

ST ANTHONY'S CATHOLIC PRIMARY SCHOOL CLOVELLY

JUNE 2024 | LAUNCH ISSUE

# Faith & Family

ST ANTHONY'S QUARTERLY E-MAG

Family recipes,  
interviews, upcoming  
news + much more

CURB YOUR  
ENGINES! IDLE OFF

LEANNA'S  
*UNORTHODOX*  
JOURNEY HOME!



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STOP.....

THINK

IDLE

OFF!





## From the Principal

Dear Parents, Students and Staff,

I'm thrilled to welcome you to the very first edition of our new quarterly e-magazine, 'Faith and Family'. Our hope is that this will be a special publication that celebrates the values, traditions, and stories that bring us together as a faith-filled community.

In 'Faith and Family', you'll discover a wonderful collection of articles, features, and reflections that paint a vibrant picture of life within our school and parish. From enlightening interviews with our dedicated staff to informative articles on important topics. Each page captures the unique experiences that make our community truly special.

This magazine is more than just a publication; it's a journey we are embarking on together. My hope is that 'Faith and Family' will inspire, connect, and nourish your spirit, and strengthen the bonds that unite us as one family in Christ. In each edition, we aim to include a story or article contributed by parents, and we will soon be inviting submissions for this purpose.

I want to express my sincere gratitude to everyone who helped make this vision a reality, especially Mrs. Laura Neeson, our Family Educator, whose idea for the magazine was the cornerstone of this project. I eagerly look forward to the meaningful conversations and connections that will grow from these pages.

With every blessing,

Anna Novak, Principal

## My First Holy Communion

By Anna Novak

Gather around, dear school community, as I share with you a tale of faith and remembrance—a story back to a time long ago, at Our Lady of the Rosary Catholic Church in Kensington.

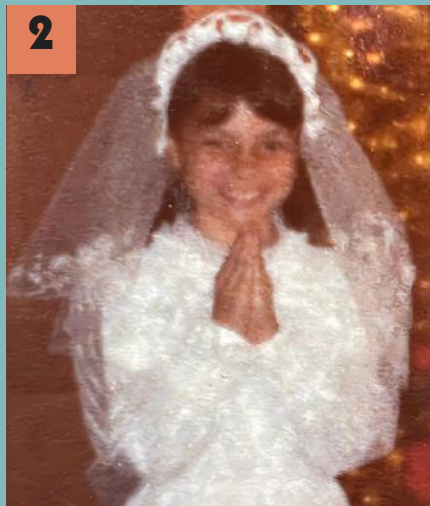
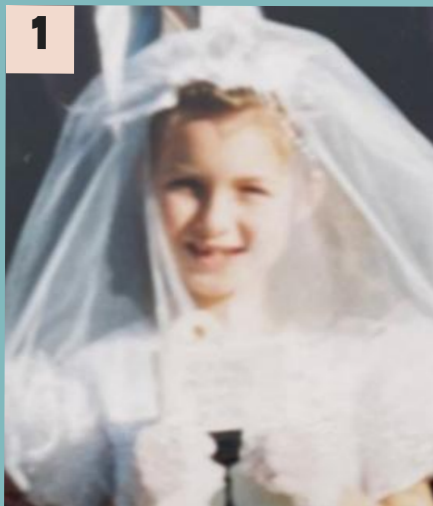
Many years have passed since that momentous day when I, along with my classmates, embarked on a journey of spiritual significance - First Holy Communion. The air was filled with anticipation and reverence, embraced by the love of family and friends.

As the ceremony began, I felt a sense of awe and wonder. The décor of the church seemed to shimmer with light, casting a gentle glow upon the special Mass. And there, at the heart of it all, stood the altar—a beacon of presence and promise.

Approaching the sacred space for the first time, I received the Eucharist—a tangible symbol of Christ's love and sacrifice. In that sacred communion, I discovered a connection with God—a bond that would guide me through the trials and triumphs of life's journey. And though the years may have passed, the memory of that holy day remains in my heart.

So, as we gather once again to celebrate this sacred sacrament at St Anthony's Clovelly with our beloved students, let us embrace the spirit of reverence and renewal—that in God's love, we find our home.

