

BECCOT e-Newsletter

UNITY IS STRENGTH

UNITY is essential for God's people, especially during this Jubilee Year themed "Pilgrims of Hope."

This journey emphasizes being one body in Christ through shared faith, hope, and love.

UNITY requires effort, humility and love. St. Paul urges us to "bear with one another in love" (Ephesians 4:2).

A unified church provides a strong witness to the world, while a church focused on individual agendas fosters conflict and disunity. **UNITY** is powerful in all contexts, and its absence can be destructive, not just within a church.

UNITY within a family fosters security and trust in children. Siblings benefit from viewing each other as sources of support rather than rivals for attention. Focusing on what's best for the family encourages a sense of unity, ensuring that family members are there for each other in times of need.

We should all have supportive friends and strive to be that friend in return. The **UNITY** of good friendship is one of life's sweetest blessings.

How good and pleasant it is when God's people live together in unity!

Psalm 133:1

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WAYS TO FOSTER UNITY

1. REMEMBER YOUR COMMON IDENTITY

Despite our disagreements, we need to be reminded that our unity as Catholics is rooted in core beliefs shaped by the Gospel.
(Gal 3:28)

2. ACKNOWLEDGE YOUR NEED FOR COMMUNITY

We all need support from fellow Catholics through tough times and to celebrate our successes. They can help identify areas for growth and pray for us.

3. STAY HUMBLE

Practice humility and patience (Ephesians 4:21; Philippians 2:3-4).

4. EMBRACE YOUR DIFFERENCES

No one person needs to be great at everything because we have each other. So embrace and celebrate those differences.

Unity does not mean uniformity.

5. BELIEVE THE BEST IN OTHERS

All of us have beautiful qualities and some not-so-beautiful qualities.

Choose to focus on the good.

6. WORK THROUGH CONFLICT

When our relationships in church or with family and friends become messy, strive 'for full restoration' instead of animosity.
(2 Cor 13:11)

7. CHECK YOUR MOTIVES

Prioritize relationship restoration over winning arguments or making someone feel guilty or look bad.

8. DON'T GOSSIP

Build others up to maintain unity and prevent disunity.





GREETINGS

REV. FR. THOMAS KOO, CDD PARISH PRIEST

My dear parishioners of SIC,

A Blessed Lenten season to everyone!

Lent is a time of reflection, reconciliation and renewal for ourselves. It is a time for prayer and penance, to come closer to God and strengthen your relationship with Him. This is also a time to journey as a family and as a community, drawing strength and courage in our Lenten practices, experience Christ's love in our lives and sharing it with others, near and far.

It has been a busy month in our parish and continues to be so, in particular with the focus on BEC Month in March and the upcoming Family Month in May this year. As "Pilgrims of Hope" we need one another for we are one Body in Christ and we can start by being a pilgrim of hope in our respective BECs.

BEC is essential to the Church's mission to spread the Gospel and serve the needs of the people. BECs provide a space for people to connect, build relationships, and experience a sense of belonging, which is crucial in a world that can often feel isolating. BECCOT and BECCAT has come out in full force this March to explain the importance and relevance of BECs through slide presentations and sharing at weekend Masses. I strongly encourage all parishioners to join your BEC family and come together to live out your faith and support one another.





For many, Easter is a family reunion. In essence, Jesus' Resurrection brings the human family back together. It frees the dead from separation from God and one another. Jesus is also re-united in a new way with His mother and His disciples. At Pentecost they, and we, receive the Holy Spirit and the party is complete.

Easter holds the same love, joy, and excitement as when you see your family again after a time away. Our God is a God of familial relationship, and this means that our families can represent the sort of love that exists in the Trinity.



Aptly, May is dedicated to families in our parish. Families are the living expression of being Church and in this month we will be having events, talks and activities focusing on family unity and harmony to improve situations within families in terms of communication, strengthening faith life and family values.

We round up the month with the Feast of the Visitation of the Virgin Mary; interceding to Our Blessed Mother and spending time in prayer as a family. Do block your calendars as I look forward to all families participating in the upcoming parish events in May.

Last but not least, a big thank you to everyone - all Ministries, BECCOT, BECAT for coming together as a united family to prepare and organise all these parish events for the SIC Family.

Wishing each one of you a blessed and joyous Easter - Alleluia! Our Saviour is Risen!



