

# Be a super SAVER

NOW ON!



SPAR  
Frozen Chicken  
Mixed Portions  
2 kg

**69<sup>99</sup>** per pack

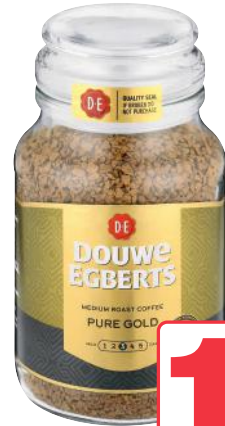
As good as the best for less



SPAR  
Golden  
Corn Flakes  
1 kg

**49<sup>99</sup>** each

As good as the best for less



Douwe Egberts  
Instant  
Coffee  
200 g  
Assorted

**139<sup>99</sup>** each



Hulett's  
White  
Sugar  
2.5 kg

**54<sup>99</sup>** each

Save R7  
WITH RewardsCARD



Excella  
Sunflower  
Oil  
2 litre

**59<sup>99</sup>** each

Save R20  
WITH RewardsCARD



Twinsaver  
Luxury  
Toilet Tissue  
2 ply  
9s

**79<sup>99</sup>** per pack



Prowash  
Washing  
Powder  
2 kg  
Assorted  
or Auto  
Liquid  
1.5 litre  
Assorted

**52<sup>99</sup>** each



More  
flavour  
& more  
savings



Bulk Chicken  
Fillets

**64<sup>99</sup>** per kg

SPAR  
**Rewards**  
More for You



**SIGN UP FOR MORE! MORE SAVINGS. MORE WINS. MORE FOR YOU.**

Specials available at selected SUPERSPAR and SPAR stores (excluding KWIKSPAR and SPAR Express stores) from 3 June to 9 June 2024, while stocks last. We reserve the right to limit quantities. Prices include VAT. TV products available nationwide. Not available in Western Cape, Eastern Cape, KwaZulu-Natal, Upington or Keimoes area, the Lowveld or Belfast area. Errors and Omissions Excepted (E&OE).

# SPAR





# Baker's Selection



SPAR Bakery Dessert Topping Cake Assorted **59<sup>99</sup>** each



SPAR Bakery Syrup Waffles 6s **34<sup>99</sup>** per pack



SPAR Bakery Rusks 1 kg Assorted **89<sup>99</sup>** per pack



SPAR Bakery Roosterkoek 6s Assorted **34<sup>99</sup>** per pack

# Fresh Produce



SPAR freshline Soft Citrus 1 kg **40<sup>00</sup>** BUY 2 FOR



SPAR freshline Bananas 750 g **16<sup>99</sup>** per pack



SPAR freshline Avocados Ripe and Ready 2s **25<sup>99</sup>** per pack



SPAR freshline Soup Greens 700 g **28<sup>99</sup>** per pack



SPAR freshline Potatoes 2 kg **37<sup>99</sup>** per pack

# Butchers Best



SPAR Tender and Tasty Buffalo Chicken Wings BBQ / Peri-Peri **89<sup>99</sup>** per kg



SPAR Tender and Tasty Beef Prego Steak **129<sup>99</sup>** per kg



SPAR Your Butcher Beef Mince **84<sup>99</sup>** per kg



SPAR Ox Tail (Previously Frozen) **99<sup>99</sup>** per kg

# Delicious Made Easy



The Food Stall Pizza Range Assorted **85<sup>99</sup>** each

Available at the FOOD STALL. Only at SPAR.



1 CHIKKA WING, 3 SPAR HOT CHIKKA WINGS & CHIPS

**47<sup>90</sup>** per combo



\*FLAVOURS AVAILABILITY MAY VARY BETWEEN STORES. PROMOTION VALID FROM 03 - 09 JUNE 2024. ALL MENU ITEMS ARE SERVING SUGGESTIONS. CHIKKA CHICKEN IS AVAILABLE AT THE FOOD STALL. ONLY AT SPAR.

# Fridge & Freezer Savings

**COMBO DEAL**

- 1 x SPAR French, Chilli or Garlic Polony 1 kg
- + 1 x SPAR Large Eggs 18s
- + 1 x SPAR Bakery Brown Bread 700 g
- + 1 x SPAR Individually Wrapped Cheddar or Gouda Cheese Slices 200 g
- + 1 x SPAR Daily Spread Tub 500 g
- + 1 x SPAR Smooth Yoghurt 6 x 75 g Assorted

**140<sup>00</sup>** BUY ALL FOR WITH Rewards CARD

As good as the best for less

Stork Country Spread Tub 500 g **27<sup>99</sup>** each

Blue Ribbon White Sliced Bread 700 g **15<sup>99</sup>** per pack

SPAR Breakfast Fry Chicken or Smoked Viennas 1 kg **47<sup>99</sup>** per pack

As good as the best for less

SPAR Processed Meat Hamper 4.2 kg **139<sup>99</sup>** per pack

Save R37 WITH Rewards CARD

As good as the best for less

Parmalat Cheddar or Gouda Cheese 600 g **94<sup>99</sup>** each

McCain Stew Mix **27<sup>00</sup>** BUY ANY 2 FOR

Oreo, Dairy Milk, Caramello, Lunch Bar or Crunchie Ice Cream 480 ml **94<sup>99</sup>** each

SPAR Large Eggs 18s **52<sup>99</sup>** per tray

As good as the best for less

McCain Frozen Vegetable or Stir Fry 250 g Assorted **27<sup>00</sup>** BUY ANY 2 FOR

