

ISSUE 11.24

boiMAG.com


boiMAGazine





Call us now!  **1-877-452-6504**

Never watch another commercial during your favorite primetime shows

-  **Add Highspeed Internet as low as \$49.99/mo**
-  **Free Next Day Professional Installation** (where available)
-  **FREE Google Voice Remote**
-  **Enjoy thousands of shows and movies included On-Demand**
-  **Streaming INCLUDED, stream live TV on up to 5 devices**
-  **J.D. Power Award For Customer Satisfaction - 6 Years In A row**

CALL US NOW!
1-877-452-6504



***Courtesy Of PlanetDISH, call for full details.**

Offer for new and qualifying former customers only. Important Terms and Conditions: Requires credit qualification and 2-year commitment. Upfront activation and/or receiver upgrade fees may apply based on credit qualification. Offer ends 07/10/2024. 2-year commitment: Early termination fee of \$20/mo. remaining applies if you cancel early. Included in 2-Year Price Guarantee at \$84.99 advertised price: America's Top 120 programming package, local channels, HD service fees, and Hopper Duo Smart DVR for 1 TV. Included in 2-Year Price Guarantee for additional cost: Programming package upgrades (\$99.99 for AT120+, \$104.99 for AT200, \$114.99 for AT250), monthly fees for upgraded or additional receivers (\$5-\$7 per additional TV, receivers with additional functionality may be \$10-\$15). NOT included in 2-Year Price Guarantee or advertised price (and subject to change): Taxes & surcharges, add-on programming (including premium channels), DISH Protect, and transactional fees. Premium Channels 3 Mos. Free: After 3 mos., you will be billed \$30/mo. for Paramount+ with Showtime, Starz and DISH Movie Pack unless you call or go online to cancel. Remote: The DISH Voice Remote with Google Assistant requires internet-connected Hopper, Joey or Wally device. Customer must press the Voice Remote button to activate the feature. Other: All packages, programming, features, and functionality and all prices and fees not included in price guarantee are subject to change without notice. After 6 mos., if selected, you will be billed \$11.99/mo. for DISH Protect unless you call to cancel. After 2 years, then-current everyday prices for all services apply.

For business customers, additional monthly fees may apply.
Free standard professional installation only.

• ROSCOE VILLAGE •

WINTERFEST

HOLIDAY HAPPY HOUR

Celebrate with Us!

 *oh what fun!*

December 6th • 5-7pm

Le Sud
2301 W. Roscoe St.

\$25 INCLUDES

- *Tasty appetizer bites
- *Holiday Sangria
- *Ugly sweater contest with prize
- *Music of the season
- *A year of free RVN Membership



**HOLIDAY
HAPPY HOUR**



Kick off Winterfest weekend with a festive Holiday Happy Hour in a winter wonderland at Le Sud!

**Wear your ugliest
holiday sweater for
a chance to win a
giftcard!**

REGISTER NOW

RoscoeVillage.org/holiday

PRESENTED BY



Sponsored by

COMPASS



SCAN ME



ChicagoArtsCenter.org
THE MISSION. OUR GOAL

The Chicago Arts Center is a nonprofit 501c3 organization dedicated to preserving, celebrating, and enhancing the rich diversity of dance across cultures in Chicago.

Our mission is to unite people through the transformative joy of movement, fostering connections that inspire understanding, respect, and a shared love for the diverse cultural heritage that defines our city.

We harness the power of photography, and videography to authentically capture and promote the artistry and stories behind various dance forms.

Through engaging workshops, community festivals, and collaborative events, we create a vibrant environment that encourages participation, and appreciation from individuals of all backgrounds. Together, we dance not just to perform but to connect, celebrate, and empower our communities.

PHILANTHROPY

Donations: By MAIL: 3024 N Ashland Ave, #7060, Chicago, IL 60613, or ONLINE: ChicagoArtsCenter.org

=boiMAGazine

3024 N. Ashland #7063
Chicago, IL 60657
773.975.0264

Website: boiMAG.com
Advertising: boiAds@aol.com

EDITORIAL

Publisher: BOI Magazine, Inc.
Editor: Nate Daniels
Feature Editor: Mike at Night
Media: Sylvia Stewart
Graphic Design: Titanium Graphics
Layout Specialist: Jerry Ellison
Social Media: MediaServicesManagement.us
AI Staff Assistant: boiBOT

COVER

STRUT: World AIDS Day Fashion Show
Photo Credit, Original Design: Langstan Smith
Graphic Designer: Mike at Night

EDITORIAL, ARTICLES & JOURNALSITS

Feature Articles: Nate Daniels - Nate@boiMAG.com
Features & Interviews: Mike at Night - Mike@boiMAG.com
Concert Reviews: Jorge Suarez - InConcert@boiMAG.com
Health & Wellness: Charla Waxman - Charla@boiMAG.com
Uncensored: Rachael Cain - Uncensored@boiMAG.com
Travel Pride Journey: Joey Amato - Travel@boiMAG.com
Ask Char: Charla Waxman - AskChar@boiMAG.com
Photo & Creative Content: J. Cruz - JC@boiMAG.com
Tech Trends: Jack Santos - Jack@boiMAG.com

TO ADVERTISE Call: **773.975.0264**
Email: boiAds@aol.com

NATIONAL REP Rivendell Media
Contact: Todd Evans **908.232.2021**
Todd@RivendellMedia.com

DISTRIBUTION

Chicago & Suburbs: DSE (Delivery Service Enterprises)
World Wide iDistribution: boiBLAST & Heyzine Media Network

VIEW boiMAGazine ONLINE at: www.boiMAG.com
[Facebook/boiMAGazine](https://www.facebook.com/boiMAGazine) | [Instagram/boi_magazine](https://www.instagram.com/boi_magazine)

BOI Magazine, Inc. © 2000–2024. All rights reserved

IPHONE SCREEN REPAIRS
PLEASE CALL FOR ESTIMATE

IPAD REPAIRS
PLEASE CALL FOR ESTIMATE

ZB ELECTRONICS
2450 N CICERO AV. CHICAGO IL. 60639
773-309-8124 • ZBElectronics.com



EL JARDIN

RESTAURNAT



CALL TO BOOK YOUR HOLIDAY PARTY NOW!

DINE IN, CARRY OUT, PICKUP
GET A MARGARITA TO-GO
OR ENJOY ONE AT THE BAR

3335 N CLARK ST 773-528-6775

eljardinchicago.com





GOODE PLUMBING

WE TAKE PRIDE IN

SERVING EVERY CLIENT



Call for a free quote today!

