Updated 16 Nov, 2023 Shakti Durga's WHATSON E-Magazine **Featured Event** Energy Healing Foundation Reset & Balance Relationship **Meditations Upcoming Retreats** • Portugal - The Goddess Awakens INDIA Feb, 2024 Retreats www.shaktidurga.com

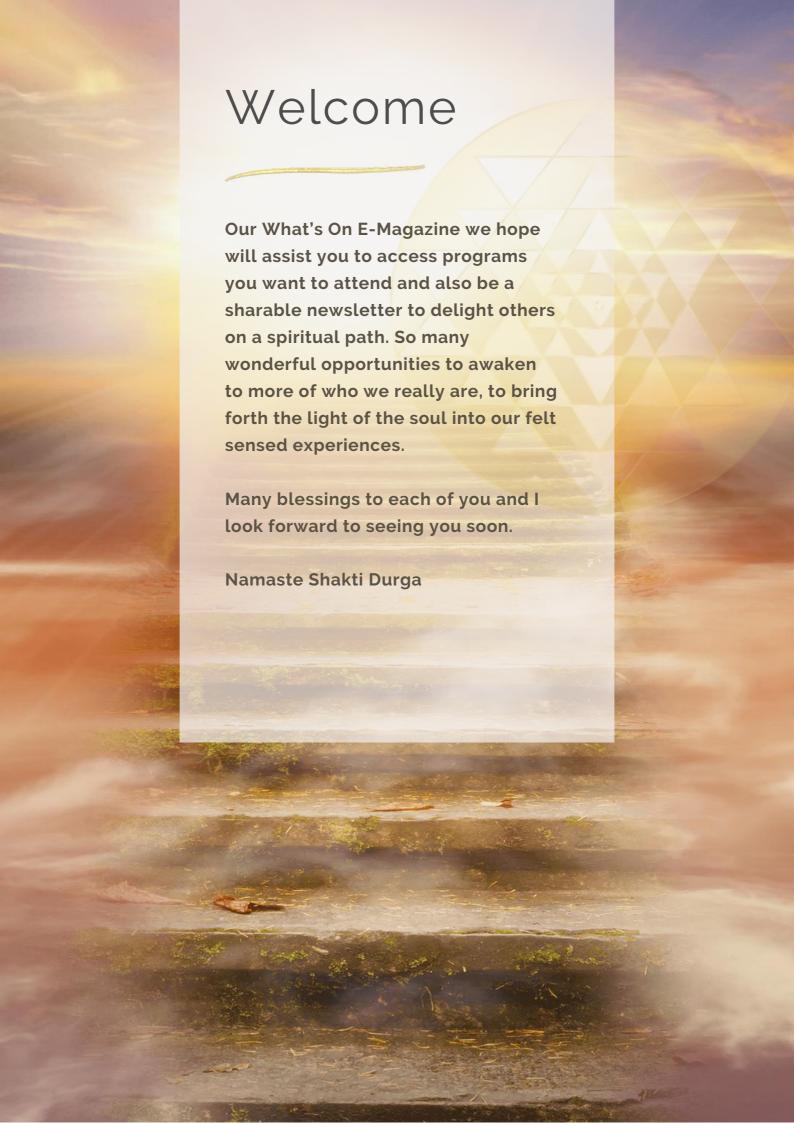


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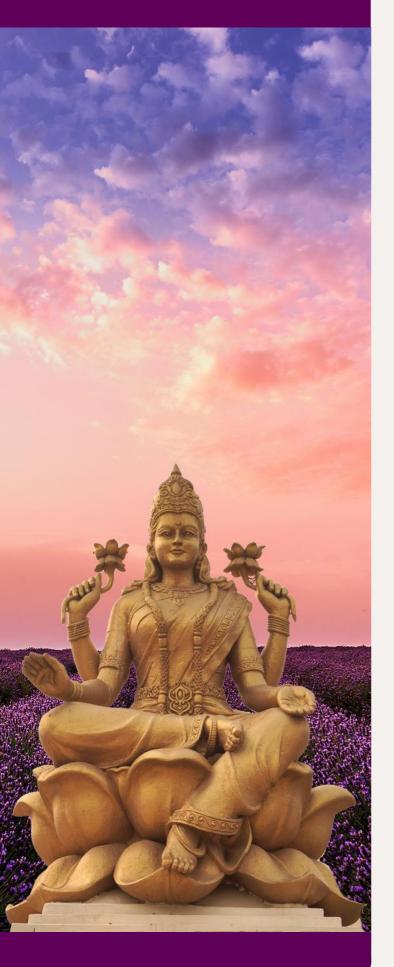


Sharker Durys Forthcoming RETREATS

Events to celebrate life & spirituality

DATES. The following retreats are forthcoming with Shakti Durga, please email <u>retreats@shaktidurga.com</u> for more information.

