

  
BROKEN SOUND  
CLUB

# *The* SOUND



JANUARY 25, 2025

# News You Can Use

## GENERAL UPDATE

- Ladies' Card Play will be held in Starling on Saturday, January 25 and Sunday, January 26 due to the Color War event.

## DINING UPDATE

- CIRQ A la Carte Dinner is closed on Saturday, January 25 due to the Lobster Bash. Bar Bites will be available.
- 1401 East will be closed for Lunch and Bar Bites on Monday, January 27 and Tuesday, January 28 due to the Old Course Men's Member-Guest.
- CIRQ will be closed for dinner on Saturday, February 1 due to Piano & Prime. Bar Bites will be available.
- Dinner at 1401 East will be closed on Sunday, February 2 due to the OC Social Mixer
- CIRQ lunch will be closed on Tuesday, February 11 due to the Ladies' Member-Guest Card Party.

## REMINDER: 2025 BOARD OF GOVERNOR ELECTIONS

Are you a member who can lend your diverse background, experience, and time to Broken Sound's continued growth and success?

Now is the time to submit your application for this year's election and be a part of Broken Sound's evolution into its next chapter!

There are three (3) open seats this election cycle for three-year terms with a maximum of six (6) Candidates being selected to run for these positions.

To apply, click [here](#) for the Election Application and Packet. Please submit your application to Meryll Magnuson (mmagnuson@brokensoundclub.org or call 561-241-6810). Applications are due by 5:00 pm on Friday, January 31, 2025.

We look forward to a successful election and when the time comes, be sure to vote!

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# Conversations with David & Ken



Join Club President David Bauer and GM/COO Ken Kosak for an interactive conversation with Members to ask questions and share insights.

Thursday, February 20  
3:30 pm – 4:30 pm | Starling

Registration will open two weeks in advance.

*These meetings are designed to be smaller, ensuring that all members in attendance have speaking time. Space is limited. Should a wait list occur, future dates will be forthcoming.*



## Watch as 26 NFL Legends and 78 PGA TOUR Champions Professionals Compete!



Come watch Hall of Fame Football Legends such as, Ronde Barber, Marshall Faulk, Calvin Johnson, John Randle, Warren Sapp, and DeMarcus Ware.



VIDEO HERE

**MORE INFORMATION!**



**James Hardie**  
Pro Football Hall of Fame Invitational





# CLUB COURSE SIGNATURE SHOP SPOTLIGHT

*Meet our new team members!*



Ava Bonavita is from Georgetown, Massachusetts, and is a freshman at Lynn University, studying Hospitality and Management. She is passionate about pursuing a career in food and beverage or human resources. In her free time, she enjoys going to the beach, spending time with friends, and working out at the gym. She also loves animals and meeting new people.



Adam Sel was born and raised in South Florida. He graduated from Florida Atlantic University in 2021 with a Bachelor's degree in Marketing. After graduating, he moved to Orlando and began his career in hospitality at Mission Inn Golf and Resort. A lifelong golf enthusiast, he was drawn to a career that combined his passion for the game with his marketing background. Since joining Broken Sound in December, he has enjoyed connecting with members and colleagues.



Vikki Gatti was born and raised in New Jersey. She is a hardworking and driven individual who thrives on challenges. She enjoys meeting new people and learning about their backgrounds. Dedicated and personable, she is always happy to assist in any way she can.



## January 25 - February 22

## Dining at a Glance

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>THE OLD COURSE BISTRO MOONSTONE MAIN CLUBHOUSE</b></p> <p>Dinner reservations are available two weeks in advance and Special Events can be reserved one month prior to the event date. For more detailed information about Dining Options, Dress Code, Cancellation Policy and Hours of Operation, please see our current dining schedule located on our website and on our app.</p>						<p><b>25</b> Bistro All Day 1401 East Lunch CIRQ Lunch CIRQ Bar Bites Lobster Bash 1401 East Dinner</p>
<p><b>26</b> Bistro All Day CIRQ Brunch Buffet 1401 East Brunch Buffet CIRQ Bar Bites 1401 Uncorked After Fore CIRQ Family Dinner Buffet</p>	<p><b>27</b> Bistro Lunch CIRQ Lunch CIRQ Bar Bites Burgers &amp; Brews Zest Dinner</p>	<p><b>28</b> Bistro Lunch CIRQ Lunch CIRQ Bar Bites CIRQ Twin Plates Zest Dinner</p>	<p><b>29</b> Bistro Lunch 1401 East Lunch CIRQ Lunch CIRQ Bar Bites CIRQ Tuscan Dinner Buffet Zest Dinner Dariosh Wine Dinner</p>	<p><b>30</b> Bistro Lunch CIRQ Lunch CIRQ Bar Bites CIRQ Prime Rib Special Zest Dinner 1401 East Wine &amp; Dine Dinner Special</p>	<p><b>31</b> Bistro Lunch 1401 East Lunch CIRQ Lunch CIRQ Bar Bites CIRQ Chef's Specials Lakeside Happy Hour Zest Dinner 1401 East Dinner</p>	<p><b>1</b> Bistro All Day 1401 East Lunch CIRQ Lunch CIRQ Bar Bites Piano &amp; Prime 1401 East Dinner</p>
<p><b>2</b> Bistro All Day CIRQ Brunch Buffet 1401 East Brunch Buffet CIRQ Bar Bites Bistro Pizzeria CIRQ Family Dinner Buffet</p>	<p><b>3</b> Bistro Lunch 1401 East Lunch CIRQ Lunch CIRQ Bar Bites Burgers &amp; Brews Zest Dinner</p>	<p><b>4</b> Bistro Lunch 1401 East Lunch CIRQ Lunch CIRQ Bar Bites CIRQ Twin Plates Zest Dinner</p>	<p><b>5</b> Bistro Lunch 1401 East Lunch CIRQ Lunch CIRQ Bar Bites CIRQ Tuscan Dinner Buffet Zest Dinner</p>	<p><b>6</b> Bistro Lunch CIRQ Lunch CIRQ Bar Bites CIRQ Prime Rib Special Zest Dinner 1401 East Wine &amp; Dine Dinner Special</p>	<p><b>7</b> Bistro Lunch 1401 East Lunch CIRQ Lunch CIRQ Bar Bites CIRQ Chef's Specials Lakeside Happy Hour Zest Dinner 1401 East Dinner Shabbat Dinner</p>	<p><b>8</b> Bistro All Day 1401 East Lunch CIRQ Lunch CIRQ Bar Bites CIRQ Ocean to Table Special 1401 East Dinner</p>
<p><b>9</b> Bistro All Day CIRQ Brunch Buffet 1401 East Brunch Buffet CIRQ Bar Bites Bistro Pizzeria The Big Game Super Sunday</p>	<p><b>10</b> Bistro Lunch 1401 East Lunch CIRQ Lunch CIRQ Bar Bites Burgers &amp; Brews Zest Dinner</p>	<p><b>11</b> Bistro Lunch 1401 East Lunch CIRQ Bar Bites CIRQ Twin Plates Zest Dinner</p>	<p><b>12</b> Bistro Lunch 1401 East Lunch CIRQ Lunch CIRQ Bar Bites CIRQ Tuscan Dinner Buffet Zest Dinner Wine Society: Evening of Appreciation</p>	<p><b>13</b> Bistro Lunch 1401 East Lunch CIRQ Lunch CIRQ Bar Bites CIRQ Prime Rib Special Zest Dinner</p>	<p><b>14</b> Bistro Lunch 1401 East Lunch CIRQ Lunch CIRQ Bar Bites Zest Dinner Valentine's Day Dinner Dance 1401 East Dinner</p>	<p><b>15</b> Bistro Brunch Buffet 1401 East Lunch CIRQ Lunch CIRQ Bar Bites CIRQ Ocean to Table Special 1401 East Dinner</p>
<p><b>16</b> Bistro Brunch Buffet CIRQ Brunch Buffet 1401 East Brunch Buffet CIRQ Bar Bites Bistro Pizzeria</p>	<p><b>17</b> Bistro Lunch Buffet 1401 East Lunch CIRQ Lunch CIRQ Bar Bites Burgers &amp; Brews Bistro Burgers &amp; Brews Zest Dinner</p>	<p><b>18</b> Bistro Lunch 1401 East Lunch CIRQ Bar Bites CIRQ Twin Plates Zest Dinner Wine Dinner: Orin Swift</p>	<p><b>19</b> Bistro Lunch 1401 East Lunch CIRQ Lunch CIRQ Bar Bites CIRQ Tuscan Dinner Buffet Zest Dinner</p>	<p><b>20</b> Bistro Lunch 1401 East Lunch CIRQ Lunch CIRQ Bar Bites Lobster Bash 1401 East Wine &amp; Dine Dinner Special</p>	<p><b>21</b> Bistro Lunch 1401 East Lunch CIRQ Lunch CIRQ Bar Bites CIRQ Chef's Specials Lakeside Happy Hour Zest Dinner 1401 East Dinner</p>	<p><b>22</b> All Day Buffet 1401 East Lunch CIRQ Lunch CIRQ Bar Bites CIRQ Ocean to Table Special 1401 East Dinner</p>



