



## MENU - WEEK ONE

### MONDAY

**MAIN MEALS:** Macaroni Cheese (v)  
Vegetable Pilaf (v)

**VEG/SIDES:** Hot Seasonal Vegetables

**JACKET POTATO & PASTA BAR:** A selection of Pasta and Jacket Toppers available daily

**GRAB & GO:** Vegan Fishless Finger Wrap

**DESSERT:** Apple Shortbread

### TUESDAY

**MAIN MEALS:** Chicken and Vegetable Stew with Filo Twist and Mashed Potatoes  
Vegetarian Cottage Pie (v)

**VEG/SIDES:** Hot Seasonal Vegetables

**JACKET POTATO & PASTA BAR:** A selection of Pasta and Jacket Toppers available daily

**GRAB & GO:** Loaded Chicken Naan

**DESSERT:** Autumn Fruit Crumble with Custard

### WEDNESDAY

**MAIN MEALS:** Roast of the Day with Roast Potatoes and Gravy  
BBQ Quorn Fillet with Roast Potatoes (v)

**VEG/SIDES:** Hot Seasonal Vegetables

**JACKET POTATO & PASTA BAR:** A selection of Pasta and Jacket Toppers available daily

**GRAB & GO:** Sage and Onion Pork Sausage Roll with Potatoes

**DESSERT:** Ruby Chocolate Cake

### THURSDAY

**MAIN MEALS:** Meat Pizza  
Veggie Pizza (v)

**VEG/SIDES:** Hot Seasonal Vegetables

**JACKET POTATO & PASTA BAR:** A selection of Pasta and Jacket Toppers available daily

**GRAB & GO:** Chinese Chicken Noodle Pot

**DESSERT:** Fruit Jelly

### FRIDAY

**MAIN MEALS:** Fish of the Day and Chips  
Veggie Plait and Chips (v)

**VEG/SIDES:** Hot Seasonal Vegetables

**JACKET POTATO & PASTA BAR:** A selection of Pasta and Jacket Toppers available daily

**GRAB & GO:** Ham and Cheese Slice

**DESSERT:** Fruit with Custard

**AVAILABLE DAILY: ASSORTED SANDWICHES, BAGUETTES AND ROLLS, ASSORTED SALAD SHAKER POTS, FLATBREADS, SUBS, A SELECTION OF DESSERT POTS, FRESH FRUIT COMPILATIONS AND ASSORTED TRAY BAKES.**

**ALLERGY INFORMATION AVAILABLE ON REQUEST.**



## MENU - WEEK TWO

### MONDAY

**MAIN MEALS:** Veggie Lasagne (v)  
5 Bean Chilli Nachos (v)

**VEG/SIDES:** Hot Seasonal Vegetables

**JACKET POTATO & PASTA BAR:** A selection of Pasta and Jacket Toppers available daily

**GRAB & GO:** Veggie Spring Roll with Stir Fry Noodles

**DESSERT:** Apple Cinnamon Loaf

### TUESDAY

**MAIN MEALS:** Pork Sausage with Mashed Potatoes and Gravy  
Vegan Sausage with Mashed Potatoes and Gravy (v)

**VEG/SIDES:** Hot Seasonal Vegetables

**JACKET POTATO & PASTA BAR:** A selection of Pasta and Jacket Toppers available daily

**GRAB & GO:** Chicken Tikka Pizza

**DESSERT:** Fruit Jelly

### WEDNESDAY

**MAIN MEALS:** Roast of the Day with Roast Potatoes and Gravy  
Vegetable Wellington with Roast Potatoes and Gravy (v)

**VEG/SIDES:** Hot Seasonal Vegetables

**JACKET POTATO & PASTA BAR:** A selection of Pasta and Jacket Toppers available daily

**GRAB & GO:** Cheesy Fajita Chicken Wedges

**DESSERT:** Autumnal Iced Cake

### THURSDAY

**MAIN MEALS:** Chicken Korma with Brown Rice  
Vegetable Frittata with Salad (v)

**VEG/SIDES:** Hot Seasonal Vegetables

**JACKET POTATO & PASTA BAR:** A selection of Pasta and Jacket Toppers available daily

**GRAB & GO:** Macaroni Cheese Pot

**DESSERT:** Cookie

### FRIDAY

**MAIN MEALS:** Fish of the Day and Chips  
Cheese and Tomato Pizza with Chips (v)

**VEG/SIDES:** Hot Seasonal Vegetables

**JACKET POTATO & PASTA BAR:** A selection of Pasta and Jacket Toppers available daily

**GRAB & GO:** Fish Finger Sandwich

**DESSERT:** Fruit with Custard

**AVAILABLE DAILY: ASSORTED SANDWICHES, BAGUETTES AND ROLLS, ASSORTED SALAD SHAKER POTS, FLATBREADS, SUBS, A SELECTION OF DESSERT POTS, FRESH FRUIT COMPILATIONS AND ASSORTED TRAY BAKES.**

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## MENU - WEEK THREE

### MONDAY

**MAIN MEALS:** Vegan Sausage Roll with Wedges (v)  
Sweet and Sour Veggie Noodles with Edamame (v)

**VEG/SIDES:** Hot Seasonal Vegetables

**JACKET POTATO & PASTA BAR:** A selection of Pasta and Jacket Toppers available daily

**GRAB & GO:** Loaded Veggie Wedges

**DESSERT:** Raspberry and Coconut Flapjack

### TUESDAY

**MAIN MEALS:** Beef Bolognese with Pasta  
Veggie Biryani (v)

**VEG/SIDES:** Hot Seasonal Vegetables

**JACKET POTATO & PASTA BAR:** A selection of Pasta and Jacket Toppers available daily

**GRAB & GO:** Sloppy Giuseppe Pizza

**DESSERT:** Sticky Toffee Pudding with Custard

### WEDNESDAY

**MAIN MEALS:** Roast of the Day with New Potatoes and Gravy  
Vegan Quorn Fillet with New Potatoes and Gravy (v)

**VEG/SIDES:** Hot Seasonal Vegetables

**JACKET POTATO & PASTA BAR:** A selection of Pasta and Jacket Toppers available daily

**GRAB & GO:** Cheese and Bacon Turnover

**DESSERT:** Jelly

### THURSDAY

**MAIN MEALS:** Mild Beef Chilli Nachos with Brown Rice  
Cheesy Baked Mediterranean Gnocchi (v)

**VEG/SIDES:** Hot Seasonal Vegetables

**JACKET POTATO & PASTA BAR:** A selection of Pasta and Jacket Toppers available daily

**GRAB & GO:** Chinese Chicken with Egg Fried Rice

**DESSERT:** Chocolate Crispy Cake

### FRIDAY

**MAIN MEALS:** Fish of the Day and Chips  
Cheese Toastie and Chips (v)

**VEG/SIDES:** Hot Seasonal Vegetables

**JACKET POTATO & PASTA BAR:** A selection of Pasta and Jacket Toppers available daily

**GRAB & GO:** Fish Finger Tacos

**DESSERT:** Fruit with Custard

**AVAILABLE DAILY: ASSORTED SANDWICHES, BAGUETTES AND ROLLS, ASSORTED SALAD SHAKER POTS, FLATBREADS, SUBS, A SELECTION OF DESSERT POTS, FRESH FRUIT COMPILATIONS AND ASSORTED TRAY BAKES.**

**ALLERGY INFORMATION AVAILABLE ON REQUEST.**