CREATIVE CARPET & FLOORING'S

PUBLISHED NOVEMBER2021



*Residential only. Within first 30 days after installation. Does not include cost of installation or other labor. Style must be of equal or lesser value.

INSIDE THIS ISSUE...

- "Mark" My Words... a message from Dawn Giganti
- Month at a Glance
- Meet our Carpet Cleaning
 Customers
- Are You This Month's Mystery Winner?
- Election Day
- Did You Know...
- America's First Intercollegiate Football Game
- Punkin Chunkin
- Meet Our New & Returning Friends & Clients
- Mega Trivia Contest
- BeautiFall Financing Event
- Thanksgiving Discount
- BeautiFall Financing Event
- Please help us feed those in need this Thanksgiving...
- Referral Rewards Program
- Warning!
- Referral THANK YOU'S
- Thank You for the Kind Words

"Mark" My Words... a message from Dawn Giganti Happy November,

We all get overwhelmed sometimes. No matter how hard we try, there will always be seasons where the stress & the hustle & bustle feel like they are taking over. Those times it feels if we have to think about one more thing, we're going to drown because we're barely keeping our heads above water as it is. I've been feeling overwhelmed lately, so I figured that now would be a good time to share some strategies that help me. With the holidays around the corner, I'm sure this would be useful to you, too!

ISSUE NO. 153

- <u>Ask for Help</u> Is there anything on your list you can delegate to a friend or family member? Perhaps you can even hire someone to give you a hand. It's okay to ask for help!
- <u>Deep Breathing</u> We tend to breathe more shallowly when we are stressed, intensifying anxiety. My Apple Watch has proven to be a fantastic reminder to take a couple of minutes to mindfully breathe deeply. If you have to, set the alarm on your phone. Try it & see how it lowers your stress instantly.
- <u>Mind Dump</u> This is a big one unload the mound of things from your head onto paper. To keep focused, set a timer for ten minutes & quickly jot down every to-do & obligation that comes to your mind. Writing is the BEST thing you can do when your mind is racing with everything that's overflowing on your plate.
- <u>Prioritize</u> Once you've done your mind dump, analyze & prioritize your list. The little things take up just as much room & energy as big things when we're overwhelmed. Once we see it on paper, it's so much easier to separate & prioritize it all. Rank each item in order of importance, then only focus on the most critical thing. Once that's done, go down your list in order of importance... one by one.
- <u>Sleep</u> This is the most important! Sleeping less to get more done is NOT the way to go. The best cure for feeling overwhelmed is a good night's sleep. This is your reset button; use it!
- <u>Walk</u> Even if you don't feel like it, take a walk to clear your head & get that blood pumping. Spending time outside is a mood booster & walking is good exercise. Mother Nature showing off her fall colors. Now is an excellent time to take a short walk through your neighborhood or a longer hike through a forest preserve. Slow down & absorb the beauty of autumn!

"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." (NIV) - Philippians 4:6-7.

There will always be seasons of overwhelm in our lives. The key to getting through it is just handing it up to God & learn to give ourselves the grace to just do the best we can. If you feel overwhelmed & don't know where to start - walk, breathe, sleep & get the thoughts out of your head & onto a piece of paper. Most of all... present your list to God & just do the best you can.

Have a blessed Thanksgiving holiday, & God Bless!

Naur Diyanti

Dawn Giganti, Marketing & Administrative Assistant Creative Carpet & Flooring

	2021		November			
SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25 SED	26 SED	27 SED
28	29	30				

Month at a Glance:

4th <u>Men Make Dinner Day</u> - For ladies with husbands attempting to cook for the first time, make sure the fire extinguisher is nearby.

7th <u>Daylight Savings Time Ends</u> - Daylight Saving Time ends at 2:00 am. Set your clock back one hour to "fall back."

11th <u>Veteran's Day</u> - In honor of those who made the ultimate sacrifice... THANK YOU!

15th <u>Clean Your Refrigerator Day</u> - Use this day to clean out your refrigerator, top to bottom. Don't forget, "When in doubt, throw it out!"

25th <u>Thanksgiving</u> - CLOSED 11/25 thru 11/28 **29th** <u>Chia Pet Day</u> - Chia seeds are edible... but, don't eat the chia pet seeds or you can't grow your pet!