# Can You Guess the Staff Member?



We asked some of our staff members to share their First Holy Communion photos with us... Can you guess who is who?

Memories

1 Noelle Burton  
2 Laura Neeson  
3 Marie Iorfino  
4 Verity Temple

## St Anthony's Feast Day!

We are thrilled to announce the celebration of St Anthony's Feast Day at our school, which will take place over two exciting days!

**Thursday, June 13th:** We begin with a special whole-school Mass.

**Friday, June 14th:** Join us for a vibrant whole-school Colour Run event! Our P&F is fundraising for new playground equipment. We look forward to celebrating with everyone.

We would love to have parent volunteers to help make the event a success. If you can assist, please [Click here!](#)



## Take Home Prayer Bag

Our new classroom Prayer Bags are beginning to make their way around each classroom. We hope that you and your child can take the time to set up a dedicated prayer space for the week.

We invite you to meditate or pray for just a few minutes each day or when you can, using the tools inside the kit. Use the prayer journal to write a prayer, an encouraging message, draw a picture or paste a photo of you in prayer.

## Class SPaR is Coming

Over term 3 and term 4 we will be holding short 15 minute Stop, Pray & Reflect (SPaR) sessions. These will be held in the classroom for students to explore a reflective, faith based experience of prayer or Christian meditation to focus on gratitude, resilience and wellbeing. Parents are welcome to join their children for a session held before dismissal. Keep an eye on the newsletter for dates.



# My Unorthodox Journey Home

**“You will come to know the truth, and the truth will set you free”** \*John 8:32-33

BY LEANNA LANGLANDS

These words capture my journey to becoming a Catholic, which was not a quick or easy decision. As a baby I was baptised into the Greek Orthodox faith by my beautiful mother and with her guidance and care I led a very active faith filled Orthodox childhood.

However, my path took an unexpected turn when I commenced Year 7 at St. Clare’s College in Waverley.

At the tender age of 13, I attended my first inaugural Whole School Mass at Mary Immaculate Church and was awestruck by its grandeur and magnificence.



Leanna Langlands on her first day of school with her brother



**“for the first time I felt that I had truly heard the Gospel of Jesus. It was as if I had found the truth and was indeed set free.”**



Leanna, 13 –St Clare’s College Waverley

As the Mass began, I was shocked that I understood every word. It was all in English! It was so different to what I had experienced in the Orthodox tradition and it struck my heart in a powerful way. In the Mass I was offered peace through a warm handshake, and for the first time I felt that I had truly heard the Gospel of Jesus. It was as if I had found the truth and was indeed set free.

In a perfect world I would have converted within weeks and the rest would be history - but the reality was that my mother would never surrender her daughter to Catholicism and she refused to allow me to convert. The Orthodox tradition was deeply ingrained in our Greek culture. My father in his wisdom explained that life was a journey and I must choose to either embark on a lifelong quest or accept what I could not change.



“What is faith? It is that which gives substance to our hopes, which convinces us of things we cannot see.”

Hebrews 11:1-2

The Franciscan Friars ran Mary Immaculate Church at St Clare's during my time there, and they taught me a great deal about the Catholic faith and traditions, which I treasured. Unfortunately, I changed schools in Years 11 and 12, leaving a piece of my heart behind. After that, I attended university, travelled, worked, got married, had children, and often prayed with Rosary Beads given to me by a kind friar - never telling a soul!

What was it about the Catholic Faith that kept calling to me?

Years passed, and I began teaching at St Charles' Primary School in Waverley - and yes, I walked back into Mary Immaculate Church. Even though I was now an adult, I still felt that same sense of awe I had felt as a teen. I felt like I was home.

I studied to ensure I could teach Religious Education at St Charles', deepening my understanding and devotion to my faith. The decision to become Catholic had been made in my heart. It was my destiny

After a long period I finally became a Catholic, renewing my baptismal promise - I was free! My faith journey deepened in 2023 as I completed the [Areté Centre for Missionary Leadership](#) Course. Thanks to that course I found the courage to see my faith journey as a gift that inspires others to keep searching for the truth in the Catholic faith that He established.

