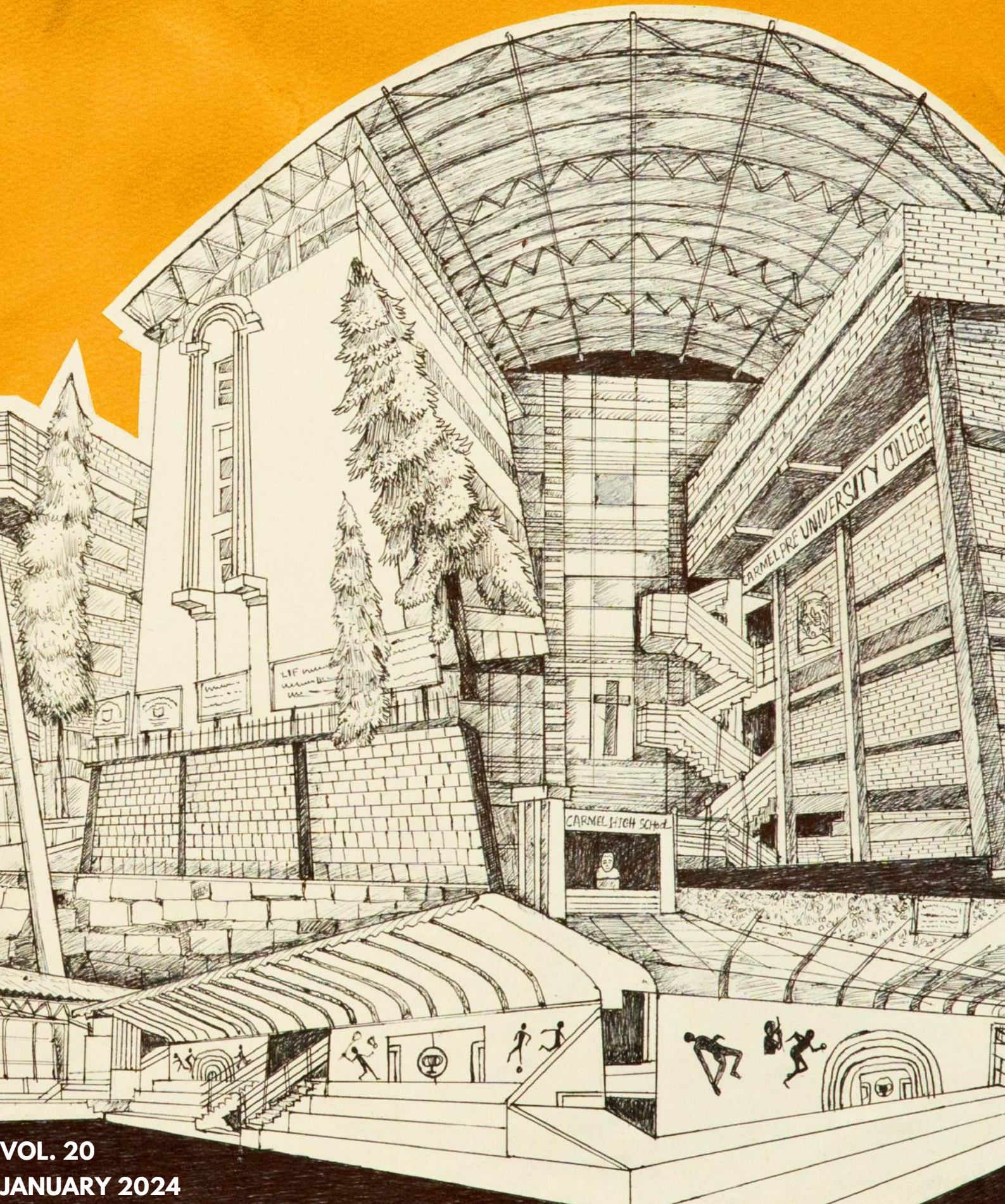
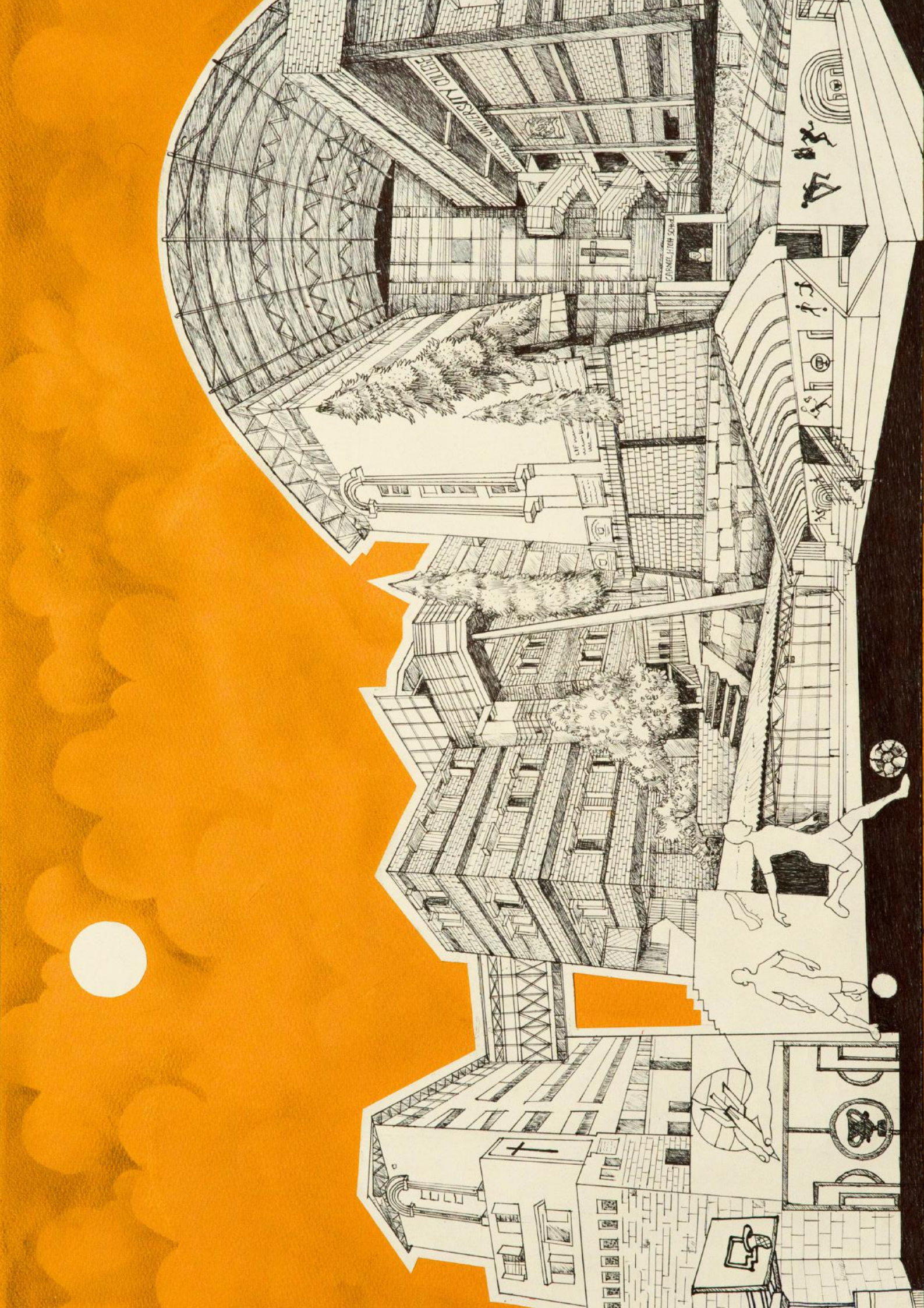