773-453-6020



by: Mike at Night

THE LANDSCAPE OF AMERICAN TELEVISION

Reality TV Programming and Non-Stop Re-Runs

Enough To Make You Puke!

It's true, the American television landscape has shifted dramatically in recent years. Gone are the days of must-see TV where families gathered around the flickering screen to share the experience of captivating dramas, iconic sitcoms, and ground-breaking miniseries. Today, the dial (or streaming queue) is often dominated by reality shows, talk shows, reruns, and programs steeped in negativity.

But to simply label this a decline would be painting with too broad a brush. Rather, it's a story of transformation, driven by evolving audience preferences, technological advancements, and the changing media landscape.

Here's a closer look at some of the factors shaping the current TV scene:

The On-Demand Revolution:

Traditional primetime schedules are losing their grip as viewers embrace the freedom and flexibility of streaming services. With vast libraries of content at their fingertips, audiences are no longer constrained by rigid air times or limited channel choices. This has led to a decline in live viewership for traditional networks, impacting their advertising revenue and influencing content creation.

Scripted and Unscripted Reality:

Reality TV's enduring popularity lies in its voyeuristic appeal and the promise of unscripted drama. These shows are often cheaper to produce than scripted dramas, and their built-in fan-base ensures consistent viewership. While some may lament the lack of originality, reality TV continues to evolve, with sub-genres like competition shows and docuseries

Cheap, Easy, and Familiar:

Nostalgia plays a powerful role in TV consumption. Reruns of classic sitcoms and dramas offer comfort and familiarity, acting as a balm in a fast-paced world. Streaming services have capitalized on this, acquiring and showcasing beloved shows from previous decades. While reruns may not be ground-breaking television, and basically free content to air, they certainly don't offer anything new the viewing audience.

The Monetization Maze:

Money is the name-game! The rise of paid programming and product placements has undoubtedly infiltrated the TV landscape. While some find this intrusive, it's important to recognize the financial pressures networks face in the competitive streaming era. Paid programs can be a valuable source of revenue, and product placements, when done subtly, can be a natural extension of the narrative.

The Dark Side of the Dial:

The prevalence of crime shows and dramas centered on death and violence is undeniable. While these programs can be captivating, their constant presence raises concerns about

their impact on viewers, particularly young audiences. It's crucial for networks to balance these darker themes with responsible storytelling and diverse content offerings.

So, is American television in decline? Not necessarily. It's simply going through a dynamic transformation, shaped by audience preferences, technology, and economic realities. While some of the trends may not resonate with everyone, it's important to remember that diversity is key. There's still a wealth of quality programming available, from thought-provoking documentaries to innovative streaming series. The challenge lies in navigating the vast and ever-changing landscape to find content that resonates with individual interests and preferences.

Ultimately, the future of American television remains unwritten, as technology and audience tastes continue to evolve.

UNTIL YOU PUKE!

IMPORTANT FACTS FOR BIKTARVY®

This is only a brief summary of important information about BIKTARVY® and does not replace talking to your healthcare provider about your condition and your treatment.

(bik-TAR-vee)

MOST IMPORTANT INFORMATION ABOUT BIKTARVY

BIKTARVY may cause serious side effects, including:

- ▶ **Worsening of hepatitis B (HBV) infection.** Your healthcare provider will test you for HBV. If you have both HIV-1 and HBV, your HBV may suddenly get worse if you stop taking BIKTARVY. Do not stop taking BIKTARVY without first talking to your healthcare provider, as they will need to check your health regularly for several months, and may give you HBV medicine.

ABOUT BIKTARVY

BIKTARVY is a complete, 1-pill, once-a-day prescription medicine used to treat HIV-1 in adults and children who weigh at least 55 pounds. It can either be used in people who have never taken HIV-1 medicines before, or people who are replacing their current HIV-1 medicines and whose healthcare provider determines they meet certain requirements.

BIKTARVY does not cure HIV-1 or AIDS. HIV-1 is the virus that causes AIDS.

Do NOT take BIKTARVY if you also take a medicine that contains:

- ▶ dofetilide
- ▶ rifampin
- ▶ any other medicines to treat HIV-1

BEFORE TAKING BIKTARVY

Tell your healthcare provider if you:

- ▶ Have or have had any kidney or liver problems, including hepatitis infection.
- ▶ Have any other health problems.
- ▶ Are pregnant or plan to become pregnant. Tell your healthcare provider if you become pregnant while taking BIKTARVY.
- ▶ Are breastfeeding (nursing) or plan to breastfeed. Talk to your healthcare provider about the risks of breastfeeding during treatment with BIKTARVY.

Tell your healthcare provider about all the medicines you take:

- ▶ Keep a list that includes all prescription and over-the-counter medicines, antacids, laxatives, vitamins, and herbal supplements, and show it to your healthcare provider and pharmacist.
- ▶ BIKTARVY and other medicines may affect each other. Ask your healthcare provider and pharmacist about medicines that interact with BIKTARVY, and ask if it is safe to take BIKTARVY with all your other medicines.

POSSIBLE SIDE EFFECTS OF BIKTARVY

BIKTARVY may cause serious side effects, including:

- ▶ Those in the “Most Important Information About BIKTARVY” section.
- ▶ **Changes in your immune system.** Your immune system may get stronger and begin to fight infections that may have been hidden in your body. Tell your healthcare provider if you have any new symptoms after you start taking BIKTARVY.
- ▶ **Kidney problems, including kidney failure.** Your healthcare provider should do blood and urine tests to check your kidneys. If you develop new or worse kidney problems, they may tell you to stop taking BIKTARVY.
- ▶ **Too much lactic acid in your blood (lactic acidosis),** which is a serious but rare medical emergency that can lead to death. Tell your healthcare provider right away if you get these symptoms: weakness or being more tired than usual, unusual muscle pain, being short of breath or fast breathing, stomach pain with nausea and vomiting, cold or blue hands and feet, feel dizzy or lightheaded, or a fast or abnormal heartbeat.
- ▶ **Severe liver problems,** which in rare cases can lead to death. Tell your healthcare provider right away if you get these symptoms: skin or the white part of your eyes turns yellow, dark “tea-colored” urine, light-colored stools, loss of appetite for several days or longer, nausea, or stomach-area pain.
- ▶ **The most common side effects of BIKTARVY** in clinical studies were diarrhea (6%), nausea (6%), and headache (5%).

These are not all the possible side effects of BIKTARVY. Tell your healthcare provider right away if you have any new symptoms while taking BIKTARVY.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.FDA.gov/medwatch or call 1-800-FDA-1088.

Your healthcare provider will need to do tests to monitor your health before and during treatment with BIKTARVY.

