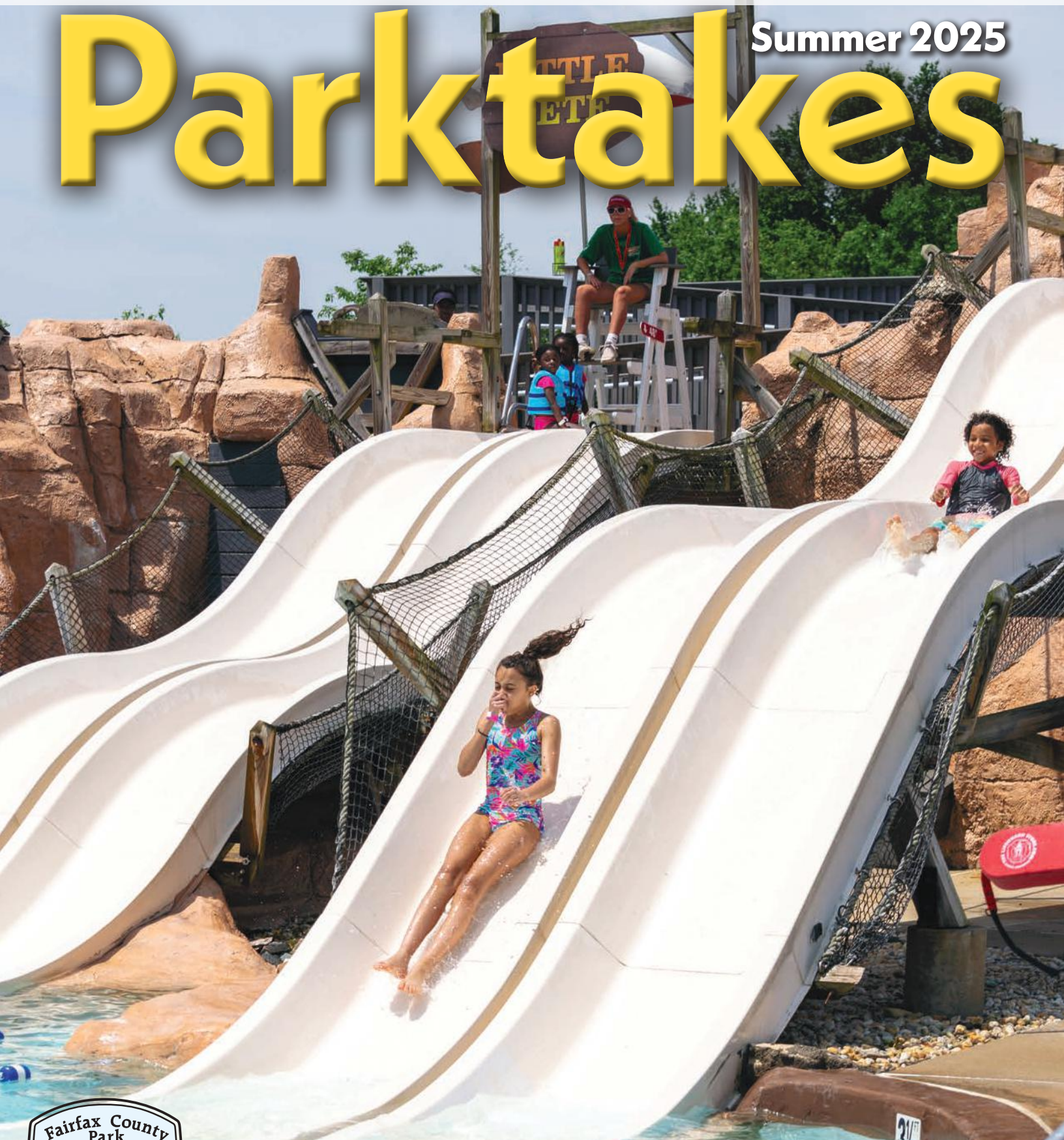


A Quarterly Guide to Parks and Recreation • Fairfax County Park Authority

Parktakes

Summer 2025



**Mount Vernon Rec Center Opening Soon • Summer Entertainment • Camps
Summer Class Registration begins April 22**

A! ALDEN

SMALL
STAGE.

BIG
TALENT.

SUMMER CONCERT SERIES

**NEW
DATE
NEW
TIME
NEW
VENUE**

**FREE
ADMISSION**



7 PM



**FREE
PARKING**



**McLEAN CENTRAL PARK
1468 DOLLEY MADISON BLVD
McLEAN, VA 22101**



THE PACK DRUMLINE

**JUNE
19**

**BENNIE AND THE JETS:
TRIBUTE TO ELTON JOHN**

**JUNE
26**

JOHNNY FOLSOM 4

**JULY
3**

GOOD CO.

**JULY
10**

LOVER: AN ERAS TOUR EXPERIENCE

**JULY
17**



**MARSHALL CHARLOFF
& PURPLE XPERIENCE**

**JULY
24**

**VIRGINIA CHAMBER
ORCHESTRA BRASS QUINTET**

**JULY
31**



**McLean
Community
Center**
Celebrating 50 Years

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MORE
DETAILS
ONLINE!**



aldentheatre.org

**The Alden at the
McLean Community Center**
703-790-9223, TTY: 711

PARKSIDE

Letter from Sands Smith, Mount Vernon Rec Center Manager



Dear Fairfax County Residents,
Hello! My name is Sands Smith and I am the Rec Center Manager for Mount Vernon Rec Center.

I was born and raised in Fairfax County and grew up attending swimming classes and birthday parties at my local

Rec Centers. After graduating from Radford University with a Bachelor's of Science Degree in Recreation, Parks and Tourism, I began my career working at South Run Rec Center in their Aquatics Department as a Lifeguard Instructor. Since then, I have served as the Assistant Aquatics Director at Oakmont Rec Center, the Aquatics Director at Providence Rec Center and most recently, the Rec Center Manager for Audery Moore Rec Center.

I have a passion for offering a wide variety of high-quality programs and activities for patrons of all ages and abilities. I feel very fortunate to have the opportunity to lead the Mount Vernon Team and reopen the Mount Vernon Rec Center doors to the community. This Rec Center will feature some of the most unique amenities in the Park Authority, from two NHL sized ice rinks, to an indoor climbing wall and an indoor track. Additionally, Mount Vernon Rec Center will offer a streamlined birthday party booking process, drop-in childcare and a revamped pool with interactive spray features in the zero depth entry. The Mount Vernon Team is eager to welcome the community back into Mount Vernon Rec Center!

Sands Smith
Mount Vernon Rec Center Manager



40
Under
40

**CONGRATULATIONS FCPA
BOARD CHAIR KIEL STONE**
for being honored as a recipient
of the 2025 Northern Virginia
40 Under 40 by The Leadership
Center of Arlington and
Leadership Fairfax, Inc.



Cover: Opening day at the Water Mine Family Swimmin' Hole.
Photo by Kyle Williamson. For more information, turn to pg. 72.

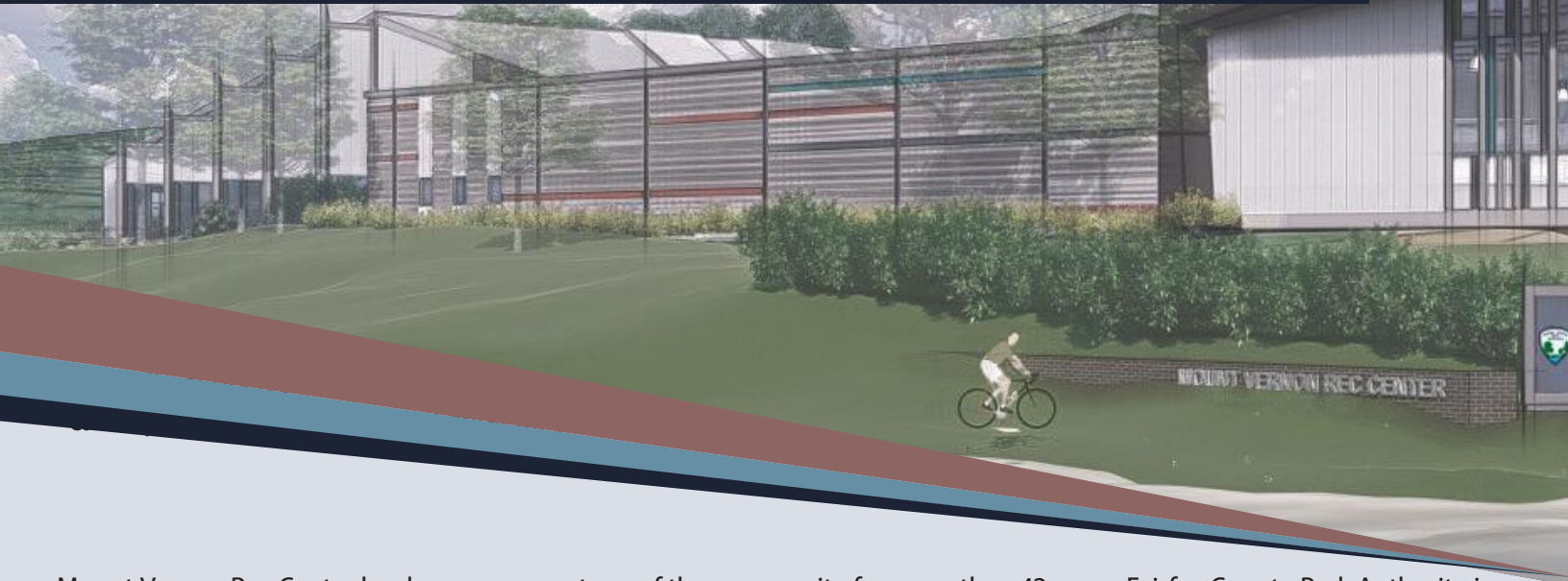
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MOUNT VERNON REC CENTER OPENING SOON!



Mount Vernon Rec Center has been a cornerstone of the community for more than 42 years. Fairfax County Park Authority is excited to welcome everyone back to the renovated, expanded and upgraded facility.

The 139,000-square-foot facility has experienced a transformative 75,000-square-foot expansion and opens its doors with some never-seen-before amenities for the Park Authority. Here are a couple of features of the newly renovated Rec Center:

ICE ARENA

Two National Hockey League (NHL)-size indoor ice rinks with skate rentals and sharpening services, team and referee locker rooms, party room and warming pantry. Enjoy figure skating and hockey events/rentals, classes and public skate sessions!

POOL

The world-class, Olympic size swimming pool features beach entry as well as play features, lap lanes and diving boards. Try out the Park Authority's first aquatic climbing wall — a fun new play feature for ages 6 and older. The natatorium area boasts bleachers for spectators as well as a wet classroom perfect for lifeguard trainings, water safety education and events.

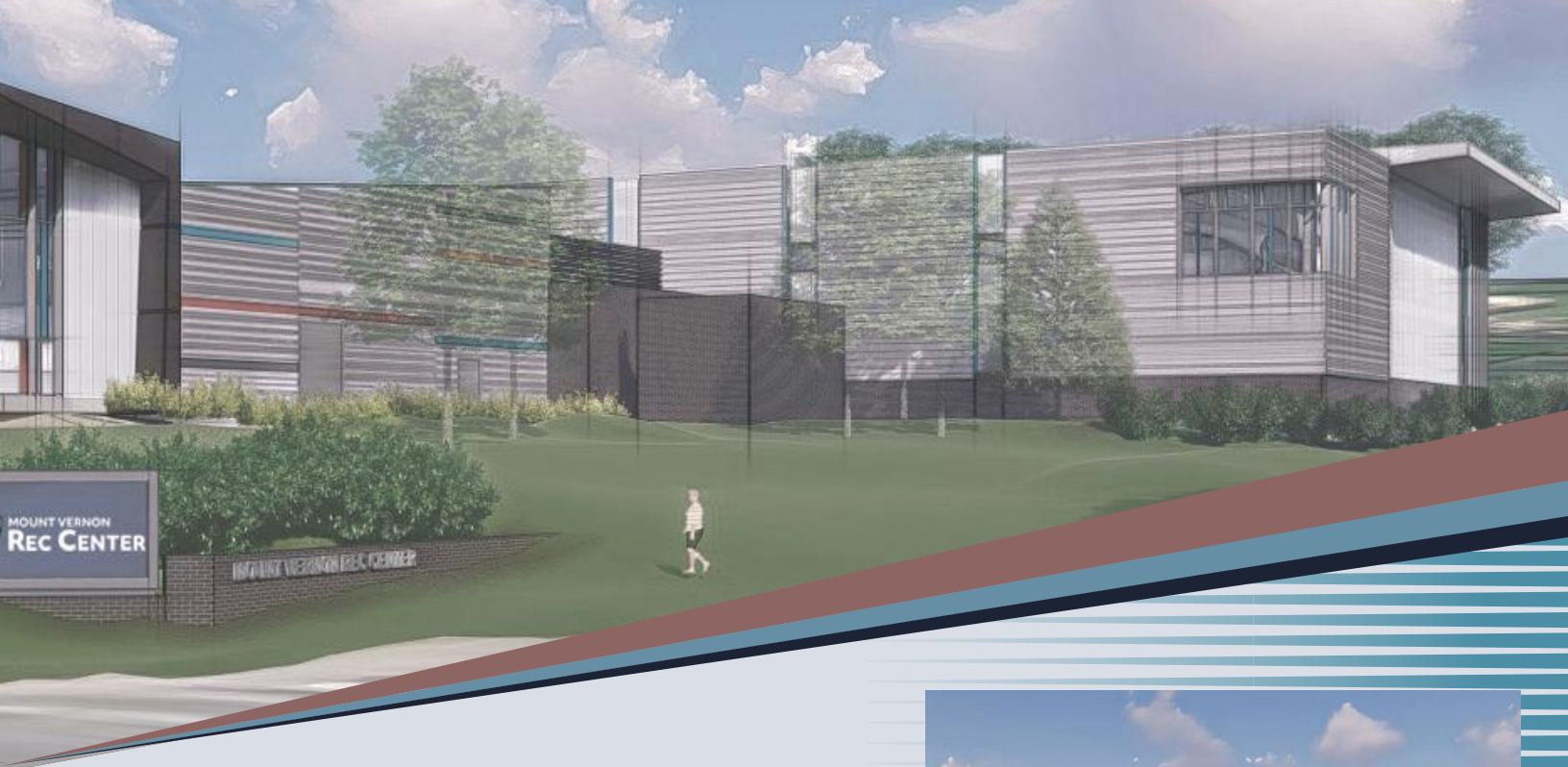
FITNESS CENTER

Get moving in the two-level Fitness Center! Work out your way using various types of cardio and strength equipment, join in drop-in group fitness classes hosted in the center's four classrooms or purchase personal training sessions.

CLIMBING WALL

Reach new heights with the Park Authority's first indoor climbing wall. This two-story artificial rock wall features auto-belays as well as boulder areas for additional challenge. Climbing parties will be available for your next event!





OTHER AMENITIES

Mount Vernon Rec Center features numerous other amenities including:

- **Drop-In Childcare** Rec Center patrons can use drop-in childcare services for an added fee. With discounted rates for Rec Center members, adults can participate in fitness, classes, activities and events inside the Rec Center while their child/children enjoy safe, age-appropriate activities while under the supervision of our experienced staff!
- **Indoor Track** Get your steps in using the indoor track above the ice arena.
- **Parties** Party packages for groups will offer access to exciting recreational amenities such as the pool, indoor climbing wall and ice rinks. Explore opportunities to host larger events in the spacious multipurpose rooms.
- **Exterior** There is a new, beautifully landscaped walkway between the Mount Vernon Rec Center and the Mount Vernon Library. There will be a beautiful outdoor green space for programmed and leisure activities.



Mount Vernon Rec Center Staff (left to right): Sands Smith, Katie Knopes, Bryan Jewell, Ilana Danger, Scott Garland, Josh Allen, Ashley Hudak, Davis Amey, Collin Hayes

Visit the website to learn more about opening dates and upcoming celebrations where you can explore Mount Vernon Rec Center for yourself: www.fairfaxcounty.gov/parks/reccenter/mount-vernon/.

Find your community at the new and improved Mount Vernon Rec Center (2017 Belle View Blvd., Alexandria)!



MEET MOUNT VERNON REC CENTER'S MANAGER, SANDS SMITH

Sands Smith has 10 years of experience working his way up the ranks of the Park Authority, previously serving as manager of Audrey Moore Rec Center. He has more than 15 years of experience focused in aquatics.

"I look forward to seeing the community enjoy everything Mount Vernon Rec Center has to offer," Sands says.

NEW SUMMER CLASSES

The Park Authority has hundreds of new classes and programs this summer, from rock climbing to fitness classes and to Sports and Exercise classes, there is something for every age and interest. Here is a small sampling of what the parks have to offer!



Aqua Fiesta, pg. 32

Wake Up & Dance, pg. 65

Morning Unwind, pg. 69

Intro to Rock Climbing, pg. 76

H.I.I.T., pg. 77

Pride Picnic in the Gardens, pg. 85

Juneteenth Smudge Stick Floral Workshop, pg. 86

Summer Garden Tour, pg. 86

Top Perennials for the Summer, pg. 86

Picnic in the Park, pg. 94

The Civil War at Sully, pg. 94

Remembrance - Enslaved Lives at Sully, pg. 94

Digging Actual Dinosaurs for Adults, pg. 108

Gall Hunt Hike, pg. 109

Pride Party on the Potomac, pg. 112

THE ABC's of FCPA PRESCHOOLS



You may be surprised when you hear the bubble of laughter or see a line of littles walking down the corridor of a Rec Center — but Fairfax County Park Authority (FCPA) runs fully licensed preschools helping children grow, learn and prepare for full time school.

FCPA's preschools provide a welcoming space that nurtures the emotional, social and intellectual growth of young minds. Children engage in a variety of age-appropriate activities that focus on art, science, music and more. Through outdoor play, circle time and center activities, children are guided by caring and dedicated educators and encouraged to explore, play and learn alongside their peers. While attending

these safe, inclusive programs, children can reach their potential for socializing with others. Programs range from two to five days a week and promote independence, enhance school-readiness and foster positive self-image.

"We are grateful knowing that our child is in such capable and loving hands," says a 2024 FCPA preschool parent.

Our preschools are licensed by the Virginia Department of Social Services. Staff working at FCPA preschools are CPR- and First Aid-certified, complete required background checks and have prior experience working with children.

Learn more online at www.fairfaxcounty.gov/parks/reccenter/preschool/.

FCPA PRESCHOOL LOCATIONS:

FRANCONIA REC CENTER

6601 Telegraph Road • Alexandria

STONE MANSION

3900 Stoneybrooke Drive • Alexandria

SPRING HILL REC CENTER

1239 Spring Hill Road • McLean

SUMMER '25 CALENDAR

*Classes, Events, Programs
and Registration Dates*

Wednesday, April 16		
Farmers Markets Begin to Open	Various FCPA Sites	pg. 73
Tuesday, April 22		
Registration starts for Summer Classes		pg. 126
Saturday, April 26		
Earth Day Fairfax	Sully Historic Site	pg. 70
Saturday, May 3		
Healthy Strides Fantasy Forest 5K/10K/Fun Run	Burke Lake Park	Online
Saturday, May 10		
Asian American & Pacific Islander Heritage Festival	Mason District Park	pg. 70
Saturday, May 24		
The Water Mine Family Swimmin' Hole Opens	Lake Fairfax Park	pg. 72
Sunday, June 1		
Pride Party on the Potomac	Riverbend Park	pg. 112
Friday, June 6		
Summer Entertainment Series Performances begin	Various FCPA Sites	pg. 74-75
Saturday, June 7		
Summer Scramble	Jefferson Golf Course	pg. 89
Saturday, June 14		
Pride Picnic in the Gardens	Green Spring Gardens	pg. 85
Father's Day Golf Tournament-Parent Child Family Challenge	Burke Lake Golf Center	pg. 89
Sunday, June 15		
Sully Antique Car Show	Sully Historic Site	pg. 70
Father's Day Mill in Motion	Colvin Run Mill	pg. 93
Thursday, June 19		
Juneteenth Smudge Stick Floral Workshop	Green Spring Gardens	pg. 86
Juneteenth Celebration	Sully Historic Site	pg. 70
Saturday, June 21		
Exploring our Historic Meeting House and Grounds	Frying Pan Farm Park	pg. 70
Saturday, June 28		
Fireworks, Food and Family Fun	Lake Fairfax Park	pg. 72
Saturday, July 5		
Red, White & Blue Tournament	Burke Lake Golf Center	pg. 89
Saturday, July 12		
Modified Stableford	Jefferson Golf Course	pg. 89
Junior Club Championship	Oakmont Golf Center	pg. 89
Sunday, July 13		
Red, White & Blue Tournament	Pinecrest Golf Course	pg. 89
Thursday, July 31-Sunday, August 3		
Fairfax County 4-H Fair & Carnival	Frying Pan Farm Park	pg. 73
Saturday, August 16		
Junior Club Championship	Burke Lake Golf Center	pg. 89
Club Championship	Jefferson Golf Course	pg. 89
Saturday, August 30		
Annual Begonia Show and Sale	Green Spring Gardens	pg. 85
Saturday, September 6		
Dog Daze	The Water Mine at Lake Fairfax	pg. 116





Camping

- IN FCPA PARKS -

A Staycation Destination



Picture this. Across the glow from a small campfire you see the warmly lit faces of those most important to you. The marshmallows bought at the camp store are bobbing up and down over the flames as laughter gently fills the air. A picnic table nearby is covered in small containers and backpacks, your car is parked under a tree on a short gravel driveway, and the large family tent is stuffed with sleeping bags and pillows set up just outside the glow from the fire. The light of the lantern from within the tent makes it appear as if the nylon shelter were a giant inflatable night light. In the distance you hear what might have been an owl. The stars fill the night sky, appearing to be pinholes of light – some twinkling, some bigger, some brighter, others small. You pause and enjoy it with a sense of relaxation and peace.

For many of us, finding time to connect with our friends and families can be a challenge. When you do have time figuring out an activity or trip for everyone, the task can be just as daunting. The Fairfax County Park Authority offers two campgrounds for a “Staycation” option between Burke Lake Park and Lake Fairfax Park. Our campground options include electrical and non-electrical sites with centralized bathhouses and grills. Individual or group campsites can accommodate between 6 and 100 people. For those seeking to do activities while camping, each park includes different activities. Burke Lake Park has a carousel, mini golf, miniature train rides, disc golf, fishing, hiking and boating. Lake Fairfax features The Water Mine Swimmin’ Hole waterpark, fishing, hiking, skatepark and boating.

So, give Burke Lake Park or Lake Fairfax a visit and unplug (or not) and enjoy an evening with friends or family and experience some much-deserved relaxation and fun.



ASIAN AMERICAN & PACIFIC ISLANDER HERITAGE

Festival

The Asian American and Pacific Islander (AAPI) Heritage Celebration returns to Mason District Park on Saturday, May 10 from noon to 4 p.m., offering a meaningful opportunity to experience and honor the traditions that have shaped AAPI communities.

The free event will feature music, dance, storytelling and hands-on activities including Lion and Dragon Dances and a Cultural Parade. Families can explore interactive community exhibits that provide insight into histories, customs and contributions that continue to enrich the community today. Art contests, crafts, games and prizes are sure to delight participants of all ages.

Food has long been a way to share culture and history, and guests can experience authentic flavors from local vendors. Artisans will also showcase handcrafted goods, preserving and passing down traditional craftsmanship.

The event is free and open to all. And will be held at Mason District Park in Annandale. For more information, please turn the Events section.



Bringing Style & Passion to *Women's Golf*



Huyen Pham first picked up a golf club in her 20s at a networking event while living in the Netherlands. That casual introduction sparked a lifelong love for the game. Rain or shine, she dedicated herself to learning and taking lessons, approaching golf with the same adventurous spirit she brings to everything she does. Life took her around the world, from Shanghai to Hulst, and despite stepping away from the game when her kids were small, she rediscovered her love for golf when she and her family settled in Northern Virginia.

Now a manager at Pinecrest Golf Course, Pham is deeply connected to the sport both professionally and personally. Whether she's welcoming golfers for a round or playing on her days off, Pinecrest has truly become her second home. Pham can be found chatting with customers over hot chocolate in winter or a cold beverage after a hot summer round, sharing stories and building connections. As a member of the Pinecrest Women's League, she enjoys the camaraderie, regular play and the healthy competition. "The league gives me a chance to play regularly, meet amazing women who share my love for golf and challenge myself in a fun and supportive environment," she says.

Pham is also known for her bold and stylish golf fashion. She and her friend Anja coordinate outfits for events, and love to rock themed outfits for holidays like St. Patrick's Day and the Fourth of July. She believes golf gear can be stylish and practical and reflect who you are while boosting your play.

Pham's adventurous spirit extends beyond fashion. She loves traveling to play golf, from rounds in Myrtle Beach to tournaments in Portugal. She is passionate about encouraging women to pick up the game, emphasizing that every golfer starts somewhere. She hopes to inspire others to find joy, confidence and community through golf. "We play not just to win," she says, "but to challenge our limits and inspire others to do the same."

Visit www.fairfaxcounty.gov/parks/golf/women to learn about Golf Fairfax women's golf.

Whether you are new to the greens or looking to mix things up, Burke Lake Golf Center offers players a chance to unwind, connect and build lasting friendships. Founded in 2016, the Burke Lake Golf Club Mixed League (BLGCMML) has grown from a casual foursome to a thriving community of 70 golfers.

What started as a small group of friends looking to play more regularly has blossomed into an inclusive league that welcomes players of all skill levels. With tee times on Friday afternoons, the league provides a flexible and inviting environment, especially for those with busy weekday schedules. The league runs April to September.

More than just a league, BLGCMML is a community where all genders build friendships and share their love for the game. As one league member put it, "Golfing nine holes with someone gives you two hours to get to know them, and that's what makes this league special."

Members bond on and off the course with laid back, friendly rounds and post round gatherings at Burke Lake's, Mulligan's Grill. The league kicks off with a spring potluck social to welcome new golfers, and closes out the season with a fall celebration. Looking ahead, new organizer Trish Konczal hopes to expand the league's offerings, adding clinics with Burke Lake's golf pros and outings at other Golf Fairfax courses.

"The only way to improve (at golf) is to actually play, and this league is a welcoming group for casual golf," said Konczal.

Visit www.fairfaxcounty.gov/parks/golf/burke-lake/leagues for more information.

Friendships on the Fairways

Burke Lake's Mixed Golf League





NATIONAL PHYSICAL FITNESS MONTH

DOUBLE DOSE OF WELLNESS IN MAY

MENTAL HEALTH AWARENESS MONTH

May arrives with a powerful dual focus: National Physical Fitness Month and Mental Health Awareness Month. This convergence offers a timely reminder of the interconnectedness of our physical and mental well-being.

While we often consider exercise for its physical benefits, its impact on mental health is profound and deserves equal recognition. Regular exercise releases endorphins, which

have mood-boosting effects that help to reduce symptoms of anxiety and depression. Furthermore, engaging in physical activity can improve sleep quality, reduce stress levels and enhance overall cognitive function.

Fairfax County Park Authority's Rec Centers offer the following drop-in group exercise formats that have proven to aid mental well-being:

Yoga: When you do yoga, it changes parts of your brain that help you make good choices, handle stress and control your feelings. Yoga is really good at helping with stress, anxiety and depression.

Cycle: By boosting blood circulation to the brain, cycling promotes neuron growth and mental clarity. This leads to improved concentration and memory. Studies have shown that even a 30-minute stationary bike session can significantly enhance memory, reasoning and planning skills.

Zumba: Dance-based exercise, like Zumba, not only releases happiness-inducing chemicals in the brain such as serotonin but also fosters social bonds through group participation and community building.

The benefits of exercise on mental health are multiplied even further when exercise occurs outdoors in a natural environment. Spending time in nature can also significantly decrease anxiety and stress while also improving our mood and cognitive performance.

For more information about class offerings, turn to the Fitness section starting on page 76.

The Park Authority offers a variety of outdoor fitness classes that will provide you with this double dose of improved physical and mental well-being. Check out and register for the following classes happening this summer:

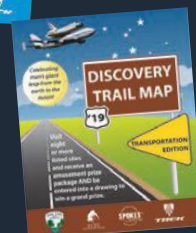
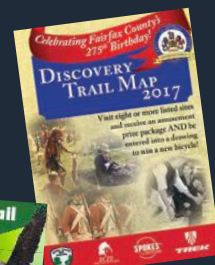
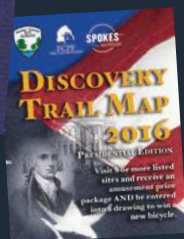
- Healthy Strides Walking at Providence Rec Center
- Hatha Combo at Frying Pan Park
- Tai Chi at Green Spring Gardens Park
- Yoga & Walking at Lake Accotink
- Yoga & Bonfire Evening at Lake Accotink



75 YEARS

The Discovery Trail Map Returns!

In time to celebrate the Park Authority's 75th Anniversary, the Discovery Trail Map will return this summer. To participate, patrons are encouraged to pick up a map at any FCPA staffed site or online. There are 12 parks featured on the map. This year's map has a new twist—participants are asked to answer a question that can only be found by visiting the 12 parks. Once participants have visited at least 8 parks and filled in the answers on the map, they can then visit one of the four prize redemption sites to receive a prize packet. Participants can choose to be entered for a drawing for a grand prize. There will be 25 grand prizes awarded. This popular activity is open to all ages and will run Memorial Day weekend to Labor Day weekend. The Discovery Trail Map is sponsored by the Fairfax County Park Foundation.



Diving Into Water Safety

Water safety education is making waves far and wide in 2025. From March to June, the Fairfax County Park Authority (FCPA) staff will host Get Set, Get W.E.T. (Water Education Training). This program educates preschoolers about the role of lifeguards in keeping swimmers safe and the essential rules everyone should follow to ensure safety at the pool. This year's goal is to reach 4,000 children through more than 200 presentations.

As warmer weather approaches, Get Set, Get W.E.T. provides a crucial foundation in water safety for children. The program features an interactive 20 to 30 minute presentation designed for small groups of kids. Sessions are packed with engaging stories and games that make learning about water safety both fun and

memorable. Children get introduced to various water safety props, including life jackets and rescue tubes, to help them understand their importance and use. Additionally, children will receive coloring sheets to take home, reinforcing the key messages of the program.

The best way for children to learn about water safety is to participate in a swim class offered by the FCPA. Classes are offered for all ages and abilities, from infants to seniors. Children learn how to act in and around water by certified swim instructors. Swim instruction is conducted through registered classes and group and private one-on-one lessons.

Please contact Levi Lainhart at Joshua.Lainhart@fairfaxcounty.gov if you are interested in a Get Set Get W.E.T. program. For information about swim classes, please turn to the Aquatics section.



HIDDEN
GEM



Skating Galore

Glide out to a Fairfax County Park Authority location and get skating this summer. Whether it's on blades or wheels, find your perfect venue in our parks.

Franconia Rec Center: The Franconia Rec Center's gym transforms into a roller-skating rink welcoming all ages to come enjoy festive, themed events. All ages and abilities are invited to purchase a ticket, bring their own skates (or dancing shoes), dress to impress for the theme and enjoy a night of music and fun.

Lake Fairfax: Roll out to enjoy two outdoor venues — the skate park and the inline skate rink. Skateboarders and skaters can enjoy the 15,000 square-foot, plaza-style skate park with various obstacles and bowl with 4-, 6- and 8-foot sections. The 85-foot by 185-foot Inline Skate Rink is constructed of sport floor tiles ideal for roller hockey and skating. Try roller hockey, street hockey and inline/roller skating at the rink, which is available for public use whenever it is not reserved.

Mount Vernon Rec Center: Experience ice skating and ice hockey at this renovated facility scheduled to reopen in May. The Rec Center boasts an expanded ice arena with two indoor National Hockey League-size rinks. Features include a skate rental area, skate sharpening, various locker rooms and party rooms with skate-friendly flooring. Programs will include public skate sessions, community events, classes and rentals for everything from parties to shows to coaching and team games.

Wakefield Park: Drop into thrills and excitement of skateboarding, skating and BMX biking at this skate park. The skate park features a freestyle course and a competition course with various obstacles and a competition-style bowl that promises a challenge for all ages and skill levels.

For more information, please visit www.fairfaxcounty.gov/parks.



NOURISH YOUR NEIGHBOR

Food holds a special meaning for everyone, whether it means sustenance, energy, nostalgia, comfort or community. Unfortunately, for about one in four Fairfax County residents, it also means scarcity.

About 17% of food insecure households are enrolled in federal nutrition assistance programs such as SNAP, but many households rely on food distributions at local pantries or charitable food donations. While there are a variety of grains, canned vegetables, meats, and dairy at food pantries, fresh fruits and vegetables can be hard to come by.

That is why in 2024 the Fairfax County Park Authority started the “Nourish Your Neighbor” program at the Farmers Markets. The program is an easy way to support local farmers and increase the amount of produce available at local food pantries. Customers at the Farmers Markets are encouraged to buy additional produce such as leafy greens, peppers, or apples to donate on site to a local food pantry. Donations don’t have to be large – if every customer at the Burke Farmers Market donated just one apple, there would be about 2,000 apples by the end of one market day! Donated produce is picked up at the end of the market and then distributed to the community at one of our partner’s sites. Last season, we collaborated with nine partners including United Community, Western Fairfax Christian Ministries, Annandale Christian Community for Action, LINK Against Hunger, Share of McLean, the Koinonia Foundation, Burke United Methodist Church, Cornerstones and the Lorton Community Action Center. Together, we were able to donate 3,800 lbs. of fresh produce to the community. Help us continue providing fresh produce to the community by participating in the Nourish Your Neighbor program this season! The program runs May through October at all 10 market locations.

For more information about Farmers Market locations and hours, please visit www.fairfaxcounty.gov/parks/farmersmarkets.

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Ken Quincy.....Providence
Michael Thompson, Jr.....Springfield
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The Fall 2025 issue of Parktakes
will be available in late July.

Park Authority Board meetings are open to the public.

For more information about dates and times, visit www.fairfaxcounty.gov/parks/board.

About Parktakes

Advertising: Paid advertising included in Parktakes does not imply endorsement of the advertised goods, products or services by the Fairfax County Park Authority. To place an ad in Parktakes, contact Cindy Fortuno at cindy.fortuno@fairfaxcounty.gov.

Publication and Subscriptions: Free subscriptions are available for both printed and electronic formats through our registration office 703-222-4664 or by signing up online: www.fairfaxcounty.gov/parks/ptsubs.htm. Parktakes copies are also

available at all staffed park locations, county libraries and government centers.

Postage: Periodicals postage paid at Fairfax, Va. (USPS 010-296). POSTMASTER: Send address changes to FCPA/Parktakes, P.O. Box 4606, Fairfax, Va. 22038-4606.

Photos: The FCPA reserves the right to photograph and videotape all its activities, events, classes, programs and facilities for promotional purposes. Vehicle safety audio/video systems may record program participants when they are being transported in Park

A Quarterly Magazine

Summer 2025 • Vol. 40/No. 3

Authority vehicles.

Prices, hours, programs and services are subject to change without prior notice.

Fairfax County’s programs, services and facilities are available to all citizens regardless of race, color, national origin, sex, age or disability. To request reasonable accommodations under the ADA, call 703-324-8563 or TTY Va. Relay 711.



DONOR PROFILE

Microsoft



The Fairfax County Park Foundation is grateful to Microsoft Corporation for their support of the Park Authority's IMA (Invasive Management Area program) and the Garden Plot Stewards.

Through their partnership with the Society for Ecological Restoration, Microsoft donated more than \$31,000 in 2024 and 2023 to help remove invasive species and plant native plants in parks.

The Park Authority has more than 23,000 acres. Unfortunately, more than one-third is infested with non-native invasive species of plants and shrubs that cause ecological or economic harm. Non-native invasive species reduce tree cover, decrease water quality, increase erosion and litter and create more habitats for other invasive species. The more than 300 invasive plant species in our area further degrade the natural resources by threatening native tree, shrub and understory species diversity, weighing down tree trunks and branches and creating impenetrable thickets that block out sunlight. Invasive species also diminish the quality of wildlife habitat and the outdoor recreation experience for residents, making parkland unattractive and uninviting. Each natural area in Fairfax County is valuable and these ecosystems should be healthy, native forests.

Partnerships with corporations like Microsoft bring critical resources to help beautify our parks.

Microsoft also donated \$10,000 worth of garden folding seats and toolkits that were donated to our garden plot stewards who had been with the program for ten years or more.

The mission of the Fairfax County Park Authority Community Garden Plot Rental Program is to give Fairfax County residents the opportunity to garden. The Fairfax County Park Authority rents more than 700 garden plots in 11 county parks to Fairfax County residents on an annual basis.

The Garden Plot Program is on the forefront of the One Fairfax Initiative. Our garden tenants represent the full range of diversity that is present in the County, including all socioeconomic strata.

The gardeners appreciated the garden kits that helped them to work low to the ground in a comfortable position. "Due to knee replacements, I can't kneel, so being able to sit while I plant and weed will solve a problem for me. What a nice donation from Microsoft," stated a grateful gardener.

WHAT IS THE PARK FOUNDATION AND WHAT DO THEY DO?

The Fairfax County Park Foundation (FCPF) is the fundraising arm for the Fairfax County Park Authority (FPCA). FCPF raises funds from individuals and businesses, obtains grants and creates partnerships. Specifically, FCPF provides funds for many FPCA programs and projects including:

- The Wonder Wagon Mobile Nature Center and FPCA camps
- Community events like the Summer Entertainment Series, Earth Day Fairfax and Healthy Strides 5K/10K
- Environmental projects like the invasive management area program (IMA)
- Beautification projects like the Moon Gate at Green Spring Gardens and Eakin Community Park.

Learn more by visiting www.fairfaxparkfoundation.org, emailing FairfaxParkFoundation@fairfaxcounty.gov or calling 703-324-8581.



PARKS at a Glance

For more information, visit www.fairfaxcounty.gov/parks

	Phone Number	Accessible Playground	Agriculture Field/Kitchen Garden	Basketball Courts (Indoors)	Basketball Courts (Outdoors)	Birthday Parties	Boating/Boat Rentals	Campgrounds	Carousel	Catering	Drop-in Childcare Center	Demonstration Gardens	Disc Golf	Equestrian Facilities	Family Water Park	Farm	Farmers Market	Fishing	Fitness Center	Fitness Trails	Food Service/Concession	Golf-Driving Cages/Indoor Range	Golf-Driving Range	Golf Lessons	Golf-Number of Holes	Golf-Par	Golf-Adapted Power Carts	Golf-Power Carts	Golf Pro Shop		
Rec Centers																															
Audrey Moore	703-321-7081			●	●	●											●		●												
Cub Run	703-817-9407					●					●								●												
George Washington	703-780-8894					●													●												
Franconia	703-922-9841			●	●	●			●										●												
Mount Vernon	703-768-3224					●					●								●												
Oakmont	703-281-6501					●					●						●		●												
Providence	703-698-1351				●	●													●												
South Run	703-866-0566				●	●													●												
Spring Hill	703-827-0989			●		●													●												
Golf Courses																															
Burke Lake	703-323-1641																				●		●	●	18	54	●		●		
Greendale	703-971-6170																				●			●	18	70	●	●	●		
Jefferson	703-573-0443																				●				9	35	●	●	●		
Laurel Hill	703-493-8849									●											●		●	●	18	71	●	●	●		
Oakmont	703-255-5390																						●	●	9	27	●		●		
Pinecrest	703-941-1061																				●	●	●	●	9	35	●	●	●		
Twin Lakes	703-631-9099									●											●		●	●	36	71	●	●	●		
Major Parks																															
Burke Lake	703-323-6600					●	●	●	●				●					●		●	●										
Clemyjontri	703-388-2807	●							●																						
Jefferson District	703-573-0444				●	●															●										
Lake Accotink	703-569-3464				●	●	●		●									●			●										
Lake Fairfax	703-471-5414					●	●	●							●			●			●										
Laurel Hill	703-437-9101												●																		
M. L. King Jr.	703-324-8732																														
Mason District	703-324-8700				●												●				●										
Nottoway	703-324-8700				●																●										
Nature and Historic Sites																															
Colvin Run Mill	703-759-2771											●																			
Ellanor C. Lawrence	703-631-0013		●			●						●						●													
Frying Pan Farm	703-437-9101		●			●			●			●		●		●															
Green Spring Gardens	703-642-5173		●			●						●																			
Hidden Oaks	703-941-1065					●						●																			
Hidden Pond	703-451-9588					●						●																			
Huntley Meadows	703-768-2525					●																									
Riverbend	703-759-9018					●	●											●													
Sully Historic Site	703-437-1794											●																			
Turner Farm/ Observatory	703-759-9018													●																	

[illegible]

PARK LOCATIONS

For a complete list of locations and addresses, scan the QR code or visit www.fairfaxcounty.gov/parks/locator



Rec Centers

- 1 **Audrey Moore Rec Center**
8100 Braddock Road
Annandale 22003 • 703-321-7081
- 2 **Cub Run Rec Center**
4630 Stonecroft Blvd.
Chantilly 20151 • 703-817-9407
- 3 **Franconia Park & Rec Center**
6601 Telegraph Road
Franconia 22310 • 703-922-9841
- 4 **George Washington Rec Center**
8426 Old Mt. Vernon Road
Alexandria 22309 • 703-780-8894
- 5 **Mount Vernon Rec Center**
2017 Belle View Blvd.
Alexandria 22037 • 703-768-3224
- 6 **Oakmont Rec Center**
3200 Jermantown Road
Oakton 22124 • 703-281-6501
- 7 **Providence Rec Center**
7525 Marc Drive
Falls Church 22042 • 703-698-1351
- 8 **South Run Rec Center**
7550 Reservation Drive
Springfield 22153 • 703-866-0566
- 9 **Spring Hill Rec Center**
1239 Spring Hill Road
McLean 22102 • 703-827-0989

Major Parks

- 10 **Braddock Park**
13241 Braddock Road
Clifton 20124 • 703-324-8702
- 11 **Burke Lake Park**
7315 Ox Road
Fairfax Station 22039 • 703-323-6600
- 12 **Clemyjontri Park**
6317 Georgetown Pike
McLean 22101 • 703-388-2807
- 13 **Frying Pan Farm Park**
2709 West Ox Road
Herndon 20171 • 703-437-9101
- 14 **Jefferson District Park**
7900 Lee Highway
Falls Church 22042 • 703-573-0443
- 15 **Lake Accotink Park**
7500 Accotink Park Road
Springfield 22150 • 703-569-3464
- 16 **Lake Fairfax Park**
1400 Lake Fairfax Drive
Reston 20190 • 703-471-5414
- 17 **Laurel Hill Central Green**
8780 Lorton Road
Lorton 22079 • 703-437-9101

Major Parks

- 18 **Martin Luther King, Jr. Park**
8115 Fordson Road
Alexandria 22306 • 703-324-8732
- 19 **Mason District Park**
6621 Columbia Pike
Annandale 22003 • 703-941-1730
- 20 **Turner Farm Park**
925 Springvale Road
Great Falls 22066 • 703-324-8702
- 21 **Wakefield Park**
8100 Braddock Road
Annandale 22003 • 703-321-7081
- 22 **Water Mine Family Swimmin' Hole**
1400 Lake Fairfax Drive
Reston 20190 • 703-471-5414

Nature Centers

- 23 **Ellanor C. Lawrence Park**
5040 Walney Road
Chantilly 20151 • 703-631-0013
- 24 **Green Spring Gardens**
4603 Green Spring Road
Alexandria 22312 • 703-642-5173
- 25 **Hidden Oaks Nature Center**
7701 Royce St.
Annandale 22003 • 703-941-1065
- 26 **Hidden Pond Nature Center**
8511 Greeley Blvd.
Springfield 22152 • 703-451-9588
- 27 **Huntley Meadows Park**
3701 Lockheed Blvd.
Alexandria 22306 • 703-768-2525
- 28 **Riverbend Park**
8700 Potomac Hills St.
Great Falls 22066 • 703-759-9018

Historic Sites

- 29 **Cabell's Mill**
5235 Walney Road
Centreville 20151 • 703-827-0609
- 30 **Clark House**
6332 Barcroft Mews Drive
Falls Church 22041 • 703-827-0609
- 31 **Colvin Run Mill**
10017 Colvin Run Road
Great Falls 22066 • 703-759-2771
- 32 **Dranesville Tavern**
11919 Leesburg Pike
Dranesville 20170 • 703-827-0609
- 33 **Great Falls Grange and Forestville Schoolhouse**
9818 Georgetown Pike
Great Falls 22066 • 703-827-0609

Historic Sites

- 34 **Nottoway Park & Hunter House**
9537 Courthouse Road
Vienna 22181 • 703-827-0609
- 35 **Stone Mansion & Stoneybrooke Park**
3900 Stoneybrooke Drive
Alexandria 22306 • 703-827-0609
- 36 **Sully Historic Site**
3650 Historic Sully Way
Chantilly 20151 • 703-437-1794

Golf Courses

- 37 **Burke Lake Golf Center**
6915 Ox Road
Fairfax Station 22039 • 703-323-1641
- 38 **Greendale Golf Course**
6700 Telegraph Road
Alexandria 22310 • 703-971-6170
- 39 **Jefferson District Golf Course**
7900 Lee Highway
Falls Church 22042 • 703-573-0443
- 40 **Laurel Hill Golf Club**
8701 Laurel Crest Drive
Lorton 22079 • 703-493-8849
- 41 **Oakmont Golf Center**
(formerly Oak Marr Golf Complex)
3136 Jermantown Road
Oakton 22124 • 703-255-5390
- 42 **Pinecrest Golf Course**
6600 Little River Turnpike
Alexandria 22312 • 703-941-1061
- 43 **Twin Lakes Golf Course**
6201 Union Mill Road
Clifton 20124 • 703-631-9372
- 44 **FCCA Headquarters**
12055 Government Center Parkway,
Suite 927, Fairfax 22035 • 703-324-8700



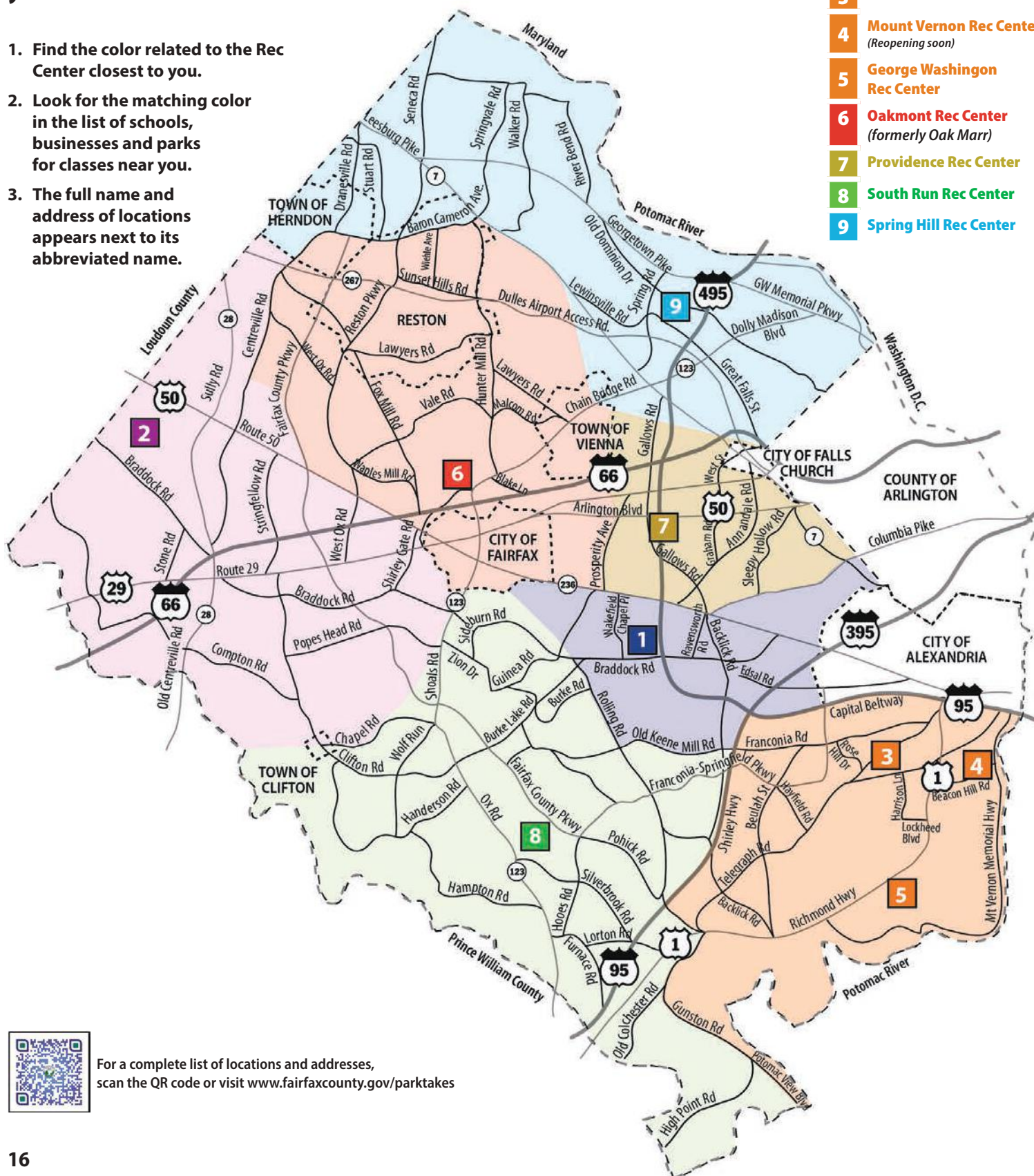
Photo by
Fariss
Agatone,
winner of
the 2025
First Hike
Fairfax Staff
Snapshot
Award

LOCATION ABBREVIATION GUIDE

Looking for conveniently located Park Authority classes in your Rec Center service area?

1. Find the color related to the Rec Center closest to you.
2. Look for the matching color in the list of schools, businesses and parks for classes near you.
3. The full name and address of locations appears next to its abbreviated name.

- 1** Audrey Moore Rec Center
- 2** Cub Run Rec Center
- 3** Franconia Rec Center
- 4** Mount Vernon Rec Center (Reopening soon)
- 5** George Washington Rec Center
- 6** Oakmont Rec Center (formerly Oak Marr)
- 7** Providence Rec Center
- 8** South Run Rec Center
- 9** Spring Hill Rec Center



For a complete list of locations and addresses, scan the QR code or visit www.fairfaxcounty.gov/parktakes

Abbrv	Name	Address	City, Zip
1: Audrey Moore/Wakefield			
AnnandalePk	Annandale Park	4030 Hummer Rd	Annandale 22003
Camelot ES	Camelot Elementary	8100 Guinevere Dr	Annandale 22003
GrnSprGardn	Green Spring Gardens Park	4603 Green Spring Rd	Alexandria 22312
Hidden Oaks	Hidden Oaks Nature Center	7701 Royce St	Annandale 22003
KeeneMI ES	Keene Mill Elementary	6310 Bardu Ave	Springfield 22152
LkAccotinkPk	Lake Accotink Park	7500 Accotink Park Dr	Springfield 22151
LittleRun ES	Little Run Elementary	4511 Olley Ln	Fairfax 22032
Pinecrest GC	Pinecrest Golf Course	6600 Little River Tnpk	Alexandria 22312
RavensworthES	Ravensworth Elementary	5411 Nutting Drive	Springfield 22151
Wkfld/Moore	Wakefield RECenter	8100 Braddock Rd	Annandale 22003
Woodson HS	Woodson High School	9525 Main St	Fairfax 22031

2: Cub Run

ArrowbrookPk	Arrowbrook Park	2351 Field Point Rd	Herndon 20170
Bricks&Minifigs	Bricks & Minifigs Herndon	1064 Elden St	Herndon 20170
BullRunPk	Bull Run Park	7700 Bull Run Dr	Centreville 20121
Craftspace	Craftspace	3675 Concorde Pkwy	Chantilly 20151
CubRunREC	Cub Run Rec Center	4630 Stonecroft Blvd.	Chantilly 20151
ECLawrencePk	Ellanor C. Lawrence Park	5040 Walney Rd	Chantilly 20151
Fairfax Fencers	Fairfax Fencers	4433 Brookfield Corporate Dr	Chantilly 20151
Floris ES	Floris Elementary School	2708 Centreville Rd	Herndon 20171
Frying Pan Pk	Frying Pan Park	2709 West Ox Rd	Herndon 20171
GMU Field House	George Mason Field House	4501 University Dr	Fairfax 22030
GreenbrW ES	Greenbriar West Elementary	13300 Poplar Tree Rd	Fairfax 22033
Herndon MS	Herndon Middle School	901 Locust St	Herndon 20170
Patriot Park North	Patriot Park North	5425 Willow Springs School Rd	Fairfax 22030
SullyCommCtr	Sully Community Center	13808 Wall Rd	Herndon 20171
Sully Highlands	Sully Highlands Park	13808 Wall Rd	Herndon 20171
Sully	Sully Historic Site	3650 Historic Sully Way	Chantilly 20151
TwnLk Golf	Twin Lakes Golf Course	6201 Union Mill Rd	Clifton 20124
VaRun ES	Virginia Run Elementary	15450 Martins Hundred Dr	Centreville 20120
Westfield HS	Westfield High School	4700 Stonecroft Blvd	Chantilly 20151

3-5: Franconia /Mt. Vernon /GW

Belle Vw ES	Belle View Elementary	6701 Fort Hunt Rd	Alexandria 22307
Ft Hunt ES	Fort Hunt Elementary	8832 Linton Ln	Alexandria 22308
FranconiaREC	Franconia Rec Center	6601 Telegraph Rd	Franconia 22310
GWREC	George Washington Rec Center	8426 Old Mount Vernon Rd	Alexandria 22309
Greendale Golf Co	Greendale Golf Course	6700 Telegraph Rd	Alexandria 22310
HistHuntley	Historic Huntley	6918 Harrison Ln	Alexandria 22306
HuntMdws	Huntley Meadows Park	3701 Lockheed Blvd	Alexandria 22306
Mt Vernon REC	Mount Vernon RECenter	2017 Belle View Blvd	Alexandria 22307
Riverside ES	Riverside Elementary	8410 Old Mt Vernon Rd	Alexandria 22309
Stone Mansion	Stone Mansion	3900 Stoneybrooke Dr	Alexandria 22306
StratfrdLndgES	Stratford Landing Elementary	8484 Riverside Rd	Alexandria 22308
WoodleyHillsES	Woodley Hills Elementary	8718 Old Mount Vernon Road	Alexandria 22309

6: Oakmont (formerly Oak Marr)

Cunn Pk ES	Cunningham Park Elementary	1001 Park Street	Vienna 2210
EagleVw ES	Eagle View Elementary	4500 Dixie Hill Rd	Fairfax 22030
FfxIceArena	Fairfax Ice Arena	3779 Pickett Rd	Fairfax 22030
Hunter House	Hunter House	9537 Courthouse Rd	Vienna 22181
LkFairfax Pk	Lake Fairfax Park	1400 Lake Fairfax Dr	Reston 20190
LdbyExFrOks	Lead by Example TKD	11226 Waples Mill Rd	Fairfax 22033
Louise Archer ES	Louise Archer Elementary	324 Nutley St NW	Vienna 22180
Navy ES	Navy Elementary	3500 West Ox Rd	Fairfax 22033
NottowayPk	Nottoway Park	9601 Courthouse Rd	Vienna 22181
Oakmont Golf Ctr	Oakmont Golf Center	3200 Jermantown Rd	Oakton 22124
Oakmont REC	Oakmont Rec Center	3200 Jermantown Rd	Oakton 22124
Oakton ES	Oakton Elementary	3000 Chain Bridge Rd	Oakton 22124

Abbrv	Name	Address	City, Zip
7: Providence			
Clark House	Clark House	6338 Barcroft Mews Dr	Alexandria 22312
Jefferson Golf	Jefferson Golf Course	7900 Lee Hwy	Falls Church 22042
JRheeFlsCh	Jhoon Rhee Falls Church	1136 West Broad St	Falls Church 22046
MasonDistPk	Mason District Park	6621 Columbia Pike	Annandale, 22003
NOVA Fencers	No. VA Fencers Club	3431-E Carlin Springs Rd	Falls Church 22041
ProvREC	Providence Rec Center	7525 Marc Dr	Falls Church 22042
RndtreePk	Roundtree Park	3411 Casilear Rd	Falls Church 22042
Stenwood ES	Stenwood Elementary	2620 Gallows Road	Vienna 22180
Woodbrn ES	Woodburn Elementary	3401 Hemlock Dr	Falls Church 22042
Shrevewd ES	Shrevewood Elementary	7525 Shreve Rd	Falls Church 22043
Woodbrn ES	Woodburn Elementary	3401 Hemlock Dr	Falls Church 22042

8: South Run

BlkBltFfx	Black Belt Academy Fairfax	10635 Braddock Rd	Fairfax 22032
BurkeLakeGolf	Burke Lake Golf	6915 Ox Rd	Fairfax Station 22039
Burke Lake Pk	Burke Lake Park	7315 Ox Rd	Fairfax Station 22039
CherryRun ES	Cherry Run Elementary	9732 Ironmaster Dr	Burke 22015
Hidden Pond	Hidden Pond Nature Center	8511 Greeley Blvd	Springfield 22152
Huntsman Lk	Huntsman Lake	9150 Dorothy Ln	Springfield 22153
Lk Mercer Pk	Lake Mercer Park	9500 Silverbrook Rd	Fairfax Station 22039
Laurel Hill GC	Laurel Hill Golf Course	8701 Laurel Crest Dr	Lorton 22079
LaurelHillPk	Laurel Hill Park	8400 Lorton Rd	Lorton 22079
Legacy Martial Arts	Legacy Martial Arts	7200 Fullerton Rd B-300	Springfield 22150
NewingtonFrst ES	Newington Forest Elementary	8001 Newington Forest Ave	Springfield 22153
OrngHunt ES	Orange Hunt Elementary	6820 Sydenstricker Rd	Springfield 22152
RollingVly ES	Rolling Valley Elementary	6703 Barnack Dr	Springfield 22152
RoyalLakePk	Royal Lake Park	5344 Gainsborough Dr	Fairfax, 22032
Saratoga ES	Saratoga Elementary	8111 Northumberland Rd	Springfield 22153
SoRunREC	South Run Rec Center	7550 Reservation Dr	Springfield 22153
WstSprngfld ES	West Springfield ES	6802 Deland Dr	Springfield 22152

9: Spring Hill

B2R McLean	Bach to Rock McLean	6649A Old Dominion Drive	McLean 22101
Clemjyontri	Clemjyontri Park	6317 Georgetown Pike	McLean 22101
ColvinRunMill	Colvin Run Mill	10017 Colvin Run Rd	Great Falls 22066
Dransvil Tvrn	Dranesville Tavern	11919 Leesburg Pk	Herndon 20171
FrankShrm ES	Franklin Sherman Elementary	6633 Brawner St	McLean 22101
GrtFlsGrange	Great Falls Grange	9818 Georgetown Pk	Great Falls 22066
Lemon Rd ES	Lemon Road Elementary	7230 Idylwood Rd	Falls Church 22043
Lewinsville PK	Lewinsville Park	1659 Chain Bridge Road	McLean 22101
McLeanCntrlPk	McLean Central Park	1468 Dolley Madison Blvd	McLean 22102
RiverbendPk	Riverbend Park	8700 Potomac Hills St	Great Falls 22066
ScottsRnNat	Scotts Run Nature Preserve	7400 Georgetown Pk	McLean 22102
SpringHI ES	Spring Hill Elementary	8201 Lewinsville Rd	McLean 22102
SpHillREC	Spring Hill Rec Center	1239 Spring Hill Rd	McLean 22102
TurnerFarmPk	Turner Farm Park	925 Springvale Rd	Great Falls 22066



Adapted Recreation Programs

Scan the QR code to go directly to the Parktakes Online Adapted Recreation Programs page.



ADA/Inclusion Support



In keeping with the Americans with Disabilities Act (ADA), Fairfax County is committed to giving all residents equal access to recreational opportunities. Park Authority activities, programs, camps and classes are inclusive, and reasonable accommodations are available for people with disabilities. ADA accommodations include sign interpreters, assistive listening devices, program modifications and inclusion support. To request accommodations, or for more information about adapted program opportunities, call 703-324-8727. The Park Authority makes every attempt to provide accommodations; however, fulfillment of requests received with less than 10 days notice cannot be guaranteed.

Facility Accessibility

The Fairfax County Park Authority offers parks and facilities that are accessible to all Fairfax County residents. For information on accessible features or issues associated with usage, call 703-324-8727 or visit www.fairfaxcounty.gov/parks/ada-inclusion.

Follow guidelines when registering

We suggest if it has been a month or longer since a student has participated in a swimming lesson, that they repeat the previous course completed. If you have any questions about which class is right for you or your child, please contact the Adapted Program Specialist at 703-324-8565. For safety reasons and to ensure customers get the maximum aquatic program benefits, the Park Authority reserves the right to remove students from an inappropriate class and either issue a refund or place them, when possible, in a class that better matches their ability.

Practice and Repetition are keys to success

Each student progresses at a different speed in learning aquatic skills. Students often repeat a level several times before developing the endurance and skill proficiency necessary for advancement. Repeating a level does not constitute failure; it is to be expected. Mastering skills takes time, practice, and patience.



Swim Lessons offered year round at Rec Center Pools. **Sign up today!**



Adapted Aquatics

Adapted Swimming-Preschoolers

(3-5 yrs.) Through play and individual attention, preschoolers and their parents work on adjusting to a new environment. Focus is on entry and exit skills, water safety, blowing bubbles and arm and leg propulsion on the front and back. Parent participation is required.

4AE	7--30 minute lessons--\$114				
Location	Day	Time	Code	Begin	\$
SoRunREC	Sa	11:45am	COA.T94U	6/21	4AE
SoRunREC	Su	12:15pm	COA.KTNG	6/22	4AE

Adapted Swimming 1

(6-12 yrs.) This is a learn-to-swim class designed for students with disabilities. Students engage in activities to overcome fear and gain basic swimming and water safety skills. Skills include entering and exiting the water safely, blowing bubbles, floating and the introduction of arm and leg action with assistance. Parent/caregiver participation may be required.

4AE	7--30 minute lessons--\$114				
Location	Day	Time	Code	Begin	\$
SoRunREC	Sa	9:05am	E4B.KZMG	6/21	4AE
SoRunREC	Su	12:55pm	E4B.N8BU	6/22	4AE

Adapted Swimming 2

(6-12 yrs.) Prerequisite: Swimming 1 or equivalent skill proficiency. This is a learn-to-swim class designed for students with disabilities. Students should be comfortable entering the water on their own, blowing bubbles, and using their arms and legs to swim with

assistance. Skills include floating on both front and back, gliding and swimming without assistance. Parent/caregiver participation may be required.

4AE	7--30 minute lessons--\$114				
Location	Day	Time	Code	Begin	\$
SoRunREC	Sa	9:45am	6D7.LR4Q	6/21	4AE
SoRunREC	Su	1:35pm	6D7.MYWQ	6/22	4AE

Adapted Swimming 3

(6-12 yrs.) Prerequisite: Swimming 2 or equivalent skill proficiency. This is a learn-to-swim class designed for students with disabilities. Students should be able to swim at least two body lengths without assistance. Skills include treading water, retrieving objects and swimming on both front and back without assistance. Parent/caregiver participation may be required.

4AE	7--30 minute lessons--\$114				
Location	Day	Time	Code	Begin	\$
ProvREC	Su	11am	422.S556	6/22	4AE
SoRunREC	Sa	10:25am	422.QKT6	6/21	4AE

Learn to Swim Teens/Adults w/Disabilities

(13-Adult) Classes take place in depths of less than five feet. Skills include entering and exiting water, floating, gliding on front and back, breathing techniques, and using arms and legs to perform front crawl and elementary backstroke. Parent/caregiver participation may be required.

4AE	7--30 minute lessons--\$114				
Location	Day	Time	Code	Begin	\$
SoRunREC	Sa	11:05am	03B.TMVB	6/21	4AE

Adapted Intro to Basic Strokes

(8-Adult) Prerequisite: Students must be able to swim a minimum of 15 yards independently. This class is designed to prepare students with disabilities for more advanced competitive swimming and focuses on the basic steps and progressions of the four competitive strokes: front crawl, back crawl, breaststroke and butterfly.

4AO 7--45 minute lessons--\$115						
Location	Day	Time	Code	Begin	\$	
CubRunREC	Sa	2pm	E06.QZKR	6/21	4AO	
ProvREC	Su	11:35am	E06.2D3J	6/22	4AO	
ProvREC	Su	12:25pm	E06.6BCG	6/22	4AO	

Aqua Fitness-Individuals w/Physical Disabilities

(13-Adult) Students with physical disabilities (cerebral palsy, spinal cord injury, MS, etc.) work at their individual ability levels as they pursue their personal fitness goals. Shallow water exercises and swim program improve body awareness and increase range of motion, flexibility and muscle tone. Wheelchair users welcome. Caretaker/family member participation may be required.

4AO 7--45 minute lessons--\$115						
Location	Day	Time	Code	Begin	\$	
SpHillREC	Su	3:30pm	460.GYF8	6/22	4AO	
SpHillREC	Su	4:15pm	460.57K9	6/22	4AO	
SpHillREC	Su	5pm	460.9LZZ	6/22	4AO	
Wkfld/Moore	F	11am	460.73RV	6/20	4AO	

Swim Team Training/Intermediate Swimmers w/Disabilities

(8-Adult) Prerequisite: Swimmers must be able to swim 25 yards on their front and back. Prior competitive experience is not necessary. This is competitive training for swimmers who may want to participate in Special Olympics. Swimmers are coached in freestyle, backstroke, breaststroke and butterfly.

4AY 7--55 minute lessons--\$122						
Location	Day	Time	Code	Begin	\$	
CubRunREC	Sa	3pm	C26.MA8S	6/21	4AY	
OakmontREC	Su	2pm	C26.K835	6/22	4AY	

Swim Team Training/Advanced Swimmers w/Disabilities

(8-Adult) Prerequisite: Swimmers must be able to swim 25 yards in the front and back while circle swimming with other swimmers. This is competitive training for swimmers who may want to participate in Special Olympics. Swimmers are coached in freestyle, backstroke, breaststroke and butterfly.

4AY 7--55 minute lessons--\$122						
Location	Day	Time	Code	Begin	\$	
CubRunREC	Sa	4pm	B1D.4RH8	6/21	4AY	
Franconia Rec	W	7pm	B1D.RS7X	6/18	4AY	
OakmontREC	Su	1pm	B1D.TESA	6/22	4AY	
OakmontREC	Su	3pm	B1D.H4RE	6/22	4AY	



THE WATER MINE

Gold Rush Season Passes on sale now!

Buy your passes online at www.fairfaxcounty.gov/parks/watermine.

Adapted Outdoor Opportunities

Adapted Kayaking

(13-Adult) This beginning kayaking class teaches flat and moving-water kayaking basics while increasing fitness. Students progress from on-land demonstrations and practice to flat-water navigation. Kayaks are recreational/touring types. Helmets and PFDs are provided and required. This adapted class offers additional staff supervision and support with one staff member for every three students.

4BP 4--2 hour lessons--\$151						
Location	Day	Time	Code	Begin	\$	
Riverbend Pk	Sa	8am	88E.09FD	6/7	4BP	
Riverbend Pk	Sa	8am	88E.UT2H	8/2	4BP	

Adapted Park Explorers

(6-11 yrs.) See the best that our park has to offer with topics that fit your interests. Explore different features of the park with hands-on science and nature activities tailored to young people with disabilities. Topics vary by date. Parents must be accessible during the program but are not required to register.

4B4 1--1 hour program--\$11						
Location	Day	Time	Code	Begin	\$	
ECLawrencePk	Sa	7pm	206.VELI	7/19	4B4	

Adapted Sports & Fitness

Adapted Walking Soccer

(6-12 yrs.) This slow-paced Sanowar Fitness class is designed for individuals with intellectual disabilities. Class aims to increase cardiovascular health and develop balance, agility and coordination while learning developmental soccer skills.

CSVA 6--55 minute lessons--\$114						
Location	Day	Time	Code	Begin	\$	
Lemon Rd ES	Su	9am	6C3.7088	6/22	CSVA	
LittleRn ES	Sa	9am	6C3.VYBB	6/21	CSVA	

Adapted Fitness Training

(13-Adult) Designed for students who have mild intellectual disabilities who can participate in a class with a 4:1 ratio. Learn fitness and wellness skills in a fun and social environment. Class may include weight room exercises, team games, yoga, swimming, outdoor activities and nutrition instruction. Students must be able to ambulate independently.

3EB 8--55 minute lessons--\$110						
Location	Day	Time	Code	Begin	\$	
OakmontREC	T	5pm	76F.LP4I	7/8	3EB	

Adapted Tae Kwon Do I

Class is designed for students with disabilities on the high-functioning end of the autism spectrum. Students learn basic kicking, punching, blocking and sparring skills and forms as they improve confidence and flexibility. Martial arts uniforms are required. Extra fee for belt testing.

DMVB 8--45 minute lessons--\$127						
Location	Day	Time	Code	Begin	\$	
LdbyExFr0ks	Sa	3:30pm	A12.W9NN	6/14	DMVB	
LdbyExFr0ks	Sa	4:15pm	EEC.ODSU	6/14	DMVB	
LdbyExFr0ks	W	7:45pm	456.G81G	6/14	DMVB	

Adapted Yoga

(13-Adult) This class for individuals with intellectual disabilities focuses on basic yoga positions to improve strength, balance and flexibility and introduces breathing techniques for physical and mental relaxation. Please bring a mat. Parent/caregiver participation may be required.

3EJ 4--55 minute lessons--\$56 4AP 8--45 minute lessons--\$134						
Location	Day	Time	Code	Begin	\$	
SoRunREC	Th	6:10pm	DOE.DK8S	7/10	4AP	
SpHillREC	W	5pm	DOE.HE5X	7/9	3EJ	

Other Adapted Opportunities

Adapted Movement to Music

(13-Adult) Students enjoy practicing warm-ups, basic dance moves, cool-downs, expressive free movement using with like scarves and ribbons and other creative movements. This class will help students increase strength, improve flexibility, decrease muscle tension and boost coordination using movement to promote emotional, social and physical integration.

3EJ 4--55 minute lessons--\$56						
Location	Day	Time	Code	Begin	\$	
SpHillREC	W	4pm	TL8.QDAT	7/9	3EJ	

Mini Maestros Adapted Music

(2-5 yrs.) Led by a board-certified music therapist, this class is open to children of all abilities and is designed to foster developmental, social and emotional skill acquisition through specialized music activities. Children will engage in singing, movement, instrument play and mindfulness to learn a variety of fundamental skills.

4AQ 9--45 minute lessons--\$147						
Location	Day	Time	Code	Begin	\$	
MtVern REC	T	4:30pm	I81.NPLR	6/24	4AQ	
MtVern REC	W	4:30pm	I81.BV3K	6/25	4AQ	



Scan the QR code to go directly to the Parktakes Online Aquatics page.



Fairfax County Park Authority Aquatics offers something for all ages and swimming abilities. Monthly calendars listing pool hours are available at FCPA Rec Centers and online at www.fairfaxcounty.gov/parks.

Follow guidelines when registering

If it has been a month or longer since a student has participated in a swimming lesson, it is suggested that they repeat the previous course completed. If you have any questions about which class is right please contact the aquatics staff at your favorite Rec Center. For safety reasons and to ensure customers get the maximum benefits, the Park Authority reserves the right to remove students from a class and either issue a refund or place them, when possible, in a class that better matches their ability.

Practice and Repetition are keys to success

Each student learns at different speeds. Students often repeat a level several times before developing the endurance and skill proficiency necessary for advancement. Repeating a level does not constitute failure; it is to be expected. Mastering skills takes time, practice and patience.

Combining course levels

When enrollment is low, course levels may be combined to avoid class cancellations.

Pool Health Information

For more information about practicing healthy swim habits, please visit: www.fairfaxcounty.gov/parks/rules/pool/pool-health

One on One Swim Lessons

(3-Adult) Children must leave parent willingly, be comfortable in the water, and be able to follow simple directions. Private swim lessons are a great way to improve swimming skills and water safety techniques of any level. With one-on-one swim lessons, an instructor can spend more time helping overcome obstacles which may require more time or dedication than a standard swim lesson. Lessons are also available for adult swimmers. Senior discount does not apply to these lessons. See website for details and times.



Swim Classes for Children

Baby & Me Swim

(6 mos.-18 mos.) Register your baby for this class designed for babies and their parent(s), or other favorite adult who want to learn water adjustment and aquatic skills together. Learn how to enter and exit the water in a safe manner, feel comfortable in the water and explore submerging to the mouth, nose and eyes. Explore buoyancy on front and back, change body position and learn safety information. Two adults may participate with each child. Babies must wear tight-fitting swim diaper and plastic pants under bathing suit.

4AC	5--30 minute lessons--\$81
4AE	7--30 minute lessons--\$114
4AF	8--30 minute lessons--\$131
4AG	9--30 minute lessons--\$145

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	9am	665.EP9W	6/21	4AE
CubRunREC	Su	10:10am	665.ZCGS	6/21	4AE
CubRunREC	Sa	10:10am	665.XVZ4	6/22	4AE
CubRunREC	Su	9am	665.XVZ4	6/22	4AE
CubRunREC	Su	10:10am	665.9A3R	6/22	4AE
Franconia Rec	Sa	9am	665.75D2	6/21	4AE
Franconia Rec	Su	9:35am	665.F3YB	7/13	4AC
GWREC	Sa	9:30am	665.9FDQ	6/21	4AE
OakmontREC	T	5:30pm	665.N6ZL	6/17	4AG
OakmontREC	F	10:10am	665.AMHW	6/20	4AF
OakmontREC	Sa	8am	665.6Y7N	6/21	4AE
OakmontREC	Sa	9:45am	665.YMII	6/21	4AE
OakmontREC	Su	9:35am	665.YN6W	6/22	4AE
ProvREC	W	6pm	665.GSCF	6/18	4AF
ProvREC	Sa	8:15am	665.0NUO	6/21	4AE
ProvREC	Su	9am	665.0FXW	6/22	4AE
SoRunREC	M-Th	10:25am	665.3X11	6/16	4AE
SoRunREC	Sa	10:25am	665.1PVC	6/21	4AE
SoRunREC	Su	9:35am	665.W29X	6/22	4AE
SoRunREC	M-Th	10:25am	665.9907	6/30	4AF
SoRunREC	M-Th	10:25am	665.J9X0	7/14	4AF
SoRunREC	M-Th	10:25am	665.9GW2	7/28	4AF
SpHillREC	T	5:25pm	665.8EIZ	6/17	4AF
SpHillREC	F	10:05am	665.FUM8	6/20	4AE
SpHillREC	Sa	9:35am	665.29UR	6/21	4AE
SpHillREC	Su	10:10am	665.57KE	6/22	4AE
SpHillREC	Th	4pm	665.X4KR	6/26	4AE
Wkfld/Moore	Sa	10:10am	665.M9U9	6/21	4AE
Wkfld/Moore	Sa	11:30am	665.1NBC	6/21	4AE

Preschooler & Me Swim

(3-5 yrs.) Register your preschooler for this class designed for children and their parent(s) or other favorite adult(s) who want to learn water adjustment, basic swimming and safety skills. Up to two adults may participate with each child. Children not toilet trained must wear tight-fitting swim diapers and plastic pants. This class is designed especially for children who have limited group social experience and are reluctant to leave their parents. All teaching is done through the adult. Skills: Same as Pee Wee Paddler 1.

4AC	5--30 minute lessons--\$81
4AE	7--30 minute lessons--\$114
4AF	8--30 minute lessons--\$131
4AG	9--30 minute lessons--\$145

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	10:45am	D6F.JQ1N	6/21	4AE
CubRunREC	Su	10:45am	D6F.ZY6J	6/22	4AE
Franconia Rec	Sa	10:10am	D6F.B7JN	6/21	4AE
Franconia Rec	Su	10:10am	D6F.1ESI	7/13	4AC
GWREC	Sa	10:40am	D6F.H9Q5	6/21	4AE
OakmontREC	M	5:30pm	D6F.H1DI	6/16	4AG
OakmontREC	Sa	9:10am	D6F.LLV8	6/21	4AE
OakmontREC	Su	10:10am	D6F.CH74	6/22	4AE
ProvREC	W	7:10pm	D6F.HV22	6/18	4AF
ProvREC	Sa	9:25am	D6F.KTAE	6/21	4AE
ProvREC	Su	10:10am	D6F.YNG4	6/22	4AE
SoRunREC	M-Th	11:25am	D6F.OVEE	6/16	4AE
SoRunREC	Sa	11:35am	D6F.JTLL	6/21	4AE
SoRunREC	Su	9am	D6F.K51D	6/22	4AE
SoRunREC	M-Th	11:25am	D6F.1KUC	6/30	4AF
SoRunREC	M-Th	11:25am	D6F.UT0Q	7/14	4AF
SoRunREC	M-Th	11:25am	D6F.L5UQ	7/28	4AF
SpHillREC	W	5:15pm	D6F.D688	6/18	4AF
SpHillREC	Sa	10:45am	D6F.CIS2	6/21	4AE
SpHillREC	Su	11:55am	D6F.W41C	6/22	4AE
Wkfld/Moore	M-Th	10:25am	D6F.8BNB	6/16	4AE
Wkfld/Moore	Sa	9am	D6F.E93Q	6/21	4AE
Wkfld/Moore	Sa	12:40pm	D6F.ZHIO	6/21	4AC
Wkfld/Moore	Su	9am	D6F.CTYK	7/13	4AC
Wkfld/Moore	Su	11:30am	D6F.DQC1	7/13	4AC
Wkfld/Moore	Su	12:40pm	D6F.59ZQ	7/13	4AC
Wkfld/Moore	M-Th	10:25am	D6F.UX35	7/14	4AF

Toddler & Me Swim

(19 mos. -2 yrs.) Register your toddler for this class designed for children and their parent(s) or other favorite adult(s) who want to learn water adjustment, basic swimming and safety skills. Up to two adults may participate with each child. Children not toilet trained must wear tight-fitting swim diapers and plastic pants under their bathing suit.

4AC	5--30 minute lessons--\$81
4AE	7--30 minute lessons--\$114
4AF	8--30 minute lessons--\$131
4AG	9--30 minute lessons--\$145
4AH	10--30 minute lessons--\$163

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	9:35am	FAB.CUKM	6/21	4AE
CubRunREC	Sa	11:20am	FAB.SZRE	6/21	4AE
CubRunREC	Su	9:35am	FAB.ANJ3	6/22	4AE
CubRunREC	Su	11:20am	FAB.KUT2	6/22	4AE
CubRunREC	Su	11:20am	FAB.NKP9	6/22	4AE
Franconia Rec	Sa	9:35am	FAB.TIKM	6/21	4AE
Franconia Rec	Sa	10:55am	FAB.PGKG	6/21	4AE
Franconia Rec	Su	9am	FAB.TJJJ	7/13	4AC
Franconia Rec	Su	10:55am	FAB.QUXU	7/13	4AC
GWREC	Sa	10:05am	FAB.6QYH	6/21	4AE
GWREC	Sa	11:15am	FAB.3UM0	6/21	4AE
OakmontREC	T	6:05pm	FAB.VCY7	6/17	4AG
OakmontREC	F	10:10am	FAB.RF3W	6/20	4AF
OakmontREC	Sa	8:35am	FAB.74W5	6/21	4AE
OakmontREC	Su	9am	FAB.ZW4W	6/22	4AE
OakmontREC	Su	10:45am	FAB.1F1P	6/22	4AE
ProvREC	W	6:35pm	FAB.UZES	6/18	4AF
ProvREC	Sa	8:50am	FAB.BGBG	6/21	4AE
ProvREC	Su	9:35am	FAB.RTVC	6/22	4AE
SoRunREC	M/W	6pm	FAB.2GPT	6/16	4AF
SoRunREC	M-Th	9am	FAB.GIIM	6/16	4AE
SoRunREC	M-Th	11:35am	FAB.OHOP	6/16	4AE
SoRunREC	Sa	9:50am	FAB.9FDY	6/21	4AE
SoRunREC	Sa	11am	FAB.VE11	6/21	4AE
SoRunREC	Su	10:10am	FAB.L8X1	6/22	4AE
SoRunREC	M-Th	9am	FAB.Q7S7	6/30	4AF
SoRunREC	M-Th	11:35am	FAB.GZ8S	6/30	4AF
SoRunREC	M/W	6pm	FAB.AM2H	7/14	4AH
SoRunREC	M-Th	9am	FAB.7170	7/14	4AF
SoRunREC	M-Th	11:35am	FAB.T9Y0	7/14	4AF
SoRunREC	M-Th	9am	FAB.03KO	7/28	4AF
SoRunREC	M-Th	11:35am	FAB.P034	7/28	4AF
SphillREC	T	6pm	FAB.U1IF	6/17	4AF
SphillREC	W	5:15pm	FAB.3ZUS	6/18	4AF
SphillREC	F	10:05am	FAB.L8BA	6/20	4AE
SphillREC	Sa	10:10am	FAB.03OW	6/21	4AE
SphillREC	Su	9am	FAB.006E	6/22	4AE
SphillREC	Su	10:45am	FAB.OQD4	6/22	4AE
SphillREC	Th	4pm	FAB.SL8V	6/26	4AE
Wkfld/Moore	Sa	9:35am	FAB.NG94	6/21	4AE
Wkfld/Moore	Sa	10:55am	FAB.RIW9	6/21	4AE
Wkfld/Moore	Sa	12:05pm	FAB.9437	6/21	4AE
Wkfld/Moore	M-Th	10:25am	FAB.K652	6/30	4AF
Wkfld/Moore	Su	10:55am	FAB.TDOS	7/13	4AC
Wkfld/Moore	Su	12:05pm	FAB.U8V5	7/13	4AC

Intro to Pee Wee Paddler

(2.5-3.5 yrs.) Intro to Pee Wee Paddler introduces 2-year 6 month to 3 year 6-month-old children to floating, kicking, paddling, submerging, and water safety skills in a unique setting designed to prepare the child for the next session of Pee Wee Paddler I once they turn 3 years 6 months. This class has a smaller instructor-student ratio with no more than 4 students allowed per instructor. Children must function well in a group setting without a parent. Non-potty-trained participants must wear swim diapers under swimsuit- no disposable or cloth diapers are allowed.

2IP1	6--25 minute lessons--\$99
2IP2	7--25 minute lessons--\$114
2IP3	8--25 minute lessons--\$131
2IP4	9--25 minute lessons--\$147
2IP5	10--25 minute lessons--\$164

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	9:35am	AQI.N9KM	6/21	2IP2
CubRunREC	Sa	10:40am	AQI.R1C6	6/21	2IP2
CubRunREC	Su	9:35am	AQI.WKU3	6/22	2IP2
CubRunREC	Su	10:40am	AQI.H7FC	6/22	2IP2
Franconia Rec	M/W	5:35pm	AQI.1Q5M	6/16	2IP3
Franconia Rec	T	5:35pm	AQI.MT3S	6/17	2IP4
Franconia Rec	F	5:35pm	AQI.CD86	6/20	2IP3
Franconia Rec	Th	5:35pm	AQI.QX1A	6/26	2IP3
Franconia Rec	M/W	5:35pm	AQI.DUTK	7/14	2IP5
OakmontREC	F	9:40am	AQI.Z6DF	6/20	2IP3
OakmontREC	Th	5:30pm	AQI.2FZC	6/26	2IP3
SphillREC	F	9am	AQI.RN1T	6/20	2IP2
SphillREC	Sa	12:45pm	AQI.7LHQ	6/21	2IP2
SphillREC	Su	11:55am	AQI.H9R7	6/22	2IP2
SphillREC	Su	12:30pm	AQI.S3RV	6/22	2IP2
Wkfld/Moore	Sa	9am	AQI.4BQX	6/21	2IP2
Wkfld/Moore	Su	9am	AQI.ZY1K	6/22	2IP1

Pee Wee Paddler 1

(3-5 yrs.) Prerequisite: Child must leave parent willingly, be comfortable in the water, follow directions and function well in a group. When possible, children are grouped by ability. Class emphasizes helping children gain basic aquatic skills including entering and exiting the water safely, blowing bubbles with mouth and nose submerged, submerging under water. With assistance students learn to float and glide on front and back, rolling from front to back and back to front, swimming using arms and legs on front and back at least two body lengths. For safety reasons, flotation devices may be used. Flotation devices are used for all Pee Wee 1 classes at Audrey Moore and Franconia Rec Centers.

4AC	5--30 minute lessons--\$81
4AD	6--30 minute lessons--\$99
4AE	7--30 minute lessons--\$114
4AF	8--30 minute lessons--\$131
4AG	9--30 minute lessons--\$145
4AH	10--30 minute lessons--\$163

Location	Day	Time	Code	Begin	\$
CubRunREC	M/W	5pm	4EC.TMJC	6/16	4AF
CubRunREC	M/W	5pm	4EC.U02Q	6/16	4AF
CubRunREC	M-F	9:20am	4EC.H624	6/16	4AF
CubRunREC	Sa	9am	4EC.R4JL	6/21	4AE
CubRunREC	Sa	9:35am	4EC.VP9A	6/21	4AE
CubRunREC	Sa	10:10am	4EC.ZL7E	6/21	4AE
CubRunREC	Sa	11:10am	4EC.LYYL	6/21	4AE
CubRunREC	Sa	11:20am	4EC.PM6W	6/21	4AE
CubRunREC	Su	9am	4EC.AIDA	6/22	4AE
CubRunREC	Su	9:35am	4EC.8FR6	6/22	4AE
CubRunREC	Su	10:10am	4EC.WOYK	6/22	4AE
CubRunREC	Su	11:10am	4EC.3X82	6/22	4AE

CubRunREC	Su	11:20am	4EC.G8H9	6/22	4AE
CubRunREC	M-Th	9:20am	4EC.56M8	6/30	4AF
CubRunREC	M-Th	9:20am	4EC.757W	7/14	4AF
CubRunREC	M-Th	9:20am	4EC.K3V1	7/28	4AF
Franconia Rec	M/W	5:30pm	4EC.NUBL	6/16	4AF
Franconia Rec	M/W	6:05pm	4EC.PNY9	6/16	4AF
Franconia Rec	M-Th	9:30am	4EC.V6IK	6/16	4AE
Franconia Rec	T	5:30pm	4EC.4P4P	6/17	4AG
Franconia Rec	T	6:05pm	4EC.TDWZ	6/17	4AG
Franconia Rec	F	5:30pm	4EC.3P20	6/20	4AF
Franconia Rec	F	6:05pm	4EC.RLLH	6/20	4AF
Franconia Rec	Sa	9:35am	4EC.9WP2	6/21	4AE
Franconia Rec	Sa	10:10am	4EC.YSSV	6/21	4AE
Franconia Rec	Sa	11:30am	4EC.A56B	6/21	4AE
Franconia Rec	Sa	12:05pm	4EC.1TFC	6/21	4AE
Franconia Rec	Th	5:30pm	4EC.EUT5	6/26	4AF
Franconia Rec	Th	6:05pm	4EC.9N7T	6/26	4AF
Franconia Rec	M-Th	9:30am	4EC.E51H	6/30	4AF
Franconia Rec	Su	9:35am	4EC.S8R0	7/13	4AC
Franconia Rec	Su	10:10am	4EC.CK22	7/13	4AC
Franconia Rec	Su	11:30am	4EC.YFSL	7/13	4AC
Franconia Rec	Su	12:05pm	4EC.APE2	7/13	4AC
Franconia Rec	M/W	5:30pm	4EC.2KHW	7/14	4AH
Franconia Rec	M/W	6:05pm	4EC.SVZR	7/14	4AH
Franconia Rec	M-Th	9:30am	4EC.DGLD	7/14	4AF
Franconia Rec	M-Th	9:30am	4EC.RU5A	7/28	4AF
GWREC	M	5:40pm	4EC.FFJO	6/16	4AF
GWREC	T/Th	9am	4EC.P846	6/17	4AD
GWREC	Sa	9:05am	4EC.PAB4	6/21	4AE
GWREC	Su	9:40am	4EC.TJTS	6/22	4AD
GWREC	T/Th	9am	4EC.TKWN	7/15	4AF
OakmontREC	M	5:30pm	4EC.BLUB	6/16	4AG
OakmontREC	M-Th	8:30am	4EC.Y9P9	6/16	4AE
OakmontREC	M-Th	11:25am	4EC.CA1Y	6/16	4AE
OakmontREC	T	6:05pm	4EC.TANS	6/17	4AG
OakmontREC	W	5:30pm	4EC.2F77	6/18	4AG
OakmontREC	F	8:30am	4EC.6D3K	6/20	4AF
OakmontREC	Sa	9:10am	4EC.ZMSB	6/21	4AE
OakmontREC	Sa	10:20am	4EC.SK5Y	6/21	4AE
OakmontREC	Sa	11:30am	4EC.RVBL	6/21	4AE
OakmontREC	Su	8:35am	4EC.11VX	6/22	4AE
OakmontREC	Su	9:45am	4EC.4Q5W	6/22	4AE
OakmontREC	Su	11:30am	4EC.JY3S	6/22	4AE
OakmontREC	Th	6pm	4EC.EE1N	6/26	4AF
OakmontREC	M-Th	9:05am	4EC.E4IM	6/30	4AF
OakmontREC	M-Th	10:15am	4EC.NNLB	6/30	4AF
OakmontREC	M-Th	9:40am	4EC.P6RQ	7/14	4AF
OakmontREC	M-Th	8:30am	4EC.FWWP	7/28	4AF
OakmontREC	M-Th	11:25am	4EC.FQ00	7/28	4AF
ProvREC	M	5:45pm	4EC.H7X3	6/16	4AF
ProvREC	M-Th	9:30am	4EC.E683	6/16	4AE
ProvREC	W	6pm	4EC.CRS9	6/18	4AF
ProvREC	F	9:30am	4EC.GIPZ	6/20	4AE
ProvREC	Sa	8:50am	4EC.THUP	6/21	4AE
ProvREC	Sa	9:25am	4EC.799U	6/21	4AE
ProvREC	Su	9am	4EC.U860	6/22	4AE
ProvREC	Su	10:10am	4EC.OV97	6/22	4AE
ProvREC	Su	12:25pm	4EC.9UJ0	6/22	4AE
ProvREC	M-Th	9:30am	4EC.6CX2	6/30	4AF
ProvREC	M-Th	9:30am	4EC.KBI6	7/14	4AF
ProvREC	M-Th	9:30am	4EC.3IQ2	7/28	4AF
SoRunREC	M/W	6pm	4EC.AXNO	6/16	4AF
SoRunREC	M/W	6:35pm	4EC.3TIF	6/16	4AF
SoRunREC	M-Th	9am	4EC.AS08	6/16	4AE
SoRunREC	M-Th	9:35am	4EC.1ASS	6/16	4AE
SoRunREC	M-Th	11:30am	4EC.V9K4	6/16	4AE
SoRunREC	T/Th	5:50pm	4EC.LDFO	6/17	4AE
SoRunREC	T/Th	7:25pm	4EC.E645	6/17	4AE
SoRunREC	Sa	9am	4EC.2RKV	6/21	4AE
SoRunREC	Sa	9:35am	4EC.GHGF	6/21	4AE
SoRunREC	Sa	11:35am	4EC.QF55	6/21	4AE
SoRunREC	Su	9am	4EC.BMIA	6/22	4AE
SoRunREC	Su	10:10am	4EC.R9FM	6/22	4AE



**MOUNT VERNON
REC CENTER**

Mount Vernon
Rec Center's Pool will
open soon. Please check
the website for updates.

www.fairfaxcounty.gov/parks/reccenter/mount-vernion

SoRunREC	Su	10:40am	4EC.XZKN	6/22	4AE
SoRunREC	Su	11:20am	4EC.OSL8	6/22	4AE
SoRunREC	M-Th	9am	4EC.QUFL	6/30	4AF
SoRunREC	M-Th	9:35am	4EC.1A6U	6/30	4AF
SoRunREC	M-Th	11:30am	4EC.FZAX	6/30	4AF
SoRunREC	M/W	6pm	4EC.NDZQ	7/14	4AH
SoRunREC	M/W	6:35pm	4EC.XGSX	7/14	4AH
SoRunREC	M-Th	9am	4EC.NBAT	7/14	4AF
SoRunREC	M-Th	9:35am	4EC.OEB7	7/14	4AF
SoRunREC	M-Th	11:30am	4EC.A2X5	7/14	4AF
SoRunREC	T/Th	5:50pm	4EC.9TFY	7/15	4AH
SoRunREC	T/Th	7:25pm	4EC.6IFE	7/15	4AH
SoRunREC	M-Th	9am	4EC.7L90	7/28	4AF
SoRunREC	M-Th	9:35am	4EC.AXD6	7/28	4AF
SoRunREC	M-Th	11:30am	4EC.T1Z9	7/28	4AF
SphillREC	M	4pm	4EC.J2J1	6/16	4AF
SphillREC	M	5:45pm	4EC.ZTMK	6/16	4AF
SphillREC	M-Th	8:30am	4EC.QXR7	6/16	4AE
SphillREC	T	5:35pm	4EC.A890	6/17	4AF
SphillREC	T	6:10pm	4EC.OUQT	6/17	4AF
SphillREC	W	5:10pm	4EC.6XED	6/18	4AF
SphillREC	F	3:30pm	4EC.OCAB	6/20	4AE
SphillREC	F	9:30am	4EC.N2ZB	6/20	4AE
SphillREC	Sa	9am	4EC.N6F7	6/21	4AE
SphillREC	Sa	10:10am	4EC.YHWO	6/21	4AE
SphillREC	Sa	10:45am	4EC.EGAF	6/21	4AE
SphillREC	Su	9am	4EC.VA4N	6/22	4AE
SphillREC	Su	10:45am	4EC.2V90	6/22	4AE
SphillREC	Su	11:20am	4EC.8ISW	6/22	4AE
SphillREC	Th	5:25pm	4EC.7GGN	6/26	4AE
SphillREC	Th	5:55pm	4EC.F350	6/26	4AE
SphillREC	M-Th	8:30am	4EC.M00U	6/30	4AF
SphillREC	M-Th	8:30am	4EC.HNGF	7/14	4AF
SphillREC	M-Th	8:30am	4EC.1X1C	7/28	4AF
Wkfld/Moore	M/W	5:30pm	4EC.TV1Z	6/16	4AF
Wkfld/Moore	M-Th	9:50am	4EC.C2T8	6/16	4AE
Wkfld/Moore	M-Th	10:25am	4EC.GJJC	6/16	4AE
Wkfld/Moore	T/Th	5:30pm	4EC.16T5	6/17	4AE
Wkfld/Moore	T/Th	6:05pm	4EC.P514	6/17	4AE
Wkfld/Moore	F	5:30pm	4EC.SWII	6/20	4AE
Wkfld/Moore	F	6:05pm	4EC.1LTK	6/20	4AE
Wkfld/Moore	Sa	9am	4EC.UCOP	6/21	4AE
Wkfld/Moore	Sa	10:25am	4EC.RB7N	6/21	4AE
Wkfld/Moore	Sa	12:35pm	4EC.YLVP	6/21	4AE
Wkfld/Moore	M-Th	9:50am	4EC.8AGJ	6/30	4AF
Wkfld/Moore	M-Th	10:25am	4EC.GKMO	6/30	4AF
Wkfld/Moore	Su	9am	4EC.L8GZ	7/13	4AC
Wkfld/Moore	Su	10:25am	4EC.F1V8	7/13	4AC
Wkfld/Moore	Su	10:25am	4EC.ITIN	7/13	4AC
Wkfld/Moore	Su	12:35am	4EC.O5OF	7/13	4AC
Wkfld/Moore	M/W	5:30pm	4EC.S8GQ	7/14	4AF
Wkfld/Moore	M/W	6:05pm	4EC.BSQL	7/14	4AF
Wkfld/Moore	M-Th	9:50am	4EC.GTIP	7/14	4AF
Wkfld/Moore	M-Th	10:25am	4EC.BMC2	7/14	4AF
Wkfld/Moore	T/Th	5:30pm	4EC.Z116	7/15	4AF
Wkfld/Moore	T/Th	6:05pm	4EC.BR61	7/15	4AF
Wkfld/Moore	M-Th	9:50am	4EC.HKG2	7/28	4AF
Wkfld/Moore	M-Th	10:25am	4EC.FGG8	7/28	4AF



SGL Pee Wee Paddler 1

(3-5 yrs.) Prerequisite: Child must leave parent willingly, be comfortable in the water, follow directions and function well in a group. This small group class is designed to help child gain basic aquatic skills including entering and exiting the water safely, blowing bubbles three seconds with mouth and nose submerged, submerging under water. With assistance: floating and gliding on front and back, rolling from front to back and back to front, swimming using arms and legs on front and back at least two body lengths. For safety reasons, flotation devices may be used. Flotation devices are used for all Pee Wee 1 classes at Audrey Moore and Franconia Rec Centers.