# CARMEL INSPIRATION

2023 -24



VOL. 20  
JANUARY 2024





**CARMEL PRE-UNIVERSITY COLLEGE**  
**BASAVESHWARANAGAR , BANGALORE 560079**

**Presents**

# **CARMEL INSPIRATION**

**VOLUME TWENTY**

**E-NEWSLETTER FOR THE ACADEMIC YEAR 2023 -24**

**RELEASED ON 10 JANUARY 2024**

**VISIT US AT [WWW.CARMELPU.ORG](http://WWW.CARMELPU.ORG) FOR MORE DETAILS**

# PRINCIPAL'S VIEW

*As we approach the end of academic year 2023-24, I am delighted to provide you with an update on the remarkable journey of Carmel Pre-University College. Our commitment to excellence, unwavering dedication to quality and a dynamic approach in the field of education have all combined to deliver truly outstanding results. We take immense pride in building a world where every child can excel and is free to express themselves to discover their innate potential. As we move forward, we remain focused on our vision and look forward to continuing to deliver our best. We also look forward to the continued support of the parents of our students in shaping a brighter future for Carmel PU College.*

**-Sandhya Menezes**

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# CONGRATULATIONS

*to our II PUC Toppers*



KUSUMA R  
EBAS - 98.00%



MAHADEV PRASAD M  
EBAC - 96.67%



SANMATI M N  
EBAC - 96.50%



GOUTHAMI M  
PCMC - 96.17%



S SUSHMITHA  
PCMB - 96.17%



JATIN TAK  
PCMB - 96.00%



ANUJA BISHNOI  
EBAS - 95.50%



TEJASH K  
PCMC - 95.33%



NAVEEN R  
EBAC - 94.83%



V KRISH DAK  
EBAS - 94.83%



NIKHIL V S  
PCMC - 94.67%



SHRUSHTI B G  
PCMC - 94.67%



SACHIN J  
EBAS - 94.50%



AJAY KUMAR V  
EBAC - 94.33%



KASHISH GANDHI  
EBAC - 94.17%



KEERTHI H  
EBAS - 94.17%



KUSUMA G  
EBAS - 94.17%



PRIYADARSHINI M  
EBAC - 94.17%



SONIYA D  
PCMB - 94.17%



VARSHA S  
EBAS - 94.17%



MADHUSHREE M R  
EBAC - 94.00%



RAKSHITHA R  
EBAC - 94.00%



SHAKTHI N V  
PCMB - 94.00%



MEENA P  
EBAS - 93.83%



MITHUSHREE G  
EBAS - 93.83%



YASH JAIN  
EBAS - 93.83%



KIRAN ANSAR  
PCMB - 93.67%



N ROHITH  
PCMC - 93.67%



ANIKETH B  
EBAC - 93.50%



PRAGNA M  
EBAS - 93.50%

*Simplicity*

*Perseverance*

*Compassion*

## CARMEL FAMILY



*Department of Physics*



*Department of Chemistry*



*Department of Mathematics*



*Department of Electives*



*Department of Commerce*



*Department of English*

## CARMEL FAMILY



*Department of Languages*



*Administrative Wing*



*Physical Education Director*



*Librarian*



*Support Staff*



*Security Personnel*

## ANNUAL DAY 2023

Founders' Day and Annual day was observed on the 10th of January 2023. Professor Gururaj Sreedhar, Principal of Widia Poorna Prajna PU College, Bangalore was the Chief Guest of the occasion. He organized small activities for the students and at the end of it, taught some valuable lessons like thinking out of the box and learning the difference between education and learning. Mr. Robinson D'Souza, was the Guest of Honor, Former State Secretary, Dept. of Law, Govt. of Karnataka. He enlightened the students by narrating inspiring stories about Dr. Abdul Kalam and Gandhiji. Mrs. Sandhya Menezes, presented the annual report of the year while Mr. Roshan Menezes congratulated the teachers and students for their impressive academic performance in the Board examinations of the previous academic year. Exemplary students were recognized with excellency awards. Teachers who had completed 20, 15, 10 and 5 years of service were recognized. Security personnel Mr. Ningaiah and Mr. Narayana who were retiring were felicitated by the management. This years' unsung hero was Mr. S C Madhu Kumar, a postman from Basaveshwara Nagar Post Office. He was felicitated for his yeomen service to the people of the locality.



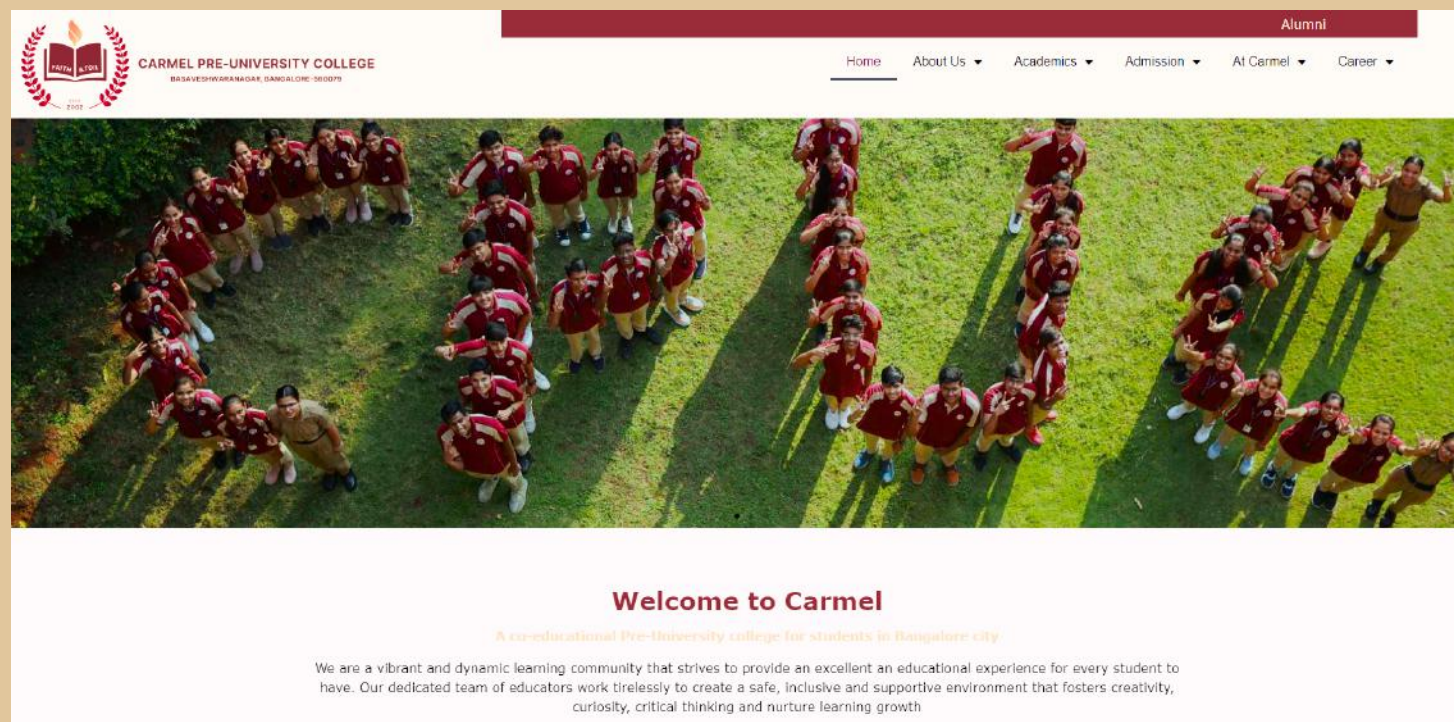
## FAREWELL – *Not the end, only a new beginning*