- London The Alchemy of Grace: 25-26 Nov, 2023 <u>LEARN MORE</u>
- Portugal The Goddess Awakens: 30 Nov to 4 Dec, 2023.
 LEARN MORE
- India Rajasthan: 3-14 Feb, 2024. REGISTER HERE
- India Peedam More Love Than You've Ever Known: 18-24 Feb, 2024. REGISTER HERE
- Peace, Spiritual Connection and the Sacred Pleiades: Apr
 2024 a retreat in the Blue Mountains near Sydney Australia.



Reset & Balance Relationship Meditations



with Shakti Durga

Start 05 Jan, 2024

During these 4 Friday morning meditations in January 2024, Shakti Durga will lead processes and mantras, meditations and activations to assist us with:

- Relationship with self
- Relationship with significant others
- Relationship with finances
- Relationships generally and with the world in which we live.

These meditations are open to all spiritual seekers.

REGISTER NOW





Certificate of

Healing Babies Pre-Post Natal

with Bhadra Kali

Start 23 Jan, 2024

In this course, we will be focusing on healing for baby from conception into early childhood.

I am really looking forward to sharing this beautiful facet of energy healing with you all. I love what I do and helping families to be in flow, assisting them in removing obstacles to greater peace and happiness in their homes is one of the greatest privileges of my life.

*Prerequisites - Energy Healing Foundation or Ignite Your Spirit Therapist Training

REGISTER NOW

Certificate of

Energy Healing Foundation

05 Mar - 23 April

Awaken to a paradigm of healing that explores the energy field but also the mind, body and soul essence.

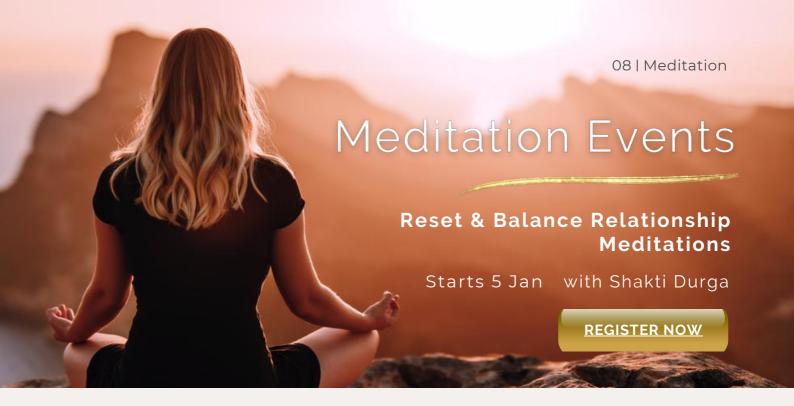
Learn safe and proven energy healing methods. Find gifts and talents you didn't know you had, and a range of skills you can use personally and professionally for life.

*This is a core foundation certificate for all of our other healing certificates and units.

REGISTER NOW









Spiritual Path Satsang

An online gathering of like-minded people for a transformational experience of meditation, mantra, music and discourse.

LEARN MORE



Cooranbong Community Satsang

Join us, in-person at the Harmony Centre. Sharing time in Satsang helps to dissolve our sense of separateness and hastens the journey towards inner peace.

LEARN MORE



Wellbeing Meditation and Healing Clinic

The Wellbeing meditation is suitable to all – from beginners to advanced. It is a guided, intuitive experience integrating sound & energy healing.

LEARN MORE

Monday Online Meditations with Savitur

LEARN MORE HERE



8-8:30am

-Kick start your week with an intuitive lift and shift



Sacred Ceremony

Commune with your higher souls and ignite your spirit. Sacred ceremonies are devotional practices that utilise the elements, mantra and certain physical actions as a form of active meditation.