“What is faith? It is that which gives substance to our hopes, which convinces us of things we cannot see.” (Hebrews 11:1-2). My whole life I had faith that I would one day follow the call that God placed in my heart, and now I celebrate my Catholic identity as a blessing and gift.

The renowned Greek philosophers Plato and Aristotle, believed that the cosmic values of truth (that which defines reality), goodness (that which fulfils its purpose), and beauty (that which is lovely) were objective in nature and could be known by those who sought them nobly. In the Catholic Church we call these the transcendentals.

Leanna's conversion story is a powerful testimony of how we can encounter God through the transcendentals. As a young girl, her heart was deeply moved by beauty, truth, and goodness.

These three elements have profoundly inspired Catholic art, music, and architecture and inspire awe in us when we encounter them. When our eyes behold beauty, our ears hear truth, or our hearts experience goodness, we can experience a transcendence, that elevates our souls to God.



# STA P & F PRESENTS: **RUN 4 FUN**

## **ST ANTHONY'S CELEBRATION DAY FRIDAY 14 JUNE**

### Day's Schedule (approximate times)

9:30am:	Leave for Burrows Park (Parents welcome to join classes to walk)
10:00am:	Arrival - crunch and sip
10:20am:	Activities: K-2 / 3-6
11:15 - 11:45am:	Recess
11:45 - 12:30am:	Colour Run
12:30- 1:30pm:	Sausage Sizzle Lunch & Zooper Dooper Walk to Clovelly Beach for Sandcastle competition
2:20pm:	Walk back at school

**REMEMBER!**

**WEAR WHITE  
BRING A SMALL BACKPACK WITH HAT,  
DRINK BOTTLE, RECESS**

*We look forward to celebrating St Anthony's Feast Day!*

**PARENT VOLUNTEERS NEEDED!**

# CURB YOUR ENGINES!

## *Join the Idle-Off Movement*



By Anthony Hull

**I**n the hustle and bustle of daily life, idling may seem like a minor inconvenience or even a negligible act. However, its consequences extend far beyond the momentary pause at a traffic light or during school pick-ups.

Idling, the act of leaving engines running while stationary, not only wastes fuel but also poses significant risks to our health and environment. Imagine this: idling for just 10 seconds consumes more fuel than turning off and restarting the engine. Furthermore, prolonged idling can contribute to engine wear and tear over time.

**“Idling for just 10 seconds consumes more fuel than turning off and restarting the engine.”**

### Why Idle-off?

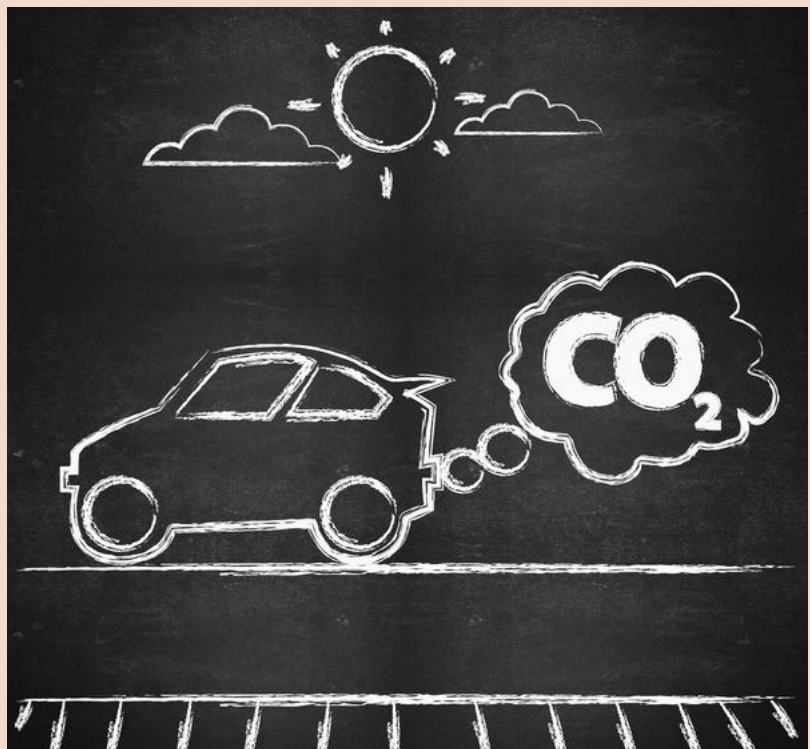
Young children are at high risk from traffic related air pollution outside of schools and childcare centres due to their proximity to idling vehicles. So are the drivers of such vehicles, and our teachers on duty.