February 2nd marked a bittersweet moment in Second PUC students calendar as they prepared to bid farewell to their alma mater. On the day, Mrs. Sandhya Menezes shared valuable advice to the students as they prepared to embark on their new journey. She gave six tips for a better life. Mr. Roshan Menezes congratulated students on their graduation and called them “The Best” batch who shone in all aspects of learning at Carmel. He urged the students to imbibe the value system they acquired at Carmel for life. It was followed by the laying down of office by the Student Council. Mrs. Geevitha, Student Advisor, congratulated the council for their exemplary work throughout the year. The various activities organized to keep the students engaged were very innovative. Special awards were given to students under various categories based on their unique qualities. A video presentation of memorable moments was projected. It left the students ecstatic and drew loud cheers from them. Few students shared their life experiences at Carmel. It was tinged with humour which drew smiles and applause. As the program ended, students took over the dance floor and worked up an appetite for a sumptuous lunch.



## LAUNCH OF NEW CARMEL WEBSITE – [www.carmelpu.org](http://www.carmelpu.org)

The launch of our newly redesigned Website was done on 13/04/2023. The media team headed by Tapan Menezes worked towards building a new website that better reflects our campus community and program offerings. The navigation bar on this site makes it easy for users to find the information they need. The website perfectly reflects the college's brand and communicates its offerings to new students.



## CARMEL RUN 2023

In today's fast paced world, maintaining good health has become more crucial than ever. Carmel Education Society organized Second edition of Carmel Run on 11th June, 2023 at Bala Gangadharanath Swamiji Grounds, Vijaynagar, Bangalore. The run was spread across five categories, 10K, 5K, 3K, Fun Run and 10K Cycling. Seven hundred students of both Carmel High School and Carmel PU College participated along with their parents. The chief guest Ms. Greeshma Sridhar, National Swimmer, Actress Pragati Gupta, Marathon Coach and IT Professional flagged off the event. Mr. Arjun Devaiah, a former Olympian and the brand ambassador of Carmel Run graced the event.





## ORIENTATION PROGRAMMES

On 27th May, Mr. Ronald Stanley Academic Head, Tata Class Edge spoke on Essentials of Learning. The session emphasised on teachers adapting to effective, innovative teaching methodologies in order to help students retrieve information. He also urged teachers to focus on growth mindset. On the 31st of May 2023, Carmel PU College organized an Orientation programme tailor made for the incoming freshers. The purpose was to acquaint them with the college environment, introduce rules and regulation and offer insight on their academic journey. The event featured guest speaker Mr. Ajit Kaikini, who shared valuable advice on adopting a growth mindset, setting goals and striving for excellence in academics. It was followed by a session by Mr. Roshan Menezes, Administrator and Mrs. Sandhya Menezes the Principal. On 3rd June, the management organized an Orientation for the parents. Mr. Ajit Kaikini spoke on the role of the parents in creating conducive atmosphere at home for the emotional development of the child. The tips and strategies he shared to build a positive and strong bond with their children was found to be very beneficial.



## INVESTITURE CEREMONY

The new Student Council, elected by the students and the teachers alike, assumed their office at the investiture ceremony. The ceremony was presided over by our administrator, Mr. Roshan Menezes. He administered the oath to the leaders and provided them with valuable maxims on managing their duties wisely. The plans for the year and the upcoming events were officially announced. The entertainment module put up by the council was innovative and promised an exciting year ahead. The annual college magazine - MELANGE was released and Toppers of Board Exams were honoured.



## DISTRICT LEVEL TENNIS VOLLEYBALL TOURNAMENT

Carmel PU College played host to the District Level Tennis Volleyball Tournament on 26th of July, 2023. Mr. Palaksha inaugurated the tournament. 14 Boys teams and 10 Girls team participated. St. Philomena PU College and St. Clare's PU College were declared as Winners and Runners respectively of the boy's tournament. St. Clare's PU College and MES BRS were the winners of the girls team. Sirish Varma and Simran.S of II C were selected for the State Level tournament schedule which was held at Chikkamagaluru.



## MALHAR 2023..... A Shower of Talents

The interclass fest 'Malhar' was conducted on 28th July 2023. The fest was spread across for three days. The final day saw events like Unique Talent and Cultural Extravaganza. The chief guest for the day was Mr. Siddharth Kamath, former Carmelite now a well-known multigenre keyboardist and sound engineer. The fest was held with grandiose and extravaganza. The much coveted cup was lifted by students of Second PUC.



## CARMEL CUP 2023

To encourage sportsmanship Carmel PU organized Carmel Cup, a U-19 Inter-Collegiate Throwball Tournament for Girls on the 4th of August 2023. The event was declared open by Mrs.Mahitha Bhat, a National Level Throw ball player. 24 teams participated. Carmel PU College clinched the trophy while St.Claret PU College team was declared the runners. Mr.Narashima Murthy graced the occasion as the Chief Guest of the valedictory function and gave away the prizes.



## BLOOD DONATION CAMP

Lions Club, Gokula and Carmel PU College had organized a blood donation camp on September 2nd 2023. The NSS Volunteers invited blood donors to take part in this event by spreading awareness about the advantages of donating blood. At the end of the drive 106 units of blood were collected.



## TEACHERS' DAY

Carmelites expressed their love and admiration for their teachers three days in a row. Well thought of games were organized by the student council, which included Treasure hunt, Squid games and other Fun games. Teachers participated enthusiastically in all the games. As they were divided into various groups it also flared their competitive spirit. The cusp of the celebration was the 5th of September assembly. It provided the students an opportunity to share their thoughts. Eloquent speeches touched the teachers heart and they felt appreciated and valued.



## ANNUAL ATHLETIC MEET

An air of excitement and sportsmanship took over the campus during intra mural matches which were conducted in the month of September. Annual Athletic Meet was held on 2nd November 2023 at Ambedkar Stadium. Dhanush Babu, International Skater, an alumnus of Carmel declared the meet open. Students took active part in the various track and field events. Class II B were overall champions for boys and II C for girls. Class I A emerged as overall combined champions for the year.



## TEENS' DAY

Teens' Day was celebrated on the 14th of November, 2023 at Carmel PU College. The day began with an assembly by teachers which gave a great start to the day. During the lunch break, the teachers came up with innovative games like Bite and Delight, Dance and Sing and Unveiling the Trailer. The games provided electrifying entertainment to the students and drew the child out in all of them. The day provided an opportunity to relive those momentous playtimes which provided them with immense joy. The day thus created indelible memories for both the teachers and the students alike.



## LAKSHYA 2023

The career fair in collaboration with Mindler was organized in the Campus on November 18th 2023. There were 20 universities from various fields who were present to guide students choose their future career. The career fair enabled the students to get in depth knowledge about streams and subjects in higher education.



## FOOD FEST

The Staff council and NSS unit jointly organized the food fest on 2 days of November. The teachers cooked healthy and traditional food and served the students. It was an attempt to raise awareness about the benefits of healthy food and to avoid junk. The Students of Second PUC too involved themselves in serving food by being innovative and were able to collect a total of Rs. 50,000/-. The amount collected was shared with Vimukthi Charitable Trust, Bosco Mane and Kalpavruksha Trust.



