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Dear Alternatives Family,

The decision-making client. As a Board and Staff Team we are continuously evaluating how we are reaching and supporting the people in our community who are faced with a life-altering pregnancy decision. The mission focus is on prevention and intervention. Through the pages in this report you will see why and how we address both.

Prevention. Wouldn't it be wonderful if we had the opportunity to equip every student with the tools to make choices that lead them on a path to avoid high risk behaviors and develop healthy relationships? Perhaps thousands of unplanned pregnancies would be avoided each year! Can you imagine what that could do to transform lives?! And what if all young women and men realized their sacred value in God's sight? Again, can you imagine what that could do to transform communities? A Promising Future and STD Testing & Treatment programs are both designed to impact with prevention, transformation and the value of life.

Intervention. Unplanned pregnancy is part of our shared humanity. Alternatives has been serving since 1982, with compassion and support for teens, women and men facing a life-altering pregnancy decision. Following the example of Christian love, we seek to enable and encourage life decisions every day.

Pregnancy Options and Counseling After Abortion programs are designed to impact with intervention before an abortion decision is made or to intercept the misconception that forgiveness for a past decision is not possible. Everything is possible with God!

Thanks to you. We are keenly aware that none of this is possible without you—our faithful friends and supporters. My prayer is you will be encouraged by the statistics and stories throughout the pages in this report. My hope is that you will see the larger vision your funding helps to create through our four programs. Yet, I also pray that you will stay focused on the value of one. The value of her life, his life and the life of the preborn—each one designed in the image of God.

A major accomplishment in 2021 was opening a new clinic in the Inverness/Englewood area. YOU made this possible. The financial support to make this happen was the incredible first step. The "seed" was planted when the clinic opened in May. We "watered" it through advertising efforts and then we watched as God gave the increase. Looking ahead to 2022, we will be expanding the hours of operation to include Saturday!

I am grateful to work alongside a dedicated team of staff and volunteers each day. They are committed to the decision-making client and to fulfilling the vision and

mission of Alternatives with you!

And we do it all with Care. Compassion. Always.

"Know that the Lord is God.
It is he who made us, and we are his;
we are his people, the sheep of his pasture."

PSALM 100:3

Bravely standing for life,

Stanson.

Linda Pace Saccomano

Executive Director

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Unplanned pregnancy is part of our shared humanity. Through education, advocacy and compassionate medical support, teens, women and men experience empowerment and the hope of building a promising future.

Pregnancy Options Enabling a choice for life every day







Care. Compassion. Always.

2021 CLIENT DEMOGRAPHICS

For all who came through our doors, on the phone or online, we offered care and support and yet, we received blessing and encouragement. It was a privilege to work together with each individual to envision a life-affirming path to a promising future.

Every day at Alternatives we are on the front lines of life and death. We have opportunities to provide hope, love, encouragement, education and support so that teens, women and men feel empowered to make a decision for life. The Lord is using Alternatives to transform lives while impacting generations. That's powerful!

Leticia Higdon,
 Director of Client Operations



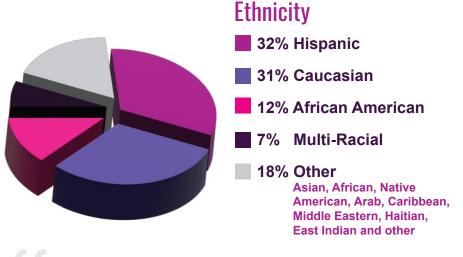




38% of clients have had some college education



63% of clients were not students



My boyfriend and I left the clinic feeling so amazing and grateful for the resources and support we received while there. Thank you!

- Client

PREGNANCY OPTIONS

Unplanned pregnancy is part of our shared humanity. This fact cannot be ignored or dismissed as insignificant. Since 1982, Alternatives has been serving teens, women and men faced with the physical, emotional and spiritual decision regarding an unexpected pregnancy. Our Pregnancy Options program is packed full of services and support designed to remove barriers to getting the time-sensitive help needed before an abortion decision is made.

It takes an amazing team of staff and volunteers to provide:

24-Hour Helpline
Request an Appointment
Options Consultations
HIPAA-compliant Telehealth
Pregnancy Tests
Ultrasound
Abortion Pill Reversal
Men's Support
Fatherhood Mentoring Medical
and Prenatal Resources
Community Resources Adoption
Referrals
Mom & Baby Gifts

2021 HIGHLIGHTS

168 Babies Born

to our clients that gave us permission to stay in contact

951
Appointment Requests
made through the website

3200
Callers Assisted
on the 24-Hour Helpline

345
Ultrasound Scans
Delivered

482
Pregnancy Test
Appointments



Serving the clients this week has been so fun! I had a client come in today who said she enjoyed our services so much and never felt judged. She still remembers the first visit to the clinic. At that point, she was considering terminating her pregnancy. Guess what? I got to meet her baby today. He is so adorable! She said he brings happiness to her life that she was not planning on experiencing because she has been through a lot in her life. We have stayed in close contact. She shared she was so grateful for her experience with us.