Australian evidence reveals even very small increases in traffic exhaust are associated with large increases in asthma. Traffic exhaust particles are small and toxic, when inhaled, they penetrate the bloodstream impacting every organ in the body.

Traffic-related exhaust is associated with a wide range of acute and chronic diseases and premature death, which is estimated at 11,000 deaths per year in Australia. Diesel exhaust is classified as a group 1 carcinogen by the International Agency for Research on Cancer.

Children are most vulnerable to traffic pollution due to their higher respiratory rate and internal lung surface area, higher cell turnover and undeveloped immune defenses.

Also their lower height puts them closer to vehicle exhausts where pollutants are at a higher concentration.





## **Did you know: Babies in prams could be breathing 44 % more harmful pollutants than their parents during school runs.**

***Watch the St Anthony's Idle-Off Campaign video narrated by our year six students*** (created by Laura Neeson and Anthony & Fiona Hull)

A study in Brisbane school children demonstrated transient exposure to nitrogen dioxide (NO<sub>2</sub>) – found in vehicle exhaust, was associated with a 38% increase in emergency department presentations for asthma occurring only hours after exposure. These short exposures were also associated with increased risks for acute upper and lower respiratory tract infections. Such school exposure has been shown to increase systemic inflammation and impact children's cognitive development and behaviour.

There are tangible gains from reducing children's short-term exposures to vehicle exhaust at schools. Reducing traffic-related air pollution results in measurable reductions in suffering, healthcare system burden and costs. Additionally, in Australia, idling CO<sub>2</sub> emissions equal those of over 1.5 million cars annually, with 'excessive' idling (more than a few minutes) around schools compounding the issue. Globally, anti-idling awareness campaigns have led to significant improvements in air quality and public health. In Europe, cities are banning diesel vehicles and introducing low emission zones to protect children.



In contrast, there is an increasing trajectory of vehicle emissions in Australian cities and many of our children spend regular periods in traffic pollution 'hot spots'.

Vehicle emissions are on the rise in Australian cities, exposing many children to high levels of traffic pollution. Thankfully, awareness around this issue is growing. In 2020, musician Billy Idol spearheaded an anti-idling campaign in New York City, highlighting the global concern over traffic pollution.



There are promising examples of successful interventions worldwide. Two decades ago, Southern California implemented buffer zones and anti-idling school policies, resulting in significant lung size increases among children by age 15. Similarly, a low emission zone in Tokyo was associated with an 11% decrease in heart-related deaths by 2023. In 2019, the City of London launched a school idling campaign, advocating for engines to be turned off at every stop. Additionally, Denmark and Finland have prohibited car parking around certain school areas.

These initiatives indicate a positive trend towards reducing vehicle emissions and protecting public health.

#### **What can we do to support Idle-Off?**

If everyone in our community understands the dangers of idling and chooses to idle-off, we could see a significant improvement in local air quality and save money too! So, spread the word and idle-off!

Every Monday  
during school terms  
9.00am - 10.30am  
Children up  
to 5 years

## ST ANTHONY'S PLAYGROUP

Outdoor & Indoor Play \* Arts & Crafts \* Music



St Anthony's School Library & Playground  
58 Arden Street, Clovelly  
Entry via gate in St Anthony's Church carpark.



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# Homemade Pizza Dough

Makes 3 bases

🕒 50 Minutes

Country of Origin: 🇮🇹

This is an easy way to make authentic homemade pizza dough that is always a hit with our family!  
Tip: Use '00' flour from Italy as its GMO free and the texture is unbeatable! - Laura Neeson

## Ingredients

- 375ml (1 1/2 cups) warm water
- Pinch of caster sugar
- 2 tsp (7g/1 sachet) dried yeast
- 600g (4 cups) plain flour, (Use Tipo 00) plus extra for dusting
- 1 tsp salt
- 60ml (1/4 cup) olive oil, plus extra for brushing