## ETHNIC DAY

The dazzling evening was an amazing amalgamation of rich ethnicity, beauty and wit. Our young divas and damsels were dressed to impress at the gala evening. The rich tapestry of colour, diverse costumes and ingenious design was a beautiful site to behold. The Fashion walk comprised of three rounds – Ramp walk, Talent Round and Question and answer round. Students vied with each other to shimmer in all their glory. The clique of judges included Mr. Roshan Menezes , Mrs. Naomi and Ms. Kruthika Shetty. Excitement, entertainment , anxiety , wit and humor marked the rounds. And after a long haul Ms. Sharanya Mayya was crowned Ms.Carmel and Mr. Siddharth was crowned Mr. Carmel. Prizes were awarded under various other categories such as Dashing Personality, Graceful walk, Elegant Attire and Crowning Glory.



## CHRISTMAS CELEBRATION

The staff and students celebrated Christmas on 22nd December. The choir sang the carols and set the tone for the festivities. The exhilarating atmosphere lightened up further as Santa dashed into the campus and took everyone by surprise. Teachers also joined in the celebration as they played secret santa. It gave them an opportunity to express their heartfelt appreciation to their respective child and pamper them with memorable gifts. The management held a separate fun filled event on the occasion of Christmas in the evening and shared the joy of Christmas with a special message.



## ORIENTATION FOR COMPUTER SCIENCE LECTURERS

In association with the Department of Pre-University Education Carmel PU College hosted 200 lecturers of Bangalore North District for an orientation programme on New Question Paper pattern and New syllabus to be introduced for I PUC. Officials from the Department conducted the event. Mr Raju N, Deputy Director of DPUE addressed the lecturers.



## SCREENING OF MOVIE - TANUJA

“Tanuja” an inspirational movie, set against the backdrop of Carmel PU College, beautifully narrates the remarkable journey of Tanuja, a young girl who defies the odds to pursue her dream of cracking NEET exam. This movie show, organized by Carmel PU College, not only showcases Tanuja’s pursuit of success but also reflects the College’s commitment in motivating and empowering its students to overcome obstacles and reach for their aspirations.



## TALLY PRIME TRAINING

Carmel PU College in association with the Havana Yukta Solutions offered an excellent opportunity for II PUC students to gain valuable skills in accounting tally software. The program's structured curriculum, experienced instructors, and focus on practical application made it a beneficial investment for students seeking to excel in the field of accounting and finance. 28 students were awarded certificate by Tally Prime.



## SPECIAL EVENTS AT CARMEL



**WORLD NO TOBACCO DAY  
(31-05-2023)**



**WORLD ENVIRONMENT DAY  
(05-06-2023)**



**INTERNATIONAL YOGA DAY  
(21-06-2023)**



**WORLD DRUG ABUSE DAY  
(26-06-2023)**



**INTERNATIONAL PLASTIC BAG FREE DAY  
(03-07-2023)**



**SADBHAVANA DIWAS  
(20-08-2023)**



## SPECIAL EVENTS AT CARMEL



**NATIONAL SPORTS DAY  
(29-08-2023)**



**WORLD SUICIDE PREVENTION DAY  
(10-9-2023)**



**INTERNATIONAL DAY OF DEMOCRACY  
(15-09-2023)**



**NATIONAL UNITY DAY  
(31-10-2023)**



**CONSTITUTION DAY  
(26-11-2023)**



**ARMED FORCES FLAG DAY  
(07-12-2023)**

## ECO CLUB ACTIVITIES

'Beat the Plastic' organized on the 6th of June was the flag off event of Eco Club for the year. Students participated in good number with innovative ideas, thoughts and creativity. The colorful posters were displayed around the campus in order to create awareness. Swachh Carmel has been an ongoing event at Carmel. Every Wednesday students undertake cleaning the campus and dispose of the garden waste, paper waste after segregating it. An awareness programme on 'Eco Ganesha' was organized on the 15th of September. The students visited homes in and around the college and presented Haldi KumKum, clay ganesha and a handout with details of ecological methods for disposal of Ganesha statues. During Diwali, eco club members visited the neighbourhood to create awareness on using diyas to celebrate the festival of lights rather than burning crackers. The team members visited Bidadi Industrial Estate to understand how waste is recycled and reused. During Diwali, Eco Club members visited the neighbourhood to create awareness on using diyas to celebrate the festival of lights rather than burning crackers. The team members visited Bidadi Industrial Estate to understand how waste is recycled and reused.



## NCC - NATIONAL CADET CORPS UNIT

An orientation programme was organized for the prospective parents and cadets at the beginning of this academic year. From the 11th of July to the 20th of July, 26 SD and SW cadets attended combined Annual Training Camp at Brindavan Group of Institutions, Yelahanka. They were awarded the Best Institution Trophy at the camp. 1 SW cadet and 5 SD cadets attended Army Attachment Camp conducted by Para Military Centre School from 12-06-2023 to 23-06-2023. Cadets also attended Meg Center and College from 8th to 20th August, 2023. The NCC Group Headquarters, Kolhapur, Maharashtra had organized a camp at Shivaji Trail and Track from 17th to 27th November, 2023. 2 SD cadets had attended the camp. Social service activities, cleanliness drives, important days like Yoga Day, Kargil Vijay Diwas, Independence Day, International Youth Day, Rashtriya Ekta Diwas, Armed Forces Flag Day, Vijay Diwas, Democracy Day, Constitution Day, NCC Day were all observed by the cadets. We are proud to state that 1 SW cadet will be appearing for NDA examination this year.



## NSS – NATIONAL SERVICE SCHEME UNIT

Help others without any reason and give without the expectation of receiving anything in return is the motto of Carmel NSS Unit. Keeping the motto in mind the NSS unit started their activities on 5th June. The volunteers observed World Environment Day by making and distributing paper bags to the street vendors. On 3rd July 2023, the International Plastic bag Free Day, NSS volunteers picked single use plastics in and around Basaveshwaranagar, 65 kgs of plastic was collected. On Carmel Feast Day which is celebrated on the 16th July, volunteers distributed essentials to the pourakarmikas. On 2nd September Blood Donation Camp was organized in collaboration with Lion's Club Gokula. 102 units of blood was collected. 10th September is observed as World Suicide Prevention Day, and on the occasion a talk was organized on 'Prevention of Suicide among Youth' by Dr. Rajini, a psychiatrist. Green campus initiative and Swachh Carmel – a cleanliness drive are ongoing programmes of the unit. A special NSS camp was organized between 26th October to 1st November in Kelaginajuganahalli, Doddaballapur Taluk. Some of the activities included free Eye camp, picking single use plastics, cleaning the whole village, creating awareness about waste segregation, and a skit on the importance of voting was staged by the volunteers to create awareness.



## ELECTORAL LITERACY CLUB

Carmelites got hand firsthand experience of the elections process during the students' council elections. In the month of August, the members debated on how increase voting percentage in Bangalore, with the Administrator Mr.Roshan Menezes. It was followed by another discussion on the 'Importance of Youth casting their votes'. On the 16th of September, members went out on a rally to create awareness on voting rights among the public. The club also took an initiative to ensure that students who had completed 18 years enrolled as voters. To mark National Voter's Day many competitions were conducted which included essay writing, and poster making. On the occasion of Kannada Rajyotsava, the members performed a street play on the importance of casting one's votes. In the month of December they enrolled 40 young voters who had just turned 18 using Voter Helpline App. Constitution Day was observed on 26-11-2023 and members took a pledge.