Marissa, Client Services Director—West Metro





Pregnancy Options ULTRASOUNDS

Over 95% of women who walk in the door of an Alternatives clinic are assessed to be abortion-vulnerable. Colorado is a late-term abortion state and that vulnerability can continue up to the time of natural delivery.

The medical care team of Alternatives includes physicians, nurses and registered diagnostic medical sonographers offering pregnant clients a free limited pregnancy ultrasound. This is an important step educationally and emotionally as women and men process a pregnancy decision.

WHY EDUCATIONAL SUPPORT?

A lot of misleading information is culturally prevalent around pregnancy for a young woman to sift through while in the midst of a crisis. She deserves to be fully informed with medically-accurate information.

Through the ultrasound she is empowered with details of her pregnancy including:

- · Confirmation of an intrauterine pregnancy
- · Gestational age and an estimated due date
- Fetal cardiac activity (aka heartbeat)
- Fetal development and what to expect in each trimester

GA=15Wbd 10.0cm/1.2/45Hz 110 0.3 02/06/2013 12:10:39 PM Routine OB Har-mid 9.4 Gn. -2 C6 / M8 FF3 / E2 SR II 4 / CR I 3

WHY EMOTIONAL SUPPORT?

This can be a confusing and complex time in a woman's life. Our care team offers emotional support through consultation sessions before and after the ultrasound.

2021 HIGHLIGHTS

Alternatives Care Team provided

345 Ultrasound Scans

plus educational consultation sessions

75% of Women intend to carry their pregnancy to term

Pregnancy Options

ABORTION PILL REVERSAL

Alternatives is part of a national network of abortion pill reversal providers.

Chemical abortions jumped by **38.2%** in Colorado, making up **66%** of the total abortions reported in 2020.¹

If a woman has ingested the first in the series of abortion pills, it is possible to reverse the abortion process.

It may not be too late.

It is okay to change your mind. It is. Okay.
Because sometimes you're not in the right
frame of mind when you do something like that.
Like I wasn't. I would tell people to follow your
gut, do research if you have to. But it's
possible if it's something that you want to do now.

- Abby, Client

What is the treatment used in the reversal?

Progesterone is the natural hormone in a woman's body that is necessary to nurture and sustain a pregnancy.²

"They prescribed the pills for progesterone. They got me in as soon as they could to do an ultrasound. Then I did the ultrasound and saw the heartbeat. There was still time because of the progesterone pills."

- Abby, Client

2021 HIGHLIGHTS

4 Women are Planning to Carry

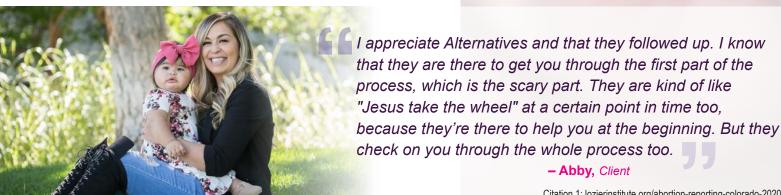
their pregnancy to full term and are now in prenatal care

6 Women
Made the Decision

to complete their abortion

Woman Gave Birth
to a healthy baby girl

2Women Miscarried



Pregnancy Options

MEN'S SUPPORT

Men often stay silent about the abortion decision.

In a research study about men and abortion from LifeWay Research, men surveyed reported:

63% of Men said: "I believed it was her choice"

19% of Men said: "I didn't feel like I could say anything"

61% of Men said they were ready to support her either way

This is why Alternatives needs to reach and help men find their voice in the abortion decision.¹

Men who are experiencing unexpected pregnancy with their partner, need a safe place to process their emotions too. Our male client advocates are trained to walk them through their involvement and influence in a pregnancy decision.

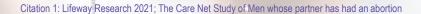
Fatherhood Mentoring is offered to new dads for additional wrap-around support and encouragement to be the best dad they can be.



2021 HIGHLIGHTS

107
Men Were Served
through our Men's Support

115
Helpline Calls
came from male callers





My fiancé and I were new to the area. We had no support network. We googled pregnancy help and found Alternatives.

I had a meeting with a fatherhood mentor and it seemed like a good fit after the very first meeting. John asked me about my life, my relationship with my father and how I might want to change things for my baby on the way. He didn't tell me what to do but gave me ideas and what it means to be a good father. John helped me think about what my fiancé was going through. He helped me expand my communication with her. He became a really good friend and we are still in touch today.

My baby boy was born October 11, 2021. I am very grateful for Alternatives and the support they gave me.