## Method

- Combine the water, sugar and yeast in a small bowl. Set aside for 5 minutes or until foamy.
- Combine 4 cups of flour and salt in a large bowl and make a well in the centre.
- Add the yeast mixture and 1/4 cup olive oil.
- Use a butter knife to mix until the dough is combined. Mix with your hands to bring the dough together in the bowl.
- Brush a bowl lightly with oil. Turn the dough onto a lightly floured surface and knead for 10 minutes or until smooth and elastic. Place in the prepared bowl and turn to coat in oil. Cover with plastic wrap and set aside in a warm, draught-free place to rise for 30 minutes or until dough doubles in size.
- Dust table surface with flour. Knead dough and form into a long cylinder. Divide into thirds. Use a rolling pin to roll each third into a 20cm disc, then add your favourite toppings and bake for 15 mins.

**Tip:** To give your pizza that authentic Italian flavour, create a paste of crushed garlic, olive oil, Oregano and salt, mix it up and brush it on to the dough before you add your tomato base and toppings! Sprinkle finely grated parmesan cheese before your other toppings

# Meet Noelle Burton



Meet Noelle, a cherished member of our St. Anthony's Clovelly community, whose smile and warmth will be familiar to everyone. St. Anthony holds a special place in Noelle's heart, making her role at St. Anthony's feel serendipitous and meant to be. We're excited to share more about Noelle and her invaluable contributions to our school in this edition of *Faith and Family*.



## Where did you grow up?

I grew up in Malabar in the Eastern Suburbs of Sydney.

## What does a typical day look like for you in the school office?

A typical day in the office includes answering the phones, attending the students in sick bay and processing invoices.

## What do you enjoy most about your job?

I love seeing all the children's happy smiling faces each day as they come through the office area.

## Are there any memorable moments or experiences you've had while working here?

Working at a few different Catholic schools - I've realised how truly special the St Anthony's Clovelly community is. My most memorable moments are when I make connections with families who have children the same age as mine, or know some of my family. It really enriches that community aspect for me.





## What are your hobbies or interests outside of work?

I love going to the beach - at any time of the year. I love the ocean, it brings me a great sense of peace and calm. On my days off I also enjoy walking our dog, Zoe, in my local area. As well as this, I also love going to watch my 3 kids in the various sports they participate in and cheering them on from the sideline, whether it is Nippers, Rugby League, Rugby Union or OzTag. We always go as a family to cheer each other on.

## What's your favourite Bible verse?

My favourite bible verse is 1 Corinthians 13: 4-8  
Love is patient; love is kind; love is not envious or boastful or arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice in wrongdoing, but rejoices in the truth. It bears all things, believes all things, hopes all things, endures all things.

Love never ends.

My husband, Anthony and I had this as one of the readings at our wedding. I would also have to remind myself when my kids were growing up, and when times were difficult with sleepless nights, tantrums or just the ups and downs of everyday life. It helped me to have patience during these difficult times, knowing that they would not last forever.

## Who is your Favourite Saint?

St Anthony is my favourite Saint - so I feel very lucky to work at St Anthony's and feel it is meant to be.



The Burton family dog, Zoe





# MASTERPIECES & MEMORIES

## Mum's Paint 'n Sip night of fun

On Thursday 23rd May, mums from four local Catholic schools from the Botany-Randwick Network joined for an evening of art, connection, fun and food to celebrate motherhood.

Mum's enjoyed delicious food, time to connect and were able to create a masterpiece on canvas guided by our Visual Arts Teacher, Mrs Julie Traylen.

This was a great way to kick off what will be an annual network initiative, with events for both mums and dads. **Watch the Video**





# GIVE THEM FAITH TO SOAR!

## *Cultivating Resilience and Well-Being in our Children*

By Laura Neeson

“Start children off on the way they should go, and even when they are old, they will not turn from it.”  
– Proverbs 22:6



In today's fast-paced world, children face numerous stresses and challenges, from academic pressures to social dynamics. Amidst these, there is a growing body of research demonstrating the positive impact that faith can have on our children's mental health and wellbeing.

Studies consistently demonstrate several key findings for children who are raised within a context of faith and they are compelling.