4ANF 8--30 minute lessons--\$202

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	M/W	5:30pm	33C.08LR	7/15	4ANF

Pee Wee Paddler 1 en Espanol

(3-5 años) Prerequisite: El niño debe dejar a sus padres voluntariamente, sentirse cómodo en el agua, seguir instrucciones y funcionar bien en grupo. Cuando es posible, los niños se agrupan por habilidad. La clase enfatiza ayudar a los niños a adquirir habilidades acuáticas básicas, incluida la entrada y salida del agua de manera segura, soplar burbujas con la boca y la nariz sumergidas, sumergirse bajo el agua. Con ayuda, los estudiantes aprenden a flotar y deslizarse hacia adelante y hacia atrás, rodando de adelante hacia atrás y de atrás hacia adelante, nadando usando brazos y piernas en la parte delantera y trasera al menos dos longitudes corporales. Por razones de seguridad, se pueden utilizar dispositivos de flotación. Los dispositivos de flotación se utilizan para todas las clases de Pee Wee 1 en los Centros Recreativos Audrey Moore y Franconia.

4AC 5--30 minute lessons--\$81

4AE 7--30 minute lessons--\$114

4AF 8--30 minute lessons--\$131

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	T/Th	5:30pm	3ZN.NL88	6/17	4AF
Wkfld/Moore	Sa	9am	3ZN.A3XF	6/21	4AE
Wkfld/Moore	Sa	9am	3ZN.M8W9	6/21	4AE
Wkfld/Moore	Su	9am	3ZN.8EJP	7/13	4AC
Wkfld/Moore	T/Th	5:30pm	3ZN.OSKU	7/15	4AE

Pee Wee Paddler 2

(3-5 yrs.) Prerequisites: Pee Wee Paddler 1 or equivalent skill proficiency. Class emphasizes helping children increase independence in their skill performance while continuing to increase comfort in the water. Skills include bobbing, floating and gliding on front and back with and without assistance, swimming on front and back at least three body lengths with and without assistance. Flotation devices may be used.

4AC 5--30 minute lessons--\$81

4AD 6--30 minute lessons--\$99

4AE 7--30 minute lessons--\$114

4AF 8--30 minute lessons--\$131

4AG 9--30 minute lessons--\$145

4AH 10--30 minute lessons--\$163

Location	Day	Time	Code	Begin	\$
CubRunREC	M/W	5:35pm	7D6.YY6V	6/16	4AF
CubRunREC	M/W	6:10pm	7D6.WMD7	6/16	4AF
CubRunREC	M-F	9:55am	7D6.BYXN	6/16	4AF
CubRunREC	T/Th	6:45pm	7D6.AAC1	6/17	4AE
CubRunREC	Sa	9am	7D6.STIG	6/21	4AE
CubRunREC	Sa	9:35am	7D6.HBGJ	6/21	4AE
CubRunREC	Sa	10:05am	7D6.ZYGJ	6/21	4AE
CubRunREC	Sa	10:45am	7D6.TBHD	6/21	4AE

CubRunREC	Su	9am	7D6.4261	6/22	4AE
CubRunREC	Su	9:35am	7D6.PG66	6/22	4AE
CubRunREC	Su	10:05am	7D6.PCH1	6/22	4AE
CubRunREC	Su	10:45am	7D6.9T25	6/22	4AE
CubRunREC	M-Th	9:55am	7D6.QT3W	6/30	4AF
CubRunREC	M/W	5:35pm	7D6.T23X	7/14	4AF
CubRunREC	M/W	6:10pm	7D6.QPX1	7/14	4AF
CubRunREC	M-Th	9:55am	7D6.Q4M9	7/14	4AF
CubRunREC	T/Th	6:45pm	7D6.BSD5	7/15	4AF
CubRunREC	M-Th	9:55am	7D6.XQGW	7/28	4AF
Franconia Rec	M/W	5:30pm	7D6.E2KB	6/16	4AF
Franconia Rec	M/W	6:05pm	7D6.PS4D	6/16	4AF
Franconia Rec	M-Th	10:10am	7D6.ZP5T	6/16	4AE
Franconia Rec	T	5:30pm	7D6.QCBI	6/17	4AG
Franconia Rec	T	6:05pm	7D6.JFPM	6/17	4AG
Franconia Rec	F	5:30pm	7D6.4R08	6/20	4AF
Franconia Rec	F	6:05pm	7D6.6UHO	6/20	4AF
Franconia Rec	Sa	9am	7D6.CR5D	6/21	4AE
Franconia Rec	Sa	9:35am	7D6.APA8	6/21	4AE
Franconia Rec	Sa	12:35pm	7D6.ICNC	6/21	4AE
Franconia Rec	Th	5:30pm	7D6.9RB8	6/26	4AF
Franconia Rec	Th	6:05pm	7D6.FBW7	6/26	4AF
Franconia Rec	M-Th	10:10am	7D6.M92H	6/30	4AF
Franconia Rec	Su	9am	7D6.399S	7/13	4AC
Franconia Rec	Su	9:35am	7D6.DXCJ	7/13	4AC
Franconia Rec	Su	10:55am	7D6.3XWW	7/13	4AC
Franconia Rec	M/W	5:30pm	7D6.TSRD	7/14	4AH
Franconia Rec	M/W	6:05pm	7D6.NHRK	7/14	4AH
Franconia Rec	M-Th	10:10am	7D6.XQ9S	7/14	4AF
Franconia Rec	M-Th	10:10am	7D6.RERB	7/28	4AF
GWREC	M	6:15pm	7D6.7J71	6/16	4AF
GWREC	T/Th	9:35am	7D6.MRWG	6/17	4AD
GWREC	Sa	9:40am	7D6.U219	6/21	4AE
GWREC	Su	10:15am	7D6.J8W7	6/22	4AD
GWREC	T/Th	9:35am	7D6.SISR	7/15	4AF
OakmontREC	M	6:05pm	7D6.CT9Q	6/16	4AG
OakmontREC	M-Th	9:05am	7D6.7QH2	6/16	4AE
OakmontREC	M-Th	10:15am	7D6.T6DZ	6/16	4AE
OakmontREC	T	5:30pm	7D6.YZQH	6/17	4AG
OakmontREC	W	6:05pm	7D6.NMV4	6/18	4AG
OakmontREC	F	9:05am	7D6.JFLG	6/20	4AF
OakmontREC	Sa	8:35am	7D6.EQOD	6/21	4AE
OakmontREC	Sa	9:45am	7D6.QV6X	6/21	4AE
OakmontREC	Sa	12:05pm	7D6.U11C	6/21	4AE
OakmontREC	Su	9:10am	7D6.UP86	6/22	4AE
OakmontREC	Su	10:55am	7D6.PMYP	6/22	4AE
OakmontREC	Su	12:05pm	7D6.EJWK	6/22	4AE
OakmontREC	Th	6:35pm	7D6.LX7F	6/26	4AF
OakmontREC	M-Th	8:30am	7D6.WLH8	6/30	4AF
OakmontREC	M-Th	10:50am	7D6.VQE9	6/30	4AF
OakmontREC	M-Th	8:30am	7D6.ZB01	7/14	4AF
OakmontREC	M-Th	10:50am	7D6.F72P	7/14	4AF
OakmontREC	M-Th	9:05am	7D6.SKGY	7/28	4AF
OakmontREC	M-Th	10:15am	7D6.316J	7/28	4AF
ProvREC	M	5:45pm	7D6.13TQ	6/16	4AF
ProvREC	M-Th	10:05am	7D6.6QXX	6/16	4AE
ProvREC	W	6:35pm	7D6.02Q6	6/18	4AF
ProvREC	F	4:30pm	7D6.W7U7	6/20	4AE
ProvREC	F	10:05am	7D6.G8JG	6/20	4AE
ProvREC	Sa	8:50am	7D6.R7RX	6/21	4AE
ProvREC	Sa	9:25am	7D6.J0S4	6/21	4AE
ProvREC	Sa	11:40am	7D6.MGKT	6/21	4AE
ProvREC	Su	9:35am	7D6.Z9VS	6/22	4AE
ProvREC	Su	12:25pm	7D6.FG0C	6/22	4AE
ProvREC	M-Th	10:05am	7D6.09XY	6/30	4AF
ProvREC	M-Th	10:05am	7D6.W7YW	7/14	4AF
ProvREC	M-Th	10:05am	7D6.03P5	7/28	4AF
SoRunREC	M/W	6pm	7D6.79WD	6/16	4AF
SoRunREC	M/W	6:35pm	7D6.EWCW	6/16	4AF
SoRunREC	M-Th	9am	7D6.T870	6/16	4AE
SoRunREC	M-Th	9:35am	7D6.S5DW	6/16	4AE
SoRunREC	M-Th	10:10am	7D6.NQSM	6/16	4AE
SoRunREC	T/Th	6pm	7D6.D062	6/17	4AE

SoRunREC	T/Th	6:25pm	7D6.RVMZ	6/17	4AE
SoRunREC	Sa	9am	7D6.749A	6/21	4AE
SoRunREC	Sa	9:35am	7D6.8VET	6/21	4AE
SoRunREC	Sa	11:35am	7D6.W9TX	6/21	4AE
SoRunREC	Su	9am	7D6.CFDY	6/22	4AE
SoRunREC	Su	9:35am	7D6.913N	6/22	4AE
SoRunREC	Su	10:45am	7D6.4FLD	6/22	4AE
SoRunREC	M-Th	9am	7D6.FXUP	6/30	4AF
SoRunREC	M-Th	9:35am	7D6.6SQ2	6/30	4AF
SoRunREC	M-Th	10:10am	7D6.F6UO	6/30	4AF
SoRunREC	M/W	6pm	7D6.3WJU	7/14	4AH
SoRunREC	M/W	6:35pm	7D6.WJVG	7/14	4AH
SoRunREC	M-Th	9am	7D6.JMC5	7/14	4AF
SoRunREC	M-Th	9:35am	7D6.M3X7	7/14	4AF
SoRunREC	M-Th	10:10am	7D6.CPVT	7/14	4AF
SoRunREC	T/Th	6pm	7D6.1CAP	7/15	4AH
SoRunREC	T/Th	6:25pm	7D6.ST7G	7/15	4AH
SoRunREC	M-Th	9am	7D6.TY6U	7/28	4AF
SoRunREC	M-Th	9:35am	7D6.TWG1	7/28	4AF
SoRunREC	M-Th	10:10am	7D6.VHB4	7/28	4AF
SphillREC	M	4:35pm	7D6.P9S0	6/16	4AF
SphillREC	M-Th	9:05am	7D6.VWSX	6/16	4AE
SphillREC	T	6:45pm	7D6.EZQW	6/17	4AF
SphillREC	W	4pm	7D6.NY7V	6/18	4AF
SphillREC	F	4:05pm	7D6.T1CS	6/20	4AE
SphillREC	F	10:40am	7D6.RTSE	6/20	4AE
SphillREC	Sa	9am	7D6.0SLI	6/21	4AE
SphillREC	Sa	9:35am	7D6.8T7W	6/21	4AE
SphillREC	Sa	11:20am	7D6.JYMS	6/21	4AE
SphillREC	Su	9am	7D6.J8FD	6/22	4AE
SphillREC	Su	10:10am	7D6.HH7Q	6/22	4AE
SphillREC	Su	10:45am	7D6.YD3L	6/22	4AE
SphillREC	Th	5:20pm	7D6.SPA8	6/26	4AE
SphillREC	Th	6pm	7D6.HCGK	6/26	4AE
SphillREC	M-Th	9:05am	7D6.MALP	6/30	4AF
SphillREC	M-Th	9:05am	7D6.6R7P	7/14	4AF
SphillREC	M-Th	9:05am	7D6.RHPN	7/28	4AF
Wkfld/Moore	M/W	5:30pm	7D6.JAA8	6/16	4AF
Wkfld/Moore	M/W	6:05pm	7D6.CDRJ	6/16	4AF
Wkfld/Moore	M-Th	9:05am	7D6.INYR	6/16	4AE
Wkfld/Moore	T/Th	5:30pm	7D6.TJW9	6/17	4AE
Wkfld/Moore	T/Th	6:05pm	7D6.TQ2Q	6/17	4AE
Wkfld/Moore	F	6:05pm	7D6.FG1U	6/20	4AE
Wkfld/Moore	Sa	9am	7D6.MI7C	6/21	4AD
Wkfld/Moore	Sa	10:25am	7D6.ZDZC	6/21	4AD
Wkfld/Moore	M-Th	9:50am	7D6.KAJT	6/30	4AF
Wkfld/Moore	Su	3pm	7D6.4ESU	7/13	4AC
Wkfld/Moore	Su	9am	7D6.JLTB	7/13	4AC
Wkfld/Moore	Su	10:25am	7D6.VCH6	7/13	4AC
Wkfld/Moore	M/W	5:30pm	7D6.LSDP	7/14	4AF
Wkfld/Moore	M/W	6:05pm	7D6.2G0B	7/14	4AF
Wkfld/Moore	M-Th	9:50am	7D6.8Z1R	7/14	4AF
Wkfld/Moore	T/Th	5:30pm	7D6.I2W9	7/15	4AF
Wkfld/Moore	T/Th	6:05pm	7D6.LHBX	7/15	4AF
Wkfld/Moore	M-Th	9:50am	7D6.BWGM	7/28	4AF

SGL Pee Wee Paddler 2

(3-5 yrs.) Prerequisite: Pee Wee Paddler 1 or equivalent skill proficiency. This small group class is designed to help children increase independence in their skill performance and continue to increase comfort in the water. Skills include: bobbing, floating and gliding on front and back with and without assistance, swimming on front and back at least three body lengths with and without assistance. Flotation devices may be used.

4ANC 5--30 minute lessons--\$127

4ANE 7--30 minute lessons--\$177

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Sa	9am	591.XD0Z	6/21	4ANE
Wkfld/Moore	Su	12:25pm	591.CWGF	7/13	4ANC

Pee Wee Paddler 2 en Espanol

(3-5 años) Requisitos previos: Pee Wee Paddler 1 o dominio de habilidades equivalentes. La clase enfatiza ayudar a los niños a aumentar la independencia en el desempeño de sus habilidades mientras continúan aumentando la comodidad en el agua. Las habilidades incluyen balancearse, flotar y deslizarse hacia adelante y hacia atrás con y sin ayuda, nadar hacia adelante y hacia atrás al menos tres longitudes de cuerpo con y sin ayuda. Se pueden utilizar dispositivos de flotación.

4AC 5--30 minute lessons--\$81

4AE 7--30 minute lessons--\$114

4AF 8--30 minute lessons--\$131

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	T/Th	6:05pm	E3T.J92Q	6/17	4AE
Wkfld/Moore	Sa	10:25am	E3T.UHKT	6/21	4AE
Wkfld/Moore	Sa	12:35pm	E3T.ZHP6	6/21	4AE
Wkfld/Moore	Su	10:25am	E3T.JZCI	7/13	4AC
Wkfld/Moore	Su	12:35pm	E3T.GV9R	7/13	4AC
Wkfld/Moore	T/Th	6:05pm	E3T.XG6F	7/15	4AF

Pee Wee Paddler 3

(4-6 yrs.) Prerequisites: Pee Wee II or equivalent skill proficiency. Class emphasizes helping children gain basic swimming propulsive skills and increase endurance and distance without assistance or using flotation devices. Skills include jumping in chest deep water, submerging and holding breath five seconds, bobbing, treading water, swimming front crawl 10 yards, and on back five yards.

4AC 5--30 minute lessons--\$81

4AD 6--30 minute lessons--\$99

4AE 7--30 minute lessons--\$114

4AF 8--30 minute lessons--\$131

4AG 9--30 minute lessons--\$145

4AH 10--30 minute lessons--\$163

Location	Day	Time	Code	Begin	\$
CubRunREC	M/W	5pm	E4E.F6Z7	6/16	4AF
CubRunREC	M/W	6:10pm	E4E.SNOC	6/16	4AF
CubRunREC	M-F	9:55am	E4E.XIPN	6/16	4AF
CubRunREC	T/Th	6:10pm	E4E.RUXJ	6/17	4AE
CubRunREC	Sa	9am	E4E.CL6A	6/21	4AE
CubRunREC	Sa	10:10am	E4E.V7V2	6/21	4AE
CubRunREC	Sa	10:45am	E4E.2KLJ	6/21	4AE
CubRunREC	Sa	11:20am	E4E.7R4F	6/21	4AE
CubRunREC	Su	9am	E4E.GCEU	6/22	4AE
CubRunREC	Su	10:10am	E4E.ETH6	6/22	4AE
CubRunREC	Su	10:45am	E4E.FTUE	6/22	4AE
CubRunREC	Su	11:20am	E4E.8LN6	6/22	4AE
CubRunREC	M-Th	9:55am	E4E.YEKO	6/30	4AF
CubRunREC	M/W	5pm	E4E.XME9	7/14	4AF
CubRunREC	M/W	6:10pm	E4E.HLYF	7/14	4AF
CubRunREC	M-Th	9:55am	E4E.2LAE	7/14	4AF



CubRunREC	T/Th	6:10pm	E4E.OV6W	7/15	4AF
CubRunREC	M-Th	9:55am	E4E.GBNX	7/28	4AF
Franconia Rec	M/W	6:05pm	E4E.B64V	6/16	4AF
Franconia Rec	M-Th	10:45am	E4E.88CR	6/16	4AE
Franconia Rec	T	6:05pm	E4E.B7C5	6/17	4AG
Franconia Rec	F	6:05pm	E4E.RIX7	6/20	4AF
Franconia Rec	Sa	9am	E4E.YX1V	6/21	4AE
Franconia Rec	Sa	9:35am	E4E.3IQM	6/21	4AE
Franconia Rec	Sa	10:10am	E4E.QVR2	6/21	4AE
Franconia Rec	Th	6:05pm	E4E.UABN	6/26	4AF
Franconia Rec	M-Th	10:45am	E4E.GT5M	6/30	4AF
Franconia Rec	Su	9am	E4E.5KE1	7/13	4AC
Franconia Rec	Su	10:10am	E4E.9QHI	7/13	4AC
Franconia Rec	Su	11:30am	E4E.WJJI	7/13	4AC
Franconia Rec	M/W	6:05pm	E4E.T8JS	7/14	4AH
Franconia Rec	M-Th	10:45am	E4E.AIGM	7/14	4AF
Franconia Rec	M-Th	10:45am	E4E.GSGW	7/28	4AF
GWREC	M	6:50pm	E4E.SALC	6/16	4AF
GWREC	T/Th	10:10am	E4E.IWIN	6/17	4AD
GWREC	Sa	10:15am	E4E.7SRX	6/21	4AE
GWREC	Su	10:50am	E4E.IKJ2	6/22	4AD
GWREC	T/Th	10:10am	E4E.SW0E	7/15	4AF
OakmontREC	M	6:40pm	E4E.SAEZ	6/16	4AG
OakmontREC	M-Th	9:40am	E4E.IIL10	6/16	4AE
OakmontREC	T	7:30pm	E4E.VFV3	6/17	4AG
OakmontREC	W	6:40pm	E4E.7E3P	6/18	4AG
OakmontREC	F	10:45am	E4E.W4TM	6/20	4AF
OakmontREC	Sa	10:55am	E4E.5J4M	6/21	4AE
OakmontREC	Sa	12:10pm	E4E.BIBY	6/21	4AE
OakmontREC	Su	8am	E4E.NE0S	6/22	4AE
OakmontREC	Su	10:20am	E4E.9DCN	6/22	4AE
OakmontREC	Su	12:40pm	E4E.9T1M	6/22	4AE
OakmontREC	Th	7:10pm	E4E.4UGA	6/26	4AF
OakmontREC	M-Th	9:40am	E4E.9M37	6/30	4AF
OakmontREC	M-Th	9:05am	E4E.NNFN	7/14	4AF
OakmontREC	M-Th	10:15am	E4E.R9D0	7/14	4AF
OakmontREC	M-Th	9:40am	E4E.YQPJ	7/28	4AF

THE 4 S'S OF WATER SAFETY

SUPERVISION Children should be directly supervised by an adult, even in the presence lifeguards. Non swimmers should be within reach of the supervising adult at all times.

SECURE Secure your private pool with a locking fence.

SWIM Learn how to swim well. The Park Authority offers a wide variety of swimming and water safety classes.

SAFE Swim in safe areas only. Ideally, swim only in places supervised by a lifeguard.

OakmontREC	M-Th	10:50am	E4E.G795	7/28	4AF
ProvREC	M-Th	10:40am	E4E.ZRCZ	6/16	4AE
ProvREC	T	5pm	E4E.UCOS	6/17	4AF
ProvREC	W	7:10pm	E4E.GNW6	6/18	4AF
ProvREC	F	5:05pm	E4E.UCOS	6/20	4AE
ProvREC	F	10:40am	E4E.GIYJ	6/20	4AE
ProvREC	Sa	8:15am	E4E.RY26	6/21	4AE
ProvREC	Sa	12:15pm	E4E.U00L	6/21	4AE
ProvREC	Su	9:35am	E4E.XJXE	6/22	4AE
ProvREC	Su	10:10am	E4E.91QP	6/22	4AE
ProvREC	M-Th	10:40am	E4E.N1Y5	6/30	4AF
ProvREC	M-Th	10:40am	E4E.KNV7	7/14	4AF
ProvREC	M-Th	10:40am	E4E.UJOU	7/28	4AF
SoRunREC	M/W	6:35pm	E4E.9W5J	6/16	4AF
SoRunREC	M/W	7:25pm	E4E.MYJQ	6/16	4AF
SoRunREC	M-Th	9am	E4E.CUIV	6/16	4AE
SoRunREC	M-Th	11:10am	E4E.3Z4P	6/16	4AE
SoRunREC	T/Th	6:50pm	E4E.WZZT	6/17	4AE
SoRunREC	T/Th	7:35pm	E4E.CI7U	6/17	4AE
SoRunREC	Sa	9am	E4E.KDXW	6/21	4AE
SoRunREC	Sa	10:10am	E4E.KZU7	6/21	4AE
SoRunREC	Su	9:35am	E4E.5CNL	6/22	4AE
SoRunREC	Su	11am	E4E.49CG	6/22	4AE
SoRunREC	M-Th	9am	E4E.4GWK	6/30	4AF
SoRunREC	M-Th	11:10am	E4E.6ZTD	6/30	4AF
SoRunREC	M/W	6:35pm	E4E.O1RM	7/14	4AH
SoRunREC	M/W	7:25pm	E4E.A924	7/14	4AH
SoRunREC	M-Th	9am	E4E.QDF8	7/14	4AF
SoRunREC	M-Th	11:10am	E4E.RZYN	7/14	4AF
SoRunREC	T/Th	6:50pm	E4E.SRVJ	7/15	4AH
SoRunREC	T/Th	7:35pm	E4E.GAX4	7/15	4AH
SoRunREC	M-Th	9am	E4E.8AHD	7/28	4AF
SoRunREC	M-Th	11:10am	E4E.IY3K	7/28	4AF
SphillREC	M	5:10pm	E4E.SOR7	6/16	4AF
SphillREC	M	6:20pm	E4E.FJV4	6/16	4AF
SphillREC	M-Th	10:15am	E4E.3XSP	6/16	4AE
SphillREC	T	7:20pm	E4E.6M92	6/17	4AF
SphillREC	W	4:35pm	E4E.6GRH	6/18	4AF
SphillREC	F	4:40pm	E4E.73UC	6/20	4AE
SphillREC	Sa	9am	E4E.W8W6	6/21	4AE
SphillREC	Sa	11:20am	E4E.RJK8	6/21	4AE
SphillREC	Su	9:35am	E4E.F53Q	6/22	4AE
SphillREC	Su	10:10am	E4E.MCHL	6/22	4AE
SphillREC	Th	6:35pm	E4E.OZFL	6/26	4AE
SphillREC	M-Th	10:15am	E4E.4XHU	6/30	4AF
SphillREC	M-Th	10:15am	E4E.FYJ7	7/14	4AF
SphillREC	M-Th	10:15am	E4E.E0F6	7/28	4AF
Wkfld/Moore	M/W	5:30pm	E4E.NOV8	6/16	4AF
Wkfld/Moore	M/W	6:05pm	E4E.QEAU	6/16	4AF
Wkfld/Moore	M-Th	9:50am	E4E.SIS4	6/16	4AE
Wkfld/Moore	F	5:30pm	E4E.T98K	6/20	4AE
Wkfld/Moore	F	6:05pm	E4E.U8ND	6/20	4AE
Wkfld/Moore	Sa	9am	E4E.NM1T	6/21	4AE
Wkfld/Moore	Sa	10:25am	E4E.RKGY	6/21	4AE
Wkfld/Moore	M-Th	9:50am	E4E.PE9Z	6/30	4AF
Wkfld/Moore	Su	3:35pm	E4E.H867	7/13	4AC
Wkfld/Moore	Su	9am	E4E.228J	7/13	4AC
Wkfld/Moore	Su	10:25am	E4E.26S7	7/13	4AC
Wkfld/Moore	M/W	6:05pm	E4E.72NB	7/14	4AF
Wkfld/Moore	M-Th	9:50am	E4E.DEUF	7/14	4AF
Wkfld/Moore	M-Th	9:50am	E4E.G09F	7/28	4AF
Wkfld/Moore	M-Th	10:25am	E4E.IB50	7/28	4AF

SGL Pee Wee Paddler 3

(4-6 yrs.) Prerequisite: Pee Wee Paddler 2 or equivalent skill proficiency. This small group class is designed to help students continue to improve their endurance and water-treading skills, front crawl and back strokes. Skills include swimming front crawl 15 yards, elementary backstroke and back crawl five yards, diving (sitting and kneeling) from side of pool in deep water and treading water for 20 seconds.

4ANC	5--30 minute lessons--\$127
4ANE	7--30 minute lessons--\$177

Location	Day	Time	Code	Begin	\$
OakmontREC	Sa	8am	667.VEOE	6/21	4ANE
Wkfld/Moore	Sa	12:25pm	667.OOC8	6/21	4ANE
Wkfld/Moore	Su	12:25pm	667.ZWTE	7/13	4ANC

Pee Wee Paddler 3 en Espanol

(4-6 años) Requisitos previos: Pee Wee 2 o dominio de habilidades equivalentes. La clase enfatiza ayudar a los niños a adquirir habilidades básicas de propulsión de natación y aumentar la resistencia y la distancia sin ayuda ni usar dispositivos de flotación. Las habilidades incluyen saltar en agua hasta el pecho, sumergirse y contener la respiración durante cinco segundos, balancearse, pisar el agua, nadar crol 10 yardas y boca arriba cinco yardas.

4AC	5--30 minute lessons--\$81
4AE	7--30 minute lessons--\$114

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Sa	12pm	QPS.BQFT	6/21	4AE
Wkfld/Moore	Su	12pm	QPS.8LNT	7/13	4AC

Pee Wee Paddler 4

(4-6 yrs.) Prerequisite: Pee Wee Paddler 3 or equivalent skill proficiency. Class emphasizes helping students continue to improve their endurance and water treading skills, front crawl and back strokes. Skills include swimming front crawl 15 yards, elementary backstroke and back crawl five yards, diving (sitting and kneeling) from side of pool in deep water and treading water for 20 seconds.

4AC	5--30 minute lessons--\$81
4AE	7--30 minute lessons--\$114
4AF	8--30 minute lessons--\$133
4AG	9--30 minute lessons--\$145
4AH	10--30 minute lessons--\$163

Location	Day	Time	Code	Begin	\$
CubRunREC	M/W	5:35pm	198.SP34	6/16	4AF
CubRunREC	T/Th	6:45pm	198.H3GP	6/17	4AE
CubRunREC	Sa	9:35am	198.3UZR	6/21	4AE
CubRunREC	Su	9:35am	198.LBGV	6/22	4AE
CubRunREC	M/W	5:35pm	198.G9BR	7/14	4AF
CubRunREC	T/Th	6:45pm	198.254Q	7/15	4AF
Franconia Rec	M-Th	11:25am	198.89BW	6/16	4AE
Franconia Rec	F	6:40pm	198.LLPD	6/20	4AF
Franconia Rec	Sa	10:10am	198.MFNV	6/21	4AE
Franconia Rec	Sa	12:35pm	198.FK2C	6/21	4AE
Franconia Rec	M-Th	11:25am	198.8QNK	6/30	4AF
Franconia Rec	Su	12:05pm	198.QKCB	7/13	4AC
Franconia Rec	M-Th	11:25am	198.GRTP	7/14	4AF
Franconia Rec	M-Th	11:25am	198.WQHU	7/28	4AF
GWREC	Sa	9:20am	198.EKOJ	6/21	4AE
OakmontREC	M	5:30pm	198.VI9V	6/16	4AG
OakmontREC	M-Th	10:50am	198.D93K	6/16	4AE
OakmontREC	T	6:40pm	198.91KR	6/17	4AG
OakmontREC	W	7:15pm	198.5OMB	6/18	4AG
OakmontREC	Sa	8am	198.0G5E	6/21	4AE
OakmontREC	Sa	9am	198.U3WX	6/21	4AE
OakmontREC	Sa	10:55am	198.Z4W2	6/21	4AE
OakmontREC	Su	8:35am	198.V1FK	6/22	4AE

OakmontREC	Su	9:50am	198.2RZI	6/22	4AE
OakmontREC	Su	12:25pm	198.XL40	6/22	4AE
OakmontREC	M-Th	11:25am	198.UZMA	6/30	4AF
OakmontREC	M-Th	11:25am	198.6Q6M	7/14	4AF
ProvREC	M-Th	11:15am	198.M7JM	6/16	4AE
ProvREC	T	5pm	198.BZS6	6/17	4AF
ProvREC	F	5:05pm	198.R53Q	6/20	4AE
ProvREC	F	11:15am	198.1Q1N	6/20	4AE
ProvREC	Sa	8:15am	198.1SAZ	6/21	4AE
ProvREC	Sa	11:40am	198.E300	6/21	4AE
ProvREC	Su	9am	198.4DT6	6/22	4AE
ProvREC	M-Th	11:15am	198.RA86	6/30	4AF
ProvREC	M-Th	11:15am	198.LCU2	7/14	4AF
ProvREC	M-Th	11:15am	198.Y22B	7/28	4AF
SoRunREC	M/W	6pm	198.Z3C6	6/16	4AF
SoRunREC	M-Th	11:45am	198.NL9X	6/16	4AE
SoRunREC	T/Th	7pm	198.MF3F	6/17	4AE
SoRunREC	Sa	10:10am	198.6BK8	6/21	4AE
SoRunREC	Sa	11:35am	198.19P9	6/21	4AE
SoRunREC	Su	11:45am	198.ON8N	6/22	4AE
SoRunREC	M-Th	11:45am	198.YSHQ	6/30	4AF
SoRunREC	M/W	6pm	198.ALCO	7/14	4AH
SoRunREC	M-Th	11:45am	198.PZFQ	7/14	4AF
SoRunREC	T/Th	7pm	198.U6QB	7/15	4AH
SoRunREC	M-Th	11:45am	198.YFUV	7/28	4AF
SphillREC	M	6:55pm	198.Q9WZ	6/16	4AF
SphillREC	M-Th	9:40am	198.BXSS	6/16	4AE
SphillREC	T	6:35pm	198.7DZQ	6/17	4AF
SphillREC	W	6:55pm	198.KQEH	6/18	4AF
SphillREC	F	3:30pm	198.XYGL	6/20	4AE
SphillREC	Sa	9:35am	198.PR8S	6/21	4AE
SphillREC	Su	9:35am	198.LPLS	6/22	4AE
SphillREC	Su	11:20am	198.FQCS	6/22	4AE





MOUNT VERNON
REC CENTER
Mount Vernon
Rec Center's Pool will
open soon. Please check
the website for updates.

www.fairfaxcounty.gov/parks/reccenter/mount-vernon

SpHillREC	Th	3:55pm	198.HIGU	6/26	4AE
SpHillREC	M-Th	9:40am	198.XOY9	6/30	4AF
SpHillREC	M-Th	9:40am	198.HSXV	7/14	4AF
SpHillREC	M-Th	9:40am	198.15RO	7/28	4AF
Wkfld/Moore	M/W	6:05pm	198.SODS	6/16	4AF
Wkfld/Moore	M-Th	10:25am	198.XTSU	6/16	4AE
Wkfld/Moore	T/Th	5:30pm	198.WPV8	6/17	4AE
Wkfld/Moore	F	5:30pm	198.PCIQ	6/20	4AE
Wkfld/Moore	Sa	12pm	198.LSK2	6/21	4AE
Wkfld/Moore	M-Th	10:25am	198.JW8U	6/30	4AF
Wkfld/Moore	Su	3:35pm	198.ZO74	7/13	4AC
Wkfld/Moore	Su	12pm	198.G060	7/13	4AC
Wkfld/Moore	M-Th	10:25am	198.13D6	7/14	4AF
Wkfld/Moore	T/Th	5:30pm	198.2KU9	7/15	4AF
Wkfld/Moore	M-Th	10:25am	198.RT22	7/28	4AF

SGL Pee Wee Paddler 4

(4-6 yrs.) Prerequisite: Pee Wee Paddler 3 or equivalent skill proficiency. This small group class is designed to help students continue to improve their endurance and skills for treading water, front crawl and back strokes. Skills include swimming front crawl 15 yards, elementary backstroke and back crawl five yards, diving (sitting and kneeling) from side of pool in deep water and treading water for 20 seconds.

4ANC	5--30 minute lessons--\$127
4AND	6--30 minute lessons--\$152
4ANE	7--30 minute lessons--\$177
4ANF	8--30 minute lessons--\$292

Location	Day	Time	Code	Begin	\$
OakmontREC	Sa	11:45am	9DB.FXOL	6/21	4ANE
OakmontREC	Su	12:20pm	9DB.35AY	6/22	4ANE
OakmontREC	M-Th	8:30am	9DB.CZPX	7/28	4ANF
Wkfld/Moore	T/Th	6:05pm	9DB.LK3F	6/17	4ANE
Wkfld/Moore	Sa	9am	9DB.6122	6/21	4ANE
Wkfld/Moore	Sa	12:25pm	9DB.E31D	6/21	4ANE
Wkfld/Moore	Su	9am	9DB.SABX	7/13	4ANC
Wkfld/Moore	Su	12:25pm	9DB.R2AI	7/13	4ANC
Wkfld/Moore	M/W	6:05pm	9DB.K1IG	7/14	4ANF
Wkfld/Moore	T/Th	6:05pm	9DB.L5WG	7/15	4ANF

Pee Wee Paddler 5

(4-6 yrs.) Prerequisite: Pee Wee Paddler 4 or equivalent skill proficiency. Class emphasizes helping students improve their swimming stroke mechanics and increase endurance. Skills include swimming front crawl and elementary backstroke 25 yards, back crawl 15 yards, breaststroke 10 yards, standing dives in deep water and treading water for 20 seconds.

4AC	5--30 minute lessons--\$81
4AD	6--30 minute lessons--\$99
4AE	7--30 minute lessons--\$114
4AF	8--30 minute lessons--\$131
4AG	9--30 minute lessons--\$145

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	9am	631.6UZE	6/21	4AE
CubRunREC	Su	9am	631.QMAV	6/22	4AE
CubRunREC	Su	9am	631.42BM	7/13	4AC
Franconia Rec	Sa	11:30am	631.249X	6/21	4AE
Franconia Rec	Su	11:30am	631.QV3N	7/13	4AC
OakmontREC	M	6:05pm	631.X32Z	6/16	4AG
OakmontREC	Sa	9:35am	631.73HB	6/21	4AE
OakmontREC	Sa	10:20am	631.MEJK	6/21	4AE
OakmontREC	Su	8am	631.G3Q2	6/22	4AE
OakmontREC	Su	10:25am	631.FSEY	6/22	4AE
OakmontREC	Th	7:10pm	631.V906	6/26	4AF
OakmontREC	M-Th	11:05am	631.SZC5	6/30	4AF
OakmontREC	M-Th	8:30am	631.7EV4	7/14	4AF
OakmontREC	M-Th	9:05am	631.FGTG	7/28	4AF
ProvREC	F	4:30pm	631.LZ5C	6/20	4AE
ProvREC	Sa	12:15pm	631.S1IV	6/21	4AE

ProvREC	Su	12:25pm	631.95H9	6/22	4AE
SpHillREC	M	4:15pm	631.TIIZ	6/16	4AF
SpHillREC	M-Th	11am	631.H14I	6/16	4AE
SpHillREC	T	5pm	631.WZPA	6/17	4AF
SpHillREC	W	5:45pm	631.EZ8V	6/18	4AF
SpHillREC	F	4:05pm	631.1MLX	6/20	4AE
SpHillREC	Sa	10:10am	631.NC11	6/21	4AE
SpHillREC	Su	9am	631.8P46	6/22	4AE
SpHillREC	Th	4:50pm	631.3Q02	6/26	4AE
SpHillREC	M-Th	11am	631.VQX8	6/30	4AF
SpHillREC	M-Th	11am	631.8CHG	7/14	4AF
SpHillREC	M-Th	11am	631.JQ9B	7/28	4AF
Wkfld/Moore	Sa	12pm	631.EPLI	6/21	4AE
Wkfld/Moore	Su	12pm	631.Z214	7/13	4AC

SGL Pee Wee Paddler 5

(4-6 yrs.) Prerequisite: Pee Wee Paddler 4 or equivalent skill proficiency. This small group class is designed to help students improve their swimming stroke mechanics and increase endurance. Skills include swimming front crawl and elementary backstroke 25 yards, back crawl 15 yards, breaststroke 10 yards, standing dives in deep water and treading water for 20 seconds.

4ANE	7--30 minute lessons--\$177
4ANF	8--30 minute lessons--\$202

Location	Day	Time	Code	Begin	\$
OakmontREC	Sa	11:10am	166.EPJO	6/21	4ANE
OakmontREC	M-Th	11:15am	166.U272	7/28	4ANF

Pee Wee Paddler 6

(4-7 yrs.) Prerequisite: Pee Wee Paddler 5 or equivalent skill proficiency. Class emphasizes improving swimming stroke proficiency and endurance. Skills include swimming front crawl, back crawl, elementary backstroke and breaststroke 25 yards, butterfly stroke 10 yards. and treading water for 30 seconds.

4AC	5--30 minute lessons--\$81
4AE	7--30 minute lessons--\$114
4AF	8--30 minute lessons--\$131

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	10am	FC3.5CHT	6/21	4AE
CubRunREC	Su	10am	FC3.XY3G	6/22	4AE
Franconia Rec	Sa	12:05pm	FC3.2BZN	6/21	4AE
Franconia Rec	Su	12:05pm	FC3.GYE6	7/13	4AC
OakmontREC	Sa	8:35am	FC3.E3A1	6/21	4AE
OakmontREC	Sa	11:30am	FC3.CABE	6/21	4AE
OakmontREC	Su	11:50am	FC3.61IA	6/22	4AE
OakmontREC	Th	7:45pm	FC3.A0GG	6/26	4AF
OakmontREC	M-Th	10:30am	FC3.23X3	6/30	4AF
OakmontREC	M-Th	9:05am	FC3.IM6G	7/14	4AF
OakmontREC	M-Th	9:40am	FC3.UCXM	7/28	4AF
SpHillREC	M	4:50pm	FC3.PLKL	6/16	4AF
SpHillREC	M-Th	11:35am	FC3.L4D6	6/16	4AE
SpHillREC	T	4pm	FC3.5T2Q	6/17	4AF
SpHillREC	W	6:20pm	FC3.DXIT	6/18	4AF
SpHillREC	F	4:40pm	FC3.MJEU	6/20	4AE
SpHillREC	Sa	10:45am	FC3.ZMAI	6/21	4AE
SpHillREC	Sa	12:20pm	FC3.K126	6/21	4AE
SpHillREC	Su	9:35am	FC3.0K36	6/22	4AE
SpHillREC	Su	11:55am	FC3.IXWK	6/22	4AE
SpHillREC	Th	5:25pm	FC3.IBGR	6/26	4AE
SpHillREC	M-Th	11:35am	FC3.SCF6	6/30	4AF
SpHillREC	M-Th	11:35am	FC3.ONQ7	7/14	4AF
SpHillREC	M-Th	11:35am	FC3.Q112	7/28	4AF
Wkfld/Moore	Sa	12:35pm	FC3.YD2A	6/21	4AE
Wkfld/Moore	Su	12:35pm	FC3.L7OF	7/13	4AC

SGL Pee Wee Paddler 6

(4-7 yrs.) Prerequisite: Pee Wee Paddler 5 or equivalent skill proficiency. This small group class is

designed to help students improve swimming stroke proficiency and endurance. Skills include swimming front crawl, back crawl, elementary backstroke, and breaststroke 25 yards, butterfly stroke 10 yards and treading water for 30 seconds.

4ANE 7--30 minute lessons--\$177					
Location	Day	Time	Code	Begin	\$
OakmontREC	Su	12:10pm	F47.U1BF	6/22	4ANE

Intro to Swimming for Children

(5-8 yrs.) Prerequisite: Children must be able to function in a group setting. Class emphasizes helping participants gain basic swimming and water safety skills and overcome fear of water. Skills include entering and exiting water safely, blowing bubbles through mouth and nose. With assistance students learn to float on front and back, glide on front and back, roll over from front to back and back to front and swim at least two body lengths on front and back using arms and legs.

4AC	5--30 minute lessons--\$81
4AE	7--30 minute lessons--\$114
4AF	8--30 minute lessons--\$131
4AH	10--30 minute lessons--\$163

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	9am	DYK.WT3A	6/21	4AE
CubRunREC	Sa	11:15am	DYK.WBGC	6/21	4AE
CubRunREC	Sa	11:45am	DYK.PNBN	6/21	4AE
CubRunREC	Su	9am	DYK.D5LR	6/22	4AE
CubRunREC	Su	11:15am	DYK.RYHK	6/22	4AE
CubRunREC	Su	11:45am	DYK.WR7S	6/22	4AE
Franconia Rec	M/W	6:40pm	DYK.2U5Y	6/16	4AF
Franconia Rec	Sa	9am	DYK.ZK2M	6/21	4AE
Franconia Rec	Sa	10:55am	DYK.S5GD	6/21	4AE
Franconia Rec	Su	9am	DYK.B6QX	7/13	4AC
Franconia Rec	Su	10:55am	DYK.5NMW	7/13	4AC
Franconia Rec	M/W	6:40pm	DYK.VXIX	7/14	4AH
OakmontREC	F	8:30am	DYK.MAUE	6/20	4AF
OakmontREC	Su	9am	DYK.IHMF	6/22	4AE
SpHillREC	F	11:15am	DYK.I6XH	6/20	4AE
SpHillREC	Sa	12:10pm	DYK.OQG9	6/21	4AE
SpHillREC	Su	9:35am	DYK.CIF2	6/22	4AE
SpHillREC	Su	11:20am	DYK.1H6A	6/22	4AE
Wkfld/Moore	Sa	12:05pm	DYK.2M7H	6/21	4AE
Wkfld/Moore	Su	12:05pm	DYK.VOLT	7/13	4AC
Wkfld/Moore	Su	4:25pm	DYK.LYEC	7/13	4AC

Swimming 1 for Children

(6-12 yrs.) Prerequisite: Children must be able to function in a group setting. Class emphasizes helping participants gain basic swimming and water safety skills and overcome fear of water. Skills include entering and exiting water safely, blowing bubbles through mouth and nose. With assistance students learn to float on front and back, glide on front and back, roll over from front to back and back to front and swim at least two body lengths on front and back using arms and legs.

4AM	5--45 minute lessons--\$83
4AN	6--45 minute lessons--\$99
4AO	7--45 minute lessons--\$115
4AP	8--45 minute lessons--\$134
4AQ	9--45 minute lessons--\$151
4AR	10--45 minute lessons--\$167

Location	Day	Time	Code	Begin	\$
CubRunREC	M/W	6:45pm	48D.3ECG	6/16	4AP
CubRunREC	M-F	8:30am	48D.4VGS	6/16	4AP
CubRunREC	T/Th	5:20pm	48D.V22S	6/17	4AO
CubRunREC	Sa	9am	48D.JF94	6/21	4AO
CubRunREC	Sa	9:35am	48D.W3S6	6/21	4AO



CubRunREC	Sa	10:40am	48D.X3DM	6/21	4A0	ProvREC	T	6:25pm	48D.GJ3W	6/17	4AP
CubRunREC	Su	9am	48D.GYC7	6/22	4A0	ProvREC	F	5:40pm	48D.65Y0	6/20	4A0
CubRunREC	Su	9:35am	48D.GTKA	6/22	4A0	ProvREC	Sa	10am	48D.MUL7	6/21	4A0
CubRunREC	Su	10:40am	48D.94F3	6/22	4A0	ProvREC	Sa	10:50am	48D.JSTH	6/21	4A0
CubRunREC	M-Th	8:30am	48D.TT17	6/30	4AP	ProvREC	Su	10:45am	48D.KEGD	6/22	4A0
CubRunREC	M/W	6:45pm	48D.SP23	7/14	4AP	ProvREC	Su	11:35am	48D.R8VC	6/22	4A0
CubRunREC	M-Th	8:30am	48D.FHHA	7/14	4AP	ProvREC	Th	6pm	48D.NER4	6/26	4A0
CubRunREC	T/Th	5:20pm	48D.9QH9	7/15	4AP	ProvREC	M-Th	9:30am	48D.EWEP	6/30	4AP
Franconia Rec	M/W	6:40pm	48D.NE63	6/16	4AP	ProvREC	M-Th	11:05am	48D.OPIL	6/30	4AP
Franconia Rec	M-Th	9:30am	48D.LJ56	6/16	4A0	ProvREC	M-Th	9:30am	48D.POJO	7/14	4AP
Franconia Rec	M-Th	11:15am	48D.J5P1	6/16	4A0	ProvREC	M-Th	10:20am	48D.RMG4	7/14	4AP
Franconia Rec	T	6:40pm	48D.F3CV	6/17	4A0	ProvREC	M-Th	9:30am	48D.HVYK	7/28	4AP
Franconia Rec	F	6:40pm	48D.1JID	6/20	4AP	ProvREC	M-Th	10:20am	48D.FORL	7/28	4AP
Franconia Rec	Sa	10:55am	48D.9XQR	6/21	4A0	SoRunREC	M/W	6:35pm	48D.6CWY	6/16	4AP
Franconia Rec	Sa	11:45am	48D.EW7L	6/21	4A0	SoRunREC	M-Th	9am	48D.SGX1	6/16	4A0
Franconia Rec	Th	6:40pm	48D.3WMH	6/26	4AP	SoRunREC	M-Th	10:40am	48D.WM9C	6/16	4A0
Franconia Rec	M-Th	9:30am	48D.EEBR	6/30	4AP	SoRunREC	T/Th	6pm	48D.3A0H	6/17	4A0
Franconia Rec	M-Th	11:15am	48D.EVCI	6/30	4AP	SoRunREC	Sa	9am	48D.4ME6	6/21	4A0
Franconia Rec	Su	9:35am	48D.7GU8	7/13	4AM	SoRunREC	Sa	10:40am	48D.F8NZ	6/21	4A0
Franconia Rec	Su	10:25am	48D.9R55	7/13	4AM	SoRunREC	Su	10:10am	48D.MG59	6/22	4A0
Franconia Rec	Su	11:25am	48D.S5X1	7/13	4AM	SoRunREC	Su	11:50am	48D.SEH6	6/22	4A0
Franconia Rec	M/W	6:40pm	48D.N9RD	7/14	4AR	SoRunREC	M-Th	9am	48D.YKCG	6/30	4AP
Franconia Rec	M-Th	9:30am	48D.2GBE	7/14	4AP	SoRunREC	M-Th	10:40am	48D.JQXC	6/30	4AP
Franconia Rec	M-Th	9:30am	48D.XW2R	7/28	4AP	SoRunREC	M/W	6:35pm	48D.05RZ	7/14	4AR
GWREC	W	5:35pm	48D.JFAH	6/18	4AP	SoRunREC	M-Th	9am	48D.7IHO	7/14	4AP
GWREC	Sa	10:55am	48D.XHVV	6/21	4A0	SoRunREC	M-Th	10:40am	48D.SPXI	7/14	4AP
GWREC	Su	9:25am	48D.DYBV	6/22	4AN	SoRunREC	T/Th	6pm	48D.I63A	7/15	4AR
OakmontREC	M	6:05pm	48D.5JVK	6/16	4A0	SoRunREC	M-Th	9am	48D.1YQL	7/28	4AP
OakmontREC	M-Th	8:30am	48D.1Y9P	6/16	4A0	SoRunREC	M-Th	10:40am	48D.FNGL	7/28	4AP
OakmontREC	W	5:30pm	48D.6HI6	6/18	4A0	SpHillREC	M-Th	8:30am	48D.RME6	6/16	4A0
OakmontREC	Sa	9:40am	48D.30A5	6/21	4A0	SpHillREC	T	4:10pm	48D.4W9L	6/17	4AP
OakmontREC	Su	10:40am	48D.U9RW	6/22	4A0	SpHillREC	W	5:45pm	48D.78G8	6/18	4AP
OakmontREC	M-Th	9:20am	48D.DQLJ	6/30	4AP	SpHillREC	Sa	11:20am	48D.X6NM	6/21	4A0
OakmontREC	M-Th	9:20am	48D.OVM5	7/14	4AP	SpHillREC	Sa	11:55am	48D.GS6Q	6/21	4A0
OakmontREC	M-Th	9:20am	48D.MKY3	7/28	4AP	SpHillREC	Su	10:40am	48D.HZV9	6/22	4A0
ProvREC	M	6:20pm	48D.KEB3	6/16	4AP	SpHillREC	Su	12:25pm	48D.E7R5	6/22	4A0
ProvREC	M-Th	9:30am	48D.VZA1	6/16	4A0	SpHillREC	M-Th	8:30am	48D.04W2	6/30	4AP
ProvREC	M-Th	10:20am	48D.ETNB	6/16	4A0	SpHillREC	M-Th	8:30am	48D.BW24	7/14	4AP
						Wkfld/Moore	M/W	6:04pm	48D.UNBP	6/16	4AP

Wkfld/Moore	M-Th	9am	48D.9PVE	6/16	4A0
Wkfld/Moore	M-Th	9am	48D.S1UF	6/16	4A0
Wkfld/Moore	T/Th	6:40pm	48D.XHGJ	6/17	4A0
Wkfld/Moore	F	6:40pm	48D.N94N	6/20	4A0
Wkfld/Moore	Sa	9:35am	48D.B022	6/21	4A0
Wkfld/Moore	Sa	9:35am	48D.LVCZ	6/21	4A0
Wkfld/Moore	Sa	11:10am	48D.V9YN	6/21	4A0
Wkfld/Moore	M-Th	11am	48D.LPBP	6/30	4AP
Wkfld/Moore	M-Th	9am	48D.C2IQ	6/30	4AP
Wkfld/Moore	Su	5:15pm	48D.TD2N	7/13	4AM
Wkfld/Moore	Su	9:35am	48D.CEZV	7/13	4AM
Wkfld/Moore	Su	11:10am	48D.JUDV	7/13	4AM
Wkfld/Moore	M/W	6:40pm	48D.NU59	7/14	4AP
Wkfld/Moore	M-Th	9am	48D.2V6Z	7/14	4AP
Wkfld/Moore	M-Th	9am	48D.4CR8	7/14	4AP
Wkfld/Moore	M-Th	9am	48D.IDLN	7/14	4AP
Wkfld/Moore	M-Th	9am	48D.PCNE	7/14	4AP
Wkfld/Moore	T/Th	6:40pm	48D.5D0F	7/15	4AP
Wkfld/Moore	M-Th	9am	48D.9GXF	7/28	4AP
Wkfld/Moore	M-Th	11am	48D.LPNT	7/28	4AP

SGL Swimming 1 for Children

(6-12 yrs.) Prerequisite: Children must be able to function in a group setting. This small-group class is designed to help students gain basic swimming and water safety skills and overcome fear of water. Skills include entering and exiting water safely, blowing bubbles through mouth and nose. With assistance: floating on front and back, gliding on front and back, rolling over from front to back and back to front, swimming at least two body lengths on front and back using arms and legs.

4APC	5--45 minute lessons--\$136
4APE	7--45 minute lessons--\$191

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Sa	9:35am	E21.4EHZ	6/21	4APE
Wkfld/Moore	Su	9:35am	E21.1ZOH	7/13	4APC

Swimming 1 for Children en Espanol

(6-12 años) Prerequisite: Los niños deben ser capaces de funcionar en un entorno grupal. La clase enfatiza ayudar a los participantes a adquirir habilidades básicas de natación y seguridad en el agua y a superar el miedo al agua. Las habilidades incluyen entrar y salir del agua de manera segura, soplar burbujas por la boca y la nariz. Con ayuda, los estudiantes aprenden a flotar de frente y de espaldas, a deslizarse de adelante y de atrás, a rodar de adelante hacia atrás y de atrás hacia adelante y a nadar al menos dos longitudes de cuerpo de adelante y de espaldas usando los brazos y las piernas.

4AM	5--45 minute lessons--\$83
4AP	8--45 minute lessons--\$134
4AO	7--45 minute lessons--\$115

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	T/Th	6:40pm	V9B.7YMR	6/17	4A0
Wkfld/Moore	Sa	11:10am	V9B.IKLH	6/21	4A0
Wkfld/Moore	Su	11:10am	V9B.JA30	7/13	4AM
Wkfld/Moore	T/Th	6:40pm	V9B.B77X	7/15	4AP

MOUNT VERNON
REC CENTER
Mount Vernon
Rec Center's Pool will
open soon. Please check
the website for updates.

www.fairfaxcounty.gov/parks/reccenter/mount-vernon

Swimming 2 for Children

(6-12 yrs.) Prerequisite: Swimming 1 or equivalent skill proficiency. Class emphasizes increasing confidence and ability to perform skills with and without assistance or use of flotation devices. Skills include: jumping in chest deep water, blowing bubbles with face submerged under water, floating on front and back, gliding on front and back at least two body lengths, rolling over from front to back and back to front, swimming on front and back at least three body lengths using arms and legs and treading water.

4AM	5--45 minute lessons--\$83
4AN	6--45 minute lessons--\$99
4AO	7--45 minute lessons--\$115
4AP	8--45 minute lessons--\$134
4AQ	9--45 minute lessons--\$151
4AR	10--45 minute lessons--\$167

Location	Day	Time	Code	Begin	\$
CubRunREC	M/W	7:35pm	F13.554Z	6/16	4AP
CubRunREC	M-F	8:30am	F13.P28J	6/16	4AP
CubRunREC	T/Th	4:30pm	F13.A2PQ	6/17	4AO
CubRunREC	Sa	10:25am	F13.KL9D	6/21	4AO
CubRunREC	Sa	11am	F13.DYOW	6/21	4AO
CubRunREC	Su	10:25am	F13.CSTM	6/22	4AO
CubRunREC	Su	11am	F13.TKCA	6/22	4AO
CubRunREC	M-Th	8:30am	F13.VRHP	6/30	4AP
CubRunREC	M/W	7:35pm	F13.JNIR	7/14	4AP
CubRunREC	M-Th	8:30am	F13.RJ4Z	7/14	4AP
CubRunREC	T/Th	4:30pm	F13.Y777	7/15	4AP
CubRunREC	M-Th	8:30am	F13.QIVK	7/28	4AP
Franconia Rec	M/W	6:40pm	F13.RF7A	6/16	4AP
Franconia Rec	M-Th	10:25am	F13.DQLE	6/16	4AO
Franconia Rec	T	6:40pm	F13.YVWWZ	6/17	4AO
Franconia Rec	F	6:40pm	F13.3YL8	6/20	4AP
Franconia Rec	Sa	10:55am	F13.B4WS	6/21	4AO
Franconia Rec	Th	6:40pm	F13.Z4H4	6/26	4AP
Franconia Rec	M-Th	10:25am	F13.GUIJ	6/30	4AP
Franconia Rec	Su	9:35am	F13.2G4F	7/13	4AM
Franconia Rec	Su	11:25am	F13.E8C8	7/13	4AM
Franconia Rec	M/W	6:40pm	F13.HBWU	7/14	4AR
Franconia Rec	M-Th	10:25am	F13.MHB1	7/14	4AP
Franconia Rec	M-Th	11:15am	F13.P92N	7/14	4AP
Franconia Rec	M-Th	10:25am	F13.AIFY	7/28	4AP
GWREC	W	6:25pm	F13.ZBSY	6/18	4AP
GWREC	Sa	10am	F13.FL20	6/21	4AO
GWREC	Su	10:15am	F13.L5B8	6/22	4AN
OakmontREC	M	6:40pm	F13.85H6	6/16	4AQ
OakmontREC	M-Th	9:50am	F13.665S	6/16	4AO
OakmontREC	T	6:40pm	F13.RKXU	6/17	4AQ
OakmontREC	W	7:10pm	F13.OKKV	6/18	4AQ
OakmontREC	F	9:05am	F13.3SYO	6/20	4AP
OakmontREC	Sa	8am	F13.BRDC	6/21	4AO
OakmontREC	Sa	10:30am	F13.I250	6/21	4AO
OakmontREC	Su	9:50am	F13.TJLD	6/22	4AO
OakmontREC	Su	11:30am	F13.Q21H	6/22	4AO
OakmontREC	Th	5:30pm	F13.8R4E	6/26	4AP
OakmontREC	M-Th	8:30am	F13.ZAXL	6/30	4AP
OakmontREC	M-Th	10:10am	F13.0GZU	7/14	4AP
OakmontREC	M-Th	8:30am	F13.PCUU	7/28	4AP
ProvREC	M	6:20pm	F13.4MCI	6/16	4AP
ProvREC	M-Th	9:30am	F13.YQHH	6/16	4AO
ProvREC	M-Th	10:20am	F13.SURB	6/16	4AO
ProvREC	T	6:25pm	F13.9M08	6/17	4AP
ProvREC	F	5:40pm	F13.WRUA	6/20	4AO
ProvREC	Sa	10am	F13.SFWZ	6/21	4AO
ProvREC	Sa	10:50am	F13.8C4S	6/21	4AO
ProvREC	Su	10:45am	F13.84EC	6/22	4AO
ProvREC	Su	11:35am	F13.GQAL	6/22	4AO
ProvREC	Th	6:50pm	F13.YV20	6/26	4AO
ProvREC	M-Th	9:30am	F13.77VC	6/30	4AP
ProvREC	M-Th	10:20am	F13.7XPM	6/30	4AP
ProvREC	M-Th	9:30am	F13.C9JF	7/14	4AP

ProvREC	M-Th	10:20am	F13.SL1E	7/14	4AP
ProvREC	M-Th	9:30am	F13.90XQ	7/28	4AP
ProvREC	M-Th	10:20am	F13.PKYS	7/28	4AP
SoRunREC	M/W	7:10pm	F13.AYSG	6/16	4AP
SoRunREC	M-Th	9:50am	F13.0Z0R	6/16	4AO
SoRunREC	M-Th	10:35am	F13.LLT1	6/16	4AO
SoRunREC	T/Th	6:35pm	F13.YH1Q	6/17	4AO
SoRunREC	T/Th	7:05pm	F13.7YLR	6/17	4AO
SoRunREC	Sa	9:50am	F13.4XCV	6/21	4AO
SoRunREC	Sa	11:35am	F13.H0B8	6/21	4AO
SoRunREC	Su	9am	F13.2AFO	6/22	4AO
SoRunREC	M-Th	9:50am	F13.TCL2	6/30	4AP
SoRunREC	M-Th	10:35am	F13.UD4N	6/30	4AP
SoRunREC	M/W	7:10pm	F13.Z066	7/14	4AR
SoRunREC	M-Th	9:50am	F13.DBEC	7/14	4AP
SoRunREC	M-Th	10:35am	F13.8UXE	7/14	4AP
SoRunREC	T/Th	6:35pm	F13.TLK9	7/15	4AR
SoRunREC	T/Th	7:05pm	F13.31YR	7/15	4AR
SoRunREC	M-Th	9:50am	F13.7P2A	7/28	4AP
SoRunREC	M-Th	10:35am	F13.ZXZ2	7/28	4AP
SpHiIREC	M	4:20pm	F13.ZFYI	6/16	4AP
SpHiIREC	M-Th	9:25am	F13.QYA6	6/16	4AO
SpHiIREC	W	4:55pm	F13.D0BP	6/18	4AP
SpHiIREC	Sa	10:40am	F13.M0BG	6/21	4AO
SpHiIREC	Su	9am	F13.UOND	6/22	4AO
SpHiIREC	Su	9:50am	F13.4PB1	6/22	4AO
SpHiIREC	Th	4:30pm	F13.6DPO	6/26	4AO
SpHiIREC	M-Th	8:30am	F13.45Q6	6/30	4AP
SpHiIREC	M-Th	8:30am	F13.74NN	7/14	4AP
Wkfld/Moore	M/W	6:40pm	F13.KPVA	6/16	4AP
Wkfld/Moore	M-Th	9am	F13.LNH4	6/16	4AO
Wkfld/Moore	T/Th	6:40pm	F13.84P5	6/17	4AO
Wkfld/Moore	F	6:40pm	F13.M0WJ	6/20	4AO
Wkfld/Moore	Sa	9:35am	F13.R4ME	6/21	4AO
Wkfld/Moore	Sa	11:10am	F13.809T	6/21	4AO
Wkfld/Moore	M-Th	9am	F13.IUOH	6/30	4AP
Wkfld/Moore	M-Th	9am	F13.SYSL	6/30	4AP
Wkfld/Moore	Su	9:35am	F13.E50C	7/13	4AM
Wkfld/Moore	Su	11:10am	F13.0P9P	7/13	4AM
Wkfld/Moore	M/W	6:40pm	F13.SAZY	7/14	4AP
Wkfld/Moore	M-Th	9am	F13.B7H2	7/14	4AP
Wkfld/Moore	T/Th	6:40pm	F13.TWWL	7/15	4AP
Wkfld/Moore	M-Th	9am	F13.8VGA	7/28	4AP

SGL Swimming 2 for Children

(6-12 yrs.) Prerequisite: Swimming 1 or equivalent skill proficiency. This small group class is designed to help students increase confidence and ability to perform skills with and without assistance or use of flotation devices. Skills include: entering water by jumping in chest deep water, blowing bubbles with face submerged under water, floating on front and back, gliding on front and back at least two body lengths, rolling over from front to back and back to front and swimming on front and back at least three body lengths using arms and legs. Treading water is introduced.

4APC	5--45 minute lessons--\$136
4APE	7--45 minute lessons--\$191
4APF	8--45 minute lessons--\$217

Location	Day	Time	Code	Begin	\$
OakmontREC	Th	7:45pm	B5F.AAOG	6/26	4APF
Wkfld/Moore	Sa	9:35am	B5F.4KZV	6/21	4APE
Wkfld/Moore	Su	9:35am	B5F.F9FO	7/13	4APC

Swimming 2 for Children en Espanol

(6-12 años) Prerequisite: Natación 1 o competencia de habilidades equivalentes. La clase enfatiza el aumento de la confianza y la capacidad para realizar habilidades con y sin asistencia o uso de dispositivos de flotación. Las habilidades incluyen: saltar en el agua hasta el pecho, soplar burbujas con la cara sumergida bajo el agua, flotar por delante y por detrás, deslizarse por delante y por detrás al menos dos longitudes del

cuerpo, rodar de adelante hacia atrás y de atrás hacia adelante, nadar de frente y de espaldas al menos tres longitudes del cuerpo usando brazos y piernas y pisando el agua.

4AO	7--45 minute lessons--\$115
4AP	8--45 minute lessons--\$134

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	T/Th	7:30pm	JY3.B35M	6/17	4AO
Wkfld/Moore	Sa	9:35am	JY3.E48E	6/21	4AO
Wkfld/Moore	T/Th	7:30pm	JY3.VIIV	7/15	4AP

Swimming 3 for Children

(6-12 yrs.) Prerequisite: Swimming 2 or equivalent skill proficiency. Class emphasizes increasing endurance and independent swimming skills performance. Without assistance or flotation devices, students safely enter, exit, swim and tread water in deep water, tread water 15 seconds, push off in a streamlined position on front and back then flutter kick at least four body lengths. Skills also include rotary breathing, swimming front crawl, elementary backstroke and back crawl at least 15 yards.

4AM	5--45 minute lessons--\$83
4AN	6--45 minute lessons--\$99
4AO	7--45 minute lessons--\$115
4AP	8--45 minute lessons--\$134
4AQ	9--45 minute lessons--\$151
4AR	10--45 minute lessons--\$167

Location	Day	Time	Code	Begin	\$
CubRunREC	M/W	6:45pm	7E0.RUPR	6/16	4AP
CubRunREC	M-F	9:20am	7E0.G81Y	6/16	4AP
CubRunREC	T/Th	4:30pm	7E0.272U	6/17	4AO
CubRunREC	Sa	9:50am	7E0.7ZM5	6/21	4AO
CubRunREC	Sa	10:10am	7E0.2N9X	6/21	4AO
CubRunREC	Sa	11:30am	7E0.A9KQ	6/21	4AO
CubRunREC	Su	9:50am	7E0.08MJ	6/22	4AO
CubRunREC	Su	10:10am	7E0.7L40	6/22	4AO
CubRunREC	Su	11:30am	7E0.WU2M	6/22	4AO
CubRunREC	M-Th	9:20am	7E0.W547	6/30	4AP
CubRunREC	M/W	6:45pm	7E0.90KR	7/14	4AP
CubRunREC	M-Th	9:20am	7E0.796J	7/14	4AP
CubRunREC	T/Th	4:30pm	7E0.6GAP	7/15	4AP
CubRunREC	M-Th	9:20am	7E0.GBDL	7/28	4AP
Franconia Rec	M/W	7:30pm	7E0.NCXU	6/16	4AP
Franconia Rec	M-Th	9:20am	7E0.VCXL	6/16	4AO
Franconia Rec	T	7:35pm	7E0.CQAK	6/17	4AQ
Franconia Rec	F	7:30pm	7E0.P7H3	6/20	4AP
Franconia Rec	Sa	11:45am	7E0.GV3M	6/21	4AO
Franconia Rec	Th	7:35pm	7E0.AVIL	6/26	4AP
Franconia Rec	M-Th	9:20am	7E0.MYCH	6/30	4AP
Franconia Rec	Su	10:25am	7E0.Z5JN	7/13	4AM
Franconia Rec	Su	12:15pm	7E0.2YXA	7/13	4AM
Franconia Rec	M/W	7:30pm	7E0.ZFVP	7/14	4AR
Franconia Rec	M-Th	9:20am	7E0.T1F5	7/14	4AP
Franconia Rec	M-Th	9:20am	7E0.FSKY	7/28	4AP
Franconia Rec	M-Th	11:15am	7E0.MUI6	7/28	4AP
GWREC	W	7:15pm	7E0.MNVI	6/18	4AP
GWREC	Sa	10:50am	7E0.RX8Z	6/21	4AO
GWREC	Su	11:05am	7E0.ZWLO	6/22	4AN
OakmontREC	M	6:55pm	7E0.LVEO	6/16	4AQ
OakmontREC	M-Th	10:10am	7E0.Z0FU	6/16	4AO
OakmontREC	W	6:20pm	7E0.CU68	6/18	4AQ
OakmontREC	F	9:55am	7E0.THZX	6/20	4AP
OakmontREC	Sa	8:50am	7E0.X90B	6/21	4AO
OakmontREC	Sa	11:20am	7E0.41YB	6/21	4AO
OakmontREC	Su	9am	7E0.CL9Q	6/22	4AO
OakmontREC	Th	6:20pm	7E0.FGCO	6/26	4AP
OakmontREC	M-Th	10:10am	7E0.U4ZV	6/30	4AP
OakmontREC	M-Th	11am	7E0.ILEO	7/14	4AP
OakmontREC	M-Th	10:10am	7E0.0BN6	7/28	4AP
ProvREC	M	7:10pm	7E0.OQJ9	6/16	4AP

ProvREC	M-Th	11:10am	7EO.5MCO	6/16	4AO
ProvREC	T	5:35pm	7EO.TZU6	6/17	4AP
ProvREC	F	6:30pm	7EO.TKPX	6/20	4AO
ProvREC	Sa	10am	7EO.G53M	6/21	4AO
ProvREC	Sa	10:50am	7EO.YD2I	6/21	4AO
ProvREC	Su	10:45am	7EO.58BS	6/22	4AO
ProvREC	Su	11:35am	7EO.99SU	6/22	4AO
ProvREC	Th	7:40pm	7EO.USCZ	6/26	4AO
ProvREC	M-Th	11:10am	7EO.IKR6	6/30	4AP
ProvREC	M-Th	11:10am	7EO.SNR8	7/14	4AP
ProvREC	M-Th	11:10am	7EO.OYJ7	7/28	4AP
SoRunREC	M/W	7:10pm	7EO.YOCS	6/16	4AP
SoRunREC	M/W	8pm	7EO.NT5E	6/16	4AP
SoRunREC	M-Th	9:35am	7EO.A2S9	6/16	4AO
SoRunREC	M-Th	11am	7EO.221H	6/16	4AO
SoRunREC	T/Th	6:15pm	7EO.64UO	6/17	4AO
SoRunREC	T/Th	7:25pm	7EO.CQP9	6/17	4AO
SoRunREC	Sa	9am	7EO.2TQ1	6/21	4AO
SoRunREC	Sa	10:45am	7EO.P573	6/21	4AO
SoRunREC	Su	9am	7EO.UL50	6/22	4AO
SoRunREC	Su	11:35am	7EO.374F	6/22	4AO
SoRunREC	M-Th	9:35am	7EO.EKB3	6/30	4AP
SoRunREC	M-Th	11am	7EO.YPC3	6/30	4AP
SoRunREC	M/W	7:10pm	7EO.8FCU	7/14	4AR
SoRunREC	M/W	8pm	7EO.L4CI	7/14	4AR
SoRunREC	M-Th	9:35am	7EO.U3B4	7/14	4AP
SoRunREC	M-Th	11am	7EO.VYDA	7/14	4AP
SoRunREC	T/Th	6:15pm	7EO.VMXX	7/15	4AR
SoRunREC	T/Th	7:25pm	7EO.X4K1	7/15	4AR
SoRunREC	M-Th	9:35am	7EO.ZHLQ	7/28	4AP
SoRunREC	M-Th	11am	7EO.MKJK	7/28	4AP
SphillIREC	M	3:30pm	7EO.EMKL	6/16	4AP
SphillIREC	M-Th	11:05am	7EO.EEGJ	6/16	4AO
SphillIREC	T	7:10pm	7EO.7HCS	6/17	4AP
SphillIREC	W	4:05pm	7EO.QDZX	6/18	4AP
SphillIREC	Sa	9am	7EO.ASOE	6/21	4AO
SphillIREC	Sa	11:30am	7EO.G0JP	6/21	4AO
SphillIREC	Su	11:30am	7EO.IZ2D	6/22	4AO
SphillIREC	Su	12:20pm	7EO.1HJ8	6/22	4AO
SphillIREC	Th	4pm	7EO.ZKT5	6/26	4AO
SphillIREC	M-Th	9:25am	7EO.HH0H	6/30	4AP
SphillIREC	M-Th	9:25am	7EO.J2RR	7/14	4AP
SphillIREC	M-Th	9:30am	7EO.PM00	7/28	4AP
Wkfld/Moore	M/W	6:40pm	7EO.LZHN	6/16	4AP
Wkfld/Moore	M-Th	9am	7EO.URWL	6/16	4AO
Wkfld/Moore	T/Th	6:40pm	7EO.S6JB	6/17	4AO
Wkfld/Moore	F	6:40pm	7EO.HUHA	6/20	4AO
Wkfld/Moore	Sa	9:35am	7EO.7QM3	6/21	4AO
Wkfld/Moore	Sa	11:10am	7EO.JRR4	6/21	4AO
Wkfld/Moore	Sa	11:10am	7EO.SNJ7	6/21	4AO
Wkfld/Moore	M-Th	9am	7EO.ZVO4	6/30	4AP
Wkfld/Moore	Su	5:15pm	7EO.PH1P	7/13	4AM
Wkfld/Moore	Su	9:35am	7EO.CK31	7/13	4AM
Wkfld/Moore	Su	11:10am	7EO.WRRF	7/13	4AM
Wkfld/Moore	M-Th	9am	7EO.6IGD	7/14	4AP
Wkfld/Moore	M/W	6:40pm	7EO.KIVC	7/14	4AP
Wkfld/Moore	T/Th	6:40pm	7EO.FHFU	7/15	4AP
Wkfld/Moore	M-Th	9am	7EO.SQX3	7/28	4AP

SGL Swimming 3 for Children

(6-12 yrs.) Prerequisite: Swimming 2 or equivalent skill proficiency. This small group class is designed to help increase student's endurance and independent swimming performance. Skills include, without assistance or use of flotation devices, safely entering, exiting, swimming and treading deep water, treading water 15 seconds, pushing off in a streamlined position on front and back then flutter kicking at least four body lengths, rotary breathing, swimming front crawl, elementary backstroke and back crawl at least 15 yards.

4AQC	5--45 minute lessons--\$139
4AQE	7--45 minute lessons--\$195
4AQF	8--45 minute lessons--\$222
4AQG	9--45 minute lessons--\$255

Location	Day	Time	Code	Begin	\$
OakmontREC	T	7:15pm	COC.RD4J	6/17	4AQC
Wkfld/Moore	Sa	10:25am	COC.V5V9	6/21	4AQE
Wkfld/Moore	Su	10:25am	COC.KALI	7/13	4AQC
Wkfld/Moore	M/W	6:04pm	COC.YB87	7/14	4AQC

Swimming 3 for Children en Espanol

(6-12 años) Prerequisite: Natación 2 o competencia de habilidades equivalentes. La clase enfatiza el aumento de la resistencia y el rendimiento de las habilidades de natación independiente. Sin asistencia ni dispositivos de flotación, los estudiantes entran y salen, nadan y pisan el agua de manera segura en aguas profundas, pisan el agua durante 15 segundos, se empujan en una posición aerodinámica hacia adelante y hacia atrás y luego revolotean al menos cuatro cuerpos largos. Las habilidades también incluyen respiración rotatoria, natación crol frontal, espalda elemental y crol hacia atrás al menos 15 yardas.

4AM	5--45 minute lessons--\$83
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Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Su	9:35am	KE7.FMGF	7/13	4AM

Swimming 4 for Children

(6-12 yrs.) Prerequisite: Swimming 3 or equivalent skill proficiency. Class emphasizes improving confidence, skill proficiency, distance and endurance. Skills include diving progression from side in deep water, swimming under water three body lengths, swimming front crawl, elementary backstroke, back crawl and breaststroke 25 yards, lap swimming techniques and safety and treading water for 30 seconds.

4AM	5--45 minute lessons--\$83
4AO	7--45 minute lessons--\$115
4AP	8--45 minute lessons--\$134
4AQ	9--45 minute lessons--\$151
4AR	10--45 minute lessons--\$167

Location	Day	Time	Code	Begin	\$
CubRunREC	M/W	7:35pm	A7C.YUMG	6/16	4AP
CubRunREC	M-F	8:30am	A7C.HEP9	6/16	4AP
CubRunREC	Sa	9am	A7C.WW5A	6/21	4AO
CubRunREC	Sa	10:35am	A7C.SDX6	6/21	4AO
CubRunREC	Sa	11:50am	A7C.SPDK	6/21	4AO
CubRunREC	Su	9am	A7C.K7AT	6/22	4AO
CubRunREC	Su	10:35am	A7C.DPCL	6/22	4AO
CubRunREC	Su	11:50am	A7C.SUZE	6/22	4AO
CubRunREC	M-Th	8:30am	A7C.PWCS	6/30	4AP
CubRunREC	M/W	7:35pm	A7C.V7LD	7/14	4AP
CubRunREC	M-Th	8:30am	A7C.K52T	7/14	4AP
CubRunREC	T/Th	5:20pm	A7C.9R5P	7/15	4AP
CubRunREC	M-Th	8:30am	A7C.DXCZ	7/28	4AP
Franconia Rec	M/W	7:30pm	A7C.4UGW	6/16	4AP
Franconia Rec	M-Th	10:10am	A7C.GZ3Y	6/16	4AO
Franconia Rec	T	6:40pm	A7C.X9KE	6/17	4AQ

Franconia Rec	F	7:30pm	A7C.73UE	6/20	4AP
Franconia Rec	Sa	10am	A7C.JPXB	6/21	4AO
Franconia Rec	Th	6:40pm	A7C.E58V	6/26	4AP
Franconia Rec	M-Th	10:10am	A7C.59XR	6/30	4AP
Franconia Rec	Su	12:15pm	A7C.417J	7/13	4AM
Franconia Rec	M/W	7:30pm	A7C.28QJ	7/14	4AR
Franconia Rec	M-Th	10:10am	A7C.REVP	7/14	4AP
Franconia Rec	M-Th	10:10am	A7C.539E	7/28	4AP
GWREC	T	5:45pm	A7C.YENO	6/17	4AP
GWREC	Sa	9:05am	A7C.6H58	6/21	4AO
OakmontREC	M	7:45pm	A7C.29AX	6/16	4AQ
OakmontREC	M-Th	11am	A7C.5LK2	6/16	4AO
OakmontREC	T	5:30pm	A7C.3AD6	6/17	4AQ
OakmontREC	F	6pm	A7C.RQYH	6/20	4AO
OakmontREC	F	10:45am	A7C.ERD3	6/20	4AP
OakmontREC	Sa	9:10am	A7C.L36H	6/21	4AO
OakmontREC	Su	9:10am	A7C.L00M	6/22	4AO
OakmontREC	Su	11am	A7C.MKTV	6/22	4AO
OakmontREC	Th	5:30pm	A7C.FFUA	6/26	4AP
OakmontREC	M-Th	11am	A7C.020R	6/30	4AP
OakmontREC	M-Th	8:30am	A7C.HUOF	7/14	4AP
OakmontREC	M-Th	11am	A7C.3HPO	7/28	4AP
ProvREC	M	7:10pm	A7C.TM7E	6/16	4AP
ProvREC	M-Th	11:10am	A7C.0TAG	6/16	4AO
ProvREC	T	5:35pm	A7C.QMUX	6/17	4AP
ProvREC	F	6:30pm	A7C.5JK0	6/20	4AO
ProvREC	Sa	9:10am	A7C.9J96	6/21	4AO
ProvREC	Sa	12pm	A7C.064K	6/21	4AO
ProvREC	Su	9am	A7C.YEDT	6/22	4AO
ProvREC	Su	11:50am	A7C.V4SH	6/22	4AO
ProvREC	M-Th	11:10am	A7C.1GFZ	6/30	4AP
ProvREC	M-Th	11:10am	A7C.H1NI	7/14	4AP
ProvREC	M-Th	11:10am	A7C.8490	7/28	4AP
SoRunREC	M/W	8pm	A7C.NHR3	6/16	4AP
SoRunREC	M-Th	10:45am	A7C.ZD6I	6/16	4AO
SoRunREC	T/Th	8:10pm	A7C.06EY	6/17	4AO
SoRunREC	Sa	10:45am	A7C.SVLG	6/21	4AO
SoRunREC	Su	9:50am	A7C.KDCD	6/22	4AO
SoRunREC	Su	11:15am	A7C.YOJ7	6/22	4AO
SoRunREC	M-Th	10:45am	A7C.JQ0Y	6/30	4AP
SoRunREC	M/W	8pm	A7C.U0FG	7/14	4AR
SoRunREC	M-Th	10:45am	A7C.2GZ0	7/14	4AP
SoRunREC	T/Th	8:10pm	A7C.07RN	7/15	4AR
SoRunREC	M-Th	10:45am	A7C.C3EL	7/28	4AP
SphillIREC	M	7:20pm	A7C.G4DW	6/16	4AP
SphillIREC	M-Th	10:15am	A7C.ETOG	6/16	4AO
SphillIREC	T	4:35pm	A7C.KGUH	6/17	4AP
SphillIREC	W	7:10pm	A7C.TL1N	6/18	4AP
SphillIREC	Sa	9am	A7C.ME79	6/21	4AO
SphillIREC	Sa	9:50am	A7C.MCFQ	6/21	4AO
SphillIREC	Su	9:10am	A7C.6312	6/22	4AO
SphillIREC	Su	10:10am	A7C.KJTN	6/22	4AO
SphillIREC	Su	12:30pm	A7C.HL76	6/22	4AO
SphillIREC	Th	4:35pm	A7C.34MA	6/26	4AO
SphillIREC	M-Th	10:15am	A7C.D3KH	6/30	4AP
SphillIREC	M-Th	9:25am	A7C.NBXX	7/14	4AP
SphillIREC	M-Th	11:20am	A7C.PPNB	7/28	4AP
Wkfld/Moore	M/W	5:30pm	A7C.U605	6/16	4AP
Wkfld/Moore	M-Th	11am	A7C.PUT6	6/16	4AO
Wkfld/Moore	T/Th	5:30pm	A7C.9XB8	6/17	4AO
Wkfld/Moore	F	5:30pm	A7C.TZ3A	6/20	4AO
Wkfld/Moore	Sa	10am	A7C.ROFP	6/21	4AO
Wkfld/Moore	Sa	12pm	A7C.T3TC	6/21	4AO
Wkfld/Moore	M-Th	11am	A7C.9BHV	6/30	4AP
Wkfld/Moore	Su	10am	A7C.HSYN	7/13	4AM
Wkfld/Moore	Su	12pm	A7C.686C	7/13	4AM
Wkfld/Moore	M/W	5:30pm	A7C.BQDH	7/14	4AP
Wkfld/Moore	M-Th	11am	A7C.6CGT	7/14	4AP
Wkfld/Moore	T/Th	5:30pm	A7C.ER9F	7/15	4AP
Wkfld/Moore	M-Th	11am	A7C.Y7U1	7/28	4AP



SGL Swimming 4 for Children

(6-12 yrs.) Prerequisite: Swimming 3 or equivalent skill proficiency. This small group class is designed to help students improve confidence, skill proficiency, distance and endurance. Skills include diving progression from side in deep water, swimming under water three body lengths, swim front crawl, elementary backstroke, back crawl and breaststroke 25 yards, lap swimming techniques and safety and treading water for 30 seconds.

4AQC	5--45 minute lessons--\$139
4AQE	7--45 minute lessons--\$195
4AQG	9--45 minute lessons--\$255

Location	Day	Time	Code	Begin	\$
OakmontREC	W	6:30pm	D76.Z96Z	6/18	4AQG
OakmontREC	Sa	12pm	D76.3SIC	6/21	4AQE
Wkfld/Moore	Sa	10:25am	D76.YCTA	6/21	4AQE
Wkfld/Moore	Su	10:25am	D76.UYVL	7/13	4AQG

Swimming 5 for Children

(6-12 yrs.) Prerequisite: Swimming 4 or equivalent skill proficiency. Class emphasizes increasing endurance and swimming stroke proficiency. Skills include treading water one minute, swimming front crawl, back crawl and breaststroke 50 yards, elementary backstroke 25 yards, open turns, circle swimming in lap lane, bi-lateral breathing for front crawl, butterfly arms and legs, breaststroke pull out and standard sculling 30 seconds.

4AAA	9--55 minute lessons--\$157
4AAB	10--55 minute lessons--\$177
4AW	5--55 minute lessons--\$87
4AY	7--55 minute lessons--\$122
4AZ	8--55 minute lessons--\$139

Location	Day	Time	Code	Begin	\$
CubRunREC	M-F	8:30am	D55.EZXE	6/16	4AZ
CubRunREC	Sa	9:50am	D55.F4E4	6/21	4AY
CubRunREC	Su	9:50am	D55.Q57S	6/22	4AY
CubRunREC	M-Th	8:30am	D55.86FJ	6/30	4AZ
CubRunREC	M-Th	8:30am	D55.WGUT	7/14	4AZ
CubRunREC	M-Th	8:30am	D55.N888	7/28	4AZ
Franconia Rec	M-Th	11:05am	D55.9B2U	6/16	4AY
Franconia Rec	T	7:35pm	D55.I9PU	6/17	4AAA
Franconia Rec	Sa	12pm	D55.SNTW	6/21	4AY
Franconia Rec	Th	7:35pm	D55.GCLE	6/26	4AZ
Franconia Rec	M-Th	11:05am	D55.XQ8G	6/30	4AZ
Franconia Rec	Su	11am	D55.TG66	7/13	4AW
Franconia Rec	M-Th	11:05am	D55.UDVC	7/14	4AZ
Franconia Rec	M-Th	11:05am	D55.5WG8	7/28	4AZ
GWREC	T	6:35pm	D55.8EVZ	6/17	4AZ
GWREC	Sa	9:55am	D55.E1ZU	6/21	4AY
OakmontREC	M	6pm	D55.7DET	6/16	4AAA
OakmontREC	M-Th	8:30am	D55.D5E1	6/16	4AY
OakmontREC	T	7:20pm	D55.EOKS	6/17	4AAA
OakmontREC	F	6:50pm	D55.45V9	6/20	4AY
OakmontREC	Sa	10am	D55.CG3T	6/21	4AY
OakmontREC	Su	10am	D55.UU09	6/22	4AY
OakmontREC	Th	6:20pm	D55.0505	6/26	4AZ
OakmontREC	M-Th	9:30am	D55.LLT9	6/30	4AZ
OakmontREC	M-Th	9:40am	D55.NV78	7/14	4AZ
OakmontREC	M-Th	10:15am	D55.RDRF	7/28	4AZ
ProvREC	M	8pm	D55.EJYX	6/16	4AZ
ProvREC	Sa	10am	D55.G57P	6/21	4AY
ProvREC	Su	9:50am	D55.97E3	6/22	4AY
SoRunREC	M/W	8pm	D55.5WSQ	6/16	4AZ
SoRunREC	M-Th	10:10am	D55.QFSF	6/16	4AY
SoRunREC	T/Th	7:55pm	D55.X4KP	6/17	4AY
SoRunREC	Sa	10:35am	D55.G3IM	6/21	4AY
SoRunREC	Su	10am	D55.BRQB	6/22	4AY
SoRunREC	M-Th	10:10am	D55.HGV2	6/30	4AZ
SoRunREC	M/W	8pm	D55.GXWC	7/14	4AAB

SoRunREC	M-Th	10:10am	D55.CLMF	7/14	4AZ
SoRunREC	T/Th	7:55pm	D55.U1TP	7/15	4AAB
SoRunREC	M-Th	10:10am	D55.J3D0	7/28	4AZ
SpHillREC	M	5:20pm	D55.UUZH	6/16	4AZ
SpHillREC	W	6pm	D55.QZVU	6/18	4AZ
SpHillREC	Sa	9:50am	D55.2653	6/21	4AY
SpHillREC	Sa	11:50am	D55.L8N0	6/21	4AY
SpHillREC	Su	10am	D55.VI7Q	6/22	4AY
SpHillREC	Su	11am	D55.BZSJ	6/22	4AY
SpHillREC	Su	12pm	D55.PZW9	6/22	4AY
SpHillREC	Th	6pm	D55.0Z07	6/26	4AY
SpHillREC	M-Th	11:05am	D55.8SW1	6/30	4AZ
SpHillREC	M-Th	10:15am	D55.C7AZ	7/14	4AZ
SpHillREC	M-Th	8:30am	D55.9FSS	7/28	4AZ
Wkfld/Moore	M/W	6:20pm	D55.FHGP	6/16	4AZ
Wkfld/Moore	M-Th	11am	D55.EGA2	6/16	4AY
Wkfld/Moore	T/Th	6:20pm	D55.R9D5	6/17	4AY
Wkfld/Moore	F	6:30pm	D55.0TX9	6/20	4AY
Wkfld/Moore	Sa	11am	D55.00JD	6/21	4AY
Wkfld/Moore	M-Th	11am	D55.WVRZ	6/30	4AZ
Wkfld/Moore	Su	11am	D55.VCSA	7/13	4AW
Wkfld/Moore	M/W	6:20pm	D55.HXSC	7/14	4AZ
Wkfld/Moore	M-Th	11am	D55.6CT7	7/14	4AZ
Wkfld/Moore	T/Th	6:20pm	D55.TEC3	7/15	4AZ
Wkfld/Moore	M-Th	11am	D55.RAMY	7/28	4AZ

SGL Swimming 5 for Children

(6-12 yrs.) Prerequisite: Swimming 4 or equivalent skill proficiency. Class emphasizes increasing endurance and swimming stroke proficiency. Skills include treading water one minute, swimming front crawl, back crawl and breaststroke 50 yards, elementary backstroke 25 yards, open turns, circle swimming in lap lane, bi-lateral breathing for front crawl, butterfly arms and legs, breaststroke pull out and standard sculling 30 seconds.

4ARC	5--55 minute lessons--\$139
4ARE	7--55 minute lessons--\$195
4ARG	9--55 minute lessons--\$261

Location	Day	Time	Code	Begin	\$
OakmontREC	W	5:30pm	HQJ.GAHD	6/18	4ARG
OakmontREC	Sa	10:10am	HQJ.EZ25	6/21	4ARE
Wkfld/Moore	Sa	11:25am	HQJ.CYK1	6/21	4ARE
Wkfld/Moore	Su	11:25am	HQJ.3GZ4	7/13	4ARC

Swimming 6 for Children

(6-12 yrs.) Prerequisite: Swimming 5 or equivalent skill proficiency. Class continues to refine swim strokes and increasing endurance. Skills include swimming front crawl, back crawl and breaststroke 100 yards, sidestroke and butterfly 25 yards, an introduction individual medley (IM), treading water for two minutes and flip turns.

4AAA	9--55 minute lessons--\$157
4AW	5--55 minute lessons--\$87
4AY	7--55 minute lessons--\$122
4AZ	8--55 minute lessons--\$139

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	9am	DF4.SKND	6/21	4AY
CubRunREC	Su	9am	DF4.M2L9	6/22	4AY
Franconia Rec	Sa	11am	DF4.48Q8	6/21	4AY
Franconia Rec	Su	12pm	DF4.UNZ2	7/13	4AW
GWREC	Sa	10:50am	DF4.ABN8	6/21	4AY
OakmontREC	M	7pm	DF4.UVNP	6/16	4AAA
OakmontREC	M-Th	9:30am	DF4.UWM8	6/16	4AY
OakmontREC	T	6:20pm	DF4.7XMA	6/17	4AAA
OakmontREC	Sa	9am	DF4.9FQU	6/21	4AY
OakmontREC	Sa	11am	DF4.YQ5A	6/21	4AY
OakmontREC	Su	11am	DF4.ONLE	6/22	4AY
OakmontREC	Th	7:20pm	DF4.3Y9M	6/26	4AZ
OakmontREC	M-Th	8:30am	DF4.YYVR	6/30	4AZ

OakmontREC	M-Th	10:40am	DF4.PG5M	7/14	4AZ
ProvREC	W	7:45pm	DF4.8NLR	6/18	4AZ
ProvREC	Sa	11am	DF4.41XL	6/21	4AY
ProvREC	Su	10:50am	DF4.G9CN	6/22	4AY
SoRunREC	M-Th	9:35am	DF4.QV2S	6/16	4AY
SoRunREC	Sa	9:35am	DF4.MKOZ	6/21	4AY
SoRunREC	M-Th	9:35am	DF4.ELEA	6/30	4AZ
SoRunREC	M-Th	9:35am	DF4.FW5A	7/14	4AZ
SoRunREC	M-Th	9:35am	DF4.EQ50	7/28	4AZ
SpHillREC	M	6:20pm	DF4.EFJX	6/16	4AZ
SpHillREC	W	7pm	DF4.6LN1	6/18	4AZ
SpHillREC	Sa	10:50am	DF4.BC1C	6/21	4AY
SpHillREC	Sa	11:55am	DF4.0K7R	6/21	4AY
SpHillREC	Su	11am	DF4.MVLD	6/22	4AY
SpHillREC	Su	12pm	DF4.G743	6/22	4AY
SpHillREC	Th	7pm	DF4.Z2KQ	6/26	4AY
SpHillREC	M-Th	11:15am	DF4.Z064	7/14	4AZ
SpHillREC	M-Th	10:20am	DF4.9PSB	7/28	4AZ
Wkfld/Moore	M/W	7:30pm	DF4.WRAB	6/16	4AZ
Wkfld/Moore	T/Th	7:20pm	DF4.JRD2	6/17	4AY
Wkfld/Moore	T/Th	7:30pm	DF4.HB90	6/20	4AY
Wkfld/Moore	Sa	9am	DF4.HKOU	6/21	4AY
Wkfld/Moore	Sa	12pm	DF4.6U38	6/21	4AY
Wkfld/Moore	Su	9am	DF4.EWLR	7/13	4AW
Wkfld/Moore	Su	12pm	DF4.6QCR	7/13	4AW
Wkfld/Moore	M/W	7:30pm	DF4.M47G	7/14	4AZ
Wkfld/Moore	T/Th	7:20pm	DF4.8UX6	7/15	4AZ

Swim Classes for Teens & Adults

Swimming 1 - Teens & Adults

(13-Adult) Class emphasizes helping students gain basic swimming and safety skills and overcome fear of water. Skills include entering and exiting water, floating on front and back, gliding on front and back, breathing techniques, rolling from front to back and back to front, swimming at least two body lengths on front and back using arms and legs.

4AAA	9--55 minute lessons--\$157
4AAB	10--55 minute lessons--\$175
4AW	5--55 minute lessons--\$87
4AY	7--55 minute lessons--\$122
4AZ	8--55 minute lessons--\$139

Location	Day	Time	Code	Begin	\$
CubRunREC	T	8pm	7D5.8WEA	6/17	4AZ
CubRunREC	Su	8am	7D5.834N	6/22	4AY
CubRunREC	Th	7pm	7D5.5TFE	6/26	4AY
Franconia Rec	M/W	7:15pm	7D5.NTG7	6/16	4AZ
Franconia Rec	Sa	9am	7D5.PGM5	6/21	4AY
GWREC	Th	7pm	7D5.5Y2Y	7/10	4AW
OakmontREC	M	7:50pm	7D5.3CQ4	6/16	4AAA
OakmontREC	F	7:50pm	7D5.47IF	6/20	4AY
OakmontREC	Su	8am	7D5.0MU3	6/22	4AY
ProvREC	M	8pm	7D5.Y7FJ	6/16	4AZ
ProvREC	F	7:20pm	7D5.IEAG	6/20	4AY
ProvREC	Sa	11:40am	7D5.75S1	6/21	4AY
SoRunREC	M/W	8pm	7D5.84EK	6/16	4AZ
SoRunREC	M/W	8pm	7D5.3GKV	7/14	4AAB
SpHillREC	T	7:55pm	7D5.EA3W	6/17	4AZ
Wkfld/Moore	M/W	7:35pm	7D5.YXSY	6/16	4AZ
Wkfld/Moore	Su	3pm	7D5.MPKV	7/13	4AW



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Swimming 2 - Teens & Adults

(13-Adult) Prerequisite: Swimming 1 or skill proficiency to blow bubbles with face submerged at least three seconds, float on front and back at least three seconds, swim on front and back using arms and legs at least two body lengths. Class emphasizes performing skills without support or flotation devices. Skills include floating on front and back, swimming on front and back at least three body lengths and rolling over from front to back and back to front. Treading water is introduced.

4AW	5--55 minute lessons--\$87				
4AAB	10--55 minute lessons--\$175				
4AAA	9--55 minute lessons--\$157				
4AY	7--55 minute lessons--\$122				
4AZ	8--55 minute lessons--\$139				
Location	Day	Time	Code	Begin	\$
CubRunREC	T	8pm	75A.SGFC	6/17	4AZ
CubRunREC	Su	8am	75A.BQZ5	6/22	4AY
CubRunREC	Th	8pm	75A.PFHG	6/26	4AY
Franconia Rec	F	7:15pm	75A.N1B7	6/20	4AZ
Franconia Rec	Sa	11am	75A.RKMD	6/21	4AY
Franconia Rec	M/W	7:15pm	75A.5XML	7/14	4AAB
OakmontREC	M	7:30pm	75A.3DGW	6/16	4AAA
OakmontREC	W	7:50pm	75A.HY4Q	6/18	4AAA
OakmontREC	Su	8am	75A.HAGG	6/22	4AY
ProvREC	T	7:15pm	75A.3TRV	6/17	4AZ
SoRunREC	T/Th	8pm	75A.5JOW	6/17	4AY
SoRunREC	T/Th	8pm	75A.CLHA	7/15	4AAB
SpHillREC	T	7:55pm	75A.S980	6/17	4AZ
SpHillREC	Th	7:55pm	75A.7L27	6/26	4AY
Wkfld/Moore	Su	4:05pm	75A.VBG4	7/13	4AW
Wkfld/Moore	Su	4:25pm	75A.899U	7/13	4AW
Wkfld/Moore	M/W	7:35pm	75A.Y8MO	7/14	4AZ

MEET COLLIN HAYES, MOUNT VERNON REC CENTER'S AQUATICS DIRECTOR



Collin has over 10 years of experience in Aquatics, he started as a lifeguard at Franconia Rec Center and worked his way up in the Park Authority over the years.

"I am very excited to be at Mount Vernon and welcome back the community," Collin says.

Swimming 3 - Teens & Adults

(13-Adult) Prerequisite: Swimming 2 or skill proficiency to swim unassisted on front and back at least three body lengths using arms and legs, and to submerge face in water for at least three seconds. Class emphasizes increasing endurance and independent swimming skills. Skills include rotary breathing, entering deep water safely, treading water 15 seconds, and swimming front crawl and elementary backstroke 15 yards, and swimming back crawl five yards without assistance or support.

4AW	5--55 minute lessons--\$87				
4AAA	9--55 minute lessons--\$157				
4AY	7--55 minute lessons--\$122				
4AZ	8--55 minute lessons--\$139				
Location	Day	Time	Code	Begin	\$
CubRunREC	Su	8am	346.5855	6/22	4AY
Franconia Rec	Sa	12pm	346.KM8E	6/21	4AY
OakmontREC	T	8:05pm	346.MZCD	6/17	4AAA
OakmontREC	Su	8am	346.J030	6/22	4AY
ProvREC	W	7:45pm	346.08BC	6/18	4AZ
SpHillREC	Th	7:55pm	346.K2JZ	6/26	4AY
Wkfld/Moore	T/Th	7:30pm	346.W297	6/17	4AY
Wkfld/Moore	Su	5:05pm	346.IRF2	7/13	4AW

Swimming 4 - Teens & Adults

(13-Adult) Prerequisite: Swimming 3 or skill proficiency to safely enter deep water, rotary breathing, treading water 15 seconds, swimming front crawl and elementary backstroke 15 yards. Class emphasizes developing confidence, improving skill proficiency and increasing distance and endurance. Skills include diving from side in deep water, swimming under water, treading water 30 seconds; and swimming front crawl and elementary backstroke 25 yards; and back crawl and breaststroke 15 yards.