Intervention

COUNSELING AFTER ABORTION

Your support made it possible for people to find the safety of Alternatives and the internal strength needed to be vulnerable and open about their abortion experience. Through our collaborative and client-centered approach, many people told their story for the first time in individual and group counseling.

My Choice, My Story: Life After Abortion

2021 – a year when a God-inspired idea brought eight people to Alternatives in a life-changing way!

THE VISION

What if women who had been through an unexpected pregnancy and abortion experience shared their story with the world? How could this impact those who have or who are currently walking in their same path?

THE EIGHT PEOPLE

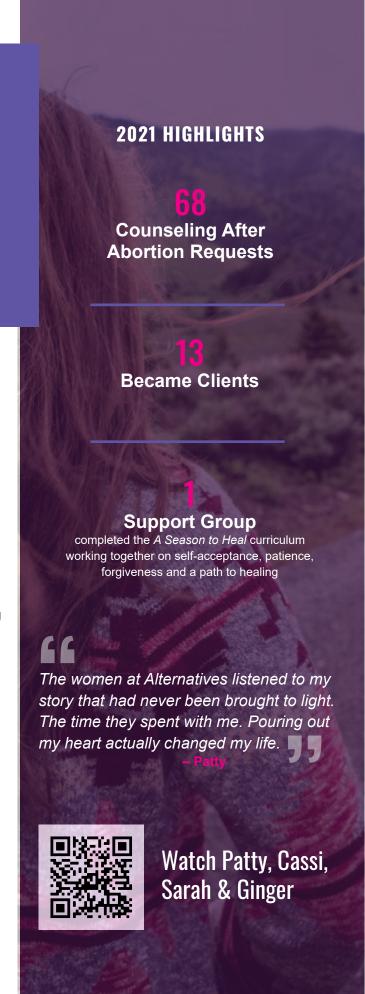
Four generous donors contacted Alternatives with an interest in funding a project that could impact our community and those facing a life-altering pregnancy decision.



Four brave women come forward wanting to use their voice to share their personal stories and offer hope to those experiencing unexpected pregnancy and those whose hearts are heavy from a past abortion decision.

THE RESULT

The creation of My Choice, My Story: four videos professionally filmed and produced by The Little j Marketing Company featuring Patty, Cassi, Sarah and Ginger and their personal stories. This campaign will be shared over social media, on our website, in churches and through other organizations across the country in 2022 and beyond. View videos through the QR code and share them with everyone you know.





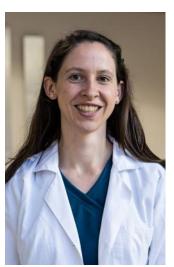
Prevention STD TESTING & TREATMENT

Why does Alternatives provide STD testing & treatment?

Education drives prevention. STDs affect individuals of all ages but they take a particularly heavy toll on youth ages 15–24; accounting for almost half of the 26 million new sexually transmitted infections. Persons who initiate sex early in adolescence are at higher risk.¹

Through building trust by providing medically accurate education, our medical providers help patients identify potentially self-destructive and unhealthy sexual behaviors that lead to STDs and unplanned pregnancy. Each patient receives education on the importance of evaluating their sexual choices and how they impact their future.

Fertility Education and Medical Management (FEMM) launched by Alternatives in 2021 is part of the Reproductive Health Research Institute.



"FEMM transforms women's healthcare by offering the education she needs to participate and advocate for her own health. By equipping women with knowledge about how her body functions, she can recognize how to achieve or avoid pregnancy and determine signs of health and possible disease in order to begin early treatment. I am passionate about FEMM because the program strives to find the root cause of disease, instead of only treating symptoms. Throughout my training with FEMM, doctors from all over the world stated that they wished they had known about FEMM sooner to offer this incredible education and care to their patients."

Laura Johnson, RN, BSN
 Nurse Manager, Certified FEMM Instructor

2021 HIGHLIGHTS

187 Womer

received testing, risk assessment, and treatment

18% Growth in Unique Clients

1551 Tests Run for a wide range of STDs

14 patients were provided with this holistic educational information in 2021. Here is one testimonial:

Prior to being exposed to the FEMM education program, I had very little understanding of my own body and what a healthy cycle should look like. Working with the FEMM professionals opened my eyes to the long-term health consequences of my previous use of hormonal birth control, provided me with a secure environment to between and listen to my own body, encouraged me to pursue holistic options to improve my overall health, and unfailingly supplied reassurance and support at every turn. I am so grateful to have discovered this resource, I only wish I had known about it when I was 16!

A PROMISING FUTURE

This year provided a time of preparation, training and vision casting. We listened to community agencies who are seeing youth violence and mental health issues on the rise. Students are facing issues that affect their sexual decision making and much more. Issues like teen dating violence, suicide, informed consent, are all added stessors.