BASIC



ECCLESIAL COMMUNITIES

IN ACTION

BEC TROPICANA MOTHER THERESA



1st Core Team meeting on 10 Jan 2025 at Simon Lee's

Prayer gathering & Fellowship on 21



2nd Core Team Meeting on 14 Feb 2025 at



Mar prayer gathering & Fellowship







ams to Myanmarese od rations to a needy

Outreach programs to Myanmarese children and food rations to a needy family



BEC Coordinators at the BECCOT Formation on Sat, 15th March 2025



BEC AD ST FAUSTINA

By Theresa Chandapillai





Our BEC comprises of 68 Catholic families who are registered in our BEC WhatsApp Group. We are blessed to have about 15-20 families who are very caring, supportive and who actively participate in all our Monthly BEC Gatherings and BEC Activities throughout the year.

Our Core Team of gentle and caring ladies led by our capable CC, Evelynn Kang, Treasurer, Trias Chew and Secretary, Theresa is responsible for serving the BEC Community, with the aim of uniting the families and encouraging everyone, to participate and join in the BEC Community and its activities.

We spent time getting to know each family personally by calling and visiting them.

Outreach to the other families, within our BEC is still one of our key activities for the year as we hope to include and unite all families in our BEC.

Our Monthly BEC Gatherings are focused on a time of Spirit-led fellowship with one another through the Reflection paper, Bible Sharing, praying for one another and always ending with a light meal and fellowship.

As BEC, we also reach out to the wider community through visiting the sick, home blessings and Mass, providing food for the homeless, supporting NGOs that care for the sick, reaching out to the poor and those who need a helping hand.

These simple outreach activities have brought us closer as a BEC family and to each other.

We thank God for our SIC Parish Priests and our BEC families as we continue in our faith journey with each other.

God Bless us all.

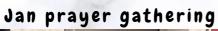
BEC AD ST FAUSTINA

Feb prayer gathering



Mar prayer gathering











BEC SS25 ST EMMANUEL



Celebrating Chap Goh Mei with Yee Sang



Jan prayer gathering



Attending weekly online CCC sessions as a BEC

Feb prayer gathering







Celebrating Mar birthdays

BEC SS25 ST PHILIP MINH



Jan prayer gathering at Marlyn & Raymond's



CNY Potluck Dinner







Feb prayer gathering at Julie's



BEC LILY OF THE VALLEY

Feb prayer gathering







Mar prayer gathering





BEC SS2 ST FAUSTINA

Prayer gathering - Bok residence - Feb 19, 2025



Mar prayer gathering

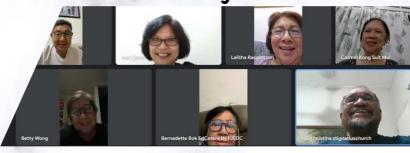




Homebound visit - Jan 17, 2025



Core Team meeting - Jan 8, 2025



BEC SS3 ST PAUL



Recycling of religious items



Sg Buloh plant nursery





Breakfast at Uncle Pandian on 21 Jan 2025



February was designated Ecology month so we carried out the following BEC activities:

Recycling - we collected used religious books, statues and paraphernalia and redistributed them to other Catholics. The remaining items were given to the SIC Recycling Team.

Gardening – we drove to to Sg Buloh to visit the numerous plant nurseries, learn about plants and source plants for our home gardens.

BEC TROPICANA ST JOSEPH



Jan prayer gathering at Michael's

BEC Christmas party

Feb prayer gathering





















Coffee Morning





Feb prayer gathering on Ecology

Embracing February's theme of Ecology, the families of SS24 St Luke/St Matthew BEC brought along baby houseplants and herbs for exchange after our BEC prayer gathering evening. What a fun way to grow together!