HOW TO TAKE BIKTARVY

Take BIKTARVY 1 time each day with or without food.

GET MORE INFORMATION

- ▶ This is only a brief summary of important information about BIKTARVY. Talk to your healthcare provider or pharmacist to learn more.
- ▶ Go to BIKTARVY.com or call 1-800-GILEAD-5.
- ▶ If you need help paying for your medicine, visit BIKTARVY.com for program information.





BIKTARVY[®]

bictegravir 50mg/emtricitabine 200mg/
tenofovir alafenamide 25mg tablets

**#1 PRESCRIBED
HIV TREATMENT***

*Source: IQVIA NPA Weekly, 04/19/2019 through 05/19/2023.

ELIAS

SWITCHED TO BIKTARVY[®]



If you're eligible,
**You may be able
to pay as little as
\$0 for your co-pay.[†]**

[†]For commercially insured eligible patients only. Restrictions apply. Subject to change. See terms and conditions at [GileadAdvancingAccess.com](https://www.gilead.com/advancing-access).

Scan or visit [BIKTARVY.com](https://www.BIKTARVY.com)
to learn more.



People featured
are compensated
by Gilead.

No matter where life takes you,

KEEP BEING YOU.

Because HIV doesn't change who you are.

BIKTARVY is a complete, 1-pill, once-a-day prescription medicine used to treat HIV-1 in certain adults. **BIKTARVY does not cure HIV-1 or AIDS.**

Ask your healthcare provider if BIKTARVY is right for you.

*This information is an estimate derived from the use of information under license from the following IQVIA information service: IQVIA NPA Weekly, for the period week ending 04/19/2019 through week ending 05/19/2023. IQVIA expressly reserves all rights, including rights of copying, distribution, and republication.

Please see Important Facts about BIKTARVY, including important warnings, on the previous page and at [BIKTARVY.com](https://www.BIKTARVY.com).



creative

CONTENT COMING SOON

Featuring high-quality editorial content on brand innovations, that feed the interests of our readers, and followers, that are *In the Know, and On the Go!*

=boiMAGazine

A Time Out- Destress - Healing- Reboot

Welcome To All

REIKI

ENERGY
HEALING

COUPLES
SESSION

Lakeview Healing Oasis .com



IN CONCERT

FREE FALLIN' - TOM PETTY'S TRIBUTE BAND

In mid-October, I drove to St. Charles to catch Free Fallin: The Tom Petty Concert Experience. The 20th of October marks Tom Petty's birthday.

By the age of 10, Tom Petty had picked up his first guitar and by twelve, he was playing and touring with his band the Epics which later changed to Mudcrutch. It wouldn't be until 1975 that he changed the name to Tom Petty & The Heartbreakers.



His first self-titled album was released in 1976 and included "Breakdown", which did better in Britain than in the U.S. It wasn't until 1979 with the release of "Damn The Torpedoes" that Tom Petty's music took off.

Sadly, Tom Petty passed away in 2017 due to health issues.

This night at the Arcada, Free Fallin' lead singer Wade Kirby and the band, performed with the same energy and integrity that one would have come to expect from the original band.

Free Fallin' did not disappoint. All the favorites were performed including, "American Girl", "Don't Do Me Like That", "Refugee", "Don't Come Around Here No More", "Learning to Fly", "I Won't Back Down", "Free Fallin'", and others.

Hats off to these guys for bringing back memories on Tom Petty's birthday weekend. Tom Petty would have been 74 years old. A salute to a brilliant songwriter and musician. Kudos to the band whose members include: Mark Larsen on drums, Karl Swartz on guitar, Ted Byrne on guitar, keyboards & vocals, Dale Peterson on keyboards, Russ Lund on bass, and Wade Kirby lead vocals.

A quote taken from their website reads: This concert brings the essence of Tom Petty and his extraordinary songs to life. Embrace the moment and encounter the raw energy of an authentic Tom Petty concert, as it was meant to be.

BY FAUSTO FERNOS
AND MARC FELION

FEAST OF FUN FOR THE HOLIDAY SEASON



For those looking to add an extra dose of sparkle to your Holidays

Thanksgiving was established as a national holiday by President Abraham Lincoln in 1863 during the Civil War, with the primary goal of unifying a deeply divided nation through a shared day of reflection and gratitude, effectively making it a way to bring the country together after the conflict.

It was a good sentiment back then, that carried on, and still remains relevant today, especially through the Nov. and Dec. holiday season, including NYeve.



Consider inviting folks who are not part of your immediate family to celebrate in the food and fun, as a way of building new community relations during the holidays. Go the extra mile and make sure the people you invite feel welcome, and well attended to, as part your extended family.



HERE'S OUR RECIPE FOR A FIERCE AND FABULOUS HOLIDAY TURKEY DINNER:

CUT YOUR TURKEY IN HALF:

Because it's a large bird, splitting the turkey's white and dark meat before cooking can help you achieve the perfect textures for both. Here's how you can do it:

STEP 1: Spatchcock or Split the Turkey •
Spatchcocking: Flatten the turkey by removing the backbone, allowing it to cook more evenly, or...

Splitting: Fully separate the white and dark meat, which gives you the flexibility to cook each part differently and ensure optimal textures.

STEP 2: Season and Brine for Flavor and Moisture
Brine the Turkey (Optional but recommended):

Dry Brine: Rub a mix of salt, Adobo garlic salt, and poultry seasoning over the meat. Let it rest uncovered in the fridge for 24-48 hours to deeply season and retain moisture.

Wet Brine: Create a brine with salt, water, lemon slices, and a splash of annatto seed oil for color and flavor. Submerge the turkey pieces for 12-24 hours.

Season with Key Ingredients:

Lemons: Zest a lemon and use the juice for flavoring the brine or drizzle over the turkey before roasting.

Butter: Mix softened butter with chopped fresh sage, lemon zest, poultry seasoning, and Adobo garlic salt. Rub this under the skin of both the white and dark meat to keep it moist and flavorful.

Annatto Seed Oil: Brush the turkey with annatto oil before roasting for a beautiful golden color and mild, earthy flavor. (Take a packet of annatto seeds and put in a cup of neutral oil in the microwave for a few minutes until the oil turns into a deep red color. Strain the seeds out.)

Fresh Sage: Stick pieces of fresh sage under the skin to make it look pretty as the skin pulls back it crisps up and look and tastes fabulous.

STEP 3: Use Different Cooking Methods Dark Meat (Legs and Thighs):

Slow Roast or Braise: Dark meat benefits from low, slow cooking, which breaks down connective tissue, making it tender and juicy. For roasting, cook at a lower temperature (300°F/150°C) until the meat is tender and starts to fall off the bone.