The A Promising Future (APF) team got busy writing and creating six workshops to address these key issues in a holistic way. Much of the content is taken from our custom-written, evidence-informed curriculum, The Diamond Standard. In 90 to 120 minutes, we deliver content that is designed for prevention, awareness and education on healthy relationships with a focus on sexual risk avoidance.

EXPLORE

A Promising Future initiates a new way of thinking that encourages participants to explore themselves and the world and evaluate whether there is a more effective way to cope, respond, engage, relate, live and dream.

EDUCATE

The Diamond Standard curriculum is a resource tool meant to be utilized by teachers, social workers, parents and other youth-serving professionals to build off of the existing strengths of our youth while equipping them with the tools needed to make healthy and informed decisions.

EQUIP

The Diamond Standard prioritizes the development of executive skills like regulating behavior, exercising good judgment, critical thinking, problem solving and adjusting to new circumstances which allow students to create new brain pathways that enable them to establish patterns of healthy behavior, thought and emotion. These skills will remain with them for the rest of their lives.

ELEVATE

To effectively empower the rising generation to an elevated lifestyle set up for and motivated by whole-person health, we must pair the building of executive skills with a meaningful relationship between student and instructor.

2021 HIGHLIGHTS

4 Instructor Trainings

held through the year

6 Instructors Trained

to deliver workshops and The Diamond Standard Curriculum

558Students Directly Served

through workshops and curriculum

Additional Students

served through partnership organizations

46

I teach The Diamond Standard at least once a year. I teach it in our pregnancy center as a group and I've taken it to church and taught youth group and I have pulled different chapters for one-on-one mentoring sessions as well. Everyone enjoyed the class. My youth group had the most raves. They love how the chapters speak to issues that everyone deals with, yet no one addresses. Some of the favorite chapters were conflict resolution, communication, and healthy relationships. I love how the program provides multiple modes of instruction to accommodate everyone's unique learning styles. I firmly believe that our youth are being targeted every day, and I love how this curriculum takes a stand on morals, values and character.

- LeAnna

A Caring Pregnancy Center, Pueblo, CO

A Promising Future Workshops



Taking Charge: Making Healthy Decisions for Your Life

Explore the process of decision-making through interactive game play Learn and practice four easy steps of healthy decision-making

Assess the impact of your decisions in five key areas of life

EXECUTIVE SKILL FOCUS Critical thinking, thinking ahead

and planning ahead

SOCIAL EMOTIONAL TENET

Self-management, responsible decision making, and relationship skills



Reaching Out: Understanding Suicide

Humanize the conversation of suicide and identify factors that contribute to suicidal ideation

Explore how open dialogue, expressing empathy, a shift in mindset, and maintaining social connections can decrease the likelihood of suicide

Learn tools, language, and resources to seek support for self or to be an effective support to a peer experiencing suicidal ideations

EXECUTIVE SKILL FOCUS

Empathy, problem-solving, and adjusting to new circumstances

SOCIAL EMOTIONAL TENET

Social awareness, self-awareness, and self-management



Know the Signs: Addressing Teen Dating Violence

Identify activities that are healthy or problematic in relationships

Explore misconceptions about dating violence, healthy/unhealthy dating interactions, personal boundaries, types of abuse and how remaining in an abusive relationship affects your well-being

Learn self-advocacy skills, language, and confidence to not be a bystander when you learn of or witness dating violence

EXECUTIVE SKILL FOCUS

Exercising good judgment, critical thinking, and empathy

SOCIAL EMOTIONAL TENET

Social awareness, self-management, and relationship skills



Conquering Stress: Applying Healthy Strategies to Cope With Life

Identify the difference between stress and anxiety and how they show up

Explore how developing healthy coping skills equips you to better navigate episodes of stress or anxiety

Learn and apply support-seeking, self-advocacy and self-regulation skills

EXECUTIVE SKILL FOCUS

Regulating behavior, flexible thinking, and exercising good judgment

SOCIAL EMOTIONAL TENET

Self-awareness, self-management, responsible decision making



Exploring Consent: Respecting Dignity as a Central Issue

Identify our opinions about sex and relationships through an interactive music-based game

Learn CO laws of consent and how they are applied in scenario-based activities

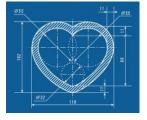
Explore situational awareness, how empathy and respecting dignity play a key role in consent and the identification of vulnerabilities, without blaming the victim

EXECUTIVE SKILL FOCUS

Controlling impulses, empathy, and exercising good

SOCIAL EMOTIONAL TENET

Relationship skills, responsible decision making, social awareness



Engineering Love: Designing Your Relationship Blueprint

Identify character traits as a starting point to identify healthy/unhealthy interactions in

Learn how intimacy and a healthy relationship foundation is formed through a stepby-step process

Explore the importance of personal boundary setting, learn how to create them and live them out in daily life

EXECUTIVE SKILL FOCUS

Controlling impulses, empathy, and exercising good

SOCIAL EMOTIONAL TENET

Relationship skills, responsible decision making, social awareness



I started teaching the Diamond Standard in October of 2021 and have had two successful quarters of teaching students. I teach 100% online so navigating this class with students has had its challenges but I love seeing the work that students put into exploring and acknowledging who they are, their values, and beliefs, and their perspectives on relationships. I teach other classes that are academic, and this class shines a different light on students about who they are (outside of academics) and the different tools they gain to equip them outside of school.