## DH MASTERMIND

Second PUC students this year were given newspapers - Mastermind, a students' edition of Deccan Herald every day. The paper covered a wide variety of topics and helped the students to prepare for various competitive examinations ahead.



## MEDICAL HEALTH CHECK UP AND FIRST AID TRAINING



ADDRESS HEALTH conducted an annual medical check and first aid training camp in our campus. 545 students were screened. The camp was conducted to ensure that all our students are healthy and informed about any concerns regarding their present health condition. The screening included recording of height, weight, blood pressure, eye, dental and ENT examination. The camp was conducted for over 3 days in the first week of July.

## COUNSELLING SESSIONS FOR TEENS

Teenage is the best part of a person's life, but it does come with its share of challenges. The management observed that students were going through many emotional upheavals like stress, self-discovery issues, and relationship problems and it impacted their overall health, behaviour and academics. This prompted them to start counselling sessions in association with Drishti Counselling. A full-time counsellor is available in the campus for the benefit of the students. Students are free to meet the counsellor any time in the day and share with them their problems. We are happy to state that our students have found the sessions therapeutic.



## AWARENESS PROGRAM ON CYBER CRIME & SOCIAL MEDIA



The programme shed light on the significance of safeguarding our online presence and navigating the world of social media responsibly. The expert speakers Mrs S.R Anuradha, Mr P Krishnkanth, Mr Trivikram shared valuable insights to help us protect ourselves and our loved ones from cyber threats. The sessions were engaging and the audience learnt that they can create a safer and more secure online environment.

## ITC'S WOW (Wellbeing Out of Waste) Programme

“WOW” is a dry waste collection drive. In collaboration with ITC WOW (Well being of Waste), students brought dry waste every month and handed it over to ITC. Around **3,464.45** kgs of dry recyclable waste was brought from June to November during the academic year 2023. In exchange, students got stationery and certificates in appreciation of their contribution.



## MINDLER – A Career Guidance Programme

*Mindler, is a platform designed to empower and enrich students' academic journey.*

An orientation programme was held for I PUC students. Mr.Priksht Dhanda, Director and Chief Strategy Officer at Mindler Education was the key speaker.Mindler Dashboard training for students of I PUC was conducted online on 6th July 2023. A workshop on strategies for profile building and techniques was discussed in detail by Dr.Sunitha on 4th August 2023.Mindler workshop for parents - a webinar on profile building, personality building and career choice was conducted. Lakshya a career guidance programme was held in the campus for both I PUC and II PUC students. Around 20 university representatives put up stalls and guided students on future career options. A webinar on Streamwise career deep dive STEM , Non-STEM and Stream Agnostic Careers was held to get in depth knowledge about streams and subjects in higher education. The resource persons were Dr.Sunitha and Ms.Shivani. A workshop for parents on report interpretation was conducted. The speakers Ms.Tulika Chatterjee and Ms.Ishika discussed in depth as to how students can interpret their Mindler report and career matches. The assessment taken by the students gave an insight of students' career from a scientific and research based perspective.



## STAFF COUNCIL ACTIVITIES

The staff council continues to spearhead various educational initiatives for the students' benefit. The ongoing success of the 'Question of the Month' sessions during lunch breaks underscores the commitment to upholding freedom of speech, fostering vibrant discussions, and encouraging diverse perspectives among students. An exciting development is the extension of the 'Student of the Month' awards, a monthly tradition that recognizes the outstanding qualities of four deserving students. This ongoing recognition not only boosts individual morale but also contributes to creating a positive and competitive academic environment. On 6th July 2023, an interactive session on Mental Wellbeing was conducted by Ms. Anvesha Fomra, Program Director of Drishti Counseling, to raise awareness about mental disorders and equip students with coping mechanisms. Renowned Value Communication Trainer, Mr. Rajesh Fernando, held an inspiring session on August 14th, 2023. Using illusions, he illustrated the mantra of success through the 'S' formula: Start, Setright, Steady, Sustain, and Shine to Succeed. The event not only imparted valuable life lessons but also emphasized the importance of overcoming fear to face life's challenges.



## STUDENT COUNCIL ACTIVITIES

The Student Council plays a vital role in engaging students in all college activities. The council members are responsible for planning, organizing and executing various events that showcase the talents and interests of the student body. The student council of 2023-24, started with the motto "Action speaks louder than words". The student council conducted various events during lunch break which comprised of literary, cultural and sports activities. The activities conducted were Dumb Charades, Dog and the Bone, Mirror the Music, Tic tac toe, and Treasure hunt. To polish the communication skills, develop confidence and help the students acquire a wide range of analytical skills the council also conducted Question of the Month. The council also took part in various intercollegiate events along with the student body and brought laurels to the college. Students also organised a Teachers' Day programme to make the day special for their mentors. These activities kept the college lively and broke the monotony.



## ACTIVITIES OF VARIOUS DEPARTMENTS



### PHYSICS

The Department conducted a 'Model Making Competition' on 28.6.2023. Students chose working models as well as static models to exhibit. The competition enhanced their observation and application skills and helped them understand scientific concepts better. On 15.11.2023 they conducted a 'Working Model Making competition' based on Physics and Electronics concepts. The competition provided the students an opportunity to understand scientific principles better and streamline their creativity.

### CHEMISTRY

Learning should be fun, with this thought in mind 'Chem Charades' was organized by the department. A game that is quite timeless, it combines one's acting skills and knowledge of subject chemistry. Students had a lot of fun in guessing the various chemicals and terms associated with chemistry. To enhance the analytical skills, students of Science took part in 'Rapid Radical Analysis'. In 20 minutes students were asked to analyze and identify the salts. Students' quick reflexes were tested.



### MATHEMATICS

On 27th July 2023, the Department of Mathematics conducted 'PowerPoint Presentation'. Some of the topics taken up by the students were Application of Mathematics in Nature, real-life applications of Pythagoras Theorem and Number theory in daily life. Karnataka Academy of Mathematics, Chitradurga, conducted, MATHS TALENT SEARCH EXAM on 18th November 2023. 40 students participated. 'Mental Ability Test' was conducted on November 22nd to test the students computation reflexes and improve a person's numerical ability to understand the relationship between quantities.



## ACTIVITIES OF VARIOUS DEPARTMENTS

### BIOLOGY

The department with the innate desire to inculcate the practice of recycling conducted 'Best out of Waste' on the 26th of July. Students were asked to make functional things out of the waste. Students came up with innovative ideas and exhibited their creativity. The department also conducted a Poster Making competition on the 16th of November, 2023. The topic given to the students was 'Millets'. This year The Government of India has declared as the year of the millets.



### COMPUTER SCIENCE

The department had organized an event called "Digital Art" on 28th July to design posters. The topic given was "Cover page of a Magazine". Coding is today's language of creativity. As students deserve a chance to become creators instead of consumers of computer science, "Debug and Guess the Output" was held on the 29th of November. The competition set out to assess the thinking capacity of students.

### ELECTRONICS

'Digital Hangman' event was conducted in the month of July 2023. Due to the overwhelming response, a pre-qualifier 'Word Search' was also conducted. In the month of September 2023, 'Presentation with Poster' on the topic 'Modern Communication' was held for II PUC students and 'Irresistible Resistors Combination' event for I PUC students. 'Each one Teach one' event was conducted in the month of November. II PUC students were asked to teach concepts of Logic Gates to I PUC students and a questionnaire was given to test how much they had understood.