Full Moon Fire Ceremony

The energy of full moon is a particularly auspicious time to perform sacred ceremony. In this ceremony the energy of the Divine is in the form of Narayani (Strength, Abundance and Wisdom) is invoked. This ceremony powerfully connects us with the Divine.

Cost: By donation - \$180

LEARN MORE

Sacred Ceremony events on Shakti Durga.com



10 | Sacred Ceremony



Full Moon Fire Ceremony

The energy of full moon is a particularly auspicious time to perform sacred ceremony. In this ceremony the energy of the Divine is in the form of Narayani (Strength, Abundance and Wisdom) is invoked. This ceremony powerfully connects us with the Divine..

Cost: By donation - \$180

LEARN MORE



Shivaratri - A monthly dance with the light

Each month just before the moon goes fully dark there is a sliver of light, the waning moon. That is a great time to connect with Lord Shiva. Every Shivaratri is about overcoming darkness and ignorance.

Cost: By donation - \$54

LEARN MORE

Weekly Ceremony



Wellbeing Fire Ceremony

These healing fire ceremonies provide an opportunity to heal old wounds of body, mind and spirit



- Bhadra Kali





Sacred Music & Mantra

Chanting is a great way to raise your vibration, so at times we use the power of sacred sound to 'lift and shift' blockages in our conscious and unconscious landscape.

Sound is energy and our system responds to the sounds and vibrations of Sanskrit chants. Listening to these sounds has a rejuvenating effect on the body, mind and spirit.



Mantra/ Music event list on Shakti Durga.com





Kirtan

Come and enjoy good company and sacred music in the warmth and beauty of our Cooranbong Harmony Centre. Sacred music is such a wonderful way to engage your heart mind and spirit.

Additional upcoming date: 15 & 22 Dec *Please note there is no kirtan 24 Nov & 1 Dec

LEARN MORE



Morning Mantra - Chant Practice

A guided mantra practice to lift your energy for the day, with the chants currently being practiced regularly within the community.



- Siddhi Shakti





Discover your inner gifts of intuitive awareness, healing power and spiritual connection. Be empowered to serve those who want to get to the root cause of health, family, relationship and life issues, and to transform their experience.

Energy Healing

Build a thriving heart-centred business as an Energy Healer, while continuing to develop spiritually, mentally and emotionally.



Energy Healing

If you have studied energy healing foundation or are an Ignite Your Spirit therapist and would like to brush up on your skills, join us for this in-person retreat at the Harmony Centre.

Exploring Electric Light, especially the Green Ray.

14 | Energy Healing Training



Certificate of Energy Healing Foundation

Awaken to a paradigm of healing that explores the energy field but also the mind, body and soul essence.

Learn safe and proven energy healing methods. Find gifts and talents you didn't know you had, and a range of skills you can use personally and professionally for life.

LEARN MORE



Certificate of Healing Babies Pre-Post Natal

Fertility, Pregnancy and Baby Energy Healing

In this course, we will be focusing on healing for baby from conception into early childhood. We will also look at fertility and preparation for pregnancy as well as care of the mother throughout pregnancy, birth and in the postnatal period.



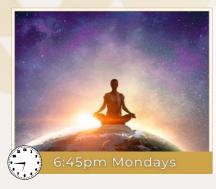
Community Events



Wellbeing Meditation and Healing Clinic

Intuitive meditation experience, integrating sound and energy healing, followed by Healing Clinic. All Ignite Your Spirit and Energy Healing practitioners are welcome to join and build on practice hours!

LEARN MORE



Prayer Circle Online

Prayer is a powerful tool for bringing healing and wholeness into our lives.



- Sri Suryani

LEARN MORE



Cooranbong Community Satsang

Join us, in-person at the Harmony Centre. Sharing time in Satsang helps to dissolve our sense of separateness and hastens the journey towards inner peace.





Retreats

Powerful and mystical journeys into the world of the extraordinary.

THE GODDESS AWAKENS

A Sacred Retreat in Obidos, Portugal

Nov 30th - Dec 4th, 2023

Join Gayatri and Shakti Durga as we call to and awaken the Goddess within the sacred land of Portugal, and within ourselves.

The Goddess Europa is said to have her head in Spain and Portugal and her crown chakra lies along the western coast.