COMMUNITY ENGAGEMENT

We thank the compassionate people of the Denver area for working together to address the complex circumstances of those facing an unexpected pregnancy in our city. Through the support of donors and the contributions of volunteers, churches and prayer partners, medical providers, community agencies and schools, we combined efforts to provide holistic resources and awareness for teens, women and men during their time of decision and beyond.



Volunteers

327 individuals served as faithful volunteers donating **8100 hours of services** through our 24-Hour Helpline, options consultations, medical care, administrative support, fundraising events and outreach. Their combined contribution saved us over \$231,174. As a testimony to the heart and commitment of our volunteers, they spent a total of **260 hours in training** to prepare to serve clients, patients and students with excellence.

Medical Providers, Community Agencies and Schools

Through teaching opportunities and training, referrals and awareness events, we were able to expand our community presence and connect with the following organizations and academic institutions:

A Precious Child
Allay Resources
Aurora Fire Department
Aurora Health Alliance
Bella Health + Wellness
Beyond Home
Birthline
Blexit Colorado
CarePortal
Catholic Charities
CCU for Life
CCU Intern Program
Centennial Institute

Clinica Tepayac

Colorado School of Mines
Community of Care NetworkDouglas County
Community Resource Network
Compound of Compassion
Covered Colorado
CrossPurpose
Denver Health
Denver Human Services
Denver Rescue Mission
Embrace Grace
Empower Community High School
Hats for Hope
Hope House

Inner City Health Center
Lakewood Connects
Love Inc
Meadowood Handicrafters
Motherwise
New Legacy Charter
Newman Realty Group
Nurse Family Partnership
One Place Project
Open Door Ministries
Piecemakers Ladies Sewing Group
Power of Partnership
Pregnancy Resource Network
Providence Network

Hope's Promise

Rocky Mountain Diaper Depot
Save the Storks
SECORCares
Servicios de La Raza
Sewing Friends
Southwest Denver Coalition
Struggle of Love
Students for Life
The Lounge
Tri-County Health
Warm Hearts Warm Babies
WeeCycle
WIC
Youth Empowerment Agency
Youth for Christ

Alternatives Pregnancy Center has been a valued partner of the Southwest Denver Coalition for many years. We appreciate the support Alternatives has provided through resources and services to the southwest Denver community and the collaboration from monthly coalition meetings, the Safe Summer Kickoff, National Night Out, holiday events and more.

- Kasandra Ornelas,

Director of Southwest Denver Coalition

Churches and Prayer Partners

107 Churches donated funds, encouraged their congregations to volunteer, provided mom and baby gift items, held baby bottle bank fundraisers and invited us to speak to their congregations. Because of the generosity of these churches and their members, we were able to provide **685 families** with financial and material assistance.

581 People received our bi-monthly prayer requests and faithfully lifted up our clients, patients, students and staff in prayer. **15 people** on our Counseling After Abortion prayer team specifically lifted up the women in individual and group counseling.

We also had the pleasure of hosting four virtual prayer events, praying with local pastors Joelle Suell, Glory to Glory Christian Center, Ayinde Russell, Colorado Community Church and Neil Long of Park Church.

Bethany Busy Bee Preschool
All Souls Catholic Church
Arapahoe Road Baptist Church
Arvada Covenant Church
Ave Maria Catholic Church
Ave Maria Samaritans
Beth Eden Baptist Church
Bethany Evangelical Free Church
Birthright Sewing Group

Brave Church
BridgeWay Church of Denver
Calvary Chapel Castle Rock
Calvary Church Aurora

Calvary Community Baptist Church

Calvary Denver Downtown Calvary Evangelical Free Church Calvary Littleton

Calvary Littleton
Calvary Northglenn
Calvary Redeeming Grace
Castlewood Canyon Church
Central Baptist Church
Cherry Creek Presbyterian Church

Cherry Creek Presbyterian Quilter's Group

Cherry Hills MOPS Group

Christ on the Mountain Catholic Church

ChristLife Community Church
Clements Center Sewing Group
Colorado Community Church
Colorado State Knights of Columbus

Connections Bible Study
Coram Deo Reformation Church

Cornerstone Church

Covenant Presbyterian Church

Creekside Bible Church

Crossroads Community Church

Denver United Church
Elevation Christian Church
Elizabeth Presbyterian Church
Emmaus Anglican Church
Encompass Church
Encounter Church
Faith Bible Chapel South