Alternatively, braise in broth with lemon slices, fresh sage, and butter for a melt-in-your-mouth texture.

Finish with High Heat: For crispy skin, raise the temperature to 425°F/220°C for the last 15-20 minutes of cooking. White Meat (Breasts):

Quick Roast at Higher Heat: Cook the breast at 350-375°F (175-190°C) for faster cooking, which helps prevent drying out.

Butter Under the Skin: Spread the prepared butter mixture under the skin. The butter, combined with sage, poultry seasoning, and lemon, will infuse the meat with flavor and keep it moist.

Monitor Temperature Closely: Use a meat thermometer to check the internal temperature. Cook until it reaches 160°F (71°C), then rest (it will rise to 165°F/74°C).

STEP 4: Use a Meat Thermometer Cook until the internal temperature reaches:

165°F (74°C) for dark meat: It's fine to exceed this a bit, as it will make the meat more tender.

160°F (71°C) for white meat: Pull it off a little earlier to avoid overcooking, and let it rest to reach 165°F.

STEP 5: Rest Before Carving Let both the white and dark meat rest for at least 15-20 minutes after cooking. This allows the juices to redistribute, keeping the meat moist.

By incorporating lemons, butter, poultry seasoning, fresh sage, Adobo garlic salt, and annatto seed oil, you'll bring out a blend of bright, savory flavors that enhance both the white and dark meat, ensuring the dark meat is tender and the breast stays juicy and moist.

Touche
6414 N CLARK ST.
TOUCHECHICAGO.COM

BEEFIN' UP YOUR THANKSGIVING

CLUB ROOM OPEN NIGHTLY AT 10PM • NO COVER • NO DRESS CODE



WEDS 11.27
**JOCKSTRAP
NIGHT**

FORGET STUFFING A TURKEY,
STUFF ONE OF THESE! GREAT JOCK RAFFLE!



THURS 11.28 OPEN AT 8PM
**BRANDY OR
BROMO PARTY**

CAP YOUR FEASTING WITH A GREAT BRANDY,
SCOTCH OR WHISKEY (BROMO IF YOU NEED IT)



FRI 11.29
**SPANKSGIVING
FETISH PARTY**

SPANKING STATION AVAILABLE
DRAWINGS FOR PADDLES



SAT 11.30
**GLORY'D HOLE
PARTY**

CRUISING ROUND THE HOLES FROM THE
INFAMOUS BIJOU THEATER!



SAT 12.7
NIGHT OF 1000 SANTAS

TOYS FOR TOTS BENEFIT

BRING AN UNWRAPPED TOY & PUT IT UNDER
OUR TREE FOR A CHANCE TO WIN PRIZES!



Hosting Tip: “Set the Mood Early”

Create a warm, inviting atmosphere by preparing in advance. Think of the little details: a welcoming scent (like oranges, cinnamon and cloves simmering on the stove), soft lighting, and a curated playlist. When your guests walk in, they'll feel the thought and care you put into the occasion, and it sets the tone for a relaxed, enjoyable gathering.

Mindfulness Tip: “Start with One Thankful Thought”

This season, take a moment each day to reflect on one thing you're grateful for. It doesn't have to be grand—sometimes the smallest, simplest things are the most meaningful. By focusing on gratitude daily, you'll find it easier to stay present and appreciate the moments of togetherness during the holiday.

Remember, there is no wrong way to celebrate, and sometimes it's ok to just do nothing, take a nap and rest. Take the pressure off and have a wonderful holiday season.

The Feast of Fun podcast is a long-running talk show and comedy podcast hosted by Fausto Fernós and Marc Felion. It covers a wide range of topics, including pop culture, LGBTQ+ issues, art, entertainment, and social commentary.

Hosted by real-life married couple, Marc Felion and Fausto Fernós, the show often features interviews with artists, comedians, musicians, activists, and other notable figures within the LGBTQ+ community.

The podcast is known for its humor, candid discussions, and celebration of queer culture. It also explores topics like queer history, trends in entertainment, and current events, often from a playful and irreverent perspective.

Feast of Fun holds a notable place in podcast history as one of the first podcasts to gain a large, dedicated audience. It began in February 2005, during the early days of podcasting when the medium was still relatively new and niche.

At a time when few mainstream media outlets were giving significant attention to LGBTQ+ issues, Feast of Fun provided a mainstream platform for queer voices, offering a mix of humor, culture, and candid conversations.

Its historical significance lies in how it helped pioneer a space for LGBTQ+ representation in digital media. The podcast became a place where listeners could hear stories, experiences, and discussions that weren't widely available elsewhere.