Pre CNY gathering & fellowship



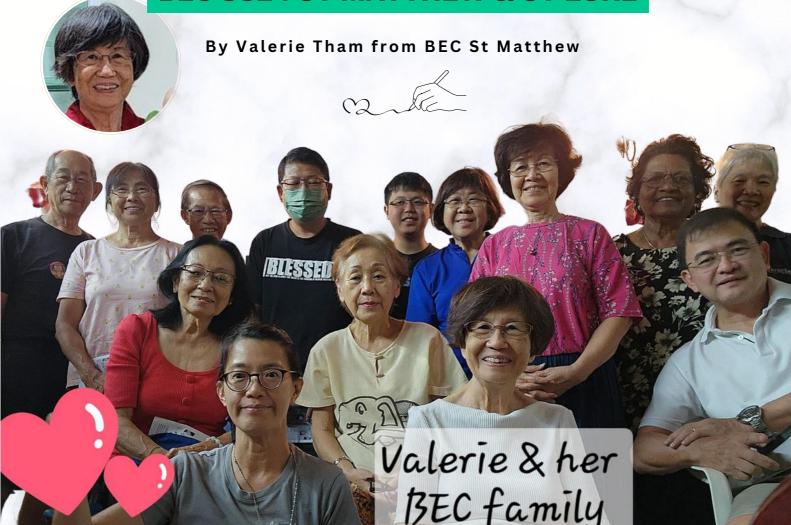
Prayer gathering on 18/3/2025





Gotong Royong @ SIC

BEC SS24 ST MATTHEW & ST LUKE



WHAT BEC MEANS TO ME

I was baptised as a Catholic in 2008. Stephen Lee and Audrey welcomed me at my first BEC gathering and introduced me to the other members. During my early days as a Catholic, Audrey guided me through the practical aspects of being a Catholic which were only covered theoretically in the RCIA.

SIC is a church with a very big congregation and if not for the BEC I would have been a Lone Ranger lost in a sea of fellow worshippers.

In the BEC, we worship together; fellowship together; run activities together; we share in the joys and griefs of our fellow members. The BEC is like a mini domestic church. And I BELONG!

My hope for that as a community, BEC St Matthew will not only grow in our spiritual journey but also in our members.

BEC SS5 ST JOACHIM













Jan & Feb prayer gathering



Mar 2025 prayer gathering

Joint event with BEC St Anthony



BEC SS4D ST MICHAEL

Celebrating Ann's 80th birthday



CNY dinner gathering



Jan prayer gathering & at Fr Thomas' 30th Sacerdotal Anniversary dinner.











BEC SS2 ST AUGUSTINE

Jan prayer gathering







Feb prayer gathering



Teamwork at the church gotong royong









Mar prayer Gathering

BEC DU HOLY FAMILY



Ist Friday Sacred
Heart prayers for Feb
at Clement & Olga's
facilitated by
Alphonsa Byril D'Cruz



"Children, obey your parents in everything, for this pleases the Lord. Fathers, do not provoke your children, lest they become discouraged" Col 3:20-21



Mar prayer
gathering
facilitated by Pat
Lim at Thressia's













Jan prayer gathering at Daniel & Darryl's

Jan & Feb prayer gathering facilitated by Alphonsa Byril D'cruz & May Thong respectively

Feb prayer gathering at Jeff & Theresa's

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BEC DU HOLY FAMILY

By Vivian Ling



In line with the focus on Ecology in the February Reflection Paper, our BEC members went on a nature walk around the park in DU. Many shared about the beauty and uniqueness they observed of plants and trees in the neighbourhood and gave glory to God's masterpiece in Creation.



The **BIG** question is: Had not this nature walk being planned, would we have observed the beauty that God lay before us everyday? In today's modern world, many of us are disconnected from this beauty, our eyes constantly fixed on our smartphone screens. Sadly, sometimes even our friends and loved ones are not given the attention that they deserve because of our distraction with the smartphone.

Technology has brought us "connectivity" but ironically we are now often "disconnected". Instead of focusing on the intricacies of nature, meaningful relationship with our friends and loved ones, we scroll through endless messages, notifications presented to us by the smartphone. This constant distraction makes us less "present in the moment".

To truly honor and appreciate God's Creation (Nature & Humanity), we must make a conscious effort to not let our devices control us. By being present, we reconnect with God's Creation and enjoy a renewed sense of awe in the world He has given us.

BEC TROPICANA ST JOHN PAUL II

CNY BEC gathering on the 9/2 @ Kuan Kei seafood restaurant





Mar prayer gathering

Thanks to the efforts of our young ACC Divya, we had an indepth discussion and sharing based on the questions below:

Q1. How do you teach respect and honesty in a world where kids are influenced by social media and peers?

Q2.If you could change one thing about how your family communicates. What would it be?

Q3.Based on the 7 values listed in the Reflection, which value from the list, do you struggle with most and why?







Mar prayer gathering

BEC DK HOLY INFANT JESUS



Jan prayer gathering & CNY Fellowship

Feb prayer gathering



Feast Day Mass @ Sungai Pelek



Mar prayer gathering

The Chapel of the Holy Infant Jesus in Sungai Pelek, Sepang, celebrated their Feast Day on Sunday 2nd of February with a Mass celebrated by Archbishop Julian Leow and concelebrated by Rev Father Edwin Peter, the Chapel's Administrator, at 11.30am. Our BEC, as the chapel's namesake, animated the Mass by taking on the role of commentator, lector, gift bearers and as part of the Choir.















