FEBRUARY 2024

EDITION #180

CREATIVE CARPET & FLOORING'S CREATIVE THINKING

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It "Dawned" On Me... a message from Dawn Giganti Hey there,

I hope this message finds you well. I'm doing "okay," just caught in the midst of life's unpredictable twists. Over the past month, I've stumbled onto something that might hit close to home for you, too. It's like that inner spark of energy has dimmed a bit, and I've found myself wrestling with this unexpected shift.

Lately, there's been this lingering weariness that won't let go, even when I manage to catch a good night's sleep. Everything around me, whether it's the dynamics with family or the daily work grind, feels like it's poking and prodding, keeping me on edge and irritable. I've been shadowboxing with feeling down and sometimes anxious. And to top it off, my once-bright creativity has taken a bit of a hit.

Sleep used to be my escape, but these days, it's become a battleground of restless nights and not being able to stay asleep for long. It's clear that burnout is more than just a buzzword-it's a real struggle, especially when juggling a bunch of responsibilities. And speaking of struggles, can we talk about February? It's supposed to be the shortest month, but it always feels the longest, right? Those grey, cold winter days can really get to you and amplify everything else.

If any of this sounds familiar, know that you're not alone. I've taken the first step in recognizing these signs, and now I'm all about intentional action. Burnout seems to be a message, reminding me to realign with my passions and not neglect self-care. It's not selfish to prioritize our well-being... it's essential.

In moments like these, I find comfort in an ageless piece of wisdom from the Bible...

"Come to me, all you who are weary and burdened, and I will give you rest" (Matthew 11:28, NIV)

It's a timeless invitation, suggesting that finding solace in faith can offer the rest and rejuvenation needed during tough times.

So, here's the challenge for all of us: let's carve out intentional time for activities that bring joy and nourishment to our souls. Whether you're feeling down or not... time is precious, and making space for our spiritual and personal well-being isn't just necessary; it's a commitment to a more balanced and fulfilling life. I will pray for all of you as I pray for myself... because He's ALWAYS got our back ONLY if we ask and trust in Him!

Have a blessed month,



Dawn Giganti, Marketing & Administrative Assistant Creative Carpet & Flooring

Month at a Glance:

2nd <u>Groundhog Day</u> – The one time a sleepy rodent becomes Mother Nature's weather app.

4th <u>Create a Vacuum Day</u> – Create a Vacuum Day might suck the fun out of the air, but we have vacuums at Creative Carpet & Flooring that can suck up a mess with style!

11th <u>Superbowl Sunday</u> – Super Bowl LVIII kicks off at Allegiant Stadium in Las Vegas. Catch it on CBS or Nickelodeon, or stream on Paramount+ at 5:30 p.m. CT. Usher headlines the halftime show!

14th <u>Valentine's Day</u> – When florists turn into botanical wizards and greeting cards become the unsung heroes of awkward expressions of love!

19th <u>President's Day</u> – Explore a lesser-known U.S. president today. Understanding their impact helps grasp the diverse leadership that shaped America.

29th <u>Leap Day</u> – Ah, Leap Year Day 2024... the calendar's surprise party, showing up like that one friend who's always fashionably late!



We promise that you'll love your new floors, or we'll replace them for <u>FREE!</u>*

*Residential only. Within the first 30 days after installation. Does not include the cost of installation or other labor. The style must be of eaual or lesser value.

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February 2024

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DRESS YOUR PET CONTEST WINNER!

ERIN BURNS of ORLAND PARK, IL,

the winner of the FREE Carpet Cleaning Grand Prize valued at \$156 in our 'DRESS YOUR PET' photo contest! Her photo entry received **154 votes**, the most of any entrant, and has been crowned the winner!

We want to send a big thank you to everyone who participated in our contest and helped make it a success!

Celebrate with us next January around National Dress Up Your Pet Day 2025! Stay tuned for details...



Dolly "I'd Rather Be In Florida"

Welcome Back Valued Friends!

Amy Wolcott Beverly & Jack Novosel Bill Wilkens Brian Schroeder Demer Conetzkey Erika Rose Jan Sabey Jaya Rao Jim & Laura Kupiec Jim Einsele Jim Mchale Judy Lakomy

Linda Verrecchia Mark & Angie Robinson Mary Hamann Melissa Mikolajczyk Michael & Diana Newell Monica Sajn Nancy Kohlstedt Robert Burris Sue Kroen Sylvia Tewes Tom Wisch Velicia Spears

How Amazing Is Your Brain - 4 Mind-Blowing Facts

- 1. Our Brain's Fat Content: Did you know that our brain is 60% fat? Yup, it's one of the fattiest parts of our body. Other animals' brains also have a lot of fat. People used to eat brains for their taste and to use all parts of an animal.
- 2.Incredible Blood Vessels: The blood vessels in our brain, if you lined them up, would stretch almost 100,000 miles. That's way longer than the Earth's circumference! These tiny tubes carry important stuff like oxygen. Without oxygen, the brain can't survive for long.
- 3. **Brain Power**: Thinking is kind of like electricity in our brains. Our brain cells make tiny electrical signals, and when you add them all up, our brain can produce about 23 watts of power. That's enough to light up some LED bulbs!
- 4. "Brain Freeze": Ever had a "brain freeze" from eating or drinking something cold? The scientific name for it is "sphenopalatine ganglion neuralgia." It happens when cold stuff chills the vessels in the back of our throat, causing a quick headache. Luckily, it goes away once everything warms up again.