- Divorce rates tend to be lower.
- There's a correlation with increased family satisfaction and stronger parent-child relationships.
- Lower instances of domestic violence.
- Better mental health as adults.

As a Catholic mum, I have found immense joy and fulfilment in raising my children within the rich tapestry of our faith.

From the earliest moments of my children's lives, I have witnessed the profound impact that our Christian traditions, values, and teachings have had on their growth and development.

I have witnessed them grow in strength, compassion, resilience, and purpose. All qualities that have helped them navigate some of the challenges that life has thrown our way. And most surprisingly I have experienced the joy of how this connection of faith has helped my children to feel safe to confide in me - their mum - about their ups and downs.

While our faith doesn't promise a trouble-free existence, it provides us with a sturdy anchor amidst life's storms. As our children navigate adolescence, transition into adulthood, and journey through life's various stages, they will inevitably encounter trials and loss.

It's during these challenging times of crisis that faith can become invaluable.

My hope is that this gift of faith will serve as a guiding light, leading them back to scripture for wisdom, finding solace in our community of faith, and strength through prayer.

While it's impossible as parents to shield our children from darkness of this world, we can walk alongside them, encouraging them to trust in God, to embody the values of the Gospel and the example of Jesus.

For me personally, the greatest gift I can give them is to equip them with a toolbox filled with the virtues of faith, hope and love and leave them to rest in God's gracious hands.



**KEY FINDING:** Children who attend religious activities with their parent are more likely to experience higher levels of psychological well-being throughout adolescence.

*[\\*https://www.ncbi.nlm.nih.gov](https://www.ncbi.nlm.nih.gov)*

# Saint Anthony of Padua





# Little known facts about St Anthony

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1

St Anthony wasn't always "Anthony." He was born Fernando Martins to a rather well established and wealthy family in Lisbon, Portugal in 1195. (This would make him about 13 years younger than St Francis of Assisi.)

2

St Anthony of Padua's remains were exhumed some 336 years after his death. It was found out that his body was corrupted except for his tongue, which was totally incorrupt—the same tongue that formed and spoke perfect teachings.

3

Pope Gregory IX, who personally knew Saint Anthony, canonised him only a year after he died.

4

St Anthony of Padua is often depicted with a book in his hands, with a lily or torch, or carrying the Child Jesus in his arms. The book represents his profound knowledge and understanding of theology and his ability to preach eloquently. The lily and torch are symbols associated with purity and enlightenment. According to legend, St Anthony once had a vision in which he cradled the infant Jesus, hence he is commonly seen in art holding baby Jesus.



St Anthony's Clovelly under construction 97 years ago.

# Unveiling the Rich History of St. Anthony's Church, Clovelly

**Source:** [stanthonysclovelly.org.au](http://stanthonysclovelly.org.au)

The area that is now Clovelly parish was originally part of the Franciscan District administered from Waverley, where a Franciscan community was established from Ireland in 1879.

By 1916 the Catholic population of Clovelly was big enough to warrant a separate church. A block of land in Arden St was bought from Peter Fitzpatrick, and cleared on Saturdays by a team of voluntary workers including Fr Michael Paul Kelly, pastor of Waverley. The foundation stone was finally laid by Archbishop Kelly on 12 August 1917.

This first parish building was a one-storey church-school. The first Mass was celebrated in it on the Fourth Sunday of Advent, 23 December 1917 by Fr Kelly. This first parish building now forms the lower part of the ground floor of the current school.

The building was officially blessed and opened by Archbishop Kelly on Sunday 20 January 1918. Among the fittings given by the parishioners were many items seen in the current church, including the Baptismal Font, the Stations of the Cross, Sacred Heart statue and statues of St Anthony, Our Lady and St Joseph.

The Sisters of St Joseph (Brown Josephites) agreed to conduct the school, and it opened on Monday 28 January 1918 with 45 pupils. For the first year Sr Louis Gonzaga and Sr Mary Leonoris came to Clovelly each day from their convent at Bondi. However, in January 1919, the Sisters took up residence in a rented cottage at 73 Fern St.

By then Fr Kelly had relinquished charge of Waverley and moved to Clovelly as pastor. In February 1918 he rented a cottage at 2 Greville St, but in July 1918 he moved to another rented cottage at 46 Greville St (on the corner of Fewings St).