Faith Presbyterian Church Fellowship Community Church First Baptist Church of Golden

First Southern Baptist Church of Northglenn

Foothills Calvary Foundry Church

Good Shepherd Bible Church

Grace Chapel

GracePoint Community Church Greenwood Community Church Greenwood Community MOPS Highlands Baptist Church Horizon Christian Fellowship

House Church Knights of Columbus

Lakewood Christian Fellowship
Light of the World Catholic Church

Light of the World Respect Life Committee

Light of the World Youth Group

Living Way Fellowship Lutherans for Life Denver Mission Hills Church

Mission Hills Heartfelt Quilters Mission Hills Women's Bible Study MOPS Group--The Bridge at Bear Creek

Mt. Zion Ladies League
Mt. Zion Lutheran Church

New Covenant Community Church

New Life Community Church

Notre Dame Catholic Parish and School

Park Church

Parker Evangelical Presbyterian Church

Pathmakers Church

Pax Christi Catholic Church Pax Christi Project Linus Peace Lutheran Church

Plum Creek Community Church

Redemption Hills Church

Saint Patrick Presbyterian Church Saints Peter & Paul Catholic Church Salvation Army Centennial Corps

Shrine of St. Anne South Fellowship

Southeast Christian Church Spirit of Christ Church

Spirit of Hope Lutheran Church, LCMC St. Francis of Assisi Castle Rock St. Francis of Assisi Catholic Church

St. Gregory Episcopal

St. Joan of Arc Catholic Church St. John's Church Wash Park Campus

St. Joseph's Church St. Jude Catholic Church

St. Mary's Anglican Catholic Church

The Bridge at Bear Creek
The Bridge at Bear Creek MOPS
The Light of Christ Anglican Church

The Solomon Foundation Trinity Lutheran Church

West Bowles Community Church

Whispering Pines Evangelical Free Church

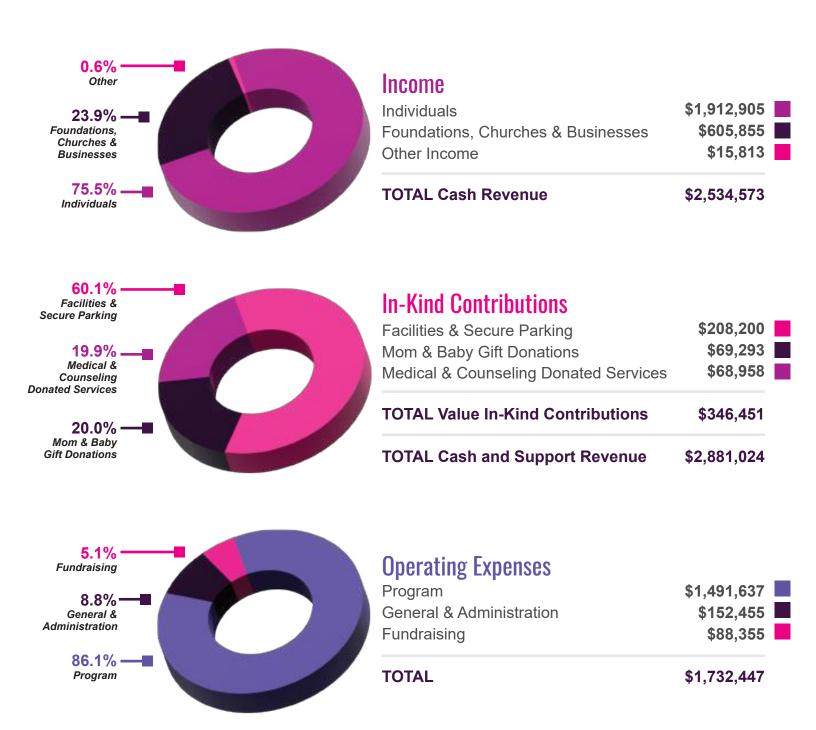
Windsor Gardens Church Women of the Cross



When Lori has spoken to our church about Alternatives Pregnancy Center, she's worked hard to understand our congregation, our way of worshiping Jesus. She effectively connects the ministry of Alternatives with the Word of God in ways that challenge the Lord's people with Jesus' call to love those in difficult pregnancies and encouraging us with the hope of Christ.

- Fr. Theron Walker, Emmaus Anglican Church, Castle Rock

FINANCIAL HIGHLIGHTS



Download our audited financial statement at YouhaveALTERNATIVES.org/FinancialStatement



FUNDRAISING EVENT HIGHLIGHTS

Alternatives was blessed by our many friends who share a passion for life and a desire to support the mission.

Thank you to all individual and business sponsors who gave generously to the fall event—Night of Worship: A Stand for Life. It was a sacred evening of worship and testimony.