4AW	5--55 minute lessons--\$87				
4AAA	9--55 minute lessons--\$157				
4AY	7--55 minute lessons--\$122				
4AZ	8--55 minute lessons--\$139				
Location	Day	Time	Code	Begin	\$
CubRunREC	Su	8am	915.9XJC	6/22	4AY
OakmontREC	W	8pm	915.QFT2	6/18	4AAA
SpHillREC	W	8pm	915.PHBT	6/18	4AZ
Wkfld/Moore	Su	4:05pm	915.BMAC	7/13	4AW
Wkfld/Moore	T/Th	7:30pm	915.KBA1	7/15	4AZ

Swimming 5 - Teens & Adults

(13-Adult) Prerequisite: Swimming 4 or skill proficiency to enter deep water safely, tread water 30

seconds, and swim front crawl, elementary backstroke and back crawl at least 25 yards; and breaststroke 15 yards. Class emphasizes helping students to increase endurance and skill proficiency for treading water one minute; and swimming front crawl, back crawl, elementary backstroke and breaststroke 50 yards. Butterfly and open turns are introduced.

4AW	5--55 minute lessons--\$87				
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Su	5:05pm	7CA.VHW1	7/13	4AW

Advanced Swimming

Stroke Mechanics

(13-Adult) Prerequisite: Ability to tread water for one minute; continuously swim 50 yards. combined stroke using freestyle, backstroke and breaststroke. Student must have a competitive style swim suit (one piece) and goggles. Students with long hair may be required to use a swim cap. Class emphasizes improving swimming strokes and turn efficiency for fitness, competition, and/or triathlon competition. Participants improve breathing techniques and stroke mechanics for freestyle, backstroke, breaststroke, and turns. Butterfly is introduced.

4AHI	7--55 minute lessons--\$124				
4AHJ	8--55 minute lessons--\$142				
4AHP	5--55 minute lessons--\$88				
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	M/W	7:30pm	BEE.PIRL	6/16	4AHJ
Wkfld/Moore	Sa	12pm	BEE.D07N	6/21	4AHI
Wkfld/Moore	Su	12pm	BEE.5YMG	7/13	4AHP

Stroke Mechanics 1

(6-12 yrs.) Prerequisite: Swimming 6 skill level; ability to tread water for one minute; continuously swim 50 yards freestyle, backstroke and breaststroke, and 15 yards butterfly. Student must wear a one-piece competitive-style swim suit and goggles. Students with long hair may be required to wear a swim cap. Class emphasizes refining freestyle, backstroke and breaststroke skills. Swimming drills are introduced, and lane etiquette is practiced.

4AHC	7--45 minute lessons--\$117				
4AHD	8--45 minute lessons--\$136				
4AHE	9--45 minute lessons--\$153				
4AHN	10--45 minute lessons--\$172				
4AHQ	5--45 minute lessons--\$85				

Location	Day	Time	Code	Begin	\$
CubRunREC	M-F	9:20am	2C5.PCSX	6/16	4AHD
CubRunREC	Sa	9am	2C5.E262	6/21	4AHC
CubRunREC	Sa	11:20am	2C5.KM9F	6/21	4AHC
CubRunREC	Su	9am	2C5.T5RA	6/22	4AHC
CubRunREC	Su	11:20am	2C5.Y8FP	6/22	4AHC
CubRunREC	M-Th	9:20am	2C5.XXHG	6/30	4AHD
CubRunREC	M-Th	9:20am	2C5.WLR3	7/14	4AHD
CubRunREC	M-Th	9:20am	2C5.LWBW	7/28	4AHD
Franconia Rec	Sa	10am	2C5.TZ5F	6/21	4AHC
Franconia Rec	Su	9am	2C5.XN6M	7/13	4AHQ
OakmontREC	T	5:30pm	2C5.DPDC	6/17	4AHE
OakmontREC	Su	9am	2C5.JDAC	6/22	4AHC
OakmontREC	Th	5:30pm	2C5.BKK5	6/26	4AHD
ProvREC	Sa	9:10am	2C5.8FCA	6/21	4AHC
ProvREC	Su	9am	2C5.EC2S	6/22	4AHC
ProvREC	Th	6pm	2C5.KTWX	6/26	4AHC
SoRunREC	T/Th	8:15pm	2C5.IKTX	6/17	4AHC
SoRunREC	Su	11am	2C5.L7QD	6/22	4AHC
SoRunREC	T/Th	8:15pm	2C5.VUIJ	7/15	4AHN
SpHillREC	Su	6pm	2C5.NR55	6/16	4AHD
SpHillREC	Sa	9:10am	2C5.OPLW	6/21	4AHC
SpHillREC	Su	9:10am	2C5.0655	6/22	4AHC
Wkfld/Moore	Su	9am	2C5.27L4	7/13	4AHQ

Stroke Mechanics 2

(6-14 yrs.) Prerequisite: Must have completed Stroke Mechanics 1 and be able to tread water for one minute and to swim freestyle, breaststroke, backstroke, and butterfly using proper techniques and timing, continuously swim 100 yards freestyle and backstroke, 50 yards breaststroke, and 25 yards butterfly. Student must wear a one-piece, competitive style swimsuit and goggles. Students with long hair are required to wear a swim cap. Class emphasizes refining and improving freestyle, backstroke and breaststroke skills focusing on USA Swimming standards. Interval training, relays, starts, turns and finishes are introduced.

4AHI	7--55 minute lessons--\$124
4AHJ	8--55 minute lessons--\$142
4AHK	9--55 minute lessons--\$159
4AHP	5--55 minute lessons--\$88

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	9:50am	6D4.YGD9	6/21	4AHI
CubRunREC	Su	9:50am	6D4.4LR6	6/22	4AHI
Franconia Rec	Sa	9am	6D4.7BYX	6/21	4AHI
Franconia Rec	Su	9:50am	6D4.SCA7	7/13	4AHP
OakmontREC	W	5:30pm	6D4.XV6R	6/18	4AHK
OakmontREC	Sa	11am	6D4.IEIM	6/21	4AHI
OakmontREC	Su	9:50am	6D4.NE7O	6/22	4AHI
ProvREC	W	6pm	6D4.QQ4J	6/18	4AHJ
ProvREC	Sa	10am	6D4.KKGJ	6/21	4AHI
ProvREC	Su	9:50am	6D4.FZLE	6/22	4AHI
ProvREC	Th	6:50pm	6D4.JB99	6/26	4AHI
SoRunREC	Su	10:45am	6D4.22JO	6/22	4AHI
SpHillREC	M	6:50pm	6D4.YH6A	6/16	4AHJ
SpHillREC	T	7pm	6D4.IUEG	6/17	4AHJ
SpHillREC	Sa	10am	6D4.OCSW	6/21	4AHI
SpHillREC	Su	10am	6D4.U08B	6/22	4AHI
Wkfld/Moore	Su	9:50am	6D4.MC8P	7/13	4AHP

Stroke Mechanics 3

(9-15 yrs.) Prerequisite: Experienced swimmers who have completed Stroke Mechanics 2, can tread water for one minute and swim continuously at least 150 yards freestyle, 100 yards backstroke, 50 yards breaststroke, and 25 yards butterfly. Students must wear a one-piece, competitive style swimsuit and goggles. Students with long hair are required to wear a swim cap. Class emphasizes increasing swimming endurance and distances through interval training and pace clock use and further refines swim strokes, starts and turns. Individual Medley (IM) is introduced and practiced.

4AHI	7--55 minute lessons--\$124
4AHJ	8--55 minute lessons--\$142
4AHK	9--55 minute lessons--\$159

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	10:50am	E57.UG89	6/21	4AHI
CubRunREC	Su	10:50am	E57.2MJ5	6/22	4AHI
OakmontREC	T	6:20pm	E57.6NN2	6/17	4AHK
OakmontREC	Su	10:50am	E57.5HCT	6/22	4AHI
OakmontREC	Th	6:20pm	E57.A1ZE	6/26	4AHJ
ProvREC	W	7pm	E57.7TUJ	6/18	4AHJ
ProvREC	Sa	11am	E57.H7VN	6/21	4AHI
ProvREC	Su	10:50am	E57.4D80	6/22	4AHI
ProvREC	Th	7:50pm	E57.DVBJ	6/26	4AHI
SpHillREC	M	6:50pm	E57.KNW1	6/16	4AHJ
SpHillREC	T	7pm	E57.ZNM6	6/17	4AHJ
SpHillREC	W	6pm	E57.ABMX	6/18	4AHJ
SpHillREC	Sa	11am	E57.DJEC	6/21	4AHI
SpHillREC	Su	11am	E57.UXXW	6/22	4AHI

Stroke Mechanics 4

(11-18 yrs.) Prerequisite: Must have a high endurance level to swim an intense workout each class and be

able to tread water for one minute, swim continuously 200 yards each freestyle and backstroke, 100 yards breaststroke, 50 yards butterfly, and 100 yards IM. Students must wear a one-piece, competitive-style swim suit and goggles. Students with long hair must wear a swim cap. Class emphasizes high-intensity interval workout and refines freestyle, backstroke, breaststroke, butterfly, starts, turns and finishes.

4AHI	7--55 minute lessons--\$124
4AHJ	8--55 minute lessons--\$142
4AHK	9--55 minute lessons--\$159
4AHP	5--55 minute lessons--\$88

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	11:50am	2F3.PNKH	6/21	4AHI
CubRunREC	Su	11:50am	2F3.6GHL	6/22	4AHI
OakmontREC	W	6:30pm	2F3.CQPF	6/18	4AHK
OakmontREC	Su	11:50am	2F3.DPZX	6/22	4AHI
ProvREC	Sa	12pm	2F3.D3C3	6/21	4AHI
ProvREC	Su	11:50am	2F3.6NZE	6/22	4AHI
SpHillREC	T	6pm	2F3.DL6E	6/17	4AHJ
SpHillREC	W	7pm	2F3.8PC6	6/18	4AHJ
SpHillREC	Sa	12pm	2F3.A4W2	6/21	4AHI
SpHillREC	Su	12pm	2F3.NY1X	6/22	4AHI
Wkfld/Moore	Su	11am	2F3.IR50	7/13	4AHP

Lap Swim

(13-Adult) This class focuses on increasing your physical endurance and swim distance. Workouts are designed to meet class abilities and to improve overall physical fitness through lap swimming. Students are also taught to design a personal workout and to use the pace clock.

4AAA	9--55 minute lessons--\$157
4AW	5--55 minute lessons--\$87
4AY	7--55 minute lessons--\$122
4AZ	8--55 minute lessons--\$139

Location	Day	Time	Code	Begin	\$
CubRunREC	T	8pm	41A.EU3D	6/17	4AZ
CubRunREC	Su	8am	41A.M8Z8	6/22	4AY
CubRunREC	Th	8pm	41A.U3MM	6/26	4AY
GWREC	Th	8pm	41A.JHGJ	7/10	4AW
OakmontREC	T	7:20pm	41A.RNNB	6/17	4AAA
OakmontREC	Sa	8am	41A.1QMV	6/21	4AY
OakmontREC	Su	8am	41A.P3RV	6/22	4AY
ProvREC	F	7:20pm	41A.VM6U	6/20	4AY
SpHillREC	W	8pm	41A.DDW9	6/18	4AZ
Wkfld/Moore	M/W	6:30pm	41A.OD21	6/16	4AZ
Wkfld/Moore	Sa	10am	41A.DWDS	6/21	4AY

Lap Swim Lite

(13-Adult) Prerequisite: Ability to swim at least 25 yards on front and back. This is the perfect class for people who want to start swimming laps or for those who have not been a lap swimmer for an extended time. Learn techniques needed to swim laps, improve swimming skills and proficiency, increase your confidence, endurance and distance swimming.

4AX	6--55 minute lessons--\$105
4AZ	8--55 minute lessons--\$139

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	M/W	5:30pm	C96.IZV4	6/16	4AZ
Wkfld/Moore	Sa	11am	C96.B2LL	6/21	4AX



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Competitive Pay



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www.fairfaxcounty.gov/parks/reccenter/aquatic-certification



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Aquatics

Advanced Lap Swim

(13-Adult) The ultimate swimming workout that helps refine strokes to increase efficiency, endurance and swim distance. Students are taught how to adjust their personal workout to keep interest and gradually increase their workout to make it more challenging.

4AAA		9--55 minute lessons--\$157			
4AY		7--55 minute lessons--\$122			
Location	Day	Time	Code	Begin	\$
OakmontREC	M	8pm	85E.GDDF	6/16	4AAA
OakmontREC	Sa	8am	85E.17NK	6/21	4AY
OakmontREC	Su	9am	85E.84JO	6/22	4AY
Wkfld/Moore	Sa	9am	85E.U03Q	6/21	4AY

Swim Clinics

Butterfly & Breaststroke Clinic 1

(6-14 yrs.) Prerequisite: Ability to demonstrate arm and leg actions for both breaststroke and butterfly for six yards. Class emphasizes developing arm and leg actions for these strokes while coordinating timing and breathing. Starts and turns are introduced.

4AM		5--45 minute lessons--\$83			
4AO		7--45 minute lessons--\$115			
4AP		8--45 minute lessons--\$134			
Location	Day	Time	Code	Begin	\$
CubRunREC	W	7pm	8DD.ZEJK	6/18	4AM
OakmontREC	Su	11:50am	DD.E2BF	6/22	4AO
SpHillREC	W	5:10pm	8DD.CMGZ	6/18	4AP

Butterfly & Breaststroke Clinic

(7-18 yrs.) Prerequisite: Ability to swim 15 yards of butterfly and breaststroke with breathing technique. Clinic emphasizes refining butterfly and breaststroke to increase efficiency and swimming distances. Starts and turns for these strokes are reviewed.

4AAA		9--55 minute lessons--\$157			
4AY		7--55 minute lessons--\$122			
4AZ		8--55 minute lessons--\$139			
Location	Day	Time	Code	Begin	\$
OakmontREC	W	7:30pm	2D5.0T56	6/18	4AAA
OakmontREC	Su	8am	2D5.KUYA	6/22	4AY
SpHillREC	W	4:50pm	2D5.66QN	6/18	4AZ

Freestyle & Backstroke Clinic 1

(6-14 yrs.) Prerequisite: Ability to swim freestyle and backstroke 15 yards using arm and leg action. Class emphasizes developing backstroke elements using arm and leg actions while implementing breathing techniques. Starts and turns are introduced.

4AM		5--45 minute lessons--\$83			
4AO		7--45 minute lessons--\$115			
4AP		8--45 minute lessons--\$134			
Location	Day	Time	Code	Begin	\$
CubRunREC	W	6pm	9D9.G3ML	6/18	4AM
OakmontREC	Su	11am	9D9.U56V	6/22	4AO
SpHillREC	W	3:45pm	9D9.0WWB	6/18	4AP

Freestyle & Backstroke Clinic 2

(7-18 yrs.) Prerequisite: Ability to swim 25 yds. freestyle with side breathing and backstroke. Clinic emphasizes refining freestyle and backstrokes using drills to increase stroke proficiency. Starts and turns for these strokes are also reviewed.

4AAA		9--55 minute lessons--\$157			
4AY		7--55 minute lessons--\$122			
4AZ		8--55 minute lessons--\$139			
Location	Day	Time	Code	Begin	\$
OakmontREC	W	7:20pm	40A.B1AQ	6/18	4AAA
OakmontREC	Sa	10am	40A.TVVV	6/21	4AY
SpHillREC	W	3:50pm	40A.63SS	6/18	4AZ

Swim Team Prep

(6-12 yrs.) Get the competitive edge and prepare for swim team season with this swimming skill tune up. This class helps swimmers who have swim-team experience and want to get their competitive skills and swimming strokes ready for the next swim team season.

4AY		7--55 minute lessons--\$122			
4AZ		8--55 minute lessons--\$139			
Location	Day	Time	Code	Begin	\$
OakmontREC	M-Th	10:30am	E8D.0G71	6/16	4AY
OakmontREC	Su	10am	E8D.ID30	6/22	4AY
OakmontREC	Th	7:20pm	E8D.SPH7	6/26	4AZ

Aquatic Fitness

Options for aquatic exercisers: Drop-In (or pay as you go)

- Best for the customer with a busy schedule or who wishes to try a new program.
- Daily drop-in rate to attend aquatic exercise classes, space permitting.

Aqua Exercise Flex Pass

- Allows entry into any Park Authority water exercise class, space permitting.
- Valid for four months from date of purchase, Aqua Exercise Flex Passes are sold at all Rec Centers and at www.fairfaxcounty.gov/parks/passesonline.htm in increments of 10, 20 or 30 visits.
- Pricing based on the per-class fee for coded classes. Senior pass rates are available. Early registration discounts and scholarships are not available for the Aqua Exercise Flex Pass.

Register for coded class listed in Parktakes

Registration guarantees a space in the class. Your class registration entitles you to only the class you registered for. Missed classes cannot be made up.

Aerobic Water Exercise

(13-Adult) This shallow-water class provides cardiovascular workout and increases muscle tone, strength and endurance.

4AB9		7--55 minute lessons--\$104			
4ABI		25--55 minute lessons--\$370			
4ABV		18--55 minute lessons--\$266			
4ABD		14--55 minute lessons--\$208			
4ABH		26--55 minute lessons--\$384			
4ABQ		23--55 minute lessons--\$340			
4ABU		9--55 minute lessons--\$133			
4ABW		17--55 minute lessons--\$251			
4ABZ		8--55 minute lessons--\$117			

Location	Day	Time	Code	Begin	\$
GWREC	M/W/F	8:30am	3AD.172N	6/16	4ABQ
GWREC	T/Th	5:05pm	3AD.RUH4	6/17	4ABD
OakmontREC	T	10am	3AD.QSWR	6/17	4ABU
OakmontREC	W	9am	3AD.SEL4	6/18	4ABU
OakmontREC	F	9am	3AD.98ZD	6/20	4ABZ
OakmontREC	Su	4pm	3AD.9ATU	6/22	4ABZ
OakmontREC	Th	10am	3AD.0R9M	6/26	4ABZ
ProvREC	M/W/F	7:30am	3AD.JXSJ	6/16	4ABH
ProvREC	M/W/F	10:30am	3AD.GDMS	6/16	4ABH
ProvREC	T/Th	8:30am	3AD.3BFC	6/17	4ABW
ProvREC	T/Th	9:30am	3AD.L83P	6/17	4ABW
ProvREC	Su	9am	3AD.CE15	6/22	4AB9
SoRunREC	M/W/F	9am	3AD.3GJC	6/16	4ABH
SoRunREC	T/Th	9am	3AD.GI3M	6/17	4ABW
SpHillREC	M/W/F	8:30am	3AD.B16F	6/16	4ABH
Wkfld/Moore	M/W	9am	3AD.S2MV	6/16	4ABV
Wkfld/Moore	T/Th	9AM	3AD.SB9N	6/17	4ABW
Wkfld/Moore	F	9AM	3AD.PXIU	6/20	4ABZ

Advanced Water Aerobics

(13-Adult) This high-energy, cardio-intensive class uses water resistance to give you maximum fitness benefits. This program is for the experienced water aerobics student who wants a more intense workout and for anyone who wants to cross-train or enhance overall fitness.

4ABH		26--55 minute lessons--\$384			
4ABU		9--55 minute lessons--\$133			
4ABV		18--55 minute lessons--\$266			
4ABZ		8--55 minute lessons--\$117			
Location	Day	Time	Code	Begin	\$
Franconia Rec	M/W	8am	40C.Y2EP	6/16	4ABV
Franconia Rec	F	9:10am	40C.3BZQ	6/20	4ABU
OakmontREC	W	8am	40C.35X1	6/18	4ABU
OakmontREC	F	8am	40C.ETSJ	6/20	4ABZ
SpHillREC	M/W/F	7:30am	40C.30I7	6/16	4ABH
SpHillREC	T	10:10am	40C.57JZ	6/17	4ABU

Aqua Fiesta

(13-Adult) Get all the benefits of a high energy aerobic workout with a combination of rumba, samba, merengue and salsa! Burn calories, tone your whole body and have a blast. Unete a la Fiesta! Diviértete y ponte en forma bailando en el agua con una combinación de samba, merengue y salsa que te encantará. Quema calorías, entona todo tu cuerpo y disfruta mientras ejercitas tu cuerpo al máximo.

4ABZ		8--55 minute lessons--\$117			
Location	Day	Time	Code	Begin	\$
Franconia Rec	Th	9:10am	XJN.CPRA	6/26	4ABZ

Aqua Get Fit

(13-Adult) This class focuses on building strength, balance, and endurance using the water's buoyancy and support. Designed for those new to water exercise or those looking for a new fitness opportunity, this fun-filled class focuses on using aqua fitness to progress individual health goals.

4ABW		17--55 minute lessons--\$251			
4ABZ		8--55 minute lessons--\$117			
Location	Day	Time	Code	Begin	\$
Franconia Rec	T/Th	7:35pm	2A9.AW1Q	6/17	4ABW

Arthritis Water Exercise

(13-Adult) Shallow-water exercises using water's buoyancy and resistance helps improve your overall range of motion, joint mobility and muscle strength. While this class is designed for students with arthritis, it is open to those who have other physical limitations.

4ABD		14--55 minute lessons--\$208			
4ABH		26--55 minute lessons--\$384			
4ABI		25--55 minute lessons--\$370			
4ABU		9--55 minute lessons--\$133			
4ABV		18--55 minute lessons--\$266			
4ABW		17--55 minute lessons--\$251			
4ABZ		8--55 minute lessons--\$117			
Location	Day	Time	Code	Begin	\$
CubRunREC	T/Th	9am	9E8.5ENV	6/17	4ABV
Franconia Rec	M/W	9:10am	9E8.HPDE	6/16	4ABV
GWREC	T/Th	9am	9E8.QFRK	6/17	4ABD
GWREC	T/Th	10am	9E8.91P7	6/17	4ABD
OakmontREC	T	11am	9E8.7CC8	6/17	4ABU
OakmontREC	Th	11am	9E8.86TT	6/26	4ABZ
ProvREC	M/W/F	11:30am	9E8.ZWDQ	6/16	4ABH
ProvREC	T/Th	11:30am	9E8.ACMO	6/17	4ABW
SoRunREC	M/W/F	10am	9E8.LKAB	6/16	4ABH
SoRunREC	M/W/F	11am	9E8.EZ3J	6/16	4ABH
SoRunREC	T/Th	10am	9E8.JP6R	6/17	4ABW
SoRunREC	T/Th	11am	9E8.HCCM	6/17	4ABW

Deep Water Exercise

(13-Adult) Prerequisite: Students must be able to swim 25 yards continuously. Take the plunge for a no-impact workout. You use a variety of deep water exercises and running techniques to get the maximum benefit from water's natural resistance.

4ABH	26--55 minute lessons--\$384
4ABQ	23--55 minute lessons--\$340
4ABU	9--55 minute lessons--\$133
4ABV	18--55 minute lessons--\$266
4ABW	17--55 minute lessons--\$251
4ABZ	8--55 minute lessons--\$117
4AGE	6--55 minute lessons--\$100

Location	Day	Time	Code	Begin	\$
CubRunREC	T/Th	10am	B8B.NQ5B	6/17	4ABV
GWREC	M/W/F	7:30am	B8B.YIUI	6/16	4ABQ
GWREC	M/W/F	9:30am	B8B.TCIH	6/16	4ABQ
GWREC	Su	1pm	B8B.3UW3	6/22	4AGE
OakmontREC	M/W/F	9:10am	B8B.4OWO	6/16	4ABH
OakmontREC	T/Th	9am	B8B.PXTW	6/17	4ABW
OakmontREC	Su	5pm	B8B.WOJI	6/22	4ABZ
ProvREC	M/W/F	8:30am	B8B.FOCK	6/16	4ABH
ProvREC	T/Th	5:50pm	B8B.GOOH	6/17	4ABW
ProvREC	T/Th	6:50pm	B8B.4RMT	6/17	4ABW
SoRunREC	M/W/F	8am	B8B.NM9I	6/16	4ABH
SoRunREC	T/Th	8am	B8B.TAVJ	6/17	4ABW
SphillREC	M/W/F	10am	B8B.VJHM	6/16	4ABH
SphillREC	T	9am	B8B.6KEF	6/17	4ABU
Wkfld/Moore	M/W	11am	B8B.LNTO	6/16	4ABV
Wkfld/Moore	T	8am	B8B.N57B	6/17	4ABZ

ABCs of Deep Water Training

(13-Adult) Deep water Aquatic Boot Camp (ABC) is a fast-paced, deep-water workout that targets cardio and core. Build strength, agility and balance while maximizing deep-water resistance by using aqua equipment. This high-intensity class uses a variety of equipment to target all muscle groups and combines short bursts using different movements as well as longer durations to build endurance. Prerequisite: can swim 25 yards continuously and confidently without stopping and can tread water for one minute without flotation assistance.

4ABH	26--55 minute lessons--\$384
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Location	Day	Time	Code	Begin	\$
OakmontREC	M/W/F	10:10am	4A8.6YGC	6/16	4ABH

Advanced Deep Water Exercise

(13-Adult) Prerequisite: Students must be able to swim 25 yards continuously. An excellent full-body workout that is more intense than the Deep Water Exercise class. This class is for the experienced deep water exerciser looking for a more challenging workout.

4AB0	5--55 minute lessons--\$73
4AB9	7--55 minute lessons--\$104
4ABH	26--55 minute lessons--\$384
4ABW	17--55 minute lessons--\$251
4ABZ	8--55 minute lessons--\$117

Location	Day	Time	Code	Begin	\$
Franconia Rec	T/Th	8am	B79.NP33	6/17	4ABW
Franconia Rec	F	8am	B79.GVD2	6/20	4ABZ
Franconia Rec	Sa	10am	B79.W6SB	6/21	4AB9
Franconia Rec	Su	4:10pm	B79.LQDS	7/13	4AB0
OakmontREC	M/W/F	8:10am	B79.FNHQ	6/16	4ABH
ProvREC	M/W/F	9:30am	B79.5V86	6/16	4ABH

Power Finning

(13-Adult) Prerequisite: Students must be able to swim 25 yds. continuously. Treat yourself to this

unique workout designed to enhance cardiovascular fitness while strengthening and toning muscles. Students need to provide their own fins for a challenging workout utilizing fins, kickboards and float belts. Class is held in the deep end of the pool.

4AB9	7--55 minute lessons--\$104
4ABU	9--55 minute lessons--\$133
4AGE	6--55 minute lessons--\$100

Location	Day	Time	Code	Begin	\$
Franconia Rec	M	7:40pm	83P.KME5	6/16	4ABU
Franconia Rec	Sa	9am	83P.SVZU	6/21	4AB9
GWREC	Th	10am	83P.4Z7I	6/26	4AGE

S'WET Deep

(13-Adult) S'WET Deep is an innovative aquatic training program that focuses on suspended work, reducing joint impact and optimizing muscle contractions through structured deep-water exercise and movements. This class is taught in deep water and participants must be able to swim 25 yards continuously.

4ABU	9--55 minute lessons--\$133
4ABW	17--55 minute lessons--\$251

Location	Day	Time	Code	Begin	\$
Franconia Rec	W	7:40pm	32R.4UDQ	6/18	4ABU
Wkfld/Moore	T/Th	10:05am	32R.EKTZ	6/17	4ABW

S'WET Shallow

(13-Adult) S'WET shallow water combines muscle, strength, and high intensity interval training with advanced cardio, plyometrics, unique equipment from around the world, and a splash of fun. S'WET offers an intense, athletic boot camp that is modifiable for all levels of experience and ability.

4AB0	5--55 minute lessons--\$73
4ABU	9--55 minute lessons--\$133
4ABV	18--55 minute lessons--\$266
4ABZ	8--55 minute lessons--\$117

Location	Day	Time	Code	Begin	\$
Franconia Rec	M/W	6:35am	NC7.IF6P	6/16	4ABV
Franconia Rec	T	9:10am	NC7.6EGF	6/17	4ABU
Franconia Rec	F	6:35am	NC7.C19N	6/20	4ABZ
Franconia Rec	Su	3pm	NC7.N4PN	7/13	4AB0

Water Walking

(13-Adult) This class is designed to improve muscle tone and aerobic fitness. Ideal for those who want the effects of walking without adding stress to muscles and joints. Instructors guide participants in different types of walking in water to benefit all parts of the body.

4ABV	18--55 minute lessons--\$266
4ABW	17--55 minute lessons--\$251
4ABZ	8--55 minute lessons--\$117

Location	Day	Time	Code	Begin	\$
Franconia Rec	F	10:15am	7B5.DAX6	6/20	4ABZ
ProvREC	T/Th	10:30am	7B5.WJR1	6/17	4ABW
Wkfld/Moore	M/W	10am	7B5.IU0J	6/16	4ABV
Wkfld/Moore	T/Th	11:05am	7B5.4QKV	6/17	4ABW
Wkfld/Moore	F	11:05am	7B5.P39K	6/20	4ABZ



Park Authority web portal for programs and activities for active older adults.

Visit www.fairfaxcounty.gov/parks/fifty-plus

Specialty Classes

Springboard Diving-Beginning

(6-Adult) Prerequisite: Must be able to swim at least 25 yards. Class emphasizes an introduction to the four main dive components: approach, takeoff, flight and entry. Students are also introduced to forward and back dives.

4AW	5--55 minute lessons--\$87
4AY	7--55 minute lessons--\$122

Location	Day	Time	Code	Begin	\$
OakmontREC	Su	9am	5B5.NMGO	6/22	4AY
OakmontREC	Su	11am	5B5.TJUR	6/22	4AY
ProvREC	Sa	1:05pm	5B5.FAQ6	6/21	4AY
Wkfld/Moore	F	5:30pm	5B5.43A6	6/20	4AY
Wkfld/Moore	Sa	1pm	5B5.SWPA	6/21	4AY
Wkfld/Moore	Su	10am	5B5.CFMP	7/13	4AW
Wkfld/Moore	Sa	5pm	5B5.TNNW	6/21	4AY

Springboard Diving-Intermediate

(6-Adult) Prerequisite: Must be able to swim at least 25 yards and have completed, or have skill level for Springboard Diving-Beginner. Class emphasizes developing the four main dive components: approach, takeoff, flight and entry and the four basic diving positions: layout, pike, tuck and free.

4AW	5--55 minute lessons--\$87
4AY	7--55 minute lessons--\$122

Location	Day	Time	Code	Begin	\$
OakmontREC	Su	10am	8A5.HMNB	6/22	4AY
OakmontREC	Su	12pm	8A5.WSW2	6/22	4AY
ProvREC	Sa	2:05pm	8A5.7WZL	6/21	4AY
Wkfld/Moore	F	6:30pm	8A5.4MU4	6/20	4AY
Wkfld/Moore	Sa	2pm	8A5.KRNQ	6/21	4AY
Wkfld/Moore	Su	9am	8A5.JOHQ	7/13	4AW
Wkfld/Moore	Sa	4pm	8A5.YX8	6/21	4AY

Springboard Diving-Advanced

(6-Adult) Prerequisite: Must be able to swim at least 25 yards, and have completed or have skill level for Springboard Diving-Intermediate. Class emphasizes refining and improving the four main dive components: approach, takeoff, flight and entry, and the four basic dive positions: layout, pike, tuck and free. More advanced dives and flips are also introduced.

4AW	5--55 minute lessons--\$87
4AX	6--55 minute lessons--\$105
4AY	7--55 minute lessons--\$122

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	F	7:30pm	535.0UH9	6/20	4AX
Wkfld/Moore	Sa	3:30pm	535.E9G0	6/21	4AY
Wkfld/Moore	Su	11am	535.SMFX	7/13	4AW

Summer Swim League

(6-14 yrs.) Join a team at your Rec Center. On our developmental swim team, swimmers will be able to practice and improve the four competitive strokes and enjoy some friendly competition. All swimmers must be able to swim 25 yards on front and back in deep water (up to 14 feet deep), continuously without stopping. Participants will enjoy the challenge of racing and participating in social events with teammates. Registration fee includes: 23 practices, five Friday evening swim meets, team swim cap and t-shirt, and an end of season party.

4ASU	17--55 minute lessons--\$302
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Location	Day	Time	Code	Begin	\$
Wkfld/Moore	M/T/Th	6:30pm	DBE.2H61	6/16	4ASU
Wkfld/Moore	M/T/Th	7:30pm	DBE.V52M	6/16	4ASU

Attractions

Scan the QR code to go directly to the Parktakes Online Attractions page.



Clemyjontri Park



6317 Georgetown Pike, McLean
703-388-2807

www.fairfaxcounty.gov/parks/clemyjontri

- Fully accessible play-ground
- Two-acres
- Track rides
- Balance beams
- Swings
- Maze
- Carousel recessed to ground level
- Picnic pavilion with tables that accommodate wheelchairs
- Trackless train for children and adults

Hours

The park is open year-round from 7 a.m. to dusk. The carousel operates daily Memorial Day – Labor Day, 9:30 a.m.-1 p.m. Mon.- Fri.; 9:30 a.m.-6 p.m. weekends. Open weekends only in September and October, 9:30 a.m.-6 p.m.

The picnic pavilion may be reserved for a fee; additional picnic tables are available on a first-come, first-served basis.



Park Trails

If you live in Fairfax County, there's a good chance there's a nature trail close to your backyard. Let the Park Authority's Trail Buddy mapping tool be your guide. Visit www.fairfaxcounty.gov/parks/trails.

The Cross County Trail

Extending from Lorton in the south to Great Falls in the north, the 40-mile Gerry Connolly Cross County Trail runs through the heart of Fairfax County. The trail offers recreation, exercise, opportunities for contact with nature and history, and the "green" option of walking or biking instead of driving to work, to shopping centers or to Metro stations.

For GCCCT maps, visit www.fairfaxcounty.gov/parks/trails/cross-county-trail.

Birthday Party Packages

What better place to celebrate than in your favorite park? With an array of birthday party options and star attractions, there's a party style to suit every child. For party particulars, check the listings at www.fairfaxcounty.gov/parks/parties or call the sites directly.

Audrey Moore Rec Center	703-321-7081
Burke Lake Park	703-323-6600
Cub Run Rec Center	703-817-9407
Ellanor C Lawrence Park	703-631-0013
Franconia Rec Center	703-922-9841
Frying Pan Park	703-437-9101
George Washington Rec Center	703-780-8894
Hidden Oaks Nature Center	703-941-1065
Hidden Pond Nature Center	703-451-9588
Huntley Meadows Park	703-768-2525
Jefferson District Park and Golf Course	703-573-0443
Lake Accotink Park	703-569-0285
Lake Fairfax Park	703-471-5414
Mount Vernon Rec Center	703-768-3224
Oakmont Rec Center	703-281-6501
Pinecrest Golf Course	703-941-1061
Providence Rec Center	703-698-1351
Riverbend Nature Center	703-759-9018
South Run Rec Center	703-866-0566
Spring Hill Rec Center	703-827-0989



For additional mini-golf park attractions, fees and hours of operation, visit www.fairfaxcounty.gov/parks/minigolf.

Burke Lake Park

7315 Ox Road, Fairfax Station • 703-323-6600

Oakmont Rec Center

3200 Jermentown Road, Oakton • 703-281-6501

Jefferson Falls in Jefferson District Park

7900 Lee Highway, Falls Church • 703-573-0444

Lucky Duck in Lake Accotink Park

It is right by the carousel for added fun!
7500 Accotink Park Road, Springfield
703-569-0285



Bike Rentals offered at Accotink Marina

Bike the trails at Lake Accotink Park — even if you didn't bring a bike! Through a partnership with Trails for Youth, Lake Accotink Park rents out bikes for older kids and adults. Each bike rents for \$10 per hour. Fee drops to \$5 per hour for each additional bike rented during the same time period. Helmets provided. Photo ID required for rental. For hours of operation, call 703-569-3464.



More Family Fun

The Park Authority offers attractions for every age, including carousels, wagon and miniature train rides, an ice cream parlor and boating opportunities. For pricing, hours of operation and other details, call the parks listed below.

Burke Lake 703-323-6600	Boat rentals, carousel, mini golf, miniature train rides, ice cream parlor
Frying Pan Farm Park 703-437-9101	Farm animals, carousel, wagon rides, Country Store
Lake Accotink 703-569-3464	Boat and kayak rentals, carousel, mini golf, bike rentals, free fishing pole rentals
Lake Fairfax 703-471-5414	Boat and kayak rentals, free fishing pole rentals
Riverbend 703-759-9018	Boat and kayak rentals, free fishing pole rentals

Our Special Sprayground at Franconia Park



Our Special Harbor spray ground at Franconia Park in Franconia is a fully accessible complex featuring:

- Chesapeake Bay-themed attractions including a spraying osprey nest, Chessie the sea serpent, misting sunflowers and a lighthouse.
- Beach area with softer bubblers and interactive water tables.
- Computerized water maze and dumping crab basket.
- Fully accessible tree house that overlooks the family recreation area featuring the Tiki Village playground for ages 5-12 and the Nautical Cove for ages 2-5.

Our special Harbor opens Memorial Day Weekend and closes Labor Day. General admission is free. Group admission is \$5 per person in-county, \$10 out-of-county for both children and adults, including chaperones. For more information, call 703-922-9841.

Cub Run for Water Fun Year Round



Slides, a "river" current and other fun features turn the indoor leisure pool at Cub Run Rec Center into a water playground. Here the temperature is tropical for 12 months of the year, and parents never have to worry about kids getting sunburned! Rec Center admission includes the leisure pool.

For more information and hours, visit www.fairfaxcounty.gov/parks/reccenter/cub-run/leisure-pool or call 703-817-9407.

Come to the Parks for Picnics



Chances are there's a picnic-perfect park in your neighborhood. Sites offer exciting features for your next outdoor event. Attractions may include pedal boats, a carousel, an ice cream parlor, miniature golf, tennis, basketball, athletic fields, train rides, volleyball and nature trails. For information about our reservable areas, fees, amenities, availability and booking, visit www.fairfaxcounty.gov/picnics.



For help planning your event, email FCPApicnics@fairfaxcounty.gov or call 703-324-8732.

The Water Mine at Lake Fairfax Park



1400 Lake Fairfax Drive, Reston • 703-471-5415
www.fairfaxcounty.gov/parks/watermine

Follow in the footsteps of Miner Pete for a day of family fun that's cool and wet! The Water Mine captures the excitement of the Old West's Gold Rush with attractions and thrills for the whole family. Features include:

- Three-3-story water slides
- Interactive water playground
- Big Pete and Little Pete water slides
- Activity pool with floatable rafts
- Sprypad for tots
- Tubing on the Rattlesnake River.
- Concessions available, picnics allowed.
- No glass, alcohol or personal grills allowed.

Located in Lake Fairfax Park in Reston, the Water Mine is open through Labor Day. For admission rates and hours of operation, visit the website or call the park. Group rates available.



Celebrate your Birthday in the Parks!

Swing into Fun with Mini Golf
Burke Lake • Jefferson • Lake Accotink • Oakmont

Splash Around Year Round
Your Local Rec Center Pools & Party Rooms

Ride a Carousel or Train
Burke Lake • Clemjontri • Lake Accotink
Lake Fairfax • Frying Pan Farm Park

Bounce Around a Soft Playroom
Franconia Rec Center

For information, call the individual sites.
Attractions vary by site.



Unlock the Past with Discovery Baskets at Colvin Run Mill!



Available Thursday-Sunday
11 a.m. - 4 p.m.

Borrow one of these self-guided, kid-friendly baskets packed with hands-on fun! Baskets change with the seasons and might include:

Books • Puzzles • Sensory Toys

To reserve your Discovery Basket adventure in advance, call 703-759-2771 or check availability when you visit the general store.

Adults are needed to check out a basket.
Baskets may be unavailable during special events.



FAPA CAMP GUIDE

EXTENDED CARE INFORMATION

8-9 a.m. \$40/week

4-5 p.m. \$40/week

Dates & locations vary, visit www.fairfaxcounty.gov/parks/camps for up-to-date details!

Extended care provides one hour of additional care in the morning and/or afternoon for campers at their specific camp location. **Only campers who are already enrolled in full-day camps can attend extended care.** Camps ending before 4 p.m. are not eligible for extended care. Campers choose from supervised activities including board games, drawing, coloring and movies. Registration for extended care is weekly, **be sure to register for 2 weeks if your child is in a 2 week camp.**

Advance registration is required as space is limited. Register online at www.fairfaxcounty.gov/parks/camps or by phone 703-222-4664

Refunds/Transfers: Extended Care refunds are given in full if requested prior to the camp week. No refunds are given once the week begins.

Late Fee: \$1 will be charged for each minute after 5 p.m. parents are late picking up their camper.

REFUNDS/TRANSFERS FOR CAMPS AND WORKSHOPS

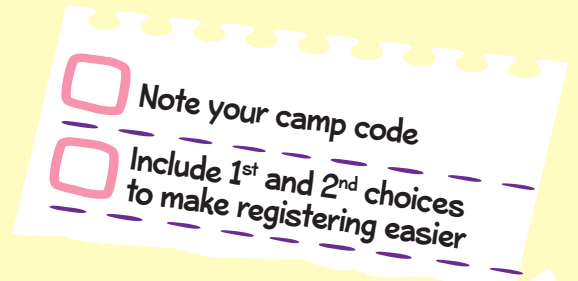
- Camp cancellations may be done online through your house account. All cancellations/transfers/refunds/credits require 14 days advance notice of the camp you are cancelling. There is a \$25 cancellation fee applied to all refunds.
- If you cancel your camp within 13 days of the start of camp, you will NOT receive money back, but the system will allow you to drop out.
- Transfers may not be done online. If you wish to transfer from one camp to another, you can avoid the cancellation fee by contacting the registration desk (703-222-4664) to process the change. Transfers require 14 days advance notice to transfer from one camp to another. Transfers cannot be done within 13 days of the start of a camp.
- You can request a refund or transfer 14 days in advance by emailing us at camps@fairfaxcounty.gov.
- There are no refunds or credits for missed days due to work or vacation schedules, sick days or other non-emergency reasons.
- Within 14 days of the start of a camp session, refunds are only approved for medical emergencies with a doctor's note if it is received at camps@fairfaxcounty.gov before the camp ends. Requests received after the camp session ends will not be granted.

Did You Know

- Camp Forms are required for each camper to ensure their safety. This includes information on health, emergency contacts, medications, accommodations, and waivers (when needed). Visit www.fairfaxcounty.gov/parks/camps for more information.
- Some camps are licensed by the Va. Dept. of Social Services that require additional paperwork such as immunization record and proof of child's identity. Visit www.fairfaxcounty.gov/parks/camps for more information.
- There is an additional \$15 fee for Non-Fairfax County residents, per camp.
- Camp length and times vary. Check the number of days and hours for each camp.
- Some outdoor camps may be cancelled on rainy days or when substantial rain is expected. On code red days, campers will engage in outdoor activities during the day while taking in plenty of water and several shade breaks. Many of our camps are held outdoors. Please check with the site for more information.
- You will receive an email a few days before the start of camp with more camp-specific information. Half-day campers should bring a snack and drink. Full-day campers should bring a snack, drink and lunch. If your child's camp includes swim time, also bring a swimsuit and towel daily. ALL campers should wear weather-appropriate, comfortable play clothes and have sunscreen applied before leaving home.
- Host-a-Coach Program: we are always looking for families who would like to host an international soccer coach for a week during the summer. In turn for hosting, families earn a free week of camp. For application and details, visit www.fairfaxcounty.gov/parks/camps.
- It is important to register early! Camps that do not meet minimum requirements for enrollment may be canceled. This decision is made two weeks in advance.
- Camps may be added after Parktakes was printed. Check camp website for most current listings.

Scan the QR code to go directly to the Parktakes Online Camps page.





CAMP WEEK/DATES	CHILD #1: Camp Code, Location and Registration Start Date:	CHILD #2: Camp Code, Location and Registration Start Date:	CHILD #3: Camp Code, Location and Registration Start Date:
Week #1: June 9-13 (Non-FCPS)			
Week #2: June 16-20 4-day Week			
Week #3: June 23-27			
Week #4: June 30-July 3 4-day Week			
Week #5: July 7-11			
Week #6 : July 14-18			
Week #7: July 21-25			
Week #8: July 28-August 1			
Week #9: August 4-8			
Week #10: August 11-15			
Week #11: August 18-22 (Non-FCPS)			
Week #12: August 25-30 (Non-FCPS)			



EXTENDED CARE

Available at limited locations.
Register for 8-9 a.m. and/or 4-5 p.m.



WEEK/DATES	CHILD #1 Name:	CHILD #2 Name:	CHILD #3 Name:
Week #1: June 9-13			
Week #2: June 16-20			
Week #3: June 23-27			
Week #4: June 30-July 3			
Week #5: July 7-11			
Week #6: July 14-18			
Week #7: July 21-25			
Week #8: July 28-August 1			
Week #9: August 4-8			
Week #10: August 11-15			

SUMMER
CAMPS

Summer Variety Day Camps

NEW! Game Zone Away from Home

(9-13 yrs.) Campers will enjoy time playing several indoor and outdoor games, free play and tournament style, learning fair play, sportsmanship, and team play. Camp includes afternoon swim and free play outside when the weather permits. Bring a snack, water bottle, lunch, swimsuit, 2 towels, change of clothes, and sunscreen. No camp June 19 and July 4.

Location	Time	Code	Dates	\$
GW REC	9am-4pm	0XZ.ZNTA	6/16-6/20	\$239
GW REC	9am-4pm	0XZ.YXR2	6/23-6/27	\$299
GW REC	9am-4pm	0XZ.E60F	6/30-7/3	\$239
GW REC	9am-4pm	0XZ.LEKF	7/7-7/11	\$299
GW REC	9am-4pm	0XZ.36HV	7/14-7/18	\$299
GW REC	9am-4pm	0XZ.8BCX	7/21-7/25	\$299
GW REC	9am-4pm	0XZ.X2VD	7/28-8/1	\$299
GW REC	9am-4pm	0XZ.CQSV	8/4-8/8	\$299

Kiddie Camp

(3-5 yrs.) Preschoolers love the variety of fun in this action-packed camp. Activities include music, movement, arts and crafts, outdoor games, water play and a special event. Campers must be potty-trained, able to separate with ease and be three years old by the first day of camp. Bring a lunch, snack and drink. This is a licensed program. Bring immunization record and proof of child's identity. No camp June 19 and July 4. Camps the week of June 9 for non-FCPS participants.

Location	Time	Code	Dates	\$
StoneMansion	9am-1pm	E8A.0MOE	6/9-6/13	\$249
StoneMansion	9am-1pm	E8A.W9X6	6/16-6/20	\$199
StoneMansion	9am-1pm	E8A.WIM2	6/30-7/3	\$199
StoneMansion	9am-1pm	E8A.2LKO	7/21-7/25	\$249
StoneMansion	9am-1pm	E8A.6CKW	7/28-8/1	\$249

Stay Cool Ice Skating Camp

(6-13 yrs.) Beat the heat and improve your ice-skating skills. Enjoy a daily, on-ice lesson, free skate time, on-ice games, and activities. Direct on-ice time is 1.5-2 hours. Camp includes free use of rental skates and five additional practice sessions. Previous skating experience (Basic 1 level) required. Campers also enjoy off ice activities. Bring snack, lunch and drink. Camp August 18 week for non-FCPS participants.

Location	Time	Code	Dates	\$
MtVernonREC	9am-4pm	3CD.3SDJ	8/18-8/22	\$405

Summer ROCS and Junior ROCS

This summer really R.O.C.S. (Rec Centers Offer Cool Stuff)! Campers will enjoy swimming (where available), arts and crafts, outdoor activities, cooperative games and exciting themes. Some camps offer special event days depending on the week. Bring a lunch, drink, swimsuit/towel. No camp June 19 and July 4.

Location	Time	Code	Dates	\$
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Junior ROCS (5 yrs. 3 mos. - 7 yrs.)

CubRun REC	9am-4pm	CEC.QPHK	6/16-6/20	\$239
CubRun REC	9am-4pm	CEC.2X7T	6/23-6/27	\$299
CubRun REC	9am-4pm	CEC.OBXE	6/30-7/3	\$239
CubRun REC	9am-4pm	CEC.CCDC	7/14-7/18	\$299
CubRun REC	9am-4pm	CEC.INOW	7/21-7/25	\$299
Prov REC	9am-4pm	CEC.H80G	6/30-7/3	\$239
Prov REC	9am-4pm	CEC.IDNY	7/7-7/11	\$299



Prov REC	9am-4pm	CEC.9AZI	7/14-7/18	\$299
Prov REC	9am-4pm	CEC.ZVK2	7/21-7/25	\$299
Prov REC	9am-4pm	CEC.HNHC	7/28-8/1	\$299
SpHill REC	9am-4pm	CEC.RIBY	7/21-7/25	\$299

Junior ROCS (5 yrs. 3 mos. - 8 yrs.)

MtVernon REC	9am-4pm	TNF.I029	6/16-6/20	\$239
MtVernon REC	9am-4pm	TNF.2RPI	6/30-7/3	\$239
MtVernon REC	9am-4pm	TNF.EXKP	7/7-7/11	\$299
MtVernon REC	9am-4pm	TNF.SNR2	7/14-7/18	\$299
MtVernon REC	9am-4pm	TNF.XEXX	7/21-7/25	\$299
MtVernon REC	9am-4pm	TNF.70VY	7/28-8/1	\$299
RiversideES	9am-4pm	TNF.ALOQ	6/23-6/27	\$299
RiversideES	9am-4pm	TNF.4E6G	6/30-7/3	\$239
RiversideES	9am-4pm	TNF.FPLU	7/7-7/11	\$299
RiversideES	9am-4pm	TNF.0D1I	7/14-7/18	\$299
RiversideES	9am-4pm	TNF.6Z68	7/21-7/25	\$299
RiversideES	9am-4pm	TNF.E2AH	7/28-8/1	\$299
Wkfld/Moore	9am-4pm	TNF.R6QQ	6/30-7/3	\$239
Wkfld/Moore	9am-4pm	TNF.SVZQ	7/7-7/11	\$299
Wkfld/Moore	9am-4pm	TNF.E7CP	7/28-8/1	\$299

Summer ROCS (8-12 yrs.)

Franconia REC	9am-4pm	BA1.0Z3S	6/30-7/3	\$239
Franconia REC	9am-4pm	BA1.32T5	8/4-8/8	\$299
MtVernonREC	9am-4pm	BA1.L2ET	6/16-6/20	\$239
MtVernon REC	9am-4pm	BA1.DUAE	6/23-6/27	\$299
MtVernon REC	9am-4pm	BA1.DU55	6/30-7/3	\$239
MtVernon REC	9am-4pm	BA1.BLKX	7/7-7/11	\$299
MtVernon REC	9am-4pm	BA1.X2TY	7/14-7/18	\$299
MtVernon REC	9am-4pm	BA1.ICNN	7/21-7/25	\$299
MtVernon REC	9am-4pm	BA1.PDG7	7/28-8/1	\$299
MtVernon REC	9am-4pm	BA1.F77R	8/4-8/8	\$299
OakmontREC	9am-4pm	BA1.08RI	6/30-7/3	\$239
SpHill REC	9am-4pm	BA1.69IT	6/23-6/27	\$299
SpHill REC	9am-4pm	BA1.38XN	6/30-7/3	\$239
SpHill REC	9am-4pm	BA1.MLTT	7/7-7/11	\$299
SpHill REC	9am-4pm	BA1.OLVJ	7/14-7/18	\$299
SpHill REC	9am-4pm	BA1.EESB	7/28-8/1	\$299

Adventure and Excursion Camps

Outdoor Adventures Camp

(10-14 yrs.) Step into the wild with Baroody Outside, where kids with a passion for the outdoors will explore nature's wonders throughout an exciting week. Each day presents new opportunities, from kayaking

to white water rafting to hiking adventures and learning outdoor living skills.

Location	Time	Code	Dates	\$
CubRun REC	8:30am-4:30pm	5CD.ZS00	7/21-7/25	\$615

Travel Mountain Biking Camp

(9-14 yrs.) Join Baroody Outside for an exhilarating week-long experience for young riders eager to master the art of mountain biking. From foundational skills to tackling intermediate challenges, campers will receive comprehensive instruction on steering, shifting, hill climbing and descending, obstacle navigation, trail etiquette, bike maintenance and safety.

Location	Time	Code	Dates	\$
Frying Pan Pk	8:30am-4:30pm	EC0.5L6E	8/11-8/15	\$639

Young Adventures Camp

(7-9 yrs.) Join Baroody Outside for a dynamic week-long outdoor experience tailored for kids with a passion for exploring nature and the wild. Each day offers a different adventure, including fishing, orienteering, hiking, creek exploration, and climbing. Campers will be transported to various scenic spots, equipped with all necessary gear, and embark on a journey of self-discovery and skill development. No camp July 4.

Location	Time	Code	Dates	\$
GW REC	8:30am-4:30pm	SEM.SL7Q	6/30-7/3	\$495
Wkfld/Moore	8:30am-4:30pm	SEM.3V9F	7/7-7/11	\$615
Wkfld/Moore	8:30am-4:30pm	SEM.MWKA	7/28-8/1	\$615

Aquatic, Boating and Fishing Camps

Aqua Adventures

(7-12 yrs.) A great camp for high-level swimmers. Activities include water safety, swim clinics, water relays and water sports like volleyball and basketball. Campers also enjoy out-of-pool games/activities. Prerequisite: child must be able to swim 25 yards unassisted, pass a swim test, be comfortable in deep water and tread water for two minutes. Bring at least two swimsuits, two towels, snacks, lunch, and water bottle. No camp July 4.

Location	Time	Code	Dates	\$
CubRun REC	9am-4pm	5EF.J7ZJ	6/30-7/3	\$275
CubRun REC	9am-4pm	5EF.S56V	7/14-7/18	\$345
CubRun REC	9am-4pm	5EF.09QU	7/21-7/25	\$345
Franconia REC	9am-4pm	5EF.ATN7	7/7-7/11	\$345
Franconia REC	9am-4pm	5EF.VG6A	7/14-7/18	\$345
Franconia REC	9am-4pm	5EF.81CT	7/21-7/25	\$345
Franconia REC	9am-4pm	5EF.EXY5	7/28-8/1	\$345

Junior Lifeguard Camp

(11-14 yrs.) Learn skills and techniques used by lifeguards to prepare you for future certification. (FCPA lifeguards receive formal training at age 15). Campers are introduced to CPR, first aid and rescue techniques. Participants must be able to swim 100 yards and tread water for one minute. Camps the week of June 9 for non-FCPS participants.

Location	Time	Code	Dates	\$
FranconiaREC	9am-4pm	F44.YBNM	6/9-6/13	\$299



Once registered, download
Camp Forms @:

www.fairfaxcounty.gov/parks/forms

Art and Craft-Related Camps

NEW! 3D Mania Art Camp

(5 ½ - 12 yrs.) Use your fingers to pat, push and pull clay materials into 3D masterpieces with Abakadoodle. Be inspired by ancient and modern artists to create your own clay art. Lessons using Chinese artifacts, mythology, and modern decorative design give the young artist an opportunity to make 3D objects that encourage mastery of clay techniques.

Location	Time	Code	Dates	\$
NwngtonFrst ES	9am-4pm	EN3.486V	6/23-6/27	\$375
StratfrdLndgES	9am-4pm	EN3.JJDO	7/14-7/18	\$375
VirginiaRun ES	9am-4pm	EN3.GIBN	7/14-7/18	\$375

NEW! ArtAdventure Academy

(5-12 yrs.) Join Kidcreate for to explore a variety of art materials and principles. From drawing and painting to sculpting and beyond, kids will unleash their imagination and develop their artistic skills. Pack a nut free lunch, snack and drink daily.

Location	Time	Code	Dates	\$
OaktonES	9am-12pm	WGY.NATT	7/14-7/18	\$259

Bead Creative Kids

(6-14 yrs.) Join Green Tea Ideas to make necklaces, wristbands, earrings and a wearable jewelry set for holidays. Supply fee of \$10 is due on the first day. No camp June 19.

Location	Time	Code	Dates	\$
Camelot ES	9am-4pm	3D4.L4QH	7/7-7/11	\$349
Camelot ES	9am-4pm	3D4.OAR8	7/21-7/25	\$349
GrnSprgGrdn	9am-4pm	3D4.UUXY	6/16-6/20	\$279
LouiseArcherES	9am-4pm	3D4.PMZ5	6/23-6/27	\$349
MtVernon REC	9am-4pm	3D4.KU5K	8/18-8/22	\$349
MtVernon REC	9am-4pm	3D4.DL5I	8/25-8/29	\$349
SpringHill ES	9am-4pm	3D4.G9A9	7/14-7/18	\$349
SpringHill ES	9am-4pm	3D4.8BUA	7/21-7/25	\$349
SpringHill ES	9am-4pm	3D4.CZLO	7/28-8/1	\$349
VirginaRunES	9am-4pm	3D4.4KBC	7/28-8/1	\$349

NEW! Clay Cartoon Characters

(5-12 yrs.) Your camper's favorite cartoon characters will come to life as we get messy with different types of clay in this Kidcreate camp. Scooby, Olaf and a Minion are just a few of the creations your child will construct as they learn terms and techniques working with clay. Pack a nut free lunch, snack and drink daily.

Location	Time	Code	Dates	\$
KeeneMill ES	1pm-4pm	9UJ.VG5D	7/28-8/1	\$259
LouiseArcherES	1pm-4pm	9UJ.TAJY	7/28-8/1	\$259
NwngtonFrst ES	1pm-4pm	9UJ.STOQ	7/28-8/1	\$259



**Cub Run INDOOR POOL
Rec Center PLAYGROUND**

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NEW! Clay Play Creation

(5-12 yrs.) Ice cream cones, dragons and fish are just a few of the incredible creations your camper will construct as they learn terms and techniques of working with clay with Kidcreate. We'll use air dry clay, model magic and paint during this fun filled (and messy) camp. Pack a nut free lunch, snack and drink daily.

Location	Time	Code	Dates	\$
EagleView ES	9am-12pm	DN3.23PG	6/23-6/27	\$259
KeeneMill ES	9am-12pm	DN3.06JY	6/23-6/27	\$259

NEW! Creative Art: Game On!

(5-12 yrs.) Join Kidcreate to draw, sculpt and paint as we create projects inspired by some of our favorite video games. Design your own avatar on a canvas board, sculpt your favorite Among Us Crewmate or create Sonic the Hedgehog. This camp covers some of the hottest new games plus awesome throwback classics, too. Pack a nut free snack and drink daily.

Location	Time	Code	Dates	\$
EagleView ES	1pm-4pm	LOH.Q2A2	6/23-6/27	\$259
KeeneMill ES	1pm-4pm	LOH.TOEX	6/23-6/27	\$259

NEW! Design to Build: Architect Camp

(7-12 yrs.) Learn the art of building design and construction with Camprichment. Turn your drawing into a small-scale model. Play and build with soft bricks - not LEGO®. Go outside and explore the buildings around us. Take home your junior hard hat and sketch pad of drawings.

Location	Time	Code	Dates	\$
EagleView ES	9am-4pm	2AR.KRJF	6/23-6/27	\$399

NEW! Drawing as Easy as 1, 2, 3

(5-12 yrs.) If you can write an ordinary number, you can turn it into an extraordinary drawing by following our simple step-by-step processes with Kidcreate. From zainy zebras, cute puppies to a giant cactus, you won't believe what you can create from a number. Pack a nut free snack and drink daily. No camp July 4.

Location	Time	Code	Dates	\$
LouiseArcherES	9am-12pm	MMI.KAMR	6/30-7/3	\$209
NwngtonFrst ES	9am-12pm	MMI.IVZX	6/30-7/3	\$209

Fine Art Mediums Exploration

(5-12 yrs.) Enjoy a week of creativity with Mudskippers. Explore different fine art mediums, such as pottery, painting, printmaking and sculpture. Learn how artists create portfolios. No camp July 4.

Location	Time	Code	Dates	\$
EagleView ES	9am-4pm	EEM.Z034	6/30-7/3	\$349
NwngtonFrst ES	9am-4pm	EEM.DNA1	7/14-7/18	\$439
Woodburn ES	9am-4pm	EEM.XZ8P	7/14-7/18	\$439

NEW! Foundations of Pottery

(6-10 yrs.) Join Mudskippers to learn the foundations of hand-built pottery with pinch pots, coil pots and slabs using stoneware clay and paint some ready-made bisqueware. Keep your imagination busy with modeling clay creations, air hardening creations and drawing. Camper's pottery will be fired in our kiln. This is a hand-building camp, no potters wheels are used. No camp July 4.

Location	Time	Code	Dates	\$
RiversideES	9am-4pm	AKO.HAUH	7/28-8/1	\$439
SpringHillES	9am-4pm	AKO.SNBG	6/30-7/3	\$349
VirginiaRun ES	9am-4pm	AKO.E2GY	7/28-8/1	\$439
WoodburnES	9am-4pm	AKO.LZK4	6/23-6/27	\$439

Kids on Canvas

(5 ½ -12 yrs.) Join Abakadoodle to create beautiful paintings and learn about artists around the world.

Explore fantastical landscapes, circular drip paintings, mosaic vases, and portraits.

Location	Time	Code	Dates	\$
EagleView ES	9am-4pm	2FO.AR6H	7/7-7/11	\$375
NwngtonFrst ES	9am-4pm	2FO.8KEF	7/7-7/11	\$375
VirginiaRun ES	9am-4pm	2FO.Q1R2	7/7-7/11	\$375

NEW! Magical Mirabel's World

(5-12 yrs.) In this truly enchanted Kidcreate camp, we'll paint, sculpt with air-dry clay, and sing along to some of your favorite tunes while creating dazzling clay butterflies, magical bedroom doors and Colombian rainforest creatures. Pack a nut free lunch, snack and drink daily. No camp July 4.

Location	Time	Code	Dates	\$
LouiseArcherES	1pm-4pm	H7D.4FAH	6/30-7/3	\$209
NwngtonFrst ES	1pm-4pm	H7D.93GV	6/30-7/3	\$209

NEW! Magical, Mystical Creature

(5-12 yrs.) Join Kidcreate to create art inspired by mystical creatures such as unicorns, dragons and mermaids. Your young artist's imagination will sparkle as they paint, draw and play with clay. Pack a nut free lunch, snack and drink daily.

Location	Time	Code	Dates	\$
OaktonES	1pm-4pm	EXV.MXDS	7/14-7/18	\$259

NEW! Myths & Legends Art Camp

(5 ½ -12 yrs.) World myths and legends inspire sculptures, drawings and paintings. Join Abakadoodle to create unforgettable art from the rich tales of Africa, India, Europe, the Middle East, Australia, China and the Americas. No camp July 4.

Location	Time	Code	Dates	\$
GrnbriarWestES	9am-4pm	3DY.68CK	6/30-7/3	\$300
LouiseArcher ES	9am-4pm	3DY.RCMI	7/21-7/25	\$375
OaktonES	9am-4pm	3DY.C52G	6/30-7/3	\$300
Stenwood ES	9am-4pm	3DY.K44E	6/30-7/3	\$300
WdlyHillsES	9am-4pm	3DY.8DC4	6/30-7/3	\$300

NEW! Ocean Life Pastel Camp

(6-12 yrs.) Join Young Rembrandts to create detailed, pastel compositions daily, focusing on a different ocean-themed subject. Draw eye-catching sea stars along the shoreline and a pair of vibrant clown fish. Illustrate a sea turtle with bold patterns, a blue crab and a wondrous scene of jellyfish. Supply fee of \$20 due on the first day of camp.

Location	Time	Code	Dates	\$
RavensworthES	9am-12pm	3CT.Q0FS	7/14-7/18	\$239

NEW! Passport to Your Imagination

(6-10 yrs.) Join Mudskippers on a creative journey to collect all your imagination passport stamps. From stoneware and bisqueware to sculpture, we will explore and create from all the places you've always wanted to take your art. Your camper's pottery will be fired in our kiln. This is a hand-building camp, no potters wheels are used.

Location	Time	Code	Dates	\$
Camelot ES	9am-4pm	KJR.P3P9	7/14-7/18	\$439
GrnbriarWestES	9am-4pm	KJR.P862	7/14-7/18	\$439
Oakmont REC	9am-4pm	KJR.SQSG	6/23-6/27	\$439
VirginiaRun ES	9am-4pm	KJR.Q00G	6/23-6/27	\$439
Woodburn ES	9am-4pm	KJR.9XIC	7/21-7/25	\$439
WdlyHillsES	9am-4pm	KJR.7GPZ	7/21-7/25	\$439



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Camps

Sew & Swim Camp

(8-12 yrs.) Boys and girls will learn sewing basics including measuring, hand and machine techniques, maintenance and machine operation. Create a custom towel wrap or a waterproof swim bag. Bring a lunch, drink and swimsuit/towel (Wednesday and Friday) for afternoon swim break. A supply fee of \$35 is due on the first day for materials.

Location	Time	Code	Dates	\$
Wkfld/Moore	9am-4pm	BC6.MR9F	6/23-6/27	\$449

Sewing: Donut & Cookie Pillow

Sewing Camp

(8-12 yrs.) Boys and girls will learn basic hand and machine techniques, measuring, using patterns, fabric structure, maintenance and sewing machine operation. Design and decorate your favorite donut or cookie out of fleece to make a fun pillow. A supply fee of \$35 is due on the first day for materials.

Location	Time	Code	Dates	\$
LouiseArcherES	9am-4pm	GGE.MBPQ	7/7-7/11	\$449
Oakton ES	9am-4pm	GGE.KU1P	7/28-8/1	\$449

Sewing: Fashion Design w/Al Camp

(8-12 yrs.) Boys and girls discover how fashion design works and how clothing lines are created using Al Technology. Learn fashion sketching plus basic hand and machine techniques to create an outfit and accessories for an 18" boy or girl doll or stuffed animal. Repeat campers can create a unique tote bag. A supply fee of \$35 is due on the first day for materials. No camp July 4.

Location	Time	Code	Dates	\$
EagleViewES	9am-4pm	059.AALV	7/21-7/25	\$449
OrangeHuntES	9am-4pm	059.OVBG	7/14-7/18	\$449
WoodburnES	9am-4pm	059.GXPT	6/30-7/3	\$359

NEW! Sewing:

Pillow or Hand Painted Tote Bag

(8-12 yrs.) Boys and girls will learn basic hand and machine techniques, measuring, using patterns, fabric structure, maintenance and sewing machine operation. Have fun making projects such as making your favorite pillow (fleece) or hand-painted tote bag (denim). An additional supply fee of \$35 will be collected prior to the first day (covers a personal sewing kit, fabric, patterns, and notions). No camp July 4.

Location	Time	Code	Dates	\$
MtVernonREC	9am-4pm	A6U.GUDJ	6/30-7/3	\$359
StenwoodES	9am-4pm	A6U.GMG5	7/28-8/1	\$449

NEW! S.T.E.A.M. Art

(5-12 yrs.) Explore S.T.E.A.M. concepts in creative ways, resulting in fridge-worthy masterpieces, tons of experiential learning, and loads of messy fun. With Kidcreate, design your own mini playground, learn about M.C. Escher and Picasso and make lava lamps. Pack a nut free snack and drink for your child daily.

Location	Time	Code	Dates	\$
KeeneMill ES	9am-12pm	LCE.98RR	7/28-8/1	\$259
LouiseArcherES	9am-12pm	LCE.UXNZ	7/28-8/1	\$259
NwngtonFrst ES	9am-12pm	LCE.TM4T	7/28-8/1	\$259

Sweets and Serve Ware

(5-12 yrs.) Join Mudskippers as we create sweet treats and serve ware. We will spend time baking, designing and decorating our own cookies, cupcakes and other treats. Campers will hand build pieces; pottery wheels are not used.

Location	Time	Code	Dates	\$
NwngtonFrstES	9am-4pm	3MR.QJHS	7/21-7/25	\$439
WdlyHillsES	9am-4pm	3MR.DVVF	6/23-6/27	\$439



NEW! When Einstein Meets Picasso

(6-10 yrs.) Join Mudskippers to create masterpieces using both sides of our brain. Combine your artistic and scientific powers to create your own art through science. Each day we will explore the relationship between art and science and build a portfolio. No camp July 4.

Location	Time	Code	Dates	\$
Camelot ES	9am-4pm	3G6.APN9	6/23-6/27	\$439
ECLawrencePk	9am-4pm	3G6.G3AZ	6/30-7/3	\$349
GrnbriarWestES	9am-4pm	3G6.ZEAY	7/21-7/25	\$439
KeeneMill ES	9am-4pm	3G6.1165	7/21-7/25	\$439
LouiseArcherES	9am-4pm	3G6.0ZTY	7/14-7/18	\$439
OrangeHuntES	9am-4pm	3G6.AOCT	6/23-6/27	\$439
Woodburn ES	9am-4pm	3G6.P024	6/30-7/3	\$349
WdlyHillsES	9am-4pm	3G6.HT57	7/14-7/18	\$439

NEW! Wild about Animals Art Camp

(5 1/2 - 12 yrs.) Discover animals and their different habitats from around the world in this Abakadoodle camp. Design toucans, stingrays, monkeys, camels, llamas, ostriches and lions. Create animals in all shapes, sizes and colors. Each lesson will introduce fun art techniques while we explore STEAM concepts.

Location	Time	Code	Dates	\$
EagleView ES	9am-4pm	TBZ.T9D6	7/28-8/1	\$375
NwngtonFrst ES	9am-4pm	TBZ.ZFRR	7/21-7/25	\$375

Scouts by Request

We are keeping up with the latest scout program changes. View our newest by-request programs at www.fairfaxcounty.gov/parks/scouts



Wild About Art

(7-10 yrs.) Explore the wild side of plants and animals through art projects, games, nature hikes and critter encounters. Projects and media vary by site, and will include printmaking, painting, and sculpting.

Location	Time	Code	Dates	\$
HuntMdwsPk	9am-12pm	306.HCUN	6/23-6/27	\$249

NEW! Wild Worlds

(6-13 yrs.) Join Craftspace to explore different parts of our world through hands-on projects, creating colorful art to display at home. No camp July 4.

Location	Time	Code	Dates	\$
Tunds of Fun in the Tundra				
Craftspace	9am-4pm	DWI.40X3	6/30-7/3	\$339
Discovering the Desert				
Craftspace	9am-4pm	0H4.FE01	7/7-7/11	\$425
Under the Sea				
Craftspace	9am-4pm	90H.D9J1	7/21-7/25	\$425
Rainforest Canopy				
Craftspace	9am-4pm	W2N.4399	7/28-8/1	\$425

Winter WonderCamp

(6-12 yrs.) Celebrate all your favorite things about winter with Baroody camps, from experimenting with snowstorms in a jar to designing your own snowflakes. Bring swimsuit/towel daily for an afternoon swim break.

Location	Time	Code	Dates	\$
Wkfld/Moore	9am-4pm	NWJ.P25I	7/7-7/11	\$375

NEW! World Famous Paintings with Pastel

(6-12 yrs.) This Young Rembrandts' camp will focus on five different artists. Each day, create a large, original pastel drawing replicating a famous artist's masterpiece. No experience necessary. Please wear an old shirt or smock to class each day. Supply fee of \$20 due on the first day of camp.

Location	Time	Code	Dates	\$
OaktonES	9am-12pm	11Q.5Z0Y	7/7-7/11	\$239

Equestrian and Farm-Related Camps

Adventures on the Farm

(6-10 yrs.) Discover the farm with visits to the animals, hikes, games, and crafts. Find out about lives 100 years ago through with toys, crafts, games, music, and pictures. Child must have completed kindergarten. Specifics/questions call 703-689-3104 or info@katydidkids.com. No camp July 4. Camps the week of June 9 for non-FCPS participants. Camp is licensed: requires immunization record and proof of identity with camp paperwork.

Location	Time	Code	Dates	\$
Frying Pan Pk	9am-4pm	10W.V2ZC	6/9-6/13	\$365
Frying Pan Pk	9am-4pm	10W.V19A	6/23-6/27	\$365
Frying Pan Pk	9am-4pm	10W.641G	6/30-7/3	\$295
Frying Pan Pk	9am-4pm	10W.LBF9	7/7-7/11	\$365
Frying Pan Pk	9am-4pm	10W.YD69	7/14-7/18	\$365
Frying Pan Pk	9am-4pm	10W.Z9NS	7/21-7/25	\$365
Frying Pan Pk	9am-4pm	10W.Y9YH	7/28-8/1	\$365
Frying Pan Pk	9am-4pm	10W.1NPT	8/4-8/8	\$365

All About Animals

(3 ½-6 yrs.) This Katydid Kids camp, based at the Old Floris Schoolhouse, includes daily farm visits. Learn facts and stories about the animals through indoor and outdoor games, songs and puppetry. Bring lunch, snack, and water bottle daily. Child must be potty-trained. Specifics/questions call 703-689-3104 or info@katydidkids.com. No camp June 19 or July 4. Camps the week of June 9 for non-FCPS participants. Camp is licensed: requires immunization record and proof of identity with camp paperwork.

Location	Time	Code	Dates	\$
Frying Pan Pk	8:30am-12:30pm	500.0T89	6/2-6/6	\$265
Frying Pan Pk	8:30am-12:30pm	500.TRVW	6/9-6/13	\$265
Frying Pan Pk	8:30am-12:30pm	500.81VN	6/16-6/20	\$215
Frying Pan Pk	8:30am-12:30pm	500.Q286	6/23-6/27	\$265
Frying Pan Pk	8:30am-12:30pm	500.C1YW	6/30-7/3	\$215
Frying Pan Pk	8:30am-12:30pm	500.8P4K	7/7-7/11	\$265
Frying Pan Pk	8:30am-12:30pm	500.1GZS	7/14-7/18	\$265
Frying Pan Pk	8:30am-12:30pm	500.1P8M	7/21-7/25	\$265
Frying Pan Pk	8:30am-12:30pm	500.LBPL	7/28-8/1	\$265
Frying Pan Pk	8:30am-12:30pm	500.9KMK	8/4-8/8	\$265

NEW! Farm Inventors Camp

(9-13 yrs.) Campers will learn about different types of machinery and equipment used at the farm, experience different machines from the past and present, explore the farm, and observe how the farmers feed and care for our animals.

Location	Time	Code	Dates	\$
Frying Pan Pk	9am-4pm	4SL.G6J0	6/23-6/27	\$359

Nature-Based Camps

Animals: Zoology Fun for Kids

(5-8 yrs.) Explore the woods, creeks and ponds as we look for all sorts of critters. Learn about the animal life science of frogs, toads, birds, mammals, snakes, turtles, fish and insects through hikes, projects and games. Camp the week of June 2 is for non-FCPS participants.

Location	Time	Code	Dates	\$
HiddnOksNC	1:30pm-4:30pm	EOJ.QZYQ	6/2-6/6	\$239

Come Fly with Me

(8-12 yrs.) Using their powers of observation, campers will learn the life and lifecycles of creatures that fly, as well as human powered flight. An off-site field trip

to the Udvar-Hazy Air and Space Museum is included with transportation provided.

Location	Time	Code	Dates	\$
ECLawrncePk	9am-4pm	LHG.B50F	7/21-7/25	\$365

Dinosaur Days Camp

Campers will become junior paleontologists as naturalists lead discovery of the latest in dinosaur knowledge through crafts, games and fossils. Campers in the 4-hr. camps should bring a lunch. Camps the week of June 9 for non-FCPS participants.

Location	Time	Code	Dates	\$
CubRun	9am-12pm	ACF.6PIN	7/7-7/11	\$239
CubRun	9am-12pm	ACF.N2M3	8/4-8/8	\$239
ECLawrncePk	9am-12pm	ACF.M62N	6/9-6/13	\$239
GreenbriarWest	9am-12pm	ACF.AYHR	6/23-6/27	\$239
GreenbriarWest	1pm-4pm	ACF.50G2	6/23-6/27	\$239
HiddnOksNC	1:30pm-4:30pm	ACF.1QW0	8/25-8/29	\$239
LewinsvilleHse	9:30am-1:30pm	ACF.18TQ	6/23-6/27	\$255
HiddenPndNC	1pm-4pm	P9U.VADX	7/14-7/18	\$239

Fairies & Gnomes

(8-12 yrs.) Explore the enchanting lands of Green Spring Gardens with different activities, from daily scavenger hunts looking for magical creatures to fantastical nature-themed games, stories and crafts. Help us add homes to our fairy village in the forest.

Location	Time	Code	Dates	\$
GrnSprgGrdn	9am-3pm	JL5.1DFZ	7/7-7/11	\$345

Forces of Nature

(6-9 yrs.) Through experiments, campers will learn how weather impacts the earth, the role plants play as a natural force, and what animals change to their environment.

Location	Time	Code	Dates	\$
Lake Fairfax	9am-4pm	557.0C13	6/23-6/27	\$365
Lake Fairfax	9am-4pm	557.2VK0	7/21-7/25	\$365

Insect Safari

(4-6 yrs.) Come on a safari and explore bugs and insects that inhabit our natural areas. Collect, examine and identify little creatures using magnifiers and microscopes. Learn about their important jobs as pollinators and decomposers through projects and scientific investigations. Camp the week of June 9 for non-FCPS participants.

Location	Time	Code	Dates	\$
LewinsvilleHse	9:30am-1:30pm	RF5.PHI9	6/9-6/13	\$255

NEW! Junior Naturalist Camp

(9-13 yrs.) Spend the week with a naturalist learning about the world around you and the various roles of a naturalist. Study the park's wildlife through data collection, research, and exploring parkland. Campers will enjoy various games and activities that will help them understand the world around them and see things in a new way. No camp June 19 and July 4.

Location	Time	Code	Dates	\$
BurkeLakePk	9am-4pm	7ZF.4609	6/16-6/20	\$295
BurkeLakePk	9am-4pm	7ZF.91WJ	6/30-7/3	\$295
BurkeLakePk	9am-4pm	7ZF.B7W8	7/14-7/18	\$365
BurkeLakePk	9am-4pm	7ZF.509K	8/11-8/15	\$365
Lake Fairfax	9am-4pm	7ZF.NKW2	7/7-7/11	\$365
Lake Fairfax	9am-4pm	7ZF.TC9W	7/28-8/1	\$365

Lakeside Nature Discovery Camp

Campers enjoy guided nature hikes, crafts and fishing and boat rides (if available). Shaded trails and lake-fronts are perfect settings for exploring creatures and plants that live in our streams, lakes and forests. Lake Accotink meets at the large shelter by marina; Burke

Lake meets at shelter C. Camps run rain or shine. Contact the park for details on extreme weather days. No camp June 19 and July 4.

Location	Time	Code	Dates	\$
LakeAccotinkPk	9am-4pm	4B3.90ER	6/16-6/20	\$249
LakeAccotinkPk	9am-4pm	4B3.RYWP	6/23-6/27	\$309
LakeAccotinkPk	9am-4pm	4B3.APRB	6/30-7/3	\$249
LakeAccotinkPk	9am-4pm	4B3.XL9F	7/7-7/11	\$309
LakeAccotinkPk	9am-4pm	4B3.452I	7/14-7/18	\$309
LakeAccotinkPk	9am-4pm	4B3.HCHF	7/21-7/25	\$309
LakeAccotinkPk	9am-4pm	4B3.28B7	7/28-8/1	\$309
BurkeLakePk	9am-4pm	ZOW.IK64	6/30-7/3	\$249
BurkeLakePk	9am-4pm	ZOW.3G8S	7/21-7/25	\$309

Nature Fun Camp

(6-9 yrs.) Campers will learn about various aspects of nature through hands-on activities such as hikes, arts & crafts and games. Bring a lunch, drink, swimsuit/towel for daily swim. No camp June 19 and July 4.

Location	Time	Code	Dates	\$
Wkfld/Moore	9am-4pm	L56.10Q4	6/16-6/20	\$239
Wkfld/Moore	9am-4pm	L56.052Y	6/23-6/27	\$299
Wkfld/Moore	9am-4pm	L56.V9UC	6/30-7/3	\$239
Wkfld/Moore	9am-4pm	L56.NG18	7/7-7/11	\$299
Wkfld/Moore	9am-4pm	L56.LRIH	7/14-7/18	\$299
Wkfld/Moore	9am-4pm	L56.0MI1	7/21-7/25	\$299
Wkfld/Moore	9am-4pm	L56.MAMT	7/28-8/1	\$299

Nature Quest Jr.

(4-6 yrs.) From field to stream and everything in between, children will learn about many of our local animal species up close and in the field. Learn what animals do to survive and thrive, what they eat, where they live and about animal populations big and small.

Location	Time	Code	Dates	\$
CubRun REC	9am-12pm	D7G.M7QS	7/14-7/18	\$239
GreenbriarWest	9am-12pm	D7G.KLN6	7/28-8/1	\$239
GreenbriarWest	1pm-4pm	D7G.G41L	7/28-8/1	\$239

Outdoor Living Skills: Beyond the Trail

(9-13 yrs.) Embark on a thrilling journey of wilderness exploration and self-sufficiency with Baroody Camps This immersive experience is designed to equip participants with essential skills and knowledge needed to thrive in the great outdoors. Guided by experienced instructors and fueled by a spirit of adventure, campers will engage in hands-on activities that encompass survival techniques, teamwork, and a deep connection to nature. No camp June 19.

Location	Time	Code	Dates	\$
Frying Pan Pk	9am-4pm	D5G.EXU5	8/4-8/8	\$375
GW Rec	9am-4pm	D5G.2Z7B	7/21-7/25	\$375

Outdoor Skills Camp

(9-13 yrs.) Develop new skills to explore the outdoors. Be prepared for many different outdoor activities including kayaking (when available), fishing, fire building, orienteering, geocaching, and learning how to safely explore nature. Bring lunch, snack and water bottle daily. No camp July 4.

Location	Time	Code	Dates	\$
LakeAccotinkPk	9am-4pm	HOH.XZ1W	6/30-7/3	\$295
LakeAccotinkPk	9am-4pm	HOH.X103	7/7-7/11	\$369
LakeAccotinkPk	9am-4pm	HOH.OZP3	7/14-7/18	\$369
LakeAccotinkPk	9am-4pm	HOH.Q0MJ	7/21-7/25	\$369
LakeAccotinkPk	9am-4pm	HOH.3NHR	7/28-8/1	\$369



nextdoor



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Camps

Wetlanders Camp

Discover water dynamics and wetland habitats. Explore how the living and non-living interact in a wet ecosystem. Using science tools, experiments and games, find the answer to why water habitats are important and what makes each kind of wetland unique. Camp for 12-15 yrs. will include a kayak trip and an off-site visit to a local wetlands.

Location	Time	Code	Dates	\$
(8-12 yrs.) RiverbendPk	9am-4pm	M93.QYQP	7/21-7/25	\$365
(12-15 yrs.) RiverbendPk	9am-4pm	4HE.J0VS	8/4-8/8	\$365

Wildlife Rangers

(8-11 yrs.) Join our naturalist on outdoor adventures and field studies in nature. This is for serious nature lovers who don't mind getting dirty. Campers learn outdoor survival skills such as using maps, making fires and building shelter. Experiments, games, activities and observation skills help us explore the many habitats in our parks. Bring a lunch, snack and a drink.

Location	Time	Code	Dates	\$
CubRun REC	9am-4pm	KMS.R9IJ	7/7-7/11	\$365

Women in the Woods

(7-99 yrs.) **Multi-Generation Camp** Learn about influential women trailblazers of the past and leave with important life skills and knowledge to survive and protect the outdoors. Activities include rock climbing, paddling, fire building, outdoor cooking, and shelter building. This camp satisfies requirements for numerous Girl Scout outdoor skills badges, however you do not need to be a scout to attend. Mult-generational camp requires school-aged and adult campers to both register. Bring snack, lunch and water bottle daily. No camp June 19.

Location	Time	Code	Dates	\$
RiverbendPk	9am-4pm	J98.X0XU	6/16-6/20	\$385

Performing Arts Camps

ACTify! Disney's Moana Jr.

(8-16 yrs.) In this NEW two-week Moonlit Wings camp, young performers act in "Disney's Moana Jr.", featuring all the beloved songs from the hit film, and embark on an adventure in Motunui and the Pacific waters. Kids put on an exciting one-act show with music, costumes, and basic tech, developing on-stage skills and teamwork for a special public performance. This theatre camp meets 9 a.m.-4 p.m. weekdays, except the day before the performance (ends at 5 p.m.) and the final day (ends after 7 p.m. show). Once registered, download camp forms from FCPA website. All levels welcome, register and take center stage! Prefer to be behind-the-scenes? Teens ages 14+ interested in our tech program instead of performing can email info@moonlitwings.org.

Location	Time	Code	Dates	\$
OaktonES	9am-4pm	Z86.91IY	7/14-7/25	\$1,269

ACTify! Peter Pan a Pop Musical

(8-16 yrs.) In this NEW Moonlit Wings one-week camp, young performers act in our modern mini-musical twist on 'Peter Pan' and journey through Neverland. Kids put on an exciting one-act show with music, costumes, and basic tech, developing on-stage skills and teamwork for a special public performance. This theatre camp meets 9 a.m.-4 p.m. weekdays, except the day before the performance (ends at 5 p.m.) and the final day (ends after 7 p.m. show). Once registered, download camp forms from FCPA website. All levels welcome, register and take center stage! Prefer to be



behind-the-scenes? Teens ages 14+ interested in our tech program instead of performing can email info@moonlitwings.org.

Location	Time	Code	Dates	\$
OaktonES	9am-4pm	E40.UG4F	7/7-7/11	\$559

ACTION! Wickedly Wizards and Witches

(7-14 yrs.) In this NEW Moonlit Wings one-week camp, kids perform in a magical Oz-themed musical variety show and shine in original scenes and skits along the yellow brick road. Explore improvisation games, character creation, a talent show, and more to develop imagination, storytelling skills, and teamwork. All levels welcome. Family/friends enjoy a mini-performance on Friday. Rec Center camps also bring swimsuit/towel for swim break. Prefer to be behind-the-scenes? Teens ages 14+ interested in our tech program instead of performing can email info@moonlitwings.org.

Location	Time	Code	Dates	\$
StratfrdLndgES	9am-4pm	CBG.HVEI	7/28-8/1	\$349

NEW! Applause! Movie Musicals Mania

(7-14 yrs.) In this NEW Moonlit Wings two-week camp, kids bring Hollywood favorites from the screen to the stage. Perform in original scenes and songs inspired by hits like The Lion King, Alice in Wonderland, The Wizard of Oz and more. Explore improvisation games, character creation, a talent show, and more to develop imagination, storytelling skills, and teamwork. All levels welcome. Family/friends enjoy a mini-performance on the last day. Rec Center camps also bring swimsuit/towel for swim break. Prefer to be behind-the-scenes? Teens ages 14+ interested in our tech program instead of performing can email info@moonlitwings.org. No camp July 4.

Location	Time	Code	Dates	\$
Frying Pan Pk	9am-4pm	IQF.NUKZ	6/23-7/3	\$629
SoRun REC	9am-4pm	IQF.NXA0	7/7-7/18	\$699

NEW! Applause! The Lion Queen

(7-14 yrs.) In this NEW Moonlit Wings two-week camp, kids act in our original musical 'The Lion Queen,' a fresh take on a familiar favorite and bring the savannah to the stage. Explore improvisation games, character creation, a talent show, and more to develop imagination, storytelling skills, and teamwork. All levels welcome. Family/friends enjoy a mini-performance on the last day. Bring swimsuit/towel for swim break. Prefer to be behind-the-scenes? Teens ages 14+ interested in our tech program instead of performing can email info@moonlitwings.org.

Location	Time	Code	Dates	\$
Prov REC	9am-4pm	FN4.WPNG	7/7-7/18	\$699
SoRun REC	9am-4pm	FN4.J8V2	7/21-8/1	\$699

NEW! Applause! Wizard of Oz

(7-14 yrs.) In this NEW Moonlit Wings two-week camp, kids act in our modern twist on 'The Wizard of Oz' and journey to the Emerald City with Dorothy and her familiar friends. Explore improvisation games, character creation, a talent show, and more to develop imagination, storytelling skills, and teamwork. All levels welcome. Family/friends enjoy a mini-performance on the last day. Rec Center camps also bring swimsuit/towel for swim break. Prefer to be behind-the-scenes? Teens ages 14+ interested in our tech program instead of performing can email info@moonlitwings.org.

Location	Time	Code	Dates	\$
SpHill REC	9am-4pm	C1H.PI2P	7/7-7/18	\$699

B2R Beat Making Camp

(8-15 yrs.) Discover the world of DJing and music production. Learn how to make your own beats and craft songs through loop, beats and samples on the popular music production program, BandLab.

Location	Time	Code	Dates	\$
B2R McLean	12:30-4pm	052.L5XS	7/21-7/25	\$259
B2R McLean	12:30-4pm	052.LDK1	8/4-8/8	\$259

B2R DJ Camp

(10-15 yrs.) Beat Refinery DJ Camp offers a crash course to the world of DJing. Led by pro DJs, students learn the fundamentals of mixing, scratching, and beat matching. Students explore Serato DJ Pro and Ableton Live, two of the industry's most popular programs for DJs and producers. No camp July 4.

Location	Time	Code	Dates	\$
B2R McLean	12:30pm-4pm	FWF.BUJJ	6/23-6/27	\$259
B2R McLean	12:30pm-4pm	FWF.TQEA	6/30-7/3	\$209
B2R McLean	12:30pm-4pm	FWF.H9VS	7/7-7/11	\$259
B2R McLean	12:30pm-4pm	FWF.QG32	7/28-8/1	\$259
B2R McLean	12:30pm-4pm	FWF.8SSM	8/11-8/15	\$259

B2R Glee Camp

(7-15 yrs.) Build your performance skills and learn how to sing as part of a larger group. Receive coaching from trained vocalists to learn, record and perform popular songs. Make the most of your singing voice while learning to care for your vocal cords, control volume and pitch and refine techniques like melody and harmony. No camp July 4. Camps the week of August 18 and 25 for non-FCPS participants.

Location	Time	Code	Dates	\$
B2R McLean	9am-12:30pm	AH7.BP82	6/23-6/27	\$259
B2R McLean	9am-12:30pm	AH7.H13Z	6/30-7/3	\$209
B2R McLean	9am-12:30pm	AH7.TJ4M	7/7-7/11	\$259
B2R McLean	9am-12:30pm	AH7.BHT6	7/14-7/18	\$259
B2R McLean	9am-12:30pm	AH7.C00M	7/21-7/25	\$259
B2R McLean	9am-12:30pm	AH7.5Z0T	7/28-8/1	\$259
B2R McLean	9am-12:30pm	AH7.TQ7H	8/4-8/8	\$259
B2R McLean	9am-12:30pm	AH7.81UL	8/11-8/15	\$259
B2R McLean	9am-12:30pm	AH7.OV8C	8/18-8/22	\$259
B2R McLean	9am-12:30pm	AH7.G68H	8/25-8/29	\$259

B2R Music Production Camp

(8-15 yrs.) Our music production camp takes students behind the scenes of the music industry. Step into Bach to Rock's recording studio, work with an audio engineer, record live bands and solo artists, work with industry-standard microphones, soundboards, mixing equipment, and state-of-the-art software to transform tracks into chart-topping hits! No experience required. Camps the week of August 18 for non-FCPS participants.

Location	Time	Code	Dates	\$
B2R McLean	12:30pm-4pm	ODD.TBQI	7/14-7/18	\$259
B2R McLean	12:30pm-4pm	ODD.QZ6R	8/18-8/22	\$259

B2R Rock Band Camp

(7-15 yrs.) Practice and perform as part of a real rock band on the instrument of your choice. Bands receive coaching from professional musicians to learn, record, and perform at least two songs by the end of the week. Depending on the skill level of the students, bands are encouraged to write their own songs or pick from our 400+ popular arrangements. No music experience required. No camp July 4. Camps the week of August 18 and 25 for non-FCPS participants.

Location	Time	Code	Dates	\$
B2R McLean	9am-4pm	D91.AC4U	6/23-6/27	\$415
B2R McLean	9am-12:30pm	D91.WESH	6/23-6/27	\$259
B2R McLean	9am-4pm	D91.1GQY	6/30-7/3	\$329
B2R McLean	9am-12:30pm	D91.OFGO	6/30-7/3	\$209
B2R McLean	9am-4pm	D91.3W02	7/7-7/11	\$415
B2R McLean	9am-12:30pm	D91.YTWQ	7/7-7/11	\$259
B2R McLean	9am-4pm	D91.JRFX	7/14-7/18	\$415
B2R McLean	9am-12:30pm	D91.7JF9	7/14-7/18	\$259
B2R McLean	9am-4pm	D91.1SHC	7/21-7/25	\$415
B2R McLean	9am-12:30pm	D91.0LU4	7/21-7/25	\$259
B2R McLean	9am-4pm	D91.JNUT	7/28-8/1	\$415
B2R McLean	9am-12:30pm	D91.EKLV	7/28-8/1	\$259
B2R McLean	9am-12:30pm	D91.FG72	8/4-8/8	\$259
B2R McLean	9am-4pm	D91.4JMF	8/11-8/15	\$415

B2R McLean	9am-12:30pm	D91.94KR	8/11-8/15	\$259
B2R McLean	9am-4pm	D91.BR6I	8/18-8/22	\$415
B2R McLean	9am-12:30pm	D91.7DAR	8/18-8/22	\$259
B2R McLean	9am-4pm	D91.B6SL	8/25-8/29	\$415
B2R McLean	9am-12:30pm	D91.8CL9	8/25-8/29	\$259

B2R Rock City World Tour

(4-7 yrs.) Learn core musical concepts, like loud and soft, fast and slow, and high and low notes through fun, movement-based activities. Children receive hands-on experience with a variety of instruments while learning fundamental skills to prepare them for future music lessons. No camp July 4. Camp the week of August 18 is for non-FCPS participants.

Location	Time	Code	Dates	\$
B2R McLean	9:30am-12:30pm	FTU.64CX	6/23-6/27	\$209
B2R McLean	9:30am-12:30pm	FTU.WV3V	6/30-7/3	\$169
B2R McLean	9:30am-12:30pm	FTU.90HQ	7/1-7/11	\$209
B2R McLean	9:30am-12:30pm	FTU.8P40	7/14-7/18	\$209
B2R McLean	9:30am-12:30pm	FTU.DCSX	7/21-7/25	\$209
B2R McLean	9:30am-12:30pm	FTU.NDXE	7/28-8/1	\$209
B2R McLean	9:30am-12:30pm	FTU.CFSI	8/4-8/8	\$209
B2R McLean	9:30am-12:30pm	FTU.XH32	8/11-8/15	\$209
B2R McLean	9:30am-12:30pm	FTU.8N9P	8/18-8/22	\$209

Ballet & Butterflies Dance Camp

(4-6 yrs.) Start the foundation of dance with ballet. Envision Dance campers learn ballet and creative movement techniques through games and arts and crafts. We'll also learn the cycle of butterflies during story time and dancing. Campers will put on a performance at the end of the week. Camps the week of June 9 for non-FCPS participants.

Location	Time	Code	Dates	\$
Franconia REC	1pm-4pm	AXI.MOVX	6/9-6/13	\$175

Ballet: Princess Ballet Camp

(4-6 yrs.) Campers learn ballet and creative movement with Envision Dance's ballet camp. We'll dance to our favorite princess songs, enjoy making crafts and learn about princesses through story time. Campers will put on a performance at the end of the week. Camps the week of June 9 for non-FCPS participants.

Location	Time	Code	Dates	\$
Franconia REC	9am-12pm	U2Y.2Z4L	6/9-6/13	\$175

Camp Allegro: Song & Voice Camp

(6-12 yrs.) In this high energy Rich Sandler song and voice camp, campers learn vocal techniques, tell stories through up-tempo songs and games and create an interactive choir performance. Rec Center camps include a swim break.

Location	Time	Code	Dates	\$
NwngtonFrstES	9am-4pm	2V4.CJKW	7/7-7/11	\$349
SpringHill ES	9am-4pm	2V4.D9IQ	7/21-7/25	\$349

Camp Crescendo

(6-12 yrs.) This Rich Sandler music variety camp allows children the opportunity to improvise, create and explore music in several ways. Campers will have small-group lessons on guitar and ukulele on provided instruments. Children also create music on xylophones, glockenspiels and percussion instruments. The week ends with a performance for family and friends. Rec Center camps include a swim break.

Location	Time	Code	Dates	\$
Franconia REC	9am-4pm	208.ZBQG	6/23-6/27	\$349
MtVernonREC	9am-4pm	208.A5FL	7/14-7/18	\$349
NwngtonFrst ES	9am-4pm	208.23HU	7/21-7/25	\$349
SpringHillES	9am-4pm	208.BVWN	7/7-7/11	\$349

Camp Summer Stomp

(6-12 yrs.) Take a room full of creative kids, add rhythm sticks and household items and watch the

magic begin. In this high-energy Rich Sandler music camp, children experience rhythm and movement in the style of the hit Broadway musical Stomp! The week culminates with a performance for family/friends. Bring a swimsuit and towel for a swim break.