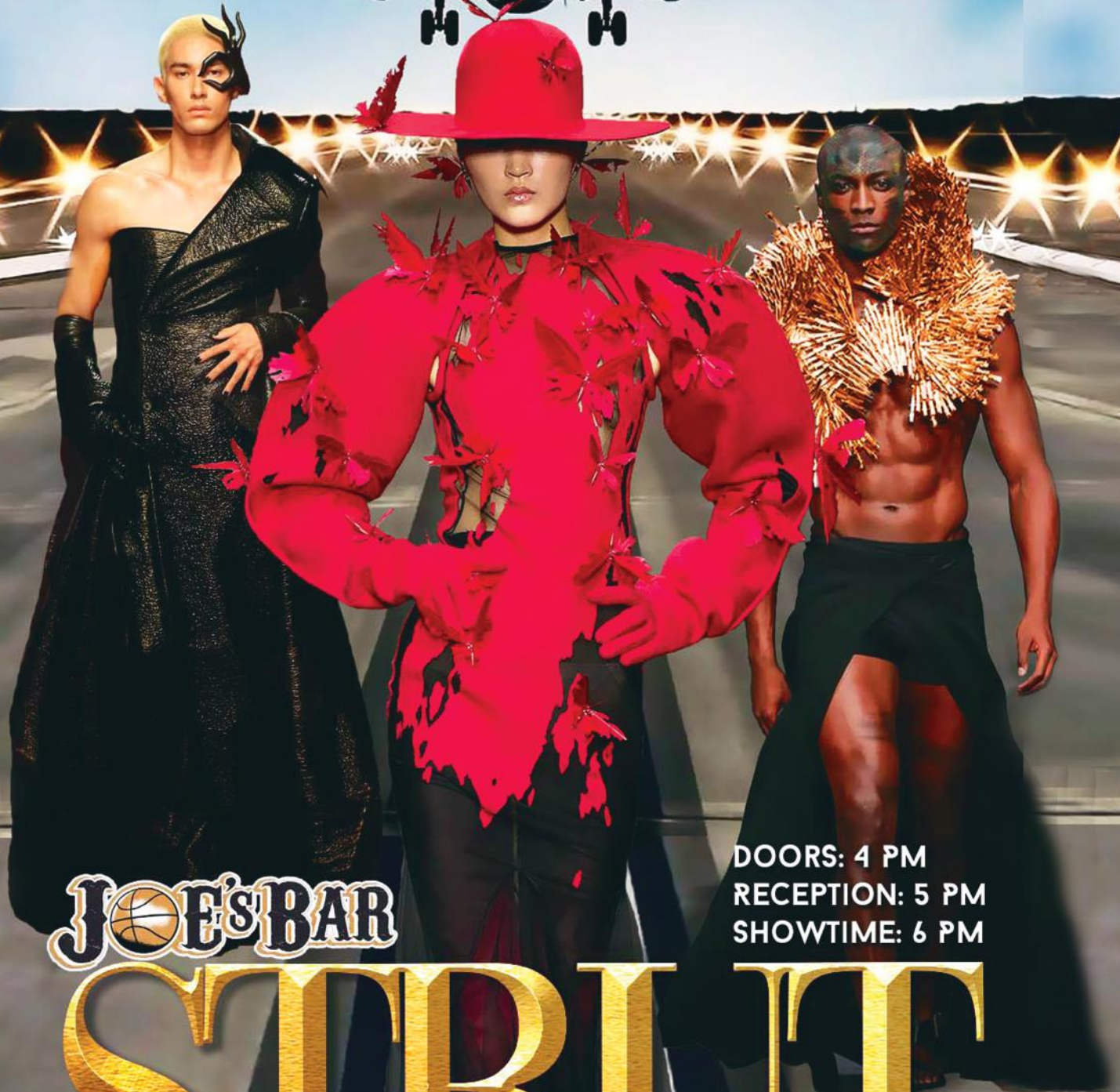
It also paved the way for many other LGBTQ+ podcasts, helping to establish podcasting as a viable and inclusive platform for diverse voices. Over the years, the show has documented the evolution of queer culture, including the rise of drag in mainstream entertainment, marriage equality, and shifts in societal attitudes toward the LGBTQ+ community.

As one of the early creators of podcasting, Marc Felion and Fausto Fernós demonstrated how the format could be used to build community, share stories, and create meaningful connections with audiences, making it a trailblazer both within and beyond LGBTQ+ media.

MADMAN PRODUCTIONS PRESENTS

THE WORLD **AIDS** DAY FASHION SHOW
CELEBRATING ITS 15TH ANNIVERSARY!!!

SUNDAY, DECEMBER 1, 2024



JOE'S BAR

DOORS: 4 PM
RECEPTION: 5 PM
SHOWTIME: 6 PM

STRUT

AN OFFICIAL WORLD **AIDS** DAY EVENT
JOE'S BAR 940 W. WEED STREET | CHICAGO, IL. 60642

HEALTH & WELLNESS

DOMESTIC VIOLENCE AND MENTAL HEALTH



by: Dr. Charla Waxman *BS, MBA, EdD*
Director of Business Development at Lake Behavioral Hospital

Domestic violence is multi-dimensional. It has many levels and there are many ways that it can occur. The cycle can be endless and, just like addiction, can be multi-generational both from a victim and perpetrator perspective.

In definition, domestic violence is abusive behavior among family members, within dating relationships, or in intimate partner or non-partner relationships. Domestic violence crosses all races and genders.

The perpetrating behaviors of domestic violence are not just oriented to physical endangerment. This includes modes of manipulations and threats of economic abuses, along with psychological torture like hurting pets, friends, children and family members. Also included are things like isolation, sexual coercion, emotional intimidation, and humiliation. Instilling emotions of fear and guilt and blaming behaviors are endless. Victims live in a world of worry and anxiety and wait for the next injury to occur and wounds to be opened. Domestic violence is usually chronic in nature and so is its impact.

Witnesses of domestic violence are victims of the cycle of pain as well. Children learn that violence is a normal way of life and that abuses of power and control have benefits to the perpetrator. Post trauma responses occur for those who cannot stop the abuses and who try to counsel the victim without success. Communities where domestic violence tragedies occur are scarred forever as schoolmates and workmates deal with loss and rage. Without question, exposure on any level leads to negative outcomes.

Understanding victims of domestic violence means understanding that societally we promote violence through movies and media at all levels and sexualize it as well. We need to look at the victims through a different lens and solidly understand that violence against them is not the result of their behavior. It is not something someone "asked for" because of their dress, being under the influence of drugs or alcohol, or because they are mentally ill.

Victims are impacted in all aspects of their lives. In addition to an abuser's investment in isolation of the victim, response to abuse often leads to reduction in friends and helping connections, work problems, and self-esteem and life contentment. Stress and anxiety become a way of life. Hopelessness, helplessness and worthlessness are pervasive. Victims may become accepting of the abuse as their responsibility and see no way as out as they are convinced that they are unable to change or do any better. Victims are often "stuck in hope" believing that if they act better, their abusive partner would be better.

Perpetrators of abuse may have a history of their own abuse that has caused a cycle of learned

behavior to continue. This can include witnessing parental or partner abuse or other levels of exposure to violence. The violence that is a part of their relationship drives them. They have an identified victim and are open to using their power and control to manipulate and achieve their goals and interests. In essence, "it works" for them. Once the violent act is completed, many abusers will go to great lengths to apologize, ask for forgiveness and make excuses; blaming the victim for what occurred. They take no responsibility for the contrived acts of violence.

Escalation in most abusive relationships, left unchecked by the victim leaving or successful community mental health and shelter support, will occur. There is no question about this.

Even the victim is aware that things are getting more dangerous and that he/she is more alone. This does not usually cause the victim to leave and family and friends may have difficulty understanding why their loved one seems to choose not to leave when their life is in the balance.

YORK

CLEAN. SAFE. SPACIOUS.

GET RESULTS -
SCHEDULE YOUR TOUR TODAY!



FFC EAST LAKEVIEW
3657 N. PINE GROVE
(773) 477-3664

FFC.COM/EASTLAKEVIEW

CULTURE AT A GLANCE



by: DONATELLA ROEPERT

As the crisp embrace of fall settles over the Chicago area, there's an undeniable allure to cozying up in your home, surrounded by the warm glow of candlelight. This November, let the flicker of those flames guide you to Edgewater Candles, a haven



for handmade scents crafted by the talented duo of Stephen Pearlman and Mark Towns. Since their inception in 2016, this married couple has been capturing the essence of the season with their thoughtfully curated collection, which includes delightful fragrances like Fraser Fir, Gingerbread, Cranberry Juniper, and Fig & Chestnut (pictured above).

