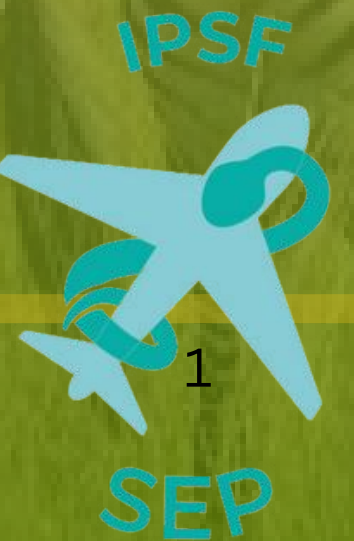




# Student Exchange Program in

# KENYA

## Booklet



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# WELCOMING NOTE

**HI there:) A very warm welcome to Kenya.**

**We are pleased to introduce to you the Pharmacy Students Association of Kenya booklet. Having opened this booklet, we hope it sparks a sense of curiosity, excitement and a deep desire to experience Kenya.**

**This booklet is your first step into an adventure filled with learning, connection and exploration. This program is not just an opportunity for academic growth but also a chance to immerse yourself in a vibrant and diverse environment.**

**Welcome to Kenya and let the adventure begin!**

# ABOUT KEPhSA

**KEPhSA is a professional student-led national non-governmental, non-political, non religious, and non-profit association for Pharmacy students in Kenya set to foster cohesion among Pharmacy students in the country through the creation of a common platform of engagement, advance the study and practice of the profession of Pharmacy, provide networking opportunities and professional development through initiatives and disseminate information via a wide range of publications. Established in 2012 in Nairobi, Kenya where our headquarters is situated.**

**As the umbrella body for all pharmacy students in Kenya, our association has members from all nine universities offering Bachelor of Pharmacy degrees.**

# Internship Areas



## Pharmaceutical Industry

Kenya's pharmaceutical industry is one of the largest in East Africa, producing a number of essential medicines. Students get to learn and experience the manufacturing, research, Quality Assurance, Quality Control and distribution of pharmaceutical products.



## Community Pharmacy

The community pharmacy internship offers students a chance to gain hands on experience in patient counselling, prescription dispensing, OTC drug recommendations and health screenings for chronic conditions such as hypertension and diabetes



## Hospital Pharmacy

The hospital pharmacy internship offers' students a chance to experience the Kenyan healthcare system. They get to work alongside professionals in preparing and dispensing medications as well as experiencing specialized areas such as oncology.

# SEP in Kenya

## Applications

Available exchange period: February until October 2025

Application deadline: 1 month before the exchange period

Duration: 2 weeks to 1 month

Requirements: English. Swahili is a benefit

Available cities: Nairobi , Naivasha

## Accommodation

Our SEP Team will assist in finding accommodation options based on your exchange period which include Students hostels and airbnbs. Depending on availability, students may be hosted by other students at a small fee or no cost.

# SEP in Kenya

## Costs

KEPhSA does not provide any financial costs for the exchange period. Incoming students are responsible for their finances throughout the period. However, we will provide support and help throughout the exchange.

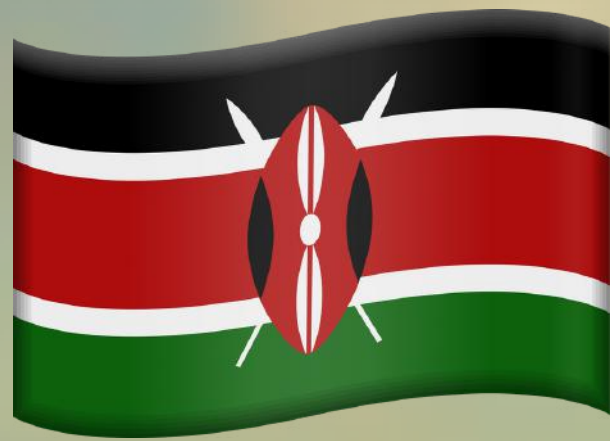
## VISA information

Kenya has adopted an eTA system that determines eligibility of visitors to travel to Kenya. eTA applications are generally processed within 72 hours but applying earlier is advised in case of delays