### COMMERCE

"Shark Tank" was conducted on 28th of July. Students became entrepreneurs and developed an innovative product. They prepared a product and delivered business presentation to the judges. The judges evaluated the product and analysed their business plans. It helped the students to sharpen their marketing and communication skills. On 25.11.23, an informative talk on Financial Management was organized. Mr. Priya Ram from Srimantha Foundation and his team helmed the one-day workshop. The workshop enlightened the students on various topics like investments, inflation, and developing multiple sources of income. The students were impressed and participated with great elan.



## ACTIVITIES OF VARIOUS DEPARTMENTS



### ENGLISH

The Department of English conducted a 'Narrative Writing' competition to enhance the writing skills and creativity among the young writers. The students were asked to spin a story using the objects given as one of the main elements of their story. At the end of the day, the students were appreciated for creating memorable characters with a scintillating plot. "Pictionary" a game which combined acting skills and students' knowledge of proverbs was conducted on 24th November, 2023. Students guessed the proverbs with the help of the pictures that were drawn.

### HINDI

On November 16th, 2023 the department conducted a 'Rangoli Competition'. Students were asked to make rangolis using Hindi Alphabets as one of the elements. The Rangolis created by the students were colourful and attractive, and greatly impressed the judges.



### SAMSKRITA

Samkrutha department conducted a Quiz on Ramayana and Mahabharatha on 28th of July. The reading of the two epics helped students to imbibe moral values in order to become better human beings. A preliminary round was conducted due to the overwhelming participation. Students participated with great devotion. A video Presentation on "Linguistics of Samskritam" was held for the students on the 21st of November, 2023. The presentation covered many important topics such as the birth and development of Samskrita linguistics, and the influence of Samskrutha on other languages. After attending the session students were filled with pride and esteem for the language.



### ಕನ್ನಡ ವಿಭಾಗ

ವಿದ್ಯಾರ್ಥಿಗಳು ಪಠ್ಯದ ಜೊತೆಗೆ, ಪಠೇತರ ಚಟುವಟಿಕೆಗಳಲ್ಲಿ ಭಾಗವಹಿಸಿ, ತಮ್ಮ ಪ್ರತಿಭೆಗಳನ್ನು ಹಲವು ಸಾಹಿತ್ಯ ಪ್ರಕಾರಗಳಲ್ಲಿ ವ್ಯಕ್ತಪಡಿಸಲು ಅವಕಾಶಗಳನ್ನು ನೀಡುತ್ತಾ ಬಂದಿದೆ ನಮ್ಮ ಕಾಲೇಜಿನ ಕನ್ನಡ ವಿಭಾಗ, ಈಗಾಗಿ ನಮ್ಮ ಕಾಲೇಜಿನ ಕನ್ನಡ ವಿದ್ಯಾರ್ಥಿಗಳು ರಾಜ್ಯ ಮಟ್ಟದಲ್ಲಿ ಹಲವಾರು ಸಾಂಸ್ಕೃತಿಕ ಕಾರ್ಯಕ್ರಮಗಳಲ್ಲಿ ಭಾಗವಹಿಸಿ, ರಾಜ್ಯ ಮಟ್ಟದ ಪ್ರಶಸ್ತಿಗಳನ್ನು ಪಡೆದುಕೊಂಡಿದ್ದಾರೆ.

- 28.07.2023 ರಂದು ಕನ್ನಡ ವಿಭಾಗವು ವಿದ್ಯಾರ್ಥಿಗಳಿಗೋಸ್ಕರ "ಅಶು- ಭಾಷಣಾ" ಸ್ಪರ್ಧೆಯನ್ನು ಏರ್ಪಡಿಸಲಾಗಿತ್ತು. ಈ ಸ್ಪರ್ಧೆಯಲ್ಲಿ 20 ವಿದ್ಯಾರ್ಥಿಗಳು ಭಾಗವಹಿಸಿದ್ದರು.
- 23.11.2023 ರಂದು ಕನ್ನಡ ವಿಭಾಗವು ವಿದ್ಯಾರ್ಥಿಗಳಿಗೋಸ್ಕರ "ಕನ್ನಡ ದಿನ ಪತ್ರಿಕೆ ಓದುವ" ಸ್ಪರ್ಧೆಯನ್ನು ಏರ್ಪಡಿಸಲಾಗಿತ್ತು ಈ ಸ್ಪರ್ಧೆಯಲ್ಲಿ 40 ವಿದ್ಯಾರ್ಥಿಗಳು ಭಾಗವಹಿಸಿದ್ದರು.
- 02.12.2023 ರಂದು ಕನ್ನಡ ವಿಭಾಗವು ವಿದ್ಯಾರ್ಥಿಗಳಿಗೋಸ್ಕರ "ಕನ್ನಡ ಪ್ರತಿಭಾ ಪರೀಕ್ಷೆ" ಯನ್ನು ಏರ್ಪಡಿಸಲಾಗಿತ್ತು. ಈ ಪರೀಕ್ಷೆಯಲ್ಲಿ 51 ವಿದ್ಯಾರ್ಥಿಗಳು ಭಾಗವಹಿಸಿದ್ದರು.



## ENRICHMENT PROGRAMMES

- **TIMES EDUCATION SEMINAR AND EXPO**

On 17.6.2023, The Times of India's Mission Admission had hosted a seminar and career expo aimed at guiding II PU students towards making informed career choices at JN Tata Auditorium, IISC Campus. 50 students attended the expo which had sessions on Studying abroad, Guidance for CET and Comed – K and panel discussions on Engineering, Design and Architecture.

- **VISIT TO JNCASR**

JNCASR felicitated Outstanding Science Teachers on 28.6.23 at CNR Rao Hall of Science. The programme included a lecture on 'The Extraordinary Elephant' by Prof. Raman Sukumar, IISC, Bangalore, and "Fun with Science experiments" by Dr. Pratap Vishnoi and Vinayak Pattar.

- **UID Design Workshop**

A workshop was conducted by UID – Design Disha Career opportunity on Design in Technology on 19.08.2023. Sessions were held on Product Technology, Communication Technology and Fashion Technology.

- **IOT Synergy Workshop**

A two-day workshop was organized on IOT Synergy on 27th and 28th October 2023 at Sri Aurobindo College, Mahalakshimpuram. Students who attended the workshop learnt how to make small projects based on Arduino kit. They presented their projects at a later date and were awarded with certificates, goodies and a cash voucher.

- **Mrs. Sandhya Menezes, Principal attended a workshop on "Protecting students at Risk and Promoting Psychological Safety in schools" ' on 27th June 2023 organized by ICTRC . The keynote speaker was Dr Raveendran from ICTRC, New Delhi.**

- **Mrs. Sujatha C P, Department of Chemistry and Mrs. Roopa G N, Department of Physics attended a one day workshop on "A Comprehensive Strategy to enhance Science Education" on 15.11.2023 at BMS PU College for Women, Basavanagudi. The keynote speakers were Dr. Katre Shakuntala, Bangalore University and Dr. H S Nagaraja, founder of BASE Educational institute.**

- **One day workshop Epsilon V1.0 , was organized by the Department of Mathematics at Christ Junior College. Mr. Sreedhar N and Mrs. Vanishree S attended the same on 28th July 2023. Teachers were trained on how to make learning activity based. Sessions on the importance of millets and recent trends in applied mathematics were also held.**

- **Mrs G.N.Roopa from the Department of Physics attended a workshop on 'Physics Pedagogy for High School Teachers ' on 12th July 2023 at M.S.Ramaiah Composite PU College . Experiments on light, sound waves, and current were demonstrated.**

