

Name: \_\_\_\_\_

Date: \_\_\_\_\_

### ***Made to Move Learning Guide***

1. The body is a highly complex, \_\_\_\_\_ network of systems that connect and control bones, muscles, organs, and more.
2. The respiratory system gets \_\_\_\_\_ into your \_\_\_\_\_ and oxygenates the body.
3. The more \_\_\_\_\_ gets into our blood, the better our brains, organs, and muscles function.
4. When we \_\_\_\_\_ everything in our body works better.
5. Our bodies seek something called \_\_\_\_\_, which means our bodies are trying to find a place of being comfortable.
6. The body makes \_\_\_\_\_ when it feels uncomfortable.

Answer Key:

1. Specifically designed
2. Air, Lungs
3. Oxygen
4. Move
5. Homeostasis
6. Changes