OUR CORPORATE SPONSORS

PLATINUM SPONSOR



GOLD SPONSORS





SILVER SPONSORS







KNIGHTS OF COLUMBUS

Alternatives has enjoyed a longstanding relationship with the Knights.



In April, the sponsoring Council number 12567, donated the funds for Alternatives to purchase an ultrasound for the new clinic location in Inverness. State Knights of Columbus Officials attended the Celebration and Blessing ceremony. The \$33,271 check was presented by Mr. Chris Foley, State Deputy.

ANNUAL RESPECT LIFE 5K

In July, Alternatives participated in the council's 10th Annual Respect Life 5K Run/Walk. Linda Pace Saccomano, Executive Director, was invited to be the keynote speaker!



ABLE NATION

Our friends from Able Nation created a family fun event to benefit Alternatives! The Epic Family Mountain Adventure event raised over \$35,000!



FOUNDATION AND BUSINESS SUPPORTERS

Adolph Coors Foundation
Blue Mountain Foundation
Charles A. Micale Foundation
Eleanore Mullen Weckbaugh Foundation
Heider Family Foundation
JJP Family Foundation, Inc
Lewan Family Foundation
The Anschutz Foundation
The Eugene C. and Florence Armstrong
Family Foundation, Inc

The Fortress Foundation
The Nord Foundation
Vitamin Angels
Able Nation, Inc.
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Lopez Enterprises

Maranatha Christian Center
O'Malley Law Office, P.C.
Rocky Mountain Bottled Water
Save the Storks
Snow Buddy Dog Sled Tours, LLC
The Amy Berglund Team at
RE/MAX Professionals
The Brian Petrelli Team at Metro Brokers
The Solomon Foundation
Van Essen Homes, LLC

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Jim Liberatore

Kim Liberatore



Imagine navigating a life-altering event like facing an unplanned or difficult pregnancy and having nobody to turn to for support. That is why Alternatives exists, to be there when nobody else is. I am incredibly proud and humbled to serve as the Board President of Alternatives. My fellow board members are equally passionate and committed to reaching everyone in this city who need Alternatives. Have no doubts that your support, whether it is prayers, volunteering, or financial, makes a tangible difference in our local community every day.

- Lauren Castillo, President of the Board





I have been a member of the Alternatives Board of Directors for two years and absolutely love it. It's a great ministry and wonderful organization. Alternatives Pregnancy Center supports women and men in their most vulnerable time in life, in the time where they are not only responsible for themselves and caring for themselves, but also responsible for another human being's life. And that baby's life matters too, as well as the mom and dads. What better organization to support than one that really wants to make sure that everyone feels valued and that life is protected? It truly comes down to a life and death issue and helping people realize that these babies matter and they can grow up to be amazing people.

- Mikayle Scheffel, Board Member



Linda Saccomano Executive Director



Alissa Goble **Communications Associate**



Amber Havekost, MA, BCC Church Development Coordinator



Amy Langemann, RN Registered Nurse



Anya Masse Executive Assistant & HR Coordinator



Ethan Van Buskirk, MATS Men's Program Director



Holly Turner Director of Development



Jaime Skeeters, PA **Physician Assistant**



Jenn Alafat Social Media Manager



Dr. David Martinez, MD

Medical Director

Jesse Taitano **Director of Finance** & Technology



Julie Grasman, ACC **Director of Client Services,**



Kassandra Garrison, RDMS Registered Diagnostic **Medical Sonographer**



Kathy Cullis, MA, LPC Clinical Supervisor



Kelly Young, RN, BSN **Registered Nurse**



Kendra Schafer **Database Administrator**



Laura Johnson, RN, BSN Nurse Manager



Laura Koch, RDMS **Registered Diagnostic** Medical Sonographer



Leticia Higdon, MNM **Director of Client Operations**



Dr. R. Levi Sundermeyer, MD **Medical Doctor**



Lori Ann Satriano Arfsten Director of Communications & Community Development



Luba Hylen, RDMS **Registered Diagnostic Medical Sonographer**



Madeline Brazell Client Services Associate, **East Metro**



Marissa Meyer, MA, LPCC **Director of Client Services - West Metro Director of Counseling After Abortion**



Marlene Collins, RN Registered Nurse



Michelle Chabot, MA, LPCC **Director of Client Services, East Metro**



Client Services Associate



Rachel Hijar **Director of Client Services,** Downtown



Sandy Fuller Momma Mentoring Coordinator



Sarah Norman, RN, BSN **Registered Nurse**



Sarah Prosise Development & **Communications Manager**



Spenser Sikkema Administrative Manager, A Promising Future



Staci Helseth **Client Services Associate**



Tia Davis-Burns Program Director, **A Promising Future**



Trish Porter Office Manager

WHO YOU HELPED

ABBY'S STORY

I'm telling my story because I feel like this is something that some people go through. The situation that I went through would benefit them because I was doing tons and tons of research. Not everything on the internet is your friend. I was trying to weigh out my options because every second counts.