Location	Time	Code	Dates	\$
MtVernonREC	9am-4pm	B7C.4BXA	6/23-6/27	\$349
MtVernonREC	9am-4pm	B7C.HMLC	7/28-8/1	\$349

Cheerleading Camp

(7 ½ - 12 yrs.) This Skyhawks camp teaches young athletes the essential skills of cheers, proper hand/body movements and jumping techniques. There is no stunting, just a big focus on life skills such as teamwork and leadership. The program concludes with a final cheer performance. Bring water, two snacks, and lunch daily. Wear appropriate athletic attire. Every camper receives an award certificate and Skyhawks t-shirt.

Location	Time	Code	Dates	\$
GrnbriarWestES	9am-4pm	4U3.470Z	7/21-7/25	\$265

Dance Camp

(6-12 yrs.) During this Baroody dance camp, campers will learn choreography and movement to some of the most popular songs out today. Arts & crafts will also be incorporated as campers decorate props and shirts. After a week of hard work, campers will show off their new dance moves on the final day of camp.

Location	Time	Code	Dates	\$
CherryRunES	9am-4pm	RDY.9H1Z	7/28-8/1	\$309

NEW! Dance: Barbieland Dance Camp

(6-9 yrs.) Join Art in Motion for this glamorous new dance camp as we celebrate all things Barbie. Your camper will learn new dance routines, create crafts, and of course, dress up as the most iconic doll, Barbie! A final performance on Friday will give your dancer a chance to showcase all they learned throughout the week. No camp July 4.

Location	Time	Code	Dates	\$
CherryRunES	1pm-4pm	EYF.CLRU	6/23-6/27	\$219
GrnbriarWestES	1pm-4pm	EYF.F5BL	7/14-7/18	\$219
OaktonES	9:30am-12:30pm	EYF.CT8Z	6/30-7/3	\$175
WoodburnES	9:30am-12:30pm	EYF.VDVV	7/21-7/25	\$219

NEW! Dance: Megastar Dance Camp

(6-9 yrs.) Interpret movement with feelings, emotions and style with Art in Motion. Learn lyrical, contemporary, hip-hop and jazz using popular ballads and contemporary music and the moves to dance on stage like many current pop stars. Camp ends with a marvelous showcase! No camp July 4.

Location	Time	Code	Dates	\$
Wkfld/Moore	1pm-4pm	2H1.2V0F	6/30-7/3	\$175

Dance: Shake it Off Dance Camp

(6-9 yrs.) Join Art in Motion to dance the week away with a whole week dedicated to America's favorite popstar. Campers will learn dances and will create Taylor-inspired crafts. We will end the week with an energy-filled performance that you won't want to miss. No camp July 4.

Location	Time	Code	Dates	\$
GrnbriarWestES	1pm-4pm	Y0I.0EKP	6/23-6/27	\$219
OaktonES	1pm-4pm	Y0I.J076	6/30-7/3	\$175
VirginiaRun ES	1pm-4pm	Y0I.DGP7	7/7-7/11	\$219
WoodburnES	1pm-4pm	Y0I.7YLY	7/21-7/25	\$219



NEW! Dance: Wonderful World of Dance

(3-6 yrs.) Join Art in Motion for a week of dance and fun with your favorite characters from around the world. Twirl with Elsa and Anna in Arendale, dance under the sea with Ariel and Sebastian, or take a "ride" on a magic carpet with Aladdin and Jasmine.

Location	Time	Code	Dates	\$
GrnbriarWestES	9:30am-12:30pm	JJE.EQAN	6/23-6/27	\$219
VirginiaRun ES	9:30am-12:30pm	JJE.OYC2	7/7-7/11	\$219

Gymnastics Camp

(5 ½-11 yrs.) Campers will build skills and learn to master the balance beam, bars, floor and vault in this Metro Movement camp.. Rec Center camps include an afternoon swim break. A signed participation release is due on the first day.

Location	Time	Code	Dates	\$
Franconia REC	9am-4pm	ODF.X2RM	6/23-6/27	\$349

NEW! In My Era! Dance Camp

(5 ½ - 12 yrs.) Immerse yourself in music and movement inspired by the Era Queen in this Metro Movement camp. Through daily dance classes set to her

MEET DAVIS AMEY, MOUNT VERNON REC CENTER'S RECREATION PROGRAMS SUPERVISOR



Davis has 10 years of government experience in various roles and locations. Working as a substitute teacher, census enumerator, and recreational programmer, he is passionate about building a great community in which to live.

"I hope to create a place where people of all ages can come together to learn, play, and improve themselves," Davis says.

Timeless songs, your camper will learn foundational dance skills. Rec Center camps include an afternoon swim break. A signed participation release is due on the first day. No camp June 19 and July 4.

Location	Time	Code	Dates	\$
Franconia REC	9am-4pm	AKQ.MKE6	6/16-6/20	\$279
SpHill REC	9am-4pm	AKQ.YXQH	6/30-7/3	\$279
Wkfld/Moore	9am-4pm	AKQ.SEIS	7/7-7/11	\$349

Ninja Obstacles & Tumbling Camp

(5 ½-11 yrs.) Be a ninja games warrior in this action-packed Metro Movement camp. Learn tumbling skills, jump across the floating steps and compete in our floor-based obstacle course challenge. Rec Center camps include an afternoon swim break. A signed participation release is due on the first day. Camps the week of June 9 for non-FCPS participants.

Location	Time	Code	Dates	\$
SpHill REC	9am-4pm	961.FSR6	6/9-6/13	\$349

Popstar Dance Camp

(6-12 yrs.) Campers will dance to the hottest music and dance styles in this Envision Dance camp as they play games and do arts and crafts. Bring swimsuit/towel daily for afternoon swim break if available. Dance performance at the end of the week for family and friends. No camp July 4.

Location	Time	Code	Dates	\$
SpHill REC	9am-4pm	DYC.7ZYM	6/30-7/3	\$219

NEW! Superstars Song & Dance Camp

(6-12 yrs.) Your child will have a blast singing popular songs and learning choreographed dances to their favorite hits! Spirit Pros campers will also get creative making friendship bracelets and designing stage backdrops for our spectacular end-of-week performance. No camp July 4.

Location	Time	Code	Dates	\$
CherryRun ES	9am-4pm	5H8.RGKW	7/28-8/1	\$349
Floris ES	9am-4pm	5H8.TTC2	7/21-7/25	\$349
MtVernonREC	9am-4pm	5H8.MM65	7/7-7/11	\$349
SpHill REC	9am-4pm	5H8.55KP	7/14-7/18	\$349
Woodburn ES	9am-4pm	5H8.ZLS2	6/30-7/3	\$279

Total Rock Band

(6-12 yrs.) Rich Sandler campers will learn to play music together in a rock band format, taking turns experiencing multiple instruments, including guitars and percussion. Perform new and familiar pieces using provided instruments or bring your own. Great for all proficiency levels. Bring a lunch, snack and drink. Bring a swimsuit/towel for afternoon swim time.

Location	Time	Code	Dates	\$
Franconia REC	9am-4pm	300.3D6L	7/21-7/25	\$349
MtVernonREC	9am-4pm	300.DOK8	7/7-7/11	\$349
NwngtonFrstES	9am-4pm	300.UKXG	7/14-7/18	\$349

Tumbling & Cheer

(5 ½-11 yrs.) In this Metro Movement camp, taught by former NFL, NBA, collegiate and other trained cheerleaders and gymnasts, campers will enjoy tumbling, cheers, stunt skills, and games. Bring lunch, snack, drink. Rec Center camps include an afternoon swim break. A signed participation release form is due on the first day. No camp July 4.

Location	Time	Code	Dates	\$
FlorisES	9am-4pm	C1C.06UZ	6/30-7/3	\$279
Franconia REC	9am-4pm	C1C.T9MC	7/7-7/11	\$349
MtVernonREC	9am-4pm	C1C.136A	6/23-6/27	\$349
MtVernonREC	9am-4pm	C1C.XKT5	7/14-7/18	\$349
Wkfld/Moore	9am-4pm	C1C.DER2	7/21-7/25	\$349

Tumbling & Dance Trends Camp

(5 ½-11 yrs.) Learn the most popular dances trending on social media such as Tik Tok while also developing tumbling skills. Campers will learn from Metro Movement's current and former NFL, NBA, collegiate and other trained dancers. Rec Center camps include an afternoon swim break. A signed participation release is due on the first day.

Location	Time	Code	Dates	\$
MtVernonREC	9am-4pm	A8T.GCP5	8/11-8/15	\$349
Oakton ES	9am-4pm	A8T.XSFK	6/23-6/27	\$349
Prov REC	9am-4pm	A8T.1TUX	7/21-7/25	\$349

Tumbling & Hip Hop

(5 ½-11 yrs.) Metro Movement teaches hip hop moves and tumbling skills from current and former NFL, NBA, collegiate and other trained dancers. Camp includes an afternoon swim break. A signed participation release is due on the first day. Camps the week of June 9 for non-FCPS participants.

Location	Time	Code	Dates	\$
Franconia REC	9am-4pm	QRX.GQI3	6/9-6/13	\$349

Ultimate Circus & Magic Camp

(6-12 yrs.) This Spirit Pros camp combines the best of circus arts which includes magic, juggling, balloon and sculpting. Try your hand at popular circus stunts using a variety of apparatus. Learn magic tricks to stump your friends, how to juggle different objects and create fascinating balloon sculptures. Rec Center campers should bring swimsuit/towel for afternoon swim time. A signed participation release is due on the first day. No camp June 19 and July 4.

Location	Time	Code	Dates	\$
CamelotES	9am-4pm	8T9.UFF2	6/23-6/27	\$349
Floris ES	9am-4pm	8T9.U1ZZ	7/7-7/11	\$349
Franconia REC	9am-4pm	8T9.KNQB	7/21-7/25	\$349
GrnbriarWestES	9am-4pm	8T9.PQQS	6/30-7/3	\$279
GrnbriarWestES	9am-4pm	8T9.3GGF	7/28-8/1	\$349
Mt.VernonREC	9am-4pm	8T9.Y4GZ	6/16-6/20	\$279
RavensworthES	9am-4pm	8T9.73PM	7/14-7/18	\$349

Ultimate Music Experience

(5-12 yrs.) Learn Now Music introduces campers to a variety of musical instruments and concepts including piano, guitar, violin, drums, voice and movement. Campers participate in musical games, crafts, musical listening excerpts and related projects. FREE instrument rentals are provided to borrow for in camp use and at-home exploration (rental agreement must be signed). Instruments must be returned at the end of the week. Bring lunch, snack and drink daily. No camp July 4. Camps the week of June 9 for non-FCPS participants.

Location	Time	Code	Dates	\$
KeeneMill ES	9am-4pm	F4P.V8HA	6/30-7/3	\$319
LouiseArcherES	9am-4pm	F4P.LME6	6/23-6/27	\$399
LouiseArcherES	9am-4pm	F4P.GOOD	7/7-7/11	\$399
LouiseArcherES	9am-4pm	F4P.EJX4	7/21-7/25	\$399
NwngtonFrst ES	9am-4pm	F4P.IQWM	6/23-6/27	\$399
NwngtonFrst ES	9pm-4pm	F4P.FDCO	6/30-7/3	\$319
OrangeHuntES	9am-4pm	F4P.YAS1	7/14-7/18	\$399
SpHill REC	9am-4pm	F4P.RJ06	6/9-6/13	\$399
SpringHill ES	9am-4pm	F4P.8W20	7/7-7/11	\$399
StratfrdLndgES	9am-4pm	F4P.1IHJ	7/21-7/25	\$399
WdlyHillsES	9am-4pm	F4P.89XI	7/14-7/18	\$399
WoodburnES	9am-4pm	F4P.54SX	6/23-6/27	\$399
WoodburnES	9am-4pm	F4P.A553	7/14-7/18	\$399



Science, Technology, Engineering & Math (STEM) Camps

3D Science Exploration

Use the zSpace® AR/VR system to be immersed in a 3D exploration of earth and space science, life science, physical science, geography, and social sciences in this Youth Technology Network camp. All materials and equipment provided.

Location	Time	Code	Dates	\$
(8-11 yrs.)				
NwngtonFrst ES	9am-12pm	MGG.2EMO	7/7-7/11	\$279
(12-15 yrs.)				
NwngtonFrst ES	1pm-4pm	YCD.69EK	7/7-7/11	\$279
SpringHillES	1pm-4pm	YCD.AVXV	7/21-7/25	\$279

NEW! A.I. Adventures & Inventor's League

(8-14 yrs.) This Black Rocket camp combines artificial intelligence with coding to create an unforgettable learning adventure. Campers will construct machine learning models that use image and text recognition within block-based coding software to build a portfolio of projects. Then, learn 'rapid prototyping' and problem-solving as you conceptualize and design a product to solve a critical global issue. Bring your visions to life by drafting 2D designs, 3D models and a website to pitch your idea! No camp July 4.

Location	Time	Code	Dates	\$
Oakton ES	9am-4pm	6SH.RAMR	7/14-7/18	\$499
Prov REC	9am-4pm	6SH.QZF1	7/7-7/11	\$499
RavenworthES	9am-4pm	6SH.53DF	6/30-7/3	\$399
RiversideES	9am-4pm	6SH.CC80	6/23-6/27	\$499
StratfrdLndgES	9am-4pm	6SH.PH8T	7/21-7/25	\$499

AI: ChatGPT & Solving Digital Mysteries

(9-13 yrs.) Unlock the secrets of Artificial Intelligence (AI) while embarking on thrilling adventures as young detectives with SteamKidz. This camp is a captivating blend of two exciting worlds: ChatGPT/AI exploration and the art of solving mysteries. Perfect for beginners, this course will inspire young minds and foster critical thinking, problem-solving, and creativity.

Location	Time	Code	Dates	\$
Frying Pan Pk	9am-4pm	CSB.HDNO	7/7-7/11	\$439

NEW! Amusement Park Engineers

(7-12 yrs.) In this Snapology camp, become an engineer of your own amusement park ride and learn the core physics and engineering concepts used to make a ride thrilling!

Location	Time	Code	Dates	\$
WdlyHillsES	9am-4pm	ZK2.2G80	7/14-7/18	\$349

NEW! Animation & Minecraft Movie Flick

(7-13 yrs.) Two camps in one with Incrediflix. In the mornings, create stop motion movies using a different medium each day. Animate with ducks, green screen, and film with anime characters. In the afternoon, make a Minecraft stop motion movie. Students will write, storyboard, create sets from construction paper, make their Minecraft blocks, film, animate effects, and do voice-overs.

Location	Time	Code	Dates	\$
StratfrdLndgES	9am-4pm	P91.H9AG	7/28-8/1	\$499

Archaeology Adventures

(9-12 yrs.) Dig in the soil to find treasures from the past. Campers will learn about the people of Fairfax County and their interaction with land over time from the found artifacts. Discover how scientists use techniques like ground excavation and artifact analysis to decode the mysteries of history.

Location	Time	Code	Dates	\$
HiddenPondNC	1pm-4pm	FA2.W9GQ	6/23-6/27	\$249
HiddenPondNC	1pm-4pm	FA2.RYVM	8/4-8/8	\$249

Backyard Science Camp

(5-8 yrs.) Investigate the properties of water and air, make bubbling concoctions, learn about electricity, and the science of bubbles. Older campers will also learn about bacteria and DNA. Camps the week of June 2 for non-FCPS participants.

Location	Time	Code	Dates	\$
HiddnOksNC	9am-12pm	ZJ6.0V82	6/2-6/6	\$249

Bricking Fun LEGO® Adventures

(5-12 yrs.) From racing custom-built LEGO® cars down thrilling derby ramps to exploring the limitless creativity of Minecraft, you'll dive headfirst into a world of endless possibilities with Snapology. Flex your problem-solving skills as you tackle brain-teas-

ing LEGO® puzzles and unleash your inner artist by crafting one-of-a-kind LEGO® masterpieces. Whether you're a seasoned LEGO® master or a newcomer to the bricks, this camp has something for everyone. Campers in morning and afternoon sessions will have a supervised hour lunch break. No camp July 4.

Location	Time	Code	Dates	\$
Bricks&Minifigs	1pm-4pm	QYF.41IE	7/21-7/25	\$175
Bricks&Minifigs	1pm-4pm	QYF.LRAN	8/18-8/22	\$175
VirginiaRun ES	1pm-4pm	QYF.QKIB	6/30-7/3	\$139

Bricking Fun LEGO® Creativity

(5-12 yrs.) In this creative Snapology LEGO® camp, you'll build iconic characters, vehicles, and scenes inspired by your favorite movies and TV shows. From battling Sith Lords to exploring enchanted castles, unleash your inner artist and bring your pop culture dreams to life, brick by brick. Whether you're a seasoned LEGO® builder or a newcomer, this class is your ticket to an unforgettable adventure. Campers in morning and afternoon sessions will have a supervised hour lunch break. No camp June 19 and July 4. Camps the week of August 18 for non-FCPS participants.

Location	Time	Code	Dates	\$
Bricks&Minifigs	9am-12pm	YOH.E70T	6/23-6/27	\$175
Bricks&Minifigs	9am-12pm	YOH.4PQY	7/7-7/11	\$175
Bricks&Minifigs	9am-12pm	YOH.E71N	7/21-7/25	\$175
Bricks&Minifigs	9am-12pm	YOH.KYAY	8/4-8/8	\$175
Bricks&Minifigs	9am-12pm	YOH.RRYV	8/18-8/22	\$175
Frying Pan Pk	9am-12pm	YOH.8TTS	6/16-6/20	\$139
GrnbriarWestES	9am-12pm	YOH.CQZG	7/14-7/18	\$175
VirginiaRun ES	9am-12pm	YOH.RQFP	6/30-7/3	\$139

Bricking Fun LEGO® Engineering

(7-12 yrs.) Dive headfirst into the world of simple machines with Snapology. Construct, tinker, and explore the hidden mechanics that make everyday objects work. From gears and pulleys to levers and inclined planes, you'll uncover the secrets behind the LEGO® creations you love and unleash your inner engineer. Campers in morning and afternoon sessions will have a supervised hour lunch break. No camp July 4. Camps the week of August 18 and 25 for non-FCPS participants.

Location	Time	Code	Dates	\$
Bricks&Minifigs	9am-12pm	Y51.CA3C	6/16-6/20	\$175
Bricks&Minifigs	9am-12pm	Y51.Z4KV	6/30-7/3	\$139
Bricks&Minifigs	9am-12pm	Y51.2C10	7/14-7/18	\$175
Bricks&Minifigs	9am-12pm	Y51.XAT9	7/28-8/1	\$175
Bricks&Minifigs	9am-12pm	Y51.VXC8	8/11-8/15	\$175
Bricks&Minifigs	9am-12pm	Y51.MRCN	8/25-8/29	\$175
EagleView ES	9am-12pm	Y51.J7ZA	6/23-6/27	\$175
Frying Pan Pk	9am-12pm	Y51.TVGW	8/4-8/8	\$175
GrnbriarWestES	9am-12pm	Y51.7R6D	6/23-6/27	\$175
SpringHillES	9am-12pm	Y51.ZJW7	7/7-7/11	\$175
SpringHillES	9am-12pm	Y51.IY53	7/21-7/25	\$175
VirginiaRun ES	9am-12pm	Y51.I9SB	7/21-7/25	\$175



www.fairfaxcounty.gov/parks/volunteer

Bricking Fun LEGO® Robotics

(7-12 yrs.) In this exciting Snapology camp, design, build, and program your very own LEGO® creations that come to life. Unlock the secrets of sensors, motors, and coding as you transform simple bricks into intelligent, programmable robots. Problem-solve, experiment, and unleash your inner techno-wizard, as you take the first steps towards mastering the world of robotics. Campers in morning and afternoon sessions will have a supervised hour lunch break. No camp July 4. Camps the week of August 25 for non-FCPS participants.

Location	Time	Code	Dates	\$
Bricks&Minifigs	1pm-4pm	1BK.0Z15	6/16-6/20	\$175
Bricks&Minifigs	1pm-4pm	1BK.NGCA	6/30-7/3	\$139
Bricks&Minifigs	1pm-4pm	1BK.2GQQ	7/14-7/18	\$175
Bricks&Minifigs	1pm-4pm	1BK.INNE	7/28-8/1	\$175
Bricks&Minifigs	1pm-4pm	1BK.GOGC	8/11-8/15	\$175
Bricks&Minifigs	1pm-4pm	1BK.47BE	8/25-8/29	\$175
EagleView ES	1pm-4pm	1BK.0UJT	6/23-6/27	\$175
GrnbriarWestES	1pm-4pm	1BK.2CE0	6/23-6/27	\$175
SpringHillES	1pm-4pm	1BK.HMBQ	7/7-7/11	\$175
SpringHillES	1pm-4pm	1BK.TG31	7/21-7/25	\$175
VirginiaRun ES	1pm-4pm	1BK.AQ55	7/21-7/25	\$175

Build Your Own Circuit & Python/Scratch Coding

(6-12 yrs.) Two camps in one with Stemtree! Explore electricity and electronics, with hands-on activities and experiments, introducing campers to the field of engineering. Campers will then code in either Python or Scratch based on their grade levels. Previous participants will continue learning new STEM concepts.

Location	Time	Code	Dates	\$
Woodburn ES	9am-4pm	PYH.7JT1	7/7-7/11	\$415

NEW! Chain Reaction Engineers

(10-13 yrs.) Campers will join SPARK Business Academy to build a variety of complex contraptions to complete a simple task while learning the basic physics concepts of work, gravity, force and momentum. Using simple machines like levers, wedges, wheels, axles, pulleys and inclined planes, campers learn to understand mechanical concepts in a fun way, while using their imagination. No camp July 4.

Location	Time	Code	Dates	\$
ColvinRunMill	9am-4pm	TK1.NFTS	6/30-7/3	\$319

Chemistry in the Kitchen

(5-8 yrs.) Explore chemistry in the kitchen with The Science Seed, like the difference between baking soda and baking powder, and the role yeast plays in pizza dough. The day is rounded out by outdoor recess, story time tied to the day's science, free reading, exploration and a daily journal entry.

Location	Time	Code	Dates	\$
LouiseArcherES	9am-4pm	SBV.N83L	6/23-6/27	\$399
WestfieldHS	9am-4pm	SBV.RWHO	7/14-7/18	\$399

Combat Robots

(7-12 yrs.) Learn engineering strategies for building sturdy structures using LEGO® bricks and then apply that knowledge to build a robot for friendly competition with Snapology. You'll have a blast as you play robot football and complete the hoop challenge in this robotics program.

Location	Time	Code	Dates	\$
WdlyHillsES	9am-4pm	INI.HGSC	6/23-6/27	\$349

Crazy Chemworks

(6-10 yrs.) This action-packed Mad Science summer camp is bubbling over with classic experiments and crazy concoctions. Get to know lab basics, then jump into the incredible world of chemistry. Perform



spectacular hands-on activities using real science equipment and tools. Witness stunning demonstrations involving slime, dry ice, and more. Learn and apply concepts and techniques just like a real chemist! No camp July 4.

Location	Time	Code	Dates	\$
CamelotES	9am-4pm	CK7.IFLM	6/23-6/27	\$425
CherryRunES	9am-4pm	CK7.MUUM	7/14-7/18	\$425
EagleView ES	9am-4pm	CK7.OHKO	7/7-7/11	\$425
KeeneMillES	9am-4pm	CK7.13T6	6/30-7/3	\$345
LouiseArcherES	9am-4pm	CK7.5WV3	7/28-8/1	\$425
SpringHillES	9am-4pm	CK7.3QWE	7/7-7/11	\$425
VARunES	9am-4pm	CK7.7F6X	6/23-6/27	\$425

Doctors & Vets Camp

(6-10 yrs.) Learn how to be a doctor or veterinarian by taking apart a model of the brain and studying the systems of the body with SteamKidz Lab. Discover how reflexes work and other body functions that doctors need to know. During vet camp, we'll explore animals' senses, make a first aid kit for pets and meet some animals. Bring a lunch, snack, and drink.

Location	Time	Code	Dates	\$
KeeneMill ES	9am-4pm	38D.HTQE	7/21-7/25	\$439
SpringHillES	9am-4pm	38D.FZHO	7/14-7/18	\$439
StratfrdLndgES	9am-4pm	38D.M1XE	7/7-7/11	\$439

NEW! Drone Adventures & Minecraft Redstone

(8-14 yrs.) Let your dreams take flight by coding drones to complete exciting challenges with Black Rocket. Build obstacle courses with your team and compete in timed trials to perfect your flying skills. Then, master Minecraft engineering using Redstone and Command blocks to create complex circuits in Minecraft and develop your own working amusement park games and rides for the Minecraft universe! No camp July 4.

Location	Time	Code	Dates	\$
RiversideES	9am-4pm	QPA.K88H	6/30-7/3	\$399

Electric Circuitry Camp

(8-12 yrs.) Join SciGenie to explore the fundamentals of electricity through hands-on activities, learning about electric circuits, currents, and magnetic forces. Campers will work with snap circuits and design their own electric fan and several hand-on projects fostering creativity and critical thinking. This camp is ideal for young innovators eager to discover the science behind electricity.

Location	Time	Code	Dates	\$
Woodburn ES	9am-4pm	BUL.JHLH	7/7-7/11	\$429

Engineering Design Process

Learn what engineers do and the process used to create functional products. If you enjoy brainstorming, problem-solving or just have an interest in engineering, this Youth Technology Network camp is for you.

Location	Time	Code	Dates	\$
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(8-11 yrs.)

CherryRunES	9am-12pm	RP7.G3M2	7/21-7/25	\$279
SpringHillES	9am-12pm	RP7.CKKJ	7/28-8/1	\$279
StratfrdLndgES	9am-4pm	RP7.1J12	7/7-7/11	\$389

(12-15 yrs.)

CherryRunES	1pm-4pm	GTT.Y3CJ	7/21-7/25	\$279
SpringHillES	1pm-4pm	GTT.YDZ1	7/28-8/1	\$279

Eureka! Inventors Camp

(6-10 yrs.) Using basic materials, young inventors will create simple machines such as catapults and forts, as well as a winning egg-drop design, dancing robot and working light saber to take home. Learn about world-famous inventors and construction ingenuity in this Mad Science Camp. No camp July 4.

Location	Time	Code	Dates	\$
CamelotES	9am-4pm	FPN.A0VW	6/30-7/3	\$345
OrangeHuntES	9am-4pm	FPN.5Y9V	7/7-7/11	\$425
WdlyHillsES	9am-4pm	FPN.AQR2	7/14-7/18	\$425

Explore Science and Python/Scratch Coding

(6-12 yrs.) Spark curiosity and deepen appreciation for science through engaging and hands-on learning experiences. Stemtree curriculum empowers campers to become confident scientific thinkers by exploring the core principles of science. Campers will code in either Python or Scratch based on their grade levels. Scratch is a highly visual programming language suitable for younger students. Python is one of the most popular programming languages used in data sciences and machine learning. Previous participants will continue learning new STEM concepts.

Location	Time	Code	Dates	\$
GrnbriarWestES	9am-4pm	FAM.3X4B	6/23-6/27	\$415
LouiseArcherES	9am-4pm	FAM.UP19	6/23-6/27	\$415
VirginiaRun ES	9am-4pm	FAM.RF59	7/21-7/25	\$415

Explore Science & Robo Fun

(6-12 yrs.) Two camps in one with Stemtree! Robots inspire campers to learn engineering and apply their basic science, model construction, computer programming, problem-solving skills, and knowledge to explore STEM concepts. Spark curiosity and appreciation for science through engaging and hands-on learning experiences. Stemtree curriculum empowers campers to become confident scientific thinkers by exploring the core principles of science. Previous participants will continue learning new STEM concepts.

Location	Time	Code	Dates	\$
Woodburn ES	9am-4pm	6ZR.FNOL	7/28-8/1	\$415

Fantastic Fossils

(5-8 yrs.) Explore the world of fossils and geology with The Science Seed. Erupt your own volcano, create and excavate a dino dig, explore real fossils, and

make a cast of a real fossil. Round out the day with an outside break, a science-related story time and a daily journal entry. No camp July 4.

Location	Time	Code	Dates	\$
Camelot ES	9am-4pm	1Y6.74TY	7/28-8/1	\$399
EagleView ES	9am-4pm	1Y6.DKDK	7/14-7/18	\$399
StratfrdLndgES	9am-4pm	1Y6.NSAQ	6/30-7/3	\$319
VirginiaRunES	9am-4pm	1Y6.OT54	7/21-7/25	\$399

NEW! Graphic Design & Digital Art

(7-12 yrs.) Using Procreate software, campers will master digital brush strokes, transitioning smoothly from sketching and painting to fine detailing in this Baroody camp. Traditional art concepts are blended with the arsenal of a digital medium. Each camper will produce a unique art project that can be proudly displayed at home. No camp July 4.

Location	Time	Code	Dates	\$
EagleView ES	9am-4pm	TA6.MYNQ	6/30-7/3	\$279

Humans Inside & Out

(5-8 yrs.) Learn all about humans with The Science Seed staff. Campers will explore our senses, skin, body systems and organs. Discover why we have bones and what the nervous system does. Find out how germs get inside the body. Other activities include outdoor recess, a science-related story time and a daily journal entry. No camp July 4.

Location	Time	Code	Dates	\$
KeeneMill ES	9am-4pm	2HK.OH10	7/28-8/1	\$399
RavensworthES	9am-4pm	2HK.YX67	7/7-7/11	\$399
StratfrdLndgES	9am-4pm	2HK.91WG	7/21-7/25	\$399
VirginiaRun ES	9am-4pm	2HK.6SWN	6/30-7/3	\$319

Ingenious Innovators Camp

(8-12 yrs.) Meet some of the most famous inventions and inventors from the past and present. Harness the power of the engineering design process to design and build prototypes using the same tools, skills and thinking methods employed by famous innovators. Create catapults and forts, construct working light sticks and a suspension bridge from recycle materials in this SciGenie camp.

Location	Time	Code	Dates	\$
GrnbriarWestES	9am-4pm	S9H.FOLX	7/14-7/18	\$429
Woodburn ES	9am-4pm	S9H.UMWY	7/14-7/18	\$429

NEW! Introduction to 3D Design & Printing

Experience excitement of computer aided design, 2D and 3D modeling processes, design thinking, and 3D printing to produce a digital object! This Youth Technology Network camp is perfect for youngsters with limited or no 3D design and printing experience. All materials and equipment provided. No camp June 19.

Location	Time	Code	Dates	\$
(8-11 yrs.)				
SpringHillES	9am-12pm	QM0.XARS	7/7-7/11	\$279
(12-15 yrs.)				
SPHill REC	1pm-4pm	XUK.LOE9	6/16-6/20	\$225
SpringHillES	1pm-4pm	XUK.GCU1	7/7-7/11	\$279

Introduction to Drones

(10-15 yrs.) Discover how to build and operate a small drone with Youth Technology Network. Learn recreational and professional uses for drones and how to operate them safely and responsibly. This activity is best for participants with no drone experience. All materials and equipment provided. No camp July 4.

Location	Time	Code	Dates	\$
Franconia REC	9am-12pm	OBU.KNH2	6/30-7/3	\$225
Franconia REC	1pm-4pm	OBU.PA8K	6/30-7/3	\$225
SpringHillES	9am-12pm	OBU.Q500	7/14-7/18	\$279
SpringHillES	1pm-4pm	OBU.ANWR	7/14-7/18	\$279

It's All About Science

(6-10 yrs.) With SciGenie, discover that science is all around us through hands-on experimentation. Explore a variety of scientific topics, including chemistry, biology, and physics, while having fun engaging and learning about chemical reactions, Newton's laws, and many other cool experiments.

Location	Time	Code	Dates	\$
Woodburn ES	9am-4pm	OTR.2LWQ	7/28-8/1	\$429

NEW! Junior LEGO® Engineers

(5-8 yrs.) Join Snapology to build fun and simple models using LEGO®: motorcycles, racecars, windmills and cranes. Experience pulleys, levers, gears, wheels and axles while exploring energy, buoyancy, and balance. Camp includes free-building time to promote creativity. Campers will learn basic engineering and mechanical ideas and practice early science skills. No camp July 4.

Location	Time	Code	Dates	\$
EagleView ES	9am-4pm	P70.N6FM	6/30-7/3	\$279

LEGO® Astronaut & Dinosaur Camp

(6-10 yrs.) Explore the solar system in our astronaut training academy with SteamKidz Lab. Use LEGO® to create space gadgets. Learn about constellations, rockets, and planetary geology. In the afternoon, put on your paleontologist hat and enter a time machine back to a lost island of dinosaurs. Study dinosaur bones, hunt for fossils, and create fossil models. Bring a lunch, snack, and drink.

Location	Time	Code	Dates	\$
GrnbriarWestES	9am-4pm	F26.4YQS	7/21-7/25	\$439

LEGO® Engineering Design Challenge

(7-12 yrs.) Play-Well instructors will introduce mechanisms to get your gears turning; then, it's your job to take it to the next level! Go head-to-head or work towards a new personal best as we apply real-world concepts to LEGO® challenges. No camp July 4.

Location	Time	Code	Dates	\$
OrangeHuntES	1pm-4pm	1EZ.08BM	6/30-7/3	\$199

LEGO® Robotics WeDo 2.0

(5-12 yrs.) Baroody campers will dive hands-on into building and programming their very own LEGO® robots. Bring to life a hopping frog, a daring rescue helicopter, or an adventurous moon rove! As they tinker and create, campers will learn the magic behind motors, hubs, and sensors, and explore the vast universe of computer science with concepts like sequencing, debugging, and loops. Camps the week of June 9 for non-FCPS participants.

Location	Time	Code	Dates	\$
GW REC	9am-4pm	R50.3VN2	6/9-6/13	\$345

NEW! Live Action & Mario Flix

(7-13 yrs.) Two Incredible camps in one. In the mornings, discover your filmmaking talents. You don't have to be an actor to take part, as we'll guide you through the Hollywood process to create, direct, film, act, and more. And in the afternoon, create a Mario Movie full of fun to save the day, or even be Bowser trying to take over the world. Work in small groups to storyboard, build the world, film, and do voice-overs. No camp July 4.

Location	Time	Code	Dates	\$
GrnbriarWestES	9am-4pm	2GH.G7LQ	6/30-7/3	\$399
OakmontREC	9am-4pm	2GH.IYKY	7/28-8/1	\$499
OrangeHuntES	9am-4pm	2GH.UPBV	7/14-7/18	\$499
RiversideES	9am-4pm	2GH.4SY1	7/21-7/25	\$499
Stenwood ES	9am-4pm	2GH.S9RT	6/23-6/27	\$499

Magic & Spy Camp

(6-10 yrs.) SteamKidz Lab introduces campers to the science behind magic and how to be the best spy. Spend mornings making vanishing illusions and performing color-changing tricks. Through magic, explore chemistry, optics, physics, engineering, and life sciences. In the afternoon you'll enter the spy training program and solve mysteries using handwriting analyses, secret codes, and special gadgets. Experiment with cool tools like periscopes. Bring lunch, snack, and drink daily.

Location	Time	Code	Dates	\$
Camelot ES	9am-4pm	433.7B5D	7/21-7/25	\$439
GrnSpGdn	9am-4pm	433.K201	7/14-7/18	\$439
LouiseArcherES	9am-4pm	433.AI78	6/23-6/27	\$439
LouiseArcherES	9am-4pm	433.7JBX	7/28-8/1	\$439
StenwoodES	9am-4pm	433.Z2TM	7/14-7/18	\$439
Woodburn ES	9am-4pm	433.FA4J	6/23-6/27	\$439

May the Force Be with You

(5-8 yrs.) Explore how things move and learn about sinking, floating, flight and balance with the Science Seed. Experiment with gravity, magnets, friction and simple machines. Campers will also enjoy outdoor recess, story time tied to the day's science, free reading, exploration and a daily journal entry. No camp July 4.

Location	Time	Code	Dates	\$
OrangeHuntES	9am-4pm	3KH.10JT	6/23-6/27	\$399
RavensworthES	9am-4pm	3KH.9W0A	6/30-7/3	\$319
StratfrdLndgES	9am-4pm	3KH.0K9Q	7/28-8/1	\$399
WestfieldHS	9am-4pm	3KH.U3U6	7/7-7/11	\$399

Minecraft Creative Adventures

(5-12 yrs.) In the boundless universe of Minecraft, campers will use their creativity to construct everything from small villages to grand castles in this Baroody camp. They'll learn the basics of Minecraft, including navigation, block types, and building techniques. The program encourages individual creativity, allowing campers to express their imaginations through virtual worlds!

Location	Time	Code	Dates	\$
WdlyHillsES	9am-4pm	4VT.S6JF	7/7-7/11	\$345

Minecraft Engineering with LEGO®

Venture into the world of Minecraft in our unique LEGO® experience. Build your base, craft your tools, use your Minecart to harvest raw resources, and battle to stop the Ender Dragon from ending the world. Explore the endless possibilities of LEGO® with a trained Play-Well instructor.

Location	Time	Code	Dates	\$
(5-7 yrs.) Engineering				
Cub Run REC	9am-12pm	7YV.N501	7/28-8/1	\$245
LouiseArcherES	9am-12pm	7YV.EDN5	6/23-6/27	\$245
LouiseArcherES	9am-12pm	7YV.VKGL	7/14-7/18	\$245
NwngtonFrst ES	9am-12pm	7YV.6G3A	7/14-7/18	\$245
Wkfld/Moore	9am-12pm	7YV.HFFB	7/14-7/18	\$245
(7-12 yrs.) Master Engineering				
Cub Run REC	1pm-4pm	8ZB.R2IG	7/28-8/1	\$245
LouiseArcherES	1pm-4pm	8ZB.7AOP	6/23-6/27	\$245
LouiseArcherES	1pm-4pm	8ZB.OCX6	7/14-7/18	\$245
NwngtonFrst ES	1pm-4pm	8ZB.JK3K	7/14-7/18	\$245

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NEW! Minecraft Modders & Beats and Jams

(8-14 yrs.) Customize your own Minecraft world while learning basic coding and scripting concepts using the Java version of Minecraft with Black Rocket. Create a wide variety of new elements, gameplay mechanics, and world generating mods to change the way you play Minecraft. Then, begin your rise to the top of the charts with digital music production! Design your own beats, remixes, and mashups using professional digital production software and share your soundtracks with friends and family. Camps the week of June 9 for non-FCPS participants.

Location	Time	Code	Dates	\$
OakmontREC	9am-4pm	00Y.MI7J	6/9-6/13	\$499

NASA: Academy of Future Space Explorers

(6-10 yrs.) Blast off with a camp designed and created by NASA engineers! Join Mad Science to set your trajectory from Earth's atmosphere to the outer reaches of our solar system. This hands-on program will bring campers closer to the stars, planets, and comets. Learn about living in space, getting away from gravity, looking for space phenomena, and participate in a rocket launch. No camp July 4.

Location	Time	Code	Dates	\$
EagleView ES	9am-4pm	ODA.PV43	6/30-7/3	\$345
LouiseArcher ES	9am-4pm	ODA.4X90	7/14-7/18	\$425
WdlyHillsES	9am-4pm	ODA.RDMP	7/28-8/1	\$425

Pokemon Engineering with LEGO®

With the Pokémon Championship approaching, join our enthusiastic Play-Well Instructors as we build and catch our favorite Pokémon, rescue Pikachu from Team Rocket, take a ride on the S.S. Anne to uncover rare and mystic Pokémon, and battle to see who will hold the title of Pokémon Master.

Location	Time	Code	Dates	\$
(5-7 yrs.) Engineering				
Cub Run REC	9am-12pm	LLB.D00W	6/30-7/3	\$199
OrangeHuntES	9am-12pm	LLB.5LID	7/7-7/11	\$245
(7-12 yrs.) Master Engineering				
CubRun REC	9am-12pm	OYW.GTXR	6/23-6/27	\$245
LouiseArcherES	1pm-4pm	OYW.THKM	7/7-7/11	\$245
OrangeHuntES	1pm-4pm	OYW.L7AQ	7/7-7/11	\$245

NEW! Radical Rides with LEGO®

(5-7 yrs.) Start your engines with tens of thousands of LEGO® parts as you dive into the vast world of vehicles. Build and design an array of exciting machines, traversing land, sea, and air, with the assistance of experienced Play-Well instructors. Learn about the engineering principles behind motors, gears, and everything that vrooms and zooms!

Location	Time	Code	Dates	\$
Cub Run REC	9am-12pm	IZG.ZU2Q	7/21-7/25	\$245
OakmontREC	9am-12pm	IZG.L03I	7/21-7/25	\$245
OrangeHuntES	9am-12pm	IZG.R1AN	7/21-7/25	\$245

New! Radical Rides 2.0 with LEGO®

(7-12 yrs.) Build fast and furious vehicles of all kinds! Dive into our tens of thousands of LEGO® parts and learn about the engineering behind vehicle design and creation. Play-Well instructors will help you get movin' and groovin' through the world.

Location	Time	Code	Dates	\$
Cub Run REC	1pm-4pm	K62.XIPH	7/21-7/25	\$245
OakmontREC	1pm-4pm	K62.B4R9	7/21-7/25	\$245
OrangeHuntES	1pm-4pm	K62.02TB	7/21-7/25	\$245
SpHill REC	1pm-4pm	K62.8475	7/21-7/25	\$245

NEW! Real World Robotics

(7-12 yrs.) Explore how robots help humans live in the modern world and explore other worlds with Snapology. While working with a partner, campers will learn to utilize sensors, how different mechanical components work in their robots, and how programming is a challenging but rewarding skill that they can master with just a little practice.

Location	Time	Code	Dates	\$
WdlyHillsES	9am-4pm	ODB.TYCX	7/28-8/1	\$349

NEW! Roblox Editor: Code Your World

(7-10 yrs.) Unleash your creativity in this exciting iCODE camp and learn the basics of game design and world-building using Roblox. Through fun, hands-on activities, campers will dive into scripting, designing custom worlds, and bringing their imagination to life with simple programming concepts. Perfect for beginners. No camp July 4.

Location	Time	Code	Dates	\$
OrangeHuntES	9am-4pm	BNA.J2NG	6/30-7/3	\$305

NEW! Roblox Makers & LEGO® Films

(8-14 yrs.) Unlock the power of Roblox Studio, the world creation tool used by real-world Roblox developers! Join Black Rocket to build 3D models, customize characters and animations, and create your own Roblox world. Then create your own stop motion movie using LEGO® figures and sets built with LEGO® and crafting materials. Work with a team or independently to create short films to share with friends and family.

Location	Time	Code	Dates	\$
EagleViewES	9am-4pm	U3I.ZYZG	7/7-7/11	\$499
RavensworthES	9am-4pm	U3I.3PWW	6/23-6/27	\$499

Science Games & Survivor Camp

(6-10 yrs.) It's nonstop action in this SteamKidz camp packed with races, games, and surviving on a desert island! Play Earthquake and Floor is Lava. Build and race paper airplanes. Stretch slime to the finish line. Use earth, wind, fire and water to survive on a desert island and build gadgets, explore volcanoes, create a water filter and track and identify animals. Bring a lunch, snack, and drink. No camp July 4.

Location	Time	Code	Dates	\$
Camelot ES	9am-4pm	J1M.XTX5	6/30-7/3	\$349
CherryRunES	9am-4pm	J1M.IDHM	7/7-7/11	\$439
SpringHill ES	9am-4pm	J1M.L71R	6/23-6/27	\$439

Secret Agent Lab

(6-10 yrs.) Connect the dots using science to help solve a crime in this hands-on, Mad Science camp. Uncover the science involved in evidence gathering, analysis and fingerprinting detection. Enhance your recall and observation skills and learn how to use spy equipment. No camp July 4.

Location	Time	Code	Dates	\$
CherryRunES	9am-4pm	LDQ.VSNG	7/21-7/25	\$425
EagleView ES	9am-4pm	LDQ.700A	7/21-7/25	\$425
SpringHillES	9am-4pm	LDQ.KC1E	7/14-7/18	\$425
Stenwood ES	9am-4pm	LDQ.WNBN	6/30-7/3	\$345
VirginiaRun ES	9am-4pm	LDQ.WLXP	7/7-7/11	\$425

Slimes & Concoctions

(6-10 yrs.) Explore chemistry with slime-making and potion-concocting. In the morning, investigate magnetism and diffusion plus test crazy, sticky, foamy, sparkly, fluorescing and otherwise unidentifiable slimes. In the afternoon, make wild and wacky concoctions like exploding lava, grow crystals, and a lava lamp. Through SteamKidz Lab hands-on investigation, discover chemical and physical changes, reactions, and neutralization. Bring lunch, snack, and drink daily.

Location	Time	Code	Dates	\$
NwngtonFrst ES	9am-4pm	945.5XLT	7/28-8/1	\$439
OrangeHuntES	9am-4pm	945.1UKV	7/21-7/25	\$439
VirginiaRunES	9am-4pm	945.68G3	7/14-7/18	\$439

NEW! Social Media Stars:

Create, Edit & Shine

(9-12 yrs.) iCODE Campers will learn how to produce eye-catching videos and photos for social media platforms. They'll explore the basics of content creation, from shooting videos to using editing tools and understanding the essentials of social media marketing. Perfect for aspiring influencers ready to shine online!

Location	Time	Code	Dates	\$
Oakmont REC	9am-4pm	XXZ.OX3L	7/7-7/11	\$379
SoRun REC	9am-4pm	XXZ.3ZG0	7/28-8/1	\$379

Special Effects Movie & LEGO® Flick

(7-13 yrs.) Two Incrediflix camps in one. In the morning: explosions, tornados, meteors! In these high in-

tensity live action movies, the special effects will blow your mind. In groups, you'll get to direct, act, and even choose special effects to incorporate into your movies. In the afternoon, bring LEGO® to life working in groups to create a LEGO® stop-motion movie with voice-overs. No camp June 19 and July 4.

Location	Time	Code	Dates	\$
RiversideES	9am-4pm	ED8.JMVK	7/7-7/11	\$499
VirginiaRun ES	9am-4pm	ED8.SBOF	7/21-7/25	\$499
Woodburn ES	9am-4pm	ED8.NE8B	6/30-7/3	\$399

STEM Adventures

(8-11 yrs.) Join Baroddy camps to delve into various aspects of STEM, exploring topics such as robotics, chemistry, coding, and game design. Our hands-on approach includes interactive experiments such as creating potions and crafting slime, as well as problem-solving activities like developing robotic contraptions.

Location	Time	Code	Dates	\$
OrangeHuntES	9am-4pm	NVQ.OH9I	7/14-7/18	\$345

STEM & Minecraft with LEGO®

(5-10 yrs.) Build projects inspired by cool machines while applying real-world concepts in physics, engineering, and architecture. Then, venture into the world of Minecraft in Play-Well TEKologies unique LEGO® experience. Build your base, craft your tools, use your Minecart to harvest raw resources, and battle to stop the Ender Dragon from ending the world. No camp July 4.

Location	Time	Code	Dates	\$
GrnSprgGrdn	9am-4pm	U1I.AVLV	6/30-7/3	\$299

STEM Discovery with LEGO®

(5-7 yrs.) Join Play-Well TEKologies to engineer designed projects as you discover the world through inquiry-based learning. Projects are rotated seasonally to ensure that both new and returning campers can explore the endless creative possibilities of the LEGO® building system. No camp June 19.

Location	Time	Code	Dates	\$
CubRun REC	9am-12pm	MY1.4H9X	6/23-6/27	\$245
LouiseArcherES	9am-12pm	MY1.HBHF	7/28-8/1	\$245
OakmontREC	9am-12pm	MY1.EDXQ	6/16-6/20	\$199
WdlyHillsES	9am-12pm	MY1.SLXY	7/28-8/1	\$245

STEM Exploration with LEGO®

(7-12 yrs.) Master your engineering skills with Play-Well TEKologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects. Projects are rotated seasonally to ensure that returning students get a new experience.

Location	Time	Code	Dates	\$
CubRun REC	1pm-4pm	Y30.Q1NX	6/23-6/27	\$245

STEM exCEL 3D Printing & Comics

(6-12 yrs.) Bring your favorite superheroes to life or create your own with STEM exCEL. Learn to create and print 3D objects from famous comics or movies while learning about comic composition concepts and basic art theory for using digital art software. Campers will go home with 3D print models and digital files of their comics. Bring snack, lunch and drink.

Location	Time	Code	Dates	\$
EagleView ES	9am-4pm	200.HE3R	7/14-7/18	\$469
KeeneMill ES	9am-4pm	200.04LN	7/14-7/18	\$469

STEM exCEL 3D Printing & Game Design

(6-12 yrs.) Engage your young tech-enthusiasts with two cutting-edge, 3D technologies for a unique

learning experience. Design, create and print 3D objects. Build your own video game integrating the 3D models you create. Campers get 3D prints and digital files of their creations.

Location	Time	Code	Dates	\$
VirginiaRun ES	9am-4pm	D85.HBUX	7/28-8/1	\$469

STEM exCEL Gamer Adventures

(6-12 yrs.) Learn the fundamentals of programming, art and level design to create a video game from the ground up. Using a game engine with integrated art software and an easy-to-use events system, campers have the freedom to create a product that is truly their own. Learn about the history of video games by playing classic ones to see the advancement of technology. Campers leave with a digital copy of their work. No camp July 4.

Location	Time	Code	Dates	\$
EagleView ES	9am-4pm	004.W1WF	7/21-7/25	\$469
GrnbriarWestES	9am-4pm	004.SE26	7/7-7/11	\$469
KeeneMill ES	9am-4pm	004.BYGE	6/23-6/27	\$469
NwngtonFrst ES	9am-4pm	004.97W4	6/23-6/27	\$469
OakmontREC	9am-4pm	004.GLJN	6/30-7/3	\$375
OaktonES	9am-4pm	004.2LUM	7/28-8/1	\$469
Stenwood ES	9am-4pm	004.Y2LH	7/14-7/18	\$469
VirginiaRun ES	9am-4pm	004.EE3N	7/14-7/18	\$469
VirginiaRun ES	9am-4pm	004.2GFF	6/30-7/3	\$375
Woodburn ES	9am-4pm	004.VYLP	6/23-6/27	\$469
WdlyHillsES	9am-4pm	004.WO0Y	7/14-7/18	\$469

STEM exCEL Minecraft &

Computer Science Camp

(6-12 yrs.) Campers will use programming fundamentals to design and implement large-scale Minecraft modifications. Hands-on activities will take place at the beginning of camp that introduce vital concepts then use the easy drag-and-drop interface to create programs, solve problems and design games. Next, campers will learn functions, variables and conditionals. No camp July 4.

Location	Time	Code	Dates	\$
KeeneMill ES	9am-4pm	A65.M0EV	7/7-7/11	\$469
RavensworthES	9am-4pm	A65.ANHR	7/14-7/18	\$469
SpHill REC	9am-4pm	A65.47Z9	6/30-7/3	\$375
Stenwood ES	9am-4pm	A65.48W3	6/30-7/3	\$375
VirginiaRun ES	9am-4pm	A65.3GBA	6/23-6/27	\$469

STEM exCEL Roblox &

Computer Science Camp

(6-12 yrs.) Program and develop games using character development, powerups and traps in a ROBLOX adventure. Teams will compete honing strategies. Learn functions, variables and conditionals through hands-on activities that help reinforce vital concepts. Use our easy drag-and-drop interface to put your new knowledge into play, to create programs and solve problems.

Location	Time	Code	Dates	\$
Camelot ES	9am-4pm	KSJ.XZZG	7/21-7/25	\$469
EagleView ES	9am-4pm	KSJ.8PQT	7/7-7/11	\$469
Frying Pan Pk	9am-4pm	KSJ.BM1Z	6/23-6/27	\$469
OakmontREC	9am-4pm	KSJ.OSLY	8/4-8/8	\$469
OrangeHuntES	9am-4pm	KSJ.APY8	7/7-7/11	\$469
Ravensworth	9am-4pm	KSJ.FRSO	7/28-8/1	\$469
Stenwood ES	9am-4pm	KSJ.0GUO	7/7-7/11	\$469

STEM exCEL Robotics & Redstone

(6-12 yrs.) Learn how to design, build and program LEGO® Mindstorms EV3 robots. Apply engineering concepts and advanced sensor programming skills to design and solve a variety of challenges. Use Minecraft's Redstone material to explore the fundamentals of electronics and circuitry. Learn functions, variables and conditionals by using Redstone blocks to build constructs in your Minecraft world. No camp July 4.

Location	Time	Code	Dates	\$
EagleView ES	9am-4pm	048.YB50	7/28-8/1	\$469
LouiseArcherES	9am-4pm	048.XEDC	6/30-7/3	\$375
OaktonES	9am-4pm	048.RCPJ	6/23-6/27	\$469
Oakton ES	9am-4pm	048.FT90	6/30-7/3	\$375
Stenwood ES	9am-4pm	048.6YQ2	7/21-7/25	\$469

STEM Innovations with LEGO®

(7-12 yrs.) Design and innovate with Play-Well TEKologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects and inquiry-based learning. Projects are rotated seasonally to ensure that even returning students get a new experience. No camp June 19.

Location	Time	Code	Dates	\$
OakmontREC	1pm-4pm	B05.AZRJ	6/16-6/20	\$199

Super Scientist

(5-7 yrs.) Come create some crazy chemical concoctions. Projects encourage self-exploration into the science world. Bring a lunch, snack and a drink. Camps the week of June 9 for non-FCPS participants.

Location	Time	Code	Dates	\$
Franconia REC	9am-1pm	0A9.SI4D	6/9-6/13	\$329

Wildlife Wonders with LEGO®

(5-7 yrs.) Design and build your way through the animal kingdom, from sea to safari, using tens of thousands of LEGO® parts. With the guidance of an experienced Play-Well instructor, campers recreate diverse habitats while crafting animals in their natural surroundings. No camp July 4.

Location	Time	Code	Dates	\$
OrangeHuntES	9am-12pm	8X1.2RTK	6/30-7/3	\$199
Wkfld/Moore	9am-12pm	8X1.FB91	6/30-7/3	\$199

Wizarding World of Engineering w/LEGO®

(7-12 yrs.) Master the magic of Harry Potter using LEGO®. Visit Diagon Alley, play a game of Quidditch, and duel the evil Lord Voldemort. Hone your magical skills with Play-Well instructors while learning about advanced Muggle (STEM) concepts.

Location	Time	Code	Dates	\$
LouiseArcherES	1pm-4pm	2G4.UHDK	7/28-8/1	\$245
WdlyHillsES	1pm-4pm	2G4.8X1X	7/28-8/1	\$245

NEW! YouTube Content Creators & Video Game Animation

(8-14 yrs.) Join Black Rocket to learn video editing techniques used by professional YouTubers! Create your own personal brand and build a portfolio of videos you can share with friends and family. Then, flex your creative muscles as you master the basic skills that professional video game designers and digital animators use to make your favorite characters come to life in video games and cartoons.

Location	Time	Code	Dates	\$
RiversideES	9am-4pm	1X0.JKQF	7/14-7/18	\$499



NEW! YouTube Creator:

Learn Production Basics

(9-12 yrs.) In this iCODE camp, learn the fundamentals of producing engaging content for fictional YouTube channels. From filming and editing videos to creating eye-catching thumbnails and understanding basic marketing strategies, campers will gain hands-on experience in all aspects of content creation. Perfect for aspiring YouTubers ready to share their creativity with the world! No camp July 4.

Location	Time	Code	Dates	\$
VirginiaRun ES	9am-4pm	FR5.F46G	7/28-8/1	\$379

Specialty Camps

All-American Girl: Living Dolls Camp

(5-8 yrs.) Pack up your favorite doll and experience the life of an American girl growing up in different eras in history. Bring these times to life with your doll through activities, costumes, crafts and themed games in a beautiful historic setting.

Location	Time	Code	Dates	\$
ColvinRun	9am-1pm	1V7.FQ78	6/23-6/27	\$249

Camp Bloom & Grow

(3-5 yrs.) Little campers love KinderJam's interactive playtime that promotes social development, fosters self-express and reinforces foundational early academic skills making for a smooth transition into school. Campers must be potty trained. No camp June 19 and July 4.

Location	Time	Code	Dates	\$
SpHill REC	9am-12pm	IN1.QLPH	6/9-6/13	\$259
SpHill REC	9am-12pm	IN1.6TSW	6/16-6/20	\$209
SpHill REC	9am-12pm	IN1.BD16	6/23-6/27	\$259
SpHill REC	9am-12pm	IN1.UYWC	6/30-7/3	\$209
SpHill REC	9am-12pm	IN1.5K2R	7/7-7/11	\$259
SpHill REC	9am-12pm	IN1.CU82	7/14-7/18	\$259

Camp Movin' N Groovin'

(5-8 yrs.) Join this KinderJam Camp's exciting activities with engaging inclusive games, creative crafts and outdoor play. Bring a lunch and water bottle. Rec Center locations may have an afternoon swim break; bring swimsuit/towel.

Location	Time	Code	Dates	\$
EagleView ES	9am-4pm	E2A.ZK1N	7/28-8/1	\$305

Chess Camp

(6-13 yrs.) This Silver Knights (formerly Magnus Academy) camp has taught the great strategy game to more than 100,000 children including national champions. This camp is for advanced players to sharpen their skills or beginners who want to learn the game. Campers will learn the rules, openings, tactics, strategy, endgames, while playing games and taking outdoor breaks. Bring a lunch, snack, and drink. Campers will receive a t-shirt and chess set on Friday. No camp June 19 and July 4. Camps the week of June 9 for non-FCPS participants.

Location	Time	Code	Dates	\$
ColvinRunMill	9am-4pm	FFZ.BVA7	6/16-6/20	\$345
CubRun REC	9am-4pm	FFZ.XVF1	8/11-8/15	\$429
EagleView ES	9am-4pm	FFZ.8VS8	7/7-7/11	\$429
Frying Pan Pk	9am-4pm	FFZ.5SBF	6/9-6/13	\$429
GrnSpGdN	9am-4pm	FFZ.28VN	8/4-8/8	\$429
KeeneMill ES	9am-4pm	FFZ.ZF3N	7/7-7/11	\$429
LouiseArcherES	9am-4pm	FFZ.BG5G	7/14-7/18	\$429
NwngtonFrstES	9am-4pm	FFZ.1070	6/30-7/3	\$345
NwngtonFrstES	9am-4pm	FFZ.QUQY	6/23-6/27	\$429
OaktonES	9am-4pm	FFZ.7UA2	7/21-7/25	\$429

Oakton ES	9am-4pm	FFZ.1GWL	6/30-7/3	\$345
RavensworthES	9am-4pm	FFZ.LNPH	7/14-7/18	\$429
RavensworthES	9am-4pm	FFZ.IJC6	7/28-8/1	\$429
SpHill REC	9am-4pm	FFZ.X705	6/9-6/13	\$429
SpHill REC	9am-4pm	FFZ.SS6C	6/23-6/27	\$429
SpHill REC	9am-4pm	FFZ.ZWFY	8/11-8/15	\$429
StratfrdLndgES	9am-4pm	FFZ.YMFL	6/30-7/3	\$345
StenwoodES	9am-4pm	FFZ.S22F	6/23-6/27	\$429
StenwoodES	9am-4pm	FFZ.830Q	7/14-7/18	\$429
WdlyHillsES	9am-4pm	FFZ.Y1SH	7/21-7/25	\$429
WdlyHillsES	9am-4pm	FFZ.083V	7/28-8/1	\$429
Wkfld/Moore	9am-4pm	FFZ.5H0J	6/16-6/20	\$345

Cooking: Chopped! Jr.

(5-9 yrs.) This camp combines recipes for every meal of the day with secret ingredients. Tiny Chef's staff provide recipes for breakfast, lunch and dinner. Campers will be surprised with secret ingredients that they will have fun incorporating. Nut-free company; may contain other allergens; cannot sub out ingredients.

Location	Time	Code	Dates	\$
KeeneMill ES	9am-4pm	V2B.52XK	7/14-7/18	\$445

NEW! Cooking: Culinary Passport

(6-10 yrs.) Join Tiny Chefs as we learn how to create the cuisines of Italian, Indian, Vietnamese, Mexican and French and learn about the cooking techniques and ingredients that make them unique. Disclaimer: Tiny Chefs reviews products for allergy warnings indicated on the label. Tiny Chefs is not liable for allergens not listed on product packaging, and environmental factors or cross-contamination. Tiny Chefs can accommodate some mild allergies based on our discretion. Examples of ingredients used in our camps: dairy, egg, wheat/gluten, soy, coconut, sesame. We cannot guarantee a completely allergen-free environment.

Location	Time	Code	Dates	\$
KeeneMill ES	9am-4pm	C6U.790B	6/23-6/27	\$445

Cooking: Cupcake Wars

(6-10 yrs.) Join Tiny Chefs to discover how the pros create/ cupcake masterpieces. Learn skills such as measuring, mixing, baking and frosting. The week culminates with a "Best Cupcake" baking competi-

tion. Nut-free company; may contain other allergens; cannot sub out ingredients.

Location	Time	Code	Dates	\$
CherryRunES	9am-4pm	H91.LW6P	7/21-7/25	\$445
Woodburn ES	9am-4pm	H91.4MWB	7/7-7/11	\$445

NEW! Cooking:

Let's Make Every Day a Holiday

(6-10 yrs.) Enjoy a week of delicious celebrations as we whip up Thanksgiving pumpkin parfaits, 4th of July cupcakes, Valentine's Day chocolate raspberry mousse cups, Halloween spider web pizzas, and Cinco de Mayo veggie quesadillas with guacamole. Disclaimer: Tiny Chefs reviews products for allergy warnings indicated on the label. Tiny Chefs is not liable for allergens not listed on product packaging, and environmental factors or cross-contamination. Tiny Chefs can accommodate some mild allergies based on our discretion. Examples of ingredients used in our camps: dairy, egg, wheat/gluten, soy, coconut, sesame. We cannot guarantee a completely allergen-free environment.

Location	Time	Code	Dates	\$
CherryRunES	9am-4pm	MMT.Y8M8	7/28-8/1	\$445

Cooking: Nailed It! The Art of Cupcakes

(6-10 yrs.) If your little baker has taken our Cupcake Wars' camp, then NAILED IT is the next camp for them! We will be decorating cupcakes into unique and artful creations all week long! Animal face cupcakes, floral cupcakes, and hamburger cupcakes are all on the menu this week. Disclaimer: Tiny Chefs reviews products for allergy warnings indicated on the label. Tiny Chefs is not liable for allergens not listed on product packaging, and environmental factors or cross-contamination. Tiny Chefs can accommodate some mild allergies based on our discretion. Examples of ingredients used in our camps: dairy, egg, wheat/gluten, soy, coconut, sesame. We cannot guarantee a completely allergen-free environment.

Location	Time	Code	Dates	\$
CherryRun ES	9am-4pm	00E.ABHS	7/7-7/11	\$445





Creative Kids Yoga Camp

This Emily Weeks Fitness camp is designed to introduce kids to the physical and mental benefits of yoga in a playful and supportive environment. Through a blend of yoga sessions, mindfulness exercises, and creative activities, children will develop strength, flexibility, focus, and a sense of calm. No camp July 4.

Location	Time	Code	Dates	\$
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(5-8 yrs.)

Camelot ES	9am-4pm	ZHX.VDOH	7/14-7/18	\$369
CherryRunES	9am-4pm	ZHX.P2LG	6/30-7/3	\$295

(9-12 yrs.)

MtVernonREC	9am-4pm	T57.UFV0	6/30-7/3	\$295
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NEW! Deal Me In! Card Game Camp

(9-14 yrs.) Exercise your brain by playing and creating card games with Camprichment. Build concentration and strategic thinking skills while having fun. Play as a team or solo. Learn new games or get better at old games. Design your own game and compete in a tournament on the last day.

Location	Time	Code	Dates	\$
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Franconia REC	9am-4pm	OGU.WKN8	7/14-7/18	\$399
OaktonES	9am-4pm	OGU.9JSG	6/23-6/27	\$399
StratfrdLndgES	9am-4pm	OGU.Z50Q	7/14-7/18	\$399

New! Explore Your World!

(9-14 yrs.) Join Camprichment to explore visiting, working or living around the world. Play geography games. Develop travel plans and inspiration boards. Learn about traveling careers. Create and trade souvenirs. Practice cultural etiquette. Take home a play passport and luggage tag.

Location	Time	Code	Dates	\$
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EagleView ES	9am-4pm	Q6J.Z20C	7/28-8/1	\$399
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NEW! Future Leaders Adventure Camp

(12-15 yrs.) Join Emily Weeks Fitness to develop leadership skills. With hands-on activities, team-building exercises, and inspiring workshops, campers become confident, effective, and compassionate leaders. Through this immersive experience, campers will learn the fundamentals of leadership, communication,

problem-solving, and collaboration. No camp July 4.

Location	Time	Code	Dates	\$
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LouiseArcherES	9am-4pm	RVM.IE70	6/30-7/3	\$335
RiversideES	9am-4pm	RVM.XV85	7/7-7/11	\$419

NEW! Girl Power: Giggles, Games & Teambuilding

(6-12 yrs.) This "Girls Only" camp offers a thrilling mix of crafts, exciting games, creative challenges, and team-building activities. Join us for an unforgettable adventure where girls will laugh, play, and grow together in a supportive and empowering environment. No camp July 4.

Location	Time	Code	Dates	\$
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CherryRunES	9am-4pm	7UF.DTVY	6/30-7/3	\$279
CherryRunES	9am-4pm	7UF.WIVP	7/21-7/25	\$349
Franconia REC	9am-4pm	7UF.1457	7/28-8/1	\$349
SpHillREC	9am-4pm	7UF.WSOX	7/7-7/11	\$349
SpringHill ES	9am-4pm	7UF.9XM7	7/14-7/18	\$349
StratfrdLndgES	9am-4pm	7UF.OVXM	6/23-6/27	\$349

IncrediQuest

(7-13 yrs.) Learn new magic in this IncrediQuest camp and what it means to be a magician. Put your creative side in gear while exploring a variety of drawing techniques and determine the best path to victory by applying game strategies and challenge yourself to think outside the box as we work together to solve detective mysteries.

Location	Time	Code	Dates	\$
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EagleViewES	9am-4pm	1PS.7RVE	7/21-7/25	\$399
LouiseArcherES	9am-4pm	1PS.NBN5	7/14-7/18	\$399
StratfrdLndgES	9am-4pm	1PS.JC99	6/23-6/27	\$399
VirginiaRun ES	9am-4pm	1PS.W7TM	7/7-7/11	\$399
Woodburn ES	9am-4pm	1PS.2HF8	7/28-8/1	\$399



More Camps
Online

www.fairfaxcounty.gov/parks/parktakes

Little Shoppers

(6-9 yrs.) With SPARK Business Academy, campers will analyze marketing power, put their cashier math skills to the test, and engage in dynamic marketplaces taking turns as buyers and sellers. Camp the week of August 18 for non-FCPS participants.

Location	Time	Code	Dates	\$
MtVernonREC	9am-4pm	KQJ.J7MJ	8/18-8/22	\$399

MY First Craft Fair

(5-9 yrs.) In this Spark Business Academy program, campers will learn about craft fairs and the ingenuity and creativity of the small business entrepreneur. They will produce goods and learn to create advertising and displays. Other topics will be discussed such as counting currency, budgeting, profit margins, buying and selling and assessing the quality of goods.

Location	Time	Code	Dates	\$
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ColvinRunMill	9am-4pm	QJZ.DWDK	7/21-7/25	\$399
SpringHillES	9am-4pm	QJZ.AGFT	7/21-7/25	\$399

My First Food Truck

(10-13 yrs.) In this SPARK Business Academy camp, select a food theme, choose an ideal location, identify target customers, design appealing menus, and form a comprehensive business plan covering strategy, marketing, operations and finance, including capital-raising needs. Note: no food is handled at camp.

Location	Time	Code	Dates	\$
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SpringHillES	9am-4pm	HZY.Q33F	7/28-8/1	\$399
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My First Lemonade Stand

(6-9 yrs.) Campers become "lemonade entrepreneurs" and learn how to make lemonade and earn money selling it with SPARK Business Academy. Design flyers, estimate profits and experiment with recipes. Campers launch the lemonade stand on Friday to raise money for a charity they select!

Location	Time	Code	Dates	\$
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Camelot ES	9am-4pm	CVR.B75B	6/23-6/27	\$399
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My First Passport

(6-9 yrs.) Develop a global mindset and build international awareness in this SPARK Business Academy camp. Explore cultural differences across countries, geography games, famous landmarks, world currencies, current global events and the role of international institutions like the UN. Campers role-play as diplomats and come up with solutions to key global problems like hunger, poverty and pollution.

Location	Time	Code	Dates	\$
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Camelot ES	9am-4pm	PXE.2SSK	7/7-7/11	\$399
KeeneMill ES	9am-4pm	PXE.A3L4	7/7-7/11	\$399

My First Piggy Bank

(6-9 yrs.) In this innovative program from SPARK Business Academy, campers are provided a solid foundation on financial literacy. Games and hands-on activities help teach key concepts in an engaging and supportive environment fostering teamwork. Campers will make their own piggy bank.

Location	Time	Code	Dates	\$
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KeeneMill ES	9am-4pm	C2T.10P2	7/14-7/18	\$399
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Summer Games

(5 1/2-11 yrs.) In this action-packed Metro Movement camp, you'll compete in a pool noodle javelin toss, learn gymnastics skills and dash through relay races. Bring swimsuit/towel for afternoon swim time. A signed participation release is due on the first day.

Location	Time	Code	Dates	\$
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StratfrdLndgES	9am-4pm	E8Q.1KKP	7/14-7/18	\$349
Wkfld/Moore	9am-4pm	E8Q.D3JO	7/21-7/25	\$349

Camps

NEW! Sustainable Living Kids Camp

(6-8 yrs.) This Emily Weeks Fitness camp is designed for children, focusing on adopting sustainable practices for sustainable living. Through a blend of interactive workshops, creative activities, and outdoor adventures, campers will gain valuable skills in sustainability leadership, mindfulness, and personal well-being.

Location	Time	Code	Dates	\$
StratfrdLndgES	9am-4pm	SJ5.1HMI	7/7-7/11	\$419

Tea Parties, Picnics and Storybooks

(4-6 yrs.) Ever wanted to go to Miss Spider's Tea party or the Teddy Bear's picnic? Meet the Lorax, play pooh Sticks and enjoy recreating game, plays and activities from favorite children's literature. No camp July 4.

Location	Time	Code	Dates	\$
CubRun REC	9am-12pm	WSX.3P40	8/11-8/15	\$239
GreenbriarWest	9am-12pm	WSX.PIF2	6/30-7/3	\$195
GreenbriarWest	1pm-4pm	WSX.B7MA	6/30-7/3	\$195
GreenbriarWest	9am-12pm	WSX.KMX1	7/21-7/25	\$239
GreenbriarWest	1pm-4pm	WSX.XST5	7/21-7/25	\$239

Ultimate Games & Teambuilding Camp

(6-12 yrs.) Spirit Pros brings you creative games, team-building challenges and cooperative activities. Roll in our giant Zorb ball, launch water balloons with our super bungee cord, learn to use juggling sticks, make home-made ice cream with special soccer balls and play a variety of games. Rec Center campers should bring swimsuit/towel for afternoon swim time. A signed participation release is due on the first day. No camp July 4.

Location	Time	Code	Dates	\$
EagleView ES	9am-4pm	J14.35WF	6/23-6/27	\$349
LouiseArcher ES	9am-4pm	J14.EBMA	7/21-7/25	\$349
SpHill REC	9am-4pm	J14.6YMR	6/30-7/3	\$279

Ultimate Gymnastics, Cheer and Dance

(6-12 yrs.) Three camps in one with Spirit Pros: gymnastics skills and equipment, cheer elements and routine, and dance skills and combinations. Camp agenda developed by a nationally ranked gymnast, pro football captain cheerleader, and a national dance champion. Rec Center camps include an afternoon swim break. No camp July 4.

Location	Time	Code	Dates	\$
CherryRunES	9am-4pm	UTM.AMGF	6/23-6/27	\$349
CherryRunES	9am-4pm	UTM.APSN	7/7-7/11	\$349
Franconia REC	9am-4pm	UTM.NR7Q	7/14-7/18	\$349
MtVernon REC	9am-4pm	UTM.G9KA	6/30-7/3	\$279
Prov REC	9am-4pm	UTM.MDFU	7/28-8/1	\$349
RavensworthES	9am-4pm	UTM.YTRI	7/21-7/25	\$349

Young Debaters

(10-13 yrs.) Learn the art of persuasion and select debate topics you find interesting in this SPARK Business Academy camp. In a public forum format, campers work in groups and practice their debating skills in a supportive environment: developing arguments, issuing rebuttals, providing examples, rebuilding their case and summarizing points of view. Campers learn to think on their feet and enhance their public-speaking skills, gaining self-confidence in the process.

Location	Time	Code	Dates	\$
EagleViewES	9am-4pm	ZUT.D4MQ	7/21-7/25	\$399

Sports Camps

Agility & Strength Training

(10-14 yrs.) Young athletes improve strength training using resistance and body weight while learning



nutrition basics. This Sanowar Fitness camp is a great outdoor camp for enhancing speed and agility in a safe and fun environment. Campers should bring lunch for a short break. No camp on July 4.

Location	Time	Code	Dates	\$
EagleView ES	9am-1pm	95M.KN7U	7/21-7/25	\$169
LouiseArcherES	9am-1pm	95M.B61W	6/30-7/3	\$135
RavensworthES	9am-1pm	95M.K40P	6/23-6/27	\$169
StratfrdLndgES	9am-1pm	95M.P1VS	7/7-7/11	\$169
Wkfld/Moore	9am-1pm	95M.SSM1	8/11-8/15	\$169

All Sports Camp with Alpha Sports

(7-11 yrs.) Learn the fundamentals of multiple sports including football, volleyball, soccer, baseball, track and lacrosse. Campers are grouped by age and enjoy participating in scrimmages and tournaments. No camp July 4.

Location	Time	Code	Dates	\$
Oakton ES	9am-4pm	9UO.JM84	6/30-7/3	\$239
Oakton ES	9am-4pm	9UO.JGFP	7/21-7/25	\$299
OrangeHuntES	9am-4pm	9UO.3VX1	6/23-6/27	\$299
OrangeHuntES	9am-4pm	9UO.ZF5K	6/30-7/3	\$239
OrangeHuntES	9am-4pm	9UO.GATP	7/7-7/11	\$299
OrangeHuntES	9am-4pm	9UO.TRYN	7/14-7/18	\$299
OrangeHuntES	9am-4pm	9UO.EARK	7/28-8/1	\$299

Archery Camp at Bull Run

(9-15 yrs.) Develop archery skills shooting Olympic-style (recurve) bows in this indoor 3-day camp. Learn patience, focus and attention to detail through focused instruction. Other archery-related activities provide a broader introduction. Equipment is provided. Bring a snack and drink.

Location	Time	Code	Dates	\$
BullRunPk	9am-12pm	228.MZNY	6/30-7/2	\$209
BullRunPk	9am-12pm	228.QP9X	7/7-7/11	\$209
BullRunPk	9am-12pm	228.HC9B	7/14-7/18	\$209
BullRunPk	9am-12pm	228.5EHS	7/21-7/23	\$209
BullRunPk	9am-12pm	228.W6HT	7/28-7/30	\$209

Archery & Fencing: Battle Camp

(8-14 yrs.) Split your time between archery, fencing and traditional camp games. Learn archery from talented instructors using USA Archery's Explore Archery program. Experienced fencing coaches teach core

foundational skills like advance, retreat, thrust and lunge. Wrap up the week with a fencing and archery Robin Hood Team Tournament using electric fencing equipment. No camp on July 4.

Location	Time	Code	Dates	\$
NOVA Fencing	9am-4pm	UFX.16TE	6/30-7/3	\$355
NOVA Fencing	9am-4pm	UFX.XMND	7/7-7/11	\$445
NOVA Fencing	9am-4pm	UFX.NQ8R	7/14-7/18	\$445
NOVA Fencing	9am-4pm	UFX.B7FW	7/21-7/25	\$445
NOVA Fencing	9am-4pm	UFX.DUYR	7/28-8/1	\$445

Baseball Beginners US9 Camp

(5-6 yrs.) US9 offers a beginner's half-day camp designed to teach the basics. Campers are introduced to the basics of throwing, catching, fielding, hitting and baserunning. Camp consists of attention-grabbing, short sessions of skill related activities using batting drills, safety balls, bean bags and targets. No camp June 19 or July 4.

Location	Time	Code	Dates	\$
HerndonMS	9am-12pm	NFR.FA0P	7/28-8/1	\$185
PatriotParkN	9am-12pm	NFR.GH4V	6/16-6/20	\$149
PatriotParkN	9am-12pm	NFR.MGZ5	6/23-6/27	\$185
PatriotParkN	9am-12pm	NFR.W8OW	6/30-7/3	\$149
PatriotParkN	9am-12pm	NFR.UP70	8/4-8/8	\$185
PatriotParkN	9am-12pm	NFR.CBWC	8/11-8/15	\$185
SoRun REC	9am-12pm	NFR.1TGR	6/23-6/27	\$185
SoRun REC	9am-12pm	NFR.JCRM	6/30-7/3	\$149
SoRun REC	9am-12pm	NFR.B4PP	7/7-7/11	\$185
SoRun REC	9am-12pm	NFR.91YO	7/14-7/18	\$185
SoRun REC	9am-12pm	NFR.6V4C	7/28-8/1	\$185
SoRun REC	9am-12pm	NFR.UCBC	8/11-8/15	\$185
SullyHighlands	9am-12pm	NFR.6Q97	8/4-8/8	\$185
SullyHighlands	9am-12pm	NFR.0X8C	8/11-8/15	\$185
Wkfld/Moore	9am-12pm	NFR.0A12	6/16-6/20	\$149
Wkfld/Moore	9am-12pm	NFR.TTU2	6/23-6/27	\$185
Wkfld/Moore	9am-12pm	NFR.SKXM	7/7-7/11	\$185
Wkfld/Moore	9am-12pm	NFR.1TRR	7/14-7/18	\$185
Wkfld/Moore	9am-12pm	NFR.HTSY	8/4-8/8	\$185

Baseball Camp with US9

(7-12 yrs.) US9 Baseball offers an instructional camp designed to teach both fundamentals and advanced skills. In addition to daily scrimmage games and trivia contests, all campers receive instruction on pitching, hitting, baserunning, fielding, game situations, rules and sportsmanship. Rec Center camps include afternoon swim break. No camp June 19 and July 4.

Location	Time	Code	Dates	\$
HerndonMS	9am-2pm	OWK.BYHD	7/28-8/1	\$299
PatriotParkN	9am-2pm	OWK.1JZK	6/16-6/20	\$209
PatriotParkN	9am-2pm	OWK.IZGC	6/23-6/27	\$299
PatriotParkN	9am-2pm	OWK.QJSZ	6/30-7/3	\$209
PatriotParkN	9am-2pm	OWK.FG8F	8/4-8/8	\$259
PatriotParkN	9am-2pm	OWK.D012	8/11-8/15	\$259
SoRun REC	9am-4pm	OWK.JZSH	6/23-6/27	\$299
SoRun REC	9am-4pm	OWK.JNUJ	6/30-7/3	\$239
SoRun REC	9am-4pm	OWK.F4DW	7/7-7/11	\$299
SoRun REC	9am-4pm	OWK.100J	7/14-7/18	\$299
SoRun REC	9am-4pm	OWK.H3DM	7/28-8/1	\$299
SoRun REC	9am-4pm	OWK.HUWC	8/11-8/15	\$299
SpHill REC	9am-4pm	OWK.SUMH	6/23-6/27	\$299
SpHill REC	9am-4pm	OWK.LSZJ	7/7-7/11	\$299
SpHill REC	9am-4pm	OWK.2Y1Z	7/14-7/18	\$299
SpHill REC	9am-4pm	OWK.AXV8	7/28-8/1	\$299
SpHill REC	9am-4pm	OWK.TQHG	8/4-8/8	\$299
SpHill REC	9am-4pm	OWK.4GVZ	8/11-8/15	\$299
SullyHighlands	9am-2pm	OWK.QZ8K	8/4-8/8	\$259
SullyHighlands	9am-2pm	OWK.LOVZ	8/11-8/15	\$259
Wkfld/Moore	9am-4pm	OWK.DQZY	6/16-6/20	\$239
Wkfld/Moore	9am-4pm	OWK.AN7W	6/23-6/27	\$299
Wkfld/Moore	9am-4pm	OWK.E44C	7/7-7/11	\$299
Wkfld/Moore	9am-4pm	OWK.9A00	7/21-7/25	\$299
Wkfld/Moore	9am-4pm	OWK.V6RA	8/4-8/8	\$299

Baseball & Flag Football Camp

(6-12 yrs.) This unique SMUV Sports camp focuses on fundamentals with drills and contests in two popular sports—baseball and flag football. Campers will enjoy game play daily. Rec Center camp includes an afternoon swim break.

Location	Time	Code	Dates	\$
KeeneMill ES	9am-4pm	040.88VE	6/23-6/27	\$309
OrangeHuntES	9am-4pm	040.FQ9R	7/21-7/25	\$309
RiversideES	9am-4pm	040.4TX3	7/21-7/25	\$309

Baseball & Games Camp

(6-14 yrs.) This SMUV Sports camp focuses on baseball and a variety of different field activities such as capture the flag and kickball. Rec Center camp includes an afternoon swim break. No camp July 4.

Location	Time	Code	Dates	\$
KeeneMill ES	9am-4pm	ADC.1DE8	7/14-7/18	\$309
Wkfld/Moore	9am-4pm	ADC.QL50	6/30-7/3	\$249
Wkfld/Moore	9am-4pm	ADC.IGZO	7/28-8/1	\$309

Basketball Camp

(8-12 yrs.) Join Alpha Sports to focus on fundamentals to be a well-rounded basketball player: dribbling, passing, shooting, and defense. Camp is designed for beginner or intermediate basketball players and will be held outdoors unless there is inclement weather. Players should wear appropriate footwear. Bring lunch, snack and water bottle daily. No camp July 4.

Location	Time	Code	Dates	\$
RavensworthES	9am-2pm	24L.5RBY	7/7-7/11	\$239
SoRun REC	9am-2pm	24L.13WK	6/30-7/3	\$190
SoRun REC	9am-2pm	24L.FSRR	7/14-7/18	\$239

Basketball & Sports Camp

(6-12 yrs.) Join One on One Basketball where the focus is basketball and other team sports. Campers play soccer, kickball, hand ball and capture the flag. Camp will be held outdoors as much as possible. Rec Center camp locations include an afternoon swim break. Camps the week of June 9 are for non-FCPS students.

Location	Time	Code	Dates	\$
KeeneMill ES	9am-4pm	LOI.XBSS	7/7-7/11	\$359
LouiseArcherES	9am-4pm	LOI.RQEL	7/14-7/18	\$359
SpHill REC	9am-4pm	LOI.P2UE	6/9-6/13	\$359
SpHill REC	9am-4pm	LOI.55MO	6/23-6/27	\$359
SpHill REC	9am-4pm	LOI.QG1Q	7/7-7/11	\$359
SpHill REC	9am-4pm	LOI.R9MS	7/21-7/25	\$359
StenwoodES	9am-4pm	LOI.VL03	7/7-7/11	\$359
Woodburn ES	9am-4pm	LOI.02KG	7/28-8/1	\$359

Basketball Summer Hoops Camp

(6-12 yrs.) One on One has been running camps for over 25 years and features real-game action. Campers of all skill levels will participate in drills and contests before daily game play. Participants are divided by age and ability. The week concludes with Championship Friday. Rec Center camps include an afternoon swim break. No camp July 4.

Location	Time	Code	Dates	\$
KeeneMill ES	9am-4pm	TTW.PAFO	7/21-7/25	\$359
SpringHill ES	9am-4pm	TTW.2ROW	6/30-7/3	\$289
SpHill REC	9am-4pm	TTW.LU7Y	7/28-8/1	\$359
VirginiaRun ES	9am-4pm	TTW.29VL	6/23-6/27	\$359
VirginiaRun ES	9am-4pm	TTW.S3VE	6/30-7/3	\$289

Beginning Athletes with JST

(6-12 yrs.) JST's new Beginning Athletes Camp gives your young athlete a chance to try out a different sport every day: basketball, flag football, soccer, baseball and tennis. No camp July 4.

Location	Time	Code	Dates	\$
NwngtonFrst ES	9am-4pm	EKR.KFL3	6/23-6/27	\$315
NwngtonFrst ES	9am-4pm	EKR.4J4S	6/30-7/3	\$255
NwngtonFrst ES	9am-4pm	EKR.G06H	7/14-7/18	\$315
NwngtonFrst ES	9am-4pm	EKR.NZXU	7/21-7/25	\$315

Brazilian Soccer

(7-14 yrs.) Brazilian United Soccer provides experienced international coaches who specialize in unique player development. Kids will enhance their skills through technical, tactical, and small-sided games. Tailored to various age groups and skill levels, the #BeyondSoccer approach, combined with authentic Brazilian soccer techniques, offers transformative experiences. No camp June 19 and July 4.

Location	Time	Code	Dates	\$
Franconia REC	9am-4pm	DGG.HYF6	6/30-7/3	\$199
GW REC	9am-4pm	DGG.0WX0	6/30-7/3	\$199
GW REC	9am-4pm	DGG.X0HA	7/14-7/18	\$249
Lake Fairfax	9am-4pm	DGG.8BLV	6/23-6/27	\$249
LouiseArcherES	9am-4pm	DGG.25N2	7/7-7/11	\$249
SoRun REC	9am-4pm	DGG.GL40	6/16-6/20	\$199
SoRun REC	9am-4pm	DGG.IVJN	7/21-7/25	\$249
SoRun REC	9am-4pm	DGG.NP3Z	8/4-8/8	\$249

Challenger Core Soccer Camp

(6-12 yrs.) Challenger Sports has taken their British Soccer and TetraBrazil programs and integrated them into an international soccer experience. This camp highlights the global nature of the sport and provides players with a variety of coaching styles, practices and influences that help them develop well-rounded skills. Camp is mainly outdoors, rain or shine. Everyone receives a ball and shirt. Campers should bring cleats. Rec Center camps also include an afternoon swim break. Host a coach and get your child's camp for free (see website for details). No camp July 4. Camp the week of June 9 is for non-FCPS students.

Location	Time	Code	Dates	\$
Franconia REC	9am-4pm	VE4.6106	6/9-6/13	\$319
Franconia REC	9am-4pm	VE4.83RI	6/23-6/27	\$319
Franconia REC	9am-4pm	VE4.D5B2	7/7-7/11	\$319
Franconia REC	9am-4pm	VE4.ED1C	7/21-7/25	\$319
KeeneMill ES	9am-4pm	VE4.61H1	6/30-7/3	\$255
SoRun REC	9am-4pm	VE4.7L9L	7/7-7/11	\$319
SoRun REC	9am-4pm	VE4.MCIB	7/14-7/18	\$319
SoRun REC	9am-4pm	VE4.Z0Q7	7/28-8/1	\$319
SpHill REC	9am-4pm	VE4.NZV3	6/9-6/13	\$319
SpHill REC	9am-4pm	VE4.0TT6	6/16-6/20	\$255
SpHill REC	9am-4pm	VE4.HNU0	6/23-6/27	\$319
SpHill REC	9am-4pm	VE4.K2H3	6/30-7/3	\$255
SpHill REC	9am-4pm	VE4.33R8	7/7-7/11	\$319
SpHill REC	9am-4pm	VE4.WY28	7/14-7/18	\$319
SpHill REC	9am-4pm	VE4.XG0N	7/21-7/25	\$319
SpHill REC	9am-4pm	VE4.2LXV	7/28-8/1	\$319
SpHill REC	9am-4pm	VE4.5108	8/4-8/8	\$319
SpHill REC	9am-4pm	VE4.0TBU	8/11-8/15	\$319
StratfrdLndgES	9am-4pm	VE4.KC9F	6/23-6/27	\$319
StratfrdLndgES	9am-4pm	VE4.F3LL	7/21-7/25	\$319
VirginiaRun ES	9am-4pm	VE4.CVJS	7/21-7/25	\$319
Wkfld/Moore	9am-4pm	VE4.LURD	7/7-7/11	\$319

Challenger Creative Skills Camp

(6-13 yrs.) Through its innovative and exciting camp concept using inflatable fields, Challenger Sports will teach campers advanced street skills from international expert coaches. No camp July 4.

Location	Time	Code	Dates	\$
SoRun REC	9am-4pm	CVZ.4UUY	8/11-8/15	\$319
SpringHillES	9am-4pm	CVZ.P9RU	6/23-6/27	\$319
SpringHillES	9am-4pm	CVZ.6M85	7/7-7/11	\$319
SpringHillES	9am-4pm	CVZ.ZQEP	7/21-7/25	\$319
StratfrdLndg ES	9am-4pm	CVZ.227K	7/28-8/1	\$319
StenwoodES	9am-4pm	CVZ.RT1W	7/28-8/1	\$319
WdlyHillsES	9am-4pm	CVZ.31SY	7/7-7/11	\$319
WoodburnES	9am-4pm	CVZ.FGLF	6/30-7/3	\$255

Coach Rich Basketball Camp

(6-14 yrs.) Coach Rich Sandler and his staff have instilled sound fundamentals and a love of the game for

more than 20 years. Boys and girls of all skill levels will benefit from outstanding area coaches and college level players through teaching stations and full-court competition. Bring a swimsuit/towel for an afternoon swim break. No camp June 19 and July 4.

Location	Time	Code	Dates	\$
Franconia REC	9am-4pm	033.ZUZ8	6/30-7/3	\$255

Dual Sports Camps

(6-14 yrs.) This unique One on One camp focuses on two sports each day to improve camper's skills. Work on fundamentals with drills and contests before playing regular games. Camp will be held outdoors as much as possible. Rec Center campers should bring a swimsuit/towel for afternoon swim time if pool is available. No camp July 4.

Location	Time	Code	Dates	\$
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***Flag Football & Basketball**

EagleView ES	9am-4pm	B19.C2LS	6/30-7/3	\$289
Stenwood ES	9am-4pm	B19.9X27	7/14-7/18	\$359
WoodburnES	9am-4pm	B19.VGWZ	7/21-7/25	\$359

***Flag Football & Sports**

SpringHillES	9am-4pm	JW1.J5BU	7/28-8/1	\$359
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eSports & More

(6-12 yrs.) This unique One on One camp combines physical activity with the most popular eSports games. Develop on-court skills and play various games. Emphasis is on teamwork and sportsmanship. Spend time in our eSports lab working on gaming technique and strategy using NBA2K, Madden, FIFA, NHL, Gran Turismo and MLB The Show. Skills are put to the test with Championship Friday. No camp July 4.

Location	Time	Code	Dates	\$
EagleView ES	9am-4pm	4K9.K404	7/28-8/1	\$359
SpringHill ES	9am-4pm	4K9.0UGL	6/30-7/3	\$289
StenwoodES	9am-4pm	4K9.VZGH	6/23-6/27	\$359
StenwoodES	9am-4pm	4K9.7RDV	7/21-7/25	\$359

Fencing Camp w/Fairfax Fencers

(7-15 yrs.) In this camp, learning skills such as etiquette and fencing safety from all three Olympics fencing disciplines (foil, epee and saber). Show off your skills at the end-of-the-week camp tournament. Located in Chantilly. Contact Fairfax Fencers about before and after care. No camp June 19 and July 4.

Location	Time	Code	Dates	\$
Fx Fencers	9am-4pm	5DE.7SYG	6/16-6/20	\$319
Fx Fencers	9am-4pm	5DE.HH3T	6/23-6/27	\$399
Fx Fencers	9am-4pm	5DE.6594	6/30-7/3	\$319
Fx Fencers	9am-4pm	5DE.25XP	7/7-7/11	\$399
Fx Fencers	9am-4pm	5DE.G0RY	7/14-7/18	\$399
Fx Fencers	9am-4pm	5DE.0VPO	7/21-7/25	\$399
Fx Fencers	9am-4pm	5DE.J0VG	7/28-8/1	\$399
Fx Fencers	9am-4pm	5DE.RH29	8/11-8/15	\$399

NEW! Fitness Fun Camp

(9-12 yrs.) This Emily Weeks Fitness camp aims to inspire a love for physical activity, healthy living, and outdoor adventure through a variety sports, games, and challenges that encourage teamwork, skill development, and confidence-building. No camp July 4.

Location	Time	Code	Dates	\$
RavensworthES	9am-4pm	10Q.9R09	6/30-7/3	\$295
WdlyHillsES	9am-4pm	10Q.6T7R	7/21-7/25	\$369



Once registered, download
Camp Forms @:

www.fairfaxcounty.gov/parks/forms

NEW! Flag Football Camp

(7-11 yrs.) In this super active Baroody camp, players will learn the basics of flag football. Each day will end with full games but will begin with lead-up games and skill building to help them hone their skills of throwing, catching, dodging, and flag pulling. Players will also learn how to run a huddle and create plays to share with teammates to make the most out of each snap. No Camp June 19 or July 4.

Location	Time	Code	Dates	\$
Lake Fairfax	9am-1pm	RQO.LWTQ	6/16-6/20	\$159
Lake Fairfax	9am-1pm	RQO.EN1T	6/30-7/3	\$159
Lake Fairfax	9am-1pm	RQO.J1AA	7/28-8/1	\$199

Flag Football & Swim Camp

(6-12 yrs.) SMUV Sports coaches help campers, of any level, develop and enhance football skills such as passing, catching, route running, offense/defensive positions and strategies. Enjoy a swim break each afternoon. Bring a lunch, snack, water bottle and swimsuit/towel. No camp June 19.

Location	Time	Code	Dates	\$
Wkfld/Moore	9am-4pm	VN3.DRI4	6/16-6/20	\$249

Floor Hockey Camp

Floor hockey is an action-packed game where boys and girls move constantly. Baroody campers will learn the basics of hockey and will learn to compete as a team with high effort and sportsmanship. Each day will end with full games but will begin with lead-up games and skill building to help them hone skills that translate across all sports. Camps the week of June 9 and August 25 for non-FCPS participants. No camp June 19 or July 4.

Location	Time	Code	Dates	\$
(5-7 yrs.)				
Lake Fairfax	9am-1pm	O9C.5VVG	6/9-6/13	\$199
Lake Fairfax	9am-1pm	O9C.FGF7	7/14-7/18	\$199
Lake Fairfax	9am-1pm	O9C.DGQB	8/11-8/15	\$199
Lake Fairfax	9am-1pm	O9C.BNE8	8/25-8/29	\$199
(7-11 yrs.)				
Lake Fairfax	9am-1pm	FOA.L886	6/16-6/20	\$159
Lake Fairfax	9am-1pm	FOA.YCSY	6/30-7/3	\$159
Lake Fairfax	9am-1pm	FOA.Q072	7/21-7/25	\$199
Lake Fairfax	9am-1pm	FOA.ZTFI	7/28-8/1	\$199

Golf Camp

Enhance golf skills and learn putting, chipping, irons and woods play, course etiquette and best safety practices. Learn from one of our certified golf instructors and use your newly acquired skills on the course. Campers should bring a golf glove and clubs if available (not required). All campers will receive a certificate and golf fun pack on Friday. Campers in morning and afternoon sessions will have a supervised hour lunch break. No camp June 19 and July 4.

Location	Time	Code	Dates	\$
(9-14 yrs.) Junior				
PinecrstGolf	1pm-4pm	1CT.9L3J	6/16-6/20	\$225
PinecrstGolf	1pm-4pm	1CT.N89D	6/23-6/27	\$279
PinecrstGolf	9am-12pm	1CT.CYZW	6/30-7/3	\$225
PinecrstGolf	1pm-4pm	1CT.4KQ3	6/30-7/3	\$225
PinecrstGolf	1pm-4pm	1CT.MUS9	7/7-7/11	\$279
PinecrstGolf	9am-12pm	1CT.26CO	7/14-7/18	\$279
PinecrstGolf	1pm-4pm	1CT.WS51	7/14-7/18	\$279
PinecrstGolf	9am-12pm	1CT.02B2	7/21-7/25	\$279
PinecrstGolf	1pm-4pm	1CT.Q49U	7/21-7/25	\$279
PinecrstGolf	9am-12pm	1CT.J7BM	7/28-8/1	\$279
PinecrstGolf	1pm-4pm	1CT.QG2E	7/28-8/1	\$279
PinecrstGolf	9am-12pm	1CT.WYCL	8/4-8/8	\$279
PinecrstGolf	1pm-4pm	1CT.YM6V	8/4-8/8	\$279
PinecrstGolf	9am-12pm	1CT.D31Q	8/11-8/15	\$279
PinecrstGolf	1pm-4pm	1CT.5VQU	8/11-8/15	\$279
(12-17 yrs.) Advanced				
BurkeLKGolf	12pm-5pm	8CA.QE9X	7/21-7/25	\$469

Hammer LAX Boys Camp

(7-13 yrs.) Boys learn the fundamentals of lacrosse including stick skills, dodging, shooting and game simulation. Camp includes a week with top players/coaches and a one-day clinic with a former pro-lax player. Bring a swimsuit and towel for an afternoon swim break as well as a lacrosse stick, helmet, arm/shoulder pads, gloves and mouth guard. A signed participation release form is due on the first day. No camp July 4.

Location	Time	Code	Dates	\$
OakmontREC	9am-4pm	E53.HT5S	7/7-7/11	\$349
OakmontREC	9am-4pm	E53.OV2D	7/21-7/25	\$349
OakmontREC	9am-4pm	E53.M69S	7/28-8/1	\$349
SoRun REC	9am-4pm	E53.V2RW	6/23-6/27	\$349
Wkfld/Moore	9am-4pm	E53.2KU1	6/30-7/3	\$279
Wkfld/Moore	9am-4pm	E53.EG3Z	7/14-7/18	\$349

Hammer LAX Girls Camp

(7-13 yrs.) Girls learn the fundamentals of lacrosse including stick skills, dodging, shooting and game simulation. Bring a swimsuit and towel for an afternoon swim break as well as a lacrosse stick, goggles and mouth guard. A signed participation release form is due on the first day. No camp July 4.