Employee birthdays this month: 13th Jake Bouquet - Chief Operations Officer 20th Cody Bouquet - Flooring Consultant

MEET OUR CARPET CLEANING CUSTOMERS

ANTHONY ANDELLO BARBARA MALM BERNARD BRUINIUS BRADLEY ANDREATTA BROOKE WEISBROD BRUNO SCODRO CHERI DWYER CRAIG | YMAN DEANNE KATZMANN DONNA JERCHA ED MURPHY

JASON BULLARO JEANETTE LARSON JENNIE FLATLEY JENNIFER HEEMSTRA JESSICA & ERIC BOUDONCK JOAN BAILEY JOYCE BUCKLEY JUDY GUERINO KATHY & DANIEL RILEY KIMBERELY MEISTER LARRY LEFAIVER

LINDA COLTER LISA VAN VALKENBERG LORRAINE EVENHOUSE MARC LOPEZ DEBLASIO MIRIAM DEWINDT NANCY KOHLSTEDT NANCY SMITH PETER & SUSAN KIEFT REBECCA SELBY ROBERT GAGE

	AT.
SANDY AHRENDT	
SANDY JEFFRIES	S IT
SANDY URBAN	
SHERYL AMMIRA	
STEVE SANSONE	
STEVE STRIMEL	
TAMMY LORD	18000
TOM SZAREK	FU
TOM WOOLWORTH	STI
	XY 1

CALL FOR MORE INFO ON OUR CARPET CLEANING SERVICES! 888.910.6585

Election Day



Though rarely thought of in the same way as apple cider and leafpeeping, American elections take place in autumn for a reason. Out of consideration for farming schedules, Congress chose November (when the harvest was finished but it hadn't usually begun to snow vet) in its 1845 decree. As for Tuesday? Weekends were a no-go due to church, and Wednesdays were off the table because farmers usually went to the market to sell their goods. Thus, Tuesday emerged as a sort of compromise, and the tradition stuck.

[Mental Floss- September 2016]

America's First Intercollegiate Football Game

On November 6, 1869, Rutgers University and its neighbor The College of New Jersey (now Princeton) hit the field for a monumental match: the nation's first intercollegiate football game. The two colleges, situated just 20 miles apart at the time, were intense rivals. The inaugural Rutgers versus Princeton game looked nothing like college football today. Each team

had 25 players on the field (compared to present-day

11 players), and they scored by kicking the ball in their opponent's goal. Carrying or throwing the ball was against the rules, but players could bat the ball around with their heads, limbs, and sides. Each game had 10 mini-games within it; when a team scored, they earned one point and the game transitioned to the next round. Rutgers was victorious, with a six-to-four lead.

[NCAA - August 2021]



Punkin Chunkin

What exactly is Punkin Chunkin? For the past two decades, "chunkers" have created slingshots, trebuchets, and even pneumatic cannons to hurl pumpkins as far as possible. The World Championship Punkin Chunkin Contest has taken place in Bridgeville, Delaware, every November since 1986, with First State native Bill Thompson claiming credit for inventing the sport.

[History.com - November 2016]

MEET OUR NEW & RETURNING FRIENDS & CLIENTS...

ADRIENNE GOMEZ CHRISTIE MCCARRON ALAN SEABORG CHRISTINA BATTAIN ALLSON BYRNE ANASTASIA JOHNSON ANDREW CRIPPS CLAUDETTE MOLLOY ANN LIN ANNA FRANKLAND CLAUDIA MCLAREN COLLEEN GARWOOD AUDREY RAKOWSKI CONNIE BURCHFIELD BARB FALKENTHAL CONNOR POWELL BARB LEEP DAN MURRAY BILL & DENISE BALSIS BOB KROLL BRITTANY KAPPLE CARI DENNEY CAROL RICHARDSON CAROL RICHESON DENNIS KEANE DEREK WENTWORTH CAROLE DAWSON DIANA MORROW CAROLYN VACCARO CATHY SHOMO DONALD PETER DONNA MCELHENEY CHAD GRIVETTI DONNA SHIEK CHERYL CHRISTENSEN DONNA WEST DORIE VENTIMIGLIA CHRIS & TINA BAYLESS