For more information on the eTA: [eTA Website](#)

# Introduction to Kenya

## 1 The Kenyan Flag



**Black:** The People of Kenya

**Red:** Blood shed for the fight of independence

**Green:** The country's landscape and fertility

**White:** Peace and Honesty

## 2 Currency

Official currency in Kenya is the 'Kenyan Shilling'



**1000 Kenyan Shillings**



**100 Kenyan Shillings**



**500 Kenyan Shillings**



**50 Kenyan Shillings**



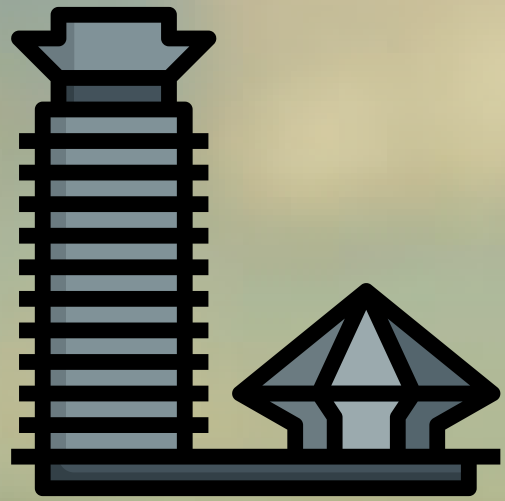
**200 Kenyan Shillings**

# Introduction to Kenya

## 3 The Capital City

The capital city of Kenya is **Nairobi (The Green city under the sun)**

The name comes from the Maasai phrase '**Enkare Nyrobi**' which translates to "*Cool water*"



## 4 Kenyan Weather

Kenya being situated at the equator, the weather is generally sunny and tropical with two rainy seasons.

However, early mornings tend to be chilly and windy. (carrying warm clothes is advised)



# Introduction to Kenya

## 5 Language



Kenya is a multilingual country. The official languages are **Swahili**(A Bantu language) and **English**(inherited from the British colonial rule).

However the national language is Swahili.

Moreover, Kenya has over 60 ethnic languages that are used in social and cultural contexts.

## 6 Transportation



Kenya's transport system includes roads, railways and airports. Public transportation is mainly buses, matatus, taxis, tuktuks and boda-bodas.

The main airport in Kenya is **Jomo Kenyatta International Airport**

# Attractions in Kenya



## Nairobi National Park

The only national park within a capital city in the world!!

Embark on a safari and witness The Big Five!



## Maasai Market

Experience the colorful and lively open-air market that sells a wide range of African crafts and souvenirs. Do not leave without a beautiful handmade memory of Kenya!



## Old Town

Take a walk and experience one of the greatest cultural heritage of Kenya's coast. It is a preserved Swahili settlement characterized by its unique architecture!



## Mount Kenya

For the hike enthusiasts, get to hike on Kenya's highest mountain and the second largest in Africa!

# Attractions in Kenya



## Lake Nakuru National Park

“A beautiful wildlife haven” located on the floor of the Great Rift Valley  
A bird lover’s paradise that is home to millions of flamingos as well as 400 other bird species!



## Coastal beaches

Away from the savanna safaris, Kenya has many beautiful white sandy beaches with swaying palm trees and the warm Indian Ocean lined with beautiful coral reefs!



## Giraffe Centre

Feed a giraffe! Kiss a giraffe!  
A favorite refuge for giraffe lovers. Climb on the feeding platform and offer a pellet and make giraffe happy!



## Maasai Mara

A popular safari destination for watching the annual migration of wildebeests and zebras, and the reserve’s largest game population

# Kenyan Delicacies



**Kienyeji Chicken  
(Free-range Chicken)**



**Chapati**



**Ugali & Vegetables**



**Smocha**

# Kenyan Delicacies



**Githeri**



**Kenyan Tea**



**Pilau**



**Nyama Choma**

**You are officially one step closer to starting your SEP in  
Kenya.**

**KARIBU KENYA!! :)**





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# CONTACTS