- **Principals' Association North conducted workshops for teachers of all subjects. Various issues regarding academics, assignments and project work and change in QPR pattern were taken up for discussion. Lecturers from the departments of Kannada, English, Hindi, Physics, Chemistry, Mathematics, Computer Science, Electronics, Biology, Accountancy, Economics and Business Studies attended the workshop.**

## PATRIOTISM AT CARMEL

**INDEPENDENCE DAY** was celebrated amidst a spirit of patriotism, the day began with the unfurling of the tricolour flag by the Principal. Programmes organized included Anthakshari of patriotic songs coupled with an intriguing quiz session. **GANDHI JAYANTHI**, the day was adorned with a collective Swachhta pledge, soulful rendition of Bhajans, enlightening insights about the occasion's significance and a profound message from the Principal encapsulating Gandhi's timeless principles of cleanliness and non-violence. Carmel marked the 50th anniversary of Karnataka's renaming on November 1st, 2023, in a jubilant celebration of Kannada Rajyotsava. The event resonated with inspiring and motivational songs penned and performed by renowned personalities from Karnataka, both teachers and students joined in the harmonious chorus. It highlighted the essence of togetherness and solidarity that binds us as one despite our diverse backgrounds.



## INTERCOLLEGIATE COMPETITION WINNERS

SL NO	COLLEGE	DATE	EVENT	NAME & CLASS	PRIZE
1	SURANA P U COLLEGE, PEENYA	10/07/2023	CLASH OF GUNS	SHUBHAKAR G	I PRIZE
				CHETHAN KUMAR S	
				TARUN V YADAV	
				ADITHYA	
				SIRISH VARMA	
2	SURANA P U COLLEGE, PEENYA	20/07/2023	GENERAL QUIZ	SAAYI GAGAN	I PRIZE
				VISHWAS MUTHA	
				CHAITANYA BHAT	
3	JAIN COLLEGE	23/08/2023	CROSSWORD	NEELDHWAJ K R	III PRIZE
4	PES PU COLLEGE	10/09/2023	TREASURE HUNT	JENNIFER ANGELIN D	III PRIZE
				SIDDHARTH M	
				AISHWARYA	
				SHAMSHIYA	
				SYEDA	
5	ST JOSEPH PU COLLEGE	02/10/2023	CODING	VISHWAS MUTHA	III PRIZE
				SAAYI GAGAN	
				MAHENDRA SELVAN S	
6	ST CLARET PU COLLEGE	06/11/2023	PENCIL SKETCHING	LAKSHMI PRIYA	III PRIZE
7	MCC PU COLLEGE	24/11/2023	BID SCIENCE	VISHWAS MUTHA	I PRIZE
				SAAYI GAGAN	
				CHAITANYA BHAT	
			STORY WRITING	SHIVANI PATIL	II PRIZE
			POETRY WRITING	SHAMITHA V K	III PRIZE
8	DISTRICT LEVEL CULTURAL COMPETITION	27/11/2023	KANNADA DEBATE	PRAJWAL	III PRIZE
9	NVD - ELC ACTIVITIES	30/11/2023	ESSAY WRITING	YUGANTHI B	II PRIZE
10	KLE PU COLLEGE	02/12/2023	MIND MAPPING	SURABHI CHOURASIYA	I PRIZE
			ESSAY WRITING	SHIVANI PATIL	II PRIZE
			POSTER MAKING	RIYA SRIVASTAVA	II PRIZE
				SOHAM NAYAK	
			BIO RANGOLI	PRATHIBA	II PRIZE
			MODEL MAKING	MAHENDRA SELVAN S	III PRIZE
				AYUSH S KULKARNI	
SUDARSHAN S R					

## SPORTING STARS OF CARMEL

- The Volleyball Boys team and Girls team clinched the Aurobindo Cup, held at Aurbindo PU College between 29th and the 30th November 2022.
- Throwball Girls team were declared Runners of St.Claret Cup ,conducted by St.Claret PU College,Jalahalli.
- Chetan Kumar.S of II B had participated in International Karate Championship held at Goa on the 29th and the 30th of April 2023 and won two gold medals in KATA and KUMITE in the division of 65-70 kg in Black Belt category.
- He also participated in Navaratri Mysuru Dasara Karate State Level Championship in the Black Belt Category and won Gold Medal.
- Dikshitha of I A had participated in the State Level Athletic Meet organized by Youngsters Sports Promoters Trust on the 5th and 6th of August held at Bangalore University and was qualified for semifinals.
- Vasanth.A of II E won gold medal in the 27th Open National Taekwondo Tournament held at Mysore on 22nd December 2023.
- Harika.S of I E represented BMS Club Bangalore at the State Level Open Throwball Tournament for Women held at Erode, Tamil Nadu on the 16th and 17th December 2023. Her team secured the first place.

### District level players who represented Bangalore North at State Level Tournament

SL NO	STUDENT NAME	CLASS & SEC	EVENT	VENUE
1	SIRISH VARMA	II C	TENNIS VOLLEYBALL	CHIKKAMAGALURU
			VOLLEYBALL	HASSAN
2	SIMRAN S	II C	TENNIS VOLLEYBALL	CHIKKAMAGALURU
			THROWBALL	MANDYA
3	VAIBHAV SHETTY	II B	BASKETBALL	BALLARI
4	CHETHAN KUMAR S	II B	KARATE	MYSORE
5	VASANTH A	II E	TAEKWONDO	TUMKUR
6	MOHAMMED ADEEB	II C	THROWBALL	MANDYA
7	HARIKA S	I E	THROWBALL	MANDYA
8	SHAMSHIYA NAAZ	I E	THROWBALL	MANDYA

*WE ARE PROUD TO STATE THAT SIMRAN S HAS BEEN SELECTED FOR THE NATIONAL LEVEL THROWBALL TOURNAMENT TO BE CONDUCTED BY SGFI*

## ANNUAL ATHLETIC MEET (2023 -2024)

### INDIVIDUAL CHAMPIONSHIP

- BOYS - VAIBHAV SHETTY S - II B
- GIRLS - DIKSHITA R - I A

### INTRAMURAL CHAMPIONSHIP

II C

### OVERALL CHAMPIONSHIP

- BOYS - II B
- GIRLS - II C

### ATHLETIC CHAMPIONSHIP

II C

### COMBINED OVERALL CHAMPIONSHIP

I A

# ACCOLADES



**ITC WOW 2023  
3464.45 KGS OF DRY WASTE RECYCLED**



**TOFEI - TOBACCO FREE  
EDUCATIONAL INSTITUTIONS 2023**



**FELICITATED  
AT KARNATAKA BOOK OF RECORDS**



**WOW CHANGEMAKERS OF TODAY  
BY ITC WOW ON WOMEN'S DAY 2023**



**'BEST EDUCATOR AWARD 2023'  
BY PUSHPAGANGA ENTERPRISES**



**'BEST USE OF TECHNOLOGY'  
AT GEO CONCLAVE 2023**

## PARENTS' FEEDBACK

When I chose this college for my daughter I was unaware about the functioning and infrastructure of this institution but still was affirmed to give it a try and see how my daughter copes up and builds herself in these two years. I am happy to share that my daughter established herself as a Carmelite. The parent-teacher interaction the college offered was impeccable as I was completely informed about the events and whereabouts of my daughter. I noticed my daughter improving as a person as she was more confident and learnt voicing herself out and facing the society. I believe that when my daughter passes out from here she would be ready to face challenges that the world will offer and embark her journey with the virtues she learnt from this institution. I solemnly thank all the staff and teachers who have helped my daughter in every way possible.