Parmalat Steri Stumpie Flavoured Milk 350 ml Assorted **13<sup>99</sup>** each

SPAR Full Cream Maas 2 kg **29<sup>99</sup>** each

As good as the best for less

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# We'll make every cent count

**COMBO DEAL**

1 x SPAR Parboiled Rice 5 kg  
 +1 x SPAR Super Maize Meal 10 kg  
 +1 x SPAR Frozen Mixed Chicken Portions 4 kg  
 +1 x SPAR Sunflower Oil 2 litre

**BUY ALL FOR 399<sup>00</sup>**

As good as the best for less

## Pantry Essentials

Rhodes Baked Beans in Tomato Sauce 410 g

**BUY 2 FOR 26<sup>00</sup>**

Save R4 WITH Rewards CARD

Bull Brand Corned Meat 300 g Assorted

**29<sup>99</sup> each**

Save R5 WITH Rewards CARD

**COMBO DEAL**

Kellogg's Instant Noodles (Excl. Hot & Spicy) 5 x 70 g Assorted

**BUY ANY 2 FOR 60<sup>00</sup>**

**COMBO DEAL**

1 x Sasko Cake Wheat Flour 5 kg +  
 1 x White Star Super Maize Meal 5 kg +  
 1 x Spekko Parboiled Rice 5 kg

**BUY ALL FOR 199<sup>00</sup>**

Save R81 WITH Rewards CARD

**COMBO DEAL**

1 x Sunfoil Sunflower Oil 750 ml  
 +1 x SPAR Pilchards 400 g Assorted  
 +1 x SaveMor Baked Beans 410 g  
 +1 x Nola Mayonnaise Tangy or Original 750 g  
 +1 x Pasta Grandè Macaroni or Spaghetti 500 g

**BUY ALL FOR 110<sup>00</sup>**

Pasta Grandè Macaroni or Spaghetti 500 g

**13<sup>99</sup> per pack**

All Gold Tomato Sauce 700 ml

**34<sup>99</sup> each**

**COMBO DEAL**

Knorr Aromat Seasoning Refill Trio Pack 200 g Assorted

**BUY ANY 2 FOR 40<sup>00</sup>**

Save R28 WITH Rewards CARD

**COMBO DEAL**

Knorrox Flavoured Stock Cubes 24s Assorted

**BUY ANY 2 FOR 40<sup>00</sup>**

Save R10 WITH Rewards CARD

**COMBO DEAL**

Imana Packet Soup or Super-Sheba Stew Mix 45 g / 50 g Assorted

**BUY ANY 6 FOR 28<sup>00</sup>**

Save R5

Hinds Custard Powder 125 g

**10<sup>99</sup> each**

SPAR Super Maize Meal 10 kg

**84<sup>99</sup> each**

As good as the best for less

## Breakfast Favourites

**COMBO DEAL**

1 x SPAR Full Cream Milk 1 litre  
 +1 x Selati Golden Brown Sugar 2 kg  
 +1 x Bokomo Weetbix 450 g  
 +1 x Frisco Original or Granules Instant Coffee 250 g  
 +1 x Joko Tagless Teabags 100s

**BUY ALL FOR 189<sup>00</sup>**

Nescafé Ricoffy Tin (Excludes Decaf and Mild) 250 g

**54<sup>99</sup> each**

Save R10 WITH Rewards CARD

Laager Rooibos Tagless Tea Bags 80s

**39<sup>99</sup> per pack**

SPAR Full Cream or Low Fat Long Life Milk 10 x 500 ml

**99<sup>99</sup> per pack**

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The SPAR & TOPS you love, now online! **2U** DOWNLOAD NOW ON



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# It's time to save even more

That's why we SHOP at **SPAR**

## Snacks and Beverages

**BUY ANY 2 FOR 30<sup>00</sup>**  
Save R4 WITH RewardsCARD

**BUY ANY 2 FOR 36<sup>00</sup>**  
Save R6 WITH RewardsCARD

**23<sup>99</sup>** per pack

**BUY ANY 2 FOR 34<sup>00</sup>**  
Save R16 WITH RewardsCARD

**69<sup>99</sup>** per pack

**42<sup>99</sup>** per pack  
WITH RewardsCARD

**BUY ANY 2 FOR 16<sup>00</sup>**  
Save R4 WITH RewardsCARD

**BUY ANY 2 FOR 20<sup>00</sup>**

## Homecare Essentials

**24<sup>99</sup>** each

**BUY ANY 2 FOR 38<sup>00</sup>**  
Save R8 WITH RewardsCARD

**49<sup>99</sup>** each

## Baby Essentials

**21<sup>99</sup>** each

**22<sup>99</sup>** each

## Personal Care Essentials

**69<sup>99</sup>** each

**16<sup>99</sup>** each

**22<sup>99</sup>** each  
WITH RewardsCARD

**23<sup>99</sup>** each

**BUY ANY 2 FOR 20<sup>00</sup>**

**35<sup>99</sup>** per pack

**124<sup>99</sup>** per pack

SCAN ME

# THURSDAYS ARE HAPPY NAPPY DAYS at SPAR

DOWNLOAD THE FREE SPAR2U APP

Available on the App Store | GET IT ON Google Play

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Let's chat **0860 313 141**

Say "hello" to get specials, store details, SPAR Rewards & more!

For more info: [www.spar.co.za](http://www.spar.co.za) or Find us on /myspar

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