# Weekly Dining Events



Hours of Operation & Dress Code

VIEW

## CIRQ Grille and Bar

### Lunch Buffet

Monday - Saturday

MENU

### Limited A la Carte

Daily

MENU

### Sunday Brunch

MENU

### Bar Bites

Daily

MENU

### Burgers & Brews

Monday

MENU

### À la Carte Dinner

Monday, Thursday - Saturday

MENU

### Tuscan Dinner Buffet

Wednesday

MENU

### Twin Plates

Tuesday

MENU

### Prime Rib Night

Thursday

MENU

### Chef's Specials

Friday

MENU

### Ocean to Table

Saturday

No Dinner on February 1

MENU

### Family Dinner Buffet

Sunday

MENU

### Youth

Daily

MENU

## Bistro

### Lunch

Monday - Friday

Saturday & Sunday | Opens at 9:00 am

MENU

### Youth

Daily

MENU

### Bistro Pizzeria

Sunday

MENU

## Zest Restaurant

### Dinner

Monday - Friday

MENU

### Youth

Daily

MENU

## 1401 East Restaurant

### Lunch

Daily

No lunch on January 27 and 28

MENU

### Brunch

Sunday

MENU

### Wine & Dine

Thursday

MENU

### Dinner

Friday & Saturday

MENU

### Uncorked After Fore

Sunday

No Dinner on February 2

MENU

### Bar Bites

Daily

MENU

# 1401 East



## Shuttle Service

We are delighted to offer our members a **complimentary luxury shuttle service** to and from the Old Course.

The 1401 East Shuttle will operate every 30 minutes on Friday and Saturday evenings from 5:00 pm to 10:00 pm.

To use this service, simply park or valet your car at the Main Clubhouse, and our 15-person shuttle will be waiting near the Valet Bag Drop. After dinner, your shuttle will be stationed near the Old Course Port Cochère for your return trip.

### Hours of Operation:

Friday and Saturday evenings, 5:00 pm - 10:00 pm

Shuttle picks up at Main Clubhouse - 5:00 pm

Arrives for pick up every half hour until 9:30 pm

Shuttle arrives at Old Course on the quarter hour, starting at 5:15 pm

Arrives every half hour until 10:00 pm





Broken Sound is excited to invite you to explore our newly launched Wine Society program, a perfect experience for both passionate wine enthusiasts and those who enjoy the occasional glass. This exclusive membership offers you unparalleled access to the world of fine wine, with special perks and personalized experiences designed to elevate your wine journey.

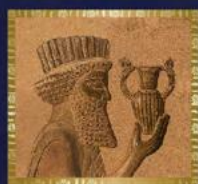
**MORE INFORMATION**

To register please send e-mail to [winesociety@brokensoundclub.org](mailto:winesociety@brokensoundclub.org)

**JANUARY NEWSLETTER**

*Discover, savor, and enjoy with us!*

DARIOUSH



**WINE SOCIETY  
EXCLUSIVE DINNER**

Wednesday, January 29 | 6:00 pm  
1401 East | \$225 | Club Attire

To make a reservation,  
please call Reception at 561-241-6800

**VIEW MENU**

Cancellations must be made at least 48 hours prior to the event. Any cancellations made after this time will incur the full charge. Please be advised that photos may be taken during the event for marketing purposes. By attending, you consent to the use of these images.

Thursday, January 30  
6:00 pm Cocktail Reception  
7:00 pm Dinner  
Lakeview Terrace | \$109

Club Attire



Join us for an unforgettable evening where food meets music al fresco. Delight in a spectacular opera performance and indulge in an exquisite farm-to-table feast, all while surrounded by the beauty of the night sky.

**VIEW MENU**

In the event of inclement weather, the event will be rescheduled.

*Dining  
Al Fresco*

**Piano &  
PRIME**

Saturday, February 1  
Seatings begin at 5:30 pm  
Illuminations Ballroom  
CLUB ATTIRE

*Reservations are required and open two weeks in advance.*

**To reserve, please call 561-241-6800.**

**VIEW MENU**

*If a cancellation is needed, please call the Reservations team at least 6 hours prior to reservation. Members who fail to cancel in due time will result in a \$15 charge for each member of the party.*



## Shabbat Service & Dinner Buffet

Join us for Shabbat Service & Dinner  
Lead by Rabbi/Cantor Ellari Mirabel

**Friday, February 7**

Service: 6:30 pm | Dinner Begins at 7:15 pm

Illuminations | Adult \$42 | Child \$20 | Club Attire

Reservations are required. To join the waitlist, please call 561-241-6800.

[VIEW MENU](#)

Members must call Reception at 561-241-6800 to cancel at least 48 hours in advance.  
Members who fail to cancel in due time will be charged in full.  
Dinner Dress Attire

## SUPER SUNDAY

**Sunday, February 9**

Seating begins at 5:30 pm | CIRQ & Lakeview Terrace

\$34 Adults | \$17 Children

DINNER CASUAL ATTIRE

Reservations are required and open two weeks in advance.

To reserve, please call 561-241-6800.

[VIEW MENU](#)



## Evening of Appreciation

Enjoy hand-selected wines from exclusive vineyards, passed hors d'oeuvres, diverse food stations and the opportunity to connect with fellow Wine Society members.

**Wednesday, February 12 | 6:30 pm | 1401 East**  
Dress Code: Club Attire

Price Included with Wine Society Membership

To reserve, please call 561-241-6800.