Location	Time	Code	Dates	\$
OakmontREC	9am-4pm	3V0.JIWI	7/7-7/11	\$349
OakmontREC	9am-4pm	3V0.AFG2	7/21-7/25	\$349
OakmontREC	9am-4pm	3V0.IKS4	7/28-8/1	\$349
SoRun REC	9am-4pm	3V0.435D	6/23-6/27	\$349
Wkfld/Moore	9am-4pm	3V0.DIC8	6/30-7/3	\$279
Wkfld/Moore	9am-4pm	3V0.EGL9	7/14-7/18	\$349

Kiddie Sports Camp

(3-5 yrs.) Young campers are introduced to sports skills through games that enhance running, throwing, catching and teamwork in this Baroody camp. Other activities are included plus time for a lunch break. Pack a water bottle and bag lunch. Campers must be potty-trained and 3 years old by the first day of camp.

Location	Time	Code	Dates	\$
NwngtonFrst ES	9am-1pm	UWX.TE01	7/7-7/11	\$279
NwngtonFrst ES	9am-1pm	UWX.E6NR	7/28-8/1	\$279

NEW! Kids Martial Arts Masters Camp

Join Emily Weeks Fitness camp is designed to introduce children to various martial arts disciplines while promoting physical fitness, personal development, and valuable life skills. No camp July 4.

Location	Time	Code	Dates	\$
(9-12 yrs.)				
Franconia REC	9am-4pm	3W5.575M	6/30-7/3	\$295
SoRun REC	9am-4pm	3W5.P79R	7/21-7/25	\$369
(5-8 yrs.)				
EagleViewES	9am-4pm	LYP.M88C	7/7-7/11	\$369
LouiseArcherES	9am-4pm	LYP.OH0R	6/23-6/27	\$369
RavensworthES	9am-4pm	LYP.VBXE	7/28-8/1	\$369
RiversideES	9am-4pm	LYP.1HAQ	7/28-8/1	\$369

NEW! Land and Water Sports Camp

(8-12 yrs.) This camp offers outdoor sports in the morning (ex. basketball, pickleball, flag football, soccer), and afternoon swim instruction, swim activities like races and organized games, and free swim. Kids should be able to swim 25 yards unassisted, able to swim in deep water, and tread for 2 minutes. Bring a snack, water bottle, lunch, 2 swimsuits, 2 towels, change of clothes, and sunscreen. No camp July 4.

Location	Time	Code	Dates	\$
RiversideES	9am-4pm	OGE.C7R4	6/23-6/27	\$299
RiversideES	9am-4pm	OGE.XYEG	6/30-7/3	\$239
RiversideES	9am-4pm	OGE.1SDT	7/7-7/11	\$299
RiversideES	9am-4pm	OGE.Y2JT	7/14-7/18	\$299
RiversideES	9am-4pm	OGE.MS76	7/21-7/25	\$299
RiversideES	9am-4pm	OGE.GBLZ	7/28-8/1	\$299

NEW! Love the Ball Basketball Camp

(7-14 yrs.) Kids will learn the game of basketball and improve their basketball skills. Moves, scrimmages & 1v1's are fundamentals of this camp.

Location	Time	Code	Dates	\$
EagleView ES	9am-4pm	7WG.Q1KC	7/14-7/18	\$229
KeeneMill ES	9am-12pm	7WG.BBDR	7/28-8/1	\$165
LouiseArcherES	9am-4pm	7WG.G938	7/28-8/1	\$229
WdlyHillsES	9am-4pm	7WG.7PUH	6/23-6/27	\$229

NEW! Love the Ball Soccer Camp

(6-14 yrs.) Campers will learn and improve their soccer skills. Camp will be primarily outdoors so come prepared for outdoor activities. No camp July 4.

Location	Time	Code	Dates	\$
Camelot ES	9am-4pm	NUM.DSUK	6/30-7/3	\$185
Franconia REC	9am-4pm	NUM.APRO	7/14-7/18	\$229

NEW! Mini-Hawk

(4-6 yrs.) This multi-sport program was developed to give children a positive first step into athletics. Through exciting games and activities, campers explore balance, hand/eye coordination and skill development at their own pace. Bring water bottle and snack. Wear appropriate athletic attire. Every camper receives an award certificate and Skyhawks t-shirt. Camps the week of June 9 for non-FCPS participants. No camp June 19.

Location	Time	Code	Dates	\$
Franconia REC	9am-12pm	PPC.JM7P	6/16-6/20	\$119
Franconia REC	1pm-4pm	PPC.E95V	6/16-6/20	\$119
Oakmont REC	9am-12pm	PPC.PLFN	6/9-6/13	\$145
Wkfld/Moore	9am-12pm	PPC.SDJW	7/14-7/18	\$145
Wkfld/Moore	1pm-4pm	PPC.X56V	7/14-7/18	\$145

NEW! Multisport Camp

(6-12 yrs.) Skyhawks Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as sportsmanship, inclusion and teamwork. Participants should bring a water bottle, two snacks, lunch (full-day camps only), sunscreen (outdoor camps only) and wear appropriate athletic attire. Every child receives an award certificate and Skyhawks t-shirt. Camps the week of June 9 for non-FCPS participants.

Location	Time	Code	Dates	\$
Oakmont REC	9am-4pm	RC6.H77C	6/9-6/13	\$265
Wkfld/Moore	9am-4pm	RC6.C85X	6/23-6/27	\$265

Northern Virginia All-Star Sports Camp

(7-12 yrs.) This special camp will feature college athletes as counselors. Participants will be divided into teams and play 3 sports competitions each day. Sports will include dodge ball, basketball, soccer, flag football, kick ball & hand ball. Counselors will mentor participants by sharing their experiences while teaching individual skills and team concepts. Camp will end with Championship Friday with tournaments in all sports.

Location	Time	Code	Dates	\$
GMUFieldHouse	9am-4pm	QW6.7XE6	7/14-7/18	\$359
GMUFieldHouse	9am-4pm	QW6.PD9Q	7/21-7/25	\$359



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Pickleball Camp

(7-12 yrs.) Pickleball is a fast-paced paddle sport that combines tennis, table tennis and badminton. Learn the rules of pickleball and practice basic skills through games with Baroody camps. Campers will work as a team while competing in tournament style matches. No camp June 19.

Location	Time	Code	Dates	\$
GW Rec	9am-12pm	HLUJ4NH	6/16-6/20	\$159

Ping Pong (Table Tennis) Camp

(7-14 yrs.) A comprehensive program from Green Tea Ideas introducing the sport of table tennis to campers through a progressive range of innovative lessons and activities. Bring a lunch, snack and water bottle. Rec Center camps may include afternoon swim break. A \$10 supply fee is due on the first day.

Location	Time	Code	Dates	\$
MtVernon REC	9am-4pm	75B.WGC6	8/18-8/22	\$299
MtVernon REC	9am-4pm	75B.PLM1	8/25-8/29	\$299

Soccer

(6-12 yrs.) This Baroody camp will consist of games using soccer skills which will lead up to playing small-sided soccer. As the days progress, games will progress, involving different moves, dribbling, ball control, passing, and shooting. Games will require individual 1 on 1 skills with some requiring team participation. No camp June 19 July 4. Camps the week of June 9 and August 18 for non-FCPS participants.

Location	Time	Code	Dates	\$
GW REC	9am-4pm	WNQ.RLO7	6/23-6/27	\$309
Lake Fairfax	9am-4pm	WNQ.82JI	6/9-6/13	\$309
Lake Fairfax	9am-4pm	WNQ.WYNR	6/16-6/20	\$249
Lake Fairfax	9am-4pm	WNQ.LZVM	6/30-7/3	\$249
Lake Fairfax	9am-4pm	WNQ.4Z68	7/7-7/11	\$309
Lake Fairfax	9am-4pm	WNQ.FAZ9	7/14-7/18	\$309
Lake Fairfax	9am-4pm	WNQ.20AE	7/21-7/25	\$309
Lake Fairfax	9am-4pm	WNQ.AVLP	7/28-8/1	\$309
Lake Fairfax	9am-4pm	WNQ.FY3M	8/4-8/8	\$309
Lake Fairfax	9am-4pm	WNQ.X7JT	8/11-8/15	\$309
Lake Fairfax	9am-4pm	WNQ.DKLV	8/18-8/22	\$309
Woodburn ES	9am-4pm	WNQ.80R6	7/7-7/11	\$309

Soccer & Games Camp

(6-12 yrs.) In this SMUV Sports camp, campers will build soccer skills while participating in other games including capture the flag, kickball, and flag tag. Bring a swimsuit and towel for an afternoon swim break.

Location	Time	Code	Dates	\$
Franconia REC	9am-4pm	WB3.TIPI	7/28-8/1	\$309
Franconia REC	9am-4pm	WB3.IJ45	8/4-8/8	\$309
Wkfld/Moore	9am-4pm	WB3.WNZR	6/23-6/27	\$309

Softball Camp with US9

(7-13 yrs.) US9 Softball offers an instructional softball camp designed to teach both fundamentals and advanced skills. In addition to daily scrimmage games and trivia contests, all campers receive instruction on pitching, hitting, baserunning, fielding, game situations, rules and sportsmanship. Groups and teams will be created by age and/or prior experience with a goal to build camper confidence. No camp June 19 and July 4.

Location	Time	Code	Dates	\$
PatriotParkN	9am-2pm	W33.FBVT	6/16-6/20	\$209
PatriotParkN	9am-2pm	W33.A2QV	6/30-7/3	\$209
PatriotParkN	9am-2pm	W33.SST0	6/23-6/27	\$259
PatriotParkN	9am-2pm	W33.4RBM	8/4-8/8	\$259
PatriotParkN	9am-2pm	W33.3CTA	8/11-8/15	\$259
SoRun REC	9am-4pm	W33.SJUM	6/30-7/3	\$239
SoRun REC	9am-4pm	W33.X08M	8/11-8/15	\$299
Wkfld/Moore	9am-4pm	W33.8SZ4	6/16-6/20	\$239
Wkfld/Moore	9am-4pm	W33.EKVX	6/23-6/27	\$299
Wkfld/Moore	9am-4pm	W33.F311	7/7-7/11	\$299
Wkfld/Moore	9am-4pm	W33.D87A	7/21-7/25	\$299
Wkfld/Moore	9am-4pm	W33.JLDF	8/4-8/8	\$299



Sports and PE Games

Play some of the best sports and PE games ever invented. Baroody campers will choose from knockout, extreme kickball, handball, capture the flag, modified dodgeball, ultimate frisbee, floor hockey and soccer. Our goal is to motivate each player to compete with high effort and a positive attitude towards self and others. No camp July 4. Camp the week of June 9 for non-FCPS participants.

Location	Time	Code	Dates	\$
(5-12 yrs.)				
WdlyHillsES	9am-4pm	TDE.ZVNV	7/28-8/1	\$309
Woodburn ES	9am-4pm	TDE.MQF3	6/23-6/27	\$309
(6-14 yrs.)				
SoRun REC	9am-4pm	NZI.QFPC	6/9-6/13	\$309
WdlyHillsES	9am-4pm	NZI.RI59	6/30-7/3	\$249

Sports Zone

(6-12 yrs.) Get in the zone with action-packed weeks of sports, games, skill development and events. Specific sport activities vary depending on the site's facilities. Sessions include time outdoors and non-sports activities. Bring lunch, drink and swimsuit/towel.

Location	Time	Code	Dates	\$
Oakton ES	9am-4pm	71D.IGAM	7/14-7/18	\$299
Oakton ES	9am-4pm	71D.LJPS	7/28-8/1	\$299

Tennis & More with JST

(6-12 yrs.) Join JST Athletics for outdoor tennis instruction through fun drills and games that help improve skills. Bring a tennis racket and one can of tennis balls. Full day camps have an afternoon swim break and need to bring swimsuit/towel daily. No camp July 4.

Location	Time	Code	Dates	\$
(Tennis Half Day)				
Nottoway Pk	9am-12pm	B55.8BMB	6/30-7/3	\$165
Nottoway Pk	9am-12pm	B55.NMN3	7/7-7/11	\$205
Nottoway Pk	9am-12pm	B55.VM1J	7/14-7/18	\$205
Nottoway Pk	9am-12pm	B55.30EP	7/21-7/25	\$205

(Tennis & Swim Full Day)

Location	Time	Code	Dates	\$
WestfieldHS	9am-4pm	TT4.PTAV	6/16/6/20	\$255
WestfieldHS	9am-4pm	TT4.UGDD	7/7-7/11	\$315
WestfieldHS	9am-4pm	TT4.CU1K	7/14-7/18	\$315
WestfieldHS	9am-4pm	TT4.6XFK	7/21-7/25	\$315
WestfieldHS	9am-4pm	TT4.7WDC	7/28-8/1	\$315

Tennis Camp

(6-13 yrs.) Develop fundamental tennis skills through challenging activities in this Rich Sandler Camp. Bring tennis racket, a snack and water bottle. No camp July 4.

Location	Time	Code	Dates	\$
Franconia REC	9am-12:30pm	847.6ZPI	6/30-7/3	\$199
Franconia REC	9am-12:30pm	847.F5V6	7/14-7/18	\$245
Franconia REC	9am-12:30pm	847.CDKA	7/21-7/25	\$245
Franconia REC	9am-12:30pm	847.6PX6	8/4-8/8	\$245

Total Sports Camp

(6-13 yrs.) Play a variety of sports such as basketball, flag football, soccer and track in this fast-paced, high-energy Rich Sandler camp. Appropriate for boys and girls of all skill/experience levels. Camp includes a daily swim break. No camp July 4. Camp the week of June 9 for non-FCPS students.

Location	Time	Code	Dates	\$
Franconia REC	9am-4pm	1E1.YKQ4	6/9-6/13	\$315
Franconia REC	9am-4pm	1E1.ZBK6	6/30-7/3	\$255

Camps

Volleyball Camp with Alpha Sports

(8-12 yrs.) Learn to Pass, Set, & Hit at Volleyball Camp with Alpha Sports. Learn the fundamentals of volleyball & participate in contests, scrimmages, and games.

Location	Time	Code	Dates	\$
OrangeHuntES	9am-2pm	1RG.3ZF4	6/23-6/27	\$239
OrangeHuntES	9am-2pm	1RG.X206	7/14-7/18	\$239

Volleyball Camp

(6-12 yrs.) Join Baroody camps for one of the fastest growing sports in the area. We'll work on the fundamentals through games and drills that build strength and confidence. Our goal is for campers to have constant engagement, whether they are a beginner or more experienced player. Camp the week of June 9 and August 18 for non-FCPS participants.

Location	Time	Code	Dates	\$
Lake Fairfax	9am-1pm	MOW.6F7A	6/9-6/13	\$199
Lake Fairfax	9am-1pm	MOW.WWKH	6/23-6/27	\$199
Lake Fairfax	9am-1pm	MOW.1WBZ	7/7-7/11	\$199
Lake Fairfax	9am-1pm	MOW.ML9T	7/21-7/25	\$199
Lake Fairfax	9am-1pm	MOW.G6XG	8/4-8/8	\$199
Lake Fairfax	9am-1pm	MOW.7W51	8/18-8/22	\$199
Wkfld/Moore	9am-12pm	MOW.QWQE	8/11-8/15	\$159
Woodburn ES	9am-12pm	MOW.R4OV	7/14-7/18	\$159
Woodburn ES	1pm-4pm	MOW.LLGC	7/14-7/18	\$159

Virtual Camps

3D Game Design with Unity

Virtual Camp. With Unity, an industry-grade design software, aspiring game designers will learn level editing, 3D modeling, impactful gameplay creation, and how to utilize scripts and variables. Projects will be available on Black Rocket's protected website. Com-

patible with MAC and Windows OS only and requires a 64-bit operating system. No camp July 4.

Location	Time	Code	Dates	\$
(8-11 yrs.)				
Virtual FCPA	1pm-3:30pm	6BP.16F3	6/9-6/13	\$179
Virtual FCPA	9:30am-12pm	6BP.T685	6/30-7/3	\$145
Virtual FCPA	4:30pm-7pm	6BP.FABQ	7/21-7/25	\$179
Virtual FCPA	1pm-3:30pm	6BP.BPT1	8/11-8/15	\$179
(11-14 yrs.)				
Virtual FCPA	4:30pm-7pm	YKG.8YYZ	6/9-6/13	\$179
Virtual FCPA	1pm-3:30pm	YKG.SNJR	6/30-7/3	\$145
Virtual FCPA	1pm-3:30pm	YKG.8LIF	7/21-7/25	\$179
Virtual FCPA	9:30am-12pm	YKG.AYLM	8/11-8/15	\$179

A.I. Adventures – Intro to Machine Learning

Virtual Camp. Explore the world of artificial intelligence to design fully interactive games and experiences using cutting-edge technology. Combine artificial intelligence with coding to create an unforgettable learning adventure. Construct machine learning models that use image and text recognition within block-based coding software to build a portfolio of projects. Projects will be available on Black Rocket's password protected website.

Location	Time	Code	Dates	\$
(8-11 yrs.)				
Virtual FCPA	1pm-3:30pm	DRV.9SZW	6/16-6/20	\$179
Virtual FCPA	9:30am-12pm	DRV.K6PT	7/14-7/18	\$179
Virtual FCPA	4:30pm-7pm	DRV.XQET	8/4-8/8	\$179
(11-14 yrs.)				
Virtual FCPA	9:30am-12pm	QV4.YBUG	6/16-6/20	\$179
Virtual FCPA	1pm-3:30pm	QV4.HOIJ	7/14-7/18	\$179
Virtual FCPA	1pm-3:30pm	QV4.YQAV	8/4-8/8	\$179

Beats and Jams: Digital Music Creators

Virtual Camp. Begin your rise to the top of the charts with digital music production. Just like today's top artists, you can design your own beats or remix a mashup of your favorite songs to become a digital composer and sound engineer. Learn to produce digital music, record sound, make sound effects and mix tracks. Created soundtracks will be available on Black Rocket's password protected website. Compatible with MAC, Windows and Chrome OS.

Location	Time	Code	Dates	\$
(8-11 yrs.)				
Virtual FCPA	9:30am-12pm	CXC.MPES	6/16-6/20	\$179
Virtual FCPA	1pm-3:30pm	CXC.GH23	7/14-7/18	\$179
Virtual FCPA	1pm-3:30pm	CXC.WBXT	8/4-8/8	\$179
(11-14 yrs.)				
Virtual FCPA	1pm-3:30pm	WQK.JAII	6/16-6/20	\$179
Virtual FCPA	9:30am-12pm	WQK.XGWZ	7/14-7/18	\$179
Virtual FCPA	4:30pm-7pm	WQK.1XFC	8/4-8/8	\$179

Code Breakers Virtual Camp

Virtual Camp. Learn the basics of coding languages like HTML, JavaScript and CSS through a series of web projects and design challenges. Projects will be available on Black Rocket's protected website. Compatible with MAC, Windows and Chrome OS. Online camp. No camp July 4.

Location	Time	Code	Dates	\$
(8-11 yrs.)				
Virtual FCPA	9:30am-12pm	7SL.FDKZ	6/9-6/13	\$179
Virtual FCPA	1pm-3:30pm	7SL.MLGM	6/30-7/3	\$145
Virtual FCPA	1pm-3:30pm	7SL.EMHA	7/21-7/25	\$179
Virtual FCPA	4:30pm-7pm	7SL.H999	8/11-8/15	\$179
(11-14 yrs.)				
Virtual FCPA	1pm-3:30pm	OGO.LLNZ	6/9-6/13	\$179
Virtual FCPA	4:30pm-7pm	OGO.QX3E	6/30-7/3	\$145
Virtual FCPA	9:30am-12pm	OGO.JJ9Q	7/21-7/25	\$179
Virtual FCPA	1pm-3:30pm	OGO.BMRT	8/11-8/15	\$179

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- Climbing Wall
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- Mini Golf
- Golf Banquet Halls
- Historic properties
- Nature centers
- Picnic areas, shelters, canopies, amphitheater
- Campsites
- Showmobile
- Water Mine

JavaScript Developer Jam

Virtual Camp. Explore an array of core programming concepts with JavaScript by experimenting in digital challenges. Program your first animated memes, then tackle more advanced skills such as interactive 3D experiences and game creation. Projects will be available Black Rocket's password protected website.

Location	Time	Code	Dates	\$
(8-11 yrs.)				
Virtual FCPA	4:30pm-7pm	X2H.U68R	6/16-6/20	\$179
Virtual FCPA	1pm-3:30pm	X2H.TW84	7/14-7/18	\$179
Virtual FCPA	1pm-3:30pm	X2H.JIRM	8/4-8/8	\$179
(11-14 yrs.)				
Virtual FCPA	1pm-3:30pm	TLX.AZMX	6/16-6/20	\$179
Virtual FCPA	4:30pm-7pm	TLX.4KQ7	7/14-7/18	\$179
Virtual FCPA	9:30am-12pm	TLX.XOHC	8/4-8/8	\$179

Make Your First Video Game

Virtual Camp. This class gives you the keys to designing your first 2D platformer game. Explore conceptualization, level design, graphics, sounds, and simple coding. No prior experience is necessary, just a desire to have fun. Student projects will be available on Black Rocket's password protected website.

Location	Time	Code	Dates	\$
(8-11 yrs.)				
Virtual FCPA	4:30pm-7pm	RT9.P0CC	6/23-6/27	\$179
Virtual FCPA	1pm-3:30pm	RT9.A1V7	7/7-7/11	\$179
Virtual FCPA	1pm-3:30pm	RT9.30IB	7/28-8/1	\$179
Virtual FCPA	9:30am-12pm	RT9.2XHB	8/18-8/22	\$179
(11-14 yrs.)				
Virtual FCPA	1pm-3:30pm	P8Q.BEX5	6/23-6/27	\$179
Virtual FCPA	4:30pm-7pm	P8Q.6ZYW	7/7-7/11	\$179
Virtual FCPA	9:30-12pm	P8Q.AZD9	7/28-8/1	\$179
Virtual FCPA	1pm-3:30pm	P8Q.E4G4	8/18-8/22	\$179

Minecraft Designers Virtual Camp

Virtual Camp. Learn how to create a custom map, build with Redstone and Command blocks and create custom textures for you to import. Must own a Java version of Minecraft. Parent email address is required to use 3D modeling software. Compatible with MAC and Windows OS only. Projects will be available on a Black Rocket's protected website.

Location	Time	Code	Dates	\$
(8-11 yrs.)				
Virtual FCPA	1pm-3:30pm	4R1.OIVT	6/23-6/27	\$179
Virtual FCPA	9:30am-12pm	4R1.W7Q1	7/21-7/25	\$179
(11-14 yrs.)				
Virtual FCPA	9:30am-12pm	0HK.26V1	6/23-6/27	\$179
Virtual FCPA	1pm-3:30pm	0HK.CPFL	7/21-7/25	\$179

Minecraft Modders Virtual Camp

Virtual Camp. Learn scripting and logic statements as you design your first mods and customize your own Minecraft world. Create a wide variety of new elements and gameplay mechanics. Projects will be available on Black Rocket's protected website. Requires Java version of Minecraft. This online camp compatible with MAC and Windows OS only.

Location	Time	Code	Dates	\$
(8-11 yrs.)				
Virtual FCPA	1pm-3:30pm	ASN.QOKD	6/16-6/20	\$179
Virtual FCPA	4:30pm-7pm	ASN.AIG3	7/14-7/18	\$179
Virtual FCPA	9:30am-12pm	ASN.4G8L	8/4-8/8	\$179
(11-14 yrs.)				
Virtual FCPA	4:30pm-7pm	YST.037Z	6/16-6/20	\$179
Virtual FCPA	1pm-3:30pm	YST.HOAM	7/14-7/18	\$179
Virtual FCPA	1pm-3:30pm	YST.4SP8	8/4-8/8	\$179

Minecraft Redstone Engineers

Virtual Camp

Virtual Camp. Take the next step beyond simply "playing" Minecraft and become a true Redstone engineer with Black Rocket. Expand your knowledge by constructing your own carnival with a variety of mini-games, roller coasters, and attractions powered by Redstone. Learn how to incorporate Command and Structure blocks into your builds. Requires Java version of Minecraft. This online camp compatible with MAC and Windows OS only.

Location	Time	Code	Dates	\$
(8-11 yrs.)				
Virtual FCPA	9:30am-12pm	HFF.LK2Z	7/7-7/11	\$179
(11-14 yrs.)				
Virtual FCPA	1pm-3:30pm	OVR.49ED	7/7-7/11	\$179

Pokemon Masters: Designers & 3D Makers Unite

Virtual Camp. Use your Pokemon imagination and bring your ideas to life. Create your own digital Pokemon-style custom-playing card game. Progress onto designing action figures, jewelry, and toys in professional-level modeling software. Learn how to prepare a model for 3D printing and create a design portfolio to showcase your work! No prior experience is necessary and 3D designs will be available Black Rocket's password protected website.

Location	Time	Code	Dates	\$
(8-11 yrs.)				
Virtual FCPA	1pm-3:30pm	JU1.2QJF	7/14-7/18	\$179
(11-14 yrs.)				
Virtual FCPA	9:30am-12pm	JU1.T60D	7/14-7/18	\$179

Python Programmers Virtual Camp

Virtual Camp. Learn the world's fastest-growing programming language favored by Google, NASA, YouTube, and the CIA. Discover how to code with Python to create engaging apps and games. Each Black Rocket lesson takes you step-by-step on a programming path that will let you challenge friends. This online camp is compatible with MAC, Windows and Chrome OS.

Location	Time	Code	Dates	\$
(8-11 yrs.)				
Virtual FCPA	1pm-3:30pm	VKC.V7PK	6/23-6/27	\$179
Virtual FCPA	9:30am-12pm	VKC.OIUW	7/7-7/11	\$179
Virtual FCPA	4:30pm-7pm	VKC.U1YX	7/28-8/1	\$179
Virtual FCPA	1pm-3:30pm	VKC.W932	8/18-8/22	\$179
(11-14 yrs.)				
Virtual FCPA	9:30am-12pm	73P.0CZT	6/23-6/27	\$179
Virtual FCPA	1pm-3:30pm	73P.8EC5	7/7-7/11	\$179
Virtual FCPA	1pm-3:30pm	73P.Z9IY	7/28-8/1	\$179
Virtual FCPA	4:30pm-7pm	73P.02R2	8/18-8/22	\$179

ROBLOX Coders Virtual Camp

Virtual Camp. Discover the Lua coding language while designing experiences in ROBLOX®. This class combines game design concepts, and coding. New developers will learn to use Roblox's Studio software to reimagine the popular game genres with your own custom code. Student-created games will be available on Black Rocket's password protected website.

Location	Time	Code	Dates	\$
(8-11 yrs.)				
Virtual FCPA	9:30am-12pm	1CJ.E4E6	6/23-6/27	\$179
Virtual FCPA	1pm-3:30pm	1CJ.02DW	7/7-7/11	\$179
Virtual FCPA	1pm-3:30pm	1CJ.WN16	7/28-8/1	\$179
Virtual FCPA	4:30pm-7pm	1CJ.7FMI	8/18-8/22	\$179
(11-14 yrs.)				
Virtual FCPA	1pm-3:30pm	4NS.A459	6/23-6/27	\$179
Virtual FCPA	9:30am-12pm	4NS.ZAA5	7/7-7/11	\$179
Virtual FCPA	4:30pm-7pm	4NS.TXY1	7/28-8/1	\$179
Virtual FCPA	1pm-3:30pm	4NS.95G1	8/18-8/22	\$179

ROBLOX Makers Virtual Camp

Virtual Camp. Unlock the power of ROBLOX Studio, the world creation tool used by real-world developers. Build 3D models and create an adventure in your ROBLOX world. Design characters that are brought to life with unique animations. Projects will be available on Black Rocket's protected website. This online camp is compatible with MAC and Windows OS only. No camp July 4.

Location	Time	Code	Dates	\$
(8-11 yrs.)				
Virtual FCPA	4:30pm-7pm	L7T.85P4	6/9-6/13	\$179
Virtual FCPA	1pm-3:30pm	L7T.2PBQ	6/30-7/3	\$145
Virtual FCPA	1pm-3:30pm	L7T.5G2U	7/21-7/25	\$179
Virtual FCPA	9:30am-12pm	L7T.NG7U	8/11-8/15	\$179
(11-14 yrs.)				
Virtual FCPA	1pm-3:30pm	SHA.WTXZ	6/9-6/13	\$179
Virtual FCPA	9:30am-12pm	SHA.IK4D	6/30-7/3	\$145
Virtual FCPA	4:30pm-7pm	SHA.DMX1	7/21-7/25	\$179
Virtual FCPA	1pm-3:30pm	SHA.G9WB	8/11-8/15	\$179

Video Game Animation Virtual Camp

Virtual Camp. Create sophisticated sprite animations using simple-to-learn techniques that you can use in any 2D editor. Squash, stretch, and shade your creations to make your characters pop! Students do not need any prior experience in game design, animation, or sketching. Student-created games will be available on Black Rocket's password protected website. No camp July 4.

Location	Time	Code	Dates	\$
(8-11 yrs.)				
Virtual FCPA	1pm-3:30pm	W8Z.UKWR	6/9-6/13	\$179
Virtual FCPA	4:30pm-7pm	W8Z.HX9S	6/30-7/3	\$145
Virtual FCPA	9:30am-12pm	W8Z.IQSN	7/21-7/25	\$179
Virtual FCPA	1pm-3:30pm	W8Z.ZEE8	8/11-8/15	\$179
(11-14 yrs.)				
Virtual FCPA	9:30am-12pm	DK3.Y30K	6/9-6/13	\$179
Virtual FCPA	1pm-3:30pm	DK3.2WFR	6/30-7/3	\$145
Virtual FCPA	1pm-3:30pm	DK3.TBNN	7/21-7/25	\$179
Virtual FCPA	4:30pm-7pm	DK3.T6BX	8/11-8/15	\$179

Virtual Chess Camp

(6-13 yrs.) This Silver Knights (formerly Magnus Academy) online camp features a mix of live lessons, practice games, puzzles and tournaments. Campers are divided by skill so that everyone gets lessons and fair games. Everything is online, so there's no need for a physical board. No camp June 19 and July 4-5. Camps the week of June 9 for non-FCPS participants.

Location	Time	Code	Dates	\$
Virtual FCPA	9:30-12pm	AEL.PR80	6/9-6/13	\$179
Virtual FCPA	9:30-12pm	AEL.DWOI	6/16-6/20	\$145
Virtual FCPA	9:30-12pm	AEL.U322	6/23-6/27	\$179
Virtual FCPA	9:30-12pm	AEL.62UM	6/30-7/3	\$145
Virtual FCPA	9:30-12pm	AEL.9NNR	7/7-7/11	\$179
Virtual FCPA	9:30-12pm	AEL.4VNR	7/14-7/18	\$179
Virtual FCPA	9:30-12pm	AEL.GY14	7/21-7/25	\$179
Virtual FCPA	9:30-12pm	AEL.QXVE	7/28-8/1	\$179
Virtual FCPA	9:30-12pm	AEL.5H4P	8/4-8/8	\$179
Virtual FCPA	9:30-12pm	AEL.K9IT	8/11-8/15	\$179
Virtual FCPA	9:30-12pm	AEL.HYWK	8/18-8/22	\$179
Virtual FCPA	9:30-12pm	AEL.27AJ	8/25-8/29	\$179



Fan us on Instagram

www.instagram.com/fairfaxparks/

YouTube Content Creators

Virtual Camp. Explore the variety of content and personalities that exist on YouTube and discover how to find your own niche. Learn the do's and don'ts of the platform and practice good digital citizenship. Develop your on-camera presence with your own channel branding and professional editing skills. Take home a plan for launching your own channel with the content created in camp. Projects will be available on Black Rocket's protected website. This online camp requires a webcam and is compatible with MAC and Windows OS only.

Location	Time	Code	Dates	\$
(8-11 yrs.)				
Virtual FCPA	1pm-3:30pm	NSJ.XKLL	6/23-6/27	\$179
Virtual FCPA	4:30pm-7pm	NSJ.GJ1F	7/7-7/11	\$179
Virtual FCPA	9:30am-12pm	NSJ.K4LX	7/28-8/1	\$179
Virtual FCPA	1pm-3:30pm	NSJ.2WQC	8/18-8/22	\$179
(11-14 yrs.)				
Virtual FCPA	4:30pm-7pm	M8J.JX4T	6/23-6/27	\$179
Virtual FCPA	1pm-3:30pm	M8J.NKY3	7/7-7/11	\$179
Virtual FCPA	1pm-3:30pm	M8J.XTRB	7/28-8/1	\$179
Virtual FCPA	9:30am-12pm	M8J.PBXR	8/18-8/22	\$179

Adapted Camps

Adapted Park Explorers & Jr. Park Explorers

Join us on outdoor adventures for nature lovers who don't mind being outside and getting dirty. Campers will explore different features of the park through hands-on science and nature activities tailored to young people with disabilities. Experiments, games, activities, and observation skills help us explore our park. Bring a snack and drink. This camp is designed



for kids with disabilities who can participate in a 4:1 ratio and can maintain personal care. No camp June 19.

Location	Time	Code	Dates	\$
(6-9 yrs.) Jr Park Explorers				
ECLawncPk	9am-12pm	6AT.045T	7/28-8/1	\$239
LakeAccotink	9am-12pm	6AT.M90T	7/7-7/11	\$239
(10-13 yrs.) Park Explorers				
ECLawncPk	1pm-4pm	X5G.10VA	7/28-8/1	\$239
LakeAccotink	9am-12pm	X5G.0M3P	7/21-7/25	\$239
RiverbendPk	9am-12pm	X5G.GFNQ	6/16-6/20	\$195

NEW! Goal Without Limits

(5-16 yrs.) Visually impaired campers can experience soccer (futsal), while campers are encouraged to integrate, collaborate, and play alongside their peers. This inclusive camp aims to break down barriers, build confidence, and teach teamwork, communication, and sportsmanship through the unique experience of blind soccer. Each day includes training sessions, skill-building, and team-oriented games, along with a variety of fun and adaptive activities that ensure everyone participates equally. Groups are separated by age and skill level.

Location	Time	Code	Dates	\$
SpHill REC	9am-12pm	4TA.LJ72	8/11-8/15	\$239



Adult Summer Camps

Adult Art in Nature

(Adults) Discover the ways in which art is influenced by nature and how nature often features artistic design. Hike along our beautiful trails, explore different art mediums, craft with natural and found items, and capture the scenery of the Potomac River on a creative kayaking trip. Participants will enjoy a private tour of Glenstone Sculpture Park on the last day (transportation not included). Bring snack, lunch, and a water bottle. Prior art experience is NOT required; beginners are welcome!

Location	Time	Code	Dates	\$
RiverbendPk	10am-2pm	L9J.6M8X	7/1-7/3	\$299

NEW! Adult Pickleball Camp

(Adults) Pickleball is a fast-paced paddle sport that combines tennis, table tennis and badminton. Join us to learn the rules of the game, the basics and practice skills. Campers will work together as a team while competing in lightly competitive tournament style matches.

Location	Time	Code	Dates	\$
AnnCommPk	9am-12pm	8L7.YVC5	6/23-6/27	\$159
AnnCommPk	9am-12pm	8L7.JHJ3	7/7-7/11	\$159
AnnCommPk	9am-12pm	8L7.8ZAL	7/21-7/25	\$159
AnnCommPk	9am-12pm	8L7.ZBUS	8/4-8/8	\$159

Adult Potomac Adventures

(Adults) Join our experienced instructors and immerse yourselves in the great outdoors with our all-adult 3-day adventure camp! Experience the Potomac River from every angle. Go rock climbing overlooking the river in Carderock MD (transportation not included), do a fish and float trip from Clark's Branch, and take a guided hike down to Great Falls to learn the history and geography of the gorge. Prior fishing/boating experience is not required; beginners welcome! Bring snack, lunch, and a water bottle.

Location	Time	Code	Dates	\$
RiverbendPk	10am-2pm	4LW.WK1J	7/1-7/3	\$299

Adult Women in the Woods

(Adults) Immerse yourselves into the wilderness with our all-adult 3-day adventure camp! Join a group of women to learn important life skills and knowledge to survive and protect the outdoors. Activities include rock climbing along the Potomac in Carderock MD (transportation not included), paddling, fire building, outdoor cooking, archery, and foraging. Bring snack, lunch, and a water bottle.

Location	Time	Code	Dates	\$
RiverbendPk	10am-2pm	XIL.CE61	7/1-7/3	\$299

The Wonder Wagon is Rolling!

Join the mobile nature center in a free exploration of nature at a park near you!

- Engaging, guided activities like catching bugs, observing birds and exploring plants and animals
- Find the beauty of nature in all environments

The Wonder Wagon is made possible by The Community Foundation for Northern Virginia support, the National Park Service and donations from organizations and individuals to the Fairfax County Park Foundation.

2025 Summer Park Activations-Rolling Into a Park Near You!

All Park Activations begin at 10 a.m. and run until Noon.

Bailey's Park: Tuesday, July 1	South Lakes Drive Park: Tuesday, July 22	Clemyjonytri Park: Tuesday, August 12
Ossian Hall Park: Friday, July 11	Alabama Drive Park: Wednesday, August 6	Tyler Park: Tuesday, August 26
Muddy Hole Farm Park: Thursday, July 17		

Wonder Wagon

To see where we are rolling to next with our calendar of events at www.fairfaxcounty.gov/parks/wonder-wagon

For additional information, FCPAWonderWagon@fairfaxcounty.gov

FCPF
Fairfax County Park Foundation

It's Camp Time

Register now for spring and summer camps!



- ★ Grades 1-5
- ★ Unique and fun STEM exploration
- ★ Led by STEM experts & educators
- ★ Exclusive access to the entire Lab
- ★ Located in Fair Oaks Mall

Enroll Now!

childsci.org/camps



The Fairfax County Park Authority has a variety of beautiful outdoor facilities available for your next event! For information about our reservable areas, fees, amenities, availability and booking, visit www.fairfaxcounty.gov/parks/picnics

For help planning your event, email FCPApicnics@fairfaxcounty.gov or call 703-324-8732.



SUMMER FUN AT HARMONIA

MUSICAL THEATER & CREATIVE ARTS CAMPS

SESSIONS ARE FILLING QUICKLY



»» SUMMER LESSONS ENROLLMENT OPENS MAY 1ST ««



EARLY FALL ENROLLMENT

WAIVED REGISTRATION FEE JUNE 5TH - JUNE 30TH

ENROLL NOW | WWW.HARMONIASCHOOL.ORG | VIENNA, VA

SPECIAL OFFER

Every Body Golf School

2025 Spring and Summer Junior Golf Camps

Offered at Oakmont Golf Center

Certified instruction for boys and girls, ages 8-17 • Cost: \$289

5 Day Summer Junior Golf Camp

10-1 Student to pro ratio

In this camp, students will develop the skills of putting, chipping, sand shots, and full swings with both woods and irons. Rules and etiquette will also be taught. Weather permitting, students will test their skills on Oak Marr's par 3 Golf Course. Loaner clubs will be available for students who do not own a set.

Participants will receive:

- Daily snacks
- Diploma
- Gift pack

- Spring Break Camp: April 14- April 18, 9am- 12:30pm
- June 16- June 20 • June 23- June 27 • July 7- July 11 • July 14 - July 18
• 8am- 11:30am
- July 28- August 1 • August 4- August 8 • August 11- August 15
• 8 AM-11:30 AM OR 12:30 PM to 4 PM

5 Day Players Camp

6-1 Student to pro ratio

This camp is intended to prepare campers for junior competitions and school teams. Emphasis will be on strategies for scoring and course management. There will be work on full swing, short game, rules and scoring. This is an excellent camp for those wishing to improve an already experienced game or to prepare to play at the high school level.

- 12:30 PM- 4 PM

- June 16- June 20 • June 23- June 27 • July 7- July 11 • July 14- July 18

Sign up online at www.everybodygolf.com Our camps fill up quickly • Enrollment is limited





2025 SCHEDULE

Buy Fresh, Buy Local.

WEDNESDAYS

McCutcheon/Mount Vernon Sherwood Library

April 16-November 26 • 8 a.m.-Noon
2501 Sherwood Hall Lane, Alexandria
SNAP accepted, bonus dollar program!

Oakmont Rec Center

May 7-October 29 • 8 a.m.-Noon
3200 Jermentown Road, Oakton

Wakefield • Wakefield Park

May 7-October 29 • 2-6 p.m.
8100 Braddock Road, Annandale
SNAP accepted, bonus dollar program!

THURSDAYS

Annandale • Mason District Park

May 1-November 6 • 8 a.m.-Noon
6621 Columbia Pike, Annandale
SNAP accepted, bonus dollar program!

Herndon

May 1-October 30 • 8 a.m.-Noon
700 Block of Lynn St., Herndon

FRIDAYS

McLean • Lewinsville Park

May 2-October 31* • 8 a.m.-Noon
1659 Chain Bridge Road, McLean
**Closed May 16 for McLean Day*

Kingstowne

May 2-October 24 • 3-7 p.m.
5870 Kingstowne Towne Center, Alexandria

SATURDAYS

Burke • VRE Parking Lot

April 19-November 22 • 8 a.m.-Noon
5671 Roberts Parkway, Burke

Reston • Lake Anne Village Center

April 26-November 22 • 8 a.m.-Noon
1609-A Washington Plaza, Reston
SNAP accepted, bonus dollar program!

SUNDAYS

Lorton • VRE Parking Lot

May 4-November 23 • 8 a.m.-Noon
8990 Lorton Station Boulevard, Lorton
SNAP accepted, bonus dollar program!

 **For information and directions, visit:**
www.fairfaxcounty.gov/parks/farmersmarkets
or call 703-642-0128

Lead By Example Tae Kwon Do

Best Camp in The Northern Virginia Area

JOIN US FOR SUMMER CAMP

Our Camp Includes fun excursions and a life changing Tae Kwon Do Class



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FAIR OAKS/FAIRFAX/OAKTON

11226 Waples Mill Road
Fairfax, VA 22030

703-273-1100

www.LeadByExampleTaeKwonDo.com

Children's Corner

Scan the QR code to go directly to the Parktakes Online Children's Corner page.



Our specialized programs introduce babies and preschoolers to creative concepts and fun activities designed to promote coordination and social skill development. Classes and programs for preschoolers and older children also are listed in Nature, History and Gardening and other Parktakes sections. Some classes may have supply fees so check class descriptions for details. Any supply fees are payable to instructor at first class and are non-refundable.

Art & Variety Classes

ABCs and 1-2-3s

(2-3 yrs.) Children will learn their letters and numbers through hands-on crafts in this class. Kids learn how to associate a sound with each letter and number from the craft they make in class. Parent must attend class with the 2- to 3-year-old age group. Additional supply fee payable to instructor.

3TE 6--45 minute lessons--\$74						
Location	Day	Time	Code	Begin	\$	
CubRunREC	Su	2:15pm	378.Y173	6/22	3TE	

Abakadoodle Mini Doodlers

(3-6 yrs.) Ignite your child's imagination using real artists' materials, including watercolors, tempera paints, oil pastels and creative tools. Carefully designed lessons help children develop skills while enhancing creativity. A \$30-\$40 materials fee is due at first class (checks payable to Abakadoodle).

BTWV 6--45 minute lessons--\$138 DTWV 8--45 minute lessons--\$169						
Location	Day	Time	Code	Begin	\$	
CubRunREC	Sa	11:30am	498.P8L8	7/12	BTWV	
Oakton ES	W	2pm	498.7800	6/18	BTWV	
Oakton ES	W	11am	498.8MVS	6/18	BTWV	
Wkfld/Moore	Th	7pm	498.AZVO	7/10	BTWV	
SoRunREC	T	5:30pm	498.W9MK	7/8	BTWV	
SoRunREC	Sa	12:30pm	498.QDG9	7/12	BTWV	
SpHillREC	Sa	2pm	498.7K3Y	6/21	DTWV	

PRESCHOOL ON THE FARM

(3, 4, 5 yrs.) Learning is done through play at this popular preschool, held in the schoolhouse on the farm. Children will visit the farm animals, take nature walks, make crafts, sing songs and play games. Social, emotional, and verbal skills are developed to prepare students for kindergarten. Children must be potty trained. This program is administered by Katydid, Inc. and licensed by the Virginia Department of Education. Physical exam and immunization record are required. The preschool follows Fairfax County Public Schools holiday and inclement weather schedule. Classes begin after Labor Day. Students are accepted all year on a space-available basis. Visits can be scheduled by phone: 703-689-3104 or e-mail: info@katydidkids.com. For more information, visit www.katydidkids.com.

9-11:45 a.m. MW, TR, TRF, MTWF
12:30-3:15 p.m. TRF, TWR, MTWRF



Abakadoodle Twoosy Doodlers

(20-36 mos.) Little ones experiment with painting, gluing, sticking, printing and creating while developing fine-motor, language and self-help skills. This Abakadoodle class, for toddlers and their parents, inspires creativity while emphasizing an I-can-do-it spirit! A \$30-\$40 materials fee is due at first class (checks payable to Abakadoodle).

BTWV 6--45 minute lessons--\$138 DTWV 8--45 minute lessons--\$169						
Location	Day	Time	Code	Begin	\$	
CubRunREC	Sa	12:30pm	F2D.B221	7/12	BTWV	
Oakton ES	M	10am	F2D.VK60	6/16	BTWV	
Oakton ES	M	11am	F2D.AX4T	6/16	BTWV	
Oakton ES	W	10am	F2D.ZA7T	6/18	BTWV	
Wkfld/Moore	Th	6pm	F2D.ABGG	7/10	BTWV	
SoRunREC	Sa	11:30am	F2D.043Y	7/12	BTWV	
SpHillREC	Sa	3pm	F2D.JDL2	6/21	DTWV	
SpHillREC	T	6:15pm	F2D.5XKT	6/24	DTWV	

Animal Antics

(2-5 yrs.) Children enhance fine and gross motor skills in this class featuring a different animal each week. Animals are featured in activities including crafts, songs, stories and acting.

4TC 8--45 minute lessons--\$102						
Location	Day	Time	Code	Begin	\$	
SoRunREC	Su	11am	0F1.BRWN	7/13	4TC	

Kidcreate Keepsake Art

(4-6 yrs.) In this Kidcreate class, young artists create adorable keepsakes to display at home or give as very special gifts. Projects include artwork featuring little handprints, a darling self-portrait on a real canvas board and more. These these mementos will be treasured for decades to come.

DTVM 8--45 minute lessons--\$142						
Location	Day	Time	Code	Begin	\$	
MtVern REC	Sa	10:30am	N3L.GBF5	6/21	DTVM	
MtVern REC	T	4:30pm	N3L.HCLF	6/24	DTVM	

Preschool Picassos

(2-5 yrs.) Children delight in exploring their artistic abilities through projects that build self-confidence and encourage self-expression. Class projects and art media progress with age. Additional art supply fee payable to instructor at first class.

4TC 8--45 minute lessons--\$102						
Location	Day	Time	Code	Begin	\$	
OakmontREC	W	4:45pm	0A7.AJDS	6/11	4TC	
OakmontREC	Sa	9:30am	0A7.S74H	6/14	4TC	
OakmontREC	Sa	10:25am	0A7.ACE4	6/14	4TC	
SoRunREC	Su	12:15pm	0A7.0BZ0	7/13	4TC	

Preschool Prep

(2-3 yrs.) Get ready for preschool by working on socialization and fine and gross motor skills. Concepts such as sharing, taking turns, following directions, colors and counting are introduced through a variety of music, instruments, play equipment, dancing, singing and stories. Adult participation is required.

4TC 8--45 minute lessons--\$102						
Location	Day	Time	Code	Begin	\$	
OakmontREC	M	4:45pm	2BC.5PCG	6/9	4TC	
OakmontREC	M	5:40pm	2BC.TH0C	6/9	4TC	

Story Corner

(3-5 yrs.) Explore childhood favorite books with our storytellers. They bring the love of children's books alive through flannel boards, puppets, props, movement activities and art projects. Any supply fee payable to instructor at first class.

4TC 8--45 minute lessons--\$102						
Location	Day	Time	Code	Begin	\$	
OakmontREC	Sa	11:30am	7F1.59LB	6/14	4TC	

Young Rembrandts Drawing

(3-5 yrs.) In this Young Rembrandts class, children learn drawing skills, develop kindergarten readiness and create fun artworks. Lesson plans use stepwise instruction to inspire students' independent drawings, including seasonal, realistic and abstract images. Any supply fee payable to instructor at first class.

CTVY 6--45 minute lessons--\$97						
Location	Day	Time	Code	Begin	\$	
MtVern REC	Sa	12pm	2CF.X894	6/21	CTVY	

Cooking Classes

Tropical Fusion

(4-6 yrs.) Take a food journey to the Caribbean! Sip on fruit smoothies made from fresh pineapple, coconuts, papayas and other island fruits. Students will make tropical salsas with mangoes and pineapples and learn about tropical spices such as jerk and curry. Disclaimer: Tiny Chefs reviews products for allergy warnings indicated on the label. Tiny Chefs is not held liable for allergens not listed on product packaging, and environmental factors or cross-contamination. Tiny Chefs can accommodate some mild allergies based on our discretion. Examples of ingredients used in our programs: dairy, egg, wheat/gluten, soy, coconut, sesame. We cannot guarantee a completely allergen-free environment.

DXVV 8--55 minute lessons--\$263						
Location	Day	Time	Code	Begin	\$	
Franconia Rec	Sa	10am	0H1.IG40	6/21	DXVV	



Dance Classes

Baby Ballerinas

(2-4 yrs.) This class for the youngest ballerinas stretches their minds and feet. Adult must participate with child.

4TC	8--45 minute lessons--\$102				
CTVF	6--45 minute lessons--\$110				
CTVX	6--45 minute lessons--\$88				
Location	Day	Time	Code	Begin	\$
MtVernREC	Sa	9:30am	B1C.GQPT	6/21	4TC
MtVernREC	Sa	11:30am	B1C.Z3JP	6/21	4TC
Oakton ES	Sa	9:30am	YDT.1ZRK	6/21	CTVF
Oakton ES	Sa	10:30am	YDT.87OR	6/21	CTVF
Oakton ES	Sa	11:30am	YDT.U3L3	6/21	CTVF
SoRunREC	Su	9am	YDT.8NRQ	7/13	CTVX

Ballet & Tap

(2-3 yrs.) Introduction to basic ballet and tap steps and movements. This is not a parent/child class.

CTVX		6--45 minute lessons--\$88			
DTVR		8--45 minute lessons--\$118			
Location	Day	Time	Code	Begin	\$
(2-3 yrs.)					
CubRunREC	Su	12:15pm	5F8.S0MN	6/22	CTVX
SoRunREC	Sa	12pm	5F8.CQ84	7/12	CTVX
(3-5 yrs.)					
CubRunREC	Su	2pm	AD3.4S49	6/22	CTVX
Franconia Rec	Sa	9:50am	AD3.GL5A	6/14	DTVR
OakmontREC	Su	10am	AD3.7LL3	6/15	CTVX
ProvREC	Sa	9am	AD3.D6YN	6/28	CTVX
Wkfld/Moore	Sa	9am	AD3.ILXG	7/12	DTVR
(4-5 yrs.)					
SoRunREC	Sa	11am	6C5.1NOU	7/12	CTVX

Combo Ballet & Hip Hop

(3-5 yrs.) Students learn the basic fundamentals of ballet and hip-hop as well as coordination, flexibility, and dance terminology.

CTVX	6--45 minute lessons--\$88				
DTVR	8--45 minute lessons--\$118				
Location	Day	Time	Code	Begin	\$
CubRunREC	Su	1:10pm	CMH.IT5E	6/22	CTVX
Franconia Rec	F	5:10pm	CMH.YGAZ	6/13	DTVR
OakmontREC	Sa	9am	CMH.3J25	6/14	CTVX
OakmontREC	Su	10:55am	CMH.B0V5	6/15	CTVX
SoRunREC	Sa	10am	CMH.4MC2	7/12	CTVX
SoRunREC	Su	11am	CMH.S4AB	7/13	CTVX

Hip Hop for Tots

(3-5 yrs.) Tots are introduced to basic hip hop steps and combinations. Class focuses on creativity, coordination, flexibility and fun. All moves are set to age-appropriate music.

CTVX		6--45 minute lessons--\$88			
DTVR		8--45 minute lessons--\$118			
Location	Day	Time	Code	Begin	\$
Franconia Rec	Sa	10:40am	370.K04J	6/14	DTVR
OakmontREC	Sa	12:30pm	370.4JRQ	6/14	CTVX

Intro to Ballet

Students are introduced to the basic movement elements to build a foundation for progression in ballet. Classes ignite students' imagination through creative games and stories while focusing on muscle development, coordination and music.

4TC		8--45 minute lessons--\$102			
CTVX		6--45 minute lessons--\$88			
Location	Day	Time	Code	Begin	\$
(3-5 yrs.)					
OakmontREC	Sa	10am	PMD.V804	6/14	CTVX
ProvREC	Sa	9:50am	PMD.V2JI	6/28	CTVX
(4-5 yrs.)					
MtVernREC	Sa	10:30am	1B1.QNZY	6/21	4TC

Martial Arts Classes

Little Ninjas

(4-6 yrs.) Kids develop gross motor skills and build self-confidence, attention span and listening skills. Martial arts uniforms are required. Extra fee for belt testing.

4TC	8--45 minute lessons--\$102				
CTVB	8--30 minute lessons--\$97				
BMVE	8--30 minute lessons--\$90				
DMVE	10--30 minute lessons--\$112				
DMVF	10--45 minute lessons--\$113				
Location	Day	Time	Code	Begin	\$
(3 yrs.)					
LdbvExFrOks	Sa	11am	943.RA11	6/14	DMVE
(4-6 yrs.)					
BlkBlFFX	M	4:30pm	415.EBUF	6/16	DMVE
BlkBlFFX	T	4:30pm	415.54E2	6/17	DMVE
BlkBlFFX	W	4:30pm	415.XZCX	6/18	DMVE
CubRunREC	Su	10:15am	TSJ.34LY	6/22	4TC
SoRunREC	Sa	11:15am	415.V4H6	7/12	CTVB
LdbvExFrOks	Sa	11:30am	415.IAG1	6/16	DMVF
LdbvExFrOks	T	6pm	415.Y3CU	6/17	DMVF
LdbvExFrOks	W	4:30pm	415.H750	6/18	DMVF
LdbvExFrOks	Th	6pm	415.GUM5	6/19	DMVF
LdbvExFrOks	F	4:30pm	415.8KN7	6/20	DMVF
Legacy Mart	T	5:15pm	415.LHSX	6/17	BMVE
Legacy Mart	T	5:45pm	415.A8XT	6/17	BMVE

Movement Classes

Creative Movement

(2-3 yrs.) Students are introduced to basic dance elements such as body, time, space, energy and action. Classes ignite students' imagination through creative games and stories, while focusing on muscle development, coordination and music.

DTVF 8--45 minute lessons--\$147					
Location	Day	Time	Code	Begin	\$
Franconia Rec	Sa	9am	C6B.LAYL	6/14	DTVF

Funfit Tots

A high-energy, adult/child activity class that includes songs, stories, parachutes, games, balls and music. Develop coordination, muscle tone, balance, socialization and language skills. It is recommended that your child be walking. Adult participation is required.

DTVM		8--45 minute lessons--\$142			
Location	Day	Time	Code	Begin	\$
(11 mos.-4 yrs.)					
SpHillIREC	Su	9:10am	61F.AWHI	6/15	DTVM
(1-2 yrs.)					
SpHillIREC	Su	10:05am	D21.JCHB	6/15	DTVM
(2-3 yrs.)					
SpHillIREC	Su	11am	504.X85A	6/15	DTVM

The Tot Spot

(2-5 yrs.) This Baroody Camps program fuses two things children love most, music and movement, in a variety of activities. Tots venture into a world of games and sound while participating in fan favorite activities such as parachute games, dancing and ob-

- Emotional, social and intellectual growth
- School readiness
- Fun through hands-on learning
- Safe and inclusive environment

Helping children reach their potential!

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stacle courses. Kids will have a blast developing their basic motor and social skills with peers throughout.

DTVK	8--45 minute lessons--\$159					
Location	Day	Time	Code	Begin	\$	
Wkfld/Moore	Sa	9am	U04.M5F1	7/12	DTVK	

TotZone

(2-5 yrs.) This class combines Let's Make Music and Zoom Around the Room for a healthy dose of movement with songs and games. Activities include circle time, parachute, dancing, musical instrument exploration, obstacle courses and toddler games. Activities develop motor skills, balance, socialization and music appreciation.

4TC	8--45 minute lessons--\$102					
Location	Day	Time	Code	Begin	\$	
OakmontREC	F	4:45pm	D66.RUBR	6/13	4TC	
OakmontREC	F	5:40pm	D66.V4TQ	6/13	4TC	
SoRunREC	Su	10am	D66.A18Z	7/13	4TC	

Music Classes

Little Fingers Piano

(2-5 yrs.) Students and parents are introduced to instrumental music through a group learning experience in this Learn Now Music class. Learn to read musical symbols and play songs in a relaxing, age-appropriate environment. A \$20 supply fee for instruments and music is payable to instructor at first class.

BTVC	6--30 minute lessons--\$112					
CTVF	8--45 minute lessons--\$110					
Location	Day	Time	Code	Begin	\$	
ProvREC	Sa	11am	1F0.R5JK	6/21	CTVF	
Wkfld/Moore	Su	11am	1F0.67OT	7/13	BTVC	

Science Nature Classes

LEGO STEAM Park

(3-5 yrs.) Welcome to LEGO STEAM Park, where children investigate the world of science, technology, engineering, art and math. Students construct parts of a STEAM theme park full of moving rides and games. As students return to the STEAM park, they will grow their understanding of gears, motion, measurement, and solving problems together.

DTVK	8--45 minute lessons--\$159					
Location	Day	Time	Code	Begin	\$	
Franconia Rec	Su	10am	04B.04LD	6/8	DTVK	
Franconia Rec	Su	11am	04B.VDWO	6/8	DTVK	

Science: My Body

(4-5 yrs.) Your child will learn how the body works and how organs and systems function together. Children will do experiments to help them understand what happens when we eat, breathe, and play.

4TC	8--45 minute lessons--\$102					
Location	Day	Time	Code	Begin	\$	
OakmontREC	W	5:40pm	C2Z.M30W	6/11	4TC	



Sports & Fitness Classes

Beginning Athletes in Team Sports

(4-5 yrs.) This high-energy class introduces kids to a variety of sports including soccer, basketball and flag football, and an assortment of other activities. Kids learn new sports and teamwork.

CTVF	6--45 minute lessons--\$110					
DTVF	8--45 minute lessons--\$147					
Location	Day	Time	Code	Begin	\$	
Oakton ES	Sa	9am	FC7.RC4T	6/14	CTVF	
SoRunREC	W	5:30pm	FC7.GJGA	7/9	DTVF	
SoRunREC	W	11am	FC7.OJBF	7/9	DTVF	

Basketball I

(4-6 yrs.) Children learn basketball skills and techniques including passing, shooting and dribbling and. Class may include scrimmages to reinforce teamwork. Classes held at schools may be indoors.

CSVA	8--55 minute lessons--\$114					
CTVF	6--45 minute lessons--\$110					
DSVZ	8--55 minute lessons--\$119					
Location	Day	Time	Code	Begin	\$	

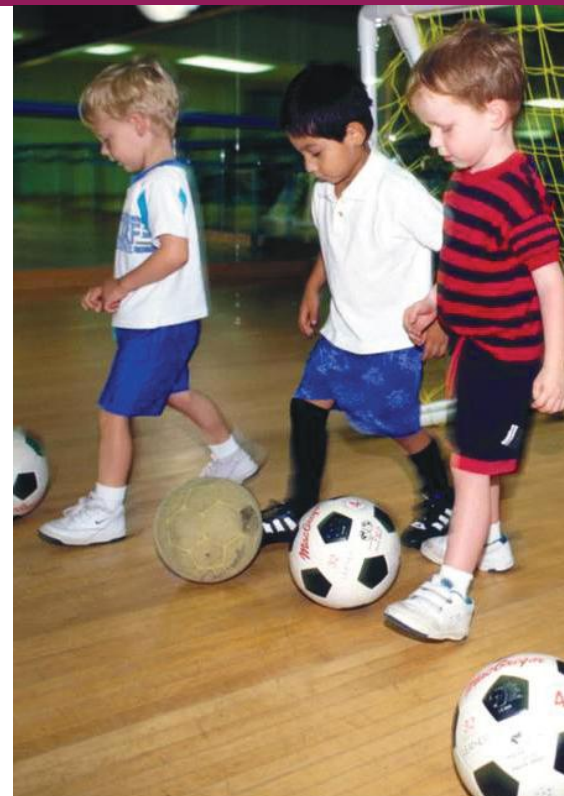
Location	Day	Time	Code	Begin	\$
(4-5 yrs. with Adult)					
Wkfld/Moore	Sa	10am	176.NI9P	7/12	DSVZ
(4-6 yrs. Child only)					
BelleVe ES	Sa	9:30am	EFA.FKWM	6/21	CSVC
Oakton ES	Sa	9:50am	EFA.4I6H	6/14	CTVF
SpHillREC	Su	9am	EFA.C94T	6/22	DSVZ
SpHillREC	Th	5pm	EFA.OJUU	6/26	DSVZ
Wkfld/Moore	M	5:30pm	EFA.6IUN	7/7	CSVA

Soccer I

Kids kick into action in this class emphasizing coordination through skill development and teamwork. Athletic shoes required. Bring a ball. ProvRec and classes held in the schools may be held indoors using soft soccer balls.

4SM	8--55 minute lessons--\$131					
CSVC	6--55 minute lessons--\$89					
CTVF	6--45 minute lessons--\$110					
DTVF	8--45 minute lessons--\$147					
Location	Day	Time	Code	Begin	\$	

Location	Day	Time	Code	Begin	\$
(3 yrs.)					
SoRunREC	M	9am	SFC.255V	7/7	DTVF
SoRunREC	W	10am	SFC.FH7N	7/9	DTVF
SoRunREC	Su	9am	SFC.LM60	7/13	DTVF
(4-5 yrs.)					
Franconia Rec	Sa	9am	39V.LVE3	6/14	4SM
Franconia Rec	Sa	10am	39V.MLQI	6/14	4SM
Franconia Rec	Su	9am	39V.LQPD	6/15	4SM
Franconia Rec	Su	10am	39V.05MB	6/15	4SM
GWREC	Su	10am	39V.XT6W	6/8	4SM
GWREC	T	5:30pm	39V.OI9B	6/10	4SM
Lemon Rd ES	Su	11am	39V.QA61	6/22	CSVC
Little Rn ES	Sa	10am	39V.8CHK	6/21	CSVC
SoRunREC	M	6pm	39V.TL2F	7/7	DTVF
SoRunREC	M	10am	39V.ZQML	7/7	DTVF
SoRunREC	T	5pm	39V.YTB3	7/8	CTVF
SoRunREC	Sa	9am	39V.Q7LG	7/12	CTVF
SoRunREC	Su	10am	39V.KZ65	7/13	DTVF
SphillREC	Sa	10am	39V.4X2A	6/21	4SM
SphillREC	Su	10am	39V.DLNB	6/22	4SM
Sully Comm Ctr	Th	6pm	39V.UNAG	6/26	DTVF
Wkfld/Moore	Sa	9am	39V.6XJ3	7/12	4SM
Wkfld/Moore	Sa	10am	39V.LYFT	7/12	4SM
Wkfld/Moore	Su	9am	39V.KG5R	7/13	4SM
Wkfld/Moore	Su	10am	39V.D665	7/13	4SM



Challenger TinyTykes Soccer-Cubs

(2-3 yrs.) In these "Cubs" classes, soccer is used to help develop balance, agility, coordination, color recognition and numerical learning along with increasing confidence and social skills. Focus is on core technical foundations, receiving the ball, passing, dribbling and more. These core foundations provide the building blocks for future success. Parent Participation is preferred.

CTVF	6--45 minute lessons--\$110					
Location	Day	Time	Code	Begin	\$	
BelleVe ES	Sa	1pm	EFO.D5N7	6/21	CTVF	

Challenger TinyTykes Soccer-Lions

(3-4 yrs.) In these "Lions" classes, soccer is used to help develop balance, agility, coordination, color recognition and numerical learning along with increasing confidence and social skills in a fun and relaxed environment. Focus is on the core technical foundations, receiving the ball, passing, and dribbling. Technical areas are also integrated such as differing foot surfaces for kicking, team play, shooting and throwing/catching.

CTVJ	8--55 minute lessons--\$124					
Location	Day	Time	Code	Begin	\$	
BelleVe ES	Sa	2pm	38C.WU88	6/21	CTVF	

Challenger International Soccer Academy

(4-6 yrs.) Players get to train with our coaches and work on core skills such as shooting, dribbling and passing while working on balance, coordination, agility and teambuilding. With no emphasis on winning, practices only have one goal--to develop and improve each player both on and off the field. Practices are taken from our age-specific developmental curriculum designed by experts from around the world.

CTVJ	8--55 minute lessons--\$124					
Location	Day	Time	Code	Begin	\$	
BelleVe ES	Sa	3pm	E08.WZOM	6/21	CTVJ	



Future Soccer Star

(4-6 yrs.) This class, offered by Brazilian United, introduces soccer to younger children in a playful environment that engages the imagination while teaching basic soccer techniques. Soccer is used as a tool for motor and cognitive development.

CSVC 6--55 minute lessons--\$89
DSVZ 8--55 minute lessons--\$119

Location	Day	Time	Code	Begin	\$
MtVernREC	Sa	9am	VZ0.2TV8	6/21	DSVZ
WSprngfd ES	Th	5:30pm	VZ0.110E	6/26	CSVC

T-Ball

(4-5 yrs.) Get a head start on the T-ball season. Skill development includes base running, hitting off tee, throwing and catching. Group interaction, cooperation and team play emphasized. Bring your own glove.

DTVM 8--45 minute lessons--\$135

Location	Day	Time	Code	Begin	\$
SullyCommCtr	Su	9am	HFX.Y0LB	6/22	DTVM

Gymnastics with Parent

(18 mos.-3 yrs.) This class incorporates creative movement, listening skills, and gross motor development. Youngsters are also introduced to floor exercises, and balance beam moves. An adult must participate with the child.

CTVX 6--45 minute lessons--\$88
DTVF 8--45 minute lessons--\$147
DTVP 8--45 minute lessons--\$168
DTVR 8--45 minute lessons--\$118

Location	Day	Time	Code	Begin	\$
Franconia Rec	Su	9am	IBA.3Z72	6/8	DTVR
Franconia Rec	Su	9:50am	IBA.14WE	6/8	DTVR
OakmontREC	Sa	9am	IBA.SR87	6/21	DTVF
SoRunREC	Su	10am	IBA.8FYQ	7/13	CTVX
Wkfld/Moore	W	5pm	IBA.33XB	7/9	DTVP

Gymnastics for Preschoolers

An exciting challenge for children interested in gymnastics that incorporates creative movement, listening skills and gross motor development. Youngsters may also be introduced to floor exercises and balance beam moves. Equipment varies at each site.

4TC 8--45 minute lessons--\$102
CTVX 6--45 minute lessons--\$88
DTVF 8--45 minute lessons--\$147
DTVP 8--45 minute lessons--\$168
DTVR 8--45 minute lessons--\$118

Location	Day	Time	Code	Begin	\$
(3-4 yrs.)					
CubRunREC	T	5:30pm	2B8.45RE	6/24	4TC
CubRunREC	Th	5:30pm	2B8.QXUB	6/26	4TC
Franconia Rec	Su	10:45am	BWO.ZUNV	6/8	DTVR
MtVern REC	Sa	8:30am	2B8.BK71	6/21	4TC
OakmontREC	Sa	9:55am	BWO.MZ27	6/21	DTVF
Sully Comm Ctr	Sa	10:20am	BWO.1595	6/21	DTVP
Sully Comm Ctr	Sa	11:10am	BWO.TILZ	6/21	DTVP
(3-5 yrs.)					
OakmontREC	Sa	11:45am	UR8.PZ44	6/21	DTVF
SoRunREC	Sa	10am	UR8.QWKB	7/12	CTVX
SoRunREC	Su	11am	UR8.W481	7/13	CTVX
Wkfld/Moore	W	5:50pm	UR8.K3K5	7/9	DTVP
(4-5 yrs.)					
CubRunREC	T	6:20pm	094.WVA7	6/24	4TC
CubRunREC	W	5:30pm	094.ER00	6/25	4TC
Franconia Rec	Su	11:35am	M3Q.3Q4W	6/8	DTVR
MtVern REC	Sa	9:30am	094.9VV7	6/21	4TC
MtVern REC	Sa	10:30am	094.XX29	6/21	4TC
OakmontREC	Sa	10:55am	M3Q.AB06	6/21	DTVF
SoRunREC	Sa	11am	M3Q.NCQP	7/12	CTVX
SoRunREC	Su	12pm	M3Q.UWTL	7/13	CTVX
Sully Comm Ctr	Sa	9:30am	M3Q.Q4DW	6/21	DTVP

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 Fairfax, VA 22033
703-273-1100



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Dance

Scan the QR code to go directly to the Parktakes Online Dance page.



- All dance instructors have different teaching styles.
- Ballet classes require ballet attire (leotard, tights and appropriate shoes).
- For other classes, be sure to wear comfortable clothing. Any clothing requirements will be discussed at the first class.
- Check the listings for information on couples-only classes.
- Instructional aids, publications and tapes may be available for optional purchase in some classes.
- Some classes may have supply fees so check class descriptions for details. Any supply fees are payable at first class and are non-refundable.

Wake Up & Dance

(13-Adult) Start your day off with dance! Course covers stretching, movement exercises and different styles of dance.

3PA 8--55 minute lessons--\$110

Location	Day	Time	Code	Begin	\$
MtVernREC	W	6:30am	ZIH.1EYI	6/25	3PA

Intro to Ballet

(5-7 yrs.) Introduction to basic ballet positions. Frequent shifts between ballet activities, creative movement and other activities keep children engaged in learning.

BPVF 6--55 minute lessons--\$107

Location	Day	Time	Code	Begin	\$
OakmontREC	Su	9pm	408.FEZF	6/15	BPVF

Ballet I

Basic ballet fundamentals help develop self-confidence, posture and body awareness. It is recommended that students purchase shoes, leotard and tights after first session.

3PA 8--55 minute lessons--\$110
BPVF 6--55 minute lessons--\$107
CPVF 8--55 minute lessons--\$127

Location	Day	Time	Code	Begin	\$
(5-7 yrs.)					
MtVernREC	Sa	12:30pm	55F.1QNA	6/21	3PA
ProvREC	Sa	10:45am	55F.BHXA	6/28	BPVF
CubRunREC	Su	2:55pm	2BE.03PD	6/22	BPVF
Franconia Rec	F	6pm	2BE.08CX	6/13	CPVF
Franconia Rec	Sa	11:35am	2BE.5R12	6/14	CPVF
SoRunREC	Su	10am	2BE.173X	7/13	BPVF
Wkfld/Moore	Sa	9:55am	2BE.P02L	7/12	CPVF
(13-Adult)					
MtVernREC	Th	8pm	63B.TV5G	6/26	3PA
Wkfld/Moore	T	8pm	63B.7ZF6	7/8	3PA

Combo Dance & Tap

(5-8 yrs.) Students are introduced to dance forms such as ballet, jazz and tap.

BPVF 6--55 minute lessons--\$107

Location	Day	Time	Code	Begin	\$
SoRunREC	Sa	1pm	3A9.324L	7/12	BPVF
SoRunREC	Su	12pm	3A9.4XUQ	7/13	BPVF



Combo Ballet & Hip Hop

(5-8 yrs.) Students learn the basic fundamentals of ballet and hip-hop as well as coordination, flexibility, and dance terminology.

3PA 8--55 minute lessons--\$110
BPVF 6--55 minute lessons--\$107

Location	Day	Time	Code	Begin	\$
MtVernREC	Th	6pm	FWO.5JL6	6/26	3PA
OakmontREC	Sa	11am	NFK.1KOY	6/14	BPVF

Hip Hop I

Get into the beat with the latest street dances. These routines are great for exercise, coordination, balance and flexibility.

3PA 8--55 minute lessons--\$110
BPVF 6--55 minute lessons--\$107
CPVF 8--55 minute lessons--\$127

Location	Day	Time	Code	Begin	\$
(5-7 yrs.)					
OakmontREC	Su	11:45am	209.K2S7	6/15	BPVF
ProvREC	Sa	11:45am	209.8H9Q	6/28	BPVF
Wkfld/Moore	Sa	11am	209.1H5D	7/12	CPVF
(8-13 yrs.)					
MtVernREC	Th	7pm	P3P.J1IL	6/26	3PA
OakmontREC	Su	12:50pm	085.EBLB	6/15	BPVF
Wkfld/Moore	Sa	12pm	085.MCU4	7/12	CPVF

Ballroom Dancing I

(13-Adult) This class introduces you to traditional American ballroom dance basics. Learn proper dance position and how to lead and follow. Dances include foxtrot, waltz, rumba and cha-cha. Each student must register.

3PA 8--55 minute lessons--\$110

Location	Day	Time	Code	Begin	\$
(Singles & Couples)					
OakmontREC	Su	1pm	162.PN0M	6/15	3PA
SoRunREC	F	6pm	162.65YR	7/11	3PA
Wkfld/Moore	T	6:30pm	162.0FPQ	7/8	3PA
(Couples only)					
ProvREC	T	6:30pm	A6D.SNHI	6/17	3PA
SpHillREC	Su	3pm	A6D.PMBM	6/22	3PA

Ballroom Dancing II

(13-Adult) Prerequisite: Ballroom I or equivalent. Each student must register.

3PA 8--55 minute lessons--\$110

Location	Day	Time	Code	Begin	\$
(Singles & Couples)					
OakmontREC	Su	2pm	956.CQUC	6/15	3PA
SoRunREC	F	7pm	956.R9S7	7/11	3PA
Wkfld/Moore	T	7:30pm	956.075X	7/8	3PA
(Couples only)					
Franconia Rec	M	8pm	25B.RPTA	6/9	3PA

Line Dancing I

(13-Adult) This class combines low, moderate and high energy dance routines from different decades. No experience or partner necessary.

3PA 8--55 minute lessons--\$110
DPVN 8--55 minute lessons--\$152

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	M	6:30pm	7D2.A3YV	7/7	3PA
SpHillREC	T	11am	W7D.AQXO	6/24	DPVN

Line Dancing II

(13-Adult) Prerequisite: Level I. Take your line dance skills up a notch with dances from many decades that include more complex choreography. Building on the skills learned in Level I, this class will improve agility, reaction time, and balance. No partner is necessary.

3PA 8--55 minute lessons--\$110

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	M	7:30pm	6L5.BA1G	7/7	3PA

Line Dancing All Levels

(13-Adult) Students of all ability levels are welcome in this class which provides alternative steps for different abilities. Basic steps such as grapevines, as well as more complex steps such as weaves, sailor shuffles and swivels.

3PA 8--55 minute lessons--\$110

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Th	6:30pm	U56.94GT	7/10	3PA

Dance

West Coast Swing

(13-Adult) Danced to slower blues music, this slotted dance allows for more freedom and playfulness while dancing with your partner, especially for the women who do expressive swivel walks and hip swings. Singles are welcome, partners are recommended.

3PA	8--55 minute lessons--\$110				
Location	Day	Time	Code	Begin	\$
OakmontREC	Su	4pm	FEF.H14Q	6/15	3PA

West Coast Swing II

(13-Adult) Prerequisite: West Coast Swing I. Singles are welcome, partners are recommended. Each student must register.

3PA	8--55 minute lessons--\$110				
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	F	6:30pm	MD6.9PY6	7/11	3PA

Hustle

(13-Adult) The Hustle is the partner version of disco dancing. This fusion of swing and disco is danced to the club hits from the 1970's through today.

3PA	8--55 minute lessons--\$110				
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	F	7:30pm	BL5.OIWX	7/11	3PA

Ladies Arm Styling for Social Dances

(13-Adult) This class focuses on the female dancers moving their arms and hands gracefully and expressively in time with the music. Arm styling techniques can be adapted to various Latin, rhythm and ballroom dances.

3PA	8--55 minute lessons--\$110				
Location	Day	Time	Code	Begin	\$
OakmontREC	Su	3pm	74X.3KKR	6/15	3PA

Country & Western Dancing I

(13-Adult) Learn the latest in basic country dancing in a relaxed setting. Singles and couples welcome.

3PA	8--55 minute lessons--\$110				
Location	Day	Time	Code	Begin	\$
Franconia Rec	Sa	3pm	706.92RM	6/7	3PA

Country & Western Two-Step

(13-Adult) Class focuses on building upon basic two-step footwork by incorporating complex turns, intricate partner connections and advanced footwork patterns.

3PA	8--55 minute lessons--\$110				
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Th	7:30pm	H9A.G65U	7/10	3PA

Country & Western Line Dancing

Beginning I

(13-Adult) A variety of country and western line dances. Singles and couples welcome.

3PA	8--55 minute lessons--\$110				
4PA	10--55 minute lessons--\$140				
Location	Day	Time	Code	Begin	\$
Franconia Rec	Sa	4pm	607.Q0A2	6/7	3PA
Frying Pan Pk	W	6pm	607.UP4X	6/11	4PA
OakmontREC	Su	3pm	607.4XDR	6/22	3PA



Park Authority web portal for programs and activities for active older adults.

Visit www.fairfaxcounty.gov/parks/fifty-plus

Country & Western Line Dancing

Beginning II

(13-Adult) Prerequisite: Country & Western Line Dancing Beginning I or equivalent.

3PA	8--55 minute lessons--\$110				
4PA	10--55 minute lessons--\$140				
Location	Day	Time	Code	Begin	\$
Franconia Rec	Sa	5pm	C8C.UT9J	6/7	3PA
Frying Pan Pk	W	7:15pm	C8C.14ON	6/11	4PA
OakmontREC	Su	4pm	C8C.QLDK	6/22	3PA

Country & Western Line Dancing

Intermediate I

(13-Adult) Prerequisite: Country & Western Line Dancing Beginning II or equivalent.

3PA	8--55 minute lessons--\$110				
Location	Day	Time	Code	Begin	\$
OakmontREC	Su	5pm	742.8Z3T	6/22	3PA

Country & Western Line Dancing

Intermediate II

(13-Adult) Prerequisite: Country & Western Line Dancing Intermediate I or equivalent.

3PA	8--55 minute lessons--\$110				
Location	Day	Time	Code	Begin	\$
OakmontREC	Su	6pm	81E.1YPZ	6/22	3PA



Bachata

(13-Adult) Learn this popular, Dominican Republic dance that combines movements and turn patterns with some of the most exciting Argentine tango, cha-cha and salsa elements.

3PA	8--55 minute lessons--\$110				
Location	Day	Time	Code	Begin	\$
OakmontREC	Su	5pm	872.V3C7	6/15	3PA
ProvREC	T	7:30pm	872.Q9FI	6/17	3PA

Latin Dancing I

(13-Adult) Learn the basic figures and turns from the three most popular dances at salsa clubs - salsa, merengue, and bachata. Also learn how to distinguish each dance's music and how to put a little bit of style into your dancing. For singles or couples, each student must register.

3PA	8--55 minute lessons--\$110				
Location	Day	Time	Code	Begin	\$
SpHillIREC	Su	2pm	7BF.MHQV	6/22	3PA
Wkfld/Moore	Sa	4pm	7BF.7IDQ	7/12	3PA

Hula Dance-Beginning

(13-Adult) Learn basic hula foot and hand motions and incorporate them into dances. Students should wear loose-fitting skirts.

3PA	8--55 minute lessons--\$110				
Location	Day	Time	Code	Begin	\$
SpHillIREC	Su	2pm	DA9.DTAK	6/22	3PA

Hula Dance-Intermediate

(13-Adult) Prerequisite: Hula I or equivalent. Wear loose-fitting skirts.

3PA	8--55 minute lessons--\$110				
Location	Day	Time	Code	Begin	\$
SpHillIREC	Su	3pm	FAF.M2PK	6/22	3PA

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For more information, visit www.fairfaxcounty.gov/parks/golf/parties

Day Trips & Tours

Scan the QR code to go directly to the Parktakes Online Day Trips & Tours page.



Day Trips & Tours Information & Policies

Transportation: Transportation is either by chartered motor coach equipped with reclining seats and restroom or by a small bus or van.

Bus Seating: Registered participants may select seats on a first-come first-served basis. Usually, two seats adjacent to the driver are reserved for the trip escort and a tour guide (if needed). The trip escort will try to accommodate requests for special seating when possible.

Age Parameters: FCPA trips are for ages 18 years and older.

Alcohol: No kegs, opened cans or glass containers are allowed on the bus. No large coolers are allowed unless the cooler can be positioned on the back seat so that it does not take away a seat from any passenger. Damage or spillage from a cooler can stain coach seat upholstery and compromise bus cleanliness and appearance.

Discounts: Early registration discounts apply only to tours first advertised in this issue of Parktakes. Senior discount fees do not apply to tours. The class scholarship policies also do not apply to tours.

People with Disabilities: Participants requiring ADA accommodations must call 703-324-8563 at least 10 business days in advance of the scheduled activity. TTY Va. Relay 711.

Cancellations: The FCPA reserve the right to cancel a trip due to low enrollment and/or other circumstances. If a trip is canceled, all registrants will be notified, and all fees will be refunded to your Parktakes account. Trips are not canceled due to inclement weather unless you are notified by phone.

Refund Policy: Refunds, credits or transfers for day trips are allowed up to 14 days prior to the trip date. Cancellation/refund requests received 13 or fewer days prior to the trip date will not be granted because of bus company and vendor deadlines. For trips requiring deposits, the deposit is nonrefundable. You can, however, substitute another person in your place.

The FCPA retains the right to decline, accept or retain any person as a member of a trip when such action is deemed to be in the best interest of the health, safety or general welfare of the tour group or the individual concerned.

Schedule times are approximate. Reasonable substitutions for some items included in the printed trip description may be necessary in certain cases. Refunds are not given for delays or changes in the itinerary due to weather, traffic, security delays, crowds, mechanical breakdown, or other factors beyond the Park Authority's control. FCPA is not liable for cost of tickets, meals or expenses due to schedule changes.

Confirmation and Itinerary: A welcome email is sent 1-2 weeks before the trip with important information regarding the trip.



Johns Hopkins University Museums, Baltimore

(Adults) Tour two of the fabulous teaching museums of the Johns Hopkins University. Visit Homewood Museum, a Federal-period mansion housing a magnificent decorative arts collection. Take a short drive to Evergreen Museum and Library, a former Gilded Age mansion surrounded by Italianate gardens, home to the philanthropic Garrett family. Enjoy a relaxing lunch, then tour the Garrett's extraordinary collection, ranging from paintings and porcelains, to rare books, costume designs, and a private theater. Due to the historic nature of the building it is not wheelchair or walker accessible. Historic building tours involve stairs. Includes motor coach, guided tours, and lunch at the Evergreen Museum. Trip departs Green Spring Gardens at 9 a.m. and returns at 6 p.m. Cancellation date is August 12.

Location	Day	Time	Code	Begin	\$
GrnSprGardn	T	9am	EAB.X3QF	8/26	\$134

FIREWORKS, FOOD AND FAMILY FUN!

Saturday, June 28, 2025

Noon-10 p.m.

Lake Fairfax Park

Food Vendors start at Noon

Live Music starts at 4 p.m.

Fireworks start at 9:15 p.m.

Park closes to new arrivals at 8:45 p.m.

Beat the last minute rush and come early.

Event Admission

\$20 in advance and \$25 at the gate

Online ticketing ends at midnight (11:59 p.m.) on June 27.

LAKE FAIRFAX PARK

1400 Lake Fairfax Dr, Reston (near the Water Mine)

For event information, visit www.fairfaxcounty.gov/parks/lake-fairfax

Equestrian and Farm

FCPA Equestrian Facilities

Frying Pan Farm Park



2709 West Ox Road, Herndon

www.fairfaxcounty.gov/parks/frying-pan-park
703-437-9101

- Indoor and outdoor riding arenas
- Jump equipment
- Dressage ring
- Cross-country course
- Brand-new sound system
- Horse shows
- State-of-the-art barns with stalls for 150 horses.

Due to the heavy use of indoor riding arena, please call for availability and cost. Frying Pan Farm Park does not have horses for rent. For show schedules, entry forms and rental details visit www.fairfaxcounty.gov/parks/fryingpanpark.

Laurel Hill Equestrian Center



9500 Furnace Road, Lorton

- Large, multi-purpose outdoor arena with all-weather footing
- Stadium jumps and dressage markers
- Trails for horse and bicycle riding
- Available dawn to dusk
- Private lessons, horse schooling and riding practice allowed
- Reservations are not required
- Use of the equestrian center is free of charge
- There are currently no horses for rent on the property

Scan the QR code to go directly to the Parktakes Online Equestrian & Farm page.



Turner Farm Park



925 Springvale Road, Great Falls

703-437-8261

- Former dairy farm
- Almost 40 acres of open fields enclosed by perimeter fencing
- Open for general riding
- Novice-level, cross-country course
- Water, ditch and bank complexes
- Round pen
- Large multi-purpose outdoor arena
- All-weather footing
- Stadium jumps
- Dressage markers
- Reservations are not required
- Use of the equestrian center is free of charge
- Available dawn to dusk
- May be reserved for shows or events
- There are currently no horses for rent on the property

Equestrian Programs and Classes

Please note that if you are unable to attend class, you must notify the stable at least one day in advance.

Please check with the stable; a make-up fee may be charged. For safety reasons, students must wear riding helmets and hard-soled shoes with a heel, not athletic shoes.

Frying Pan Farm Park

All classes at Frying Pan Farm Park are taught by Spirit Open Equestrian Program, Inc. (www.spiritequestrian.org) and offer equestrian programs for people of all ages and abilities. Classes are held outdoors and indoors depending on facility availability. All riders should arrive 15 minutes prior to class, wear long pants, shoes or boots with heels and dress for the weather. Helmets are mandatory, you may bring your own or one will be provided. Classes will be conducted with current, appropriate health and safety precautions. All participants must fill out paperwork prior to the first class. Download forms at www.fairfaxcounty.gov/parks/frying-pan-park/equestrian and <https://spiritequestrian.org/documents>.



Fan us on Instagram
www.instagram.com/fairfaxparks/



English Style Riding Lessons

Horseback Riding-Beginner

(8-14 yrs.) For the student who has never taken lessons and wants to learn the basics. Student weight must not exceed 200 lbs.

CHAH 4--45 minute lessons--\$399

Location	Day	Time	Code	Date	\$
Frying Pan Pk	M	6pm	15F.7TZZ	6/9	CHAH
Frying Pan Pk	M	7pm	15F.GIT4	6/9	CHAH
Frying Pan Pk	T	6pm	15F.PAZL	6/10	CHAH
Frying Pan Pk	T	7pm	15F.I4WM	6/10	CHAH
Frying Pan Pk	Th	6pm	15F.7MDP	6/12	CHAH
Frying Pan Pk	Th	7pm	15F.9MD7	6/12	CHAH
Frying Pan Pk	M	6pm	15F.OP7Z	8/4	CHAH
Frying Pan Pk	M	7pm	15F.SK0T	8/4	CHAH
Frying Pan Pk	T	6pm	15F.Q55R	8/5	CHAH
Frying Pan Pk	T	7pm	15F.S9TK	8/5	CHAH
Frying Pan Pk	Th	6pm	15F.PYR8	8/7	CHAH
Frying Pan Pk	Th	7pm	15F.J4YV	8/7	CHAH

Horseback Riding Advanced Beginner

(8-14 yrs.) Prerequisite: Students must have taken Horseback Riding Beginning for three consecutive sessions. Riders will build on skills learned in level I. Student weight must not exceed 200 lbs.

CHAH 4--45 minute lessons--\$399

Location	Day	Time	Code	Date	\$
Frying Pan Pk	W	6pm	GR4.STKR	6/11	CHAH
Frying Pan Pk	W	7pm	GR4.WTPO	6/11	CHAH
Frying Pan Pk	W	6pm	GR4.6WPV	8/6	CHAH
Frying Pan Pk	W	7pm	GR4.HKCD	8/6	CHAH

Therapeutic Horseback Riding

(4-Adult) Class is open to new and returning students and is for riders with developmental, emotional, neurological and physical disabilities. Therapeutic riding contributes positively each rider's well-being, teaching safe and effective horsemanship in a group setting. Each lesson is tailored to the rider's abilities and focuses on development of balance, gross and fine motor skills, confidence and communication. Student weight must not exceed 200 lbs. A medical form is required by SPIRIT for participation.

CHAH 4--45 minute lessons--\$399

Location	Day	Time	Code	Date	\$
Frying Pan Pk	M	6pm	1F7.A82V	6/9	CHAH
Frying Pan Pk	T	6pm	1F7.Q3XJ	6/10	CHAH
Frying Pan Pk	W	6pm	1F7.44Q0	6/11	CHAH
Frying Pan Pk	Th	6pm	1F7.CJ40	6/12	CHAH
Frying Pan Pk	M	6pm	1F7.IFGS	8/4	CHAH
Frying Pan Pk	T	6pm	1F7.DD14	8/5	CHAH
Frying Pan Pk	W	6pm	1F7.L079	8/6	CHAH
Frying Pan Pk	Th	6pm	1F7.ZS2B	8/7	CHAH

Therapeutic Horseback Riding II

(4-Adult) Prerequisite: Students must have taken Therapeutic Horseback Riding I for three consecutive sessions. Advancement is based on the rider's abilities, needs and personal progress. Each lesson is tailored to the rider's abilities. Student weight must not exceed 200 lbs. A medical form is required by Spirit for participation.

CHAH 4--45 minute lessons--\$399

Location	Day	Time	Code	Date	\$
Frying Pan Pk	M	7pm	J1J.91BI	6/9	CHAH
Frying Pan Pk	T	7pm	J1J.2QDC	6/10	CHAH
Frying Pan Pk	W	7pm	J1J.A20T	6/11	CHAH
Frying Pan PkTh	7pm	J1J.T21B	6/12	CHAH	
Frying Pan PkM	7pm	J1J.35AC	8/4	CHAH	
Frying Pan PkT	7pm	J1J.NZ5B	8/5	CHAH	
Frying Pan PkW	7pm	J1J.QEFQ	8/6	CHAH	
Frying Pan PkTh	7pm	J1J.K9WG	8/7	CHAH	



Kidwell Farm at Frying Pan Farm Park



2709 West Ox Road, Herndon

703-437-9101

www.fairfaxcounty.gov/parks/fryingpanpark

Down on the Farm

Meet draft horses, chickens, peacocks, rabbits, sheep, goats, cows and pigs at Kidwell farm, Frying Pan Farm Park's 1930s era working farm. Pet the friendly farm animals, take a wagon ride or watch the farm hands at work. At the Kidwell Farm House, you can take a tour to see how farm families lived in the 1930s. Kidwell Farm is open daily from 9 a.m. to 5 p.m. More information about the park's historic schoolhouse, blacksmith shop and meeting house is available on the web. Groups are welcome, fees may apply. Field trip programs can be requested from the website. Call for tour information.

The Country Store

703-435-3710

Located in the former Vocational Agriculture Shop (c.1920), the Frying Pan Country Store is a one-stop shop with something for everyone - books of all kinds, toys, snacks and drinks, decorative items for the home and unique gifts.

See current hours at www.fairfaxcounty.gov/parks/operational-hours

Child and Parent Programs

Little Hands on the Farm

Join us to learn about a different element of farm life each week. Children learn about a different part of the farm each session. Other activities can include story time, crafts and introductory level farm chores. One adult must attend with each child. Please limit one parent to attend with each child.

1--45 minute program

Location	Day	Time	Code	Date	\$
(2-3 yrs.)					
Frying Pan Pk	T	9:45am	58A.X5V0	6/3	\$10/child
Frying Pan Pk	T	9:45am	58A.KT4L	6/17	\$10/child
Frying Pan Pk	T	9:45am	58A.JYD7	7/8	\$10/child
Frying Pan Pk	T	9:45am	58A.WZ97	7/22	\$10/child
Frying Pan Pk	T	9:45am	58A.7B1Y	8/26	\$10/child
Frying Pan Pk	F	9:45am	58A.H4VS	8/29	\$10/child
(3-5 yrs.)					
Frying Pan Pk	T	11am	100.OLPX	6/3	\$10/child
Frying Pan Pk	T	11am	100.U2FH	6/17	\$10/child
Frying Pan Pk	T	11am	100.NG45	7/8	\$10/child
Frying Pan Pk	T	11am	100.4UR9	7/22	\$10/child
Frying Pan Pk	T	11am	100.H1TM	8/26	\$10/child
Frying Pan Pk	F	11am	100.5L92	8/29	\$10/child

Children's Programs

Farm Skills - Animal Caretaker

(7-14 yrs.) Our farmers make taking care of the animals look easy. Here is your chance for a behind the scenes farm tour to see all the hard work that goes into raising our farm animals. Participants tour our feed room, visit our animal areas, meet farm animals and learn the different management practices that we use to keep the animals happy and healthy. One adult must attend with a registered child in this program.

1--1 hour program

Location	Day	Time	Code	Date	\$
Frying Pan Pk	F	9am	E4D.NGLB	6/13	\$10/child

Farm Skills - Dairy

(7-14 yrs.) Come learn about dairy cows on one of the last working dairy farms in Fairfax County. See our cow get milked and help them get feed. Learn about the history of dairy farming and the process to make milk into dairy products.

1--1 hour program

Location	Day	Time	Code	Date	\$
Frying Pan Pk	F	3:45pm	V35.IQN3	6/13	\$10/child

Family/All Ages

Evening Farm Tour - Beatrix Potter Night

(4-Adult) Come learn about this famous children's author, farmer and conservationist. Hear some Beatrix Potter tales, have a trivia game and share a snack in honor of her July birthday. We will meet some of the critters that inspired her stories and then walk through the farm and talk about her lasting contribution to land preservation. Learn a little of Frying Pan Park's preservation history too, as we bid the animals good night. All participants must be registered in the program.

1--1 hour 15 minute program

Location	Day	Time	Code	Date	\$
Frying Pan Pk	Sa	7pm	UAD.DJSR	7/26	\$10/ea.

Adult Programs

Morning Unwind

(Adults) Grab your favorite morning beverage and join our staff at the Kidwell House porch for some relaxation and conversation. Learn about twentieth century rural life while we tour the farmhouse and meet an animal or two. Farm fun is not just reserved for kids.

1--1 hour program

Location	Day	Time	Code	Date	\$
Frying Pan Pk	W	9:30am	XS8.1D2I	6/25	\$10/ea.

FCPA Farmers Markets

Buy Fresh, Buy Local . . .
fruits, vegetables, honey, baked goods, plants, eggs, meat, dairy and flowers

www.fairfaxcounty.gov/farmersmarkets

Events



Exploring our Historic Meeting House and Grounds

(12-Adult) As we celebrate Juneteenth and the legacy of freedom it represents, join us to explore the history of the free and enslaved African American members of the Frying Pan Baptist Meeting House. Learn the ways in which black congregants fought for greater freedoms within the church and how they formed their own community after emancipation. Ongoing tours will take you through the church, the surrounding grounds and will talk about the former location of the Lee house, home of an African American family who lived on the property and worshipped at the church after the Civil War.

Free event

Location	Day	Time	Code	Date	\$
Frying Pan Pk	Sa	10am	NUY.2M7R	6/21	Free

Juneteenth Celebration

(All Ages) Join in a commemoration of emancipation at this special event that will feature story telling, family activities, food and tours.

Free event

Location	Day	Time	Code	Date	\$
Sully	Th	10am	8WN.WDFK	6/19	Free

Sully Antique Car Show

(All Ages) Bring Dad out this Father's Day, June 15, to see hundreds of antique cars on display. Classic cars will be judged and trophies awarded. Included in the show will be restoration displays, cars for sale, tours of the first floor of the historic house, music, food, a children's tent and an auto, antique and craft flea market. Pre-registration will be available online until June 13 for \$12 per person. Walk-ins will be accepted the day of the show for \$15 per person.

Full day event

Location	Day	Time	Code	Date	\$
Sully	Su	10am	0D0.4BNB	6/15	\$12/ea.

ASIAN AMERICAN & PACIFIC ISLANDER Heritage Festival

**SATURDAY, MAY 10, 2025
Noon - 4 p.m.**

**Mason District Park
6621 Columbia Pike • Annandale, Va.**

- ◆ Cultural Performances
- ◆ Cultural Foods
- ◆ Lion Dances
- ◆ Dragon Dances
- ◆ Art Contests
- ◆ Cultural Parade
- ◆ Crafts, Games and Prizes
- ◆ Community Exhibitors and Resources

Join the FCPA and Asian Community Center for a celebratory day of Asian Culture and Heritage!

FREE FAMILY FUN!

Visit www.fairfaxcounty.gov/parks/aapi-celebration/051025 to learn more

Visit www.fairfaxcounty.gov/parks/aapi-celebration/051025 to learn more

Visit www.fairfaxcounty.gov/parks/aapi-celebration/051025 to learn more

EARTH DAY FAIRFAX 2025

Saturday, April 26, 2025 • 10 a.m.-4 p.m.