I am a Christian and it did bother me because I'm human. I waited until the very last minute. I scheduled an appointment (with an abortion provider). I went in and they made me take the first pill in front of them. When you're at (the abortion provider), they tell you specifically not to reach out to companies like Alternatives.

The second I drove away, I tried to throw it up because I was freaking out and it was a huge, huge pill. I think it's 48 hours after that pill that you have to take the other pill. Literally your body goes into shock. You're disposing of a fetus, and you do that at home.

Working with Alternatives was helpful because there was a human on the other line. It was just helpful to speak to somebody. I came in the next morning on a Sunday, because you guys were supposed to be closed on a Sunday. And we did that. I was freaking out because there was actually a heartbeat.

I started taking the progesterone and prayed for the best and continued to do my crazy research and then found a support group and started communicating with them. I was at Alternatives every week just to make sure that the heartbeat was still going.



I had my sister with me. My sister was my support. We got to Alternatives and there was still a heart beating and we looked at each other and we were like, okay let's go. Laura, the nurse at Alternatives, told me if I had any questions just to call her. Anytime I would call Alternatives there was always someone available. It helped that they were actually super responsive and that they were praying with me.

I saved my baby's life and they helped me save my baby's life, which is why I am here today.

So what is your greatest hope for your daughter now?

My greatest hope is that she becomes successful and is smart, strong, independent, and learns everything.

ROSA'S STORY

It was almost time for the birth of my baby. I called Alternatives and spoke with Ofelia who was very kind, to whom I told all that I was going through, and she took great interest in my case and said that she would do the best she could to help me.

She said, "Tell me, tell me what you need for yourself and for your baby." I was embarrassed to tell her that all I had were some diapers and very little clothing for the baby. She made me feel comfortable telling her my needs and she said, "Make a list of what you need." I said I needed winter clothes and diapers and Ofelia asked, "do you have a crib for the baby?" I answered no and she told me she would find one for me.

Someone delivered diapers, new clothes, and baby hats that people had donated to Alternatives, all very lovely. They were delivered because, regrettably, I don't have means of transportation. They included several gift cards to buy groceries which helped me very much because during that time my husband was not working. I went to King Soopers and purchased food for myself and my daughters. It was a tremendous help. Thanks to this organization I received help for my baby. I only had three changes of clothes and one bag of diapers.

It was a light in the midst of darkness to find Ofelia at Alternatives.

When I see my three daughters, I know God is with me and he will not forsake me.

I want to thank all the volunteers and all the donors at Alternatives because they are a tremendous blessing to many people. Thank God for your lives and for all you do. May God be your recompense. Thank you, Alternatives.

Rosa (Translated to English)



LOOKING AHEAD

In 2022, Alternatives will be celebrating 40 years of impacting generations. Imagine with me for a moment that babies who were born to our clients in 1982, now have babies of their own and possibly even grandchildren. That is generational impact! There is so much to celebrate. Yet we know we need to be prepared for the next 40 years—because unplanned pregnancy is not going away. It is a part of our shared humanity.

The strategy and vision for our programming is to listen well and serve with intention. What do our students need to develop into healthy adults? What do women need to feel more supported as they make a brave decision for life? What do men need to engage with their partner in the pregnancy decision and contemplate fatherhood? How do we provide additional wrap around support inside of the scope of Alternatives' mission?

Through collaboration of Board, Staff, Volunteers and Community Partners, steps are being taken to provide solutions and create a deeper level of compassion and care.

Bravely standing for life together,

Linda Pace Saccomano

IMPACTING GENERATIONS LYCATS AND BEYOND

Adding to the robust service offering of Pregnancy Options

MOMMA MENTORING

Momma Mentoring will take us deeper into relationship with our clients. The goal is to empower women as they transition into motherhood.

COMMUNITY NAVIGATORS

Providing tangible support through the crisis cycle in navigating the abundance of community resources available through other agencies.

PRENATAL CARE NETWORK

Early entry into prenatal care is associated with improved pregnancy outcomes. The goal is to build relationships with pro-life OB providers who will accept patients from Alternatives. Together with the patient, we will make the appointment for their first prenatal care visit.

Creating increased opportunities for education and prevention

A Promising Future outreach through relationship-focused methods; providing year-round programming for parents and students where the Biblical Discussion Guide is integrated in more faith-based settings.

Growth in marketing and advertising

Beginning with increased budget dollars spent to expand our messaging channels to reach the decision-making client—including social media, paid ads, audio streaming and outdoor promotions (bus bench and transit shelter ads).

Our vision includes you

With your support, Alternatives will continue to provide access to free health care, counseling and education. We will walk alongside our clients and patients as they move from a place of suffering to one of thriving. Thank you for being a part of this incredible mission!













































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