Priced at \$28 for a mason jar candle, \$24 for an apothecary jar, and \$18 for

a travel tin, these candles are not just products; they are an invitation to embrace the spirit of autumn. Four out of four lashes for this local gem!

And for the ultimate dose of nostalgia, Harry Potter and The Cursed Child is finally making its way to Chicago! With over 10 million tickets sold worldwide and more than 60 prestigious awards to its name, this enchanting production offers a perfect escape into the magical world we all know and love.

If you're looking for a reprieve from the sugary holiday cheer, don't miss the supernatural holiday film *Terrifier 3* by Damien Leone. Picking up where *Art the Clown* left off, this film elicits feelings of disgust and unease, yet leaves you feeling oddly refreshed. A modern classic for the holiday season. Four out of four lashes!

And if you ever get too burned out, just go to Burger King! Keep it simple. Live in love and be try your hardest to stay grateful this holiday season. -D.R



Four Lashes = Highest Rating



Chicago Humanities Fall Festival

2024
September –
December

Spotlight of the month

Heralded as one of Chicago's premier cultural events, the Humanities Festival promises an impressive lineup of speakers, including luminaries such as Christian Siriano, R.L. Stine, Tegan and Sara, and Patti Smith, among many others. This year's festival will delve into a diverse array of topics, from the trials of junior high and the pangs of first crushes to a reflection on "Hoop Dreams" at 30.



Each conversation is designed to engage and inspire, keeping both your mind and heart wide open. For more information, visit Chicago Humanities Festival at: <https://www.chicagohumanities.org>

COMMENTARY UNCENSORED



by: Screamin' Rachael
Recording Artist, Entrepreneur, Publisher, Music Mogul, House Music Icon, sometimes Controversial, with a dash of Opinionism for good measure.

The opinions offered in this column are "uncensored" and are intended for "open dialog" and "entertainment purposes" only. Use of this column not intended to replace or be a substitute for any professional, financial, legal, advice or any other professional service. The opinions or views expressed in this column are those of the columnist, and not necessarily those of anyone else.

Well sometimes old proverbs seem true. Attending Amsterdams ADE Dance Music Event spoke volumes to me. When I'm home it's difficult for me to feel the love that people have for TRAX, myself, our artists and in fact artists from other Chicago labels who also attended.

My question to all my readers is "Why is the grass always greener on the other side"? Let's work on showing Chicago artists and music of all types MORE LOVE! There is so much great talent here. Why cant we show each other the respect and the love that the rest of the world has for us?

I hope that every musician from here gets a chance to experience the uplifting respect, appreciation and kindness I experienced there. It always amazes me when people around the world recognize me and appreciate my music. That never gets old!

Let me start off by spreading a little love to fellow Chicagoans who were there. I know that there were many of us, especially to two of the people that I met in the hotel elevator, "The Clayton Hotel in Amsterdam". I rarely see these two powerhouses but boiMAG readers, you need to check them out!

Georgie Porgie is the stage name used by the American Chicago house music producer and musician, George N. Andros, first had an entry on the US Billboard Hot Dance Club Play chart in 1994, and reached #1 for the first time in 2002 with "Love's



Gonna Save the Day," a song that was written in response to the 9/11 terrorist attacks. In 2003, his song "I Love I Love" also hit #1 on the US dance chart, a third dance #1 came in 2005 with "Sunshine." In the UK Singles Chart he has had three entries with "Everybody Must Party" (1995), "Take Me Higher" (1996), and "Life Goes On" (2000).

We meet each other here and there, and I love his positive music and vibe. So I want Georgie to know that I appreciate him and the good name that he spreads to the world about our home in Chicago! Every year he

does a party at The Bulldog, a real Amsterdam hotspot with his team! What a place! All types of weed, edibles, etc. downstairs and upstairs drink all you want, and check out the DJ's and performers.

Then There is Chicago's beloved **DJ Val**. She a female DJ who has been on the scene for many years. People these days bandy around the names of new and shiny woman, but then there's the real thing!!

DJ Val, is Chicago's longest running female DJ. This warm, incredible and kind

TOY *with* ME

*A live show about
the spicier side of sex!*

**Join us In-Person
or Streaming
Every 3rd Sunday**

**3501 W 26th St.
Doors 5:30PM-6:30PM
Show 7:00PM-8:00PM**

**View past streams, Check Upcoming
streams and RSPV for shows at:**

projectvida.org/toywithme

Stream Live from our Facebook or Youtube @projectvidainc
onxmidwest.com | projectvida.org



**Audience
Interactive
Demos**



iHeart

HouseRadio.com

Chicago



www.iHeartHouseRadio.com

>> **UNCENSORED** *Continued*

DJ has sustained and flourished in the music industry with all of her life's battles. She started spinning records in 1973 for friends at an after-school latchkey kids program. From there, Val went on to spin at some of the trendiest clubs in Chicago and around the World. Through her successful DJ career, as she continuously lifted her crowds week in and week out, she battled and beat graves disease, bladder cancer and thyroid cancer. This is the true meaning of a superstar DJ. To quote my dear friend "Life is short, have fun, surround yourself with positive people, and do what you love".

I really got a chance to do what I love at ADE! That was to finally meet many of the producers who worked on my new album DISCO 3000, in person! And most of all to perform live! What a thrill it was! We met outside of Amsterdam's popular Rush Records store! There were many who are part of the international Trax team! DBeat, from Italy, Cartoon from Japan, Jacques and Gregory from France, Zewmob from Nashville, Francesco Effe, Norabee, Rio Tsutsui, Ksy, and so many more.

I was greeted as a Queen, and shown so much love and deep respect that I broke down with happy tears! It's been one hell of a year for me! My new album has been received with great reviews, radio play and accolades from around the world, yet I also had a debilitating accident. Let me tell you, God granted me some super powers in Amsterdam, and I was able to put on one of the most rewarding shows of my life! Send me some prayers but don't worry I'm going to be ok. To quote Charles Dickens from *A Tale Of Two Cities*, "It was the best of times, it was the worst of times," but the very best is yet to come.



We all missed Late Night Mike, DJ Thad X and Jorge this year at ADE, but this coming year 2025 Trax Records will celebrate its 40th Anniversary. I'll be traveling and performing, Jorge and DJ Chip Chop are working on the 40th Anniversary Album. It will be Stellar! I wish Mike Macharello had been at the show to see the great reaction to the song from my album, that we created called BITCH.