Sully Historic Site • 3650 Historic Sully Way, Chantilly

Discover the world around you with hands-on activities, games, entertainment and fun at Earth Day 2025!

- Outdoor Discovery Activities
- Interactive Nature Exhibits
- Furry Farm Friends
- Touch-A-Truck
- Earth-Friendly Vendors
- Craft Beer Garden & Tasty Festival Fare
- Giant Rock Climbing Wall
- Synthetic Ice Skating
- Local Bands and Entertainment
- FREE Giveaways
- Meet WUSA9 Meteorologist Topper Shutt and the ECO9 Broadcast Truck!

**FREE Admission
Parking \$10 per car**

www.fairfaxcounty.gov/parks/earth-day-festival

Wednesday, April 16		
Farmers Markets Begin to Open	Various FCPA Sites	pg. 73
Tuesday, April 22		
Registration starts for Summer Classes		pg. 126
Saturday, April 26		
Earth Day Fairfax	Sully Historic Site	pg. 70
Saturday, May 3		
Healthy Strides Fantasy Forest 5K/10K/Fun Run	Burke Lake Park	Online
Saturday, May 10		
Asian American & Pacific Islander Heritage Festival	Mason District Park	pg. 70
Saturday, May 24		
The Water Mine Family Swimmin' Hole Opens	Lake Fairfax Park	pg. 72
Sunday, June 1		
Pride Party on the Potomac	Riverbend Park	pg. 112
Friday, June 6		
Summer Entertainment Series Performances begin	Various FCPA Sites	pg. 74-75
Saturday, June 7		
Summer Scramble	Jefferson Golf Course	pg. 89
Saturday, June 14		
Pride Picnic in the Gardens	Green Spring Gardens	pg. 85
Father's Day Golf Tournament-Parent Child Family Challenge	Burke Lake Golf Center	pg. 89
Sunday, June 15		
Sully Antique Car Show	Sully Historic Site	pg. 70
Father's Day Mill in Motion	Colvin Run Mill	pg. 93
Thursday, June 19		
Juneteenth Smudge Stick Floral Workshop	Green Spring Gardens	pg. 86
Juneteenth Celebration	Sully Historic Site	pg. 70
Saturday, June 21		
Exploring our Historic Meeting House and Grounds	Frying Pan Farm Park	pg. 70
Saturday, June 28		
Fireworks, Food and Family Fun	Lake Fairfax Park	pg. 72
Saturday, July 5		
Red, White & Blue Tournament	Burke Lake Golf Center	pg. 89
Saturday, July 12		
Modified Stableford	Jefferson Golf Course	pg. 89
Junior Club Championship	Oakmont Golf Center	pg. 89
Sunday, July 13		
Red, White & Blue Tournament	Pinecrest Golf Course	pg. 89
Thursday, July 31-Sunday, August 3		
Fairfax County 4-H Fair & Carnival	Frying Pan Farm Park	pg. 73
Saturday, August 16		
Junior Club Championship	Burke Lake Golf Center	pg. 89
Club Championship	Jefferson Golf Course	pg. 89
Saturday, August 30		
Annual Begonia Show and Sale	Green Spring Gardens	pg. 85
Saturday, September 6		
Dog Daze	The Water Mine at Lake Fairfax	pg. 116



Calendar of Events



The Water Mine Family Swimmin' Hole Opens Saturday, May 24!





FEATURING:

- Three 3-Story waterslides
- Children's water slides
- Activity pool with floatable animals and rafts
- Interactive water playground for all ages
- 725 foot long Lazy River
- Tenderfoot pond and spraypad for tots
- Bubblers and fountains
- Concession and picnic areas
- Cabana rentals and more!



Advanced tickets encouraged but not required.
Visit www.fairfaxcounty.gov/parks/WaterMine

The Water Mine at Lake Fairfax
 1400 Lake Fairfax Drive, Reston • 703-246-5929
www.fairfaxcounty.gov/parks/WaterMine




50th Annual

Sully Antique Car Show



Sunday, June 15, 2025 • 10 a.m.-3 p.m.
 Sully Historic Site, Chantilly, VA
 \$12 adult, \$10 senior, \$8 child (5-15)
Tickets can be purchased online at fairfaxcounty.gov/parks/sully-historic-site

More than 350 Antique Cars
to be judged & trophies awarded

• Car Corral	• Parade of 100 year old cars	• House Tours (of first floor)
• Live Music	• NEW! Model A Hot Rod Class	• Antique Craft & Flea Market
• Food Vendors		
• ATM on Site		

Classic Cars & Classic Fun for Father's Day

703-437-1794

fairfaxcounty.gov/parks/sully-historic-site

FIREWORKS, FOOD AND FAMILY FUN!

Saturday, June 28, 2025
Noon-10 p.m.
Lake Fairfax Park

Food Vendors start at Noon
Live Music starts at 4 p.m.
Fireworks start at 9:15 p.m.
Park closes to new arrivals at 8:45 p.m.
Beat the last minute rush and come early.

Event Admission
\$20 in advance and \$25 at the gate
Online ticketing ends at midnight (11:59 p.m.) on June 27.





Fairfax County Park Foundation

LAKE FAIRFAX PARK
 1400 Lake Fairfax Dr, Reston (near the Water Mine)
 For event information, visit www.fairfaxcounty.gov/parks/lake-fairfax

2025 SCHEDULE
Buy Fresh, Buy Local.

WEDNESDAYS
McCutcheon/Mount Vernon Sherwood Library
April 16-November 26 • 8 a.m.-Noon
2501 Sherwood Hall Lane, Alexandria
SNAP accepted, bonus dollar program!

Oakmont Rec Center
May 7-October 29 • 8 a.m.-Noon
3200 Jermantown Road, Oakton

Wakefield • Wakefield Park
May 7-October 29 • 2-6 p.m.
8100 Braddock Road, Annandale
SNAP accepted, bonus dollar program!

THURSDAYS
Annandale • Mason District Park
May 1-November 6 • 8 a.m.-Noon
6621 Columbia Pike, Annandale
SNAP accepted, bonus dollar program!

Herndon
May 1-October 30 • 8 a.m.-Noon
700 Block of Lynn St., Herndon

FRIDAYS
McLean • Lewinsville Park
May 2-October 31* • 8 a.m.-Noon
1659 Chain Bridge Road, McLean
*Closed May 16 for McLean Day

Kingstowne
May 2-October 24 • 3-7 p.m.
5870 Kingstowne Towne Center, Alexandria

SATURDAYS
Burke • VRE Parking Lot
April 19-November 22 • 8 a.m.-Noon
5671 Roberts Parkway, Burke

Reston • Lake Anne Village Center
April 26-November 22 • 8 a.m.-Noon
1609-A Washington Plaza, Reston
SNAP accepted, bonus dollar program!

SUNDAYS
Lorton • VRE Parking Lot
May 4-November 23 • 8 a.m.-Noon
8990 Lorton Station Boulevard, Lorton
SNAP accepted, bonus dollar program!

For information and directions, visit:
www.fairfaxcounty.gov/parks/farmersmarkets
or call 703-642-0128

Frying Pan Farm Park
Thursday, July 31 - Sunday, August 3, 2025

FAIRFAX COUNTY 4-H FAIR & CARNIVAL

- Old-Fashioned Family Fun
- Carnival Games & Rides
- Tractor Demos
- 4-H Exhibits & Shows
- Fair Food
- Live Entertainment
- Visit Farm Animals

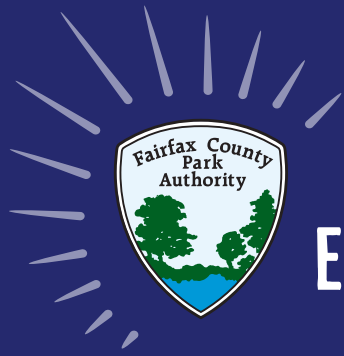
Big Truck Night
Friday, August 1
5-7 p.m.

\$10 Parking Fee Friday night starting at 4 p.m. through Sunday

For carnival rides and ticket information, visit:
www.fairfaxcounty.gov/parks/4H-Fair

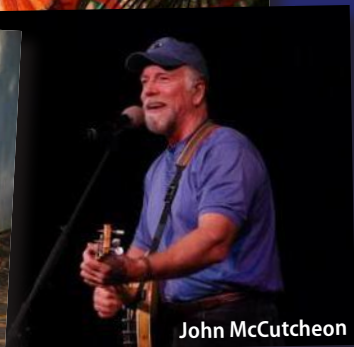
Logos: Fairfax County Park Authority, ECPE, Friends of Frying Pan Farm Park, NCS, Virginia Cooperative Extension, Virginia Tech - Virginia State University, 4-H.

For Inclusion and ADA Support, call 703-324-8563. TTY Va. Relay 711



SUMMER ENTERTAINMENT SERIES

FREE LIVE PERFORMANCES • JUNE 6 - AUGUST 30, 2025



For a schedule of performances, visit www.fairfaxcounty.gov/parks/performances

The Summer Entertainment Series performances are possible thanks to the Fairfax County Park Authority, Board of Supervisors, volunteers and the many individuals, businesses and corporations who sponsored the series through the Fairfax County Park Foundation.

Performances are held outdoors, bring lawn chairs. In case of inclement weather, call the concert hotline at 703-324-7469 before leaving home. Cancellations are posted one hour prior to the show time.

ARTS in the PARKS

Saturdays, June 14-August 16 • 10 a.m.
Burke Lake, Ellanor C. Lawrence Amphitheater,
Mason District Park Amphitheater, Wakefield Park

Wednesdays, June 18-July 9 • August 6-13
Frying Pan Farm Park

Franconia Nights

Wednesdays, July 2-August 20 • 7:30 p.m.
Leonadus K. Plenty Amphitheater

NEW! Kid's Concerts on the Green
Saturdays, June 14 & 21 • 10-10:45 a.m.
Springfield Overlook

Spotlight by Starlight

Saturdays, June 14-August 16 • 7:30 p.m.
Ossian Hall Park

Fridays and Sundays
June 20-August 17 • 7:30 p.m.*
Mason District Amphitheater

Braddock Nights

Fridays, July 11-August 15 • 7:30 p.m.
Royal Lake and Lake Accotink

HUNTER MILL MELODIES

Thursdays, July 3-August 14 • 7:30 p.m.
Frying Pan Farm Park

Music at Arrowbrook Centre Park

Saturdays, July 12-August 30 • 7:30 p.m.
Arrowbrook Centre Park

Springfield Nights

Wednesdays, June 25-August 20 • 7 p.m.
Burke Lake Park

* No concerts on July 4

Evenings on the Ellipse

Thursdays, July 3-August 14 • 5:30 p.m.
Fairfax County Government Center

MOUNT VERNON NIGHTS

Fridays, June 6-August 29 • 7:30 p.m.*
Grist Mill Park

Saturdays, June 7 - August 30 • 7:30 p.m.
Workhouse Arts
(Ticketed Event - June 28)

Providence Presents

Saturdays, June 14-August 16 • 6 p.m.
Mosaic Live! At Mosaic District

Thursdays, July 3-August 14 • 7:30 p.m.
Nottoway Park

Starlight Cinema

Saturdays, August 2-August 23
Gates open 6 p.m., Children's show 7 p.m.
Movie starts at dark
Sully Historic Site

Thank you to our sponsors!



Exercise and Physical Fitness

Scan the QR code to go directly to the Parktakes Online Exercise and Physical Fitness page.



Whether you pay the daily Rec Center admission fee or purchase a longer-term pass, your admission entitles you to a variety of drop-in classes and specialty classes for an additional registration fee.

Rec Center Membership Pass

- No initiation fee. Convenient pass options available. Visit <http://go.usa.gov/5TK> for a list of rates.
- More than 300 drop-in fitness classes per week. Visit <http://go.usa.gov/52S> to see the list.
- Access to all Rec Center fitness centers fully equipped with strength equipment and a variety of cardiovascular machines.
- Pass privileges also include use of pools and admission to selected special events.
- Visit www.fairfaxcounty.gov/parks/passes for more information.

Personal Training

Our trainers' expert guidance and education can remove obstacles and help you reach your potential by:

- Using the latest training techniques to overcome plateaus and jumpstart your workout.
- Providing accountability and motivating you on the fast track to your desired results.
- Helping with a specific illness, injury or conditions.
- Providing sports-specific training to improve your performance.

Small-group and private lessons in Pilates/reformer, yoga, TRX suspension training, and sports-specific conditioning available. For more information, visit <http://go.usa.gov/5Tg> or call your local Rec Center.

Group Muscular Strength & Conditioning

Body Sculpting

(13-Adult) A lighter total body workout open to all levels of participants, this class focuses on general muscle conditioning.

3EB 8--55 minute lessons--\$109

Location	Day	Time	Code	Begin	\$
MtVernREC	Sa	9:30am	8B3.K9ZH	7/12	3EB
OakmontREC	Th	8am	8B3.JCW2	7/10	3EB

BODYPUMP

(13-Adult) BODYPUMP is the original barbell class that strengthens your entire body. Challenge all of your major muscle groups by using the best weight-room exercises like squats, presses, lifts and curls. Senior discount does not apply to these lessons.

3ECA 8--55 minute lessons--\$125

Location	Day	Time	Code	Begin	\$
MtVernREC	T	6pm	A90.D0F4	7/8	3ECA
OakmontREC	Sa	10:30am	A90.FSAR	7/12	3ECA
ProvREC	M	6pm	A90.7EMQ	7/7	3ECA
ProvREC	W	6pm	A90.BUZQ	7/9	3ECA
SoRunREC	M	7pm	A90.UM60	7/7	3ECA
SoRunREC	W	7pm	A90.VNJB	7/9	3ECA
SoRunREC	Sa	8am	A90.M3WQ	7/12	3ECA



Fitness for Seniors

(60 yrs+) Class is designed to help students build greater strength, flexibility and cardiovascular endurance by using weights, bands and low-to moderate-intensity aerobics.

3EB 8--55 minute lessons--\$109

3EC 16--55 minute lessons--\$219

Location	Day	Time	Code	Begin	\$
CubRunREC	T	1pm	1A0.KYVN	7/8	3EB
CubRunREC	T	8am	1A0.JN1J	7/8	3EB
CubRunREC	T	12pm	1A0.UHFR	7/8	3EB
MtVernREC	M	11am	1A0.USEH	7/7	3EB
MtVernREC	W	11am	1A0.TFMR	7/9	3EB
MtVernREC	F	11am	1A0.ONGA	7/11	3EB
OakmontREC	F	8am	1A0.AJ9K	7/11	3EB
ProvREC	T/Th	8:30am	1A0.R5GB	7/8	3EC
SpHillREC	T	12pm	1A0.J9L2	7/8	3EB
SpHillREC	Th	1pm	1A0.1267	7/10	3EB
SpHillREC	F	11am	1A0.HAYM	7/11	3EB

MEET JOSH ALLEN, MOUNT VERNON REC CENTER'S FITNESS DIRECTOR



Josh Allen has over 17 years of experience in the fitness/wellness industry. Previously, he has worked for various companies including MedStar NRH, Washington Sports Club and Robert Andrews Salon and Spas. Over the

years Josh has held many positions in the wellness industry such as a fitness manager, wellness coordinator, personal trainer, massage therapist, and massage instructor. He has a B.S. in Kinesiology from the University of Maryland, is a certified personal trainer through the National Academy of Sports Medicine and is also a licensed massage therapist. His passion is to help people.

"Move better, feel better and look better, one repetition at a time," Josh says.

Fitness for Women

(16-Adult) Unlock your full potential and embrace a healthier, more confident you in this class. This dynamic program is designed specifically to cater to the unique fitness needs and goals of women, offering a balanced mix of strength training, cardiovascular exercises, and flexibility routines.

3ED 8--55 minute lessons--\$114

Location	Day	Time	Code	Begin	\$
OakmontREC	T	8am	41C.X4XV	7/8	3ED
SpHillREC	Su	5pm	41C.KOZH	7/13	3ED

New! Intro to Rock Climbing

(13-Adult) Unleash your inner adventurer and conquer new heights! This introductory rock climbing class is designed for beginners to learn the fundamentals of indoor climbing in a safe and supportive environment. Our experienced instructors will guide you through essential techniques, safety protocols, and climbing etiquette.

3EAB 4--55 minute lessons--\$89

Location	Day	Time	Code	Begin	\$
MtVernREC	M	6pm	Z49.7L2R	7/7	3EAB
MtVernREC	T	5pm	Z49.QPYG	7/8	3EAB
MtVernREC	M	6pm	Z49.QBPA	8/11	3EAB
MtVernREC	T	6pm	Z49.74SC	8/12	3EAB

Pickleball Conditioning

(60 yrs+) Improve your game and learn how to reduce the risk of injuries related to this popular sport. Exercises presented will help improve your agility, balance, strength, coordination, and range of motion.

3EB 8--55 minute lessons--\$109

Location	Day	Time	Code	Begin	\$
SpHillREC	W	1pm	FJE.OCDG	7/9	3EB

Total Body Conditioning

(60 yrs+) For students who want to add variety to their exercise program. Improve agility, balance and coordination, while increasing muscular endurance and strength.

3EB 8--55 minute lessons--\$109

Location	Day	Time	Code	Begin	\$
OakmontREC	M	12pm	FOC.4PE1	7/7	3EB
OakmontREC	Th	10:30am	FOC.COFZ	7/10	3EB
OakmontREC	Sa	8am	FOC.9T9U	7/12	3EB

TRX Suspension Training

(13-Adult) TRX suspension training uses individual body weight, gravity and suspension tools in an exciting way to get a whole new workout. Senior discount does not apply to these lessons.

3ECA 8--55 minute lessons--\$125

Location	Day	Time	Code	Begin	\$
ProvREC	T	5:30pm	35C.0LKI	7/8	3ECA
SoRunREC	Th	7pm	35C.57MP	7/10	3ECA
SpHillREC	Su	3:30pm	35C.AA7I	7/13	3ECA
Wkfld/Moore	T	9am	35C.RTY4	7/8	3ECA
Wkfld/Moore	W	7pm	35C.Q33W	7/9	3ECA
Wkfld/Moore	Th	7pm	35C.GBQC	7/10	3ECA



Park Authority web portal for programs and activities for active older adults.

Visit www.fairfaxcounty.gov/parks/fifty-plus

Weight Training

These classes are an introduction to weight-training and combine educational topics (safety, techniques, muscle groups and workout planning) with hands-on practice. Exercises and equipment vary by location, with modifications for a variety of ages and abilities.

3EX 8--55 minute lessons--\$139						
Location	Day	Time	Code	Begin	\$	
Co-ed 16-Adult						
SoRunREC	W	5pm	BB2.B1XI	7/9	3EX	
SoRunREC	Sa	3pm	BB2.6XOR	7/12	3EX	
SphillREC	Sa	9am	BB2.K3D2	7/12	3EX	
Ladies only 16-Adult						
SoRunREC	Sa	3pm	9EA.8427	7/12	3EX	
SoRunREC	Su	9am	9EA.640C	7/13	3EX	
SphillREC	F	12pm	9EA.WEC1	7/11	3EX	
Co-ed 60 yrs.						
SoRunREC	Th	5pm	503.RR4U	7/10	3EX	
SphillREC	Th	12pm	503.2R7U	7/10	3EX	

Weight Training for Teens

(12-15 yrs.) Learn proper equipment use, techniques and safety along with stretching, strength and endurance exercises. Students who complete a final test are issued a weight room pass (to be used with admission) that entitles them to use the weight room without adult supervision.

3EW 4--55 minute lessons--\$69						
4EW 5--55 minute lessons--\$89						
Location	Day	Time	Code	Begin	\$	
CubRunREC	Sa	10am	E8B.573V	7/19	4EW	
MtVernREC	M	4pm	E8B.RVPP	7/7	3EW	
MtVernREC	M	4pm	E8B.R41F	8/11	3EW	
OakmontREC	W	8am	E8B.T01T	7/9	4EW	
ProvREC	W	4pm	E8B.JVUD	7/9	4EW	
SoRunREC	Th	4pm	E8B.3K19	7/10	4EW	
SoRunREC	Sa	4pm	E8B.G3B4	7/12	4EW	
SoRunREC	Su	10am	E8B.ZCYQ	7/13	4EW	
SphillREC	Su	5pm	E8B.0Z4S	7/13	3EW	
SphillREC	Su	5pm	E8B.0G7S	8/17	3EW	
Wkfld/Moore	M	5pm	E8B.9ULS	7/7	4EW	

Free Weight Training

(16-Adult) Learn proper techniques, safety and stretches to give you a great workout using free weights. This class focuses the upper body.

3EW 4--55 minute lessons--\$69						
4EW 5--55 minute lessons--\$89						
Location	Day	Time	Code	Begin	\$	
SoRunREC	W	7pm	52C.R70D	7/9	4EW	
SoRunREC	Sa	5pm	52C.5F00	7/12	4EW	
SoRunREC	W	7pm	52C.WJUG	8/13	4EW	
SphillREC	T	10am	52C.WJPT	7/8	3EW	
SphillREC	T	10am	52C.T528	8/12	3EW	

Group Aerobic Exercise

Barre Workout

(13-Adult) This class incorporates ballet exercises, barres and light weights to help you tone and define your muscles. Learn the secrets of dancers for a totally toned body. Barre techniques class highly recommended prior to this program. Socks required.

3EB 8--55 minute lessons--\$109						
Location	Day	Time	Code	Begin	\$	
MtVernREC	T	9:30am	3BF.T6JP	7/8	3EB	
MtVernREC	Th	9:30am	3BF.BYS3	7/10	3EB	
MtVernREC	F	5:30pm	3BF.MWU6	7/11	3EB	
OakmontREC	M	7am	3BF.Q8V2	7/7	3EB	
SoRunREC	W	9:30am	3BE.QPK4	7/9	3EB	
SoRunREC	Sa	8am	3BF.W976	7/12	3EB	
SphillREC	Sa	10am	3BF.X15J	7/12	3EB	

Cardio Kickboxing

(13-Adult) This high-energy cardio class tones your entire body plus teaches you self-defense tactics. No contact required.

3EB 8--55 minute lessons--\$109						
Location	Day	Time	Code	Begin	\$	
ProvREC	T	7pm	7C5.Q1RD	7/8	3EB	
ProvREC	Th	7pm	7C5.Y43H	7/10	3EB	
SoRunREC	T	6:30pm	7C5.G6HP	7/8	3EB	

Cycle Spin

(13-Adult) Ride your way to a stronger, leaner body. This group exercise program using stationary spin bike for a great cardio workout. Please bring a water bottle and towel to class.

3EB 8--55 minute lessons--\$109						
Location	Day	Time	Code	Begin	\$	
MtVernREC	F	12pm	EUJ.6DUQ	7/11	3EB	
ProvREC	M	5:30pm	EUJ.P504	7/7	3EB	
SoRunREC	T	6pm	EUJ.N50P	7/8	3EB	
SoRunREC	Th	6pm	EUJ.MHIX	7/10	3EB	
SoRunREC	Sa	9am	EUJ.44Y1	7/12	3EB	
SoRunREC	Su	3:45pm	EUJ.5L5N	7/13	3EB	
SoRunREC	M	5:30am	EUJ.BUMQ	7/7	3EB	
SoRunREC	W	5:30am	EUJ.14QT	7/9	3EB	

Gentle Cardio

(13-Adult) This class is easy on the joints. Low impact aerobics offers an exciting, moderate intensity workout without any jumping. Class may include light body sculpting with hand weights or floor work.

3EB 8--55 minute lessons--\$109						
Location	Day	Time	Code	Begin	\$	
CubRunREC	Th	12pm	GN4.WDMC	7/10	3EB	

New! H.I.I.T.

(13-Adult) This High Intensity Interval Training class will introduce you to this effective workout known as H.I.I.T. Cardio health and fat loss are just some of the benefits. All levels welcome.

3ED 8--55 minute lessons--\$114						
Location	Day	Time	Code	Begin	\$	
SpHillREC	Th	5pm	OJJ.HPYZ	7/10	3ED	

High Fitness

(13-Adult) HIGH transforms old school aerobics by adding easy to follow modern fitness techniques like plyometrics and high impact interval training. The class alternates between cardio peaks and toning tracks to bring your heartrate up. Modifications are made for all fitness and comfort levels.

3EB 8--55 minute lessons--\$109						
Location	Day	Time	Code	Begin	\$	
OakmontREC	Sa	9am	CAP.P9FC	7/12	3EB	

Zumba

(13-Adult) Dance themes combined with dynamic music turn fitness into a party! Maximize caloric output and tone your body using easy-to-follow dance steps. All levels welcome.

3EB 8--55 minute lessons--\$109						
Location	Day	Time	Code	Begin	\$	
GWREC	M	6:30pm	69F.VFLS	6/9	3EB	
MtVernREC	Sa	8am	69F.825J	7/12	3EB	
MtVern REC	W	6:30am	69F.RUBQ	7/9	3EB	
SoRunREC	M	8pm	69F.FFYD	7/7	3EB	
SoRunREC	W	8pm	69F.9BCX	7/9	3EB	
SoRunREC	Sa	9am	69F.8J13	7/12	3EB	
Wkfld/Moore	F	9am	69F.XH9A	7/11	3EB	

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Exercise and Physical Fitness

Zumba Gold

(60 yrs.+) Class features the same great Latin music and dance styles as Zumba but at a slower pace. This is a safe, easy way to do a great total body workout.

3EB 8--55 minute lessons--\$109						
Location	Day	Time	Code	Begin	\$	
ProvREC	W	10:30am	8F6.FUSD	7/9	3EB	
ProvREC	F	11am	8F6.4SZL	7/11	3EB	
SphillREC	Th	10am	8F6.U6R8	7/10	3EB	
Wkfld/Moore	Th	9am	8F6.CUVK	7/10	3EB	

Alternative Exercise

Creative Balance

(Adults) This class will help participants regain and improve balance skills and move with more ease, agility, and confidence. With fun music, simple physical games, props and challenges, you'll get social and have fun while addressing a wide range of factors involved in balance, from foot stability to core strength.

3EB 8--55 minute lessons--\$109						
Location	Day	Time	Code	Begin	\$	
SphillREC	M	11am	WBB.RXYW	7/7	3EB	

Chair Yoga

(13-Adult) This gentle yoga class is for those who are unable to get up and down off the floor or who want the extra support of a chair. Students coordinate breath with movement and perform stretches, relaxation techniques and meditation/concentration exercises while using a chair for support.

3EB 8--55 minute lessons--\$109						
Location	Day	Time	Code	Begin	\$	
MtVernREC	W	2pm	ED6.2MHQ	7/9	3EB	
OakmontREC	Th	1pm	ED6.07KO	7/10	3EB	
SoRunREC	T	3:05pm	ED6.8BB8	7/8	3EB	
SoRunREC	Th	11:15am	ED6.SQ81	7/10	3EB	
Wkfld/Moore	M	1pm	ED6.TMTU	7/7	3EB	

Gentle Yoga

(13-Adult) Gentle stretches, yoga postures and breathing techniques increase flexibility and strength for those desiring a slower pace. This gentle practice may be suitable for individuals returning from illness or injury or those with physical challenges.

3EB 8--55 minute lessons--\$109						
Location	Day	Time	Code	Begin	\$	
ProvREC	T	5:30pm	21C.NXCB	7/8	3EB	
SoRunREC	T	2pm	21C.5MWR	7/8	3EB	
SoRunREC	Th	10am	21C.TIP2	7/10	3EB	
Wkfld/Moore	T	6pm	21C.QKUO	7/8	3EB	

Hatha Yoga I

(13-Adult) Learn basic yoga postures as you gain more strength and flexibility while using different breathing techniques. This class is designed to help improve your posture and bring you relaxation. Please bring a mat and towel to class.

3EB 8--55 minute lessons--\$109						
3EE 8--1 hour 25 minute lessons--\$164						
Location	Day	Time	Code	Begin	\$	
Franconia REC	M	6pm	C21.U6NE	7/7	3EB	
Franconia REC	F	10:30am	C21.61BX	7/11	3EB	
Franconia REC	Su	10:30am	C21.MDJJ	7/13	3EB	
MtVernREC	M	12:30pm	C21.3UON	7/7	3EB	
MtVernREC	W	12:30pm	C21.4M4V	7/9	3EB	
MtVernREC	Sa	10:30am	C21.OY8D	7/12	3EB	
MtVernREC	Su	10am	C21.5Z9V	7/13	3EB	



OakmontREC	M	10:30am	C21.6R1A	7/7	3EE	
OakmontREC	Su	10:30am	C21.NFZO	7/13	3EE	
ProvREC	Th	5:30pm	C21.UOF3	7/10	3EB	
SoRunREC	M	5:45pm	C21.B0IV	7/7	3EB	
SoRunREC	M	9:30am	C21.PDSX	7/7	3EB	
SoRunREC	T	8pm	C21.FARG	7/8	3EB	
SoRunREC	T	8pm	C21.VLA0	7/8	3EB	
SoRunREC	T	9am	C21.PR1U	7/8	3EB	
SoRunREC	W	7pm	C21.OZBX	7/9	3EB	
SoRunREC	Su	5pm	C21.SZM4	7/13	3EB	
Wkfld/Moore	T	12pm	C21.L4WA	7/8	3EE	
Wkfld/Moore	W	7pm	C21.J0AT	7/9	3EE	

Hatha Yoga II

(13-Adult) Prerequisite: Hatha Yoga I or equivalent. Please bring a mat and towel to class.

3EB 8--55 minute lessons--\$109						
3EE 8--1 hour 25 minute lessons--\$164						
Location	Day	Time	Code	Begin	\$	
CubRunREC	Th	7pm	19F.WCOF	7/10	3EB	
MtVernREC	T	12:30pm	19F.5HZ5	7/8	3EB	
MtVernREC	Th	12:30pm	19F.PX8V	7/10	3EB	
OakmontREC	F	12pm	19F.8U9J	7/11	3EE	
Wkfld/Moore	Th	7pm	19F.HM9J	7/10	3EE	

Hatha Combo

(13-Adult) Focus on basic yoga postures in this multi-level class. Practice includes varying levels with modifications to postures based on student experience. Please bring a mat and towel to class.

3EE 8--1 hour 25 minute lessons--\$164						
3EB 8--55 minute lessons--\$109						
Location	Day	Time	Code	Begin	\$	
Frying Pan Pk	M	7pm	F3F.R7VL	7/7	3EE	
Wkfld/Moore	T	10:30am	F3F.N3LR	7/8	3EB	
Wkfld/Moore	F	11am	F3F.YHGX	7/11	3EB	

Gentle Pilates

(13-Adult) Loosen the joints and spine and create new movement opportunities gently in a class designed to support special needs and abilities of the practitioner. Use basic Pilates principles, working from the inside out and integrating mind, breath and body to leave this class renewed and reinvigorated.

3EB 8--55 minute lessons--\$109						
Location	Day	Time	Code	Begin	\$	
OakmontREC	W	3:30pm	F82.VJXB	7/9	3EB	
OakmontREC	F	7am	F82.A6TG	7/11	3EB	

Pilates

(13-Adult) Practice classical exercise sequences based on Pilates method. Focus on core control, alignment and breathing to properly execute exercises that strengthen and lengthen the body.

3EB 8--55 minute lessons--\$109						
Location	Day	Time	Code	Begin	\$	
CubRunREC	W	5pm	16E.CQ6M	7/9	3EB	
OakmontREC	W	9am	16E.RZ7Y	7/9	3EB	
SoRunREC	Th	6pm	16E.KOJK	7/10	3EB	
SphillREC	T	10am	16E.REMI	7/8	3EB	
SphillREC	Th	10am	16E.BAWY	7/10	3EB	

Gentle Pilates Allegro Reformer

(13-Adult) Pilates lessons on a special apparatus that provides various resistance levels within a full range of motion. These gentle lessons help loosen the joints and spine and create new movement opportunities, balance, and flexibility in a class designed to support the special needs and abilities of the practitioner. Senior discount does not apply to these lessons.

3EAA 8--55 minute lessons--\$181						
Location	Day	Time	Code	Begin	\$	
SphillREC	F	11am	78C.TEGS	7/11	3EAA	
SphillREC	F	12pm	78C.VH10	7/11	3EAA	
SphillREC	Sa	11am	78C.QT3M	7/12	3EAA	

Pilates Allegro Reformer Lessons

(13-Adult) Pilates lessons on a special apparatus that provides various levels of resistance within the full range of motion. Private lessons stretch and strengthen your entire body and help you develop body muscle balance, flexibility, agility and bone density. Intro to Pilates Mat recommended. Senior discount does not apply to these lessons.

3EAA 8--55 minute lessons--\$181						
Location	Day	Time	Code	Begin	\$	
CubRunREC	M	6pm	08E.ON7P	7/7	3EAA	
CubRunREC	M	7pm	08E.1NE4	7/7	3EAA	
CubRunREC	M	9:45am	08E.K01Y	7/7	3EAA	
CubRunREC	M	11am	08E.DQ5J	7/7	3EAA	
CubRunREC	T	5:45pm	08E.HV9J	7/8	3EAA	
CubRunREC	T	7pm	08E.5CGT	7/8	3EAA	
CubRunREC	T	9am	08E.OLIC	7/8	3EAA	
CubRunREC	T	10am	08E.SQ93	7/8	3EAA	
CubRunREC	F	10am	08E.QLUK	7/11	3EAA	
CubRunREC	Sa	11am	08E.FHFX	7/12	3EAA	
CubRunREC	Su	9:30am	08E.DQZU	7/13	3EAA	
CubRunREC	Su	10:45am	08E.UR80	7/13	3EAA	
Franconia REC	M	6:30pm	08E.AWH2	7/7	3EAA	
Franconia REC	M	7:30pm	08E.Y1HV	7/7	3EAA	
Franconia REC	W	6:30pm	08E.AQKG	7/9	3EAA	
Franconia REC	W	10am	08E.M1HZ	7/9	3EAA	
Franconia REC	Th	4pm	08E.YQZP	7/10	3EAA	
Franconia REC	Su	5:30pm	08E.BSEQ	7/13	3EAA	
MtVernREC	M	4pm	08E.025E	7/7	3EAA	
MtVernREC	M	6am	08E.RYER	7/7	3EAA	
MtVernREC	M	7pm	08E.PAWN	7/7	3EAA	
MtVernREC	M	10:45am	08E.M6JQ	7/7	3EAA	

MtVernREC	T	5:30pm	08E.0LI9	7/8	3EAA
MtVernREC	W	6pm	08E.5F4Z	7/9	3EAA
MtVern REC	Sa	9:30am	08E.ENSA	7/12	3EAA
MtVernREC	W	7pm	08E.69XH	7/9	3EAA
MtVernREC	W	11am	08E.1XNS	7/9	3EAA
MtVernREC	Th	5:30pm	08E.FJR3	7/10	3EAA
MtVernREC	Sa	8:30am	08E.48KY	7/12	3EAA
ProvREC	M	10:30am	08E.UVHM	7/7	3EAA
ProvREC	T	6pm	08E.A3MG	7/8	3EAA
ProvREC	W	1pm	08E.QMIA	7/9	3EAA
ProvREC	W	10:30am	08E.PXA8	7/9	3EAA
ProvREC	W	6pm	08E.6JKE	7/9	3EAA
ProvREC	Th	10:30am	08E.ILOG	7/10	3EAA
ProvREC	Th	11:30am	08E.SQVR	7/10	3EAA
ProvREC	Su	9am	08E.NS04	7/13	3EAA
ProvREC	W	6pm	08E.6JKE	7/8	3EAA
SoRunREC	M	6pm	08E.HMWW	7/7	3EAA
SoRunREC	T	12:30pm	08E.NL9W	7/8	3EAA
SoRunREC	Th	12:30pm	08E.C52U	7/10	3EAA
SoRunREC	Th	1:30pm	08E.3420	7/10	3EAA
SoRunREC	W	10am	08E.652B	7/9	3EAA
SpHillREC	W	6pm	08E.RGM2	7/9	3EAA
SpHillREC	W	7pm	08E.ZBM6	7/9	3EAA
SpHillREC	Su	10:45am	08E.65YI	7/13	3EAA
SpHillREC	Th	6pm	08E.WQYY	7/10	3EAA
SpHillREC	Sa	9am	08E.4BP1	7/12	3EAA

Pilates Allegro Reformer Lessons II

(13-Adult) Pilates lessons on a special apparatus that provides a workout with complex exercise variations and longer sets. The movements develop coordination, strength and flexibility while the concentration required improves the mind-and-body connection. Prerequisite: Pilates Allegro Reformer I. Senior discount does not apply to these lessons.

3EAA 8--55 minute lessons--\$181					
Location	Day	Time	Code	Begin	\$
CubRunREC	Th	5:45pm	5B6.331U	7/10	3EAA
Franconia Rec	T	5:30pm	5B6.DX37	7/8	3EAA
Franconia Rec	W	7:30pm	5B6.VT0C	7/9	3EAA
MtVernREC	M	7am	5B6.OCR4	7/7	3EAA
MtVernREC	M	8pm	5B6.DVQR	7/7	3EAA
MtVernREC	T	6:30pm	5B6.RRMV	7/8	3EAA
MtVernREC	W	5pm	5B6.4YWK	7/9	3EAA
MtVernREC	Th	6:30pm	5B6.MTS9	7/10	3EAA
ProvREC	T	5pm	5B6.H48I	7/8	3EAA
SpHillREC	M	6:30pm	5B6.JLG1	7/7	3EAA
SpHillREC	M	7:30pm	5B6.35BF	7/7	3EAA
SpHillREC	T	8am	5B6.WC1Z	7/8	3EAA
SpHillREC	T	9am	5B6.WMOG	7/8	3EAA
SpHillREC	W	8am	5B6.TOX9	7/9	3EAA
SpHillREC	W	9am	5B6.AD3F	7/9	3EAA
SpHillREC	W	10am	5B6.WVVT	7/9	3EAA
SpHillREC	F	10am	5B6.1GST	7/11	3EAA

Pilates Allegro Reformer Para

Principiante

(13-Adult) En estas clases se realizaran ejercicios basicos en un aparato que tiene varios niveles de resistencia. Las clases se enfocaran a fortalecer tus musculos de todo el cuerpo y mejorar tu flexibilidad y balance. Los descuentos de seniors no aplican en estas clases.

3EAA 8--55 minute lessons--\$181					
Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	1pm	YJF.9Y4Q	7/12	3EAA
CubRunREC	Sa	12pm	YJF.IDP3	7/12	3EAA



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Pilates Allegro Reformer & Tower

(13-Adult) Prerequisite: Pilates Allegro Reformer I or Pilates Mat. This full-body workout uses Allegro Reformers and Towers, mat work and props. Lessons enhance core strength, flexibility, neuromuscular coordination and balance. Improve body awareness as you learn the essentials of working on the towers. Senior discount does not apply to these lessons.

3EAA 8--55 minute lessons--\$181					
Location	Day	Time	Code	Begin	\$
SpHillREC	Th	7pm	A40.5QKS	7/10	3EAA
SpHillREC	Sa	10am	A40.L27F	7/12	3EAA

Pilates Allegro Reformer Jumpboard

(13-Adult) This exciting express format adds aerobic elements to your Pilates reformer program through the use of a jumpboard attachment. Participants will also perform a variety of additional strength and stability exercises. Students should be able to do level 2 class work.

3EAA 855 minute lessons--\$181					
3EAC 8--30 minute lessons--\$89					
Location	Day	Time	Code	Begin	\$
CubRunREC	M	5pm	719.1NJG	7/7	3EAA
SpHillREC	W	11am	719.KW5E	7/9	3EAC

Mat Fusion

(13-Adult) Looking for a safe and effective way to improve flexibility, endurance and muscle tone? Mat fusion encompasses the Eastern philosophy of yoga, the holistic approach of Pilates and the application of floor-based exercise techniques.

3EB 8--55 minute lessons--\$109					
Location	Day	Time	Code	Begin	\$
SoRunREC	T	7pm	34B.6A29	7/8	3EB

MORE CLASSES ONLINE:

www.fairfaxcounty.gov/parks/parktakes

Meditation

(13-Adult) Focus and calm your mind with breathing exercises that release tension. Centered mindfulness relaxes the physical body for overall wellbeing, concentration and positive energy.

2EP 6--55 minute lessons--\$82					
Location	Day	Time	Code	Begin	\$
CubRunREC	T	8:30pm	7C4.A62A	7/8	2EP

Tai Chi I

(13-Adult) Tai Chi promotes flexibility, balance and physical control. This low-impact mind/body class is based on ancient Chinese exercises to increase energy flow while decreasing stress.

2EP 6--55 minute lessons--\$82					
3EB 8--55 minute lessons--\$109					
4EB 11--55 minute lessons--\$151					
Location	Day	Time	Code	Begin	\$
CubRunREC	T	5pm	ED9.RHNB	7/8	2EP
Franconia Rec	W	6pm	ED9.WMEG	7/9	3EB
Frying Pan Pk	Th	8pm	ED9.UKII	6/5	3EB
GrnSprGardn	M	1:30pm	ED9.TNTP	6/16	4EB
MtVernREC	Th	9am	ED9.BIC7	7/10	3EB
MtVern REC	Su	9:15am	ED9.3KXI	7/13	3EB
OakmontREC	Th	4:30pm	ED9.37E2	7/10	2EP
ProvREC	M	1:30pm	ED9.RQAF	7/7	3EB
ProvREC	W	1pm	ED9.F438	7/9	3EB
SpHillREC	M	7pm	ED9.Q8VW	7/7	3EB
SpHillREC	Sa	9am	ED9.XJ47	7/12	3EB

REC CENTERS

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On Sale May 1-31, 2025

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- ✓ Drop-In Group Fitness Classes (Cycle, Pilates, Zumba)
- ✓ Courts, Gyms and Tracks
- ✓ Drop-In Pickleball and Basketball
- ✓ Racquetball and Volleyball

*Amenities vary by location.

Exercise and Physical Fitness



Tai Chi II

(13-Adult) Tai Chi I strongly recommended.

2EP	6--55 minute lessons--\$82
3EB	8--55 minute lessons--\$109
4EB	11--55 minute lessons--\$151

Location	Day	Time	Code	Begin	\$
CubRunREC	T	7pm	630.9W6X	7/8	2EP
Franconia Rec	Th	6pm	630.1CJE	7/10	3EB
GrnSprGardn	M	12:15pm	630.PAC2	6/16	4EB
OakmontREC	Th	5:30pm	630.LW9Z	7/10	2EP
ProvREC	M	2:30pm	630.UQUW	7/7	3EB
ProvREC	W	2:30pm	630.D73K	7/9	3EB
SpHillREC	M	8pm	630.0R69	7/7	3EB
SpHillREC	Sa	10am	630.IEEZ	7/12	3EB

Tai Chi III

(13-Adult) Tai Chi II strongly recommended.

2EP	6--55 minute lessons--\$82
3EB	8--55 minute lessons--\$109
4EB	11--55 minute lessons--\$151

Location	Day	Time	Code	Begin	\$
CubRunREC	T	6pm	156.4W9H	7/8	2EP
Franconia Rec	Th	7pm	156.QP8J	7/10	3EB
GrnSprGardn	M	11am	156.WE6X	6/16	4EB
OakmontREC	Th	3:15pm	156.PXDV	7/10	2EP

Tai Chi Yang Style

(13-Adult) Learn six choreographed forms of Tai Chi consisting of 108 postures that are often described as "moving meditation." Traditional martial arts warm-up exercises are included in all classes. Please bring a water bottle, mat and towel to class.

3EB	8--55 minute lessons--\$109
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Location	Day	Time	Code	Begin	\$
Wkfld/Moore	W	7pm	LLG.NEKO	7/9	3EB
Wkfld/Moore	Su	9:30am	LLG.VAOG	7/13	3EB
Wkfld/Moore	Su	10:30am	LLG.NK18	7/13	3EB

Restorative Yoga

(Adults) Immerse yourself in a deeply relaxing and rejuvenating experience you release physical and mental stress through gentle, supported yoga postures. Using a variety of props such as yoga blocks, blankets and bolsters, you are guided into poses that are held for extended periods, allowing your body to fully relax and your mind to enter a state of calm.

3EB	8--55 minute lessons--\$109
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Location	Day	Time	Code	Begin	\$
OakmontREC	M	5:30pm	ME5.DB76	7/7	3EB

Sunrise Stretch

(13-Adult) This is the perfect class to add to your morning ritual. Wake up and stretch through a gentle standing and floor sequence to energize the body. These pure mobility stretches and flows give you brilliant energy, flexibility and strength all day long!

3EL	8--45 minute lessons--\$109
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Location	Day	Time	Code	Begin	\$
OakmontREC	F	6am	NYZ.YNRG	7/11	3EL

Therapeutic Yoga

(Adults) Therapeutic yoga can help manage a variety of health conditions by addressing both physical and emotional challenges. This trauma-sensitive class combines a physical practice of breathing and poses with meditation and deep relaxation. Please bring a yoga mat, block, and strap as well as your favorite blanket for deep relaxation.

3EB	8--55 minute lessons--\$109
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Location	Day	Time	Code	Begin	\$
OakmontREC	Th	11:30am	MA7.R135	7/10	3EB

Vinyasa Yoga

(13-Adult) This active, flowing yoga style incorporates breath-synchronized movements, allowing poses to flow from one to another. Class helps develop strength, flexibility and body and breath awareness while leaving the body energized and mind at peace.

3EB	8--55 minute lessons--\$109
3EE	8--1 hour 25 minute lessons--\$164

Location	Day	Time	Code	Begin	\$
OakmontREC	M	9:30am	308.6UNO	7/7	3EB
OakmontREC	Th	9am	308.W8AS	7/10	3EE
OakmontREC	M	6:30pm	308.MR8P	7/7	3EE

Yin Yoga

(13-Adult) Yin Yoga incorporates seated and supine postures that are held for longer periods (1-5 minutes each), targeting connective tissues, joints, and fascial networks. In this relaxing class, you will stretch all major muscle groups to help improve flexibility, regain range of motion, reduce pain, and prevent injuries. It will also help calm the mind, reduce stress, activate the parasympathetic nervous system and improve concentration. Bring a mat and a towel to class.

3EE	8--1 hour 25 minute lessons--\$164
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Location	Day	Time	Code	Begin	\$
SpHillREC	Th	6pm	KXS.CFZB	7/10	3EE

Yoga for Gardeners

(16-Adult) This class features a gentle introduction to the Vinyasa method which helps participants increase the strength, flexibility and endurance necessary for gardening. Class held indoors.

4EB	11--55 minute lessons--\$151
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Location	Day	Time	Code	Begin	\$
GrnSprGardn	M	9:30am	6E6.4ZMA	6/9	4EB

Yoga for Golfers

(13-Adult) Classes focus improving flexibility, swing rotation, posture awareness and balance. Your stamina improves and risk of injury decreases.

4EA	5--55 minute lessons--\$70
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Location	Day	Time	Code	Begin	\$
Pinecrest GC	Sa	9am	835.688E	7/12	4EA

ENHANCE WORKOUTS AND IMPROVE HEALTH WITH PERSONAL TRAINING

- Custom Programs
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30 Minute – 60 Minute – 60 Minute Partner Sessions

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- Add InBody Composition Testing for \$20-\$40

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FAIRFAX COUNTY PARK AUTHORITY
REC CENTERS

Purchase online or at Rec Center front desks!
 Contact the Rec Center Fitness Director for more information.

703-324-8563 • TTY: Va. Relay 711

Yoga for Stress Management

(13-Adult) The stress of everyday life can create body tension and stiffness and can also affect mood and energy level. This class combines yoga postures and stretching with breathing and relaxing meditations restoring positive energy and renewing an overall sense of wellness.

3EE 8--1 hour 25 minute lessons--\$164

Location	Day	Time	Code	Begin	\$
SphillREC	Su	5pm	D01.10SA	7/13	3EE

Yoga Groove

(13-Adult) Chill out vinyasa style in this upbeat class that fuses classic yoga poses and flows with popular music. Movement, music and breath are used to open the body's energy centers so energy can flow freely through the body. No previous yoga or dance experience needed.

3EB 8--55 minute lessons--\$109

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	M	7pm	49D.B2L9	7/7	3EB

Outdoor Classes

Outdoor Running for Fitness

(13-Adult) Master the basics of running to reduce your chances for injury. This class builds confidence, improves your form and increases your fitness. Beginners welcome! Class takes place outdoors.

3EB 8--55 minute lessons--\$109

Location	Day	Time	Code	Begin	\$
SoRunREC	Sa	8:30am	EC2.Y1T4	7/12	3EB

Yoga & Bonfire Evening at Lake Accotink

(13-Adult) If you are looking for something a little different for renewal, peace, and inspiration, then bring your yoga mat to Lake Accotink for an evening sunset, star gazing and a bonfire. The evening's practice will focus on Hatha techniques to stretch, build core strength, and stability to the mind and body. This practice is for all levels of yogis - new or advanced. Please bring a mat, towel, and water. If the evening is cool, please bring a wrap or sweater as we will practice outside near the lake.

BEYA 1--1 hour 30 minute lesson--\$24

Location	Day	Time	Code	Begin	\$
LkAccotnkPk	F	8:30pm	DRC.BHDV	6/20	BEYA

Yoga & Walking at Lake Accotink

(13-Adult) Manage your stress and rejuvenate your spirit in the natural beauty and sounds of Lake Accotink Park. Take an invigorating walk while exploring nature and merge fitness and mindfulness. The physical and mental benefits combining of yoga and walking may help reduce stress, build agility, and strengthen self-awareness. All classes meet outdoors. No previous experience needed. Please bring water and be prepared to walk on varying terrain.

4EZZ 1--55 minute lesson--\$13

Location	Day	Time	Code	Begin	\$
LkAccotnkPk	Su	8am	FJ0.AT4Y	6/15	4EZZ
LkAccotnkPk	Su	8am	FJ0.2RX1	7/20	4EZZ
LkAccotnkPk	Su	8am	FJ0.9H61	8/17	4EZZ

Virtual Classes

Virtual Chair Yoga

(13-Adult) This gentle yoga class is for those who are unable to get up and down off the floor or who want the extra support of a chair. Students coordinate breath with movement and perform stretches, relaxation techniques and meditation/concentration exercises while using a chair for support. This class will be delivered online using Microsoft Teams or Zoom. Class registrants will be emailed a link to the class meetings prior to the start of class.

3EB 8--55 minute lessons--\$109

Location	Day	Time	Code	Begin	\$
Virtual FCPA	T	3:05pm	IYJ.QLP	7/8	3EB
Virtual FCPA	Th	11:15am	IY.LPJS	7/10	3EB

Virtual Pilates

(13-Adult) Practice classical exercise sequences based on Pilates method. Focus on core control, alignment and breathing to properly execute exercises that strengthen and lengthen the body. This class will be delivered online using Microsoft Teams. Class registrants will be emailed a link to the class meetings prior to the start of class.

3EC 16--55 minute lessons--\$219

Location	Day	Time	Code	Begin	\$
Virtual FCPA	T/Th	8:30am	IS8.24FA	7/8	3EC

Virtual Tai Chi I

(13-Adult) Tai Chi promotes flexibility, balance and physical control. This low-impact mind/body class is based on ancient Chinese exercises to increase energy flow while decreasing stress. This class will be delivered online using Microsoft Teams. Class registrants will be emailed a link to the class meetings prior to the start of class.

2EP 6--55 minute lessons--\$82

Location	Day	Time	Code	Begin	\$
Virtual FCPA	M	1:15pm	XF2.ZG1M	7/14	2EP

Virtual Tai Chi II

(13-Adult) Build on the movements learned in Tai Chi I for a longer sequence of movement patterns for better flexibility and balance. Tai Chi I recommended. This class will be delivered online using Microsoft Teams. Class registrants will be emailed a link to the class meetings prior to the start of class.

2EP 6--55 minute lessons--\$82

Location	Day	Time	Code	Begin	\$
Virtual FCPA	M	12pm	MXS.JIH6	7/14	2EP

Virtual Wall Pilates

(Adults) This simple and gentle form of exercise for beginners and seniors offers a safe and effective way to get your body moving. Virtual Wall Pilates is a low-impact exercise that is great for strengthening, stretching and balance. The only equipment needed is a wall and mat. The wall is used for resistance and support in a variety of different poses and movements. This class will be delivered online using Microsoft Teams. Link will be emailed prior to first class.

3EB 8--55 minute lessons--\$109

Location	Day	Time	Code	Begin	\$
Virtual FCPS	F	11:15am	32X.3JSK	7/11	3EB

Summer Sprint in the Park

Family Friendly 5k and 1 Mile Fun Run

Saturday, June 28

Race packet pick-up: 7:45-8:45 a.m. • Race start: 9 a.m.

Cost: \$5 per runner or \$10 per family

Location: Lake Fairfax Park, 1400 Lake Fairfax Drive, Reston, Va.

Enjoy a family friendly racecourse on grass, trails and roads

Water and refreshment for runners

5K Prizes for top three male and female finishers





www.fairfaxcounty.gov/parks/lake-fairfax

Fine Arts and Crafts

Scan the QR code to go directly to the Parktakes Online Fine Arts page.



Some classes may have supply fees so check class descriptions for details. Any supply fees are payable at first class and are non-refundable.

Drawing

Art Above & Beyond

(6-12 yrs.) This mixed-media class offers a variety of projects including drawing and painting. Supply fee payable to instructor at first class.

3FA	8--55 minute lessons--\$106				
3FB	8--1 hour 25 minute lessons--\$158				
Location	Day	Time	Code	Begin	\$
OakmontREC	Su	2pm	EB5.IXTZ	6/15	3FB
SoRunREC	Su	1:15pm	EB5.DW8U	7/12	3FA
SoRunREC	Sa	9am	EB5.OV89	7/12	3FA
Wkfld/Moore	M	5:30pm	EB5.S09T	7/7	3FA

Colorful Art by Abrakadoodle

(6-12 yrs.) Young artists will create colorful paintings, imaginative drawings, and unique sculptures using watercolors, modeling compounds and paints. Practice "masking" while painting an abstract forest. Students will take an imaginary tour to New England and paint lighthouse scenes. Supply fee of \$32 payable to instructor at first class.

CFVW	6--55 minute lessons--\$141				
DFVW	8--55 minute lessons--\$182				
Location	Day	Time	Code	Begin	\$
SoRunREC	T	6:30pm	PRL.G5BR	7/8	CFVW
SphillREC	T	7:15pm	PRL.ISMF	6/24	DFVW

Audrey Moore Rec Center Pottery Lab



Open pottery lab is offered for experienced potters who want extra time to work on their project.

Save by purchasing a 12-hour lab pass:
\$50 for current students
\$150 for non-students.

Clay is \$34 for a 25-pound bag, firing fee included with purchased clay.

We only fire pieces that were made with clay issued by the Rec Center.

Open Pottery Lab Hours:

Sunday: 10 a.m. – 1 p.m.

Monday: 9 a.m. - Noon

Friday: 9 a.m. - Noon

Friday: 6 p.m. – 9 p.m.

Call Audrey Moore Rec Center at 703-321-7081 to confirm lab hours on given days. Lab closed on holidays.



Composition in Art

(Adults) Students learn the rules and theories of composition in art through pictures and exercises, then will apply these them to their own artwork. Topics include the rule of thirds, the golden ratio and elements of composition. Class is for all skill levels.

DFBE 6--1 hour 25 minute lessons--\$127					
Location	Day	Time	Code	Begin	\$
Oakton ES	Th	10:30am	WFJ.HBCH	6/12	DFBE

Discover Drawing I

This course teaches fundamental drawing skills through various techniques and projects. Students need to bring an 11"x14" sketch pad and two drawing pencils (HB & 6B). Supply fee payable to instructor at first class.

3FA	8--55 minute lessons--\$106
3FB	8--1 hour 25 minute lessons--\$158
DFBE	6--1 hour 25 minute lessons--\$127

Location	Day	Time	Code	Begin	\$
(6-12 yrs.)					
SoRunREC	Sa	10:15am	D6A.BQ10	7/12	3FA
Wkfld/Moore	F	5pm	D6A.TE6K	7/11	3FB
Wkfld/Moore	F	7pm	D6A.HC7N	7/11	3FB
(13-Adult)					
Oakton ES	T	10am	B34.47JH	6/17	DFBE
Woodson HS	T	7pm	B34.6TLW	6/24	DFBE

Drawing with Color

(16-Adult) Class focuses on drawing fundamentals, such as lines, angles, and shading from light to dark shades as well as developing an eye for forms, shapes and details. Students learn to present the speed of action using by lines, colors and motions. Color values, saturations and temperature, warm light and cool shadow will also be covered.

DFBE 6--1 hour 25 minute lessons--\$127					
Location	Day	Time	Code	Begin	\$
Oakton ES	Th	12:25pm	D7E.8KZ3	6/12	DFBE

Creating Comics

Students learn about various aspects of drawing and creating comics, such as emotive faces, anatomy, character development, and important elements in sequential storytelling. This Baroody Camps class is geared towards those interested in creating their own personal comic books. The program, developed and taught by pro comic book creator Arisia Rozegar (credits include Marvel's Iron Man, The Incredible Hulk and X-Men) delves into the hands-on of creating sequential art that is not limited to the super-hero genre. Any supply fee payable to instructor at first class.

CFVW 6--55 minute lessons--\$141					
Location	Day	Time	Code	Begin	\$
(6-12 yrs.)					
LittleRn ES	Sa	10am	7KT.9DH8	6/21	CFVW
Woodson HS	T	6:30pm	7KT.YV5H	6/24	CFVW
(13-Adult)					
LittleRn ES	Sa	11am	LEH.AHDA	6/21	CFVW
Woodson HS	T	7:30pm	LEH.3EYH	6/24	CFVW

Young Rembrandts Cartooning

(6-12 yrs.) In this Young Rembrandts class students learn to draw exciting, dynamic characters using a structured stepwise format to create their own animated characters in humorous settings. Objects and ideas are broken down into simple shapes, through use of exaggeration, caricature, and personification to construct cartoon images. Any supply fee payable to instructor at first class.

CFVC 6--55 minute lessons--\$128					
Location	Day	Time	Code	Begin	\$
SoRunREC	Su	10am	D63.4E32	7/13	CVFC
Wkfld/Moore	Sa	10am	D63.4WXT	6/21	CVFC
MtVern REC	Sa	1pm	D63.CHBH	6/21	CVFC

MORE CLASSES ONLINE:
www.fairfaxcounty.gov/parks/parktakes

Future Artists

(5-9 yrs.) Artists are introduced to painting, drawing, watercolors, self-portraits and clay creation in this class offered by Athletes Global. Students create various projects throughout the class and present their favorite creation at the end of the program.

DFVG 8--55 minute lessons--\$173					
Location	Day	Time	Code	Begin	\$
Franconia Rec	Su	10am	5JK.Q044	6/15	DFVG

Kidcreate Drawing

(6-12 yrs.) This beginning drawing class by Kidcreate is far from ordinary. Students work with paint, glitter, bubbles and more as they learn basic art terms and drawing techniques. Students receive a sketchbook to use and keep.

DFVK 8--55 minute lessons--\$161					
Location	Day	Time	Code	Begin	\$
MtVernREC	Sa	11:30am	GUX.Y5AJ	6/21	DFVK
MtVernREC	T	5:30pm	GUX.XCAO	6/24	DFVK

Sketching along the Lakeside

(13-Adult) Walk with a naturalist by the lakeside and learn techniques and tips for drawing the natural world. Gain a better understanding of how to utilize different sketching and observational skills. Bring the medium of your choice to the class.

DFAU 1--2 hour lesson--\$24					
Location	Day	Time	Code	Date	\$
BurkeLakePk	Su	1pm	9DM.L6GQ	6/15	DFAU
BurkeLakePk	Su	8am	9DM.QCYL	7/20	DFAU
LkAconctPk	Sa	8am	9DM.5VK3	8/23	DFAU
LkFairfaxPk	Sa	9am	9DM.OSJW	6/14	DFAU

Painting

Abrakadoodle Kids on Canvas

(6-12 yrs.) Children will learn to paint as they imagine a fantastic world inspired by nature. Learn about shapes, how to create 3D buildings and how to explore maps, and how to mix colors. Supply fee payable to instructor at first class.

CFVW 6--55 minute lessons--\$141					
Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	12:30pm	ZBL.GM1I	7/12	CFVW
Wkfld/Moore	Th	7pm	ZBL.IQ7I	7/10	CFVW
SoRunREC	Sa	1:30pm	ZBL.TXM9	7/12	CFVW

Discover Painting

(13-Adult) This course provides a basic introduction painting fundamentals. Students learn basic painting skills and techniques to create simple works of art. Practical exercises include simple sketching, use of color theory and application and basic composition.

DFBE 6--1 hour 25 minute lessons--\$127					
Location	Day	Time	Code	Begin	\$
Oakton ES	T	11:45am	E9E.2RBA	6/17	DFBE
Oakton ES	F	10am	E9E.90EX	6/20	DFBE



FCPA Farmers Markets
Buy Fresh, Buy Local...
fruits, vegetables, honey,
baked goods, plants, eggs,
meat, dairy and flowers
www.fairfaxcounty.gov/farmersmarkets

Fun with Acrylics

(13-Adult) Students will create simple paintings using acrylic paints on canvas to explore color, texture, composition and design. Supply fee of \$30 payable to instructor at first class.

3FB 8--1 hour 25 minute lessons--\$158					
DFBE 6--1 hour 25 minute lessons--\$127					
Location	Day	Time	Code	Begin	\$
OakmontREC	T	4:40pm	4VW.4R0J	6/10	3FB
OakmontREC	Su	4:30pm	4VW.APDJ	6/15	3FB
SoRunREC	Th	7pm	4VW.4IXT	7/10	3FB
OrngHnt ES	T	11am	4VW.2NXJ	6/24	DFBE

Landscape Painting

(16-Adult) Students will use design elements such as lines, shapes, values and spatial relation, to create landscape paintings. Students construct and deconstruct landscapes from realism to abstract. Bring watercolor paper and water-based medium watercolors or acrylics. Additional supply list provided before start of class.

DFBE 6--1 hour 25 minute lessons--\$127					
Location	Day	Time	Code	Begin	\$
Oakton ES	M	1pm	A39.3AL1	6/16	DFBE

Landscape Painting with Pastels

(13-Adult) Learn the basis of creating landscapes using this unique medium. This class will introduce color blending, texture, harmony and balance techniques. Supply fee of \$30 is payable at the first class.

3FB 8--1 hour 25 minute lessons--\$158					
Location	Day	Time	Code	Begin	\$
OakmontREC	Th	4:40pm	9RN.R0DS	6/12	3FB

Watercolor Workshop - Orchids

(16-Adult) Some subjects just scream to be painted in watercolors and orchids are one of those subjects. Taught by botanical artist Dawn Flores, plan and execute an orchid-inspired painting. Information on orchid anatomy, lessons on color, and a variety of watercolor techniques and transfer practices are presented. Orchid owners may bring in their own specimen or work from photographs provided by the instructor. This class is appropriate for any skill level. A supply list will be emailed before class. Bring a lunch.

DFAK 1--6 hour lesson--\$112					
Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	10am	893.6Y10	7/26	DFAK

Watercolor Workshop - Watercolor and Ink

(16-Adult) Learn to use ink pens with your watercolor paintings. Artist Marni Maree will introduce you to a variety of pens and inking techniques. Draw with ink and then add watercolors. Try adding ink lines to finished paintings and watch your work transform. You will be surprised at how you can make an ok painting great by adding ink. A supply list will be emailed before class. Bring a lunch.

DFAK 1--6 hour lesson--\$112					
Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	9:30am	I78.FKAN	9/6	DFAK

Mixed Media Painting

(13-Adult) In this mixed media class students create works using basic techniques in acrylic, ink, watercolor

or and pastels. Supply fee of \$30 payable to instructor at first class.

3FB 8--1 hour 25 minute lessons--\$158					
Location	Day	Time	Code	Begin	\$
SoRunREC	Th	7pm	MOK.G1S1	6/26	3FB

Photography

Digital Photography

(13-Adult) There's more to photography than just using the automatic setting. Topics include your camera's controls, resolution, flash, composition, stop motion and close ups. Course includes weekly assignments with reviews. Software and printing are also covered. Any supply fee is payable to instructor at first class.

3FC 8--1 hour 55 minute lessons--\$214					
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	W	7pm	F54.GS2I	7/9	3FC
Wkfld/Moore	Th	9:30am	F54.7DQZ	7/10	3FC

Pottery

Abrakadoodle 3D Art

(6-12 yrs.) Learn to sculpt using a variety of modeling compounds and papers along with other items such as wire, wood, clay, aluminum, plastic, string in this Abrakadoodle class. We'll mold, bend, twist, and stretch while we design each three-dimensional creation. Learn about a variety of amazing artists while creating eight 3D artworks that are dynamic and creative. Supply fee payable to instructor at first class.

CFVW 6--55 minute lessons--\$141					
Location	Day	Time	Code	Begin	\$
SoRunREC	Th	6pm	EH9.OJR8	7/10	CFVW

Clay Makers

(6-12 yrs.) Learn the magic of clay by creating jewelry for mom, animals in the wild, a garden of flowers and bugs, keychain emojis or new additions to an old mug. The possibilities are endless in this Baroody Camps program. Students will use their clay craft tool kit to tackle projects to see how creative they can be. Materials are included in the price of the class.

CFVW 6--55 minute lessons--\$141					
Location	Day	Time	Code	Begin	\$
LittleRn ES	Sa	11:15am	OAQ.U9AR	6/21	CFVW
Orng Hnt ES	W	5:30pm	OAQ.JSCG	6/25	CFVW
RollVally ES	Th	5:30pm	OAQ.V6MA	6/26	CFVW

Pottery for Children

Introduction to clay and the pottery-making process using hand-building methods. Make pinch pots and learn coiling, slab work techniques, painting, glazing and firing.

CFP3 8--1 hour 25 minute lessons--\$182					
Location	Day	Time	Code	Begin	\$
(6-9 yrs.)					
Wkfld/Moore	There are		Q7L.1BJ7	7/12	CFP3
(9-12 yrs.)					
Wkfld/Moore	Sa	10:45am	AZ5.UL3F	7/12	CFP3




nextdoor

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Fine Arts and Crafts



Pottery for Teens

(13-17 yrs.) Create beautiful pots and clay forms using simple tools and the pottery wheel. Explore hand building with the three most common forms of creating hand-built pots: pinch pot, coiling, and slab techniques. Then paint, glaze and kiln fire your pieces. Bring hand tools to the first class meeting or purchase a set during class.

CFP1 8--1 hour 55 minute lessons--\$242						
Location	Day	Time	Code	Begin	\$	
Wkfld/Moore	Sa	12:45pm	D8C.BNZ2	7/12	CFP1	

Pottery I

(16-Adult) Introduction to the potter's wheel with emphasis on clay preparation, centering, firing and glazing. Attendance at first class is essential. Class fee includes 25 lbs. of clay and three hours of lab time. Bring hand tools to the first class meeting or purchase a set during class.

CFP2 8--2 hour 55 minute lessons--\$327						
Location	Day	Time	Code	Begin	\$	
Wkfld/Moore	M	1pm	A6F.DWDI	7/7	CFP2	
Wkfld/Moore	M	6pm	A6F.TSPA	7/7	CFP2	
Wkfld/Moore	T	1pm	A6F.4JPR	7/8	CFP2	
Wkfld/Moore	Th	1pm	A6F.D9TL	7/10	CFP2	
Wkfld/Moore	Th	9am	A6F.OHLB	7/10	CFP2	
Wkfld/Moore	Su	3pm	A6F.2UTS	7/13	CFP2	

Pottery II

(16-Adult) Prerequisite: Pottery I. Refine and develop your clay preparation, throwing, trimming and glazing skills. Attendance at first class is essential. Class fee includes 25 lbs. of clay and three hours of lab time. Bring hand tools to the first class meeting or purchase a set during class.

CFP2 8--2 hour 55 minute lessons--\$327						
Location	Day	Time	Code	Begin	\$	
Wkfld/Moore	T	6pm	54E.CXBY	7/8	CFP2	
Wkfld/Moore	W	6pm	54E.MGJO	7/9	CFP2	
Wkfld/Moore	W	9am	54E.4K90	7/9	CFP2	
Wkfld/Moore	Sa	3pm	54E.U5N1	7/12	CFP2	

Pottery - Handbuilding

(16-Adult) Introduction to intermediate instruction using pinch, slab and coil methods to create either functional or abstract pieces. Glazing and techniques for textures and other decorations are included. Class fee includes 25 lbs. of clay and three hours of lab time.

CFP2 8--2 hour 55 minute lessons--\$327						
Location	Day	Time	Code	Begin	\$	
Wkfld/Moore	T	9am	BE7.50WJ	7/8	CFP2	
Wkfld/Moore	Th	6pm	BE7.ARRA	7/10	CFP2	

Paper

Artistic Lettering for Journals & Art Projects

(16-Adult) Jazz up your projects, nature and travel journals with clever and beautiful lettering. Participants will experiment and create their own lettering projects. Topics covered include: design, and simple ways to create: brush pen calligraphy, illuminated capitals and creating your own decorative letters and titles. Experiment with markers, gel pen, colored pencil and watercolor letters.

3FL 2--2 hour lessons--\$46						
Location	Day	Time	Code	Begin	\$	
HiddenOaks	Sa	6/7	9:30am	ZS6.VB91	3FL	

Creative Lettering Workshop

(16-Adult) Learn creative lettering styles including cursive, decorative, free-style and typographic using pencil, micron pens, colored pencils and a nib pen. Artist Caroline Hottenstein explores lettering throughout history and assists you in making small lettering compositions.

DFAK 1--6 hour lesson--\$112						
Location	Day	Time	Code	Date	\$	
GrnSprGardn	Sa	9:30am	8E0.Ø5YU	7/12	DFAK	

Paper Quilling Greeting Cards

(8-Adult) Create beautiful greeting cards using paper quilling techniques. Quilling, also known as filigree, is

the art of coiling strips of paper rolls and then shaping them into beautiful works of art. Supply fee payable to instructor at first class.

DFAR 1--3 hour lesson--\$43						
Location	Day	Time	Code	Begin	\$	
ProvREC	Sa	2pm	4ZV.ØTPZ	6/14	DFAR	
ProvREC	Sa	2pm	4ZV.2D1B	7/26	DFAR	

Knitting & Sewing

Knitting I

(13-Adult) Master knitting basics. Students learn knitting techniques and terminology and how to choose materials.

4FG 5--1 hour 25 minute lessons--\$98						
Location	Day	Time	Code	Begin	\$	
CubRunREC	F	11:30am	8AD.M63D	7/11	4FG	

Knitting II

(13-Adult) Prerequisite: Knitting I.

4FG 5--1 hour 25 minute lessons--\$98						
Location	Day	Time	Code	Begin	\$	
CubRunREC	F	10am	FD8.WVD4	7/11	4FG	

Needle Felting Posable Mouse

(16-Adult) Needle Felting is a recent craft with a rich history. Learn to combine wool and other fibers with a wire armature to create a cute, posable mouse figure. Supplies for the project are provided as part of the class fee.

4FL 2--2 hour lessons--\$49						
Location	Day	Time	Code	Date	\$	
ColvinRunMill	Th	6:30pm	9ZF.TGYG	6/5	4FL	

Floral

Floral Design Workshop - Summer Garden Design

(16-Adult) Create a summer vase arrangement with Green Spring horticulturist Parker Jennings. Using florals from the garden, mix balance, scale, proportion and contrast to create a summer design. Please register for the program and \$45 supply fee.

RG39 1--1 hour 30 minute lesson--\$46						
Location	Day	Time	Code	Date	\$	
GrnSprGardn	Sa	10:30am	GUS.MRK6	7/26	RG39	

Ikebana Floral Design Workshop

(Adults) Discover the elegance and simplicity of Ikebana, the traditional Japanese art of flower arranging. Alice Buch, 2nd Degree Master of the Ohara School, teaches you the basic techniques and principles of Ikebana while demonstrating a Hana Isho Rising Form arrangement that you will then get to make yourself. Supplies included are a plastic container, kenzan and flowers. Participants are encouraged to bring their own flower scissors. No prior experience necessary. Register for both the class and the \$30 supply fee.

RG39 1--1 hour 30 minute lesson--\$46						
Location	Day	Time	Code	Date	\$	
GrnSprGardn	Sa	10am	3FB.WB7Ø	6/14	RG39	

Gardening

Scan the QR code to go directly to the Parktakes Online Gardening page.



Green Spring Gardens



4603 Green Spring Road, Alexandria
703-642-5173

www.fairfaxcounty.gov/parks/green-spring

Visit Green Spring Gardens for ideas and inspiration for gardening in the Washington metro area. Gardens feature trees, shrubs, vines, perennials, annuals, bulbs and vegetables that grow well in our region.

- Themed gardens
- Art exhibits
- Horticulture Center
- Library
- Event rental space
- Private garden tours
- Nature walks
- Glasshouse
- Plant Shop
- Gift Shop

To book a private garden tour, call 703-642-5173.

Cost is \$15 per person for a group of 8 to 19; \$12 per person for a group of 20 or more.

Visit the garden Gate Plant Shop and choose from a nice selection of shrubs, perennials, and ornamental grasses (many of which are native to our region). Friends of Green Spring (FROGS) receive 10% off in the plant shop. For more information, call Green Spring Gardens at 703-642-5173.

Hours and Admission:

Horticulture Center and Gift Shop open

Monday-Saturday, 9 a.m.-4:30 p.m. and Sunday, 12-4:30 p.m.

Garden Gate Plant Shop open

Monday-Saturday, 9:30 a.m.-3:30 p.m. and Sunday, 12:30-3:30 p.m.

Historic House open

Wednesday-Sunday, 12-4:30 p.m.

Park grounds open dawn to dusk daily

Annual Begonia Show and Sale

Saturday, August 30
9 a.m. - 4:30 p.m.

Sunday, August 31
12 p.m. - 3:30 p.m.

Free event

(All Ages) Feast your eyes on this free show sponsored by the Potomac branch of the American Begonia Society. Be tempted with splashes of color and shapes for homes, terrariums and greenhouses that last long after frosts have put our outdoor gardens to bed. The accompanying sale offers a wide variety of begonias, including tropical and subtropical species.



Family/All Ages

All attendees, including parents, must be registered for the program.

Garden Artists - Hummingbirds: Tiny but Tireless

(6-Adult) Hummingbirds are a beautiful treat to see in the gardens. Enjoy making a hummingbird craft. Go on a walk to spot hummingbirds and learn which flowers to plant at home to attract them.

1--1 hour program

Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	10am	H9Q.0P7D	8/23	\$10/ea.

Summer Story Time - Rainbow Vegetables

(All Ages) It's garden season and many delicious vegetables are growing and ready to eat. Listen to a story read aloud and sing songs. Then we'll taste some vegetables and paint with potatoes.

1--1 hour program

Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	10am	Q4X.TH8R	6/7	\$10/ea.

NEW! Pride Picnic in the Gardens

(All Ages) Celebrate Pride Month with a community picnic at the gardens. Bring your own food and seating and enjoy the chance to gather and connect with your family, friends and allies. Visit with site staff in the library to learn about the secret history of flowers and how they were used to communicate among the LGBTQ+ community.

Free program

Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	10am	693.FVNC	6/14	Free

Adult Programs

Backyard Composting - Principles and Best Practice

(16-Adult) Stop feeling guilty about leftover food scraps - learn how to transform your scraps, yard debris and other organic materials into nutrient-rich soil amendments for your garden. GSG staff will provide all the information you need to manage an active compost system. We'll discuss the basic principles behind the science of composting, why compost benefits the soil and the different compost bins and tools needed for successful composting. Class will begin indoors before moving out to Green Spring's Compost Station to illustrate examples of composting practices.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	10:30am	AER.EDWG	8/16	\$19/ea.

Forest Bathing Walk in the Gardens

(Adults) Experience Green Spring Gardens with all of your senses. Join Ana Ka'ahanui, co-founder of local nonprofit Capital Nature for a slow, meditative walk around the gardens. Contemplative, but more active than meditation, this forest bathing walk will help reduce blood pressure, boost immunity, and enhance mood and creativity. Decompress and feel a deeper connection with the natural world. Bring something to sit on the ground, which may be damp, and a water bottle. Dress for the weather.

1--2 hour program

Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	9:30am	Z0Y.ET8C	7/12	\$35/ea.



Volunteers Needed!



The Invasive Management Area (IMA) Volunteer Program is a community-based project designed to reduce invasive plants on our parklands.

To learn more visit
www.fairfaxcounty.gov/parks/invasive-management-area





New! Juneteenth Smudge Stick Floral Workshop

(Adults) This Juneteenth join BLK FLWR MKT, a local black woman owned business, in making a floral smudge stick – sometimes known as a smoke wand. Smudge sticks, a bundle of botanicals burned for aroma, have been used by many cultures throughout the world to cleanse and purify both physical spaces and mental energies. Learn about the specially selected herbs and flowers you will use and the historical and cultural importance they hold for Black Americans. Engage your inner-self through writing affirmations, inner-child games and blindfolded sensory activities.

1--2 hour lesson

Location	Day	Time	Code	Date	\$
GrnSprGardn	Th	11:15am	Y9W.1G1W	6/19	\$60
GrnSprGardn	Th	1:45pm	Y9W.BLY2	6/19	\$60

Summer Garden Tour

(16-Adult) Beat the heat with an early morning tour of the vibrant demonstration gardens, led by a Master Gardener Docent who will dazzle you with stunning plant combinations and tales of Green Spring past and present. Hear about our 18th century origins and our mission today. Find inspiration in our horticulturists' plant choices and garden bed designs and take their ideas home to try in your own landscape. Garden tours run rain or shine.

1--1 hour program

Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	9:30am	LXE.HYTV	6/28	\$12/ea.
GrnSprGardn	Sa	9:30am	LXE.AEWG	7/19	\$12/ea.
GrnSprGardn	Sa	9:30am	LXE.IZ7J	8/23	\$12/ea.

Top Perennials for the Summer

(Adults) Join Green Spring horticulturist Brenda Skarphol for a stroll in our summer gardens to look at some of our top perennial plants. Both native and sustainable non-native perennials will be featured, including some newer cultivars. We will see perennials thriving in a range of growing conditions, from sun

to shade and in environments that are dry, moist or periodically wet. Plant combinations and eco-friendly gardening styles will be highlighted.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
GrnSprGardn	Sa	10:30am	VW1.BX08	7/12	\$19/ea.

WATCH THE GREEN GROW in your COMMUNITY!



watch the
green
grow

Join the green movement with the Fairfax County Park Authority's Watch the Green Grow Program!

- Request Watch the Green Grow staff to come out to your community including homeowners' associations, public schools and the general public
- Dive into conservation efforts in your neighborhood and schools
- Report your green actions on the WTGG map



For more information visit
www.fairfaxcounty.gov/parks/nature-history/watch-green-grow

2025 SCHEDULE

*Buy Fresh,
Buy Local.*

WEDNESDAYS

McCutcheon/Mount Vernon Sherwood Library
April 16-November 26 • 8 a.m.-Noon
2501 Sherwood Hall Lane, Alexandria
SNAP accepted, bonus dollar program!

Oakmont Rec Center
May 7-October 29 • 8 a.m.-Noon
3200 Jermantown Road, Oakton

Wakefield • Wakefield Park
May 7-October 29 • 2-6 p.m.
8100 Braddock Road, Annandale
SNAP accepted, bonus dollar program!

THURSDAYS

Annandale • Mason District Park
May 1-November 6 • 8 a.m.-Noon
6621 Columbia Pike, Annandale
SNAP accepted, bonus dollar program!

Herndon
May 1-October 30 • 8 a.m.-Noon
700 Block of Lynn St., Herndon

FRIDAYS

McLean • Lewinsville Park
May 2-October 31* • 8 a.m.-Noon
1659 Chain Bridge Road, McLean
*Closed May 16 for McLean Day

Kingstowne
May 2-October 24 • 3-7 p.m.
5870 Kingstowne Towne Center, Alexandria

SATURDAYS

Burke • VRE Parking Lot
April 19-November 22 • 8 a.m.-Noon
5671 Roberts Parkway, Burke

Reston • Lake Anne Village Center
April 26-November 22 • 8 a.m.-Noon
1609-A Washington Plaza, Reston
SNAP accepted, bonus dollar program!

SUNDAYS

Lorton • VRE Parking Lot
May 4-November 23 • 8 a.m.-Noon
8990 Lorton Station Boulevard, Lorton
SNAP accepted, bonus dollar program!

For information and directions, visit:
www.fairfaxcounty.gov/parks/farmersmarkets
or call 703-642-0128

Golf

Scan the QR code to go directly to the Parktakes Online Golf page.



COMING SUMMER 2025! GOLF FAIRFAX GALLUS APP!

Be on the look out for notifications
when it will launch



Burke Lake Golf Center

6915 Ox Road
Fairfax Station

703-323-1641

<https://bit.ly/fcpa-blgc>

- 18-hole, par-3 course, 2,843 yards.
- Putting green and chipping area.
- Burke Lake Golf Academy group and private lessons: 703-324-9719.
- Short game holes from 90-200 yards.
- Clubhouse offers food service, clubs and golf supplies.
- Pull carts and clubs are available for rent.
- Two-level driving range with 64 hitting stations; 24 are heated and covered.



Greendale Golf Course

6700 Telegraph Road, Alexandria
703-971-3788

<https://bit.ly/greendalegc>

- 18-hole regulation, par-70 course, 6,237 yards.
- Bermuda grass fairways and several water hazards.
- Practice putting green.
- Clubhouse offers food service and golf supplies.
- Power carts, golf clubs and pull carts are available for rent.
- Private golf lessons and outing packages are available.



Jefferson District Golf Course

7900 Route 29, Falls Church
703-573-0444

<https://bit.ly/jeffersongc>

- 9-hole, par-35 executive course, 2,415 yards.
- Practice putting green and chipping area.
- Great walking course for all ages.
- Clubhouse offers food service and golf supplies.
- Pull carts and power carts are available for rent.
- Additional features: 18-hole miniature golf course, lighted basketball and tennis courts.



Laurel Hill Golf Club

8701 Laurel Crest Drive, Lorton
703-493-8849

<https://bit.ly/laurelhillgc>

- 18-hole, par-71 championship course, 7,102-yards.
- 30-station driving range.
- Putting green, chipping area and practice bunkers.
- Power carts and golf clubs are available for rent.
- Clubhouse offers food service, event catering and golf supplies.
- Instruction for all levels including juniors, through Eisman Golf Academy, call 703-919-3056.
- Classes and camps for ages 7-18 through The First Tee of Greater Washington DC, call 202-479-2588.



Oakmont Golf Center

3136 Jermantown Road
Oakton

703-255-5390

<https://bit.ly/oakmontgc>

- 9-hole, par-3 course, 1,456-yards.
- Large practice area for chipping, putting and sand shots.
- Lighted, 78-station driving range with sand bunker and grass tees.
- Covered and heated driving range stations allow for practice in all weather conditions.
- Everybody Golf School offers private and group lessons: 703-255-5396.
- Additional instruction for ages 7-18 through The First Tee: 202-479-2588.



Pinecrest Golf Course

6600 Little River Turnpike
Alexandria

703-941-1061

<https://bit.ly/pinecrestgc>

- 9-hole, par-35 executive course, 2,462 yards.
- Putting green and 10-outdoor practice nets.
- Indoor practice bays and TrackMan 4 golf simulator.
- Clubhouse offers food service and golf supplies.
- Pinecrest Golf Academy offers private and group lessons: 703-941-1061.
- Golf clubs, pull carts and power carts are available for rent.



Twin Lakes Golf Course

6201 Union Mill Road
Clifton

703-631-9099

<https://bit.ly/twin-lakes-gc>

- Two courses; two golf experiences; one location.
- The Oaks Course, 18-hole, par-71, 6,715 yards.
- The Lakes Course, 18-hole, par-72, 6,695 yards.
- Putting green, chipping area and driving range.
- Clubhouse offers food service, special event catering, clubs and golf accessories.
- Eisman Golf Academy offers private and group lessons: 703-919-3056.

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- Various packages to accommodate all your event needs

To book your next outing visit:
www.fairfaxcounty.gov/parks/golf/outings-meetings



Golfers, please note:

Cart rental and greens fees vary by site. Call the course of your choice for information. Metal golf spikes are prohibited at all Fairfax County Park Authority golf courses. Senior and Junior rate availability varies by course.

Junior Golf Fairfax

Golf Fairfax is committed to encouraging juniors, ages 5-17*, to learn, practice, play and enjoy the game. Golf is an excellent family sport that promotes good manners, builds friendships and can be enjoyed for a lifetime. Members receive discounted greens fees and range balls at all courses. Classes, camps and lessons are also available.

To learn more, call the course of your choice.

*Minimum age for course play at Greendale is six. Minimum age for course play at Laurel Hill and Twin Lakes is eight.

USGA handicap service offered

Handicap services are provided at Greendale, Jefferson, Pinecrest, Twin Lakes, Burke Lake, Oakmont and Laurel Hill golf courses. The hands-on system allows you to enter your own scores and get an updated handicap, which you receive twice monthly. The Handicap Index is computed under the USGA Handicap System. By enrolling, you are eligible to participate in Virginia State Golf Association events. Handicap services are available year-round. Contact any Park Authority golf course for more information.

**Golf Classes****Starting New at Golf (SNAG)**

(5-7 yrs.) Course covers basic golf elements in a modified form for kids. Children will use larger and more colorful clubs to increase confidence and coordination. All equipment is provided. Athletic shoes are recommended. Classes at Pinecrest are held indoors.

4GB	5--55 minute lessons--\$160				
Location	Day	Time	Code	Begin	\$
Burke Lake GC	Sa	9am	CSA.GC3E	6/7	4GB
Burke Lake GC	Sa	10am	CSA.IFG0	6/7	4GB
Pinecrest GC	Su	3pm	CSA.7BQN	7/13	4GB
Pinecrest GC	Su	4pm	CSA.ZHUU	7/13	4GB

SNAG II

(5-7 yrs.) Prerequisite: SNAG I. Students review and expand upon fundamentals learned in SNAG I using additional training aids to reinforce proper technique. All equipment is provided and athletic shoes are recommended.

4GB	5--55 minute lessons--\$160				
Location	Day	Time	Code	Begin	\$
Burke Lake GC	Sa	1pm	D71.CL90	6/7	4GB
Burke Lake GC	Sa	11am	D71.N426	6/7	4GB
Pinecrest GC	Sa	2pm	D71.84V0	7/12	4GB
Pinecrest GC	Su	2pm	D71.N4Y6	7/13	4GB

SNAG III

(5-7 yrs.) Prerequisite: SNAG II. Students apply skills learned in SNAG II while playing simulated golf holes. Lessons focus on proper club selection, swing dynamics, scoring and course etiquette. All equipment is provided and athletic shoes are recommended.

4GB	5--55 minute lessons--\$160				
Location	Day	Time	Code	Begin	\$
Burke Lake GC	Sa	2pm	19C.TQBY	6/7	4GB
Pinecrest GC	Sa	3pm	19C.4ZK9	7/12	4GB
Pinecrest GC	Su	1pm	19C.LME9	7/13	4GB

Junior Get Golf Ready I

(7-12 yrs.) This PGA-developed class introduces students to golf, focusing on fundamentals and step-by-step drills. Topics include grip, stance, target and balance. Range balls are included in the class fee and loaner clubs are available.

4GB	5--55 minute lessons--\$160				
Location	Day	Time	Code	Begin	\$
Burke Lake GC	Sa	3pm	8C0.2LXE	6/7	4GB
Burke Lake GC	Su	2pm	8C0.5BJ2	6/8	4GB
Burke Lake GC	T	5pm	8C0.1H6C	6/10	4GB
Pinecrest GC	Sa	10am	8C0.1ULS	7/12	4GB
Pinecrest GC	Su	12pm	8C0.36HN	7/13	4GB

Junior Get Golf Ready II

(7-12 yrs.) Group lessons covering additional rules, course etiquette, club grip, putting, stance and golf swing. Range balls are included in the class fee and loaner clubs are available.

4GB	5--55 minute lessons--\$160				
Location	Day	Time	Code	Begin	\$
Burke Lake GC	Sa	4pm	265.HS95	6/7	4GB
Burke Lake GC	Su	3pm	265.FOA1	6/8	4GB
Burke Lake GC	T	6pm	265.4HI2	6/10	4GB
Pinecrest GC	Su	10am	265.2Q0J	7/13	4GB

Get Golf Ready Parent/Child I

(7-17 yrs.) This course covers grip, posture, ball position, alignment, chipping, putting and full-swing fundamentals. Course orientation, etiquette, rules and basic understanding of equipment are also covered. Classes at Pinecrest are held indoors during inclement weather. Parent participates in class with registered child.

4GG	5--55 minute lessons--\$203				
Location	Day	Time	Code	Begin	\$
Burke Lake GC	Su	12pm	A60.D3NY	6/8	4GG
Burke Lake GC	Th	5pm	A60.DVEU	6/12	4GG
Pinecrest GC	Sa	11am	A60.SHGT	7/12	4GG

Join us for
golf
Fairfax
league play

**Adult Leagues**

Connect, compete and socialize

April-October

**Burke Lake, Greendale,
Jefferson, Oakmont,
Pinecrest, Twin Lakes**

Leagues

- Women's
- Senior
- Social and
- Men's
- Co-Ed
- Beginner

For more information or to join visit
www.fairfaxcounty.gov/parks/golf/leagues



Golf Fairfax is Excited to Announce

Recurring Tee Time Searches with Noteefy!

HOW IT WORKS:

SELECT FREQUENCY
Set up search for one time, daily or weekly occurrence

SET PREFERENCES
Pick preferred dates, times and number of players

GET ALERTS
Start receiving alerts for available tee times requested

Sign up in 30 seconds at fairfaxcounty.noteefy.app

Get Golf Ready Parent/Child II

(7-17 yrs.) Prerequisite: Get Golf Ready Parent/Child I. For those who want to further their golf skills through more advanced instruction while still emphasizing the basics. Range balls are included in the class fee. Loaner clubs are available.

4GG 5--55 minute lessons--\$203					
Location	Day	Time	Code	Begin	\$
Burke Lake GC	Su	1pm	BB7.5QIL	6/8	4GG
Burke Lake GC	Th	6pm	BB7.CNKX	6/8	4GG
Pinecrest GC	Sa	4pm	BB7.L08H	7/12	4GG

Get Golf Ready

(13-Adult) 이 PGA 개발 수업은 학생들에게 재미있고 친근한 환경에서 골프를 소개합니다. 수업은 기초 교육과 단계별 훈련에 중점을 둡니다. 주제는 그립, 스탠스, 타겟, 밸런스입니다. 수업은 5-55분간 연속적으로 진행됩니다. 이 수업은 주로 한국어로 진행될 것이다. This PGA-developed class introduces fundamentals to new golfers in Korean. Grip, stance, set up and ball position are taught for putting, chipping and iron play along with hitting tee shots with hybrids and woods. A basic knowledge of golf equipment is included. Range balls are included in the class fee, and loaner clubs are available. Final class may be held on the golf course.

4GB 5--55 minute lessons--\$160					
Location	Day	Time	Code	Begin	\$
Pinecrest GC	Su	9am	8FR.H356	7/13	4GB

Get Golf Ready I

(13-Adult) This PGA-developed class introduces game fundamentals to new golfers. Grip, stance,

set up and ball position are taught for putting, chipping and iron play along with hitting tee shots with hybrids and woods. A basic knowledge of golf equipment is included. Range balls are included in the class fee, and loaner clubs are available. Final class may be held on the golf course.

4GB 5--55 minute lessons--\$160					
Location	Day	Time	Code	Begin	\$
Co-ed					
Burke Lake GC	Sa	10am	AEE.543R	6/7	4GB
Burke Lake GC	Sa	11am	AEE.66NJ	6/7	4GB
Burke Lake GC	Su	10am	AEE.PHCH	6/8	4GB
Burke Lake GC	M	10am	AEE.WWQ8	6/9	4GB
Burke Lake GC	W	5pm	AEE.CCWX	6/11	4GB
Burke Lake GC	Th	9am	AEE.ML6H	6/12	4GB
Pinecrest GC	Su	11am	AEE.COGH	7/13	4GB
Ladies only					
Burke Lake GC	T	12pm	219.N0BT	6/10	4GB
Burke Lake GC	W	10am	219.PMWV	6/11	4GB

Get Golf Ready II

(13-Adult) Prerequisite: Get Golf Ready I. This course covers advanced topics for beginning golfers. Aim and alignment are introduced to putting, chipping and iron shots, and hybrids and woods are hit without a tee. Range balls are included in the class fee, and loaner clubs are available. The final class may be held on the golf course.

4GB 5--55 minute lessons--\$160					
Location	Day	Time	Code	Begin	\$
Co-ed					
Burke Lake GC	Sa	1pm	F2A.9LY6	6/7	4GB

Enrich your parks!

Burke Lake GC	Sa	12pm	F2A.RIFO	6/7	4GB
Burke Lake GC	Su	11am	F2A.SCOY	6/8	4GB
Burke Lake GC	M	11am	F2A.JOUB	6/9	4GB
Burke Lake GC	W	6pm	F2A.SD97	6/11	4GB
Burke Lake GC	Th	10am	F2A.NKYS	6/12	4GB
Pinecrest GC	Sa	1pm	F2A.POMZ	7/12	4GB
Ladies only					
Burke Lake GC	W	11am	46F.ACX2	6/11	4GB
Pinecrest GC	Sa	12pm	46F.DZC7	7/12	4GB

Golf-Long Game Lessons

(13-Adult) Course focuses on the clubs used in the long game such as irons, hybrids, fairway woods and drivers. Range balls are included in the class fee and loaner clubs are available.

4GC 4--55 minute lessons--\$134					
Location	Day	Time	Code	Begin	\$
Burke Lake GC	M	6pm	49C.PKFC	6/9	4GC

Golf-Wedge & Short Irons

(13-Adult) Course focuses on improving shots that will lower your score such as pitch shots, flop shots, 60 yards and in, as well as the distances for each shot type. Range balls are included in the class fee and loaner clubs are available.

4GC 4--55 minute lessons--\$134					
Location	Day	Time	Code	Begin	\$
Burke Lake GC	M	5pm	D23.RCUQ	6/9	4GC

**Burke Lake Golf Center****Father's Day Golf Tournament – Parent Child Family Challenge (7 yrs. +)**

Saturday, June 14, 11 a.m. (Tee time start)

\$90 per team includes lunch, complimentary range balls and push cart

Red, White & Blue Tournament (7 yrs. +)

Saturday, July 5, 8 a.m. (Tee time start)

\$90 per team, includes lunch, complimentary range balls and push cart

Junior Club Championship (7-17 yrs.)

Saturday, August 16, 8 a.m. (Tee time start)

\$45 per player, includes lunch, complimentary range balls and push cart

Jefferson Golf Course**Jefferson Cup Tournament Series: Summer Scramble (18 yrs. +)**

Saturday, June 14 • Tee times begin at 9 a.m.

\$80 per team

Modified Stableford – Jefferson Cup Tournament Series (18 yrs. +)

Saturday, July 12, Tee times begin at 9 a.m.

\$40 per player

Club Championship – Jefferson Cup Tournament Series (18 yrs. +)

Saturday, August 16, Tee times begin at 8 a.m.

\$55 per player

Pinecrest Golf Course**Red, White & Blue Tournament (7yrs. +)**

Sunday, July 13, 8 a.m. Tee time start.

\$110 per team, lunch and carts included

Junior Club Championship (7-17yrs.)

Sunday, August 10, 8 a.m. Tee time start.

\$45 per player, lunch and push carts included

Oakmont Golf Center**Summer Team Scramble (12 yrs. +)**

Saturday, June 7 • 8 a.m. Shotgun start.

\$60 per team

Junior Club Championship (7-17 yrs.)

Saturday, July 12 • 8 a.m.

\$30 per player



Challenge yourself this summer.
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To register visit www.fairfaxcounty.gov/parks/golf/tournaments



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Every Body Golf School

Teaching the game of a lifetime

Head Golf Professionals: Noel Jablonski, LPGA • George Danielson, PGA
3136 Jermantown Road • Oakton, VA 22124



Lesson Information

- **Lessons taught** by the area's most experienced team of PGA, LPGA, and USGTF professionals year round
- **Gift Certificates** are available for purchase at everybodygolf.com
- **Club fitting** available for Callaway and PXG
- **Loaner clubs** available upon request.
- Lessons conducted in **Sheltered and heated** practice bays.

Intermediate Golf For Adults

This four week class features an intermediate level review of fundamentals, and most typical golf shots. Prerequisite: Beginning Golf 2 or equivalent experience. Four- 50 minute lessons on four consecutive weeks. Fee: \$125, plus range balls.

Day	Time	Start Date
Sunday	12:05pm	June 22 OR Aug 3

Short Game Intensive

Students will work on all areas of the short game including putting, chipping and sand shots. Two 100-minute sessions. Fee: \$125, Practice balls provided

Day	Time	Start Date
Saturday	10:05am	June 14
Saturday	12:05pm	Aug 17

Oakmont 2025 Summer Schedule

Beginning Golf 1 For Adults

Students learn the basic skills needed to play golf. Grip, stance, full swing, putting, chipping, and pitching are taught, as well as etiquette and rules. Six 50-minute sessions on six consecutive weeks. Fee: \$140 plus range balls.

Day	Time	Start Date
Saturday	9:05am	June 14
Saturday	10:05am	June 14 (Ladies Only)
Monday	7:05pm	June 16
Tuesday	10:05am	June 17 (Ladies Only)
Sunday	1:05pm	July 13

Accelerated Beginning Golf 1 For Adults

Students learn the basic skills needed to play golf. Grip, stance, full swing, putting, chipping, and pitching are taught, as well as etiquette and rules. Six 50-minute sessions TWICE A WEEK ON THREE CONSECUTIVE WEEKS. Fee: \$140 plus range balls.