For details regarding the  
Wine Society Membership, please  
email [winesociety@brokensoundclub.org](mailto:winesociety@brokensoundclub.org)



# Dine with your Valentine



ZEST RESTAURANT

Dinner Menu

[VIEW MENU](#)



CIRQ GRILLE & BAR

Asian Dinner Buffet

[VIEW MENU](#)



1401 East DINNER MENU

[VIEW MENU](#)



Lakeriew Happy Hour

Happy Hour  
5:30 pm - 7:30 pm

In the event of inclement weather, Happy Hour will be moved to Bistro.

# Valentine's Day Dinner Dance

Friday, February 14

Seating Begins at 5:30 pm  
Illuminations Ballroom | \$110

COCKTAIL ATTIRE

Join us for a special three-course prix-fixe menu, carefully crafted to delight your senses. Indulge in romantic ambiance, exceptional cuisine, and unforgettable memories.

[VIEW MENU](#)

Reservations are required and open.

If a cancellation is needed, please call Reception at least 48 hours prior to reservation. Members who fail to cancel in due time will be charged in full.

# bistro | BURGERS & BREWS



Monday, February 17

5:00 pm - 8:00 pm

[VIEW MENU](#)



# Presidents Weekend at bistro

## BRUNCH BUFFET

Saturday, February 15 & Sunday, February 16

9:00 am – 3:00 pm | Bistro | \$24 Adults | \$12 Children

[VIEW MENU](#)

## BBQ LUNCH BUFFET

Monday, February 17

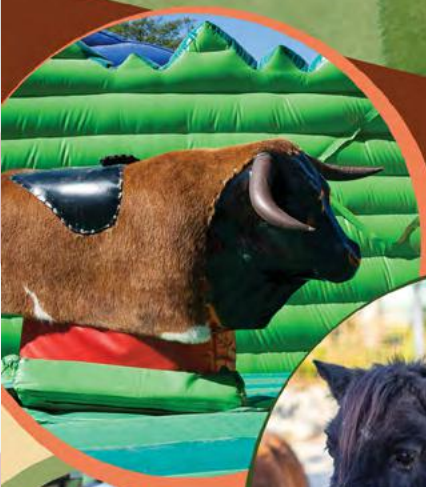
11:30 am - 3:00 pm | Bistro | \$21 Adults | \$11 Children

[VIEW MENU](#)



Saddle Up for Family Fun!

# HOMIE ON THE RANGE BBQ



Sunday, February 16  
3:30 pm – 7:00 pm | Driving Range  
Adults \$40 | 12 & Under \$20  
Guest Welcome! | Food Stations Included

**GAMES FOR ALL AGES!**

[REGISTER NOW](#)

[VIEW MENU](#)

AXE THROWING  
GAMES PETTING ZOO  
BULL RIDING PONY RIDE  
FARMER'S MARKET



# ORIN SWIFT *Wine Dinner*

Tuesday, February 18  
6:00 pm | Illuminations | \$105

DRESS CODE: CLUB ATTIRE [VIEW DRESS CODE](#)

[VIEW MENU](#)

Reservations are required and open.  
To reserve, please call 561-241-6800.

# *Lobster Bash*

Thursday, February 20 | 5:30 pm  
\$85 Adult | \$20 Child | Illuminations Ballroom

DINNER CASUAL ATTIRE

*Reservations are required and open.*

To reserve, please call 561-241-6800.

[VIEW MENU](#)

*If a cancellation is needed, please call Reception at least 48 hours prior to reservation.  
Members who fail to cancel in due time will be charged in full.*

PLEASE JOIN US FOR  
THE ANNUAL OLD COURSE

# UNDER THE STARS GALA

MARCH  
**08**  
2025

7:00 pm | Illuminations | \$160 per person  
Premium Open Bar | Exquisite Menu to Follow  
Outstanding Entertainment  
Reservations Open January 25

*Old Course Members Only | Black & White Cocktail Attire*

[DRESS CODE](#)

[VIEW MENU](#)

*AN EVENING NOT TO BE MISSED*





# January 25 - February 22

# Events at a Glance

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>THE OLD COURSE CLUB COURSE MOONSTONE MAIN CLUBHOUSE</b></p> <p>Dinner reservations are available two weeks in advance and Special Events can be reserved one month prior to the event date. For more detailed information about Dining Options, Dress Code, Cancellation Policy and Hours of Operation, please see our current dining schedule located on our website and on our app.</p>						<p><b>25</b> Color War</p>
<p><b>26</b> Color War</p>	<p><b>27</b> OC Men's Member-Guest Current Events Lynn University Speaker Series</p>	<p><b>28</b> OC Men's Member-Guest ADL: Antisemitism on Campus Speaker Series Grief Support</p>	<p><b>29</b> An Evening of Great Musical Videos</p>	<p><b>30</b> XGlosive Pickleball Night</p>	<p><b>31</b> The Nova Exhibition</p>	<p><b>1</b> Racquets Men's Member-Guest Broward Center Presents: Beautiful Noise Youth Game Night</p>
<p><b>2</b> OC Social Mixer</p>	<p><b>3</b> Hadassah Educational Forum OC President's Cup Bowling Club</p>	<p><b>4</b> CC 12 &amp; Dine Writers Workshop Great Courses</p>	<p><b>5</b> OC Meatballs &amp; Martinis</p>	<p><b>6</b> Jewish Federation: Cocktails &amp; Karaoke Rumba Dance Class</p>	<p><b>7</b></p>	<p><b>8</b> Tennis Singles Championships Pap Corps Viva Las Vegas Live at Lynn</p>
<p><b>9</b> Tennis Singles Club Championship</p>	<p><b>10</b> Spa Event: "Love the Skin You're In" Current Events</p>	<p><b>11</b> Ladies' Member-Guest Card Party: Mamma Mia Photography Club Grief Support</p>	<p><b>12</b> Music on the Patio Fitness Class: Sound Healing</p>	<p><b>13</b> OCWGA Mixer #2 Trivia Night Rumba Dance Class</p>	<p><b>14</b> Youth Movie Night</p>	<p><b>15</b> Family Fishing Derby Oscar Talk</p>
<p><b>16</b> CC Sadie Hawkins Mixer Youth: Home On The Range</p>	<p><b>17</b></p>	<p><b>18</b> Writers Workshop Great Courses</p>	<p><b>19</b> Book Club: The Frozen River Dink &amp; Drink</p>	<p><b>20</b> Conversations with David &amp; Ken</p>	<p><b>21</b> Women's Club Luncheon: Renee Silvin Lynn University - A Chorus Line</p>	<p><b>22</b> Pickleball Doubles Club Championship</p>

# CURRENT EVENTS

**Monday, January 27**  
4:00 – 5:30 pm | Starling  
Complimentary | Members only

Register on the Mobile App or please call Reception at (561) 241 – 6800.

**REGISTER NOW**

*The next meeting will be on Monday, February 10.*

## ADL®

FIGHTING HATE FOR GOOD

### Antisemitism on Campus: A Grandparent's Guide to Understanding the Jewish College Experience

featuring Candice Perilstein,  
ADL's Associate Director, Campus Engagement & Partnerships

Refreshments will be served  
Reservations are required and open.

For more information please call Ellen Danetz at 917-328-0841 or email danetze@aol.com

**TUESDAY, JANUARY 28**  
**7:30 PM | STARLING ROOM**  
**COMPLIMENTARY**

**REGISTER NOW**

## An Evening of Great Musical Videos

**Wednesday, January 29**  
7:30 pm | Illuminations | Complimentary

Register on the Mobile App or please call Reception at (561) 241 – 6800.