BEC SS5 ST PIO







Feb & Mar prayer gathering / rosary and fellowship











Attending the wake and prayers for the late P. Freddy Austin on the 17th & 18th of Mar at SIC parlour

BEC SS7 ST MARK

CNY Fellowship on 9 Feb 2025



Feb prayer gathering







Mar prayer gathering













Oream team at the SIC gotong royong

BEC SS8 ST IGNATIUS OF LOYOLA

By Jamie Anne

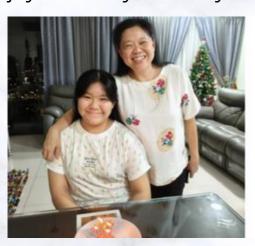
As of January 2025, we are pleased to introduce BEC St. Ignatius

Our BEC was established to foster faith, fellowship, and community spirit among Catholic families in our neighborhood. We are blessed to have seven

families as part of our growing community and look forward to welcoming more.

of Loyola, a newly formed BEC comprising of members residing in SS8 and SS9.

Our very first event was a potluck gathering, where we got to know each other over delicious food and great conversation. But that's not all—on the same day, we had an extra reason to celebrate! One of our young members turned a year older, and we happily joined in the birthday fun, making it a truly special and joy-filled day for everyone.







Our BEC came together for a wonderful evening to celebrate Father Thomas' 30th Sacerdotal Anniversary!

It was a joyous occasion filled with gratitude, laughter, and heartfelt appreciation for his 30 years of dedicated service to God and His people.

We shared a delicious meal, meaningful conversations, and special moments honoring Father Thomas' unwavering commitment to his vocation.



BEC SS7 ST ALPHONSUS LIGUORI

Jan BEC meeting with a VIP guest









BEC meeting cum CNY celebration for the month of February





Conducted Stations of the Cross and Mar prayer gathering which focused on Family.

Thanks Jenny for having us at your lovely home.

Also thanks Gabrielle for leading us in prayer to pray for our families in our BECs especially the relationship between parents, children and our elderly members in our BEC.



BEC SS3 ST BENEDICT

By Gerard Goh



I liken BEC reflection paper time to a larger occasion.

At Mass, after the lectors and priests have read the Readings and proclaimed the Gospel they say, "The Word of the Lord" or "The Gospel of the Lord".

BEC participation does the same but on a smaller scale.



Although the audience is smaller, it offers participants the opportunity to voice their views in a safe space.

It allows for deeper reflection, exploration and contemplation on what the Word of God is trying to teach us in our daily lives.









BEC SS24 St Matthew & St Luke



BEC SS3 St Benedict



BEC DK Holy Infant Jesus



BEC SS4D St Michael



BEC DU HOLY FAMILY



BEC SS4D St Michael



BEC SS5 St Anne















BEC \$\$3 \$t Paul









BEC SS2 St Faustina

















BEC SS2 St Augustine







BEC 5523 Archangel Gabriel

B.E.C. COORDINATING TEAM IN ACTION



The month of March saw BEC leaders in our parish put their best foot forward to drive home the importance of the Basic Ecclesial Community as a treasure for spiritual growth.

A one-month awareness programme was initiated to remind everyone the importance of BEC, "living in community to support each other and grow in spirituality together".

The BEC Coordinating Team (BECCOT) organised a series of short sharing sessions during all weekend Masses. Presented by different BEC leaders the theme touched on "What is BEC?", "Why join the BEC?", and "Experiencing BEC". An info desk was also set up at the Masses to help parishioners register to be part of the BECs in the areas they reside in.







BECCOT coordinator Lelia Chan saw the awareness month as "a timely effort to nip in the bud the waning interest in BEC" and that there was encouraging response from parishioners wanting to know more about their BECs and activities.

BECAT coordinator Rita Krishnan kicked started the initiative by presenting insights on "What Is BEC?", calling BECs as an expression of the Catholic faith in the smallest units.

Together they are the heart of the church vital for the laity to be active participants in ministries and evangelisation, she said.



The sharing on "Experiencing BEC" was a eye-opener as BEC Leaders shared personally on the challenges and joys experienced as a leader and as a BEC.

Bernie Wong (BEC SS2 St Faustina) shared the joy of transition from virtual meetings to physical gathering "where we pray together, share God's word, listen to one another and lend support in the hour of need".

Joshua Lee (BEC SS24 St Matthew & St Luke) advised parishioners not to take the BEC for granted. "Yes, the BEC will always be there for you in good times and bad ... but if you find it boring, do take the initiative to re-vitalise it by introducing new and creative activities". He added that the BEC did not belong solely to one person but to everyone.