Mr. Vadiraj P K ( F/O Shamitha V K – II A )

It was a time of transition, a big step for our girl. Carmel College was our choice and stood up to our expectations of being the right choice. The two years provided a stress free atmosphere which helped students achieve their full potential. The college gave us a wholesome experience. The dedicated faculty members have guided the students to achieve their full potential. Teachers make time to fit in the conducting of extra curricular activities which helps the students develop their personality. The welcoming security at the gate gives us peace of mind once the child enters the college. The office staff are helpful and resourceful too. Carmel College for us has been one of the best decisions we have taken.

Mrs. Shilpa and Mr. Vinodh Sreeram ( P/O Sirishree Sreeram – II A )

The institution's commitment to nurturing individual students' excellence is commendable, The college actively promotes a diverse range of extracurricular activities, including sports events, quiz competitions, music and drama, fostering a holistic development environment. Notably, the college is dedicated to environmental responsibility through initiatives like the 'Go Green' campaign, Regular parent meetings are organized to keep us updated on our child's performance, creating a strong bridge between parents and educators. The college demonstrates a commitment to academic excellence by offering concessions to meritorious students in annual fees. The "Parent Eye" app ensures seamless communication by keeping parents informed about college events, parent meetings and test schedules.

Mr. Anant S Kamat ( F/O Ananya A Kamat – II B )

One aspect of the college that has stood out to me is the level of engagement and support from the faculty and staff. They have been knowledgeable, accessible and supportive. The staff and specially Vidya ma'am have been helpful in providing resources and assistance to ensure that my child's needs are met both academically and personally. I also appreciate the many opportunities of involvement and growth that the college has provided. My child has been able to participate in a variety of extracurricular activities and has found a sense of community through these experiences. Additionally, the college has provided ample resources for career development and exploration, which has been invaluable in helping my child prepare for post-college life. Overall, I believe that your college has provided my child with valuable education and a supportive community. Thank you for your dedication in providing high quality educational experience to your students.

Mrs. Reshma Shariff ( M/O Ikram Ulla Shariff – II C )

I would like to appreciate the management of the college for its endless efforts. We are impressed with the co-curricular activities organized by the college. It has helped my child to develop confidence and overcome stage fear. College has also been sending students for various inter-collegiate activities. The teachers are also guiding students very well.

Mr. Malleth B D ( F/O Sumith M – II B )

I am really glad to say that I have chosen the best college for my child. Carmel College is not only best for education but also for its unique activities which has built self confidence in my child. Something that is unique in this college is that they mainly focus on discipline. I am confident that my child will not only be a topper but also a disciplined student.

Mrs. Srinidhi Pai ( M/O Vrinda Pai – II C )

All the staff members of the college are supportive in nature and they guide the students in career development too. Your expertise in teaching has put our minds at ease and we thank you for encouraging my daughter who has considerably improved in academics and leadership qualities. My daughter is being groomed very well. I feel that my decision was right sending my daughter to Carmel PU College. I am so confident that this strong foundation created for Lakshmipriya will take her a long way.

Mrs. Mangalagowri S ( M / O Lakshmipriya V – II D )

When I first heard about this college I thought, it would be an average college like all other colleges, but my perspective changed when I met the Principal because she is so determined and dedicated to this college for the welfare of the students. The college is very neatly maintained and its various programmes such as college fest, NSS, NCC and extra curricular activities are very good to build the personality of the students. College timings is also flexible, sports activities are good. I think the only missing is the meditation or yoga, I request the principal to please add meditation programme in the schedule, because in this stressful lives of students, it de-stresses, and relaxes the students mind. I also appreciate the college has a No Tobacco Zone, where no shop would sell tobacco around the college. I thank all the lecturers for their continuous support and guidance.

Mr. Santhosh H E ( F/O Aishwarya H S – II D )

First of all I am very thankful to the teachers of this college as I can see my daughter sharing a friendly bond with each one of them. To begin with the coaching provided by the institution is quite impressive. Secondly, the cultural activities organized by the institution are very engaging and enjoyable. Special appreciation to the safe environment provided to my child. The institution stresses on the importance of values in life.

Mrs. Radhika ( M/O Swetha S – II E )

The atmosphere of the college is very positive and healthy filled with green environment. The college provides wide variety of opportunities to students by conducting various events. The faculty are caring and give individual attention which has helped my son to develop confidence and improve in his performance.

Mrs. Sindhu M R ( M/O Harsha Patel N – II E )

## STUDENT OF THE MONTH

### JUNE



SAAYI GAGAN A V  
(II B)



SWETHA S  
(II E)



RAKESH SIRVI R  
(I B)



SHAMSHIYA NAZ  
(I E)

### JULY



SHASHANK B M  
(II C)



NANDITHA K  
(II A)



NEEL N  
(I D)



RIYA SRIVASTAVA  
(I A)

### AUGUST



MOHAMMED RUMAAN  
(II B)



PRAKRUTHI Y S  
(II D)



PREM S JOSHI  
(I E)

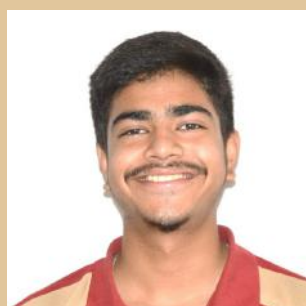


PALAK JAIN  
(I B)

### SEPTEMBER



SIDDHARTH M  
(II A)



DAKSH JAIN M  
(II C)



ANANYA D A  
(I D)



NIDHI V  
(I B)



# STUDENT OF THE MONTH

## OCTOBER



VISHWAS MUTHA  
(II B)



KANCHAN H K  
(II C)



VIJAY N VARSHITH  
(II C)



SONAL SHARMA  
(II C)

## NOVEMBER



SMARAN C  
(II B)



BHOOMIKA S  
(II E)



SNEHA G  
(I E)



HUSNARA P  
(I A)

## DECEMBER



CHANCHAL SHEKHAWAT  
(II C)



LIKITHA C  
(II D)



PRITHAM PRAJWIN V  
(I B)



SREEJANI B  
(I D)

## JANUARY



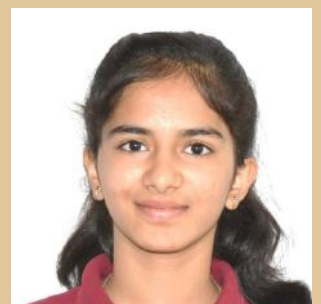
DARSHAN N  
(II A)



PRASIDDHI D  
(II A)



SUDARSHAN S R  
(II A)



VRINDA PAI  
(II C)

# EDITORIAL TEAM

**SANDHYA MENEZES**

CHIEF EDITOR

*STAFF EDITORS*

**SHANTAHALA T S**

**P B SHYLAJA**

**VINEETH J**

*STUDENT EDITORS*

**CHAITANYA BHAT**

**SHREYA H**

**D JENNIFER ANGELINA**

COVER PAGE SKETCH BY MR AMARANATH , ART DEPARTMENT  
CARMEL HIGH SCHOOL, BASAVESHWARANAGAR

## THANK YOU

*GRATITUDE TO ALL INVOLVED IN THE DEVELOPMENT OF THIS E-NEWSLETTER*

*SPECIAL THANKS TO THE MANAGEMENT, PRINCIPAL AND STAFF COUNCIL*

*FOR YOUR SUPPORT*

*YOUR DEDICATION SHAPES OUR SUCCESS*