A year later, while Fr Kelly was on a home visit to Ireland, the Sisters moved into this cottage; it was purchased by the parish in 1921, and remained the convent until 1954. When Fr Kelly returned, he moved into a cottage at 69 Arden St. This cottage (called St Anthony) remained the property of the Franciscans when they relinquished Clovelly in 1930 (it was demolished in 1986).

The school was soon overcrowded by government standards, and a second storey was added in 1921. The extension was blessed on 23 April 1922.

The Catholic population of Clovelly continued to grow, and a new church was needed. An adjoining block of land fronting Arden St had been bought by the parish in 1924. The appeal for the new church was opened in March 1925, and in January 1926 the plans were approved by the Church Committee. Archbishop Kelly blessed and laid the foundation stone on 28 March 1926.



Above: St Anthony's as it looks today. Left: Stained glass window of Saint Mary MacKillop installed in 2019.

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The first Mass was celebrated in the new church by Fr Kelly on Trinity Sunday 12 June 1927. The church was blessed on the afternoon of the same day, this time by the Reverend Dr Bach, Vicar Apostolic of the Gilbert Islands, ordained a Bishop at Randwick (Archbishop Kelly was ill).

The parish had also been growing geographically between 1917 and 1926. Its original boundaries were: Macpherson St, Leichhardt St, Douglas St, Carrington Rd, Susan St (now Clovelly Rd), and the Pacific Ocean.

In 1924 a large area was added to Clovelly parish on the Coogee side of Clovelly Rd, when the southern boundary was moved to Alison Rd and Moore St. A small triangular area was also added on the northern side by making the northern boundary run along Varna and Fern Sts from Leichhardt St to Douglas St.

# Get to know our Parish Priest

## Q&A with Fr Laurie Cauchi

Some of our students were curious about our Parish Priest and why he decided to devote his life to the priesthood. Here's what he told us!

### Where were you born?

I was born in Cospicua, Malta, a city with a rich history. The patron saint of Malta is the Immaculate Conception. The annual feast dedicated to the Immaculate Conception is a vibrant celebration that showcases the city's cultural and religious fervor.

An interesting historical fact about Malta is that St. Paul was shipwrecked on the island around 60 A.D. This is detailed in the Acts of the Apostles, highlighting Malta's early Christian faith. This event is pivotal in Maltese history, as it led to the conversion of many islanders to Christianity.

### Who was your confirmation saint?

I was confirmed at the age of seven. For my confirmation name, I chose St. Joseph, inspired by his virtues of humility, strength, and unwavering faith. St. Joseph, the foster father of Jesus and the patron saint of workers and families, holds a special place in the hearts of many Maltese people, and choosing his name was a meaningful decision for me.

### How long have you been a priest?

This August will mark 47 years since I was ordained. I was ordained on August 20, 1977, at St. Mary's Cathedral. Reflecting on nearly half a century of serving the church fills me with profound gratitude and humility. My ordination was the culmination of years of dedication and preparation, and it set me on a path of spiritual service that has been incredibly fulfilling.



### Why did you decide to become a priest?

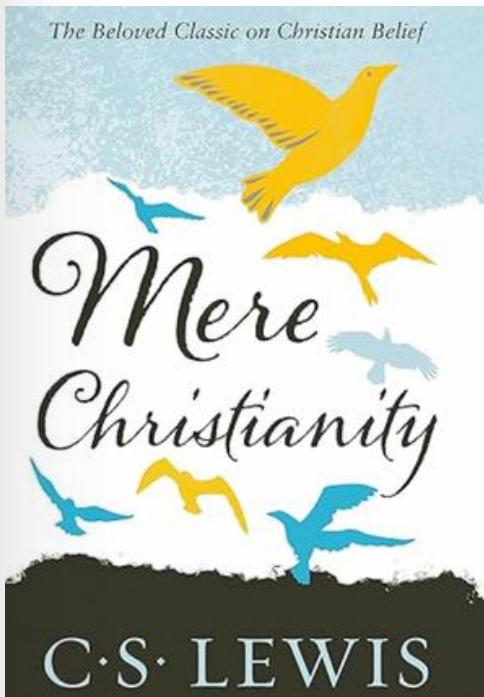
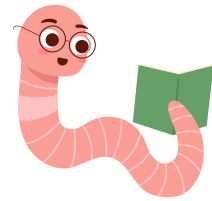
My journey towards the priesthood began when I was just seven years old, around the time my family and I emigrated to Australia. We left Malta in October 1958, seeking new opportunities and a fresh start. Our family of eight settled into our new life, but one thing remained constant: our deep connection to the Catholic Church.