Mary Elizabeth (BEC Tropicana Mother Theresa) encouraged everyone, "I know we all have our reasons for being busy, but remember, the Lord has given us His love. Let's come together to share and to love one another in our BEC."

A fellowship for parishioners was held after the evening Masses on 22nd & 23rd of March at the entrance of the church.









Food and drinks were sponsored by the Core Team of BECCOT with several BECs namely, SS7 St Alphonsus Liguori, AD St Faustina, SS2 St Augustine, DK Holy Infant Jesus, SS8/9 St Ignatius of Loyola, Tropicana St Joseph, Tropicana St John Paul II, SS24 St Matthew/St Luke, DU Holy Family, SS4 St Monica, SS5 St Joachim/St Anthony, DJ St Valentine, DJ St Helena, SS3 St Paul, SS25 St Emmanuel, SS3 St Benedict, Tropicana Mother Theresa and SS4B/4C St Joseph.

The Mandarin Apostolate, BEC KA St Anthony of Padua, SS7 St Mark and BECCOT Core Team were also on hand after the Mandarin Mass on 23 March.



Congratulations to BECCOT and to all BEC Leaders for taking the initiative to make BECs known to the parishioners. We received many enquiries and around 50 interested registrations for the respective leaders to reach out to.



Know Your BEC Coordinators





Pastoral Dynamics towards Communion of Communities

15th March 2025



BEC coordinators and core teams attended a one-day formation entitled "Pastoral Dynamics Towards Communion of Communities" conducted by Fr Mitchel Joseph, the Ecclesiastic Assistant of the Archdiocesan Basic Ecclesial Communities Animating Team and his multilingual team.

Fr Mitchel reiterated the importance of knowing the origin and theology of BEC as crucial in the development of the communities.





Pastoral Dynamics towards Communion of Communities

What Participants' Say ..

Dr Calvin Fernandez (BEC Tropicana St Joseph)

The group exercise discussing the ideals that power a BEC was interesting.

My group chose these 4 values:

- a. United in becoming missionary disciples
- b. Prayerful community
- c. Care for the needy
- d. Faith in God

Elizabeth Jasmin Kaur (BEC SS4 St Monica)

Over the years I've never really grasped the origin of BEC until Fr Mitchel explained it during the formation.

I think it is also important for BEC members to know it so that they will appreciate the BEC more

the Catholic Church practices grassroot theology (ie. focusing on the needs of the people) & incarnational spirituality (ie. finding God in the suffering of others)

We are all called to listen to the voice of God (grassroots) and be adaptable.

Anna Belle (BEC Tropicana St Joseph) I was intrigued to discover that the BECs started with poor village communities coming together to pray and voicing their needs as a community in Latin America who were suppressed by the elite rich minority, that also had a hold on the church.

Sharon Armstrong (BEC SS3 St Paul)

The last exercise promoting synodality in the Spirit to discuss the group's consensus on a particular task given was helpful and insightful in group dynamics.

I understand now that each BEC has its own unique needs, its significance to the respective community, and the importance of adaptability in meeting those needs.

Hippolyte (BEC Tropicana St Joseph)

Rena (BEC Tropicana Mother Theresa)



BASIC ECCLESIAL COMMUNITY (BEC) AS A LIVING EXPRESSION OF SYNODALITY

By Rita Krishnan

Role

BEC (Basic Ecclesial Community) serves as a grassroots faith community for God's people, emphasizing synodality and mission through:



- 1. Participation: Active involvement of all members contributing their unique gifts.
- 2. **Listening**: Creating a space for sharing stories and learning from experiences.
- 3. Dialogue: Encouraging respectful discussions and sharing perspectives.
- 4. Collaboration: Collective decision-making among members.
- 5. **Mission**: Focusing on serving community needs and promoting social justice.

Recognized by the Roman Catholic Church, BECs embody participative decision-making and empowerment principles, highlighting the significance of synodality in ecclesiastical discourse.





The Basic Ecclesial Communities (BEC) are rooted in the communal nature established by Vatican II, particularly recognized in Asia. BECs promote engagement and inclusivity, supporting synodal practices and ecclesial governance.



BASIC ECCLESIAL COMMUNITY (BEC) AS A LIVING EXPRESSION OF SYNODALITY

Challenges

However, they face challenges such as declining participation, poor leadership commitment, and a lack of resources and training. Coordinators require ongoing faith formation to effectively fulfill their roles and encourage member participation. Authoritarian leadership styles can lead to clericalism, causing coordinators to lose enthusiasm and commitment over time. Burnout and performance-based expectations further hinder BEC growth and discourage active involvement.