**REGISTER NOW**



BROKEN SOUND

# Bowling Club

Monday, February 3 | 7:00 pm  
 Bowlero - 21046 Commercial Trail, Boca Raton  
 \$14+ Games | \$6+ Shoe Rental | Members Only



As a reminder, League bowlers receive additional benefits which includes two free games a week, discounted bowling prices and 20% off food and non-alcoholic beverages from the League bowler menu. All levels of play welcome!

Register on the Mobile App or please call Reception at (561) 241 - 6800.

REGISTER NOW

## Hadassah Educational Forum

presents

## Hillel of Broward and Palm Beach Counties

Monday, February 3  
 7:30 pm | Location: Starling

The presentation will include  
 The Rise of Antisemitism on college campuses.  
 Being Jewish on College Campuses.

REGISTRATION FORM

All Welcome, Reservations Preferred,  
 Walk-Ins Accepted. \$15.00 Per Person

For more information, please contact  
 Paula Gluckman at 561-988-0506  
 Checks payable to Hadassah



# JOIN OUR 1,000,000 DIAPER CHALLENGE!



**Broken Sound Club** is partnering with Boca West Children's Foundation to create a friendly competition among neighborhoods, country clubs and local organizations to collect and donate **1,000,000 diapers** to the Diaper Bank, Covering South Florida **for the month of February 2025**. Join us in this exciting challenge and help ensure that every baby has a healthy start!

### Why Diapers?

- 1 in 2 families in the U.S. struggle to afford diapers for their children.
- Diapers are a basic necessity, but not covered by government assistance programs.
- Without providing an adequate supply of diapers, parents cannot send children to state-funded early education. This means parents cannot work or attend school, keeping them in the cycle of poverty.



☐ Donation by check: please make checks payable to  
 The Diaper Bank Covering South Florida

### Broken Sound Club Diaper Challenge

February 3, 2025 - February 17, 2025

Collection Boxes located at: Moonstone Rotunda & Pool Parking Lot Entrance (Carl's Desk)

Donations can be made 3 ways:

- Drop off Diapers
- Check payable to Diaper Bank, Covering South Florida
- QR Code on this flyer be sure to mark Broken Sound in the comment section

Club Contact: Vicki Katz - Vickiskatz@gmail.com



### THANK YOU TO OUR OTHER PARTICIPANTS



For more information contact:  
 Christina Irving at 561-488-6980 or  
 email: cirving@BocaWestCC.org



www.BocaWestFoundation.org





# Duplicate Bridge

Wednesday, February 5 & 19  
7:00 PM | Osprey | Members & Guests \$12

Calling all Bridge players! Whether you're a seasoned pro or a beginner, all levels are welcome.

Register on the Mobile App or  
please call Reception at 561-241-6800.

February 5

[REGISTER NOW](#)

February 19

[REGISTER NOW](#)

STUDIO DANCE CLASS:

# Rumba

Thursday, February 6 & 13  
5:00 pm | Studio 1 | \$8



If a cancellation is needed, please call the reception team at least 48 hours prior to the event. Members who fail to cancel in due time will be charged in full.

Join us for an exciting and dynamic Rumba dance class with the talented Ellen Cullivan! Learn the passionate and rhythmic movements of the Rumba, a Latin dance known for its smooth, flowing style and sensual steps.

Register on the Mobile App

[REGISTER NOW](#)

or call Reception at (561) 241-6800.

Join us for a meaningful evening of strength, resilience, and community benefiting the Jewish Federation of South Palm Beach County.

# Cocktails & Karaoke

Together, we'll explore the impactful work our Federation does locally, globally, and in Israel during such critical times, as well as hear from Natalie Sanandaji, Public Affairs Officer at the Combat Antisemitism Movement (CAM) and a Nova Festival survivor.

Don't miss this powerful opportunity to connect and make a difference while praying for the release of the hostages, and to stand united in hope and support of Israel.

We look forward to sharing this special evening wrapped with cocktails, food, music and Karaoke!

Thursday, February 6 | 6:30 pm  
Couvert \$100 | Main Clubhouse

Minimum Donation

\$500 Couple | \$250 Individual | \$300 1<sup>st</sup> Time pledge per Couple

[DONATE NOW](#)

[REGISTER NOW](#)

To RSVP please use the link "Register Now" or call the clubhouse. To make a gift please use the link "Donate Now" or contact Shirley Gross at 310.220.7518 or at ShirleyG@BocaFed.org



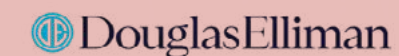
Jewish Federation  
of South Palm Beach County  
— together we thrive —



This Event is Generously  
Sponsored by:



This Event is Generously  
Underwritten By  
Dana F. Charles



Toby Weinman Palchik  
CENTER FOR JEWISH PHILANTHROPY



BOCA FRIENDS CHAPTER OF THE PAP CORPS PRESENTS  
BOCA FRIENDS CHAPTER OF THE PAP CORPS PRESENTS

# VIVA Las Vegas

SPONSORED BY THE CANELL FAMILIES

SATURDAY, FEBRUARY 8, 2025 • 7PM

BROKEN SOUND CLUB - ILLUMINATIONS BALLROOM  
\$150 PP • INCLUDES \$50 IN PLAY CHIPS • COCKTAIL ATTIRE

OPEN BAR



BLACKJACK • ROULETTE • CRAPS • SLOTS

Scan to register



CLICK HERE TO REGISTER

Questions please call Jenn Geller 914-552-1853  
or Jill Knopf 516-524-6255

Please mail check to Jeff Berger  
2491 NW 59th St. #1001 Boca Raton, FL 33496  
Make checks payable to The Pap Corps



## Music on the Patio

Wednesday, February 12  
4:30 pm – 7:30 pm | Lakeview Terrace  
Complimentary

Join us for an evening of music!  
Reservations are not required on  
the terrace and the bar bites  
menu will be available.

THURSDAY, FEBRUARY 13  
7:30 PM | PELICAN  
COMPLIMENTARY  
MEMBERS ONLY



Register on the Mobile App  
or please call Reception  
at 561-241-6800.

REGISTER NOW

Members must call Reception at 561-241-6800  
cancel at least 48 hours in advance,  
or a \$10 per person no-show fee will be charged.