I can't forget ADE's Golf Tournament, where Jacques and Gregory performed. Who knew that golf and house music worked so well together? There was a different DJ at every hole, and also a different chef!

Here we are with the test pressing of our new official 40th Anniversary vinyl "RISING AGAIN", no release date has been set yet. and wait till you see the actual sleeve presentation. All proceeds will go to charity thanks to the generous spirit of all the producers and talent.

One of our most memorable shows we performed was at Amsterdam, ADE's most popular LGBTQ+ Bar, BLEND XL. WOW, what a cool place! Many of ADE's most popular acts including Crystal Waters, performed there. That was the party where the Trax team, and Japan's Senior Records came together on the last night of the conference!

I could write thousands of words about that evening and all the great performances, but I will leave you with this thought, "Miracles happen. Be ready when it's your turn"

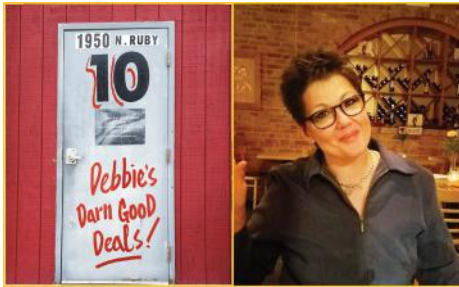
With love to all, Screamin' Rachael

Rachael Cain

Out "n' About Chicago

by Jorge Suarez

Earlier in September, I strolled into Debbie's Darn Good Deals, just off North Avenue in Melrose Park. As I recall, there's over 11,000 square feet of bar and beer memorabilia, furniture, and antiques.



To add to the long list of what you'll find at Debbie's, are darn good deals on vintage items like lighting, mirrors,

In the near future, Debbie's goal is to be conducting live auctions on the premises, at least once a month, and plan to be taking in consignments as well.

At the present they have managed to fill their location with a little, or a lot of everything. It would be interesting to visit a live

I'll include link. There's so much to say about the contents in this establishment that words alone can't express.

Since they have no idea what will be coming in next, their inventory changes quite frequently. *"Here today, and gone today,"* is their motto!!!



displays, office furniture, plus other things like pet supplies, art and decor, household, automotive items, baby, kid furniture and toys, sports memorabilia, restaurant wares and equipment, women & men's accessories, like sun glasses, ladies purses, umbrellas, and so much more.



auction, and get an idea on the going rate of vintage items. I can just imagine the value, not to mention the insurance of running this type of business.

I'm borrowing some of this material from Debbie's website, which



If you're a nightclub or business that want to go vintage or retro, this is the place to visit. Throwing an oldies party or event, you can find plenty of ideas there.

For more info. visit their website: <https://debbiesdarngooddeal.com>



PLAY
HOUSE
RECORDS®

NEW RELEASE BY HOUSE RHYTHM
UNDERGROUND SOUND

EXCLUSIVELY AVAILABLE ON

 **bandcamp**

LET THE PROS HANDLE IT!™

LeafFilter®
GUTTER
PROTECTION



Say "NO" to Cleaning
Out Your Gutters.



Protect Your Home
With LeafFilter.

20% OFF

+

10% OFF

Your Entire Purchase*

Seniors + Military

++ We offer financing that fits your budget!¹

Promo: 285

CALL TODAY FOR A FREE INSPECTION!

1-866-652-7395



+ See Representative for full warranty details. *One coupon per household. No obligation estimate valid for 1 year. 1Subject to credit approval. Call for details. AR 366920923, AZ ROC 344027, CA 1035795, CT HIC.0671520, FL CBC056678, IA C127230, ID RCE-51604, LA 559544, MA 176447, MD MHIC111225, MI 262300173, 262300318, 262300328, 262300329, 262300330, 262300331, MN IR731804, MT 226192, ND 47304, NE 50145-22, 50145-23, NJ 13VH09953900, NM 408693, NV 86990, NY H-19114, H-52229, OR 218294, PA 179643, 069383, RI GC-41354, TN 10981, UT 10783658-5501, VA 2705169445, WA LEAFFNW822JZ, WV WV056912.



ASK CHAR

The views and/or advice expressed here are my personal opinions, based on my life experience, and don't necessarily reflect the opinions of any other individual or organization. Have a question? eMail me at AskChar@boiMAG.com

Dear Char,

"I'm experiencing discrimination and prejudice. How can I speak up and advocate for myself and others facing similar challenges?"

Dear Discriminated in Danville,

Thank you for asking about a topic that has such impact. I would like to apologize that this is happening to you, but I will not. The reason I won't is that an apology for this kind of destruction and damage is empty.

What I must do is act. That is how change occurs. Please allow this column to be one way of acting on it; read on and share this column with others to open minds to thinking differently and behaving humanely.

You have asked about two different concepts. Although we often interchange these words, they are not the same. Prejudice is a learned or created way of thinking, of pre-judging and generalizing. It is not factual, but the thinking may be that it is based on facts; however, these facts have been greatly skewed toward biases.

Discrimination is taking those prejudiced thoughts and turning them into action. Discrimination is a way that we behave and apply our thinking to become visibly prejudicial.

Discrimination is an unfair or unequal way of treating people based on reasons such as age, gender, race, religion, sexual orientation, disability; well, just about any element of one's life or personal characteristics that makes someone different from us that we, for whatever reason, are

unwilling to accept. The act of discrimination occurs because we are influenced by things like media, friends and family behaviors, and community norms. The scope of those influencers can cause our prejudices to be strengthened, resulting in a certain confidence in our behavior on those biases. Our behaviors, then, become actionable discrimination.

Discrimination may occur by anyone and it may happen without a thought that it is wrong; the thinking may be just that solid and ingrained.

It may also occur in a way that makes it difficult, at first, to see it as an unreasonable act. It may be implied and, as a result, we may deduce that the discriminatory translation is our own biased thinking when in reality, it was meant just as we had originally thought. This can be something called "micro-aggression" whereby subtleties are both targeted and prejudicially intentional.

We sometimes forget how powerful prejudice, and its partner, discrimination can be. This duo of destruction can impact mental, physical and emotional health, safety, relationships, etc.

If you see it, say something, do something and be the difference. Our goals should always be about creating healthy places to live and work, doing the next right thing and being patient and kind. Here are some things to do and ways to be a positive influencer:

Develop your noticing skills. Ask yourself the following questions:

Do I have a bias that is causing inequity in this situation?

Am I the target of discrimination at this time?

Am I witnessing disparity?

Am I safe to speak or act?

If my safety is a concern, where is my best support network?

Where do I go to educate myself about prejudice and discrimination?