Focul Point

Basic Ecclesial Communities (BECs) strengthen relationships and mission through Word sharing, guided by the Parish Priest. Comprising small groups of families, BECs focus on community dynamics and spiritual growth. The BEC Coordinating Team (BECCOT) and BEC Animating Team (BECAT) work together to enhance this growth, promoting ownership and belonging among members. BECs integrate synodality to revitalize community engagement, essential for the Church's mission to spread the Gospel and address social issues like poverty and injustice.

BEC today is seen as homes of synodality, playing a vital role in participating towards a social transformation. BECs can genuinely be what John Paul II describes: "a sign of vitality within the Church, a solid starting point of a new society based on a civilization of love."



My Vocation Journey

- Bro Indra Alexius, OFM Cap-

My interest in religious life began when I was a child, as I had several relatives who were Catholic priests and nuns. However, at that time, I did not consider it a calling. As I grew older, I aspired to be a businessman and dreamt of having a family and believed that being successful in the secular world was my duty.



During my secondary school years, I lived away from my family; spending most of my free time in the church, with the youth ministry and as a lector. I often accompanied priests on their pastoral visits in North Sumatra, Indonesia.

One of my most unforgettable memories was when I joined a priest, some youth members, and a nun on a visit to a remote village, located about five hours away on foot. We brought food and medicine for the people there and stayed overnight in a parishioner's house.

This experience deeply moved me and sparked my desire to work in pastoral ministry and charity. After high school, a priest recommended that I enter a minor seminary to gain deeper insight into seminary life.

I entered the minor seminary in Siantar, a small town about an hour from Lake Toba. Through intense prayer and reflection, my heart was set on becoming a Capuchin friar. My years of formation strengthened my religious vocation, especially through pastoral ministries in hospitals, leper communities, prisons, rural villages, and disaster relief efforts. I was also involved in various social charity organizations. These encounters ignited an even greater fire within me to serve God through the poor and marginalized.



Pastoral year with youth ministry



Fellow religious and priest in KL

My Vocation Journey

- Bro Indra Alexius, OFM Cap -

My vocation journey was not easy. There were times when I almost gave up due to various struggles. However, I always relied on God's words: "You did not choose me, but I chose you" (John 15:16). This verse reassured me that He would give me the strength to endure all trials. I also held onto Matthew 6:33: "Seek first the Kingdom of God and His righteousness, and all these things will be added to you."

I placed my trust in Him, and He has always guided me. I said "yes" to serving God forever and in 2021 made my final vows.

I committed myself to the Lord for life and I have never regretted choosing this path.

I have found true joy in religious life and the ability to share His love with everyone I meet.

After my final vow, I worked for a year before furthering my communication studies at Taylor's University in Malaysia.

While residing at SIC I serve the parish as an EMOHC and in FLMS and KUBM choir as part of my apostolate.







KL District Jubilee Walk of Hope March 22, 2025 with KUBM Youth from SIC

The Easter Gifts God Gave Us

The best gifts ever given to each of us came as a result of the critical events surrounding the Easter celebration.



THE EASTER GIFT OF HUMILITY

Maundy Thursday, is when Jesus celebrated the Passover with His disciples and instituted the Lord's Supper.

It's when Jesus washed the disciples' feet (John 13) — the job only a servant would do.

Later, He fervently prayed to the Father, "Not my will, but yours be done." Jesus modeled humility through His life and death, and it's what we need to practice ourselves to come before God.

This is why humility is the first Easter gift God gave us.



THE EASTER GIFT OF FORGIVENESS

Good Friday services are often a somber remembrance of Jesus' death on the cross.

But the great sacrifice of Jesus, although serious, also provides reason for great rejoicing. Which is why the second best Easter gift God gave us, is the gift of forgiveness.

Do you want to carry the weight of your mistakes and wrongdoings with you every day of your life? Of course not! Forgiveness sets you free from all guilt and shame, and even restores relationships. Forgiveness is a precious gift and one God offers to us freely.

Nothing compares to the forgiveness made available to us through Jesus. We were all born separated from God, wanting to go our own way, but Jesus came to change that and did for all humanity at Easter.

Since Jesus willingly suffered to bring forgiveness for us, we should also willingly forgive others.

THE EASTER GIFT OF ETERNAL LIFE



The Easter Sunday celebration of Jesus'
Resurrection points to the gift of eternal life. Of all the great people who have lived, only Jesus had the power to come back to life, and He now reigns in heaven as King.