Day	Time	Start Date
Tues- Thurs	7:05pm	June 3 OR July 8 OR Aug 5
Sat- Sun	11:05am	June 7 OR Aug 9

Beginning Golf 2 For Adults

This class reviews golf fundamentals: grip, stance, and swing. This class also reviews various shots: fairway clubs, tee shots, and short game. PREREQUISITE: Beginning Golf 1 or equivalent experience. Fee: \$140 plus range balls.

Day	Time	Start Date
Wednesday	7:05pm	June 4
Saturday	2:05pm	June 14
Tuesday	11:05am	June 17 (Ladies Only)

Adult/Junior Beginning Golf

This class covers all the basic skills of golf including grip, stance, full swing, chipping, and putting. Rules and etiquette are also taught. A great course for any beginning adults and juniors. AGES 8 and UP. Six-50 minute lessons on 6 consecutive weeks. Class is limited to 10 students. Fee: \$140 plus range balls.

Day	Time	Start Date
Saturday	12:05pm	June 14
Sunday	4:05pm	June 15

SNAG (Starting New at Golf)

Every Body Golf School offers a child-friendly, safe, and easy method to teach basic golf skills to youngsters who have not had prior golf experience. The SNAG COACHING SYSTEM uses task-focused instruction to improve the motor skills required to play golf. Students use specifically designed equipment that will make the transition to traditional golf equipment faster and easier. Let us help your future player get on the right track! Limited to 6 students. We provide all equipment. Four 45-minute sessions. Fee: \$90

Day	Time	Start Date
Saturday	3:05pm	July 12 OR Aug 23
Sunday	3:05pm	July 13 OR Aug 24

Beginning Junior Golf

Limited to 10 students, this class is designed to help junior golfers learn the basics of the game including rules and etiquette, the short game and full swing. Four 50-minute sessions on four consecutive weeks. Fee: \$95, includes range balls.

Day	Time	Start Date
Saturday	3:05pm	June 21 OR Aug 2
Sunday	3:05pm	June 22 OR Aug 3

Beginning Teen Golf

Limited to 10 students, this class is designed to help teen golfers ages 13-17, learn the basics of the game including rules and etiquette, the short game, and the full swing. Four 50-minute lessons on four consecutive weeks. Fee: \$95 includes range balls.

Day	Time	Start Date
Sunday	2:05pm	June 22 OR Aug 3

Intermediate Junior Golf

This four-week class is designed for the young golfer who has taken our basic junior program. This class will be limited to 8 students to allow the instructor to work more closely with each child on specific, individual needs. Four 50-minute sessions on four consecutive weeks. Fee: \$110 includes range balls.

Day	Time	Start Date
Saturday	1:05pm	June 21 OR Aug 2

- Two easy ways to register: Online at www.everybodygolf.com or by phone at 703-255-5396.

History

Scan the QR code to go directly to the Parktakes Online History page.



Colvin Run Mill Historic Site

10017 Colvin Run Road • Great Falls
703-759-2771

www.fairfaxcounty.gov/parks/colvinrunmill

Now a beautiful, wooded park, Colvin Run Mill Historic Site preserves and interprets Fairfax County's agricultural and industrial history. The buildings here were the center of the Colvin Run community throughout the 19th and early 20th centuries. The water-powered Colvin Run Mill was essential to the local farming community and the Colvin Run General Store was where people shopped, gathered, and conducted business.

- Take a self-guided walk and see Colvin Run Mill's exterior, including the 20-foot waterwheel
- Join a docent-guided Mill Tour to explore this still-operational example of early American mass production
- Family-friendly Discovery Baskets
- Visit the 200-year-old Miller's House and replanted gardens to experience 1800s home life
- Shop in the c. 1910 Colvin Run General Store, where you can see exhibits, purchase CRM-ground grains and other gift items
- Recreational and educational activities for all ages
- Thematic tours, classes, camps, school programs and special events
- On the National Register of Historic Places and the Virginia Landmark Register

Hours and Admission

General Store and Miller's House Please visit the website for hours of operation.



To learn more, visit
www.fairfaxcounty.gov/parks/wonder-wagon



Ellanor C. Lawrence Park and Walney Visitor Center

5040 Walney Road • Chantilly
703-631-0013

www.fairfaxcounty.gov/parks/eclawrence

The Walney Visitor Center features natural and cultural exhibits and a hands-on area to introduce the public to the past farmland and present parkland.

- Historic structures and foundations: dairy foundation, spring house, icehouse foundation and smokehouse
- Gardens
- Kid-friendly red wagon sandboxes
- Self-guided historic grounds tour

Hours

Please visit the website for hours of operation. Programs meet at the Walney Visitor Center unless otherwise noted. Grounds open dawn to dusk.

Historic Green Spring



4603 Green Spring Road • Alexandria
703-941-7987

www.fairfaxcounty.gov/parks/green-spring/historic-house

Families occupied the 1784 Historic House until the mid-20th century when Green Spring became a public garden. Features include:

- Historic House and garden
- Lectures
- English tea programs
- Tasting parties
- Workshops
- Changing art exhibits
- Historic photo exhibit and informational videos
- On the National Register of Historic Places
- Listed on the Virginia Landmarks Register
- Tea-themed items for purchase

Hours and Admission

Please visit the website for hours of operation.



Historic Huntley

6918 Harrison Lane • Alexandria
703-768-2525

www.fairfaxcounty.gov/parks/historic-huntley

The Huntley Villa, built circa 1825 and connected to the Mason family, is listed on the National Register of Historic Places and the Virginia Landmark's Register. Historic Huntley is a three-acre park containing the Federal style villa, a brick privy, an icehouse, root cellar, an additional residence and cultural landscape features. The grounds at Historic Huntley are open dawn to dusk from March through November.

Huntley Meadows Park

3701 Lockheed Blvd. • Alexandria
703-768-2525

www.fairfaxcounty.gov/parks/huntley-meadows



Sully Historic Site

3650 Historic Sully Way • Chantilly
703-437-1794

www.fairfaxcounty.gov/parks/sully

The 1794 home of Northern Virginia's first congressman, Richard Bland Lee, combines aspects of Georgian and Federal architecture. Guided tours highlight the early 19th century Lee family, the enslaved community, and other families who lived here before it became a park in 1959. Features include:

- Historic House
- Original outbuildings
- Reconstructed home of enslaved residents
- Heirloom garden
- Accredited by American Alliance of Museums
- On the National Register of Historic Places and the Virginia Landmark Register
- Listed on the Virginia Civil Wars Trail
- Part of the Underground Railroad Network to Freedom

Hours and Admission

Please visit the website for hours of operation.

Family/All Ages

Child must be accompanied by an adult also registered in the program.

Discover Cain's Branch Trail

(6-Adult) Hike the trail and learn about the history of abandoned sites hidden from most visitor's view. Follow trails of forested areas and Cain's Branch waterway to learn about the life of early inhabitants who made Sully their home. This outdoor guided program does involve some walking over uneven terrain and along trails. Program is held weather permitting.

1--1 hour program

Location	Day	Time	Code	Date	\$
Sully	Su	1pm	ZNR.NYC8	7/6	\$10/ea.
Sully	Su	1pm	ZNR.71VW	8/24	\$10/ea.

**Dairy Days - Ice Cream Making & Butter**

(5-Adult) Churn butter, crank ice cream, and experience the products of a historic dairy. Come visit and learn more about the importance of dairy farms in Fairfax County's past. Children must be accompanied by an adult.

1--1 hour program

Location	Day	Time	Code	Date	\$
Sully	Su	2pm	851.P8PT	7/27	\$10/ea.
Sully	Su	2pm	851.DY90	8/17	\$10/ea.

Ice Cream and Games at the Mill

(3-Adult) Enjoy a summer afternoon like the miller's family did in the 1800s. Churn and Eat ice cream. Play with historic games and toys, then make a toy to take home.

1--1 hour program

Location	Day	Time	Code	Date	\$
ColvinRunMill	Su	12:30pm	GRG.D4S6	6/22	\$10/ea.
ColvinRunMill	Su	2pm	GRG.G6XA	6/22	\$10/ea.
ColvinRunMill	Sa	12:30pm	GRG.BCF0	8/9	\$10/ea.
ColvinRunMill	Sa	2pm	GRG.DV3P	8/9	\$10/ea.

Ice Cream at Historic Huntley

(All Ages) Make and enjoy hand-cranked ice cream as Huntley's Harris family may have done. Discover how the histories of ice cream and Huntley follow a similar path from elite luxury to family fare. Ice well and Historic Huntley House tour included.

1--1 hour program

Location	Day	Time	Code	Date	\$
HistHuntley	F	2pm	633.CAI9	6/6	\$10/ea.
HistHuntley	Sa	2pm	633.OYDU	6/14	\$10/ea.

Making Ice & Ice Cream at Walney

(4-Adult) Crank ice cream as you discover how ice was harvested and stored in this 19th century farm. Try using ice tongs. Children must be accompanied registered adult.

1--1 hour program

Location	Day	Time	Code	Date	\$
ECLawrencePk	Su	2pm	AC3.QDE7	7/20	\$10/ea.

**Father's Day Mill in Motion**

(All Ages) Bring Dad or Grandad out to see and hear 19th century technology at work. The miller will be grinding, conditions permitting. Please call the site to confirm. Free admission for Fathers and Grandfathers.

1--3 hour program

Location	Day	Time	Code	Date	\$
ColvinRunMill	Su	12pm	XX0.Q6LM	6/15	\$10/ea.

Mill in Motion

(4-Adult) Explore Colvin Run Mill to see how it operated in 1811. Hear and feel the Mill grinding grain. Learn about Oliver Evans and his first US patents that revolutionized food production. Try your hands at simple machines. Visit the 19th century Miller's House and stop by Colvin Run General Store to purchase our ground grain.

1--2 hour program

Location	Day	Time	Code	Date	\$
ColvinRunMill	Su	12pm	9NY.RX7I	6/1	\$12/ea.
ColvinRunMill	Su	12pm	9NY.VLL1	7/6	\$12/ea.
ColvinRunMill	Su	12pm	9NY.10S9	7/20	\$12/ea.
ColvinRunMill	Su	12pm	9NY.4BPC	8/3	\$12/ea.
ColvinRunMill	Su	12pm	9NY.0QLF	8/17	\$12/ea.



Juneteenth

celebrate freedom



Exploring Our Historic Meeting House & Grounds
Saturday, June 21 • 10 a.m.-2 p.m.
Free tour
Frying Pan Farm Park
Registration Recommended

- Uncover stories of free and enslaved African Americans
- Learn how Black congregants fought for greater freedoms
- Explore how they built a thriving community after emancipation
- Join tours through of the church, grounds and former Lee house site

Juneteenth Celebration
Wednesday, June 19 • 10 a.m.-2 p.m.
Free event
Sully Historic Site
Registration Recommended

- Honor emancipation with an engaging and educational celebration
- Experience powerful storytelling and interactive family activities
- Enjoy delicious food and guided historic site tour



Visit www.fairfaxcounty.gov/parks/topics/juneteenth for more information



Movie at the Mill - White Rabbit Tea Party

(3-Adult) Bring your child to the mill and celebrate summer with this white rabbit themed tea party. You'll enjoy tea, savory and sweet treats, crafts and 19th century games. Free film screening following tea service. Children must be accompanied by a registered adult.

1--2 hour program

Location	Day	Time	Code	Date	\$
ColvinRunMill	Sa	2pm	ONW.GCXX	8/16	\$15/ea.

Picnic in the Park

(3-Adult) Celebrate National Ice Cream Day. Bring a picnic dinner to your local park to enjoy with your family and friends. Play games and make ice cream.

1--2 hour program

Location	Day	Time	Code	Date	\$
ColvinRunMill	Su	4pm	3H2.NF3N	7/20	\$8/ea.

The Civil War at Sully

(6-Adult) Discover more about the turbulent history and importance of Sully and Fairfax County during the Civil War. Tour the historic site and learn about the different figures who experienced the war at Sully. Hear about Maria Barlow, who encountered and dealt with troops on both sides. Gain a better understanding of the effects the war had on Fairfax County and why it matters today.

1--1 hour program

Location	Day	Time	Code	Date	\$
Sully	Su	1pm	YAN.FOAB	7/13	\$10/ea.
Sully	Su	1pm	YAN.MFV1	8/31	\$10/ea.

Teen/Adult Programs

Remembrance - Enslaved Lives at Sully

(12-Adult) Learn about the lives and legacy of the people enslaved at Sully Historic Site from the 1700s to the Civil War. Discover the importance of historic preservation and the power of place in sharing these individuals' stories. This tour includes a walk into the original outbuildings, main house and representative housing for the enslaved. Sully is on the National Register of Historic Places and is part of the National Park Service Underground Railroad Network to Freedom. The tour is held weather permitting.

1--1 hour program

Location	Day	Time	Code	Date	\$
Sully	Su	1pm	UNQ.U9T3	6/29	\$10/ea.
Sully	Su	1pm	UNQ.D9KC	7/20	\$10/ea.
Sully	Su	1pm	UNQ.44JO	8/10	\$10/ea.

Remembering Metilda - Growing Up Enslaved

(14-Adult) Come learn about Metilda, an enslaved 14-year old girl who came to live at Colvin Run Mill. Discuss her life at the mill and the house. Examine what history tells us about the lives of enslaved children, their work, and their families.

1--1 hour program

Location	Day	Time	Code	Date	\$
ColvinRunMill	Sa	3pm	Z09.W9YT	6/21	\$10/ea.
ColvinRunMill	F	6pm	Z09.DJJ2	7/11	\$10/ea.



nextdoor



Follow us at fairfaxparks

Historic Green Spring Tea Programs

A traditional British afternoon tea served in the Historic House follows each tea program. Full tea includes finger sandwiches, pastries, and scone with cream and jam. Programs are by reservation only. Call 703-941-7987, TTY 703-324-3988. Tea program cancellation policy: Full refund will be issued up to two weeks prior to event. Thereafter, a \$15 cancellation fee will apply to each reservation. No refund can be given within 72 hours (3 working days) of a tea.



Clara Barton, Red Cross Angel

Sunday, June 8 • 1-3:30 p.m.

\$52 (program + tea); \$25 (program only)

(Adults) Award-winning actress and Smithsonian scholar Mary Ann Jung performs as Clara Barton, who faced bullying and bullets to save lives as a Civil War nurse. Discover how Clara created The Missing Soldiers Office and the American Red Cross in an interactive performance that reveals her struggles and accomplishments and inspires all of us to "Never Give Up!"

Garden Tour & Tea

Thursday, June 12 • 1-3 p.m.

\$42 (tour + tea)

(Adults) Tour the glorious demonstration gardens with master gardener docents. Hear about Green Spring's fascinating history, our educational mission today and how we can help your summer gardens grow!

Matchmaker, Matchmaker

Sunday, June 22 • 1-3pm

\$42 (lecture + tea); \$18 (lecture only)

(Adults) June is for weddings. Explore the many ways that people have found their mates throughout history, from the ancient roles of matchmakers to the emergence of marriage markets and the origins of "dating." Discover why June is historically the most popular month for marriage.

What a Coincidence!

Sunday, July 6 • 1-3 p.m.

\$42 (lecture + tea); \$18 (lecture only)

(Adults) Mark Twain was born on the day Halley's Comet visited in 1835 and died on the day of its return in 1910. What are the odds? Hear theories on why coincidences happen and what they mean. Discover some of the most remarkable known coincidences and chance events in human history.

Green Spring Past and Present

Sunday, July 27 • 1-3 p.m.

\$42 (lecture + tea); \$18 (lecture only)

(Adults) Learn about Green Spring's 18th century origins, its early owners and the enslaved people who once lived and toiled here. Hear fascinating stories of past residents of the 1784 Historic House and discover how Green Spring became a horticultural and historical resource for visitors today.

Gluten-Free Tea and Tattle

Sunday, August 10 • 1-3 p.m.

\$50 (lecture + tea); \$18 (lecture only)

(Adults) Rumor, hearsay, scuttlebutt, scandal. Gossip is widely condemned yet sometimes considered a positive force in society. Hear all about the origins and changing definitions of gossip, how people have "dished" hilariously through the ages, and why gossiping was once considered synonymous with tea-drinking! Please note: All tea food for this afternoon tea will be made with no gluten-containing ingredients but cross-contamination is possible.

The Origin of Manners

Sunday, August 31 • 1-3 p.m.

\$42 (lecture + tea); \$18 (lecture only)

(Adults) Concepts of courtesy and good manners have defined cultures through the ages and made social interaction run smoothly. Learn how manners have changed from medieval times to the Victorian era to the present day and consider the differences between "good manners" and "etiquette."

Historic Tours

Colvin Run Mill Tour

Saturdays & Sundays, June-August

11 a.m., 12 p.m., 1 p.m. & 2 p.m.

\$10 per person,

\$8 Seniors/Students/Children (5-15 yrs.)

1 hour tour, Reservations Recommended

(All Ages) Enjoy a tour of historic Colvin Run Mill built c.1811. The Mill is a tribute to industrial and mechanical innovation, and to the working people who made it happen. Learn the importance of the Mill for the surrounding community. Explore why our operational, water-powered gristmill is a prime example of how people, technology, and society rely upon each other for survival and success. You will see how the miller continues to make flour and cornmeal today. The tour covers the main grinding floor and the basement, including the gear pit. This tour is ADA compliant. Private tours available upon request. Please contact the site for details. Grain products ground at the Mill are available for purchase in our General Store year round. Individual tour tickets available at Parktakes online.

Historic Huntley House Tour

Saturdays, June-August

10:30 a.m. & 12 p.m.

\$10 per adult,

\$8 Seniors/Students/Children (5-15 yrs.)

1-hour tour, Reservations Recommended

(All Ages) Discover a view for all time during a tour of Historic Huntley. The view from Huntley is not singular, here we have many vistas, voices, and stories. Many of these stories reflect the American quest for freedom. The tour includes the unfurnished late Federal style 1825 villa, farm out-buildings, stories from the Huntley community, and an unparalleled view of the Hybla Valley. The short walk to the villa proceeds up a steep hill, an ADA compliant cart is available on request (please contact us in advance). Private tours are available upon request. Please contact the site for details. Individual tickets are available at Parktakes online.

Sully Historic Site Tour

Thursday-Sunday

11:30 a.m., 1 p.m. & 2:30 p.m.

\$10 per adult,

\$8 Seniors/Students/Children (5-15 yrs.)

45-minute tour, Reservations Recommended

(All Ages) Learn about the history and importance of Sully Historic Site. Explore the lives of the people who lived and worked at this site from the 1700s to the 1950s. This guided tour covers the housing of enslaved people, the 1794 Sully house, the kitchen, the laundry, and other historic structures. Private tours available upon request. Please contact the site for details. Individual tickets are available at Parktakes online.



Belong to a Homeschool Group?

Turn to parks for field trip and SOL-based programs.

Visit www.fairfaxcounty.gov/parks/parktakes and search "Homeschool"



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call 703-324-8700 or email

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- Earth-Friendly Vendors
- Craft Beer Garden & Tasty Festival Fare
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- Local Bands and Entertainment
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Parking \$10 per car

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90 WUSA

Ice Skating

Scan the QR code to go directly to the Parktakes Online Ice Skating page.



Ice skating classes:

- Offered at Mount Vernon Ice Arena at Mount Vernon Rec Center and at Fairfax Ice Arena.
- Students should report 15 minutes before class and be ready to go on the ice at class time.
- Prior to the first class, students should attend a public session to become accustomed to the ice and to determine proper skate fitting.
- Recommended clothing is a sweater or jacket, knit hat, gloves or mittens and warm, comfortable slacks.
- Ice skating classes include free admission to public skating sessions equal to the number of classes. All group-lesson students are entitled to free rental skates for use during lessons and practice sessions.
- Although there are no equipment requirements except as noted in Hockey 1 and up, head protection (hockey or biking helmets), knee and elbow protection are strongly recommended.



WHICH LEVEL IS RIGHT FOR ME?

Two different instructional progressions are used for lessons, USFSA (Skate with US – Snowplow Sam, Basic, Freestyle, Adult) and ISI (Ice Skating Institute – Tot, Pre-Alpha, Alpha, Beta). The Park Authority offers the full progression of classes for USFSA and the ISI introductory-level classes for each age group. *Students in one progression may change to the other progression at the appropriate skating level by using the chart below. Consult the course descriptions for more information.

USFSA	Ages	ISI
Snowplow Sam 1	3-6 yrs.	Tot 1 or 2 (4-6 yrs.)
Snowplow Sam 2	3-6 yrs	*
Snowplow Sam 3	3-6 yrs	*
Basic 1	6-13 yrs.	Pre-Alpha (7-13 yrs.)
Basic 2	6-13 yrs.	*
Basic 3	6-13 yrs.	*
Basic 4	6-13 yrs.	*
Basic 5	6-13 yrs.	*
Basic 6	6-13 yrs.	*
Basic 7	7-13 yrs.	*
Basic 8	6-Adult	*
Adult 1	14-Adult	Pre-Alpha Adult
Adult 2	14-Adult	*
Adult 3	14-Adult	*
Adult 4	14-Adult	*

Skating Tots/Preschool

Mom or Dad and Me

(3-5 yrs.) This class helps students develop preliminary coordination and strength necessary for ice skating. The skills are like those in Snowplow Sam 1 except that adults and children stay together on the ice for the whole class. Each participating adult must be able to skate without assistance to help the student in the learning process; this is not a learn-to-skate class for the adult. Skating skills include falling safely, marching in place, marching forward, marching then gliding on two feet, dipping in place and other skills geared toward balance, movement and coordination. Helmets are required.

4IA 6--30 minute lessons--\$148
4IH 3--30 minute lessons--\$75

Location	Day	Time	Code	Begin	\$
MtVernREC	Sa	11:45am	EB9.E5BX	6/7	4IH
MtVernREC	Sa	10:35am	EB9.4E1P	6/7	4IH
MtVernREC	Sa	10:35am	EB9.VJU1	7/12	4IA
MtVernREC	Sa	11:45am	EB9.WERV	7/12	4IA
MtVernREC	Su	12:10pm	EB9.WZ8W	7/13	4IA

Doing More with Specialists

The Park Authority contracts with specialists in different areas to offer a broad range of programs and times to skate. Service partners who rent the ice at the Mount Vernon Rec Center include

- Youth and Adult Hockey Leagues/Clubs
- Adult drop-in hockey
- Figure Skating Clubs
- Special Olympics

A list of these organizations is available online:
www.fairfaxcounty.gov/parks/recenter/mount-vernon/ice-arena.

Snowplow Sam 1

This class helps students develop preliminary coordination and strength necessary for ice skating. Students must be able to work in a group setting without direct parental supervision and be able to listen to and follow instructions. Skating skills include falling safely, marching in place, marching forward, marching then gliding on two feet, dipping in place and other skills geared towards balance, movement and coordination. Helmets are required.

4IA 6--30 minute lessons--\$148

Location	Day	Time	Code	Begin	\$
(3-5 yrs.)					
MtVernREC	M	4:30pm	9BB.PVEE	7/7	4IA
MtVernREC	Sa	11:10am	9BB.HM9Z	7/12	4IA
MtVernREC	Sa	11:45am	9BB.49L5	7/12	4IA
MtVernREC	Su	11:35am	9BB.4X3E	7/13	4IA

Snowplow Sam 2

(3-5 yrs.) This class delves further into ice skating skills learned in Snowplow Sam 1. Skating skills

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include march followed by a long glide, dip while moving, backward walking, backward wiggles, forward swizzle, beginning snowplow stop motion in place or holding onto barrier, two-foot hop in place and other skills geared toward balance, movement and coordination. Prerequisite: Snowplow Sam 1 or Tot 1. Helmets are required.

4IA 6--30 minute lessons--\$148

Location	Day	Time	Code	Begin	\$
MtVernREC	M	4:30pm	800.ZKJG	7/7	4IA
MtVernREC	Sa	10:35am	800.MYLZ	7/12	4IA
MtVernREC	Sa	11:45am	800.SV41	7/12	4IA
MtVernREC	Su	11:35am	800.LWQN	7/13	4IA

Snowplow Sam 3

(3-5 yrs.) This class emphasizes ice skating skills learned in Sam 1 and 2 and teaches students basic ice-skating elements. Skills include forward skating, forward one-foot glide, forward swizzles, backward swizzles, moving forward snowplow stop, curves and other skills geared toward balance, movement and coordination. Prerequisite: Snowplow Sam 2. Helmets are required.

4IA 6--30 minute lessons--\$148

Location	Day	Time	Code	Begin	\$
MtVernREC	M	5pm	C1B.G7IZ	7/7	4IA
MtVernREC	Sa	11:10am	C1B.R644	7/12	4IA
MtVernREC	Sa	11:45am	C1B.B2LL	7/12	4IA
MtVernREC	Su	12:10pm	C1B.4E8A	7/13	4IA

Beginning Skating – Youth

Basic

For students who have never skated before, this class helps develop preliminary coordination and strength necessary for ice skating. Students learn basic elements including falling safely, sitting on ice and standing up, marching in place, marching forward across the ice, marching then gliding on two feet, forward two-foot glide, dipping in place, forward swizzles, backward wiggles and other skills geared toward balance, movement and coordination. Helmets are required.

4IA 6--30 minute lessons--\$148

Location	Day	Time	Code	Begin	\$
(6-13 yrs.)					
MtVernREC	M	4:30pm	FBC.8B02	7/7	4IA
MtVernREC	M	4:30pm	FBC.M59R	7/7	4IA
MtVernREC	Sa	10am	FBC.UXPW	7/12	4IA
MtVernREC	Sa	10:35am	FBC.3RYC	7/12	4IA
MtVernREC	Sa	11:10am	FBC.LXM8	7/12	4IA
MtVernREC	Sa	11:45am	FBC.V63A	7/12	4IA
MtVernREC	Su	11am	FBC.KLB6	7/13	4IA
MtVernREC	Su	11:35am	FBC.3CEU	7/13	4IA
MtVernREC	Su	12:10pm	FBC.8SWK	7/13	4IA

Basic 1 Advanced

(6-13 yrs.) For students with some ice skating ability who have had no organized skating instruction or for those who wish to repeat Basic 1. Students continue to learn basic elements which provide a solid foundation for advanced skills. Class is adjusted based on participants' skill level. Skills include falling safely, sitting on ice and standing up, marching in place, marching forward across the ice, marching then gliding on two feet, forward two-foot glide, dipping in place, forward swizzles, backward wiggles and other skills geared toward balance, movement and coordination.

4IA 6--30 minute lessons--\$148

Location	Day	Time	Code	Begin	\$
MtVernREC	Sa	10:35am	B6D.SHRU	7/12	4IA
MtVernREC	Sa	11:45am	B6D.MARB	7/12	4IA
MtVernREC	Su	11am	B6D.637G	7/13	4IA
MtVernREC	Su	12:10pm	B6D.XQWA	7/13	4IA

Basic 2

(6-13 yrs.) This class concentrates on elements designed to make the skater comfortable gliding on one foot, skating backward and turning from forward to backward on two feet. Skating skills include scooter pushes, forward one-foot glides, backward two-foot glide, rocking horse, backward swizzles, two-foot turns from forward to backward in place moving snowplow stop and other ice skating skills geared toward balance, movement and coordination. Prerequisite: Basic 1.

4IA 6--30 minute lessons--\$148

Location	Day	Time	Code	Begin	\$
MtVernREC	M	4:30pm	291.P0Q8	7/7	4IA
MtVernREC	Sa	10am	291.43HA	7/12	4IA
MtVernREC	Sa	11:10am	291.YYKU	7/12	4IA
MtVernREC	Su	11am	291.RG8Y	7/13	4IA
MtVernREC	Su	12:10pm	291.T844	7/13	4IA

Basic 3

(6-13 yrs.) Skaters continue working on ice skating skills including beginning forward stroking showing correct use of blade, forward half swizzle pumps on a circle, moving forward to backward two-foot turns on a circle, beginning backward one-foot glides, backward snowplow stop, forward slalom and other skills geared toward balance, movement and coordination. Prerequisite: Basic 2.

4IA 6--30 minute lessons--\$148

Location	Day	Time	Code	Begin	\$
MtVernREC	M	5:30pm	63A.L2AC	7/7	4IA
MtVernREC	Sa	10am	63A.J5EV	7/12	4IA
MtVernREC	Sa	11:10am	63A.AR7V	7/12	4IA
MtVernREC	Su	11am	63A.HUZH	7/13	4IA

Beginning Skating – Teens/Adults

Adult Introductory Skating

(14-Adult) This class, for students who have never skated before, develops preliminary coordination and strength necessary for ice skating. Students learn basic skills such as falling safely, sitting on the ice and standing up, marching in place, marching forward across the ice, marching then gliding on two feet, forward two-foot glide, dip in place, forward swizzles, backward wiggles and

other skills geared toward balance, movement and coordination.

4IA 6--30 minute lessons--\$148

Location	Day	Time	Code	Begin	\$
MtVernREC	M	7:45pm	C06.H33V	7/7	4IA
MtVernREC	Sa	10am	C06.XCXS	7/12	4IA
MtVernREC	Su	11:35am	C06.PSQ7	7/13	4IA

Adult 1

(14-Adult) For students with some skating ability who have had no organized skating instruction. This class helps students develop preliminary coordination and strength necessary for ice skating. Students learn basic skills such as falling and recovery, forward marching, forward two-foot glide, forward swizzles, one forward swizzle/one backward swizzle, dip and other skills geared toward balance, movement and coordination.

4IG 4--30 minute lessons--\$99

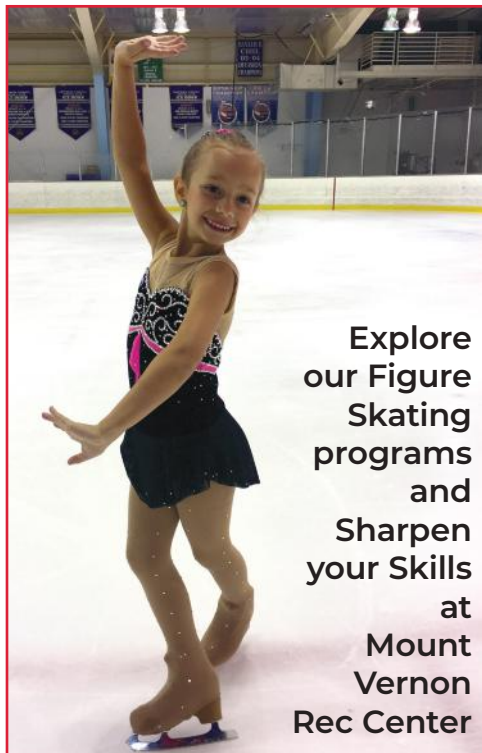
Location	Day	Time	Code	Begin	\$
MtVernREC	M	7:45pm	AA1.PJM4	7/7	4IA
MtVernREC	Sa	10am	AA1.KNYB	7/12	4IA
MtVernREC	Sa	11:45am	AA1.SZQP	7/12	4IA
MtVernREC	Su	11:35am	AA1.JYZY	7/13	4IA

Adult 2

(14-Adult) Skaters concentrate on forward skating across the width of the ice, forward one-foot glides, forward slalom, backward skating, backward swizzles, two-foot turns in place and other ice skating skills geared toward balance, movement and coordination. Prerequisite: Adult 1.

4IA 6--30 minute lessons--\$148

Location	Day	Time	Code	Begin	\$
MtVernREC	M	8:15pm	5B4.7C6E	7/7	4IA
MtVernREC	Sa	11:10am	5B4.9UJW	7/12	4IA
MtVernREC	Su	12:10pm	5B4.K8U4	7/13	4IA



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Ice Skating



Adult 3
(14-Adult) Students concentrate on forward stroking using the blade properly, forward half-swizzle pumps on the circle, moving forward to backward and backward to forward two-foot turn on a circle, backward skating into a long two-foot glide, forward chasses on a circle, backward snowplow stop and other skills geared toward balance, movement and coordination. Prerequisite: Adult 2.

4IA 6--30 minute lessons--\$148						
Location	Day	Time	Code	Begin	\$	
MtVernREC	M	8:15pm	B42.DUNC	7/7	4IA	
MtVernREC	Sa	11:10am	B42.MCCV	7/12	4IA	

Intermediate Skating – Youth

Basic 4
(6-13 yrs.) Students focus on skills including skating on the proper outside and inside edges, forward crossovers, backward half swizzle pumps on a circle, backward one-foot glides, beginning two-foot spin and other ice skating skills geared toward balance, movement and coordination. Prerequisite: Basic 3.

4IA 6--30 minute lessons--\$148						
Location	Day	Time	Code	Begin	\$	
MtVernREC	M	5:30pm	98F.VKFO	7/7	4IA	
MtVernREC	Sa	10:35am	98F.SDXT	7/12	4IA	
MtVernREC	Su	11am	98F.8QBJ	7/13	4IA	
MtVernREC	M	5pm	681.5RJ5	7/7	4IA	
MtVernREC	Sa	10:35am	681.RC8R	7/12	4IA	
MtVernREC	Su	10:35am	681.CXET	7/13	4IA	

Basic 6
(6-13 yrs.) Skills include forward inside three-turn, moving backward to forward two-foot turn on a circle, backward stroking, beginning one-foot spin with optional free leg position and entry,

T-stops, bunny hop, forward spiral on a straight line and other ice skating skills geared toward balance, movement and coordination. Prerequisite: Basic 5.

4IA 6--30 minute lessons--\$148						
Location	Day	Time	Code	Begin	\$	
MtVernREC	M	5:30pm	4C4.EGfy	7/7	4IA	
MtVernREC	Sa	10am	4C4.LWC8	7/12	4IA	
MtVernREC	Su	11:35am	4C4.2MSQ	7/13	4IA	

Advanced Skating – All Levels

Intro to Free Skate
(6-Adult) This class prepares skaters to advance into specialized ice skating areas. Skills include forward inside open mohawk from a standstill position, backward crossovers to a backward outside edge glides, backward outside edge to a forward outside edge transition, two forward crossovers into a forward inside mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, one-foot upright spin and other skills geared toward balance, movement and coordination. Prerequisite: Basic 6.

4IA 6--30 minute lessons--\$148						
Location	Day	Time	Code	Begin	\$	
MtVernREC	M	5:30pm	381.7ZCD	7/7	4IA	
MtVernREC	Sa	10am	381.TPFW	7/12	4IA	
MtVernREC	Su	11:35am	381.69ZL	7/13	4IA	



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geared toward balance, movement and coordination. Prerequisite: Intro to Free Skate.

4IA 6--30 minute lessons--\$148						
Location	Day	Time	Code	Begin	\$	
MtVernREC	M	4:30pm	37E.N5YN	7/7	4IA	
MtVernREC	Sa	10am	37E.Z6P2	7/12	4IA	
MtVernREC	Su	11am	37E.G5ZB	7/13	4IA	

Free Skate 2
(6-Adult) This class focuses on alternating forward outside and inside spirals on a continuous axis, basic backward outside and backward inside consecutive edges, backward inside three-turns, beginning back spin, half Lutz, salchow and other ice skating skills geared toward balance, movement and coordination. Prerequisite: Free Skate 1.

4IA 6--30 minute lessons--\$148						
Location	Day	Time	Code	Begin	\$	
MtVernREC	M	5pm	087.L67S	7/7	4IA	
MtVernREC	Sa	10am	087.3SYC	7/12	4IA	

Free Skate 3
(6-Adult) This class focuses on alternating backward crossovers to back outside edges, alternating mohawk/crossover sequence, waltz three-turns, advanced back spin with free foot in crossed leg position, loop jump, waltz jump-toe loop or salchow-toe loop combination and other ice skating skills geared toward balance, movement and coordination. Prerequisite: Free Skate 2.

4IA 6--30 minute lessons--\$148						
Location	Day	Time	Code	Begin	\$	
MtVernREC	Sa	10:35am	4F3.2552	7/9	4IA	

Free Skate 4
(6-Adult) This class focuses on forward power three-turns, waltz eight, forward upright spin to backward upright spin, sit spin, half loop, flip and other skills geared toward balance, movement and coordination. Prerequisite: Free Skate 3.

4IA 6--30 minute lessons--\$148						
Location	Day	Time	Code	Begin	\$	
MtVernREC	Sa	10:30am	3E7.D7X7	7/12	4IA	

MEET SCOTT GARLAND,
MOUNT VERNON REC CENTER'S
ICE DIRECTOR



Scott's Park Authority career spans over 25 years at three different Rec Centers, with 15 plus years as Mount Vernon Rec Center's Ice Operations Manager. He accepted the Ice Director position in 2024 to take on the new challenges of adding the second skating rink.

"Can't wait to see people skating on our ice again," Scott says.

Hockey – All Ages**Introduction to Hockey**

(6-Adult) For students who have never played ice hockey before. This class helps students develop the preliminary coordination and strength necessary for hockey. Students learn basic elements which provide a solid foundation for more advanced skills. Students need hockey skates, hockey gloves and a helmet. Prerequisite: Snowplow Sam 3 or Basic 2.

41A 6--30 minute lessons--\$148

Location	Day	Time	Code	Begin	\$
MtVernREC	M	7:45pm	5D3.1YUX	7/7	41A
MtVernREC	Sa	11:45am	5D3.4C8X	7/12	41A
MtVernREC	Su	12:10pm	5D3.SAP4	7/13	41A

Hockey 1

(6-Adult) This class focuses on ice hockey fundamentals including proper balance and correct hockey skating technique. Students need hockey skates, hockey gloves, a helmet and a correctly sized stick. Prerequisite: Introduction to Hockey.

41A 6--30 minute lessons--\$148

Location	Day	Time	Code	Begin	\$
MtVernREC	M	4:30pm	BBE.S6CB	7/7	41A
MtVernREC	M	7:45pm	BBE.4CTS	7/7	41A
MtVernREC	M	8:15pm	BBE.N3NB	7/7	41A
MtVernREC	Sa	11:10am	BBE.2TPT	7/12	41A
MtVernREC	Su	12:10pm	BBE.ZLUN	7/13	41A



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Hockey 2

(6-Adult) This class continues to focus on hockey fundamentals with skills such as forward strides using 45 degree v-push, forward one-foot push and glide, forward c-cuts single leg and alternating feet in a straight line, backward hustle or march, backward swizzles/double c-cuts, backward c-cuts single leg and alternating feet in a straight line and two-foot moving snow-plow stop. Students need hockey skates, hockey gloves, a helmet and a hockey stick. Prerequisite: Hockey 1.

4IA 6--30 minute lessons--\$148

Location	Day	Time	Code	Begin	\$
MtVernREC	M	5pm	E3B.RRZY	7/7	4IA
MtVernREC	M	8pm	E3B.76AQ	7/7	4IA
MtVernREC	Sa	11:10am	E3B.8B61	7/12	4IA



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Martial Arts

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For yoga, meditation, Pilates, Qigong and Tai Chi classes, see the alternative exercise listings in the Exercise and Fitness section.

For martial arts classes:

- Testing, conducted on and off site for an additional fee, may be required to advance to the next martial arts level. Testing dates are announced at the start of class.
- Uniforms are required for classes at all locations. Uniforms may be purchased through any source and may be available from the instructor for a separate fee. Since specific uniforms may be mandatory for testing/advancement in certain classes, it is recommended that you check with the instructor before buying.
- Separate fees may be charged for tournaments, protective gear and belts, if required for advancement.

Aikido & Self Defense Beginning

Japanese concept of circular motion to neutralize an attacker's power by moving with it. Defense against grabbing, choking and striking attacks are covered. Emphasis is on techniques that are effective without causing serious or permanent injury to the attacker.

3MB 8--1 hour 25 minute lessons--\$159
3MG 8--1 hour 55 minute lessons--\$211

Location	Day	Time	Code	Begin	\$
(10-17 yrs.)					
SpHillREC	Su	2:30pm	OKJ.1PU7	6/22	3MB
(13-Adult)					
SoRunREC	Sa	4pm	78D.YS22	7/12	3MG

Aikido & Self-Defense Intermediate

(13-Adult) Prerequisite: Aikido and Self-Defense Beginning or permission of instructor.

3MB 8--1 hour 25 minute lessons--\$159

Location	Day	Time	Code	Begin	\$
SpHillREC	Su	4pm	CF6.LJUF	6/22	3MB

Aikido-Jo

(13-Adult) This traditional Japanese martial art focuses on using a wooden staff (jo) as a weapon. It is an integral part of Aikido training and complements empty-hand techniques. The Jo staff is used for spearing, hitting, or deflecting a strike from an opponent. While similar to jodo in that both styles involve fencing techniques, the styles differ in the overall nature of and strategies that are used.

CMVF 8--45 minute lessons--\$93

Location	Day	Time	Code	Begin	\$
SpHillREC	Su	5:30pm	1V2.2VN5	6/22	CMVF



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Japanese Swordsmanship

(13-Adult) Students learn the ancient samurai sword arts stances, postures and movements, including iaijutsu sword-drawing and cutting techniques and paired-student kenjutsu exercises. Equipment is provided for beginning students.

3MA 8--55 minute lessons--\$107

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	W	8pm	90A.JM48	7/9	3MA
Wkfld/Moore	Su	5pm	90A.EHAR	7/13	3MA

Jodo-Japanese Staff

(13-Adult) Class focuses on the Japanese marital art of jodo, uses a 50-inch hardwood staff and is based on the Shindo Muso Ryu martial tradition. Class covers basic jodo techniques as well as a series of interactive drills and kata that comprise the art. All levels welcome and all equipment provided.

3MA 8--55 minute lessons--\$107

Location	Day	Time	Code	Begin	\$
CubRunREC	Su	10am	60E.8917	6/22	3MA

Judo

(13-Adult) Learn the most efficient use of mental and physical energy for defense through judo techniques including throwing, choking, holding and joint locking.

3MA 8--55 minute lessons--\$107

Location	Day	Time	Code	Begin	\$
ProvREC	Su	5pm	5F3.ADCP	6/8	3MA

Jujitsu-All Levels

(13-Adult) Self-defense typified by grab escapes, throwing and submission holds.

3MB 8--1 hour 25 minute lessons--\$159

Location	Day	Time	Code	Begin	\$
ProvREC	Su	3:30pm	E32.DRF1	6/8	3MB

Jung Su Beginning

(6-Adult) Martial art that combines tang soo do, ju-jitsu and kickboxing. Learn a wide range of skills that cover blocking, striking, kicking, grappling, sparring, weapons defense and traditional armed fighting.

3MA 8--55 minute lessons--\$107

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	11am	28A.TTX4	6/21	3MA
Wkfld/Moore	Sa	10am	28A.7FYM	7/12	3MA

Jung Su Intermediate

(8-Adult) Prerequisite: Jung Su Beginning. For yellow and green belt students only. This continuation of learning covers blocking, striking, kicking, grappling and sparring concepts.

3MB 8--1 hour 25 minute lessons--\$159

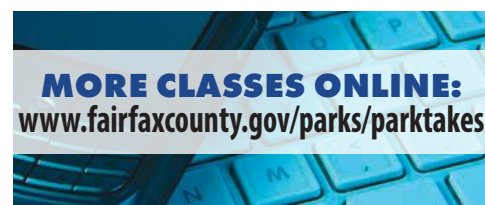
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	M	6pm	10K.3POF	7/7	3MB
Wkfld/Moore	Sa	11am	3BJ.ALEV	7/12	3MB

Jung Su Advanced

(8-Adult) Prerequisite: Jung Su Beginning or equivalent.

3MB 8--1 hour 25 minute lessons--\$159

Location	Day	Time	Code	Begin	\$
CubRunREC	Sa	11am	3BJ.JHE9	6/21	3MB
Wkfld/Moore	M	7pm	3BJ.DN9U	7/7	3MB
Wkfld/Moore	W	7pm	3BJ.HRC9	7/9	3MB
Wkfld/Moore	Sa	11am	3BJ.ALEV	7/12	3MB



Martial Arts

Karate I

Designed to help you learn self-defense, gain confidence, and build leadership and independence.

CMCA	6--55 minute lessons--\$78
DMVF	10--45 minute lessons--\$117

Location	Day	Time	Code	Begin	\$
(6-12 yrs.)					
BlkBitFFX	M	5:30pm	4XF.7370	6/16	DMVF
BlkBitFFX	T	5:30pm	4XF.K9YB	6/17	DMVF
BlkBitFFX	W	5:30pm	4XF.8ITZ	6/18	DMVF
BlkBitFFX	Th	5:30pm	4XF.F25S	6/19	DMVF
BlkBitFFX	F	4:45pm	4XF.G8GO	6/20	DMVF
(13-Adult)					
Floris ES	Th	7pm	996.JUS2	6/26	CMCA
BlkBitFFX	T	7:45pm	LYL.KTG1	6/17	DMVF
BlkBitFFX	Th	7:45pm	LYL.R4V7	6/19	DMVF

Karate II

(6-Adult) Prerequisite: Karate I or equivalent.

4MA	10--55 minute lessons--\$132
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Location	Day	Time	Code	Begin	\$
Franconia Rec	Sa	11am	964.1217	6/7	4MA

Karate for Families

(6-Adult) Family members will have the opportunity to participate together. Students learn self-defense, gain confidence and build leadership and independence. Each student must register individually.

3MA	8--55 minute lessons--\$107
4MA	10--55 minute lessons--\$132

Location	Day	Time	Code	Begin	\$
Franconia Rec	Sa	10am	D2F.HJRG	6/7	4MA
Franconia Rec	Sa	12:30pm	D2F.BRKM	6/7	4MA
Franconia Rec	M	7pm	D2F.1A4D	6/9	4MA
Franconia Rec	T	6:30pm	D2F.2LA3	6/10	4MA
Franconia Rec	W	7:30pm	D2F.00XP	6/11	4MA
Franconia Rec	F	7pm	D2F.04FW	6/13	4MA
Frying Pan Pk	Th	7pm	D2F.V0TN	6/5	3MA
OakmontREC	T	7pm	D2F.IQHJ	6/10	3MA
Wkfld/Moore	T	6pm	D2F.R3RS	7/8	3MA

Okinawan Goju Ryu Karate

(13-Adult) Class focuses on teaching proper goju ryu technique with applications rather than extensive physical training. Kihon (basics), kata (forms) and bunkai (applications) are covered. Sparring is introduced as an option for interested students.

3MA	8--55 minute lessons--\$107
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Location	Day	Time	Code	Begin	\$
CubRunREC	Su	11am	8E5.ZYEW	6/22	3MA

Okinawan Kenpo Karate

(13-Adult) Students learn traditional methods and develop connections to the Okinawan Masters of kenpo while gaining increased confidence, sense of community and knowledge of practical self-defense techniques. No prior experience is necessary.

3MA	8--55 minute lessons--\$107
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Location	Day	Time	Code	Begin	\$
CubRunREC	Th	8pm	5XR.XPAD	6/26	3MA

Shotokan Japanese Karate I

(6-Adult) Learn self-defense through techniques such as blocking, punching, striking and kicking in combination with other related movements.

3MA	8--55 minute lessons--\$107
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Location	Day	Time	Code	Begin	\$
SpHillREC	Sa	10am	31A.VY67	6/21	3MA
SpHillREC	W	6pm	31A.1GF2	6/25	3MA

Shotokan Japanese Karate II

(6-Adult) Shotokan Japanese Karate I strongly recommended.

3MA	8--55 minute lessons--\$107
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Location	Day	Time	Code	Begin	\$
SpHillREC	Sa	9am	454.R7VU	6/21	3MA
SpHillREC	T	7pm	454.YAMP	6/24	3MA
SpHillREC	W	7pm	454.J1ZZ	6/25	3MA

Shotokan Japanese Karate III

(6-Adult) Shotokan Japanese Karate II strongly recommended.

3MA	8--55 minute lessons--\$107
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Location	Day	Time	Code	Begin	\$
SpHillREC	Sa	9am	3E5.HOD8	6/21	3MA
SpHillREC	T	7pm	3E5.QKL9	6/24	3MA
SpHillREC	W	7pm	3E5.S2T1	6/25	3MA

Shotokan Japanese Karate-All Levels

(6-Adult) Learn self-defense through techniques such as blocking, punching, striking and kicking in combination with other related movements.

3MA	8--55 minute lessons--\$107
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Location	Day	Time	Code	Begin	\$
SpHillREC	Sa	8am	481.2UJN	6/21	3MA
SpHillREC	M	7pm	481.1AEE	6/23	3MA

Traditional Karate Uechi-Ryu

Success by complete discipline, physical defense, high personal standards, respect for others, positive attitude, confidence, leadership and control.

3MA	8--55 minute lessons--\$107
3MB	8--1 hour 25 minute lessons--\$159

Location	Day	Time	Code	Begin	\$
(6-Adult)					
SoRunREC	Sa	10:15am	9CF.LE37	7/12	3MA
(13-Adult)					
CubRunREC	Th	7pm	899.R9B0	6/26	3MA
MtVernREC	M	7:30pm	889.AN7C	6/23	3MB
MtVernREC	W	7:30pm	889.1WHR	6/25	3MB

Kendo

(13-Adult) Traditional art of Japanese fencing using a bamboo sword-shinai. Supply fee of \$35 for classes at Franconia Rec Center.

4MA	10--55 minute lessons--\$132
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Location	Day	Time	Code	Begin	\$
Franconia Rec	F	7pm	48C.3XBV	6/13	4MA

Kung Fu

This traditional northern-style utilizes the empty hand, kicking and weapons training of Chinese Martial Arts. Additional fee for class t-shirt and pants.

3MA	8--55 minute lessons--\$107
CMVF	8--45 minute lessons--\$93

Location	Day	Time	Code	Begin	\$
(6-12 yrs.)					
JRheeFlsCh	Su	4pm	DV6.RYK7	6/22	CMVF
(6-Adult)					
SpHillREC	Sa	10am	9DF.VVC5	6/21	3MA
SpHillREC	T	7pm	9DF.TBIG	6/24	3MA
SpHillREC	Th	7pm	9DF.09YA	6/26	3MA

Kung Fu II

(6-Adult) Prerequisite: Kung Fu I. This traditional northern-style utilizes the empty hand, kicking and weapons training of Chinese Martial Arts. For beginners to intermediate levels of white to green sash. Additional fee for class t-shirt and pants.

3MA	8--55 minute lessons--\$107
4MA	10--55 minute lessons--\$132

Location	Day	Time	Code	Begin	\$
SpHillREC	Sa	9am	CA6.XTW8	6/21	4MA
SpHillREC	T	8pm	CA6.TIH1	6/24	4MA
SpHillREC	Th	7pm	CA6.3EYU	6/26	3MA



Kung Fu III

(6-Adult) Prerequisite: Kung Fu II. For intermediate and advanced green to black sash students with continued training on long fist and short hand and northern kicks, as well as weapons training in staff, broadsword, straight sword and spear. Sparring and light contact drills offered as preparation for tournament competition.

3MA	8--55 minute lessons--\$107				
Location	Day	Time	Code	Begin	\$
SpHillREC	Sa	8am	9TG.A7MV	6/21	3MA

Kung Fu MMA

(13-Adult) This class focuses on challenging conditioning and skills in the standing and ground arena. Tactics include versatility in punching and kicking and counters as well as options in common clinch and ground positions. Some personal safety equipment required.

3MA	8--55 minute lessons--\$107				
Location	Day	Time	Code	Begin	\$
SpHillREC	Th	8pm	8K6.HQ2G	6/26	3MA

Indonesian Kung Fu

(13-Adult) Unique combination of Chinese gungfu and Indonesian pentjak silat offers a modern hybrid of the fighting arts. Training includes single- and multiple-attacker exercises, forms, solo drills, weapons and body conditioning.

3MB	8--1 hour 25 minute lessons--\$159				
Location	Day	Time	Code	Begin	\$
Franconia Rec	Sa	11am	6B2.DTSS	6/7	3MB
SoRunREC	Th	7pm	6B2.AQ3C	7/10	3MB

Tae Kwon Do I

Korean martial art that teaches traditional self-defense techniques including kicking, punching, blocking, sparring and forms through individual and partner training. These classes are taught by our private vendor partners.

3MA	8--55 minute lessons--\$107				
CMVF	8--45 minute lessons--\$93				
DMVF	10--45 minute lessons--\$117				

Location	Day	Time	Code	Begin	\$
(6-12 yrs.)					
SoRunREC	Sa	12pm	6MJ.L1TR	7/12	CMVF
BlkBltFFX	M	5:30pm	6MJ.PEVT	6/16	DMVF
BlkBltFFX	T	5:30pm	6MJ.M2JU	6/17	DMVF
BlkBltFFX	W	5:30pm	6MJ.HY88	6/18	DMVF
BlkBltFFX	Th	5:30pm	6MJ.HGEE	6/19	DMVF
BlkBltFFX	F	4:45pm	6MJ.Q6TD	6/20	DMVF
JRheeFlsCh	T	4:45pm	6MJ.JC00	6/17	CMVF
JRheeFlsCh	W	5:30pm	6MJ.S5SD	6/18	CMVF
JRheeFlsCh	Th	6:15pm	6MJ.Q0L4	6/19	CMVF
LdbyExFr0ks	T	4:30pm	6MJ.X2W5	6/17	DMVF
LdbyExFr0ks	W	6pm	6MJ.BFWE	6/18	DMVF
LdbyExFr0ks	Th	4:30pm	6MJ.M84N	6/19	DMVF
LdbyExFr0ks	F	5:15pm	6MJ.SG93	6/20	DMVF
LdbyExFr0ks	Sa	11:30AM	6MJ.3W6J	6/14	DMVF
Legacy Mart	M	5:15pm	6MJ.2PF9	6/16	CMVF
Legacy Mart	W	5:15pm	6MJ.ZAX0	6/18	CMVF
(6-Adult)					
CubRunREC	Su	11am	31F.UW0K	6/22	3MA
CubRunREC	W	7:15pm	31F.JU31	6/25	3MA
Frying Pan Pk	Th	6pm	31F.PXML	6/5	3MA
(13-Adult)					
BlkBltFFX	T	7:45pm	FM7.M2JV	6/17	DMVF
BlkBltFFX	Th	7:45pm	FM7.AF0R	6/19	DMVF
JRheeFlsCh	Th	7:30pm	FM7.R7HW	6/19	CMVF
LdbyExFr0ks	W	6:45pm	FM7.Y6SP	6/18	DMVF
LdbyExFr0ks	F	6:45pm	FM7.MKX1	6/20	DMVF
Legacy Mart	Th	7pm	FM7.FEEF	6/19	CMVF
Legacy Mart	Su	1:15pm	FM7.OZMN	6/22	CMVF

Tae Kwon Do II

(6-Adult) Prerequisite: Tae Kwon Do I or equivalent.

3MA	8--55 minute lessons--\$107				
Location	Day	Time	Code	Begin	\$
CubRunREC	Su	12pm	2B9.SDFP	6/22	3MA

Martial Arts for Seniors

(55 yrs.+) Basic martial arts techniques are introduced in this non-contact class. Movements are designed to help improve balance and strength.

DMVD	8--55 minute lessons--\$137				
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Th	6:30pm	2IF.2CZH	7/10	DMVD

Shoshinkan Martial Arts

(13-Adult) Learn principles, techniques and self-defense applications of traditional Karate, Kobudo (weapons) and Jujitsu.

3MB	8--1 hour 25 minute lessons--\$159				
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Th	6:30pm	E5D.BP6C	7/10	3MB
Wkfld/Moore	Su	4:30pm	E5D.RYOE	7/13	3MB

Self-Defense for Women

(13-Adult) Learn proper use of strategy and tactics to defend yourself against attack. Course covers physical and psychological training, environmental awareness, verbal strategies, use of weapons and empty-handed defense.

DMVD	8--55 minute lessons--\$137				
Location	Day	Time	Code	Begin	\$
SoRunREC	Sa	4pm	UBC.IX8L	7/12	DMVD
Wkfld/Moore	Th	7:30pm	UBC.9BXB	7/10	DMV

RENOVATED, EXPANDED AND UPGRADED!

**REOPENING
SOON!**

Check online for details.



MOUNT VERNON REC CENTER

2017 Belle View Blvd • Alexandria, Va.

Highlights:

- ▶ Two National Hockey League (NHL)-sized Ice Rinks
- ▶ Fitness Center
- ▶ Indoor Walking Track
- ▶ Rock Climbing Wall (indoor, two-story)
- ▶ Drop-In Childcare
- ▶ Pool with Beach Entry
- ▶ Multipurpose Rooms
- ▶ Recreational Classes
- ▶ Camps
- ▶ Ice Skating Lessons and Swim Lessons

www.fairfaxcounty.gov/parks/reccenter/mount-vernon
Questions? Contact us at FCPARECenters@fairfaxcounty.gov.



Nature

Scan the QR code to go directly to the Parktakes Online Nature page.



Burke Lake Park



7315 Ox Rd., Fairfax Station • 703-323-6600
www.fairfaxcounty.gov/parks/burkelake

- Campgrounds
- Marina
- Hiking & Biking trails
- Volleyball court
- Disc golf course
- Picnic Areas

Ellanor C. Lawrence Park and Walney Visitor Center



5040 Walney Rd., Chantilly • 703-631-0013
www.fairfaxcounty.gov/parks/eclawrence

- Natural and cultural exhibits
- Hands-on children's area
- Live Animal Display
- Self-guided historic structure walking tour
- Gardens
- Woodlands Trails and Meadow
- No cost kid-friendly red wagon sandboxes

Hidden Oaks Nature Center



7701 Royce Street, Annandale • 703-941-1065
www.fairfaxcounty.gov/parks/hiddenoaks

- Woodland trails
- Creeks with a pond
- Gardens and Butterfly-themed playground
- Nature Playce outdoor exploration center
- Self-guided interpretive trail
- Live animal displays
- Interactive urban woodlands exhibit
- Meeting rooms reservable for private functions
- Winged Wonders wall

Hidden Pond Nature Center



8511 Greeley Blvd., Springfield • 703-451-9588
www.fairfaxcounty.gov/parks/hidden-pond

- Extensive woodland trails
- Wildlife supported by Pohick Creek
- Nature center exhibits
- Pond
- Picnic shelter
- Tot playground
- Nature trail

Huntley Meadows Park and Visitor Center



3701 Lockheed Blvd., Alexandria • 703-768-2525
www.fairfaxcounty.gov/parks/huntley-meadows

- 1,500 acres
- Wildlife watching
- Wetland boardwalk
- Interpretive trail
- Observation platforms
- Visitor Center
- Forests, meadows, streams and ponds
- Auditorium
- Exhibits

Lake Accotink Park



7500 Accotink Park Rd., Springfield • 703-569-0285
www.fairfaxcounty.gov/parks/accotink

- Marina
- Miniature golf
- Carousel
- Hiking and biking trails
- Basketball Courts
- Visitor Center
- Volleyball Courts
- Picnic Areas

Lake Fairfax Park



1400 Lake Fairfax Dr., Reston • 703-471-5415
www.fairfaxcounty.gov/parks/lakefairfax

- Campgrounds
- Skate park
- Pump track
- Hiking and biking trails
- Athletic fields
- 476 acres of parkland

Riverbend Park



8700 Potomac Hills St. • Great Falls • 703-759-9018
www.fairfaxcounty.gov/parks/riverbend

- The Park Authority's only riverfront park
- 418 acres of forest, meadows and ponds
- Wildflowers and birds
- 10 miles of trails including Potomac Heritage Trail
- Canoe and single/tandem kayak rentals available
- Fishing
- Visitor Center with snack bar, gift shop & exhibits

Woodlands Stewardship Education Center



5301 Walney Rd. • Chantilly
www.fairfaxcounty.gov/parks/eclawrence/woodlands-stewardship-education-center

- LOOP- Learning Outdoor Observational Pod self-guided exploratory learning space
- Access to Big Rocky Run Trail
- Meadow and Walney pond
- Larger than life size eastern box turtle sculpture

All park and nature center hours are located online by visiting
www.fairfaxcounty.gov/parks/holiday-hours. Park grounds are open dawn till dusk daily.

Child and Parent Programs

Child must be accompanied by an adult for all child and parent programs.

Animal Crackers and Me

(3-8 yrs.) Learn about animal adaptations while you munch on cookies and lemonade. Enjoy a story, craft and trail activity along a short hike.

1--45 minute program

Location	Day	Time	Code	Date	\$
HiddenOaks	Sa	2pm	BDF.IYUX	8/16	\$10/child
HiddenOaks	Sa	3:15pm	BDF.L6TA	8/16	\$10/child

Animal Dads

(2-6 yrs.) Pretend to be a penguin, wolf and beaver dad as you learn about these doting fathers. Meet live animals and make a craft for your favorite father/grandfather.

1--45 minute program

Location	Day	Time	Code	Date	\$
HiddenOaks	Su	11am	AA5.XKDZ	6/15	\$10/child
HiddenOaks	Su	1pm	AA5.3IZU	6/15	\$10/child

Animal Sounds

(3-6 yrs.) Discover if frogs really say "ribbit" and birds call "tweet". Learn the real sounds of local species and see how good you are at recognizing animal calls.

1--45 minute program

Location	Day	Time	Code	Date	\$
HiddenOaks	Sa	3:30pm	SIL.ULYN	8/9	\$10/child

Animals Underground

(2-5 yrs.) Dig down deep and investigate who lives in the dark, damp world under the forest floor as we learn about moles, earthworms, termites and the many other creatures of the soil.

1--45 minute program

Location	Day	Time	Code	Date	\$
HiddenOaks	Su	3pm	213.BIQV	7/13	\$10/child
HiddenOaks	Su	4:15pm	213.6AE5	7/13	\$10/child

Furry Foxes

(3-8 yrs.) These wild members of the dog family are a common sight in our neighborhoods. Learn about their lives through activities and practice yipping like a fox.

1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Su	1pm	7YG.GY0Q	8/3	\$8/child

Little Earth Keepers

(2-5 yrs.) Introduce your little ones to the wonders of nature with hands-on activities that teach environmental stewardship and sustainability. Your little earth keepers will learn how their actions can help protect our planet.

1--1 hour program

Location	Day	Time	Code	Date	\$
ECLawncPk	T	10am	TKT.6ZGA	6/3	\$10/child
ECLawncPk	T	10am	TKT.87RK	7/1	\$10/child

Little Gardeners

(2-6 yrs.) Explore the ever-changing landscape of the garden. Each week, participants will explore and discover the changes in the garden. This program will feature seasonal activities that can include planting



seeds, pollinators, harvesting vegetables, digging in the soil and exploring plant parts.

1--45 minute program

Location	Day	Time	Code	Date	\$
ECLawncPk	M	10am	ZF6.1MB5	6/16	\$10/child
ECLawncPk	M	10am	ZF6.5N05	7/14	\$10/child

Nature Tots

(1-3 yrs.) Bring your toddler to explore nature through sight, sound, smell and touch. Programs include indoor and outdoor activities. A different amazing topic every month

1--45 minute program

Location	Day	Time	Code	Date	\$
ECLawncPk	W	9:45am	SYX.F622	6/4	\$10/child
ECLawncPk	W	11am	SYX.0X43	6/4	\$10/child

Toddler Take Over

(1-4 yrs.) Get moving with your toddler as we explore the park using our senses. Each month, we will make, taste, dance, walk, sing and tell stories. Different topics and activities every session.

1--45 minute program

Location	Day	Time	Code	Date	\$
ColvinRunMill	M	10am	754.115Q	6/30	\$10/child
ECLawncPk	W	10am	754.1ENH	7/2	\$10/child
ColvinRunMill	M	10am	754.V4B0	7/28	\$10/child
ECLawncPk	W	10am	754.U1R2	8/6	\$10/child
ColvinRunMill	M	10am	754.15WW	8/25	\$10/child

Toddler Time - Terrific Turtles

(2-4 yrs.) Meet one of our turtles and explore nature through indoor and outdoor activities including a craft.

1--45 minute program

Location	Day	Time	Code	Date	\$
HiddenOaks	Su	9:45am	995.6LAT	7/20	\$10/child
HiddenOaks	Su	11:15am	995.1VTU	7/20	\$10/child

Water Critters

(4-8 yrs.) Explore the wet world at the nature center with a visit to our creek and pond. Meet a live turtle and toad. Wear close-toed shoes that can get wet.

1--1 hour program

Location	Day	Time	Code	Date	\$
HiddenOaks	Su	1pm	779.XT55	6/22	\$10/child

Children's Programs

Birding Buddies

(3-12 yrs.) Walk alongside a naturalist and a group of youth birders as you learn new tricks to identify the birds around you. Develop new skills such as using binoculars, identifying birds with a field guide and writing down observations in your own birding journal. Journals will be provided, but participants are welcome to bring their own if they prefer.

1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Su	10am	HNJ6XN	8/3	\$8/child

Environmental Science & Nature Club

(8-12 yrs.) Join naturalists for a weekly exploration of our forest and stream ecosystems. We'll investigate the natural world through hands-on activities and experiments. Topics will supplement learning towards the VA science SOLs for grades 4-6, while in our outdoors science "lab". Bring your curiosity and get ready for some eco-adventure.

5--1 hour 30 minute programs

Location	Day	Time	Code	Date	\$
HiddenOaks	W	4:30pm	GOF.U496	7/9	\$65/child

Family/All Ages

Children must be accompanied by an adult also registered in the program.

Animal Feeding

(3-Adult) It's dinner time at the nature center and worms and insects are on the menu. Help our naturalist care for and feed the nature center's animals.

1--1 hour program

Location	Day	Time	Code	Date	\$
HiddenPond	W	5:30pm	46D.Y02H	6/11	\$8/ea.
HiddenPond	W	5:30pm	46D.5T80	7/16	\$8/ea.
HiddenPond	W	5:30pm	46D.O1CY	8/6	\$8/ea.
HiddenPond	W	5:30pm	46D.R07A	8/27	\$8/ea.

Beginning Birdwatching

(4-Adult) Learn identification tips by sight and sound and how to make your yard more attractive to native species. Students can borrow binoculars from the class for a view of outdoor bird feeding stations.

1--1 hour program

Location	Day	Time	Code	Date	\$
LkAccontPk	Su	8am	MY4.W7ZZ	6/1	\$8/ea.
HiddenOaks	Sa	8am	MY4.OQGP	7/26	\$8/ea.



Bird Bingo

(3-Adult) Explore the trails with a naturalist to learn about the different characteristics that can be used to identify birds. Keep an eye on your surroundings as you fill out a bingo sheet to better connect to our friends in the sky.

1--1 hour program

Location	Day	Time	Code	Date	\$
LkFairfaxPk	Sa	1pm	1J1.4XR3	6/7	\$8/ea.
BurkeLakePk	Su	9am	1J1.6A68	7/13	\$8/ea.

Bird Walk With a Naturalist

(6-Adult) Use your eyes and ears to identify native birds as you embark on a guided walk with one of our naturalists. Both beginner birders and veterans welcome. Bring your own binoculars or use one of ours.

1--1 hour program

Location	Day	Time	Code	Date	\$
HiddenOaks	Sa	11am	UP9.T1FU	6/14	\$10/ea.



Bat Night

(6-Adult) Join a naturalist to discover the facts, fiction and folklore about nature's only true flying mammal- bats. We will set the record straight about these incredible but often-misunderstood group of animals. The program will start with a presentation followed by a night walk where we will use a special acoustic device to listen for and identify bat calls not heard with the human ear.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
HuntMdws	Sa	7:45pm	5B9.LVHC	8/9	\$9/ea.
HuntMdws	Su	7:45pm	5B9.Z0E2	8/17	\$9/ea.
HuntMdws	Su	7:45pm	5B9.ZXIV	8/24	\$9/ea.

Bats - Friendly Flyers

(4-Adult) Join a naturalist for a night of learning about the beauty of our local bats. It's time to clear these flying mammals' good name and understand how helpful they are to humans. The program will involve not only talking about bats, but also looking and listening for nearby bats.

1--1 hour program

Location	Day	Time	Code	Date	\$
LkFairfaxPk	Sa	7:30pm	N1F.1P77	8/9	\$8/ea.

Bat Fest and Find Campfire

(4-Adult) Join a naturalist for a night hike to search for bats with a sonar detector and learn about bat adaptations. End the night with a campfire, s'mores and the legend of how bats came to be.

1--1 hour campfire

Location	Day	Time	Code	Date	\$
HiddenOaks	Sa	7:15pm	21F.HHQT	8/23	\$10/ea.



Born in the Wild Walk

(4-Adult) Walk with a naturalist to learn about how animal parents help keep their babies safe during the summer. Discover the various adaptations these babies have to keep them hidden from predators and other dangers in the wild.

1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Su	10:30am	X94.0KGF	8/10	\$8/ea.

Bubble Science

(5-Adult) You may have enjoyed making bubbles before, but you've probably never been inside one. Learn about the science of bubbles in this interactive class.

1--1 hour program

Location	Day	Time	Code	Date	\$
HiddenOaks	Sa	1pm	S58.1X10	6/14	\$10/ea.

Bug Bingo

(3-Adult) Hike with a naturalist to learn about different insects' behaviors and habitats. Explore the park to fill out bingo sheets to better appreciate the tiny workers around us.

1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Su	10am	3XZ.TE3L	6/1	\$8/ea.
LkFairfaxPk	Su	12:30pm	3XZ.07EG	7/27	\$8/ea.

Butterflies, Bees & Beetles

(4-Adult) Learn about common pollinators and their importance in native gardens and woodlands. Pollinators are more than just a pretty face.

1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Sa	9am	EKV.EHRD	6/28	\$8/ea.

Creek Adventure Wagon Ride

(2-Adult) Explore Rocky Run Stream Valley by wagon and by wading in to learn about the creatures that live in the stream

1--1 hour program

Location	Day	Time	Code	Date	\$
ECLawncPk	Su	6pm	4D2.VVBB	6/15	\$10/ea.
ECLawncPk	Su	7:30pm	4D2.V46X	6/15	\$10/ea.
ECLawncPk	F	6pm	4D2.9HXJ	7/11	\$10/ea.
ECLawncPk	F	7:30pm	4D2.LBKE	7/11	\$10/ea.
ECLawncPk	Sa	6pm	4D2.7F0W	8/9	\$10/ea.
ECLawncPk	Sa	7:30pm	4D2.KMOE	8/9	\$10/ea.

Dye It Up

(5-Adult) Learn to make and use natural dyes to transform your white shirts into colorful masterpieces. Fairfax County prohibits foraging in county parks, so this class will focus on identifying plants that can be made into dye and teaching the steps of the dying process. Please bring your own white t-shirt or other white fabric to the class.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
LkAccontPk	Su	10am	ZFY.76RU	6/1	\$12/ea.
BurkeLakePk	Su	10:30am	ZFY.R81D	8/24	\$12/ea.
LkFairfaxPk	Su	10am	ZFY.0BHA	8/31	\$12/ea.

Fireflies in the Meadow

(4-Adult) Join us at the park to enjoy an evening of fireflies. Bring a plastic jar with a lid to catch and then release.

1--1 hour program

Location	Day	Time	Code	Date	\$
ECLawncPk	Sa	8:30pm	327.90JA	6/21	\$8/ea.
ECLawncPk	Sa	8:30pm	327.Q4DV	6/28	\$8/ea.
ECLawncPk	Sa	8:30pm	327.50D3	7/5	\$8/ea.

Firefly Walk

(5-Adult) Join us on a magical evening walk in the park to learn about and see the different colors and signal patterns of this fascinating insect.

1--1 hour program--\$8 1--2 hour program--\$10

Location	Day	Time	Code	Date	\$
HuntMdws	F	8pm	4F1.R910	6/27	\$10/ea.
HuntMdws	Sa	8pm	4F1.AC77	6/28	\$10/ea.
HuntMdws	Sa	8pm	4F1.3NWK	7/5	\$10/ea.
HuntMdws	Su	8pm	4F1.TV3Z	7/6	\$10/ea.
LkFairfaxPk	Sa	8pm	4F1.ZJKG	7/12	\$8/ea.
BurkeLakePk	F	8:30pm	4F1.CXWW	7/25	\$8/ea.

Frogs, Toads and Salamanders at the Lake

(3-Adult) Explore the lake for signs of frogs, toads, and salamanders. Hike the trail and make a craft.

1--1 hour program

Location	Day	Time	Code	Date	\$
LkFairfaxPk	Su	10am	466.RS6F	7/13	\$8/ea.

Goodnight Walk - Frogs

(3-Adult) Look for frogs in the pond and meet different species of frogs. Make a craft and enjoy a night hike with a naturalist.

1--1 hour program

Location	Day	Time	Code	Date	\$
HiddenOaks	Sa	7pm	6SQ.CL2R	6/7	\$8/ea.

Goodnight Walk - Owls

(3-Adult) Learn to recognize the calls and features of local owls. Make a craft and enjoy a night hike with a naturalist.

1--1 hour program

Location	Day	Time	Code	Date	\$
LkFairfaxPk	Su	7:30pm	N40.3RPA	8/3	\$8/ea.
HiddenOaks	Su	7pm	N40.2087	8/10	\$8/ea.

Ladybugs - Fierce or Friendly

(3-Adult) Most cultures view ladybugs as symbols of good fortune. To some creatures, ladybugs are ferocious predators. Learn of the lore as you meet, greet and release ladybugs.

1--1 hour program

Location	Day	Time	Code	Date	\$
HiddenOaks	Sa	1pm	V6L.51AK	6/21	\$8/ea.

Lake Life

(4-Adult) Meet a naturalist and explore the lake. Join as we search for and learn more about the creatures who call the lake home including reptiles, amphibians, and macroinvertebrates. Bring old shoes that can get wet and muddy.

1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Su	12pm	ARL.YJJI	6/8	\$8/ea.
LkAccontPk	Sa	10am	ARL.YWQB	6/28	\$8/ea.
LkAccontPk	Sa	10am	ARL.WVXQ	7/26	\$8/ea.
BurkeLakePk	Su	10:30am	ARL.P88N	8/17	\$8/ea.

Life in the Underworld

(4-Adult) Come and explore the "underworld" under fallen logs. Discover the bugs, fungi and salamanders that live under the forest floor. Collect, examine and identify creatures using magnifiers and microscopes. Learn about their important jobs as pollinators and decomposers through projects and scientific investigations.

1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Su	10am	6JA.1V8B	6/15	\$8/ea.

Monarchs - The Mighty Migrants

(3-Adult) Monarch butterflies are essential pollinators in our ecosystem, and they need our help to survive to adulthood. Learn how to identify monarch butterflies throughout their life stages, the plants they need to survive, and the dangers that threaten their survival.

1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Su	11am	WOW.U1LK	7/13	\$8/ea.

Nature Walk with a Police Officer

(All Ages) Families are invited to join a naturalist to stroll and explore along the nature trail. We will roll logs and search the forest floor and other habitats. We'll learn about safety while being a nature detective! An officer from the community outreach of the local district FCPD will join us in this investigation.

Free program

Location	Day	Time	Code	Date	\$
HiddenOaks	Sa	1pm	ØRQ.ZNPI	7/26	free

Pachycephalosaurus Picnic

(3-Adult) Stomp your way to a most unusual picnic in the woods. Bring your picnic blanket and lunch or snack for an outdoor lesson about dinosaurs.

1--1 hour program

Location	Day	Time	Code	Date	\$
LkFairfaxPk	Su	12pm	H13.P4X3	7/6	\$8/ea.
HiddenOaks	Sa	12pm	H13.N7WQ	8/9	\$8/ea.

Pond Fest

(3-Adult) Bring the whole family to explore the Pohick Stream Valley. The evening includes a twilight pond and stream study, a swamp walk and campfire.

1--2 hour program

Location	Day	Time	Code	Date	\$
HiddenPond	Sa	6pm	3DF.X6TT	6/7	\$12/ea.

Pooch and Friends at Hidden Oaks

(3-Adult) Families enjoy a guided hike searching for our "Fifty Acre Wood" animal friends. Are hefflalumps and woozles native? Are black bears? Bring your favorite stuffed animal for a hike and activities. End your adventure with a smackerel of honey crackers in Nature Playce.

1--1 hour program

Location	Day	Time	Code	Date	\$
HiddenOaks	Su	11am	MU5.P0JO	7/13	\$8/ea.

Radical Raptors

(5-Adult) Join a naturalist to search for signs of raptors, also known as birds of prey, and explore what makes them different from other birds.

1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Su	11am	B0B.DHC9	6/22	\$8/ea.

Scavenger Hunt Adventure at the Lake

(4-Adult) Join a naturalist to learn about various nature topics that relate to the lake depending on the season. Then go on a scavenger hunt adventure to find different related objects around the lake and collect a small themed prize.

1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Sa	11am	GZ6.SVSC	6/7	\$8/ea.
LkAccontPk	Sa	10am	GZ6.9ZA3	7/12	\$8/ea.
LkAccontPk	Sa	10am	GZ6.VB3E	8/23	\$8/ea.

Searching for Forest Friends

(4-Adult) Join a naturalist as you adventure through the park forests looking for signs of wildlife. Learn how to identify key plant species that are important to our native animals and insects, while also honing your observational skills to see what signs wildlife might have left behind.

1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Sa	1pm	VF5.5GX4	8/30	\$8/ea.

Snake and Turtle Feeding

(4-Adult) Enjoy a brief presentation and demonstration by our animal caretaker staff. At least one snake, two turtles and a toad will be fed. Children must be accompanied by a registered adult.

1--1 hour program

Location	Day	Time	Code	Date	\$
HiddenOaks	Th	5:30pm	EFC.XXNR	7/31	\$8/ea.

Spellbinders - Tales of Tails

(4-Adult) Enjoy oral storytelling from countries around the world. Attendees are welcome to share a

The Fairfax County Park Authority wants to hear from you!
The 2026 Needs Assessment is your chance to shape the future of parks in our community.



PARKS COUNT

Our Parks. Our Future.

Help us identify priorities for park improvements, new facilities, and programs that matter most to you and your family. Your input is invaluable and will guide our planning for the next five years.



Scan the QR code to learn more and take our survey!





5-minute story for ages 4 and above. From trickster tales to fables, oral stories share traditions and connect communities. Every child receives a free book.

Free Program

Location	Day	Time	Code	Date	\$
HiddenOaks	Sa	1pm	M0Q.YYMK	6/7	free
HiddenOaks	Sa	1pm	M0Q.VIFP	7/12	free
HiddenOaks	Su	1pm	M0Q.S6AZ	8/17	free

Stream Life

(4-Adult) Freshwater ecosystems are full of fascinating creatures. Search for stoneflies, hellgrammites, water pennies and crayfish. Explore the park's streams with a naturalist, use dip nets and kick nets to catch and release these creatures. Class meets at the ECL Woodlands Stewardship Education Center

1--1 hour program

Location	Day	Time	Code	Date	\$
ECLawrncePk	Su	10am	CC5.AJVT	7/6	\$8/ea.

Super Snakes

(5-Adult) Join a naturalist to meet live snakes and learn why snakes are important then head out on a hike to search for snakes and learn about their habitat and habits. Dress for the weather and wear comfortable shoes.

1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Sa	1pm	B78.2VHB	8/23	\$8/ea.

The Buzz on Bees

(6-Adult) Buzz through the ins and outs of a bee colony. Learn about the park's history of bees, how colonies thrive and grow and watch as we open the bee boxes. End the fun evening with a sweet taste of honey.

1--1 hour program

Location	Day	Time	Code	Date	\$
ECLawrncePk	F	6:30pm	6AF.DNP8	6/20	\$5/ea.

Totally Turtles

(3-Adult) Join us for this exciting program to meet and learn about our native turtles. Learn about their behaviors, diet and other fun facts.

1--1 hour program

Location	Day	Time	Code	Date	\$
HiddenOaks	Su	1pm	6F8.T7E4	6/8	\$9/ea.
HiddenPond	Th	5:30pm	6F8.4K49	6/26	\$9/ea.

Twilight Boardwalk Stroll

(6-Adult) Join a park naturalist for a guided walk along the forested paths to the wetland and experience the park as it transitions from day into night. Watch and listen for nocturnal residents such as beavers and owls.

1--2 hour program

Location	Day	Time	Code	Date	\$
HuntMdws	Sa	7:45pm	343.LTE6	6/14	\$10/ea.
HuntMdws	Sa	7:30pm	343.CR5R	7/26	\$10/ea.
HuntMdws	Sa	7:15pm	343.BP32	8/16	\$10/ea.

Wildflowers Walk and Craft

(4-Adult) Learn from a naturalist what makes wildflowers so important in our ecosystem. Take a walk to learn how to identify various seasonal flowers, as well as what insects rely on them. At the end of the class, participate in a floral craft to take home.

1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Su	10am	4VY.E9A6	6/8	\$8/ea.

Older Family Programs

Are You Going to Eat That?

(10-Adult) Enjoy a naturalist-led hike and identify plants that are safe to eat and which ones to avoid. Learn the usefulness of plants for such rope making and folk remedies with connections to Eastern Woodland Indians. Meet at the pond.

1--1 hour program

Location	Day	Time	Code	Date	\$
ECLawrncePk	Sa	6pm	7A8.HF6E	8/16	\$8/ea.
ECLawrncePk	Su	10am	7A8.WLIX	8/24	\$8/ea.

Foraging for Wild Edibles

(9-Adult) With every season there are different blooms, leaves, roots, seeds and mushrooms that you can identify and eat. Learn how to eat from the forest safely and ethically as you join a Naturalist on a walk by the Lake. Please be aware that foraging is prohibited in Fairfax County parks. This class will focus on how to safely identify various edible plants, as well as their uses. No plants will be picked during the course of the class.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Sa	9am	8Y3.AD14	6/21	\$10/ea.

Herbal Tea in the Garden

(8-Adult) Come to the garden to learn about and pick fresh herbs that will make your herbal tea the best its ever been. Sample herbal teas and get inspired to grow your own tea herbs at home to delight and inspire you.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
ECLawrncePk	Sa	10:30am	C6P.5CS4	8/23	\$10/ea.

Hike with a Naturalist

(8-Adult) Join our park naturalist on a hike and explore wild plants and animals throughout the trails. Learn how to use the iNaturalist app to take pictures of things you find along the way. Smart phones, cameras and binoculars welcome. Each hike will feature a different theme and may include: salamanders, birds and other wildlife, wildflowers, trees, nature photography, cultural history, or a scenic destination.

1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Su	9am	XTG.KU92	6/22	\$8/ea.
LkAccontPk	Sa	8:30am	XTG.NCT1	6/28	\$8/ea.
LkFairfaxPk	Su	10am	XTG.MJNZ	8/17	\$8/ea.

Nature Charms

(9-Adult) Join a naturalist to learn how to preserve nature by creating resin pendants encapsulating small natural specimens. Discover how to responsibly select natural materials, while also learning how to use resin to make your own natural charm. No living wildlife will be affected in the making of the charms. All materials will be provided.

1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Sa	11am	GBW.T8SD	6/28	\$15/ea.

Teen/Adult Programs

Digging Actual Dinosaurs for Adults

(12-Adult) Being a paleontologist is a dream of many young children, but for some the interest lasts well into adulthood. Learn how teens and adults can participate in digs out west under the auspices of a natural history museum. Kevin Holland shares his experiences from three digs through discussion including a PowerPoint in this indoor presentation. Also learn about recent discoveries that radically change the way scientists view dinosaurs.

1--1 hour program

Location	Day	Time	Code	Date	\$
HiddenOaks	Su	10:30am	MPG.P3TU	6/22	\$10/ea.

Drawing Outer Space with Oil Pastels

(16-Adult) Learning about and drawing things in outer space is fun and educational. Learn some space definitions, then try out different oil pastel techniques on various papers. Learn how to combine oil pastel with colored pencils and gel pens for small details. Then draw your own galaxy, nebula or planet on black paper. All supplies included.

1--2 hour program

Location	Day	Time	Code	Date	\$
HiddenOaks	Sa	9:30am	MIK.SQ1R	8/2	\$20/ea.

Drawing Seashells

(16-Adult) Seashells and other beach combing finds are fascinating! Learn about different critters that wash up on the beach. Acquire skills for drawing seashells and other sea creatures on various papers. Use colored pencil, watercolor, ink or gel pens to create your illustrations. Paper and other supplies will be available to use.

1--2 hour program

Location	Day	Time	Code	Date	\$
HiddenOaks	Sa	9:30am	RMG.3PN8	6/28	\$20/ea.

Gall Hunt Hike

(12-Adult) Join a naturalist for a short presentation followed by a woodland walk to look for plant galls. The study of cecidology includes the historic uses of these abundant but often ignored growths. Learn to spot galls and the adaptations of the insects that create these hidden marvels.

1--1 hour program

Location	Day	Time	Code	Date	\$
HiddenOaks	Sa	9am	5VF.VGNX	7/19	\$10/ea.

Hike with a Gal Friend

(16-Adult) Celebrate the sisterhood of women by grabbing your best gal friend and going on a guided hike with a naturalist. Learn about the flora and fauna found around the lake, and most importantly, spend time with a close friend.

1--1 hour program

Location	Day	Time	Code	Date	\$
LkAccontPk	Su	8:30am	QRO.TK85	8/3	\$8/ea.

Meadow Sketch Hike

(12-Adult) Join artist and naturalist Margaret Wohler to identify the insects, plants and animals who call the meadow home. Come learn about this unique, dynamic and transitional habitat. All art materials provided.

1--2 hour program

Location	Day	Time	Code	Date	\$
HuntMdws	Sa	10am	1JH.44VW	7/12	\$18/ea.

Quiet Moments in Nature

(12-Adult) Going on nature walks are not only beneficial for your physical health, but also for your mental health. Clear your mind as you walk with a naturalist through the woods, as you learn what techniques you can use to help repair your mind from the stress of your day-to-day life.

1--1 hour program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Sa	9am	IXU.TU05	8/30	\$8/ea.

Turtles Sketch Hike

(10-Adult) Join local artist and naturalist, Margaret Wohler, to learn about sketching turtles while discovering their fascinating lives up close. Bring your sketchbook and creativity as you observe these amazing creatures in their natural habitat.

1--2 hour program

Location	Day	Time	Code	Date	\$
HuntMdws	Su	10am	LVP.QAOI	6/1	\$18/ea.

Adult Programs

Daring Dragonflies

(Adults) Learn about the life cycle, behavior and identification of Huntley's many dragonflies and damselflies. Venture to the wetland to observe these acrobatic fliers in action. Canceled if it rains.

1--3 hour program

Location	Day	Time	Code	Date	\$
HuntMdws	Sa	9am	9F7.UOGR	8/3	\$15/ea.
HuntMdws	Su	9am	9F7.IPVP	8/10	\$15/ea.

MORE CLASSES ONLINE:
www.fairfaxcounty.gov/parks/parktakes

Wetland at Dusk Walk

(Adults) Join park naturalists for a relaxing stroll through the park's forest and wetland paths. Look and listen for wildlife settling down or waking up during the transition of day to night.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
HuntMdws	F	7:15pm	F3C.ANLY	6/13	\$10/ea.
HuntMdws	F	7:45pm	F3C.7LOX	7/11	\$10/ea.
HuntMdws	Sa	7:45pm	F3C.ZL1I	7/19	\$10/ea.
HuntMdws	F	7:45pm	F3C.KIPF	8/15	\$10/ea.

Campfire Programs

Children must be accompanied by an adult also registered in the campfire program.

Campfire Fridays

(5-Adult) Join us for an evening campfire the whole family can enjoy. Explore the wonders of our natural world through nature walks, interactive activities and animal presentations. Includes s'mores. Topics vary by date.

1--1 hour campfire

Location	Day	Time	Code	Date	\$
LkAccontPk	F	8:30pm	546.ISS8	6/13	\$10/ea.
LkAccontPk	F	8pm	546.0FV5	8/15	\$10/ea.
LkAccontPk	F	8pm	546.75V1	8/29	\$10/ea.

Campfire Night Hike - Predators at Night

(4-Adult) Enjoy a night hike to learn about nocturnal hunters. Listen to taped calls of owls and coyotes and possibly catch a glimpse of them in the forest. End the evening with s'mores round the campfire.

1--1 hour campfire

Location	Day	Time	Code	Date	\$
ECLawncePk	Sa	8:30pm	02D.074R	8/2	\$10/ea.

Campfire Saturdays

(4-Adult) Join us for an evening campfire the whole family can enjoy. During the program we will explore the wonders of our natural world. Our programs may include nature walks, interactive activities, animal presentations, or other opportunities to learn about nature and our place in it. Includes s'mores. Topics vary by date.

1--1 hour 30 minute campfire

Location	Day	Time	Code	Date	\$
BurkeLakePk	Sa	8pm	UJU.UB06	6/21	\$12/ea.
BurkeLakePk	Sa	8pm	UJU.LP4N	8/2	\$12/ea.

Campfire Saturdays - Stargazing

(3-Adult) Enjoy a stroll along the lake shores and learn about the constellations, their stories and other night-sky features. Our astronomical naturalist will identify the stars and will have some telescopes to use. The program concludes with a campfire. S'mores ingredients provided.

1--1 hour 30 minute campfire

Location	Day	Time	Code	Date	\$
BurkeLakePk	Sa	8:30pm	395.JBNG	6/7	\$12/ea.
LkFairfaxPk	Sa	8:30pm	395.5201	6/28	\$12/ea.
BurkeLakePk	Sa	8:30pm	395.24RB	7/5	\$12/ea.
BurkeLakePk	Sa	8pm	395.6DBA	7/19	\$12/ea.
BurkeLakePk	Sa	8pm	395.TBIL	8/16	\$12/ea.
LkFairfaxPk	Sa	8pm	395.ISCT	8/16	\$12/ea.

Full Moon Nature Hike & Campfire

(6-Adult) Enjoy nature's tranquil beauty and the night sky under a full moon. Your naturalist guide points out signs of creatures that glide, fly and tiptoe through the woods in the dark. Enjoy a campfire after the hike with s'mores provided.

1--1 hour 30 minute campfire

Location	Day	Time	Code	Date	\$
BurkeLakePk	Sa	8:30pm	193.PJ9Z	8/9	\$12/ea.

Summer Solstice Campfire

(6-Adult) Come celebrate the longest day of the year, when the earth wears a green cloak. Learn to separate fact and fiction regarding midsummer and its celestial events. Head out on a hike as we wait for the sun to set and enjoy roasting marshmallows around a campfire.

1--1 hour campfire

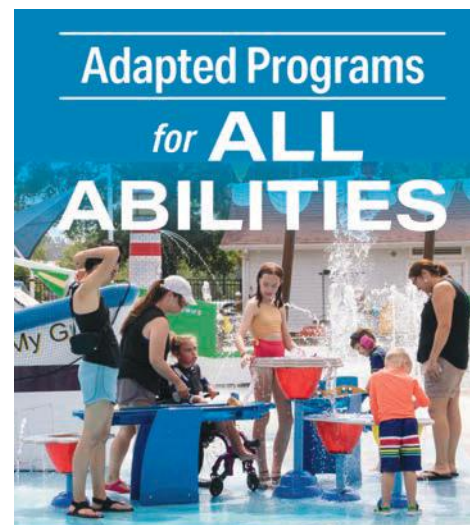
Location	Day	Time	Code	Date	\$
HiddenOaks	Sa	8pm	1AC.WZRT	6/21	\$10/ea.

Night Hike and S'mores Campfire

(4-Adult) Enjoy a naturalist-led walk through the forest to listen for nocturnal animals and to look for evidence of wildlife. End your hike at our campfire and make s'mores.

1--1 hour 30 min campfire

Location	Day	Time	Code	Date	\$
LkFairfaxPk	Su	7:30pm	F6C.RUAC	8/10	\$12/ea.



Summer Camps

- Adapted Park Explorers (ages 10-13)
- Adapted Junior Park Explorers (ages 6-9)

Sensory Friendly Times

- Cub Run Rec Center Leisure Pool
- Our Special Harbor
- The Water Mine

www.fairfaxcounty.gov/parks/accessible



Outdoor Recreation

Scan the QR code to go directly to the Parktakes Online Outdoor Rec page.



Burke Lake Park

7315 Ox Road • Fairfax Station

703-323-6600

www.fairfaxcounty.gov/parks/burkelake

Burke Lake's expansive park offers a wide range of activities for all ages.

- Boating
- Fishing (*Va. fishing license required*)
- Camping
- Trails
- Mini golf
- Volleyball
- Miniature train
- Carousel
- Ice cream parlor
- Picnic areas with grills
- Playgrounds
- Disc golf course

Sailboats, gasoline motors, kayaks (unless used for fishing) and swimming are prohibited. Park grounds and restrooms are open daily, closed only on Dec. 25. Rowboat rentals available. For hours and fees, visit the website or call the park.



Lake Accotink Park

7500 Accotink Park Road • Springfield

703-569-0285

www.fairfaxcounty.gov/parks/accotink

Nestled in Springfield, Lake Accotink is a hidden gem bursting with fun for the whole family!

Pavilion shelters and picnic areas with grills may be reserved by calling 703-324-8732. Sailboats, gasoline motors, swimming, paddleboarding and windsurfing are prohibited. Park grounds are open year-round.

- Boating
- Fishing (*Va. fishing license required*)
- Trails
- Picnic areas with grills
- Bike rentals
- Kayak and pedal boat rentals
- Playground
- Mini Golf
- Carousel
- Visitor Center

For facility hours and fees, visit the website or call the park.



Lake Fairfax Park

1400 Lake Fairfax Drive • Reston

703-471-5415

www.fairfaxcounty.gov/parks/lakefairfax

Home of The Water Mine Family Swimmin' Hole, Lake Fairfax is for outdoor lovers of all ages!

- Boating
- Fishing (*Va. fishing license required*)
- Camping
- Trails
- Picnic areas with grills
- Athletic fields
- Skate park
- Pump track
- Boat rentals
- The Water Mine Family Swimmin' Hole (*Open through Sept 2.*)

Pavilion shelters and picnic areas with grills may be reserved by calling 703-324-8732. Sailboats, gasoline motors, electric-powered boats and swimming in the lake are prohibited. For hours and fees, visit the website or call the park.



Riverbend Park

8700 Potomac Hills Street • Great Falls

703-759-9018

www.fairfaxcounty.gov/parks/riverbend

A park steeped in Native American history, Riverbend Park is a tranquil setting on the Potomac River that offers outdoor recreation and wildlife.

- Boating
- Fishing (*Va. or Md. fishing license required*)
- Trails
- Forest
- Meadows
- Kayak and canoe rentals
- Boat launch
- Riverside picnic areas with grills
- River view observation deck
- Visitor center

Fishing bait and tackle, rod rentals and snacks are available at the visitor center. Grounds open from 7 a.m. to dusk. A boat launch is provided for kayaks, canoes and jon boats (\$5 per boat or \$40 for annual launch pass).



Birding Programs

Birding for Beginners

(12-Adult) Learn about the park's birds and some basic identification skills. This program for beginners starts with a bird identification discussion. Children age 12 to 16 must be accompanied by a registered adult.

1--3 hour program

Location	Day	Time	Code	Date	\$
HuntMdws	Su	8am	A4F.ILCZ	6/22	\$19
HuntMdws	Su	8am	A4F.SB9T	7/13	\$19
HuntMdws	Su	8am	A4F.CNLP	8/17	\$19

Birds and Beans

(12-Adult) Enjoy a hot cup of coffee while you hike with a naturalist and look for birds. The program will begin with a short discussion of the concept of bird-friendly coffee. To reduce waste, please bring your own mug to fill. Tea and hot cocoa options will also be available.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Su	8am	TSF.6GYR	8/24	\$12



Camping Programs

Campfire Cooking

(5-Adult) Learn about the different methods that can be used to cook over a campfire, as well as what types of food are best prepared using each cooking style. Then, practice building your own cooking fire. Stay for a demonstration and a snack around the campfire.

1--1 hour program

Location	Day	Time	Code	Date	\$
LkFairfaxPk	Sa	12:30pm	9SP.XRTN	7/19	\$10
BurkeLakePk	Su	1pm	9SP.XLRO	8/31	\$10

Campfire Skills

(5-Adult) Learn all about building a campfire. Practice starting a fire without matches, and stay for a demonstration.

1--1 hour program

Location	Day	Time	Code	Date	\$
LkFairfaxPk	Su	10am	U4B.RRRT	8/3	\$10
BurkeLakePk	Su	10am	U4B.T3Y7	8/31	\$10

Family Campout

(5-Adult) Join Burke Lake Park naturalists to help alleviate some of the stress of camping, whether it's your first time camping or you're a camping expert. Participate in a range of planned activities such as a campground orientation, a guided nature hike, a demonstration on how to set up a campfire and end the evening with s'mores and games in the field. The next morning, join the naturalists to fish at the park's marina. One registration is required per family, and includes a campsite, all of the programs listed above and a bundle of firewood. Check-in starts at 2 p.m. on Saturday and check-out is at 11 a.m. on Sunday.

1--Family reservation

Location	Day	Time	Code	Date	\$
BurkeLakePk	Sa/Su	2pm	9C3.ZGZQ	7/12	\$102



WE'RE HIRING!



MOUNT VERNON REC CENTER

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Join Our Team at the Newly Renovated Mount Vernon Rec Center!

250+ PART-TIME POSITIONS AVAILABLE

We're hiring in these exciting areas:

- AQUATICS ► FITNESS ► ROCK WALL ► ICE RINKS
- RECREATION PROGRAMS ► OPERATIONS ► CUSTOMER SERVICE

OPEN HIRES

Check our website for on-the-spot hiring opportunities!

APPLY TODAY!

www.fairfaxcounty.gov/parks/reccenter/mount-vernon/jobs

FCPAJOBS@fairfaxcounty.gov



Fishing Programs

Rod and bait will be provided. Participants 16 and older must have a valid Virginia fishing license.