*Best Picture*  
**OSCAR TALK**

*with Dan Hudak*

**Saturday, February 15 | 4:00 pm**  
**Illuminations Ballroom | Members Only**  
**Complimentary**

*Join us for a discussion on this year's Best Picture Oscar nominees, exploring why each film was nominated and which is the front-runner for victory. We'll share clips, background information, and insights into the Academy's voting process to help predict the likely winner.*

*Attendees are encouraged to watch as many nominated films as possible before the presentation.*

**Register on the Mobile App or**  
**please call Member Experience at 561-241-6870.**

**REGISTER NOW**

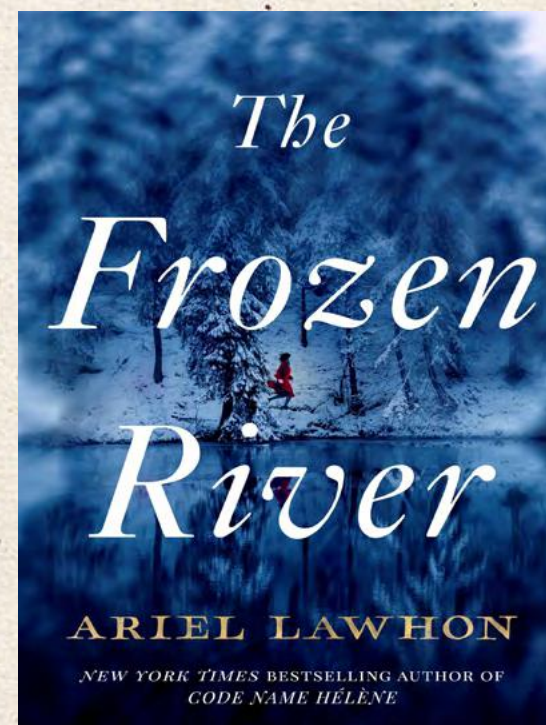
*Members must call Reception at least  
 48 hours in advance, or a  
 \$10 per person no-show fee will be charged.*



**BOOK CLUB**

*Good Books, Good Conversation, and Good Company!*

**Wednesday, February 19 | 4:00 PM**  
**Starling | Complimentary**



The Frozen River by Ariel Lawhon is a captivating historical mystery set in Maine in 1789.

When the body of a respected man is found frozen in the Kennebec River, Martha Ballard, a midwife and healer, is called to determine the cause of death. Known for documenting every birth, death, and scandal in her town, Martha has already recorded details of a troubling crime involving two prominent men. As her investigation into the man's death reveals unsettling truths, Martha must challenge the local physician's conclusion of an accident and uncover the truth behind the murder, all while navigating a community full of secrets and lies.

Next meeting will be on Wednesday, March 19th.

**Register online or please call Reception at 561-241-6800.**

**REGISTER NOW**

Hosted by Sheryl Lucas. For more information, please call 516-242-1942.





YOU ARE CORDIALLY INVITED TO THE  
**WOMEN'S CLUB LUNCHEON**  
 FRIDAY, FEBRUARY 21

**GUEST SPEAKER:**  
 MR. RENE SILVIN

**TOPIC: ELIZABETH TAYLOR: A LIFE  
 OF PASSION AND RESILIENCE**



Back by popular demand, Mr. Silvin will regale us with inside stories about one of Hollywood's most famous super stars. He'll reflect on the milestone events of Dame Elizabeth Rosemond Taylor's career, on her tumultuous love-life, and on the impact of her activism. Don't miss out on this opportunity to learn more about one of the world's most iconic women from a brilliant historian and lecturer.

11:45 am Registration | Noon Luncheon Buffet | Couvert \$45

Please register on the Mobile App or call the Reception Desk at 561 241 6800\*  
 Kindly RSVP no later than Friday, February 14.  
 Registration opens on Tuesday, January 21.

**REGISTER NOW**

Please notify us with any food allergies or food concerns.

48 Hour cancellation policy in effect.

Guests who are **NOT** Broken Sound members are welcomed on a space-available basis.

For additional information, please contact:

Lois Verb at 312 446 8372 or lverb@barcode-us.com  
 or Carole Armon at 561 716 2449 or carolearmon@gmail.com

\*If you are part of a GROUP RESERVATION, please have a table captain call and provide the list of names when you register.

Join Us As  
 Broken Sound Welcomes  
**Dr. G. Peter Gliebus**

Discussing Alzheimer's Disease and  
 Related Dementias,  
 New Drug Therapies and Risk Reduction



Friday February 21, 2025  
 4:00 pm  
 Illuminations Ballroom

Dr. G. Peter Gliebus received his medical degree from Vilnius University in Vilnius, Lithuania. After completing the neurology residency at Drexel University College of Medicine in Philadelphia, PA, where he was named a chief resident, Dr. Gliebus was named the J. Rosenstone Behavioral and Cognitive Neurology Fellow at the Cognitive Neurology and Alzheimer's Disease Center at Northwestern University, Chicago, IL. Before joining Baptist Health, he served as the Chair of the Department of Neurology at Drexel University College of Medicine in Philadelphia. He is currently a Vice Chair for Neurosciences and the Director of the Behavioral and Cognitive Neurology Program at Marcus Neurosciences Institute of Baptist Health.

**REGISTER NOW**

**Reservations are  
 Required and Open  
 To Reserve, Please  
 Call 561-241-6800**





# Candlelight Concert

## CLASSIC ROCK ON STRINGS

Thursday, February 27  
7:30 pm Dessert Reception | 8:00 pm Show  
Lakeview Terrace | \$48 Members & Guests

Thousands of candles will illuminate the terrace, casting a warm glow and creating the perfect atmosphere for an unforgettable evening. This candlelight concert features a live quartet performing a captivating rendition of 'Classic Rock on Strings.'

Registration will open on Monday, January 27.  
Register on the Mobile App or please call Reception at (561) 241- 6800.

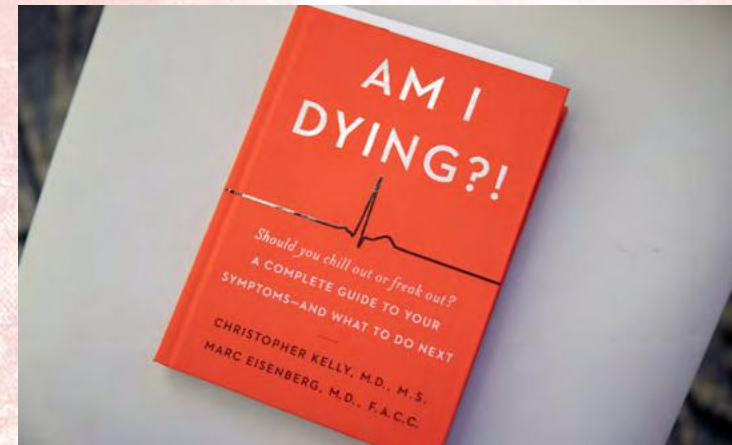
[REGISTER NOW](#)

*If a cancellation is needed, please call the Reception team at least 48 hours prior to the event. Members who fail to cancel in due time will be charged in full.*



## WOMEN'S CLUB LUNCHEON

FRIDAY, JANUARY 17





# YOUTH Game Night

**Saturday, February 1 | 5:30 - 9:00 pm**  
**Starling | Complimentary | Members Only**

An evening of board games, card games, crafts  
 and lego creations for children 4 and up.

Drop-off begins at 5:30 pm, pick-up no later than 9:00 pm.  
 Light snacks provided. Limited Availability.

Register on the Mobile App or call Youth at 561-241-6876

**REGISTER NOW**

*48 hr cancellation policy  
 If a cancellation is needed, please call Youth at 561-241-6828  
 Members who fail to cancel in due time will be charged a no-show fee of \$10 per person.*



# YOUTH Slumber Style Movie Night

Featuring... "Gnomeo & Juliet"

**Friday, February 14**  
**Drop off 6:15 pm | Pick up 8:45 pm | Fitness Studio 1**  
**Complimentary | Members Only**

*PJs, blankets and pillows welcomed!*

Moonstone Café will be open until 6:45 pm with kids' menu and goodies.  
 The game room will be closed during the movie unless accompanied by parents.

