:** 9:20 - 10:05. **Ages:** 3 - 6 yrs.
 - **Times:** 10:10 - 10:40. **Ages:** 1 ½ yrs - 4 yrs.
- Cost:** £8.25 per session (booking essential).
Dates: 5 Oct - 19 Oct & 9 Nov - 14 Dec.

Holmer Green Junior School, The Common, Holmer Green, HP15 6TD. 07515754391. www.rugbytots.co.uk

- **Times:** 9:00 - 9:30. **Ages:** 1 ½ yrs - 4 yrs.
 - **Times:** 9:35 - 10:20. **Ages:** 3 - 6 yrs.
- Cost:** £8 per session (booking essential).
Dates: 5 Oct - 19 Oct & 9 Nov - 14 Dec.

SWIMMING

Swimkidz South Bucks

Alfriston School, Penn Road, Beaconsfield, HP9 2TS.

- **Times:** 8:30 - 11:30. **Ages:** 10 mths.
- Cost:** £14.50 per session (booking essential).
Dates: 5 Oct - 19 Oct & 9 Nov - 14 Dec.

SUNDAY

PHYSICAL FUN

South Bucks Rugbytots LLP

Davenies School, Station Road, Beaconsfield, HP9 1AA.
07515754391. www.rugbytots.co.uk

- **Times:** 8:45 - 9:15. **Ages:** 1 ½ yrs - 4 yrs.
 - **Times:** 9:20 - 10:05. **Ages:** 3 - 6 yrs.
 - **Times:** 10:10 - 10:40. **Ages:** 1 yrs 5 mths - 4 yrs.
 - **Times:** 10:45 - 11:30. **Ages:** 3 - 6 yrs.
- Cost:** £8.25 per session (booking essential).
Dates: 6 Oct - 20 Oct & 10 Nov - 15 Dec.

Amersham School, Stanley Hill, Amersham, HP7 9HH.
07515754391. www.rugbytots.co.uk

- **Times:** 9:00 - 9:30. **Ages:** 2 yrs - 3 ½ yrs.
 - **Times:** 9:35 - 10:20. **Ages:** 3 ½ yrs - 5 yrs.
 - **Times:** 10:25 - 11:10. **Ages:** 3 - 6 yrs.
- Cost:** £8 per session (booking essential).
Dates: 6 Oct - 20 Oct & 10 Nov - 15 Dec.

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- STUART HENDERSON BRITT

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Lockers Park School



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