The moment you believe in Jesus, you become a child of God and He will help you live for Him.

Then, after death, you will live forever with God — free from sin, sickness, suffering, and death. You will live with Jesus knowing perfect love, joy, peace, and goodness.

The hope of eternal life provides endurance in this life by knowing that, despite any suffering you may face, something far greater will come.

THE EASTER GIFT OF HOPE



Spend any time around Christians and you'll hear about the "hope we have in Jesus." But in order to appreciate hope you first need to experience hopelessness. Then and only then, will we come to realize why hope matters and have a hunger for it.

At times our hope in Jesus is lukewarm and from a distance especially when we have a pretty good thing going on right now in our lives. There is no need to worry or want for anything more. Yet, are we fulfilled? Do we feel there is more? Something better and more purposeful?

The great gift of Easter

is hope.

Basil C. Hun

Because Jesus was raised from the dead, we have meaningful hope that should change how we live our lives. If Jesus was raised from the dead—and we have every reason to believe he was—it validates that he was who he claimed to be (God himself).

His resurrection confirms we can trust in his promises and hope of life where every tear will be wiped away, and suffering and death will be no more (Rev. 21:4).

That's a hope worth hungering for. That's a hope that should change how we see everything in this life, as long as we're not full of the world.

For when this hunger is filled by the hope of eternal life with Jesus, there is joy knowing we have the greatest gift that Easter offers.

MANDARIN SPEAKING GROUP

SJBS圣依纳爵基信团 BEC Subang Jaya/Bandar Sunway)







2025年,新的一年拉开序幕,SIC-圣依纳爵堂基信团(BEC)的各项活动也如火如荼地展开。为了迎接农历新年,各个基信团齐心协力,将教堂布置得喜气洋洋,洋溢着浓厚的节日氛围。我们 Subang Jaya/Bandar Sunway 基信团当然也参与其中。在这欢乐的时刻,圣依纳爵堂基信团也迎来了第 28 周年庆。基信团成员们都身着制服,齐聚教堂门口合影,纪念这意义非凡的时刻。









此外,在农历新年的尾声,我们 Subang Jaya/ Bandar Sunway 基信团家庭成员都相聚一起,共同欢庆新春佳节。大家共聚一堂,享受美食、捞生、交流、玩游戏及圣言分享,在主内度过了一个充满喜乐的一个下午。这也充分展现了传统文化与教会精神的和谐与交融。

圣依纳爵-基信团



为了让更多人融入基信团这个教会基层团体的大家庭,让大家彼此扶 持、同心协力为主服务,我们圣堂的基信团特别在3月份为基信团开 展了为期一个月系列的招募活动。活动期间,各个区域的基信团分批 设立摊位进行推广及收取反馈,我们的 BEC 也迎来了几位新参与家庭 呢! 另外,在弥撒中的见证,分享与讲解,已让更多人加深了对基信 团的了解。也借此机会,鼓励大家积极参与并共同在信仰中成长。







这个三月我们还为我们的《家》圣堂-维护整洁。大家齐心协力开展了一次全面的大扫除,以实际行动共同守护这片神圣的祈祷场所。 基信团的多元化活动涵盖个人、家庭、团体乃至整个堂区,让我们每一位成员都能积极参与其中,在信仰中共同成长,分享主内团体的温暖与喜乐。

SS3圣若瑟基信团 (BEC SS3 St Joseph)

主题:迎新春·传递爱·齐欢乐! 🏇

为了迎接 2025《希望的朝圣者》禧年,我们特别筹备了一系列温馨又 充满意义的活动,让我们一起把爱和希望传出去!





首先,我们探访了马来西亚诚爱残障收留社,陪伴中心的朋友们,和 他们聊天、送上慰问品,并带去欢乐,希望我们的关怀能让他们在新 年里感受到温暖与爱。随后,我们与华文公教青年团报佳音,用优美 的歌声传递祝福,让音乐成为连接人心的桥梁。









为了营造喜庆的新年氛围,我们也与 Taman Megah BEC 携手布置新春装饰,挂上红彤彤的灯笼,贴上大大的春联,让整个场地充满春节的温馨与喜悦。大家齐心协力,不仅让新年更有仪式感,也增进了彼此的互动与合作。

每年的一月份,我们一同庆祝了BEC周年庆,回顾过去的点滴,感恩彼此的陪伴,让这个新春更加意义非凡。











当然,新年少不了团拜聚餐!我们与 SS2 BEC 举办了一场温馨的新春聚会,大家围坐在一起,捞生、互道祝福,享用简单的午餐。现场还有有趣的互动游戏,笑声不断,让每个人都感受到团聚的欢乐。这不仅是一次新春庆祝,更是大家凝聚彼此、共享美好的时刻。

愿这份温暖延续到新的一年,让我们携手迎接充满希望与祝福的 2025年! **沐**≱

BAHASA MALAYSIA SPEAKING GROUP

Wakil daripada KUBM semasa **misa perayaan Ponggal** di SIC tahun 2025.