**REGISTER NOW**

Register on the Mobile App or  
 call Youth at 561-241-6828

*If a cancellation is needed, please call Youth at 561-241-6828  
 at least 48 hours prior to the event.*

*Members who fail to cancel in due time will be charged a  
 no-show fee of \$10 per person.*





YOUTH



FAMILY FISHING DERBY

Bring your fishing poles and your best fishing stories—we'll provide the bait and the fun!

Saturday, February 15

1:00 pm - 3:00 pm | Lake by the Clock Tower  
Complimentary | Members Only

*Grandchildren Welcome | Parental Supervision Required*

Register on the Mobile App  
or call Youth at 561 -241 -6828.

**REGISTER NOW**

If a cancellation is needed, please call Youth at 561 241 6828 at least 48 hrs prior to the event. Members who fail to cancel in due time will be charged a no-show fee of \$10 per person.

January Youth Class Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>BASKETBALL</b> 4:00 - 4:30 PM (AGES 4-6)  BASKETBALL COURT COMPLIMENTARY WALK-IN	<b>TENNIS CLINIC</b> 4:30 - 5:30 PM (AGES 4 & UP)  RACQUET CENTER REGISTER WITH RACQUET SHOP	<b>TODDLER ROOM SUPERVISION</b> 3:00 - 6:00 PM	<b>TODDLER ROOM SUPERVISION</b> 3:00 - 6:00 PM	<b>TODDLER ROOM SUPERVISION</b> 9:00 - 12:00 PM	<b>TODDLER ROOM SUPERVISION</b> 9:00 - 12:00 PM
	<b>BASKETBALL</b> 4:30 - 5:30 PM (AGES 7 & UP)  BASKETBALL COURT COMPLIMENTARY WALK-IN		<b>*SELF-DEFENSE</b> 5:00 - 6:00 PM (AGES 5 & UP)  FITNESS STUDIO 2 REGISTRATION REQUIRED	<b>TENNIS CLINIC</b> 4:30 - 5:30 PM (AGES 4 & UP)  RACQUET CENTER REGISTER WITH RACQUET SHOP		<b>FITNESS</b> 12:00 - 12:30 PM (AGES 4-6)  FITNESS STUDIO 2 COMPLIMENTARY WALK-IN
						<b>FITNESS</b> 12:30 - 1:30 PM (AGES 7 & UP)  FITNESS STUDIO 2 COMPLIMENTARY WALK-IN

\* TO REGISTER FOR SELF-DEFENSE CLASS PLEASE CONTACT CARLOS SUAREZ AT 561 929 0812





# Social Mixer

Saturday, February 1  
12:30 pm | \$65 per person  
The Old Course  
Dinner following play.

Make your own foursome.  
Register Via Foretees.



# BSWGA 12 & DINE

Tuesday, February 4  
Club Course | \$50+ tax

1:30 pm | Shotgun  
4:30 pm | Cocktail Reception on Zest Terrace  
5:30 pm | Buffet Dinner in Illuminations

Pick Your Own Foursome  
Register via Foretees.



# OCMGA PRESIDENT'S CUP

MONDAY | 9:00 AM  
**FEBRUARY 3** | OLD COURSE

Match Play – Best Ball



# Meatballs & Martinis

Wednesday, February 5  
Dinner Before Play  
7:00 pm Shotgun | \$125

Make Your  
Own Eightsome  
Register Via Foretees





THE OLD COURSE  
AT BROKEN SOUND CLUB

# EXPERIENCE DAY



## THE XXIO DIFFERENCE

XXIO is different. XXIO designs the head, shaft, and grip for each club as a cohesive unit for moderate swing speed golfers. This produces unique golf clubs that are exceptionally easy to swing, which launch the ball higher and farther. See for yourself how the engineering of XXIO can give you more distance compared to the product in your bag.

**THIS IS XXIO. EXPERIENCE THE DIFFERENCE.**

Monday, February 10  
11:00 am - 3:00 pm | Club Course Driving Range

**REGISTER NOW**

[US.DUNLOPSPORTS.COM/XXIO](http://US.DUNLOPSPORTS.COM/XXIO)

# — OCMGA — GUYS' NIGHT OUT

MONDAY | 12:30 PM  
FEBRUARY 10 | OLD COURSE

**Stableford / Skins**  
\$105 per person





# SADIE HAWKINS *Mixer*

**SUNDAY,  
FEBRUARY 16  
CLUB COURSE  
9:00 AM SHOTGUN**

**Format: Step-Aside Scramble**

**Pick Your Own Foursome**

**Lunch & Awards  
Following Play**

**Register via ForeTees**

Lunch Only Sign-up available by  
calling the Signature Shop 561-241-6860.

**\$65\***

Golf members only.  
\*Plus tax. Price includes golf and food.



*The Pineapple*  
**MEN'S INVITATIONAL**  
AT THE OLD COURSE

Register via  
ForeTees.

**Thursday, February 27  
through Saturday, March 1**

**\$1,795 Per Twosome**

**Thursday**

Optional PM practice round.

6:00 pm Pairings Party with contests, gifts, and  
important information.

**Friday**

Three 9-Hole Matches followed by dinner.

**Saturday**

Two 9-Hole Matches with Shootout and  
Playoff occurring immediately following play.

Handicap Index between partners will be limited to a 10  
shot differential. The higher handicap player will  
receive a handicap index deduction if differential is  
greater than 10.

All participants will be issued their lowest handicap  
index in the GHIN database from the past year.





# CLUB COURSE

## Ladies' Golf Guest Day

**Tuesday, March 4**

8:30 am - Breakfast and Gifts  
10:00 am - Tournament Shotgun  
2:00 pm - Luncheon and Awards



**Wednesday, March 5**

8:30 am - Breakfast and Gifts  
10:00 am - Tournament Shotgun  
2:00 pm - Luncheon and Awards

## Never Never Land With a Golfing Peter Pan

**\$500\* per Twosome (Member & Guest)**  
**Format - 4 Person Scramble - Sign up with  
another Twosome to create your Team.**

**Register via ForeTees.**

Registration is for Member-Guest Groups only, no  
Member-Member teams allowed to participate.

Register for the day you prefer to play.

Each day limited to the first 30 teams registered.

\*Plus tax, price includes golf, food and gifts.

**Invitation will follow once registration is confirmed.**

# MEN'S SINGLE DAY MEMBER-GUEST

**TUESDAY, MARCH 11  
&  
WEDNESDAY, MARCH 12  
PM SHOTGUN  
CLUB COURSE**

**Registration opens January 11.**

**Register via ForeTees.**

**\$550 per team\***

Golf members only.

\*Plus tax. Price includes golf and food.





Women's  
 2025  
 MEMBER-GUEST

Women's  
 2025  
 MEMBER-GUEST





# MEMBERSHIP SPOTLIGHTS



Congratulations to Constanza Fernandez for winning first place in the 10 and under category at the international "Road to the Little Mo Nationals" tournament! The Little Mo tournaments showcase the most promising young tennis players, providing them with top-tier competition and opportunities to grow both on and off the court. Constanza's talent runs in the family—her 12-year-old brother, Gerardo, is also a top-ranked junior player. The Fernandez family, originally from Mexico, has made Boca Raton their home, with Constanza attending Calusa Elementary and Gerardo attending Don Estridge Middle School. We can't wait to see what these rising stars achieve next!