Imagine the Divine connection that lies within this land, and along the alchemical stretch where the land meets the ocean! The goddess at rest here awaits a devoted call and kind, loving, present hearts, to welcome her back to life.



RAJASTHAN PILGRIMAGE



Retreat with Shakti Durga India

Date: February 03 - 14, 2024 **Location:** Rajasthan, India

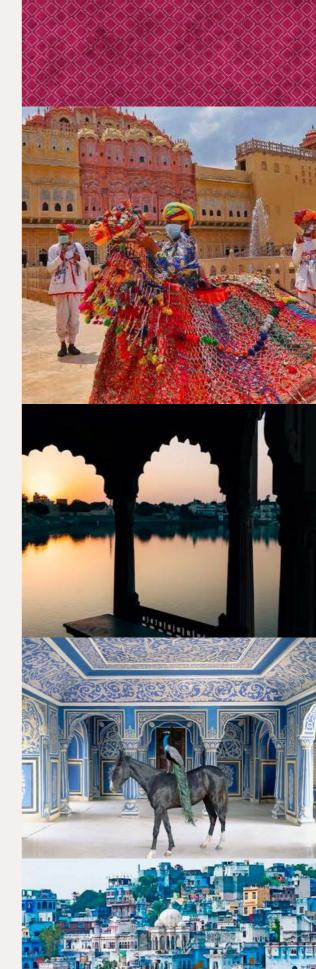
A Sacred Pilgrimage

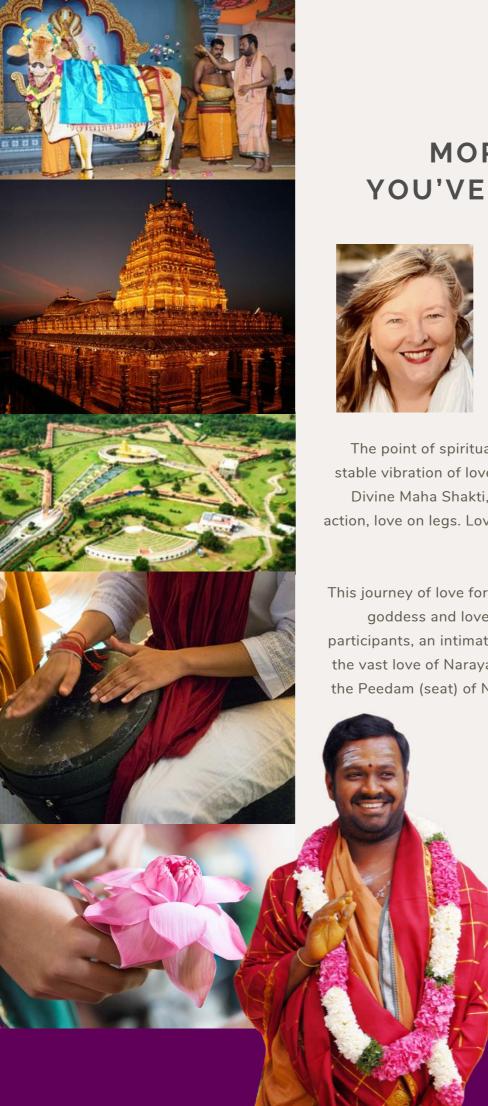
Sacred pilgrimages expand our awareness and open our souls to experience a new radiance and inner glow. This spiritual journey will be an invocation to Saraswati, Gayatri and Savitri, the triple goddess of the Sun, wives (Shakti) of Brahma the god who creates. Come with long held dreams and offer them at the Holy feet of the Divine in this intriguing, beautiful and culturally rich land.

Rajasthan is a vibrant and ancient culture with temples, forts and palaces dating back hundreds of years.

This is a rare opportunity to join Shakti Durga on Pilgrimage in a small and intimate group - a one of a kind experience.

REGISTER HERE





MORE LOVE THAN YOU'VE EVER KNOWN

Retreat with Shakti Durga to visit Sri Sakthi Amma

Date: February 18 - 25, 2024 **Location:** Sri Narayani Peedam, South India

The point of spiritual development is to cultivate the stable vibration of love. Love as an awakening of inner Divine Maha Shakti, an expression of energy, love in action, love on legs. Love for our fellow man and nature.

And love for self.