CHRISTINE PURBAUGH CHUCK & JOAN BAILEY DAVE & LINDA VEGTER DAVID & KELLY BURNEY DEBBIE FAVEL DENNIS DALLA COSTA

EILEENE KRAS KARIME HECKENAST EVANGELINA DEPAZ FELEXX FOXX GILDA CLARK GWYN SERBENTAS HELEN LEKAVICH IRENE KOMPTON JACKIE CONRAD JAMES MORIARTY JAN WICK JILL GALLAGHER JILL KIM JOAN DIETRICH JOHN & NANCY PAR7GNAT JOHN TIERNEY JOHN UTTERBACK JUDY PERCIACH JULIE OLCZAK JUSTIN GAETA KAREN BROUILLETTE KAREN PETERSEN

KARINA SIGULINSKI KELLY DAUBER KELLY RODGERS KEN EYER KENNETH STORTZ KEVIN KRESS KORI SCHMIDT KRIS OLTHOFF LAUREN JANCHENKO LEANNE REARDON LEN CLANCY LINDA ERIKS LINDA KENNEDY LISA KILREA LYNNETTE NEEDHAM MARC FLAMINI MARC LOPEZ MARCY GRAYER MARIA RODRIGUEZ MARIJKA LISCOVITZ MARY LANDA

MARY YORKE MATT SOMODI MAXINE WALKER MELANIE & CHRIS WINOWIECKI MICHAEL DALACH MICHAEL DIMAGGIO MIKE ABBATEMARCO MIKE MIEDEMA NANCY TIGGELAAR NTCOLE BROWN NORM FABER PAM FOUSHI PAM LIDDICOATT PARRISH BOWEN PAT DOUGHERTY PATRICIA SEGRAVES PATRICK & KATHY DUGGAN PAUL & LYNN WOLAK PETE & DIANE COMANDA PETER & SUSAN KIEFT

MARY SKIBA

PETER CARR RAMONE DELGADO RANDOLPH ROBERTS RANDY & CINDY ROBERTSON RANDY GORDON RENEE EMERSON RHONDA COMBS RICHARD & MARIA GLATZ RITA & BRUCE HILLBLOM RITA & MIKE BOGARD RITA PETERSON ROMAN PUL TAEV RON BOLAKOWSKI ROSE & GEORGE ROZOVICS ROXANNE PIOTROWSKI ROY STOKES RYAN LINCOLN RYAN NELLI SHERRY CROWLEY SHERRY SUCHALA SHERYL ARNOLD SONDRA SPEIGHTS

STAN WOLF STANLEY WALTON STEVE WAGNER SUSAN ZAJAC SYLVIA JONES SYLVIA TRIUMPH TAMI LEJEUNE TIFFANY MALDONADO TINA SIMCIK TINA WINKLE TOM & ALANA LEMMEN TOM KIRBY TONIA CARLSON TONY & BARBARA BIALY TRACEY WOODS TREVOR OLSEN TRISHA RICKARD TRUDY WILLE VALERIE GOOD VANATHAIN ARULAMDU VIDU SONT WALTER & CAROL NAGLE



Creative Carpet & Flooring has **GIFT CARDS!**

Did You Know

ANNETTE & PAUL

DAHLSTROM

of Steger, IL

You are this month's

MYSTERY WINNER!

We have a \$50 Creative Carpet &

Flooring gift card reserved just for you!

Stop in your nearest showroom to

claim your prize!

NOTE: Must be picked up before 11/30/2021



Are you shopping for someone who already has everything this holiday season? Think about getting them a flooring upgrade... they'll walk all over your gift and think of you every time! How about a carpet cleaning? Everyone loves the look, feel and smell of a clean carpet! They can also use their gift card whenever they wish because they never expire! Creative Carpet & Flooring gift cards can be used as payment up to the amount of the gift card in any domination you choose. It is good on any Creative Carpet & Flooring products and services. Gift cards are non-transferable and valid at any Creative Carpet & Flooring location.

Call us at (888) 910-6585 or stop into vour local showroom today!

MEGATrivia Contest

Who wants to WIN a \$50 Gift Card towards dinner at

Cheddiar's Eddie V's STLONGHORN FRIDAYS Searon 32 Yard House

Take our Trivia Challenge! This month's Mega Trivia question:

What is the Tuesday after Thanksgiving commonly known as?

- (A) Turkey Tuesday
- (B) Sleep in Tuesday
- (C) Workout Tuesday
- (D) Giving Tuesday

To enter, visit our website at creativecarpetinc.com, click on "MEGA Trivia" under Specials and take your best guess. Your chances of winning are better than you think! Winner will be announced in the following month's newsletter. Entry deadline is the 20th each month. Good luck!!!