Congratulations to David Nelson and Chipp Adams on their invitation to join the Maccabi USA family and represent their country in Israel! They will be competing in Master's Tennis, joining thousands of Jewish athletes who have proudly worn the Maccabi USA logo over the past 90+ years. Their dedication and hard work have earned them a spot on this prestigious stage, and we are excited to cheer them on as they take part in this incredible international event!



# XGLOSIVE PICKLEBALL NIGHT

Thursday, January 30

6:30 pm & 7:30 pm

Sessions will be grouped by level

Pickleball Courts

\$40 Adults | \$30 Children | \$20 Spectators

6:30 pm

7:30 pm

REGISTER NOW

REGISTER NOW

## 2025 RACQUETS MEN'S MEMBER-GUEST

### MATCH POINT BBQ

SATURDAY, FEBRUARY 1

9:00 AM | RACQUETS CENTER | \$220 PER TEAM

RESERVATIONS ARE REQUIRED AND OPEN. REGISTER IN THE MOBILE APP.

PICKLEBALL

TENNIS

REGISTER NOW

REGISTER NOW



# Tennis Men's and Ladies' Doubles Club Championship

Saturday, March 8 & Sunday, March 9

Semi Finals & Finals

10:00 am | Racquets Center

Must be available for Semi Finals and Finals March 8 & 9.

Registration closes Wednesday, January 29.

Preliminary rounds scheduled independently prior to Semi Finals and Finals.

Register on the Mobile App or email [tennis\\_proshop@brokensoundclub.org](mailto:tennis_proshop@brokensoundclub.org)

**MEN**

**REGISTER NOW**

**LADIES**

**REGISTER NOW**



# FEBRUARY FITNESS CHALLENGE

**Keep going and rowing!**

It's a race to see who can finish 500m the fastest!

To participate, simply ask one of our professional staff to time and record your performance.

*(Only one attempt allowed for each member)*

The winner will receive a free 30-minute session with one of our trainers!







## Sound Healing

Wednesday, February 12 ~ 5:00 - 6:15 pm  
Complimentary ~ Studio 1

Join Kristin and experience the harmonious blend of meditation, and soothing sounds from crystal singing bowls, chimes, and Tibetan sound bowls. Don't miss this opportunity for holistic rejuvenation.

Online Registration Required.  
Reservations will open on February 1.



moonstone<sup>SPA</sup>

## Indulge in Love: A Luxurious Valentine's Spa Escape

**Instant Rejuvenate Treatment with Microdermabrasion**  
Price - \$185 (\$210 Value)

Treat yourself to the ultimate rejuvenation with our Microdermabrasion + Oxygen Infusion Facial. We begin with Microdermabrasion to exfoliate and resurface your skin, revealing a smoother, brighter complexion. A nourishing blend of vitamins, antioxidants, and a hyaluronic acid-based serum is infused with pressurized oxygen, delivering deep hydration and instant radiance. Experience immediate results with a glow that continues to improve in the days that follow. Treat your skin to something special this month — schedule during the month of February and receive a complimentary gift!

### “Perfect Pair Treatment”

Add 30-minute Nourishing Scrub to any massage | Price - \$35.00

Book any 60/90-minute massage and add a 30-minute nourishing scrub for the perfect combination of relaxation and rejuvenation. Let the soothing massage melt away stress while the scrub exfoliates and hydrates, leaving your skin soft, glowing, and ready to take on the day. Whether it's for yourself or a loved one, this indulgent duo is the perfect way to unwind and feel your best this Valentine's season.

To schedule please call the Moonstone Spa at 561-241-6868.





moonstone<sup>SPA</sup>

# “Love the Skin You’re In”

## Instant Rejuvenate Treatment with Microdermabrasion

Experience a 30-minute Dermaplaning and LED Light Therapy facial, designed to reveal a smoother, brighter complexion. Dermaplaning gently exfoliates your skin, removing dead cells and peach fuzz for an instant glow, while LED Light Therapy targets specific skin concerns like fine lines, acne, and redness, promoting healing and rejuvenation. The perfect combination of exfoliation and skin therapy to leave your skin radiant, refreshed, and ready to shine.

Book your appointment today and fall in love with your skin all over again! The event includes a complementary gift, and participants will receive 25% off retail on the day of the event. Sweet Treats and bubbles will be served.

Monday, February 10  
2:00 pm - 5:00 pm | \$65.00

Booking opens  
Monday, January 27.  
To schedule please call the  
Moonstone Spa at 561-241-6868.



# Group Fitness Class Schedule | January 2025

FITNESS CENTER | PHONE 561-241-6840

HOURS Monday - Friday: 5:30 am - 9:00 pm | Saturday - Sunday: 7:00 am - 7:00 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Functional Strength</b> Studio 1 9:30 - 10:25 Lisa B.	<b>Aerobics &amp; More</b> Studio 2 8:15 - 9:10 Ingrid	<b>Stretch</b> Studio 2 7:30 - 8:25 Roberta	<b>Vinyasa Flow</b> Studio 1 8:00 - 9:00 Terri	<b>Stretch</b> Studio 1 7:30 - 8:25 Roberta	<b>Circuit Training</b> Studio 2 8:00 - 8:55 Ginger	<b>Men's Stretch</b> Studio 1 8:00 - 8:55 Roberta
<b>Stretch</b> Studio 1 10:30 - 11:25 Lisa B.	<b>Barre Strength</b> Studio 1 8:45 - 9:40 Shelley	<b>UltraFit Strength</b> Studio 1 8:30 - 9:25 Ginger	<b>UltraFit Conditioning</b> Studio 2 9:30 - 10:25 Ginger	<b>UltraFit Strength</b> Studio 2 8:30 - 9:25 Ginger	<b>Vinyasa Flow</b> Studio 1 8:00 - 9:00 Amy	<b>Cycle</b> Cycle Studio 8:15 - 9:00 Ginger
<b>UltraFit Conditioning</b> Studio 2 10:00 - 10:55 Shelley	<b>***Functional Conditioning</b> Studio 2 9:30 - 10:25 Roberta	<b>Mat Pilates</b> Studio 2 9:15 - 10:10 Terri	<b>Barre/Pilates Fusion</b> Studio 2 10:45 - 11:40 Evan	<b>Barre Fusion</b> Studio 1 8:30 - 9:25 Roberta	<b>Barre / Pilates Fusion</b> Studio 1 9:15 - 10:10 Terri	<b>Functional Conditioning</b> Studio 1 9:00 - 9:55 Roberta
<b>Slow Yoga Flow</b> Studio 1 11:30 - 12:30 Shelby	<b>Cycle &amp; Core</b> Cycle Studio 10:00 - 10:55 Shelley	<b>***Stretch</b> Studio 1 9:45 - 10:40 Roberta	<b>Chair Strength</b> Studio 1 10:30 - 11:25 Rita	<b>Cardio Dance</b> Studio 2 9:30 - 10:25 Evan	<b>UltraFit Conditioning</b> Studio 2 9:30 - 10:25 Shelley	<b>Boot Camp</b> Studio 2 9:15 - 10:10 Ginger
	<b>Chair Strength</b> Studio 1 10:30 - 11:25 Rita	<b>Slow Gentle Yoga</b> Studio 1 11:00 - 12:15 Kristin	<b>***Youth Self Defense</b> Studio 2 5:00 - 6:00	<b>Cycle &amp; Core</b> Cycle Studio 9:30 - 10:25 Shelley	<b>Slow Yoga Flow</b> Studio 1 10:30 - 11:30 Shelby	<b>Chair Strength</b> Studio 1 10:30 - 11:25 Rita
	<b>Stretch</b> Studio 2 10:45 - 11:40 Roberta	<b>UltraFit Conditioning</b> Studio 2 6:00 - 6:55 Stacey	<b>Gentle Restorative Yin Yoga</b> Studio 1 5:00 - 6:15 Kristin	<b>***Stretch</b> Studio 1 9:45 - 10:40 Roberta	<b>***Youth Self Defense</b> Studio 2 5:00 - 6:00	<b>Youth Multi-Sports</b> Studio 2 Ages 4 - 6 12:00 - 12:30 Ages 7 & Up 12:30 - 1:00
	<b>Circuit Training/Boxing</b> Studio 2 5:30 - 6:25 Leo			<b>Yoga Sculpt</b> Studio 2 10:45 - 11:40 Terri		

