

NEWSLETTER



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The
Hub
DERBYSHIRE



As a not-for-profit organisation, the team at **The Hub Plus** put **YOU** first. We care about people and want to help **YOU** and **YOUR** team to achieve the most with your wellbeing, aspirations, career goals, and empower personal growth.

[Explore the Hub Plus website](#)

The Hub Plus - Supporting our General Practice family on their Primary Care journey.

People Promise



IN THIS ISSUE:

WHAT'S NEW IN DERBYSHIRE PRIMARY CARE: GP PARTNERSHIP DEVELOPMENT PROGRAMME & PRACTICE MANAGEMENT INDUCTION PROGRAMME

EVERY VOICE MATTERS: LEADERSHIP FOR THE FUTURE OF PRIMARY CARE

IN THE WORLD OF DERBYSHIRE PRIMARY CARE

IN THE SPOTLIGHT - MOTIVATIONAL INTERVIEWING

ADDITIONAL SUPPORT

IN OTHER NEWS

What's new in Derbyshire Primary Care

GP Partnership Development Programme

Applications are now open for the 25/26 GP Partnership Development Programme, starting September 2025. Designed for both new and aspiring GP partners, this flexible 6-month course blends in-person and online sessions to build your confidence and capabilities. These awards serve as a heartfelt acknowledgment of the exceptional commitment and contributions made by those who have served in Derbyshire General Practice.

What you'll gain:

- Core partnership skills
- Legal and regulatory insights
- Strategic leadership and networking tools
- Support in defining your personal and professional goals

Practice Management Induction Programme

Applications are now open for the 2025/26 Practice Management Induction Programme, tailored for new or aspiring Practice, Assistant, Deputy, or Operations Managers in General Practice. Ideal for those within their first 6–12 months in role or preparing for management responsibilities.

Why join?

- Strong foundation in key management skills
- Real-world GP scenarios and practical learning
- Supportive learning environment with expert facilitators and peers
- Build your own Derbyshire ICB network

Programme Costing:

£395 for Derbyshire staff*
£559 for non-Derbyshire applicants

*Eligible roles may use
CPD Funding towards the
programme cost

Application deadline for both programmes: **15th August 2025**

Please register [here](#)

For more information about both programmes, please email - ddlmc.thehubplus@nhs.net

Every Voice Matters: Leadership for the Future of Primary Care

Building confidence, capability and an inclusive community for tomorrow's leaders.

Led by Dr. Susie Bayley, GP Leader, Coach, and Medical Director of The Hub Plus, this 6-month pilot is designed for clinicians embarking on their leadership journey who want to lead with authenticity, compassion, and courage. It's not just about skills—it's about managing yourself, understanding your values, and building the confidence to lead for the greater good.

Programme Format

- 6-Month Journey
- First & Final Sessions In-Person (3 hours)
- 4 Online Sessions (2 hours each)
- Includes Group Coaching + Peer Support
- Optional 1:1 Coaching (3 sessions)
- Safe MST Group + WhatsApp Community

Core Focus: Managing Self

- Self-awareness & emotional regulation
- Values-led leadership
- Overcoming imposter syndrome & inner critics
- Building resilience & psychological safety
- Compassionate communication
- Leading with integrity across boundaries



1st Session: Thurs 9th Oct - 1pm to 4pm
2nd Session: Thursday 13th Nov - noon to 2pm
3rd Session: Thursday 11th Dec - noon to 2pm
4th Session: Thurs 8th Jan - noon to 2pm
5th Session: Thurs 12th Feb - noon to 2pm
Last Session: Thurs 12th March - 1pm to 4pm



1st & Last Sessions:
RTC Business Park,
London Road
Derby, DE24 8UP



2nd - 5th Sessions:
MS Teams



Application Deadline: 31st August 2025

Options

**DERBYSHIRE
CLINICIANS:**

OTHERS

Programme Only

£395*

£559

Programme + 3 x 1:1
Coaching Sessions

£595

£759

"I've worked with a number of coaches over the years, but none have had the genuinely life-changing impact that Susie has. . . Her style is warm, engaging, and completely personable. Honestly, I wish I could carry her around with me every day! . . . — everyone should have a Susie in their life."

"I cannot recommend Susie highly enough as a coach. Susie has an incredible ability to create a safe and supportive environment where I have felt comfortable exploring my thoughts and feelings on various professional challenges. Her insightful questioning and balanced approach provided just the right amount of challenge, and what I really loved is that Susie also made it fun and enjoyable!"

***Eligible roles may use CPD Funding towards the programme cost**


If you're interested in joining **Every Voice Matters: Leadership for the Future of Primary Care**, please fill in this [expression of interest form](#). A member of the team will be in touch.