Attending Mass daily became a cherished routine, and the church quickly became a central part of our family life. The strong faith of my parents and the supportive community inspired me greatly. It was during these formative years that the seed of my vocation was planted. Over the years, I engaged in much discernment, prayer, and reflection about my calling.

### What's your favourite bible verse?

Jeremiah 1: 6-8 *"Yahweh I do not know how to speak, I am only a child"*. This verse reminds me that, despite our limitations and fears, God equips and empowers us to fulfill His purposes. It is a beautiful testament to God's faithfulness and the idea that our perceived weaknesses are not obstacles but opportunities for His strength to be displayed.

# What are we reading?



## **Mere Christianity, C.S. Lewis**

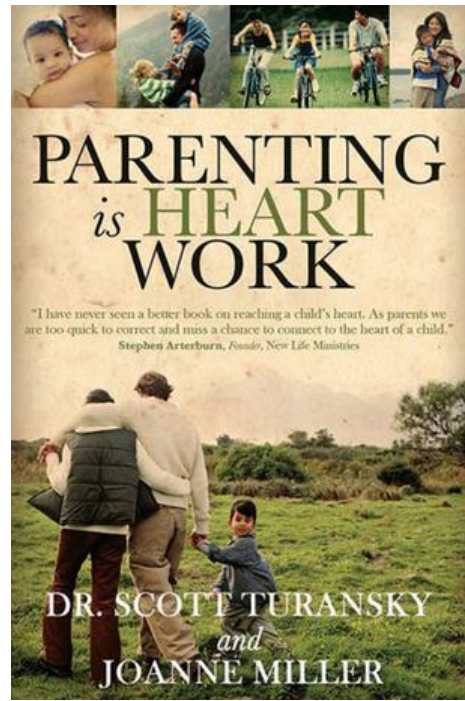


By Laura Neeson

C.S. Lewis's "Mere Christianity" is a classic exploration of Christian faith, blending logic, wit, and profound theological insight. Originally a series of World War II radio talks, the book explains Christian doctrines like the moral law, the Trinity, and the nature of God with remarkable clarity and accessibility.

Lewis' ability to make complex theological ideas relatable and his conversational tone invites readers into a thoughtful dialogue about the essence of Christian belief. He addresses common objections and misconceptions, providing thoughtful responses that resonate with modern readers.

While some views reflect his time, the core messages about love, morality, and the human condition remain universally relevant. "Mere Christianity" is a compelling read for anyone interested in the philosophical and practical aspects of Christianity, encouraging deep reflection on faith.



## **Parenting is Heart Work, Dr Scott Turansky and Joanne Miller.**



By Laura Neeson

This is a transformative guide for parents seeking to connect deeply with their children. The authors emphasise the importance of addressing heart issues rather than merely focusing on behaviour modification.

Dr Turansky and Miller provide practical strategies for reaching and shaping a child's heart and promoting long-term character development. Their approach is grounded in empathy, understanding, and consistent discipline, helping parents foster genuine change and growth in their children.

The book is filled with real-life examples and actionable advice, making it accessible and applicable for parents of children of all ages. Its focus on heart-centred parenting sets it apart from other parenting guides, offering a refreshing and effective perspective.



# Refugee Week

Coordinated by  
Refugee Council of Australia



## DANCE AROUND THE WORLD!



**Help us raise funds for the  
Jesuit Refugee Service.**

**Bring in \$5 on MONDAY 17 JUNE**

**Celebrate cultural dances from around  
the world with the team from REDed!**



# THANK YOU FOR READING!

*Click Here*

*Do you have a family recipe you would like to contribute for our next edition?*

*We'd LOVE to hear from you.*

*Just click here and email it through!*