Inventors of the High Five

The high five is a simple yet iconic gesture that has become interchangeable with celebration and fellowship. So, who's the genius behind this palm-slapping phenomenon? Well, it turns out that we owe the invention of the high five to none other than Glenn Burke and Dusty Baker of the Los Angeles Dodgers.

Picture this... it's October 2, 1977, during the last regular-season game. Dusty Baker hits his 30th home run, and as he rounds the bases, Glenn Burke is waiting at home plate. Instead of the usual handshake, Burke spontaneously lifts his hand, and Baker reciprocates with an airborne slap. And just like that, the high five was born! A moment of jubilation etched in sports history.

Who would have thought that a spontaneous gesture could become a worldwide celebration symbol? So, next time you share a high five, remember to thank Burke and Baker for adding a touch of flair to our lives!

(Former Wolf Pack player Glenn Burke, left, gives Dusty Baker the first known high-five while a member of the Dodgers.)



[BusinessInsider.com Screenshot]



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Mary Ellen Schroeder
Maryann Mierzwa
Nora Aurelio

Pat Lauffer
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Paula Jurman
Peja Karimi
Ruth Sinks
Sally Schwandt
Sarah & Mike Oster
Thomas &
Phyllis Dryan

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The 1st Drive-In Movie Theater

Back in the nostalgic days of 1933, the very first drive-in movie theater rolled onto the scene like a cinematic chariot, and it happened in good ol' Camden, New Jersey! folks That's right, before streaming services and cineplexes, people flocked to the Automobile Movie Theatre to catch a flick from the comfort of their own vehicles. It was like a tailgate party mixed with Hollywood glam! So, next time you're at a drive-in, give a nod to the OG in Camden that started it all. Keep those car engines running, and enjoy the show!

Win \$100 off our online store Shop.CreativeCarpetInc.com or a \$50 restaurant gift card to

















This month's Mega Trivia question:

What company created the first-ever digital camera?

- (A) Canon
- (B) Kodak
- (C) Panasonic
- (D) Polaroid

Join the fun at creativecarpetinc.com! Hit the 'MEGA Trivia' tab under 'Specials,' and take your guess on our monthly question between the 1st and the 15th. The drawing will occur on the 16th from all who answered correctly. The winner will be announced in next month's newsletter. Don't forget, entries close on the 15th. Best of luck!

Last month's question:

Which country traditionally celebrates the New Year first?

Answer: (A) Australia

Australia is one of the first countries to welcome the New Year due to its location close to the International Date Line. Australia's claim to being one of the very first countries to embrace the new year is nothing short of awe-inspiring. With its iconic Sydney Harbour as a stage, the city's New Year's Eve celebrations unfold in a symphony of lights, colors, and sheer exuberance. As the clock strikes midnight, the sky ignites with the spectacular fireworks display, painting a vivid picture against the silhouette of the Opera House and Harbour Bridge. It's more than just a time zone advantage; it's a cultural extravaganza that sets the tone for a global wave of festivities. With their vibrant spirit, Australians usher in the new year with an infectious zest, setting a high bar for the world to

Congratulations to last month's winner:

SHERLANDA WILLIS

OF HOBART, IN

Claim your prize by visiting your nearest Creative Carpet & Flooring showroom from February 1 - 29, 2024. Thanks for taking part in our contest! Enjoy vour prize!







Roll Out the Welcome Mat for Our Newest Friends!

Adam Vallone Andrew Geant **Reth Witek** Beth Yacobi Cathie Lobue Cindu Wendt Colleen Gardiner Conor McDonald Corinne Skweres Darlene & Charles Cramer Debbie Dumakowski Denise Waters Diane Muskin Donna Chapman Frank Keilman Gene & Barbara Kalinowski Irene Caruso Isa Gloger Jen Curtis & Mitch Barloga Jesse Washington Jessica Sutter Keith & Amy Jacobs Ken & Sandy Hein Kris Sopel

Linda & John Bruene Mary Vasquez-Ritter Megan Burns Megan Kazmer Mike Copp Nancy Geanopoulos Pam Santos Patti Chavez

Paul Anderson Rhonda Shelton Ruan Ellis Tim & Sharon Koczor Tina Jackson Troy & Gina Golem Victor Griffin





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2315 45th Street Highland IN 46322 219.595.5561



MON 9am _ 6pm TUE 9am _ 6pm WED 10am _ 6pm **THR** 9am _ 6pm FRI 9am _ 6pm SAT 10am _ 4pm SUN

closed

How about a night out at one of your favorite restaurants through Creative Carpet's **Referral Rewards Program**

As you probably know, advertising is very Instead expensive. of paying newspaper or other place to advertise, we'd rather reward you. Every time you refer someone who becomes a client and purchases, we will send you a \$25 restaurant gift card!



Deana Fehrman Dianne Mohan Josh & Kate Johnson Judy & Kenneth Bogdan Julie & Neil Finn

Kristie Miller Nicole & Chris Kalvig Ryan DeYoung Sue Degutis Tamika & Charlie Bailey

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Share your project photo with your review on our website within 30 days of installation and be entered in our monthly drawing to win a \$25 gift card!

www.creativecarpetinc.com/share-your-review Awesome from the day 1 met Dana in the store. The service was great, and she was so patient and helpful in differences the understanding carpet. And the service from the carpenters was pleasant, too. They focused on doing a great job and were in and out. It didn't take up my whole day.

 Arlette Brooks of Merrillville, IN This month's \$25 Target gift card winner!