Last month's question: What state produces the most pumpkins? Answer: (A) Illinois

Illinois harvests the largest share of pumpkin acreage among all States and an even larger share of processing acres. Almost 80 percent of pumpkin acres in Illinois are devoted to pie filling or other processing uses, compared with about 3 percent in Michigan and even less in California and Virginia. [ers.usda.gov - October 26.2020]

Congratulations to last month's winner:



Stop by Creative Carpet & Flooring to claim your prize by November 30, 2021!

BeautiFALL OCTOBER 1 - NOVEMBER 17TH SPECIAL FINANCING for 24,36, or 48 months* *With credit approval. Ask for details.

Shaw



	Thanksgiving	DOUBLE your
<u>Purchase</u>	<u>Discount</u>	-
\$1,000	- \$50	discount by helping
\$2,000	- \$100	a family in need for
\$3,000	- \$175	•
\$4,000	- \$250	our Thanksgiving
\$5,000	- \$300	Food Drive!

Bring in at least 10 non-perishable items, and we'll DOUBLE your discount!

Food must be brought in **BEFORE** the installation date to double vour discount.

Valid November 1 - 30, 2021. One discount per household on new orders of flooring material with installation only. Please be sure to check expiration dates on all non-perishable items before donating.

Items brought to Mokena, IL showroom will benefit:

Frankfort Township Food Pantry

The Frankfort Township Food Pantry assists families in need in Frankfort, Mokena, parts of Tinley Park and Orland Park. frankforttownship.com/p/food pantry

Items brought to Highland, IN showroom will benefit:

Grace Beyond Borders



RANKFORT

Your donation allows Grace Beyond Borders to serve the most vulnerable in the Northwest Indiana community. gracebeyondborders.org

Please help us feed those in need this Thanksgiving...

FOOD PANTRY

What Hunger Looks Like in Illinois

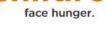
In Illinois, 1,211,410 people are facing hunger - and of them 336,810 are children.

1 in 10 people





face hunger.



What Hunger Looks Like in Indiana

In Indiana, 834,530 people are facing hunger - and of them 239,540 are children.

1 in 8 people



face hunger.



Lake County Indiana Food Insecurity Overall 58,900 | Children 22,070

Will County Illinois Food Insecurity Overall 38,860 | Children 12,550

[feedingamerica.org]



Carpet

19845 S La Grange Road Mokena IL 60448 708.479.8600

<u></u>	1
5^{+}	١
$\langle $	٦
5 }	F
SI	F
\sim	Ś

MON 10am _ 6pm TUE 10am _ 8pm WED 10am _ 6pm THR 10am _ 8pm FRI 10am _ 6pm SAT 10am _ 4pm SUN closed

www.creativecarpetinc.com 888.910.6585



The material contained in this newsletter is for informational purposes only and is based upon sources believed to be reliable and authoritative: however, it has not been independently verified by us. This newsletter should not be construed as offering professional advice.

2315 45th Street Highland IN 46322 219.595.5561



How about a night out at one of your favorite restaurants through **Creative Carpet's Referral Rewards Program**

As you probably know, advertising is very expensive. Instead of paying the newspaper or other place to advertise, we'd rather reward you. Every time you refer someone who becomes a client and purchases, we will send you a \$25 gift card to one of these restaurants





ANGELO & KRISTY VELISSARIS CAL & ALICE DRENTH CLAUDIA SUPRAN DAVID & MARYELLEN SCHROEDER DAVID EVANS DEBRA ELLISON DORIE VENTIMIGLIA IRENE ALEX

JULIA & ROB LABUDA KATHY MORRIS KIRBY CLARE MARIE WOHLER MAX & EVIE MEJAN SALLY & ALYCE WEISHAAR SHERI HECKENAST TERESA SWIGER TIM & MARYANNE MECYSSNE

THANK YOU FOR THE KIND WORDS!

"Just a great overall experience. From our first interaction with Dana for the estimate, through to installation, everyone has been super professional and helpful. I would especially like to highlight the installation teams because they take extra effort to be careful and to clean up, and also to do those one or two little extra things

to leave the customer ver happy. I would recommend these folks to anyone."



~ Robert L. of Hammond. IN