If you are a target or a witness, be smart. Know that there are laws and supportive practices in place in workplaces and in our communities.

Continued >>

If you are safe to do so, make note of what has occurred, video inequitable treatment, and record details of your experiences. In this way you can influence positive outcomes and open doors for appropriate treatment and ways of doing things. Make sure to always stay safe. Discrimination is ugly and sometimes dangerous to marginalized groups. Don't be an island. Seek help. Seek support.

or witness to discriminatory practices and behaviors over the long term (and short term) can cause post traumatic injury. Make no mistake, discrimination is an injury. Anxiety, depression, suicidal thoughts and intentions and poor self-image are the result and can cause a lifetime of personal struggles and pain. You have to find ways to help those who are the target of displays of discrimination.

WHAT IS PREJUDICE?



Prejudice is a **negative opinion or attitude held toward a person or group of people without any real or grounded basis.**

It involves **judging and stereotyping someone** based on their race, religion, gender, sexual orientation, or other characteristics, without truly knowing that individual.

Prejudices can lead to discrimination and unjust treatment of people, limiting equality and respect.

It's important to question our own prejudices and promote tolerance and understanding among all, to build a more inclusive and just society.

Discrimination can manifest through prejudices, stereotypes, and negative attitudes.

It's a **form of unequal treatment** that can occur in various areas, such as work, education, or society in general.

WHAT IS DISCRIMINATION?

There is a saying that is both serious and funny at the same time and I have seen it credited to Jerry Garcia of the Grateful Dead: "Somebody has to do something and I think it is just pathetic that it has to be one of us." This is what happens to witnesses of discrimination. We know what is happening and that it is wrong, but we are reticent to do something; hoping someone else can make it their responsibility. Worries about safety, whether we are doing the right thing, and what our responsibility is are common. All I can say is, do the right thing. That is what life is all about: just do the next right thing. Be an influencer. Be a change agent. Be the difference. Be the best of you.

If you know and have read "Ask Char" before, you know that mental health is a constant in my discussions. This topic is at the top of my list for mental wellness. Being the target

If you can, remove the person from the area. Stay with them for support and ask if you can contact someone they trust or help them get to a place of comfort and safety. Call 911 if safety is an issue for anyone within the scenario. Stay calm and don't strike back with any level of aggression or mirroring of the negative behaviors you are seeing. If the victim can speak for themselves and is not escalating the situation, be supportive in proximity, but allow them to have their voice and opinion stated. You may not fully understand how the issue feels discriminatory to the victim. Work at understanding, at being empathic and supportive. If you have been the accidental aggressor and said something hurtful, hear them out, think it through, and talk it over. You may learn something valuable about yourself and a bias that you may not have known that you even had. Be open. Be honest. Make changes and show them through your actions.

Dear reader, know that you are ahead of the game, just by asking and reaching out. As the saying goes, "You are stronger, braver and smarter than you think." Get educated, find a support network, and be what you want others to be. Be patient. Be kind and do the next right thing.



Speeds up to 100 Mbps with EarthLink Wireless Home Internet

Cheaper than Satellite.
Faster than DSL.



Easy self-installation.
Just plug it in and go!



Stop the waiting
game — lower lag
time than satellite



Download speeds
up to 100 Mbps



Multiple plans
to choose from



Affordable equipment
fees



Connect up to
12 devices



PLUS! Sign up today
and get a \$100 gift card.*



EarthLink[®]

*Terms and conditions apply

Get More Reliable Internet **NOW!**

888-679-0651

SEXBOT TECH TRENDS

by Jack Santo & Mike at Night

ENVISIONING ROMANTIC INTERLUDES WITH SEXBOTS, PART TWO DIGGING DEEPER INTO THE ISSUES

Can a programmed entity reciprocate human emotions genuinely, or are interactions with a sex robot inherently one-sided?

There's a parallel risk of fostering unrealistic expectations or perceptions about sexual interactions and relationships, potentially distorting our self-image and understanding of genuine human intimacy.

This question sits at the heart of debates about mutual love and emotional reciprocity with AI. The authenticity and depth of emotional bonds formed with an AI are contentious. While some argue that these relationships can offer genuine companionship, others raise concerns about the illusion of mutual affection in a relationship where only one party is capable of emotional experience.

The development and use of sex robots are fraught with various ethical and moral questions. These include concerns about the implications of creating entities designed to serve human desires and the moral status of these robotic beings.

Are we ethically responsible for the treatment of entities that resemble humans in form and interaction? How do we define the moral status of a robot designed for human pleasure?



The legal aspects surrounding sexbots, while complex, play a crucial role in shaping their integration into society. Key issues include defining what constitutes a "sex robot", addressing privacy and safety concerns, and navigating the balance between sexual rights and public morality. Landmark cases, such as *Lawrence v. Texas* in the United States, have established a precedent for sexual privacy, but the legal stance on sexbots remains divided. Additionally, the emergence of childlike sex robots has sparked ethical debates, leading to calls for regulatory bans. As

technology evolves, so too will the legal landscape, requiring careful consideration to ensure the ethical and safe integration of sexbots into society.

In navigating this ethical landscape, it is crucial to engage in ongoing dialogue, balancing technological advancements with a critical examination of the moral implications. As we forge relationships with romantic robots, our understanding of love, consent, and objectification will undoubtedly evolve, necessitating a thoughtful and ethical approach to this new frontier in human-robot interaction.

LICK it Productions Presents:

WORK

EVERY FRIDAY

6:30pm-9pm



AT
Touche

6412 N CLARK ST, CHICAGO

Men's Work-Shop, In The Rear

The perfect party place and space to dress up, dress down, drink, dance, work

\$5 DRINK SPECIALS

Funds Raised Benefit NFP: "cAc" ChicagoArtsCenter.org



boiMAG.com



POWER UP FROM ANYWHERE

DURACELL®

M150 Portable Power Station

From Duracell, the #1 trusted battery brand, the M150 Portable Power Station enables you to work and have fun from anywhere – the kitchen table, the couch, the porch, airplanes, tailgates, coffee shops or wherever else you'd like.



Use Code
30NOW
for a
30%
Discount

ONLY \$159

PLUS Use Code 30NOW for a 30% Discount!*

portablepower.info/57



Laptop	Phone	Tablet
1 Charge	6 Charges	3 Charges

Attractive and clutter-free, the **M150 Portable Power Station** features a tiltable device holder with integrated storage compartment, dimmable ring light, sleek charging dock, and 150 watts of portable power for phones, laptops, tablets and many other electronic devices to offer the flexibility and portability needed wherever life takes you!



*Battery purchase does not include phone.