This journey of love for self, love for nature, love for the goddess and love for all humanity is capped at 20 participants, an intimate journey with Shakti Durga into the vast love of Narayani who lives in Her heart, and in the Peedam (seat) of Narayani at the Golden Temple in Vellore, south India.

REGISTER HERE



Mystery School

Shakti Durga's Mystery
School is spiritual activation
and training for committed
seekers of self realisation
with a modern approach,
guided by a living Guru..

Mystics of any tradition receive higher teachings and shaktipat and work with Divine beings and inner plane beings in a safe way.

It is a pathway for students who are dedicated to a path of devotion and service to the world, with membership 'application only.'

To learn more and to register your interest CLICK HERE





Mystery School Introduction

For Students of the Mysteries and Seekers of Enlightenment An introduction session for people interested to know more about Shakti Durga's Mystery School, online via Zoom.



- Shakti Durga

LEARN MORE



The Initiates Path A 10 session online program that serves as the entry point into the wonders of Shakti Durga's Mystery School...

Enter into the imaginal world of beauty and truth known to the Ancient light bearers, and known already in our innermost hopes and dreams.



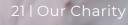
💄 - Shakti Durga

LEARN MORE

Awaken your heart and imagining to the more sacred and empowering realities that flow from the source

The Initiates Path





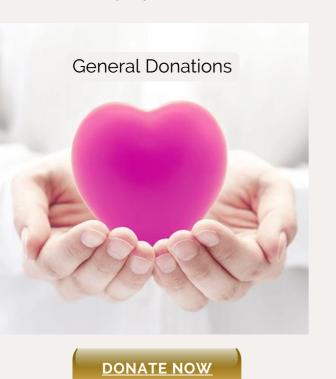
Our Charity

The Spiritual Path with Shakti Durga and the Mystery School contribute to the support of our charity The WellBeing Initiative.

The WellBeing Initiative

Was established to help lift human consciousness, to support people in leading happier, more fulfilling and healthier lives.

Ways you can make a difference...



General Donations support the core of our charitable work. When you donate to The Well Being Initiative you are funding projects that assist people to live better lives and to be empowered to overcome whatever limiting circumstances they may find themselves in. By giving to any branch of our charity, you are supporting us to deliver life-changing training and therapy to those who need it. General Donations keep our organisation going, and assist us to provide Lift or Ignite Your Spirit sessions to those who could not otherwise afford them, along with bursaries and scholarships for attendance at life-changing seminars, and free programmes to groups in need.

All donations over \$2 are tax deductible and are used to keep the Well Being Initiative and its diverse projects going.





Lift Sessions

DONATE NOW

The Well Being Initiative's Lift Your Life fund provides Lift sessions to those in need, with a specific emphasis on assisting those with stress, burn out, depression, anxiety, chronic pain or relationship difficulties. When you purchase a full-priced Lift session, you are also purchasing a session for someone who would otherwise be unable to afford it. We are seeing profound transformations in our Lift clients, and it is all thanks to the generous contributions of our benefactors. For more info, see www.thewbi.org.



Our Friends Giving Program (once called Friends of Peace and Wellbeing) supports the running of the charity and provides the opportunity to offer weekly, fortnightly or monthly donations. This funding enables us to offer an array of seminars, meditation and wellbeing programs for the broader community.

Donate on ShaktiDurga.com

24 - 26 Nov, 2023 - <u>UK: London Retreat</u>

30 Nov - 4 Dec, 2024 - Portugal: The Goddess Awakens Retreat

11 - 14 Jan, 2024 - Energy Healing Retreat

Starts 05 Jan, 2024 - Reset & Balance Relationship Meditations

Starts 05 Jan, 2024 - <u>Healing Babies Pre-Post Natal</u>

7 & 15 Jan and 3 & 13 Mar, 2024 - Mystery School Introduction

3 - 14 Feb, 2024 - India Rajasthan Retreat

18 - 25 Feb, 2024 - India Peedam Retreat

Starts 25 May, 2024 - <u>The Initiates Path</u>



















The Consciousness Connection

What's On List



Flexible Learning - $\underline{\text{Conflict to Connection}}$

Feb 2024 - Dimensions of Wealth

Apr 2024 - Laws of the Soul

Go to <u>The Consciousness Connection for a full list of courses</u>