Cardio
Strength & Cardio
Strength & Balance
Mind, Body & More
Yoga
Youth

\*\*\* Class requires online registration

Please visit the Club's website for a selection of pre-recorded group fitness classes to view at your own leisure. For questions regarding Youth classes, please contact Beata Delanoe at 561-241-6828.



# Group Fitness Class Schedule | February 2025

FITNESS CENTER | PHONE 561-241-6840

HOURS Monday - Friday: 5:30 am - 9:00 pm | Saturday - Sunday: 7:00 am - 7:00 pm

All classes require registration through the Mobile App.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Functional Strength</b> Studio 1 9:30 - 10:25 Lisa B.	<b>Aerobics &amp; More</b> Studio 2 8:15 - 9:10 Ingrid	<b>Stretch</b> Studio 2 7:30 - 8:25 Roberta	<b>Vinyasa Flow</b> Studio 1 8:00 - 9:00 Terri	<b>Stretch</b> Studio 1 7:30 - 8:25 Roberta	<b>Circuit Training</b> Studio 2 8:00 - 8:55 Ginger	<b>Men's Stretch</b> Studio 1 8:00 - 8:55 Roberta
<b>Stretch</b> Studio 1 10:30 - 11:25 Lisa B.	<b>Barre Strength</b> Studio 1 8:45 - 9:40 Shelley	<b>UltraFit Strength</b> Studio 1 8:30 - 9:25 Ginger	<b>UltraFit Conditioning</b> Studio 2 9:30 - 10:25 Ginger	<b>UltraFit Strength</b> Studio 2 8:30 - 9:25 Ginger	<b>Vinyasa Flow</b> Studio 1 8:00 - 9:00 Amy	<b>Cycle</b> Cycle Studio 8:15 - 9:00 Ginger
<b>Barre/Pilates Fusion</b> Studio 2 11:00 - 11:55 Karina	<b>Functional Conditioning</b> Studio 2 9:30 - 10:25 Roberta	<b>Mat Pilates</b> Studio 2 9:15 - 10:10 Terri	<b>Chair Strength</b> Studio 1 10:30 - 11:25 Rita	<b>Barre Fusion</b> Studio 1 8:30 - 9:25 Roberta	<b>Barre / Pilates Fusion</b> Studio 1 9:15 - 10:10 Terri	<b>Functional Conditioning</b> Studio 1 9:00 - 9:55 Roberta
<b>Slow Yoga Flow</b> Studio 1 11:30 - 12:30 Shelby	<b>Cycle &amp; Core</b> Cycle Studio 10:00 - 10:55 Shelley	<b>Stretch</b> Studio 1 9:45 - 10:40 Roberta	<b>Barre/Pilates Fusion</b> Studio 2 11:00 - 11:55 Evan	<b>Cardio Dance</b> Studio 2 9:30 - 10:25 Evan	<b>UltraFit Conditioning</b> Studio 2 9:30 - 10:25 Shelley	<b>Boot Camp</b> Studio 2 9:15 - 10:10 Ginger
	<b>Chair Strength</b> Studio 1 10:30 - 11:25 Rita	<b>Slow Gentle Yoga</b> Studio 1 11:00 - 12:15 Kristin	<b>Youth Self Defense</b> Studio 2 5:00 - 6:00	<b>Stretch</b> Studio 1 9:45 - 10:40 Roberta	<b>Slow Yoga Flow</b> Studio 1 10:30 - 11:30 Shelby	<b>Chair Strength</b> Studio 1 10:30 - 11:25 Rita
	<b>Stretch</b> Studio 2 10:45 - 11:40 Roberta	<b>UltraFit Conditioning</b> Studio 2 6:00 - 6:55 Stacey	<b>Gentle Restorative Yin Yoga</b> Studio 1 5:00 - 6:15 Kristin	<b>Vinyasa Flow &amp; Sculpt</b> Studio 2 10:45 - 11:40 Terri	<b>Barre/Pilates Fusion</b> Studio 2 10:30 - 11:25 Shelley	<b>Youth Multi-Sports</b> Studio 2 Ages 4 - 6 12:00 - 12:30 Ages 7 & Up 12:30 - 1:00
	<b>Circuit Training/Boxing</b> Studio 2 5:30 - 6:25 Leo				<b>Youth Self Defense</b> Studio 2 5:00 - 6:00	

Cardio
  Strength & Cardio
  Strength & Balance
  Mind, Body & More
  Yoga
  Youth

Please visit the Club's website for a selection of pre-recorded group fitness classes to view at your own leisure. For questions regarding Youth classes, please contact Beata Delanoe at 561-241-6828.

# Water Aerobics Class Schedule 2025

AQUATICS / POOL HOURS OF OPERATION

Daily: Sunrise - Sunset

SUNDAY	MONDAY	TUESDAY (NYE)	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>8:00 - 9:00</b> Karina	<b>8:00 - 9:00</b> Pam	<b>8:00 - 9:00</b> Lois	<b>8:00 - 9:00</b> Andrea	<b>8:00 - 9:00</b> Pam	<b>8:00 - 9:00</b> Lois	<b>8:00 - 9:00</b> Muge
<b>9:30 - 10:30</b> Karina	<b>11:00 - 12:00</b> Ginger	<b>10:00 - 11:00</b> Muge	<b>11:00 - 12:00</b> Shelley	<b>10:00 - 11:00</b> Karina	<b>11:00 - 12:00</b> Ginger	<b>9:30 - 10:30</b> Einat
			<b>3:00 - 4:00</b> Karina	<b>3:00 - 4:00</b> Ginger		

## Water Aerobics

All of the Water Aerobics classes are equal level exercises and a great low impact workout. Classes are 1 hour and include cardio, dumbbell exercises, noodle exercises and stretching.

Classes are held in the Grotto Pool and the water temperature is 85 degrees.

If the outside temperature is under 60 degrees, classes will be canceled.

All participants are welcome to join, no reservation needed. Please call the Towel Hut with any questions at 561-241-6819.

If there is inclement weather, classes will be canceled.

## Lap Lanes

There are 6 lap lines that are 25 yards long and vary in depth. Lap lanes are reserved by the hour.

The lap pool water temperature is 82 degrees.

Reservations are recommended. For reservation times or questions, please call the Towel Hut at 561-241-6819.





BROKEN SOUND  
CLUB

Photos/videos may be taken at any/all events.  
Participation implies consent for Broken Sound Club to  
use these photos for marketing purposes.

2401 WILLOW SPRINGS DRIVE  
BOCA RATON, FLORIDA 33496

