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Muscle Groups Focus





Double Back Training Bench 1900

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The back muscle trainer is specifically designed to effectively train the muscles of the back. During bodyweight training, back training is a constant necessity for beginners and experienced exercisers alike, which is why it is important to have a suitable fitness equipment such as this back muscle strengthener for regular training. This is a great way to develop a large number of muscles, and several people can train on this equipment at the same time. The support sections can be installed at any width.

Attributes

Product code	1-1-026
Certificate	EN 16630
Age group	14 + years
Capacity	2 people
Max. weight load	99 kg
Гуре	Fitness
Difficulty level	Easy

QR Code



Side View

Plan View





Installation information

Number of installers (concrete)	At least 2 people
Total installation time (concrete)	60-120 min.
Number of installers (equipment)	At least 2 people
Total installation time (equipment)	30-60 min.
Excavation volume	0.8 m ³
Concrete volume	0.8 m ³
Size of the base structure	4pc 0,5 x 0,5 x 0,8 m
Anchoring options In combined structures, the volume of concrete required	In-ground or surface

Technical specification

Safety surfice area	Around 1,5 m ra
Net weight	6
Material	
Critic fall height	880
Color options	
For more color options, discuss with your sales represent	ative.

Warranty

m radius	Structure	10 years
65 kg	Steel	5-10 years
S235	Paint	2 years
880 mm	Plastic	5-10 years
	Rubber	1-3 years
	Moving parts Detailed information in the warranty document	2 years

Material specification





The element is made of high quality S235 steel, which has been cleaned via sandblasting. A corrosion resistant powder coating finish is then applied. Also available with galvanized surface for even greater protection and longevity!



The clamp system allows for easy assembly and extreme stability.



The seats and backrests are made of strong HDPE material. Which is fully heat, moisture and UV resistant.



The connecting elements are fastened with vandal-proof stainless steel screws and nuts.



The ends of the bars and posts are sealed with injection-moulded plastic caps.