Family Fishing

(5-Adult) Join a naturalist to learn the basics of fishing while enjoying the beauty of the lakefront. Gain a better understanding of not only how to fish, but also how we can better connect with the natural world while participating in recreational activities, such as fishing.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
BurkeLakePk	Sa	8am	UMS.9K90	6/14	\$12
BurkeLakePk	F	6:30pm	UMS.L11N	6/27	\$12
BurkeLakePk	Sa	5:30pm	UMS.6NWU	7/5	\$12
BurkeLakePk	Su	7am	UMS.3WY7	7/27	\$12
BurkeLakePk	Su	8am	UMS.GAHP	8/10	\$12
BurkeLakePk	Sa	10am	UMS.PXUE	8/23	\$12

Fishing for Parent and Child

(5-Adult) Learn how to fish alongside your parent or child as you enjoy the scenery around the lake. Gain a better understanding on how to rig and use a fishing rod, how to safely fish, and how we can be environmentally conscious while we fish.

1--1 hour 30 minute program

Location	Day	Time	Code	Date	\$
LkFairfaxPk	Su	11am	BC9.G3KW	6/1	\$12
LkFairfaxPk	Sa	11am	BC9.CM8A	6/28	\$12
LkFairfaxPk	Su	9am	BC9.HF52	7/20	\$12
LkFairfaxPk	Sa	10am	BC9.Q0E1	8/23	\$12

Kayaking Programs

All kayaks, paddles and necessary safety equipment is included.

Birding by Kayak-Single

(13-Adult) Enjoy a naturalist-led birding trip by kayak. Park Authority lakes are home to more than 100 species of birds and hold many unique habitats. See how these small vessels can provide a closer look into the world of birds. Travel in a one-person kayak.

1--2 hour lesson

Location	Day	Time	Code	Date	\$
BurkeLakePk	Sa	5pm	218.R855	7/19	\$43
BurkeLakePk	Sa	5pm	218.OBSN	8/9	\$43

Intro to Kayaking

(12-Adult) This introductory-level class is perfect for beginners or for those who want to learn how to paddle more efficiently. Learn about different kayaks, paddles, personal flotation devices and safety gear. On the water learn to move the boat in every direction using different strokes and maneuvers.

1--2 hour lesson

Location	Day	Time	Code	Date	\$
LkFairfaxPk	Sa	10am	16A.7J15	6/7	\$43
BurkeLakePk	Sa	10am	16A.JZPQ	6/14	\$43
BurkeLakePk	Su	9am	16A.J3Q5	6/29	\$43
LkFairfaxPk	Sa	9am	16A.SGJQ	7/19	\$43
LkFairfaxPk	Su	9am	16A.GKA9	7/27	\$43
LkFairfaxPk	Sa	9am	16A.QX9P	8/9	\$43

MORE CLASSES ONLINE:
www.fairfaxcounty.gov/parks/parktakes

Outdoor Recreation



Nature Kayaking

(12-Adult) Paddle with a naturalist to learn about the flora and fauna that call the lake their home. Find out what's growing along the lake's edge, who likes to wade in the water and what might be swimming underneath you.

1--2 hour lesson

Location	Day	Time	Code	Date	\$
LkFairfaxPk	Su	5pm	YCJ.R5YN	6/22	\$43
BurkeLakePk	Sa	10am	YCJ.ZHJ3	7/26	\$43
LkFairfaxPk	Sa	4:30pm	YCJ.ZBMA	8/2	\$43
BurkeLakePk	Sa	5pm	YCJ.QOT6	8/2	\$43
BurkeLakePk	F	5pm	YCJ.SVAB	8/29	\$43

Twilight by Kayak

(12-Adult) Watch the sunset on the lake as the wild-life settles in for the night, then return to the dock by the light of the moon.

1--2 hour lesson

Location	Day	Time	Code	Date	\$
LkFairfaxPk	W	8:30pm	CA1.NSFP	6/11	\$43
LkFairfaxPk	Su	8pm	CA1.TØV5	6/22	\$43
BurkeLakePk	F	7:30pm	CA1.NEJT	7/11	\$43
LkFairfaxPk	Sa	7:30pm	CA1.ZØBV	8/2	\$43
BurkeLakePk	F	7:30pm	CA1.FCLA	8/15	\$43

New! Pride Party on the Potomac

(14-Adult) Come celebrate pride month at Riverbend Park. Connect with other LGBTQIA+ nature lovers while enjoying a guided kayak tour of the Potomac River. Learn about queer environmentalists of past and present whose work and environmental activism influenced policies that continue to have a positive impact on our earth today. Conclude the program with a sweet treat and goodies to take home.

1--3 hour program

Location	Day	Time	Code	Date	\$
Riverbend Pk	Su	4pm	DMN.62GB	6/1	\$43

FCPA Farmers Markets
Buy Fresh, Buy Local . . .
 fruits, vegetables, honey
 baked goods, plants, eggs,
 meat, dairy and flowers

www.fairfaxcounty.gov/farmersmarkets

Other Programs

Basic Bike Maintenance

(10-Adult) Learn essential bike maintenance skills in this hands-on class. Students master the art of changing a tire, adjusting brakes and ensuring your bike is road ready. Discover important safety tips for both you and your bike. Bring your own bike and get ready to hit the road with confidence.

5--55 minute lessons

Location	Day	Time	Code	Date	\$
ProvREC	T	6pm	E1Q.S4RS	6/10	\$74

Geocaching Adventures

(8-Adult) Join us for a tour of caches throughout Fairfax County. Hunt for hidden treasures throughout our park system using a GPS. Join one class or sign up for them all. Equipment provided.

1--2 hour lesson

Location	Day	Time	Code	Date	\$
LkFairfaxPk	Su	9am	K98.2ØET	7/6	\$16
BurkeLakePk	Su	10am	K98.38YM	7/27	\$33

Work on your golf game while enjoying great food and beverage specials!

BURKE LAKE GOLF CENTER
BUCKETS AND BEER
 Small bucket + 16 oz. draft beer = \$12

OAKMONT GOLF CENTER
BUCKETS AND BEER
 SMALL BUCKET + 16 OZ. CANNED BEER = \$12

TWIN LAKES GOLF COURSE
BUCKETS AND BEER
 Small bucket + One Beer/Wine/Seltzer = \$11
 Large bucket + One Beer/Wine/Seltzer = \$17

*Range specials may not be used with current range passes or combined with any other offers. Purchase in Pro Shop.

For more information visit:
www.fairfaxcounty.gov/parks/golf/practice

The Fairfax County Park Authority has a variety of beautiful outdoor facilities available for your next event!

For information about our reservable areas, fees, amenities, availability and booking, visit www.fairfaxcounty.gov/parks/picnics

For help planning your event, email FCPAPicnics@fairfaxcounty.gov or call 703-324-8732.

Performing Arts

Scan the QR code to go directly to the Parktakes Online Performing Arts page.



Please note:

- All instructors have different teaching styles.
- Wear comfortable clothing. Any clothing requirements will be discussed at the first class.
- All music classes are group instruction.
- Music books or any other instructional aids are available for purchase at the first class.
- Students must have their own guitar, banjo or harmonica for use in class.
- Piano students need to have access to a piano for practice out of class.
- Some classes may have supply fees so check class descriptions for details. Any supply fees are payable to instructor at first class and are non-refundable.

Drama Classes

Act Up! Wizarding Playhouse

(7-14 yrs.) Inspired by popular wizards and witches from Harry Potter to The Wizard of Oz, young performers experience a theatrical journey in this class by Moonlit Wings. Explore original scenes, songs and games that bring magic to life on stage. Sharpen your acting and singing skills while making new friends along the way. Parents are invited to a mini performance during the final class.

DPVD 7--1 hour 25 minute lessons--\$145

Location	Day	Time	Code	Begin	\$
SoRunREC	T	6:30pm	08H.ZCH5	7/8	DPVD
MtVern REC	Th	5pm	08H.SZYT	7/10	DPVD

All Star Drama Club

(7-14 yrs.) Young performers step into Moonlit Wings' Drama Club! Dive into new lessons every season with fresh scripts of comedy, drama and hilarious improv games. Sharpen speech, stage presence, and teamwork through theatre. Parents are invited to a mini performance during the final class.

DPVD 7--1 hour 25 minute lessons--\$145

Location	Day	Time	Code	Begin	\$
MtVern REC	Th	6:30pm	UN4.SZYT	7/10	DPVD
SoRunREC	T	5pm	UN4.YF61	7/8	DPVD

Theatre & Acting

(10-14 yrs.) This Athletes Global program focuses on voice, acting and stage presence, as well as singing and dancing skills. Students cultivate their improv and cold script reading skills, while learning creative dramatics. Class ends with a short play grand finale.

DPVG 8--55 minute lessons--\$160

Location	Day	Time	Code	Begin	\$
Franconia Rec	Su	11:15am	AH6.VGVD	6/15	DPVG



Music Classes

Dynamic Drums

(6-12 yrs.) Students are introduced to the drum and participate in an ensemble music group in this Learn Now Music class. Supply fee of \$20 for rental instrument and music is payable before class starts online @ <https://learnnowmusic.com/updatepayment>.

CPVK 8--55 minute lessons--\$204

Location	Day	Time	Code	Begin	\$
MtVern REC	T	6pm	KXM.3624	6/24	CPVK

Guitar I

Learn to play, tune and care for your guitar. Students must furnish their own instrument. Any supply fees are payable to instructor at first class.

3PPA 8--55 minute lessons--\$107
CPVA 6--55 minute lessons--\$79

Location	Day	Time	Code	Begin	\$
(6-10 yrs.)					
CubRunREC	Su	1pm	DFD.L24D	6/22	CPVA
Wkfld/Moore	M	6pm	DFD.Q9CO	7/7	3PPA
(10-Adult)					
CubRunREC	Su	1pm	128.U44Q	6/22	CPVA
OakmontREC	T	6pm	128.STY6	6/10	3PPA
(16-Adult)					
ProvREC	T	7pm	1BF.9FD0	6/17	3PPA
Wkfld/Moore	M	8pm	1BF.DR62	7/7	3PPA
Woodbrn ES	T	10am	1BF.4VXH	6/24	CPVA

Guitar II

Prerequisite: Guitar I or equivalent.

3PPA 8--55 minute lessons--\$107
CPVA 6--55 minute lessons--\$79

Location	Day	Time	Code	Begin	\$
(6-12 yrs.)					
CubRunREC	F	5pm	641.TF10	6/27	CPVA
Wkfld/Moore	M	7pm	641.6LXC	7/7	3PPA
(10-Adult)					
CubRunREC	F	5pm	030.NLAM	6/27	CPVA
(16-Adult)					
ProvREC	T	8pm	I9X.W1Z0	6/17	3PPA
Woodbrn ES	T	9am	I9X.ROVS	6/24	CPVA

Rock Guitar

(10-Adult) In this introductory class, students will learn rock guitar and improvisation basics. Beginners encouraged. Students should supply their own instruments. Those with electric guitars should bring a portable amplifier.

3PPA 8--55 minute lessons--\$107

Location	Day	Time	Code	Begin	\$
SoRunREC	M	5:30pm	189.6FTX	7/7	3PPA

Groovy Guitar

(6-12 yrs.) Students will be introduced to the guitar and participate in an ensemble music group in this Learn Now Music class. A \$20 supply fee for rental instrument and music is payable before class starts online at <https://learnnowmusic.com/updatepayment/>.

CPVK 8--55 minute lessons--\$204

Location	Day	Time	Code	Begin	\$
OakmontREC	W	7pm	UKT.WMWS	6/18	CPVK
ProvREC	Th	6pm	UKT.117F	6/19	CPVK

Piano-Beginning I

Group instruction. Learn fundamentals including reading music and keyboard skills. Students must have access to piano or keyboard for practice. Supply fee \$10-\$15 payable to instructor at first class.

CPVA 6--55 minute lessons--\$79

Location	Day	Time	Code	Begin	\$
(6-9 yrs.)					
Woodbrn ES	Th	10:15am	F66.TBRX	6/26	CPVA
(6-12 yrs.)					
Little Run ES	Sa	11am	69C.EV3R	6/21	CPVA
Little Run ES	Sa	1pm	69C.HRX7	6/21	CPVA
Saratoga ES	M	5pm	69C.XYMV	6/23	CPVA
Woodbrn ES	Th	11:15am	69C.UPOC	6/26	CPVA
(10-Adult)					
Little Run ES	Sa	10am	A86.JQBX	6/21	CPVA
Saratog ES	M	7pm	A86.F6FE	6/22	CPVA



Performing Arts

Piano-Beginning II

Group instruction for students who have some piano experience. Improve fundamentals including reading music and keyboard skills. Students must have access to piano or keyboard for practice. Supply fee \$10-\$15 payable to instructor at first class.

CPPA 6--55 minute lessons--\$79					
Location	Day	Time	Code	Begin	\$
(6-12 yrs.)					
Little Run ES	Sa	12pm	AOC.6BJP	6/21	CPPA
Little Run ES	Sa	2pm	AOC.98YZ	6/21	CPPA
Saratoga ES	M	6pm	AOC.61FN	6/32	CPPA
(10-15 yrs.)					
Woodbrn ES	Th	12:15pm	023.USUC	6/26	CPPA
(10-Adult)					
Little Run ES	Sa	3pm	LSN.VG07	6/21	CPPA
Orng Hnt ES	M	8pm	LSN.G4IY	6/23	CPPA

Virtual Piano I

Group instruction. Learn fundamentals including reading music and keyboard skills in this online class. Students must have access to piano or keyboard for practice. We will email the Microsoft Teams link for the class as well as the information to purchase the required piano book which will cost about \$10.

CPPA 6--55 minute lessons--\$79					
Location	Day	Time	Code	Begin	\$
(6-12 yrs.)					
Virtual FCPA	Th	5pm	JTQ.KRZX	6/26	CPPA
(10-Adult)					
Virtual FCPA	Th	7pm	WZX.BANR	6/26	DPPA

ASIAN AMERICAN & PACIFIC ISLANDER HERITAGE Festival

**SATURDAY, MAY 10, 2025
Noon - 4 p.m.**

Mason District Park
6621 Columbia Pike • Annandale, Va.

- ◆ Cultural Performances
- ◆ Cultural Foods
- ◆ Lion Dances
- ◆ Dragon Dances
- ◆ Art Contests
- ◆ Cultural Parade
- ◆ Crafts, Games and Prizes
- ◆ Community Exhibitors and Resources

Join the FCPA and Asian Community Center for a celebratory day of Asian Culture and Heritage!

FREE FAMILY FUN!

Visit www.fairfaxcounty.gov/parks/aapi-celebration/051025 to learn more

Virtual Piano II

Group instruction for students who have some piano experience. Improve fundamentals including reading music and keyboard skills. Students must have access to piano or keyboard for practice. We will email the Microsoft Teams link for the class as well as the information to purchase the required piano book which will cost about \$10.

CPPA 6--55 minute lessons--\$79					
Location	Day	Time	Code	Begin	\$
(6-12 yrs.)					
Virtual FCPA	Th	6pm	BHQ.XOSV	6/26	CPPA
(10-Adult)					
Virtual FCPA	Th	8pm	COU.WONN	6/26	CPPA

Poppin Piano

(6-12 yrs.) Students will be introduced to the piano and participate in an ensemble music group in this Learn Now Music class. A \$20 supply fee for rental instrument and music is payable before class starts online at <https://learnnowmusic.com/updatepayment/>

BPVK 6--55 minute lessons--\$148 CPVK 8--55 minute lessons--\$204					
Location	Day	Time	Code	Begin	\$
MtVern REC	M	6pm	KCZ.A036	6/23	CPVK
OakmontREC	W	6pm	KCZ.10NB	6/18	CPVK
ProvREC	Th	5pm	KCZ.ZIDR	6/19	CPVK
SoRunREC	F	6pm	KCZ.PCDX	7/11	BPVK
Wkfld/Moore	T	7pm	KCZ.7WJK	7/8	BPVK

Ukulele I

(10-Adult) Learn music Aloha style. Class covers instrument playing basics including chord progressions, single-note playing and right-hand strumming

techniques. Numerous styles are taught. Students must bring their own instrument.

3PPA 8--55 minute lessons--\$107 CPPA 6--55 minute lessons--\$79					
Location	Day	Time	Code	Begin	\$
SpHillIREC	Su	12pm	A61.8NA7	6/22	3PPA
Woodbrn ES	T	11am	A61.AV03	6/24	CPPA

Ukulele II

(10-Adult) Prerequisite: Ukulele I or equivalent.

3PPA 8--55 minute lessons--\$107					
Location	Day	Time	Code	Begin	\$
SpHillIREC	Su	1pm	3F1.D5PK	6/22	3PPA

Viva Violin

(6-12 yrs.) Students will be introduced to the violin and participate in an ensemble music group in this Learn Now Music class. A \$20 supply fee for rental instrument and music is payable before class starts online at <https://learnnowmusic.com/updatepayment/>

BPVK 6--55 minute lessons--\$148					
Location	Day	Time	Code	Begin	\$
SoRunREC	F	7pm	Q1M.PS99	7/11	BPVK
Wkfld/Moore	T	6pm	Q1M.G0Q1	7/8	BPVK

Qualified instructors needed to teach children's classes

Contact Jennifer Braun 703-324-5540
or e-mail instructors@fairfaxcounty.gov.

Pet Place

Scan the QR code to go directly to the Parktakes Online Pet Place page.



Our dog obedience classes help build a strong relationship between pet and handler by developing understanding and communication. Flexible training methods are employed for home management, problem solving and correction. Please note:

- Dogs that display fear or aggression are not permitted in Park Authority classes.
- Bring a shot record with proof of DHLA rabies and parvovirus shots to the first class.
- All dogs must be legally licensed, vaccinated, wear a visible dog license and be leashed when entering or leaving the class area.
- Check with instructor at first class for proper leashes, collars and other equipment.
- An adult must stay with student if younger than 16 or does not have own transportation.
- All classes are held outdoors.
- **Register the handler, not the dog; one handler/one dog per registration.**
- Some classes may have supply fees, so check class descriptions for details. Any supply fees are payable at first class and are non-refundable.

Off-Leash Dogs Welcome in Special Dog Parks

Owners of well-mannered canines can take their pets to fenced, off-leash dog parks for free play, a good run or a friendly romp with other dogs. FCPA has eleven established dog parks:

- **Baron Cameron**, 11300 Baron Cameron Ave., Reston
- **Blake Lane**, 10033 Blake Lane, Oakton
- **Chandon**, 900 Palmer Drive, Herndon
- **Dulles Station Community Park**, 13707 Sayward Blvd, Herndon
- **Grist Mill**, 4710 Mt. Vernon Memorial Hwy, Alexandria
- **Lenclair**, 6725 Lenclair St., Alexandria
- **Mason District**, 6621 Columbia Pike, Annandale
- **Monticello Park**, 5315 Guinea Road, Burke
- **Rock Hill District Park**, 15150 Old Lee Road, Centreville
- **South Run**, 7550 Reservation Drive, Springfield
- **Westgrove**, 6801 Fort Hunt Road, Alexandria

Most of the Park Authority dog parks are public/private partnerships, developed in cooperation with sponsoring organizations of pet owners. Volunteers assist with monitoring and cleaning up the facilities, making users aware of dog park rules and regulations and reporting maintenance needs to the Park Authority.

Dog parks are open year-round from 7 a.m. to 30 minutes after sunset on weekdays and from 8 a.m. to 30 minutes after sunset on weekends and Federal holidays. Neither Fairfax County nor the Fairfax County Park Authority is liable for any injury or damage caused by any dog in the off-leash area. For off-leash dog park rules and regulations, visit www.fairfaxcounty.gov/parks/parkrules/dogpark.htm, or call 703-324-8594



Dog Obedience Classes

Puppy Kindergarten

(14-Adult) Puppies 10 to 23 weeks old learn socialization and discipline fundamentals. Puppy owners learn how to address problems such as housebreaking, chewing and jumping. Puppies should wear a buckle collar and be up-to-date with shots.

4DA	8--55 minute lessons--\$134				
Location	Day	Time	Code	Begin	\$
OakmontREC	T	6pm	6CD.V2T2	6/10	4DA

Dog Obedience I

(14-Adult) Includes home management, discipline and problem solving. Methods employed are affection and restraint. Dogs must be at least 6 months old.

4DA	8--55 minute lessons--\$134				
DDVA	8--55 minute lessons--\$158				
Location	Day	Time	Code	Begin	\$
Frying Pan Pk	W	7:30pm	635.QL5J	6/4	4DA
Frying Pan Pk	Th	7:30pm	635.TOR9	6/5	4DA
OakmontREC	T	7pm	635.TEAI	6/10	4DA
ProvREC	Su	4:30pm	V89.TK33	7/13	DDVA
SoRunREC	F	8am	635.DDV9	7/11	4DA
SoRunREC	Sa	9am	635.GL5D	7/12	4DA

Dog Obedience I Family

(9-Adult) Class is designed for family units of two or three. Handlers learn together how to train their dog to sit, lie down, come, stay and walk on a leash. Class also includes home management and problem solving. No more than three family members and one dog per registration. One adult per family must be present at each class, and all family members must be age 9 or older. Dogs must be at least 6 months old.

4DB	8--55 minute lessons--\$170				
Location	Day	Time	Code	Begin	\$
Frying Pan Pk	Th	6:30pm	26E.VC1X	6/5	4DB

Dog Obedience II

(14-Adult) Prerequisite: Dog and owner must have completed a Fairfax County level I class or have permission of instructor. Dogs must be at least 8 months old and show no signs of aggression. Course will prepare the dog to successfully complete the AKC Canine Good Citizen test given on course completion.

4DA	8--55 minute lessons--\$134				
Location	Day	Time	Code	Begin	\$
OakmontREC	T	8pm	C14.IN59	6/10	4DA
SoRunREC	F	9am	C14.L5QB	7/11	4DA
SoRunREC	Sa	8am	C14.G8S8	7/12	4DA

K9 Nose Work

(14-Adult) K9 Nose Work is a great way to bond with your dogs, stimulate their curious minds, hone their obedience skills and build their confidence and focus. This class encourages dogs to use their sense of smell and natural instincts to search and problem solve. It also gives them an outlet to use their love of hunting. As a low-impact class, it is perfect for dogs of any age, size and personality.

DDVA	8--55 minute lessons--\$158				
DDVC	6--55 minute lessons--\$112				
Location	Day	Time	Code	Begin	\$
ProvREC	Su	3:30pm	9D8.SHij	7/13	DDVC
Wkfld/Moore	F	6:30pm	9D8.NAHA	7/11	DDVC
Frying Pan Pk	W	6:30pm	2IN.7DSP	6/4	DDVA

K9 Nose Work II

(14-Adult) Prerequisite: K9 Nose Work I or equivalent. Build on skills learned in level I through different, more advanced activities. This low-impact class is perfect for dogs of any age, size and personality.

DDVC	6--55 minute lessons--\$112				
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	F	7:30pm	X0I.8OPS	7/11	DDVC



Competitive Dog Agility

Competitive Dog Agility I

(14-Adult) Prerequisite: Dog Obedience I or equivalent. Dogs must have one primary handler for the entire session. This class focuses on basic skills needed to succeed in agility and to make agility a game for your dog. A minimum of 75% class attendance and contact/target behavior is required for progression. Attendance at first class is mandatory. Dog and handler are assessed at first class.

4DE	6--55 minute lessons--\$150				
Location	Day	Time	Code	Begin	\$
Frying Pan Pk	Su	8am	A22.9GBN	6/1	4DE

Competitive Dog Agility II

(14-Adult) Prerequisite: Competitive Dog Agility I. Dogs and handlers build on the skills introduced in Level I such as clicker training, building focus, attention and teamwork, targeting, basic handling and obstacle skills. Dogs are exposed to all agility equipment. Dogs must have one primary handler for the entire session. Attendance at first class is mandatory, and overall attendance is required for progression. Bring dogs to first class.

4DE	6--55 minute lessons--\$150				
Location	Day	Time	Code	Begin	\$
Frying Pan Pk	Su	9:15am	7ED.IZEU	6/1	4DE

Competitive Dog Agility III

(14-Adult) Prerequisite: Competitive Dog Agility II. Class expands proficiency and builds performance confidence on all obstacles. Handlers and dogs must have a good working understanding of clicker and targeting, with strong emphasis on contact obstacles and weave poles. Teams begin to work off leash and improve attention, focus and teamwork. Students are

encouraged to repeat this class to perfect obstacle performance. Overall attendance is required for progression. Bring dogs to first class.

4DE	6--55 minute lessons--\$150				
Location	Day	Time	Code	Begin	\$
Frying Pan Pk	Su	10:30am	00F.9PES	6/1	4DE

Non-Competitive Dog Agility

Dog Agility for the Fun of It

(13-Adult) Prerequisite: Dog Obedience I. Class offers an introduction to dog agility. This class is not competition oriented. Dogs must be at least 1 year old. Dogs and handlers learn teamwork, targeting and handling skills basics. Class utilizes agility equipment. Attendance first class is required. Bring dogs to first class.

4DE	6--55 minute lessons--\$150				
Location	Day	Time	Code	Begin	\$
SoRunREC	F	8am	859.BU2H	7/11	4DE

Dog Agility for the Fun of It II

(13-Adult) Prerequisite: Agility for the Fun of It I or Dog Agility I. More fun with agility sequences and obstacle performance. Dogs must know how to sit, lie down, stay, come and be reliable off leash. Confidence in performing contact obstacles (A-frame and dog walk) is required. Bring dogs to first class.

4DE	6--55 minute lessons--\$150				
Location	Day	Time	Code	Begin	\$
Frying Pan Pk	Sa	9am	585.B5QL	6/7	4DE
Frying Pan Pk	Sa	10am	585.JBPC	6/7	4DE
SoRunREC	W	9am	585.8VC1	7/9	4DE
SoRunREC	W	10am	585.9ES2	7/9	4DE
SoRunREC	F	9am	585.0VPN	7/11	4DE

Dog Agility for Fun of It III

(13-Adult) Prerequisite: Dog Agility for the Fun of It II/Competitive Dog Agility II. Class is designed for dogs with an excellent command of all equipment and handlers ready to learn skills such as front and rear crosses, serpentines and pinwheels. Full courses are run using all of the equipment. Dogs must be able to handle each apparatus off leash. Bring dogs to first class.

4DE	6--55 minute lessons--\$150				
Location	Day	Time	Code	Begin	\$
Frying Pan Pk	Sa	8am	180.ABRA	6/7	4DE
SoRunREC	M	9am	180.OK66	7/7	4DE
SoRunREC	W	8am	180.VYKF	7/9	4DE



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Dog Agility for Fun of It IV

(13-Adult) Prerequisite: Dog Agility for the Fun of It III/Competitive Dog Agility III. Class is designed for dogs with an excellent command of all equipment and handlers who want to learn advanced skills. Full courses are run using all of the equipment. Dogs must be able to handle each apparatus off leash. Bring dogs to first class.

4DE	6--55 minute lessons--\$150				
Location	Day	Time	Code	Begin	\$
SoRunREC	M	8am	645.LCID	7/7	4DE

Dog Daze

at The Water Mine
Saturday, Sept. 6, 2025
9 a.m. – 1 p.m.

The Water Mine goes to the dogs with a season-ending event to benefit your parks through the Fairfax County Park Foundation.

- Dogs-only Swimming
- Canine Resource Fair
- Family Fun
- \$15 per dog

Visit www.fairfaxcounty.gov/parks/dogs

The Water Mine at Lake Fairfax Park
 1400 Lake Fairfax Drive, Reston

Science/Technology

Scan the QR code to go directly to the Parktakes Online Science/Technology page.



Some classes may have supply fees so check class descriptions for details. Any supply fees are payable to instructor at first class and are non-refundable.

Science Programs

Science Meets History – Bubbles!

(6-10 yrs.) Experiment and play as we investigate shape, surface tension and other bubble science. We'll use soapy, bubbly water to make giant bubbles and clean up like the Miller's family did in the 1800s.

FEE AK 1--1 hour 30 minute program--\$12

Location	Day	Time	Code	Date	\$
ColvinRunMill	Sa	10am	2GS.VTUU	7/26	FEE AK

Science Meets History - Flight

(6-10 yrs.) Discover how flight developed from birds and insects to balloons and kites, then to planes and rockets. Conduct hands-on experiments to see how lift, drag, weight and thrust make flying possible.

FEE AK 1--1 hour 30 minute program--\$12

Location	Day	Time	Code	Date	\$
ColvinRunMill	Su	2pm	LVI.JSIV	7/13	FEE AK

Science Meets History - Spies

(6-10 yrs.) Get ready for a little deception, secret messaging and eavesdropping. Learn the science of spying and create your own secret messages and practice a few of these skills yourself.

FEE AK 1--1 hour 30 minute program--\$12

Location	Day	Time	Code	Date	\$
ColvinRunMill	Su	2pm	ØØS.ZYRD	8/10	FEE AK

Simple Machines - Work and Play

(6-10 yrs.) Try six simple machines that operate alone or together to make work easier. Come experiment with wheels and axels, levers, inclined planes, pulleys, wedges and screws for a morning of fun work.

FEE B 1--1 hour program--\$8

Location	Day	Time	Code	Date	\$
ColvinRunMill	Sa	10am	HSR.40HQ	6/21	FEE B

Summer Engineering Challenge

(6-11 yrs.) Use your critical thinking skills and problem-solving abilities to engineer a solution for our secret seasonal challenge. Attack the design problem and work within the criteria and constraints to see if you can come up with the best solution.

FEE AJ 1--1 hour program--\$10

Location	Day	Time	Code	Date	\$
HiddenOaks	Sa	2pm	WF3.3LEW	7/19	FEE AJ

Science Potions & Explosions

(6-9 yrs.) In this Baroody Camps class, students create potions and exciting chemical reactions. Erupt a volcano, make indoor snow, step inside a giant bubble, grow a giant crystal or blast a rocket into the air while learning about the states of matter and how



things change with mixtures, solutions, and chemical reactions.

CXVI 8--55 minute lessons--\$159

Location	Day	Time	Code	Begin	\$
SoRunREC	Th	6pm	EDO.HNQM	7/10	CXVI

Technology Classes

Battle Robots

(7-12 yrs.) Learn engineering strategies for building sturdy structures using unique RoboThink bricks, and then apply that knowledge to build multiple robots for a variety of friendly competitions. You'll have a blast as you play robot soccer, compete in robot relay races, and complete dozens of other fun challenges in this RoboThink program.

DXVG 6--55 minute lessons--\$182

Location	Day	Time	Code	Begin	\$
FrankShrm ES	Th	5pm	R8R.MWGH	6/26	DXVG
Oakton ES	W	5pm	R8R.SDQZ	6/25	DXVG
SpringHl ES	F	5pm	R8R.S5ZD	6/27	DXVG
SpHillREC	Sa	12:30pm	R8R.V23X	6/28	DXVG
MtVernREC	M	5pm	R8R.OS3W	6/23	DXVG
MtVernREC	Sa	10:30am	R8R.OIG1	6/21	DXVG

3D Printing Basics with Parent

(6-12 yrs.) This course introduces children and their parent to 3D printing. Students will learn the basics of 3D design and witness their creations come to life, such as custom toys and personalized backpack tags. No prior experience needed. A laptop or tablet, Fairfax County library card and an email address are required. There will be a \$15 materials fee.

CXVL 5--55 minute lessons--\$103

Location	Day	Time	Code	Begin	\$
ProvREC	Sa	2pm	Z2W.TRE6	6/7	CXVL
ProvREC	Sa	3pm	Z2W.PH2Q	6/7	CXVL
ProvREC	Su	2pm	Z2W.818Y	6/8	CXVL
ProvREC	Su	3pm	Z2W.HAZP	6/8	CXVL

3D Printing Basics

(13-Adult) In this hands-on course, expert instructors will guide you through understanding the basics of 3D printing, from creating to printing your own designs. No prior experience required. A laptop or tablet with mouse and an email address are required. A Fairfax County library card number is recommended. There will be a \$15 materials fee.

4XF 5--1 hour 25 minute lessons--\$92

Location	Day	Time	Code	Begin	\$
ProvREC	Sa	4pm	IIS.D7KP	6/7	4XF
ProvREC	Su	4pm	IIS.WG54	6/8	4XF

eSports Class

(11-17 yrs.) In this interactive gaming class gamers are in a classroom setting where they can learn and gain tips from others plus receive coaching on strategic game play. This session features the Nintendo Switch platform with various games.

DXVS 8--1 hour 25 minute lessons--\$152

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	F	6pm	3AK.HKHV	7/11	DXVS

LEGO Aquatic Bots

(5-8 yrs.) Make LEGO® WeDo 2.0 AquaBots in this Baroody Camps robotics class. Each day students build and code a different water-themed robot using LEGO® gears, pulleys, axles, motors and sensors. Make boats, seaplanes, ocean explorers and robotic denizens of the deep.

CXVI 8--55 minute lessons--\$159

Location	Day	Time	Code	Begin	\$
OakmontREC	Su	10am	XZ7.C30J	6/15	CXVI
Wkfld/Moore	Th	6:30pm	XZ7.47EE	7/10	CXVI

LEGO Zooland

(5-8 yrs.) In this Baroody Camps class students bring their favorite zoo animals to life. Each week, students build and code a different animal robot using axles, timing belts, gears, laptops and coding blocks while learning facts about these animals. The creations will be animated using special programming software.

CXVI 8--55 minute lessons--\$159

Location	Day	Time	Code	Begin	\$
OakmontREC	Su	11am	P1X.OYPG	6/15	CXVI
SoRunREC	W	6pm	P1X.DLUD	7/9	CXVI

RoboPetz

(7-12 yrs.) Students unleash their creativity and construct a variety of animal robots in this RoboThink program. Using mainboards, DC motors, gears and axles, students gain programming skills while creating captivating pet robots.

DXVG 6--55 minute lessons--\$182

Location	Day	Time	Code	Begin	\$
MtVern REC	T	5pm	8VG.FDNS	6/24	DXVG

Robotic Planes, Trains & Automobiles

(7-12 yrs.) In this RoboThink class students build robots inspired by different kinds of planes, trains and cars using motors, gears and batteries, then bring their creations to life.

DXVG 6--55 minute lessons--\$182

Location	Day	Time	Code	Begin	\$
ShreveWd ES	W	5pm	EST.K04D	6/25	DXVG
Camelot ES	Th	5pm	EST.I8ZD	6/26	DXVG
Navy ES	F	5pm	EST.2CK5	6/27	DXVG
LittleRn ES	Sa	10am	EST.Z68N	6/21	DXVG

WeDo Robotics

(5-8 yrs.) In this Baroody Camps class, students use a curriculum powered by LEGO Educational group which includes fun robotics projects using LEGO bricks to build robots. Projects help students improve their math, physics and engineering skills.

CXVI 8--55 minute lessons--\$159

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Th	5:30pm	GW9.055E	7/10	CXVI

Scouts

Scan the QR code to go directly to the Parktakes Online Scouts page.



Complete most or all requirements to earn your scout badges with Fairfax County Parks. Programs are offered at Rec Centers, nature centers and historic sites. Some sites offer flexible scheduling for programs by request. To inquire please contact the site directly or complete a program request form on our scouting main page. Early registration discount and out-of-county fees do not apply.



BSA Scouts are required by Scouting BSA to bring a blue card signed by their Scoutmaster to any merit badge program. Scouts are encouraged to have completed all prework before the start of class.

Pre-work and program details available at www.fairfaxcounty.gov/parks/scouts. Scouts unable to complete all requirements may receive partial credit from their merit badge counselor.

Girl Scout Programs

Brownie Girl Scouts (7-9 yrs.)

Outdoor Art Creator

1--2 hour lesson

Location	Day	Time	Code	Date	\$
HuntMdws	Su	2pm	E0F.AU00	8/31	\$14

Merit Badges (11-17 yrs.)

Animal Science

1--2 hour Merit Badge

Location	Day	Time	Code	Date	\$
Frying Pan Pk	Th	4pm	647.OWAG	6/12	\$24

Camping

1--5 hour Merit Badge

Location	Day	Time	Code	Date	\$
LkFairfaxPk	Sa	9am	642.Q433	6/21	\$60
LkFairfaxPk	Sa	9am	642.Y6LX	7/12	\$60

Chess

1--4 hour Merit Badge

Location	Day	Time	Code	Date	\$
HiddenOaks	Su	1pm	C78.TQZB	7/27	\$48

Citizenship in the Community

1--4 hour Merit Badge

Location	Day	Time	Code	Date	\$
HiddenOaks	M	8:30am	FE0.DDJV	6/30	\$48
Sully	W	10am	FE0.4VCL	7/16	\$48
HistHuntley	Su	10am	FE0.UNSL	8/24	\$48

Citizenship in the Nation

1--4 hour Merit Badge

Location	Day	Time	Code	Date	\$
HiddenOaks	M	1pm	38A.PRNM	6/30	\$48
Sully	Th	10am	38A.UHKS	7/24	\$48



Citizenship in the World

1--5 hour Merit Badge

Location	Day	Time	Code	Date	\$
HiddenOaks	W	12pm	DDB.VUYH	7/2	\$60
HiddenOaks	Su	12pm	DDB.U4XZ	8/3	\$60

Coin Collecting

1--4 hour Merit Badge

Location	Day	Time	Code	Date	\$
Sully	F	10am	80W.IJ9J	8/8	\$48

Communication

1--4 hour Merit Badge

Location	Day	Time	Code	Date	\$
HiddenOaks	Su	12pm	5BE.XXYJ	6/29	\$48
HuntMdws	Sa	10am	5BE.YQTQ	8/23	\$48

Environmental Science

1--5 hour Merit Badge

Location	Day	Time	Code	Date	\$
ECLawrnPk	Su	12pm	FFA.TC13	6/8	\$60
HiddenOaks	Sa	12:30pm	FFA.65FF	6/28	\$60
ECLawrnPk	Su	12pm	FFA.CX08	7/6	\$60
LkFairfaxPk	Sa	9am	FFA.U8IZ	8/30	\$60

First Aid

1--5 hour Merit Badge

Location	Day	Time	Code	Date	\$
HiddenOaks	Su	10am	869.2G1C	7/6	\$60
HiddenOaks	Sa	12:30pm	869.KMKI	8/2	\$60
HuntMdws	Sa	10am	869.XE3I	8/30	\$60

Mammal Study

1--2 hour Merit Badge

Location	Day	Time	Code	Date	\$
ECLawrnPk	Su	9am	160.TSW1	8/10	\$24

Nature Study

1--4 hour Merit Badge

Location	Day	Time	Code	Date	\$
ECLawrnPk	Su	9am	C84.UH12	6/22	\$48
HiddenOaks	Th	8:30am	C84.BMU2	7/3	\$48

Reptile & Amphibian

1--3 hour Merit Badge

Location	Day	Time	Code	Date	\$
HiddenOaks	T	2pm	EAC.66A8	7/1	\$36
ECLawrnPk	Su	9am	EAC.7WT8	7/27	\$36
ECLawrnPk	Sa	9am	EAC.MOYT	9/6	\$36

Sustainability

1--4 hour Merit Badge

Location	Day	Time	Code	Date	\$
LkFairfaxPk	Su	11am	435.7UG1	6/15	\$48
HiddenOaks	Th	1pm	435.8D2S	7/3	\$48

Weather

1--4 hour Merit Badge

Location	Day	Time	Code	Date	\$
HiddenOaks	T	9am	89D.N0M2	7/1	\$48

Sports and Leagues

Scan the QR code to go directly to the Parktakes Online Sports page.



Golf facilities, classes and tournaments are listed in the Golf section.

Agility & Strength

(10-14 yrs.) In this program young athletes improve strength training using resistance and body weight while learning nutrition basics.

CSVA 6--55 minute lessons--\$114

Location	Day	Time	Code	Begin	\$
MtVern REC	Sa	4pm	BZA.9ME4	6/21	CSVA

Speed, Agility & Quickness

Elevate your game to the next level with workouts geared to make you a better athlete in any sport. A combination of drills and competitions increases strength, endurance, agility, acceleration, speed, lateral and vertical movement. Focus is on cross-sport movements.

CSVA 6--55 minute lessons--\$114

Location	Day	Time	Code	Begin	\$
(9-12 yrs.)					
MtVern REC	Sa	2pm	9XS.VU43	6/21	CSVA
(13-18 yrs.)					
MtVern REC	Sa	3pm	WRK.5HUE	6/21	CSVA

Beginning Athletes

(6-8 yrs.) In this high-energy class, kids are introduced to a variety of sports and activities each week including soccer, basketball and flag football.

DSV1 8--55 minute lessons--\$160
DSVF 8--55 minute lessons--\$155

Location	Day	Time	Code	Begin	\$
Franconia Rec	Su	9am	FOZ.9V98	6/15	DSV1
SoRunREC	M	7pm	FOZ.9P6C	7/7	DSVF
SoRunREC	W	6:30pm	FOZ.L86M	7/9	DSVF
Wkfld/Moore	Su	10am	FOZ.LIKX	7/13	DSVF

Basketball I

Children learn basketball skills and techniques including passing, shooting, dribbling and other fundamentals. Class includes scrimmages to reinforce teamwork.

4SM 8--55 minute lessons--\$140
CSV1 6--55 minute lessons--\$140
CSVA 6--55 minute lessons--\$120
DSVF 8--55 minute lessons--\$155

Location	Day	Time	Code	Begin	\$
(6-8 yrs.)					
BelleVw ES	Sa	10:30am	OF7.7GPL	6/21	CSVA
SullyCommCtr	Su	10am	OF7.XTIW	6/22	4SM
Franconia Rec	Sa	10:15am	OF7.76ZG	6/7	DSVF
Orgng Hnt ES	Sa	9am	OF7.U80H	6/21	CSV1
SpHillREC	Sa	11am	OF7.CZMD	6/21	4SM
SpHillREC	Th	6pm	OF7.QAM1	6/26	4SM
Wkfld/Moore	M	6:30pm	OF7.SE8S	7/7	CSVA
Wkfld/Moore	Th	5:30pm	OF7.OLVD	7/10	CSVA
Wkfld/Moore	Sa	11am	OF7.RZ4Y	7/12	4SM
(8-10 yrs.)					
Orgng Hnt ES	Sa	10am	134.JRZJ	6/21	CSV1
SpHillREC	Sa	12pm	134.GGL3	6/21	4SM
SpHillREC	Th	7pm	134.TCUE	6/26	4SM



SullyCommCtr	Su	11am	134.7IMH	6/22	4SM
BelleVw ES	Su	9am	134.9CXJ	6/22	CSV1
Wkfld/Moore	M	7:30pm	134.M3LL	7/7	CSVA
Wkfld/Moore	Th	6:30pm	134.Z9A0	7/10	CSVA
(11-13 yrs.)					
BelleVw ES	Su	10am	188.5DRK	6/22	CSV1
Orgng Hnt ES	Sa	11am	188.767D	6/21	CSV1
SpHillREC	Sa	1pm	188.W2GM	6/21	4SM
Wkfld/Moore	Th	7:30pm	188.G1XH	7/10	CSVA
Wkfld/Moore	Sa	1pm	188.GLVW	7/12	4SM

Basketball II

Learn a variety of offensive and defensive strategies in this intermediate class.

4SM 8--55 minute lessons--\$140
CSV1 6--55 minute lessons--\$140

Location	Day	Time	Code	Begin	\$
(6-8 yrs.)					
Oakton ES	Sa	10:45am	Z8E.IS8R	6/14	CSV1
SpHillREC	Su	12pm	Z8E.BUJO	6/22	4SM
(8-10 yrs.)					
BelleVw ES	Su	11am	919.D9HQ	6/22	CSV1
SpHillREC	Su	1pm	919.48Z1	6/22	4SM
SpHillREC	T	5pm	919.UWUT	6/24	4SM
(10-12 yrs.)					
BelleVw ES	Su	12pm	680.UYYS	6/22	CSV1
Oakton ES	Sa	11:45am	680.WFE2	6/14	CSV1
Wkfld/Moore	Sa	2pm	680.U9C1	7/12	4SM

Basketball III

Learn to move without the basketball on offense. Practice different defensive and offensive sets in this advanced class.

4SM 8--55 minute lessons--\$140
CSV1 6--55 minute lessons--\$140

Location	Day	Time	Code	Begin	\$
(8-12 yrs.)					
SpHillREC	T	7pm	988.YAYA	6/24	4SM
(12-14 yrs.)					
BelleVw ES	Su	1pm	94C.NGBD	6/22	CSV1
Wkfld/Moore	Sa	3pm	94C.156N	7/12	4SM
Wkfld/Moore	Sa	12pm	94C.K9F8	7/12	4SM

Basketball Shooting Clinic

(10-16 yrs.) Shooting is the most essential skill in basketball. With modern offenses geared towards five

perimeter players, shooting has become paramount on all teams at all levels. Focus will on reworking shooting mechanics for maximum accuracy, developing a lightning-quick release and discovering the mindset and training required to become a better shooter.

DSVU 4--1 hour 25 minute lessons--\$117

Location	Day	Time	Code	Begin	\$
SpHillREC	Sa	2pm	3LV.124W	6/21	DSVU
SpHillREC	Sa	2pm	3LV.6Y19	7/26	DSVU
Wkfld/Moore	Su	12pm	3LV.W01W	7/13	DSVU

Basketball Training/Girls I

(8-12 yrs.) Students learn basketball skills and techniques including passing, shooting, dribbling and other fundamentals. Class includes scrimmages to reinforce teamwork.

4SM 8--55 minute lessons--\$140

Location	Day	Time	Code	Begin	\$
SpHillREC	Su	11am	924.6J95	6/22	4SM

Basketball Training/Girls II

(11-14 yrs.) Prerequisite: Level I or equivalent. Students learn advanced skills as well as offensive and defensive strategies. Class includes scrimmages to reinforce teamwork.

4SM 8--55 minute lessons--\$140

Location	Day	Time	Code	Begin	\$
SpHillREC	Su	10am	SX4.EOH7	6/22	4SM
SpHillREC	T	6pm	SX4.68Z5	6/24	4SM

Co-ed Basketball League

These U6 and U7 leagues introduce students to basketball to teach them the rules and basic game fundamentals. Fee includes uniform shirt.

DSV2 8--55 minute lessons--\$207

Location	Day	Time	Code	Begin	\$
(5-6 yrs.)					
SpHillREC	Sa	9am	086.SBBG	6/21	DSV2
Wkfld/Moore	Su	10am	086.QE4Y	7/13	DSV2
(6-7 yrs.)					
SpHillREC	Sa	10am	403.5T9F	6/21	DSV2
Wkfld/Moore	Su	11am	403.E7M7	7/13	DSV2

Sports and Leagues

Cheer & Hip Hop

(5-7 yrs.) This class features fun cheers and modern hip hop movements with a vivacious urban feel. Students learn various dance and cheer combinations, basic stunts and fun choreography as well as how to count music and dance in with a team. A performance in the last class will showcase what the students have learned.

DSV1 8--55 minute lessons--\$160

Location	Day	Time	Code	Begin	\$
Franconia Rec	Sa	9am	2EU.XPOA	6/7	DSV1
Franconia Rec	Sa	10am	2EU.MV4U	6/7	DSV1

Intro to Sport Fencing

This class introduces students to the sport of Olympic fencing. Students learn how to fence and referee all three disciplines of sport fencing: foil, sabre and epee. No previous experience needed. Equipment can be rented from the instructor for \$49 or purchased for \$199 with payment due after first class.

CPVH 7--55 minute lessons--\$108

Location	Day	Time	Code	Begin	\$
(8-14 yrs.)					
Wkfld/Moore	T	6pm	TSB.EVZV	7/8	CPVH
Wkfld/Moore	Sa	12pm	TSB.G39G	7/12	CPVH
(14-Adult)					
Wkfld/Moore	Sa	11am	IAB.NTBM	7/12	CPVH



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Intermediate Fencing

(9-Adult) This class offers a continuation program for students who have completed the VAF Beginning Fencing class or have previous fencing experience. Students will learn and utilize advanced techniques and strategies, and be introduced to competitive bouts using electronic equipment. An equipment fee of \$49 is payable at first class.

CPVH 7--55 minute lessons--\$108

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	T	7pm	PZQ.165V	7/8	CPVH

Flag Football

Students learn the fundamentals of football in an upbeat and engaging environment. Focus in on throwing, catching, and route running, as well as offensive and defensive positional techniques. Learn to compete in a positive sports environment while developing teamwork and sportsmanship.

CSVA 6--55 minute lessons--\$120
4SM 8--55 minute lessons--\$140

Location	Day	Time	Code	Begin	\$
(6-8 yrs.)					
Wkfld/Moore	W	5:30pm	2N0.SXZT	7/9	CSVA
(8-11 yrs.)					
BelleVw ES	Sa	11:30am	N49.4YYX	6/21	CSVA
Wkfld/Moore	W	6:30pm	N49.JCDG	7/9	CSVA
Wkfld/Moore	Su	11am	N49.GT70	7/13	4SM
(12-14 yrs.)					
BelleVw ES	Sa	12:30pm	LED.IFV3	6/21	CSVA
Wkfld/Moore	W	7:30pm	LED.QF7D	7/9	CSVA



Buy one adult, 9-hole round and get one free for your child or teen!

Weekdays all day
Weekends after 1 p.m.

Burke Lake

6915 Ox Road, Fairfax Station
703-323-1641

Jefferson

7900 Lee Highway, Falls Church
703-573-0444

Pinecrest

6600 Little River Turnpike, Alexandria
703-941-1061

Oakmont

3136 Jermantown Rd., Oakton
703-255-5390

Limit one child per paying adult. Not valid with any other offers or discounts or multi-round pass usage.



For more info visit
www.fairfaxcounty.gov/parks/golf

FAIRFAX COUNTY PARK AUTHORITY
Swim Teams

Want to do more with swimming?
Join a **Fairfax County Park Authority Summer Swim Team!**

Claim your spot while there's space!
REGISTER BY JUNE 16

Held at Rec Centers
Open to ages 6-14

Swimmers must be able to continuously swim 25 yards on front and back in deep water without stopping.

FAIRFAX COUNTY PARK AUTHORITY
REC CENTERS

PRACTICE AND MEET TIMES
PRACTICE DATES
Mondays, Tuesdays, Thursdays
Times vary by site. Check online for schedules
SWIM MEETS
Fridays • 6 - 8 p.m.*
**No swim meet on Friday, July 4*

For more information and to register visit:
www.fairfaxcounty.gov/parks/reccenter/swimming

Floor Hockey

(5-7 yrs.) Floor hockey is an action packed game where players move constantly. Students learn hockey basics and how to compete as a team with high effort and sportsmanship in this Baroody Camps class. Each class begins with lead-up games and skill building and ends with a game.

DSVF 8--55 minute lessons--\$155

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Sa	10am	ME2.3HRH	7/12	DSVF

Gymnastics for Girls

(5-7 yrs.) Skill-oriented class includes strength work, conditioning, beam, bars, floor and vault.

CSVA 6--55 minute lessons--\$120**DSVL 8--55 minute lessons--\$182**

Location	Day	Time	Code	Begin	\$
SoRunREC	Sa	12pm	COF.K7PV	7/12	CSVA
SoRunREC	Su	1pm	COF.07RH	7/13	CSVA
Wkfld/Moore	W	6:40pm	COF.1T5T	7/9	DSVL

Gymnastics I

Introduction to gymnastics through floor exercise, balance beam, uneven bars, vaulting and springboard jumping. Low student-to-teacher ratio enhances the learning process.

4SM 8--55 minute lessons--\$140**CSVA 6--55 minute lessons--\$120****DSVL 8--55 minute lessons--\$182**

Location	Day	Time	Code	Begin	\$
(6-9 yrs.)					
SoRunREC	Sa	1pm	8D7.FN9V	7/12	CSVA
SoRunREC	Su	2pm	8D7.1B2E	7/13	CSVA
(6-12 yrs.)					
CubRunREC	W	6:20pm	OD9.HMVN	6/25	4SM
CubRunREC	Th	6:20pm	OD9.3949	6/26	4SM
CubRunREC	W	7:20pm	OD9.ZKQF	6/25	4SM
SoRunREC	Sa	2pm	JBN.DTDJ	7/12	CSVA
SoRunREC	Su	3pm	JBN.5L6Q	7/13	CSVA
Sully Comm Ctr	Sa	1pm	JBN.V63M	6/21	DSVL
Sully Comm Ctr	Sa	2pm	JBN.L3RU	6/21	DSVL
Sully Comm Ctr	Sa	12pm	JBN.J3RI	6/21	DSVL
Wkfld/Moore	W	7:40pm	JBN.EPE1	7/9	DSVL

Mixed Sport & P.E. Games

(6-12 yrs.) Play some of the best sports and PE games ever invented including extreme kickball, handball, capture the flag, ultimate frisbee, floor hockey, and soccer in this Baroody Camps program. Players are en-

couraged to compete with high effort and a positive attitude towards self and others to improve teamwork skills. Students will have the opportunity to propose new games for the group to try.

DSVF 8--55 minute lessons--\$155

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Sa	11am	IP0.7EIO	7/12	DSVF

Pickleball 1

Pickleball is an easy-to-learn, mini tennis-like game that combines elements of tennis, badminton, table tennis and racquetball. In this indoor class, students learn basic pickleball skills and how to play doubles while being active and improving fitness. Paddles and balls provided.

CSVA 6--55 minute lessons--\$120**DSP1 8--55 minute lessons--\$146****DVP2 8--55 minute lessons--\$161**

Location	Day	Time	Code	Begin	\$
Indoor classes (Adults)					
Franconia Rec	Su	1pm	B60.22ER	6/15	DVP2
SpHillREC	Sa	8am	B60.YBZ9	6/21	DVP2
SpHillREC	Su	8am	B60.HGEO	6/22	DVP2
SpHillREC	W	4:30pm	B60.AZB1	6/25	DVP2
Sully Comm Ctr	F	5pm	B60.OJQ6	6/20	DVP2
Sully Comm Ctr	Sa	4pm	B60.YOMI	6/21	DVP2
Sully Comm Ctr	Su	7pm	B60.CLN8	6/22	DVP2
Sully Comm Ctr	M	5:30pm	B60.57NV	6/23	DVP2
Outdoor classes (6-12 yrs.)					
Wkfld/Moore	Sa	10am	UT4.CSGE	7/12	DVP2

Outdoor classes (Adults)

RndtreePk	T	9:30am	J11.5IP2	6/17	DSP1
SoRunREC	Th	5:30pm	J11.3CQ0	7/10	DSP1
SoRunREC	Sa	7am	J11.WGB4	7/12	DSP1
Wkfld/Moore	W	6pm	J11.0UDL	7/9	DSP1
Wkfld/Moore	F	6:30pm	J11.ENKH	7/11	DVP2
Wkfld/Moore	F	8am	J11.58G7	7/11	DSP1
Franconia Rec	Sa	8am	DZV.R2UP	6/7	DVP2
Franconia Rec	Th	5pm	DZV.KY8J	6/26	DVP2
GWREC	M	11am	DZV.FC6D	6/9	DVP2
GWREC	Th	11am	DZV.J4BE	6/12	DVP2
Wkfld/Moore	M	6pm	DZV.C8Y7	7/7	DVP2
Wkfld/Moore	M	8am	DZV.1AES	7/7	DVP2
Wkfld/Moore	T	8am	DZV.69NZ	7/8	DVP2
Wkfld/Moore	Th	8am	DZV.16XN	7/10	DVP2
Wkfld/Moore	Sa	9am	DZV.KED3	7/12	CSVA

Outdoor Pickleball 1 Coached Play

(Adults) Participants rally with other players alongside a certified coach in this outdoor program. Individuals benefit from varied play and timely coaching for boosting their pickleball game. Beginners focus on learning basic strokes and rules.

DSP1 8--55 minute lessons--\$146**DVP2 8--55 minute lessons--\$161**

Location	Day	Time	Code	Begin	\$
RndtreePk	T	10:30am	W1M.O3LC	6/18	DSP1
GWREC	Sa	11am	TRL.FQYP	6/7	DVP2

Pickleball 2

(Adults) Prerequisite: Pickleball I. This indoor class focuses on improving essential skills including dinks, volleys, forehands, backhands, serves and doubles strategy. Paddles and balls provided.

CSVA 6--55 minute lessons--\$120**DSP1 8--55 minute lessons--\$146****DVP2 8--55 minute lessons--\$161**

Location	Day	Time	Code	Begin	\$
Indoor classes					
Franconia Rec	Su	2pm	QJ3.PMIG	6/15	DVP2

SpHillREC	Sa	9am	QJ3.BTG4	6/21	DVP2
SpHillREC	Su	9am	QJ3.TJRP	6/22	DVP2
SpHillREC	F	4:30pm	QJ3.ASF8	6/27	DVP2
Sully Comm Ctr	F	6pm	QJ3.N13R	6/20	DVP2
Sully Comm Ctr	Sa	6pm	QJ3.00EV	6/21	DVP2
Sully Comm Ctr	Su	5pm	QJ3.P6ED	6/22	DVP2
Sully Comm Ctr	Su	6pm	QJ3.8FX5	6/22	DVP2
Sully Comm Ctr	M	6:30pm	QJ3.ILRP	6/23	DVP2
Sully Comm Ctr	T	6:30pm	QJ3.QX19	6/24	DVP2

Outdoor classes

RndtreePk	Th	9:30am	YB0.PGVX	6/26	DSP1
SoRunREC	Th	6:30pm	YB0.51VK	7/10	DSP1
SoRunREC	Sa	8am	YB0.SGDP	7/12	DSP1
Wkfld/Moore	W	7pm	YB0.NT3K	7/9	DSP1
Wkfld/Moore	W	8am	YB0.RLYB	7/9	DSP1
Wkfld/Moore	F	7:30pm	YB0.722S	7/11	DVP2
Wkfld/Moore	F	9am	YB0.VN79	7/11	DSP1
Wkfld/Moore	Su	7:30am	YB0.K7N7	7/13	DSP1
Franconia Rec	Sa	9am	8RX.79BT	6/7	DVP2
Franconia Rec	Th	6pm	8RX.FXCM	6/26	DVP2
GWREC	M	12pm	8RX.BV9Q	6/9	DVP2
GWREC	Th	12pm	8RX.M6ST	6/12	DVP2
Wkfld/Moore	M	7pm	8RX.9UGB	7/7	DVP2
Wkfld/Moore	M	9am	8RX.U724	7/7	DVP2
Wkfld/Moore	T	9am	8RX.GB8J	7/8	DVP2
Wkfld/Moore	Th	9am	8RX.R23Z	7/10	DVP2
Wkfld/Moore	Sa	10am	8RX.45A2	7/12	CSVA

Outdoor Pickleball 2 Coached Play

(Adults) Prerequisite: Pickleball 2. Participants rally with other players alongside a certified coach in this outdoor program. Students should know the basic strokes. Individuals benefit from varied play and timely coaching for boosting their pickleball game and fun with the focus on developing consistency.

DVP2 8--55 minute lessons--\$161

Location	Day	Time	Code	Begin	\$
Franconia Rec	Sa	10am	ON5.WVQ4	6/7	DVP2
GWREC	Sa	12pm	ON5.60LH	6/7	DVP2

Pickleball 3

(Adults) Prerequisite: Pickleball II. Class focuses on doubles strategy and execution.

CSVA 6--55 minute lessons--\$120**DSP1 8--55 minute lessons--\$146****DVP2 8--55 minute lessons--\$161**

Location	Day	Time	Code	Begin	\$
Indoor classes					
Franconia Rec	Su	3pm	UQP.HE02	6/15	DVP2
SpHillREC	Sa	10am	UQP.CTGF	6/21	DVP2
SpHillREC	Su	10am	UQP.CPVO	6/22	DVP2
SpHillREC	W	5:30pm	UQP.WMHD	6/25	DVP2
SpHillREC	F	5:30pm	UQP.NI3Z	6/27	DVP2
Sully Comm Ctr	Sa	5pm	UQP.TR2I	6/21	DVP2
Sully Comm Ctr	M	7:30pm	UQP.JGUK	6/23	DVP2
Sully Comm Ctr	T	5:30pm	UQP.MASU	6/24	DVP2

Outdoor classes

RndtreePk	W	9:30am	BON.TG6Q	6/18	DSP1
Wkfld/Moore	W	9am	BON.C9J3	7/9	DSP1
Wkfld/Moore	F	10am	BON.EJOT	7/11	DSP1
Wkfld/Moore	Su	8:30am	BON.RQOI	7/13	DSP1
Franconia Rec	Sa	11am	NUB.HBC9	6/7	DVP2
Franconia Rec	Th	7pm	NUB.27IH	6/26	DVP2
GWREC	M	1pm	NUB.RKVS	6/9	DVP2
GWREC	Th	1pm	NUB.33AP	6/12	DVP2
Wkfld/Moore	M	8pm	NUB.WANA	7/7	DVP2
Wkfld/Moore	M	10am	NUB.XP5E	7/7	DVP2
Wkfld/Moore	T	10am	NUB.Z05H	7/8	DVP2
Wkfld/Moore	Th	10am	NUB.NLLT	7/10	DVP2
Wkfld/Moore	Sa	11am	NUB.S4VI	7/12	CSVA

Now Hiring and Training LIFEGUARDS



- No prior training or experience required.
- Training provided after employment offer.
- Positions available at all Rec Centers and the Water Mine.



www.fairfaxcounty.gov/parks/recenter/jobs



Sports and Leagues

Outdoor Pickleball 3 Coached Play

(Adults) Prerequisite: Pickleball 3. Participants rally with other players alongside a certified coach in this outdoor program. Individuals benefit from varied play and timely coaching for boosting their pickleball game. Focus is on executing strokes with increasing consistency.

DSP1 8--55 minute lessons--\$146					
DVP2 8--55 minute lessons--\$161					
Location	Day	Time	Code	Begin	\$
RndtreePk	W	10:30am	UZS.OWXS	6/18	DSP1
GWREC	Sa	1pm	NJA.12VM	6/7	DVP2

Indoor Pickleball 4

(Adults) This advanced program is designed for players who have successfully completed Pickleball 3 and are confident with foundational skills. Key areas of focus include the third shot drop, maintaining control in the transition zone, mastering the dink shot, including its variations and both defensive and offensive styles. Enhance your ability to sustain medium-length dink rallies, hit effective lobs and overheads, and move quickly to the non-volley zone when the opportunity arises. If you meet the 8 out of 10 skill proficiency required, this class is the perfect opportunity to push your game to new heights.

DVP2 8--55 minute lessons--\$161					
Location	Day	Time	Code	Begin	\$
SpHillREC	Sa	11am	1FL.AS50	6/21	DVP2
SpHillREC	Su	11am	1FL.5NYZ	6/22	DVP2

Outdoor Pickleball Skills & Drills

(Adults) In this outdoor class students focus on one skill per class, then play to reinforce that particular technique. Students should have some pickleball experience.

DSP1 8--55 minute lessons--\$146					
Location	Day	Time	Code	Begin	\$
RndtreePk	Su	8am	VYE.P10I	6/8	DSP1
RndtreePk	Th	8am	VYE.NGW9	6/12	DSP1

Outdoor Senior Pickleball I

(65 yrs.+) This outdoor, slower paced class focuses on basic pickleball skills and how to play doubles while being active and improving fitness. Paddles and balls provided.

DVP2 8--55 minute lessons--\$161					
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Sa	10am	W14.S55A	7/12	DVP2

Outdoor Senior Pickleball II

(65 yrs.+) Prerequisite: previous pickleball class or experience. This outdoor, slower paced class focuses on improving essential skills including dinks, volleys, forehands, backhands and the serve. Doubles strategy is introduced. Paddles and balls provided.

DVP2 8--55 minute lessons--\$161					
Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Sa	10am	NGG.5C9R	7/12	DVP2

MORE CLASSES ONLINE:
www.fairfaxcounty.gov/parks/parktakes

Soccer I

Basic instruction geared for beginning players. Emphasis is on soccer skill development including kicking, dribbling and goal-keeping. Bring shin guards and a soccer ball. Classes held at schools are indoors using soft soccer balls.

4SM 8--55 minute lessons--\$140					
CSV1 6--55 minute lessons--\$140					
CSVH 6--55 minute lessons--\$101					
DSV1 8--55 minute lessons--\$160					
DSVF 8--55 minute lessons--\$155					
Location	Day	Time	Code	Begin	\$

(6-8 yrs.)					
Franconia Rec	Sa	11am	29D.WVTE	6/14	4SM
Franconia Rec	Su	11am	29D.P6AZ	6/15	4SM
GWREC	Su	11am	29D.1SSF	6/8	4SM
GWREC	T	6:30pm	29D.CZ5X	6/10	4SM
Lemon Rd ES	Su	1pm	29D.U44H	6/22	CSVH
Little Run ES	Sa	11am	29D.GOU3	6/21	CSVH
SoRunREC	T	5:45pm	29D.Z9UB	7/8	CSV1
SoRunREC	Sa	10am	29D.GM2E	7/12	CSV1
SoRunREC	Su	11am	29D.KG58	7/13	DSVF
SpHillREC	Sa	11am	29D.7771	6/21	4SM
SpHillREC	Su	11am	29D.UNJE	6/22	4SM
SullyCommCtr	Su	1pm	29D.T1IQ	6/22	4SM
Sully Comm Ctr	Th	7pm	29D.PSTN	6/26	DSV1
Wkfld/Moore	Sa	11am	29D.NOKC	7/12	4SM
Wkfld/Moore	Sa	12pm	29D.OQKI	7/12	4SM
Wkfld/Moore	Su	11am	29D.VC5H	7/13	4SM

(8-12 yrs.)					
Franconia Rec	Sa	12pm	F64.EXW3	6/14	4SM
Franconia Rec	Su	12pm	F64.CRFN	6/15	4SM
GWREC	Su	12pm	F64.8YIY	6/8	4SM
GWREC	Th	5:30pm	F64.E7OY	6/12	4SM
Lemon Rd ES	Su	1pm	F64.YRDW	6/22	CSVH
Little Run ES	Sa	11am	F64.WRX3	6/21	CSVH
SoRunREC	Sa	11am	F64.4J65	7/12	CSV1
SpHillREC	Sa	9am	F64.XPKY	6/21	4SM
SpHillREC	Su	9am	F64.ALST	6/22	4SM
SullyCommCtr	Su	2pm	F64.HC5M	6/22	4SM
Wkfld/Moore	Su	12pm	F64.17MM	7/13	4SM

Soccer II

Prerequisite: Soccer I. Bring shin guards and a soccer ball. Classes held at schools are indoors using soft soccer balls.

4SM 8--55 minute lessons--\$140					
CSVH 6--55 minute lessons--\$101					
Location	Day	Time	Code	Begin	\$

(6-8 yrs.)					
Franconia Rec	Sa	1pm	580.BGMR	6/14	4SM
Franconia Rec	Su	1pm	580.BGMR	6/15	4SM
GWREC	Su	1pm	580.S07J	6/8	4SM
GWREC	Th	6:30pm	580.JQKI	6/12	4SM
Lemon Rd ES	Su	2pm	580.909k	6/22	CSVH
Little Run ES	Sa	12pm	580.AD29	6/21	CSVH
SpHillREC	Sa	12pm	580.WVXE	6/21	4SM
SpHillREC	Su	12pm	580.3NEJ	6/22	4SM
(8-12 yrs.)					
Franconia Rec	Su	2pm	DA0.T978	6/15	4SM
Franconia Rec	Sa	2pm	DA0.CICI	6/14	4SM
GWREC	Su	2pm	DA0.COPE	6/8	4SM
Lemon Rd ES	Su	2pm	DA0.VZTM	6/22	CSVH
Little Run ES	Sa	12pm	DA0.5JZM	6/21	CSVH
SpHillREC	Sa	1pm	DA0.Q6F4	6/21	4SM
SpHillREC	Su	1pm	DA0.7F9M	6/22	4SM

New! Futsal

Futsal is similar to soccer but played indoors at a fast pace with time restrictions. Students learn basic skills

and strategies while having fun. Bring a soccer ball.

DSVZ 8--55 minute lessons--\$123					
Location	Day	Time	Code	Begin	\$
(6-8 yrs.)					
MtVernREC	Sa	10am	FNH.CHG8	6/21	DSVZ
(8-12 yrs.)					
MtVernREC	Sa	11am	FTR.DPCR	6/21	DSVZ
(13-17 yrs.)					
MtVernREC	Sa	12pm	BDQ.X7ER	6/21	DSVZ

Indoor Soccer Clinic

Experience authentic indoor soccer training led by an experienced international Brazilian United coach. Enhance skills, including footwork, soccer techniques, tactics, physical abilities and mental sharpness..

DSVC 6--55 minute lessons--\$91					
Location	Day	Time	Code	Begin	\$
(6-10 yrs.)					
WSprngf ES	Th	5:30pm	P60.5LSI	6/26	DSVC
WSprngf ES	Th	6:30pm	P60.T3EB	6/26	DSVC
(11-14 yrs.)					
WSprngf ES	Th	7:30pm	XE8.A3Q5	6/26	DSVC

T-Ball

(5-7 yrs.) Get a head start on the T-ball season. Fun skill development includes base running, hitting off tee, throwing and catching. Group interaction, cooperation and team play emphasized. Bring your own glove.

4SM 8--55 minute lessons--\$140					
Location	Day	Time	Code	Begin	\$
SullyCommCtr	Su	12pm	3E1.E9VM	6/22	DTVM

Tennis Beginning I

An introduction to the basics: forehand and backhand drive, serve, footwork, rules, scoring and court etiquette. Emphasis is on correct form. Students need a tennis racquet and 2 cans of balls.

4SM 8--55 minute lessons--\$140					
CSV1 6--55 minute lessons--\$140					
CSVA 6--55 minute lessons--\$120					
DSV1 8--55 minute lessons--\$160					
DSVF 8--55 minute lessons--\$155					
Location	Day	Time	Code	Begin	\$

(5-8 yrs.)					
Franconia Rec	M	5:30pm	MKL.Q8FB	6/9	DSV1
GWREC	M	5pm	MKL.GB2Q	6/9	DSV1
NottowayPk	Sa	10am	MKL.WP29	6/14	CSVA
NottowayPk	M	5pm	MKL.2H8L	6/16	DSV1
SoRunREC	M	5pm	MKL.JIFX	7/7	CSV1
SoRunREC	F	5pm	MKL.DDP7	7/11	DSVF
SoRunREC	Su	9am	MKL.JM7P	7/13	CSV1

(9-12 yrs.)					
Franconia Rec	M	6:30pm	NOB.ZBUF	6/9	DSV1
GWREC	M	6pm	NOB.ABY5	6/9	DSV1
NottowayPk	Sa	11am	NOB.C065	6/14	CSVA
NottowayPk	M	6pm	NOB.J31Q	6/16	DSV1
SoRunREC	M	6pm	NOB.88Q5	7/7	CSV1
SoRunREC	F	6pm	NOB.A9YH	7/11	DSVF
SoRunREC	Su	10am	NOB.70Q6	7/13	CSV1
Wkfld/Moore	M	5:30pm	NOB.VG5B	7/7	CSVA

(10-17 yrs.)					
GWREC	M	7pm	A49.4TWT	6/9	DSV1
NottowayPk	Sa	12pm	A49.V5X2	6/14	CSVA
NottowayPk	M	7pm	A49.1FYA	6/16	DSV1
SoRunREC	M	7pm	A49.QH4T	7/7	CSV1
SoRunREC	F	7pm	A49.78YD	7/11	DSVF
SoRunREC	Su	11am	A49.7UK9	7/13	CSV1

Wkfld/Moore	M	6:30pm	A49.BSUA	7/7	CSVA
Wkfld/Moore	Sa	2pm	A49.SACO	7/12	CSVA
(Adults)					
Wkfld/Moore	T	8am	2AB.3GNL	7/8	4SM
Franconia Rec	M	7:30pm	PL0.CDDY	6/9	DSV1
Wkfld/Moore	M	7:30pm	PL0.N19B	7/7	CSVA
Wkfld/Moore	W	6:30pm	PL0.ETFE	7/9	CSVA

Tennis Beginning II

Students should be able to rally with the forehand and know the basic strokes. Stroke production, including ball trajectory over the net and basic game strategy, is refined. Students need a tennis racquet and 2 cans of balls.

4SM	8--55 minute lessons--\$140
CSV1	6--55 minute lessons--\$140
CSVA	6--55 minute lessons--\$120
DSV1	8--55 minute lessons--\$160

Location	Day	Time	Code	Begin	\$
(5-8 yrs.)					
Franconia Rec	T	5:30pm	Q98.FTOM	6/10	DSV1
NottowayPk	T	5pm	Q98.MJMP	6/17	DSV1
SoRunREC	T	5pm	Q98.XYLY	7/8	CSV1
(9-12 yrs.)					
Franconia Rec	T	6:30pm	IWH.L8JJ	6/10	DSV1
NottowayPk	T	6pm	IWH.LNPV	6/17	DSV1
SoRunREC	T	6pm	IWH.OHOG	7/8	CSV1
(10-17 yrs.)					
NottowayPk	T	7pm	TZD.LHST	6/17	DSV1
SoRunREC	T	7pm	TZD.EPPI	7/8	CSV1
(13-17 yrs.)					
Wkfld/Moore	W	5:30pm	2PX.K7BV	7/9	CSVA
Wkfld/Moore	Th	8am	457.ZUGQ	7/10	4SM
Franconia Rec	T	7:30pm	2P8.73KY	6/10	DSV1
Wkfld/Moore	W	7:30pm	2P8.WGSE	7/9	CSVA
Wkfld/Moore	Sa	3pm	2P8.3EOX	7/12	CSVA

Tennis Intermediate I

Student should know basic strokes, scoring, rules and court etiquette. Emphasis is on stroke production,

shot placement and consistency. Students need a tennis racquet and 2 cans of balls.

CSV1	6--55 minute lessons--\$140
CSVA	6--55 minute lessons--\$120
DSV1	8--55 minute lessons--\$160

Location	Day	Time	Code	Begin	\$
(9-12 yrs.)					
SoRunREC	W	5pm	041.LLDU	7/9	CSV1
(10-17 yrs.)					
SoRunREC	W	6pm	W8K.N97M	7/9	CSV1
(13-17 yrs.)					
Wkfld/Moore	F	5:30pm	6CX.JGHV	7/11	CSVA
(Adults)					
Wkfld/Moore	T	9am	572.IY8L	7/8	4SM
Wkfld/Moore	Th	9am	572.VYFD	7/10	4SM
NottowayPk	W	5:30pm	HNK.SWIO	6/18	DSV1
SoRunREC	W	7pm	HNK.BZSK	7/9	CSV1
Wkfld/Moore	F	7:30pm	HNK.PAYV	7/11	CSVA

Tennis Intermediate II

Stroke consistency and control are key factors at this level. Emphasis is on shot variety and pace under pressure. Percentage is stressed and mastery of intermediate skills is required. Students need a tennis racquet and 2 cans of balls.

4SM	8--55 minute lessons--\$140
CSVA	6--55 minute lessons--\$120
DSV1	8--55 minute lessons--\$160
DSVM	8--1 hour 25 minute lessons--\$181

Location	Day	Time	Code	Begin	\$
(13-17 yrs.)					
Wkfld/Moore	F	6:30pm	K3G.ZE5P	7/11	CSVA
(Adults)					
Wkfld/Moore	T	10am	013.EXJB	7/8	4SM
Wkfld/Moore	W	8:30am	013.JKDM	7/9	DSVM
NottowayPk	W	6:30pm	QHM.8Y9J	6/18	DSV1
Wkfld/Moore	Sa	4pm	QHM.4DBF	7/12	CSVA

Tennis Advanced

(Adults) Students should be able to execute all basic strokes and have at least informal competitive playing

experience. Stroke reliability and aggressive shots with pace and depth are expected. Students need a tennis racquet and 2 cans of balls.

4SM	8--55 minute lessons--\$140
DSV1	8--55 minute lessons--\$160

Location	Day	Time	Code	Begin	\$
Wkfld/Moore	W	10am	B86.9L2E	7/9	4SM
Wkfld/Moore	Th	10am	B86.M6X0	7/10	4SM
NottowayPk	W	7:30pm	QN1.30EL	6/18	DSV1

Ultimate Frisbee

(7-12 yrs.) In this active class, offered by Baroody Camps, players will learn the basics of Ultimate Frisbee. Students share strategies, learn how to make calls fairly while refereeing and work with teammates to make the most out of every play.

DSVF	8--55 minute lessons--\$155
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Location	Day	Time	Code	Begin	\$
Wkfld/Moore	Sa	12pm	TLO.DKG0	7/12	DSVF

Volleyball

Learn basic volleyball skills through drills and games. Class covers scoring, serving, bumping, spiking and team play.

DSVF	8--55 minute lessons--\$155
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Location	Day	Time	Code	Begin	\$
(8-12 yrs.)					
SullyCommCtr	Su	3pm	8D1.V92L	6/22	4SM
SullyCommCtr	Su	4pm	8D1.GBZY	6/22	4SM
Wkfld/Moore	M	6pm	8D1.UVFB	7/7	DSVF
(12-17 yrs.)					
Wkfld/Moore	M	7pm	BA8.IZQI	7/7	DSVF
(16-Adult)					
Wkfld/Moore	M	8pm	CR8.JRVU	7/7	DSV1



JUNIOR GOLF FAIRFAX

Introduce your teen or child to golf with these Golf Fairfax offerings:

Discounts for Ages 5-17

- 35% off greens fees at all courses*
- One small bucket free at Burke Lake and Oakmont with the purchase of any-sized bucket

*Course availability varies

Play a Round for \$5 for Youth on Course Members

- At designated times and courses
- Through our partnership with Youth on Course and the Virginia State Golf Association

Orange Tee Club at Burke Lake

- Enjoy a family-friendly round with tees closer to the pin
- Supported by the Fairfax County Park Foundation

For more information visit

www.fairfaxcounty.gov/parks/golf/junior



Xtras

Scan the QR code to go directly to the Parktakes Online Xtras page.



Bridge I

(13-Adult) Designed for beginning players and for students who would like to improve. Stresses bidding and basic defense. This course provides an excellent brush-up for players returning to the game.

4XL 8-- hour 55 minute lessons--\$215

Location	Day	Time	Code	Begin	\$
SoRunREC	M	7pm	DF7.22UN	7/7	4XL

Bridge IV

(13-Adult) This course is the back of the Standard Yellow Card, with particular emphasis on bidding hands with two suits in competition.

4XL 8--1 hour 55 minute lessons--\$215

Location	Day	Time	Code	Begin	\$
SoRunREC	Su	1pm	DFE.06FO	7/13	4XL

Brush-Up Bridge

(13-Adult) Not for beginners. Must be experienced playing bridge and wanting to update your skills. Modern Standard American opening bids and responses are emphasized. After demonstration hands, class shuffles and deals.

4XL 8--1 hour 55 minute lessons--\$215

Location	Day	Time	Code	Begin	\$
SoRunREC	Su	3pm	615.NWNH	7/13	4XL

Chess by Silver Knights

(6-12 yrs.) Learn chess with Silver Knights (formerly Magnus Chess Academy). They've taught 100,000 children, including state and national champions, but most students are beginners looking to learn a new skill and have fun. Class time is divided between lessons and practice games. Lessons range from the basic rules to advanced tournament strategies. Students will have the opportunity to play in tournaments. All chess supplies provided. All skill levels are welcome.

DXVE 8--55 minute lessons--\$154

Location	Day	Time	Code	Begin	\$
SoRunREC	M	6pm	2PM.C3WU	7/7	DXVE
SphillIREC	M	6pm	2PM.MRY9	6/23	DXVE

Tropical Fusion

(6-10 yrs.) Nothing feels more like warmer weather than taking a food journey to the Caribbean. Sip on fruit smoothies made from fresh pineapple, coconuts, papayas and other island fruits. Students will make tropical salsas with mangoes and pineapples and learn about tropical spices such as jerk and curry. Disclaimer: Tiny Chefs reviews products for allergy warnings indicated on the label. Tiny Chefs is not held liable for allergens not listed on product packaging, and environmental factors or cross-contamination. Tiny Chefs can accommodate some mild allergies based on our discretion. Examples of ingredients used in our programs: dairy, egg, wheat/gluten, soy, coconut, sesame. We cannot guarantee a completely allergen-free environment.

DXVV 8--55 lessons--\$285

Location	Day	Time	Code	Begin	\$
Franconia Rec	Sa	11:30am	EM6.8CN1	6/21	DXVV



NOW HIRING!

Part-Time Seasonal Maintenance Workers

Positions available across Fairfax County (work vehicle provided!)



Love the outdoors? Enjoy making a difference?
Join our team and help keep our parks clean, safe and beautiful for the community!

What You'll Do:

- Maintain athletic fields, picnic shelters & park grounds
- Collect and dispose of trash to keep parks pristine

Requirements:

- Valid driver's license
- Ability to lift up to 50 lbs & operate vehicles
- Comfortable working outdoors
- Ability to stand, walk & work on uneven terrain
- Weekend work required

*All duties are performed with or without reasonable accommodations.



joinFCPA
@fairfaxparks



www.fairfaxcounty.gov/parks/parkops/employment-opportunities

Questions? Contact FCPAJOBS@fairfaxcounty.gov



BEST JOB EVER!

You
might
even find
a career!

Can't imagine sitting inside
behind a desk?

Then come join us!

There are so many job and
internship opportunities at
the Park Authority.



joinFCPA
@fairfaxparks

Fairfax County is an Equal Opportunity
Employer and a proud Virginia Values
Veterans (V3)-certified organization.



To view available
employment opportunities,
scan the QR code



REGISTRATION INFORMATION






REGISTER BY MAY 2 AND SAVE \$8*

CLASS REGISTRATION

STARTS

APRIL 22 AT 9 A.M.

FIVE EASY WAYS TO REGISTER

ONLINE	PHONE	FAX	MAIL	IN PERSON
				
www.fairfaxcounty.gov/parks/parktakes Browse online listings, check class enrollment and register.	703-222-4664 Monday – Friday, 9 a.m. – 4 p.m. Please have class activity codes handy when you call.	703-631-2004 Registration processing begins April 22 for classes for faxed forms. Forms received prior to that date will be processed starting April 22. Due to volume, we cannot confirm fax receipt. Allow 3-5 days for processing.	Send completed forms to FCPA/Parktakes P.O. Box 4606 Fairfax, Va. 22038 Mailed registration processing begins April 22 for Classes. Forms received prior are held until that date. Allow 3-5 days for processing.	Monday - Friday, 9 a.m. - 4 p.m. Walk-in registration begins May 5. Visit our Walk-in Registration Office in the Herrity Building, 12055 Government Center Parkway Suite 105.

CAN'T FIND YOUR ACCOUNT?

How do I Create an Account?

- Go to the Parktakes Online website, and click the Create Account button in the upper right corner.
- Fill in the New Customer form.
- After completing the form, click on Create Account.

How do I Recover my Account?

- Go to the Parktakes Online website, and click the Login button on the top right of the screen. Follow the on-screen link to Recover Your Account. Then, simply enter your email address in the field. Check your inbox for a message with a temporary password. You can then use your email address and temporary password to log in, create a new password and update your information.
- If your email address is not on file, you will receive a message stating the email address you entered in the system is not found or is invalid. If you are unable to reset your password, you may need to add an email address to your account. For assistance, email PTOnline@fairfaxcounty.gov.

IN THE EVENT OF BAD WEATHER

FCPA follows Fairfax County Government closures.

- Classes held at school locations may be canceled, even when classes at Rec Centers and other Park Authority and Government locations are running. To check for weather related cancelations, visit www.fairfaxcounty.gov/parks or call the Park Authority inclement weather information line: 703-324-8661.
- Cancellation information is also communicated via local TV and radio stations and Fairfax County government cable channels 16 and 21.
- Cancelations for classes held at vendor locations are made independently. Please call the location where the class is being held.

HOLIDAY CLOSINGS

Any exceptions to the class schedule will be announced at the first class.

WAITLISTS

Waitlists for classes open the day after registration begins at 10 a.m.

CLASS TRANSFERS

Call for transfer options before the second class meets.

CONFIRMATION

Confirmations are sent by email to customers who register online. To check your registration status, click on Your Account then Your Signups at Parktakes online or call 703-222-4664. Refunds are not given for a missing/lost/not received confirmation.

REFUNDS

- FCPA will automatically post a full credit to your account when a class or program is canceled in its entirety. If the FCPA cancels individual meetings due to inclement weather or other circumstances, your account will be credited at the end of the program session for any classes not made up.
- A full refund will be issued when a class or program is changed by FCPA, and it impossible for the customer to continue with the class.
- **Refunds or class credits are not issued for missed individual meetings for classes, camps, workshops, programs, or trips due to personal schedule conflicts or illness.**

When a customer cancels a registration, the following fees apply per registration:

Classes

- Request received 14 or more days prior to the start date - full refund.
- Request received 13 or fewer days prior to the start date - \$15 processing fee applied.
- Request received on class start date - refund minus cost of one class and \$15 processing fee.
- Request received after start date - prorated refund based on number of classes and \$15 processing fee.
- Requests for refunds must be submitted prior to the end of the session.

Camps/Workshops

- Transfer and refund requests must be received 14 days prior to the camp start date. A \$25 processing fee per session will be deducted.
- Request received 13 or fewer days prior to the start date - no refund.

Day Trips and Tours

- Request received 14 or more days prior to the trip date - full refund.
- Requests received 13 or fewer days prior to the trip date - no refund.

SENIOR DISCOUNTS

Fairfax County and Fairfax city residents age 65 or older get a 35% discount. This applies to CODED activities only. Not included: Day Trips and Tours, Pilates Allegro lessons, FallProof, per family fees and programs priced \$45 or less.

*Early registration discount

Does not apply to activities without catalog ID's, events, re-advertised tours, scout programs, camps, camp extended care, per family fees or classes priced \$45 or less.

SCHOLARSHIPS AND PUBLIC ASSISTANCE

Scholarships for one coded class per quarter are available for dependent children of Fairfax County residents who receive public assistance. **A \$15 processing fee applies for each scholarship class** and is refundable only if Fairfax County cancels the program. Students must pay any supply fees.

Note: No scholarships are offered for camps, workshops, day trips/tours, vendor-provided programs, FallProof, TRX or Pilates Allegro lessons.

Required documentation: A verification letter from the assisting agency must accompany the scholarship request form and include eligibility dates and the name of the family member who will receive the scholarship. Eligible forms of public assistance are:

- Medicaid
- TANF
- Free lunch verification from Fairfax County Public Schools
- WIC
- Head Start
- FAMIS
- SNAP (food stamps)

REGISTER FOR SCHOLARSHIPS:

Complete a scholarship eligibility form at www.fairfaxcounty.gov/parks/scholarships and submit it online, by fax or by mail. Once you receive a scholarship confirmation receipt to your account, you may register for classes via phone, fax, mail, in person or online at www.fairfaxcounty.gov/parks/parktakes.

Seniors and Adults with Disabilities

Senior adults and adults with disabilities who meet the following income guidelines are eligible to receive a scholarship for one class per quarter:

- \$16,700/one person
- \$34,100/family of 4
- \$22,500/family of 2
- \$39,900/family of 5
- \$28,300/family of 3
- \$45,700/family of 6

For each additional person, add \$5,800 to determine maximum annual income for eligibility.



REGISTRATION FORM

REGISTER BY MAY 2 AND SAVE \$8*

**SUMMER 2025 CLASS REGISTRATION
STARTS APRIL 22 AT 9 A.M.**

CN-Staff use only #

FILL OUT THE FORM COMPLETELY AND LEGIBLY, INCLUDING A VALID HOUSEHOLD EMAIL ADDRESS.

FIVE EASY WAYS TO REGISTER

ONLINE	PHONE	FAX	MAIL	IN PERSON
				
www.fairfaxcounty.gov/parks/parktakes	703-222-4664 Monday-Friday, 9 a.m. 4 p.m.	703-631-2004	FCPA/Parktakes P.O. Box 4606 • Fairfax, Va. 22038	12055 Government Center Parkway Suite 105, Fairfax

PLEASE PRINT

☐ Check if change of address

Primary Account Holder		Date of Birth						
Address	Street				Apt.			
	City			State		Zip		
Phone #s	Cell			Work			Home	
Email								

Participant's Name (Last, first)	Date of Birth Month/Day/Year	Gender	1ST CHOICE Activity Code	Activity Name	Start Date	Start Time	Listed Fee	2ND CHOICE Activity Code
SAMPLE, JOEY	3/15/13	M	33C.D5A7	PEE WEE PADDLER 1	6/23	2 PM	\$91	33C.9CE4
	/ /							
	/ /							
	/ /							
	/ /							

SUBSCRIBE TO PARKTAKES! IT'S FREE! ☐ Mail Parktakes to street address above. ☐ I want to consider the environment. Send Parktakes to my e-mail address.

PAYMENT INSTRUCTIONS

1	Total Listed Fee(s): For all 1st choice programs		
2	Fairfax County Senior Discount (classes with activity code): Multiply line 1 by 0.35 to calculate 35% senior discount. Do NOT round off cents. Write result in line 3. Only residents of Fairfax County and Fairfax City age 65 or older are eligible. Not included: Day Trips and Tours, Pilates Allegro lessons, FallProof or classes priced \$45 or less. See senior discount section on next page.	Line 1x 0.35 = Seniors Only	
3	SUBTOTAL Line 1 minus line 2	=	
4	Early Registration Discount per Class: Deduct \$8 for each activity code submitted (postmarked if mailed) by early registration date. Does not apply to programs without catalog ID, re-advertised tours, scout programs or classes priced \$45 or less.	-	
5	SUBTOTAL Line 3 minus line 4	=	
6	Deduct House Account Credit: Deduct any credits received on this line	-	
7	Out-of-County Registration Fee: Add \$15 per catalog ID for activities priced \$46 and up; add \$2 for programs priced \$45 or less.	+	
8	Class Scholarship Donation: Add any amount you wish to donate. Fairfax County Park Foundation will send written confirmation of a tax deductible donation of \$10 or more.	+	
9	TOTAL (PAY THIS AMOUNT): Total lines 5-8. Pay this amount. Make checks payable to FCPA. A \$50 fee will be charged for returned checks.	=	



Fairfax County is committed to giving all residents equal access to recreation and leisure opportunities. Reasonable accommodations and inclusion opportunities are provided in accordance with the Americans with Disabilities Act in all Park Authority programs, classes and camps. ADA accommodations include sign interpreters, assistive listening devices, program modifications and inclusion support. Call 703-324-8563 or TTY: Va. Relay 711 at least 10 working days in advance of the date services are needed.

PAYMENT METHOD

Credit Card (Check one:)	<input type="checkbox"/> VISA	<input type="checkbox"/> Mastercard	<input type="checkbox"/> DISCOVER
#:			
Exp. Date:	Zip:		
Signature			
<input type="checkbox"/> Check enclosed	\$	#:	
<input type="checkbox"/> Cash (walk-in only)	<input type="checkbox"/> Use House Account Credits (if credits don't cover full cost of registration, use any payment method listed above for balance due)		
One household per registration form, please. Additional registration forms may be photocopied or downloaded from the Park Authority web page, www.fairfaxcounty.gov/parks and search "registration form"			

SCHOLARSHIP REQUEST

Requires \$15 processing fee per class • Check one:

☐ Income-Eligible Senior or Income-Eligible Disabled Adult

☐ Public Assistance Recipient (attach verification)

See scholarship information on previous page. Signature is required.

Signature

CN-Staff use only #

ACE

ADULT AND
COMMUNITY
EDUCATION

Offering courses in:

- Apprenticeship
- Business
- Culinary
- Driver Education
- CPR and First Aid
- ESOL
- Floral Design
- Health & Medical
- Information Technology
- K-12 Enrichment
- Professional Workplace Skills
- Real Estate
- Test Preparation
- Trade and Industrial
- World Languages, K-Adult

and many more!



Contact us if you need more information about classes or if you are interested in teaching for ACE

ACEOnline@fcps.edu

aceclasses.fcps.edu



WE'RE HIRING TO FILL POSITIONS IN ALL AREAS OF THE PARK AUTHORITY

For available employment opportunities, visit
www.fairfaxcounty.gov/parks/jobs-internships

If you have questions, please email
FCPAJOBS@fairfaxcounty.gov



joinFCPA
@fairfaxparks

Fairfax County is an Equal Opportunity Employer and
a proud Virginia Values Veterans (V3)-certified organization.



RENOVATED, EXPANDED AND UPGRADED!

**REOPENING
SOON!**

Check online for details.



MOUNT VERNON REC CENTER

2017 Belle View Blvd • Alexandria, Va.

Highlights:

- ▶ Two National Hockey League (NHL)-sized Ice Rinks
- ▶ Fitness Center
- ▶ Indoor Walking Track
- ▶ Rock Climbing Wall (indoor, two-story)
- ▶ Drop-In Childcare
- ▶ Pool with Beach Entry
- ▶ Multipurpose Rooms
- ▶ Recreational Classes
- ▶ Camps
- ▶ Ice Skating Lessons and Swim Lessons



www.fairfaxcounty.gov/parks/reccenter/mount-vernon
Questions? Contact us at FCPARECenters@fairfaxcounty.gov.



**HELP GET
ANOTHER**



ROLLING!

The Wonder Wagon Mobile Nature Center will bring environmental education to our neighbors particularly those in underserved and underrepresented communities. Children attending community outreach events, summer camps, SACC programs at Title 1 schools in Fairfax County, events and other popular gatherings will have fun with hands-on learning about our local environment, and increase connectedness to nature where they live.

To learn more, scan the QR code or visit www.fairfaxcounty.gov/parks/wonder-wagon



The Fairfax County Park Foundation is accepting donations to support a second Wonder Wagon Mobile Nature Center!

To make a donation, visit www.FairfaxParkFoundation.org or call 703-324-8582.

Thanks to everyone who donated to the first Wonder Wagon! Another e-Vehicle is needed to serve our vast Fairfax County.





Parktakes

Fairfax County Park Authority
12055 Government Center Parkway, Suite 927
Fairfax, VA 22035-5500



A Fairfax County,
Virginia, publication



WOLF TRAP Summer 2025 On Sale Now!



May 30* + 31*

The Avett Brothers
Heartless Bastards*
Watchhouse*



June 29

The Roots

Mohan Sisters Live
June 13

HAUSER
June 25

Signature Theatre
and Wolf Trap Present
Broadway in the Park
June 28



July 17

**Star Wars: The Empire
Strikes Back in Concert**
National Symphony Orchestra



July 24

**Trombone Shorty
& Orleans Avenue**
JJ Grey & Mofro
Dumpstaphunk

Barenaked Ladies
Sugar Ray
July 16

**Kelli O'Hara
& Sutton Foster**
National Symphony Orchestra
August 1



July 26

**Disney '80s-'90s
Celebration in Concert**
National Symphony Orchestra



September 12

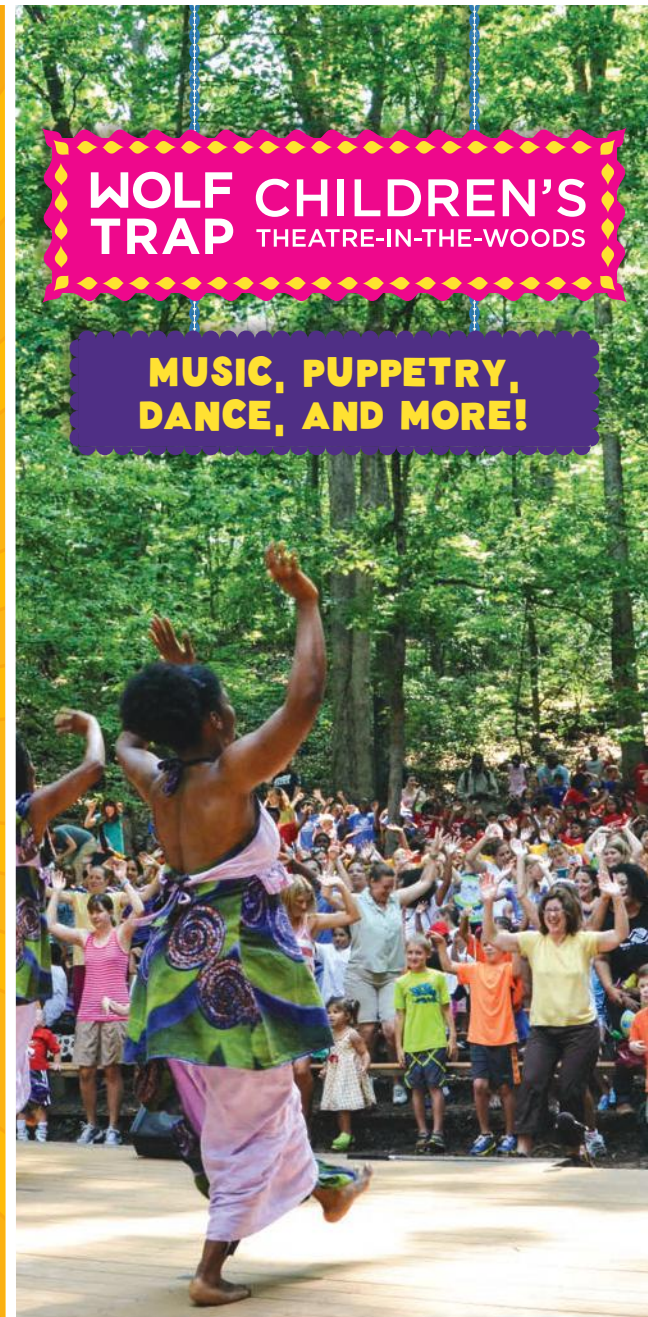
Maren Morris

**Back to the Future
in Concert**
National Symphony Orchestra
August 2

...and many more!

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TRAP** THEATRE-IN-THE-WOODS

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DANCE, AND MORE!**

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TICKETS ON SALE NOW
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