If you have any questions, please email - ddlmc.thehubplus@nhs.net

In The World Of Derbyshire Primary Care


Upcoming GP Training Day

Join us for a full-day GP training session packed with bitesize clinical updates and practical non-clinical workshops, tailored specifically for local primary care professionals.

 Date: Tuesday 14th October

 Time: 9:15 AM – 4:00 PM

 Venue: RTC Business Park, Derby

 Cost: £45 (Derbyshire clinicians) | £85 (non-Derbyshire clinicians) Please note: these prices are heavily subsidised



Why Attend?

- **Excellent value** – High-quality content at a very affordable price
- **Local expertise** – Sessions led by local clinicians, aligned with Derbyshire guidelines and formularies
- **Network and collaborate** – Meet colleagues from local practices
- **Interactive learning** – Ask questions directly to local secondary care clinicians

Places are first come first served [Click here](#) to find out more!

Mind the Generation Gap: Gen Z & the Future of Healthcare Teams

This session focuses on how Generation Z is influencing the future of Primary Care and what practices can do to better engage, motivate, and retain them.

Our keynote speaker, Alex Atherton, is a former headteacher of large inner-London secondary schools, where he spent over 25 years working directly with young people. Now a leadership coach and speaker, Alex specialises in helping organisations understand Gen Z and build stronger, multi-generational teams.

Interested? [Click here](#) to find out more.

Support Your Team with Suicide Awareness Training

The Hub Plus Derbyshire are offering free, tailored training sessions to help your team better understand and respond to suicide risk.

Topics include:

- Understanding Suicide
- Personal Safety Planning
- Postvention
- Tools & Resources Sessions are 1–2 hours, online or in-person.
- Due to the sensitive nature, we recommend pastoral support be available.

If you are interested, please fill out the Expression of Interest Form: [Suicide Awareness Training session : Expression of Interest form](#)

Tea with the Team! – Podcast

Shout out to our friends in Sheffield who have recently launch a podcast '**Tea with the Team!**' Join Dr Ras Parera and colleagues and listen to insightful conversations, challenges, rewards, and everyday realities of the vital roles working with a PCN.

You can listen to Tea with the Team here.

Derbyshire Lead GPN Monthly Forum – August 2025

This event is only open for one Lead GPN or a representative from each Practice across Derby & Derbyshire ICB

- Brief update on local, regional and national news relevant to GPNs.
- Update on training and development opportunities offered by The Hub Plus.
- Educational speaker on a topic relevant to Lead GPNs with opportunity for questions and discussions.
- Opportunity to network and share best practice with GPN Leads across Derbyshire ICB.
- What's happening relevant to GPNs locally and nationally.
- Key skills and knowledge relevant to Lead GPN role, different topic each month.
- Meet other Lead GPNs from across Derbyshire ICB.

Sign up here or contact:
charlotte.darby6@nhs.net

The Hub Plus Highlights 2024/2025

In 2024-2025, our Derbyshire Training Hub has played a pivotal role in aligning our efforts with local, regional, and national strategies, policies, and priorities. Acting as a crucial bridge between NHSE, ICB, and general practice organisations, we have ensured that the workforce is well-equipped to deliver high-quality care.

If you'd like to read more about our 2024/2025 highlights, you can find them here.



The Derbyshire General Practice Long Service Awards

The Derbyshire General Practice Awards aim to honour and celebrate the unwavering dedication of individuals who have devoted 25 years or more of their careers to the NHS.

Our goal is to express our gratitude to these remarkable professionals, whose devotion to primary care has played a crucial role in enhancing the health and well-being of their communities across Derbyshire.

We have now successfully hosted two cohorts at beautiful venues across Derbyshire. Over the two Long Service events we have now honoured over 150 recipients, which is a fantastic achievement!

For those yet to apply or reaching a new milestone in their incredible Primary Care journey, we are proud to open cohort 3. If you'd like to apply or nominate a colleague, **please click here** and visit our website where you can download an application form.

Training Spotlight:

Motivational Interviewing



09:00-16:00



02/10/2025



Online

-
- No endless slides. Just real-life examples, interactive activities, and memorable demonstrations.
 - You'll receive a worksheet beforehand to use during the session.
 - Learn how MI helps people find their own motivation to change.
 - Discover how MI can reduce burnout and improve outcomes for both staff and patients.
 - Expect laughter, learning, and practical tools you can use right away.

Additional Support



**OLIVER'S
CAMPAIGN**

Please find links to tier 1 part 2 of the NHS England Oliver McGowan mandatory training in learning disabilities and autism below.

Webinars last for 60 minutes. You must complete the full session for compliance to be recorded.

18th August 10 - 11am
Join the meeting now

21st August 3 - 4pm
Join the meeting now

Prior to the session, please fill in following form.