Sudah menjadi budaya
SIC yang sentiasa
menjemput semua umat
SIC yang terdiri daripada
pelbagai etnik untuk
menyertai apa jua
sambutan yang disambut
di SIC.



Misa Bahasa pada bulan Februari 2025 dirayakan oleh Fr Gregory Chan dan pada bulan Mac, Fr Danny sebagai paderi jemputan. Seperti biasa, selepas misa... MAKAN TIME! Sambutan Hari Jadi yang diadakan pada setiap bulan kepada mereka yang merayakan Hari Jadi pada bulan tersebut.







Penyambutan harijadi bulan Feb

AKTIVITI BELIA KUBM





Outreach program yang disertai oleh Belia KUBM, bersama-sama dengan anak-anak autism.

Coffee Morning



Acara yang diadakan mengikut giliran di SIC.
Giliran KUBM pada kali ini, membawa kepada jualan pelbagai makanan, Thrift Shop dan Karaoke atau Busking.
Sambil makan sambil berhibur!

Pilgrimage ke Cathedral St John the Evangelist, Kuala Lumpurl







Summit AOHD yang diadakan baru-baru ini memberi peluang kepada para umat Katolik yang menetap di Lembah Klang untuk menyertai acara yang pertama kali diadakan. Juga turut memberi peluang kepada SIC untuk menjemput Sr Max dari Kongregasi Putri Karmel untuk memberikan ceramah.





TAMIL SPEAKING GROUP

SIC's Tamil speaking group heralded 2025 with a colourful **Ponggal** celebration on the 12th of January with about 250 parishioners joining the festivities. Ponggal, which means overflowing abundance in Tamil, is celebrated during a vibrant four-day harvest festival in the auspicious month of Thai. The rituals include boiling newly harvested rice until it spills over, serving as a powerful symbol of prosperity.









SIC Tamil BEC and group also participated at the KL Archdiocese Ponggal celebration at the Church of St Aloysius, Mantin.











The SIC Tamil BEC assisted in preparing food for visiting priests on the 3rd of March during the Penitential Service.

In conjunction with the Jubilee Year of Hope, the Tamil apostolate organised a pilgrimage to the Church of St Francis of Assisi, one of the designated pilgrim churches in KL The group participated in the Way of the Cross with life-sized statues at each station; reflecting on the journey of Christ's Passion during Lent.





Tamil speaking members regularly participated in prayer during the monthly BEC reflection paper gatherings.





POPE'S MONTHLY INTENTIONS 2025



APRIL

Let us pray that the use of the new technologies will not replace human relationships, will respect the dignity of the person, and will help us face the crises of our times.

For the use of the new technologies

MAY

Let us pray that through work, each person might find fulfilment, families might be sustained in dignity, and that society might be humanized.

For working conditions

JUNE

Let us pray that each one of us might find consolation in a personal relationship with Jesus, and from his Heart, learn to have compassion on the world.

That the world might grow in compassion





April

13th : Palm Sunday

17th: Holy Thursday

18th : Good Friday

20th : Easter Sunday

27th: Launch of SIC Family Month at Mass

8:45am (E) and 11:15am (M)



SIC Family Month: Family is a Community of Love

3rd : Strengthening Family Communication Workshop (9am - 1pm)

10th : Spiritual Session - The Joy of Love in Family (9am - 12pm)

17th : Family Fun Day @ FRIM, Kepong (8am - 1pm)

31st : SIC FamFest! Food, Fun, Fiesta! (9am - 2pm)

: Family Rosary (4:15pm)

: Mass & Close of Family Month (6pm)

31st : Feast of the Visitation of the Blessed Virgin Mary

: Praise & Worship+Novena to the Holy Spirit(4:45pm)

: Novena to Mother of Perpetual Succour/Benediction(5:20pm)

June

1st : Opening Ceremony of Petaling District

Pastoral Programme 2025 after 8:45am Mass

8th : Pentecost Sunday

22nd; Corpus Christi

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Articles and written contributions can be sent to
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If you or anyone you know who might be going through tough times, do not hesitate to contact SIC or the Family Life Ministry for assistance.

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