Apprenticeship Opportunities in your organisation

- Earn a salary while gaining a new qualification
- Boost your future earning potential
- Complete an apprenticeship at any point in your career
- Get 100% of tuition fees paid through gifted Levy
- Choose from over 350 clinical and non-clinical apprenticeships



Want to know more? Email: ddlmc.thehubplus@nhs.net

Derby and Derbyshire GP Satisfaction and Retention Survey 2025

My name is Dr Jo Marval, and I am currently doing a fellowship with The Hub Plus looking at retention of GPs in Derby and Derbyshire. I am wanting to understand the needs of local colleagues and evaluate interventions which will promote staff retention. I am also looking at ways to retain the skills of GPs towards the end of their career.

The following questionnaire will help me capture information on your experience, challenges and support needs to help identify what is currently working well and where additional resources are needed.

*I would be grateful if you would complete **this form** and accept the invitation to attend a short interview if you would like to discuss in more detail your experience and ideas. Thank you in anticipation of your support.*

Meet your Voice's in Practice (VIP) Members!

This forum brings together all roles across Derbyshire to share ideas, tackle challenges, and shape better ways of working.

Each member brings insights from their team—and takes ideas back to put into practice. Keep an eye out for updates in future newsletters to see what your colleagues have been discussing.

The group includes:

2 non-clinical members, 1 nurse, 1 ACP, 3 GPs, and 2 managers.



we're currently looking for a pharmacist and a care coordinator to join us! To express your interest, please complete the [EOI form](#).


Universal QUEST – Protected Learning Time

September 2025 QUEST Sessions:

- 10/09/25 13:30–15:30: **Supporting Deaf Patients (with Basic BSL training)** (All Staff)
- 10/09/25 13:30–15:30: **Lung Cancer Screening & Diagnosis** (Clinical Staff)
- 17/09/25 13:30–15:30: **Supporting Deaf Patients (with Basic BSL training)** (All Staff)
- 17/09/25 13:30–15:30: **Lung Cancer Screening & Diagnosis** (Clinical Staff)

Why not join one of our upcoming focused learning sessions designed to support your Protected Learning Time on Wednesday afternoons.

Check out some of the upcoming **QUEST** sessions. ➔

October	November	December
Cultural Sensitivity & Pharmacy First - All staff 08/10/2025 - Book here 15/10/2025 - Book here Heart Failure - Clinical Staff 08/10/2025 - Book here 15/10/2025 - Book here	Effective Communication in Difficult Situations - All staff 12/11/2025 - Book here 19/11/2025 - Book here Respiratory Care - Clinical Staff 12/11/2025 - Book here 19/11/2025 - Book here	Winter Break 
January	February	March
Intro to Infection Prevention and Control - All staff 07/01/2026 - Book here 14/01/2026 - Book here Managing Dyslipidaemia & Hypertension - Clinical Staff 07/01/2026 - Book here 14/01/2026 - Book here	TBC - Communicating Test Results - All staff 11/02/2026 - Book here 18/02/2026 - Book here Clinical Leadership - Clinical Staff 11/02/2026 - Book here 18/02/2026 - Book here	TBC - Supporting LGBTQAI+ Patients - All Staff 11/03/2026 - Book here 18/03/2026 - Book here Cancer Screening - Clinical Staff 11/03/2026 - Book here 18/03/2026 - Book here

To find out more about Universal QUEST and **book**, please [click here](#)

Health Inequalities Network Meeting

A space for colleagues who are passionate about addressing health inequalities to come together, share ideas and support change. Supported by **The Hub Plus**.

Thursday 9th October 1pm - 1:45pm

[Click here to join](#)



For further information please contact zohra.jafri1@nhs.net or sara.bains3@nhs.net

In Other News...

It was fantastic to have Dr. Kathy McLean, Chair of the Derby & Derbyshire and Nottingham & Nottinghamshire ICBs, stop by The Hub Plus HQ, to see all great work being done to support you.



Dr McLean, said: *"Our general practice workforce is often the first port of call for patients and is the cornerstone of our NHS."*

"The Hub Plus are underpinning this workforce with a strong backbone of training and resources to make sure they keep up to date with all the latest information and skills, and this has a direct impact on patient care. Without this service each GP practice could be spending a lot of money commissioning training individually, so we're very grateful for the work they do."

You can read all about Dr. Kathy McLean visit on the [**JUCD website.**](#)

LGBT+ Awareness in Primary Care: Practical Skills for Staff

At The Hub Plus, we are proud to support primary care staff across Derby and Derbyshire by helping to create a safe and supportive environment for LGBT+ colleagues.

As part of our commitment to equality and compassion in the workplace, we offer practical support to ensure everyone feels respected, valued, and able to thrive — regardless of sexual orientation, gender identity, or background.

This page brings together useful resources, event listings—including local Pride celebrations — and links to both national and local organisations offering specialist LGBT+ support.

We are excited to be hosting TWO education sessions over the coming months.
[Click here](#) to find out more.

